WEBVTT

NOTE duration:"01:03:59" NOTE recognizability:0.796

NOTE language:en-us

NOTE Confidence: 0.620792675

00:00:00.000 --> 00:00:01.330 Department psychiatry.

NOTE Confidence: 0.91586732

 $00:00:03.890 \longrightarrow 00:00:04.890$ As most of you know,

NOTE Confidence: 0.91586732

 $00:00:04.890 \longrightarrow 00:00:05.920$ my name is John Crystal.

NOTE Confidence: 0.91586732

 $00:00:05.920 \longrightarrow 00:00:09.308$ I'm the chair of the Department of

NOTE Confidence: 0.91586732

 $00:00:09.308 \longrightarrow 00:00:13.680$ Psychiatry and this is the. The number.

NOTE Confidence: 0.91586732

 $00:00:13.680 \longrightarrow 00:00:17.628$ The number 92 the 92nd birthday

NOTE Confidence: 0.91586732

00:00:17.628 --> 00:00:19.713 of the Department of Psychiatry.

NOTE Confidence: 0.91586732

 $00:00:19.720 \longrightarrow 00:00:21.545$ So we're we're almost getting

NOTE Confidence: 0.91586732

 $00:00:21.545 \longrightarrow 00:00:24.032$ up to 100 before we begin,

NOTE Confidence: 0.91586732

 $00{:}00{:}24.032 \dashrightarrow 00{:}00{:}26.352$ I'd like to acknowledge our

NOTE Confidence: 0.91586732

 $00{:}00{:}26.352 \dashrightarrow 00{:}00{:}28.512$ debt to the indigenous people.

NOTE Confidence: 0.91586732

 $00:00:28.512 \longrightarrow 00:00:31.480$ Peoples that have been displaced by our

NOTE Confidence: 0.91586732

 $00{:}00{:}31.480 \dashrightarrow 00{:}00{:}33.604$ the creation of Yale University and

00:00:33.604 --> 00:00:36.277 our and the building of our community.

NOTE Confidence: 0.91586732

 $00:00:36.277 \longrightarrow 00:00:39.756$ And I've asked Doctor Stephanie Gilson to.

NOTE Confidence: 0.91586732

 $00:00:39.760 \longrightarrow 00:00:43.387$ To lead us in this so thank you Stephanie.

NOTE Confidence: 0.588558028571428

00:00:44.890 --> 00:00:47.690 Hot today my name is Stephanie Gilson.

NOTE Confidence: 0.588558028571428

00:00:47.690 --> 00:00:49.294 Like Doctor Crystal said,

NOTE Confidence: 0.588558028571428

00:00:49.294 --> 00:00:52.504 I'm really grateful to be here with you

NOTE Confidence: 0.588558028571428

 $00:00:52.504 \longrightarrow 00:00:55.424$ all today to take this moment to recognize

NOTE Confidence: 0.588558028571428

 $00:00:55.500 \longrightarrow 00:00:58.506$ the stolen land that we as Yale reside on.

NOTE Confidence: 0.588558028571428

 $00:00:58.510 \longrightarrow 00:01:01.401$ You know indigenous people were here long

NOTE Confidence: 0.588558028571428

00:01:01.401 --> 00:01:04.029 before colonists arrived, and if steward,

NOTE Confidence: 0.588558028571428

 $00{:}01{:}04.029 \dashrightarrow 00{:}01{:}07.140$ this land and waterways for generations prior

NOTE Confidence: 0.588558028571428

 $00:01:07.140 \longrightarrow 00:01:09.450$ to when we even called this Connecticut.

NOTE Confidence: 0.588558028571428

00:01:09.450 --> 00:01:11.970 These tribes include the Mohegan,

NOTE Confidence: 0.588558028571428

00:01:11.970 --> 00:01:15.090 the mash tuck, Pequot eastern Pequot,

NOTE Confidence: 0.588558028571428

00:01:15.090 --> 00:01:17.690 the scanner coke, Golden Hill,

NOTE Confidence: 0.588558028571428

 $00{:}01{:}17.690 \dashrightarrow 00{:}01{:}20.930$ Pogo set, Niantic, and the Quinnipiac,

 $00:01:20.930 \longrightarrow 00:01:25.070$ and many other Algonquin speaking nations.

NOTE Confidence: 0.588558028571428

 $00:01:25.070 \longrightarrow 00:01:27.068$ Although some of these nations are

NOTE Confidence: 0.588558028571428

 $00{:}01{:}27.068 \dashrightarrow 00{:}01{:}29.488$ no longer with us due to genocide,

NOTE Confidence: 0.588558028571428

00:01:29.490 --> 00:01:33.920 displacement, boarding schools and other

NOTE Confidence: 0.588558028571428

 $00:01:33.920 \longrightarrow 00:01:38.820$ colonizing policies that were aimed to.

NOTE Confidence: 0.588558028571428

 $00:01:38.820 \longrightarrow 00:01:40.220$ They removed that indigenous

NOTE Confidence: 0.588558028571428

 $00:01:40.220 \longrightarrow 00:01:41.820$ people from this land.

NOTE Confidence: 0.588558028571428

 $00{:}01{:}41.820 \dashrightarrow 00{:}01{:}44.268$ We are still here and we are still

NOTE Confidence: 0.588558028571428

00:01:44.268 --> 00:01:45.579 thriving here in Connecticut.

NOTE Confidence: 0.588558028571428

 $00{:}01{:}45.580 \dashrightarrow 00{:}01{:}48.076$ We have five state recognized Tribes,

NOTE Confidence: 0.588558028571428

 $00:01:48.080 \longrightarrow 00:01:49.755$ 2 federally recognized tribes

NOTE Confidence: 0.588558028571428

 $00:01:49.755 \longrightarrow 00:01:51.880$ and tribes that have no U.S.

NOTE Confidence: 0.588558028571428

 $00{:}01{:}51.880 \dashrightarrow 00{:}01{:}52.634$ government recognition.

NOTE Confidence: 0.588558028571428

 $00:01:52.634 \longrightarrow 00:01:55.273$ There's a big difference between that all,

NOTE Confidence: 0.588558028571428

 $00:01:55.280 \longrightarrow 00:01:57.560$ but that's a discussion for a

 $00:01:57.560 \longrightarrow 00:01:59.520$ later day of the two federally

NOTE Confidence: 0.588558028571428

 $00:01:59.520 \longrightarrow 00:02:01.020$ recognized tribes we have here.

NOTE Confidence: 0.588558028571428

 $00:02:01.020 \longrightarrow 00:02:03.005$ That's the mash truck Pequot

NOTE Confidence: 0.588558028571428

 $00:02:03.005 \longrightarrow 00:02:04.593$ and the Mohegan tribe.

NOTE Confidence: 0.588558028571428

 $00:02:04.600 \longrightarrow 00:02:06.994$ Some of you may have heard some

NOTE Confidence: 0.588558028571428

 $00:02:06.994 \longrightarrow 00:02:08.779$ exciting news that the chief.

NOTE Confidence: 0.588558028571428

 $00{:}02{:}08.780 \dashrightarrow 00{:}02{:}10.250$ Of the Mohegan tribal and Malara

NOTE Confidence: 0.588558028571428

 $00:02:10.250 \longrightarrow 00:02:11.765$ has been announced to be appointed

NOTE Confidence: 0.588558028571428

00:02:11.765 --> 00:02:13.229 by Biden for the US Treasurer,

NOTE Confidence: 0.588558028571428

 $00:02:13.230 \longrightarrow 00:02:16.184$ so that's a big win for Indigenous

NOTE Confidence: 0.588558028571428

00:02:16.184 --> 00:02:18.190 people across the country.

NOTE Confidence: 0.588558028571428

00:02:18.190 --> 00:02:21.208 And really, a landing knowledgement is not.

NOTE Confidence: 0.588558028571428

 $00:02:21.210 \longrightarrow 00:02:22.650$ It's not enough.

NOTE Confidence: 0.588558028571428

 $00:02:22.650 \longrightarrow 00:02:25.530$ I really encourage everybody to learn

NOTE Confidence: 0.588558028571428

 $00:02:25.530 \longrightarrow 00:02:28.729$ about the tribes whose lands we are on.

NOTE Confidence: 0.588558028571428

 $00:02:28.730 \longrightarrow 00:02:30.910$ I will put a link in the in the chat

00:02:30.976 --> 00:02:33.013 so you can actually put in your

NOTE Confidence: 0.588558028571428

 $00:02:33.013 \longrightarrow 00:02:34.859$ address and find out who's who's

NOTE Confidence: 0.588558028571428

 $00:02:34.860 \longrightarrow 00:02:36.702$ tribal lands you're on and encourage

NOTE Confidence: 0.588558028571428

 $00:02:36.702 \longrightarrow 00:02:38.350$ you to attend cultural events,

NOTE Confidence: 0.588558028571428

 $00:02:38.350 \longrightarrow 00:02:39.565$ including pow wows.

NOTE Confidence: 0.588558028571428

 $00:02:39.565 \longrightarrow 00:02:41.977$ Power season is coming up of

NOTE Confidence: 0.588558028571428

 $00:02:41.977 \longrightarrow 00:02:43.138$ our local tribes,

NOTE Confidence: 0.588558028571428

 $00{:}02{:}43.138 \dashrightarrow 00{:}02{:}45.460$ but even our Native American Cultural

NOTE Confidence: 0.588558028571428

 $00:02:45.529 \longrightarrow 00:02:48.400$ Center here at Yale has a powwow this fall.

NOTE Confidence: 0.588558028571428

00:02:48.400 --> 00:02:49.996 So solidarity can look like a

NOTE Confidence: 0.588558028571428

00:02:49.996 --> 00:02:51.370 lot of things donating time,

NOTE Confidence: 0.588558028571428

 $00:02:51.370 \longrightarrow 00:02:53.214$ money to indigenous causes,

NOTE Confidence: 0.588558028571428

 $00{:}02{:}53.214 \dashrightarrow 00{:}02{:}55.058$ amplifying in digenous voices and

NOTE Confidence: 0.588558028571428

 $00{:}02{:}55.058 \dashrightarrow 00{:}02{:}57.533$ and you know, returning the land.

NOTE Confidence: 0.588558028571428

 $00:02:57.533 \longrightarrow 00:02:59.438$ So I really appreciate Doctor

00:02:59.438 --> 00:03:01.536 Crystal you giving me this time

NOTE Confidence: 0.588558028571428

 $00{:}03{:}01.536 \dashrightarrow 00{:}03{:}03.700$ and looking forward to hear how the

NOTE Confidence: 0.588558028571428

 $00:03:03.700 \longrightarrow 00:03:04.992$ department's doing predominate ado.

NOTE Confidence: 0.588558028571428

 $00:03:04.992 \longrightarrow 00:03:06.284$ Thank you so much.

NOTE Confidence: 0.588558028571428 00:03:06.290 --> 00:03:06.560 Thank

NOTE Confidence: 0.92699411

00:03:06.570 --> 00:03:07.710 you so much, Stephanie.

NOTE Confidence: 0.749820356366667

 $00:03:09.890 \longrightarrow 00:03:14.990$ I, as I did last year.

NOTE Confidence: 0.749820356366667

 $00{:}03{:}14.990 \dashrightarrow 00{:}03{:}18.046$ I have asked a number of people to

NOTE Confidence: 0.749820356366667

 $00{:}03{:}18.046 \dashrightarrow 00{:}03{:}20.770$ reflect on the year and to share.

NOTE Confidence: 0.749820356366667

 $00:03:20.770 \longrightarrow 00:03:22.506$ Share the their reflections

NOTE Confidence: 0.749820356366667

 $00{:}03{:}22.506 \dashrightarrow 00{:}03{:}25.810$ with us in the form of videos.

NOTE Confidence: 0.749820356366667

 $00:03:25.810 \longrightarrow 00:03:30.028$ So before beginning my formal presentation,

NOTE Confidence: 0.749820356366667

00:03:30.030 --> 00:03:32.361 I'd like to I'd like to run

NOTE Confidence: 0.749820356366667

 $00{:}03{:}32.361 \dashrightarrow 00{:}03{:}34.754$ the videos that were that were

NOTE Confidence: 0.749820356366667

00:03:34.754 --> 00:03:36.934 collected so Trisha would you,

NOTE Confidence: 0.749820356366667

 $00:03:36.940 \longrightarrow 00:03:39.740$ would you start those videos? I will.

 $00:03:51.030 \longrightarrow 00:03:56.236$ Hi, what a special year this has been.

NOTE Confidence: 0.11922428

 $00{:}03{:}56.240 \dashrightarrow 00{:}03{:}59.957$ Let's just say it's been a year of an

NOTE Confidence: 0.11922428

 $00:03:59.957 \longrightarrow 00:04:03.618$ unexpected opportunity. Thank you John.

NOTE Confidence: 0.11922428

 $00:04:03.618 \longrightarrow 00:04:08.450$ And many unusual challenges.

NOTE Confidence: 0.837552706666667

 $00:04:08.450 \longrightarrow 00:04:09.878$ But one thing

NOTE Confidence: 0.906577936538462

 $00:04:10.190 \longrightarrow 00:04:12.638$ that's made this year so special

NOTE Confidence: 0.906577936538462

 $00:04:12.638 \longrightarrow 00:04:15.075$ has been the chance to reconnect

NOTE Confidence: 0.906577936538462

 $00:04:15.075 \dashrightarrow 00:04:18.542$ with so many of you who have been my

NOTE Confidence: 0.906577936538462

 $00:04:18.542 \longrightarrow 00:04:21.027$ colleagues and mentors and friends.

NOTE Confidence: 0.906577936538462

 $00{:}04{:}21.030 \dashrightarrow 00{:}04{:}23.670$ Throughout my career. Thank you

NOTE Confidence: 0.959560425

 $00:04:23.680 \longrightarrow 00:04:25.188$ for welcoming me back

NOTE Confidence: 0.8837705325

 $00{:}04{:}25.680 \dashrightarrow 00{:}04{:}29.280$ and for all of the kindness and support

NOTE Confidence: 0.8837705325

 $00{:}04{:}29.280 \dashrightarrow 00{:}04{:}33.336$ and advice you provided this year.

NOTE Confidence: 0.8837705325

 $00:04:33.340 \longrightarrow 00:04:34.900$ I'm very grateful for that.

NOTE Confidence: 0.849280166

 $00:04:37.130 \longrightarrow 00:04:39.570$ And to my resident colleagues.

 $00:04:39.570 \longrightarrow 00:04:41.304$ What a talented,

NOTE Confidence: 0.849280166

 $00:04:41.304 \longrightarrow 00:04:44.772$ diverse and passionate group you are.

NOTE Confidence: 0.849280166

 $00:04:44.780 \longrightarrow 00:04:46.778$ I'm so grateful.

NOTE Confidence: 0.849280166

 $00:04:46.778 \longrightarrow 00:04:50.774$ For the patience and understanding and

NOTE Confidence: 0.849280166

 $00:04:50.774 \longrightarrow 00:04:54.240$ encouragement and honesty you showed me.

NOTE Confidence: 0.849280166

 $00:04:54.240 \longrightarrow 00:04:56.898$ As we work together on so

NOTE Confidence: 0.849280166

 $00:04:56.898 \longrightarrow 00:04:58.670$ many things this year.

NOTE Confidence: 0.849280166

00:04:58.670 --> 00:05:01.782 I am so honored and proud to serve

NOTE Confidence: 0.849280166

 $00{:}05{:}01.782 \dashrightarrow 00{:}05{:}04.979$ as your interim program director.

NOTE Confidence: 0.849280166

00:05:04.980 --> 00:05:08.412 And to our faculty who are teaching and

NOTE Confidence: 0.849280166

 $00:05:08.412 \longrightarrow 00:05:11.400$ supervising in the classroom and across

NOTE Confidence: 0.849280166

 $00:05:11.400 \longrightarrow 00:05:14.213$ our many clinical sites every day.

NOTE Confidence: 0.849280166

 $00:05:14.213 \longrightarrow 00:05:17.639$ Thank you for inspiring our trainees.

NOTE Confidence: 0.849280166

00:05:17.640 --> 00:05:19.668 And for your commitment to training

NOTE Confidence: 0.849280166

 $00:05:19.668 \longrightarrow 00:05:21.526$ the next generation of psychiatrists

NOTE Confidence: 0.849280166

 $00:05:21.526 \longrightarrow 00:05:25.440$ and other mental health professionals.

00:05:25.440 --> 00:05:26.298 And of course,

NOTE Confidence: 0.849280166

00:05:26.298 --> 00:05:29.544 our staff who are working so hard every day,

NOTE Confidence: 0.849280166

 $00:05:29.544 \longrightarrow 00:05:31.974$ running our programs and meeting

NOTE Confidence: 0.849280166

 $00:05:31.980 \longrightarrow 00:05:35.440$ everyone's needs. Thank you.

NOTE Confidence: 0.849280166

 $00:05:35.440 \longrightarrow 00:05:39.066$ So what's made this year so special?

NOTE Confidence: 0.849280166

 $00:05:39.070 \longrightarrow 00:05:41.670$ It's really all of you.

NOTE Confidence: 0.849280166

 $00:05:41.670 \longrightarrow 00:05:47.198$ And on behalf of everybody in our program.

NOTE Confidence: 0.849280166

 $00{:}05{:}47.200 \dashrightarrow 00{:}05{:}51.130$ Thank you for everything you do.

NOTE Confidence: 0.849280166

 $00:05:51.130 \longrightarrow 00:05:53.730$ And for supporting the educational

NOTE Confidence: 0.849280166

 $00:05:53.730 \longrightarrow 00:05:56.329$ mission of our department.

NOTE Confidence: 0.849280166

 $00:05:56.330 \longrightarrow 00:05:57.000$ Thank you.

NOTE Confidence: 0.85536214

 $00:05:58.040 \longrightarrow 00:06:01.304$ So what is this year meant to me?

NOTE Confidence: 0.85536214

 $00:06:01.310 \longrightarrow 00:06:03.030$ I've got to be honest,

NOTE Confidence: 0.85536214

 $00:06:03.030 \longrightarrow 00:06:05.930$ personally and professionally I have

NOTE Confidence: 0.85536214

 $00:06:05.930 \longrightarrow 00:06:09.734$ felt set back a bit and accelerating

 $00:06:09.734 \longrightarrow 00:06:13.108$ ahead and making progress and also in

NOTE Confidence: 0.85536214

 $00{:}06{:}13.108 \dashrightarrow 00{:}06{:}16.413$ a holding pattern and moving at just

NOTE Confidence: 0.85536214

00:06:16.413 --> 00:06:19.790 the right pace all at the same time,

NOTE Confidence: 0.85536214

00:06:19.790 --> 00:06:22.678 though moving just at the right pace was

NOTE Confidence: 0.85536214

 $00:06:22.678 \longrightarrow 00:06:25.949$ a state that I felt that I only caught

NOTE Confidence: 0.85536214

 $00:06:25.949 \dashrightarrow 00:06:28.518$ tiny glimpses of every now and then.

NOTE Confidence: 0.85536214

 $00:06:28.520 \longrightarrow 00:06:32.120$ Last year I felt so incredibly

NOTE Confidence: 0.85536214

00:06:32.120 --> 00:06:34.332 stretched so thinly stretched,

NOTE Confidence: 0.85536214

 $00:06:34.332 \longrightarrow 00:06:35.836$ like many of us,

NOTE Confidence: 0.85536214

 $00:06:35.840 \longrightarrow 00:06:38.986$ and maybe like we all were honestly the

NOTE Confidence: 0.85536214

 $00{:}06{:}38.986 \dashrightarrow 00{:}06{:}42.072$ professional wear and tear was like

NOTE Confidence: 0.85536214

 $00:06:42.072 \longrightarrow 00:06:45.544$ nothing that I could have ever imagined.

NOTE Confidence: 0.85536214

 $00:06:45.550 \longrightarrow 00:06:48.350$ And I had this fantasy that the

NOTE Confidence: 0.85536214

 $00:06:48.350 \longrightarrow 00:06:51.109$ milestone of turning over a new year

NOTE Confidence: 0.85536214

00:06:51.109 --> 00:06:53.323 would bring with it some relief.

NOTE Confidence: 0.85536214

 $00:06:53.330 \longrightarrow 00:06:56.346$ And what I have found is that the

 $00:06:56.346 \longrightarrow 00:06:58.179$ challenges have not lessened.

NOTE Confidence: 0.85536214

 $00{:}06{:}58.180 \dashrightarrow 00{:}07{:}02.700$ The uncertainty. Has not less ened.

NOTE Confidence: 0.85536214

 $00:07:02.700 \longrightarrow 00:07:05.802$ The terrible across so many

NOTE Confidence: 0.85536214

 $00:07:05.802 \longrightarrow 00:07:08.818$ dimensions has not lessened.

NOTE Confidence: 0.85536214

 $00:07:08.820 \longrightarrow 00:07:11.830$ There has been so much.

NOTE Confidence: 0.85536214

00:07:11.830 --> 00:07:13.209 And I could go on and on,

NOTE Confidence: 0.85536214

 $00:07:13.210 \longrightarrow 00:07:15.980$ quite literally because the experiences

NOTE Confidence: 0.85536214

 $00:07:15.980 \longrightarrow 00:07:20.320$ and their impact though on and on and me.

NOTE Confidence: 0.85536214

 $00:07:20.320 \longrightarrow 00:07:24.242$ But this year I knew I wanted to focus on

NOTE Confidence: 0.85536214

 $00:07:24.242 \longrightarrow 00:07:26.640$ amplifying and spotlighting the moments,

NOTE Confidence: 0.85536214

 $00{:}07{:}26.640 \dashrightarrow 00{:}07{:}29.120$ the spaces, the energy,

NOTE Confidence: 0.85536214

 $00:07:29.120 \longrightarrow 00:07:31.600$ the people and relationships,

NOTE Confidence: 0.85536214

 $00:07:31.600 \longrightarrow 00:07:34.085$ and the work that gives me life.

NOTE Confidence: 0.85536214

 $00:07:34.090 \longrightarrow 00:07:35.559$ It was going to be a gift to

NOTE Confidence: 0.85536214

 $00:07:35.559 \longrightarrow 00:07:37.722$ myself and I don't mean this in

 $00:07:37.722 \longrightarrow 00:07:40.010$ like a toxic positivity way,

NOTE Confidence: 0.85536214

00:07:40.010 --> 00:07:42.220 but in a real way.

NOTE Confidence: 0.85536214

 $00:07:42.220 \longrightarrow 00:07:45.478$ And so this year I got to hug the

NOTE Confidence: 0.85536214

 $00:07:45.478 \longrightarrow 00:07:48.774$ necks of friends and swim in a

NOTE Confidence: 0.85536214

 $00:07:48.774 \longrightarrow 00:07:51.678$ waterfall and a rainforest and enjoy

NOTE Confidence: 0.85536214

00:07:51.678 --> 00:07:54.863 my daughter and really see her and

NOTE Confidence: 0.85536214

00:07:54.863 --> 00:07:57.371 know her day in and day out because

NOTE Confidence: 0.85536214

 $00:07:57.371 \longrightarrow 00:08:00.439$ we got to spend a lot of time and

NOTE Confidence: 0.85536214

 $00{:}08{:}00.439 \dashrightarrow 00{:}08{:}02.536$ space and hours together and it

NOTE Confidence: 0.85536214

 $00:08:02.536 \longrightarrow 00:08:04.692$ was time and space and hours that

NOTE Confidence: 0.85536214

 $00{:}08{:}04.692 \dashrightarrow 00{:}08{:}07.600$ I might not have otherwise gotten.

