WEBVTT

NOTE duration:"00:06:06"

NOTE recognizability:0.854

NOTE language:en-us

NOTE Confidence: 0.877953725714286

00:00:08.060 --> 00:00:10.076 I did my residency at Yale and

NOTE Confidence: 0.877953725714286

00:00:10.076 --> 00:00:12.377 I knew that I loved the program.

NOTE Confidence: 0.877953725714286

00:00:12.380 --> 00:00:15.350 I loved the people. I I knew that I

NOTE Confidence: 0.877953725714286

00:00:15.350 --> 00:00:18.398 wanted to stay at a program that was

NOTE Confidence: 0.877953725714286

00:00:18.398 --> 00:00:21.402 more neuro focused as opposed to more

NOTE Confidence: 0.877953725714286

00:00:21.402 --> 00:00:24.090 critical care focused with some neuro.

NOTE Confidence: 0.877953725714286

00:00:24.090 --> 00:00:27.582 And Yale is one of those types of programs.

NOTE Confidence: 0.877953725714286

00:00:27.590 --> 00:00:31.470 I knew that the program is one that

NOTE Confidence: 0.877953725714286

00:00:31.470 --> 00:00:34.099 is always trying to improve on itself.

NOTE Confidence: 0.877953725714286

00:00:34.100 --> 00:00:37.462 Every year there are some major improvement,

NOTE Confidence: 0.877953725714286

00:00:37.462 --> 00:00:39.628 usually based on or often based

NOTE Confidence: 0.877953725714286

00:00:39.628 --> 00:00:41.400 on feedback from the fellows.

NOTE Confidence: 0.877953725714286

00:00:41.400 --> 00:00:43.440 And I really liked that aspect.

NOTE Confidence: 0.877953725714286

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00:00:43.440 --> 00:00:45.728 I also love that.

NOTE Confidence: 0.852079449090909

00:00:47.990 --> 00:00:49.355 There's the opportunity to work

NOTE Confidence: 0.852079449090909

00:00:49.355 --> 00:00:51.070 with these giants in the field.

NOTE Confidence: 0.852079449090909

00:00:51.070 --> 00:00:52.890 People that are brilliant that are amazing.

NOTE Confidence: 0.852079449090909

00:00:52.890 --> 00:00:54.258 Clinicians, world renowned researchers

NOTE Confidence: 0.852079449090909

00:00:54.258 --> 00:00:56.934 but yet everybody is on a first name

NOTE Confidence: 0.852079449090909

00:00:56.934 --> 00:00:58.915 basis and you can text anybody anytime

NOTE Confidence: 0.852079449090909

00:00:58.915 --> 00:01:00.808 you vice chair of the department,

NOTE Confidence: 0.852079449090909

00:01:00.810 --> 00:01:02.810 the division chief of Nikku or any other

NOTE Confidence: 0.852079449090909

00:01:02.810 --> 00:01:04.180 subdivision and just ask for their

NOTE Confidence: 0.852079449090909

00:01:04.180 --> 00:01:05.701 opinion at any time and and they're

NOTE Confidence: 0.852079449090909

00:01:05.701 --> 00:01:07.605 more than willing to just chat with you.

NOTE Confidence: 0.852079449090909

00:01:07.610 --> 00:01:11.183 So it it sort of checked all my boxes

NOTE Confidence: 0.852079449090909

00:01:11.183 --> 00:01:14.178 and was the best of kind of all worlds.

NOTE Confidence: 0.5685890175

00:01:14.190 --> 00:01:15.738 It's very balanced curriculum

NOTE Confidence: 0.5685890175

00:01:15.738 --> 00:01:17.286 for fellows you got.

NOTE Confidence: 0.5685890175

00:01:17.290 --> 00:01:20.034 As to all the major technologies and

NOTE Confidence: 0.5685890175

00:01:20.034 --> 00:01:22.850 your ICU, but then you also develop

NOTE Confidence: 0.5685890175

00:01:22.850 --> 00:01:24.880 a very solid clinical background,

NOTE Confidence: 0.5685890175

00:01:24.880 --> 00:01:28.226 and I also like that there are.

NOTE Confidence: 0.5685890175

00:01:28.230 --> 00:01:29.795 But you know, large diversity

NOTE Confidence: 0.5685890175

00:01:29.795 --> 00:01:31.360 of attendings from all different

NOTE Confidence: 0.5685890175

00:01:31.418 --> 00:01:32.782 perspectives who have trained

NOTE Confidence: 0.5685890175

00:01:32.782 --> 00:01:34.146 in all different places.

NOTE Confidence: 0.966418934285714

00:01:35.710 --> 00:01:37.950 Actually, there are a lot of reasons.

