

WEBVTT

NOTE duration:"01:26:26.2290000"

NOTE recognizability:0.879

NOTE language:en-us

NOTE Confidence: 0.501924

00:00:00.000 --> 00:00:02.261 Well, good afternoon, everyone.

NOTE Confidence: 0.501924

00:00:02.261 --> 00:00:04.550 To those of you here in the

NOTE Confidence: 0.883097470769231

00:00:04.614 --> 00:00:06.308 Cohen and those on Zoom, thank you

NOTE Confidence: 0.883097470769231

00:00:06.308 --> 00:00:08.230 so much for being with us today.

NOTE Confidence: 0.831039771666667

00:00:08.470 --> 00:00:10.560 I do before we get started, just want

NOTE Confidence: 0.895691724

00:00:10.570 --> 00:00:12.240 to announce that the next,

NOTE Confidence: 0.895691724

00:00:12.240 --> 00:00:14.220 this is our last grand rounds for

NOTE Confidence: 0.895691724

00:00:14.220 --> 00:00:17.434 the year and we will pick up again on

NOTE Confidence: 0.895691724

00:00:17.434 --> 00:00:20.408 January 10th and I believe Linda will

NOTE Confidence: 0.895691724

00:00:20.408 --> 00:00:22.018 be addressing our community again.

NOTE Confidence: 0.895691724

00:00:22.020 --> 00:00:25.200 So we'll meet then and for today,

NOTE Confidence: 0.895691724

00:00:25.200 --> 00:00:28.380 I'm just so thrilled that we're

NOTE Confidence: 0.895691724

00:00:28.380 --> 00:00:30.574 able to have Doctor Carolyn.

NOTE Confidence: 0.895691724

00:00:30.574 --> 00:00:33.396 Roberts back with us today for our
NOTE Confidence: 0.895691724

00:00:33.396 --> 00:00:37.282 long-awaited part two of our 2022 Viola
NOTE Confidence: 0.895691724

00:00:37.282 --> 00:00:39.230 Bernard like Bernard Lecture series.
NOTE Confidence: 0.895691724

00:00:39.230 --> 00:00:41.490 And so before I pass things
NOTE Confidence: 0.895691724

00:00:41.490 --> 00:00:42.590 on to Doctor Carolyn Roberts,
NOTE Confidence: 0.895691724

00:00:42.590 --> 00:00:44.046 I just wanted to take a moment to
NOTE Confidence: 0.895691724

00:00:44.046 --> 00:00:46.340 share some information about Doctor
NOTE Confidence: 0.895691724

00:00:46.340 --> 00:00:47.910 Viola Bernard and her life's work
NOTE Confidence: 0.895691724

00:00:47.910 --> 00:00:49.498 and her generosity to our center.
NOTE Confidence: 0.840547146666667

00:00:52.840 --> 00:00:53.569 If my notes
NOTE Confidence: 0.90661283

00:00:53.580 --> 00:00:56.148 will cooperate, so.
NOTE Confidence: 0.94464482

00:00:58.180 --> 00:01:02.370 Let's see here. So Viola Bernard
NOTE Confidence: 0.904852595

00:01:02.380 --> 00:01:04.090 was a prominent New York psychiatrist,
NOTE Confidence: 0.904852595

00:01:04.090 --> 00:01:06.480 psychoanalyst, child welfare advocate,
NOTE Confidence: 0.904852595

00:01:06.480 --> 00:01:08.180 and political activist.
NOTE Confidence: 0.904852595

00:01:08.180 --> 00:01:10.256 Dr Bernard was a founder of the field

NOTE Confidence: 0.904852595

00:01:10.256 --> 00:01:12.189 of community psychology, which sought

NOTE Confidence: 0.792751401111111

00:01:12.200 --> 00:01:14.000 to use psychiatric insights to

NOTE Confidence: 0.792751401111111

00:01:14.000 --> 00:01:15.440 address larger social purposes.

NOTE Confidence: 0.792751401111111

00:01:15.440 --> 00:01:17.350 And she was an influential force in

NOTE Confidence: 0.880317427142857

00:01:17.360 --> 00:01:18.245 numerous child welfare

NOTE Confidence: 0.880317427142857

00:01:18.245 --> 00:01:19.425 organizations in New York

NOTE Confidence: 0.863656782857143

00:01:19.440 --> 00:01:21.515 City, was active in many

NOTE Confidence: 0.863656782857143

00:01:21.515 --> 00:01:22.345 professional organizations,

NOTE Confidence: 0.895351031666667

00:01:22.360 --> 00:01:25.024 and had particular expertise in the

NOTE Confidence: 0.895351031666667

00:01:25.024 --> 00:01:26.356 psychological issues surrounding

NOTE Confidence: 0.895351031666667

00:01:26.356 --> 00:01:27.790 adoption and infertility.

NOTE Confidence: 0.84286895

00:01:28.130 --> 00:01:29.785 Her work helped to expand

NOTE Confidence: 0.84286895

00:01:29.785 --> 00:01:31.440 adoptions to include children who

NOTE Confidence: 0.9098548375

00:01:31.450 --> 00:01:34.210 had been systemically marginalized.

NOTE Confidence: 0.9098548375

00:01:34.210 --> 00:01:36.112 Bernard helped found the Columbia

NOTE Confidence: 0.9098548375

00:01:36.112 --> 00:01:37.688 University Center for Psychoanalytic
NOTE Confidence: 0.9098548375

00:01:37.690 --> 00:01:39.181 Training and Research and was director
NOTE Confidence: 0.9098548375

00:01:39.181 --> 00:01:40.636 of the university's division of
NOTE Confidence: 0.9326594

00:01:40.650 --> 00:01:42.478 Community and Social Psychiatry,
NOTE Confidence: 0.858662127142857

00:01:42.790 --> 00:01:44.530 a joint program of the Department
NOTE Confidence: 0.858662127142857

00:01:44.530 --> 00:01:45.690 of Psychiatry and Columbia
NOTE Confidence: 0.858662127142857

00:01:45.747 --> 00:01:46.907 School of Public Health.
NOTE Confidence: 0.858662127142857

00:01:46.910 --> 00:01:48.892 And she served as medical director of
NOTE Confidence: 0.858662127142857

00:01:48.892 --> 00:01:50.647 the Family Development Research Unit,
NOTE Confidence: 0.858662127142857

00:01:50.650 --> 00:01:52.926 which is a long term study of the
NOTE Confidence: 0.858662127142857

00:01:52.926 --> 00:01:54.678 psychodynamics of family formation.
NOTE Confidence: 0.875080302

00:01:55.770 --> 00:01:57.440 Her dedication to social justice
NOTE Confidence: 0.9141381975

00:01:57.450 --> 00:02:00.270 and HealthEquity and innovation and the
NOTE Confidence: 0.9141381975

00:02:00.270 --> 00:02:02.230 generosity of the Viola Bernard Foundation
NOTE Confidence: 0.9141381975

00:02:02.230 --> 00:02:04.260 is part of what brings us together today.
NOTE Confidence: 0.9141381975

00:02:04.260 --> 00:02:06.365 The Viola Bernard Foundation has a long

NOTE Confidence: 0.9141381975
00:02:06.365 --> 00:02:08.440 history of supporting the Child Study Center,
NOTE Confidence: 0.9141381975
00:02:08.440 --> 00:02:10.890 especially in the early 2000s. Doctor
NOTE Confidence: 0.834830387
00:02:10.900 --> 00:02:12.760 Bernard had little patience for
NOTE Confidence: 0.834830387
00:02:12.760 --> 00:02:14.248 Band-Aid solutions and sought
NOTE Confidence: 0.834830387
00:02:14.248 --> 00:02:16.060 instead to take a multidisciplinary,
NOTE Confidence: 0.834830387
00:02:16.060 --> 00:02:18.274 multifaceted approach to complex
NOTE Confidence: 0.834830387
00:02:18.274 --> 00:02:20.298 problems with the goal of producing
NOTE Confidence: 0.834830387
00:02:20.300 --> 00:02:22.720 sustainable and replicable solutions.
NOTE Confidence: 0.82478775555556
00:02:23.870 --> 00:02:25.809 It is this spirit and dedication of
NOTE Confidence: 0.82478775555556
00:02:25.809 --> 00:02:27.314 Viola Bernard and the child study
NOTE Confidence: 0.82478775555556
00:02:27.314 --> 00:02:29.030 centers approach of discussion of
NOTE Confidence: 0.82478775555556
00:02:29.030 --> 00:02:31.958 discovery inspiring care that led to the
NOTE Confidence: 0.82478775555556
00:02:31.958 --> 00:02:34.410 establishment of the Viola W Bernard Fund.
NOTE Confidence: 0.82478775555556
00:02:34.410 --> 00:02:37.210 With their support, we founded the Viola
NOTE Confidence: 0.82478775555556
00:02:37.210 --> 00:02:39.010 Bernard Prize for Social Innovation
NOTE Confidence: 0.82478775555556

00:02:39.010 --> 00:02:41.250 in mental healthcare delivery,
NOTE Confidence: 0.824787755555556

00:02:41.250 --> 00:02:43.370 in which we asked our community to innovate
NOTE Confidence: 0.824787755555556

00:02:43.370 --> 00:02:45.376 while incorporating the principles of
NOTE Confidence: 0.824787755555556

00:02:45.376 --> 00:02:47.302 design justice which seeks to center
NOTE Confidence: 0.824787755555556

00:02:47.302 --> 00:02:49.869 the voices of those who are served.
NOTE Confidence: 0.824787755555556

00:02:49.870 --> 00:02:51.835 We awarded the first prize
NOTE Confidence: 0.824787755555556

00:02:51.835 --> 00:02:53.407 this year to Carla.
NOTE Confidence: 0.824787755555556

00:02:53.410 --> 00:02:55.066 Karen and a smaller prize to
NOTE Confidence: 0.824787755555556

00:02:55.066 --> 00:02:56.658 Dakota Becker for their portion
NOTE Confidence: 0.824787755555556

00:02:56.660 --> 00:02:59.120 for the portion of her design.
NOTE Confidence: 0.824787755555556

00:02:59.120 --> 00:02:59.894 Excuse me,
NOTE Confidence: 0.824787755555556

00:02:59.894 --> 00:03:02.216 her project that supports design justice.
NOTE Confidence: 0.824787755555556

00:03:02.220 --> 00:03:04.280 We're grateful to the Viola Bernard
NOTE Confidence: 0.824787755555556

00:03:04.280 --> 00:03:05.980 fund for their generous support,
NOTE Confidence: 0.824787755555556

00:03:05.980 --> 00:03:07.680 which enhances our focus on
NOTE Confidence: 0.824787755555556

00:03:07.680 --> 00:03:09.430 HealthEquity and social justice.

NOTE Confidence: 0.82478775555556
00:03:09.430 --> 00:03:10.810 So that's a little bit about
NOTE Confidence: 0.82478775555556
00:03:10.810 --> 00:03:11.990 Viola Bernard and now I get to
NOTE Confidence: 0.77611856
00:03:12.000 --> 00:03:13.330 gush a little bit about
NOTE Confidence: 0.77611856
00:03:13.330 --> 00:03:16.730 Doctor Carolyn Roberts. So
NOTE Confidence: 0.916233312
00:03:14.960 --> 00:03:16.720 she's back with us today. Her
NOTE Confidence: 0.886920635
00:03:16.730 --> 00:03:18.932 last talk was very thought provoking
NOTE Confidence: 0.886920635
00:03:18.932 --> 00:03:20.318 and illuminating. And for those who
NOTE Confidence: 0.892215662
00:03:20.330 --> 00:03:21.550 are new to our center,
NOTE Confidence: 0.892215662
00:03:21.550 --> 00:03:24.290 she is an historian of medicine and science,
NOTE Confidence: 0.892215662
00:03:24.290 --> 00:03:26.001 holds a joint appointment in
NOTE Confidence: 0.892215662
00:03:26.001 --> 00:03:27.630 the Department of History and
NOTE Confidence: 0.892215662
00:03:27.630 --> 00:03:29.214 History of Science and Medicine
NOTE Confidence: 0.892215662
00:03:29.214 --> 00:03:31.070 and African American Studies.
NOTE Confidence: 0.892215662
00:03:31.070 --> 00:03:32.970 She also holds a secondary appointment
NOTE Confidence: 0.892215662
00:03:32.970 --> 00:03:34.644 at the Yale School of Medicine in
NOTE Confidence: 0.892215662

00:03:34.644 --> 00:03:36.888 the program of History of Medicine.
NOTE Confidence: 0.892215662

00:03:36.890 --> 00:03:38.136 Her research interests concerned
NOTE Confidence: 0.892215662

00:03:38.136 --> 00:03:40.018 the history of race science.
NOTE Confidence: 0.892215662

00:03:40.020 --> 00:03:41.799 Medicine in the context of slavery
NOTE Confidence: 0.892215662

00:03:41.800 --> 00:03:44.420 in the Atlantic slave trade.
NOTE Confidence: 0.892215662

00:03:44.420 --> 00:03:45.835 This includes attention to the
NOTE Confidence: 0.892215662

00:03:45.835 --> 00:03:47.479 critical role played by African and
NOTE Confidence: 0.892215662

00:03:47.480 --> 00:03:49.704 African descended medical and health
NOTE Confidence: 0.892215662

00:03:49.704 --> 00:03:51.264 knowledge in the Atlantic world.
NOTE Confidence: 0.84311455

00:03:52.080 --> 00:03:53.280 Doctor Roberts is currently
NOTE Confidence: 0.9304435925

00:03:53.290 --> 00:03:55.518 working on several manuscripts
NOTE Confidence: 0.9304435925

00:03:55.520 --> 00:03:57.273 on those topics, including to
NOTE Confidence: 0.9304435925

00:03:57.273 --> 00:03:58.738 heal and to harm medicine,
NOTE Confidence: 0.9304435925

00:03:58.740 --> 00:03:59.800 knowledge and power in
NOTE Confidence: 0.9304435925

00:03:59.800 --> 00:04:00.860 the British slaves trade,
NOTE Confidence: 0.9304435925

00:04:00.860 --> 00:04:02.010 which is under contract with

NOTE Confidence: 0.9304435925

00:04:02.010 --> 00:04:04.056 Harvard University Press and is

NOTE Confidence: 0.9304435925

00:04:04.056 --> 00:04:06.540 part of what informs today's lecture.

NOTE Confidence: 0.9304435925

00:04:06.540 --> 00:04:08.469 The manuscript traces the troubling

NOTE Confidence: 0.9304435925

00:04:08.470 --> 00:04:09.920 relationship between the British slave

NOTE Confidence: 0.9304435925

00:04:09.920 --> 00:04:12.418 trade and the development of modern medicine.

NOTE Confidence: 0.9304435925

00:04:12.420 --> 00:04:14.160 Doctor Robertson covers the stories of.

NOTE Confidence: 0.9304435925

00:04:14.160 --> 00:04:15.200 Doctors, patients,

NOTE Confidence: 0.9304435925

00:04:15.200 --> 00:04:16.779 apothecaries and early pharmaceutical

NOTE Confidence: 0.8612569333333333

00:04:16.790 --> 00:04:19.226 companies involved in the brutal form

NOTE Confidence: 0.8612569333333333

00:04:19.226 --> 00:04:21.269 of human commerce. The book vividly

NOTE Confidence: 0.8999879

00:04:21.280 --> 00:04:23.506 demonstrates how the seeds of Big Pharma,

NOTE Confidence: 0.8999879

00:04:23.510 --> 00:04:25.258 new power dynamics in the

NOTE Confidence: 0.8999879

00:04:25.258 --> 00:04:26.170 doctor patient relationship,

NOTE Confidence: 0.8999879

00:04:26.170 --> 00:04:27.918 and racial bias in medical care

NOTE Confidence: 0.8999879

00:04:27.918 --> 00:04:30.270 have roots in the slave trade.

NOTE Confidence: 0.8999879

00:04:30.270 --> 00:04:31.400 Since her last visit,
NOTE Confidence: 0.8999879

00:04:31.400 --> 00:04:32.795 she spent time visiting Ghana
NOTE Confidence: 0.8999879

00:04:32.795 --> 00:04:34.370 to study some medicinal plants
NOTE Confidence: 0.8999879

00:04:34.370 --> 00:04:36.330 to add to her manuscript,
NOTE Confidence: 0.8999879

00:04:36.330 --> 00:04:38.702 so she's an award-winning educator.
NOTE Confidence: 0.8999879

00:04:38.702 --> 00:04:40.830 She's the 2021 recipient of Yelles,
NOTE Confidence: 0.8999879

00:04:40.830 --> 00:04:44.220 prestigious Sydney Miskimmin Klaus.
NOTE Confidence: 0.8999879

00:04:44.220 --> 00:04:46.460 Prize for teaching excellence in the
NOTE Confidence: 0.8999879

00:04:46.460 --> 00:04:47.910 Humanities and her teaching Glenn's
NOTE Confidence: 0.8999879

00:04:47.910 --> 00:04:49.590 history with medical sociology and
NOTE Confidence: 0.8999879

00:04:49.590 --> 00:04:51.355 public health to explore present
NOTE Confidence: 0.8999879

00:04:51.355 --> 00:04:53.230 day crises related to race,
NOTE Confidence: 0.8999879

00:04:53.230 --> 00:04:54.490 racism and health,
NOTE Confidence: 0.8999879

00:04:54.490 --> 00:04:56.320 which I imagine would have sparked
NOTE Confidence: 0.8999879

00:04:56.320 --> 00:04:58.177 a fast and deep partnership
NOTE Confidence: 0.8999879

00:04:58.177 --> 00:04:59.359 with Doctor Bernard.

NOTE Confidence: 0.8999879

00:04:59.360 --> 00:05:00.608 Her award-winning lecture

NOTE Confidence: 0.8621691

00:05:00.620 --> 00:05:03.626 style seeks to tell the truth much in

NOTE Confidence: 0.8621691

00:05:03.626 --> 00:05:05.610 the way other atrocities such as the

NOTE Confidence: 0.928059895

00:05:05.620 --> 00:05:07.570 Holocaust and genocide are spoken of,

NOTE Confidence: 0.831375804285714

00:05:08.080 --> 00:05:10.208 while this can be triggering for some.

NOTE Confidence: 0.862521076

00:05:10.930 --> 00:05:12.750 Especially to people whose descendants

NOTE Confidence: 0.862521076

00:05:12.750 --> 00:05:14.003 are represented in her work.

NOTE Confidence: 0.862521076

00:05:14.003 --> 00:05:15.881 It is in service to knowing

NOTE Confidence: 0.862521076

00:05:15.881 --> 00:05:17.320 true and accurate history

NOTE Confidence: 0.92724218

00:05:17.330 --> 00:05:18.440 from which to learn from.

NOTE Confidence: 0.864133858666667

00:05:19.410 --> 00:05:20.738 In her talk today,

NOTE Confidence: 0.864133858666667

00:05:20.738 --> 00:05:22.398 we'll learn about accurate historical

NOTE Confidence: 0.864133858666667

00:05:22.398 --> 00:05:24.206 events that have not been altered.

NOTE Confidence: 0.864133858666667

00:05:24.210 --> 00:05:26.418 It is the raw truth in honor of

NOTE Confidence: 0.864133858666667

00:05:26.418 --> 00:05:28.002 those who have suffered and in

NOTE Confidence: 0.864133858666667

00:05:28.002 --> 00:05:29.538 service to building a future which
NOTE Confidence: 0.864133858666667

00:05:29.538 --> 00:05:31.508 those who have been marginalized and
NOTE Confidence: 0.864133858666667

00:05:31.508 --> 00:05:33.263 oppressed can rewrite the narrative.
NOTE Confidence: 0.93509439

00:05:34.400 --> 00:05:37.060 So without further ado, I'd love to
NOTE Confidence: 0.93509439

00:05:37.060 --> 00:05:39.109 welcome Doctor Carolyn Roberts to join us.
NOTE Confidence: 0.59319563

00:05:42.100 --> 00:05:42.480 Thank you.
NOTE Confidence: 0.826497161428571

00:05:46.470 --> 00:05:49.486 And so I was taught what to do
NOTE Confidence: 0.826497161428571

00:05:49.486 --> 00:05:52.557 with the computer at this point.
NOTE Confidence: 0.74471354

00:05:59.450 --> 00:05:59.850 2.
NOTE Confidence: 0.800215075

00:06:04.580 --> 00:06:08.820 All right, technology works.
NOTE Confidence: 0.800215075

00:06:08.820 --> 00:06:13.716 So today's talk I'm going to begin with.
NOTE Confidence: 0.800215075

00:06:13.720 --> 00:06:18.265 Oh, it's so wonderful to be here in person.
NOTE Confidence: 0.800215075

00:06:18.270 --> 00:06:21.750 It's really wonderful.
NOTE Confidence: 0.800215075

00:06:21.750 --> 00:06:24.698 Yes. It's so nice.
NOTE Confidence: 0.800215075

00:06:24.698 --> 00:06:27.566 Oh, the microphone, thank you. It is.
NOTE Confidence: 0.800215075

00:06:27.566 --> 00:06:30.457 It's so nice to be here and to see all of

NOTE Confidence: 0.800215075

00:06:30.457 --> 00:06:33.250 you and feel all of you here in this space.

NOTE Confidence: 0.800215075

00:06:33.250 --> 00:06:34.321 It's very special.

NOTE Confidence: 0.800215075

00:06:34.321 --> 00:06:36.820 We still don't have as many in

NOTE Confidence: 0.800215075

00:06:36.896 --> 00:06:39.227 person events as as we might do.

NOTE Confidence: 0.800215075

00:06:39.230 --> 00:06:43.066 And so thank you all for gathering.

NOTE Confidence: 0.800215075

00:06:43.070 --> 00:06:44.720 I am going to begin.

NOTE Confidence: 0.8939629233333333

00:06:48.530 --> 00:06:49.730 With this slide.

NOTE Confidence: 0.900942134545455

00:06:56.280 --> 00:06:59.073 Telling me that I'm obsessed with talking

NOTE Confidence: 0.900942134545455

00:06:59.073 --> 00:07:02.379 about racism in America is like telling me

NOTE Confidence: 0.900942134545455

00:07:02.379 --> 00:07:05.400 I'm obsessed with swimming when I'm drowning.

NOTE Confidence: 0.900942134545455

00:07:05.400 --> 00:07:08.528 So one of the things I really appreciate

NOTE Confidence: 0.900942134545455

00:07:08.528 --> 00:07:11.722 about this statement is how it gestures

NOTE Confidence: 0.900942134545455

00:07:11.722 --> 00:07:14.600 to very different experiences we have

NOTE Confidence: 0.900942134545455

00:07:14.600 --> 00:07:17.360 concerning race in the United States.

NOTE Confidence: 0.900942134545455

00:07:17.360 --> 00:07:19.790 So one person reading this statement

NOTE Confidence: 0.900942134545455

00:07:19.790 --> 00:07:22.200 might be filled with gratitude,
NOTE Confidence: 0.900942134545455

00:07:22.200 --> 00:07:24.910 saying thank you for naming
NOTE Confidence: 0.900942134545455

00:07:24.910 --> 00:07:27.620 the urgency of this topic.
NOTE Confidence: 0.900942134545455

00:07:27.620 --> 00:07:30.260 Yes, we are drowning in various
NOTE Confidence: 0.900942134545455

00:07:30.260 --> 00:07:32.020 ways in this society.
NOTE Confidence: 0.900942134545455

00:07:32.020 --> 00:07:35.715 But others might say, well, you are obsessed.
NOTE Confidence: 0.900942134545455

00:07:35.715 --> 00:07:38.385 I'm sick of hearing about racism.
NOTE Confidence: 0.900942134545455

00:07:38.390 --> 00:07:40.650 Give it a rest.
NOTE Confidence: 0.900942134545455

00:07:40.650 --> 00:07:43.248 So we have very different experiences
NOTE Confidence: 0.900942134545455

00:07:43.248 --> 00:07:46.298 of race and racism in this country.
NOTE Confidence: 0.900942134545455

00:07:46.300 --> 00:07:48.785 And I wanted to share an anecdote
NOTE Confidence: 0.900942134545455

00:07:48.785 --> 00:07:50.550 of something that happened.
NOTE Confidence: 0.900942134545455

00:07:50.550 --> 00:07:53.100 To me, just a month ago,
NOTE Confidence: 0.900942134545455

00:07:53.100 --> 00:07:54.132 so a month ago,
NOTE Confidence: 0.900942134545455

00:07:54.132 --> 00:07:56.463 I was in a small New Haven restaurant
NOTE Confidence: 0.900942134545455

00:07:56.463 --> 00:07:59.279 and it was the evening and I was

NOTE Confidence: 0.900942134545455
00:07:59.352 --> 00:08:02.012 waiting for one of my graduate students
NOTE Confidence: 0.900942134545455
00:08:02.012 --> 00:08:04.282 to arrive for a mentoring dinner.
NOTE Confidence: 0.900942134545455
00:08:04.282 --> 00:08:06.526 And as I was sitting and
NOTE Confidence: 0.900942134545455
00:08:06.526 --> 00:08:08.267 waiting for her to arrive,
NOTE Confidence: 0.900942134545455
00:08:08.270 --> 00:08:11.252 a white woman walked in and greeted
NOTE Confidence: 0.900942134545455
00:08:11.252 --> 00:08:14.125 her friend, who was also at a
NOTE Confidence: 0.900942134545455
00:08:14.125 --> 00:08:16.140 neighboring table right beside mine.
NOTE Confidence: 0.900942134545455
00:08:16.140 --> 00:08:18.342 And she said that she had
NOTE Confidence: 0.900942134545455
00:08:18.342 --> 00:08:20.580 just seen a black patient.
NOTE Confidence: 0.900942134545455
00:08:20.580 --> 00:08:22.352 She said.
NOTE Confidence: 0.900942134545455
00:08:22.352 --> 00:08:23.238 Wow.
NOTE Confidence: 0.900942134545455
00:08:23.240 --> 00:08:24.440 I'm sorry I'm late.
NOTE Confidence: 0.900942134545455
00:08:24.440 --> 00:08:25.940 I had this black patient,
NOTE Confidence: 0.900942134545455
00:08:25.940 --> 00:08:27.608 you know she hates white people,
NOTE Confidence: 0.900942134545455
00:08:27.610 --> 00:08:30.859 but not as much as some of the others.
NOTE Confidence: 0.900942134545455

00:08:30.860 --> 00:08:34.397 And then the two of them laughed and laughed.

NOTE Confidence: 0.900942134545455

00:08:34.400 --> 00:08:35.900 And what I learned,

NOTE Confidence: 0.900942134545455

00:08:35.900 --> 00:08:38.696 as I was still listening and waiting

NOTE Confidence: 0.900942134545455

00:08:38.696 --> 00:08:41.504 for my graduate student to arrive,

NOTE Confidence: 0.900942134545455

00:08:41.510 --> 00:08:43.498 was that this woman was a psychiatrist.

NOTE Confidence: 0.9068780475

00:08:48.300 --> 00:08:50.400 I've thought about that episode

NOTE Confidence: 0.9068780475

00:08:50.400 --> 00:08:53.480 quite a lot over the past month.

NOTE Confidence: 0.9068780475

00:08:53.480 --> 00:08:56.588 The casual kind of racism that

NOTE Confidence: 0.9068780475

00:08:56.588 --> 00:09:00.039 mocks the suffering of black people.

NOTE Confidence: 0.9068780475

00:09:00.040 --> 00:09:02.746 Writing things off as just hating

NOTE Confidence: 0.9068780475

00:09:02.746 --> 00:09:05.117 white people rather than listening

NOTE Confidence: 0.9068780475

00:09:05.117 --> 00:09:08.051 to a vulnerable patient who's trying

NOTE Confidence: 0.9068780475

00:09:08.051 --> 00:09:10.692 to articulate in a supposedly

NOTE Confidence: 0.9068780475

00:09:10.692 --> 00:09:12.868 safe space the vulnerability.