NOTE Confidence: 0.85536214

 $00:08:07.600 \longrightarrow 00:08:10.560$ I got to drink coffee on Friday mornings

NOTE Confidence: 0.85536214

00:08:10.560 --> 00:08:12.323 with Cindy, Cousteau and Beckham.

NOTE Confidence: 0.85536214

00:08:12.323 --> 00:08:14.369 And laugh and laugh about filling

NOTE Confidence: 0.85536214

 $00:08:14.369 \longrightarrow 00:08:16.756$ that coffee all over my desk or other

NOTE Confidence: 0.85536214

 $00:08:16.756 \longrightarrow 00:08:18.750$ things that might have been happening

 $00:08:18.750 \longrightarrow 00:08:21.431$ all while we were doing the incredibly

NOTE Confidence: 0.85536214

 $00{:}08{:}21.431 \dashrightarrow 00{:}08{:}23.789$ important work of our getting our

NOTE Confidence: 0.85536214

00:08:23.789 --> 00:08:26.069 racism out of our work curriculum.

NOTE Confidence: 0.85536214

00:08:26.070 --> 00:08:28.055 I got to experience the bravery of

NOTE Confidence: 0.85536214

 $00:08:28.055 \longrightarrow 00:08:29.822$ trying to bring that work forward

NOTE Confidence: 0.85536214

 $00:08:29.822 \longrightarrow 00:08:32.510$ within the department to a group of

NOTE Confidence: 0.85536214

 $00:08:32.588 \longrightarrow 00:08:34.910$ incredibly receptive colleagues.

NOTE Confidence: 0.85536214

 $00{:}08{:}34.910 \dashrightarrow 00{:}08{:}37.910$ I got you and still get you know,

NOTE Confidence: 0.85536214

00:08:37.910 --> 00:08:39.966 an incredible group of people in my work,

NOTE Confidence: 0.85536214

 $00:08:39.970 \longrightarrow 00:08:41.926$ in the anti racism task force.

NOTE Confidence: 0.85536214

00:08:41.930 --> 00:08:44.966 Shout out to Kirsten Wilkins and

NOTE Confidence: 0.85536214

 $00:08:44.966 \longrightarrow 00:08:46.484$ how hard conversations,

NOTE Confidence: 0.85536214

 $00{:}08{:}46.490 \dashrightarrow 00{:}08{:}49.548$ which also interestingly gave me

NOTE Confidence: 0.85536214

 $00{:}08{:}49.548 \dashrightarrow 00{:}08{:}51.886$ life and I had fun talking about

NOTE Confidence: 0.85536214

00:08:51.886 --> 00:08:52.692 measurement based care.

 $00:08:52.692 \longrightarrow 00:08:54.430$ Maybe too much fun talking about

NOTE Confidence: 0.85536214

 $00{:}08{:}54.430 {\:{\circ}{\circ}{\circ}}>00{:}08{:}55.923$ measurement based care with

NOTE Confidence: 0.85536214

00:08:55.923 --> 00:08:57.888 a powerhouse set of women,

NOTE Confidence: 0.85536214

 $00:08:57.890 \longrightarrow 00:09:00.470$ psychologists and the Y MBCC.

NOTE Confidence: 0.85536214

 $00:09:00.470 \longrightarrow 00:09:02.038$ Follow us on Twitter.

NOTE Confidence: 0.85536214

 $00:09:02.038 \longrightarrow 00:09:05.300$ I got to also know another inspiring.

NOTE Confidence: 0.85536214

 $00{:}05{:}05{:}300 \dashrightarrow 00{:}09{:}07.600$ Of psychology trainees and witness

NOTE Confidence: 0.85536214

00:09:07.600 --> 00:09:10.410 their growth and change and get

NOTE Confidence: 0.85536214

 $00{:}09{:}10.410 \dashrightarrow 00{:}09{:}12.135$ super hype on their achievements

NOTE Confidence: 0.85536214

 $00:09:12.135 \longrightarrow 00:09:13.870$ and hopefully support them in

NOTE Confidence: 0.85536214

 $00{:}09{:}13.870 \dashrightarrow 00{:}09{:}15.220$ those difficult times when things

NOTE Confidence: 0.85536214

 $00:09:15.220 \longrightarrow 00:09:16.364$ were too much too.

NOTE Confidence: 0.85536214

 $00:09:16.364 \longrightarrow 00:09:19.038$ And now I feel the anticipation and

NOTE Confidence: 0.85536214

00:09:19.038 --> 00:09:21.332 excitement and the smell of the gift

NOTE Confidence: 0.85536214

 $00:09:21.332 \longrightarrow 00:09:23.395$ of doing this again with another

NOTE Confidence: 0.85536214

 $00{:}09{:}23.395 \dashrightarrow 00{:}09{:}25.693$ group of trainees come July 1st.

00:09:25.700 --> 00:09:27.896 I got to celebrate being married

NOTE Confidence: 0.86123719875

 $00{:}09{:}27.896 \dashrightarrow 00{:}09{:}30.536$ for nine years and celebrate a

NOTE Confidence: 0.86123719875

 $00{:}09{:}30.536 \dashrightarrow 00{:}09{:}32.736$ number of professional milestones.

NOTE Confidence: 0.86123719875

 $00:09:32.740 \longrightarrow 00:09:35.130$ There has been so much.

NOTE Confidence: 0.86123719875

00:09:35.130 --> 00:09:36.970 And I could literally go on and on,

NOTE Confidence: 0.86123719875

 $00:09:36.970 \longrightarrow 00:09:38.414$ because these experiences and

NOTE Confidence: 0.86123719875

 $00:09:38.414 \longrightarrow 00:09:40.880$ their impact live on and me too.

NOTE Confidence: 0.752246773333333

 $00:09:41.990 \longrightarrow 00:09:45.106$ What has this event for me a procrastinated

NOTE Confidence: 0.752246773333333

 $00:09:45.106 \longrightarrow 00:09:47.890$ for a few weeks to answer this question.

NOTE Confidence: 0.752246773333333

 $00{:}09{:}47.890 \dashrightarrow 00{:}09{:}49.374$ I think a more suitable question for

NOTE Confidence: 0.752246773333333

 $00:09:49.374 \longrightarrow 00:09:51.414$ me is what this year has been for me.

NOTE Confidence: 0.752246773333333

 $00:09:51.414 \longrightarrow 00:09:53.286$ It's been a year of much

NOTE Confidence: 0.752246773333333

 $00{:}09{:}53.286 \to 00{:}09{:}55.220$ introspection and a lot of purposeful,

NOTE Confidence: 0.752246773333333

 $00:09:55.220 \longrightarrow 00:09:57.902$ overt action which is uncharacteristic of

NOTE Confidence: 0.752246773333333

 $00{:}09{:}57.902 \dashrightarrow 00{:}10{:}00.736$ me as I'm an introvert and I'd like to

 $00:10:00.736 \longrightarrow 00:10:03.634$ achieve things quietly without much notice.

NOTE Confidence: 0.752246773333333

 $00:10:03.640 \longrightarrow 00:10:05.728$ Encounter a couple pregnant challenges in

NOTE Confidence: 0.752246773333333

00:10:05.728 --> 00:10:08.680 the past year in order to accomplish them,

NOTE Confidence: 0.752246773333333

 $00:10:08.680 \longrightarrow 00:10:10.680$ I had to actually talk to people I

NOTE Confidence: 0.752246773333333

00:10:10.680 --> 00:10:12.489 didn't know had to tell them who I was,

NOTE Confidence: 0.752246773333333

00:10:12.490 --> 00:10:14.737 and I had to ask for help.

NOTE Confidence: 0.752246773333333

 $00:10:14.740 \longrightarrow 00:10:16.119$ I had to have faith that people

NOTE Confidence: 0.752246773333333

00:10:16.119 --> 00:10:17.534 would not hate me, beat me,

NOTE Confidence: 0.752246773333333

 $00:10:17.534 \longrightarrow 00:10:20.110$ turn away from me if I opened up.

NOTE Confidence: 0.752246773333333

 $00:10:20.110 \longrightarrow 00:10:21.686$ Had to make sure that it would be

NOTE Confidence: 0.752246773333333

 $00{:}10{:}21.686 {\:{\mbox{--}}\!>}\ 00{:}10{:}22.858$ safe because my past experience

NOTE Confidence: 0.752246773333333

 $00:10:22.858 \longrightarrow 00:10:26.050$ as other reason I'm closed up.

NOTE Confidence: 0.752246773333333

00:10:26.050 --> 00:10:27.700 When Russian leader Ukraine on Thursday,

NOTE Confidence: 0.752246773333333

00:10:27.700 --> 00:10:30.885 February 24th, I was not in disbelief,

NOTE Confidence: 0.752246773333333

 $00:10:30.890 \longrightarrow 00:10:32.462$ but I was known.

NOTE Confidence: 0.752246773333333

 $00:10:32.462 \longrightarrow 00:10:35.007$ But belief all weekend I hid from the news.

 $00:10:35.010 \longrightarrow 00:10:36.420$ My husband was keeping up with

NOTE Confidence: 0.752246773333333

 $00:10:36.420 \longrightarrow 00:10:37.670$ it and I would not.

NOTE Confidence: 0.752246773333333

 $00:10:37.670 \longrightarrow 00:10:41.210$ I would tell him not to expose me to it.

NOTE Confidence: 0.752246773333333

00:10:41.210 --> 00:10:42.482 On Monday, February 28th,

NOTE Confidence: 0.752246773333333

 $00{:}10{:}42.482 \rightarrow 00{:}10{:}45.576$ my husband left for a work trip and I didn't

NOTE Confidence: 0.752246773333333

 $00:10:45.576 \longrightarrow 00:10:47.999$ have anyone to hide behind a protect me.

NOTE Confidence: 0.752246773333333

00:10:48.000 --> 00:10:49.398 Unless my kids were with me,

NOTE Confidence: 0.752246773333333

 $00{:}10{:}49.400 \dashrightarrow 00{:}10{:}52.165$ I refreshed CNN and cried all week.

NOTE Confidence: 0.752246773333333

 $00:10:52.170 \longrightarrow 00:10:55.662$ And literally had my 14 year old mother sent

NOTE Confidence: 0.752246773333333

 $00:10:55.662 \longrightarrow 00:10:59.359$ me as I folded laundry so I would not cry.

NOTE Confidence: 0.752246773333333

 $00:10:59.360 \longrightarrow 00:11:02.350$ The whole experience was unreal.

NOTE Confidence: 0.752246773333333

 $00:11:02.350 \longrightarrow 00:11:04.357$ I was crying about the land and not one

NOTE Confidence: 0.752246773333333

 $00{:}11{:}04.357 \dashrightarrow 00{:}11{:}06.470$ people of my ethnic and religious background.

NOTE Confidence: 0.752246773333333

 $00{:}11{:}06.470 \dashrightarrow 00{:}11{:}09.326$ The whole reason I'm a refugee.

NOTE Confidence: 0.752246773333333

 $00:11:09.330 \longrightarrow 00:11:11.145$ I'm a person whose country

 $00:11:11.145 \longrightarrow 00:11:12.960$ of work does not exist.

NOTE Confidence: 0.752246773333333

 $00{:}11{:}12.960 \dashrightarrow 00{:}11{:}16.016$ This country did not want her kind and

NOTE Confidence: 0.752246773333333

00:11:16.016 --> 00:11:19.140 made it very clear and a person who

NOTE Confidence: 0.752246773333333

 $00{:}11{:}19.140 \dashrightarrow 00{:}11{:}20.940$ considers herself would probably American.

NOTE Confidence: 0.752246773333333

 $00:11:20.940 \longrightarrow 00:11:22.812$ And I was a person who cried for days

NOTE Confidence: 0.752246773333333

00:11:22.820 --> 00:11:24.614 over the tragedy that was happening

NOTE Confidence: 0.752246773333333

 $00:11:24.614 \longrightarrow 00:11:27.386$ on the land that rejected me.

NOTE Confidence: 0.752246773333333 00:11:27.390 --> 00:11:27.604 However, NOTE Confidence: 0.752246773333333

 $00:11:27.604 \longrightarrow 00:11:29.530$ I was not going to be a person for

NOTE Confidence: 0.752246773333333

00:11:29.585 --> 00:11:31.343 seven to nothing about the genocide

NOTE Confidence: 0.752246773333333

 $00:11:31.343 \longrightarrow 00:11:32.222$ that was ensuing.

NOTE Confidence: 0.752246773333333

 $00:11:32.230 \longrightarrow 00:11:33.886$ The refugees who were forced from

NOTE Confidence: 0.752246773333333

 $00:11:33.886 \longrightarrow 00:11:35.674$ the land that they actually want

NOTE Confidence: 0.752246773333333

 $00{:}11{:}35.674 \dashrightarrow 00{:}11{:}37.546$ from the places they called home.

NOTE Confidence: 0.752246773333333

00:11:37.550 --> 00:11:40.315 Regardless of my experience over

NOTE Confidence: 0.752246773333333 00:11:40.315 --> 00:11:41.974 30 years ago.

00:11:41.980 --> 00:11:44.304 I like to think that people change.

NOTE Confidence: 0.752246773333333

00:11:44.310 --> 00:11:46.347 Like you think they'd like to Jewish

NOTE Confidence: 0.752246773333333

00:11:46.347 --> 00:11:47.535 President Holding pride parade

NOTE Confidence: 0.752246773333333

 $00:11:47.535 \longrightarrow 00:11:49.077$ means that there are more good

NOTE Confidence: 0.752246773333333

00:11:49.077 --> 00:11:50.439 than bad people in Ukraine.

NOTE Confidence: 0.752246773333333

00:11:50.440 --> 00:11:50.741 No,

NOTE Confidence: 0.752246773333333

00:11:50.741 --> 00:11:52.848 I don't think that I can quote

NOTE Confidence: 0.752246773333333

 $00:11:52.848 \longrightarrow 00:11:53.814$ overcome cognitive dissonance

NOTE Confidence: 0.752246773333333

00:11:53.814 --> 00:11:55.614 and be a person who helps,

NOTE Confidence: 0.752246773333333

 $00{:}11{:}55.620 \dashrightarrow 00{:}11{:}57.516$ but she also meant there had to be

NOTE Confidence: 0.752246773333333

00:11:57.516 --> 00:11:59.366 a person who opened up to people.

NOTE Confidence: 0.752246773333333

 $00:11:59.370 \longrightarrow 00:12:01.638$ I think a lot of you know the rest.

NOTE Confidence: 0.752246773333333

00:12:01.640 --> 00:12:03.014 With the help of my husband

NOTE Confidence: 0.752246773333333

00:12:03.014 --> 00:12:04.900 acting as my PR and many friends,

NOTE Confidence: 0.752246773333333300:12:04.900 --> 00:12:05.256 family,

 $00:12:05.256 \longrightarrow 00:12:07.036$ colleagues and strangers who gave

NOTE Confidence: 0.752246773333333

00:12:07.036 --> 00:12:08.460 him the tightest hugs.

NOTE Confidence: 0.752246773333333

00:12:08.460 --> 00:12:11.286 And raised over 30,000 by soliciting

NOTE Confidence: 0.752246773333333

 $00:12:11.286 \longrightarrow 00:12:14.548$ donations from Ukrainian poppy seed bread.

NOTE Confidence: 0.752246773333333

00:12:14.550 --> 00:12:16.794 And then co-founded a nonprofit company

NOTE Confidence: 0.752246773333333

 $00:12:16.794 \longrightarrow 00:12:19.760$ with a couple other Ukrainian born Yalies.

NOTE Confidence: 0.752246773333333

00:12:19.760 --> 00:12:21.454 We have a team of wonderful people

NOTE Confidence: 0.752246773333333

00:12:21.454 --> 00:12:23.094 who have sacrificed their families and

NOTE Confidence: 0.752246773333333

 $00:12:23.094 \longrightarrow 00:12:25.103$ careers to help those fighting for democracy.

NOTE Confidence: 0.84099630625

00:12:28.130 --> 00:12:29.475 Our company works directly with

NOTE Confidence: 0.84099630625

 $00:12:29.475 \longrightarrow 00:12:31.693$ people on the ground in Ukraine and

NOTE Confidence: 0.84099630625

00:12:31.693 --> 00:12:33.325 provides lifesaving medical equipment,

NOTE Confidence: 0.84099630625

 $00:12:33.330 \longrightarrow 00:12:36.580$ trauma training and humanitarian aid.

NOTE Confidence: 0.84099630625

 $00{:}12{:}36.580 \mathrel{--}{>} 00{:}12{:}38.364$ We are continuously fundraising

NOTE Confidence: 0.84099630625

 $00:12:38.364 \longrightarrow 00:12:40.148$ things like ultrasound machines

NOTE Confidence: 0.84099630625

 $00{:}12{:}40.148 \mathrel{--}{>} 00{:}12{:}41.784$ and ventilators trauma training

 $00:12:41.784 \longrightarrow 00:12:44.040$ for psychologists, volunteers.

NOTE Confidence: 0.84099630625

00:12:44.040 --> 00:12:46.290 First, agents removed survivors and

NOTE Confidence: 0.84099630625

 $00:12:46.290 \longrightarrow 00:12:50.220$ now displaced Ukrainians coming to US.

NOTE Confidence: 0.84099630625

 $00:12:50.220 \longrightarrow 00:12:52.605$ Not have you made it safe for me to

NOTE Confidence: 0.84099630625

 $00{:}12{:}52.605 \dashrightarrow 00{:}12{:}54.941$ tell my story and I'm asking you to

NOTE Confidence: 0.84099630625

 $00:12:54.941 \longrightarrow 00:12:57.199$ help me help others have stories.

NOTE Confidence: 0.84099630625

00:12:57.200 --> 00:12:58.860 Please donate to dwighthall.org/united dot

NOTE Confidence: 0.848857893333333

00:13:00.960 --> 00:13:03.270 Ukraine and all of your money

NOTE Confidence: 0.916226866

 $00:13:03.280 \longrightarrow 00:13:04.600$ will go to saving lives.

NOTE Confidence: 0.8837389

00:13:05.750 --> 00:13:07.494 Professionally as well as personally,

NOTE Confidence: 0.8837389

 $00:13:07.494 \longrightarrow 00:13:08.970$ this year has taught me more

NOTE Confidence: 0.896877753333333

 $00:13:09.025 \longrightarrow 00:13:10.670$ about the meaning of perseverance,

NOTE Confidence: 0.896877753333333

00:13:10.670 --> 00:13:12.062 teamwork, and hope than

NOTE Confidence: 0.896877753333333

 $00{:}13{:}12.062 \dashrightarrow 00{:}13{:}14.150$ any other year in my life.

NOTE Confidence: 0.896877753333333

 $00:13:14.150 \longrightarrow 00:13:15.190$ When the pandemic began

 $00:13:15.190 \longrightarrow 00:13:16.490$ more than two years ago.

NOTE Confidence: 0.896877753333333

 $00:13:16.490 \longrightarrow 00:13:18.128$ As difficult as that time was,

NOTE Confidence: 0.896877753333333

00:13:18.130 --> 00:13:19.870 with all that was unknown,

NOTE Confidence: 0.896877753333333

00:13:19.870 --> 00:13:21.258 the Yellow Haven Hospital,

NOTE Confidence: 0.896877753333333

 $00:13:21.258 \longrightarrow 00:13:22.993$ we face those unknowns together

NOTE Confidence: 0.896877753333333

 $00:13:22.993 \longrightarrow 00:13:24.388$ with a unified purpose.

NOTE Confidence: 0.8968777533333333

 $00:13:24.390 \longrightarrow 00:13:26.045$ Keep everyone safe while continuing

NOTE Confidence: 0.896877753333333

 $00:13:26.045 \longrightarrow 00:13:28.014$ to provide the best care to

NOTE Confidence: 0.8968777533333333

 $00{:}13{:}28.014 \dashrightarrow 00{:}13{:}29.663$ our patients that we could.

NOTE Confidence: 0.896877753333333

00:13:29.663 --> 00:13:31.926 A unified purpose seemed to

NOTE Confidence: 0.896877753333333

 $00:13:31.926 \longrightarrow 00:13:33.586$ make things a bit easier.

NOTE Confidence: 0.8968777533333333

 $00:13:33.590 \longrightarrow 00:13:35.138$ We implemented telehealth

NOTE Confidence: 0.896877753333333

00:13:35.138 --> 00:13:36.170 solutions overnight.

NOTE Confidence: 0.8968777533333333

00:13:36.170 --> 00:13:38.125 Something we would have thought

NOTE Confidence: 0.896877753333333

00:13:38.125 --> 00:13:39.689 impossible just months earlier,

NOTE Confidence: 0.896877753333333

 $00{:}13{:}39.690 \dashrightarrow 00{:}13{:}41.505$ we began addressing inequities in

 $00:13:41.505 \longrightarrow 00:13:43.732$ our care delivery and we worked

NOTE Confidence: 0.896877753333333

 $00{:}13{:}43.732 \dashrightarrow 00{:}13{:}45.796$ with our residents to address hate

NOTE Confidence: 0.896877753333333

 $00:13:45.796 \longrightarrow 00:13:47.899$ speech on our adolescent unit.

NOTE Confidence: 0.896877753333333

 $00:13:47.900 \longrightarrow 00:13:50.427$ Last summer with the 1st and 2nd

NOTE Confidence: 0.896877753333333

00:13:50.427 --> 00:13:52.836 waves of COVID behind us and

NOTE Confidence: 0.896877753333333

 $00:13:52.836 \longrightarrow 00:13:55.060$ with vaccinations well underway,

NOTE Confidence: 0.896877753333333

00:13:55.060 --> 00:13:56.800 the academic year started with

NOTE Confidence: 0.896877753333333

 $00{:}13{:}56.800 \dashrightarrow 00{:}13{:}58.540$ incredible hope for the future.

NOTE Confidence: 0.896877753333333

 $00:13:58.540 \longrightarrow 00:14:00.700$ Hope that we not only would

NOTE Confidence: 0.896877753333333

 $00:14:00.700 \longrightarrow 00:14:02.140$ resume expanding our services

NOTE Confidence: 0.896877753333333

 $00:14:02.207 \longrightarrow 00:14:04.037$ and improving access to care,

NOTE Confidence: 0.896877753333333

 $00:14:04.040 \longrightarrow 00:14:06.080$ but we would do it with the same

NOTE Confidence: 0.896877753333333

 $00{:}14{:}06.080 \mathrel{--}{>} 00{:}14{:}07.989$ vigor and speed that it allowed

NOTE Confidence: 0.8968777533333333

 $00{:}14{:}07.989 \dashrightarrow 00{:}14{:}09.993$ us to transform our services with

NOTE Confidence: 0.896877753333333

 $00:14:10.056 \longrightarrow 00:14:14.012$ COVID and home front and with it the

 $00:14:14.012 \longrightarrow 00:14:15.927$ fiscal realities of the pandemic.

NOTE Confidence: 0.896877753333333

 $00{:}14{:}15.930 \dashrightarrow 00{:}14{:}18.336$ And for me personally these realities.

NOTE Confidence: 0.896877753333333

00:14:18.340 --> 00:14:21.791 Team at a time as my family

NOTE Confidence: 0.896877753333333

00:14:21.791 --> 00:14:23.976 19 personal struggles,

NOTE Confidence: 0.896877753333333

 $00:14:23.976 \longrightarrow 00:14:26.505$ suddenly everything seemed

NOTE Confidence: 0.896877753333333

00:14:26.505 --> 00:14:28.814 uncertain and would we recover

NOTE Confidence: 0.896877753333333

 $00:14:28.814 \longrightarrow 00:14:31.010$ from the loss of the pandemic?

