PRE-OPERATIVE INSTRUCTIONS

You are scheduled for surgery on: ___________________

Your surgery will be at _______________. Your needle localization is scheduled at _____________ on the first floor of Smilow Hospital.

PLEASE check into the hospital at _________________.

VALET PARKING is available free of charge at the main entrance of Yale-New Haven Hospital at 20 York Street (for patients having outpatient surgery only).

DO NOT use any aspirin or aspirin containing products (check all cold remedies) for 10 days before your surgery. This includes ibuprofen, naprosyn, Aleve, Motrin and Advil. If you are on Plavix, Pradaxa or Coumadin (warfarin), please check with your cardiologist. These will usually be discontinued 5 days preoperatively.

You must have NOTHING to eat or drink beginning at midnight the night prior to your surgery. Please do not chew gum. It is OK to brush your teeth or use mouthwash, but don’t swallow. Drinking any liquids including water may result in the cancellation of your surgery. Usually you will be told to take your heart medications the morning of surgery with a small sip of water. Diabetes medications should not generally be taken.

Do NOT smoke for at least 24 hours prior to your surgery.

You will have your surgery in the Smilow (North Pavilion) operating room, which is on the 3rd floor. Please check in on the morning of surgery at the Admitting Office, via the 20 York St entrance to Yale-New Haven Hospital. You will then be directed to the 3rd floor where you will meet your surgeon, nurses and anesthesia team. You will change into a hospital gown and an IV will be started. A family member or friend can keep you company during this preoperative time.
If you are having a needle localization, you will be transported from the pre-op holding area to the mammography department on the first floor approximately 90 minutes prior to your surgical time. You will return to the holding area by wheelchair once the procedure is completed, just prior to your scheduled OR time. Remember to check into the hospital an hour prior to the scheduled needle localization.

During your surgery, your family can wait in the waiting room on the 3rd floor beside the operating rooms. Your surgeon will speak to them immediately after your surgery.

You will stay in the PACU (recovery room) for one to two hours after your surgery. It is okay to start drinking some liquids once you are fully awake and alert. Your family will be able to join you when you are awake. Once you are stable and your pain is controlled, you will either be discharged home or admitted to the inpatient floor as planned.

Your post op appointment is scheduled for _____________ at _______

**PLEASE CALL OUR OFFICE AT 203-200-2328 IF YOU HAVE ANY QUESTIONS.**