

WEBVTT

1 00:00:03.110 --> 00:00:06.710 Drug overdoses are a major threat all across the United States.

2 00:00:08.070 --> 00:00:11.639 According to health law, a drug overdose occurs when a person takes too much

3 00:00:11.839 --> 00:00:13.680 of any substance whether it be prescription,

4 00:00:13.880 --> 00:00:16.020 over-the-counter, legal or illegal.

5 00:00:16.530 --> 00:00:18.959 Symptoms may include nausea or vomiting.

6 00:00:19.159 --> 00:00:21.150 Confusion or loss of consciousness.

7 00:00:21.540 --> 00:00:23.520 Aggression. Tremors.

8 00:00:24.120 --> 00:00:26.490 Hallucinations or delusions.

9 00:00:27.460 --> 00:00:29.620 Risk factors include dosage error

10 00:00:29.820 --> 00:00:31.209 or misuse. History

11 00:00:31.409 --> 00:00:32.815 with addiction, storage misplacement

12 00:00:33.940 --> 00:00:35.170 or mental illnesses.

13 00:00:36.130 --> 00:00:39.909 According to the CDC, drug overdose death rates have dramatically increased

14 00:00:40.109 --> 00:00:44.170 since 2001, and drug overdoses have skyrocketed in 2017

15 00:00:44.370 --> 00:00:47.348 dominated by synthetic opioids — synthetic opioids are manmade

16 00:00:47.680 --> 00:00:50.500 jobs, highly potent. Examples include fentanyl

17 00:00:50.700 --> 00:00:52.766 and tramadol often abused for pain relief — very addictive.

18 00:00:54.160 --> 00:00:57.010 They reduced U.S. life expectancy in the past three years.

19 00:00:57.210 --> 00:01:00.143 Last year President Trump declared the opium crisis a nationwide

20 00:01:00.960 --> 00:01:03.600 public health emergency. These are important measures.

21 00:01:03.800 --> 00:01:05.850 Yet we could do much more for those affected.

22 00:01:06.450 --> 00:01:09.959 We can request follow ups and evaluation for addiction after opioid

23 00:01:10.159 --> 00:01:10.800 prescriptions.

24 00:01:11.490 --> 00:01:14.778 You can call the 24/7 Drug Abuse Hotline at the following number: 1-8770751-2819 for

25 00:01:15.380 --> 00:01:18.539 those we care deeply about. We can spread awareness of naloxone,

26 00:01:18.739 --> 00:01:21.193 a drug that blocks the effects of opioids.

27 00:01:22.240 --> 00:01:25.759 We can limit opioid prescriptions by educating physicians of the

28 00:01:25.959 --> 00:01:26.880 pertinent dangers.

29 00:01:27.460 --> 00:01:28.510 Thank you for listening.