NOTE Confidence: 0.896877753333333

00:14:31.010 --> 00:14:32.762 Would our young heaven faculty and

NOTE Confidence: 0.8968777533333333

 $00{:}14{:}32.762 \longrightarrow 00{:}14{:}35.249$ staff be able to continue to persevere?

NOTE Confidence: 0.896877753333333

 $00:14:35.250 \longrightarrow 00:14:37.152$ How much longer could we continue

NOTE Confidence: 0.896877753333333

 $00{:}14{:}37.152 \dashrightarrow 00{:}14{:}39.334$ doing our best for our patients

NOTE Confidence: 0.896877753333333

 $00:14:39.334 \longrightarrow 00:14:41.038$ with the limited resources

NOTE Confidence: 0.896877753333333

 $00:14:41.038 \longrightarrow 00:14:42.178$ available and personally?

NOTE Confidence: 0.8968777533333333

00:14:42.178 --> 00:14:44.302 Could I continue to persevere and

NOTE Confidence: 0.896877753333333

00:14:44.302 --> 00:14:46.657 lead or young even services given

NOTE Confidence: 0.896877753333333

00:14:46.657 --> 00:14:48.627 the personal challenges I face?

 $00:14:51.260 \longrightarrow 00:14:53.160$ We know a few things about resilience.

NOTE Confidence: 0.80794346

 $00:14:53.160 \longrightarrow 00:14:55.134$ For instance, we know that we can

NOTE Confidence: 0.80794346

 $00:14:55.134 \longrightarrow 00:14:56.925$ improve our own personal resilience

NOTE Confidence: 0.80794346

 $00:14:56.925 \longrightarrow 00:14:59.583$ by facing challenges now facing those

NOTE Confidence: 0.80794346

 $00{:}14{:}59.583 \dashrightarrow 00{:}15{:}01.219$ challenges together helps a lot.

NOTE Confidence: 0.80794346

00:15:01.220 --> 00:15:03.080 Looking back on this year,

NOTE Confidence: 0.80794346

00:15:03.080 --> 00:15:06.251 I'm proud of how our faculty and

NOTE Confidence: 0.80794346

 $00{:}15{:}06.251 \dashrightarrow 00{:}15{:}08.901$ staff persevered and face the

NOTE Confidence: 0.80794346

00:15:08.901 --> 00:15:10.446 challenges together and humbled

NOTE Confidence: 0.80794346

 $00:15:10.446 \longrightarrow 00:15:11.657$ by how are you on the heaven?

NOTE Confidence: 0.80794346

 $00{:}15{:}11.660 \dashrightarrow 00{:}15{:}14.102$ Physician leaders stepped up to the

NOTE Confidence: 0.80794346

 $00:15:14.102 \longrightarrow 00:15:16.499$ many challenges of this past year.

NOTE Confidence: 0.80794346

 $00{:}15{:}16.500 \dashrightarrow 00{:}15{:}18.720$ And that leaves me incredibly hopeful.

NOTE Confidence: 0.80794346

 $00:15:18.720 \longrightarrow 00:15:20.416$ That the next generation of

NOTE Confidence: 0.80794346

 $00:15:20.416 \longrightarrow 00:15:21.536$ leaders that young the heavens,

00:15:21.540 --> 00:15:24.200 psychiatry will continue to

NOTE Confidence: 0.80794346

 $00{:}15{:}24.200 \dashrightarrow 00{:}15{:}26.364$ expand services and meet what

NOTE Confidence: 0.80794346

 $00:15:26.364 \longrightarrow 00:15:28.310$ we all know is an ever growing

NOTE Confidence: 0.80794346

 $00:15:28.376 \longrightarrow 00:15:30.396$ need for behavioral health care.

NOTE Confidence: 0.4461593556

 $00:15:31.150 \longrightarrow 00:15:33.570$ Alex, I am juling Armijo.

NOTE Confidence: 0.4461593556

 $00:15:33.570 \longrightarrow 00:15:35.130$ I'm a research associate in

NOTE Confidence: 0.4461593556

 $00:15:35.130 \longrightarrow 00:15:36.066$ the department psychiatry,

NOTE Confidence: 0.4461593556

 $00:15:36.070 \longrightarrow 00:15:39.310$ where I have been for the past eight years.

NOTE Confidence: 0.4461593556

 $00{:}15{:}39.310 \dashrightarrow 00{:}15{:}42.110$ I was born in the Dominican Republic and

NOTE Confidence: 0.4461593556

 $00:15:42.110 \longrightarrow 00:15:44.969$ migrated to the US when I was 16 years old.

NOTE Confidence: 0.4461593556

00:15:44.970 --> 00:15:46.874 I am very honored to have been given

NOTE Confidence: 0.4461593556

00:15:46.874 --> 00:15:48.291 the opportunity to speak to you all

NOTE Confidence: 0.4461593556

00:15:48.291 --> 00:15:49.784 today and I hope to come to know

NOTE Confidence: 0.4461593556

 $00{:}15{:}49.784 \dashrightarrow 00{:}15{:}51.334$ many of you in the years to come.

NOTE Confidence: 0.4461593556

00:15:51.334 --> 00:15:53.710 So what has the past year meant to me

NOTE Confidence: 0.4461593556

 $00:15:53.777 \longrightarrow 00:15:56.207$ this year has meant I have gone to deepen

00:15:56.207 --> 00:15:58.757 my sense of purpose in my current role.

NOTE Confidence: 0.4461593556

 $00:15:58.760 \longrightarrow 00:16:00.300$ I continue to see the

NOTE Confidence: 0.4461593556

 $00:16:00.300 \longrightarrow 00:16:01.840$ struggles of people of color.

NOTE Confidence: 0.4461593556

 $00:16:01.840 \longrightarrow 00:16:04.294$ In accessing evidence based treatment due

NOTE Confidence: 0.4461593556

 $00:16:04.294 \longrightarrow 00:16:07.019$ to the social determinants of health issues,

NOTE Confidence: 0.4461593556

00:16:07.020 --> 00:16:08.284 in my humble opinion,

NOTE Confidence: 0.4461593556

 $00:16:08.284 \longrightarrow 00:16:09.548$ case management services need

NOTE Confidence: 0.4461593556

00:16:09.548 --> 00:16:11.665 to be more inclusive in clinical

NOTE Confidence: 0.4461593556

 $00{:}16{:}11.665 \dashrightarrow 00{:}16{:}13.795$ treatment plans as well as culturally

NOTE Confidence: 0.4461593556

 $00{:}16{:}13.859 \rightarrow 00{:}16{:}15.359$ and linguistically adapted.

NOTE Confidence: 0.4461593556

 $00{:}16{:}15.360 \dashrightarrow 00{:}16{:}17.624$ My hypothesis is that it will help increase

NOTE Confidence: 0.4461593556

 $00:16:17.624 \longrightarrow 00:16:19.440$ their attention rate of the public color.

NOTE Confidence: 0.4461593556

00:16:19.440 --> 00:16:21.394 You may have a health treatment and

NOTE Confidence: 0.4461593556

 $00:16:21.394 \longrightarrow 00:16:22.822$ I'm glad to see that my research

NOTE Confidence: 0.4461593556

 $00:16:22.822 \longrightarrow 00:16:24.259$ team is part of the solution.

00:16:24.260 --> 00:16:25.985 When a computer based dreaming

NOTE Confidence: 0.4461593556

00:16:25.985 --> 00:16:27.020 of cognitive therapy,

NOTE Confidence: 0.4461593556

 $00:16:27.020 \longrightarrow 00:16:28.640$ which has been found effective in

NOTE Confidence: 0.4461593556

 $00:16:28.640 \longrightarrow 00:16:30.543$ the Latino community and I hope it

NOTE Confidence: 0.4461593556

00:16:30.543 --> 00:16:31.823 will be disseminated more broadly.

NOTE Confidence: 0.4461593556 00:16:31.830 --> 00:16:33.410 Time. NOTE Confidence: 0.4461593556

 $00:16:33.410 \longrightarrow 00:16:35.216$ This year has men have come to

NOTE Confidence: 0.4461593556

 $00:16:35.216 \longrightarrow 00:16:37.159$ feel and sense of belonging as a

NOTE Confidence: 0.4461593556

 $00:16:37.159 \longrightarrow 00:16:38.815$ member of the Anti Racism Task

NOTE Confidence: 0.4461593556

00:16:38.873 --> 00:16:40.310 Force Staff Subcommittee,

NOTE Confidence: 0.4461593556

 $00:16:40.310 \longrightarrow 00:16:42.065$ calling member of the Presynaptic

NOTE Confidence: 0.4461593556

 $00:16:42.065 \longrightarrow 00:16:43.820$ Workplace Survey Committee and also

NOTE Confidence: 0.4461593556

 $00:16:43.872 \longrightarrow 00:16:45.762$ lately calling member of the Mission

NOTE Confidence: 0.4461593556

 $00{:}16{:}45.762 \dashrightarrow 00{:}16{:}47.790$ Vision and value steaming writing group.

NOTE Confidence: 0.4461593556

00:16:47.790 --> 00:16:49.960 I'm starting to see a cultural shift

NOTE Confidence: 0.4461593556

 $00{:}16{:}49.960 \dashrightarrow 00{:}16{:}51.969$ where staff are being recognized.

 $00:16:51.970 \longrightarrow 00:16:54.458$ People that look like me are being given

NOTE Confidence: 0.4461593556

 $00{:}16{:}54.458 {\:\raisebox{--}{\text{--}}}{\:\raisebox{--}{\text{--}}}{\:\raisebox{--}{\text{--}}} 00{:}16{:}57.042$ the opportunity to be at the table to

NOTE Confidence: 0.4461593556

 $00:16:57.042 \longrightarrow 00:16:58.310$ help with systemic transformations.

NOTE Confidence: 0.4461593556

 $00{:}16{:}58.310 \dashrightarrow 00{:}16{:}59.912$ This makes me see there's an

NOTE Confidence: 0.4461593556

 $00{:}16{:}59.912 \dashrightarrow 00{:}17{:}01.508$ intention for change and I'm glad

NOTE Confidence: 0.4461593556

 $00:17:01.508 \longrightarrow 00:17:03.153$ to be part of an organization of.

NOTE Confidence: 0.4461593556

00:17:03.160 --> 00:17:04.450 And organizations striving

NOTE Confidence: 0.4461593556

 $00:17:04.450 \longrightarrow 00:17:06.600$ to be inclusive and diverse.

NOTE Confidence: 0.4461593556

 $00:17:06.600 \longrightarrow 00:17:08.520$ I hope to continue to be part of

NOTE Confidence: 0.4461593556

 $00:17:08.520 \longrightarrow 00:17:09.937$ that change and very importantly

NOTE Confidence: 0.4461593556

 $00:17:09.937 \longrightarrow 00:17:11.995$ I have come to meet and interact.

NOTE Confidence: 0.4461593556

 $00:17:12.000 \longrightarrow 00:17:14.044$ We were colleagues from all levels good

NOTE Confidence: 0.4461593556

 $00{:}17{:}14.044 \dashrightarrow 00{:}17{:}16.279$ in faculty and leadership and trainees,

NOTE Confidence: 0.4461593556

 $00:17:16.280 \longrightarrow 00:17:18.285$ which has been a wonderful

NOTE Confidence: 0.4461593556

 $00:17:18.285 \longrightarrow 00:17:19.488$ and collaborative experience.

00:17:19.490 --> 00:17:21.634 Badly this year has been at going to

NOTE Confidence: 0.4461593556

 $00{:}17{:}21.634 \dashrightarrow 00{:}17{:}24.196$ realize I have made some significant

NOTE Confidence: 0.4461593556

00:17:24.196 --> 00:17:24.686 accomplishment.

NOTE Confidence: 0.4461593556

 $00{:}17{:}24.690 \dashrightarrow 00{:}17{:}27.550$ My colleagues Brian Michelle Silva,

NOTE Confidence: 0.4461593556

00:17:27.550 --> 00:17:29.590 many parties and the Lake Kathy

NOTE Confidence: 0.4461593556

 $00:17:29.590 \longrightarrow 00:17:30.950$ Carol having instrumental in

NOTE Confidence: 0.4461593556

00:17:31.007 --> 00:17:32.309 my professional growth.

NOTE Confidence: 0.4461593556

 $00:17:32.310 \longrightarrow 00:17:34.038$ I am grateful for the support

NOTE Confidence: 0.4461593556

 $00:17:34.038 \longrightarrow 00:17:35.190$ they have given me.

NOTE Confidence: 0.4461593556

00:17:35.190 --> 00:17:36.730 That support has made it easier for

NOTE Confidence: 0.4461593556

 $00{:}17{:}36.730 \dashrightarrow 00{:}17{:}38.769$ me to go back to school to pursue

NOTE Confidence: 0.4461593556

 $00:17:38.769 \longrightarrow 00:17:40.500$ that totally agree in public health.

NOTE Confidence: 0.4461593556

00:17:40.500 --> 00:17:40.873 Mentorship,

NOTE Confidence: 0.4461593556

 $00:17:40.873 \longrightarrow 00:17:42.365$ education and training are

NOTE Confidence: 0.4461593556

 $00:17:42.365 \longrightarrow 00:17:44.872$ important to staff in order to have

NOTE Confidence: 0.4461593556

 $00:17:44.872 \longrightarrow 00:17:46.040$ a feeling of belonging,

 $00:17:46.040 \longrightarrow 00:17:48.728$ and I can testify to that.

NOTE Confidence: 0.4461593556

 $00{:}17{:}48.730 \dashrightarrow 00{:}17{:}50.424$ Thank you once again for the opportunity

NOTE Confidence: 0.4461593556

 $00:17:50.424 \longrightarrow 00:17:52.357$ to share my reflections with you all.

NOTE Confidence: 0.4461593556

00:17:52.360 --> 00:17:54.635 I say, let's continue to make yell

NOTE Confidence: 0.4461593556

00:17:54.635 --> 00:17:56.229 and inclusive workplace for staff,

NOTE Confidence: 0.4461593556

 $00:17:56.230 \longrightarrow 00:17:58.568$ faculty and trainees all work together now.

NOTE Confidence: 0.4461593556

 $00:17:58.570 \longrightarrow 00:18:00.630$ Welcoming and equitable environment

NOTE Confidence: 0.4461593556

 $00{:}18{:}00.630 \dashrightarrow 00{:}18{:}02.690$ where every one can participate,

NOTE Confidence: 0.4461593556

 $00{:}18{:}02.690 \dashrightarrow 00{:}18{:}04.370$ prosper and reach their full potential

NOTE Confidence: 0.4461593556

 $00{:}18{:}04.370 \longrightarrow 00{:}18{:}06.469$ and to the staff in the department.

NOTE Confidence: 0.4461593556

00:18:06.470 --> 00:18:07.630 In a position like me,

NOTE Confidence: 0.4461593556

 $00:18:07.630 \longrightarrow 00:18:09.340$ I can say even those who

NOTE Confidence: 0.4461593556

00:18:09.340 --> 00:18:10.480 don't think their leaders

NOTE Confidence: 0.795288015384615

 $00:18:10.543 \longrightarrow 00:18:12.183$ can be leaders. There is a

NOTE Confidence: 0.795288015384615

00:18:12.183 --> 00:18:14.160 leader in all of us. Thank you.

00:18:15.100 --> 00:18:15.949 Good morning everyone.

NOTE Confidence: 0.834528517333333

 $00:18:15.949 \longrightarrow 00:18:18.297$ My name is Michelle Silva and I'm an

NOTE Confidence: 0.834528517333333

 $00:18:18.297 \longrightarrow 00:18:19.842$ assistant professor in the department

NOTE Confidence: 0.834528517333333

 $00:18:19.842 \longrightarrow 00:18:22.027$ and clinician at the Hispanic Clinic in

NOTE Confidence: 0.834528517333333

 $00:18:22.027 \longrightarrow 00:18:24.120$ West Haven Mental Health Clinic at CMHC.

NOTE Confidence: 0.834528517333333

00:18:24.120 --> 00:18:26.297 Thank you for the opportunity to offer

NOTE Confidence: 0.834528517333333

 $00:18:26.297 \longrightarrow 00:18:28.292$ some reflections on what the past year

NOTE Confidence: 0.834528517333333

00:18:28.292 --> 00:18:30.394 has meant to me sitting down to record

NOTE Confidence: 0.834528517333333

 $00:18:30.394 \longrightarrow 00:18:32.270$ this message serves as a reminder of

NOTE Confidence: 0.834528517333333

 $00:18:32.270 \longrightarrow 00:18:34.538$ our new normal where parts of daily

NOTE Confidence: 0.834528517333333

 $00{:}18{:}34.538 \dashrightarrow 00{:}18{:}36.643$ life and connections to others continue

NOTE Confidence: 0.834528517333333

 $00:18:36.643 \longrightarrow 00:18:38.773$ to take place through a screen.

NOTE Confidence: 0.834528517333333

 $00:18:38.780 \longrightarrow 00:18:40.740$ I am humbled looking back at how life

NOTE Confidence: 0.834528517333333

 $00:18:40.740 \longrightarrow 00:18:42.970$ changed for all of us starting in March

NOTE Confidence: 0.834528517333333

 $00:18:42.970 \longrightarrow 00:18:45.154$ of 2020 and the immeasurable losses and.

NOTE Confidence: 0.834528517333333

 $00:18:45.160 \longrightarrow 00:18:47.360$ Being experienced by so many

 $00:18:47.360 \longrightarrow 00:18:48.840$ as mental health professionals,

NOTE Confidence: 0.834528517333333

 $00{:}18{:}48.840 \dashrightarrow 00{:}18{:}50.690$ we understand that the experience

NOTE Confidence: 0.834528517333333

 $00:18:50.690 \longrightarrow 00:18:52.533$ of grief is universal and that

NOTE Confidence: 0.834528517333333

00:18:52.533 --> 00:18:54.440 it often comes with deep sadness,

NOTE Confidence: 0.834528517333333

 $00:18:54.440 \longrightarrow 00:18:56.004$ disbelief, and even confusion.

NOTE Confidence: 0.834528517333333

 $00:18:56.004 \longrightarrow 00:18:57.959$ It also comes and goes,

NOTE Confidence: 0.834528517333333

 $00:18:57.960 \longrightarrow 00:19:00.746$ and so demands patience and self compassion.

NOTE Confidence: 0.834528517333333

 $00:19:00.750 \longrightarrow 00:19:03.039$ It can be uncomfortable to sit with

NOTE Confidence: 0.834528517333333

 $00:19:03.039 \dashrightarrow 00:19:05.480$ suffering both our own and that of others,

NOTE Confidence: 0.834528517333333

 $00{:}19{:}05.480 \dashrightarrow 00{:}19{:}07.728$ and the last two years have challenged us

NOTE Confidence: 0.834528517333333

00:19:07.728 --> 00:19:10.177 to come face to face with our fragility

NOTE Confidence: 0.834528517333333

 $00:19:10.177 \longrightarrow 00:19:12.175$ as we've adjusted and then readjusted

NOTE Confidence: 0.834528517333333

 $00{:}19{:}12.175 \dashrightarrow 00{:}19{:}14.329$ repeatedly to a change in reality.

NOTE Confidence: 0.834528517333333

 $00:19:14.330 \longrightarrow 00:19:16.038$ Get despite the challenges.

NOTE Confidence: 0.834528517333333

00:19:16.038 --> 00:19:17.746 We move forward optimistically,

00:19:17.750 --> 00:19:20.326 giving room to hope and the evolving

NOTE Confidence: 0.834528517333333

 $00{:}19{:}20.326 \dashrightarrow 00{:}19{:}21.430$ opportunity for transformation.

NOTE Confidence: 0.834528517333333

 $00:19:21.430 \longrightarrow 00:19:23.590$ I'd like to share 3 themes that come up

NOTE Confidence: 0.834528517333333

 $00:19:23.590 \longrightarrow 00:19:25.587$ when I think of the past year first.

NOTE Confidence: 0.834528517333333

00:19:25.590 --> 00:19:27.310 The essential need for community.

NOTE Confidence: 0.834528517333333

 $00:19:27.310 \longrightarrow 00:19:29.025$ I would not be here without the

NOTE Confidence: 0.834528517333333

00:19:29.025 --> 00:19:30.750 blessing of a Community family,

NOTE Confidence: 0.834528517333333

 $00{:}19{:}30.750 \dashrightarrow 00{:}19{:}32.350$ trusted friends and colleagues who

NOTE Confidence: 0.834528517333333

 $00:19:32.350 \longrightarrow 00:19:34.665$ have always been there to support and

NOTE Confidence: 0.834528517333333

00:19:34.665 --> 00:19:36.947 guide and my work with the Community

NOTE Confidence: 0.834528517333333

 $00{:}19{:}36.947 \dashrightarrow 00{:}19{:}37.990$ Subcommittee of the Department's

NOTE Confidence: 0.834528517333333

 $00:19:37.990 \longrightarrow 00:19:39.350$ Anti Racism Task Force.

NOTE Confidence: 0.834528517333333

 $00:19:39.350 \longrightarrow 00:19:41.513$ I have found a new community of

NOTE Confidence: 0.834528517333333

 $00:19:41.513 \longrightarrow 00:19:42.825$ committed and energetic leaders

NOTE Confidence: 0.834528517333333

 $00:19:42.825 \longrightarrow 00:19:44.799$ ready to engage in effect change.

NOTE Confidence: 0.834528517333333

00:19:44.800 --> 00:19:45.610 As a clinician,

 $00{:}19{:}45.610 \dashrightarrow 00{:}19{:}47.500$ I also work with people who struggle

NOTE Confidence: 0.834528517333333

 $00:19:47.556 \longrightarrow 00:19:49.191$ with experiences of rejection and

NOTE Confidence: 0.834528517333333

 $00:19:49.191 \longrightarrow 00:19:51.185$ belonging and others who find themselves

NOTE Confidence: 0.834528517333333

 $00:19:51.185 \longrightarrow 00:19:52.991$ disoriented in a new country and

NOTE Confidence: 0.834528517333333

 $00:19:52.991 \longrightarrow 00:19:54.668$ far from their support system.

NOTE Confidence: 0.834528517333333

 $00:19:54.668 \longrightarrow 00:19:56.588$ The resulting isolation was magnified

NOTE Confidence: 0.834528517333333

 $00:19:56.588 \longrightarrow 00:19:58.510$ during the pandemic and highlighted

NOTE Confidence: 0.834528517333333

 $00:19:58.510 \longrightarrow 00:20:00.280$ the importance of the services.

NOTE Confidence: 0.834528517333333

 $00:20:00.280 \longrightarrow 00:20:01.150$ We can offer.

NOTE Confidence: 0.834528517333333

 $00:20:01.150 \longrightarrow 00:20:02.890$ This leads to a second theme

NOTE Confidence: 0.834528517333333

 $00:20:02.890 \longrightarrow 00:20:04.798$ in the power of simplicity,

NOTE Confidence: 0.834528517333333

 $00{:}20{:}04.800 \to 00{:}20{:}06.904$ support and community can begin

NOTE Confidence: 0.834528517333333

 $00:20:06.904 \longrightarrow 00:20:09.160$ with a kind word or action,

NOTE Confidence: 0.834528517333333

 $00:20:09.160 \longrightarrow 00:20:10.846$ and those are things we each

NOTE Confidence: 0.834528517333333

 $00:20:10.846 \longrightarrow 00:20:12.480$ can readily offer one another.

