WEBVTT

NOTE duration:"01:03:41"

NOTE recognizability:0.889

NOTE language:en-us

NOTE Confidence: 0.886227976521739

00:00:00.000 --> 00:00:01.796 Answer Community tumor board.

NOTE Confidence: 0.886227976521739

00:00:01.796 --> 00:00:04.490 Tonight we look forward to this

NOTE Confidence: 0.886227976521739

 $00{:}00{:}04.572 \dashrightarrow 00{:}00{:}06.927$ conversation with you and welcome

NOTE Confidence: 0.886227976521739

 $00{:}00{:}06{.}927 \dashrightarrow 00{:}00{:}09{.}282$ your questions and comments in

NOTE Confidence: 0.886227976521739

00:00:09.365 --> 00:00:11.338 the chat box and there will be

NOTE Confidence: 0.886227976521739

 $00:00:11.338 \longrightarrow 00:00:12.698$ plenty of time for interaction.

NOTE Confidence: 0.850947044705882

 $00{:}00{:}15{.}190 \dashrightarrow 00{:}00{:}18{.}137$ So to introduce you to the breast

NOTE Confidence: 0.850947044705882

00:00:18.137 --> 00:00:20.429 cancer tumor board that takes

NOTE Confidence: 0.850947044705882

 $00:00:20.429 \longrightarrow 00:00:22.799$ place across the Yale network.

NOTE Confidence: 0.850947044705882

00:00:22.800 --> 00:00:26.076 These are weekly meetings of breast cancer,

NOTE Confidence: 0.850947044705882

00:00:26.080 --> 00:00:29.570 team physicians, nurses, social workers,

NOTE Confidence: 0.850947044705882

 $00{:}00{:}29{.}570 \dashrightarrow 00{:}00{:}31{.}475$ physical the rapists, nutritionists,

NOTE Confidence: 0.850947044705882

 $00:00:31.475 \rightarrow 00:00:35.315$ and others engaged in the care of women

 $00:00:35.315 \rightarrow 00:00:37.870$ and men diagnosed with breast cancer.

NOTE Confidence: 0.850947044705882

 $00{:}00{:}37{.}870 \dashrightarrow 00{:}00{:}41{.}446$ These tumor boards allow us to ensure that

NOTE Confidence: 0.850947044705882

 $00:00:41.446 \rightarrow 00:00:44.090$ the highest quality multidisciplinary

NOTE Confidence: 0.850947044705882

 $00:00:44.090 \rightarrow 00:00:48.616$ care is taking place in the care of you.

NOTE Confidence: 0.850947044705882

 $00{:}00{:}48.620 \dashrightarrow 00{:}00{:}51.596$ And these meetings also serve to

NOTE Confidence: 0.850947044705882

 $00{:}00{:}51.596 \dashrightarrow 00{:}00{:}53.580$ review available clinical trials.

NOTE Confidence: 0.850947044705882

 $00:00:53.580 \rightarrow 00:00:55.740$ So today will give you a taste of

NOTE Confidence: 0.850947044705882

 $00{:}00{:}55{.}740 \dashrightarrow 00{:}00{:}57{.}930$ what a breast cancer tumor board

NOTE Confidence: 0.850947044705882

 $00:00:57.930 \longrightarrow 00:01:01.150$ might look like and use it as an

NOTE Confidence: 0.850947044705882

 $00:01:01.150 \rightarrow 00:01:04.365$ opportunity to teach you the latest

NOTE Confidence: 0.850947044705882

 $00{:}01{:}04.365 \dashrightarrow 00{:}01{:}06.609$ about breast cancer management.

NOTE Confidence: 0.850947044705882

00:01:06.610 --> 00:01:08.026 And, uh, so.

NOTE Confidence: 0.850947044705882

00:01:08.026 --> 00:01:10.386 So in this tumor board,

NOTE Confidence: 0.850947044705882

 $00:01:10.390 \rightarrow 00:01:13.330$ long will present two cases,

NOTE Confidence: 0.850947044705882

 $00:01:13.330 \rightarrow 00:01:15.820$ each representing different aspects of

NOTE Confidence: 0.850947044705882

00:01:15.820 --> 00:01:19.170 Breast Cancer Care and patients experience.

- NOTE Confidence: 0.850947044705882
- $00{:}01{:}19{.}170 \dashrightarrow 00{:}01{:}21{.}165$ And we have assembled a
- NOTE Confidence: 0.850947044705882
- $00:01:21.165 \rightarrow 00:01:23.160$ multidisciplinary team from all the
- NOTE Confidence: 0.850947044705882
- $00:01:23.234 \rightarrow 00:01:25.074$ important disciplines that take
- NOTE Confidence: 0.850947044705882
- $00:01:25.074 \dashrightarrow 00:01:27.834$ care of patients with breast cancer.
- NOTE Confidence: 0.850947044705882
- $00{:}01{:}27.840 \dashrightarrow 00{:}01{:}30.490$ And, as I mentioned before,
- NOTE Confidence: 0.850947044705882
- $00:01:30.490 \longrightarrow 00:01:32.190$ as questions come to you,
- NOTE Confidence: 0.850947044705882
- $00{:}01{:}32{.}190 \dashrightarrow 00{:}01{:}34{.}174$ feel free to put them into chat and
- NOTE Confidence: 0.850947044705882
- $00:01:34.174 \rightarrow 00:01:36.459$ we will all take turns answering your.
- NOTE Confidence: 0.850947044705882
- $00:01:36.460 \longrightarrow 00:01:36.950$ Questions.
- NOTE Confidence: 0.871829139333333
- $00:01:39.470 \dashrightarrow 00:01:44.564$ So to introduce you to the members of the
- NOTE Confidence: 0.871829139333333
- 00:01:44.564 --> 00:01:47.826 multidisciplinary team who are present today.
- NOTE Confidence: 0.871829139333333
- 00:01:47.830 --> 00:01:50.950 I I would like to first present Doctor
- NOTE Confidence: 0.871829139333333
- $00{:}01{:}50{.}950 \dashrightarrow 00{:}01{:}53{.}970$ Kevin June, who is that associate
- NOTE Confidence: 0.871829139333333
- 00:01:53.970 --> 00:01:56.210 Professor of the rapeutic radiology.
- NOTE Confidence: 0.871829139333333
- 00:01:56.210 --> 00:01:59.696 He has specific expertise and radiation
- NOTE Confidence: 0.871829139333333

 $00:01:59.696 \rightarrow 00:02:03.290$ oncology questions related to breast cancer.

NOTE Confidence: 0.871829139333333

 $00{:}02{:}03.290 \dashrightarrow 00{:}02{:}05.995$ We also have doctor Kathleen sent here

NOTE Confidence: 0.871829139333333

00:02:05.995 --> 00:02:09.680 today who who treats a number of men and NOTE Confidence: 0.871829139333333

 $00:02:09.680 \rightarrow 00:02:12.452$ women with breast cancer and specializes

NOTE Confidence: 0.871829139333333

 $00:02:12.452 \rightarrow 00:02:16.789$ in this area as a medical oncology expert.

NOTE Confidence: 0.871829139333333

 $00{:}02{:}16.790 \dashrightarrow 00{:}02{:}20.406$ Max we have Pam Fitzgerald who is a

NOTE Confidence: 0.871829139333333

00:02:20.406 --> 00:02:23.368 licensed social worker and oncology

NOTE Confidence: 0.871829139333333

 $00:02:23.368 \rightarrow 00:02:26.240$ patient navigator and through her

NOTE Confidence: 0.871829139333333

00:02:26.240 --> 00:02:28.840 expertise she helps patients navigate

NOTE Confidence: 0.871829139333333

 $00{:}02{:}28.840 \dashrightarrow 00{:}02{:}32.174$ a complex system and the overwhelming

NOTE Confidence: 0.871829139333333

 $00{:}02{:}32{.}174 \dashrightarrow 00{:}02{:}35{.}492$ time but better breast cancer diagnosis

NOTE Confidence: 0.871829139333333

 $00{:}02{:}35{.}575 \dashrightarrow 00{:}02{:}38{.}702$ can be so that all resources are found

NOTE Confidence: 0.871829139333333

 $00:02:38.702 \rightarrow 00:02:41.660$ and that your needs are answered.

NOTE Confidence: 0.871829139333333

 $00{:}02{:}41.660 \dashrightarrow 00{:}02{:}45.040$ Next we have Amanda Ganzak.

NOTE Confidence: 0.871829139333333

 $00:02:45.040 \longrightarrow 00:02:47.878$ Who is a genetic counselor and

NOTE Confidence: 0.871829139333333

 $00:02:47.878 \rightarrow 00:02:49.770$ outreach coordinator in Bridgeport

00:02:49.847 --> 00:02:51.591 Hospital as you'll learn,

NOTE Confidence: 0.871829139333333

 $00:02:51.591 \rightarrow 00:02:53.913$ there are many genetic questions that

NOTE Confidence: 0.871829139333333

 $00:02:53.913 \rightarrow 00:02:56.808$ come up in the routine care of patients

NOTE Confidence: 0.871829139333333

 $00:02:56.808 \longrightarrow 00:02:59.144$ with breast cancer and she'll be

NOTE Confidence: 0.871829139333333

 $00:02:59.144 \rightarrow 00:03:01.592$ available today to answer those questions.

NOTE Confidence: 0.871829139333333

00:03:01.600 --> 00:03:03.916 Next we have doctor Melanie Lynch,

NOTE Confidence: 0.871829139333333

 $00:03:03.920 \longrightarrow 00:03:06.608$ who is the Director of breast

NOTE Confidence: 0.871829139333333

00:03:06.608 --> 00:03:08.400 surgery at Bridgeport Hospital.

NOTE Confidence: 0.871829139333333

 $00:03:08.400 \longrightarrow 00:03:10.518$ She is an amazing resource in

NOTE Confidence: 0.871829139333333

00:03:10.518 --> 00:03:11.930 our network and blueberry.

NOTE Confidence: 0.871829139333333

 $00:03:11.930 \longrightarrow 00:03:15.522$ Thrilled to have her expertise in the

NOTE Confidence: 0.871829139333333

 $00{:}03{:}15{.}522 \dashrightarrow 00{:}03{:}17{.}830$ management of breast cancer patients.

NOTE Confidence: 0.871829139333333

 $00:03:17.830 \rightarrow 00:03:21.456$ And next we have doctor Melissa Mastriani,

NOTE Confidence: 0.871829139333333

 $00{:}03{:}21{.}460 \dashrightarrow 00{:}03{:}23{.}905$ who's an assistant professor of

NOTE Confidence: 0.871829139333333

 $00{:}03{:}23{.}905 \dashrightarrow 00{:}03{:}27{.}025$ plastic surgery who also has extensive

 $00:03:27.025 \rightarrow 00:03:30.589$ expertise in managing all aspects of

NOTE Confidence: 0.871829139333333

 $00:03:30.589 \rightarrow 00:03:32.849$ reconstruction and plastic issues

NOTE Confidence: 0.871829139333333

 $00:03:32.849 \rightarrow 00:03:35.465$ that come up in patients diagnosed

NOTE Confidence: 0.871829139333333

 $00:03:35.465 \longrightarrow 00:03:36.920$ with breast cancer.

NOTE Confidence: 0.871829139333333

 $00{:}03{:}36{.}920 \dashrightarrow 00{:}03{:}40{.}068$ So this is our team today and this

NOTE Confidence: 0.871829139333333

 $00{:}03{:}40.068 \dashrightarrow 00{:}03{:}41.862$ same team takes care of patients

NOTE Confidence: 0.871829139333333

 $00:03:41.862 \rightarrow 00:03:44.209$ in the Trumbull Bridgeport region.

NOTE Confidence: 0.871829139333333

 $00:03:44.210 \longrightarrow 00:03:47.450$ So if if you are a patient in

NOTE Confidence: 0.871829139333333

 $00:03:47.450 \rightarrow 00:03:49.752$ those areas you may have already

NOTE Confidence: 0.871829139333333

 $00:03:49.752 \rightarrow 00:03:51.617$ interacted with this seller team.

NOTE Confidence: 0.873457211428571

 $00{:}03{:}54{.}110 \dashrightarrow 00{:}03{:}56{.}686$ Since this is breast Cancer Awareness Month,

NOTE Confidence: 0.873457211428571

00:03:56.690 --> 00:03:59.250 I will share a few facts with you,

NOTE Confidence: 0.873457211428571

 $00:03:59.250 \longrightarrow 00:04:01.860$ which is that over 300,000 individuals

NOTE Confidence: 0.873457211428571

 $00:04:01.860 \rightarrow 00:04:04.079$ are diagnosed with breast cancer

NOTE Confidence: 0.873457211428571

 $00:04:04.079 \longrightarrow 00:04:06.518$ annually in the United States through

NOTE Confidence: 0.873457211428571

 $00{:}04{:}06{.}518$ --> $00{:}04{:}09{.}304$ over three and a half million breast

- NOTE Confidence: 0.873457211428571
- $00:04:09.304 \rightarrow 00:04:11.720$ cancer survivors and long term survival
- NOTE Confidence: 0.873457211428571
- $00:04:11.720 \longrightarrow 00:04:14.150$ after breast cancer treatment is common,
- NOTE Confidence: 0.873457211428571
- $00:04:14.150 \longrightarrow 00:04:16.580$ with over 8080% of individuals
- NOTE Confidence: 0.873457211428571
- $00:04:16.580 \longrightarrow 00:04:19.010$ with breast cancer living more
- NOTE Confidence: 0.873457211428571
- $00:04:19.090 \rightarrow 00:04:21.560$ than ten years after diagnosis.
- NOTE Confidence: 0.873457211428571
- $00:04:21.560 \longrightarrow 00:04:23.174$ So with that I will turn
- NOTE Confidence: 0.873457211428571
- 00:04:23.174 --> 00:04:24.700 it over to Doctor Lynch,
- NOTE Confidence: 0.873457211428571
- $00:04:24.700 \longrightarrow 00:04:26.740$ who will introduce our first case.
- NOTE Confidence: 0.873457211428571
- $00:04:26.740 \longrightarrow 00:04:27.210$ Thank you.
- NOTE Confidence: 0.8431684
- 00:04:29.410 --> 00:04:32.480 Thank you doctor Westburg.
- NOTE Confidence: 0.962053843333333
- $00:04:32.480 \longrightarrow 00:04:34.535$ So this team gets to
- NOTE Confidence: 0.962053843333333
- 00:04:34.535 --> 00:04:36.179 work together every week.
- NOTE Confidence: 0.962053843333333
- 00:04:36.180 --> 00:04:37.996 Which is the best part of my job,
- NOTE Confidence: 0.962053843333333
- $00{:}04{:}38{.}000 \dashrightarrow 00{:}04{:}39{.}480$ so I'm glad we get to share it.
- NOTE Confidence: 0.962053843333333
- $00:04:39.480 \longrightarrow 00:04:41.400$ This tumor board with you tonight.
- NOTE Confidence: 0.962053843333333

 $00:04:41.400 \longrightarrow 00:04:43.848$ Our first patient is a 62 year old woman

NOTE Confidence: 0.962053843333333

 $00:04:43.848 \rightarrow 00:04:46.419$ who has an abnormal screening mammogram.

NOTE Confidence: 0.962053843333333

 $00:04:46.420 \longrightarrow 00:04:48.868$ She was called back and had

NOTE Confidence: 0.962053843333333

 $00:04:48.868 \rightarrow 00:04:50.500$ diagnostic imaging that identified

NOTE Confidence: 0.962053843333333

 $00{:}04{:}50{.}575 \dashrightarrow 00{:}04{:}52{.}285$ a mass in the left breast.

NOTE Confidence: 0.962053843333333

 $00:04:52.290 \longrightarrow 00:04:54.426$ The upper inner part of the

NOTE Confidence: 0.962053843333333

 $00:04:54.426 \longrightarrow 00:04:56.290$ breast near the chest wall.

NOTE Confidence: 0.962053843333333

 $00:04:56.290 \longrightarrow 00:04:58.138$ She's otherwise very healthy

NOTE Confidence: 0.962053843333333

 $00{:}04{:}58{.}138 \dashrightarrow 00{:}04{:}59{.}986$ with only osteoporosis and

NOTE Confidence: 0.962053843333333

 $00:04:59.986 \longrightarrow 00:05:02.499$ the only medication she takes.

NOTE Confidence: 0.962053843333333

 $00{:}05{:}02{.}500 \dashrightarrow 00{:}05{:}06{.}315$ Is for the treatment of her osteoporosis.

NOTE Confidence: 0.962053843333333

 $00:05:06.320 \longrightarrow 00:05:08.010$ For the next slide.

NOTE Confidence: 0.931436112

00:05:11.640 --> 00:05:13.330 Her family history is interesting.

NOTE Confidence: 0.931436112

00:05:13.330 --> 00:05:14.278 Her mother had breast

NOTE Confidence: 0.931436112

 $00:05:14.278 \longrightarrow 00:05:15.826$ cancer at the age of 68,

NOTE Confidence: 0.931436112

 $00:05:15.826 \rightarrow 00:05:17.250$ and her mother's brother,

- NOTE Confidence: 0.931436112
- $00:05:17.250 \longrightarrow 00:05:18.624$ her maternal uncle,
- NOTE Confidence: 0.931436112
- $00{:}05{:}18.624 \dashrightarrow 00{:}05{:}22.170$ had pancreatic cancer at the age of 60.
- NOTE Confidence: 0.931436112
- $00:05:22.170 \longrightarrow 00:05:23.940$ She has a very normal physical
- NOTE Confidence: 0.931436112
- $00:05:23.940 \longrightarrow 00:05:25.736$ exam except for a very small
- NOTE Confidence: 0.931436112
- $00:05:25.736 \longrightarrow 00:05:27.668$ mass that can be felt in the
- NOTE Confidence: 0.931436112
- $00:05:27.668 \longrightarrow 00:05:29.364$ upper inner part of the left
- NOTE Confidence: 0.931436112
- $00:05:29.364 \rightarrow 00:05:31.113$ breast and she has no concerning
- NOTE Confidence: 0.931436112
- 00:05:31.113 --> 00:05:33.078 lymph nodes on physical exam.
- NOTE Confidence: 0.929750788
- $00{:}05{:}35{.}110 \dashrightarrow 00{:}05{:}37{.}370$ So here's a representative this.
- NOTE Confidence: 0.929750788
- $00:05:37.370 \dashrightarrow 00:05:40.088$ These cases are also representative cases.
- NOTE Confidence: 0.929750788
- 00:05:40.090 00:05:43.380 These are not specific patients,
- NOTE Confidence: 0.929750788
- $00{:}05{:}43{.}380 \dashrightarrow 00{:}05{:}46{.}386$ but here's an example of a.
- NOTE Confidence: 0.929750788
- $00:05:46.390 \rightarrow 00:05:49.094$ Mass that would be concerning on a mammogram.
- NOTE Confidence: 0.929750788
- $00:05:49.100 \rightarrow 00:05:51.124$ Mammograms are taken in two views and so
- NOTE Confidence: 0.929750788
- $00:05:51.124 \dashrightarrow 00:05:53.044$ the first view looks at the breast from
- NOTE Confidence: 0.929750788

 $00:05:53.044 \rightarrow 00:05:55.146$ side to side so you can see that the

NOTE Confidence: 0.929750788

 $00{:}05{:}55{.}146 \dashrightarrow 00{:}05{:}57{.}259$ masses in the inner part of the breast.

