The Spiritual Self Schema (3-S) Development Program

©2003 S. Kelly Avants, Ph.D. & Arthur Margolin, Ph.D.

Yale University School of Medicine

Acknowledgments

Supported in part by grants K02-DA15295, RO1-DA016062, P50-DA09241, and P01-MH/DA-56826, National Institute on Drug Abuse, National Institutes of Health.

The following individuals participated with the PI (Arthur Margolin, Ph.D.) and Co-PI (S. Kelly Avants, Ph.D.) in various stages of the formulation, development, and evaluation of the 3-S development program: Ruth M. Arnold, Ph.D., Mark Beitel, Ph.D., David Marcotte, S.J., Ph.D., Kami McKnight, M.S., Zev Schuman-Olivier, M.D., and Darlene Shelton, Ph.D. Their contributions are gratefully acknowledged.

Disclaimer

Therapy manuals, workbooks, and training materials are for educational purposes only and do not constitute medical advice. They are provided to health care professionals as a free service. They were developed by faculty at Yale University School of Medicine, Department of Psychiatry, in NIDA-funded behavioral therapies development projects. Provision of these manuals, workbooks, and training materials does not imply endorsement by Yale University, nor does Yale University offer any certification for those who have studied or adopted this treatment approach. Individuals interested in participating in this program should do so only in consultation with their health care provider and as a supplement to conventional psychological and medical treatment. This program is not suitable for individuals with psychotic or dissociative disorders or other serious psychiatric illnesses. The skills training approach used in this program is not conducive to an in-depth exploration of past and present psychological issues, and so is not a good match for individuals exclusively seeking psychodynamic psychotherapy. Medical advice should never be disregarded or delayed because of something read in a 3-S manual or workbook, viewed on a 3-S training video or on the 3-S website (www.3-S.us), or learned through participation in any 3-S program. Individuals should always contact their physician or other qualified health care provider with any health-related questions they may have.

Yale University, its governors, officers and employees, shall not be liable for any diagnostic or treatment decision made in reliance on any information provided in 3-S manuals, workbooks, training materials, or on the 3-S website.