NOTE Confidence: 0.9068780475

00:09:12.870 --> 00:09:17.178 And trauma distress experienced.

NOTE Confidence: 0.9068780475

00:09:17.180 --> 00:09:20.148 So what we believe about one another

NOTE Confidence: 0.9068780475

00:09:20.148 --> 00:09:22.480 and our experiences of the world.

NOTE Confidence: 0.9068780475

00:09:22.480 --> 00:09:24.428 They shape clinical diagnosis

NOTE Confidence: 0.9068780475

00:09:24.428 --> 00:09:26.863 and treatment in mental health

NOTE Confidence: 0.9068780475

00:09:26.863 --> 00:09:29.327 and in medicine more broadly.

NOTE Confidence: 0.9068780475

00:09:29.330 --> 00:09:32.678 There is a chasm of experience in terms of

NOTE Confidence: 0.9068780475

00:09:32.678 --> 00:09:36.220 how we relate to ideas of race and racism.

NOTE Confidence: 0.866866466666667

00:09:41.520 --> 00:09:44.178 Just last year, Doctor Amanda Calhoun,

NOTE Confidence: 0.866866466666667

00:09:44.180 --> 00:09:46.964 who many of you know wrote an essay

NOTE Confidence: 0.866866466666667

00:09:46.964 --> 00:09:50.038 in the psychiatric times about how

NOTE Confidence: 0.866866466666667

00:09:50.038 --> 00:09:52.898 her attending refused to acknowledge

NOTE Confidence: 0.866866466666667

00:09:52.898 --> 00:09:56.296 that a patient's experiences of racism

NOTE Confidence: 0.866866466666667

00:09:56.296 --> 00:09:59.031 contributed to a suicidal event.

NOTE Confidence: 0.866866466666667

00:09:59.040 --> 00:10:01.325 The traits and stereotypes that

NOTE Confidence: 0.866866466666667

00:10:01.325 --> 00:10:04.675 we ascribe to one another and our

NOTE Confidence: 0.866866466666667

00:10:04.675 --> 00:10:07.609 own experiences of the world shape

NOTE Confidence: 0.866866466666667

00:10:07.609 --> 00:10:09.800 clinical diagnosis and treatment,
NOTE Confidence: 0.866866466666667

00:10:09.800 --> 00:10:12.728 and both are filtered through the
NOTE Confidence: 0.866866466666667

00:10:12.728 --> 00:10:13.940 structures, institutions,
NOTE Confidence: 0.866866466666667

00:10:13.940 --> 00:10:18.260 values and norms of our society.
NOTE Confidence: 0.866866466666667

00:10:18.260 --> 00:10:22.474 Whose voices are heard and whose aren't?
NOTE Confidence: 0.866866466666667

00:10:22.480 --> 00:10:25.228 Who is legible and who isn't?
NOTE Confidence: 0.866866466666667

00:10:25.230 --> 00:10:26.796 What experiences are
NOTE Confidence: 0.866866466666667

00:10:26.796 --> 00:10:29.406 valuable and which are not?
NOTE Confidence: 0.866866466666667

00:10:29.410 --> 00:10:32.650 What clinical behaviors are acceptable?
NOTE Confidence: 0.866866466666667

00:10:32.650 --> 00:10:35.961 What is OK to laugh about or
NOTE Confidence: 0.866866466666667

00:10:35.961 --> 00:10:38.690 ignore or diminish or minimize?
NOTE Confidence: 0.866866466666667

00:10:38.690 --> 00:10:40.937 So the answers to all of these
NOTE Confidence: 0.866866466666667

00:10:40.937 --> 00:10:43.059 questions have deep historical roots.
NOTE Confidence: 0.866866466666667

00:10:43.060 --> 00:10:44.392 Deep historical roots.
NOTE Confidence: 0.866866466666667

00:10:44.392 --> 00:10:46.612 Histories that are much older
NOTE Confidence: 0.866866466666667

00:10:46.612 --> 00:10:48.919 and bigger than any one of us.

NOTE Confidence: 0.866866466666667
00:10:48.920 --> 00:10:50.236 These histories, in fact,
NOTE Confidence: 0.866866466666667
00:10:50.236 --> 00:10:51.552 predate the United States
NOTE Confidence: 0.866866466666667
00:10:51.552 --> 00:10:53.480 as an independent Republic.
NOTE Confidence: 0.866866466666667
00:10:53.480 --> 00:10:56.588 This is part of our medical
NOTE Confidence: 0.866866466666667
00:10:56.588 --> 00:10:58.142 and scientific inheritance.
NOTE Confidence: 0.866866466666667
00:10:58.150 --> 00:11:00.814 These are like legacies that we
NOTE Confidence: 0.866866466666667
00:11:00.814 --> 00:11:03.474 must reckon with deeply in order
NOTE Confidence: 0.866866466666667
00:11:03.474 --> 00:11:06.568 to understand how we got into the
NOTE Confidence: 0.866866466666667
00:11:06.568 --> 00:11:09.070 mess that we're in. Right now.
NOTE Confidence: 0.882944684444445
00:11:11.380 --> 00:11:13.155 So I won't be discussing
NOTE Confidence: 0.882944684444445
00:11:13.155 --> 00:11:14.575 this broader history today.
NOTE Confidence: 0.882944684444445
00:11:14.580 --> 00:11:17.310 Instead, this talk approaches these
NOTE Confidence: 0.882944684444445
00:11:17.310 --> 00:11:20.040 questions from a narrower perspective,
NOTE Confidence: 0.882944684444445
00:11:20.040 --> 00:11:22.365 looking at the intersection between
NOTE Confidence: 0.882944684444445
00:11:22.365 --> 00:11:25.241 race and mental health in the
NOTE Confidence: 0.882944684444445

00:11:25.241 --> 00:11:27.566 context of the transatlantic slave
NOTE Confidence: 0.882944684444445

00:11:27.566 --> 00:11:29.970 trade and its legacies today.
NOTE Confidence: 0.882944684444445

00:11:29.970 --> 00:11:32.740 So this is our outline.
NOTE Confidence: 0.882944684444445

00:11:32.740 --> 00:11:34.444 We're going to begin with an
NOTE Confidence: 0.882944684444445

00:11:34.444 --> 00:11:35.944 overview of the medical world
NOTE Confidence: 0.882944684444445

00:11:35.944 --> 00:11:37.449 of the British slave trade.
NOTE Confidence: 0.882944684444445

00:11:37.450 --> 00:11:39.664 For some of you who heard my previous talk,
NOTE Confidence: 0.882944684444445

00:11:39.670 --> 00:11:41.287 this might be a little bit familiar,
NOTE Confidence: 0.882944684444445

00:11:41.290 --> 00:11:43.180 but we're just going to revisit
NOTE Confidence: 0.882944684444445

00:11:43.180 --> 00:11:45.772 it so that we're all dealing with
NOTE Confidence: 0.882944684444445

00:11:45.772 --> 00:11:47.460 the same historical context.
NOTE Confidence: 0.882944684444445

00:11:47.460 --> 00:11:49.506 The British slave trade is also
NOTE Confidence: 0.882944684444445

00:11:49.506 --> 00:11:51.274 important for us today because
NOTE Confidence: 0.882944684444445

00:11:51.274 --> 00:11:53.284 the majority of black people that
NOTE Confidence: 0.882944684444445

00:11:53.284 --> 00:11:55.491 came to the United States came
NOTE Confidence: 0.882944684444445

00:11:55.491 --> 00:11:57.386 on board British slave ships.

NOTE Confidence: 0.882944684444445
00:11:57.390 --> 00:11:59.292 We're then going to look at
NOTE Confidence: 0.882944684444445
00:11:59.292 --> 00:12:00.243 debates over depression,
NOTE Confidence: 0.882944684444445
00:12:00.250 --> 00:12:03.634 and what I mean by that is the debate
NOTE Confidence: 0.882944684444445
00:12:03.640 --> 00:12:06.825 whether enslaved people were actually
NOTE Confidence: 0.882944684444445
00:12:06.825 --> 00:12:10.010 capable of suffering from depression.
NOTE Confidence: 0.882944684444445
00:12:10.010 --> 00:12:10.836 And lastly,
NOTE Confidence: 0.882944684444445
00:12:10.836 --> 00:12:13.314 we'll turn to race and mental
NOTE Confidence: 0.882944684444445
00:12:13.314 --> 00:12:14.650 health legacies today.
NOTE Confidence: 0.882944684444445
00:12:14.650 --> 00:12:16.166 And as Tara mentioned,
NOTE Confidence: 0.882944684444445
00:12:16.166 --> 00:12:19.688 I also want to give a word of gentle
NOTE Confidence: 0.882944684444445
00:12:19.688 --> 00:12:23.299 care and concern for all of us that are
NOTE Confidence: 0.882944684444445
00:12:23.299 --> 00:12:28.640 gathered here today in the room and on zoom.
NOTE Confidence: 0.882944684444445
00:12:28.640 --> 00:12:30.915 We're going to be discussing
NOTE Confidence: 0.882944684444445
00:12:30.915 --> 00:12:32.735 a crime against humanity.
NOTE Confidence: 0.882944684444445
00:12:32.740 --> 00:12:34.520 It was based in violence,
NOTE Confidence: 0.882944684444445

00:12:34.520 --> 00:12:37.686 dehumanization, rape,
NOTE Confidence: 0.882944684444445

00:12:37.686 --> 00:12:39.269 brutality.
NOTE Confidence: 0.882944684444445

00:12:39.270 --> 00:12:42.753 The worst of who we are as human beings.
NOTE Confidence: 0.949381025

00:12:46.740 --> 00:12:50.524 It will not be easy to listen to.
NOTE Confidence: 0.949381025

00:12:50.530 --> 00:12:53.950 For many of us, or for most of us?
NOTE Confidence: 0.949381025

00:12:53.950 --> 00:12:56.925 But I hope it will help you
NOTE Confidence: 0.949381025

00:12:56.925 --> 00:12:59.850 grasp the stakes of this history.
NOTE Confidence: 0.949381025

00:12:59.850 --> 00:13:02.325 How it influences us today
NOTE Confidence: 0.949381025

00:13:02.325 --> 00:13:04.305 and the reparative work.
NOTE Confidence: 0.949381025

00:13:04.310 --> 00:13:07.174 That we must do to heal the past.
NOTE Confidence: 0.901558372857143

00:13:27.960 --> 00:13:29.756 So the transatlantic slave
NOTE Confidence: 0.901558372857143

00:13:29.756 --> 00:13:32.450 trade was a watershed event in
NOTE Confidence: 0.901558372857143

00:13:32.532 --> 00:13:34.660 our collective human story.
NOTE Confidence: 0.901558372857143

00:13:34.660 --> 00:13:37.880 It began in 1441 with the Portuguese.
NOTE Confidence: 0.901558372857143

00:13:37.880 --> 00:13:43.168 It ended in 1867. It was a 426
NOTE Confidence: 0.901558372857143

00:13:43.168 --> 00:13:46.000 year human trafficking operation.

NOTE Confidence: 0.901558372857143
00:13:46.000 --> 00:13:49.522 It was the largest forced oceanic
NOTE Confidence: 0.901558372857143
00:13:49.522 --> 00:13:51.870 migration in human history.
NOTE Confidence: 0.901558372857143
00:13:51.870 --> 00:13:53.770 This was a global trade.
NOTE Confidence: 0.901558372857143
00:13:53.770 --> 00:13:56.068 Most of Western Europe was involved.
NOTE Confidence: 0.901558372857143
00:13:56.070 --> 00:13:57.738 Switzerland, Sweden, Norway,
NOTE Confidence: 0.901558372857143
00:13:57.738 --> 00:13:59.410 Denmark, Britain, France,
NOTE Confidence: 0.901558372857143
00:13:59.410 --> 00:14:01.090 the Netherlands, Germany,
NOTE Confidence: 0.901558372857143
00:14:01.090 --> 00:14:03.410 Denmark, Spain all were involved.
NOTE Confidence: 0.901558372857143
00:14:03.410 --> 00:14:06.050 This global trade and human beings
NOTE Confidence: 0.901558372857143
00:14:06.130 --> 00:14:08.370 provided livelihoods for many,
NOTE Confidence: 0.901558372857143
00:14:08.370 --> 00:14:11.625 it provided sustenance to the working poor.
NOTE Confidence: 0.901558372857143
00:14:11.630 --> 00:14:14.654 It helped the wealthy amass greater political
NOTE Confidence: 0.901558372857143
00:14:14.654 --> 00:14:17.709 and social capital that still endures today.
NOTE Confidence: 0.901558372857143
00:14:17.710 --> 00:14:21.287 So think of small town cod fishermen.
NOTE Confidence: 0.901558372857143
00:14:21.290 --> 00:14:25.154 Think about poor rural weavers in Wales.
NOTE Confidence: 0.901558372857143

00:14:25.160 --> 00:14:26.924 Think about copper miners
NOTE Confidence: 0.901558372857143

00:14:26.924 --> 00:14:28.688 in present day Slovakia,
NOTE Confidence: 0.901558372857143

00:14:28.690 --> 00:14:30.342 from Massachusetts to Brazil,
NOTE Confidence: 0.901558372857143

00:14:30.342 --> 00:14:32.407 from the Netherlands to Angola,
NOTE Confidence: 0.901558372857143

00:14:32.410 --> 00:14:34.866 from Gujarat and India to the small town.
NOTE Confidence: 0.901558372857143

00:14:34.870 --> 00:14:37.396 Of Ultimo in the Maldives island,
NOTE Confidence: 0.901558372857143

00:14:37.400 --> 00:14:38.567 the entire world,
NOTE Confidence: 0.901558372857143

00:14:38.567 --> 00:14:41.799 much of the world was swept up in
NOTE Confidence: 0.901558372857143

00:14:41.799 --> 00:14:44.367 this global trade in human beings.
NOTE Confidence: 0.901558372857143

00:14:44.370 --> 00:14:45.690 So one of the doctors that
NOTE Confidence: 0.901558372857143

00:14:45.690 --> 00:14:47.270 I study in the slave trade,
NOTE Confidence: 0.901558372857143

00:14:47.270 --> 00:14:50.546 doctor James Houston, he says this,
NOTE Confidence: 0.901558372857143

00:14:50.550 --> 00:14:53.630 that the slave trade is the hinge,
NOTE Confidence: 0.901558372857143

00:14:53.630 --> 00:14:56.006 the hinge on which all the
NOTE Confidence: 0.901558372857143

00:14:56.006 --> 00:14:58.470 trade of the globe moves on.
NOTE Confidence: 0.901558372857143

00:14:58.470 --> 00:15:00.090 Put a stop to the slave

NOTE Confidence: 0.901558372857143
00:15:00.090 --> 00:15:01.610 trade and all others cease,
NOTE Confidence: 0.901558372857143
00:15:01.610 --> 00:15:02.320 of course.
NOTE Confidence: 0.880104674285714
00:15:07.600 --> 00:15:11.744 So this video. Allows us to see a
NOTE Confidence: 0.880104674285714
00:15:11.744 --> 00:15:15.959 segment of those who were trafficked.
NOTE Confidence: 0.880104674285714
00:15:15.960 --> 00:15:18.600 Each dot represents one ship.
NOTE Confidence: 0.880104674285714
00:15:18.600 --> 00:15:22.170 Each ship represents hundreds of lives.
NOTE Confidence: 0.933010338
00:17:00.020 --> 00:17:02.260 Over 12 million African children,
NOTE Confidence: 0.933010338
00:17:02.260 --> 00:17:05.450 women and men. Were captured,
NOTE Confidence: 0.933010338
00:17:05.450 --> 00:17:08.586 chained and put on board slave ships.
NOTE Confidence: 0.933010338
00:17:08.590 --> 00:17:11.022 Where they were beaten,
NOTE Confidence: 0.933010338
00:17:11.022 --> 00:17:13.454 raped and medically abused.
NOTE Confidence: 0.933010338
00:17:13.460 --> 00:17:15.620 They were treated like human commodities.
NOTE Confidence: 0.933010338
00:17:15.620 --> 00:17:18.380 Doctors were the ones responsible
NOTE Confidence: 0.933010338
00:17:18.380 --> 00:17:20.588 for keeping them alive.
NOTE Confidence: 0.933010338
00:17:20.590 --> 00:17:23.010 They had to compel life
NOTE Confidence: 0.933010338

00:17:23.010 --> 00:17:24.946 by any means necessary.
NOTE Confidence: 0.933010338

00:17:24.950 --> 00:17:27.644 Doctor James Arnold explained that the
NOTE Confidence: 0.933010338

00:17:27.644 --> 00:17:30.865 medical world of the British slave trade
NOTE Confidence: 0.933010338

00:17:30.865 --> 00:17:34.008 is conducted on the principle of force.
NOTE Confidence: 0.933010338

00:17:34.010 --> 00:17:36.068 So on board thousands of slave ships,
NOTE Confidence: 0.933010338

00:17:36.070 --> 00:17:37.675 doctors whipped enslaved
NOTE Confidence: 0.933010338

00:17:37.675 --> 00:17:40.350 Africans who refused to eat,
NOTE Confidence: 0.933010338

00:17:40.350 --> 00:17:42.290 lacerating their flesh in order
NOTE Confidence: 0.933010338

00:17:42.290 --> 00:17:44.230 to preserve them for sale.
NOTE Confidence: 0.933010338

00:17:44.230 --> 00:17:45.950 They had the speculum oris,
NOTE Confidence: 0.933010338

00:17:45.950 --> 00:17:47.847 which you see in this image here.
NOTE Confidence: 0.933010338

00:17:47.850 --> 00:17:50.930 They had thumb screws, they bolus knives.
NOTE Confidence: 0.933010338

00:17:50.930 --> 00:17:52.818 They were used to force feed the enslaved,
NOTE Confidence: 0.933010338

00:17:52.820 --> 00:17:55.508 which broke off their teeth in the process.
NOTE Confidence: 0.933010338

00:17:55.510 --> 00:17:58.010 Doctors had a pharmaceutical arsenal.
NOTE Confidence: 0.933010338

00:17:58.010 --> 00:17:59.885 They drove medicine down the

NOTE Confidence: 0.933010338

00:17:59.885 --> 00:18:01.385 throats of enslaved Africans.

NOTE Confidence: 0.933010338

00:18:01.390 --> 00:18:03.342 They drained their blood.

NOTE Confidence: 0.933010338

00:18:03.342 --> 00:18:06.270 They plunged metal pipes into their

NOTE Confidence: 0.933010338

00:18:06.350 --> 00:18:08.670 rectums to administer enemas.

NOTE Confidence: 0.933010338

00:18:08.670 --> 00:18:11.940 Mariners pinned them down with whips

NOTE Confidence: 0.933010338

00:18:11.940 --> 00:18:15.819 and pistols nearby to force compliance.

NOTE Confidence: 0.933010338

00:18:15.820 --> 00:18:17.398 During the course of an illness,

NOTE Confidence: 0.933010338

00:18:17.400 --> 00:18:19.920 some medical providers whipped, punched,

NOTE Confidence: 0.933010338

00:18:19.920 --> 00:18:21.642 kicked and cursed the enslaved when

NOTE Confidence: 0.933010338

00:18:21.642 --> 00:18:23.679 they were on the brink of death,

NOTE Confidence: 0.933010338

00:18:23.680 --> 00:18:27.208 mourning the loss of their prophets.

NOTE Confidence: 0.933010338

00:18:27.210 --> 00:18:28.124 Thomas Aubrey,

NOTE Confidence: 0.933010338

00:18:28.124 --> 00:18:30.409 in his slave trade manual,

NOTE Confidence: 0.933010338

00:18:30.410 --> 00:18:32.570 recounted that six slaves were kicked,

NOTE Confidence: 0.933010338

00:18:32.570 --> 00:18:35.972 punched and beaten so much during

NOTE Confidence: 0.933010338

00:18:35.972 --> 00:18:37.106 their illnesses.
NOTE Confidence: 0.933010338

00:18:37.110 --> 00:18:39.198 That some of them.
NOTE Confidence: 0.933010338

00:18:39.200 --> 00:18:42.098 He says quote would creep under
NOTE Confidence: 0.933010338

00:18:42.098 --> 00:18:44.030 one of the platforms.
NOTE Confidence: 0.933010338

00:18:44.030 --> 00:18:48.920 And hide themselves and die there.
NOTE Confidence: 0.933010338

00:18:48.920 --> 00:18:50.300 With some quiet,
NOTE Confidence: 0.933010338

00:18:50.300 --> 00:18:51.680 with some peace.
NOTE Confidence: 0.890594591666667

00:18:55.420 --> 00:18:57.616 Thomas Clarkson, who was pictured here,
NOTE Confidence: 0.890594591666667

00:18:57.620 --> 00:18:59.690 was an abolitionist who gathered
NOTE Confidence: 0.890594591666667

00:18:59.690 --> 00:19:01.760 evidence all across the British
NOTE Confidence: 0.890594591666667

00:19:01.829 --> 00:19:04.027 Isles to help end the slave trade.
NOTE Confidence: 0.890594591666667

00:19:04.030 --> 00:19:05.960 And one Carpenter told him
NOTE Confidence: 0.890594591666667

00:19:05.960 --> 00:19:07.890 anonymously for fear of reprisal.
NOTE Confidence: 0.890594591666667

00:19:07.890 --> 00:19:10.458 A lot of these testimonies were
NOTE Confidence: 0.890594591666667

00:19:10.458 --> 00:19:12.774 anonymous because it was dangerous
NOTE Confidence: 0.890594591666667

00:19:12.774 --> 00:19:15.129 to testify against this traffic.

NOTE Confidence: 0.890594591666667
00:19:15.130 --> 00:19:17.713 The slaves and the sick birth are
NOTE Confidence: 0.890594591666667
00:19:17.713 --> 00:19:20.891 suffered to die in their own filth and
NOTE Confidence: 0.890594591666667
00:19:20.891 --> 00:19:23.340 are then thrown overboard like dogs.
NOTE Confidence: 0.890594591666667
00:19:23.340 --> 00:19:24.780 If they refuse the medicines
NOTE Confidence: 0.890594591666667
00:19:24.780 --> 00:19:25.932 that are offered them,
NOTE Confidence: 0.890594591666667
00:19:25.940 --> 00:19:27.080 they're beaten with a cat,
NOTE Confidence: 0.890594591666667
00:19:27.080 --> 00:19:28.200 the cat and nine tails.
NOTE Confidence: 0.890594591666667
00:19:28.200 --> 00:19:29.912 Their jaws forced open,
NOTE Confidence: 0.890594591666667
00:19:29.912 --> 00:19:31.624 the medicines poured forcibly
NOTE Confidence: 0.890594591666667
00:19:31.624 --> 00:19:33.090 down their throats.
NOTE Confidence: 0.83529941
00:19:37.460 --> 00:19:40.646 Many in the African diaspora have
NOTE Confidence: 0.83529941
00:19:40.646 --> 00:19:43.420 adopted a Kiswahili word mafia.
NOTE Confidence: 0.83529941
00:19:43.420 --> 00:19:47.676 To describe this 400 year long devastation.
NOTE Confidence: 0.83529941
00:19:47.680 --> 00:19:51.010 Muffa is the great disaster.
NOTE Confidence: 0.83529941
00:19:51.010 --> 00:19:53.143 The great suffering,
NOTE Confidence: 0.83529941

00:19:53.143 --> 00:19:55.276 the great catastrophe.
NOTE Confidence: 0.83529941

00:19:55.280 --> 00:19:57.910 And so this image of.
NOTE Confidence: 0.83529941

00:19:57.910 --> 00:19:59.866 People of color dressed in white,
NOTE Confidence: 0.83529941

00:19:59.870 --> 00:20:03.335 standing at the beach at the waterside.
NOTE Confidence: 0.83529941

00:20:03.340 --> 00:20:05.938 With candles and hands to remember
NOTE Confidence: 0.83529941

00:20:05.938 --> 00:20:08.370 and honor this living history.
NOTE Confidence: 0.83529941

00:20:08.370 --> 00:20:10.850 The ocean is a witness,
NOTE Confidence: 0.83529941

00:20:10.850 --> 00:20:13.400 a crime scene, a graveyard.
NOTE Confidence: 0.83529941

00:20:13.400 --> 00:20:15.755 Holding the remains of the
NOTE Confidence: 0.83529941

00:20:15.755 --> 00:20:18.110 millions who were tossed overboard.
NOTE Confidence: 0.83529941

00:20:18.110 --> 00:20:19.937 Or those who leapt into the cold,
NOTE Confidence: 0.83529941

00:20:19.940 --> 00:20:22.220 rushing waters of the Atlantic
NOTE Confidence: 0.83529941

00:20:22.220 --> 00:20:25.080 Ocean to escape the living
NOTE Confidence: 0.83529941

00:20:25.080 --> 00:20:26.850 death of human *****.
NOTE Confidence: 0.935684522

00:20:35.500 --> 00:20:38.730 There is an important aspect of this history.
NOTE Confidence: 0.935684522

00:20:38.730 --> 00:20:41.258 That we're going to be thinking about today.

NOTE Confidence: 0.935684522

00:20:41.260 --> 00:20:44.288 Which hasn't been studied.

NOTE Confidence: 0.935684522

00:20:44.290 --> 00:20:45.542 With any real depth.

NOTE Confidence: 0.935684522

00:20:45.542 --> 00:20:48.489 And that has to do with mental health.

NOTE Confidence: 0.872080105

00:20:53.190 --> 00:20:56.142 How did the slave trade and the doctors

NOTE Confidence: 0.872080105

00:20:56.142 --> 00:20:58.200 who participated in the slave trade?

NOTE Confidence: 0.872080105

00:20:58.200 --> 00:21:00.280 Produce harmful ideas about

NOTE Confidence: 0.872080105

00:21:00.280 --> 00:21:02.360 black people's mental health.

NOTE Confidence: 0.872080105

00:21:02.360 --> 00:21:05.755 How did those remain with us today?

NOTE Confidence: 0.872080105

00:21:05.760 --> 00:21:08.540 But this story is not only a story of harm,

NOTE Confidence: 0.872080105

00:21:08.540 --> 00:21:11.956 although it is a story of grave harm.

NOTE Confidence: 0.872080105

00:21:11.960 --> 00:21:15.159 It is also a story of hope.

NOTE Confidence: 0.872080105

00:21:15.160 --> 00:21:18.640 Because we have some doctors.

NOTE Confidence: 0.872080105

00:21:18.640 --> 00:21:22.069 Very few but a few doctors who spoke out

NOTE Confidence: 0.872080105

00:21:22.069 --> 00:21:23.962 vigorously against the racialization

NOTE Confidence: 0.872080105

00:21:23.962 --> 00:21:27.308 of mental health that was beginning to

NOTE Confidence: 0.872080105

00:21:27.389 --> 00:21:30.378 happen in this particular moment and so.

NOTE Confidence: 0.872080105

00:21:30.380 --> 00:21:33.110 As a kind of side note.

NOTE Confidence: 0.872080105

00:21:33.110 --> 00:21:35.851 I want to point out something that

NOTE Confidence: 0.872080105

00:21:35.851 --> 00:21:37.958 I think always needs to be said

NOTE Confidence: 0.872080105

00:21:37.958 --> 00:21:40.372 when we think about history and

NOTE Confidence: 0.872080105

00:21:40.372 --> 00:21:43.024 the historical wrongs of the past.

NOTE Confidence: 0.872080105

00:21:43.030 --> 00:21:44.314 And that is.

NOTE Confidence: 0.872080105

00:21:44.314 --> 00:21:48.570 For many of us, we like to take comfort.

