



The YSN Biobehavioral Laboratory (BBL) is designed for studies that facilitate understanding of the interactions between biology and behavior. This beautifully appointed 2,800 square foot facility is situated at Yale School of Nursing (YSN) on Yale's West Campus. There is ample and secure free parking. The space has ground-level access through YSN's main entrance, staffed by a receptionist during regular business hours. There is also private access through a second entry with an intercom. In addition to labs and meeting rooms, the suite includes a large and welcoming reception area, a kitchenette, and two accessible bathrooms. Space is available to investigators for a variety of research needs.



**Nancy S. Redeker, PhD, RN, FAHA, FAAN**  
**Beatrice Renfield Term Professor of Nursing**  
*BBL Director*

Office: Room 20508  
(203) 785-6437  
ysnbbl@yale.edu

**Yale School of Nursing Biobehavioral Laboratory**  
400 West Campus Drive  
West Haven, CT 06516  
[nursing.yale.edu/research/biobehavioral-laboratory](http://nursing.yale.edu/research/biobehavioral-laboratory)

YALE SCHOOL OF NURSING  
BIOBEHAVIORAL LABORATORY

**Yale's West Campus**  
**State-of-the-Art Resources for**  
**Biobehavioral Research**



HELP US DISCOVER  
*Be part of Clinical Research at Yale*

HELP US DISCOVER

Yale

Yale



*The YSN Biobehavioral Laboratory (BBL) supports cutting edge research that integrates biology and behavior and addresses significant biobehavioral patient-oriented health problems. Our facility offers:*

## SLEEP LABORATORY

The state-of-the-art Sleep Laboratory is equipped for researchers to conduct, score, and analyze both



ambulatory and laboratory-based polysomnographic and behavioral sleep studies. The laboratory includes two hotel-style private bedrooms

with double beds. A third room serves as a sitting/living area with a kitchenette, which may also be used as a third bedroom. There is a fully equipped and wheelchair accessible bathroom. Three polysomnographic studies can be conducted simultaneously.

The sleep laboratory also supports full ambulatory polysomnography and actigraphy. Consultation is available on selection, analysis, and interpretation of physiological, behavioral, and self-report sleep measures.

## FOCUS GROUP & INTERVIEW SERVICES

We offer a range of services that may be tailored to individual research projects. This includes basic, deluxe, and premier packages (prices vary according to the services needed). A moderator is available to run focus groups or conduct individual interviews. An assistant is available to facilitate these services. Consultation is available for study design.

## BIOMARKER ACQUISITION

Facilities are available to acquire, prepare, and store biological specimens.

## CARDIOPULMONARY ASSESSMENT

These services include pulse oximetry, six-minute walk test, 24-hour blood pressure monitoring, and 24-hour heart rate/ECG monitoring.



## BEHAVIORAL OBSERVATION & RECORDINGS

Space and digital video recording are available for studies of adult and child behavior.

## PHYSICAL EXAMINATION & RECEPTION AREA

We offer a fully equipped physical examination room. The reception area is spacious and inviting.

*For more information regarding BBL scheduling and associated costs, please contact:*  
**Nancy S. Redeker, PhD, BBL Director**  
 ysnbbl@yale.edu  
 (203) 785-6437