 $00:20:12.480 \longrightarrow 00:20:14.846$ I am fortunate to work alongside dedicated.

NOTE Confidence: 0.834528517333333

 $00:20:14.850 \longrightarrow 00:20:15.942$ And generous colleagues and

NOTE Confidence: 0.834528517333333

00:20:15.942 --> 00:20:17.580 friends who give up their talents,

NOTE Confidence: 0.834528517333333

 $00:20:17.580 \longrightarrow 00:20:19.280$ time and compassion even when

NOTE Confidence: 0.834528517333333

 $00:20:19.280 \longrightarrow 00:20:21.323$ they are are exhausted and trying

NOTE Confidence: 0.834528517333333

 $00:20:21.323 \longrightarrow 00:20:22.738$ to do more with less.

NOTE Confidence: 0.834528517333333

 $00:20:22.740 \longrightarrow 00:20:24.606$ The demand for mental health services

NOTE Confidence: 0.834528517333333

00:20:24.606 --> 00:20:26.268 remains particularly high for youth

NOTE Confidence: 0.834528517333333

 $00{:}20{:}26.268 \dashrightarrow 00{:}20{:}27.720$ and Spanish speaking communities,

NOTE Confidence: 0.834528517333333

 $00:20:27.720 \longrightarrow 00:20:29.700$ but the commitment doesn't waver.

NOTE Confidence: 0.834528517333333

 $00:20:29.700 \longrightarrow 00:20:31.920$ Finally, the third theme is collaboration.

NOTE Confidence: 0.834528517333333

 $00:20:31.920 \longrightarrow 00:20:33.462$ We truly are more alike than

NOTE Confidence: 0.834528517333333

 $00:20:33.462 \longrightarrow 00:20:34.233$ we are different,

NOTE Confidence: 0.834528517333333

 $00:20:34.240 \longrightarrow 00:20:35.315$ and we can accomplish more

NOTE Confidence: 0.834528517333333

 $00:20:35.315 \longrightarrow 00:20:36.175$ together than we will.

NOTE Confidence: 0.834528517333333 00:20:36.180 --> 00:20:36.504 Separately.

 $00:20:36.504 \longrightarrow 00:20:38.124$ Collaboration allows us to see

NOTE Confidence: 0.834528517333333

 $00:20:38.124 \longrightarrow 00:20:39.762$ beyond the limits and borders

NOTE Confidence: 0.834528517333333

 $00:20:39.762 \longrightarrow 00:20:41.454$ that we may have for ourselves,

NOTE Confidence: 0.834528517333333

 $00:20:41.460 \longrightarrow 00:20:43.512$ and imagine new possibilities.

NOTE Confidence: 0.834528517333333 00:20:43.512 --> 00:20:44.538 In closing, NOTE Confidence: 0.834528517333333

 $00:20:44.540 \longrightarrow 00:20:45.688$ I share a quote.

NOTE Confidence: 0.834528517333333

00:20:45.688 --> 00:20:47.410 I've embraced for difficult times and

NOTE Confidence: 0.834528517333333

 $00:20:47.472 \longrightarrow 00:20:49.782$ that reminds me of the importance of

NOTE Confidence: 0.834528517333333

 $00:20:49.782 \longrightarrow 00:20:51.790$ intentionally moving from asking why to now.

NOTE Confidence: 0.834528517333333

 $00:20:51.790 \longrightarrow 00:20:53.870$ What am I going to do about this?

NOTE Confidence: 0.834528517333333

 $00:20:53.870 \longrightarrow 00:20:55.328$ Change is inevitable,

NOTE Confidence: 0.834528517333333

 $00:20:55.328 \longrightarrow 00:20:58.244$ but transformation is by conscious choice.

NOTE Confidence: 0.916024065

 $00{:}20{:}58.250 \dashrightarrow 00{:}20{:}59.750$ Thank you for listening and

NOTE Confidence: 0.916024065

 $00:20:59.750 \longrightarrow 00:21:01.750$ wishing you all a safe, healthy

NOTE Confidence: 0.916024065

 $00:21:01.750 \longrightarrow 00:21:03.170$ and enjoyable start to summer.

 $00:21:10.410 \longrightarrow 00:21:14.640$ Wow. I I want to thank.

NOTE Confidence: 0.904565338333333

 $00:21:14.640 \longrightarrow 00:21:16.842$ Although the people who made

NOTE Confidence: 0.904565338333333

 $00:21:16.842 \longrightarrow 00:21:18.634$ those videos that's Doctor

NOTE Confidence: 0.904565338333333

 $00:21:18.634 \longrightarrow 00:21:20.750$ Richard Belitsky Dr Amanda Child.

NOTE Confidence: 0.904565338333333

00:21:20.750 --> 00:21:22.490 Doctor Rina Estrellas,

NOTE Confidence: 0.904565338333333

00:21:22.490 --> 00:21:24.230 doctor Frank Fortunati,

NOTE Confidence: 0.904565338333333

 $00:21:24.230 \longrightarrow 00:21:28.874$ Miss Edelen Paramillo and doctor Michelle

NOTE Confidence: 0.904565338333333

 $00:21:28.874 \longrightarrow 00:21:33.250$ Silva for those wonderful impactful.

NOTE Confidence: 0.904565338333333

 $00:21:33.250 \longrightarrow 00:21:36.270$ And generous and brave videos,

NOTE Confidence: 0.904565338333333

 $00:21:36.270 \longrightarrow 00:21:38.391$ and I think I couldn't ask for

NOTE Confidence: 0.9045653383333333

 $00:21:38.391 \longrightarrow 00:21:40.519$ a better start to this state

NOTE Confidence: 0.904565338333333

 $00:21:40.519 \longrightarrow 00:21:42.055$ of the department address.

NOTE Confidence: 0.8688659134

00:21:44.320 --> 00:21:48.320 At this point I'm going to share my

NOTE Confidence: 0.8688659134

 $00:21:48.320 \longrightarrow 00:21:52.120$ screen and and shift to the more

NOTE Confidence: 0.8688659134

 $00:21:52.120 \longrightarrow 00:21:56.150$ formal part of the presentation.

NOTE Confidence: 0.8688659134

 $00{:}21{:}56.150 \dashrightarrow 00{:}21{:}59.086$ So again, we lcome to the 2022

 $00:21:59.086 \longrightarrow 00:22:01.966$ state of the department address.

NOTE Confidence: 0.8688659134

 $00:22:01.970 \longrightarrow 00:22:03.858$ Before I go forward,

NOTE Confidence: 0.8688659134

 $00:22:03.858 \longrightarrow 00:22:07.550$ I want to acknowledge my financial interest.

NOTE Confidence: 0.8688659134

00:22:07.550 --> 00:22:10.862 I have a stock in a company Biohaven

NOTE Confidence: 0.8688659134

 $00:22:10.862 \longrightarrow 00:22:13.056$ Pharmaceuticals that is publicly traded

NOTE Confidence: 0.8688659134

 $00:22:13.056 \longrightarrow 00:22:15.624$ and stock and some other startups.

NOTE Confidence: 0.8688659134

 $00:22:15.630 \longrightarrow 00:22:18.302$ I consult the pharmaceutical

NOTE Confidence: 0.8688659134

00:22:18.302 --> 00:22:19.924 companies I have.

NOTE Confidence: 0.8688659134

 $00{:}22{:}19.924 \dashrightarrow 00{:}22{:}23.265$ Yale has a share of patents that

NOTE Confidence: 0.8688659134

 $00{:}22{:}23.265 \dashrightarrow 00{:}22{:}25.640$ have been licensed to various

NOTE Confidence: 0.8688659134

00:22:25.640 --> 00:22:26.590 pharmaceutical companies,

NOTE Confidence: 0.8688659134

 $00:22:26.590 \longrightarrow 00:22:30.006$ in particular related to the use of

NOTE Confidence: 0.8688659134

 $00{:}22{:}30.010 \dashrightarrow 00{:}22{:}31.734$ intranasal ketamine for depression.

NOTE Confidence: 0.8688659134

 $00:22:31.734 \longrightarrow 00:22:33.027$ And suicide risk.

NOTE Confidence: 0.912504008888889

00:22:36.170 --> 00:22:39.167 So I'm going to talk a bit about resilience,

 $00:22:39.170 \longrightarrow 00:22:41.894$ continuing the themes of the presentations

NOTE Confidence: 0.912504008888889

 $00{:}22{:}41.894 \longrightarrow 00{:}22{:}45.510$ that you just heard and talk a little

NOTE Confidence: 0.912504008888889

00:22:45.510 --> 00:22:47.665 bit about our department community,

NOTE Confidence: 0.912504008888889

00:22:47.670 --> 00:22:49.398 our educational mission,

NOTE Confidence: 0.912504008888889

00:22:49.398 --> 00:22:51.920 our clinical programs, our research,

NOTE Confidence: 0.912504008888889

00:22:51.920 --> 00:22:54.290 and then recognize some very important

NOTE Confidence: 0.912504008888889

 $00:22:54.290 \longrightarrow 00:22:56.620$ transitions in our department this year.

NOTE Confidence: 0.84983163

 $00:23:00.260 \longrightarrow 00:23:06.056$ This word cloud was created by.

NOTE Confidence: 0.84983163

00:23:06.060 --> 00:23:08.235 Members of our medical school

NOTE Confidence: 0.84983163

00:23:08.235 --> 00:23:10.410 community who completed a stress

NOTE Confidence: 0.84983163

 $00{:}23{:}10.484 \dashrightarrow 00{:}23{:}13.009$ question naire and wrote certain words

NOTE Confidence: 0.84983163

 $00{:}23{:}13.009 \dashrightarrow 00{:}23{:}15.534$ into their into the question naire,

NOTE Confidence: 0.84983163

 $00{:}23{:}15.540 \dashrightarrow 00{:}23{:}18.545$ which expressed the themes that

NOTE Confidence: 0.84983163

00:23:18.545 --> 00:23:21.550 that they were struggling with.

NOTE Confidence: 0.84983163

 $00:23:21.550 \longrightarrow 00:23:25.345$ And as you can see our

NOTE Confidence: 0.84983163

 $00:23:25.345 \longrightarrow 00:23:29.720$ time over the past year.

 $00:23:29.720 \longrightarrow 00:23:31.862$ Recapitulates many of the themes that

NOTE Confidence: 0.84983163

 $00{:}23{:}31.862 \to 00{:}23{:}34.306$ you just heard about and we continue

NOTE Confidence: 0.84983163

00:23:34.306 --> 00:23:36.520 to be in an evolving maelstrom in

NOTE Confidence: 0.84983163

 $00:23:36.520 \longrightarrow 00:23:38.760$ the sense that we just learned that

NOTE Confidence: 0.84983163

 $00:23:38.760 \longrightarrow 00:23:41.068$ the Supreme Court overturned the Roe.

NOTE Confidence: 0.84983163

00:23:41.070 --> 00:23:43.650 V Wade.

NOTE Confidence: 0.84983163

 $00:23:43.650 \longrightarrow 00:23:50.349$ Decision and and which is yet another.

NOTE Confidence: 0.84983163

 $00:23:50.350 \longrightarrow 00:23:51.810$ Challenge for our community.

NOTE Confidence: 0.883788682210526

 $00{:}23{:}54.940 \dashrightarrow 00{:}23{:}58.146$ I wanted to thank Ayanna Jordan who

NOTE Confidence: 0.883788682210526

 $00:23:58.146 \longrightarrow 00:24:00.485$ delivered an incredible graduation address

NOTE Confidence: 0.883788682210526

 $00{:}24{:}00.485 \dashrightarrow 00{:}24{:}04.430$ and we miss her in our community and at

NOTE Confidence: 0.883788682210526

 $00:24:04.430 \longrightarrow 00:24:07.440$ one point in her in her presentation,

NOTE Confidence: 0.883788682210526

 $00{:}24{:}07.440 \dashrightarrow 00{:}24{:}11.846$ she asked people on the on the on

NOTE Confidence: 0.883788682210526

 $00:24:11.846 \longrightarrow 00:24:14.293$ the attending, the grand rounds

NOTE Confidence: 0.883788682210526

00:24:14.293 --> 00:24:16.398 presentation to contribute to the

 $00:24:16.398 \longrightarrow 00:24:18.938$ creation of a resilience word cloud.

NOTE Confidence: 0.883788682210526

 $00:24:18.940 \longrightarrow 00:24:23.404$ And here you see the themes of what

NOTE Confidence: 0.883788682210526

 $00:24:23.404 \longrightarrow 00:24:26.539$ people entered into that effort.

NOTE Confidence: 0.883788682210526

 $00:24:26.540 \longrightarrow 00:24:30.572$ And exercise family friends

NOTE Confidence: 0.883788682210526

00:24:30.572 --> 00:24:34.560 time saying no speaking up hugs

NOTE Confidence: 0.883788682210526

 $00:24:34.560 \longrightarrow 00:24:37.242$ wisdom biking therapy meditation.

NOTE Confidence: 0.883788682210526

00:24:37.242 --> 00:24:40.018 We're a resilient community

NOTE Confidence: 0.883788682210526

 $00:24:40.018 \longrightarrow 00:24:43.680$ and we draw on each other,

NOTE Confidence: 0.883788682210526

 $00:24:43.680 \longrightarrow 00:24:47.180$ and we draw on many personal activities

NOTE Confidence: 0.883788682210526

 $00:24:47.180 \longrightarrow 00:24:49.903$ that are provide us with pleasure

NOTE Confidence: 0.883788682210526

 $00:24:49.903 \longrightarrow 00:24:53.758$ and and help us to have a capacity to

NOTE Confidence: 0.883788682210526

 $00:24:53.758 \longrightarrow 00:24:56.266$ manage with the many challenges that

NOTE Confidence: 0.883788682210526

 $00:24:56.266 \longrightarrow 00:24:59.037$ we face personally and in our missions.

NOTE Confidence: 0.883788682210526

 $00:24:59.040 \longrightarrow 00:25:02.430$ Departmental missions.

NOTE Confidence: 0.883788682210526

00:25:02.430 --> 00:25:07.560 So overall, how are we doing as a department?

NOTE Confidence: 0.883788682210526

 $00:25:07.560 \longrightarrow 00:25:09.366$ Let me just say a little bit

 $00:25:09.366 \longrightarrow 00:25:10.140$ about our faculty.

NOTE Confidence: 0.883788682210526

00:25:10.140 --> 00:25:11.496 As you probably know,

NOTE Confidence: 0.883788682210526

 $00:25:11.496 \longrightarrow 00:25:12.852$ we're the second largest

NOTE Confidence: 0.883788682210526

 $00:25:12.852 \longrightarrow 00:25:14.660$ department in the medical school.

NOTE Confidence: 0.883788682210526

00:25:14.660 --> 00:25:16.112 We're about 70% Caucasian,

NOTE Confidence: 0.883788682210526

 $00:25:16.112 \longrightarrow 00:25:19.200$ and we're one of the only departments.

NOTE Confidence: 0.883788682210526

 $00:25:19.200 \longrightarrow 00:25:21.520$ Maybe the only department

NOTE Confidence: 0.883788682210526

 $00:25:21.520 \longrightarrow 00:25:23.360$ in the medical school,

NOTE Confidence: 0.883788682210526

 $00:25:23.360 \longrightarrow 00:25:24.720$ if not the university,

NOTE Confidence: 0.883788682210526

 $00:25:24.720 \longrightarrow 00:25:26.248$ which is majority female.

NOTE Confidence: 0.814627650833333

 $00:25:28.610 \longrightarrow 00:25:30.660$ About half of the department

NOTE Confidence: 0.814627650833333

 $00:25:30.660 \longrightarrow 00:25:33.779$ hold the MD or MD PhD degree,

NOTE Confidence: 0.814627650833333

 $00{:}25{:}33.780 \dashrightarrow 00{:}25{:}36.468$ the department faculty.

NOTE Confidence: 0.814627650833333

 $00:25:36.470 \longrightarrow 00:25:39.470$ And the other half predominantly

NOTE Confidence: 0.814627650833333

 $00:25:39.470 \longrightarrow 00:25:43.308$ hold PhD degrees in psychology and

 $00:25:43.308 \longrightarrow 00:25:46.276$ neuroscience and other specialties.

NOTE Confidence: 0.814627650833333

00:25:46.280 --> 00:25:48.635 In terms of faculty tracks

NOTE Confidence: 0.814627650833333

 $00:25:48.635 \longrightarrow 00:25:50.048$ within the department,

NOTE Confidence: 0.814627650833333

 $00{:}25{:}50.050 \dashrightarrow 00{:}25{:}53.396$ about 14% are in the clinician track.

NOTE Confidence: 0.814627650833333

 $00:25:53.400 \longrightarrow 00:25:55.835$ About half are in the

NOTE Confidence: 0.814627650833333

00:25:55.835 --> 00:25:57.296 clinician educator track.

NOTE Confidence: 0.814627650833333

 $00:25:57.300 \longrightarrow 00:26:00.702$ And about 20% are in the

NOTE Confidence: 0.814627650833333

00:26:00.702 --> 00:26:02.800 clinician scientist track and

NOTE Confidence: 0.814627650833333

 $00:26:02.800 \longrightarrow 00:26:04.750$ an equal percentage in the

NOTE Confidence: 0.814627650833333

 $00:26:04.750 \longrightarrow 00:26:06.310$ investigator or traditional tracts.

NOTE Confidence: 0.851502244

 $00{:}26{:}08.930 \dashrightarrow 00{:}26{:}12.750$ In terms of our NIH direct costs

NOTE Confidence: 0.851502244

 $00{:}26{:}12.750 \dashrightarrow 00{:}26{:}14.990$ attributable to the department,

NOTE Confidence: 0.851502244

 $00:26:14.990 \longrightarrow 00:26:16.710$ we went down a little bit this year,

NOTE Confidence: 0.851502244

00:26:16.710 --> 00:26:21.390 but still, an incredible research portfolio.

NOTE Confidence: 0.851502244

00:26:21.390 --> 00:26:23.550 A little over \$91 million,

NOTE Confidence: 0.851502244

 $00:26:23.550 \longrightarrow 00:26:26.665$ which makes us #2 in the United

00:26:26.665 --> 00:26:30.088 States in terms of NIH grant support.

NOTE Confidence: 0.851502244

00:26:30.090 --> 00:26:32.958 And we have significant VA and

NOTE Confidence: 0.851502244

 $00:26:32.958 \longrightarrow 00:26:34.870$ Department of Defense support.

NOTE Confidence: 0.851502244

 $00:26:34.870 \longrightarrow 00:26:37.036$ Were among the top programs in

NOTE Confidence: 0.851502244

 $00:26:37.036 \longrightarrow 00:26:39.191$ the country and our psychiatry

NOTE Confidence: 0.851502244

00:26:39.191 --> 00:26:43.840 and psychology programs, and we.

NOTE Confidence: 0.851502244

00:26:43.840 --> 00:26:46.996 Continue to be drawing a very

NOTE Confidence: 0.851502244

 $00:26:46.996 \longrightarrow 00:26:49.100$ outstanding group of applicants

NOTE Confidence: 0.851502244

 $00:26:49.195 \longrightarrow 00:26:50.870$ for our trainee programs.

NOTE Confidence: 0.851502244

 $00{:}26{:}50.870 \dashrightarrow 00{:}26{:}53.010$ Yale, New Haven Psychiatric

NOTE Confidence: 0.851502244

 $00{:}26{:}53.010 \dashrightarrow 00{:}26{:}55.858$ Hospital was ranked number 11 in

NOTE Confidence: 0.851502244

 $00{:}26{:}55.858 \dashrightarrow 00{:}26{:}58.788$ the country and we continue to be a

NOTE Confidence: 0.851502244

 $00{:}26{:}58.788 \dashrightarrow 00{:}27{:}02.149$ safety net and a national referral.

NOTE Confidence: 0.851502244

00:27:02.150 --> 00:27:03.680 Uh, center?

NOTE Confidence: 0.8455895

 $00:27:06.590 \longrightarrow 00:27:09.794$ In terms of monitoring our the progress

00:27:09.794 --> 00:27:12.810 of of diversifying our department,

NOTE Confidence: 0.8455895

 $00{:}27{:}12.810 \dashrightarrow 00{:}27{:}15.970$ you see at the assistant professor

NOTE Confidence: 0.8455895

 $00:27:15.970 \longrightarrow 00:27:19.570$ rank that there is a substantial

NOTE Confidence: 0.8455895

 $00:27:19.570 \longrightarrow 00:27:23.479$ female predominance currently.

NOTE Confidence: 0.8455895

 $00:27:23.480 \longrightarrow 00:27:27.750$ At the associate professor level.

NOTE Confidence: 0.8455895

00:27:27.750 --> 00:27:30.990 It is, it is not quite,

NOTE Confidence: 0.8455895

 $00:27:30.990 \longrightarrow 00:27:33.066$ but close to 5050 and still

NOTE Confidence: 0.8455895

 $00:27:33.066 \longrightarrow 00:27:35.920$ a gap at the professor level.

NOTE Confidence: 0.8455895

 $00{:}27{:}35.920 \dashrightarrow 00{:}27{:}37.490$ And as you can see,

NOTE Confidence: 0.8455895

 $00:27:37.490 \longrightarrow 00:27:39.610$ the number of female professors

NOTE Confidence: 0.8455895

 $00:27:39.610 \longrightarrow 00:27:42.708$ in relation to the number of of

NOTE Confidence: 0.8455895

 $00{:}27{:}42.708 \dashrightarrow 00{:}27{:}44.496$ male professors is gradually

NOTE Confidence: 0.8455895

 $00:27:44.496 \longrightarrow 00:27:47.000$ getting closer and closer to 5050.

NOTE Confidence: 0.903606811666667

 $00:27:50.280 \longrightarrow 00:27:52.692$ However, with regards to

NOTE Confidence: 0.903606811666667

 $00:27:52.692 \longrightarrow 00:27:54.219$ the departmental faculty,

NOTE Confidence: 0.903606811666667

 $00{:}27{:}54.219 \dashrightarrow 00{:}27{:}57.090$ we still have a long way to go to

00:27:57.168 --> 00:28:00.528 achieve diversity at the this I'm

NOTE Confidence: 0.903606811666667

 $00:28:00.528 \longrightarrow 00:28:02.596$ currently showing the assistant

NOTE Confidence: 0.903606811666667

 $00{:}28{:}02.596 \dashrightarrow 00{:}28{:}05.144$ professors where you can see that

NOTE Confidence: 0.903606811666667

 $00:28:05.144 \longrightarrow 00:28:09.348$ we're over 80% Caucasian, and.

NOTE Confidence: 0.90982814875

 $00:28:11.850 \longrightarrow 00:28:14.582$ Lower rates of other

NOTE Confidence: 0.90982814875

 $00:28:14.582 \longrightarrow 00:28:17.314$ racial and ethnic groups.

NOTE Confidence: 0.90982814875

00:28:17.320 --> 00:28:21.622 And that disparity is even greater at the.

NOTE Confidence: 0.90982814875

 $00:28:21.622 \longrightarrow 00:28:23.377$ I'm sorry those were numbers.

NOTE Confidence: 0.90982814875

 $00:28:23.380 \longrightarrow 00:28:24.898$ Not not percentages.

NOTE Confidence: 0.90982814875

 $00:28:24.898 \longrightarrow 00:28:28.333$ But the disparity is even greater at

NOTE Confidence: 0.90982814875

00:28:28.333 --> 00:28:30.298 the associate and professor level,

NOTE Confidence: 0.90982814875

 $00:28:30.300 \longrightarrow 00:28:33.726$ so this is an area that.

