

**The Natural History Study of the
Development of Type 1 Diabetes:
*Pathway to Prevention***
(HIC # 0608001761)
FOR FAMILY MEMBERS ONLY

The goal of this study is to learn more about how type 1 diabetes develops in “at-risk” individuals. Relatives of those diagnosed with type 1 diabetes have a 10 to 15 times greater risk for developing the disease than people with no family history.

Participation begins in the Screening Phase with a blood test to see if you have autoantibodies associated with a risk of developing diabetes. Only about 5% of those tested will show the presence of these diabetes related markers in the blood. Having the marker does not necessarily mean you will get diabetes.

Individuals who are found to have these autoantibodies present will have the opportunity to continue to the Monitoring Phase of the study to help to determine their level of risk. The Monitoring Phase offers periodic close observation for the development of diabetes and the chance to find out eligibility for participation in a Prevention Study.

You can be screened for this study if:

- You are 1-45 years of age AND have a brother, sister, child or parent with type 1 diabetes **OR**
- You are 1-20 years of age AND have a cousin, aunt, uncle, niece, nephew, half-sibling or grandparent with type 1 diabetes

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