

# UROLOGY

AT YALE | 2018

## Inside Urology at Yale

Issue 5 | September 2018

### HIGHLIGHTS

#### U.S. NEWS & WORLD REPORTS RANKS YALE IN TOP 50 FOR UROLOGY

*U.S. News & World Report* released their annual “America’s Best Hospitals” rankings, and **Yale Urology** remained in the top 50 for Urology.

We have much to be proud of when looking back in the last year: we hosted an open house to officially celebrate our new patient suite on the third floor of the Yale Physicians Building, which gave us a stunning location to match the modern and exemplary care that we have always provided to our patients. We expanded our network of locations across Connecticut – growing patient access to as far south as Greenwich, Bridgeport, and Trumbull, and up the shoreline to New London. The research successes our faculty have achieved have not only brought national attention and interest to their discoveries, but their important work continues to inform how we care for our patients. And lastly, Dr. John Colberg, accompanied by one of our residents, embarked upon our first Department-sponsored trip to Kenya, beginning our relationship with the Nanyuki Teaching and Referral Hospital, where he shared our approach to patient care and training, representing Yale on a global platform.



#### GENEROUS PATIENT DONATION WILL SUPPORT PROSTATE CANCER RESEARCH

In recognition of the care provided by **Dr. Daniel Petrylak, Dr. David Hesse, Kristen Crowley, APRN, and Donna Andruskwec, RN**, a grateful patient has donated a generous gift to Yale Cancer Center. Per the patient's request, their financial gift will be earmarked for prostate cancer research to improve the outcome of patients with castration resistant metastatic prostate cancer (CRMPC).

Philanthropic gifts help to support our missions of research, education, and clinical care. For more information, please contact

[Alison Marcinek](#), Senior Development Officer, Yale New Haven Hospital; [Emily Corvino](#), Director of Development, Yale School of Medicine; or [Tamiko Collier](#), Director of Development, Yale Cancer Center.

## RESIDENT WELLNESS PROGRAM LAUNCHED

Earlier this year, our department implemented a new resident wellness program designed to provide resources to our Urology residents. Its purpose is to foster a happier, more-fulfilled resident cohort that will develop healthy mental and physical habits and will help them cope with the challenges of residency, future practice, and beyond. The core of the program is based on eight, overlapping dimensions of wellbeing: intellectual, emotional, occupational, environmental, financial, spiritual, physical, and social.



The genesis of this program came when department leadership examined the way we engage, teach, and support Urology residents. Led by **Christen Ruff**, Chief of Staff and Administration, the program challenges the residents' way of learning, and seeks to teach additional professional skills needed to become a successful practicing physician. Wellness activities and sessions began in Spring 2018 and have resumed with the arrival of the three newest residents. For additional information on the Resident Wellness program, please visit its [web page](#), or contact [Christen Ruff](#) for details.



## NEW FELLOWSHIP OFFERED IN CLINICAL RESEARCH AND QUALITY IMPROVEMENT

A third fellowship program in Urology, which focuses on a fast-growing area in healthcare: Clinical Research and Quality Improvement, is now being offered for medical students. Directed by **Drs. Patrick Kenney** and **Michael Leapman**, the program is a one-year immersion in comprehensive clinical research experience including study design, analysis, presentation, and publication. The selected fellow will work closely with faculty members in the development and execution of projects relating to clinical

epidemiology, outcomes, and health services research with an emphasis in urologic oncology. Additionally, the fellow will coordinate efforts of the Urology Quality Assurance and Improvement Committee (UQAIC) including data acquisition and analysis, management of peer review process, and participation in design, implementation and analysis of departmental quality improvement projects.

**Alejandro Abello, MD**, who joins Yale Urology from Pontificia Universidad Javeriana in Bogota, Colombia, is the first fellow to study under this program. Additional information about this fellowship can be found on its [web page](#), or you may contact Fellowship Coordinator, [Christine Merenda](#).

## PUBLICATIONS

### Association Between Prostate MRI and Observation for Low-Risk Prostate Cancer.

Leapman MS, Wang R, Park HS, Yu JB, Weinreb JC, Gross CP, Ma X.

**Urology.** 2018 Aug 11

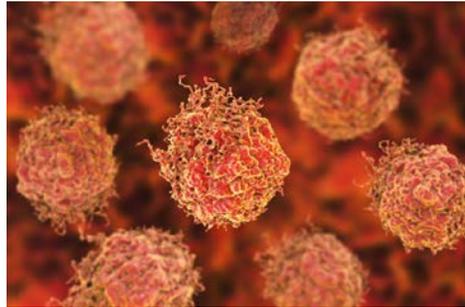
### Determinants of Active Surveillance in Patients with Small Renal Masses.

Nguyen KA, Nolte AC, Alimi O, Hsiang W, Lu AJ, Ghabili K, Syed JS, Suarez-Sarmiento A, Poretsky AJ, Shuch B, Leapman MS.

**Urology.** 2018 Jul 27

## CLINICAL TRIAL NEWS

**Michael Leapman, MD** is leading a clinical trial to assess the efficacy of Fermented Soy vs. placebo in 72 adults with localized prostate cancer prior to radical prostatectomy. This trial will look at the effect of QCan, a fermented soy dietary supplement. Prior investigation of this product has shown potentially anti-neoplastic properties, including in human prostate cancer cell lines. The purpose of this trial is to comprehensively assess the effect of the Q-Can fermented soy product on multiple prostate cancer endpoints in men with the disease.



## UPCOMING EVENTS

### CONFERENCES

**The New England Section of the AUA 2018 Annual Meeting**  
September 6-8 | Hartford, CT

**ESMO 2018 Congress**  
October 19-23 | Munich, Germany

### HAPPENINGS

**Closer to Free Ride**  
September 8 | All day | Start and Finish Line: Yale Bowl

**Yale Urology Men's Health Fair**  
November 1 | 3:30 p.m. - 7:00 p.m. | Yale Physician Building (YPB) Urology Suite

Do you have any news, publications, or photos to share for an upcoming issue?



Please share with Eliza Folsom,  
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