NOTE Confidence: 0.929750788

 $00{:}05{:}57{.}259 \dashrightarrow 00{:}05{:}59{.}197$ And the second image shows the

NOTE Confidence: 0.929750788

00:05:59.197 -> 00:06:00.768 breast from top to bottom,

NOTE Confidence: 0.929750788

 $00{:}06{:}00{.}770 \dashrightarrow 00{:}06{:}02{.}597$ so you can see that the mass is in

NOTE Confidence: 0.929750788

 $00{:}06{:}02.597 \dashrightarrow 00{:}06{:}04.703$ the top of the breast as well and very NOTE Confidence: 0.929750788

 $00:06:04.703 \dashrightarrow 00:06:06.778$ close to the muscle of the chest wall.

NOTE Confidence: 0.921788052272727

 $00{:}06{:}10.170 \dashrightarrow 00{:}06{:}11.962$ The ultrasound showed this mass and as

NOTE Confidence: 0.921788052272727

00:06:11.962 --> 00:06:14.092 you look at the ultrasound you see the

NOTE Confidence: 0.921788052272727

 $00:06:14.092 \dashrightarrow 00:06:16.020$ stripes on the bottom of the screen.

NOTE Confidence: 0.921788052272727

 $00{:}06{:}16{.}020 \dashrightarrow 00{:}06{:}17{.}358$ That's the muscle of the chest

NOTE Confidence: 0.921788052272727

 $00:06:17.358 \rightarrow 00:06:19.197$ wall so you can see again that this

NOTE Confidence: 0.921788052272727

 $00{:}06{:}19{.}197 \dashrightarrow 00{:}06{:}20{.}930$ tumor mass is close to the muscle.

NOTE Confidence: 0.859317484117647

 $00:06:24.140 \longrightarrow 00:06:26.443$ So she had a biopsy and the

NOTE Confidence: 0.859317484117647

 $00{:}06{:}26{.}443 \dashrightarrow 00{:}06{:}27{.}811$ biopsy demonstrated that this

NOTE Confidence: 0.859317484117647

 $00{:}06{:}27.811 \dashrightarrow 00{:}06{:}29.659$ area was was a breast cancer.

- NOTE Confidence: 0.859317484117647
- $00:06:29.660 \rightarrow 00:06:33.268$ It's a ductal cancer grade two and
- NOTE Confidence: 0.859317484117647
- 00:06:33.268 --> 00:06:35.460 it's estrogen receptor positive,
- NOTE Confidence: 0.859317484117647
- $00:06:35.460 \rightarrow 00:06:38.538$ which is a favorable tumor biology.
- NOTE Confidence: 0.89051099
- $00:06:43.910 \rightarrow 00:06:45.709$ So this is where patients will usually
- NOTE Confidence: 0.89051099
- $00:06:45.709 \rightarrow 00:06:47.510$ see a surgeon's first course of treatment,
- NOTE Confidence: 0.89051099
- $00:06:47.510 \longrightarrow 00:06:50.055$ and so will review medical history,
- NOTE Confidence: 0.89051099
- 00:06:50.055 --> 00:06:50.892 surgical history,
- NOTE Confidence: 0.89051099
- $00:06:50.892 \rightarrow 00:06:52.944$ or social and her family history.
- NOTE Confidence: 0.89051099
- $00{:}06{:}52{.}950 \dashrightarrow 00{:}06{:}54{.}166$ And then we'll make.
- NOTE Confidence: 0.89051099
- $00{:}06{:}54.166 \dashrightarrow 00{:}06{:}55.686$ Surgeons will make the referral
- NOTE Confidence: 0.89051099
- $00{:}06{:}55{.}686 \dashrightarrow 00{:}06{:}57{.}586$ to the tumor board for discussion
- NOTE Confidence: 0.89051099
- $00:06:57.586 \longrightarrow 00:06:59.524$ of the primary team in general,
- NOTE Confidence: 0.89051099
- $00:06:59.524 \rightarrow 00:07:01.284$ someone with a good early
- NOTE Confidence: 0.89051099
- 00:07:01.284 --> 00:07:02.910 stage in favorable biology,
- NOTE Confidence: 0.89051099
- $00:07:02.910 \longrightarrow 00:07:06.850$ cancer will be referred for for surgery
- NOTE Confidence: 0.89051099

 $00{:}07{:}06.850 \dashrightarrow 00{:}07{:}08.356$ as the first course of treatment.

NOTE Confidence: 0.914480798

00:07:11.590 --> 00:07:14.353 So I'd like to turn it over to Pam

NOTE Confidence: 0.914480798

 $00:07:14.353 \rightarrow 00:07:17.380$ Fitzgerald, who is our patient navigator,

NOTE Confidence: 0.914480798

 $00{:}07{:}17.380 \dashrightarrow 00{:}07{:}21.748$ who will will sit with patients at this

NOTE Confidence: 0.914480798

 $00{:}07{:}21.748 \dashrightarrow 00{:}07{:}24.070$ initial consultation and we'll start

NOTE Confidence: 0.914480798

 $00{:}07{:}24.070 \dashrightarrow 00{:}07{:}25.930$ start the process of helping patients

NOTE Confidence: 0.914480798

 $00:07:25.930 \dashrightarrow 00:07:27.928$ work their way through the system.

NOTE Confidence: 0.456346765

00:07:35.860 --> 00:07:37.820 Right, uhm, can you see me?

NOTE Confidence: 0.8893374

00:07:40.130 --> 00:07:42.310 Yeah, I'm I'm Fitzgerald and I am

NOTE Confidence: 0.8893374

 $00:07:42.310 \longrightarrow 00:07:44.279$ one of the navigators at Smilow,

NOTE Confidence: 0.854020622857143

 $00:07:44.280 \longrightarrow 00:07:45.537$ Trumbull and Fairfield.

NOTE Confidence: 0.854020622857143

 $00{:}07{:}45{.}537 \dashrightarrow 00{:}07{:}49{.}441$ I am social worker and what I what I would

NOTE Confidence: 0.854020622857143

 $00:07:49.441 \dashrightarrow 00:07:52.946$ do is sit with the patient at initial

NOTE Confidence: 0.854020622857143

 $00{:}07{:}52.946 \dashrightarrow 00{:}07{:}55.010$ consultation with Doctor Lynch and get

NOTE Confidence: 0.854020622857143

 $00{:}07{:}55{.}010 \dashrightarrow 00{:}07{:}57{.}476$ to understand a little bit about their

NOTE Confidence: 0.854020622857143

 $00:07:57.476 \rightarrow 00:07:59.876$ social history and their family history,

 $00:07:59.880 \longrightarrow 00:08:01.580$ who their supports are.

NOTE Confidence: 0.854020622857143

 $00{:}08{:}01{.}580 \dashrightarrow 00{:}08{:}04{.}130$ We would also review the distressed

NOTE Confidence: 0.854020622857143

 $00:08:04.208 \longrightarrow 00:08:07.320$ screening tool at this time and see what

NOTE Confidence: 0.854020622857143

 $00:08:07.320 \rightarrow 00:08:10.340$ in particular this woman generally speaking.

NOTE Confidence: 0.854020622857143

 $00{:}08{:}10.340 \dashrightarrow 00{:}08{:}12.671$ Would indicate where her stressors and we

NOTE Confidence: 0.854020622857143

 $00{:}08{:}12.671 \dashrightarrow 00{:}08{:}15.716$ would try to help problem solve those issues.

NOTE Confidence: 0.854020622857143

 $00:08:15.720 \longrightarrow 00:08:18.536$ So for example in a 62 year old

NOTE Confidence: 0.854020622857143

 $00:08:18.536 \dashrightarrow 00:08:22.030$ woman we would talk sometimes

NOTE Confidence: 0.854020622857143

 $00:08:22.030 \longrightarrow 00:08:24.155$ about loss of loved ones.

NOTE Confidence: 0.854020622857143

00:08:24.160 --> 00:08:26.855 She may have recently had a family.

NOTE Confidence: 0.854020622857143

00:08:26.860 --> 00:08:27.280 Remember,

NOTE Confidence: 0.854020622857143

 $00:08:27.280 \rightarrow 00:08:30.864$ pass away her children may be moving away.

NOTE Confidence: 0.854020622857143

00:08:30.870 - > 00:08:33.444 She may still be working and

NOTE Confidence: 0.854020622857143

 $00:08:33.444 \dashrightarrow 00:08:35.160$ worried about financial stressors,

NOTE Confidence: 0.854020622857143

 $00:08:35.160 \longrightarrow 00:08:39.120$ so in that period of time.

 $00:08:39.120 \longrightarrow 00:08:42.622$ Name would talk about what supports

NOTE Confidence: 0.854020622857143

 $00{:}08{:}42.622 \dashrightarrow 00{:}08{:}45.674$ are available to her in the community.

NOTE Confidence: 0.854020622857143

 $00{:}08{:}45{.}680 \dashrightarrow 00{:}08{:}47{.}000$ We do have financial grants

NOTE Confidence: 0.854020622857143

 $00:08:47.000 \longrightarrow 00:08:48.320$ that we can help with.

NOTE Confidence: 0.854020622857143

 $00:08:48.320 \rightarrow 00:08:53.837$ We can also help her with paperwork for work,

NOTE Confidence: 0.854020622857143

 $00{:}08{:}53.840 \dashrightarrow 00{:}08{:}57.624$ whether it be FMLA or short term disability.

NOTE Confidence: 0.854020622857143

 $00{:}08{:}57{.}630 \dashrightarrow 00{:}09{:}01{.}086$ We also can refer her to counseling if

NOTE Confidence: 0.854020622857143

 $00:09:01.086 \dashrightarrow 00:09:05.016$ it's felt that she would be nefit from that.

NOTE Confidence: 0.854020622857143

 $00:09:05.020 \longrightarrow 00:09:07.092$ The Integrated medicine services

NOTE Confidence: 0.854020622857143

 $00:09:07.092 \longrightarrow 00:09:09.164$ that we have available.

NOTE Confidence: 0.854020622857143

 $00:09:09.170 \dashrightarrow 00:09:12.470$ Are numerous we have support groups,

NOTE Confidence: 0.854020622857143

 $00:09:12.470 \longrightarrow 00:09:16.000$ dietary counseling.

NOTE Confidence: 0.854020622857143

00:09:16.000 --> 00:09:19.798 We you know we have acupuncture

NOTE Confidence: 0.854020622857143

 $00:09:19.798 \longrightarrow 00:09:21.697$ and also most.

NOTE Confidence: 0.854020622857143

 $00:09:21.700 \rightarrow 00:09:23.480$ Find someone helpful throughout

NOTE Confidence: 0.854020622857143

 $00:09:23.480 \longrightarrow 00:09:25.120$ their course of treatment,

 $00:09:25.120 \longrightarrow 00:09:28.354$ but what's kind of unique to navigation

NOTE Confidence: 0.854020622857143

 $00{:}09{:}28.354 \dashrightarrow 00{:}09{:}31.906$ is that we can travel sort of speak

NOTE Confidence: 0.854020622857143

 $00:09:31.906 \rightarrow 00:09:34.600$ with the woman throughout her continuum

NOTE Confidence: 0.854020622857143

 $00{:}09{:}34.676 \dashrightarrow 00{:}09{:}37.195$ of care so we can meet with her to

NOTE Confidence: 0.854020622857143

 $00{:}09{:}37.195 \dashrightarrow 00{:}09{:}38.980$ discuss her options for treatment,

NOTE Confidence: 0.854020622857143

 $00:09:38.980 \longrightarrow 00:09:40.945$ but also explain why things

NOTE Confidence: 0.854020622857143

00:09:40.945 --> 00:09:43.280 are happening in a certain way.

NOTE Confidence: 0.854020622857143

 $00:09:43.280 \rightarrow 00:09:46.411$ Sort of in layman's terms, we are available.

NOTE Confidence: 0.854020622857143

 $00:09:46.411 \longrightarrow 00:09:48.448$ We tell them as soon as they walk

NOTE Confidence: 0.854020622857143

 $00:09:48.448 \longrightarrow 00:09:49.436$ out of the office.

NOTE Confidence: 0.854020622857143

 $00:09:49.440 \rightarrow 00:09:51.553$ If they have a question, please call us.

NOTE Confidence: 0.854020622857143

 $00:09:51.553 \longrightarrow 00:09:52.726$ Call us tomorrow.

NOTE Confidence: 0.854020622857143

 $00{:}09{:}52{.}730 \dashrightarrow 00{:}09{:}54{.}290$ Call us next week.

NOTE Confidence: 0.854020622857143

 $00{:}09{:}54.290 \dashrightarrow 00{:}09{:}57.260$ Whatever we can do to alleviate stress.

NOTE Confidence: 0.854020622857143

 $00:09:57.260 \dashrightarrow 00:09:59.978$ We can also meet with them with a medical

 $00:09:59.978 \rightarrow 00:10:02.027$ oncologist and the radiation oncologist,

NOTE Confidence: 0.854020622857143

 $00{:}10{:}02{.}030 \dashrightarrow 00{:}10{:}03{.}590$ and again assess at that time.

NOTE Confidence: 0.854020622857143

00:10:03.590 --> 00:10:05.646 Oftentimes in radiation oncology,

NOTE Confidence: 0.854020622857143

 $00:10:05.646 \rightarrow 00:10:08.216$ people have problems with transportation.

NOTE Confidence: 0.854020622857143

 $00:10:08.220 \longrightarrow 00:10:10.880$ We have resources for that as well,

NOTE Confidence: 0.854020622857143

00:10:10.880 --> 00:10:11.618 so again,

NOTE Confidence: 0.854020622857143

 $00{:}10{:}11{.}618 \dashrightarrow 00{:}10{:}13{.}832$ we're here to eliminate barriers to

NOTE Confidence: 0.854020622857143

 $00:10:13.832 \rightarrow 00:10:17.240$ care and to also help you from diagnosis

NOTE Confidence: 0.854020622857143

 $00:10:17.240 \rightarrow 00:10:19.113$ through till survivorship and you know,

NOTE Confidence: 0.854020622857143

 $00:10:19.113 \rightarrow 00:10:20.259$ we just like to say we're,

NOTE Confidence: 0.854020622857143

00:10:20.260 --> 00:10:23.116 you know, a new sort of friend.

NOTE Confidence: 0.854020622857143

 $00{:}10{:}23.120 \dashrightarrow 00{:}10{:}24.476$ That you would make and please

NOTE Confidence: 0.854020622857143

 $00:10:24.476 \longrightarrow 00:10:25.839$ call us if you need us.

NOTE Confidence: 0.854020622857143

 $00:10:25.840 \dashrightarrow 00:10:28.968$ And with that I'll turn over to Amanda.

NOTE Confidence: 0.90644331125

 $00:10:35.520 \rightarrow 00:10:37.776$ Alright, we can go to the next slide.

NOTE Confidence: 0.90644331125

00:10:37.780 --> 00:10:39.280 I'm Amanda Gann second one

 $00:10:39.280 \longrightarrow 00:10:40.480$ of the genetic counselors,

NOTE Confidence: 0.90644331125

 $00{:}10{:}40.480 \dashrightarrow 00{:}10{:}43.720$ and we have several who are staffed in

NOTE Confidence: 0.90644331125

 $00{:}10{:}43.720 \dashrightarrow 00{:}10{:}46.262$ the Bridgeport Trumbull location and

NOTE Confidence: 0.90644331125

 $00{:}10{:}46{.}262 \dashrightarrow 00{:}10{:}50{.}430$ basically what we do is help to review

NOTE Confidence: 0.90644331125

 $00:10:50.536 \rightarrow 00:10:52.432$ an individual's personal and family

NOTE Confidence: 0.90644331125

 $00{:}10{:}52{.}432 \dashrightarrow 00{:}10{:}54{.}970$ history of cancer to determine the

NOTE Confidence: 0.90644331125

 $00:10:55.034 \rightarrow 00:10:57.746$ likelihood that the cancers are hereditary.

NOTE Confidence: 0.90644331125

 $00:10:57.750 \rightarrow 00:10:59.798$ Meaning a gene is running in the family,

NOTE Confidence: 0.90644331125

 $00{:}10{:}59{.}800 \dashrightarrow 00{:}11{:}01{.}395$ placing them and their family

NOTE Confidence: 0.90644331125

 $00:11:01.395 \rightarrow 00:11:03.410$ members at high risk for particular

NOTE Confidence: 0.90644331125

 $00:11:03.410 \longrightarrow 00:11:05.540$ types of cancers and with that.

NOTE Confidence: 0.90644331125

 $00{:}11{:}05{.}540 \dashrightarrow 00{:}11{:}07{.}510$ Information we can then target

NOTE Confidence: 0.90644331125

 $00{:}11{:}07{.}510 \dashrightarrow 00{:}11{:}09{.}960$ and help the providers plan how

NOTE Confidence: 0.90644331125

 $00{:}11{:}09{.}960 \dashrightarrow 00{:}11{:}12{.}000$ to attack those increased risks,

NOTE Confidence: 0.90644331125

 $00:11:12.000 \rightarrow 00:11:15.678$ how to offer different surgical approaches,

 $00:11:15.680 \rightarrow 00:11:18.020$ how to discuss various chemoprevention

NOTE Confidence: 0.90644331125

 $00{:}11{:}18.020 \dashrightarrow 00{:}11{:}21.264$ or other risk reducing options that might

NOTE Confidence: 0.90644331125

 $00:11:21.264 \rightarrow 00:11:24.169$ be available based on those increased risks. NOTE Confidence: 0.90644331125

 $00{:}11{:}24{.}170 \dashrightarrow 00{:}11{:}27{.}400$ So if we take this case one as our example, NOTE Confidence: 0.90644331125

 $00:11:27.400 \rightarrow 00:11:30.172$ some of the factors that I would be looking

NOTE Confidence: 0.90644331125

 $00{:}11{:}30{.}172 \dashrightarrow 00{:}11{:}33{.}174$ at in terms of assessing for the likelihood NOTE Confidence: 0.90644331125

 $00:11:33.174 \rightarrow 00:11:35.909$ of a hereditary risk for cancer is the.

NOTE Confidence: 0.90644331125

 $00:11:35.910 \rightarrow 00:11:38.410$ Patients own breast cancer diagnosis.

NOTE Confidence: 0.90644331125

00:11:38.410 $\operatorname{-->}$ 00:11:39.594 Although she was diagnosed

NOTE Confidence: 0.90644331125

 $00:11:39.594 \rightarrow 00:11:41.074$ after the age of 50,

NOTE Confidence: 0.90644331125

 $00{:}11{:}41.080 \dashrightarrow 00{:}11{:}43.132$ so that alone is not something

NOTE Confidence: 0.90644331125

 $00:11:43.132 \rightarrow 00:11:45.310$ that would highly be concerning.