NOTE Confidence: 0.872080105

00:21:48.570 --> 00:21:50.762 In the idea that the people in the

NOTE Confidence: 0.872080105

00:21:50.762 --> 00:21:53.064 past that have done past wrongs that

NOTE Confidence: 0.872080105

00:21:53.064 --> 00:21:55.250 they simply didn't know any better.

NOTE Confidence: 0.84997895

00:21:57.580 --> 00:22:02.596 We take comfort in imagining ignorance.

NOTE Confidence: 0.84997895

00:22:02.600 --> 00:22:05.585 But I can tell you as a historian,

NOTE Confidence: 0.84997895

00:22:05.585 --> 00:22:07.460 based on the archival evidence,

NOTE Confidence: 0.84997895

00:22:07.460 --> 00:22:09.315 the documentary evidence that exists

NOTE Confidence: 0.84997895

00:22:09.315 --> 00:22:11.929 at every single point in all of

NOTE Confidence: 0.84997895

00:22:11.929 --> 00:22:14.076 these histories, there have always

NOTE Confidence: 0.84997895

00:22:14.076 --> 00:22:19.410 been people who said this is wrong.

NOTE Confidence: 0.84997895

00:22:19.410 --> 00:22:24.510 This is wrong. This is wrong.

NOTE Confidence: 0.84997895

00:22:24.510 --> 00:22:27.300 And so some of these doctors are among them.

NOTE Confidence: 0.894189242857143

00:22:29.430 --> 00:22:31.845 We have to hold the past accountable.

NOTE Confidence: 0.88636516

00:22:33.910 --> 00:22:35.530 Even though at the same time,

NOTE Confidence: 0.88636516

00:22:35.530 --> 00:22:38.778 we know that the way we think about

NOTE Confidence: 0.88636516

00:22:38.778 --> 00:22:41.197 the world is different. Right.

NOTE Confidence: 0.88636516

00:22:41.197 --> 00:22:43.893 We encounter things in a different way today,

NOTE Confidence: 0.88636516

00:22:43.900 --> 00:22:45.670 but that doesn't mean that people

NOTE Confidence: 0.88636516

00:22:45.670 --> 00:22:47.510 in the past were not aware.

NOTE Confidence: 0.88636516

00:22:47.510 --> 00:22:50.009 And fought that.

NOTE Confidence: 0.88636516

00:22:50.010 --> 00:22:52.650 Rounding up millions of people,

NOTE Confidence: 0.88636516

00:22:52.650 --> 00:22:55.346 treating them like animals.

NOTE Confidence: 0.88636516

00:22:55.346 --> 00:22:58.716 Abusing them in these ways.

NOTE Confidence: 0.88636516

00:22:58.720 --> 00:23:03.440 That that wasn't wrong. Right.
NOTE Confidence: 0.88636516

00:23:03.440 --> 00:23:07.418 We live in societies today that we're.
NOTE Confidence: 0.88636516

00:23:07.418 --> 00:23:11.171 There's a lot that is wrong, right?
NOTE Confidence: 0.88636516

00:23:11.171 --> 00:23:12.876 There's a lot that's wrong.
NOTE Confidence: 0.932855090666667

00:23:16.480 --> 00:23:18.608 But we can't expect people in the
NOTE Confidence: 0.932855090666667

00:23:18.608 --> 00:23:20.798 future to look back at us and say,
NOTE Confidence: 0.932855090666667

00:23:20.800 --> 00:23:22.672 oh, they just didn't know because
NOTE Confidence: 0.932855090666667

00:23:22.672 --> 00:23:25.456 we know we see it, right? We see it.
NOTE Confidence: 0.932855090666667

00:23:25.456 --> 00:23:27.370 It's our relationship to what it
NOTE Confidence: 0.932855090666667

00:23:27.438 --> 00:23:29.686 is that we see that either makes it
NOTE Confidence: 0.932855090666667

00:23:29.686 --> 00:23:31.909 into the historical record or not.
NOTE Confidence: 0.880148091666667

00:23:46.300 --> 00:23:48.480 Beginning in the 1780s.
NOTE Confidence: 0.880148091666667

00:23:48.480 --> 00:23:50.660 The British Parliament began
NOTE Confidence: 0.880148091666667

00:23:50.660 --> 00:23:52.769 investigating the slave trade.
NOTE Confidence: 0.880148091666667

00:23:52.770 --> 00:23:54.276 They held hearings,
NOTE Confidence: 0.880148091666667

00:23:54.276 --> 00:23:56.284 they questioned witnesses and

NOTE Confidence: 0.880148091666667
00:23:56.284 --> 00:23:57.790 they gathered intelligence.
NOTE Confidence: 0.880148091666667
00:23:57.790 --> 00:24:00.050 One of the individuals who
NOTE Confidence: 0.880148091666667
00:24:00.050 --> 00:24:02.310 testified was Doctor Isaac Wilson.
NOTE Confidence: 0.880148091666667
00:24:02.310 --> 00:24:04.646 He was a 25 year old Doctor Who
NOTE Confidence: 0.880148091666667
00:24:04.646 --> 00:24:06.477 had recently served as master
NOTE Confidence: 0.880148091666667
00:24:06.477 --> 00:24:08.823 surgeon on the slave ship Elizabeth.
NOTE Confidence: 0.880148091666667
00:24:08.830 --> 00:24:10.155 He was trained in medicine
NOTE Confidence: 0.880148091666667
00:24:10.155 --> 00:24:11.503 at Trinity College, Dublin,
NOTE Confidence: 0.880148091666667
00:24:11.503 --> 00:24:14.268 at Edinburgh and at Glasgow.
NOTE Confidence: 0.880148091666667
00:24:14.270 --> 00:24:16.358 When Isaac Wilson testified
NOTE Confidence: 0.880148091666667
00:24:16.358 --> 00:24:18.446 before the Select Committee,
NOTE Confidence: 0.880148091666667
00:24:18.450 --> 00:24:22.286 he described the plight of enslaved Africans.
NOTE Confidence: 0.880148091666667
00:24:22.290 --> 00:24:25.212 There were 602 children,
NOTE Confidence: 0.880148091666667
00:24:25.212 --> 00:24:29.769 women and men on board the Elizabeth.
NOTE Confidence: 0.880148091666667
00:24:29.770 --> 00:24:32.040 He immediately noticed that the
NOTE Confidence: 0.880148091666667

00:24:32.040 --> 00:24:34.310 majority showed signs of melancholia.
NOTE Confidence: 0.880148091666667

00:24:34.310 --> 00:24:36.726 Which presented as depressed
NOTE Confidence: 0.880148091666667

00:24:36.726 --> 00:24:38.538 spirits and despondency.
NOTE Confidence: 0.880148091666667

00:24:38.540 --> 00:24:40.588 Wilson determined that Melancholia
NOTE Confidence: 0.880148091666667

00:24:40.588 --> 00:24:43.660 was due quote to their taking
NOTE Confidence: 0.880148091666667

00:24:43.740 --> 00:24:48.028 their situation so much to heart.
NOTE Confidence: 0.880148091666667

00:24:48.030 --> 00:24:51.047 Taking their situation so much to heart.
NOTE Confidence: 0.853572435714286

00:24:53.180 --> 00:24:55.556 Wilson determined that.
NOTE Confidence: 0.853572435714286

00:24:55.556 --> 00:24:58.724 The evidence was incontrovertible.
NOTE Confidence: 0.853572435714286

00:24:58.730 --> 00:25:00.670 The enslaved attempted a revolt
NOTE Confidence: 0.853572435714286

00:25:00.670 --> 00:25:03.845 while the ship lay in the bite of
NOTE Confidence: 0.853572435714286

00:25:03.845 --> 00:25:05.770 Biafra in present day Nigeria.
NOTE Confidence: 0.853572435714286

00:25:05.770 --> 00:25:07.838 During the transatlantic passage,
NOTE Confidence: 0.853572435714286

00:25:07.838 --> 00:25:09.389 5 suicides occurred.
NOTE Confidence: 0.853572435714286

00:25:09.390 --> 00:25:12.288 2 women hung themselves in the night.
NOTE Confidence: 0.853572435714286

00:25:12.290 --> 00:25:14.758 One man jumped overboard.

NOTE Confidence: 0.853572435714286
00:25:14.758 --> 00:25:16.609 And he exalted,
NOTE Confidence: 0.853572435714286
00:25:16.610 --> 00:25:19.450 Wilson says as he drowned.
NOTE Confidence: 0.853572435714286
00:25:19.450 --> 00:25:21.946 One man starved himself to death.
NOTE Confidence: 0.853572435714286
00:25:21.950 --> 00:25:23.046 Another man jumped overboard,
NOTE Confidence: 0.853572435714286
00:25:23.046 --> 00:25:24.989 was picked up in the water while
NOTE Confidence: 0.853572435714286
00:25:24.989 --> 00:25:25.969 he was still alive,
NOTE Confidence: 0.853572435714286
00:25:25.970 --> 00:25:27.390 and then died soon after.
NOTE Confidence: 0.869966057894737
00:25:30.380 --> 00:25:32.352 149 additional enslaved children,
NOTE Confidence: 0.869966057894737
00:25:32.352 --> 00:25:35.903 women and men died on the Elizabeth
NOTE Confidence: 0.869966057894737
00:25:35.903 --> 00:25:38.915 and Wilson said they died from
NOTE Confidence: 0.869966057894737
00:25:38.915 --> 00:25:41.520 a melancholia induced dysentery.
NOTE Confidence: 0.8712255625
00:25:45.340 --> 00:25:46.940 So, Doctor Isaac Wilson.
NOTE Confidence: 0.893517448
00:25:49.090 --> 00:25:52.190 When he was in Parliament.
NOTE Confidence: 0.893517448
00:25:52.190 --> 00:25:54.577 He was asked what was the general
NOTE Confidence: 0.893517448
00:25:54.577 --> 00:25:56.436 appearance of the slaves when
NOTE Confidence: 0.893517448

00:25:56.436 --> 00:25:58.346 brought on board the vessel,
NOTE Confidence: 0.893517448

00:25:58.350 --> 00:26:00.900 and he said a gloomy pensiveness
NOTE Confidence: 0.893517448

00:26:00.900 --> 00:26:03.570 seemed to overcast their countenance.
NOTE Confidence: 0.893517448

00:26:03.570 --> 00:26:06.090 He was asked by another Member of Parliament,
NOTE Confidence: 0.893517448

00:26:06.090 --> 00:26:09.036 did this appearance of melancholy continue?
NOTE Confidence: 0.893517448

00:26:09.040 --> 00:26:11.256 And he answers yes, in a great many.
NOTE Confidence: 0.825622985

00:26:14.290 --> 00:26:20.317 Of the 155 who died on board your ship.
NOTE Confidence: 0.825622985

00:26:20.320 --> 00:26:22.100 Was there, in your opinion,
NOTE Confidence: 0.825622985

00:26:22.100 --> 00:26:23.429 a considerable proportion,
NOTE Confidence: 0.825622985

00:26:23.429 --> 00:26:26.087 the primary cause of whose disorders
NOTE Confidence: 0.825622985

00:26:26.087 --> 00:26:28.216 and death might be reasonably
NOTE Confidence: 0.825622985

00:26:28.216 --> 00:26:30.236 deemed to be this melancholy?
NOTE Confidence: 0.825622985

00:26:30.240 --> 00:26:33.426 And he answers, yes, I am in the opinion.
NOTE Confidence: 0.825622985

00:26:33.430 --> 00:26:37.686 In the proportion of two to one.
NOTE Confidence: 0.825622985

00:26:37.690 --> 00:26:38.644 Then he's asked,
NOTE Confidence: 0.825622985

00:26:38.644 --> 00:26:41.341 did you hear the slaves say anything which

NOTE Confidence: 0.825622985

00:26:41.341 --> 00:26:43.807 confirmed the opinion of their melancholy?

NOTE Confidence: 0.825622985

00:26:43.810 --> 00:26:45.088 And Wilson responds,

NOTE Confidence: 0.825622985

00:26:45.088 --> 00:26:47.644 I heard them say in their

NOTE Confidence: 0.825622985

00:26:47.644 --> 00:26:50.017 language that they wished to die.

NOTE Confidence: 0.825622985

00:26:50.020 --> 00:26:51.982 I heard them say in their

NOTE Confidence: 0.825622985

00:26:51.982 --> 00:26:53.630 language they wished to die.

NOTE Confidence: 0.936241472

00:26:58.850 --> 00:27:01.350 But it didn't end there.

NOTE Confidence: 0.936241472

00:27:01.350 --> 00:27:03.900 Members of Parliament pressed Wilson

NOTE Confidence: 0.936241472

00:27:03.900 --> 00:27:06.450 further to explain his diagnosis.

NOTE Confidence: 0.936241472

00:27:06.450 --> 00:27:08.496 And so there is another question.

NOTE Confidence: 0.936241472

00:27:08.500 --> 00:27:11.076 Do you as a professional man conceive that

NOTE Confidence: 0.936241472

00:27:11.076 --> 00:27:13.650 the grief or melancholy which you have

NOTE Confidence: 0.936241472

00:27:13.650 --> 00:27:16.196 described to have existed among the enslaved

NOTE Confidence: 0.936241472

00:27:16.196 --> 00:27:18.999 in the ship you were you were surgeon of,

NOTE Confidence: 0.936241472

00:27:18.999 --> 00:27:21.232 was the cause of the fatal dysentery

NOTE Confidence: 0.936241472

00:27:21.232 --> 00:27:23.116 which carried off so many of them?
NOTE Confidence: 0.936241472

00:27:23.120 --> 00:27:24.926 So you can hear there repeating
NOTE Confidence: 0.936241472

00:27:24.926 --> 00:27:26.780 their questions over and over again.
NOTE Confidence: 0.936241472

00:27:26.780 --> 00:27:28.930 And Wilson answers, I believe,
NOTE Confidence: 0.936241472

00:27:28.930 --> 00:27:31.891 that the melancholy and pensiveness of the
NOTE Confidence: 0.936241472

00:27:31.891 --> 00:27:35.120 enslaved were reasons why they would not eat.
NOTE Confidence: 0.936241472

00:27:35.120 --> 00:27:37.335 They became weak and debilitated
NOTE Confidence: 0.936241472

00:27:37.335 --> 00:27:39.107 and incapable of digesting
NOTE Confidence: 0.936241472

00:27:39.107 --> 00:27:41.238 the food allotted for them.
NOTE Confidence: 0.936241472

00:27:41.240 --> 00:27:43.700 The consequences were bellyache
NOTE Confidence: 0.936241472

00:27:43.700 --> 00:27:46.160 and dysentery generally ensued.
NOTE Confidence: 0.936241472

00:27:46.160 --> 00:27:51.110 And so this was Wilson's opinion as a doctor.
NOTE Confidence: 0.936241472

00:27:51.110 --> 00:27:54.098 And the medical theories of the
NOTE Confidence: 0.936241472

00:27:54.098 --> 00:27:56.090 time supported this diagnosis.
NOTE Confidence: 0.936241472

00:27:56.090 --> 00:27:58.574 The idea that emotions could destroy
NOTE Confidence: 0.936241472

00:27:58.574 --> 00:28:00.930 one's health was widely believed.

NOTE Confidence: 0.936241472

00:28:00.930 --> 00:28:03.156 And a good example is William Buchan.

NOTE Confidence: 0.936241472

00:28:03.160 --> 00:28:05.890 And pictured here is the cover

NOTE Confidence: 0.936241472

00:28:05.890 --> 00:28:07.255 of domestic medicine,

NOTE Confidence: 0.936241472

00:28:07.260 --> 00:28:11.164 which wasn't one of the most widely published

NOTE Confidence: 0.936241472

00:28:11.164 --> 00:28:14.787 medical texts in the 18th and 19th centuries.

NOTE Confidence: 0.936241472

00:28:14.790 --> 00:28:17.418 And, Buchanan writes, grief is the

NOTE Confidence: 0.936241472

00:28:17.418 --> 00:28:20.230 most destructive of all the passions.

NOTE Confidence: 0.936241472

00:28:20.230 --> 00:28:21.690 It's effects are permanent,

NOTE Confidence: 0.936241472

00:28:21.690 --> 00:28:24.334 and when it sinks deep into the

NOTE Confidence: 0.936241472

00:28:24.334 --> 00:28:26.269 mind it generally proves fatal.

NOTE Confidence: 0.936241472

00:28:26.270 --> 00:28:27.416 Anger and fear,

NOTE Confidence: 0.936241472

00:28:27.416 --> 00:28:29.708 being of a more violent nature,

NOTE Confidence: 0.936241472

00:28:29.710 --> 00:28:31.279 seldom lasts long.

NOTE Confidence: 0.936241472

00:28:31.279 --> 00:28:34.940 But grief often changes into a fixed

NOTE Confidence: 0.936241472

00:28:35.037 --> 00:28:38.222 melancholy which preys upon the

NOTE Confidence: 0.936241472

00:28:38.222 --> 00:28:41.407 spirits and waste the Constitution.
NOTE Confidence: 0.936241472

00:28:41.410 --> 00:28:43.702 So this was the general understanding
NOTE Confidence: 0.936241472

00:28:43.702 --> 00:28:44.848 of the time,
NOTE Confidence: 0.936241472

00:28:44.850 --> 00:28:47.358 the powerful intersection between the body
NOTE Confidence: 0.936241472

00:28:47.358 --> 00:28:50.910 and the mind in terms of causing disease.
NOTE Confidence: 0.936241472

00:28:50.910 --> 00:28:53.038 And it wasn't just text like this
NOTE Confidence: 0.936241472

00:28:53.038 --> 00:28:55.056 which were meant for lay audiences
NOTE Confidence: 0.936241472

00:28:55.056 --> 00:28:57.138 and lay medical texts were very
NOTE Confidence: 0.936241472

00:28:57.138 --> 00:28:59.186 popular during this period of time,
NOTE Confidence: 0.936241472

00:28:59.190 --> 00:29:02.240 but it also appeared in.
NOTE Confidence: 0.936241472

00:29:02.240 --> 00:29:04.640 Published medical text for
NOTE Confidence: 0.936241472

00:29:04.640 --> 00:29:06.440 doctors like Wilson.
NOTE Confidence: 0.936241472

00:29:06.440 --> 00:29:11.318 So this is James Gregory who was a famous
NOTE Confidence: 0.936241472

00:29:11.318 --> 00:29:13.468 Scottish Scottish medical practitioner,
NOTE Confidence: 0.936241472

00:29:13.468 --> 00:29:16.684 came from a very famous medical
NOTE Confidence: 0.936241472

00:29:16.684 --> 00:29:18.600 dynasty of the Gregory's.

NOTE Confidence: 0.936241472

00:29:18.600 --> 00:29:20.832 He was a professor at the

NOTE Confidence: 0.936241472

00:29:20.832 --> 00:29:21.948 University of Edinburgh.

NOTE Confidence: 0.936241472

00:29:21.950 --> 00:29:24.250 And he published his lectures

NOTE Confidence: 0.936241472

00:29:24.250 --> 00:29:26.090 in this particular document.

NOTE Confidence: 0.936241472

00:29:26.090 --> 00:29:28.320 Isaac Wilson would have studied

NOTE Confidence: 0.936241472

00:29:28.320 --> 00:29:30.104 with Gregory at Edinburgh.

NOTE Confidence: 0.890810354444444

00:29:32.270 --> 00:29:35.686 And Gregory wrote at length about grief

NOTE Confidence: 0.890810354444444

00:29:35.686 --> 00:29:38.250 and fear, that it depresses the spirits,

NOTE Confidence: 0.890810354444444

00:29:38.250 --> 00:29:40.186 debilitates the whole person,

NOTE Confidence: 0.890810354444444

00:29:40.186 --> 00:29:43.687 disqualifies them for all the vital natural

NOTE Confidence: 0.890810354444444

00:29:43.687 --> 00:29:46.813 or animal functions whence proceed lingering

NOTE Confidence: 0.890810354444444

00:29:46.813 --> 00:29:49.869 illness and often incurable diseases.

NOTE Confidence: 0.890810354444444

00:29:49.870 --> 00:29:51.934 So this powerful relationship,

NOTE Confidence: 0.890810354444444

00:29:51.934 --> 00:29:54.455 these doctors, these medical students,

NOTE Confidence: 0.890810354444444

00:29:54.455 --> 00:29:57.425 are learning about how important it

NOTE Confidence: 0.890810354444444

00:29:57.425 --> 00:30:00.035 is to understand the mental state
NOTE Confidence: 0.890810354444444

00:30:00.035 --> 00:30:03.030 of a person in terms of disease.
NOTE Confidence: 0.890810354444444

00:30:03.030 --> 00:30:03.894 But unfortunately,
NOTE Confidence: 0.890810354444444

00:30:03.894 --> 00:30:06.486 Wilson back in the committee room
NOTE Confidence: 0.890810354444444

00:30:06.486 --> 00:30:09.270 in front of the British Parliament.
NOTE Confidence: 0.890810354444444

00:30:09.270 --> 00:30:12.530 Unfortunately, he was not believed.
NOTE Confidence: 0.890810354444444

00:30:12.530 --> 00:30:13.902 Despite all of this,
NOTE Confidence: 0.890810354444444

00:30:13.902 --> 00:30:15.274 despite all of this,
NOTE Confidence: 0.890810354444444

00:30:15.280 --> 00:30:16.321 he wasn't believed.
NOTE Confidence: 0.890810354444444

00:30:16.321 --> 00:30:18.403 He was met with hostile resistance
NOTE Confidence: 0.890810354444444

00:30:18.403 --> 00:30:19.430 at one point.
NOTE Confidence: 0.890810354444444

00:30:19.430 --> 00:30:21.962 He leaves the room outraged because
NOTE Confidence: 0.890810354444444

00:30:21.962 --> 00:30:25.034 they keep probing at him and forcing
NOTE Confidence: 0.890810354444444

00:30:25.034 --> 00:30:27.644 him to speak more about Melancholia.
NOTE Confidence: 0.890810354444444

00:30:27.650 --> 00:30:30.668 Prove to us that it's melancholia.
NOTE Confidence: 0.890810354444444

00:30:30.670 --> 00:30:32.569 The parliamentary committee

NOTE Confidence: 0.890810354444444
00:30:32.569 --> 00:30:35.734 actually pushed Wilson to consider
NOTE Confidence: 0.890810354444444
00:30:35.734 --> 00:30:38.654 his diagnosis of melancholia as
NOTE Confidence: 0.890810354444444
00:30:38.654 --> 00:30:41.259 being a mistake for seasickness.
NOTE Confidence: 0.890810354444444
00:30:41.260 --> 00:30:43.336 So this is how the discussion
NOTE Confidence: 0.890810354444444
00:30:43.336 --> 00:30:45.130 went in the committee room.
NOTE Confidence: 0.890810354444444
00:30:45.130 --> 00:30:46.814 So, Wilson was asked,
NOTE Confidence: 0.890810354444444
00:30:46.814 --> 00:30:48.919 did not the seasickness have
NOTE Confidence: 0.890810354444444
00:30:48.919 --> 00:30:51.330 an apparent effect on them?
NOTE Confidence: 0.890810354444444
00:30:51.330 --> 00:30:52.182 Wilson answered.
NOTE Confidence: 0.890810354444444
00:30:52.182 --> 00:30:55.164 Not particularly so while I was in
NOTE Confidence: 0.890810354444444
00:30:55.164 --> 00:30:57.917 the harbor that I could perceive.
NOTE Confidence: 0.890810354444444
00:30:57.920 --> 00:30:59.280 So, he was then asked,
NOTE Confidence: 0.890810354444444
00:30:59.280 --> 00:31:01.188 are some of the symptoms which
NOTE Confidence: 0.890810354444444
00:31:01.188 --> 00:31:02.460 you have alluded to,
NOTE Confidence: 0.890810354444444
00:31:02.460 --> 00:31:04.340 such as refusing their food,
NOTE Confidence: 0.890810354444444

00:31:04.340 --> 00:31:06.536 not in a great measure owing
NOTE Confidence: 0.8908103544444444

00:31:06.536 --> 00:31:08.000 to the sea sickness?
NOTE Confidence: 0.8908103544444444

00:31:08.000 --> 00:31:09.077 And Wilson responded.
NOTE Confidence: 0.8908103544444444

00:31:09.077 --> 00:31:10.872 For the first three or
NOTE Confidence: 0.8908103544444444

00:31:10.872 --> 00:31:12.657 four days we were at sea,
NOTE Confidence: 0.8908103544444444

00:31:12.660 --> 00:31:14.670 we expected that the sickness
NOTE Confidence: 0.8908103544444444

00:31:14.670 --> 00:31:16.680 might prevent them from eating,
NOTE Confidence: 0.8908103544444444

00:31:16.680 --> 00:31:18.576 but that could not be generally
NOTE Confidence: 0.8908103544444444

00:31:18.576 --> 00:31:21.040 said to be of a long duration.
NOTE Confidence: 0.8908103544444444

00:31:21.040 --> 00:31:22.780 He was asked again,
NOTE Confidence: 0.8908103544444444

00:31:22.780 --> 00:31:24.520 were those symptoms in
NOTE Confidence: 0.8908103544444444

00:31:24.520 --> 00:31:26.770 consequence of the sea sickness?
NOTE Confidence: 0.8908103544444444

00:31:26.770 --> 00:31:27.688 Wilson responds.
NOTE Confidence: 0.8908103544444444

00:31:27.688 --> 00:31:29.983 Again, I've already answered that
NOTE Confidence: 0.8908103544444444

00:31:29.983 --> 00:31:32.430 question in my former answer.
NOTE Confidence: 0.8908103544444444

00:31:32.430 --> 00:31:32.869 Again,

NOTE Confidence: 0.890810354444444
00:31:32.869 --> 00:31:34.186 he is asked,
NOTE Confidence: 0.890810354444444
00:31:34.186 --> 00:31:36.820 did not those symptoms which you
NOTE Confidence: 0.890810354444444
00:31:36.907 --> 00:31:40.046 have mentioned go off in proportion
NOTE Confidence: 0.890810354444444
00:31:40.046 --> 00:31:42.980 as the sea sickness went off?
NOTE Confidence: 0.890810354444444
00:31:42.980 --> 00:31:43.876 Wilson replied.
NOTE Confidence: 0.890810354444444
00:31:43.876 --> 00:31:46.116 I cannot think they did,
NOTE Confidence: 0.890810354444444
00:31:46.120 --> 00:31:48.056 many still continuing ill,
NOTE Confidence: 0.890810354444444
00:31:48.056 --> 00:31:50.476 whose primary cause of illness
NOTE Confidence: 0.890810354444444
00:31:50.476 --> 00:31:53.428 I conceive was not seasickness.
NOTE Confidence: 0.890810354444444
00:31:53.430 --> 00:31:55.208 So what's going on in this moment?
NOTE Confidence: 0.891708807391304
00:31:57.280 --> 00:31:59.930 Seasickness. For those Members in
NOTE Confidence: 0.891708807391304
00:31:59.930 --> 00:32:03.526 the committee room believe is a more
NOTE Confidence: 0.891708807391304
00:32:03.526 --> 00:32:05.671 legible explanation of what was
NOTE Confidence: 0.891708807391304
00:32:05.671 --> 00:32:08.729 going on for the enslaved people.
NOTE Confidence: 0.806020442
00:32:10.950 --> 00:32:13.510 So what's at issue here?
NOTE Confidence: 0.806020442

00:32:13.510 --> 00:32:16.585 Are Africans physiologically capable of
NOTE Confidence: 0.806020442

00:32:16.585 --> 00:32:19.900 suffering and dying from depression?
NOTE Confidence: 0.8908985833333333

00:32:22.050 --> 00:32:24.135 At issue in this debate
NOTE Confidence: 0.8908985833333333

00:32:24.135 --> 00:32:25.803 was the nervous system.
NOTE Confidence: 0.8908985833333333

00:32:25.810 --> 00:32:29.308 The nervous system was becoming racialized.
NOTE Confidence: 0.8908985833333333

