WEBVTT

NOTE duration: ”00:01:54.261”

NOTE Confidence: 0.94033307

00:00:06.559 --> 00:00:08.160 It is the most common

NOTE Confidence: 0.94033307

00:00:08.160 --> 00:00:08.660 polymalignancy

NOTE Confidence: 0.9818867

00:00:09.200 --> 00:00:10.960 besides skin cancer in men.

NOTE Confidence: 0.9818867

00:00:10.960 --> 00:00:12.160 Prostate cancer is no different

NOTE Confidence: 0.9818867

00:00:12.160 --> 00:00:13.615 than any other cancer. If

NOTE Confidence: 0.9818867

00:00:13.615 --> 00:00:14.895 it's caught too late, if

NOTE Confidence: 0.9818867

00:00:14.895 --> 00:00:15.635 it's metastasized,

NOTE Confidence: 0.9283118

00:00:15.935 --> 00:00:17.614 it's still a lethal disease.

NOTE Confidence: 0.9283118

00:00:17.614 --> 00:00:18.975 For that reason, prostate cancer

NOTE Confidence: 0.9283118

00:00:18.975 --> 00:00:20.095 screening, being an advocate for

NOTE Confidence: 0.9283118

00:00:20.095 --> 00:00:21.055 yourself, I think is gonna

NOTE Confidence: 0.9283118

00:00:21.055 --> 00:00:22.494 be very, very important. Because

NOTE Confidence: 0.9283118

00:00:22.494 --> 00:00:23.375 even at this point in

NOTE Confidence: 0.9283118

00:00:23.375 --> 00:00:24.595 time from my perspective,

NOTE Confidence: 0.926695

00:00:25.310 --> 00:00:26.350 the health care field, health

NOTE Confidence: 0.926695

00:00:26.350 --> 00:00:27.550 care providers don't have a

NOTE Confidence: 0.926695

00:00:27.550 --> 00:00:28.670 hundred percent agreement on this

NOTE Confidence: 0.926695

00:00:28.670 --> 00:00:29.170 topic.

NOTE Confidence: 0.9545197

00:00:32.989 --> 00:00:34.850 PSA stands for process specific

NOTE Confidence: 0.9545197

00:00:34.909 --> 00:00:36.190 antigen. It's a protein that

NOTE Confidence: 0.9545197

00:00:36.190 --> 00:00:38.284 the prostate makes. PSA is

NOTE Confidence: 0.9545197

00:00:38.284 --> 00:00:40.225 not a prostate cancer specific

NOTE Confidence: 0.9545197

00:00:40.284 --> 00:00:42.364 marker. Nevertheless, it is the

NOTE Confidence: 0.9545197

00:00:42.364 --> 00:00:43.565 best test we have at

NOTE Confidence: 0.9545197

00:00:43.565 --> 00:00:45.085 this point in time. I

NOTE Confidence: 0.9545197

00:00:45.085 --> 00:00:46.445 recommend that all patients over

NOTE Confidence: 0.9545197

00:00:46.445 --> 00:00:47.485 the age of forty be

NOTE Confidence: 0.9545197

00:00:47.485 --> 00:00:48.704 tested with a PSA.

NOTE Confidence: 0.9319858

00:00:49.800 --> 00:00:50.680 So for instance, if you're

NOTE Confidence: 0.9319858

00:00:50.680 --> 00:00:51.479 a forty year old man

NOTE Confidence: 0.9319858

00:00:51.479 --> 00:00:52.360 with a PSA less than

NOTE Confidence: 0.9319858

00:00:52.360 --> 00:00:53.159 one, I would tell them,

NOTE Confidence: 0.9319858

00:00:53.159 --> 00:00:54.200 hey. Your PSA probably should

NOTE Confidence: 0.9319858

00:00:54.200 --> 00:00:55.480 not be checked unless something

NOTE Confidence: 0.9319858

00:00:55.480 --> 00:00:57.420 else changes for next decades.

NOTE Confidence: 0.8277827

00:00:58.200 --> 00:00:59.160 Aging over to I do

NOTE Confidence: 0.8277827

00:00:59.160 --> 00:01:00.680 recommend yearly follow for those

NOTE Confidence: 0.8277827

00:01:00.680 --> 00:01:01.180 patients.

NOTE Confidence: 0.95463395

00:01:03.665 --> 00:01:05.025 You have to tailor the

NOTE Confidence: 0.95463395

00:01:05.025 --> 00:01:06.305 context of discussions to the

NOTE Confidence: 0.95463395

00:01:06.385 --> 00:01:07.765 what the patient's current situation

NOTE Confidence: 0.95463395

00:01:07.825 --> 00:01:08.325 is.

NOTE Confidence: 0.93744045

00:01:15.600 --> 00:01:16.640 So this is actually the

NOTE Confidence: 0.93744045

00:01:16.640 --> 00:01:17.840 step that I recommend to

NOTE Confidence: 0.93744045

00:01:17.840 --> 00:01:18.640 my patients who come in

NOTE Confidence: 0.93744045

00:01:18.640 --> 00:01:19.920 with a concern for prostate

NOTE Confidence: 0.93744045

00:01:19.920 --> 00:01:21.200 cancer, is to get your

NOTE Confidence: 0.93744045

00:01:21.200 --> 00:01:22.959 PSA checked, but never act

NOTE Confidence: 0.93744045

00:01:22.959 --> 00:01:24.319 upon just one PSA. You

NOTE Confidence: 0.93744045

00:01:24.319 --> 00:01:25.760 need serum measurements. So I

NOTE Confidence: 0.93744045

00:01:25.760 --> 00:01:26.880 would say at least two,

NOTE Confidence: 0.93744045

00:01:27.280 --> 00:01:28.845 PSA measurements, at least two

NOTE Confidence: 0.93744045

00:01:28.845 --> 00:01:29.825 weeks apart.

NOTE Confidence: 0.9507927

00:01:30.204 --> 00:01:31.325 It goes up and down,

NOTE Confidence: 0.9507927

00:01:31.325 --> 00:01:32.125 up and down, up and

NOTE Confidence: 0.9507927

00:01:32.125 --> 00:01:32.924 down. So you need to

NOTE Confidence: 0.9507927

00:01:32.924 --> 00:01:34.444 know for sure if that's

NOTE Confidence: 0.9507927

00:01:34.444 --> 00:01:35.645 a a PSA level that

NOTE Confidence: 0.9507927

00:01:35.645 --> 00:01:37.005 is just incidental, that somehow

NOTE Confidence: 0.9507927

00:01:37.005 --> 00:01:37.725 it was just at the

NOTE Confidence: 0.9507927

00:01:37.725 --> 00:01:38.685 upswing, and we don't know

NOTE Confidence: 0.9507927

00:01:38.685 --> 00:01:40.365 the exact reason why. And

NOTE Confidence: 0.9507927

00:01:40.365 --> 00:01:41.884 based on the baseline, then

NOTE Confidence: 0.9507927

00:01:41.884 --> 00:01:42.784 I think the intensity

NOTE Confidence: 0.99041444

00:01:43.340 --> 00:01:44.780 to next follow-up should be

NOTE Confidence: 0.99041444

00:01:44.780 --> 00:01:46.540 tailored to that patient's PSA

NOTE Confidence: 0.99041444

00:01:46.540 --> 00:01:47.040 levels.