NOTE Confidence: 0.90644331125

 $00:11:45.310 \longrightarrow 00:11:46.774$ For hereditary risk, however,

NOTE Confidence: 0.90644331125

 $00{:}11{:}46.774 \dashrightarrow 00{:}11{:}49.820$ she has a family history of both breast

NOTE Confidence: 0.90644331125

 $00:11:49.820 \rightarrow 00:11:52.564$ cancer in her mother and pancreatic cancer,

NOTE Confidence: 0.90644331125

 $00:11:52.570 \longrightarrow 00:11:54.230$ in her maternal uncle.

- NOTE Confidence: 0.90644331125
- $00:11:54.230 \longrightarrow 00:11:56.060$ So we see two affected relatives
- NOTE Confidence: 0.90644331125
- $00:11:56.060 \rightarrow 00:11:58.109$ on the same side of the family,
- NOTE Confidence: 0.90644331125
- 00:11:58.110 --> 00:12:01.188 combining both breast and pancreatic cancer,
- NOTE Confidence: 0.90644331125
- $00:12:01.190 \rightarrow 00:12:04.925$ which for me are all red flags to see,
- NOTE Confidence: 0.90644331125
- 00:12:04.930 --> 00:12:05.606 you know,
- NOTE Confidence: 0.90644331125
- $00:12:05.606 \rightarrow 00:12:07.296$ to further assess this family
- NOTE Confidence: 0.90644331125
- 00:12:07.296 --> 00:12:08.630 for potential hereditary risk.
- NOTE Confidence: 0.97819364
- $00:12:10.290 \longrightarrow 00:12:11.060$ Next slide.
- NOTE Confidence: 0.90384495
- 00:12:13.210 --> 00:12:16.430 So we utilized the NCCN guidelines,
- NOTE Confidence: 0.949249507857143
- $00{:}12{:}16{.}430 \dashrightarrow 00{:}12{:}19{.}166$ which are published on an annual basis out
- NOTE Confidence: 0.949249507857143
- 00:12:19.166 --> 00:12:22.580 of the National Comprehensive Cancer Network.
- NOTE Confidence: 0.949249507857143
- $00{:}12{:}22{.}580 \dashrightarrow 00{:}12{:}24{.}818$ These are ever changing and involving
- NOTE Confidence: 0.949249507857143
- $00{:}12{:}24.818 \dashrightarrow 00{:}12{:}27.994$ as new data and information is collected
- NOTE Confidence: 0.949249507857143
- $00{:}12{:}27{.}994 \dashrightarrow 00{:}12{:}30{.}679$ from our hereditary cancer families,
- NOTE Confidence: 0.949249507857143
- $00:12:30.680 \longrightarrow 00:12:32.465$ so it can certainly be difficult to
- NOTE Confidence: 0.949249507857143

 $00:12:32.465 \rightarrow 00:12:34.429$ keep a bridge to these year to year,

NOTE Confidence: 0.949249507857143

 $00:12:34.430 \longrightarrow 00:12:36.383$ but that's what we hope to be there for,

NOTE Confidence: 0.949249507857143

 $00:12:36.390 \rightarrow 00:12:37.840$ and particularly in tumor boards.

NOTE Confidence: 0.949249507857143

 $00:12:37.840 \longrightarrow 00:12:39.436$ So we helped to review these

NOTE Confidence: 0.949249507857143

 $00{:}12{:}39{.}436 \dashrightarrow 00{:}12{:}41{.}580$ guidelines in all the cases that are

NOTE Confidence: 0.949249507857143

 $00:12:41.580 \rightarrow 00:12:43.280$ presented to determine how eligible.

NOTE Confidence: 0.949249507857143

 $00:12:43.280 \longrightarrow 00:12:45.315$ Someone maybe for referral to

NOTE Confidence: 0.949249507857143

 $00:12:45.315 \rightarrow 00:12:47.350$ cancer genetics for an evaluation

NOTE Confidence: 0.949249507857143

 $00:12:47.420 \rightarrow 00:12:49.620$ and discussion of genetic testing.

NOTE Confidence: 0.949249507857143

 $00:12:49.620 \rightarrow 00:12:52.796$ And so if you just hit next for me, please.

NOTE Confidence: 0.949249507857143

 $00:12:52.796 \longrightarrow 00:12:54.460$ In looking at this,

NOTE Confidence: 0.949249507857143

 $00:12:54.460 \longrightarrow 00:12:56.415$ this particular patient was diagnosed

NOTE Confidence: 0.949249507857143

 $00{:}12{:}56{.}415 \dashrightarrow 00{:}12{:}58{.}948$ with breast cancer over the age of

NOTE Confidence: 0.949249507857143

 $00{:}12{:}58{.}948 \dashrightarrow 00{:}13{:}01{.}012$ 50 and she has a close relative with

NOTE Confidence: 0.949249507857143

 $00{:}13{:}01{.}080 \dashrightarrow 00{:}13{:}03{.}402$ breast cancer and a close relative

NOTE Confidence: 0.949249507857143

 $00:13:03.402 \longrightarrow 00:13:04.563$ with pancreatic cancer.

- NOTE Confidence: 0.949249507857143
- $00:13:04.570 \rightarrow 00:13:06.634$ So using this these guidelines we
- NOTE Confidence: 0.949249507857143
- $00{:}13{:}06{.}634 \dashrightarrow 00{:}13{:}09{.}552$ see that she does meet criteria for
- NOTE Confidence: 0.949249507857143
- $00{:}13{:}09{.}552 \dashrightarrow 00{:}13{:}11{.}516$ consideration of genetic testing.
- NOTE Confidence: 0.949249507857143
- $00{:}13{:}11{.}520 \dashrightarrow 00{:}13{:}15{.}355$ Next and so historically BRCA one
- NOTE Confidence: 0.949249507857143
- 00:13:15.355 --> 00:13:18.643 and BRCA 2 or the genes that we see
- NOTE Confidence: 0.949249507857143
- $00:13:18.643 \rightarrow 00:13:20.728$ most often associated with hereditary
- NOTE Confidence: 0.949249507857143
- $00:13:20.728 \longrightarrow 00:13:21.690$ breast cancer.
- NOTE Confidence: 0.949249507857143
- $00{:}13{:}21.690 \dashrightarrow 00{:}13{:}23.910$ But these genes called other cancers
- NOTE Confidence: 0.949249507857143
- $00{:}13{:}23{.}910 \dashrightarrow 00{:}13{:}25{.}880$ like ovarian and pancreatic cancer.
- NOTE Confidence: 0.949249507857143
- $00{:}13{:}25.880 \dashrightarrow 00{:}13{:}27.020$ So for me,
- NOTE Confidence: 0.949249507857143
- $00:13:27.020 \rightarrow 00:13:30.044$ kind of top on my radar of assessment for
- NOTE Confidence: 0.949249507857143
- $00{:}13{:}30{.}044 \dashrightarrow 00{:}13{:}32{.}804$ this patient would be BRCA one and two,
- NOTE Confidence: 0.949249507857143
- $00{:}13{:}32{.}810 \dashrightarrow 00{:}13{:}35{.}239$ although they are not the only jeans
- NOTE Confidence: 0.949249507857143
- $00{:}13{:}35{.}239 \dashrightarrow 00{:}13{:}37{.}788$ that link breast and pancreatic cancer.
- NOTE Confidence: 0.949249507857143
- $00{:}13{:}37{.}790 \dashrightarrow 00{:}13{:}39{.}575$ The other genes that we might think
- NOTE Confidence: 0.949249507857143

00:13:39.575 - 00:13:41.230 about in this particular case,

NOTE Confidence: 0.949249507857143

 $00{:}13{:}41{.}230 \dashrightarrow 00{:}13{:}43{.}900$ our PAL B2 and ATM.

NOTE Confidence: 0.949249507857143

 $00:13:43.900 \longrightarrow 00:13:44.726$ And so,

NOTE Confidence: 0.949249507857143

 $00:13:44.726 \rightarrow 00:13:48.030$ in the kind of world of genetic testing,

NOTE Confidence: 0.949249507857143

00:13:48.030 --> 00:13:50.690 nowadays we do what's called a multi

NOTE Confidence: 0.949249507857143

 $00:13:50.690 \longrightarrow 00:13:53.625$ gene panel where we can test multiple NOTE Confidence: 0.949249507857143

00:13:53.625 --> 00:13:55.775 genes for hereditary cancer risk,

NOTE Confidence: 0.949249507857143

 $00:13:55.780 \longrightarrow 00:13:57.844$ and I think that would be the best

NOTE Confidence: 0.949249507857143

 $00:13:57.844 \longrightarrow 00:13:59.370$ test suited for this patient.

NOTE Confidence: 0.949249507857143

 $00{:}13{:}59{.}370 \dashrightarrow 00{:}14{:}00{.}882$ And she does meet NCCN guidelines

NOTE Confidence: 0.949249507857143

 $00{:}14{:}00{.}882 \dashrightarrow 00{:}14{:}02{.}899$ and so more than likely she would

NOTE Confidence: 0.949249507857143

 $00:14:02.899 \rightarrow 00:14:04.489$ also meet her insurance guidelines

NOTE Confidence: 0.949249507857143

 $00:14:04.489 \longrightarrow 00:14:05.580$ for genetic testing,

NOTE Confidence: 0.949249507857143

 $00{:}14{:}05{.}580 \dashrightarrow 00{:}14{:}07{.}533$ and that test would help us determine

NOTE Confidence: 0.949249507857143

 $00:14:07.533 \rightarrow 00:14:09.420$ does she have a hereditary risk?

NOTE Confidence: 0.949249507857143

 $00{:}14{:}09{.}420 \dashrightarrow 00{:}14{:}11{.}352$ Does she have future risks for other

 $00:14:11.352 \rightarrow 00:14:13.483$ cancers that are higher than we would

NOTE Confidence: 0.949249507857143

 $00:14:13.483 \rightarrow 00:14:15.043$ expect in the general population?

NOTE Confidence: 0.949249507857143

00:14:15.050 --> 00:14:16.919 Turn our other family members at risk

NOTE Confidence: 0.949249507857143

 $00:14:16.919 \rightarrow 00:14:19.057$ and so that testing comes back in a

NOTE Confidence: 0.949249507857143

 $00:14:19.057 \rightarrow 00:14:21.538$ couple weeks and we can help facilitate that.

NOTE Confidence: 0.949249507857143

 $00{:}14{:}21{.}540 \dashrightarrow 00{:}14{:}23{.}480$ Disclose those results that help

NOTE Confidence: 0.949249507857143

 $00:14:23.480 \longrightarrow 00:14:26.130$ facilitate next steps as needed.

NOTE Confidence: 0.949249507857143

 $00:14:26.130 \longrightarrow 00:14:28.398$ And so pass it along to.

NOTE Confidence: 0.18132752

 $00{:}14{:}30{.}520 \dashrightarrow 00{:}14{:}33{.}560$ Uh, thank you that Doctor Massaroni

NOTE Confidence: 0.898426245

00:14:34.610 --> 00:14:36.200 comes back, comes back to surgery.

NOTE Confidence: 0.898426245

00:14:36.200 --> 00:14:39.612 Oh, OK, so breast surgery is certainly

NOTE Confidence: 0.898426245

 $00{:}14{:}39{.}612 \dashrightarrow 00{:}14{:}41{.}596$ continuing to evolve as we develop

NOTE Confidence: 0.898426245

00:14:41.596 --> 00:14:43.660 new techniques to make sure that

NOTE Confidence: 0.898426245

00:14:43.734 --> 00:14:46.331 we are both curing the cancer and

NOTE Confidence: 0.898426245

 $00:14:46.331 \rightarrow 00:14:48.385$ also providing patients with a good

 $00:14:48.385 \rightarrow 00:14:50.368$ result and minimizing the morbidity

NOTE Confidence: 0.898426245

 $00{:}14{:}50{.}368 \dashrightarrow 00{:}14{:}52{.}478$ or complications of our operations

NOTE Confidence: 0.898426245

 $00{:}14{:}52{.}478 \dashrightarrow 00{:}14{:}54{.}889$ or symptoms associated with them.

NOTE Confidence: 0.898426245

 $00{:}14{:}54{.}890 \dashrightarrow 00{:}14{:}56{.}864$ And we've moved from mastectomy to

NOTE Confidence: 0.898426245

00:14:56.864 --> 00:14:59.135 being able to offer breast conservation

NOTE Confidence: 0.898426245

 $00:14:59.135 \rightarrow 00:15:01.355$ or lumpectomy to more patients.

NOTE Confidence: 0.898426245

 $00{:}15{:}01{.}360 \dashrightarrow 00{:}15{:}03{.}784$ In the pictures in the bottom showed the

NOTE Confidence: 0.898426245

 $00:15:03.784 \rightarrow 00:15:05.480$ difference between axillary dissection,

NOTE Confidence: 0.898426245

 $00{:}15{:}05{.}480 \dashrightarrow 00{:}15{:}06{.}740$ which was the standard of care

NOTE Confidence: 0.898426245

 $00{:}15{:}06{.}740 \dashrightarrow 00{:}15{:}08{.}409$ when I was a medical student.

NOTE Confidence: 0.898426245

00:15:08.410 --> 00:15:10.636 To now Sentinel lymph node biopsy,

NOTE Confidence: 0.898426245

00:15:10.640 --> 00:15:12.632 removing only one or two lymph

NOTE Confidence: 0.898426245

 $00:15:12.632 \longrightarrow 00:15:13.960$ nodes at each operation.

NOTE Confidence: 0.898426245

 $00:15:13.960 \longrightarrow 00:15:15.700$ As you've seen the picture

NOTE Confidence: 0.898426245

 $00{:}15{:}15{.}700 \dashrightarrow 00{:}15{:}17{.}092$ in the lower corner.

NOTE Confidence: 0.898426245

00:15:17.100 --> 00:15:17.880 Next slide.

 $00:15:20.160 \longrightarrow 00:15:22.064$ And so now we've moved into the

NOTE Confidence: 0.89653629

00:15:22.064 --> 00:15:23.739 area of Oncoplastic breast surgery,

NOTE Confidence: 0.89653629

 $00:15:23.740 \rightarrow 00:15:26.680$ which is providing the best possible

NOTE Confidence: 0.89653629

 $00:15:26.680 \rightarrow 00:15:30.074$ operation for patients to achieve a good NOTE Confidence: 0.89653629

00:15:30.074 --> 00:15:32.774 cosmetic and functional outcome as well NOTE Confidence: 0.89653629

 $00{:}15{:}32.774 \dashrightarrow 00{:}15{:}36.108$ as ensuring that we are providing the

NOTE Confidence: 0.89653629

 $00{:}15{:}36{.}108 \dashrightarrow 00{:}15{:}39{.}147$ best uncle logic outcome that we are

NOTE Confidence: 0.89653629

 $00{:}15{:}39{.}147 \dashrightarrow 00{:}15{:}41{.}870$ contributing to the cure of a cancer.

NOTE Confidence: 0.89653629

00:15:41.870 --> 00:15:44.042 On coplastic surgery is often requires

NOTE Confidence: 0.89653629

 $00{:}15{:}44.042 \dashrightarrow 00{:}15{:}46.361$ teamwork from a breast surgeon and a NOTE Confidence: 0.89653629

00:15:46.361 --> 00:15:48.131 plastic surgeon working together to come NOTE Confidence: 0.89653629

00:15:48.131 --> 00:15:50.659 up with the best operation for a patient,

NOTE Confidence: 0.89653629

 $00{:}15{:}50{.}660$ --> $00{:}15{:}53{.}502$ and also making sure that we understand NOTE Confidence: 0.89653629

 $00:15:53.502 \rightarrow 00:15:57.740$ what the patient's goals are. Next slide.

NOTE Confidence: 0.89653629

 $00{:}15{:}57{.}740 \dashrightarrow 00{:}16{:}00{.}290$ This is doctor Mastriani slide.

00:16:00.290 --> 00:16:00.980 Now I'll jump

NOTE Confidence: 0.862845380769231

 $00{:}16{:}00{.}990 \dashrightarrow 00{:}16{:}03{.}335$ in and so uncle plastic breast surgery

NOTE Confidence: 0.862845380769231

 $00:16:03.335 \rightarrow 00:16:06.130$ is not a cookie cutter operation.

NOTE Confidence: 0.862845380769231

 $00:16:06.130 \rightarrow 00:16:08.361$ And as you can imagine, based on your

NOTE Confidence: 0.862845380769231

 $00{:}16{:}08{.}361 \dashrightarrow 00{:}16{:}10{.}965$ tumor size and the ratio of that tumor

NOTE Confidence: 0.862845380769231

 $00:16:10.965 \rightarrow 00:16:14.040$ size to the rest of the breast size,

NOTE Confidence: 0.862845380769231

 $00:16:14.040 \longrightarrow 00:16:16.144$ breasts are or come in all shapes and

NOTE Confidence: 0.862845380769231

 $00:16:16.144 \rightarrow 00:16:18.677$ sizes in many different patients and women.

NOTE Confidence: 0.862845380769231

 $00{:}16{:}18.680 \dashrightarrow 00{:}16{:}21.224$ So typically we're looking at a ratio of

NOTE Confidence: 0.862845380769231

 $00{:}16{:}21{.}224 \dashrightarrow 00{:}16{:}24{.}117$ the tumor and that issue that we need to

NOTE Confidence: 0.862845380769231

 $00{:}16{:}24.117 \dashrightarrow 00{:}16{:}26.778$ remove in relation to the rest of the breast.

NOTE Confidence: 0.862845380769231

00:16:26.780 --> 00:16:29.020 Simple slam dunks are smaller

NOTE Confidence: 0.862845380769231

 $00:16:29.020 \longrightarrow 00:16:30.812$ tumors in larger breasts.

