

**ALCOHOL AND OTHER DRUGS
HEALTH CARE PRACTITIONER SURVEY**

Project #:.....
 (FIRST 3 Letters of your mother's maiden name and MONTH and DAY of your birth)

Date:..... - -

Directions: Read each statement and answer indicating how you feel right now. Do not spend too much time on any one statement but give the answer, which seems to describe your present feelings best.

1. Which category best describes you?

- 1... Resident
- 2...Attending
- 3...RN
- 4... APRN/CNM
- 5... PA
- 6...Other

1a. What is your specialty?

- 1...Emergency Medicine
- 2...Primary Care
- 3...OB/GYN
- 4...Pediatrics
- 5...Medicine
- 6... Med/ Peds
- 7...Psychiatry

IF YOU CHECKED RESIDENT

1b. What year are you in your current training?

- 1...I
- 2... II
- 3...III
- 4...IV
- 5...Other

2. How old are you?

AGE IN YEARS

3. Please indicate gender

CHECK ONE	
<input type="checkbox"/>	1... MALE
<input type="checkbox"/>	2... FEMALE

4. In the past year, about how many lecture/seminar hours have you attended on alcohol and other drugs and alcohol and other drugs related problems?

_____ Hours

5. During your medical, nursing and/or postgraduate training, about how many hours of lectures/seminars were devoted to alcohol and other drug related problems?

_____ Hours

6. Has your professional training included a formal class on alcohol or other drug problems?

CHECK ONE	
<input type="checkbox"/>	0...NO
<input type="checkbox"/>	1...YES

7. Has someone you personally know (other than one of your patients) had an alcohol or other drug problem?

CHECK ONE	
<input type="checkbox"/>	0...NO
<input type="checkbox"/>	1...YES

8. How close was/is this person to you?

CIRCLE ANY NUMBERS THAT APPLY IN THE RANGE BELOW					
Have Not Known Anyone	Passing Acquaintance	Friend	Close Friend	Extended Family Member	Immediate Family Member
1	2	3	4	5	6

9. What percent of patients that you care for in a typical shift/continuity clinic practice have alcohol problems?
 (please fill in a number between 0-100)

%

10. What percent of patients that you care for in a typical shift/continuity clinic practice have drug problems?
 (please fill in a number between 0-100)

%

11. Please rate your experience working with patients with alcohol problems?

CIRCLE ONE TO INDICATE ANSWER				
None	Little	Moderate	Large	Vast
1	2	3	4	5

12. Please rate your experience working with patients with drug problems?

CIRCLE ONE TO INDICATE ANSWER				
None	Little	Moderate	Large	Vast
1	2	3	4	5

13. How many hours of formal/informal teaching have you had in your current residency program regarding alcohol/drug problems and/or addiction medicine?

_____ Hours

14. What is the number of hours of motivational interviewing training you have received in your current program?

_____ Hours

15. On a scale from 1-10 how effective do you think you can be to effect a change in drinking/drug use in a brief (5-7 minute) encounter?

CIRCLE THE NUMBER THAT APPLIES IN THE RANGE BELOW									
1 NOT AT ALL	2	3	4	5 SOME WHAT	6	7	8	9	10 VERY MUCH

16. Are you currently in recovery for any alcohol or other drug related problem?

CHECK ONE
<input type="checkbox"/> 0...NO
<input type="checkbox"/> 1...YES

17. If yes, how long have you **NOT** had problematic use of alcohol or other drugs?

_____ Days _____ Months _____ Years

The following questions are knowledge based. Please answer to the best of your ability.

1. One 12- ounce can of beer is equal to?

- 1. 5-ounce glass of wine
- 2. 8-ounce glass of wine
- 3. 1-ounce of distilled spirits
- 4. 1.5-ounce of distilled spirits

- 1...1 and 3
- 2...1 and 4
- 3...2 and 3
- 4...2 and 4

2. The medical history for alcohol-related problems may include all of the following except?

- 1...Abdominal pains
- 2...Sleep impairment
- 3...Bradycardia
- 4...Hypertension

3. A male patient may be at risk for alcohol-related problems if he drinks?

1. >7 drinks per week
2. >14 drinks per week
3. >21 drinks per week
4. >3 drinks per occasion
5. >4 drinks per occasion
6. >6 drinks per occasion

- 1...1 and 4
- 2...2 and 5
- 3...3 and 6
- 4...2 and 6

4. A female patient may be at risk for alcohol-related problems if she drinks above the following limits?

1. >7 drinks per week
2. >14 drinks per week
3. >21 drinks per week
4. >3 drinks per occasion
5. >4 drinks per occasion
6. >6 drinks per occasion

- 1...1 and 4
- 2...2 and 5
- 3...3 and 6
- 4...1 and 5

5. Indicators for possible alcohol dependence include all of the following except?

- 1...Preoccupation with drinking
- 2...Drinking a six-pack and driving
- 3...Unable to stop drinking once started
- 4...Needing more alcohol than before to get high

6. What do the four letters in the CAGE acronym stand for?

C	
A	
G	
E	

7. What do the four letters in the CRAFFT acronym stand for?

C	
R	
A	
F	
F	
T	

8. The brief intervention model includes all of the following except?

- 1...Establish rapport
- 2...Raise the subject
- 3...Assess readiness to change
- 4...Prescribe solutions

True or False

	TRUE...1	FALSE...2
9. The CAGE is a screen for problem drinking.	T	F
10. The diagnosis of alcohol dependence is based on the quantity/frequency of alcohol intake	T	F

The following case study applies to questions 11-30

Ms. Smith is a 17-year-old non-restrained driver involved in a single car crash brought to the ED by EMS. She is awake and alert, and angry about crashing her new car. She sustained a laceration to her forehead. She has a noticeable smell of alcohol on her breath, and she reports drinking a six-pack of beer with her friends after class. She generally drinks 5 or 6 beers 2-3 times a week stating that it helps her with the stress in her life. Her c-spine x-ray is negative and her laceration has been repaired.

Please answer whether it **TRUE** or **FALSE** that each of the following statements/questions is something you would you say or do as an effective strategy to **PRODUCE CHANGES** in Ms. Smith's drinking patterns.

	TRUE...1	FALSE...2
11. The first step towards change is to admit you have a drinking problem	T	F
12. Ask the patient permission to discuss his/her drinking.	T	F
13. Your stress is directly related to your drinking.	T	F
14. Convince the patient that there is in fact a connection between their drinking and the car crash.	T	F
15. What if any connection is there between your drinking and the car crash?	T	F
16. You should already know that drinking and driving is dangerous.	T	F
17. Until you hit “rock bottom”, it will be very hard for you to change your drinking.	T	F
18. How ready are you to simply think about cutting down on your drinking?	T	F
19. What makes you motivated to want to make a change?	T	F
20. My recommendation is that you go to counseling.	T	F
21. You really need to start going to AA meetings.	T	F
22. You may never be able to drink again.	T	F
23. Why aren’t you less motivated to do something about your drinking?	T	F
24. You need to immediately cut down to below risk drinking levels.	T	F
25. I’m encouraging you to completely stop drinking.	T	F
26. It’s clear that you are becoming alcohol dependent.	T	F
27. Negotiate a reduction of drinking even if the patient does not commit to below low-risk levels of alcohol use.	T	F
28. You need to go to rehab to initiate a period of sobriety.	T	F
29. Only a substance abuse specialist can help you with your drinking issues.	T	F
30. Are you motivated to stop drinking?	T	F

THANK YOU FOR TAKING PART IN OUR SURVEY