Shared decision making (SDM) is a communication technique in which clinicians and patients share information and values to reach healthcare decisions. Using SDM engages patients and increases clarity about their values and preferences, but it remains underutilized in clinical practice. During this workshop, we aim to review core concepts in SDM and discuss three methods clinician educators can use to teach residents and students skills in shared decision making. The goal of this workshop is to introduce clinician educators to methods that can help learners develop competency in shared decision making. An interdisciplinary team will facilitate the workshop.

Learning Objectives:
1. Describe frameworks and characteristics of effective shared decision making.
2. Demonstrate three strategies for teaching shared decision making to medical and nursing trainees.
3. Explore methods of applying the three shared decision making teaching strategies in different educational settings.

Facilitators:
Matthew Zegarek, MD, is an assistant professor in the section of General Internal Medicine and a clinician educator at the VA Center of Education for Interprofessional Primary Care. He has helped to design and implement a curriculum on shared decision making for medical and nurse practitioner residents.

Rebecca Brienza, MD, MPH, is an assistant professor in the section of General Internal Medicine and has served as Director of the Center of Education for Interprofessional Primary Care at the West Haven VA since 2011. In this role, she is responsible for overseeing all curricular development and implementation, including the Shared Decision Making core curricular element, enabling her with experience and expertise in this area.

Noel Quinn, PhD, is a clinical health psychologist and Health Behavior Coordinator for the VA Connecticut Healthcare System. She is responsible for coordinating and evaluating health behavior change programs throughout the hospital and providing local and national training in motivational interviewing and clinical communication skills.

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