SPIRIT Newsletter

The Southern New England Partnership in Stroke Research, Innovation and Treatment

**Announcements**

- **CONGRATULATIONS** to site PI Dr. Ali Mahta and Primary Study Coordinator Nicholas Andrews at Rhode Island for their first SATURN enrollment in Ma

- **SAVE THE DATE:** Join us for the Virtual Fall StrokeNet SPIRIT Conference!
  - Wednesday, October 6, 2021 | Zoom

- Reminders for StrokeNet RCC Principal Investigators and RCC Managers
Reminders for StrokeNet RCC Principal Investigators and RCC Managers

- VERIFY Site Selection Survey due to Ruth by **Wednesday, June 23**
- The CAVIS Feasibility Survey due to Ruth by **Wednesday, June 23**
- The StrokeNet ANNUAL SURVEY - Complete for sites that are part of by **Friday, July 9**.

---

**Welcome 2021-2022 SPIRIT StrokeNet Fellow**

Rachel Forman, MD from Yale!

---

**Best Wishes**

Congratulations to Yale Study Coordinator Alexandria Soto, who will soon be attending Duke University School of Medicine. Thank you for all of your contributions!

---

**Time to Celebrate**

Congratulations to Brown Study Coordinator Nicholas Andrews! I attend New York Institute of Technology College of Osteopathic Medicine

SPIRIT thanks you!
Clinical Trial Enrollment Updates:

- **ARCADIA**
  - Yale - 55 consented - 9 randomized
  - North Shore - 16 consented - 5 randomized
  - Rhode Island - 33 consented - 6 randomized
  - Hartford Hospital - 12 consented - 3 randomized
  - Lenox Hill Hospital - 10 consented - 1 randomized

- **SLEEPSMART**
  - Yale - 20 consented - 8 randomized
  - North Shore - 39 consented - 14 randomized
  - Hartford Hospital - 7 consented - 1 randomized
  - Staten Island - 5 consented

- **MOST**
  - Yale - 8
  - North Shore - 1

- **ARCADIA -CSI**
  - Yale - 1
  - Hartford - 3
  - Rhode Island - 1
  - North Shore - 0

- **I-ACQUIRE**
  - Yale - 3

- **ASPIRF**
ASPIRE
- Yale - 4 consented - 2 randomized
- Hartford - 0
- Rhode Island - 0
- North Shore - 0

SATURN
- Hartford - 2
- Yale - 1
- Rhode Island - 1
- North Shore - 0

Total Enrollments by SPIRIT Centers, 6/1/18-6/10/21

PI & Coordinator Spotlight: Dr. Adam Ja
& Research Coordinator Alex Soto
We would like to recognize Site PI Dr. Adam Jasne and Research Coordinator Alexandria Soto at Yale for their amazing efforts in leading SPIRIT in MO enrollments.

Research Update

Yan Hou, MD, PhD, SPIRIT StrokeNet Fellow for 2020-2021 from Hartford Hospital, has had a productive year! Her research project investigated whether potential embolic sources differ in patients with embolic stroke of undetermined source (ESUS) according to age. Using a retrospective cohort study with patients admitted to Hartford Hospital from 2005-2019, young patients (ages 18-49) with ESUS were matched with an older patient (ages 50-99) with ESUS by admission date. Using a chi-square analysis, findings were that PES prevalence increases with age; patent foramen ovale (PFO) is the
common PES identified in 42% of young ESUS patients; 35% of young patients with ESUS have no PES identified; recurrence rate of stroke in young patients with ESUS is low (yearly); and PFO (without closure) is associated with risk of recurrent stroke in young ESUS patients.

Dr. Hou was mentored by Amre T MD and Mark Alberts, MD of Hartford Hospital and Walter Kernan, MD, Director of the SPIRIT Education Core at Yale.

**SPIRIT FEATURED PUBLICATIONS**

**Anesthetic Management for Endovascular Treatment of Stroke in Patients with Coronavirus Disease 2019: A Case Series**


**Thrombolytic therapy for wake-up stroke: A systematic review and meta-analysis**


**Congratulations**

Northwell's Sarah Nazir was recently

**Bravo**

Northwell's Melinda Harbhajan
Northwell’s Sarah Nazir was recently promoted to Clinical Research Coordinator. Well done!

Northwell’s Melinda Harbhajan was recently promoted to Clinical Research Assistant. Congratulations!

SPIRIT Kudos from Year 3 RPPR

Notable accomplishments from Year 3's Research Performance Progress Repo

- In February, Rhode Island Hospital was the top consenting site for ARCADIA with four consents (ARCADIA Newsletter, March 2021).
- In October, Yale New Haven Hospital was the top consenting site for ARCADIA with four consents (ARCADIA Newsletter, November 2020).
- In February, Hartford Hospital was recognized for two randomizations for SATURN (SATURN Newsletter, February 2021).
- In October, North Shore University was recognized for seven randomizations for Sleep SMART (Sleep SMART Newsletter, September/October 2020).
- Yale enrolled two MOST patients within 90 days of each other for an extra $5,000 - twice, in March and May 2021 - for a total bonus payment of $10,000!

Sara Jasak, Yale Stroke and Neuro ICU
Sara Jasak, the Clinical Research Nurse Manager for Yale and former Neurology Clinical Research Coordinator for Hartford Hospital, was recently selected to run in the 125th Boston Marathon on Monday, October 11, 2021. She will be running this world-famous marathon as part of Tedy’s Team. Tedy’s Team was founded in 2005 when Tedy Bruschi, former linebacker for the New England Patriots, suffered a stroke shortly after winning his third Super Bowl. The mission of Tedy’s Team is to raise awareness for stroke and heart disease while supporting survivors on their journey, thereby giving them a means for a comeback!

We invite you to donate to this worthy cause by visiting Sara's fundraising page. Thank you in advance for your consideration and generosity!

Have a Safe and Happy Summer!