NOTE Confidence: 0.862845380769231

00:16:30.820 --> 00:16:32.245 Patients will hardly notice the

NOTE Confidence: 0.862845380769231

 $00:16:32.245 \rightarrow 00:16:33.960$ difference if we remove that long,

NOTE Confidence: 0.862845380769231

 $00{:}16{:}33{.}960 \dashrightarrow 00{:}16{:}35{.}568$ but we may not necessarily have

- NOTE Confidence: 0.862845380769231
- $00:16:35.568 \rightarrow 00:16:36.989$ to do anything very complicated
- NOTE Confidence: 0.862845380769231
- $00{:}16{:}36{.}989 \dashrightarrow 00{:}16{:}39{.}047$ to yield you with a normal looking
- NOTE Confidence: 0.862845380769231
- $00{:}16{:}39{.}047 \dashrightarrow 00{:}16{:}41{.}058$ breast at the end of your operation.
- NOTE Confidence: 0.862845380769231
- $00:16:41.060 \rightarrow 00:16:45.702$ However, as you approach the 20 and 40%
- NOTE Confidence: 0.862845380769231
- $00:16:45.702 \rightarrow 00:16:47.676$ range where you're going to be removing
- NOTE Confidence: 0.862845380769231
- $00{:}16{:}47.676 \dashrightarrow 00{:}16{:}49.390$ a significant portion of the breast,
- NOTE Confidence: 0.862845380769231
- 00:16:49.390 --> 00:16:49.870 oftentimes,
- NOTE Confidence: 0.862845380769231
- $00:16:49.870 \longrightarrow 00:16:52.750$ and the literature shows this too,
- NOTE Confidence: 0.862845380769231
- $00{:}16{:}52.750 \dashrightarrow 00{:}16{:}55.074$ it's important to consult with a plastic
- NOTE Confidence: 0.862845380769231
- $00:16:55.074 \rightarrow 00:16:56.796$ surgeon because there are options
- NOTE Confidence: 0.862845380769231
- $00:16:56.796 \longrightarrow 00:16:58.476$ that don't involve more surgery.
- NOTE Confidence: 0.862845380769231
- $00:16:58.480 \longrightarrow 00:17:00.568$ Or implants or anything that's going
- NOTE Confidence: 0.862845380769231
- $00{:}17{:}00.568 \dashrightarrow 00{:}17{:}02.964$ to cause more scars on your body
- NOTE Confidence: 0.862845380769231
- $00{:}17{:}02{.}964 \dashrightarrow 00{:}17{:}05{.}060$ besides that one. Back to me scar.
- NOTE Confidence: 0.862845380769231
- $00:17:05.060 \longrightarrow 00:17:06.510$ Occasionally we can do things
- NOTE Confidence: 0.862845380769231

 $00:17:06.510 \longrightarrow 00:17:08.456$ to match the other breast too,

NOTE Confidence: 0.862845380769231

 $00:17:08.460 \rightarrow 00:17:11.236$ so this is our sort of basic guidelines

NOTE Confidence: 0.862845380769231

 $00:17:11.236 \rightarrow 00:17:14.005$ where if you have less than 20% of

NOTE Confidence: 0.862845380769231

 $00:17:14.005 \rightarrow 00:17:16.840$ breast tissue being needed to be removed,

NOTE Confidence: 0.862845380769231

 $00:17:16.840 \longrightarrow 00:17:19.174$ you oftentimes can close very simply

NOTE Confidence: 0.862845380769231

00:17:19.174 --> 00:17:22.511 and you're not going to have a very

NOTE Confidence: 0.862845380769231

 $00{:}17{:}22.511 \dashrightarrow 00{:}17{:}24.219$ cosmetic Lee noticeable difference.

NOTE Confidence: 0.862845380769231

 $00:17:24.220 \rightarrow 00:17:27.902$ As you approach the 20 to 40% range we do.

NOTE Confidence: 0.862845380769231

 $00{:}17{:}27{.}902 \dashrightarrow 00{:}17{:}30{.}266$ There are a variety of different

NOTE Confidence: 0.862845380769231

 $00:17:30.266 \longrightarrow 00:17:32.601$ techniques that we can use to

NOTE Confidence: 0.862845380769231

 $00:17:32.601 \rightarrow 00:17:34.466$ essentially squish tissue from one

NOTE Confidence: 0.862845380769231

 $00{:}17{:}34{.}540 \dashrightarrow 00{:}17{:}37{.}020$ area into the area that is now a

NOTE Confidence: 0.862845380769231

 $00{:}17{:}37{.}020 \dashrightarrow 00{:}17{:}39{.}850$ whole where the cancer used to be.

NOTE Confidence: 0.862845380769231

00:17:39.850 --> 00:17:41.890 Once we go beyond that then you need

NOTE Confidence: 0.862845380769231

 $00:17:41.890 \longrightarrow 00:17:43.956$ to think about volume of replacement

NOTE Confidence: 0.862845380769231

 $00:17:43.956 \rightarrow 00:17:45.826$ or removing tissue from somewhere

 $00:17:45.826 \rightarrow 00:17:47.961$ else outside the breast to help fill

NOTE Confidence: 0.862845380769231

 $00{:}17{:}47{.}961 \dashrightarrow 00{:}17{:}50{.}480$ in that volume and to make sure that

NOTE Confidence: 0.862845380769231

00:17:50.480 --> 00:17:53.150 you're in your own skin look normal.

NOTE Confidence: 0.862845380769231

 $00:17:53.150 \longrightarrow 00:17:55.379$ Next slide, please.

NOTE Confidence: 0.862845380769231

 $00:17:55.380 \longrightarrow 00:17:56.270$ And as you can imagine,

NOTE Confidence: 0.862845380769231

 $00:17:56.270 \rightarrow 00:17:58.250$ there are nearly limitless possibilities,

NOTE Confidence: 0.862845380769231

 $00:17:58.250 \longrightarrow 00:18:00.086$ so this is one of the fun parts of

NOTE Confidence: 0.862845380769231

00:18:00.086 --> 00:18:02.086 my job where I get to talk closely

NOTE Confidence: 0.862845380769231

00:18:02.086 --> 00:18:03.610 and work with Doctor Lynch,

NOTE Confidence: 0.862845380769231

 $00:18:03.610 \longrightarrow 00:18:05.296$ or we figure out exactly where

NOTE Confidence: 0.862845380769231

 $00:18:05.296 \longrightarrow 00:18:07.678$ that tumor is and how can we best

NOTE Confidence: 0.862845380769231

 $00{:}18{:}07{.}678 \dashrightarrow 00{:}18{:}09{.}472$ design and an incision that's going

NOTE Confidence: 0.862845380769231

 $00{:}18{:}09{.}530 \dashrightarrow 00{:}18{:}11{.}230$ to be cosmetically sensitive.

NOTE Confidence: 0.862845380769231

00:18:11.230 --> 00:18:12.634 It's not going to be right in the middle

NOTE Confidence: 0.862845380769231

 $00:18:12.634 \rightarrow 00:18:14.346$ of your face every time you look at yourself,

 $00:18:14.350 \rightarrow 00:18:16.366$ and that can easily become an clothing.

NOTE Confidence: 0.862845380769231

00:18:16.370 --> 00:18:16.958 And also,

NOTE Confidence: 0.862845380769231

 $00:18:16.958 \rightarrow 00:18:19.640$ how can we make this look nicer for you?

NOTE Confidence: 0.862845380769231

 $00:18:19.640 \longrightarrow 00:18:21.405$ Sometimes this often requires an

NOTE Confidence: 0.862845380769231

 $00:18:21.405 \longrightarrow 00:18:23.170$ operation on the other breast,

NOTE Confidence: 0.862845380769231

 $00:18:23.170 \rightarrow 00:18:25.440$ two to help it match, so these are just some.

NOTE Confidence: 0.862845380769231

 $00:18:25.440 \longrightarrow 00:18:28.560$ Examples of what we can do.

NOTE Confidence: 0.862845380769231

00:18:28.560 --> 00:18:29.070 Next

NOTE Confidence: 0.833985791875

 $00{:}18{:}30{.}470 \dashrightarrow 00{:}18{:}33{.}053$ so this patient had A and a cancer in

NOTE Confidence: 0.833985791875

 $00:18:33.053 \rightarrow 00:18:35.869$ the upper inner quadrant of the breast.

NOTE Confidence: 0.833985791875

 $00{:}18{:}35{.}870 \dashrightarrow 00{:}18{:}38{.}870$ And so we planned an operation to excise

NOTE Confidence: 0.833985791875

 $00{:}18{:}38{.}870 \dashrightarrow 00{:}18{:}41{.}482$ that to remove underlying tissue and

NOTE Confidence: 0.833985791875

 $00{:}18{:}41{.}482 \dashrightarrow 00{:}18{:}44{.}766$ to reshape both breasts in a breast

NOTE Confidence: 0.833985791875

00:18:44.766 --> 00:18:47.040 lift type operation. Next slide.

NOTE Confidence: 0.94563227

 $00:18:49.890 \rightarrow 00:18:52.902$ And so many studies have been done to to

NOTE Confidence: 0.94563227

 $00:18:52.902 \rightarrow 00:18:55.566$ demonstrate that this kind of approach

 $00:18:55.566 \rightarrow 00:18:59.067$ to breast surgery is both safe from

NOTE Confidence: 0.94563227

00:18:59.067 --> 00:19:02.059 a surgical standpoint and provides a

NOTE Confidence: 0.94563227

00:19:02.059 --> 00:19:05.286 good uncle logic outcome that we can

NOTE Confidence: 0.94563227

 $00{:}19{:}05{.}286 \dashrightarrow 00{:}19{:}07{.}376$ ensure that we are also curing the

NOTE Confidence: 0.94563227

00:19:07.376 --> 00:19:09.545 cancer in the same way that we would

NOTE Confidence: 0.94563227

 $00{:}19{:}09{.}545 \dashrightarrow 00{:}19{:}11{.}780$ be doing it with a simple lumpectomy.

NOTE Confidence: 0.94563227

 $00{:}19{:}11.780 \dashrightarrow 00{:}19{:}14.772$ So two large trials have shown that they're

NOTE Confidence: 0.94563227

 $00{:}19{:}14.772 \dashrightarrow 00{:}19{:}17.649$ both safe and effective and next slide.

NOTE Confidence: 0.94563227

 $00:19:17.650 \longrightarrow 00:19:19.568$ This is kind of a busy slide,

NOTE Confidence: 0.94563227

 $00{:}19{:}19{.}570 \dashrightarrow 00{:}19{:}23{.}193$ but if the those two last columns on coplastic

NOTE Confidence: 0.94563227

00:19:23.193 --> 00:19:26.958 breast surgery and therapeutic mammoplasty,

NOTE Confidence: 0.94563227

00:19:26.960 --> 00:19:29.277 the type of operation that we just

NOTE Confidence: 0.94563227

 $00{:}19{:}29{.}277 \dashrightarrow 00{:}19{:}32{.}103$ showed you also have the best patient

NOTE Confidence: 0.94563227

 $00{:}19{:}32{.}103 \dashrightarrow 00{:}19{:}32{.}985$ reported outcomes,

NOTE Confidence: 0.94563227

 $00{:}19{:}32{.}990 \dashrightarrow 00{:}19{:}35{.}074$ including sexual well-being, appearance,

- $00:19:35.074 \rightarrow 00:19:38.670$ emotional well being and physical well being.
- NOTE Confidence: 0.94563227
- $00{:}19{:}38.670 \dashrightarrow 00{:}19{:}41.300$ Next slide.
- NOTE Confidence: 0.94563227
- $00:19:41.300 \longrightarrow 00:19:42.931$ So this was the outcome of the
- NOTE Confidence: 0.94563227
- $00:19:42.931 \longrightarrow 00:19:44.110$ case for this patient,
- NOTE Confidence: 0.94563227
- $00{:}19{:}44{.}110 \dashrightarrow 00{:}19{:}47{.}680$ where the final tumor was
- NOTE Confidence: 0.94563227
- $00{:}19{:}47.680 \dashrightarrow 00{:}19{:}49.372$ 1.8 centimeters in size.
- NOTE Confidence: 0.94563227
- $00:19:49.372 \longrightarrow 00:19:51.064$ We achieve clear margins.
- NOTE Confidence: 0.94563227
- 00:19:51.070 --> 00:19:53.464 We did a Sentinel lymph node biopsy,
- NOTE Confidence: 0.94563227
- 00:19:53.470 --> 00:19:55.298 a limited axillary surgery,
- NOTE Confidence: 0.94563227
- $00:19:55.298 \rightarrow 00:19:58.860$ and the lymph nodes were not involved.
- NOTE Confidence: 0.94563227
- $00{:}19{:}58.860 \dashrightarrow 00{:}20{:}01.080$ Next slide.
- NOTE Confidence: 0.94563227
- $00{:}20{:}01{.}080 \dashrightarrow 00{:}20{:}03{.}643$ He sent to take a test called an
- NOTE Confidence: 0.94563227
- $00{:}20{:}03.643 \dashrightarrow 00{:}20{:}05.960$ On cotype and will move from here to
- NOTE Confidence: 0.94563227
- $00:20:06.030 \longrightarrow 00:20:08.148$ the next slide into Doctor Fenn.
- NOTE Confidence: 0.893784235714286
- 00:20:12.520 --> 00:20:14.445 So high, so as a medical oncologist,
- NOTE Confidence: 0.893784235714286
- $00:20:14.450 \rightarrow 00:20:16.746$ I typically will see patients such as this

 $00:20:16.746 \rightarrow 00:20:19.183$ one who have small lymph node negative

NOTE Confidence: 0.893784235714286

 $00:20:19.183 \rightarrow 00:20:21.570$ tumors that are hormone receptor positive.

NOTE Confidence: 0.893784235714286

 $00{:}20{:}21{.}570 \dashrightarrow 00{:}20{:}23{.}943$ Her two negative to discuss treatments that

NOTE Confidence: 0.893784235714286

 $00{:}20{:}23{.}943 \dashrightarrow 00{:}20{:}26{.}808$ we can offer to reduce the risk of recurrence

NOTE Confidence: 0.893784235714286

00:20:26.808 --> 00:20:29.329 long term and as a medical oncologist,

NOTE Confidence: 0.893784235714286

00:20:29.330 --> 00:20:31.035 and particularly interested at reducing

NOTE Confidence: 0.893784235714286

 $00{:}20{:}31.035 \dashrightarrow 00{:}20{:}33.076$ the risk of distant recurrence that

NOTE Confidence: 0.893784235714286

 $00:20:33.076 \rightarrow 00:20:34.750$ means cancer outside of the breast,

NOTE Confidence: 0.893784235714286

00:20:34.750 --> 00:20:38.138 in the lymph nodes lungs you know

NOTE Confidence: 0.893784235714286

 $00:20:38.140 \longrightarrow 00:20:40.930$ liver to reduce our increase,

NOTE Confidence: 0.893784235714286

 $00:20:40.930 \longrightarrow 00:20:42.157$ the chance that.

NOTE Confidence: 0.893784235714286

 $00{:}20{:}42.157 \dashrightarrow 00{:}20{:}44.611$ Patients will survive long term cancer

NOTE Confidence: 0.893784235714286

 $00:20:44.611 \rightarrow 00:20:47.604$ free and so for this type of breast cancer.

NOTE Confidence: 0.893784235714286

 $00{:}20{:}47.610 \dashrightarrow 00{:}20{:}50.386$ One tool that we have to assess whether

NOTE Confidence: 0.893784235714286

 $00{:}20{:}50{.}386 \dashrightarrow 00{:}20{:}53{.}090$ a patient needs chemotherapy is called

 $00{:}20{:}53.090 \dashrightarrow 00{:}20{:}55.908$ the Oncotype and we'll move to the next

NOTE Confidence: 0.893784235714286

 $00{:}20{:}55{.}908 \dashrightarrow 00{:}20{:}58{.}610$ slide and I might go back to this one.

NOTE Confidence: 0.893784235714286

 $00:20:58.610 \rightarrow 00:21:02.234$ So historically, many patients with

NOTE Confidence: 0.893784235714286

 $00:21:02.234 \rightarrow 00:21:04.574$ this profile were offered chemotherapy,

NOTE Confidence: 0.893784235714286

00:21:04.580 - 00:21:06.785 but we now know that many patients,

NOTE Confidence: 0.893784235714286

 $00{:}21{:}06.790 \dashrightarrow 00{:}21{:}09.681$ in fact, most patients with node negative NOTE Confidence: 0.893784235714286

 $00:21:09.681 \rightarrow 00:21:11.850$ hormone receptor positive breast cancer,

NOTE Confidence: 0.893784235714286

 $00:21:11.850 \rightarrow 00:21:13.992$ actually don't benefit from post operative

NOTE Confidence: 0.893784235714286

 $00:21:13.992 \rightarrow 00:21:16.719$ or what we call Advent chemotherapy.

NOTE Confidence: 0.893784235714286

 $00:21:16.720 \rightarrow 00:21:18.925$ Though there is a subset of patients

NOTE Confidence: 0.893784235714286

 $00:21:18.925 \longrightarrow 00:21:21.314$ that that do benefit in reducing

NOTE Confidence: 0.893784235714286

 $00{:}21{:}21{.}314 \dashrightarrow 00{:}21{:}23.604$ their risk by receiving chemotherapy.

NOTE Confidence: 0.893784235714286

 $00{:}21{:}23.610 \dashrightarrow 00{:}21{:}25.860$ So our goal is to identify the patients who

NOTE Confidence: 0.893784235714286

 $00:21:25.860 \rightarrow 00:21:28.039$ will benefit and offer them chemotherapy.

NOTE Confidence: 0.893784235714286

 $00:21:28.040 \longrightarrow 00:21:29.200$ And then you know,

NOTE Confidence: 0.893784235714286

 $00:21:29.200 \rightarrow 00:21:31.240$ reassure the patients who won't benefit that.

- NOTE Confidence: 0.893784235714286
- 00:21:31.240 --> 00:21:32.504 Chemotherapy is not necessary,
- NOTE Confidence: 0.893784235714286
- $00:21:32.504 \rightarrow 00:21:34.400$ and the side effects that potentially
- NOTE Confidence: 0.893784235714286
- $00:21:34.455 \longrightarrow 00:21:35.757$ could come there of our our,
- NOTE Confidence: 0.893784235714286
- $00:21:35.760 \longrightarrow 00:21:36.294$ you know,
- NOTE Confidence: 0.893784235714286
- $00:21:36.294 \longrightarrow 00:21:38.163$ we we need we can avoid them
- NOTE Confidence: 0.893784235714286
- $00:21:38.163 \rightarrow 00:21:39.929$ by avoiding chemotherapy.
- NOTE Confidence: 0.893784235714286
- $00:21:39.930 \longrightarrow 00:21:43.611$ So this Oncotype DX test is what we
- NOTE Confidence: 0.893784235714286
- $00:21:43.611 \longrightarrow 00:21:45.916$ called 21 gene recurrence score to
- NOTE Confidence: 0.893784235714286
- $00{:}21{:}45{.}916 \dashrightarrow 00{:}21{:}48{.}412$ test those developed by researchers by
- NOTE Confidence: 0.893784235714286
- $00:21:48.412 \rightarrow 00:21:51.853$ looking at a whole array of genes that NOTE Confidence: 0.893784235714286
- $00:21:51.853 \rightarrow 00:21:54.562$ are involved in breast cancer biology
- NOTE Confidence: 0.893784235714286
- $00{:}21{:}54{.}562 \dashrightarrow 00{:}21{:}58{.}118$ and identifying 16 jeans that are very
- NOTE Confidence: 0.893784235714286
- 00:21:58.118 --> 00:22:00.220 strongly associated with breast cancer.
- NOTE Confidence: 0.893784235714286
- $00{:}22{:}00{.}220$ --> $00{:}22{:}02{.}740$ Prints as well as five reference genes.
- NOTE Confidence: 0.893784235714286
- $00:22:02.740 \longrightarrow 00:22:04.120$ So when we send this test,
- NOTE Confidence: 0.893784235714286

 $00{:}22{:}04{.}120 \dashrightarrow 00{:}22{:}07{.}120$ this test is a test sent on the tumor tissue.