00:32:29.310 --> 00:32:31.395 Knowledge of anatomy began to
NOTE Confidence: 0.8908985833333333

00:32:31.395 --> 00:32:33.063 change during this period.
NOTE Confidence: 0.8908985833333333

00:32:33.070 --> 00:32:35.632 So prior to all of the developments
NOTE Confidence: 0.8908985833333333

00:32:35.632 --> 00:32:37.272 and neuroanatomy and neurophysiology
NOTE Confidence: 0.8908985833333333

00:32:37.272 --> 00:32:40.128 that began during the 18th century,
NOTE Confidence: 0.8908985833333333

00:32:40.130 --> 00:32:41.682 people's understanding of the
NOTE Confidence: 0.8908985833333333

00:32:41.682 --> 00:32:43.622 body was largely cardio centric,
NOTE Confidence: 0.8908985833333333

00:32:43.630 --> 00:32:45.728 and it was because of William Harvey's
NOTE Confidence: 0.8908985833333333

00:32:45.728 --> 00:32:47.468 discovery of the circulation of
NOTE Confidence: 0.8908985833333333

00:32:47.468 --> 00:32:50.029 the blood and of pulmonary transit.
NOTE Confidence: 0.8908985833333333

00:32:50.030 --> 00:32:53.642 All of a sudden we begin to

NOTE Confidence: 0.8908985833333333
00:32:53.642 --> 00:32:55.190 think about neurology.
NOTE Confidence: 0.8908985833333333
00:32:55.190 --> 00:32:57.788 We begin to think about neuroanatomy,
NOTE Confidence: 0.8908985833333333
00:32:57.790 --> 00:32:58.593 neurophysiology.
NOTE Confidence: 0.8908985833333333
00:32:58.593 --> 00:33:01.805 The body becomes an
NOTE Confidence: 0.8908985833333333
00:33:01.805 --> 00:33:04.214 encephalocele centric entity.
NOTE Confidence: 0.8908985833333333
00:33:04.220 --> 00:33:06.488 We begin to think in this period
NOTE Confidence: 0.8908985833333333
00:33:06.488 --> 00:33:08.879 of time about how feelings exist,
NOTE Confidence: 0.8908985833333333
00:33:08.880 --> 00:33:13.416 not only through brains and and nerves.
NOTE Confidence: 0.8908985833333333
00:33:13.420 --> 00:33:16.000 But also how those feelings
NOTE Confidence: 0.8908985833333333
00:33:16.000 --> 00:33:18.580 transmit into the larger society.
NOTE Confidence: 0.8908985833333333
00:33:18.580 --> 00:33:21.310 People begin to think that there must
NOTE Confidence: 0.8908985833333333
00:33:21.310 --> 00:33:23.619 be innate differences in what they
NOTE Confidence: 0.8908985833333333
00:33:23.619 --> 00:33:25.761 called sensibility or in the capacity
NOTE Confidence: 0.8908985833333333
00:33:25.761 --> 00:33:27.798 for feeling among different people
NOTE Confidence: 0.8908985833333333
00:33:27.798 --> 00:33:32.110 and among whites and blacks in particular.
NOTE Confidence: 0.8908985833333333

00:33:32.110 --> 00:33:35.584 So ideas about black inferiority are
NOTE Confidence: 0.8908985833333333

00:33:35.584 --> 00:33:38.480 now penetrating beneath skin color
NOTE Confidence: 0.8908985833333333

00:33:38.480 --> 00:33:43.870 and hair texture into the brains and nerves.
NOTE Confidence: 0.8908985833333333

00:33:43.870 --> 00:33:45.878 And so we had many prominent thinkers at
NOTE Confidence: 0.8908985833333333

00:33:45.878 --> 00:33:48.017 the time who contributed to these ideas.
NOTE Confidence: 0.8908985833333333

00:33:48.020 --> 00:33:50.470 You can see the first quote is by Adam Smith,
NOTE Confidence: 0.8908985833333333

00:33:50.470 --> 00:33:52.850 the very well known economist
NOTE Confidence: 0.8908985833333333

00:33:52.850 --> 00:33:54.278 and moral philosopher,
NOTE Confidence: 0.8908985833333333

00:33:54.280 --> 00:33:56.572 saying that hardiness is the character
NOTE Confidence: 0.8908985833333333

00:33:56.572 --> 00:33:58.548 most suitable to the circumstances
NOTE Confidence: 0.8908985833333333

00:33:58.548 --> 00:34:01.180 of a savage sensibility to those who
NOTE Confidence: 0.8908985833333333

00:34:01.180 --> 00:34:03.618 live in a very civilized society.
NOTE Confidence: 0.8908985833333333

00:34:03.620 --> 00:34:05.188 We have Benjamin Rush,
NOTE Confidence: 0.8908985833333333

00:34:05.188 --> 00:34:07.960 who's of course a May very important
NOTE Confidence: 0.8908985833333333

00:34:07.960 --> 00:34:09.960 individual in the United States,
NOTE Confidence: 0.8908985833333333

00:34:09.960 --> 00:34:12.340 is the most famous doctor in the

NOTE Confidence: 0.8908985833333333
00:34:12.340 --> 00:34:13.878 early American, early American.
NOTE Confidence: 0.8908985833333333
00:34:13.878 --> 00:34:14.307 Edison.
NOTE Confidence: 0.8908985833333333
00:34:14.307 --> 00:34:16.452 He wrote the first psychiatric
NOTE Confidence: 0.8908985833333333
00:34:16.452 --> 00:34:18.549 textbook in the United States.
NOTE Confidence: 0.8908985833333333
00:34:18.550 --> 00:34:20.280 He was the first chemistry
NOTE Confidence: 0.8908985833333333
00:34:20.280 --> 00:34:22.010 professor in the United States.
NOTE Confidence: 0.8908985833333333
00:34:22.010 --> 00:34:26.000 He was also a very important abolitionist.
NOTE Confidence: 0.8908985833333333
00:34:26.000 --> 00:34:28.144 Who believed African insensibility
NOTE Confidence: 0.8908985833333333
00:34:28.144 --> 00:34:30.824 to the ties of nature,
NOTE Confidence: 0.8908985833333333
00:34:30.830 --> 00:34:32.159 friendship, and gratitude.
NOTE Confidence: 0.8908985833333333
00:34:32.159 --> 00:34:33.488 And, of course,
NOTE Confidence: 0.8908985833333333
00:34:33.490 --> 00:34:35.674 we have Thomas Jefferson's famous notes
NOTE Confidence: 0.8908985833333333
00:34:35.674 --> 00:34:38.782 on the state of Virginia in 1785.
NOTE Confidence: 0.8908985833333333
00:34:38.782 --> 00:34:42.190 Their griefs are transient.
NOTE Confidence: 0.8908985833333333
00:34:42.190 --> 00:34:46.118 Their griefs are transient.
NOTE Confidence: 0.8908985833333333

00:34:46.120 --> 00:34:47.948 In the parliamentary inquiry
NOTE Confidence: 0.8908985833333333

00:34:47.948 --> 00:34:49.776 into the slave trade,
NOTE Confidence: 0.8908985833333333

00:34:49.780 --> 00:34:51.760 the British Parliament.
NOTE Confidence: 0.8908985833333333

00:34:51.760 --> 00:34:55.060 Sought evidence about the feeling
NOTE Confidence: 0.8908985833333333

00:34:55.060 --> 00:34:57.869 capacities of African people.
NOTE Confidence: 0.8908985833333333

00:34:57.870 --> 00:35:01.314 The House of Commons was preoccupied with
NOTE Confidence: 0.8908985833333333

00:35:01.314 --> 00:35:04.207 this particular question for over 20 years,
NOTE Confidence: 0.8908985833333333

00:35:04.210 --> 00:35:07.048 and they began to gather evidence.
NOTE Confidence: 0.8908985833333333

00:35:07.050 --> 00:35:09.101 So these were the kinds of questions
NOTE Confidence: 0.8908985833333333

00:35:09.101 --> 00:35:10.769 that were asked to witnesses.
NOTE Confidence: 0.8908985833333333

00:35:10.770 --> 00:35:12.565 Are the natural and social
NOTE Confidence: 0.8908985833333333

00:35:12.565 --> 00:35:14.910 affections as strong as in the
NOTE Confidence: 0.8908985833333333

00:35:14.910 --> 00:35:16.810 inhabitants of other countries?
NOTE Confidence: 0.8908985833333333

00:35:16.810 --> 00:35:18.114 Are they meaning Africans,
NOTE Confidence: 0.8908985833333333

00:35:18.114 --> 00:35:20.470 more or less attached to their wives,
NOTE Confidence: 0.8908985833333333

00:35:20.470 --> 00:35:21.790 families and relations

NOTE Confidence: 0.890898583333333
00:35:21.790 --> 00:35:23.550 than the Europeans are?
NOTE Confidence: 0.890898583333333
00:35:23.550 --> 00:35:26.420 Do you think their affection for their
NOTE Confidence: 0.890898583333333
00:35:26.420 --> 00:35:29.977 families is as strong as it is in Europeans?
NOTE Confidence: 0.890898583333333
00:35:29.980 --> 00:35:31.723 All of these questions were asked and
NOTE Confidence: 0.890898583333333
00:35:31.723 --> 00:35:33.838 when you read the parliamentary evidence,
NOTE Confidence: 0.890898583333333
00:35:33.840 --> 00:35:35.805 almost every witness is asked
NOTE Confidence: 0.890898583333333
00:35:35.805 --> 00:35:37.377 to comment on this.
NOTE Confidence: 0.890898583333333
00:35:37.380 --> 00:35:40.642 So there is a lot of documentation
NOTE Confidence: 0.890898583333333
00:35:40.642 --> 00:35:42.040 on these answers,
NOTE Confidence: 0.890898583333333
00:35:42.040 --> 00:35:45.659 some of them a slave ship captain
NOTE Confidence: 0.890898583333333
00:35:45.659 --> 00:35:47.984 saying here paternal affection
NOTE Confidence: 0.890898583333333
00:35:47.984 --> 00:35:51.339 and filial love scarcely exists.
NOTE Confidence: 0.890898583333333
00:35:51.340 --> 00:35:53.872 A former governor of Cape Coast
NOTE Confidence: 0.890898583333333
00:35:53.872 --> 00:35:56.120 Castle in present day Ghana.
NOTE Confidence: 0.890898583333333
00:35:56.120 --> 00:35:58.598 I do not believe affection is very
NOTE Confidence: 0.890898583333333

00:35:58.598 --> 00:36:00.999 predominant in the breast of Africans,
NOTE Confidence: 0.8908985833333333

00:36:01.000 --> 00:36:02.944 a commander in the East India
NOTE Confidence: 0.8908985833333333

00:36:02.944 --> 00:36:04.240 Company who testified about
NOTE Confidence: 0.8893672966666667

00:36:04.305 --> 00:36:05.159 African people.
NOTE Confidence: 0.8893672966666667

00:36:05.160 --> 00:36:06.900 The affection of those persons,
NOTE Confidence: 0.8893672966666667

00:36:06.900 --> 00:36:08.628 from my own observations,
NOTE Confidence: 0.8893672966666667

00:36:08.628 --> 00:36:11.220 are by no means so strong,
NOTE Confidence: 0.8893672966666667

00:36:11.220 --> 00:36:12.908 one slave trader said.
NOTE Confidence: 0.8893672966666667

00:36:12.908 --> 00:36:16.520 By no means I do not apprehend.
NOTE Confidence: 0.8893672966666667

00:36:16.520 --> 00:36:20.600 They have any such fine feelings.
NOTE Confidence: 0.8893672966666667

00:36:20.600 --> 00:36:23.384 And even doctors weighed in and
NOTE Confidence: 0.8893672966666667

00:36:23.384 --> 00:36:26.139 testified to this captain John Knox.
NOTE Confidence: 0.8893672966666667

00:36:26.140 --> 00:36:29.690 Was a slave ship captain who previously
NOTE Confidence: 0.8893672966666667

00:36:29.690 --> 00:36:32.770 served as a doctor on in the slave
NOTE Confidence: 0.8893672966666667

00:36:32.853 --> 00:36:35.917 trade and he was part of this exchange.
NOTE Confidence: 0.8893672966666667

00:36:35.920 --> 00:36:37.600 He was asked by a Member of Parliament,

NOTE Confidence: 0.889367296666667
00:36:37.600 --> 00:36:40.274 did the slaves taken by you express
NOTE Confidence: 0.889367296666667
00:36:40.274 --> 00:36:42.598 an anxiety to be taken away?
NOTE Confidence: 0.889367296666667
00:36:42.600 --> 00:36:47.424 Did they express an anxiety to be taken away?
NOTE Confidence: 0.889367296666667
00:36:47.430 --> 00:36:48.350 He responds.
NOTE Confidence: 0.889367296666667
00:36:48.350 --> 00:36:50.190 Apparently they were very
NOTE Confidence: 0.889367296666667
00:36:50.190 --> 00:36:52.480 indifferent as to their fate.
NOTE Confidence: 0.889367296666667
00:36:52.480 --> 00:36:53.142 He's asked,
NOTE Confidence: 0.889367296666667
00:36:53.142 --> 00:36:55.459 have you understood that the complaints of
NOTE Confidence: 0.889367296666667
00:36:55.459 --> 00:36:58.200 the enslaved whom you have attended when ill,
NOTE Confidence: 0.889367296666667
00:36:58.200 --> 00:37:01.210 have arisen from bodily disorders
NOTE Confidence: 0.889367296666667
00:37:01.210 --> 00:37:03.618 or uneasiness of mind?
NOTE Confidence: 0.889367296666667
00:37:03.620 --> 00:37:06.278 Bodily disorders or uneasiness of mind?
NOTE Confidence: 0.889367296666667
00:37:06.280 --> 00:37:07.090 Right.
NOTE Confidence: 0.889367296666667
00:37:07.090 --> 00:37:10.330 See snakes, seasickness, melancholia.
NOTE Confidence: 0.889367296666667
00:37:10.330 --> 00:37:12.115 He answers by every symptom
NOTE Confidence: 0.889367296666667

00:37:12.115 --> 00:37:13.186 which they discovered.
NOTE Confidence: 0.889367296666667

00:37:13.190 --> 00:37:15.222 I've always understood their
NOTE Confidence: 0.889367296666667

00:37:15.222 --> 00:37:17.762 complaints proceeded from the body.
NOTE Confidence: 0.889367296666667

00:37:17.770 --> 00:37:19.706 So according to Knox,
NOTE Confidence: 0.889367296666667

00:37:19.706 --> 00:37:21.158 who trafficked thousands
NOTE Confidence: 0.889367296666667

00:37:21.158 --> 00:37:22.610 of enslaved Africans.
NOTE Confidence: 0.889367296666667

00:37:22.610 --> 00:37:24.610 They were indifferent to being
NOTE Confidence: 0.889367296666667

00:37:24.610 --> 00:37:25.810 captured and trafficked.
NOTE Confidence: 0.889367296666667

00:37:25.810 --> 00:37:27.166 Grief and anxiety,
NOTE Confidence: 0.889367296666667

00:37:27.166 --> 00:37:29.249 he claims, are not present.
NOTE Confidence: 0.889367296666667

00:37:29.249 --> 00:37:31.607 The diseases which they're suffering from
NOTE Confidence: 0.889367296666667

00:37:31.607 --> 00:37:34.668 are not ideologically connected with sadness,
NOTE Confidence: 0.889367296666667

00:37:34.670 --> 00:37:35.602 grief,
NOTE Confidence: 0.889367296666667

00:37:35.602 --> 00:37:38.398 despair or loss.
NOTE Confidence: 0.889367296666667

00:37:38.400 --> 00:37:42.089 So the majority of slave trade defenders
NOTE Confidence: 0.889367296666667

00:37:42.089 --> 00:37:44.730 described African people as cheerful.

NOTE Confidence: 0.889367296666667
00:37:44.730 --> 00:37:48.306 As lacking any longing for home.
NOTE Confidence: 0.889367296666667
00:37:48.310 --> 00:37:50.730 Arguing that they are perfectly
NOTE Confidence: 0.889367296666667
00:37:50.730 --> 00:37:52.666 satisfied in their condition,
NOTE Confidence: 0.889367296666667
00:37:52.670 --> 00:37:53.861 witness after witness
NOTE Confidence: 0.889367296666667
00:37:53.861 --> 00:37:55.449 testified before the British
NOTE Confidence: 0.889367296666667
00:37:55.449 --> 00:37:57.329 parliament on this very point.
NOTE Confidence: 0.873303007333333
00:38:00.940 --> 00:38:03.556 John Newton, who some of you may have
NOTE Confidence: 0.873303007333333
00:38:03.556 --> 00:38:05.919 heard of who was a slave trader,
NOTE Confidence: 0.873303007333333
00:38:05.920 --> 00:38:07.920 famous slave trader turned abolitionist,
NOTE Confidence: 0.873303007333333
00:38:07.920 --> 00:38:09.780 and he's credited with
NOTE Confidence: 0.873303007333333
00:38:09.780 --> 00:38:12.105 writing the him Amazing Grace.
NOTE Confidence: 0.873303007333333
00:38:12.110 --> 00:38:15.716 So John Newton was even asked
NOTE Confidence: 0.873303007333333
00:38:15.716 --> 00:38:18.120 whether African women suffered.
NOTE Confidence: 0.873303007333333
00:38:18.120 --> 00:38:19.919 When they were raped on board ship.
NOTE Confidence: 0.870830366666667
00:38:26.580 --> 00:38:27.858 His response was.
NOTE Confidence: 0.893615846666667

00:38:31.740 --> 00:38:34.080 They did suffer.
NOTE Confidence: 0.893615846666667

00:38:34.080 --> 00:38:38.550 When sexually assaulted. If.
NOTE Confidence: 0.893615846666667

00:38:38.550 --> 00:38:41.670 We allow the enslaved women.
NOTE Confidence: 0.893615846666667

00:38:41.670 --> 00:38:47.650 To have any degree of sentiment. If.
NOTE Confidence: 0.893615846666667

00:38:47.650 --> 00:38:50.660 If we acknowledge their feelings,
NOTE Confidence: 0.893615846666667

00:38:50.660 --> 00:38:54.844 if we grant them the capacity to suffer.
NOTE Confidence: 0.893615846666667

00:38:54.850 --> 00:38:56.713 To feel grief.
NOTE Confidence: 0.893615846666667

00:38:56.713 --> 00:38:59.818 To feel lost and love.
NOTE Confidence: 0.893615846666667

00:38:59.820 --> 00:39:02.580 If we grant them humanity,
NOTE Confidence: 0.893615846666667

00:39:02.580 --> 00:39:05.205 if we allow them to exist not
NOTE Confidence: 0.893615846666667

00:39:05.205 --> 00:39:07.818 only as human in outward form.
NOTE Confidence: 0.8653333925

00:39:09.970 --> 00:39:12.562 But inwardly. Through their
NOTE Confidence: 0.8653333925

00:39:12.562 --> 00:39:16.690 feelings and sensations if. If.
NOTE Confidence: 0.8653333925

00:39:16.690 --> 00:39:18.718 If it was an open question.
NOTE Confidence: 0.832122208571428

00:39:22.790 --> 00:39:26.808 There weren't many doctors like Isaac Wilson.
NOTE Confidence: 0.832122208571428

00:39:26.810 --> 00:39:29.906 Who tried to do this arguing?

NOTE Confidence: 0.832122208571428
00:39:29.910 --> 00:39:32.425 In fact, only four doctors
NOTE Confidence: 0.832122208571428
00:39:32.425 --> 00:39:35.570 testified on behalf of abolition.
NOTE Confidence: 0.832122208571428
00:39:35.570 --> 00:39:38.450 Despite the thousands.
NOTE Confidence: 0.832122208571428
00:39:38.450 --> 00:39:40.030 Available who could have many
NOTE Confidence: 0.832122208571428
00:39:40.030 --> 00:39:41.610 doctors and Thomas Trotter who
NOTE Confidence: 0.832122208571428
00:39:41.671 --> 00:39:43.147 are going to hear from next.
NOTE Confidence: 0.832122208571428
00:39:43.150 --> 00:39:45.230 Many doctors, including Thomas Trotter,
NOTE Confidence: 0.832122208571428
00:39:45.230 --> 00:39:49.605 said that a lot of the doctors
NOTE Confidence: 0.832122208571428
00:39:49.605 --> 00:39:51.640 believed in the slave trade.
NOTE Confidence: 0.832122208571428
00:39:51.640 --> 00:39:54.870 They supported the slave trade. Umm.
NOTE Confidence: 0.753283613333333
00:39:57.860 --> 00:39:59.000 So Thomas Trotter.
NOTE Confidence: 0.913147676
00:40:01.880 --> 00:40:04.244 He did make an argument that
NOTE Confidence: 0.913147676
00:40:04.244 --> 00:40:05.820 Africans could feel deeply.
NOTE Confidence: 0.913147676
00:40:05.820 --> 00:40:08.260 And that they were physiologically
NOTE Confidence: 0.913147676
00:40:08.260 --> 00:40:10.700 capable of suffering from depression.
NOTE Confidence: 0.913147676

00:40:10.700 --> 00:40:12.630 And as proof, Trotter describes
NOTE Confidence: 0.913147676

00:40:12.630 --> 00:40:14.560 a collective dream that the
NOTE Confidence: 0.913147676

00:40:14.629 --> 00:40:16.789 enslaved had on board his vessel.
NOTE Confidence: 0.926963746

00:40:19.180 --> 00:40:24.020 So he talks about how. Umm. At night.
NOTE Confidence: 0.8584719233333333

00:40:26.210 --> 00:40:28.880 At one point during the night.
NOTE Confidence: 0.8584719233333333

00:40:28.880 --> 00:40:33.356 Every night. All of a sudden.
NOTE Confidence: 0.8584719233333333

00:40:33.360 --> 00:40:35.720 He hears the enslaved screaming.
NOTE Confidence: 0.8584719233333333

00:40:35.720 --> 00:40:38.370 And yelling.
NOTE Confidence: 0.8584719233333333

00:40:38.370 --> 00:40:41.748 So there's an interpreter on board.
NOTE Confidence: 0.8584719233333333

00:40:41.750 --> 00:40:44.966 And he asked the interpreter to find out.
NOTE Confidence: 0.8584719233333333

00:40:44.970 --> 00:40:47.021 Can you find out anything about what's
NOTE Confidence: 0.8584719233333333

00:40:47.021 --> 00:40:49.318 going on at this particular moment?
NOTE Confidence: 0.8584719233333333

00:40:49.320 --> 00:40:51.530 And what the interpreter comes
NOTE Confidence: 0.8584719233333333

00:40:51.530 --> 00:40:54.529 back to him and says is that.
NOTE Confidence: 0.8584719233333333

00:40:54.530 --> 00:40:56.090 They go to sleep.
NOTE Confidence: 0.8584719233333333

00:40:56.090 --> 00:40:58.430 And they have a collective dream.

NOTE Confidence: 0.82322014

00:41:00.480 --> 00:41:04.068 That they're back home in Africa.

NOTE Confidence: 0.82322014

00:41:04.070 --> 00:41:07.054 And one by one, they all wake up.

NOTE Confidence: 0.82322014

00:41:07.060 --> 00:41:09.540 Realizing that they are on a slave ship.

NOTE Confidence: 0.76483695

00:41:13.270 --> 00:41:14.359 Now for Trotter.

NOTE Confidence: 0.8702718

00:41:16.800 --> 00:41:20.430 He believes that this proves.

NOTE Confidence: 0.8702718

00:41:20.430 --> 00:41:22.134 The perfection.

NOTE Confidence: 0.8702718

00:41:22.134 --> 00:41:26.394 Of their feelings and sensations.

NOTE Confidence: 0.8702718

00:41:26.400 --> 00:41:28.020 It proves they can feel.

NOTE Confidence: 0.8754952733333333

00:41:30.300 --> 00:41:31.980 Right, so an experience

NOTE Confidence: 0.8754952733333333

00:41:31.980 --> 00:41:33.958 of horror unimaginable.

NOTE Confidence: 0.8754952733333333

00:41:33.958 --> 00:41:39.648 Unimaginable horror, is the proof.

NOTE Confidence: 0.8754952733333333

00:41:39.650 --> 00:41:41.360 Is the proof that they feel.

NOTE Confidence: 0.9025882233333333

00:41:46.060 --> 00:41:47.080 Think about that.

NOTE Confidence: 0.924932774

00:41:49.820 --> 00:41:51.520 That we need to prove.

NOTE Confidence: 0.865309628

00:41:54.380 --> 00:41:57.570 Feelings. And it's only through.

NOTE Confidence: 0.865309628

00:41:57.570 --> 00:42:00.168 Acts of incredible cruelty and violence.
NOTE Confidence: 0.851928468181818

00:42:03.360 --> 00:42:05.313 That one person that a few doctors
NOTE Confidence: 0.851928468181818

00:42:05.313 --> 00:42:08.980 are able to say? Oh yes. They do feel.
NOTE Confidence: 0.840245382173913

00:42:11.470 --> 00:42:13.976 So is the slave trade and dividing
NOTE Confidence: 0.840245382173913

00:42:13.976 --> 00:42:15.841 families more like dividing a
NOTE Confidence: 0.840245382173913

00:42:15.841 --> 00:42:17.989 litter for sale or you dividing
NOTE Confidence: 0.840245382173913

00:42:17.989 --> 00:42:19.928 people who love one another?
NOTE Confidence: 0.889700596

00:42:22.450 --> 00:42:25.000 When the people are taken
NOTE Confidence: 0.889700596

00:42:25.000 --> 00:42:27.550 from from the African coast.
NOTE Confidence: 0.889700596

00:42:27.550 --> 00:42:30.006 Do we imagine that families are left behind,
NOTE Confidence: 0.889700596

00:42:30.010 --> 00:42:31.785 that hundreds and hundreds and
NOTE Confidence: 0.889700596

00:42:31.785 --> 00:42:34.030 thousands of families are left behind,
NOTE Confidence: 0.889700596

00:42:34.030 --> 00:42:40.438 mourning and in loss over their loved ones?
NOTE Confidence: 0.889700596

00:42:40.440 --> 00:42:41.100 Isaac Wilson.
NOTE Confidence: 0.889700596

00:42:41.100 --> 00:42:43.080 In another part of his testimony,
NOTE Confidence: 0.889700596

00:42:43.080 --> 00:42:44.858 in order to also prove this point,

NOTE Confidence: 0.889700596

00:42:44.860 --> 00:42:47.480 he says that there was

NOTE Confidence: 0.889700596

00:42:47.480 --> 00:42:50.100 a brother and a sister.

NOTE Confidence: 0.889700596

00:42:50.100 --> 00:42:52.488 On the slave ship.

NOTE Confidence: 0.889700596

00:42:52.490 --> 00:42:53.430 And when they realized they

NOTE Confidence: 0.889700596

00:42:53.430 --> 00:42:54.600 were both on the slave ship,

NOTE Confidence: 0.889700596

00:42:54.600 --> 00:42:55.830 because these ships are very big,

NOTE Confidence: 0.889700596

00:42:55.830 --> 00:42:56.802 you heard there's over

NOTE Confidence: 0.889700596

00:42:56.802 --> 00:42:58.017 600 people on this ship.

NOTE Confidence: 0.889700596

00:42:58.020 --> 00:42:59.847 When they realized that they were to,

NOTE Confidence: 0.889700596

00:42:59.850 --> 00:43:01.812 that they were on the same same slave ship,

NOTE Confidence: 0.889700596

00:43:01.820 --> 00:43:04.428 they ran into each other and he talks

NOTE Confidence: 0.889700596

00:43:04.428 --> 00:43:06.958 about how they embraced one another.