NOTE Confidence: 0.90982814875

 $00:28:33.730 \longrightarrow 00:28:37.210$ Will require continued focused effort.

NOTE Confidence: 0.918930118333333

00:28:39.600 --> 00:28:41.796 In terms of the department's budget,

NOTE Confidence: 0.918930118333333

 $00:28:41.800 \longrightarrow 00:28:44.638$ the department's budget grew by about

00:28:44.638 --> 00:28:47.832 10 million from about 1:49 last year

NOTE Confidence: 0.918930118333333

 $00:28:47.832 \longrightarrow 00:28:50.944$ to about \$159 million this year.

NOTE Confidence: 0.918930118333333

 $00:28:50.944 \longrightarrow 00:28:54.310$ And the majority of our department

NOTE Confidence: 0.918930118333333

00:28:54.416 --> 00:28:57.888 budget is about is like in prior years

NOTE Confidence: 0.918930118333333

 $00:28:57.888 \longrightarrow 00:29:00.480$ related to the research mission of

NOTE Confidence: 0.918930118333333

 $00:29:00.569 \longrightarrow 00:29:03.464$ the department and reflects grants

NOTE Confidence: 0.918930118333333

 $00:29:03.464 \longrightarrow 00:29:06.338$ from various sources contracts about

NOTE Confidence: 0.918930118333333

 $00:29:06.338 \longrightarrow 00:29:09.128$ 34% of the department's revenues

NOTE Confidence: 0.918930118333333

00:29:09.128 --> 00:29:11.910 come from our clinical work.

NOTE Confidence: 0.918930118333333

 $00:29:11.910 \longrightarrow 00:29:16.486$ And a smaller percentage from other sources.

NOTE Confidence: 0.852110922

 $00:29:19.450 \longrightarrow 00:29:23.630$ As you've heard, a major.

NOTE Confidence: 0.852110922

 $00:29:23.630 \longrightarrow 00:29:26.660$ Effort in the department has been

NOTE Confidence: 0.852110922

 $00{:}29{:}26.660 \dashrightarrow 00{:}29{:}30.289$ the Anti Racism task force and and

NOTE Confidence: 0.852110922

 $00{:}29{:}30.289 \dashrightarrow 00{:}29{:}33.319$ we are extremely fortunate that the

NOTE Confidence: 0.852110922

00:29:33.319 --> 00:29:36.553 task force is Co led by Doctor Cindy

NOTE Confidence: 0.852110922

 $00{:}29{:}36.553 \dashrightarrow 00{:}29{:}39.430$ Cousteau who's not only our deputy chair

 $00:29:39.512 \longrightarrow 00:29:42.235$ for DUI but also associate Dean for

NOTE Confidence: 0.852110922

 $00:29:42.235 \longrightarrow 00:29:44.878$ gender equity for the medical school.

NOTE Confidence: 0.852110922

 $00:29:44.880 \longrightarrow 00:29:46.932$ And as you've heard,

NOTE Confidence: 0.852110922

 $00:29:46.932 \longrightarrow 00:29:50.472$ reflects the work of 6 subcommittees that

NOTE Confidence: 0.852110922

 $00:29:50.472 \longrightarrow 00:29:54.246$ are Co led by the people of listed here.

NOTE Confidence: 0.852110922

 $00:29:54.246 \longrightarrow 00:29:57.418$ Each of these subcommittees has been

NOTE Confidence: 0.852110922

00:29:57.418 --> 00:30:01.674 working for a very long period of

NOTE Confidence: 0.852110922

 $00:30:01.674 \dashrightarrow 00:30:06.496$ time and and given of themselves

NOTE Confidence: 0.852110922

 $00{:}30{:}06.496 \dashrightarrow 00{:}30{:}09.268$ to contribute to the anti racism

NOTE Confidence: 0.852110922

 $00:30:09.268 \longrightarrow 00:30:11.600$ work within the department.

NOTE Confidence: 0.852110922

 $00:30:11.600 \longrightarrow 00:30:13.550$ To my knowledge the anti racism

NOTE Confidence: 0.852110922

 $00:30:13.550 \longrightarrow 00:30:16.007$ task force is not only the

NOTE Confidence: 0.852110922

 $00{:}30{:}16.007 \dashrightarrow 00{:}30{:}17.639$ largest departmental initiative,

NOTE Confidence: 0.852110922

 $00:30:17.640 \longrightarrow 00:30:20.240$ but also the most sustained

NOTE Confidence: 0.852110922

 $00:30:20.240 \longrightarrow 00:30:22.840$ initiative and in our department

00:30:22.840 --> 00:30:25.460 over 90 participants from faculty,

NOTE Confidence: 0.852110922

 $00:30:25.460 \longrightarrow 00:30:28.538$ staff and trainees and also

NOTE Confidence: 0.852110922

 $00:30:28.538 \longrightarrow 00:30:30.590$ from our surrounding community.

NOTE Confidence: 0.852110922

 $00:30:30.590 \longrightarrow 00:30:34.680$ We now have reports from.

NOTE Confidence: 0.852110922

 $00:30:34.680 \longrightarrow 00:30:37.404$ Subcommittees and our consolidating.

NOTE Confidence: 0.852110922

00:30:37.404 --> 00:30:41.821 I believe maybe just one more group,

NOTE Confidence: 0.852110922

 $00:30:41.821 \longrightarrow 00:30:43.476$ needs to submit the report,

NOTE Confidence: 0.852110922

 $00{:}30{:}43.480 \dashrightarrow 00{:}30{:}46.180$ and we're recommending we're

NOTE Confidence: 0.852110922

 $00:30:46.180 \longrightarrow 00:30:48.205$ consolidating the recommendations

NOTE Confidence: 0.852110922

 $00:30:48.205 \longrightarrow 00:30:50.855$ into a document that will enable

NOTE Confidence: 0.852110922

 $00{:}30{:}50.855 \dashrightarrow 00{:}30{:}53.775$ us to focus our our anti racism

NOTE Confidence: 0.852110922

 $00{:}30{:}53.775 \dashrightarrow 00{:}30{:}56.778$ efforts in ways that are likely to

NOTE Confidence: 0.852110922

 $00:30:56.778 \longrightarrow 00:31:00.213$ have the most impact so that we

NOTE Confidence: 0.852110922

 $00:31:00.213 \longrightarrow 00:31:02.161$ can prepare for implementation.

NOTE Confidence: 0.90184424222222

 $00:31:05.300 \longrightarrow 00:31:09.125$ One of the spinoffs of our of our department.

NOTE Confidence: 0.907583465454545

00:31:11.580 --> 00:31:14.064 Anti Racism Task force has been

 $00:31:14.064 \longrightarrow 00:31:16.266$ the recognition that we should

NOTE Confidence: 0.907583465454545

00:31:16.266 --> 00:31:19.068 develop a formal mission vision and

NOTE Confidence: 0.907583465454545

 $00:31:19.068 \longrightarrow 00:31:21.599$ value statement for our department

NOTE Confidence: 0.907583465454545

 $00:31:21.600 \longrightarrow 00:31:24.554$ because so much of what one does.

NOTE Confidence: 0.907583465454545

 $00:31:24.560 \longrightarrow 00:31:28.370$ In trying to develop the.

NOTE Confidence: 0.907583465454545

 $00:31:28.370 \longrightarrow 00:31:31.536$ Culture of our department needs to

NOTE Confidence: 0.907583465454545

 $00:31:31.536 \longrightarrow 00:31:34.280$ refer back to what it is that we're

NOTE Confidence: 0.907583465454545

 $00:31:34.361 \longrightarrow 00:31:37.169$ all trying to do and and to do that.

NOTE Confidence: 0.907583465454545

 $00:31:37.170 \longrightarrow 00:31:38.073$ To accomplish that,

NOTE Confidence: 0.907583465454545

 $00{:}31{:}38.073 \dashrightarrow 00{:}31{:}40.180$ we need to have a clear mission

NOTE Confidence: 0.907583465454545

 $00:31:40.240 \longrightarrow 00:31:43.089$ and vision and value statement.

NOTE Confidence: 0.907583465454545

 $00:31:43.090 \longrightarrow 00:31:45.924$ A work group was led by Kyle Peterson

NOTE Confidence: 0.907583465454545

 $00{:}31{:}45.924 \dashrightarrow 00{:}31{:}48.983$ and involved many people from the Anti

NOTE Confidence: 0.907583465454545

00:31:48.983 --> 00:31:51.679 Racism Task force which led to the

NOTE Confidence: 0.907583465454545

00:31:51.679 --> 00:31:54.100 creation of a writing group which.

 $00:31:56.360 \longrightarrow 00:32:00.986$ Included the 10 people listed here

NOTE Confidence: 0.697685057454545

 $00:32:00.986 \dashrightarrow 00:32:04.820$ including Ukelin Karamu who just.

NOTE Confidence: 0.697685057454545

00:32:04.820 --> 00:32:07.856 Who's a video you just saw?

NOTE Confidence: 0.697685057454545

 $00:32:07.860 \longrightarrow 00:32:10.401$ And I want to thank the writing

NOTE Confidence: 0.697685057454545

 $00:32:10.401 \longrightarrow 00:32:12.190$ group for their efforts.

NOTE Confidence: 0.697685057454545

00:32:12.190 --> 00:32:15.943 The the writing group did build from

NOTE Confidence: 0.697685057454545

00:32:15.943 --> 00:32:18.682 a department wide survey in 2021,

NOTE Confidence: 0.697685057454545

 $00:32:18.682 \longrightarrow 00:32:20.610$ created a first draft,

NOTE Confidence: 0.697685057454545

00:32:20.610 --> 00:32:23.328 conducted some focus group feedback sessions,

NOTE Confidence: 0.697685057454545

 $00:32:23.330 \longrightarrow 00:32:25.750$ created, then a revised draft,

NOTE Confidence: 0.697685057454545

 $00{:}32{:}25.750 \dashrightarrow 00{:}32{:}28.732$ and that revised draft is available for

NOTE Confidence: 0.697685057454545

 $00:32:28.732 \longrightarrow 00:32:31.888$ comment now and will continue to be

NOTE Confidence: 0.697685057454545

00:32:31.888 --> 00:32:34.582 available for comment until June 30th,

NOTE Confidence: 0.697685057454545

 $00:32:34.590 \longrightarrow 00:32:38.148$ and I hope you'll take the

NOTE Confidence: 0.697685057454545

00:32:38.148 --> 00:32:41.930 opportunity to to click on this link.

NOTE Confidence: 0.697685057454545

 $00:32:41.930 \dashrightarrow 00:32:45.393$ And and anyone who would like to

 $00:32:45.393 \longrightarrow 00:32:48.308$ do so in and can't reach the link,

NOTE Confidence: 0.697685057454545

 $00{:}32{:}48.308 \dashrightarrow 00{:}32{:}50.564$ please just contact my office and

NOTE Confidence: 0.697685057454545

 $00:32:50.564 \longrightarrow 00:32:52.720$ we'll provide the link for you.

NOTE Confidence: 0.697685057454545

 $00:32:52.720 \longrightarrow 00:32:55.345$ So that you can provide feedback on

NOTE Confidence: 0.697685057454545

 $00{:}32{:}55.345 \dashrightarrow 00{:}32{:}57.275$ the mission vision value statement

NOTE Confidence: 0.697685057454545

 $00:32:57.275 \longrightarrow 00:33:00.219$ so that we can develop a final draft.

NOTE Confidence: 0.697685057454545

 $00:33:00.220 \longrightarrow 00:33:03.358$ Here is the current draft language.

NOTE Confidence: 0.697685057454545

 $00:33:03.360 \longrightarrow 00:33:05.035$ The Yale Department of Psychiatry

NOTE Confidence: 0.697685057454545

00:33:05.035 --> 00:33:06.710 is dedicated to enhancing holistic,

NOTE Confidence: 0.697685057454545 00:33:06.710 --> 00:33:07.674 well being,

NOTE Confidence: 0.697685057454545

 $00{:}33{:}07.674 \dashrightarrow 00{:}33{:}09.602$ facilitating recovery and reducing

NOTE Confidence: 0.697685057454545

00:33:09.602 --> 00:33:11.530 the suffering and oppression

NOTE Confidence: 0.697685057454545

 $00{:}33{:}11.604 \dashrightarrow 00{:}33{:}13.600$ associated with mental illness.

NOTE Confidence: 0.697685057454545

 $00{:}33{:}13.600 \dashrightarrow 00{:}33{:}16.558$ We do this through the education

NOTE Confidence: 0.697685057454545

00:33:16.558 --> 00:33:18.037 of transformative leaders.

00:33:18.040 --> 00:33:21.040 Excellence in research practice and policy,

NOTE Confidence: 0.697685057454545

 $00{:}33{:}21.040 \dashrightarrow 00{:}33{:}23.600$ and restorative and reciprocal

NOTE Confidence: 0.697685057454545

 $00:33:23.600 \longrightarrow 00:33:24.880$ community engagement.

NOTE Confidence: 0.697685057454545

 $00:33:24.880 \longrightarrow 00:33:27.166$ We embrace multiple approaches to learning

NOTE Confidence: 0.697685057454545

 $00:33:27.166 \longrightarrow 00:33:29.690$ levels of analysis and ways of knowing.

NOTE Confidence: 0.697685057454545

00:33:29.690 --> 00:33:30.647 Throughout this work,

NOTE Confidence: 0.697685057454545

 $00{:}33{:}30.647 \dashrightarrow 00{:}33{:}32.561$ we strive to nurture a diverse

NOTE Confidence: 0.697685057454545

00:33:32.561 --> 00:33:34.268 community of trainees, staff,

NOTE Confidence: 0.697685057454545

 $00{:}33{:}34.268 {\:{\mbox{--}}\!\!>}\ 00{:}33{:}36.392$ faculty and partnerships,

NOTE Confidence: 0.697685057454545

00:33:36.392 --> 00:33:39.494 characterized by compassion, inclusivity,

NOTE Confidence: 0.697685057454545

 $00{:}33{:}39.494 \dashrightarrow 00{:}33{:}43.390$ humility, dignity and justice.

NOTE Confidence: 0.697685057454545

 $00:33:43.390 \longrightarrow 00:33:46.556$ So I look forward to receiving your feedback.

NOTE Confidence: 0.697685057454545

 $00:33:46.556 \longrightarrow 00:33:49.611$ If you've not already provided it through

NOTE Confidence: 0.697685057454545

 $00{:}33{:}49.611 \dashrightarrow 00{:}33{:}53.258$ the site that I just showed earlier.

NOTE Confidence: 0.697685057454545

00:33:53.260 --> 00:33:55.126 I also want to acknowledge the

NOTE Confidence: 0.697685057454545

00:33:55.126 --> 00:33:56.920 hard work of Project Synapse,

 $00:33:56.920 \longrightarrow 00:33:59.727$ and I hope everybody attending the the

NOTE Confidence: 0.697685057454545

 $00{:}33{:}59.727 \dashrightarrow 00{:}34{:}02.700$ grand rounds knows about projects and labs,

NOTE Confidence: 0.697685057454545

 $00:34:02.700 \longrightarrow 00:34:05.952$ which has been a wonderful initiative

NOTE Confidence: 0.697685057454545

 $00:34:05.952 \longrightarrow 00:34:09.032$ to build the staff community and is

NOTE Confidence: 0.697685057454545

00:34:09.032 --> 00:34:12.361 currently led by Amy Bradley and Kyle

NOTE Confidence: 0.697685057454545

00:34:12.361 --> 00:34:16.890 Peterson, Mr Kyle Peterson and and.

NOTE Confidence: 0.697685057454545

 $00:34:16.890 \longrightarrow 00:34:20.229$ And includes these.

NOTE Confidence: 0.697685057454545

 $00:34:20.230 \longrightarrow 00:34:22.648$ People who are contributing their time

NOTE Confidence: 0.697685057454545

 $00:34:22.648 \longrightarrow 00:34:25.896$ and effort to building our staff

NOTE Confidence: 0.697685057454545

 $00:34:25.896 \longrightarrow 00:34:29.551$ community and our as a result helping

NOTE Confidence: 0.697685057454545

 $00{:}34{:}29.551 \to 00{:}34{:}33.210$ us strengthen our department community.

NOTE Confidence: 0.8520766

 $00:34:35.280 \longrightarrow 00:34:36.804$ I'm going to shift now a

NOTE Confidence: 0.8520766

 $00:34:36.804 \longrightarrow 00:34:37.820$ little bit to education.

NOTE Confidence: 0.8520766

 $00:34:37.820 \longrightarrow 00:34:40.200$ This is a picture of of the

NOTE Confidence: 0.8520766

 $00:34:40.200 \longrightarrow 00:34:42.930$ department faculty from 1935.

00:34:42.930 --> 00:34:45.546 You'll notice it's now we're now

NOTE Confidence: 0.8520766

00:34:45.546 --> 00:34:48.829 obviously a much more diverse community,

NOTE Confidence: 0.8520766

 $00:34:48.830 \longrightarrow 00:34:51.553$ and I wanted to acknowledge the very

NOTE Confidence: 0.8520766

 $00:34:51.553 \longrightarrow 00:34:53.498$ important contributions of of doctor

NOTE Confidence: 0.8520766

 $00:34:53.498 \longrightarrow 00:34:55.566$ Bob Rohrbaugh to the development of

NOTE Confidence: 0.8520766

 $00:34:55.566 \longrightarrow 00:34:57.600$ our culture of education and mission

NOTE Confidence: 0.8520766

 $00:34:57.658 \longrightarrow 00:34:59.468$ of education in the department.

NOTE Confidence: 0.8520766

 $00:34:59.470 \longrightarrow 00:35:03.198$ As you know, he stepped down as the

NOTE Confidence: 0.8520766

 $00{:}35{:}03.198 \dashrightarrow 00{:}35{:}05.857$ psychiatry program director after 15

NOTE Confidence: 0.8520766

 $00:35:05.857 \longrightarrow 00:35:08.033$ years of transformative leadership

NOTE Confidence: 0.8520766

 $00{:}35{:}08.033 \dashrightarrow 00{:}35{:}11.225$ and and in the process brought

NOTE Confidence: 0.8520766

 $00:35:11.225 \longrightarrow 00:35:13.800$ the Department of Psychiatry to.

NOTE Confidence: 0.8520766

 $00:35:13.800 \dashrightarrow 00:35:18.160$ Be ranked number one as the number one.

NOTE Confidence: 0.8520766

 $00{:}35{:}18.160 \dashrightarrow 00{:}35{:}21.316$ Medical psychiatry department in the country,

NOTE Confidence: 0.8520766

 $00:35:21.320 \longrightarrow 00:35:25.456$ and we owe him a tremendous debt of

NOTE Confidence: 0.8520766

 $00:35:25.456 \longrightarrow 00:35:28.166$ gratitude and and are deeply

 $00:35:28.166 \longrightarrow 00:35:31.057$ appreciative for all that he brought to

NOTE Confidence: 0.8520766

 $00{:}35{:}31.057 \dashrightarrow 00{:}35{:}34.297$ the leadership of the residency program.

NOTE Confidence: 0.8520766

00:35:34.300 --> 00:35:36.800 Doctor Albaugh continues as deputy

NOTE Confidence: 0.8520766

 $00:35:36.800 \longrightarrow 00:35:40.290$ chair for education in the department.

NOTE Confidence: 0.8520766

 $00{:}35{:}40.290 \dashrightarrow 00{:}35{:}42.612$ I also want to acknowledge our

NOTE Confidence: 0.8520766

 $00:35:42.612 \longrightarrow 00:35:44.588$ incredible interim leadership of the

NOTE Confidence: 0.8520766

 $00:35:44.588 \longrightarrow 00:35:46.748$ residency program over the past year.

NOTE Confidence: 0.8520766

00:35:46.750 --> 00:35:48.262 Doctor Richard Belitsky,

NOTE Confidence: 0.8520766

00:35:48.262 --> 00:35:50.278 as you heard earlier,

NOTE Confidence: 0.8520766

 $00:35:50.280 \longrightarrow 00:35:53.250$ has has.

NOTE Confidence: 0.8520766

00:35:53.250 --> 00:35:56.594 Come back from his time in the Deans

NOTE Confidence: 0.8520766

 $00:35:56.594 \longrightarrow 00:35:59.209$ office and stepped in seamlessly

NOTE Confidence: 0.8520766

 $00:35:59.209 \longrightarrow 00:36:02.575$ to the role of interim residency

NOTE Confidence: 0.8520766

 $00:36:02.575 \longrightarrow 00:36:06.082$ director and and done an amazing job

NOTE Confidence: 0.8520766

00:36:06.082 --> 00:36:09.430 in not only supporting our resident

 $00:36:09.538 \longrightarrow 00:36:12.522$ trainees during difficult year of

NOTE Confidence: 0.8520766

 $00{:}36{:}12.522 \dashrightarrow 00{:}36{:}15.780$ transition but also helping us to

NOTE Confidence: 0.8520766

00:36:15.879 --> 00:36:18.689 move forward in the residency.

NOTE Confidence: 0.8520766

00:36:18.690 --> 00:36:21.224 I also want to thank Doctor Tobias

NOTE Confidence: 0.8520766

 $00:36:21.224 \longrightarrow 00:36:24.302$ Wasser who also stepped up.

NOTE Confidence: 0.8520766

 $00:36:24.302 \longrightarrow 00:36:29.025$ And who led the recruitment of another

NOTE Confidence: 0.8520766

 $00:36:29.025 \longrightarrow 00:36:31.717$ incredible class of psychiatry

NOTE Confidence: 0.8520766

 $00:36:31.717 \longrightarrow 00:36:34.293$ residents and who generously gave

NOTE Confidence: 0.8520766

 $00{:}36{:}34.293 \dashrightarrow 00{:}36{:}38.752$ up his time to to help our residency

NOTE Confidence: 0.8520766

 $00:36:38.752 \longrightarrow 00:36:42.730$ during this year of transition so?

NOTE Confidence: 0.8520766

 $00{:}36{:}42.730 \dashrightarrow 00{:}36{:}45.880$ Special thanks to both of you.

NOTE Confidence: 0.8520766

 $00:36:45.880 \longrightarrow 00:36:49.078$ We our residency is in transition.

NOTE Confidence: 0.8520766

 $00:36:49.080 \longrightarrow 00:36:52.140$ We conducted a year long research

NOTE Confidence: 0.8520766

 $00:36:52.140 \longrightarrow 00:36:55.313$ that has produced 3 exceptional

NOTE Confidence: 0.8520766

00:36:55.313 --> 00:36:57.369 finalist candidates.

NOTE Confidence: 0.8520766

 $00:36:57.370 \longrightarrow 00:37:00.604$ We are in the process of negotiating.

 $00:37:00.610 \longrightarrow 00:37:05.086$ To close the recruitment of the

NOTE Confidence: 0.8520766

 $00{:}37{:}05.090 \dashrightarrow 00{:}37{:}07.133$ residency director position,

NOTE Confidence: 0.8520766

 $00:37:07.133 \longrightarrow 00:37:10.538$ it is not yet concluded.

NOTE Confidence: 0.8520766

 $00:37:10.540 \longrightarrow 00:37:13.500$ And in the meantime, Dr.

NOTE Confidence: 0.8520766

 $00:37:13.500 \dashrightarrow 00:37:17.917$ Belitsky has as we try to conclude

NOTE Confidence: 0.8520766

 $00:37:17.917 \longrightarrow 00:37:19.590$ these negotiations. Dr.