NOTE Confidence: 0.893784235714286

 $00{:}22{:}07{.}120 \dashrightarrow 00{:}22{:}09{.}016$ It's sent out to a lab,

NOTE Confidence: 0.893784235714286

 $00{:}22{:}09{.}020 \dashrightarrow 00{:}22{:}11{.}690$ and the levels of those 21

NOTE Confidence: 0.893784235714286

 $00:22:11.690 \rightarrow 00:22:14.166$ genes are assessed, and then,

NOTE Confidence: 0.893784235714286

 $00:22:14.166 \longrightarrow 00:22:16.438$ using a mathematical model,

NOTE Confidence: 0.893784235714286

 $00{:}22{:}16.440 \dashrightarrow 00{:}22{:}18.555$ a recurrence score that ranges

NOTE Confidence: 0.893784235714286

00:22:18.555 --> 00:22:21.520 from zero to 100 is resulted,

NOTE Confidence: 0.893784235714286

 $00:22:21.520 \longrightarrow 00:22:23.266$ as in that report that you

NOTE Confidence: 0.893784235714286

 $00:22:23.266 \longrightarrow 00:22:25.540$ just saw on the previous slide.

NOTE Confidence: 0.893784235714286

 $00:22:25.540 \longrightarrow 00:22:27.612$ So this test is what we call

NOTE Confidence: 0.893784235714286

 $00:22:27.612 \rightarrow 00:22:29.250$ both prognostic and predictive.

NOTE Confidence: 0.893784235714286

 $00{:}22{:}29{.}250 \dashrightarrow 00{:}22{:}32{.}218$ It can allow us to estimate the

NOTE Confidence: 0.893784235714286

 $00{:}22{:}32{.}218 \dashrightarrow 00{:}22{:}35{.}028$ chance that cancer comes back in nine

NOTE Confidence: 0.893784235714286

 $00:22:35.028 \rightarrow 00:22:37.326$ to 10 years with endocrine therapy,

NOTE Confidence: 0.893784235714286

 $00{:}22{:}37{.}326 \dashrightarrow 00{:}22{:}39{.}738$ which I'll talk about in the

NOTE Confidence: 0.893784235714286

 $00:22:39.738 \longrightarrow 00:22:41.059$ next slide alone,

 $00:22:41.060 \longrightarrow 00:22:44.525$ and and then it can also predict

NOTE Confidence: 0.893784235714286

 $00:22:44.530 \longrightarrow 00:22:46.427$ you know how much can we lower

NOTE Confidence: 0.893784235714286

 $00:22:46.427 \rightarrow 00:22:48.446$ that risk by adding an chemotherapy

NOTE Confidence: 0.893784235714286

 $00:22:48.446 \longrightarrow 00:22:50.720$ to that pill that I'll discuss.

NOTE Confidence: 0.893784235714286

 $00:22:50.720 \rightarrow 00:22:53.150$ So when this test was developed,

NOTE Confidence: 0.893784235714286

 $00{:}22{:}53.150 \dashrightarrow 00{:}22{:}55.182$ you know it was shown when they looked

NOTE Confidence: 0.893784235714286

 $00:22:55.182 \rightarrow 00:22:56.654$ at patients treated on previous

NOTE Confidence: 0.893784235714286

 $00{:}22{:}56{.}654 \dashrightarrow 00{:}22{:}58{.}478$ clinical trials that there's a subset

NOTE Confidence: 0.893784235714286

 $00:22:58.478 \rightarrow 00:23:00.636$ of patients with a high recurrence score

NOTE Confidence: 0.893784235714286

 $00:23:00.636 \rightarrow 00:23:02.850$ who really do benefit from chemotherapy,

NOTE Confidence: 0.893784235714286

 $00:23:02.850 \rightarrow 00:23:05.375$ whereas patients have lower scores.

NOTE Confidence: 0.893784235714286

 $00{:}23{:}05{.}380 \dashrightarrow 00{:}23{:}07{.}510$ You know the benefits less clear.

NOTE Confidence: 0.893784235714286

 $00:23:07.510 \longrightarrow 00:23:09.570$ So with this Oncotype score

NOTE Confidence: 0.893784235714286

 $00:23:09.570 \longrightarrow 00:23:11.630$ result from zero to 100,

NOTE Confidence: 0.893784235714286

 $00:23:11.630 \longrightarrow 00:23:14.519$ we consider up to 10 to be low risk,

00:23:14.520 --> 00:23:17.070 11 to 25 B intermediate risk,

NOTE Confidence: 0.893784235714286

 $00:23:17.070 \longrightarrow 00:23:19.639$ and 26 in blood above to be

NOTE Confidence: 0.86239671

 $00{:}23{:}19{.}640 \dashrightarrow 00{:}23{:}23{.}294$ high risk. And so this you know is validated NOTE Confidence: 0.86239671

 $00:23:23.294 \rightarrow 00:23:26.816$ in a clinical trial called Taylor Axe.

NOTE Confidence: 0.86239671

 $00{:}23{:}26{.}820 \dashrightarrow 00{:}23{:}29{.}417$ In which patients who had low recurrence

NOTE Confidence: 0.86239671

 $00{:}23{:}29{.}417 \dashrightarrow 00{:}23{:}31{.}439$ scores did not receive chemotherapy

NOTE Confidence: 0.86239671

 $00:23:31.439 \rightarrow 00:23:33.965$ and did quite well long term,

NOTE Confidence: 0.86239671

 $00{:}23{:}33{.}970 \dashrightarrow 00{:}23{:}35{.}495$ whereas those patients who had

NOTE Confidence: 0.86239671

 $00{:}23{:}35{.}495 \dashrightarrow 00{:}23{:}36{.}715$ high recurrence scores did.

NOTE Confidence: 0.86239671

 $00{:}23{:}36{.}720 \dashrightarrow 00{:}23{:}38{.}750$ Because we knew that already that these

NOTE Confidence: 0.86239671

00:23:38.750 --> 00:23:40.888 patients are at high risk of recurrence

NOTE Confidence: 0.86239671

00:23:40.890 --> 00:23:43.308 and then patients with an intermediate

NOTE Confidence: 0.86239671

 $00{:}23{:}43{.}308 \dashrightarrow 00{:}23{:}46{.}220$ score between 11 and 25 were randomized

NOTE Confidence: 0.86239671

 $00{:}23{:}46{.}220 \dashrightarrow 00{:}23{:}48{.}488$ flip a coin to receive chemotherapy and

NOTE Confidence: 0.86239671

 $00{:}23{:}48{.}488{\:}{-}{-}{>}{\:}00{:}23{:}51{.}179$ followed by a pill under current the rapy,

NOTE Confidence: 0.86239671

 $00:23:51.180 \longrightarrow 00:23:52.700$ or endocrine therapy alone,

- NOTE Confidence: 0.86239671
- $00:23:52.700 \longrightarrow 00:23:54.980$ and the results of this study

 $00{:}23{:}55{.}049 \dashrightarrow 00{:}23{:}57{.}049$ showed that for patients with.

NOTE Confidence: 0.86239671

00:23:57.050 --> 00:24:01.112 Are a current score of 20

NOTE Confidence: 0.86239671

 $00:24:01.112 \longrightarrow 00:24:04.478$ below 25 and below say.

NOTE Confidence: 0.86239671

00:24:04.480 --> 00:24:05.784 These patients did not,

NOTE Confidence: 0.86239671

 $00:24:05.784 \rightarrow 00:24:08.810$ in general, benefit from additional

NOTE Confidence: 0.86239671

 $00:24:08.810 \longrightarrow 00:24:11.180$ chemotherapy after surgery,

NOTE Confidence: 0.86239671

00:24:11.180 --> 00:24:12.392 and so you know,

NOTE Confidence: 0.86239671

00:24:12.392 --> 00:24:14.210 I say here post menopausal women,

NOTE Confidence: 0.86239671

 $00:24:14.210 \longrightarrow 00:24:16.208$ but really women who are over

NOTE Confidence: 0.86239671

 $00:24:16.208 \longrightarrow 00:24:18.588$ 50 like our patient here with a

NOTE Confidence: 0.86239671

 $00:24:18.588 \longrightarrow 00:24:20.538$ recurrent score at or under 25.

NOTE Confidence: 0.86239671

 $00{:}24{:}20.540 \dashrightarrow 00{:}24{:}22.598$ I really don't think benefit from

NOTE Confidence: 0.86239671

 $00{:}24{:}22{.}598 \dashrightarrow 00{:}24{:}24{.}614$ chemotherapy and you can see that NOTE Confidence: 0.86239671

 $00{:}24{:}24{.}614 \dashrightarrow 00{:}24{:}26{.}644$ on the report in the previous slide

 $00:24:26.644 \rightarrow 00:24:28.356$ they give an estimate of recurrence

NOTE Confidence: 0.86239671

 $00{:}24{:}28{.}356 \dashrightarrow 00{:}24{:}31{.}264$ risk at 9 to 10 years as patient was

NOTE Confidence: 0.86239671

 $00:24:31.264 \longrightarrow 00:24:32.940$ 9% and they estimated that really

NOTE Confidence: 0.86239671

 $00:24:32.940 \longrightarrow 00:24:34.680$ we can't lower it any further.

NOTE Confidence: 0.86239671

 $00:24:34.680 \rightarrow 00:24:36.486$ By giving chemotherapy that was less

NOTE Confidence: 0.86239671

 $00:24:36.486 \longrightarrow 00:24:39.652$ than 1% benefit for those patients,

NOTE Confidence: 0.86239671

 $00:24:39.652 \longrightarrow 00:24:41.292$ unlike our patients who are

NOTE Confidence: 0.86239671

00:24:41.292 --> 00:24:42.832 younger under 50 years old.

NOTE Confidence: 0.86239671

 $00{:}24{:}42{.}840 \dashrightarrow 00{:}24{:}45{.}384$ You know there might be some benefit from

NOTE Confidence: 0.86239671

00:24:45.384 --> 00:24:47.618 chemotherapy and the high intermediate range,

NOTE Confidence: 0.86239671

 $00{:}24{:}47.620 \dashrightarrow 00{:}24{:}50.164$ and often we take into account other features

NOTE Confidence: 0.86239671

 $00{:}24{:}50{.}164 \dashrightarrow 00{:}24{:}52{.}956$ such as the size of the tumor in the grade.

NOTE Confidence: 0.86239671

 $00:24:52.960 \longrightarrow 00:24:53.580$ But again,

NOTE Confidence: 0.86239671

 $00{:}24{:}53.580 \dashrightarrow 00{:}24{:}55.440$ for this patient with a recurrence

NOTE Confidence: 0.86239671

 $00:24:55.440 \longrightarrow 00:24:56.290$ score of 23,

NOTE Confidence: 0.86239671

00:24:56.290 --> 00:24:58.810 I would not recommend adjutant chemotherapy.

- NOTE Confidence: 0.919055483
- $00:25:01.060 \longrightarrow 00:25:03.406$ So that brings us to quick
- NOTE Confidence: 0.919055483
- $00{:}25{:}03.406 \dashrightarrow 00{:}25{:}04.970$ discussion about endocrine the rapy.
- NOTE Confidence: 0.919055483
- $00{:}25{:}04{.}970 \dashrightarrow 00{:}25{:}10{.}255$ So certainly the chemotherapy is not needed.
- NOTE Confidence: 0.919055483
- $00{:}25{:}10{.}260 \dashrightarrow 00{:}25{:}12{.}420$ Agile and endocrine the rapy will be
- NOTE Confidence: 0.919055483
- $00:25:12.420 \longrightarrow 00:25:14.410$ a really important part of this.
- NOTE Confidence: 0.919055483
- 00:25:14.410 -> 00:25:16.748 Patients care, so by this I mean
- NOTE Confidence: 0.919055483
- $00:25:16.748 \longrightarrow 00:25:19.057$ a pill that's taken once a day,
- NOTE Confidence: 0.919055483
- $00:25:19.060 \longrightarrow 00:25:20.782$ for we say at least five
- NOTE Confidence: 0.919055483
- $00:25:20.782 \longrightarrow 00:25:22.640$ years or five to 10 years,
- NOTE Confidence: 0.919055483
- $00:25:22.640 \rightarrow 00:25:24.395$ which yields a really significant
- NOTE Confidence: 0.919055483
- $00{:}25{:}24{.}395 \dashrightarrow 00{:}25{:}26{.}943$ reduction in the risk of recurrence by
- NOTE Confidence: 0.919055483
- $00{:}25{:}26{.}943 \dashrightarrow 00{:}25{:}29{.}484$ about half and death from breast cancer,
- NOTE Confidence: 0.919055483
- $00{:}25{:}29{.}490 \dashrightarrow 00{:}25{:}31{.}534$ and then has a secondary benefit of
- NOTE Confidence: 0.919055483
- $00:25:31.534 \rightarrow 00:25:33.908$ reducing the risk of a second breast cancer.
- NOTE Confidence: 0.919055483
- 00:25:33.910 > 00:25:36.060 So for post menopausal women,
- NOTE Confidence: 0.919055483

00:25:36.060 --> 00:25:37.800 just a really brief overview,

NOTE Confidence: 0.919055483

00:25:37.800 --> 00:25:40.054 a class of pills called aromatase inhibitors,

NOTE Confidence: 0.919055483

00:25:40.060 - 00:25:40.948 really the preferred.

NOTE Confidence: 0.919055483

 $00:25:40.950 \rightarrow 00:25:43.986$ Therapy to reduce breast cancer recurrence.

NOTE Confidence: 0.919055483

00:25:43.990 --> 00:25:46.188 Risk pills that many of you may

NOTE Confidence: 0.919055483

 $00{:}25{:}46.188 \dashrightarrow 00{:}25{:}49.393$ have heard of in this class include

NOTE Confidence: 0.919055483

00:25:49.393 --> 00:25:51.037 anastrozole letrozole exemestane.

NOTE Confidence: 0.919055483

 $00:25:51.040 \rightarrow 00:25:53.920$ These pills reduced estrogen levels.

NOTE Confidence: 0.919055483

 $00{:}25{:}53{.}920 \dashrightarrow 00{:}25{:}57{.}955$ Uhm, and in general these pills can be

NOTE Confidence: 0.919055483

 $00:25:57.955 \rightarrow 00:26:00.650$ quite tolerable in many patients with you.

NOTE Confidence: 0.919055483

 $00{:}26{:}00{.}650 \dashrightarrow 00{:}26{:}03{.}602$ No, no to few side effects and side

NOTE Confidence: 0.919055483

 $00:26:03.602 \rightarrow 00:26:06.222$ effects are often very manageable

NOTE Confidence: 0.919055483

 $00:26:06.222 \longrightarrow 00:26:08.025$ with various strategies,

NOTE Confidence: 0.919055483

00:26:08.030 - 00:26:09.962 but it's important to know that they

NOTE Confidence: 0.919055483

 $00:26:09.962 \rightarrow 00:26:12.579$ can carry some side effects for these

NOTE Confidence: 0.919055483

 $00:26:12.579 \rightarrow 00:26:13.878$ particular limitation inhibitors.

 $00{:}26{:}13.880 \dashrightarrow 00{:}26{:}17.840$ Joint stiffness and pain may may occur

NOTE Confidence: 0.919055483

 $00:26:17.840 \rightarrow 00:26:20.115$ as well as some hormonal like symptoms

NOTE Confidence: 0.919055483

 $00:26:20.115 \rightarrow 00:26:22.159$ like hot flashes and mood changes.

NOTE Confidence: 0.919055483

 $00:26:22.160 \longrightarrow 00:26:25.184$ We also look out for bone loss.

NOTE Confidence: 0.919055483

 $00{:}26{:}25.190 \dashrightarrow 00{:}26{:}27.224$ An aromatisse inhibitors.

NOTE Confidence: 0.919055483

 $00:26:27.224 \rightarrow 00:26:30.192$ This patient had osteoporosis which

NOTE Confidence: 0.919055483

 $00{:}26{:}30{.}192 \dashrightarrow 00{:}26{:}32{.}460$ is not in and of itself a reason not

NOTE Confidence: 0.919055483

 $00:26:32.520 \rightarrow 00:26:34.500$ to offer an aromatisse inhibitor,

NOTE Confidence: 0.919055483

 $00{:}26{:}34.500 \dashrightarrow 00{:}26{:}36.236$ but we would want to make sure that

NOTE Confidence: 0.919055483

00:26:36.236 -> 00:26:38.025 we are working with her primary

NOTE Confidence: 0.919055483

 $00{:}26{:}38.025 \dashrightarrow 00{:}26{:}39.650$ doctor or endocrinologist to make

NOTE Confidence: 0.919055483

 $00:26:39.650 \longrightarrow 00:26:41.781$ sure that we're reversing any other

NOTE Confidence: 0.919055483

 $00:26:41.781 \longrightarrow 00:26:42.828$ causes of osteoporosis.

NOTE Confidence: 0.919055483

00:26:42.830 --> 00:26:45.672 Make sure that her vitamin D levels

NOTE Confidence: 0.919055483

 $00:26:45.672 \rightarrow 00:26:48.350$ are optimized and then also potentially

 $00:26:48.350 \longrightarrow 00:26:51.802$ offer an Ivy medication to enhance you

NOTE Confidence: 0.919055483

 $00{:}26{:}51{.}802 \dashrightarrow 00{:}26{:}55{.}834$ know bone strength and reduce bone loss.

NOTE Confidence: 0.919055483

 $00:26:55.840 \longrightarrow 00:26:57.949$ The alternative endocrine therapy

NOTE Confidence: 0.919055483

 $00:26:57.949 \longrightarrow 00:26:59.026$ is called tamoxifen.

NOTE Confidence: 0.919055483

 $00:26:59.026 \longrightarrow 00:27:01.180$ This can be offered to either

NOTE Confidence: 0.919055483

00:27:01.251 -> 00:27:03.046 pre or post menopausal women,

NOTE Confidence: 0.919055483

 $00{:}27{:}03.050 \dashrightarrow 00{:}27{:}05.350$ but in studies comparing AROMATISSE

NOTE Confidence: 0.919055483

 $00:27:05.350 \rightarrow 00:27:07.650$ inhibitors and tamoxifen is slightly

NOTE Confidence: 0.919055483

00:27:07.721 --> 00:27:10.277 less effective in post menopausal women.

NOTE Confidence: 0.919055483

 $00{:}27{:}10{.}280 \dashrightarrow 00{:}27{:}12{.}830$ These pills can have similar hormonal

NOTE Confidence: 0.919055483

00:27:12.830 --> 00:27:15.669 like symptoms and also carry a small

NOTE Confidence: 0.919055483

 $00{:}27{:}15.669 \dashrightarrow 00{:}27{:}17.790$ but increased risk of side effects

NOTE Confidence: 0.919055483

 $00{:}27{:}17.790 \dashrightarrow 00{:}27{:}20.240$ such as blood clots and uterine cancer.

NOTE Confidence: 0.919055483

 $00:27:20.240 \longrightarrow 00:27:23.464$ So really this is a kind of personalized NOTE Confidence: 0.919055483

 $00:27:23.464 \rightarrow 00:27:25.575$ discussion with the oncologist and the

NOTE Confidence: 0.919055483

 $00:27:25.575 \rightarrow 00:27:27.820$ patient to decide on endocrine therapy.

