MBC basics

WHAT IS MEASUREMENT-BASED CARE?

S H A R E

Collect patient-reported outcome measures routinely and repeatedly as a standard part of care.

C O L L E C T

Share results with the client in a timely manner. Enter the data into the medical record so other clinicians can benefit.

S H A R E

Data are used as part of a meaningful conversation to assess progress & inform joint decision making and treatment-planning over time.

A C T

WHAT IS MBC?

MBC is the use of patient-reported outcome measures in mental health treatment. When used as a standard part of care, MBC is a powerful tool to help you and the client identify treatment targets, determine progress, and inform adjustments to your shared treatment plan over time.

WHAT MBC ISN'T:

MBC data is NOT:
- Assessment in isolation
- Program evaluation
- For evaluating individual providers
- Meant to replace clinical judgement

“I really think about my answers on the forms. It helps me think about how I’m doing and what I want to talk about when I get in here.” - Client in MH care

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