## Yale School of Medicine Resources

📚 Students 📺 Staff 🍦 Faculty

### **MD and MD-PhD Student Resources**

John Francis, MD, PhD, Associate Dean for Student Affairs 203-500-4176

john.francis@yale.edu Available to support all MD and MD-PhD students.

#### Peer Advocates Program

Provides students with non-threatening peer listeners who are available at any time of the day or night to confidentially discuss strategies, reality test, brainstorm solutions when encountered with challenging personal, academic, or professional situations, and point students in the direction of appropriate resources.

### **Physician Assistant Online Student Resources**

#### Faculty Advisor

Assigned to each student. Assignments are made prior to the start of classes.

🗢 Uwill

#### Registration link

Uwill enables students to receive real-time counseling online from a network of licensed mental health professionals. After setting up a profile, students are almost immediately connected to a licensed mental health counselor based on their unique needs and preferences. Students can engage in up to six video or phone sessions a year at no cost.

### **Physician Associate Student Resources**

#### <sup>5</sup> David Brissette, MMSc, PA-C, Interim Director

david.brissette@yale.edu Available to support all Physician Associate students.

### **ODEI Office Contacts and Resources**

#### Marietta Vázquez, MD, Associate Dean for Medical Student Diversity

203-981-0509 marietta.vazquez@yale.edu Works directly on the professional development of students who are marginalized or underrepresented in medicine.

#### Linda Jackson, Associate Director, YSM Diversity Office; Director of Educational Outreach Programs

linda.jackson@yale.edu Devoted to making all students—and particularly those underrepresented in medicine—feel at home during their YSM experience.

#### Diversity, Inclusion, Community Engagement, and Equity (DICE)

Committed to increasing the number of students underrepresented in medicine in the YSM pipeline and promoting retention, fostering an inclusive YSM climate, supporting trainee-led programs to benefit the New Haven community, and collaborating with trainees on social justice issues. DICE also provides funding and administrative support for YSM's numerous student affinity groups.

#### Student Accessibility Services

Facilitates individualized accommodations for undergraduate, graduate, and professional school students with disabilities and works to remove barriers that may prevent full participation in the university community.

#### Office of International Students & Scholars

Supports international students throughout their Yale experience and beyond.

## Darin A. Latimore, MD, Deputy Dean for Diversity & Inclusion and Chief Diversity Officer darin.latimore@yale.edu

Devoted to increasing diversity within medical and academic spaces and improving the climate of Yale School of Medicine's learning and working environments.

## Karina Gonzalez Herrera, PhD, Associate Dean, Diversity and Inclusion Programs karina.gonzalez@yale.edu

# Cindy Crusto, PhD, Associate Dean for Gender Equity and Director of the Office for Women in Medicine and Science

cindy.crusto@yale.edu

Fosters gender equality, supports women as they navigate their career paths and advancement, and creates leadership opportunities for women.

### 🗢 🖆 🛉 Dean's Advisory Council on LGBTQI+ Affairs (DAC)

Champions intersectional advocacy, social justice, community building, and health equity of LGBTQI+ people at and served by Yale School of Medicine and Yale New Haven Hospital while serving as a resource on these topics.

### E T Discrimination and Harassment Resource Coordinators

Receive student concerns and offer advice and guidance related to diversity and inclusion, discrimination and harassment, and equal opportunity; may also help facilitate informal resolution.

### 🗢 🖆 🛉 Title IX Coordinators

Resolve complaints and address issues of gender-based discrimination and sexual misconduct, and also develop and disseminate programs to ensure that students, faculty, and staff work and study in a community that promotes respect and responsibility.

## 🗢 🖆 🛉 Office of LGBTQ Resources

Supports and empowers people of all sexual orientations, gender identities, and expressions to strengthen and unite the Yale University and New Haven communities.

### if Office of Institutional Equity and Access

Administers an Employment Accommodations Program for persons with disabilities that coordinates the reasonable accommodation process using a case management format.