NOTE Confidence: 0.966418934285714

00:01:37.950 --> 00:01:39.565 I thought the yellow would

NOTE Confidence: 0.966418934285714

00:01:39.565 --> 00:01:41.440 be the best program for me.

NOTE Confidence: 0.966418934285714

00:01:41.440 --> 00:01:44.488 Yeah, it's a really well rounded

NOTE Confidence: 0.966418934285714

00:01:44.488 --> 00:01:47.070 and covering every aspect of

NOTE Confidence: 0.966418934285714

00:01:47.070 --> 00:01:48.880 the critical care. I chose

NOTE Confidence: 0.866239565

00:01:48.890 --> 00:01:51.193 Yale for fellowship because it was where

NOTE Confidence: 0.866239565

00:01:51.193 --> 00:01:54.089 I had made my home over the course

NOTE Confidence: 0.866239565

00:01:54.089 --> 00:01:55.929 of residency and chief residency.

NOTE Confidence: 0.866239565

00:01:55.930 --> 00:01:57.955 I'd grown to appreciate my

NOTE Confidence: 0.866239565

00:01:57.955 --> 00:01:59.575 relationships with people there

NOTE Confidence: 0.866239565

00:01:59.575 --> 00:02:01.810 and enjoy my life in New Haven.

NOTE Confidence: 0.866239565

00:02:01.810 --> 00:02:03.903 I'd had a sneak preview of the

NOTE Confidence: 0.866239565

00:02:03.903 --> 00:02:05.760 neuro ICU and it's at Yale.

NOTE Confidence: 0.866239565

00:02:05.760 --> 00:02:08.048 That I decided on this career path so

NOTE Confidence: 0.866239565

00:02:08.048 --> 00:02:10.348 it just felt natural to go for it.

NOTE Confidence: 0.866239565

00:02:10.350 --> 00:02:12.065 Exactly where my interests have

NOTE Confidence: 0.866239565

00:02:12.065 --> 00:02:14.210 been captured in the 1st place,

NOTE Confidence: 0.866239565

00:02:14.210 --> 00:02:17.026 I knew that at Yale I would see

NOTE Confidence: 0.866239565

00:02:17.026 --> 00:02:18.951 everything learn from incredible

NOTE Confidence: 0.866239565

00:02:18.951 --> 00:02:21.247 people from across disciplines.

NOTE Confidence: 0.866239565

00:02:21.250 --> 00:02:23.230 And of course I don't need to tell you.

NOTE Confidence: 0.866239565

00:02:23.230 --> 00:02:25.526 Yale has a reputation, it's a good one.

NOTE Confidence: 0.866239565

00:02:25.530 --> 00:02:27.906 So training at Yale comes with the long

NOTE Confidence: 0.866239565

00:02:27.906 --> 00:02:30.109 term benefit of that stamp of solidness.

NOTE Confidence: 0.866239565

00:02:30.110 --> 00:02:31.470 Wherever you go afterwards.

NOTE Confidence: 0.893403742

00:02:35.630 --> 00:02:37.490 I felt very well prepared.

NOTE Confidence: 0.893403742

00:02:37.490 --> 00:02:38.582 Nothing surprised me.

NOTE Confidence: 0.893403742

00:02:38.582 --> 00:02:40.766 The first year I didn't really

NOTE Confidence: 0.893403742

00:02:40.766 --> 00:02:42.711 see anything that I hadn't

NOTE Confidence: 0.893403742

00:02:42.711 --> 00:02:44.139 seen before. As a fellow,

NOTE Confidence: 0.876267040952381

00:02:44.450 --> 00:02:46.550 my fellowship gave me a great foundation

NOTE Confidence: 0.876267040952381

00:02:46.550 --> 00:02:48.806 and all the tools I needed to find

NOTE Confidence: 0.876267040952381

00:02:48.806 --> 00:02:50.860 my way through any new experiences.

NOTE Confidence: 0.78168047125

00:02:51.170 --> 00:02:53.588 I really realized every day how

NOTE Confidence: 0.78168047125

00:02:53.588 --> 00:02:56.517 well I was trained as a neuro

NOTE Confidence: 0.78168047125

00:02:56.517 --> 00:02:58.161 intensivist at Yale Fellows

NOTE Confidence: 0.78168047125

00:02:58.161 --> 00:03:00.847 are going to be in many cases.

NOTE Confidence: 0.78168047125

00:03:00.850 --> 00:03:02.187 Of course you are going to staff

NOTE Confidence: 0.78168047125

00:03:02.187 --> 00:03:03.810 a patient, so we are attending,

NOTE Confidence: 0.78168047125

00:03:03.810 --> 00:03:06.060 but you have a lot of. Anatomy.