NOTE Confidence: 0.8520766

 $00:37:19.590 \longrightarrow 00:37:22.460$ Belitsky has agreed to remain in the

NOTE Confidence: 0.8520766

 $00:37:22.460 \longrightarrow 00:37:25.299$ interim role until December if needed.

NOTE Confidence: 0.8520766

 $00:37:25.300 \longrightarrow 00:37:28.555$ And we will move forward with the

NOTE Confidence: 0.8520766

 $00:37:28.555 \longrightarrow 00:37:31.739$ recruitment of two additional associate

NOTE Confidence: 0.8520766

 $00{:}37{:}31.739 \dashrightarrow 00{:}37{:}36.038$ program directors with a third.

NOTE Confidence: 0.8520766

 $00{:}37{:}36.040 \dashrightarrow 00{:}37{:}38.341$ Associate program director

NOTE Confidence: 0.8520766

 $00:37:38.341 \longrightarrow 00:37:40.130$ Recruitment near closure.

NOTE Confidence: 0.880981765

00:37:43.120 --> 00:37:46.318 Shifting now to our clinical programs,

NOTE Confidence: 0.880981765

 $00:37:46.320 \longrightarrow 00:37:49.280$ these are campuses where we're

 $00:37:49.280 \longrightarrow 00:37:51.056$ providing clinical care.

NOTE Confidence: 0.880981765

 $00:37:51.060 \longrightarrow 00:37:53.580$ I want to acknowledge also that this is

NOTE Confidence: 0.880981765

 $00:37:53.580 \longrightarrow 00:37:56.064$ a time of new leadership in literally

NOTE Confidence: 0.880981765

 $00:37:56.064 \longrightarrow 00:37:58.880$ all of the servers in which we work,

NOTE Confidence: 0.880981765

 $00:37:58.880 \longrightarrow 00:38:01.500$ or at least most of the severes on the

NOTE Confidence: 0.880981765

00:38:01.500 --> 00:38:03.480 left here is doctor Nancy Navaretta,

NOTE Confidence: 0.880981765

 $00:38:03.480 \longrightarrow 00:38:06.457$ who is our new Commissioner of Mental Health.

NOTE Confidence: 0.880981765

 $00:38:06.457 \longrightarrow 00:38:08.352$ The Commissioner of the Department

NOTE Confidence: 0.880981765

00:38:08.352 --> 00:38:10.380 of Mental Health and Addiction

NOTE Confidence: 0.880981765

 $00:38:10.380 \longrightarrow 00:38:12.786$ Services for the State of Connecticut.

NOTE Confidence: 0.880981765

00:38:12.790 --> 00:38:15.807 Next to her is Mr Chris O'Connor,

NOTE Confidence: 0.880981765

00:38:15.810 --> 00:38:18.197 who is the new President of Yale,

NOTE Confidence: 0.880981765

00:38:18.200 --> 00:38:20.260 New Haven Health System.

NOTE Confidence: 0.880981765

00:38:20.260 --> 00:38:22.974 Next to him, Doctor Keith Churchwell,

NOTE Confidence: 0.880981765

00:38:22.974 --> 00:38:25.302 who is the President of Yale,

NOTE Confidence: 0.880981765

 $00:38:25.310 \longrightarrow 00:38:28.886$ New Haven Hospital and and next to him.

 $00:38:28.890 \longrightarrow 00:38:29.841$ Doctor Hunned pot.

NOTE Confidence: 0.880981765

 $00:38:29.841 \longrightarrow 00:38:33.040$ TWA, who is the new chief of staff for

NOTE Confidence: 0.880981765

 $00{:}38{:}33.040 \dashrightarrow 00{:}38{:}35.305$ the VA Connecticut healthcare system.

NOTE Confidence: 0.880981765

 $00:38:35.310 \longrightarrow 00:38:38.254$ So these are each one of these are

NOTE Confidence: 0.880981765

 $00{:}38{:}38.254 \dashrightarrow 00{:}38{:}40.879$ wonderful new leaders and it's a

NOTE Confidence: 0.880981765

 $00{:}38{:}40.879 \dashrightarrow 00{:}38{:}43.139$ very exciting opportunity to work.

NOTE Confidence: 0.880981765

 $00:38:43.140 \longrightarrow 00:38:46.908$ With each of them in in creating a

NOTE Confidence: 0.880981765

 $00:38:46.908 \longrightarrow 00:38:49.572$ context in Connecticut where the all

NOTE Confidence: 0.880981765

 $00{:}38{:}49.572 \dashrightarrow 00{:}38{:}52.492$ of our missions department missions

NOTE Confidence: 0.880981765

 $00{:}38{:}52.492 \dashrightarrow 00{:}38{:}56.368$ can thrive and and move forward.

NOTE Confidence: 0.880981765

 $00:38:56.370 \longrightarrow 00:38:58.710$ As you heard from Doctor Frank

NOTE Confidence: 0.880981765

 $00:38:58.710 \longrightarrow 00:39:00.270$ Fortunati in his video,

NOTE Confidence: 0.880981765

 $00:39:00.270 \dashrightarrow 00:39:02.272$ this has been a time of unprecedented

NOTE Confidence: 0.880981765

 $00:39:02.272 \longrightarrow 00:39:03.532$ pressure at both opportunity

NOTE Confidence: 0.880981765

 $00:39:03.532 \longrightarrow 00:39:04.928$ and pressure at Yale,

 $00:39:04.930 \longrightarrow 00:39:08.578$ New Haven Hospital and this has been

NOTE Confidence: 0.880981765

 $00:39:08.578 \longrightarrow 00:39:11.324$ a time of just unprecedented census in

NOTE Confidence: 0.880981765

00:39:11.324 --> 00:39:14.148 the Yale New Haven Psychiatry Emergency Room,

NOTE Confidence: 0.880981765

 $00:39:14.148 \longrightarrow 00:39:17.830$ and I want to particularly acknowledge Dr.

NOTE Confidence: 0.880981765

00:39:17.830 --> 00:39:19.024 Tao, Matos,

NOTE Confidence: 0.880981765

 $00:39:19.024 \longrightarrow 00:39:22.009$ Santana and his incredible team

NOTE Confidence: 0.880981765

 $00:39:22.009 \longrightarrow 00:39:25.658$ that have been holding the Fort.

NOTE Confidence: 0.880981765

 $00:39:25.660 \longrightarrow 00:39:30.075$ During this time as we try to initiate

NOTE Confidence: 0.880981765

 $00{:}39{:}30.075 \dashrightarrow 00{:}39{:}34.920$ a number of of steps to reduce the

NOTE Confidence: 0.880981765

 $00:39:34.920 \longrightarrow 00:39:38.499$ pressure on their team and to make

NOTE Confidence: 0.880981765

 $00:39:38.500 \longrightarrow 00:39:43.090$ the PS services at Yale, New Haven.

NOTE Confidence: 0.88098176500:39:43.090 --> 00:39:45.240 Run. NOTE Confidence: 0.880981765

 $00:39:45.240 \longrightarrow 00:39:46.828$ In a better way,

NOTE Confidence: 0.880981765

 $00:39:46.828 \longrightarrow 00:39:48.813$ our inpatient units continue to

NOTE Confidence: 0.880981765

00:39:48.813 --> 00:39:50.938 work with very high acuity,

NOTE Confidence: 0.880981765

 $00:39:50.940 \dashrightarrow 00:39:54.300$ running full basically all the time,

 $00:39:54.300 \longrightarrow 00:39:57.805$ despite staffing gaps and our

NOTE Confidence: 0.880981765

 $00{:}39{:}57.805 \dashrightarrow 00{:}39{:}59.908$ interventional psychiatry program.

NOTE Confidence: 0.880981765

00:39:59.910 --> 00:40:02.085 Somehow managing to continue to

NOTE Confidence: 0.880981765

00:40:02.085 --> 00:40:04.890 increase the throughput of that program,

NOTE Confidence: 0.880981765

 $00:40:04.890 \longrightarrow 00:40:07.212$ providing impactful treatments

NOTE Confidence: 0.880981765

00:40:07.212 --> 00:40:11.856 for which Yale is a distinctively

NOTE Confidence: 0.880981765

00:40:11.856 --> 00:40:15.011 known and particularly and,

NOTE Confidence: 0.880981765

00:40:15.011 --> 00:40:17.516 and providing a regional and

NOTE Confidence: 0.880981765

 $00:40:17.516 \longrightarrow 00:40:18.518$ national resource.

NOTE Confidence: 0.880981765

 $00{:}40{:}18.520 \dashrightarrow 00{:}40{:}21.046$ And I also want to acknowledge

NOTE Confidence: 0.880981765

 $00{:}40{:}21.046 \dashrightarrow 00{:}40{:}23.832$ the progress made this year under

NOTE Confidence: 0.880981765

 $00{:}40{:}23.832 \dashrightarrow 00{:}40{:}26.377$ the leadership of Doctor Katie

NOTE Confidence: 0.880981765

 $00{:}40{:}26.377 \dashrightarrow 00{:}40{:}29.115$ Klingensmith and Carol Cistaro to

NOTE Confidence: 0.880981765

 $00:40:29.115 \longrightarrow 00:40:31.415$ conduct a database transformation

NOTE Confidence: 0.880981765

 $00:40:31.415 \longrightarrow 00:40:33.140$ of ambulatory services,

 $00:40:33.140 \longrightarrow 00:40:36.300$ increasing both productivity and efficiency.

NOTE Confidence: 0.858735356666667

 $00{:}40{:}39.350 \dashrightarrow 00{:}40{:}44.318$ And as Doctor Fortunati alluded to.

NOTE Confidence: 0.858735356666667

 $00:40:44.320 \longrightarrow 00:40:46.710$ He has built a basically

NOTE Confidence: 0.858735356666667

 $00:40:46.710 \longrightarrow 00:40:49.100$ over the past several years.

NOTE Confidence: 0.858735356666667

 $00:40:49.100 \longrightarrow 00:40:50.816$ A new leadership team for Yale,

NOTE Confidence: 0.858735356666667

00:40:50.820 --> 00:40:52.626 New Haven Psychiatry and I wanted

NOTE Confidence: 0.858735356666667

 $00{:}40{:}52.626 \dashrightarrow 00{:}40{:}54.977$ to call out this group of section

NOTE Confidence: 0.858735356666667

00:40:54.977 --> 00:40:57.115 leaders who have all stepped up

NOTE Confidence: 0.858735356666667

 $00:40:57.115 \longrightarrow 00:40:59.240$ and are doing an incredible job.

NOTE Confidence: 0.858735356666667

 $00:40:59.240 \longrightarrow 00:41:02.544$ This is a very strong leadership team and

NOTE Confidence: 0.858735356666667

00:41:02.544 --> 00:41:05.759 bodes very well for Ian Leaven hospital,

NOTE Confidence: 0.858735356666667

00:41:05.760 --> 00:41:07.140 psychiatry and behavioral

NOTE Confidence: 0.858735356666667

00:41:07.140 --> 00:41:08.520 health moving forward.

NOTE Confidence: 0.858735356666667

 $00:41:08.520 \longrightarrow 00:41:10.572$ I also want to acknowledge our

NOTE Confidence: 0.858735356666667

00:41:10.572 --> 00:41:12.560 our young New Haven partners

NOTE Confidence: 0.858735356666667

 $00:41:12.560 \longrightarrow 00:41:14.846$ but we work hand in glove.

 $00:41:14.850 \longrightarrow 00:41:15.804$ With this team,

NOTE Confidence: 0.858735356666667

 $00:41:15.804 \longrightarrow 00:41:17.712$ there are some people whose pictures

NOTE Confidence: 0.858735356666667

00:41:17.712 --> 00:41:20.208 I didn't have and so couldn't include,

NOTE Confidence: 0.858735356666667

 $00:41:20.210 \longrightarrow 00:41:22.930$ but but I think we are really blessed

NOTE Confidence: 0.858735356666667

00:41:22.930 --> 00:41:26.140 to to have outstanding collaboration,

NOTE Confidence: 0.858735356666667

 $00:41:26.140 \longrightarrow 00:41:28.345$ which enables us to move

NOTE Confidence: 0.858735356666667

 $00:41:28.345 \longrightarrow 00:41:29.227$ forward constructively.

NOTE Confidence: 0.88082924125

 $00:41:31.670 \longrightarrow 00:41:33.495$ It continues to be a

NOTE Confidence: 0.88082924125

 $00:41:33.495 \longrightarrow 00:41:34.590$ challenging time clinically,

NOTE Confidence: 0.88082924125

 $00{:}41{:}34.590 \dashrightarrow 00{:}41{:}36.030$ from an economic perspective.

NOTE Confidence: 0.88082924125

 $00:41:36.030 \longrightarrow 00:41:37.470$ On the one hand,

NOTE Confidence: 0.88082924125

 $00:41:37.470 \longrightarrow 00:41:39.060$ clinical care revenues at Yale,

NOTE Confidence: 0.88082924125

 $00{:}41{:}39.060 \dashrightarrow 00{:}41{:}41.230$ New Haven continue to increase,

NOTE Confidence: 0.88082924125

 $00:41:41.230 \longrightarrow 00:41:43.390$ but costs increase as well,

NOTE Confidence: 0.88082924125

 $00:41:43.390 \longrightarrow 00:41:47.508$ and so we're really not gaining yet in

 $00:41:47.508 \longrightarrow 00:41:51.624$ terms of of generating net revenue.

NOTE Confidence: 0.88082924125

00:41:51.630 --> 00:41:52.684 Although we're,

NOTE Confidence: 0.88082924125

 $00:41:52.684 \longrightarrow 00:41:55.846$ we believe we're we're through incredible

NOTE Confidence: 0.88082924125

00:41:55.846 --> 00:41:58.640 effort under adverse circumstances,

NOTE Confidence: 0.88082924125

 $00:41:58.640 \longrightarrow 00:42:01.736$ certainly holding our own.

NOTE Confidence: 0.88082924125

00:42:01.736 --> 00:42:02.510 Economically.

NOTE Confidence: 0.88082924125

 $00:42:02.510 \longrightarrow 00:42:05.168$ From a research point of view.

NOTE Confidence: 0.88082924125

00:42:05.170 --> 00:42:06.674 As I mentioned earlier,

NOTE Confidence: 0.88082924125

 $00:42:06.674 \longrightarrow 00:42:08.554$ according if you follow who

NOTE Confidence: 0.88082924125

 $00:42:08.554 \longrightarrow 00:42:10.209$ gets credit for grants,

NOTE Confidence: 0.88082924125

 $00:42:10.210 \longrightarrow 00:42:15.208$ we've had a drop in our NIH

NOTE Confidence: 0.88082924125

 $00:42:15.210 \longrightarrow 00:42:17.810$ portfolio attributable to psychiatry.

NOTE Confidence: 0.88082924125

 $00:42:17.810 \longrightarrow 00:42:20.974$ Although we've played the tag team

NOTE Confidence: 0.88082924125

 $00:42:20.974 \longrightarrow 00:42:22.666$ with the University of Pittsburgh as

NOTE Confidence: 0.88082924125

00:42:22.666 --> 00:42:24.637 to who's number one in the country.

NOTE Confidence: 0.852473001538462

 $00:42:27.430 \longrightarrow 00:42:29.831$ And and, and there's quite a gap

00:42:29.831 --> 00:42:32.100 still between our level of funding,

NOTE Confidence: 0.852473001538462

 $00:42:32.100 \longrightarrow 00:42:33.550$ the top 2 departments and

NOTE Confidence: 0.852473001538462

 $00:42:33.550 \longrightarrow 00:42:35.000$ the rest of the country.

NOTE Confidence: 0.852473001538462

00:42:35.000 --> 00:42:37.842 But I'd like to highlight something that

NOTE Confidence: 0.852473001538462

 $00{:}42{:}37.842 \dashrightarrow 00{:}42{:}40.077$ doesn't come across in those numbers.

NOTE Confidence: 0.852473001538462

00:42:40.077 --> 00:42:43.495 And this is the amount of money that the

NOTE Confidence: 0.852473001538462

 $00:42:43.495 \longrightarrow 00:42:45.920$ department actually expends on research.

NOTE Confidence: 0.852473001538462

 $00:42:45.920 \longrightarrow 00:42:46.910$ And as you can see,

NOTE Confidence: 0.852473001538462

 $00:42:46.910 \longrightarrow 00:42:49.130$ the amount of money that expends

NOTE Confidence: 0.852473001538462

00:42:49.130 --> 00:42:51.000 on research continues to rise,

NOTE Confidence: 0.852473001538462

 $00:42:51.000 \longrightarrow 00:42:53.040$ and what this really reflects

NOTE Confidence: 0.852473001538462

 $00:42:53.040 \longrightarrow 00:42:55.080$ this mismatch between how much

NOTE Confidence: 0.852473001538462

 $00{:}42{:}55.148 \dashrightarrow 00{:}42{:}58.032$ we're spending and and the credit.

NOTE Confidence: 0.852473001538462

 $00{:}42{:}58.032 \dashrightarrow 00{:}43{:}00.930$ They're getting from grants is somewhat

NOTE Confidence: 0.852473001538462

 $00:43:01.021 \longrightarrow 00:43:03.763$ attributable to a consequence of of

 $00:43:03.763 \longrightarrow 00:43:07.510$ the passing of doctor Kathleen Carroll.

NOTE Confidence: 0.852473001538462

 $00:43:07.510 \longrightarrow 00:43:10.588$ She LED a large research initiative

NOTE Confidence: 0.852473001538462

 $00:43:10.588 \longrightarrow 00:43:14.009$ called the Nyda Clinical Trials Network,

NOTE Confidence: 0.852473001538462

 $00:43:14.010 \longrightarrow 00:43:17.186$ Yale Site and with her passing that Grant

NOTE Confidence: 0.852473001538462

 $00:43:17.186 \longrightarrow 00:43:20.050$ moved from the Department of Sachitra

NOTE Confidence: 0.852473001538462

00:43:20.050 --> 00:43:22.546 to the Department of Emergency Medicine,

NOTE Confidence: 0.852473001538462

 $00:43:22.550 \longrightarrow 00:43:27.896$ decreasing our apparent amount of grant.

NOTE Confidence: 0.852473001538462

00:43:27.900 --> 00:43:30.760 Revenue by about \$10 million,

NOTE Confidence: 0.852473001538462

00:43:30.760 --> 00:43:35.080 but if you actually look at what we're doing,

NOTE Confidence: 0.852473001538462

00:43:35.080 --> 00:43:37.294 the amount of research activity in

NOTE Confidence: 0.852473001538462

 $00:43:37.294 \longrightarrow 00:43:39.159$ the department hasn't really decreased

NOTE Confidence: 0.852473001538462

 $00:43:39.159 \longrightarrow 00:43:41.115$ at all and continues to grow.

NOTE Confidence: 0.852473001538462

 $00:43:41.120 \longrightarrow 00:43:45.230$ And that's because of the incredible

NOTE Confidence: 0.852473001538462

 $00:43:45.230 \longrightarrow 00:43:48.644$ resilience and productivity of our

NOTE Confidence: 0.852473001538462

 $00:43:48.644 \longrightarrow 00:43:52.022$ faculty who continue to be engaged

NOTE Confidence: 0.852473001538462

 $00:43:52.022 \longrightarrow 00:43:55.110$ in in innovation and finding new

 $00:43:55.110 \longrightarrow 00:43:58.080$ ways to push the field forward.

NOTE Confidence: 0.852473001538462

 $00:43:58.080 \longrightarrow 00:44:00.699$ Year after year.

NOTE Confidence: 0.852473001538462

00:44:00.700 --> 00:44:02.980 I want to also highlight incredible

NOTE Confidence: 0.852473001538462

 $00:44:02.980 \longrightarrow 00:44:04.500$ strengths in some transitions,

NOTE Confidence: 0.852473001538462

 $00:44:04.500 \longrightarrow 00:44:06.258$ so I'd like to acknowledge Dr.

NOTE Confidence: 0.852473001538462

 $00:44:06.260 \longrightarrow 00:44:10.256$ Sherrel Bellamy and her new leadership

NOTE Confidence: 0.852473001538462

00:44:10.260 --> 00:44:13.900 of the perch program and to thank Doctor

NOTE Confidence: 0.852473001538462

00:44:13.900 --> 00:44:16.878 Larry Davidson for his leadership and

NOTE Confidence: 0.852473001538462

 $00{:}44{:}16.878 \dashrightarrow 00{:}44{:}19.854$ a founding leadership of the Approach

NOTE Confidence: 0.852473001538462

00:44:19.941 --> 00:44:22.917 program and leadership for for many,

 $\begin{aligned} &\text{NOTE Confidence: } 0.852473001538462\\ &00:44:22.920 --> 00:44:23.598 \text{ many years.} \end{aligned}$

NOTE Confidence: 0.852473001538462

 $00:44:23.598 \longrightarrow 00:44:26.928$ I also want to highlight some of the major

NOTE Confidence: 0.852473001538462

 $00{:}44{:}26.928 \dashrightarrow 00{:}44{:}29.638$ research initiatives in their apartment,

NOTE Confidence: 0.852473001538462

 $00:44:29.640 \longrightarrow 00:44:31.850$ such as the Pronet initiative

NOTE Confidence: 0.852473001538462

 $00:44:31.850 \longrightarrow 00:44:33.618$ for the schizophrenia program,

 $00:44:33.620 \longrightarrow 00:44:36.436$ led by Doctor Scott Woods in our department.

NOTE Confidence: 0.852473001538462

 $00:44:36.440 \longrightarrow 00:44:38.980$ The transcends initiative to identify

NOTE Confidence: 0.852473001538462

 $00:44:38.980 \longrightarrow 00:44:41.012$ novel treatment for cognitive

NOTE Confidence: 0.852473001538462

 $00:44:41.012 \longrightarrow 00:44:43.207$ impairments for schizophrenia led by

NOTE Confidence: 0.852473001538462

 $00:44:43.207 \longrightarrow 00:44:45.637$ Ellen and Petrovich in our department.

NOTE Confidence: 0.852473001538462

00:44:45.640 --> 00:44:47.740 The Yale Tobacco Center of Regulatory

NOTE Confidence: 0.852473001538462

00:44:47.740 --> 00:44:51.170 Science Co, led by doctors.

NOTE Confidence: 0.852473001538462

00:44:51.170 --> 00:44:53.570 Christian and Karen and O'Malley.

NOTE Confidence: 0.852473001538462

00:44:53.570 --> 00:44:55.825 These are three substance abuse

NOTE Confidence: 0.852473001538462

 $00:44:55.825 \longrightarrow 00:44:56.727$ related centers.

NOTE Confidence: 0.852473001538462

 $00{:}44{:}56.730 \dashrightarrow 00{:}45{:}00.026$ The score on sex differences in alcohol use,

NOTE Confidence: 0.852473001538462

 $00:45:00.030 \longrightarrow 00:45:02.974$ led by Doctor Sherry McKee and the Center

NOTE Confidence: 0.852473001538462

 $00:45:02.974 \longrightarrow 00:45:06.579$ for the Translation or Science of Alcoholism.

NOTE Confidence: 0.852473001538462

 $00:45:06.580 \longrightarrow 00:45:09.740$ I also want to acknowledge that we have

NOTE Confidence: 0.852473001538462

 $00:45:09.740 \longrightarrow 00:45:11.569$ major initiatives that are happening

NOTE Confidence: 0.852473001538462

00:45:11.569 --> 00:45:15.876 at the VA or or involve the DAV a

 $00:45:15.876 \longrightarrow 00:45:19.999$ including a large national pain initiative.