### 🖆 🛉 Office of Diversity, Equity, and Inclusion (DEI)

Advances equality and opportunities for women and all groups underrepresented in medicine through education, training, community, and advocacy. These efforts are led by Darin Latimore, MD, Yale School of Medicine's first deputy dean for diversity and inclusion and its first chief diversity officer.

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Promotes the academic growth of women in medicine and medical sciences.

### **Mental Health Contacts and Resources**

#### YSM Student Mental Health and Wellness Program

Provides short-term (up to four sessions) mental health consultation and intervention to address mild-to-moderate severity symptoms (e.g., depressed mood or anxiety) or acute adjustment issues (e.g., role stress, grief, relationship changes). These sessions can be virtual or in-person. The program also provides wellness resources. **Schedule an appointment.** 

#### Yale Student Mental Health and Counseling

#### 203-432-0290

Appointments for an initial consultation can be made by phone during business hours, Monday to Friday 8:30 a.m. - 5 p.m. Initial appointment to speak with a clinician will be made available within one week.

#### Yale Student Urgent Mental Health Services

Provides an on-call clinician available to any student in an urgent situation, 24 hours a day, 365 days a year. Urgent daytime calls go to the department, 203-432-0290, and after-hours calls go to Acute Care, 203-432-0123.

#### Yale Health Group Therapy

Provides a type of counseling in which a small group of people meets weekly to discuss their concerns and problems. A therapist leads the group by helping to facilitate these conversations. Group members use feedback from others in the group to develop new perspectives and reflect on their experiences.

### **Financial Resources**

#### Yale School of Medicine Student Emergency Aid Fund

Designed to provide short-term financial assistance to students enrolled in the Physician Associate, Physician Assistant Online, MD, and MD/PhD programs who are struggling with unanticipated or emergency financial situations.

### 🖆 🛉 Yale Signature Benefits

Whether in need of counseling support, financial planning assistance, or help with balancing family and work responsibilities, Yale's Signature Benefits offer many valuable benefits and resources in the areas of personal wellness, financial wellness, and work-life balance.

#### **Safety Resources**

★ ▲ Ŷ Yale Public Safety/Yale Police & Security

#### LiveSave APP

Police and Fire Emergency 911 University Police Dispatch (non-emergencies) 203-432-4400 University Police Patrol Coordinator 203-432-4415 University Police Assistant Patrol Coordinator 203-432-4421 University Police Investigative Services Unit 203-432-4406 University Police Recruitment 203-432-4402 Victim Services 203-432-9547 New Haven PD Neighborhood Services 203-946-6285

### 🗢 靖 🛉 Sexual Harassment and Assault Response & Education Center (SHARE)

A resource for all members of the Yale community who are dealing with sexual misconduct of any kind, including sexual assault, sexual harassment, stalking, intimate partner violence, and more.

### 🗢 🖆 🛉 Sexual Misconduct Response & Prevention

Resources available to any member of the Yale community affected by sexual misconduct, as well as their friends and family.

### 🗢 🖆 🛉 Crisis Services – 24-hour hotlines

#### 203-789-8104

Links to external domestic violence and sexual assault resources and other support services.

### **Religious Resources**

### 🗢 🖆 🛉 Chaplain's Office

#### 203-432-1128

One-on-one meetings with chaplains available for anyone who would like to talk. Appointments can be made on their "Chat with a Chaplain" form by reaching out to one of the chaplains directly through email found on their staff bios, or by calling their office.

### 🗢 🖆 🛉 Joseph Slifka Center for Jewish Life

The central hub of Jewish life at Yale. As the Hillel at Yale, Slifka Center seeks to convene, connect, and equip Jewish students to make courageous contributions to the Jewish community and the world at large.