NOTE Confidence: 0.865733944

00:03:10.220 --> 00:03:11.402 So when I realized that there

NOTE Confidence: 0.865733944

00:03:11.402 --> 00:03:12.863 was sort of a burgeoning field

NOTE Confidence: 0.865733944

00:03:12.863 --> 00:03:15.108 of critical care, EG it seemed.

NOTE Confidence: 0.91111748

00:03:17.170 --> 00:03:18.902 Like an amazing opportunity

NOTE Confidence: 0.91111748

00:03:18.902 --> 00:03:22.219 for me to sort of meld my two

NOTE Confidence: 0.91111748

00:03:22.219 --> 00:03:24.900 interests and sort of be able to.

NOTE Confidence: 0.91111748

00:03:24.900 --> 00:03:26.280 Have that bit of epilepsy

NOTE Confidence: 0.91111748

00:03:26.280 --> 00:03:27.660 and EEG that I love,

NOTE Confidence: 0.91111748

00:03:27.660 --> 00:03:29.256 but still be able to practice

NOTE Confidence: 0.91111748

00:03:29.256 --> 00:03:31.338 in the NICU with the high acuity

NOTE Confidence: 0.91111748

00:03:31.338 --> 00:03:33.246 patients and it was just an

NOTE Confidence: 0.91111748

00:03:33.246 --> 00:03:34.729 opportunity I couldn't pass up.

NOTE Confidence: 0.5561967

00:03:38.750 --> 00:03:41.258 I left fellowship with so

NOTE Confidence: 0.5561967

00:03:41.258 --> 00:03:43.006 many memories that changed

NOTE Confidence: 0.948586178

00:03:43.010 --> 00:03:44.810 me and will be with me forever.

NOTE Confidence: 0.851981153333333

00:03:45.700 --> 00:03:48.252 I think for me the most memorable thing

NOTE Confidence: 0.851981153333333

00:03:48.252 --> 00:03:50.750 was really the camaraderie with the AP.

NOTE Confidence: 0.790965144

00:03:52.330 --> 00:03:53.590 Our food all the time

NOTE Confidence: 0.89996815

00:03:53.600 --> 00:03:55.672 when you take care of so many patients

NOTE Confidence: 0.89996815

00:03:55.672 --> 00:03:57.907 that are so sick and such a variety

NOTE Confidence: 0.89996815

00:03:57.907 --> 00:04:00.860 of diagnosis, there are a lot of.

NOTE Confidence: 0.89996815

00:04:00.860 --> 00:04:02.225 A lot of patients that

NOTE Confidence: 0.89996815

00:04:02.225 --> 00:04:03.590 stick out in your mind.

NOTE Confidence: 0.89996815

00:04:03.590 --> 00:04:06.200 I think the the one that sticks out the

NOTE Confidence: 0.89996815

00:04:06.200 --> 00:04:08.378 most to me though is it was actually

NOTE Confidence: 0.89996815

00:04:08.378 --> 00:04:10.770 not so much the patient but their family.

NOTE Confidence: 0.89996815

00:04:10.770 --> 00:04:13.530 It was the first time as it was an older

NOTE Confidence: 0.89996815

00:04:13.607 --> 00:04:16.267 gentleman he came in with a pretty

NOTE Confidence: 0.89996815

00:04:16.267 --> 00:04:18.450 terrible brain bleed unfortunately.

NOTE Confidence: 0.89996815

00:04:18.450 --> 00:04:21.327 But the interaction with the family and

NOTE Confidence: 0.89996815

00:04:21.327 --> 00:04:24.727 sort of helping them through the process of.

NOTE Confidence: 0.89996815

00:04:24.730 --> 00:04:26.977 Having a loved one who's critically ill

NOTE Confidence: 0.89996815

00:04:26.977 --> 00:04:29.341 and and who's really not getting better

NOTE Confidence: 0.89996815

00:04:29.341 --> 00:04:31.790 and sort of going through the decision

NOTE Confidence: 0.89996815

00:04:31.790 --> 00:04:34.076 making process about goals of care.

NOTE Confidence: 0.89996815

00:04:34.080 --> 00:04:35.320 I just for whatever reason,

NOTE Confidence: 0.89996815

00:04:35.320 --> 00:04:36.916 I just really connected with this family.

NOTE Confidence: 0.89996815

00:04:36.920 --> 00:04:39.576 I saw myself and my family in them

NOTE Confidence: 0.89996815

00:04:39.576 --> 00:04:42.448 and it was the first family that I

NOTE Confidence: 0.89996815

00:04:42.448 --> 00:04:45.020 gave my personal cell phone to it.