- NOTE Confidence: 0.919055483
- $00:27:27.820 \longrightarrow 00:27:30.081$ But for this patient I would potentially
- NOTE Confidence: 0.919055483
- $00{:}27{:}30{.}081 \dashrightarrow 00{:}27{:}32{.}527$ discuss with her and aromat ACE inhibitor.
- NOTE Confidence: 0.919055483
- 00:27:32.530 --> 00:27:33.710 And then, really, briefly,
- NOTE Confidence: 0.919055483
- $00:27:33.710 \longrightarrow 00:27:36.198$ in terms of how long do we treat
- NOTE Confidence: 0.919055483
- $00:27:36.198 \longrightarrow 00:27:36.848$ patients for,
- NOTE Confidence: 0.919055483
- 00:27:36.850 --> 00:27:37.666 you know,
- NOTE Confidence: 0.919055483
- 00:27:37.666 --> 00:27:40.522 our standard is at least five years,
- NOTE Confidence: 0.919055483
- $00:27:40.530 \longrightarrow 00:27:42.238$ though there are studies,
- NOTE Confidence: 0.919055483
- $00{:}27{:}42.238 \dashrightarrow 00{:}27{:}44.800$ many studies that are looking at
- NOTE Confidence: 0.919055483
- $00:27:44.878 \rightarrow 00:27:47.086$ or have looked at extending this
- NOTE Confidence: 0.919055483
- $00:27:47.086 \longrightarrow 00:27:49.299$ treatment to 7 to 10 years,
- NOTE Confidence: 0.919055483
- $00:27:49.300 \rightarrow 00:27:53.650$ and in general it's an area of controversy.
- NOTE Confidence: 0.919055483
- $00{:}27{:}53.650 \dashrightarrow 00{:}27{:}54.512$ You know,
- NOTE Confidence: 0.919055483
- $00{:}27{:}54{.}512 \dashrightarrow 00{:}27{:}56{.}667$ these studies generally show that
- NOTE Confidence: 0.919055483
- $00{:}27{:}56.667 \dashrightarrow 00{:}27{:}59.329$ there's a increased reduction in the
- NOTE Confidence: 0.919055483

 $00:27:59.329 \rightarrow 00:28:01.927$ risk of recurrence by extending therapy,

NOTE Confidence: 0.919055483

 $00:28:01.930 \longrightarrow 00:28:02.814$ but this?

NOTE Confidence: 0.919055483

 $00:28:02.814 \rightarrow 00:28:05.466$ Benefit might be more significant in

NOTE Confidence: 0.919055483

 $00:28:05.466 \rightarrow 00:28:08.310$ patients who have higher risk disease.

NOTE Confidence: 0.919055483

 $00:28:08.310 \longrightarrow 00:28:10.260$ And you know this includes patients

NOTE Confidence: 0.919055483

00:28:10.260 --> 00:28:12.820 with larger size or lymph node positive

NOTE Confidence: 0.919055483

 $00{:}28{:}12.820 \dashrightarrow 00{:}28{:}14.588$ disease who we really might strongly

NOTE Confidence: 0.919055483

00:28:14.588 --> 00:28:17.380 feel to extend to 10 years for this

NOTE Confidence: 0.919055483

 $00:28:17.454 \rightarrow 00:28:20.317$ patient with a small node negative tumor,

NOTE Confidence: 0.918608388823529

 $00{:}28{:}20{.}320 \dashrightarrow 00{:}28{:}21{.}760$ it's an individualized decision.

NOTE Confidence: 0.918608388823529

 $00{:}28{:}21.760 \dashrightarrow 00{:}28{:}24.779$ Depending on you know how well the patient's

NOTE Confidence: 0.918608388823529

 $00:28:24.779 \longrightarrow 00:28:26.779$ tolerating treatment at five years,

NOTE Confidence: 0.918608388823529

 $00{:}28{:}26.780 \dashrightarrow 00{:}28{:}28.220$ and I will mention briefly,

NOTE Confidence: 0.918608388823529

 $00{:}28{:}28{.}220 \dashrightarrow 00{:}28{:}31{.}230$ there is a test called the Breast

NOTE Confidence: 0.918608388823529

 $00{:}28{:}31{.}230 \dashrightarrow 00{:}28{:}34{.}400$ Cancer Index that is also a gene

NOTE Confidence: 0.918608388823529

 $00:28:34.400 \longrightarrow 00:28:36.188$ expression as say similar in

00:28:36.188 --> 00:28:39.028 concept to the Oncotype DX score.

NOTE Confidence: 0.918608388823529

 $00{:}28{:}39{.}030 \dashrightarrow 00{:}28{:}43{.}592$ Which can sometimes allow or help for

NOTE Confidence: 0.918608388823529

 $00:28:43.592 \rightarrow 00:28:46.356$ patients who are on the fence predict

NOTE Confidence: 0.918608388823529

 $00:28:46.356 \longrightarrow 00:28:48.492$ you know the risk of recurrence

NOTE Confidence: 0.918608388823529

 $00:28:48.492 \rightarrow 00:28:51.007$ in the years 5 to 10 after treat,

NOTE Confidence: 0.918608388823529

 $00{:}28{:}51{.}010 \dashrightarrow 00{:}28{:}53{.}224$ you know the treatment and also

NOTE Confidence: 0.918608388823529

 $00:28:53.224 \rightarrow 00:28:54.700$ predict benefit of extending

NOTE Confidence: 0.918608388823529

 $00:28:54.762 \rightarrow 00:28:56.676$ treatment and so this is something

NOTE Confidence: 0.918608388823529

00:28:56.676 - 00:28:59.130 that is not right for every patient,

NOTE Confidence: 0.918608388823529

 $00:28:59.130 \longrightarrow 00:29:01.013$ but is something that you know potentially

NOTE Confidence: 0.918608388823529

00:29:01.013 - > 00:29:02.669 might be right for this patient.

NOTE Confidence: 0.918608388823529

 $00{:}29{:}02{.}670 \dashrightarrow 00{:}29{:}04{.}721$ If she's on the fence and continuing

NOTE Confidence: 0.918608388823529

 $00:29:04.721 \longrightarrow 00:29:06.019$ endocrine therapy at Year 5.

NOTE Confidence: 0.89585229

00:29:13.060 --> 00:29:13.909 OK, I think

NOTE Confidence: 0.891937321666667

00:29:13.920 --> 00:29:15.678 I'm up. My name is Kevin.

 $00{:}29{:}15.680 \dashrightarrow 00{:}29{:}18.620$ Do I'm the radiation on cologist

NOTE Confidence: 0.891937321666667

 $00:29:18.620 \rightarrow 00:29:22.314$ here at smilow cancer care centers

NOTE Confidence: 0.891937321666667

00:29:22.314 --> 00:29:25.980 in Trumbull and you know, I I.

NOTE Confidence: 0.891937321666667

00:29:25.980 --> 00:29:28.332 I actually really liked what Pam

NOTE Confidence: 0.891937321666667

 $00:29:28.332 \longrightarrow 00:29:31.827$ said up up at the beginning of this

NOTE Confidence: 0.891937321666667

 $00{:}29{:}31{.}827 \dashrightarrow 00{:}29{:}34{.}587$ session about being a friend II.

NOTE Confidence: 0.891937321666667

 $00{:}29{:}34{.}590 \dashrightarrow 00{:}29{:}36{.}456$ I think that.

NOTE Confidence: 0.891937321666667

 $00:29:36.456 \longrightarrow 00:29:39.566$ Really, the best thing about

NOTE Confidence: 0.891937321666667

 $00:29:39.570 \rightarrow 00:29:41.605$ treating patients who are going

NOTE Confidence: 0.891937321666667

00:29:41.605 - 00:29:44.426 through a difficult time it is is

NOTE Confidence: 0.891937321666667

 $00:29:44.426 \rightarrow 00:29:46.574$ really trying to learn what the

NOTE Confidence: 0.8919373216666667

 $00:29:46.574 \rightarrow 00:29:48.634$ priorities are and what you hope

NOTE Confidence: 0.8919373216666667

 $00:29:48.634 \rightarrow 00:29:50.847$ for and and really being there

NOTE Confidence: 0.891937321666667

 $00:29:50.847 \rightarrow 00:29:53.610$ to to help you to try to get there.

NOTE Confidence: 0.891937321666667

 $00:29:53.610 \rightarrow 00:29:57.506$ And I think that's exactly what friends do.

NOTE Confidence: 0.891937321666667

00:29:57.510 - 00:29:59.813 So thank you for joining us here

- NOTE Confidence: 0.891937321666667
- $00:29:59.813 \rightarrow 00:30:02.131$ for all the attendings for joining
- NOTE Confidence: 0.891937321666667
- $00:30:02.131 \longrightarrow 00:30:04.627$ us here and and joining us.
- NOTE Confidence: 0.891937321666667
- $00:30:04.630 \longrightarrow 00:30:05.904$ The panelists.
- NOTE Confidence: 0.8919373216666667
- $00:30:05.904 \rightarrow 00:30:09.726$ The radiation therapy is is used
- NOTE Confidence: 0.8919373216666667
- $00{:}30{:}09{.}726 \dashrightarrow 00{:}30{:}12.556$ in combination with surgery in
- NOTE Confidence: 0.891937321666667
- $00:30:12.556 \longrightarrow 00:30:15.937$ order to reduce the risk of the
- NOTE Confidence: 0.891937321666667
- 00:30:16.043 --> 00:30:19.227 cancer returning after surgery.
- NOTE Confidence: 0.891937321666667
- 00:30:19.230 --> 00:30:20.980 You know it's really enabled.
- NOTE Confidence: 0.891937321666667
- $00:30:20.980 \dashrightarrow 00:30:23.026$ What Doctor Lynch referred to earlier,
- NOTE Confidence: 0.891937321666667
- $00:30:23.030 \longrightarrow 00:30:25.090$ which is a approach called
- NOTE Confidence: 0.891937321666667
- $00:30:25.090 \rightarrow 00:30:26.326$ breast conservation therapy.
- NOTE Confidence: 0.891937321666667
- 00:30:26.330 --> 00:30:27.292 That is,
- NOTE Confidence: 0.891937321666667
- 00:30:27.292 --> 00:30:30.178 instead of larger surgeries like mastectomy,
- NOTE Confidence: 0.891937321666667
- $00:30:30.180 \rightarrow 00:30:33.730$ enabling patients to preserve their
- NOTE Confidence: 0.891937321666667
- $00{:}30{:}33{.}730 \dashrightarrow 00{:}30{:}39{.}661$ breasts and to and to still maintain the
- NOTE Confidence: 0.891937321666667

 $00:30:39.661 \rightarrow 00:30:42.667$ same cure rates as larger surgeries.

NOTE Confidence: 0.891937321666667

 $00:30:42.670 \rightarrow 00:30:46.279$ And so it's been really a big advance in

NOTE Confidence: 0.891937321666667

 $00:30:46.279 \rightarrow 00:30:50.077$ terms of combination therapy between modern.

NOTE Confidence: 0.891937321666667

00:30:50.080 - 00:30:51.614 Surgeries, chemotherapy,

NOTE Confidence: 0.891937321666667

00:30:51.614 -> 00:30:53.148 systemic therapies,

NOTE Confidence: 0.891937321666667

 $00:30:53.148 \longrightarrow 00:30:56.216$ and and radiation therapies,

NOTE Confidence: 0.891937321666667

 $00{:}30{:}56{.}220 \dashrightarrow 00{:}30{:}59{.}020$ and that's been a huge advance in

NOTE Confidence: 0.891937321666667

00:30:59.020 --> 00:31:01.529 Breast Cancer Care in recent years.

NOTE Confidence: 0.891937321666667

00:31:01.530 $\operatorname{-->}$ 00:31:04.618 As as I'm showing here on this slide,

NOTE Confidence: 0.891937321666667

 $00{:}31{:}04{.}620 \dashrightarrow 00{:}31{:}07{.}188$ you know we use radiation to reduce the

NOTE Confidence: 0.891937321666667

 $00{:}31{:}07{.}188 \dashrightarrow 00{:}31{:}10{.}287$ risk of recurrence and to help cure cancer.

NOTE Confidence: 0.8919373216666667

00:31:10.290 --> 00:31:11.589 But in addition,

NOTE Confidence: 0.8919373216666667

 $00:31:11.589 \rightarrow 00:31:13.754$ and very importantly for radiation

NOTE Confidence: 0.891937321666667

 $00:31:13.754 \rightarrow 00:31:16.517$ treatment as well as all our treatments,

NOTE Confidence: 0.891937321666667

 $00{:}31{:}16{.}520 \dashrightarrow 00{:}31{:}18{.}592$ we also want to reduce the risk

NOTE Confidence: 0.891937321666667

 $00:31:18.592 \rightarrow 00:31:20.489$ of side effects from treatment,

- NOTE Confidence: 0.891937321666667
- $00:31:20.490 \rightarrow 00:31:23.206$ and so this is very important and
- NOTE Confidence: 0.891937321666667
- $00:31:23.206 \longrightarrow 00:31:27.288$ in sort of my earlier comment about
- NOTE Confidence: 0.891937321666667
- 00:31:27.288 --> 00:31:29.406 understanding patient priority,
- NOTE Confidence: 0.891937321666667
- $00:31:29.410 \rightarrow 00:31:32.595$ it's a very important thing to understand.
- NOTE Confidence: 0.8919373216666667
- $00{:}31{:}32{.}600 \dashrightarrow 00{:}31{:}34{.}772$ You know the the priorities and
- NOTE Confidence: 0.891937321666667
- $00:31:34.772 \longrightarrow 00:31:37.272$ and what a patient is is hoping
- NOTE Confidence: 0.891937321666667
- $00{:}31{:}37{.}272 \dashrightarrow 00{:}31{:}39{.}554$ for out of treatment and this is
- NOTE Confidence: 0.891937321666667
- $00:31:39.627 \rightarrow 00:31:42.052$ very important to tailor treatment
- NOTE Confidence: 0.891937321666667
- $00{:}31{:}42.052 \dashrightarrow 00{:}31{:}45.040$ around the relative benefits and the
- NOTE Confidence: 0.891937321666667
- $00:31:45.040 \longrightarrow 00:31:47.280$ relative toxicities of treatment
- NOTE Confidence: 0.891937321666667
- $00:31:47.280 \longrightarrow 00:31:48.909$ for radiation treatment.
- NOTE Confidence: 0.891937321666667
- 00:31:48.909 00:31:52.167 What we do typically is after
- NOTE Confidence: 0.891937321666667
- $00:31:52.167 \rightarrow 00:31:55.167$ surgery after a systemic therapies,
- NOTE Confidence: 0.891937321666667
- $00{:}31{:}55{.}170 \dashrightarrow 00{:}31{:}58{.}831$ we treat the breast with X rays
- NOTE Confidence: 0.891937321666667
- $00:31:58.831 \longrightarrow 00:32:02.889$ and we use X rays to clean up.
- NOTE Confidence: 0.891937321666667

00:32:02.890 --> 00:32:06.544 Any possible remaining cancer cells you know?

NOTE Confidence: 0.891937321666667

00:32:06.550 --> 00:32:08.986 Maybe just a few cells that no

NOTE Confidence: 0.891937321666667

 $00:32:08.986 \rightarrow 00:32:10.420$ one can really see,

NOTE Confidence: 0.891937321666667

 $00:32:10.420 \longrightarrow 00:32:13.836$ but we use radiation to to clean

NOTE Confidence: 0.891937321666667

 $00{:}32{:}13.836 \dashrightarrow 00{:}32{:}17.784$ up those cells and and what you're

NOTE Confidence: 0.891937321666667

 $00{:}32{:}17.784 \dashrightarrow 00{:}32{:}21.770$ seeing here is is actually a patient

NOTE Confidence: 0.891937321666667

 $00:32:21.770 \dashrightarrow 00:32:24.410$ with similar to the patient that

NOTE Confidence: 0.891937321666667

 $00{:}32{:}24{.}410 \dashrightarrow 00{:}32{:}27{.}252$ Doctor Lynch presented with a left

NOTE Confidence: 0.891937321666667

 $00{:}32{:}27{.}252 \dashrightarrow 00{:}32{:}29{.}818$ sided breast cancer and what we're

NOTE Confidence: 0.891937321666667

 $00:32:29.818 \rightarrow 00:32:33.239$ looking at here is a CT scan of the.

NOTE Confidence: 0.891937321666667

 $00:32:33.240 \rightarrow 00:32:36.334$ Patient laying down on my radiation table,

NOTE Confidence: 0.891937321666667

 $00:32:36.340 \rightarrow 00:32:38.902$ my treatment table and we're looking

NOTE Confidence: 0.8919373216666667

 $00:32:38.902 \longrightarrow 00:32:42.448$ at a CT scan where the patient is

NOTE Confidence: 0.8919373216666667

 $00:32:42.448 \longrightarrow 00:32:45.592$ laying down on their back and we're

NOTE Confidence: 0.891937321666667

 $00:32:45.592 \rightarrow 00:32:48.208$ looking from the feet up through

NOTE Confidence: 0.891937321666667

 $00:32:48.208 \longrightarrow 00:32:52.300$ to the head in kind of bread loaf

- NOTE Confidence: 0.891937321666667
- $00:32:52.300 \dashrightarrow 00:32:55.128$ slices and in the front at the top
- NOTE Confidence: 0.891937321666667
- $00:32:55.128 \longrightarrow 00:32:57.414$ of this image are the patients
- NOTE Confidence: 0.891937321666667
- $00{:}32{:}57{.}414 \dashrightarrow 00{:}33{:}00{.}291$ breasts and on the back the patient
- NOTE Confidence: 0.891937321666667
- $00{:}33{:}00{.}371 \dashrightarrow 00{:}33{:}02{.}975$ spine and in the red contours the
- NOTE Confidence: 0.89225912
- $00:33:02.980 \longrightarrow 00:33:03.662$ patient's heart.
- NOTE Confidence: 0.89225912
- $00{:}33{:}03{.}662 \dashrightarrow 00{:}33{:}05{.}708$ And these black areas to both
- NOTE Confidence: 0.89225912
- $00:33:05.708 \rightarrow 00:33:07.878$ sides of the heart or the lungs,
- NOTE Confidence: 0.89225912
- 00:33:07.880 --> 00:33:09.530 just to kind of Orient you
- NOTE Confidence: 0.89225912
- $00:33:09.530 \longrightarrow 00:33:10.860$ to what we're looking at.
- NOTE Confidence: 0.89225912
- $00:33:10.860 \longrightarrow 00:33:13.410$ And you can see that close
- NOTE Confidence: 0.89225912
- $00:33:13.410 \longrightarrow 00:33:15.889$ to the breasts on the on.
- NOTE Confidence: 0.89225912
- $00{:}33{:}15{.}890 \dashrightarrow 00{:}33{:}19{.}386$ This on the side of the left side,
- NOTE Confidence: 0.89225912
- $00{:}33{:}19{.}390 \dashrightarrow 00{:}33{:}20{.}706$ where the heart is.
- NOTE Confidence: 0.89225912
- $00{:}33{:}20.706 \dashrightarrow 00{:}33{:}22.351$ The breast is actually very
- NOTE Confidence: 0.89225912
- $00:33:22.351 \longrightarrow 00:33:24.417$ close to the lungs and the heart,
- NOTE Confidence: 0.89225912

 $00:33:24.420 \rightarrow 00:33:26.352$ and these are very important things

NOTE Confidence: 0.89225912

 $00{:}33{:}26.352 \dashrightarrow 00{:}33{:}28.294$ that we pay attention to when

NOTE Confidence: 0.89225912

 $00:33:28.294 \rightarrow 00:33:30.387$ we're thinking about how to aim the

NOTE Confidence: 0.89225912

 $00:33:30.387 \rightarrow 00:33:32.050$ radiation and things that we worry

NOTE Confidence: 0.89225912

 $00:33:32.050 \rightarrow 00:33:34.389$ about when we worry about the side effects.

