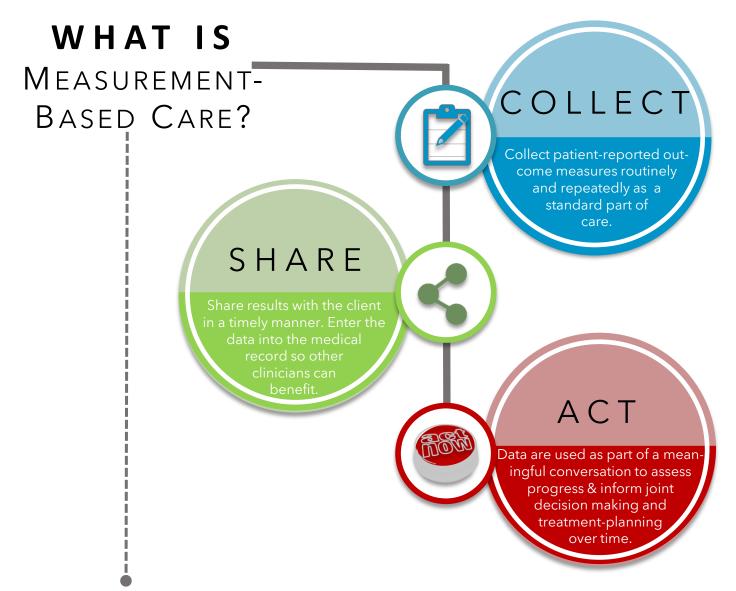








MBC basics MBC 101



WHAT IS MBC? -

MBC is the use of patient-reported outcome measures in mental health treatment. When used as a standard part of care, MBC is a powerful tool to help you and the client identify treatment targets, determine progress, and inform adjustments to your shared treatment plan over time.

WHAT MBC ISN'T:

MBC data is NOT:

- Assessment in isolation
- Program evaluation
- For evaluating individual providers
- Meant to replace clinical judgement

"I really think about my answers on the forms. It helps me think about how I'm doing and what I want to talk about when I get in here." - Client in MH care