NOTE Confidence: 0.889700596

00:43:06.960 --> 00:43:09.277 And then he talks about how the

NOTE Confidence: 0.889700596

00:43:09.277 --> 00:43:11.080 brother died from melancholy.

NOTE Confidence: 0.889700596

00:43:11.080 --> 00:43:12.772 He died from depression.

NOTE Confidence: 0.889700596

00:43:12.772 --> 00:43:15.310 And he tells the parliamentary committee
NOTE Confidence: 0.889700596

00:43:15.379 --> 00:43:18.043 every day the sister went to the brother.
NOTE Confidence: 0.889700596

00:43:18.050 --> 00:43:21.230 And try to care for him and try to help him.
NOTE Confidence: 0.889700596

00:43:21.230 --> 00:43:22.230 But he still died.
NOTE Confidence: 0.885997409

00:43:24.800 --> 00:43:28.320 And so this idea of proof this idea
NOTE Confidence: 0.885997409

00:43:28.320 --> 00:43:31.450 of proof, and I know that we are.
NOTE Confidence: 0.885997409

00:43:31.450 --> 00:43:34.602 Um, coming up on time and I only
NOTE Confidence: 0.885997409

00:43:34.602 --> 00:43:38.049 want to spend another few minutes.
NOTE Confidence: 0.885997409

00:43:38.050 --> 00:43:39.940 Speaking so that we can
NOTE Confidence: 0.885997409

00:43:39.940 --> 00:43:41.452 have time for questions.
NOTE Confidence: 0.919549852222222

00:43:48.460 --> 00:43:50.395 So we're going to move on to Part 3.
NOTE Confidence: 0.871776052857143

00:43:59.860 --> 00:44:02.940 In some ways this image sort of.
NOTE Confidence: 0.871776052857143

00:44:02.940 --> 00:44:04.720 Expresses how I feel.
NOTE Confidence: 0.911995651538461

00:44:09.270 --> 00:44:10.950 And I still haven't really decided
NOTE Confidence: 0.911995651538461

00:44:10.950 --> 00:44:12.909 how I wanted to end this talk.
NOTE Confidence: 0.896991293571429

00:44:15.770 --> 00:44:19.482 We could talk about statistics of the under

NOTE Confidence: 0.896991293571429

00:44:19.482 --> 00:44:22.729 diagnosis of depression in black people.

NOTE Confidence: 0.896991293571429

00:44:22.730 --> 00:44:25.362 We could talk about how mental healthcare

NOTE Confidence: 0.896991293571429

00:44:25.362 --> 00:44:27.954 continued to be racialized from when we

NOTE Confidence: 0.896991293571429

00:44:27.954 --> 00:44:30.650 get to the period of American slavery.

NOTE Confidence: 0.86455458375

00:44:32.790 --> 00:44:34.932 Think about a doctor like Doctor

NOTE Confidence: 0.86455458375

00:44:34.932 --> 00:44:36.844 Samuel Cartwright, who was an

NOTE Confidence: 0.86455458375

00:44:36.844 --> 00:44:38.436 apprentice to Benjamin Rush.

NOTE Confidence: 0.88935142

00:44:40.590 --> 00:44:42.770 Doctor Cartwright, who believed that

NOTE Confidence: 0.88935142

00:44:42.770 --> 00:44:44.950 black people were naturally slaves.

NOTE Confidence: 0.88935142

00:44:44.950 --> 00:44:47.869 He believed their knees were more pliable.

NOTE Confidence: 0.88935142

00:44:47.870 --> 00:44:49.088 And so if they ran away,

NOTE Confidence: 0.88935142

00:44:49.090 --> 00:44:51.246 it would be considered a mental illness.

NOTE Confidence: 0.88935142

00:44:51.250 --> 00:44:52.985 So he concocted a mental

NOTE Confidence: 0.88935142

00:44:52.985 --> 00:44:54.026 illness called Drapetomania,

NOTE Confidence: 0.88935142

00:44:54.030 --> 00:44:56.207 which is called the running away disease.

NOTE Confidence: 0.88935142

00:44:56.210 --> 00:44:57.822 This lasted in psychiatric
NOTE Confidence: 0.88935142

00:44:57.822 --> 00:44:59.837 textbooks into the 20th century.
NOTE Confidence: 0.906220156666667

00:45:02.440 --> 00:45:04.750 We could talk about the 1840 census
NOTE Confidence: 0.906220156666667

00:45:04.750 --> 00:45:06.845 that was taken in the United
NOTE Confidence: 0.906220156666667

00:45:06.845 --> 00:45:08.575 States before the Civil War,
NOTE Confidence: 0.906220156666667

00:45:08.580 --> 00:45:10.248 which claimed that black
NOTE Confidence: 0.906220156666667

00:45:10.248 --> 00:45:12.333 people in the northern states,
NOTE Confidence: 0.906220156666667

00:45:12.340 --> 00:45:14.300 where there was gradual emancipation,
NOTE Confidence: 0.906220156666667

00:45:14.300 --> 00:45:17.279 were all insane.
NOTE Confidence: 0.906220156666667

00:45:17.280 --> 00:45:19.184 Using new statistical data,
NOTE Confidence: 0.906220156666667

00:45:19.184 --> 00:45:21.088 which black scientists at
NOTE Confidence: 0.906220156666667

00:45:21.088 --> 00:45:23.509 the time disputed and said,
NOTE Confidence: 0.906220156666667

00:45:23.510 --> 00:45:24.980 you're saying they're more inclined,
NOTE Confidence: 0.906220156666667

00:45:24.980 --> 00:45:26.268 insane people in Maine,
NOTE Confidence: 0.906220156666667

00:45:26.268 --> 00:45:27.878 which is more than the
NOTE Confidence: 0.906220156666667

00:45:27.878 --> 00:45:29.479 entire population of Maine.

NOTE Confidence: 0.906220156666667
00:45:29.480 --> 00:45:31.730 I mean, this was fudging
NOTE Confidence: 0.906220156666667
00:45:31.730 --> 00:45:33.980 numbers in a huge way.
NOTE Confidence: 0.906220156666667
00:45:33.980 --> 00:45:34.376 Right.
NOTE Confidence: 0.906220156666667
00:45:34.376 --> 00:45:36.752 We can talk about the racialization
NOTE Confidence: 0.906220156666667
00:45:36.752 --> 00:45:39.022 of a disease like schizophrenia
NOTE Confidence: 0.906220156666667
00:45:39.022 --> 00:45:41.579 that happens during the 1960s,
NOTE Confidence: 0.906220156666667
00:45:41.579 --> 00:45:45.891 changing from a disease of of of white
NOTE Confidence: 0.906220156666667
00:45:45.891 --> 00:45:48.606 people to a disease of aggressive
NOTE Confidence: 0.906220156666667
00:45:48.606 --> 00:45:51.642 black men because of the social
NOTE Confidence: 0.906220156666667
00:45:51.642 --> 00:45:54.345 protest movements and the desire
NOTE Confidence: 0.906220156666667
00:45:54.345 --> 00:45:56.557 to pathologize those behaviors.
NOTE Confidence: 0.906220156666667
00:45:56.560 --> 00:45:59.772 We can talk still about, you know,
NOTE Confidence: 0.906220156666667
00:45:59.772 --> 00:46:02.402 that that example that Doctor
NOTE Confidence: 0.906220156666667
00:46:02.402 --> 00:46:05.130 Calhoun mentioned in her article.
NOTE Confidence: 0.906220156666667
00:46:05.130 --> 00:46:06.069 A black patient,
NOTE Confidence: 0.906220156666667

00:46:06.069 --> 00:46:07.947 a young black girl who commit,
NOTE Confidence: 0.906220156666667

00:46:07.950 --> 00:46:11.198 tries to commit suicide.
NOTE Confidence: 0.906220156666667

00:46:11.200 --> 00:46:14.728 Because of racism.
NOTE Confidence: 0.906220156666667

00:46:14.730 --> 00:46:17.770 There's so many different places we can go.
NOTE Confidence: 0.906220156666667

00:46:17.770 --> 00:46:20.149 With this history.
NOTE Confidence: 0.873972925714286

00:46:22.350 --> 00:46:25.581 But the place that I feel I most want
NOTE Confidence: 0.873972925714286

00:46:25.581 --> 00:46:30.928 to go with this history. Has to do with.
NOTE Confidence: 0.873972925714286

00:46:30.930 --> 00:46:34.410 How we relate to one another?
NOTE Confidence: 0.90439385

00:46:36.640 --> 00:46:38.509 In our suffering.
NOTE Confidence: 0.9059927

00:46:40.620 --> 00:46:42.030 In our distress.
NOTE Confidence: 0.7466397

00:46:44.750 --> 00:46:48.610 Here. You are all in
NOTE Confidence: 0.7466397

00:46:48.610 --> 00:46:50.530 various ways involved in.
NOTE Confidence: 0.7466397

00:46:50.530 --> 00:46:53.620 With people who are going to
NOTE Confidence: 0.7466397

00:46:53.620 --> 00:46:56.022 be suffering, who come to you
NOTE Confidence: 0.7466397

00:46:56.022 --> 00:46:57.394 because they are suffering.
NOTE Confidence: 0.8927811175

00:47:02.750 --> 00:47:07.958 And yet, what is the kind of disjunction?

NOTE Confidence: 0.8927811175

00:47:07.960 --> 00:47:10.970 That we often feel. That sense of

NOTE Confidence: 0.8927811175

00:47:10.970 --> 00:47:12.808 distance, the lack of legibility.

NOTE Confidence: 0.900174341875

00:47:18.050 --> 00:47:21.154 You know when. One of the things that

NOTE Confidence: 0.900174341875

00:47:21.154 --> 00:47:24.226 always that always gets me when there is

NOTE Confidence: 0.900174341875

00:47:24.230 --> 00:47:28.880 a police violence against black people.

NOTE Confidence: 0.900174341875

00:47:28.880 --> 00:47:33.443 When I see the news reports and you see

NOTE Confidence: 0.900174341875

00:47:33.443 --> 00:47:38.314 the suffering of the family and you see.

NOTE Confidence: 0.900174341875

00:47:38.320 --> 00:47:39.790 The dead individual.

NOTE Confidence: 0.8879638483333333

00:47:42.300 --> 00:47:44.118 The thing that always gets me.

NOTE Confidence: 0.7387299

00:47:46.690 --> 00:47:52.020 Is why? When we see that suffering,

NOTE Confidence: 0.7387299

00:47:52.020 --> 00:47:54.240 we see that mother crying.

NOTE Confidence: 0.7387299

00:47:54.240 --> 00:47:56.136 We see those family members and

NOTE Confidence: 0.7387299

00:47:56.136 --> 00:47:58.124 those sisters and brothers and aunts

NOTE Confidence: 0.7387299

00:47:58.124 --> 00:47:59.794 and uncles and community members.

NOTE Confidence: 0.7387299

00:47:59.800 --> 00:48:03.250 Why isn't our heart just breaking?

NOTE Confidence: 0.914601094

00:48:06.120 --> 00:48:08.904 But we have this kind of
NOTE Confidence: 0.914601094

00:48:08.904 --> 00:48:10.760 distance to the suffering,
NOTE Confidence: 0.914601094

00:48:10.760 --> 00:48:14.048 to the suffering of others in various ways.
NOTE Confidence: 0.914601094

00:48:14.050 --> 00:48:18.418 I remember hearing years ago about.
NOTE Confidence: 0.914601094

00:48:18.420 --> 00:48:21.180 If Arab women only loved their
NOTE Confidence: 0.914601094

00:48:21.180 --> 00:48:24.320 children as much as white people.
NOTE Confidence: 0.914601094

00:48:24.320 --> 00:48:25.780 They wouldn't let their
NOTE Confidence: 0.914601094

00:48:25.780 --> 00:48:27.240 children be suicide bombers.
NOTE Confidence: 0.914601094

00:48:27.240 --> 00:48:29.815 We judge the feeling capacities
NOTE Confidence: 0.914601094

00:48:29.815 --> 00:48:32.944 of other people so much more
NOTE Confidence: 0.914601094

00:48:32.944 --> 00:48:35.209 than I think we realize.
NOTE Confidence: 0.858676296666667

00:48:38.690 --> 00:48:42.071 When I meet people who are doing
NOTE Confidence: 0.858676296666667

00:48:42.071 --> 00:48:45.850 residencies in OB GYN and they talk about
NOTE Confidence: 0.858676296666667

00:48:45.850 --> 00:48:49.590 racism against black pregnant women,
NOTE Confidence: 0.858676296666667

00:48:49.590 --> 00:48:52.010 thinking, Oh well, this child,
NOTE Confidence: 0.858676296666667

00:48:52.010 --> 00:48:53.186 I don't even know why she's

NOTE Confidence: 0.858676296666667
00:48:53.186 --> 00:48:54.250 bothering to have this child.
NOTE Confidence: 0.858676296666667
00:48:54.250 --> 00:48:56.270 It's just going to end up in jail or dead.
NOTE Confidence: 0.845223616666667
00:49:00.640 --> 00:49:03.292 The feeling capacities of
NOTE Confidence: 0.845223616666667
00:49:03.292 --> 00:49:06.111 black people. And our societies
NOTE Confidence: 0.845223616666667
00:49:06.111 --> 00:49:08.596 relationship to what those are.
NOTE Confidence: 0.858087306666667
00:49:14.910 --> 00:49:17.135 A black scholar called Monica
NOTE Confidence: 0.858087306666667
00:49:17.135 --> 00:49:18.915 Coleman wrote the following.
NOTE Confidence: 0.913945804
00:49:21.430 --> 00:49:23.030 When I was growing up,
NOTE Confidence: 0.913945804
00:49:23.030 --> 00:49:26.747 no one in my family used the word depression.
NOTE Confidence: 0.913945804
00:49:26.750 --> 00:49:29.424 No one used the term mental illness.
NOTE Confidence: 0.913945804
00:49:29.430 --> 00:49:31.150 They called it grief.
NOTE Confidence: 0.913945804
00:49:31.150 --> 00:49:34.146 They called it grief when melancholy took
NOTE Confidence: 0.913945804
00:49:34.146 --> 00:49:37.170 up residence in my grandmother's face.
NOTE Confidence: 0.913945804
00:49:37.170 --> 00:49:39.669 They called it grief when my great
NOTE Confidence: 0.913945804
00:49:39.669 --> 00:49:42.076 grandfather asked his children to help him
NOTE Confidence: 0.913945804

00:49:42.076 --> 00:49:44.630 hang the noose that would end his life.
NOTE Confidence: 0.913945804

00:49:44.630 --> 00:49:47.332 They called it grief when my grandmother
NOTE Confidence: 0.913945804

00:49:47.332 --> 00:49:49.922 smoked and drank to ease the pain
NOTE Confidence: 0.913945804

00:49:49.922 --> 00:49:51.956 of losing his friends and battle.
NOTE Confidence: 0.913945804

00:49:51.960 --> 00:49:54.770 My family knew mental illness.
NOTE Confidence: 0.913945804

00:49:54.770 --> 00:49:56.768 But they treated it like it
NOTE Confidence: 0.913945804

00:49:56.768 --> 00:49:58.769 was a normal part of life.
NOTE Confidence: 0.913945804

00:49:58.770 --> 00:50:01.539 Because it was.
NOTE Confidence: 0.913945804

00:50:01.540 --> 00:50:04.164 If you survive slavery like the old preacher
NOTE Confidence: 0.913945804

00:50:04.164 --> 00:50:06.797 who raised my grandmother and her siblings,
NOTE Confidence: 0.913945804

00:50:06.800 --> 00:50:10.420 is emotional balance of possibility.
NOTE Confidence: 0.913945804

00:50:10.420 --> 00:50:12.880 When your fingers are bleeding from
NOTE Confidence: 0.913945804

00:50:12.880 --> 00:50:15.120 picking cotton and cutting tobacco.
NOTE Confidence: 0.913945804

00:50:15.120 --> 00:50:18.250 Do you think you should stop and take a deep
NOTE Confidence: 0.913945804

00:50:18.328 --> 00:50:21.248 breath before moving on to the next task?
NOTE Confidence: 0.913945804

00:50:21.250 --> 00:50:24.680 If you manage to get out of the Jim Crow S.

NOTE Confidence: 0.913945804

00:50:24.680 --> 00:50:26.424 To find the newer,

NOTE Confidence: 0.913945804

00:50:26.424 --> 00:50:29.670 subtler forms of racism in the north.

NOTE Confidence: 0.913945804

00:50:29.670 --> 00:50:34.479 Do you think about preserving your sanity?

NOTE Confidence: 0.913945804

00:50:34.480 --> 00:50:35.180 End Quote.

NOTE Confidence: 0.9026039633333333

00:50:37.940 --> 00:50:39.908 Some of us live with the

NOTE Confidence: 0.9026039633333333

00:50:39.908 --> 00:50:41.442 structures of racism, colonialism,

NOTE Confidence: 0.9026039633333333

00:50:41.442 --> 00:50:44.694 slavery and slave trading as part

NOTE Confidence: 0.9026039633333333

00:50:44.694 --> 00:50:47.979 of our family histories and as

NOTE Confidence: 0.9026039633333333

00:50:47.979 --> 00:50:50.579 part of our lived experience.

NOTE Confidence: 0.9026039633333333

00:50:50.580 --> 00:50:54.584 We walk about in the world marked.

NOTE Confidence: 0.9026039633333333

00:50:54.590 --> 00:50:56.506 Our identities are frequently

NOTE Confidence: 0.9026039633333333

00:50:56.506 --> 00:51:00.310 seen as a problem or a question,

NOTE Confidence: 0.9026039633333333

00:51:00.310 --> 00:51:04.250 or an accusation or suspicion.

NOTE Confidence: 0.9026039633333333

00:51:04.250 --> 00:51:06.005 We live with different expectations

NOTE Confidence: 0.9026039633333333

00:51:06.005 --> 00:51:08.440 thrust upon us in the workplace.

NOTE Confidence: 0.9026039633333333

00:51:08.440 --> 00:51:11.822 We have to prove our humanity, our equality,

NOTE Confidence: 0.9026039633333333

00:51:11.822 --> 00:51:14.946 our goodness, our deservedness.

NOTE Confidence: 0.9026039633333333

00:51:14.950 --> 00:51:17.720 With regularity.

NOTE Confidence: 0.9026039633333333

00:51:17.720 --> 00:51:19.960 Although we are at the bottom of

NOTE Confidence: 0.9026039633333333

00:51:19.960 --> 00:51:21.560 America's racial caste hierarchy,

NOTE Confidence: 0.9026039633333333

00:51:21.560 --> 00:51:24.698 no matter how far we advance.

NOTE Confidence: 0.9026039633333333

00:51:24.700 --> 00:51:27.500 We can be called the N word on a dime.

NOTE Confidence: 0.9026039633333333

00:51:27.500 --> 00:51:29.654 We are more likely to be

NOTE Confidence: 0.9026039633333333

00:51:29.654 --> 00:51:31.090 misdiagnosed by our doctors.

NOTE Confidence: 0.9026039633333333

00:51:31.090 --> 00:51:33.658 We're more likely to suffer the

NOTE Confidence: 0.9026039633333333

00:51:33.658 --> 00:51:35.875 chronic stress of racism as

NOTE Confidence: 0.9026039633333333

00:51:35.875 --> 00:51:37.980 our bodies wither and weather.

NOTE Confidence: 0.9026039633333333

00:51:37.980 --> 00:51:40.988 Yet despite it all.

NOTE Confidence: 0.9026039633333333

00:51:40.990 --> 00:51:43.708 Despite it all.

NOTE Confidence: 0.9026039633333333

00:51:43.710 --> 00:51:45.818 We seek to endure.

NOTE Confidence: 0.938823117272727

00:51:48.350 --> 00:51:50.618 Thank you all so much for

NOTE Confidence: 0.938823117272727
00:51:50.618 --> 00:51:52.440 spending this time with me.
NOTE Confidence: 0.871139286666667
00:52:06.970 --> 00:52:09.100 Thank you, Carolyn.
NOTE Confidence: 0.871139286666667
00:52:09.100 --> 00:52:11.610 Always need a minute after
NOTE Confidence: 0.871139286666667
00:52:11.610 --> 00:52:14.830 they're all of what you share.
NOTE Confidence: 0.871139286666667
00:52:14.830 --> 00:52:17.588 I don't know. Let's take a moment.
NOTE Confidence: 0.871139286666667
00:52:17.590 --> 00:52:20.170 Anybody has questions now we
NOTE Confidence: 0.871139286666667
00:52:20.170 --> 00:52:21.403 are Doctor Robertson staying
NOTE Confidence: 0.871139286666667
00:52:21.403 --> 00:52:23.029 with us for a little longer,
NOTE Confidence: 0.871139286666667
00:52:23.030 --> 00:52:25.532 so we'll also leave the zoom on in case
NOTE Confidence: 0.871139286666667
00:52:25.532 --> 00:52:27.570 people have other questions to ask.
NOTE Confidence: 0.871139286666667
00:52:27.570 --> 00:52:28.940 But I wondered if anybody had
NOTE Confidence: 0.871139286666667
00:52:28.940 --> 00:52:30.340 anything they were curious about.
NOTE Confidence: 0.883973701666667
00:52:35.770 --> 00:52:37.726 I know I have a question.
NOTE Confidence: 0.883973701666667
00:52:37.730 --> 00:52:41.354 So in your research you, you know,
NOTE Confidence: 0.883973701666667
00:52:41.354 --> 00:52:43.649 you've looked through this exchange through
NOTE Confidence: 0.883973701666667

00:52:43.649 --> 00:52:46.540 Parliament and could kind of trace what
NOTE Confidence: 0.883973701666667

00:52:46.617 --> 00:52:49.059 the impact has been throughout time.
NOTE Confidence: 0.883973701666667

00:52:49.060 --> 00:52:52.287 What do you hypothesize could have happened,
NOTE Confidence: 0.883973701666667

00:52:52.290 --> 00:52:55.740 could have been different if they
NOTE Confidence: 0.883973701666667

00:52:55.740 --> 00:52:59.988 listened to his diagnosis of melancholia?
NOTE Confidence: 0.883973701666667

00:52:59.988 --> 00:53:03.249 That's such a very good. Question.
NOTE Confidence: 0.883973701666667

00:53:03.249 --> 00:53:06.210 And one of the things I love about this
NOTE Confidence: 0.883973701666667

00:53:06.286 --> 00:53:08.687 question is because it allows us to
NOTE Confidence: 0.883973701666667

00:53:08.687 --> 00:53:10.956 think about the larger structures that
NOTE Confidence: 0.883973701666667

00:53:10.956 --> 00:53:13.686 are in place for needing the delay,
NOTE Confidence: 0.883973701666667

00:53:13.690 --> 00:53:15.722 the diagnosis of seasickness.
NOTE Confidence: 0.883973701666667

00:53:15.722 --> 00:53:19.710 So what would have happened if all of
NOTE Confidence: 0.883973701666667

00:53:19.710 --> 00:53:22.678 a sudden we believed that black people
NOTE Confidence: 0.883973701666667

00:53:22.678 --> 00:53:26.140 were suffering from this treatment?
NOTE Confidence: 0.883973701666667

00:53:26.140 --> 00:53:27.778 What are the ramifications of that?
NOTE Confidence: 0.910841658

00:53:29.920 --> 00:53:34.648 You would have had to. Get rid of slavery.

NOTE Confidence: 0.910841658

00:53:34.650 --> 00:53:37.842 You would have had to end the illegal

NOTE Confidence: 0.910841658

00:53:37.842 --> 00:53:41.400 part of the transatlantic slave trade.

NOTE Confidence: 0.910841658

00:53:41.400 --> 00:53:44.389 You wouldn't have had Jim Crow. Right.

NOTE Confidence: 0.910841658

00:53:44.389 --> 00:53:47.532 All of these structures which are meant

NOTE Confidence: 0.910841658

00:53:47.532 --> 00:53:50.397 to repress and harm and dehumanize.

NOTE Confidence: 0.910841658

00:53:50.400 --> 00:53:54.234 Would have been able to be

NOTE Confidence: 0.910841658

00:53:54.234 --> 00:53:56.790 understood in different ways.

NOTE Confidence: 0.910841658

00:53:56.790 --> 00:53:58.290 You know, David Blight,

NOTE Confidence: 0.910841658

00:53:58.290 --> 00:54:01.474 who's a historian here at Yale and he

NOTE Confidence: 0.910841658

00:54:01.474 --> 00:54:04.743 works on the period of 19th century,

NOTE Confidence: 0.910841658

00:54:04.750 --> 00:54:07.606 so antebellum S slavery in antebellum South.

NOTE Confidence: 0.910841658

00:54:07.610 --> 00:54:11.036 And he explains how lucrative slavery

NOTE Confidence: 0.910841658

00:54:11.036 --> 00:54:15.510 was for the South that enslaved people

NOTE Confidence: 0.910841658

00:54:15.510 --> 00:54:19.299 at the time of the Civil war were were

NOTE Confidence: 0.910841658

00:54:19.299 --> 00:54:22.381 the equivalent of over 80 billion

NOTE Confidence: 0.910841658

00:54:22.381 --> 00:54:26.150 with a B dollars they were worth.
NOTE Confidence: 0.910841658

00:54:26.150 --> 00:54:29.097 More than all of the other industries,
NOTE Confidence: 0.910841658

00:54:29.100 --> 00:54:33.270 railroads and everything else combined.
NOTE Confidence: 0.910841658

00:54:33.270 --> 00:54:35.616 Right. And so.
NOTE Confidence: 0.910841658

00:54:35.616 --> 00:54:39.526 What is it about needing?
NOTE Confidence: 0.910841658

00:54:39.530 --> 00:54:41.750 These particular kinds of diagnosis,
NOTE Confidence: 0.910841658

00:54:41.750 --> 00:54:43.490 which are much more than diagnosis,
NOTE Confidence: 0.910841658

00:54:43.490 --> 00:54:44.842 is sort of mentioned.
NOTE Confidence: 0.910841658

00:54:44.842 --> 00:54:46.532 We think about something like
NOTE Confidence: 0.910841658

00:54:46.532 --> 00:54:48.128 schizophrenia and it's racialization.
NOTE Confidence: 0.910841658

00:54:48.130 --> 00:54:49.558 We think about drapetomania,
NOTE Confidence: 0.910841658

00:54:49.558 --> 00:54:50.986 the running away disease.
NOTE Confidence: 0.910841658

00:54:50.990 --> 00:54:53.926 In a time when people are thinking about
NOTE Confidence: 0.910841658

00:54:53.926 --> 00:54:56.027 abolishing slavery in the United States.
NOTE Confidence: 0.910841658

00:54:56.030 --> 00:54:58.310 Diagnosis are never just diagnosis.
NOTE Confidence: 0.910841658

00:54:58.310 --> 00:54:59.290 In a lot of ways,

NOTE Confidence: 0.910841658

00:54:59.290 --> 00:55:00.970 they have these broader social,

NOTE Confidence: 0.910841658

00:55:00.970 --> 00:55:01.616 political,

NOTE Confidence: 0.910841658

00:55:01.616 --> 00:55:04.200 economic and cultural implications.

NOTE Confidence: 0.74107613

00:55:07.080 --> 00:55:11.200 Sure, yeah. Yes.

NOTE Confidence: 0.86762086625

00:55:25.480 --> 00:55:29.776 So lots of comments and thank yous and.

NOTE Confidence: 0.86762086625

00:55:29.780 --> 00:55:31.120 Acknowledgement that

NOTE Confidence: 0.86762086625

00:55:31.120 --> 00:55:33.800 it's challenging to hear,

NOTE Confidence: 0.86762086625

00:55:33.800 --> 00:55:37.240 but also incredibly important.

NOTE Confidence: 0.86762086625

00:55:37.240 --> 00:55:40.900 You know these comments questions.

NOTE Confidence: 0.86762086625

00:55:40.900 --> 00:55:43.808 So from Doctor Emmett.