NOTE Confidence: 0.89225912

 $00:33:34.390 \longrightarrow 00:33:34.836$ Radiation,

NOTE Confidence: 0.89225912

 $00{:}33{:}34.836 \dashrightarrow 00{:}33{:}37.958$ and there's some things that we can

NOTE Confidence: 0.89225912

 $00:33:37.958 \rightarrow 00:33:41.337$ do that are very simple conceptually.

NOTE Confidence: 0.89225912

00:33:41.340 --> 00:33:42.400 You know, of course,

NOTE Confidence: 0.89225912

 $00{:}33{:}42{.}400 \dashrightarrow 00{:}33{:}44{.}664$ we need to make sure that we execute

NOTE Confidence: 0.89225912

 $00:33:44.664 \rightarrow 00:33:46.553$ them correctly in order to reduce

NOTE Confidence: 0.89225912

 $00{:}33{:}46{.}553 \dashrightarrow 00{:}33{:}48{.}368$ the side effects of radiation.

NOTE Confidence: 0.89225912

 $00:33:48.370 \rightarrow 00:33:51.170$ This is one technique where very simply,

NOTE Confidence: 0.89225912

 $00{:}33{:}51{.}170 \dashrightarrow 00{:}33{:}53{.}663$ we ask the patient to take a deep breath

NOTE Confidence: 0.89225912

00:33:53.663 - > 00:33:55.800 when we treat them with radiation,

NOTE Confidence: 0.89225912

 $00:33:55.800 \rightarrow 00:33:58.810$ and you can see that by taking a deep breath,

- NOTE Confidence: 0.89225912
- 00:33:58.810 > 00:34:00.610 your chest expands and during

 $00:34:00.610 \longrightarrow 00:34:02.816$ the breath hold here on the

NOTE Confidence: 0.89225912

 $00:34:02.816 \longrightarrow 00:34:04.796$ right hand side of the screen.

NOTE Confidence: 0.89225912

 $00:34:04.800 \dashrightarrow 00:34:07.293$ You can see that and I had arrows here.

NOTE Confidence: 0.89225912

00:34:07.300 --> 00:34:07.792 I apologize,

NOTE Confidence: 0.89225912

00:34:07.792 - 00:34:09.514 I don't know where the arrows went,

NOTE Confidence: 0.89225912

 $00:34:09.520 \longrightarrow 00:34:12.184$ but you can see in the space between

NOTE Confidence: 0.89225912

 $00:34:12.184 \longrightarrow 00:34:14.418$ the breast which is in pink and

NOTE Confidence: 0.89225912

 $00{:}34{:}14{.}418 \dashrightarrow 00{:}34{:}17{.}022$ the heart which is in red that that

NOTE Confidence: 0.89225912

 $00:34:17.022 \longrightarrow 00:34:19.104$ black area the lung expands out

NOTE Confidence: 0.89225912

 $00{:}34{:}19{.}104 \dashrightarrow 00{:}34{:}21{.}380$ and puts more space between the

NOTE Confidence: 0.89225912

00:34:21.380 --> 00:34:24.286 heart and the lungs and the breast

NOTE Confidence: 0.89225912

 $00{:}34{:}24{.}286 \dashrightarrow 00{:}34{:}26{.}546$ where I'm aiming the radiation.

NOTE Confidence: 0.89225912

 $00{:}34{:}26{.}550 \dashrightarrow 00{:}34{:}29{.}486$ And so this is this pink line is

NOTE Confidence: 0.89225912

 $00{:}34{:}29{.}486 \dashrightarrow 00{:}34{:}32{.}533$ actually a an actual dose of radiation

 $00:34:32.533 \rightarrow 00:34:35.530$ that I've delivered to a patient.

NOTE Confidence: 0.89225912

 $00{:}34{:}35{.}530 \dashrightarrow 00{:}34{:}37{.}408$ And you can see that it

NOTE Confidence: 0.89225912

 $00:34:37.408 \longrightarrow 00:34:39.070$ very nicely avoids the lung.

NOTE Confidence: 0.89225912

00:34:39.070 --> 00:34:41.149 Maybe just a little bit of catching

NOTE Confidence: 0.89225912

 $00{:}34{:}41{.}149 \dashrightarrow 00{:}34{:}43{.}353$ the lung here and in the in along

NOTE Confidence: 0.89225912

 $00{:}34{:}43{.}353 \dashrightarrow 00{:}34{:}45{.}643$ the where you can see a little bit

NOTE Confidence: 0.89225912

 $00{:}34{:}45.643 \dashrightarrow 00{:}34{:}47.611$ little black area encompassed by the

NOTE Confidence: 0.89225912

 $00:34:47.611 \rightarrow 00:34:50.880$ pink and entirely avoids the heart.

NOTE Confidence: 0.89225912

 $00{:}34{:}50{.}880 \dashrightarrow 00{:}34{:}53{.}376$ And so this is one technique that we

NOTE Confidence: 0.89225912

 $00{:}34{:}53.376 \dashrightarrow 00{:}34{:}56.425$ can use to reduce the toxicities of

NOTE Confidence: 0.89225912

 $00{:}34{:}56{.}425 \dashrightarrow 00{:}34{:}59{.}270$ radiation while still maintaining cure rates.

NOTE Confidence: 0.89225912

 $00{:}34{:}59{.}270 \dashrightarrow 00{:}35{:}01{.}710$ Next slide.

NOTE Confidence: 0.89225912

 $00:35:01.710 \longrightarrow 00:35:02.372$ And then,

NOTE Confidence: 0.89225912

 $00:35:02.372 \longrightarrow 00:35:02.703$ uh,

NOTE Confidence: 0.89225912

 $00{:}35{:}02.703 \dashrightarrow 00{:}35{:}04.358$ another technique that we use

NOTE Confidence: 0.89225912

 $00:35:04.358 \rightarrow 00:35:06.383$ commonly to reduce side effects of

 $00:35:06.383 \rightarrow 00:35:08.333$ radiation is to simply have the

NOTE Confidence: 0.89225912

 $00:35:08.397 \longrightarrow 00:35:10.383$ patient lay down on their stomachs

NOTE Confidence: 0.89225912

00:35:10.383 - > 00:35:12.436 instead of laying on their back.

NOTE Confidence: 0.89225912

 $00:35:12.436 \longrightarrow 00:35:15.340$ And you can see in the this is

NOTE Confidence: 0.89225912

 $00:35:15.430 \longrightarrow 00:35:17.680$ this pink foam board here,

NOTE Confidence: 0.89225912

 $00:35:17.680 \longrightarrow 00:35:19.700$ which which this patient where

NOTE Confidence: 0.89225912

 $00:35:19.700 \rightarrow 00:35:21.720$ this simulated patient is laying

NOTE Confidence: 0.89225912

 $00:35:21.789 \longrightarrow 00:35:23.985$ on is is really a is called a

NOTE Confidence: 0.89225912

 $00{:}35{:}23.985 \dashrightarrow 00{:}35{:}26.023$ prone breast board and there's

NOTE Confidence: 0.89225912

 $00{:}35{:}26.023 \dashrightarrow 00{:}35{:}28.133$ an opening here where the breasts

NOTE Confidence: 0.89225912

 $00:35:28.133 \longrightarrow 00:35:30.371$ will fall into that opening and

NOTE Confidence: 0.89225912

 $00{:}35{:}30{.}371 \dashrightarrow 00{:}35{:}32{.}130$ away from the patient.

NOTE Confidence: 0.89225912

 $00{:}35{:}32{.}130 \dashrightarrow 00{:}35{:}34{.}962$ Body and you can see on the again

NOTE Confidence: 0.89225912

 $00{:}35{:}34{.}962 \dashrightarrow 00{:}35{:}37{.}971$ on the right side of the screen

NOTE Confidence: 0.89225912

 $00{:}35{:}37{.}971 \dashrightarrow 00{:}35{:}40{.}684$ where I have my radiation doses

 $00{:}35{:}40{.}684 \dashrightarrow 00{:}35{:}43{.}940$ on a on again this CT scan that

NOTE Confidence: 0.89225912

 $00{:}35{:}43{.}940 \dashrightarrow 00{:}35{:}46{.}206$ treating a patient supine really

NOTE Confidence: 0.89225912

00:35:46.206 --> 00:35:48.526 while we're treating the breast

NOTE Confidence: 0.89225912

 $00{:}35{:}48{.}526 \dashrightarrow 00{:}35{:}51{.}343$ well really captures a lot of this

NOTE Confidence: 0.89225912

 $00{:}35{:}51{.}343 \dashrightarrow 00{:}35{:}53{.}889$ black area the lung and we don't

NOTE Confidence: 0.89225912

 $00:35:53.889 \dashrightarrow 00:35:56.460$ want that so and you can see that

NOTE Confidence: 0.89225912

 $00{:}35{:}56{.}460 \dashrightarrow 00{:}35{:}58{.}210$ by simply repositioning the patient

NOTE Confidence: 0.89225912

 $00{:}35{:}58{.}210 \dashrightarrow 00{:}36{:}00{.}465$ the breast falls away from the body

NOTE Confidence: 0.89225912

 $00{:}36{:}00{.}465 \dashrightarrow 00{:}36{:}03{.}040$ and the lower panel away from the body and.

NOTE Confidence: 0.823771145714286

 $00{:}36{:}03{.}040 \dashrightarrow 00{:}36{:}05{.}944$ And you can actually avoid entirely a long

NOTE Confidence: 0.823771145714286

 $00{:}36{:}05{.}944 \dashrightarrow 00{:}36{:}08{.}618$ exposure by simple techniques like this.

NOTE Confidence: 0.823771145714286

 $00{:}36{:}08{.}620 \dashrightarrow 00{:}36{:}16{.}367$ So next slide. So I traditionally or

NOTE Confidence: 0.823771145714286

 $00:36:16.367 \rightarrow 00:36:19.289$ radiation therapy would be delivered by

NOTE Confidence: 0.823771145714286

 $00:36:19.289 \rightarrow 00:36:23.649$ over six to seven weeks of daily radiation,

NOTE Confidence: 0.823771145714286

 $00:36:23.650 \rightarrow 00:36:26.530$ and in recent probably the

NOTE Confidence: 0.823771145714286

 $00:36:26.530 \rightarrow 00:36:29.410$ last ten years or so.

00:36:29.410 --> 00:36:32.110 Because of advances in radiation,

NOTE Confidence: 0.823771145714286

 $00:36:32.110 \longrightarrow 00:36:34.510$ how we deliver radiation better,

NOTE Confidence: 0.823771145714286

00:36:34.510 --> 00:36:37.710 improved techniques, improved technologies,

NOTE Confidence: 0.823771145714286

 $00:36:37.710 \rightarrow 00:36:41.710$ improved understanding of breast cancer,

NOTE Confidence: 0.823771145714286

 $00:36:41.710 \longrightarrow 00:36:45.861$ biology that we've been able to actually

NOTE Confidence: 0.823771145714286

 $00:36:45.861 \rightarrow 00:36:48.930$ shorten that down to, most commonly,

NOTE Confidence: 0.823771145714286

 $00:36:48.930 \longrightarrow 00:36:52.010$ four weeks of daily radiation each day.

NOTE Confidence: 0.823771145714286

00:36:52.010 --> 00:36:54.098 Each treatment of radiation is only

NOTE Confidence: 0.823771145714286

 $00:36:54.098 \longrightarrow 00:36:57.230$ about 10 minutes, but Even so with

NOTE Confidence: 0.823771145714286

 $00:36:57.230 \longrightarrow 00:37:00.176$ this reduction from 6-7 weeks to.

NOTE Confidence: 0.823771145714286

00:37:00.176 --> 00:37:01.988 Four weeks, you know every day

NOTE Confidence: 0.823771145714286

 $00:37:01.988 \longrightarrow 00:37:03.320$ when I talked to my patients,

NOTE Confidence: 0.823771145714286

 $00{:}37{:}03{.}320 \dashrightarrow 00{:}37{:}04{.}888$ I can still tell that four weeks

NOTE Confidence: 0.823771145714286

 $00{:}37{:}04.888 \dashrightarrow 00{:}37{:}07.738$ is a lot of visits for them and I

NOTE Confidence: 0.823771145714286

 $00{:}37{:}07{.}738 \dashrightarrow 00{:}37{:}11.686$ in recent just the last few years

 $00:37:11.686 \longrightarrow 00:37:15.515$ there have been more of a data,

NOTE Confidence: 0.823771145714286

 $00{:}37{:}15{.}520 \dashrightarrow 00{:}37{:}19{.}230$ more of a push, more clinical trial.

NOTE Confidence: 0.823771145714286

 $00:37:19.230 \longrightarrow 00:37:22.398$ Results which supports in fact perhaps

NOTE Confidence: 0.823771145714286

 $00:37:22.398 \rightarrow 00:37:24.990$ even shorter treatments than that,

NOTE Confidence: 0.823771145714286

 $00:37:24.990 \longrightarrow 00:37:27.878$ potentially even as shortest,

NOTE Confidence: 0.823771145714286

 $00:37:27.878 \rightarrow 00:37:32.210$ is 5 treatments for radiation treatments,

NOTE Confidence: 0.823771145714286

 $00{:}37{:}32.210 \dashrightarrow 00{:}37{:}36.098$ and I think the discussion here that I

NOTE Confidence: 0.823771145714286

 $00:37:36.098 \rightarrow 00:37:39.507$ have with my patients is that probably

NOTE Confidence: 0.823771145714286

 $00{:}37{:}39{.}507 \dashrightarrow 00{:}37{:}42{.}356$ the most standard treatment is the rather

NOTE Confidence: 0.823771145714286

 $00:37:42.356 \rightarrow 00:37:44.847$ lengthy four weeks of daily treatment.

NOTE Confidence: 0.823771145714286

00:37:44.850 --> 00:37:46.670 However, in selected patients,

NOTE Confidence: 0.823771145714286

 $00{:}37{:}46.670 \dashrightarrow 00{:}37{:}49.400$ and if it's right for them.

NOTE Confidence: 0.823771145714286

 $00:37:49.400 \longrightarrow 00:37:51.688$ You know that, uh,

NOTE Confidence: 0.823771145714286

 $00:37{:}51.688 \dashrightarrow 00{:}37{:}53.976$ potentially shorter courses of

NOTE Confidence: 0.823771145714286

 $00{:}37{:}53.976 \dashrightarrow 00{:}37{:}56.159$ treatment would be appropriate

NOTE Confidence: 0.823771145714286

 $00:37:56.159 \rightarrow 00:37:58.997$ and safe for them to choose,

00:37:59.000 - 00:38:02.224 and I think the point here is,

NOTE Confidence: 0.823771145714286

 $00:38:02.230 \longrightarrow 00:38:03.500$ as the slide alludes to,

NOTE Confidence: 0.823771145714286

 $00:38:03.500 \longrightarrow 00:38:06.492$ it's it's not a one size fits all

NOTE Confidence: 0.823771145714286

 $00{:}38{:}06{.}492 \dashrightarrow 00{:}38{:}09{.}371$ approach for radiation and a lot of

NOTE Confidence: 0.823771145714286

 $00{:}38{:}09{.}371 \dashrightarrow 00{:}38{:}13{.}060$ it is really as just with the surgical

NOTE Confidence: 0.823771145714286

 $00:38:13.060 \dashrightarrow 00:38:15.296$ approaches and the chemotherapy.

NOTE Confidence: 0.823771145714286

 $00:38:15.300 \rightarrow 00:38:17.000$ The medical oncology approach is

NOTE Confidence: 0.823771145714286

 $00:38:17.000 \rightarrow 00:38:19.460$ that it does depend a lot on the.

NOTE Confidence: 0.823771145714286

00:38:19.460 --> 00:38:21.029 Biology, you know,

NOTE Confidence: 0.823771145714286

 $00:38:21.029 \longrightarrow 00:38:23.121$ the discussion between all

NOTE Confidence: 0.823771145714286

 $00:38:23.121 \longrightarrow 00:38:25.779$ the folks on this panel,

NOTE Confidence: 0.823771145714286

 $00:38:25.780 \longrightarrow 00:38:27.976$ the medical oncologists surgeons in order

NOTE Confidence: 0.823771145714286

 $00{:}38{:}27{.}976 \dashrightarrow 00{:}38{:}30{.}800$ to come up with a tailored approach.

NOTE Confidence: 0.823771145714286

00:38:30.800 --> 00:38:31.955 And most importantly,

NOTE Confidence: 0.823771145714286

 $00{:}38{:}31{.}955 \dashrightarrow 00{:}38{:}34{.}265$ the patience and this again goes

 $00:38:34.265 \rightarrow 00:38:36.475$ back to what I was first saying.

NOTE Confidence: 0.823771145714286

 $00{:}38{:}36{.}480 \dashrightarrow 00{:}38{:}38{.}136$ Which is, you know,

NOTE Confidence: 0.823771145714286

 $00:38:38.136 \rightarrow 00:38:40.620$ it is very important to understand

NOTE Confidence: 0.823771145714286

 $00:38:40.699 \rightarrow 00:38:42.769$ what the patient hopes for,

NOTE Confidence: 0.823771145714286

 $00:38:42.770 \rightarrow 00:38:45.080$ what they're looking for out of treatment,

NOTE Confidence: 0.823771145714286

 $00{:}38{:}45{.}080 \dashrightarrow 00{:}38{:}49{.}607$ and to be able to help them meet those.

NOTE Confidence: 0.823771145714286

 $00:38:49.610 \longrightarrow 00:38:51.719$ What they need?

NOTE Confidence: 0.823771145714286

 $00:38:51.720 \longrightarrow 00:38:54.252$ So that's my take on the

NOTE Confidence: 0.823771145714286

 $00{:}38{:}54{.}252 \dashrightarrow 00{:}38{:}56{.}490$ radiation and and you know,

NOTE Confidence: 0.823771145714286

00:38:56.490 --> 00:38:58.902 I think in terms of all

NOTE Confidence: 0.823771145714286

00:38:58.902 --> 00:39:00.108 these different approaches,

NOTE Confidence: 0.823771145714286

 $00{:}39{:}00{.}110 \dashrightarrow 00{:}39{:}01{.}972$ probably the the four week regimen is

NOTE Confidence: 0.823771145714286

 $00:39:01.972 \dashrightarrow 00:39:04.259$ what I would recommend for this patient.

NOTE Confidence: 0.79276471

 $00:39:08.070 \longrightarrow 00:39:11.538$ Great. Can go one more ahead.

NOTE Confidence: 0.79276471

 $00:39:11.540 \longrightarrow 00:39:13.927$ Will catch up to our next case.

NOTE Confidence: 0.79276471

 $00:39:13.930 \rightarrow 00:39:17.754$ So in summary, this lady was treated with.

- NOTE Confidence: 0.79276471
- 00:39:17.760 --> 00:39:19.689 Uncle plastic surgery.