NOTE Confidence: 0.89996815

00:04:45.020 --> 00:04:46.876 Sort of helped remind me in in those

NOTE Confidence: 0.89996815

00:04:46.876 --> 00:04:48.087 moments where patients aren't going

NOTE Confidence: 0.89996815

00:04:48.087 --> 00:04:50.188 to do well and it's gets you down that

NOTE Confidence: 0.89996815

00:04:50.188 --> 00:04:51.892 you know you still can make a really

NOTE Confidence: 0.89996815

00:04:51.900 --> 00:04:53.461 big difference for the families who do

NOTE Confidence: 0.89996815

00:04:53.461 --> 00:04:55.453 go on and and really need somebody to

NOTE Confidence: 0.89996815

00:04:55.453 --> 00:04:57.340 help them through the those tough times.

NOTE Confidence: 0.89996815

00:04:57.340 --> 00:04:59.780 And so even though it wasn't a great,

NOTE Confidence: 0.89996815

00:04:59.780 --> 00:05:00.200 happy,

NOTE Confidence: 0.89996815

00:05:00.200 --> 00:05:02.720 uplifting story or an uplifting outcome,

NOTE Confidence: 0.89996815

00:05:02.720 --> 00:05:03.522 it's still.

NOTE Confidence: 0.89996815

00:05:03.522 --> 00:05:05.527 Was an inspiration for me.

NOTE Confidence: 0.836114955454545

00:05:09.830 --> 00:05:11.549 I'm really going to miss it that I when

NOTE Confidence: 0.836114955454545

00:05:11.549 --> 00:05:14.240 I leave, I think you know there's.

NOTE Confidence: 0.836114955454545

00:05:14.240 --> 00:05:15.390 There's a lot of great

NOTE Confidence: 0.836114955454545

00:05:15.390 --> 00:05:16.080 institutions out there.

NOTE Confidence: 0.836114955454545

00:05:16.080 --> 00:05:17.690 I'm really excited to kind of go

NOTE Confidence: 0.836114955454545

00:05:17.690 --> 00:05:19.523 out into the world and and finally

NOTE Confidence: 0.836114955454545

00:05:19.523 --> 00:05:20.878 be an attending and practice

NOTE Confidence: 0.836114955454545

00:05:20.878 --> 00:05:22.080 in different places.

NOTE Confidence: 0.836114955454545

00:05:22.080 --> 00:05:23.256 But there's not going to be

NOTE Confidence: 0.836114955454545

00:05:23.256 --> 00:05:24.040 anywhere that's quite like.

NOTE Confidence: 0.836114955454545

00:05:24.040 --> 00:05:24.470 You know,

NOTE Confidence: 0.910300168333333

00:05:24.580 --> 00:05:26.488 you can make your own path.

NOTE Confidence: 0.910300168333333

00:05:26.490 --> 00:05:28.890 I think there are so many

NOTE Confidence: 0.910300168333333

00:05:28.890 --> 00:05:31.196 electives that I did a lot of Miku

NOTE Confidence: 0.910300168333333

00:05:31.196 --> 00:05:33.737 and I did a lot of EG as well.

NOTE Confidence: 0.910300168333333

00:05:33.740 --> 00:05:38.500 And I even took. A week or two

NOTE Confidence: 0.910300168333333

00:05:38.500 --> 00:05:40.420 to learn how to do bronchoscopy.

NOTE Confidence: 0.910300168333333

00:05:40.420 --> 00:05:42.596 So I think I would say you can

NOTE Confidence: 0.910300168333333

00:05:42.596 --> 00:05:44.260 actually turn it into whatever.

NOTE Confidence: 0.910300168333333

00:05:44.260 --> 00:05:45.964 Like you can turn the fellowship

NOTE Confidence: 0.910300168333333

00:05:45.964 --> 00:05:47.620 into whatever you want it to be.

NOTE Confidence: 0.833318525833333

00:05:47.730 --> 00:05:49.490 Goal where the opportunities and

NOTE Confidence: 0.833318525833333

00:05:49.490 --> 00:05:51.930 resources exist and then don't waste them,

NOTE Confidence: 0.683456258

00:05:52.000 --> 00:05:54.538 you are going to be super

NOTE Confidence: 0.683456258

00:05:54.538 --> 00:05:56.230 strong neuro intensive based.

NOTE Confidence: 0.683456258

00:05:56.230 --> 00:05:59.135 Please be who is going to be

NOTE Confidence: 0.683456258

00:05:59.135 --> 00:06:03.390 confident on anything and.

NOTE Confidence: 0.683456258

00:06:03.390 --> 00:06:05.998 Yeah, so you have to come to Yale.