NOTE Confidence: 0.852473001538462

 $00{:}45{:}20.000 \dashrightarrow 00{:}45{:}23.458$ the VA Mirec led by Mehmet Sofuoglu

NOTE Confidence: 0.852473001538462

00:45:23.458 --> 00:45:26.560 and the National Center for PTSD,

NOTE Confidence: 0.852473001538462

 $00:45:26.560 \longrightarrow 00:45:29.032$ which has two divisions,

NOTE Confidence: 0.852473001538462

 $00:45:29.032 \longrightarrow 00:45:30.886$ one on neuroscience.

NOTE Confidence: 0.852473001538462

00:45:30.890 --> 00:45:31.862 Which Doctor,

NOTE Confidence: 0.852473001538462

 $00:45:31.862 \longrightarrow 00:45:35.264$ Petrakis and I lead and one on

NOTE Confidence: 0.852473001538462

 $00:45:35.270 \longrightarrow 00:45:38.720$ health services led by Doctor Hoff.

NOTE Confidence: 0.852473001538462

 $00{:}45{:}38.720 \dashrightarrow 00{:}45{:}40.766$ And there are signs of growth.

NOTE Confidence: 0.852473001538462

 $00:45:40.770 \longrightarrow 00:45:43.200$ A new program in psychedelic Science,

 $\begin{aligned} & \text{NOTE Confidence: } 0.852473001538462 \\ & 00:45:43.200 --> 00:45:43.992 \text{ Science Co.} \end{aligned}$

NOTE Confidence: 0.852473001538462

 $00:45:43.992 \longrightarrow 00:45:46.368$ LED led by Doctor Chris Pittenger

NOTE Confidence: 0.852473001538462

 $00{:}45{:}46.368 \dashrightarrow 00{:}45{:}48.579$ and involving a number of faculty,

NOTE Confidence: 0.852473001538462

 $00{:}45{:}48.580 \dashrightarrow 00{:}45{:}51.580$ particularly Ben Kelmendi.

NOTE Confidence: 0.85247300153846200:45:51.580 --> 00:45:51.950 Yeah.

00:45:55.360 --> 00:45:59.962 Doctor Al Kay Alex Kwan, Dr Cyril D'souza,

NOTE Confidence: 0.753719026

 $00{:}45{:}59.962 \dashrightarrow 00{:}46{:}02.244$ Mohini Ranganathan, and others,

NOTE Confidence: 0.753719026

 $00:46:02.244 \longrightarrow 00:46:05.079$ and funding through philanthropy to

NOTE Confidence: 0.753719026

 $00:46:05.079 \longrightarrow 00:46:08.490$ train people to provide treatment.

NOTE Confidence: 0.753719026

 $00:46:08.490 \longrightarrow 00:46:12.080$ The psychotherapy associated with psychedelic

NOTE Confidence: 0.753719026

 $00:46:12.080 \longrightarrow 00:46:13.948$ delivery of psychedelic treatments.

NOTE Confidence: 0.753719026

 $00:46:13.948 \longrightarrow 00:46:17.230$ We want to acknowledge expansion of an

NOTE Confidence: 0.753719026

00:46:17.230 --> 00:46:19.300 already strong and productive research

NOTE Confidence: 0.753719026

 $00:46:19.300 \longrightarrow 00:46:21.880$ group through two new recruitments.

NOTE Confidence: 0.753719026

00:46:21.880 --> 00:46:24.136 The recruitment of Doctor Laura Hawkins.

NOTE Confidence: 0.753719026

 $00{:}46{:}24.140 \dashrightarrow 00{:}46{:}27.730$ And Doctor Albert Higgins Chen.

NOTE Confidence: 0.753719026

 $00:46:27.730 \longrightarrow 00:46:33.274$ Who will really bring new energy to an

NOTE Confidence: 0.753719026

00:46:33.274 --> 00:46:37.040 already group already doing exciting work?

NOTE Confidence: 0.753719026

 $00:46:37.040 \longrightarrow 00:46:38.908$ And also acknowledge expansion

NOTE Confidence: 0.753719026

 $00:46:38.908 \longrightarrow 00:46:42.220$ of the of the PTSD Brain bank.

NOTE Confidence: 0.753719026

 $00{:}46{:}42.220 \dashrightarrow 00{:}46{:}45.421$ Our role in the PTSD Brain Bank consortium.

00:46:45.421 --> 00:46:48.526 National VA PTSD brain bank.

NOTE Confidence: 0.753719026

 $00{:}46{:}48.530 \dashrightarrow 00{:}46{:}51.194$ Are are the research in tramural program

NOTE Confidence: 0.753719026

00:46:51.194 --> 00:46:55.026 is led by Doctor Matrix Agenti in our

NOTE Confidence: 0.753719026

 $00:46:55.026 \longrightarrow 00:46:57.130$ department and we're in this work.

NOTE Confidence: 0.753719026

 $00{:}46{:}57.130 \dashrightarrow 00{:}47{:}00.230$ We're linking postmortem brain

NOTE Confidence: 0.753719026

 $00:47:00.230 \longrightarrow 00:47:02.555$ research cellular models.

NOTE Confidence: 0.753719026

 $00:47:02.560 \longrightarrow 00:47:03.976$ Simple animal systems,

NOTE Confidence: 0.753719026

 $00:47:03.976 \longrightarrow 00:47:05.864$ particularly through a collaboration

NOTE Confidence: 0.753719026

 $00:47:05.864 \longrightarrow 00:47:08.843$ with Doctor Ellen Hoffman and the Child

NOTE Confidence: 0.753719026

 $00:47:08.843 \longrightarrow 00:47:11.087$ Study Center and with the establishment

NOTE Confidence: 0.753719026

 $00{:}47{:}11.152 \dashrightarrow 00{:}47{:}13.297$ of Doctor Alicia Cheese Laboratory.

NOTE Confidence: 0.753719026

 $00{:}47{:}13.300 \dashrightarrow 00{:}47{:}16.438$ We're now able to track genes

NOTE Confidence: 0.753719026

 $00{:}47{:}16.438 \dashrightarrow 00{:}47{:}18.530$ identified through the postmortem

NOTE Confidence: 0.753719026

 $00{:}47{:}18.620 \mathrel{--}{>} 00{:}47{:}21.070$ brain research and genetics all

NOTE Confidence: 0.753719026

 $00:47:21.070 \longrightarrow 00:47:23.996$ the way through into simple animal

 $00:47:23.996 \longrightarrow 00:47:27.100$ models that can be used to help us.

NOTE Confidence: 0.753719026

 $00:47:27.100 \longrightarrow 00:47:32.760$ Develop new treatments for PTSD.

NOTE Confidence: 0.753719026

00:47:32.760 --> 00:47:34.620 Another major initiative

NOTE Confidence: 0.753719026

 $00:47:34.620 \longrightarrow 00:47:37.720$ is the Wood Sai Institute.

NOTE Confidence: 0.753719026

00:47:37.720 --> 00:47:40.216 You've probably heard something about it,

NOTE Confidence: 0.753719026

 $00:47:40.220 \longrightarrow 00:47:42.638$ but now it's actually come to

NOTE Confidence: 0.753719026

 $00:47:42.638 \longrightarrow 00:47:44.820$ beginning to come to exist.

NOTE Confidence: 0.753719026

 $00:47:44.820 \longrightarrow 00:47:48.330$ It's led by.

NOTE Confidence: 0.753719026

00:47:48.330 --> 00:47:50.736 Doctor Nick Turk Brown from the

NOTE Confidence: 0.753719026

00:47:50.736 --> 00:47:53.761 Department of Psychology and it involves

NOTE Confidence: 0.753719026

 $00{:}47{:}53.761 \dashrightarrow 00{:}47{:}58.010$ 3 clusters of activity that are are

NOTE Confidence: 0.753719026

 $00:47:58.134 \longrightarrow 00:48:00.546$ based going to be geographically

NOTE Confidence: 0.753719026

 $00:48:00.546 \longrightarrow 00:48:03.270$ located in the 100 college building.

NOTE Confidence: 0.753719026

 $00{:}48{:}03.270 \dashrightarrow 00{:}48{:}06.762$ The place where the Alexion company

NOTE Confidence: 0.753719026

 $00:48:06.762 \longrightarrow 00:48:09.442$ was previously located and this

NOTE Confidence: 0.753719026

 $00:48:09.442 \longrightarrow 00:48:12.238$ is this will involve a section

 $00:48:12.238 \longrightarrow 00:48:14.320$ of Neurocognition and behavior.

NOTE Confidence: 0.753719026

 $00{:}48{:}14.320 \dashrightarrow 00{:}48{:}16.755$ A section on neurodevelopment and

NOTE Confidence: 0.753719026

00:48:16.755 --> 00:48:19.977 plasticity and a section on neural

NOTE Confidence: 0.753719026

 $00:48:19.977 \longrightarrow 00:48:22.789$ computation and machine intelligence.

NOTE Confidence: 0.753719026

 $00:48:22.790 \longrightarrow 00:48:25.454$ This center is going to bring

NOTE Confidence: 0.753719026

00:48:25.454 --> 00:48:26.786 together basic neuroscientists,

NOTE Confidence: 0.753719026

00:48:26.790 --> 00:48:29.634 cognitive neuroscientists, engineers,

NOTE Confidence: 0.753719026

00:48:29.634 --> 00:48:31.530 computational neuroscientists,

NOTE Confidence: 0.753719026

 $00:48:31.530 \longrightarrow 00:48:34.452$ to try to better understand the

NOTE Confidence: 0.753719026

00:48:34.452 --> 00:48:36.400 mechanistic basis of cognition,

NOTE Confidence: 0.753719026

 $00{:}48{:}36.400 \dashrightarrow 00{:}48{:}40.082$ and develop a new strategies to enhance

NOTE Confidence: 0.753719026

 $00:48:40.082 \longrightarrow 00:48:43.091$ cognition and perhaps to remediate

NOTE Confidence: 0.753719026

 $00{:}48{:}43.091 \dashrightarrow 00{:}48{:}45.306$ cognitive deficits and involves

NOTE Confidence: 0.753719026

00:48:45.306 --> 00:48:47.934 many faculty in the Department of

NOTE Confidence: 0.753719026

 $00:48:47.934 \longrightarrow 00:48:50.142$ Psychiatry working hand in glove

 $00:48:50.142 \longrightarrow 00:48:52.247$ with faculty from other departments.

NOTE Confidence: 0.753719026

 $00{:}48{:}52.250 --> 00{:}48{:}53.561$ I'm really excited.

NOTE Confidence: 0.753719026

 $00:48:53.561 \longrightarrow 00:48:56.183$ That the establishment of the Woodside

NOTE Confidence: 0.753719026

 $00:48:56.183 \longrightarrow 00:48:58.147$ Institute in this building coincides

NOTE Confidence: 0.753719026

00:48:58.147 --> 00:49:00.709 with the move of the Department

NOTE Confidence: 0.753719026

00:49:00.709 --> 00:49:03.169 of Psychology to 100 College St.

NOTE Confidence: 0.753719026

 $00:49:03.170 \longrightarrow 00:49:07.562$ So psychiatry and psychology will be

NOTE Confidence: 0.753719026

 $00:49:07.562 \longrightarrow 00:49:10.213$ geographically reunited after after

NOTE Confidence: 0.753719026

 $00:49:10.213 \longrightarrow 00:49:12.478$ many years of geographic separation.

NOTE Confidence: 0.753719026

00:49:12.480 --> 00:49:15.180 I think this will foster wonderful

NOTE Confidence: 0.753719026

 $00{:}49{:}15.180 \dashrightarrow 00{:}49{:}16.980$ collaborations between our two

NOTE Confidence: 0.753719026

 $00:49:17.054 \longrightarrow 00:49:18.440$ our two departments,

NOTE Confidence: 0.753719026

00:49:18.440 --> 00:49:20.318 along with the Department of Neuroscience,

NOTE Confidence: 0.753719026

 $00:49:20.320 \longrightarrow 00:49:22.408$ which is also going to be

NOTE Confidence: 0.753719026

 $00:49:22.408 \longrightarrow 00:49:23.753$ located along with several.

NOTE Confidence: 0.753719026

 $00:49:23.753 \longrightarrow 00:49:25.408$ Faculty members in our department.

 $00:49:25.410 \longrightarrow 00:49:27.930$ So I think this is a really

NOTE Confidence: 0.753719026

00:49:27.930 --> 00:49:31.038 exciting opportunity for our

NOTE Confidence: 0.753719026

 $00:49:31.038 \longrightarrow 00:49:34.860$ department to stimulate our our.

NOTE Confidence: 0.915658460769231

 $00:49:36.970 \longrightarrow 00:49:39.034$ New kinds of interactions

NOTE Confidence: 0.915658460769231

 $00:49:39.034 \longrightarrow 00:49:41.614$ of our department and other

NOTE Confidence: 0.915658460769231

 $00:49:41.614 \longrightarrow 00:49:43.650$ departments in the university.

NOTE Confidence: 0.915658460769231

 $00:49:43.650 \longrightarrow 00:49:45.702$ I also want to acknowledge 3

NOTE Confidence: 0.915658460769231

 $00{:}49{:}45.702 \dashrightarrow 00{:}49{:}47.070$ faculty who received endowed

NOTE Confidence: 0.915658460769231

 $00{:}49{:}47.130 \dashrightarrow 00{:}49{:}48.990$ professorships during the year.

NOTE Confidence: 0.915658460769231

00:49:48.990 --> 00:49:50.580 Doctor Nee Addy,

NOTE Confidence: 0.915658460769231

00:49:50.580 --> 00:49:54.040 the Albert E Kent professor the 1st.

NOTE Confidence: 0.79305585

00:49:56.110 --> 00:49:57.360 Endowed professor.

NOTE Confidence: 0.770954416666667

 $00:50:00.000 \longrightarrow 00:50:03.300$ From African American in the department.

NOTE Confidence: 0.770954416666667

 $00:50:03.300 \longrightarrow 00:50:06.900$ Doctor Chris Pittenger.

NOTE Confidence: 0.770954416666667

 $00:50:06.900 \longrightarrow 00:50:09.640$ Deputy Chair for Translational Research

00:50:09.640 --> 00:50:13.320 and Doctor Suchitra Krishnan Sarin,

NOTE Confidence: 0.770954416666667

00:50:13.320 --> 00:50:16.560 the Alberdi Kent Professor of psychiatry.

NOTE Confidence: 0.770954416666667

 $00:50:16.560 \longrightarrow 00:50:20.440$ So these are incredible people.

NOTE Confidence: 0.770954416666667

 $00:50:20.440 \longrightarrow 00:50:21.994$ I can say that there are many,

NOTE Confidence: 0.770954416666667

 $00:50:22.000 \longrightarrow 00:50:25.708$ many more people deserving.

NOTE Confidence: 0.770954416666667

 $00:50:25.710 \longrightarrow 00:50:29.225$ Endowed professorships in our department

NOTE Confidence: 0.770954416666667

 $00:50:29.225 \longrightarrow 00:50:33.389$ and it is something that is a.

NOTE Confidence: 0.770954416666667

 $00:50:33.390 \longrightarrow 00:50:36.102$ That I work on throughout the year to

NOTE Confidence: 0.770954416666667

00:50:36.102 --> 00:50:39.027 try to find ways to not only honor,

NOTE Confidence: 0.770954416666667

 $00:50:39.030 \longrightarrow 00:50:42.250$ but provide support to our

NOTE Confidence: 0.770954416666667

00:50:42.250 --> 00:50:44.149 our distinguished faculty.

NOTE Confidence: 0.88788245

00:50:46.950 --> 00:50:50.660 I'd like now just to briefly honor.

NOTE Confidence: 0.897760704166667

 $00:50:55.270 \longrightarrow 00:50:57.994$ And recognize people who have received

NOTE Confidence: 0.897760704166667

 $00:50:57.994 \longrightarrow 00:51:00.970$ a national honors within the department.

NOTE Confidence: 0.897760704166667

 $00:51:00.970 \longrightarrow 00:51:03.418$ There are so many people who have received

NOTE Confidence: 0.897760704166667

 $00:51:03.418 \longrightarrow 00:51:05.927$ so many important honors that there's not

 $00:51:05.927 \longrightarrow 00:51:08.562$ time to acknowledge all of them individually.

NOTE Confidence: 0.897760704166667

 $00:51:08.562 \longrightarrow 00:51:12.408$ But I do want, as I've done in prior years.

NOTE Confidence: 0.897760704166667

00:51:12.410 --> 00:51:14.950 I do want to give you a little bit of

NOTE Confidence: 0.897760704166667

00:51:15.021 --> 00:51:17.381 a flavor of the wide range of people

NOTE Confidence: 0.897760704166667

 $00:51:17.381 \longrightarrow 00:51:20.274$ in our department who are having a

NOTE Confidence: 0.897760704166667

 $00:51:20.274 \longrightarrow 00:51:22.504$ national impact and being recognized.

NOTE Confidence: 0.897760704166667

 $00:51:22.510 \longrightarrow 00:51:27.870$ Nationally and internationally and and so

NOTE Confidence: 0.897760704166667

 $00{:}51{:}27.870 \dashrightarrow 00{:}51{:}31.718$ I'm going to just slowly scroll through

NOTE Confidence: 0.897760704166667

 $00:51:31.718 \longrightarrow 00:51:36.030$ the people and some of the honors.

NOTE Confidence: 0.897760704166667

 $00:51:36.030 \longrightarrow 00:51:38.988$ This is obviously can't recognize everybody,

NOTE Confidence: 0.897760704166667

00:51:38.990 --> 00:51:41.398 but but certainly give you a little bit

NOTE Confidence: 0.897760704166667

 $00:51:41.398 \longrightarrow 00:51:44.094$ of a flavor of people who have received

NOTE Confidence: 0.897760704166667

 $00{:}51{:}44.094 \dashrightarrow 00{:}51{:}46.200$ these honors during the past year.

NOTE Confidence: 0.8931571

 $00{:}52{:}15.320 \dashrightarrow 00{:}52{:}18.038$ I also want to acknowledge.

NOTE Confidence: 0.8931571

 $00:52:18.040 \longrightarrow 00:52:21.580$ A gift to this department from Doctor

 $00:52:21.580 \longrightarrow 00:52:24.680$ Vlad Church and Biohaven Pharmaceuticals

NOTE Confidence: 0.8931571

 $00:52:24.680 \longrightarrow 00:52:28.028$ that will enable the department to

NOTE Confidence: 0.8931571

 $00:52:28.028 \longrightarrow 00:52:31.103$ continue the Thomas Detrie Awards

NOTE Confidence: 0.8931571

 $00:52:31.103 \longrightarrow 00:52:35.318$ to residents engaged in research.

NOTE Confidence: 0.8931571

 $00:52:35.320 \longrightarrow 00:52:37.976$ This has been a program that has been

NOTE Confidence: 0.8931571

 $00:52:37.976 \longrightarrow 00:52:40.909$ in the department for over a decade.

NOTE Confidence: 0.8931571

 $00:52:40.910 \longrightarrow 00:52:45.286$ And and will now be able to continue.

NOTE Confidence: 0.8931571

00:52:45.290 --> 00:52:48.062 I also want to acknowledge a number

NOTE Confidence: 0.8931571

 $00{:}52{:}48.062 \dashrightarrow 00{:}52{:}50.150$ of retirements in our department's

NOTE Confidence: 0.8931571

 $00:52:50.150 \longrightarrow 00:52:52.550$ recent or impending retirements.

NOTE Confidence: 0.8931571

00:52:52.550 --> 00:52:54.554 Dr Marshall Mandelkern,

NOTE Confidence: 0.8931571

 $00:52:54.554 \longrightarrow 00:52:57.840$ who was has been a long standing of

NOTE Confidence: 0.8931571

 $00:52:57.840 \longrightarrow 00:53:00.250$ a faculty member in our department.

NOTE Confidence: 0.8931571

 $00:53:00.250 \longrightarrow 00:53:03.208$ He was chief of the psychiatry

NOTE Confidence: 0.8931571

00:53:03.210 --> 00:53:06.570 services at Saint Raphael Hospital and

NOTE Confidence: 0.8931571

 $00:53:06.570 \longrightarrow 00:53:09.201$ has led the long term psychotherapy

 $00:53:09.201 \longrightarrow 00:53:11.103$ track from a number of years.

NOTE Confidence: 0.8931571

 $00{:}53{:}11.110 --> 00{:}53{:}13.930$ We deeply appreciated his contributions.

NOTE Confidence: 0.8931571

 $00:53:13.930 \longrightarrow 00:53:15.247$ Doctor Tom McMahon.

NOTE Confidence: 0.8931571

 $00:53:15.247 \longrightarrow 00:53:18.320$ Led the West Haven division of CMHC

NOTE Confidence: 0.8931571

 $00:53:18.406 \longrightarrow 00:53:21.040$ and has been an instrumental mentor

NOTE Confidence: 0.8931571

 $00{:}53{:}21.040 \dashrightarrow 00{:}53{:}24.607$ and educator in the department in the

NOTE Confidence: 0.8931571

00:53:24.607 --> 00:53:31.188 Sychology section, Joan Crecca the the.

NOTE Confidence: 0.8931571

 $00:53:31.190 \longrightarrow 00:53:33.330$ You know person who is.

NOTE Confidence: 0.8931571

 $00:53:33.330 \longrightarrow 00:53:35.940$ Held the psychology section together for

NOTE Confidence: 0.8931571

00:53:35.940 --> 00:53:39.310 many many years as the as the key Staff,

NOTE Confidence: 0.8931571

 $00{:}53{:}39.310 \dashrightarrow 00{:}53{:}42.564$ staff, person and who is, you know,

NOTE Confidence: 0.8931571

00:53:42.564 --> 00:53:44.946 a beloved figure in our department

NOTE Confidence: 0.8931571

 $00:53:44.946 \longrightarrow 00:53:46.410$ and Karen Robotti,

NOTE Confidence: 0.8931571

00:53:46.410 --> 00:53:50.530 who similarly has has been.

NOTE Confidence: 0.8931571

00:53:50.530 --> 00:53:52.744 One of the cornerstones of our

 $00:53:52.744 \longrightarrow 00:53:55.641$ department for a very long time as

NOTE Confidence: 0.8931571

 $00{:}53{:}55.641 \dashrightarrow 00{:}53{:}57.429$ an administrative staff member.

NOTE Confidence: 0.8931571

00:53:57.430 --> 00:54:00.598 I has played such a key role in the

NOTE Confidence: 0.8931571

 $00:54:00.598 \longrightarrow 00:54:02.683$ Department of Business Administration

NOTE Confidence: 0.8931571

 $00:54:02.683 \longrightarrow 00:54:05.989$ and a really valued colleague and

NOTE Confidence: 0.8931571

 $00:54:05.989 \longrightarrow 00:54:08.646$ contributor to the success of our

NOTE Confidence: 0.8931571

 $00:54:08.646 \longrightarrow 00:54:11.100$ department who also has retired this year.

NOTE Confidence: 0.9094368175

 $00:54:14.450 \longrightarrow 00:54:16.790$ Also, when I acknowledge.

NOTE Confidence: 0.9094368175

00:54:16.790 --> 00:54:18.818 My administrative assistant help

NOTE Confidence: 0.9094368175

00:54:18.818 --> 00:54:22.142 in Donahoe who is retiring after

NOTE Confidence: 0.9094368175

 $00:54:22.142 \longrightarrow 00:54:25.340$ 25 years of working with me.