NOTE Confidence: 0.86762086625

00:55:43.810 --> 00:55:45.690 Doctor Emmons.

NOTE Confidence: 0.86762086625

00:55:45.690 --> 00:55:48.138 Are there sensibility or

NOTE Confidence: 0.7938863

00:55:48.150 --> 00:55:50.310 attitude scales that conditions can complete?

NOTE Confidence: 0.848093691666667

00:55:55.000 --> 00:55:57.898 In in terms of could you,

NOTE Confidence: 0.848093691666667

00:55:57.900 --> 00:55:59.440 could you say the first part of

NOTE Confidence: 0.848093691666667

00:55:59.440 --> 00:56:00.937 that question again the question is
NOTE Confidence: 0.848093691666667

00:56:00.937 --> 00:56:02.257 are there sensibility or attitude
NOTE Confidence: 0.848093691666667

00:56:02.260 --> 00:56:05.990 scales that clinicians can complete.
NOTE Confidence: 0.848093691666667

00:56:05.990 --> 00:56:08.208 So I imagine maybe we're,
NOTE Confidence: 0.848093691666667

00:56:08.208 --> 00:56:10.810 are we talking about like the implicit,
NOTE Confidence: 0.848093691666667

00:56:10.810 --> 00:56:14.079 the implicit bias test or are we
NOTE Confidence: 0.848093691666667

00:56:14.079 --> 00:56:15.980 talking about something else,
NOTE Confidence: 0.848093691666667

00:56:15.980 --> 00:56:18.392 it sounds more explicit,
NOTE Confidence: 0.848093691666667

00:56:18.392 --> 00:56:21.212 more explicit explicit attitudes.
NOTE Confidence: 0.848093691666667

00:56:21.212 --> 00:56:26.048 Ohh, this is a good question.
NOTE Confidence: 0.848093691666667

00:56:26.050 --> 00:56:27.998 Yeah, I I mean,
NOTE Confidence: 0.848093691666667

00:56:27.998 --> 00:56:30.920 I'm most familiar with the implicit,
NOTE Confidence: 0.848093691666667

00:56:30.920 --> 00:56:33.536 the implicit bias test, the IAT,
NOTE Confidence: 0.848093691666667

00:56:33.540 --> 00:56:35.540 which now has, you know,
NOTE Confidence: 0.848093691666667

00:56:35.540 --> 00:56:37.840 not only things about race,
NOTE Confidence: 0.848093691666667

00:56:37.840 --> 00:56:41.018 but things about body size and gender

NOTE Confidence: 0.848093691666667
00:56:41.018 --> 00:56:44.630 identity and and a lot of a lot of
NOTE Confidence: 0.848093691666667
00:56:44.630 --> 00:56:46.919 different metrics that it looks at.
NOTE Confidence: 0.848093691666667
00:56:46.920 --> 00:56:49.180 But in terms of explicit,
NOTE Confidence: 0.848093691666667
00:56:49.180 --> 00:56:53.460 Umm, I'm not familiar with,
NOTE Confidence: 0.848093691666667
00:56:53.460 --> 00:56:53.946 you know,
NOTE Confidence: 0.848093691666667
00:56:53.946 --> 00:56:56.610 I what I've read in some of the literature.
NOTE Confidence: 0.848093691666667
00:56:56.610 --> 00:56:59.430 More specific tasks given for specific
NOTE Confidence: 0.848093691666667
00:56:59.430 --> 00:57:02.160 studies that are being conducted,
NOTE Confidence: 0.848093691666667
00:57:02.160 --> 00:57:03.774 but I don't know how widespread
NOTE Confidence: 0.848093691666667
00:57:03.774 --> 00:57:04.850 some of those are.
NOTE Confidence: 0.78364081
00:57:10.550 --> 00:57:12.330 Amanda Calhoun has a question.
NOTE Confidence: 0.5634099
00:57:15.410 --> 00:57:20.230 Amazing, amazing talk as always.
NOTE Confidence: 0.862477667333333
00:57:20.230 --> 00:57:22.106 I feel all the feels always by
NOTE Confidence: 0.862477667333333
00:57:22.106 --> 00:57:23.617 listening to what you're what
NOTE Confidence: 0.862477667333333
00:57:23.617 --> 00:57:25.655 you're saying and I'm just very,
NOTE Confidence: 0.862477667333333

00:57:25.655 --> 00:57:27.750 very grateful for your presence
NOTE Confidence: 0.862477667333333

00:57:27.750 --> 00:57:31.340 here and just in our university.
NOTE Confidence: 0.739263776666667

00:57:35.280 --> 00:57:38.060 I'm getting emotional, but I feel like,
NOTE Confidence: 0.739263776666667

00:57:38.060 --> 00:57:40.830 you know, so much of what you're saying is
NOTE Confidence: 0.887962691666667

00:57:40.840 --> 00:57:42.530 happening today, and I think
NOTE Confidence: 0.887962691666667

00:57:42.530 --> 00:57:44.019 it's important, you know,
NOTE Confidence: 0.887962691666667

00:57:44.020 --> 00:57:47.540 especially what you said about people.
NOTE Confidence: 0.887962691666667

00:57:47.540 --> 00:57:50.010 You know, always sort of leaning
NOTE Confidence: 0.887962691666667

00:57:50.010 --> 00:57:51.830 to the comfort of that people are
NOTE Confidence: 0.947884292857143

00:57:51.840 --> 00:57:54.437 ignorant or they don't know any better.
NOTE Confidence: 0.947884292857143

00:57:54.440 --> 00:57:57.564 And I still hear this talk today.
NOTE Confidence: 0.947884292857143

00:57:57.564 --> 00:58:00.650 You know, I have spoken out many
NOTE Confidence: 0.947884292857143

00:58:00.650 --> 00:58:02.540 times about racist treatment that
NOTE Confidence: 0.947884292857143

00:58:02.614 --> 00:58:05.000 I've witnessed towards black children,
NOTE Confidence: 0.947884292857143

00:58:05.000 --> 00:58:08.600 and that's often the response that I get.
NOTE Confidence: 0.947884292857143

00:58:08.600 --> 00:58:11.694 You know, they don't know any better.

NOTE Confidence: 0.947884292857143
00:58:11.700 --> 00:58:13.820 They didn't mean it that way.
NOTE Confidence: 0.947884292857143
00:58:13.820 --> 00:58:15.726 Meanwhile, black children
NOTE Confidence: 0.947884292857143
00:58:15.726 --> 00:58:17.458 continue to be harmed.
NOTE Confidence: 0.947884292857143
00:58:17.460 --> 00:58:20.090 Brown children continue to be harmed
NOTE Confidence: 0.947884292857143
00:58:20.090 --> 00:58:22.730 and I think it's really important for
NOTE Confidence: 0.947884292857143
00:58:22.730 --> 00:58:24.838 people to understand exactly what you
NOTE Confidence: 0.947884292857143
00:58:24.838 --> 00:58:26.952 said is that there are always people
NOTE Confidence: 0.947884292857143
00:58:26.952 --> 00:58:29.204 around who are saying this is wrong.
NOTE Confidence: 0.947884292857143
00:58:29.204 --> 00:58:31.610 We need to look at this closer.
NOTE Confidence: 0.947884292857143
00:58:31.610 --> 00:58:33.864 There are better ways to manage this.
NOTE Confidence: 0.947884292857143
00:58:33.870 --> 00:58:35.576 We need to start auditing people.
NOTE Confidence: 0.947884292857143
00:58:35.576 --> 00:58:37.570 We need to start looking at language
NOTE Confidence: 0.947884292857143
00:58:37.570 --> 00:58:40.134 used towards black and brown children.
NOTE Confidence: 0.947884292857143
00:58:40.134 --> 00:58:42.360 And I think.
NOTE Confidence: 0.947884292857143
00:58:42.360 --> 00:58:45.286 Speaking as a person who's always focal.
NOTE Confidence: 0.947884292857143

00:58:45.290 --> 00:58:47.285 There needs to be a lot more
NOTE Confidence: 0.947884292857143

00:58:47.285 --> 00:58:49.354 accountability taken because right now
NOTE Confidence: 0.947884292857143

00:58:49.354 --> 00:58:53.488 I very much feel that racist people
NOTE Confidence: 0.947884292857143

00:58:53.488 --> 00:58:55.523 are protected in the medical system.
NOTE Confidence: 0.947884292857143

00:58:55.523 --> 00:58:56.921 It's thought, oh,
NOTE Confidence: 0.947884292857143

00:58:56.921 --> 00:58:58.187 you went into the medical system,
NOTE Confidence: 0.947884292857143

00:58:58.190 --> 00:59:00.100 you care about everyone, but.
NOTE Confidence: 0.947884292857143

00:59:00.100 --> 00:59:02.116 If you're listening to what
NOTE Confidence: 0.947884292857143

00:59:02.116 --> 00:59:03.070 you're telling us,
NOTE Confidence: 0.947884292857143

00:59:03.070 --> 00:59:04.981 there have always been people in the
NOTE Confidence: 0.947884292857143

00:59:04.981 --> 00:59:06.825 medical system and outside of it who
NOTE Confidence: 0.947884292857143

00:59:06.825 --> 00:59:08.750 do not care about everyone equally.
NOTE Confidence: 0.947884292857143

00:59:08.750 --> 00:59:11.008 So I think it's so important to
NOTE Confidence: 0.947884292857143

00:59:11.008 --> 00:59:12.621 think about and we've talked about
NOTE Confidence: 0.947884292857143

00:59:12.621 --> 00:59:14.205 this and I guess my question
NOTE Confidence: 0.9143811

00:59:14.220 --> 00:59:16.929 for you would be how do we

NOTE Confidence: 0.8850485175

00:59:17.580 --> 00:59:19.040 mobilize this, you know,

NOTE Confidence: 0.8850485175

00:59:19.040 --> 00:59:21.284 how do we take this and actually

NOTE Confidence: 0.8850485175

00:59:21.284 --> 00:59:23.868 put it into action to hold people

NOTE Confidence: 0.8850485175

00:59:23.868 --> 00:59:26.680 accountable today, you know, the, the,

NOTE Confidence: 0.8850485175

00:59:26.680 --> 00:59:28.760 the, you know the thing that I talked

NOTE Confidence: 0.8850485175

00:59:28.819 --> 00:59:30.649 about where the attending, right?

NOTE Confidence: 0.8850485175

00:59:30.649 --> 00:59:32.594 You're at Yale, completely dismissed

NOTE Confidence: 0.8850485175

00:59:32.594 --> 00:59:34.909 me and the patient when I said

NOTE Confidence: 0.857232596

00:59:35.020 --> 00:59:36.910 I think this black girl.

NOTE Confidence: 0.916160054545454

00:59:37.000 --> 00:59:39.408 In fact, I don't think I know

NOTE Confidence: 0.916160054545454

00:59:39.408 --> 00:59:40.970 because she told me. That

NOTE Confidence: 0.922630765714286

00:59:40.980 --> 00:59:42.620 she attempted suicide because of

NOTE Confidence: 0.922630765714286

00:59:42.620 --> 00:59:44.060 the racism she's experiencing.

NOTE Confidence: 0.922630765714286

00:59:44.060 --> 00:59:45.410 We need to talk about

NOTE Confidence: 0.886000171111111

00:59:45.420 --> 00:59:47.471 that. And the attending looked at me

NOTE Confidence: 0.886000171111111

00:59:47.471 --> 00:59:50.860 and said no, racism isn't a factor here.

NOTE Confidence: 0.782195266666667

00:59:53.260 --> 00:59:56.330 And not attending had no there was

NOTE Confidence: 0.782195266666667

00:59:56.330 --> 00:59:58.508 no accountability for that you know

NOTE Confidence: 0.8078319

00:59:58.880 --> 01:00:00.490 and and I was just

NOTE Confidence: 0.758876714285714

01:00:00.560 --> 01:00:03.113 a trainee. I still am you know and

NOTE Confidence: 0.758876714285714

01:00:03.113 --> 01:00:05.318 I didn't feel like I could speak out

NOTE Confidence: 0.758876714285714

01:00:05.318 --> 01:00:06.674 against that attending not specifically

NOTE Confidence: 0.758876714285714

01:00:06.674 --> 01:00:08.888 which is why I wrote about it you know.

NOTE Confidence: 0.758876714285714

01:00:08.888 --> 01:00:11.410 So I guess my question is how

NOTE Confidence: 0.898720697368421

01:00:11.420 --> 01:00:13.205 do we hold people accountable

NOTE Confidence: 0.898720697368421

01:00:13.205 --> 01:00:15.556 and when I say people I mean

NOTE Confidence: 0.898720697368421

01:00:15.556 --> 01:00:17.630 all of us how do we hold, how do

NOTE Confidence: 0.933205294444444

01:00:17.640 --> 01:00:20.456 we make it so that we're not continuing

NOTE Confidence: 0.933205294444444

01:00:20.456 --> 01:00:22.779 this system where anti blackness.

NOTE Confidence: 0.933205294444444

01:00:22.779 --> 01:00:25.880 Is baked into the very treatment of patients.

NOTE Confidence: 0.722834971666667

01:00:27.740 --> 01:00:30.458 Yeah, it's such, it is what,

NOTE Confidence: 0.722834971666667
01:00:30.460 --> 01:00:32.710 like the billion dollar question,
NOTE Confidence: 0.722834971666667
01:00:32.710 --> 01:00:36.174 you know, I work, we think about this.
NOTE Confidence: 0.722834971666667
01:00:36.180 --> 01:00:38.112 I think about this question a lot
NOTE Confidence: 0.722834971666667
01:00:38.112 --> 01:00:39.620 with the undergraduates that I teach,
NOTE Confidence: 0.722834971666667
01:00:39.620 --> 01:00:40.964 with the medical school
NOTE Confidence: 0.722834971666667
01:00:40.964 --> 01:00:42.644 students I teach and others.
NOTE Confidence: 0.863083018
01:00:45.490 --> 01:00:48.360 You know, holding people accountable.
NOTE Confidence: 0.863083018
01:00:48.360 --> 01:00:53.648 In some ways has to have an an
NOTE Confidence: 0.863083018
01:00:53.648 --> 01:00:58.418 institutional and a structural form to it.
NOTE Confidence: 0.863083018
01:00:58.420 --> 01:01:01.972 I did hear and you know the School
NOTE Confidence: 0.863083018
01:01:01.972 --> 01:01:03.670 of Medicine, you know they're,
NOTE Confidence: 0.863083018
01:01:03.670 --> 01:01:05.290 they're like a lot of silos
NOTE Confidence: 0.863083018
01:01:05.290 --> 01:01:07.089 in in the School of Medicine.
NOTE Confidence: 0.863083018
01:01:07.090 --> 01:01:09.628 I know that from one doctor,
NOTE Confidence: 0.863083018
01:01:09.630 --> 01:01:12.752 one clinician that I spoke to recently
NOTE Confidence: 0.863083018

01:01:12.752 --> 01:01:16.145 said that for example the experience that
NOTE Confidence: 0.863083018

01:01:16.145 --> 01:01:20.030 that you Amanda had with that attending.
NOTE Confidence: 0.863083018

01:01:20.030 --> 01:01:24.438 In some departments now there is a place
NOTE Confidence: 0.863083018

01:01:24.438 --> 01:01:29.390 that you can go to report them and a similar.
NOTE Confidence: 0.863083018

01:01:29.390 --> 01:01:31.770 This doctor was telling me a similar
NOTE Confidence: 0.863083018

01:01:31.770 --> 01:01:35.214 thing happened, it was reported and.
NOTE Confidence: 0.863083018

01:01:35.214 --> 01:01:40.190 This person got censored in a very.
NOTE Confidence: 0.863083018

01:01:40.190 --> 01:01:42.110 Embarrassing and difficult way
NOTE Confidence: 0.863083018

01:01:42.110 --> 01:01:44.030 from a professional standpoint,
NOTE Confidence: 0.863083018

01:01:44.030 --> 01:01:45.890 they weren't sort of like outed,
NOTE Confidence: 0.863083018

01:01:45.890 --> 01:01:48.008 but there was, there were letters,
NOTE Confidence: 0.863083018

01:01:48.010 --> 01:01:49.291 there were conversations.
NOTE Confidence: 0.863083018

01:01:49.291 --> 01:01:51.426 There's now something in the
NOTE Confidence: 0.863083018

01:01:51.426 --> 01:01:52.770 file permanently in the,
NOTE Confidence: 0.863083018

01:01:52.770 --> 01:01:55.745 in the work file permanently
NOTE Confidence: 0.863083018

01:01:55.745 --> 01:01:58.125 against this particular doctor.

NOTE Confidence: 0.863083018

01:01:58.130 --> 01:01:59.250 And so you know,

NOTE Confidence: 0.863083018

01:01:59.250 --> 01:02:00.650 so hearing about things like

NOTE Confidence: 0.863083018

01:02:00.650 --> 01:02:02.509 that that that they're you know,

NOTE Confidence: 0.863083018

01:02:02.510 --> 01:02:05.070 sort of like a punitive kind of aspect of it,

NOTE Confidence: 0.863083018

01:02:05.070 --> 01:02:07.542 you know is is interesting to

NOTE Confidence: 0.863083018

01:02:07.542 --> 01:02:10.220 think about how in the moment.

NOTE Confidence: 0.863083018

01:02:10.220 --> 01:02:10.796 You,

NOTE Confidence: 0.863083018

01:02:10.796 --> 01:02:13.100 as as a resident,

NOTE Confidence: 0.863083018

01:02:13.100 --> 01:02:16.566 wouldn't feel like you're just sort of

NOTE Confidence: 0.863083018

01:02:16.566 --> 01:02:19.070 at the whim of some of this behavior.

NOTE Confidence: 0.916906240952381

01:02:21.430 --> 01:02:24.013 Other other ideas and examples and things

NOTE Confidence: 0.916906240952381

01:02:24.013 --> 01:02:26.726 that I've been talking about with other

NOTE Confidence: 0.916906240952381

01:02:26.726 --> 01:02:29.750 people have to do with continuing education.

NOTE Confidence: 0.916906240952381

01:02:29.750 --> 01:02:33.208 That actually is that is actual education

NOTE Confidence: 0.916906240952381

01:02:33.208 --> 01:02:37.872 and that there is a way of sort of an

NOTE Confidence: 0.916906240952381

01:02:37.872 --> 01:02:40.880 implementation process like a kind of
NOTE Confidence: 0.916906240952381

01:02:40.880 --> 01:02:43.530 hands-on aspect to the implementation.
NOTE Confidence: 0.916906240952381

01:02:43.530 --> 01:02:46.068 And so when we're talking about
NOTE Confidence: 0.916906240952381

01:02:46.068 --> 01:02:48.959 when we're talking about a patient
NOTE Confidence: 0.916906240952381

01:02:48.959 --> 01:02:50.636 and practitioner encounter.
NOTE Confidence: 0.916906240952381

01:02:50.640 --> 01:02:52.875 What are the sticky places
NOTE Confidence: 0.916906240952381

01:02:52.875 --> 01:02:54.216 that are happening?
NOTE Confidence: 0.916906240952381

01:02:54.220 --> 01:02:56.296 Where is the distrust coming from?
NOTE Confidence: 0.916906240952381

01:02:56.300 --> 01:02:59.072 How is that individual actually talking
NOTE Confidence: 0.916906240952381

01:02:59.072 --> 01:03:01.840 to and embracing this individual?
NOTE Confidence: 0.916906240952381

01:03:01.840 --> 01:03:03.658 There's some really basic things that
NOTE Confidence: 0.916906240952381

01:03:03.658 --> 01:03:05.498 we are still needing to work on.
NOTE Confidence: 0.916906240952381

01:03:05.500 --> 01:03:11.260 Even eye contact, even eye contact is huge.
NOTE Confidence: 0.916906240952381

01:03:11.260 --> 01:03:12.277 And you know,
NOTE Confidence: 0.916906240952381

01:03:12.277 --> 01:03:15.020 one of the things that my partner who,
NOTE Confidence: 0.916906240952381

01:03:15.020 --> 01:03:18.913 who is African American and his

NOTE Confidence: 0.916906240952381

01:03:18.913 --> 01:03:21.478 father and grandfather were doctors.

NOTE Confidence: 0.916906240952381

01:03:21.480 --> 01:03:23.184 He grew up in hospitals and

NOTE Confidence: 0.916906240952381

01:03:23.184 --> 01:03:24.989 this was during the time when,

NOTE Confidence: 0.916906240952381

01:03:24.990 --> 01:03:26.486 you know, there was,

NOTE Confidence: 0.916906240952381

01:03:26.486 --> 01:03:28.730 it was still like basically segregated

NOTE Confidence: 0.916906240952381

01:03:28.797 --> 01:03:31.016 and he'd be going into these spaces

NOTE Confidence: 0.916906240952381

01:03:31.016 --> 01:03:33.003 and his father would get permission

NOTE Confidence: 0.916906240952381

01:03:33.003 --> 01:03:35.264 to be in that space because he

NOTE Confidence: 0.916906240952381

01:03:35.270 --> 01:03:37.300 was bringing a black patient.

NOTE Confidence: 0.916906240952381

01:03:37.300 --> 01:03:40.066 So the white doctor that comes in and

NOTE Confidence: 0.916906240952381

01:03:40.066 --> 01:03:43.610 my partner has all of these memories of

NOTE Confidence: 0.916906240952381

01:03:43.715 --> 01:03:47.955 the encounter being like this is the doctor,

NOTE Confidence: 0.916906240952381

01:03:47.960 --> 01:03:49.048 these are the patients,

NOTE Confidence: 0.916906240952381

01:03:49.048 --> 01:03:50.408 these might be the family

NOTE Confidence: 0.916906240952381

01:03:50.408 --> 01:03:51.309 members and this is.

NOTE Confidence: 0.916906240952381

01:03:51.310 --> 01:03:53.206 Where the white doctor is looking.
NOTE Confidence: 0.873614514

01:03:55.480 --> 01:03:56.910 And just think, you know,
NOTE Confidence: 0.873614514

01:03:56.910 --> 01:04:00.459 there's so there's some really basic things
NOTE Confidence: 0.873614514

01:04:00.459 --> 01:04:04.430 about how we interact with one another.
NOTE Confidence: 0.873614514

01:04:04.430 --> 01:04:07.446 That can be professionalized.
NOTE Confidence: 0.873614514

01:04:07.446 --> 01:04:09.940 No, I also tell this story
NOTE Confidence: 0.873614514

01:04:09.940 --> 01:04:13.660 about my dad's cardiologist.
NOTE Confidence: 0.873614514

01:04:13.660 --> 01:04:16.278 This individual, and I think this could
NOTE Confidence: 0.873614514

01:04:16.278 --> 01:04:19.180 be taught because he must have learned
NOTE Confidence: 0.873614514

01:04:19.180 --> 01:04:22.201 something so wonderful surgeon, not a person.
NOTE Confidence: 0.873614514

01:04:22.201 --> 01:04:24.628 Like not an interpersonal person, right?
NOTE Confidence: 0.873614514

01:04:24.628 --> 01:04:26.770 He's someone who you can tell he does not
NOTE Confidence: 0.873614514

01:04:26.824 --> 01:04:29.008 want to be having conversations with people.
NOTE Confidence: 0.873614514

01:04:29.010 --> 01:04:30.570 He's much more comfortable like
NOTE Confidence: 0.873614514

01:04:30.570 --> 01:04:32.670 going in and being a surgeon.
NOTE Confidence: 0.873614514

01:04:32.670 --> 01:04:36.555 But he had learned this kind of

NOTE Confidence: 0.873614514

01:04:36.555 --> 01:04:39.630 behavior where he comes into the room,

NOTE Confidence: 0.873614514

01:04:39.630 --> 01:04:42.220 he extends his hand to every single

NOTE Confidence: 0.873614514

01:04:42.220 --> 01:04:44.340 person that's there in the family.

NOTE Confidence: 0.873614514

01:04:44.340 --> 01:04:46.260 Looks every person in the eye

NOTE Confidence: 0.873614514

01:04:46.260 --> 01:04:48.898 refer to my dad as Doctor Roberts.

NOTE Confidence: 0.873614514

01:04:48.900 --> 01:04:50.960 Everything was very, you know,

NOTE Confidence: 0.873614514

01:04:50.960 --> 01:04:53.175 listening called me the second

NOTE Confidence: 0.873614514

01:04:53.175 --> 01:04:56.230 my dad was out of surgery.

NOTE Confidence: 0.873614514

01:04:56.230 --> 01:04:58.939 And this individual who is not someone

NOTE Confidence: 0.873614514

01:04:58.939 --> 01:05:01.467 who you know wants to sort of,

NOTE Confidence: 0.873614514

01:05:01.470 --> 01:05:02.426 he's a, you know,

NOTE Confidence: 0.873614514

01:05:02.426 --> 01:05:04.229 this was a shy person and someone

NOTE Confidence: 0.873614514

01:05:04.229 --> 01:05:06.089 who had to learn this behavior.

NOTE Confidence: 0.873614514

01:05:06.090 --> 01:05:07.728 So it did feel a force.

NOTE Confidence: 0.873614514

01:05:07.730 --> 01:05:10.770 Like it looked force, it felt force but.

NOTE Confidence: 0.873614514

01:05:10.770 --> 01:05:14.228 It also it made me so happy.
NOTE Confidence: 0.873614514

01:05:14.230 --> 01:05:14.776 I like,
NOTE Confidence: 0.873614514

01:05:14.776 --> 01:05:16.687 I think about this doctor a lot
NOTE Confidence: 0.873614514

01:05:16.687 --> 01:05:18.699 when I'm in these talks because.
NOTE Confidence: 0.873614514

01:05:18.700 --> 01:05:20.597 Even if it looks a little bit
NOTE Confidence: 0.873614514

01:05:20.597 --> 01:05:22.619 awkward and a little bit forced,
NOTE Confidence: 0.873614514

01:05:22.620 --> 01:05:24.428 it still engendered trust.
NOTE Confidence: 0.873614514

01:05:24.428 --> 01:05:28.067 So how can we figure out what is
NOTE Confidence: 0.873614514

01:05:28.067 --> 01:05:30.569 about training on a very human
NOTE Confidence: 0.873614514

01:05:30.569 --> 01:05:33.316 to human behavioral level and
NOTE Confidence: 0.873614514

01:05:33.316 --> 01:05:35.748 then knowledge based level,
NOTE Confidence: 0.873614514

01:05:35.750 --> 01:05:37.415 getting rid of the clinical
NOTE Confidence: 0.873614514

01:05:37.415 --> 01:05:39.080 algorithms that are race based,
NOTE Confidence: 0.873614514

01:05:39.080 --> 01:05:40.172 that are harming patients,
NOTE Confidence: 0.873614514

01:05:40.172 --> 01:05:41.810 all of these kinds of things.
NOTE Confidence: 0.873614514

01:05:41.810 --> 01:05:45.170 So there's multiple levels of education

NOTE Confidence: 0.873614514

01:05:45.170 --> 01:05:50.170 that need to happen and you know.

NOTE Confidence: 0.873614514

01:05:50.170 --> 01:05:55.206 Doctor Calhoun, one of the ways as well is,

NOTE Confidence: 0.873614514

01:05:55.206 --> 01:05:57.110 is teaching the undergraduates

NOTE Confidence: 0.873614514

01:05:57.110 --> 01:05:59.490 and the medical school students,

NOTE Confidence: 0.873614514

01:05:59.490 --> 01:06:00.076 right?

NOTE Confidence: 0.873614514

01:06:00.076 --> 01:06:03.006 So as I told Tara,

NOTE Confidence: 0.873614514

01:06:03.010 --> 01:06:05.068 we have over 500 students enrolled

NOTE Confidence: 0.873614514

01:06:05.068 --> 01:06:07.876 in a class that's called sickness and

NOTE Confidence: 0.873614514

01:06:07.876 --> 01:06:10.146 health in African American history.