### **Student Affinity Groups**

#### Student National Medical Association (SNMA) & Latino Medical Student Association (LMSA) Contacts

Committed to building a community for current and future underrepresented minority medical students at Yale. nurturing an environment at YSM that supports these students, fostering connections between Yale and underserved communities in the greater New Haven area, and growing consciousness around issues of social and health equity.

#### Women in Medicine at Yale

Devoted to fostering the mentorship, education, empowerment, and advancement of women in medicine; promotes and organizes events for people of all genders about topics relating to women's careers in medicine and women's health.

Contacts:

Shanin Chowdhury, shanin.chowdhury@yale.edu Carlisle Topping, carlisle.topping@yale.edu Sarah Wilkins, sarah.wilkins@yale.edu

#### Yale First Generation/Low Income

Works to build a more welcoming community, advocate for mentorship, help first-generation American/college students and low-income students navigate medical school and the medical profession, and promote a more diverse recruitment of future medical students. Contacts:

Bassel Shanab, bassel.shanab@yale.edu Hang Nguyen, hang.nguyen@yale.edu

#### Yale Med Muslim Students Association

Creates a community for Muslim students to share their faith and to discuss the intersection of Islam and the practice of medicine.

Contacts:

Hanya Qureshi, hanya.qureshi@yale.edu Nazar Chowdhury, nazar.chowdhury@yale.edu

#### Yale BSS Diversity and Inclusion Committee

Contact: Anton Bennett, anton.bennett@Yale.edu

#### Yale Society for the Advancement of Chicanos and Native Americans in Science (SACNAS)

#### Contact:

Giovanna Guerrero-Medina, giovanna.guerrero-medina@yale.edu

### **Faculty and Staff Affinity Groups**

### Asian Network at Yale (ANY)

Events open to all Yale employees of Asian heritage and those who have an interest in learning more about Asian culture.

### ▲ DiversAbility at Yale (DAY)

Creates an environment that is open and inclusive for all individuals impacted by disability, through engagement, education, and advocacy. The group also focuses on ways to support the recruitment, retention, and advancement of staff and faculty with disabilities.

### Future Leaders of Yale (FLY)

Provides a voice, resources, and support for Yale staff members in the early stages of their career who seek to develop and strengthen their impact at Yale.

#### 🖆 🔋 Women's Faculty Forum (WFF)

Established in 2001 by senior women faculty during Yale's Tercentennial year to highlight the presence of women at the university and the accomplishments of Yale alumnae.

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Provides programs and resources to Yale's women employees to help them pursue personal and professional goalsenhancing their individual success furthers the advancement of the university.

### 🖆 🛉 Yale African American Affinity Group (YAAA)

Provides opportunities for staff to engage, build community, and make connections at Yale and the broader New Haven community.

#### Yale Ciencia Initiative

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An effort within YSM's Office of Diversity, Equity, and Inclusion to expand access to scientific knowledge, experiences, and careers among communities or populations traditionally underrepresented in, or underserved by, the scientific enterprise. The Yale Ciencia Initiative leverages a collaboration with Ciencia Puerto Rico, a large and dynamic community of more than 15,000 Latino students, educators, and professionals interested in science, technology, engineering, and math (STEM).

### Trainees with Chronic Illness (YATCI)

Dedicated to the well-being and professional development of medical trainees with chronic health conditions. YATCI was formed during the peak of the COVID-19 pandemic to form a community and advocate for trainees at higher risk of COVID-19, but it extends beyond the pandemic to include all trainees with chronic health conditions.

### Yale Latino Networking Group (YLNG)

Seeks to promote a community of interest among Latino staff members, and to champion an inclusive and empowering work environment for all Yale employees.

### 🖆 🛉 Yale LGBTQ Affinity Group

Connects Yale staff and faculty to foster a more welcoming and respectful campus community for lesbian, gay, bisexual, transgender, and queer individuals, and their allies.

### A Yale Veterans Network (YVN)

Creates a Yale community of veterans, veteran leaders, and allies who support and encourage their recruitment, career development, growth, and retention.