NOTE Confidence: 0.9094368175

 $00:54:25.340 \longrightarrow 00:54:28.588$ There's probably no tougher job than putting

NOTE Confidence: 0.9094368175

 $00:54:28.588 \longrightarrow 00:54:33.136$ up with me for 25 years and helping.

NOTE Confidence: 0.9094368175

 $00:54:33.136 \longrightarrow 00:54:37.248$ Is just a remarkable.

NOTE Confidence: 0.9094368175

 $00:54:37.250 \longrightarrow 00:54:40.058$ Contributor in so many ways to

NOTE Confidence: 0.9094368175

 $00:54:40.058 \longrightarrow 00:54:43.104$ the success of the Chair Chair's

 $00:54:43.104 \longrightarrow 00:54:46.074$ office for the Department of

NOTE Confidence: 0.9094368175

 $00{:}54{:}46.074 \dashrightarrow 00{:}54{:}49.580$ Psychiatry and just a wonderful.

NOTE Confidence: 0.9094368175

00:54:49.580 --> 00:54:51.476 Collaborator and partner in all that

NOTE Confidence: 0.9094368175

 $00:54:51.476 \longrightarrow 00:54:54.070$ we do in the Chairs office for the

NOTE Confidence: 0.9094368175

00:54:54.070 --> 00:54:56.290 department and I I can tell you,

NOTE Confidence: 0.9094368175

 $00:54:56.290 \longrightarrow 00:54:58.747$ helping that we are in your in

NOTE Confidence: 0.9094368175

 $00:54:58.747 \longrightarrow 00:55:01.606$ your debt as a department and I am

NOTE Confidence: 0.9094368175

 $00:55:01.610 \longrightarrow 00:55:03.944$ personally deeply in your debt for

NOTE Confidence: 0.9094368175

 $00{:}55{:}03.944 \longrightarrow 00{:}55{:}06.830$ all that you have brought to your

NOTE Confidence: 0.9094368175

 $00:55:06.830 \longrightarrow 00:55:09.326$ work every day for the department.

NOTE Confidence: 0.9094368175

 $00:55:09.330 \longrightarrow 00:55:12.480$ So thank you so much.

NOTE Confidence: 0.9094368175

 $00:55:12.480 \longrightarrow 00:55:14.559$ I also want to acknowledge some people

NOTE Confidence: 0.9094368175

 $00{:}55{:}14.559 \dashrightarrow 00{:}55{:}16.668$ who passed away during the past year.

NOTE Confidence: 0.9094368175

00:55:16.670 --> 00:55:17.696 Charlie Reardon,

NOTE Confidence: 0.9094368175

00:55:17.696 --> 00:55:20.261 an expert in substance abuse

 $00:55:20.261 \longrightarrow 00:55:21.800$ research and treatment,

NOTE Confidence: 0.9094368175

00:55:21.800 --> 00:55:24.201 who also was a chief of psychiatry

NOTE Confidence: 0.9094368175

00:55:24.201 --> 00:55:26.840 at the Saint Raphael's Doctor

NOTE Confidence: 0.9094368175

 $00:55:26.840 \longrightarrow 00:55:30.360$ Michael Stelman from CMHC.

NOTE Confidence: 0.9094368175

 $00:55:30.360 \longrightarrow 00:55:33.024$ And particularly two people,

NOTE Confidence: 0.9094368175

00:55:33.024 --> 00:55:34.356 Seth Axelrod,

NOTE Confidence: 0.9094368175

 $00:55:34.360 \longrightarrow 00:55:36.984$ who passed away this year after a long

NOTE Confidence: 0.9094368175

 $00:55:36.984 \longrightarrow 00:55:39.558$ and courageous battle against a long illness.

NOTE Confidence: 0.9094368175

 $00{:}55{:}39.560 \dashrightarrow 00{:}55{:}43.308$ Really an inspiring person.

NOTE Confidence: 0.9094368175

 $00:55:43.310 \longrightarrow 00:55:45.610$ A person who trained with

NOTE Confidence: 0.9094368175

00:55:45.610 --> 00:55:46.990 Doctor Marsha Linehan,

NOTE Confidence: 0.9094368175

 $00:55:46.990 \longrightarrow 00:55:48.898$ the person who developed

NOTE Confidence: 0.9094368175

00:55:48.898 --> 00:55:50.329 dialectical behavioral therapy,

NOTE Confidence: 0.9094368175

 $00{:}55{:}50.330 \dashrightarrow 00{:}55{:}53.330$ and who brought DBT TL.

NOTE Confidence: 0.9094368175

 $00:55:53.330 \longrightarrow 00:55:56.698$ He also established and LED for many years,

NOTE Confidence: 0.9094368175

 $00:55:56.700 \longrightarrow 00:55:59.725$ a national conference on borderline

00:55:59.725 --> 00:56:02.430 personality disorder and in so many ways,

NOTE Confidence: 0.9094368175

 $00:56:02.430 \longrightarrow 00:56:04.504$ inspired, mentored,

NOTE Confidence: 0.9094368175

 $00:56:04.504 \longrightarrow 00:56:06.578$ collaborated, taught.

NOTE Confidence: 0.9094368175

00:56:06.580 --> 00:56:11.356 And treated so many people in our community,

NOTE Confidence: 0.9094368175 00:56:11.360 --> 00:56:11.928 Seth, NOTE Confidence: 0.9094368175

 $00:56:11.928 \longrightarrow 00:56:14.200$ we miss you terribly.

NOTE Confidence: 0.881446947272727

 $00:56:16.530 \longrightarrow 00:56:18.614$ And lastly, Steve Southwick.

NOTE Confidence: 0.881446947272727

 $00{:}56{:}18.614 \dashrightarrow 00{:}56{:}21.740$ This is a picture of Steve

NOTE Confidence: 0.881446947272727

 $00:56:21.837 \longrightarrow 00:56:26.080$ Southwick on the 9th floor of the

NOTE Confidence: 0.881446947272727

 $00{:}56{:}26.080 \dashrightarrow 00{:}56{:}28.340$ VA Connecticut healthcare system.

NOTE Confidence: 0.881446947272727

00:56:28.340 --> 00:56:31.763 This is there's someone here you probably

NOTE Confidence: 0.881446947272727

 $00:56:31.763 \longrightarrow 00:56:34.600$ don't recognize due to his disguise.

NOTE Confidence: 0.881446947272727

 $00{:}56{:}34.600 \dashrightarrow 00{:}56{:}37.920$ This is from the 1980s.

NOTE Confidence: 0.881446947272727

00:56:37.920 --> 00:56:39.711 Steve Rachel yehuda.

NOTE Confidence: 0.881446947272727

 $00:56:39.711 \longrightarrow 00:56:42.099$ One of his mentees,

 $00:56:42.100 \longrightarrow 00:56:44.711$ who has gone on to become a

NOTE Confidence: 0.881446947272727

00:56:44.711 --> 00:56:47.399 major figure in in PTSD research.

NOTE Confidence: 0.881446947272727 00:56:47.400 --> 00:56:48.086 Earl Giller, NOTE Confidence: 0.881446947272727

 $00:56:48.086 \longrightarrow 00:56:50.487$ former chief of psychiatry at the VA.

NOTE Confidence: 0.937614956666667

 $00:56:52.740 \longrightarrow 00:56:55.845$ But but I I thought it was very fitting.

NOTE Confidence: 0.937614956666667

 $00:56:55.850 \longrightarrow 00:56:59.178$ To reflect on on all that Steve has

NOTE Confidence: 0.937614956666667

 $00:56:59.178 \longrightarrow 00:57:02.590$ contributed as a pioneer in in PTSD

NOTE Confidence: 0.937614956666667

 $00{:}57{:}02.590 \dashrightarrow 00{:}57{:}04.586$ research and resilience research.

NOTE Confidence: 0.937614956666667

 $00{:}57{:}04.590 \dashrightarrow 00{:}57{:}07.286$ His resilience parental principles

NOTE Confidence: 0.937614956666667

 $00:57:07.286 \longrightarrow 00:57:09.880$ are are really important for

NOTE Confidence: 0.937614956666667

 $00:57:09.880 \longrightarrow 00:57:11.590$ us to reflect on when we,

NOTE Confidence: 0.937614956666667

 $00:57:11.590 \longrightarrow 00:57:12.878$ ourselves, individually,

NOTE Confidence: 0.937614956666667

 $00:57:12.878 \longrightarrow 00:57:17.386$ our families and our Community are are

NOTE Confidence: 0.937614956666667

 $00:57:17.390 \longrightarrow 00:57:22.136$ tested by so many challenges these days.

NOTE Confidence: 0.937614956666667

 $00:57:22.140 \longrightarrow 00:57:26.292$ His his His 10 principles were

NOTE Confidence: 0.937614956666667

 $00:57:26.292 \longrightarrow 00:57:30.480$ to keep a positive attitude,

00:57:30.480 --> 00:57:32.764 to reframe stressful thoughts

NOTE Confidence: 0.937614956666667

00:57:32.764 --> 00:57:35.048 in more constructive ways.

NOTE Confidence: 0.937614956666667

 $00{:}57{:}35.050 \dashrightarrow 00{:}57{:}37.610$ To develop one's moral compass.

NOTE Confidence: 0.937614956666667

 $00:57:37.610 \longrightarrow 00:57:39.892$ In ways that enable us to be

NOTE Confidence: 0.937614956666667

 $00:57:39.892 \longrightarrow 00:57:42.374$ connected to a broader and deeper

NOTE Confidence: 0.937614956666667

 $00:57:42.374 \longrightarrow 00:57:44.744$ and inspiring sense of mission.

NOTE Confidence: 0.937614956666667

 $00:57:44.750 \longrightarrow 00:57:47.590$ To find resilient role models.

NOTE Confidence: 0.937614956666667

 $00:57:47.590 \longrightarrow 00:57:50.638$ Who's whose behavior is we can

NOTE Confidence: 0.937614956666667

 $00{:}57{:}50.638 \dashrightarrow 00{:}57{:}53.646$ emulate in in learning ways that

NOTE Confidence: 0.937614956666667

 $00{:}57{:}53.646 \dashrightarrow 00{:}57{:}56.230$ we can be individually resilient.

NOTE Confidence: 0.937614956666667

 $00{:}57{:}56.230 {\:{\circ}{\circ}{\circ}}>00{:}57{:}59.464$ To find ways to face our fears

NOTE Confidence: 0.937614956666667

 $00:57:59.464 \longrightarrow 00:58:01.660$ and in so doing.

NOTE Confidence: 0.937614956666667

 $00{:}58{:}01.660 \dashrightarrow 00{:}58{:}06.010$ Work to manage them constructively.

NOTE Confidence: 0.937614956666667

 $00:58:06.010 \longrightarrow 00:58:09.060$ To develop active coping skills

NOTE Confidence: 0.937614956666667

 $00:58:09.060 \longrightarrow 00:58:13.544$ to help us to manage our stress.

00:58:13.544 --> 00:58:17.129 To nurture our support networks.

NOTE Confidence: 0.937614956666667

00:58:17.130 --> 00:58:18.522 That in turn,

NOTE Confidence: 0.937614956666667

 $00:58:18.522 \longrightarrow 00:58:20.935$ nurture us to prioritize our

NOTE Confidence: 0.937614956666667

 $00:58:20.935 \longrightarrow 00:58:24.732$ physical well being as we work to,

NOTE Confidence: 0.937614956666667

 $00:58:24.732 \longrightarrow 00:58:29.359$ to nurture our emotional and mental health.

NOTE Confidence: 0.937614956666667

 $00{:}58{:}29.360 \dashrightarrow 00{:}58{:}32.650$ And to train our brains because

NOTE Confidence: 0.937614956666667

 $00:58:32.650 \longrightarrow 00:58:34.930$ being stimulated and challenging

NOTE Confidence: 0.937614956666667

 $00:58:34.930 \longrightarrow 00:58:39.038$ is one of the ways that we can.

NOTE Confidence: 0.937614956666667

00:58:39.040 --> 00:58:42.550 Become both most fully ourselves

NOTE Confidence: 0.937614956666667

 $00:58:42.550 \longrightarrow 00:58:46.246$ to achieve the impact that that

NOTE Confidence: 0.937614956666667

 $00:58:46.246 \longrightarrow 00:58:50.210$ we can achieve and and to

NOTE Confidence: 0.937614956666667

 $00:58:50.210 \longrightarrow 00:58:52.210$ enjoy what we're doing.

NOTE Confidence: 0.937614956666667

 $00:58:52.210 \longrightarrow 00:58:53.218$ At the same time.

NOTE Confidence: 0.767697134

 $00:58:55.660 \longrightarrow 00:59:00.320$ And playing to our strengths so.

NOTE Confidence: 0.767697134

00:59:00.320 --> 00:59:03.688 In closing, I just want us all to remember

NOTE Confidence: 0.767697134

 $00:59:03.690 \longrightarrow 00:59:07.080$ that this is an incredible community.

 $00:59:07.080 \longrightarrow 00:59:11.103$ We are. We do so much for other people.

NOTE Confidence: 0.767697134

 $00:59:11.110 \longrightarrow 00:59:14.680$ We do so much for each other.

NOTE Confidence: 0.767697134

 $00:59:14.680 \longrightarrow 00:59:19.288$ We enjoy and and celebrate the

NOTE Confidence: 0.767697134

00:59:19.288 --> 00:59:23.690 accomplishments of everyone in our community.

NOTE Confidence: 0.767697134

 $00:59:23.690 \longrightarrow 00:59:26.075$ And we're evolving.

NOTE Confidence: 0.767697134

 $00:59:26.075 \longrightarrow 00:59:30.890$ We are changing. We are adapting.

NOTE Confidence: 0.767697134

 $00:59:30.890 \longrightarrow 00:59:35.810$ We are innovating. And.

NOTE Confidence: 0.767697134

 $00:59:35.810 \longrightarrow 00:59:38.510$ And we are having an impact.

NOTE Confidence: 0.767697134

 $00:59:38.510 \longrightarrow 00:59:41.550$ And we are all part of that process

NOTE Confidence: 0.767697134

 $00{:}59{:}41.550 \longrightarrow 00{:}59{:}45.860$ and every body contributes to it so.

NOTE Confidence: 0.767697134

 $00:59:45.860 \longrightarrow 00:59:51.430$ I I really I I I am thrilled to continue

NOTE Confidence: 0.767697134

 $00:59:51.430 \longrightarrow 00:59:54.520$ to lead this department every day.

NOTE Confidence: 0.767697134

 $00{:}59{:}54.520 \dashrightarrow 00{:}59{:}58.104$ I'm inspired by all that you all

NOTE Confidence: 0.767697134

 $00:59:58.104 \longrightarrow 01:00:01.430$ bring to this department and.

NOTE Confidence: 0.832264608823529

 $01:00:03.640 \longrightarrow 01:00:06.528$ In in closing, I want to again thank

 $01:00:06.528 \longrightarrow 01:00:08.854$ in particular the people that made

NOTE Confidence: 0.832264608823529

 $01:00:08.854 \longrightarrow 01:00:11.332$ the videos today and thank Chris

NOTE Confidence: 0.832264608823529

01:00:11.332 --> 01:00:13.993 Gardner for pulling those videos

NOTE Confidence: 0.832264608823529

 $01:00:13.993 \longrightarrow 01:00:18.050$ together and thank all of you and

NOTE Confidence: 0.832264608823529

 $01:00:18.050 \longrightarrow 01:00:22.130$ we have a little bit of time for

NOTE Confidence: 0.832264608823529

01:00:22.130 --> 01:00:25.071 questions so I will stop sharing my

NOTE Confidence: 0.832264608823529

 $01:00:25.071 \longrightarrow 01:00:28.630$ screen and see if there is a way.

NOTE Confidence: 0.67081877

 $01:00:31.200 \longrightarrow 01:00:33.768$ To answer questions.

NOTE Confidence: 0.6809245

 $01:00:38.290 \longrightarrow 01:00:41.010$ And to to state comments.

NOTE Confidence: 0.785829813333333

 $01:00:44.450 \longrightarrow 01:00:46.550$ So let me see the first.

NOTE Confidence: 0.7858298133333333

 $01{:}00{:}46.550 \dashrightarrow 01{:}00{:}50.560$ Some of the comments that I see are.

NOTE Confidence: 0.76223448

01:00:52.960 --> 01:00:56.680 One, a comment that Michelle Silva's

NOTE Confidence: 0.76223448

 $01{:}00{:}56.680 \dashrightarrow 01{:}00{:}58.880$ statement needs to be corrected.

NOTE Confidence: 0.76223448

01:00:58.880 --> 01:01:01.512 As of Wednesday, she is now officially

NOTE Confidence: 0.76223448

 $01:01:01.512 \longrightarrow 01:01:03.165$ associate professor and congratulations

NOTE Confidence: 0.76223448

 $01:01:03.165 \longrightarrow 01:01:05.490$ to Michelle and her promotion.

 $01:01:08.110 \longrightarrow 01:01:13.606$ And then. Comments really about

NOTE Confidence: 0.48821048835

01:01:13.606 --> 01:01:16.916 how wonderful the videos were,

NOTE Confidence: 0.48821048835

 $01:01:16.920 \longrightarrow 01:01:21.860$ so moving. So, so wonderful.

NOTE Confidence: 0.48821048835

 $01:01:21.860 \longrightarrow 01:01:24.550$ There's a comment from Charlie.

NOTE Confidence: 0.48821048835

01:01:24.550 --> 01:01:27.614 Nice to everybody that there is a going

NOTE Confidence: 0.48821048835

 $01:01:27.614 \longrightarrow 01:01:30.814$ to be a rally to denounce the Supreme

NOTE Confidence: 0.48821048835

 $01:01:30.814 \longrightarrow 01:01:33.889$ Court decision and there's a link to

NOTE Confidence: 0.48821048835

01:01:33.889 --> 01:01:36.945 people who want to get involved with that.

NOTE Confidence: 0.48821048835

01:01:36.950 --> 01:01:41.108 A comment from. Directly to me,

NOTE Confidence: 0.48821048835

 $01:01:41.108 \longrightarrow 01:01:43.460$ so since it was directly to me,

NOTE Confidence: 0.48821048835

01:01:43.460 --> 01:01:45.364 I will omit the name of the person

NOTE Confidence: 0.48821048835

01:01:45.364 --> 01:01:47.369 who named the count made the comment,

NOTE Confidence: 0.48821048835

 $01:01:47.370 \longrightarrow 01:01:49.582$ which is that we also have the

NOTE Confidence: 0.48821048835

 $01:01:49.582 \longrightarrow 01:01:51.440$ most diverse class of residents

NOTE Confidence: 0.48821048835

01:01:51.440 --> 01:01:53.120 among Ivy League programs.

 $01:01:53.120 \longrightarrow 01:01:56.042$ Besides being the only of the

NOTE Confidence: 0.48821048835

 $01{:}01{:}56.042 \dashrightarrow 01{:}01{:}57.990$ eight programs who accept.

NOTE Confidence: 0.48821048835

01:01:57.990 --> 01:02:00.782 Accepted in Internet International

NOTE Confidence: 0.48821048835

 $01:02:00.782 \longrightarrow 01:02:03.574$ medical graduate this year.

NOTE Confidence: 0.48821048835

 $01:02:03.580 \longrightarrow 01:02:06.219$ A and he said this person says

NOTE Confidence: 0.48821048835

 $01:02:06.219 \longrightarrow 01:02:08.910$ I'm very grateful to be here and

NOTE Confidence: 0.48821048835

 $01:02:08.910 \longrightarrow 01:02:11.124$ we're grateful to have you here.

NOTE Confidence: 0.7110601395

01:02:15.980 --> 01:02:19.255 The yodelin put the survey

NOTE Confidence: 0.7110601395

 $01:02:19.255 \longrightarrow 01:02:25.520$ link for the for the for the.

NOTE Confidence: 0.7110601395

 $01:02:25.520 \longrightarrow 01:02:28.376$ Mission Vision value statement into the chat.

NOTE Confidence: 0.7110601395

 $01:02:28.380 \longrightarrow 01:02:32.727$ So anyone who wants to go to that website

NOTE Confidence: 0.7110601395

 $01:02:32.727 \longrightarrow 01:02:37.400$ should be able to provide. Comments.

NOTE Confidence: 0.7110601395

 $01:02:37.400 \longrightarrow 01:02:39.722$ How Peterson corrected my slide in

NOTE Confidence: 0.7110601395

01:02:39.722 --> 01:02:42.323 in saying that Yodelin is also one

NOTE Confidence: 0.7110601395

 $01:02:42.323 \longrightarrow 01:02:44.605$ of the Co leads for Project Synapse.

NOTE Confidence: 0.7110601395

 $01{:}02{:}44.610 \dashrightarrow 01{:}02{:}49.590$ I apologize for that that error.

01:02:49.590 --> 01:02:52.406 And Amy Bradley, one of the Co leaders,

NOTE Confidence: 0.7110601395

 $01:02:52.410 \longrightarrow 01:02:55.428$ says that if you'd like to join and

NOTE Confidence: 0.7110601395

 $01:02:55.428 \longrightarrow 01:02:57.940$ become more a part of Project Synapse that

NOTE Confidence: 0.7110601395

01:02:58.006 --> 01:03:01.840 there's a site project synapse at yale.edu.

NOTE Confidence: 0.7110601395

 $01:03:01.840 \longrightarrow 01:03:04.780$ Best with best wishes to help

NOTE Confidence: 0.7110601395

 $01:03:04.780 \longrightarrow 01:03:08.050$ in the amazing help and Donohoe.

NOTE Confidence: 0.7110601395

 $01:03:08.050 \longrightarrow 01:03:11.520$ And who the question is,

NOTE Confidence: 0.7110601395

01:03:11.520 --> 01:03:14.950 what will I do without you helping?

NOTE Confidence: 0.7110601395

 $01:03:14.950 \longrightarrow 01:03:17.730$ And and I will.

NOTE Confidence: 0.7110601395

01:03:17.730 --> 01:03:20.510 That's a great question,

NOTE Confidence: 0.7110601395

 $01:03:20.510 \longrightarrow 01:03:22.790$ but I I can't say that we have.

NOTE Confidence: 0.7110601395

 $01:03:22.790 \longrightarrow 01:03:25.604$ We will shortly announce a person

NOTE Confidence: 0.7110601395

 $01{:}03{:}25.604 \dashrightarrow 01{:}03{:}29.142$ who will step into house and help

NOTE Confidence: 0.7110601395

 $01:03:29.142 \longrightarrow 01:03:31.603$ and's position later this year.

NOTE Confidence: 0.7110601395

 $01:03:31.603 \longrightarrow 01:03:36.970$ And and I think you will get to know her.

01:03:36.970 --> 01:03:41.674 And as I have done very in

NOTE Confidence: 0.7110601395

 $01:03:41.674 \longrightarrow 01:03:44.400$ the recruitment process so.

NOTE Confidence: 0.753795860181818

 $01:03:51.550 \longrightarrow 01:03:53.860$ I'm open to taking any questions

NOTE Confidence: 0.753795860181818

 $01:03:53.860 \longrightarrow 01:03:55.910$ that anyone has this point.

NOTE Confidence: 0.753795860181818

01:03:55.910 --> 01:03:57.122 I I see a question about

NOTE Confidence: 0.753795860181818

 $01:03:57.122 \longrightarrow 01:03:57.930$ whether the department could

NOTE Confidence: 0.753795860181818

01:03:57.970 --> 01:03:59.000 make a statement about Roe.