NOTE Confidence: 0.873614514

01:06:10.150 --> 01:06:11.080 These students are going to

NOTE Confidence: 0.873614514

01:06:11.080 --> 01:06:11.824 be going into medicine,

NOTE Confidence: 0.873614514

01:06:11.830 --> 01:06:13.250 they're going into STEM fields.

NOTE Confidence: 0.873614514

01:06:13.250 --> 01:06:13.930 They're, they're,

NOTE Confidence: 0.873614514

01:06:13.930 --> 01:06:16.310 they're going to be joining the ranks.

NOTE Confidence: 0.873614514

01:06:16.310 --> 01:06:18.055 And so that's another way

NOTE Confidence: 0.873614514

01:06:18.055 --> 01:06:20.420 for us to make this change.
NOTE Confidence: 0.873614514

01:06:20.420 --> 01:06:22.325 Because the students at this
NOTE Confidence: 0.873614514

01:06:22.325 --> 01:06:25.149 point know a lot more about race,
NOTE Confidence: 0.873614514

01:06:25.150 --> 01:06:27.570 racism and different kinds of
NOTE Confidence: 0.873614514

01:06:27.570 --> 01:06:29.990 social structural forms of harm
NOTE Confidence: 0.873614514

01:06:29.990 --> 01:06:32.664 then the a lot of the professors.
NOTE Confidence: 0.873614514

01:06:32.670 --> 01:06:35.470 And so that's another another place for it.
NOTE Confidence: 0.9552437

01:06:37.520 --> 01:06:40.866 Thank you. And I I agree with what you're
NOTE Confidence: 0.9552437

01:06:40.866 --> 01:06:42.930 talking about in terms of training, right?
NOTE Confidence: 0.9552437

01:06:42.930 --> 01:06:46.320 And so it it's really. This is part
NOTE Confidence: 0.9552437

01:06:46.320 --> 01:06:47.800 of why we would like you to be here.
NOTE Confidence: 0.9552437

01:06:47.800 --> 01:06:50.073 And this is part of why we're so grateful
NOTE Confidence: 0.9552437

01:06:50.073 --> 01:06:52.418 that you're here teaching at the university.
NOTE Confidence: 0.9552437

01:06:52.420 --> 01:06:54.298 And then there's, there's the undergrads,
NOTE Confidence: 0.9552437

01:06:54.300 --> 01:06:56.190 but then there's also bringing along
NOTE Confidence: 0.9552437

01:06:56.190 --> 01:06:58.564 some of the folks who continue to

NOTE Confidence: 0.9552437

01:06:58.564 --> 01:07:00.664 practice who were trained long before.

NOTE Confidence: 0.9552437

01:07:00.670 --> 01:07:03.356 Yes. So. And the very fact that,

NOTE Confidence: 0.9552437

01:07:03.356 --> 01:07:07.572 you know, a warning or a an awareness

NOTE Confidence: 0.9552437

01:07:07.572 --> 01:07:09.800 about this is challenging.

NOTE Confidence: 0.9552437

01:07:09.800 --> 01:07:12.008 It makes me believe that many

NOTE Confidence: 0.9552437

01:07:12.008 --> 01:07:14.438 people avoid having this history

NOTE Confidence: 0.9552437

01:07:14.438 --> 01:07:16.789 taught in medical schools.

NOTE Confidence: 0.9552437

01:07:16.790 --> 01:07:18.920 And in clinical settings because

NOTE Confidence: 0.9552437

01:07:18.920 --> 01:07:21.050 of how uncomfortable it is.

NOTE Confidence: 0.9552437

01:07:21.050 --> 01:07:22.358 Yet it is.

NOTE Confidence: 0.798633528571429

01:07:24.510 --> 01:07:27.485 Imperative. Like there's no way around it.

NOTE Confidence: 0.798633528571429

01:07:27.490 --> 01:07:31.486 So we do have a couple of other questions.

NOTE Confidence: 0.798633528571429

01:07:31.490 --> 01:07:32.868 There's a question, so there's a,

NOTE Confidence: 0.798633528571429

01:07:32.868 --> 01:07:33.872 I think, expression of gratitude.

NOTE Confidence: 0.798633528571429

01:07:33.872 --> 01:07:34.768 Thank you so much.

NOTE Confidence: 0.798633528571429

01:07:34.770 --> 01:07:37.304 Where can we find more of the
NOTE Confidence: 0.798633528571429

01:07:37.304 --> 01:07:38.028 parliamentary conversations?
NOTE Confidence: 0.798633528571429

01:07:38.030 --> 01:07:45.220 Yes, the so if you have a login through Yale.
NOTE Confidence: 0.798633528571429

01:07:45.220 --> 01:07:48.412 You can go to the House of
NOTE Confidence: 0.798633528571429

01:07:48.412 --> 01:07:49.780 Commons parliamentary papers,
NOTE Confidence: 0.798633528571429

01:07:49.780 --> 01:07:53.460 there's it's an online database.
NOTE Confidence: 0.798633528571429

01:07:53.460 --> 01:07:55.476 When you go to the House of
NOTE Confidence: 0.798633528571429

01:07:55.476 --> 01:07:56.945 Commons parliamentary papers, HCP,
NOTE Confidence: 0.798633528571429

01:07:56.945 --> 01:08:00.575 the House of Commons parliamentary papers,
NOTE Confidence: 0.798633528571429

01:08:00.580 --> 01:08:02.452 it's all words searchable,
NOTE Confidence: 0.798633528571429

01:08:02.452 --> 01:08:03.856 which is wonderful.
NOTE Confidence: 0.798633528571429

01:08:03.860 --> 01:08:05.516 I mean, there are thousands and
NOTE Confidence: 0.798633528571429

01:08:05.516 --> 01:08:07.620 thousands of pages of these testimonies.
NOTE Confidence: 0.798633528571429

01:08:07.620 --> 01:08:10.698 There's a lot of material there.
NOTE Confidence: 0.798633528571429

01:08:10.700 --> 01:08:12.876 And you notice in one of the slides
NOTE Confidence: 0.798633528571429

01:08:12.876 --> 01:08:14.939 that is written in the the sort

NOTE Confidence: 0.798633528571429
01:08:14.939 --> 01:08:16.900 of the strange sort of script,
NOTE Confidence: 0.798633528571429
01:08:16.900 --> 01:08:19.300 but because it's word searchable,
NOTE Confidence: 0.798633528571429
01:08:19.300 --> 01:08:21.015 you can look for words like surgeon,
NOTE Confidence: 0.798633528571429
01:08:21.020 --> 01:08:22.160 you can look for doctor,
NOTE Confidence: 0.798633528571429
01:08:22.160 --> 01:08:23.050 you can look for health,
NOTE Confidence: 0.798633528571429
01:08:23.050 --> 01:08:24.700 you can look for melancholia.
NOTE Confidence: 0.798633528571429
01:08:24.700 --> 01:08:25.408 Or melancholy.
NOTE Confidence: 0.798633528571429
01:08:25.408 --> 01:08:27.532 You can look for different things
NOTE Confidence: 0.798633528571429
01:08:27.532 --> 01:08:29.548 that might direct you to exactly
NOTE Confidence: 0.798633528571429
01:08:29.548 --> 01:08:31.420 where to look in those papers,
NOTE Confidence: 0.798633528571429
01:08:31.420 --> 01:08:35.998 because there are thousands of pages.
NOTE Confidence: 0.798633528571429
01:08:36.000 --> 01:08:36.400 Couple.
NOTE Confidence: 0.895597744117647
01:08:41.620 --> 01:08:43.796 I I just want to thank you for
NOTE Confidence: 0.895597744117647
01:08:43.796 --> 01:08:45.666 this very important talk and
NOTE Confidence: 0.895597744117647
01:08:45.666 --> 01:08:47.846 this time of reflection. Umm.
NOTE Confidence: 0.895597744117647

01:08:47.846 --> 01:08:52.900 So one thing that came to mind to me is.

NOTE Confidence: 0.895597744117647

01:08:52.900 --> 01:08:54.360 I'm still trying to formulate my question,

NOTE Confidence: 0.895597744117647

01:08:54.360 --> 01:08:56.570 but even the word stigma and

NOTE Confidence: 0.895597744117647

01:08:56.570 --> 01:08:58.451 thinking of minoritized people

NOTE Confidence: 0.895597744117647

01:08:58.451 --> 01:09:01.433 and their view of mental health

NOTE Confidence: 0.895597744117647

01:09:01.433 --> 01:09:04.314 and the stigma associated with it,

NOTE Confidence: 0.895597744117647

01:09:04.314 --> 01:09:05.392 and with your talk,

NOTE Confidence: 0.895597744117647

01:09:05.392 --> 01:09:06.616 we've learned that there's

NOTE Confidence: 0.895597744117647

01:09:06.616 --> 01:09:08.748 good reason to be afraid of

NOTE Confidence: 0.895597744117647

01:09:08.748 --> 01:09:10.017 mental health professionals.

NOTE Confidence: 0.895597744117647

01:09:10.020 --> 01:09:11.079 So I'm wondering.

NOTE Confidence: 0.815264036666667

01:09:13.510 --> 01:09:15.970 How is there a different language

NOTE Confidence: 0.815264036666667

01:09:15.970 --> 01:09:18.394 that we can use or what is your

NOTE Confidence: 0.815264036666667

01:09:18.394 --> 01:09:21.082 view of stigma in the context of

NOTE Confidence: 0.815264036666667

01:09:21.082 --> 01:09:23.356 the history of mental health and

NOTE Confidence: 0.815264036666667

01:09:23.356 --> 01:09:26.310 how can we look at patients who?

NOTE Confidence: 0.815264036666667
01:09:26.310 --> 01:09:28.630 Might have stigma whether they look like us,
NOTE Confidence: 0.815264036666667
01:09:28.630 --> 01:09:31.098 don't look like us.
NOTE Confidence: 0.815264036666667
01:09:31.100 --> 01:09:33.116 How do we view stigma now that
NOTE Confidence: 0.815264036666667
01:09:33.116 --> 01:09:35.128 we understand the history and can
NOTE Confidence: 0.815264036666667
01:09:35.128 --> 01:09:36.568 understand our patients better
NOTE Confidence: 0.815264036666667
01:09:36.568 --> 01:09:38.740 and meet them where they're at?
NOTE Confidence: 0.815264036666667
01:09:38.740 --> 01:09:43.924 So I'm. I would love to hear you.
NOTE Confidence: 0.815264036666667
01:09:43.930 --> 01:09:46.146 Sort of just clarify one thing for me.
NOTE Confidence: 0.815264036666667
01:09:46.150 --> 01:09:47.788 And that has to do with.
NOTE Confidence: 0.815264036666667
01:09:47.790 --> 01:09:53.127 Are we talking about like the stigma of of?
NOTE Confidence: 0.815264036666667
01:09:53.130 --> 01:09:56.680 Having a mental illness or,
NOTE Confidence: 0.815264036666667
01:09:56.680 --> 01:10:00.290 yeah, having a mental illness.
NOTE Confidence: 0.815264036666667
01:10:00.290 --> 01:10:01.910 Going for mental health care.
NOTE Confidence: 0.815264036666667
01:10:01.910 --> 01:10:04.430 I say this as a Nigerian American.
NOTE Confidence: 0.815264036666667
01:10:04.430 --> 01:10:07.808 My family emigrated here from Nigeria.
NOTE Confidence: 0.815264036666667

01:10:07.810 --> 01:10:09.970 It's really hard to get them to understand,
NOTE Confidence: 0.815264036666667

01:10:09.970 --> 01:10:10.676 for instance,
NOTE Confidence: 0.815264036666667

01:10:10.676 --> 01:10:12.794 mental health and mental health care.
NOTE Confidence: 0.815264036666667

01:10:12.800 --> 01:10:14.528 And so this is something that's
NOTE Confidence: 0.815264036666667

01:10:14.528 --> 01:10:15.104 very passionate.
NOTE Confidence: 0.815264036666667

01:10:15.110 --> 01:10:18.150 Like I'm very passionate about.
NOTE Confidence: 0.815264036666667

01:10:18.150 --> 01:10:20.340 Improving access to mental health
NOTE Confidence: 0.815264036666667

01:10:20.340 --> 01:10:23.332 care and educating communities
NOTE Confidence: 0.815264036666667

01:10:23.332 --> 01:10:24.756 about mental health care.
NOTE Confidence: 0.815264036666667

01:10:24.760 --> 01:10:26.867 And so I have to understand the
NOTE Confidence: 0.815264036666667

01:10:26.867 --> 01:10:29.340 community that I'm trying to educate
NOTE Confidence: 0.815264036666667

01:10:29.340 --> 01:10:31.412 and the the word that we often use
NOTE Confidence: 0.815264036666667

01:10:31.412 --> 01:10:33.519 is stigma against mental healthcare.
NOTE Confidence: 0.815264036666667

01:10:33.520 --> 01:10:34.966 But I'm just wondering if there's
NOTE Confidence: 0.815264036666667

01:10:34.966 --> 01:10:36.673 another way that we can think about
NOTE Confidence: 0.815264036666667

01:10:36.673 --> 01:10:38.297 it so that we can better understand

NOTE Confidence: 0.815264036666667
01:10:38.343 --> 01:10:40.066 the people that we serve. Yeah, yeah.
NOTE Confidence: 0.815264036666667
01:10:40.066 --> 01:10:42.117 I think that's such a great question.
NOTE Confidence: 0.815264036666667
01:10:42.120 --> 01:10:44.049 It's so important.
NOTE Confidence: 0.815264036666667
01:10:44.049 --> 01:10:45.978 You know language.
NOTE Confidence: 0.815264036666667
01:10:45.980 --> 01:10:47.948 I like that you're mentioning this
NOTE Confidence: 0.815264036666667
01:10:47.948 --> 01:10:49.900 because language is so important.
NOTE Confidence: 0.815264036666667
01:10:49.900 --> 01:10:51.109 I think stigma.
NOTE Confidence: 0.901532914444445
01:10:53.580 --> 01:10:57.126 Is not a helpful word for us to have.
NOTE Confidence: 0.929248713333333
01:11:00.160 --> 01:11:03.340 The idea that some of us.
NOTE Confidence: 0.929248713333333
01:11:03.340 --> 01:11:06.232 Are going to have a certain
NOTE Confidence: 0.929248713333333
01:11:06.232 --> 01:11:08.708 amount of discomfort. And fear.
NOTE Confidence: 0.929248713333333
01:11:08.708 --> 01:11:11.278 Around what might happen to
NOTE Confidence: 0.929248713333333
01:11:11.278 --> 01:11:14.498 us in those spaces is real.
NOTE Confidence: 0.929248713333333
01:11:14.500 --> 01:11:18.546 The idea that we could encourage people.
NOTE Confidence: 0.929248713333333
01:11:18.550 --> 01:11:22.398 Who need a conversation? Right.
NOTE Confidence: 0.929248713333333

01:11:22.398 --> 01:11:24.830 They need a conversation.
NOTE Confidence: 0.9292487133333333

01:11:24.830 --> 01:11:26.566 And that that conversation,
NOTE Confidence: 0.9292487133333333

01:11:26.566 --> 01:11:30.288 maybe that is our version of how we're
NOTE Confidence: 0.9292487133333333

01:11:30.288 --> 01:11:32.888 giving language around mental health.
NOTE Confidence: 0.9292487133333333

01:11:32.890 --> 01:11:37.490 But he could help to take out that.
NOTE Confidence: 0.8142289688888889

01:11:40.090 --> 01:11:43.482 This the way that there is a kind
NOTE Confidence: 0.8142289688888889

01:11:43.482 --> 01:11:45.160 of there's a bigness around like
NOTE Confidence: 0.8142289688888889

01:11:45.160 --> 01:11:47.432 I've got to go to therapy or have to
NOTE Confidence: 0.8142289688888889

01:11:47.432 --> 01:11:49.648 find a therapist or I have to find a
NOTE Confidence: 0.8142289688888889

01:11:49.648 --> 01:11:51.328 psychiatrist or I I need this help.
NOTE Confidence: 0.8142289688888889

01:11:51.330 --> 01:11:54.058 It's a it's because it's part of our
NOTE Confidence: 0.8142289688888889

01:11:54.058 --> 01:11:56.407 healthcare system and there's so many
NOTE Confidence: 0.8142289688888889

01:11:56.407 --> 01:11:58.407 different levels and layers involved,
NOTE Confidence: 0.8142289688888889

01:11:58.410 --> 01:12:01.706 even in terms of getting even in terms
NOTE Confidence: 0.8142289688888889

01:12:01.706 --> 01:12:04.895 of getting your primary care doctor to
NOTE Confidence: 0.8142289688888889

01:12:04.895 --> 01:12:08.470 suggest or send you to getting care.

NOTE Confidence: 0.814228968888889
01:12:08.470 --> 01:12:09.730 And I think that's one of the,
NOTE Confidence: 0.814228968888889
01:12:09.730 --> 01:12:12.370 that's one of the sticking places
NOTE Confidence: 0.814228968888889
01:12:12.370 --> 01:12:16.332 that we have with people because it
NOTE Confidence: 0.814228968888889
01:12:16.332 --> 01:12:19.940 becomes an institutionalized event.
NOTE Confidence: 0.814228968888889
01:12:19.940 --> 01:12:23.476 When it's deeply personal,
NOTE Confidence: 0.814228968888889
01:12:23.476 --> 01:12:26.128 intimate and scary.
NOTE Confidence: 0.814228968888889
01:12:26.130 --> 01:12:29.550 And So what I I guess what I would
NOTE Confidence: 0.814228968888889
01:12:29.550 --> 01:12:33.134 hope is that there would be multiple
NOTE Confidence: 0.814228968888889
01:12:33.134 --> 01:12:35.751 places around in that process
NOTE Confidence: 0.814228968888889
01:12:35.751 --> 01:12:38.908 from I feel like I need help,
NOTE Confidence: 0.814228968888889
01:12:38.910 --> 01:12:40.434 I need that conversation,
NOTE Confidence: 0.814228968888889
01:12:40.434 --> 01:12:42.339 to getting the conversation that
NOTE Confidence: 0.814228968888889
01:12:42.339 --> 01:12:44.777 all the people in between from the
NOTE Confidence: 0.814228968888889
01:12:44.777 --> 01:12:46.832 primary care Doctor Who might be
NOTE Confidence: 0.814228968888889
01:12:46.832 --> 01:12:48.824 responsible for doing a referral to
NOTE Confidence: 0.814228968888889

01:12:48.824 --> 01:12:52.316 the place where you go and walk in
NOTE Confidence: 0.814228968888889

01:12:52.316 --> 01:12:54.680 and the people who are going to be
NOTE Confidence: 0.814228968888889

01:12:54.680 --> 01:12:56.530 greeting you and again making you.
NOTE Confidence: 0.814228968888889

01:12:56.530 --> 01:12:59.044 Now, possibly feeling even worse and
NOTE Confidence: 0.814228968888889

01:12:59.044 --> 01:13:01.050 uncomfortable all along the way,
NOTE Confidence: 0.814228968888889

01:13:01.050 --> 01:13:03.282 they're all of these points where
NOTE Confidence: 0.814228968888889

01:13:03.282 --> 01:13:05.929 there are these micro moments of harm.
NOTE Confidence: 0.814228968888889

01:13:05.930 --> 01:13:08.090 They could send that person right
NOTE Confidence: 0.814228968888889

01:13:08.090 --> 01:13:09.530 back out the door.
NOTE Confidence: 0.814228968888889

01:13:09.530 --> 01:13:10.246 You know,
NOTE Confidence: 0.814228968888889

01:13:10.246 --> 01:13:13.110 and we don't often think about it in
NOTE Confidence: 0.814228968888889

01:13:13.188 --> 01:13:15.988 that sort of at that granular level,
NOTE Confidence: 0.814228968888889

01:13:15.990 --> 01:13:18.486 but I know that from myself.
NOTE Confidence: 0.814228968888889

01:13:18.490 --> 01:13:19.266 You know,
NOTE Confidence: 0.814228968888889

01:13:19.266 --> 01:13:22.850 how is that person who I'm walking into like,
NOTE Confidence: 0.814228968888889

01:13:22.850 --> 01:13:24.628 tell them I'm here for an appointment.

NOTE Confidence: 0.814228968888889
01:13:24.630 --> 01:13:26.472 How that person behaves and treats
NOTE Confidence: 0.814228968888889
01:13:26.472 --> 01:13:29.152 me is going to have a huge impact on
NOTE Confidence: 0.814228968888889
01:13:29.152 --> 01:13:31.289 my feeling of being in that space.
NOTE Confidence: 0.814228968888889
01:13:31.290 --> 01:13:34.170 And so, you know, the problem of I,
NOTE Confidence: 0.814228968888889
01:13:34.170 --> 01:13:37.418 I feel like the problem of stigma
NOTE Confidence: 0.814228968888889
01:13:37.418 --> 01:13:39.820 in some ways is built.
NOTE Confidence: 0.814228968888889
01:13:39.820 --> 01:13:42.610 Into the way our healthcare
NOTE Confidence: 0.814228968888889
01:13:42.610 --> 01:13:44.842 system works right now,
NOTE Confidence: 0.814228968888889
01:13:44.850 --> 01:13:48.570 and the only way for us to really
NOTE Confidence: 0.814228968888889
01:13:48.570 --> 01:13:50.942 think differently about it and
NOTE Confidence: 0.814228968888889
01:13:50.942 --> 01:13:53.177 make any kind of interventions
NOTE Confidence: 0.814228968888889
01:13:53.177 --> 01:13:56.269 is if we fortify that person.
NOTE Confidence: 0.814228968888889
01:13:56.270 --> 01:13:59.364 Who's going to be in those spaces?
NOTE Confidence: 0.814228968888889
01:13:59.370 --> 01:13:59.800 Fortify,
NOTE Confidence: 0.814228968888889
01:13:59.800 --> 01:14:02.810 by which I mean how can this
NOTE Confidence: 0.814228968888889

01:14:02.810 --> 01:14:05.310 person protect themselves and their
NOTE Confidence: 0.814228968888889

01:14:05.310 --> 01:14:07.895 like fragile sense of Wellness?
NOTE Confidence: 0.814228968888889

01:14:07.900 --> 01:14:09.934 When they go into these spaces
NOTE Confidence: 0.814228968888889

01:14:09.934 --> 01:14:12.291 which are going to be scary
NOTE Confidence: 0.814228968888889

01:14:12.291 --> 01:14:14.139 and and potentially triggering.
NOTE Confidence: 0.814228968888889

01:14:14.140 --> 01:14:15.994 How can we do that, you know,
NOTE Confidence: 0.814228968888889

01:14:15.994 --> 01:14:18.130 and is, are there ways for us to
NOTE Confidence: 0.814228968888889

01:14:18.193 --> 01:14:20.417 help help individuals and say, OK,
NOTE Confidence: 0.814228968888889

01:14:20.417 --> 01:14:22.636 you're going to go to this place,
NOTE Confidence: 0.814228968888889

01:14:22.640 --> 01:14:26.204 you're going to like, sign in on this form?
NOTE Confidence: 0.814228968888889

01:14:26.210 --> 01:14:27.490 It might not be night.
NOTE Confidence: 0.814228968888889

01:14:27.490 --> 01:14:29.900 Night might not be comfortable.
NOTE Confidence: 0.814228968888889

01:14:29.900 --> 01:14:33.040 But all you have to do is focus on that
NOTE Confidence: 0.814228968888889

01:14:33.124 --> 01:14:36.508 form and sign your name and take a breath.
NOTE Confidence: 0.814228968888889

01:14:36.510 --> 01:14:38.310 And walk and sit down.
NOTE Confidence: 0.814228968888889

01:14:38.310 --> 01:14:41.820 What are the ways that we can help people?

NOTE Confidence: 0.814228968888889
01:14:41.820 --> 01:14:44.166 So that they're not so vulnerable
NOTE Confidence: 0.814228968888889
01:14:44.166 --> 01:14:46.850 all the time in these spaces,
NOTE Confidence: 0.814228968888889
01:14:46.850 --> 01:14:47.488 yes.
NOTE Confidence: 0.814228968888889
01:14:47.488 --> 01:14:51.316 Thank you so much for this.
NOTE Confidence: 0.814228968888889
01:14:51.320 --> 01:14:53.679 Thank you so much for your presentation.
NOTE Confidence: 0.814228968888889
01:14:53.680 --> 01:14:57.928 This has been absolutely incredible and.
NOTE Confidence: 0.814228968888889
01:14:57.930 --> 01:15:00.926 I can't thank you enough for for
NOTE Confidence: 0.814228968888889
01:15:00.930 --> 01:15:02.790 everything that you've presented here.
NOTE Confidence: 0.84972809375
01:15:02.790 --> 01:15:06.614 I I love the questions that you showed,
NOTE Confidence: 0.84972809375
01:15:06.620 --> 01:15:08.104 the British parliamentary questions
NOTE Confidence: 0.84972809375
01:15:08.104 --> 01:15:10.810 and I think that showing a correlation
NOTE Confidence: 0.84972809375
01:15:10.810 --> 01:15:13.288 between those questions and the questions
NOTE Confidence: 0.84972809375
01:15:13.288 --> 01:15:15.933 that the things that that like that
NOTE Confidence: 0.84972809375
01:15:15.933 --> 01:15:17.943 they're calling just spoke about how
NOTE Confidence: 0.84972809375
01:15:17.950 --> 01:15:20.428 they're really about the same thing.
NOTE Confidence: 0.84972809375

01:15:20.430 --> 01:15:22.222 It is very, very, very important to
NOTE Confidence: 0.84972809375

01:15:22.222 --> 01:15:24.316 show that we're still having this same
NOTE Confidence: 0.84972809375

01:15:24.316 --> 01:15:25.906 discussion that we've been having,
NOTE Confidence: 0.84972809375

01:15:25.910 --> 01:15:31.109 you know. Since forever ago.
NOTE Confidence: 0.84972809375

01:15:31.110 --> 01:15:33.878 But one thing you just hit on is
NOTE Confidence: 0.84972809375

01:15:33.878 --> 01:15:36.478 how doctors can communicate with
NOTE Confidence: 0.84972809375

01:15:36.478 --> 01:15:37.403 community, right?
NOTE Confidence: 0.84972809375

01:15:37.403 --> 01:15:40.570 It's not just about being able to go in and,
NOTE Confidence: 0.84972809375

01:15:40.570 --> 01:15:42.028 you know, take that breath and
NOTE Confidence: 0.84972809375

01:15:42.028 --> 01:15:43.569 put your name on the paper.
NOTE Confidence: 0.84972809375

01:15:43.570 --> 01:15:45.688 It's like, what?
NOTE Confidence: 0.84972809375

01:15:45.690 --> 01:15:48.114 We can teach people what they can expect,
NOTE Confidence: 0.84972809375

01:15:48.120 --> 01:15:50.320 what they should demand, right.
NOTE Confidence: 0.84972809375

01:15:50.320 --> 01:15:53.176 The kind of respect, how they should feel
NOTE Confidence: 0.84972809375

01:15:53.180 --> 01:15:56.575 when they go into a physicians office.
NOTE Confidence: 0.84972809375

01:15:56.580 --> 01:15:57.796 That's really really important.

NOTE Confidence: 0.84972809375

01:15:57.796 --> 01:16:00.760 I know as a as a child growing up,

NOTE Confidence: 0.84972809375

01:16:00.760 --> 01:16:02.776 I I like, I'm like what what?

NOTE Confidence: 0.84972809375

01:16:02.780 --> 01:16:04.304 What should I know?

NOTE Confidence: 0.84972809375

01:16:04.304 --> 01:16:07.014 What should what should I expect from

NOTE Confidence: 0.84972809375

01:16:07.014 --> 01:16:09.908 a doctor, what maybe I should walk out

NOTE Confidence: 0.84972809375

01:16:09.908 --> 01:16:12.798 if I'm not treated in a certain way.

