MEASUREMENT-BASED CARE

Collect. Share. Act.

MBC deeper dive
SPOTLIGHT ON SHARE

This SHARE Part 2 tool builds upon the model outlined in the Basics tool. It guides clinicians in using patient reported outcome measures to have meaningful conversations with the clients with whom they work.

REPORT

Report the measure data to the client. Explain what the data mean.

EXPLAIN & REVIEW …

Together, they provide **rich information** on which to base goals & treatment planning.

TOTAL SCORE

"Your score today was #, which falls within the ___ range."

INDIVIDUAL ITEMS

"Based on your answers, you've been struggling with ABC, but XYZ have been going well."

DISCUSS

Ask if the score matches the client's subjective experience. Explore discrepancies.

ASK …

"Does that match how you've been feeling?"

"Does that sound right to you?"

"How does that compare to your perceptions?"

"Great! It seems like this measure reflects how you feel."

"Seems like we have a mismatch here. Can you help me understand what part(s) of this feel off?"

EXPLORE DISCREPANCIES …

between **form items** and **verbal** report

"On the form you said you're not feeling depressed, but you've just been talking about how down you were this weekend. Can we explore this more?"

between **individual** form **items**

"On this item, you denied worry, but on this one you said you're having trouble controlling worry. I must be missing something. Can you help me understand what you meant?"

EDUCATE

Provide education on the measure &/or individual Items. Clarify any confusion.

PROVIDE additional **information** as needed, and be sure to …

CLARIFY MISUNDERSTANDINGS

Misunderstandings on the part of the **clinician and/or the client** can hinder communication. Potential sources of confusion …

- ✓ Measure instructions
- ✓ Item wording
- ✓ Definitions of key terms differing between the clinician and client

These materials were developed as part of the Department of Veterans Affairs Measurement Based Care in Mental Health Initiative. Suggested citation: Barber, J.A. & Resnick, S.G. (2020). Deeper Dive: Spotlight on Share. https://medicine.yale.edu/psychiatry/research/programs/clinical_people/mbccollab/

VA U.S. Department of Veterans Affairs
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