NOTE Confidence: 0.84972809375

01:16:12.800 --> 01:16:16.072 That's that's education that.

NOTE Confidence: 0.84972809375

01:16:16.072 --> 01:16:16.890 That.

NOTE Confidence: 0.84972809375

01:16:16.890 --> 01:16:19.586 But I think that we all have a

NOTE Confidence: 0.84972809375

01:16:19.586 --> 01:16:21.947 responsibility when talking to our families,

NOTE Confidence: 0.84972809375

01:16:21.950 --> 01:16:23.850 our members of our Community,

NOTE Confidence: 0.84972809375

01:16:23.850 --> 01:16:26.090 and especially physicians and whatever

NOTE Confidence: 0.84972809375

01:16:26.090 --> 01:16:28.870 networks or whatever they're writing is like,

NOTE Confidence: 0.84972809375

01:16:28.870 --> 01:16:32.246 you deserve to be treated a certain way.

NOTE Confidence: 0.84972809375

01:16:32.250 --> 01:16:33.727 If you're not treated a certain way,

NOTE Confidence: 0.84972809375

01:16:33.730 --> 01:16:35.830 then you need to go someplace else.
NOTE Confidence: 0.84972809375

01:16:35.830 --> 01:16:38.690 And this is all part of of your your healing,
NOTE Confidence: 0.84972809375

01:16:38.690 --> 01:16:40.546 which you can get in many different places.
NOTE Confidence: 0.84972809375

01:16:40.550 --> 01:16:42.135 There's not only one place
NOTE Confidence: 0.84972809375

01:16:42.135 --> 01:16:43.720 you can get that healing.
NOTE Confidence: 0.84972809375

01:16:43.720 --> 01:16:45.520 Right,
NOTE Confidence: 0.84972809375

01:16:45.520 --> 01:16:49.417 because even if the the the pain is here,
NOTE Confidence: 0.84972809375

01:16:49.420 --> 01:16:51.190 you know the pain might also
NOTE Confidence: 0.84972809375

01:16:51.190 --> 01:16:53.359 be here and they are connected.
NOTE Confidence: 0.84972809375

01:16:53.360 --> 01:16:54.710 You don't have to take,
NOTE Confidence: 0.84972809375

01:16:54.710 --> 01:16:57.293 you don't have to be treated in a negative
NOTE Confidence: 0.84972809375

01:16:57.293 --> 01:17:04.328 way to to make that journey to well-being.
NOTE Confidence: 0.84972809375

01:17:04.330 --> 01:17:05.134 Beautifully,
NOTE Confidence: 0.84972809375

01:17:05.134 --> 01:17:06.742 beautifully put.
NOTE Confidence: 0.84972809375

01:17:06.742 --> 01:17:08.350 Yes, yes.
NOTE Confidence: 0.84972809375

01:17:08.350 --> 01:17:09.760 Yes.

NOTE Confidence: 0.84972809375
01:17:09.760 --> 01:17:11.170 Yeah.
NOTE Confidence: 0.84972809375
01:17:11.170 --> 01:17:12.990 Were there any other questions?
NOTE Confidence: 0.871279418
01:17:15.450 --> 01:17:17.990 Well, for those on zoom,
NOTE Confidence: 0.871279418
01:17:17.990 --> 01:17:19.210 we're thank you for for
NOTE Confidence: 0.871279418
01:17:19.210 --> 01:17:20.430 lingering and staying with us.
NOTE Confidence: 0.871279418
01:17:20.430 --> 01:17:21.516 We're still going to be here,
NOTE Confidence: 0.871279418
01:17:21.520 --> 01:17:23.566 so we'll leave it on for
NOTE Confidence: 0.77914561
01:17:22.350 --> 01:17:23.560 whoever would like to linger. Maybe
NOTE Confidence: 0.835928
01:17:23.570 --> 01:17:24.356 has another question.
NOTE Confidence: 0.835928
01:17:24.356 --> 01:17:25.666 For those in the room,
NOTE Confidence: 0.835928
01:17:25.670 --> 01:17:26.690 thank you for your time.
NOTE Confidence: 0.835928
01:17:26.690 --> 01:17:28.870 We also have some food.
NOTE Confidence: 0.835928
01:17:28.870 --> 01:17:30.340 Feel free to linger and
NOTE Confidence: 0.835928
01:17:30.340 --> 01:17:32.240 be with us here as well.
NOTE Confidence: 0.69934001
01:17:35.040 --> 01:17:36.870 It looks like there's another question, Jose.
NOTE Confidence: 0.951213325

01:17:39.270 --> 01:17:40.852 Thank you so much Doctor
NOTE Confidence: 0.951213325

01:17:40.852 --> 01:17:43.850 Roberts for a wonderful talk.
NOTE Confidence: 0.794002073333333

01:17:43.850 --> 01:17:45.490 I think just, I'm kind of, I guess,
NOTE Confidence: 0.794002073333333

01:17:45.490 --> 01:17:49.198 piggyback of what Doctor Calhoun said.
NOTE Confidence: 0.794002073333333

01:17:49.200 --> 01:17:52.430 Um, and also what other people
NOTE Confidence: 0.794002073333333

01:17:52.430 --> 01:17:53.805 have said. But my question
NOTE Confidence: 0.942176406666667

01:17:53.820 --> 01:17:54.870 is more along.
NOTE Confidence: 0.725559543333333

01:17:55.120 --> 01:17:56.968 You mentioned preparing
NOTE Confidence: 0.764387526

01:17:58.480 --> 01:18:00.525 and kind of like readying the
NOTE Confidence: 0.764387526

01:18:00.525 --> 01:18:01.850 troops for battle when they go
NOTE Confidence: 0.808402766

01:18:01.860 --> 01:18:04.500 into these places. Umm, you know,
NOTE Confidence: 0.808402766

01:18:04.500 --> 01:18:06.388 I think my my question is what you know?
NOTE Confidence: 0.794333705

01:18:07.980 --> 01:18:09.700 My, I have doubts, you know, on
NOTE Confidence: 0.89566199

01:18:09.710 --> 01:18:10.750 the medium, how do we
NOTE Confidence: 0.9492172775

01:18:10.760 --> 01:18:13.736 do that? How early do we do that?
NOTE Confidence: 0.9492172775

01:18:13.740 --> 01:18:16.110 Um, who does it, you know, where does

NOTE Confidence: 0.883305631428571
01:18:16.120 --> 01:18:17.800 it happen or is it in schools,
NOTE Confidence: 0.904888263333333
01:18:17.810 --> 01:18:19.460 you know and and I think or or is it,
NOTE Confidence: 0.904888263333333
01:18:19.460 --> 01:18:20.752 you know, on the hospital,
NOTE Confidence: 0.904888263333333
01:18:20.752 --> 01:18:24.320 you know, at home and how do we.
NOTE Confidence: 0.904888263333333
01:18:24.320 --> 01:18:26.590 Teach the right language,
NOTE Confidence: 0.919463593333333
01:18:27.660 --> 01:18:29.190 specifically to kids.
NOTE Confidence: 0.8546809
01:18:31.200 --> 01:18:33.850 On how to make sure
NOTE Confidence: 0.847160623333333
01:18:33.940 --> 01:18:36.865 that they are. I think you used the wonderful
NOTE Confidence: 0.817025028888889
01:18:36.880 --> 01:18:38.977 word in your in your talk which is humanized.
NOTE Confidence: 0.671217018
01:18:39.440 --> 01:18:40.670 And I tend to get
NOTE Confidence: 0.840266968333333
01:18:40.680 --> 01:18:41.870 emotional when I talk about this. But
NOTE Confidence: 0.94493884
01:18:41.880 --> 01:18:44.860 how do we make sure that you're using
NOTE Confidence: 0.94493884
01:18:44.860 --> 01:18:46.702 the right words so they're not,
NOTE Confidence: 0.94493884
01:18:46.702 --> 01:18:48.610 you know, so they're humanized and
NOTE Confidence: 0.94493884
01:18:48.610 --> 01:18:53.130 and they get the right treatment.
NOTE Confidence: 0.94493884

01:18:53.130 --> 01:18:56.800 Or care. Sorry. Yeah, no.

NOTE Confidence: 0.94493884

01:18:56.800 --> 01:18:59.075 I mean for those of you who

NOTE Confidence: 0.94493884

01:18:59.075 --> 01:19:01.498 are dealing with, you know,

NOTE Confidence: 0.94493884

01:19:01.498 --> 01:19:03.968 dealing with the most vulnerable,

NOTE Confidence: 0.94493884

01:19:03.970 --> 01:19:06.256 the children are the most vulnerable.

NOTE Confidence: 0.911465315555556

01:19:09.870 --> 01:19:10.990 You know.

NOTE Confidence: 0.911465315555556

01:19:10.990 --> 01:19:14.910 One of the things about childhood is.

NOTE Confidence: 0.911465315555556

01:19:14.910 --> 01:19:16.790 Being vulnerable to everything

NOTE Confidence: 0.911465315555556

01:19:16.790 --> 01:19:19.610 that's around you all the time,

NOTE Confidence: 0.911465315555556

01:19:19.610 --> 01:19:22.690 you're at the mercy of of everyone.

NOTE Confidence: 0.911465315555556

01:19:22.690 --> 01:19:26.042 And you know if. Like our job as

NOTE Confidence: 0.911465315555556

01:19:26.042 --> 01:19:29.179 adults in certain circumstances,

NOTE Confidence: 0.911465315555556

01:19:29.180 --> 01:19:31.268 as clinicians, as practitioners,

NOTE Confidence: 0.911465315555556

01:19:31.268 --> 01:19:35.053 is to sort of like set the table,

NOTE Confidence: 0.911465315555556

01:19:35.053 --> 01:19:37.790 set the table for so they can

NOTE Confidence: 0.911465315555556

01:19:37.886 --> 01:19:40.286 sit down and feel welcomed.

NOTE Confidence: 0.911465315555556
01:19:40.290 --> 01:19:44.318 And feel cared for.
NOTE Confidence: 0.911465315555556
01:19:44.320 --> 01:19:46.440 How do we teach?
NOTE Confidence: 0.911465315555556
01:19:46.440 --> 01:19:49.090 How do we teach love?
NOTE Confidence: 0.911465315555556
01:19:49.090 --> 01:19:52.170 How do we teach humility?
NOTE Confidence: 0.911465315555556
01:19:52.170 --> 01:19:55.258 In the clinical setting?
NOTE Confidence: 0.911465315555556
01:19:55.260 --> 01:19:58.728 How do we make ourselves smaller?
NOTE Confidence: 0.911465315555556
01:19:58.730 --> 01:20:02.290 So that that little person can be bigger.
NOTE Confidence: 0.911465315555556
01:20:02.290 --> 01:20:04.298 Have that bigger voice
NOTE Confidence: 0.911465315555556
01:20:04.298 --> 01:20:06.808 that they need to have.
NOTE Confidence: 0.911465315555556
01:20:06.810 --> 01:20:10.650 Without us having the kind of judgmental or,
NOTE Confidence: 0.911465315555556
01:20:10.650 --> 01:20:15.165 you know, reaction to things to listen.
NOTE Confidence: 0.911465315555556
01:20:15.170 --> 01:20:17.004 A lot of the things that we've,
NOTE Confidence: 0.911465315555556
01:20:17.010 --> 01:20:18.930 we've been talking about.
NOTE Confidence: 0.911465315555556
01:20:18.930 --> 01:20:20.370 In some ways,
NOTE Confidence: 0.911465315555556
01:20:20.370 --> 01:20:22.590 like your question,
NOTE Confidence: 0.911465315555556

01:20:22.590 --> 01:20:27.030 Jose is so important and impossible.
NOTE Confidence: 0.911465315555556

01:20:27.030 --> 01:20:28.810 Because one of the things
NOTE Confidence: 0.911465315555556

01:20:28.810 --> 01:20:30.234 that we're talking about.
NOTE Confidence: 0.911465315555556

01:20:30.240 --> 01:20:31.650 Is being human.
NOTE Confidence: 0.863405005

01:20:33.710 --> 01:20:35.590 In a particular way.
NOTE Confidence: 0.869453316666667

01:20:39.320 --> 01:20:43.310 To have empathy. To know and see
NOTE Confidence: 0.869453316666667

01:20:43.310 --> 01:20:45.703 that every person who you meet has
NOTE Confidence: 0.869453316666667

01:20:45.703 --> 01:20:48.083 a story that will stop your heart.
NOTE Confidence: 0.913142145

01:20:50.320 --> 01:20:53.200 And that we need to create a space that
NOTE Confidence: 0.913142145

01:20:53.200 --> 01:20:56.518 we can hear that story. And make it OK.
NOTE Confidence: 0.885908951333333

01:20:59.080 --> 01:21:02.672 Who should be talking to these young ones
NOTE Confidence: 0.885908951333333

01:21:02.672 --> 01:21:05.907 about what to expect in these spaces?
NOTE Confidence: 0.885908951333333

01:21:05.910 --> 01:21:08.709 You know, in some ways the these kinds of
NOTE Confidence: 0.885908951333333

01:21:08.709 --> 01:21:10.856 things are very individualized depending
NOTE Confidence: 0.885908951333333

01:21:10.856 --> 01:21:13.502 on the support structures that are
NOTE Confidence: 0.885908951333333

01:21:13.573 --> 01:21:16.170 around that child and that young person.

NOTE Confidence: 0.885908951333333
01:21:16.170 --> 01:21:18.582 And so I think that we do have to
NOTE Confidence: 0.885908951333333
01:21:18.582 --> 01:21:20.460 have an individualized approach
NOTE Confidence: 0.885908951333333
01:21:20.460 --> 01:21:23.020 to thinking about these things.
NOTE Confidence: 0.885908951333333
01:21:23.020 --> 01:21:24.220 Patient advocacy.
NOTE Confidence: 0.885908951333333
01:21:24.220 --> 01:21:27.820 How we advocate for ourselves in.
NOTE Confidence: 0.885908951333333
01:21:27.820 --> 01:21:32.188 Clinical settings is a huge issue.
NOTE Confidence: 0.885908951333333
01:21:32.190 --> 01:21:35.136 Whether we leave right when we're
NOTE Confidence: 0.885908951333333
01:21:35.136 --> 01:21:36.609 we're treated poorly.
NOTE Confidence: 0.885908951333333
01:21:36.610 --> 01:21:38.950 How do we advise people?
NOTE Confidence: 0.885908951333333
01:21:38.950 --> 01:21:41.694 There's a public health as a public
NOTE Confidence: 0.885908951333333
01:21:41.694 --> 01:21:44.310 health sort of program that I
NOTE Confidence: 0.885908951333333
01:21:44.310 --> 01:21:47.028 started at the Wilson Public Library,
NOTE Confidence: 0.885908951333333
01:21:47.030 --> 01:21:49.142 and it's with individuals in the
NOTE Confidence: 0.885908951333333
01:21:49.142 --> 01:21:51.596 community and we have these listening
NOTE Confidence: 0.885908951333333
01:21:51.596 --> 01:21:54.041 sessions and conversations on health
NOTE Confidence: 0.885908951333333

01:21:54.041 --> 01:21:56.489 questions that they're interested in.

NOTE Confidence: 0.885908951333333

01:21:56.490 --> 01:21:58.786 And one of the most frequent things that

NOTE Confidence: 0.885908951333333

01:21:58.786 --> 01:22:00.948 they ask about is like what how do,

NOTE Confidence: 0.885908951333333

01:22:00.950 --> 01:22:02.590 how should I be in the doctor's office

NOTE Confidence: 0.885908951333333

01:22:02.590 --> 01:22:04.328 so that I'm. Actually listen to.

NOTE Confidence: 0.885908951333333

01:22:04.328 --> 01:22:06.524 And they want to know this.

NOTE Confidence: 0.885908951333333

01:22:06.530 --> 01:22:08.287 And I have a clinician who partners

NOTE Confidence: 0.885908951333333

01:22:08.287 --> 01:22:10.060 with me and helps give advice,

NOTE Confidence: 0.885908951333333

01:22:10.060 --> 01:22:12.300 but still time and again,

NOTE Confidence: 0.885908951333333

01:22:12.300 --> 01:22:14.520 it's just not quite enough because

NOTE Confidence: 0.885908951333333

01:22:14.520 --> 01:22:16.995 you don't know who's going to be

NOTE Confidence: 0.885908951333333

01:22:16.995 --> 01:22:19.158 on the other side of that strategy

NOTE Confidence: 0.885908951333333

01:22:19.230 --> 01:22:20.710 that you put in place.

NOTE Confidence: 0.885908951333333

01:22:20.710 --> 01:22:22.866 You know so like one of my,

NOTE Confidence: 0.885908951333333

01:22:22.870 --> 01:22:24.628 one of my colleagues who says,

NOTE Confidence: 0.885908951333333

01:22:24.630 --> 01:22:25.498 you know,

NOTE Confidence: 0.885908951333333
01:22:25.498 --> 01:22:28.536 who's a professor who says like the
NOTE Confidence: 0.885908951333333
01:22:28.536 --> 01:22:31.062 doctor just doubled the medication
NOTE Confidence: 0.885908951333333
01:22:31.062 --> 01:22:33.567 on from my elderly mother.
NOTE Confidence: 0.885908951333333
01:22:33.570 --> 01:22:35.577 And when I went to the doctor to ask
NOTE Confidence: 0.885908951333333
01:22:35.577 --> 01:22:37.807 her why she had doubled the medication,
NOTE Confidence: 0.885908951333333
01:22:37.810 --> 01:22:41.450 refused to tell him, refused to tell him.
NOTE Confidence: 0.885908951333333
01:22:41.450 --> 01:22:43.490 And so it's.
NOTE Confidence: 0.885908951333333
01:22:43.490 --> 01:22:44.850 We've got.
NOTE Confidence: 0.885908951333333
01:22:44.850 --> 01:22:48.420 We've got a system that is fundamentally
NOTE Confidence: 0.885908951333333
01:22:48.420 --> 01:22:49.950 and profoundly broken.
NOTE Confidence: 0.885908951333333
01:22:49.950 --> 01:22:51.490 And although this doesn't
NOTE Confidence: 0.885908951333333
01:22:51.490 --> 01:22:53.030 quite answer your question,
NOTE Confidence: 0.885908951333333
01:22:53.030 --> 01:22:56.710 I want to just give you this one piece of.
NOTE Confidence: 0.885908951333333
01:22:56.710 --> 01:23:00.420 Or it sort of orienting.
NOTE Confidence: 0.885908951333333
01:23:00.420 --> 01:23:03.355 Black people were kept out
NOTE Confidence: 0.885908951333333

01:23:03.355 --> 01:23:05.116 of American healthcare.
NOTE Confidence: 0.885908951333333

01:23:05.120 --> 01:23:09.320 Until a little more than 50 years ago.
NOTE Confidence: 0.885908951333333

01:23:09.320 --> 01:23:12.872 So we're actually at the beginning
NOTE Confidence: 0.885908951333333

01:23:12.872 --> 01:23:14.648 of this experiment.
NOTE Confidence: 0.885908951333333

01:23:14.650 --> 01:23:18.598 Of having black people in these spaces.
NOTE Confidence: 0.885908951333333

01:23:18.600 --> 01:23:21.315 This is a new experiment
NOTE Confidence: 0.885908951333333

01:23:21.315 --> 01:23:22.944 in American medicine.
NOTE Confidence: 0.885908951333333

01:23:22.950 --> 01:23:25.550 And so as we think about all of
NOTE Confidence: 0.885908951333333

01:23:25.550 --> 01:23:28.148 these things which are so structural
NOTE Confidence: 0.885908951333333

01:23:28.148 --> 01:23:30.488 and personal and community based,
NOTE Confidence: 0.885908951333333

01:23:30.490 --> 01:23:33.410 all of these things we need to understand,
NOTE Confidence: 0.885908951333333

01:23:33.410 --> 01:23:34.530 I think,
NOTE Confidence: 0.885908951333333

01:23:34.530 --> 01:23:37.330 the scope of the problem,
NOTE Confidence: 0.885908951333333

01:23:37.330 --> 01:23:40.834 but also where we're at in solving it.
NOTE Confidence: 0.885908951333333

01:23:40.840 --> 01:23:44.782 We are barely at the beginning of solving it.
NOTE Confidence: 0.885908951333333

01:23:44.790 --> 01:23:48.440 For all of us who are over the age of 50.

NOTE Confidence: 0.885908951333333
01:23:48.440 --> 01:23:51.233 Think about all of the people who
NOTE Confidence: 0.885908951333333
01:23:51.233 --> 01:23:53.928 were the ones keeping the black
NOTE Confidence: 0.885908951333333
01:23:53.928 --> 01:23:56.754 people out who are still around.
NOTE Confidence: 0.885908951333333
01:23:56.760 --> 01:24:00.110 For people who only experienced
NOTE Confidence: 0.885908951333333
01:24:00.110 --> 01:24:01.190 Healthcare at Home.
NOTE Confidence: 0.885908951333333
01:24:01.190 --> 01:24:03.710 Because they couldn't get to a doctor
NOTE Confidence: 0.885908951333333
01:24:03.779 --> 01:24:05.927 or hospital that would treat them.
NOTE Confidence: 0.891138045
01:24:08.140 --> 01:24:10.121 Think of all the people who are
NOTE Confidence: 0.891138045
01:24:10.121 --> 01:24:12.707 used to only being in white medical
NOTE Confidence: 0.891138045
01:24:12.707 --> 01:24:14.810 spaces primarily as patients, right?
NOTE Confidence: 0.891138045
01:24:14.810 --> 01:24:16.960 This is all very new.
NOTE Confidence: 0.891138045
01:24:16.960 --> 01:24:20.900 And so I think that you know a kind of
NOTE Confidence: 0.891138045
01:24:21.007 --> 01:24:24.865 multi modality approach to to beginning
NOTE Confidence: 0.891138045
01:24:24.865 --> 01:24:29.100 to make little inroads planting seeds.
NOTE Confidence: 0.891138045
01:24:29.100 --> 01:24:32.416 That's where we're really at in this,
NOTE Confidence: 0.891138045

01:24:32.416 --> 01:24:35.845 in this scenario, I think. Yeah.

NOTE Confidence: 0.891138045

01:24:35.845 --> 01:24:38.800 Well, thank you Doctor Roberts, and it's.

NOTE Confidence: 0.891138045

01:24:38.800 --> 01:24:41.250 It, it is very much a both and right.

NOTE Confidence: 0.891138045

01:24:41.250 --> 01:24:44.988 There's the need to build understanding

NOTE Confidence: 0.891138045

01:24:44.988 --> 01:24:48.419 and empathy and care as well.

NOTE Confidence: 0.891138045

01:24:48.420 --> 01:24:50.128 It's kind of like here at the

NOTE Confidence: 0.891138045

01:24:50.128 --> 01:24:51.416 CHILD Study Center we're working

NOTE Confidence: 0.891138045

01:24:51.416 --> 01:24:52.904 to do some of that right.

NOTE Confidence: 0.891138045

01:24:52.910 --> 01:24:55.108 We're working to try to help people

NOTE Confidence: 0.891138045

01:24:55.108 --> 01:24:57.727 think of each other and care and and

NOTE Confidence: 0.891138045

01:24:57.727 --> 01:25:00.040 ask the right questions and and pause

NOTE Confidence: 0.891138045

01:25:00.040 --> 01:25:02.287 and not assume you know the answer

NOTE Confidence: 0.891138045

01:25:02.287 --> 01:25:03.954 right because I think that happens in a

NOTE Confidence: 0.891138045

01:25:03.954 --> 01:25:06.790 lot of places and we are doing that in

NOTE Confidence: 0.891138045

01:25:06.790 --> 01:25:08.890 part because it's those some of those.

NOTE Confidence: 0.891138045

01:25:08.890 --> 01:25:11.008 People are the ones making decisions,

NOTE Confidence: 0.891138045

01:25:11.010 --> 01:25:11.316 right,

NOTE Confidence: 0.891138045

01:25:11.316 --> 01:25:13.458 and that are in enforcing the structures.

NOTE Confidence: 0.891138045

01:25:13.460 --> 01:25:15.632 And so it's we have some people who like

NOTE Confidence: 0.891138045

01:25:15.632 --> 01:25:17.158 we just have to change the structures.

NOTE Confidence: 0.891138045

01:25:17.160 --> 01:25:19.194 Why are we doing this on an individual level?

NOTE Confidence: 0.891138045

01:25:19.200 --> 01:25:21.258 It's like we actually need both

NOTE Confidence: 0.891138045

01:25:21.260 --> 01:25:23.340 because we need to be able to make

NOTE Confidence: 0.891138045

01:25:23.340 --> 01:25:25.047 those changes and shift hearts because

NOTE Confidence: 0.891138045

01:25:25.047 --> 01:25:27.112 those are the folks who are helping

NOTE Confidence: 0.891138045

01:25:27.112 --> 01:25:29.014 to enforce some of the decisions.

NOTE Confidence: 0.891138045

01:25:29.020 --> 01:25:31.765 And so I invite all in our community to

NOTE Confidence: 0.891138045

01:25:31.765 --> 01:25:34.189 join us in the different opportunities

NOTE Confidence: 0.891138045

01:25:34.189 --> 01:25:36.854 that we have for learning to also

NOTE Confidence: 0.891138045

01:25:36.854 --> 01:25:38.389 share the different opportunities for

NOTE Confidence: 0.891138045

01:25:38.389 --> 01:25:40.287 learning that you would like to have.

NOTE Confidence: 0.891138045

01:25:40.290 --> 01:25:41.542 As well.
NOTE Confidence: 0.891138045

01:25:41.542 --> 01:25:43.828 And know that these are this is certainly
NOTE Confidence: 0.891138045

01:25:43.828 --> 01:25:46.300 not the last of this type of conversation.
NOTE Confidence: 0.810817673333333

01:25:47.070 --> 01:25:48.300 I don't know. Are there other
NOTE Confidence: 0.931450015

01:25:48.310 --> 01:25:51.438 questions in the room?
NOTE Confidence: 0.931450015

01:25:51.440 --> 01:25:54.384 So I am again so grateful to have
NOTE Confidence: 0.931450015

01:25:54.384 --> 01:25:56.182 you with us and and thank you for
NOTE Confidence: 0.931450015

01:25:56.182 --> 01:25:57.624 sharing this extra time with us and
NOTE Confidence: 0.931450015

01:25:57.624 --> 01:25:59.115 we hope you'll eat some food and
NOTE Confidence: 0.931450015

01:25:59.115 --> 01:26:00.840 linger with us a little bit in here.
NOTE Confidence: 0.931450015

01:26:00.840 --> 01:26:02.316 And thank you all for making
NOTE Confidence: 0.931450015

01:26:02.316 --> 01:26:03.780 the time and those on zoom.
NOTE Confidence: 0.931450015

01:26:03.780 --> 01:26:05.936 Thank you for your questions and your
NOTE Confidence: 0.931450015

01:26:05.936 --> 01:26:07.930 contributions to our center and everything.
NOTE Confidence: 0.931450015

01:26:07.930 --> 01:26:10.265 And and to everyone please enjoy
NOTE Confidence: 0.931450015

01:26:10.265 --> 01:26:13.280 your holiday break and know that

NOTE Confidence: 0.931450015

01:26:13.280 --> 01:26:14.408 there are ongoing opportunities

NOTE Confidence: 0.931450015

01:26:14.408 --> 01:26:16.336 here as well for you to continue

NOTE Confidence: 0.931450015

01:26:16.336 --> 01:26:19.518 to learn and develop in that care,

NOTE Confidence: 0.931450015

01:26:19.520 --> 01:26:22.528 empathy and change so.

NOTE Confidence: 0.931450015

01:26:22.530 --> 01:26:24.170 Thank you.