00:39:19.689 --> 00:39:21.618 Sentinel node biopsy.

NOTE Confidence: 0.79276471

 $00:39:21.620 \longrightarrow 00:39:23.740$ She got pulled breast radiotherapy.

NOTE Confidence: 0.79276471

 $00:39:23.740 \dashrightarrow 00:39:26.638$ She had an Oncotype test and then

NOTE Confidence: 0.79276471

 $00:39:26.638 \rightarrow 00:39:29.369$ was treated with endocrine therapy

NOTE Confidence: 0.79276471

 $00{:}39{:}29{.}370 \dashrightarrow 00{:}39{:}33{.}360$ with a high expectation of cure.

NOTE Confidence: 0.79276471

 $00{:}39{:}33{.}360 \dashrightarrow 00{:}39{:}34{.}629$ Uhm? And then.

NOTE Confidence: 0.79276471

 $00:39:34.629 \dashrightarrow 00:39:38.650$ We can move along to the next next case.

NOTE Confidence: 0.79276471

 $00{:}39{:}38{.}650 \dashrightarrow 00{:}39{:}41{.}410$ We'll come back to survivorship at the end.

NOTE Confidence: 0.79276471

 $00{:}39{:}41{.}410 \dashrightarrow 00{:}39{:}43{.}842$ So the second case is a young woman

NOTE Confidence: 0.79276471

 $00:39:43.842 \longrightarrow 00:39:46.078$ that she's 38 years old who presented

NOTE Confidence: 0.79276471

00:39:46.078 --> 00:39:48.421 with a mass that she identified on

NOTE Confidence: 0.79276471

00:39:48.421 --> 00:39:51.452 her own breast self exam and she

NOTE Confidence: 0.79276471

 $00{:}39{:}51{.}452 \dashrightarrow 00{:}39{:}55{.}148$ had abnormal imaging and a biopsy.

NOTE Confidence: 0.79276471

 $00{:}39{:}55{.}150 \dashrightarrow 00{:}39{:}58{.}090$ And her only medical history is

00:39:58.090 --> 00:40:01.770 anxiety and depression. Next slide.

NOTE Confidence: 0.79276471

00:40:01.770 --> 00:40:04.470 Her family history includes a paternal

NOTE Confidence: 0.79276471

 $00:40:04.470 \rightarrow 00:40:06.270$ grandmother with breast cancer,

NOTE Confidence: 0.79276471

 $00:40:06.270 \rightarrow 00:40:09.420$ Gran father with prostate cancer,

NOTE Confidence: 0.79276471

 $00{:}40{:}09{.}420 \dashrightarrow 00{:}40{:}11{.}250$ and she had a palpable mass

NOTE Confidence: 0.79276471

 $00:40:11.250 \longrightarrow 00:40:13.540$ at the edge of the areola,

NOTE Confidence: 0.79276471

 $00:40:13.540 \longrightarrow 00:40:15.548$ the pigmented area the breast,

NOTE Confidence: 0.79276471

 $00:40:15.548 \rightarrow 00:40:18.172$ but it wasn't pulling on the skin or

NOTE Confidence: 0.79276471

 $00:40:18.172 \longrightarrow 00:40:22.436$ the ****** and she had no lymph nodes.

NOTE Confidence: 0.79276471

 $00:40:22.440 \longrightarrow 00:40:24.540$ Next slide.

NOTE Confidence: 0.79276471

 $00:40:24.540 \longrightarrow 00:40:26.717$ So the mammogram is done with it.

NOTE Confidence: 0.79276471

 $00{:}40{:}26.720 \dashrightarrow 00{:}40{:}29.800$ You can see the triangle on the skin there,

NOTE Confidence: 0.79276471

 $00{:}40{:}29.800 \dashrightarrow 00{:}40{:}32.222$ that seems to overlie kind of can

NOTE Confidence: 0.79276471

 $00{:}40{:}32.222 \dashrightarrow 00{:}40{:}34.805$ almost see a little triangle underneath

NOTE Confidence: 0.79276471

 $00{:}40{:}34.805 \dashrightarrow 00{:}40{:}38.228$ there in the breast tissue next slide.

NOTE Confidence: 0.915330714666667

 $00{:}40{:}40{.}310 \dashrightarrow 00{:}40{:}43{.}382$ And on ultrasound there was a small mass

 $00:40:43.382 \rightarrow 00:40:46.817$ and then another another one right nearby.

NOTE Confidence: 0.9153307146666667

00:40:46.820 --> 00:40:48.980 Neck and neck slide ****.

NOTE Confidence: 0.9153307146666667

 $00:40:48.980 \longrightarrow 00:40:50.304$ Biopsy that showed that

NOTE Confidence: 0.915330714666667

 $00:40:50.304 \rightarrow 00:40:51.959$ this was a breast cancer,

NOTE Confidence: 0.9153307146666667

 $00{:}40{:}51.960 \dashrightarrow 00{:}40{:}53.370$ but this was a different biology.

NOTE Confidence: 0.915330714666667

 $00{:}40{:}53{.}370 \dashrightarrow 00{:}40{:}56{.}240$ Breast cancer. This was a higher grade.

NOTE Confidence: 0.9153307146666667

 $00:40:56.240 \longrightarrow 00:40:59.100$ It was grade 3.

NOTE Confidence: 0.915330714666667

 $00:40:59.100 \longrightarrow 00:41:02.700$ And it was estrogen receptor negative.

NOTE Confidence: 0.9153307146666667

 $00:41:02.700 \longrightarrow 00:41:04.583$ In fact, it was what we call

NOTE Confidence: 0.915330714666667

 $00:41:04.583 \rightarrow 00:41:05.820$ triple negative breast cancer.

NOTE Confidence: 0.9153307146666667

00:41:05.820 - 00:41:08.669 There were no receptors that were

NOTE Confidence: 0.915330714666667

 $00{:}41{:}08.669 \dashrightarrow 00{:}41{:}10.643$ found on the cell surface that

NOTE Confidence: 0.9153307146666667

 $00{:}41{:}10.643 \dashrightarrow 00{:}41{:}13.493$ regulating the cell growth and the Ki.

NOTE Confidence: 0.9153307146666667

00:41:13.493 --> 00:41:16.379 67 shows that this is a.

NOTE Confidence: 0.915330714666667

 $00:41:16.380 \longrightarrow 00:41:18.350$ That's cancer where the cells

- 00:41:18.350 --> 00:41:19.926 are dividing very rapidly.
- NOTE Confidence: 0.9153307146666667
- $00:41:19.930 \longrightarrow 00:41:22.060$ Next slide.
- NOTE Confidence: 0.9153307146666667
- 00:41:22.060 -> 00:41:24.181 Breast MRI was done to make sure
- NOTE Confidence: 0.9153307146666667
- $00:41:24.181 \longrightarrow 00:41:26.599$ that there was no sign of disease
- NOTE Confidence: 0.915330714666667
- $00{:}41{:}26.599 \dashrightarrow 00{:}41{:}29.860$ elsewhere and you can see out.
- NOTE Confidence: 0.9153307146666667
- $00:41:29.860 \longrightarrow 00:41:30.876$ I see your question,
- NOTE Confidence: 0.9153307146666667
- $00:41:30.876 \longrightarrow 00:41:32.400$ I'll jump in in a minute.
- NOTE Confidence: 0.9153307146666667
- $00:41:32.400 \rightarrow 00:41:34.857$ You can see the tumor there that lights up.
- NOTE Confidence: 0.9153307146666667
- 00:41:34.860 --> 00:41:36.232 It's kind of whitish and you can
- NOTE Confidence: 0.9153307146666667
- $00:41:36.232 \rightarrow 00:41:37.698$ see the dark area in the middle,
- NOTE Confidence: 0.9153307146666667
- $00:41:37.700 \longrightarrow 00:41:40.020$ which is the biopsy clip.
- NOTE Confidence: 0.9153307146666667
- $00{:}41{:}40{.}020 \dashrightarrow 00{:}41{:}42{.}890$ The other slide shows that this tumor
- NOTE Confidence: 0.9153307146666667
- $00:41:42.890 \longrightarrow 00:41:45.579$ is not close to the ***** though,
- NOTE Confidence: 0.9153307146666667
- $00:41:45.579 \longrightarrow 00:41:47.074$ even though it's near the
- NOTE Confidence: 0.915330714666667
- 00:41:47.074 --> 00:41:48.270 center of the breast.
- NOTE Confidence: 0.9153307146666667
- $00:41:48.270 \rightarrow 00:41:50.502$ The MRI is very helpful and

- NOTE Confidence: 0.9153307146666667
- $00:41:50.502 \rightarrow 00:41:52.510$ very finely mapping the tumor.
- NOTE Confidence: 0.9153307146666667
- $00{:}41{:}52.510 \dashrightarrow 00{:}41{:}55.079$ Extent which can help us in surgical
- NOTE Confidence: 0.9153307146666667
- $00{:}41{:}55{.}079 \dashrightarrow 00{:}41{:}57{.}196$ planning down the road and I
- NOTE Confidence: 0.9153307146666667
- $00:41:57.196 \longrightarrow 00:41:59.527$ saw the question in the chat box
- NOTE Confidence: 0.9153307146666667
- $00:41:59.527 \longrightarrow 00:42:01.987$ about Grade 3 versus stage three,
- NOTE Confidence: 0.915330714666667
- $00:42:01.990 \longrightarrow 00:42:04.880$ which is a great question.
- NOTE Confidence: 0.9153307146666667
- $00:42:04.880 \longrightarrow 00:42:06.490$ And you'll notice that we we talk
- NOTE Confidence: 0.915330714666667
- $00:42:06.490 \longrightarrow 00:42:07.788$ about the stage quite a bit.
- NOTE Confidence: 0.9153307146666667
- $00:42:07.790 \longrightarrow 00:42:09.560$ In both of these cases,
- NOTE Confidence: 0.915330714666667
- $00:42:09.560 \longrightarrow 00:42:12.632$ the stage of the cancer is
- NOTE Confidence: 0.9153307146666667
- $00:42:12.632 \longrightarrow 00:42:15.300$ determined by the tumor size,
- NOTE Confidence: 0.9153307146666667
- $00{:}42{:}15{.}300 \dashrightarrow 00{:}42{:}18{.}408$ the involvement of local lymph nodes.
- NOTE Confidence: 0.9153307146666667
- $00{:}42{:}18{.}410 \dashrightarrow 00{:}42{:}21{.}630$ Any sign of metastatic disease.
- NOTE Confidence: 0.9153307146666667
- $00{:}42{:}21.630 \dashrightarrow 00{:}42{:}24.129$ And then we take into account the
- NOTE Confidence: 0.9153307146666667
- $00{:}42{:}24.130 \dashrightarrow 00{:}42{:}28.678$ the receptors on the cell surface.
- NOTE Confidence: 0.915330714666667

 $00:42:28.680 \longrightarrow 00:42:32.432$ The grade is how the cells look

NOTE Confidence: 0.9153307146666667

 $00{:}42{:}32{.}432 \dashrightarrow 00{:}42{:}34{.}924$ under the microscope and at

NOTE Confidence: 0.915330714666667

 $00:42:34.924 \longrightarrow 00:42:37.134$ how big are the nuclei.

NOTE Confidence: 0.915330714666667

 $00:42:37.140 \longrightarrow 00:42:38.820$ The middle of the cells,

NOTE Confidence: 0.915330714666667

 $00:42:38.820 \rightarrow 00:42:41.235$ and how rapidly are the cells dividing?

NOTE Confidence: 0.915330714666667

 $00:42:41.240 \longrightarrow 00:42:43.166$ Do we see things like mitosis

NOTE Confidence: 0.9153307146666667

 $00{:}42{:}43.166 \dashrightarrow 00{:}42{:}45.374$ and how are the cells organized

NOTE Confidence: 0.9153307146666667

 $00:42:45.374 \longrightarrow 00:42:48.466$ next to each other so the stage

NOTE Confidence: 0.915330714666667

 $00{:}42{:}48.466 \dashrightarrow 00{:}42{:}50.698$ takes into account all of these

NOTE Confidence: 0.9153307146666667

 $00:42:50.698 \rightarrow 00:42:53.027$ factors and the grade is just how

NOTE Confidence: 0.9153307146666667

 $00{:}42{:}53.027 \dashrightarrow 00{:}42{:}55.150$ it looks under the microscope.

NOTE Confidence: 0.942407782857143

 $00{:}42{:}57{.}790 \dashrightarrow 00{:}42{:}59{.}946$ Thanks for that question next next slide.

NOTE Confidence: 0.920969701875

 $00{:}43{:}07.660 \dashrightarrow 00{:}43{:}10.284$ So this patient is still early stage cancer

NOTE Confidence: 0.920969701875

 $00{:}43{:}10{.}284 \dashrightarrow 00{:}43{:}12{.}838$ like the other one was also stage one.

NOTE Confidence: 0.920969701875

 $00:43:12.840 \longrightarrow 00:43:14.170$ This is off stage one,

NOTE Confidence: 0.920969701875

00:43:14.170 - 00:43:16.618 but it's a different tumor biology

- NOTE Confidence: 0.920969701875
- $00{:}43{:}16.620 \dashrightarrow 00{:}43{:}20.076$ and so she then was brought to tumor
- NOTE Confidence: 0.920969701875
- $00{:}43{:}20.076 \dashrightarrow 00{:}43{:}23.347$ board for discussion and the discussion
- NOTE Confidence: 0.920969701875
- $00:43:23.347 \longrightarrow 00:43:26.432$ leaned towards chemotherapy as first
- NOTE Confidence: 0.920969701875
- $00{:}43{:}26{.}432 \dashrightarrow 00{:}43{:}29{.}929$ course of treatment next slide.
- NOTE Confidence: 0.920969701875
- $00{:}43{:}29{.}930 \dashrightarrow 00{:}43{:}30{.}800$ Back to Pam.
- NOTE Confidence: 0.920969701875
- $00{:}43{:}30{.}800 \dashrightarrow 00{:}43{:}33{.}620$ So when we meet this type of a patient,
- NOTE Confidence: 0.920969701875
- $00:43:33.620 \longrightarrow 00:43:35.078$ what are some of the issues
- NOTE Confidence: 0.920969701875
- 00:43:35.078 --> 00:43:35.807 involved in navigation?
- NOTE Confidence: 0.4789028
- 00:43:37.580 --> 00:43:40.326 So. Uhm, you know younger
- NOTE Confidence: 0.4789028
- $00:43:40.326 \longrightarrow 00:43:41.970$ ladies have a little bit other
- NOTE Confidence: 0.815762103809524
- $00:43:42.025 \rightarrow 00:43:43.603$ issues going on as a little
- NOTE Confidence: 0.815762103809524
- $00:43:43.603 \longrightarrow 00:43:45.030$ bit different than our other.
- NOTE Confidence: 0.815762103809524
- $00:43:45.030 \longrightarrow 00:43:48.060$ Our first case, she may have
- NOTE Confidence: 0.815762103809524
- $00:43:48.060 \longrightarrow 00:43:50.850$ issues with finances and working
- NOTE Confidence: 0.815762103809524
- $00:43:50.850 \longrightarrow 00:43:52.578$ just like the other lady did,
- NOTE Confidence: 0.815762103809524

 $00{:}43{:}52{.}580 \dashrightarrow 00{:}43{:}56{.}795$ but but given her age we would talk

NOTE Confidence: 0.815762103809524

 $00:43:56.795 \rightarrow 00:43:59.064$ to her about fertility preservation.

NOTE Confidence: 0.815762103809524

00:43:59.064 --> 00:44:01.506 If she's thinking about having more

NOTE Confidence: 0.815762103809524

 $00:44:01.506 \rightarrow 00:44:04.274$ children in the future, and if she is,

NOTE Confidence: 0.815762103809524

 $00{:}44{:}04{.}274 \dashrightarrow 00{:}44{:}08{.}380$ we would refer her to our interaction.

NOTE Confidence: 0.815762103809524

 $00:44:08.380 \rightarrow 00:44:09.745$ Reproductive endocrinology clinic.

NOTE Confidence: 0.815762103809524

 $00{:}44{:}09{.}745 \dashrightarrow 00{:}44{:}12{.}475$ We would also talk to her

NOTE Confidence: 0.815762103809524

 $00{:}44{:}12.475 \dashrightarrow 00{:}44{:}14.377$ about if she has children.

NOTE Confidence: 0.815762103809524

 $00:44:14.380 \rightarrow 00:44:17.836$ How do you tell your kids you have cancer

NOTE Confidence: 0.815762103809524

 $00:44:17.840 \longrightarrow 00:44:20.344$ and depending on the age of the child,

NOTE Confidence: 0.815762103809524

 $00:44:20.350 \longrightarrow 00:44:22.010$ we have different resources

NOTE Confidence: 0.815762103809524

 $00:44:22.010 \longrightarrow 00:44:24.500$ to help her to do that.

NOTE Confidence: 0.815762103809524

 $00{:}44{:}24{.}500 \dashrightarrow 00{:}44{:}26{.}916$ But we also notice that this lady has

NOTE Confidence: 0.815762103809524

 $00{:}44{:}26{.}916$ --> $00{:}44{:}29{.}260$ a history of anxiety and depression.

NOTE Confidence: 0.815762103809524

 $00:44:29.260 \rightarrow 00:44:32.816$ So while we're always assessing for that,

NOTE Confidence: 0.815762103809524

 $00{:}44{:}32{.}820 \dashrightarrow 00{:}44{:}34{.}340$ we would really be keeping

- NOTE Confidence: 0.815762103809524
- $00:44:34.340 \longrightarrow 00:44:35.860$ a close eye on her,
- NOTE Confidence: 0.815762103809524
- 00:44:35.860 --> 00:44:38.060 making sure that her depression
- NOTE Confidence: 0.815762103809524
- $00{:}44{:}38.060 \dashrightarrow 00{:}44{:}39.380$ or her anxiety.
- NOTE Confidence: 0.815762103809524
- 00:44:39.380 --> 00:44:42.124 Friday aren't a barrier to work here,
- NOTE Confidence: 0.815762103809524
- $00:44:42.130 \rightarrow 00:44:45.026$ and if her to Pressione was getting worse,
- NOTE Confidence: 0.815762103809524
- $00{:}44{:}45{.}030 \dashrightarrow 00{:}44{:}47{.}214$ we would make sure we would put the
- NOTE Confidence: 0.815762103809524
- $00:44:47.214 \rightarrow 00:44:48.357$ appropriate referrals in whether
- NOTE Confidence: 0.815762103809524
- 00:44:48.357 --> 00:44:49.977 it be to social worker psychiatry,
- NOTE Confidence: 0.815762103809524
- 00:44:49.980 --> 00:44:50.834 you know,
- NOTE Confidence: 0.815762103809524
- $00:44:50.834 \rightarrow 00:44:54.250$ we would also refer her to the psychologist.
- NOTE Confidence: 0.815762103809524
- $00:44:54.250 \rightarrow 00:44:56.038$ We also have different support groups.
- NOTE Confidence: 0.815762103809524
- $00{:}44{:}56{.}040 \dashrightarrow 00{:}44{:}58{.}332$ For younger ladies we have triple
- NOTE Confidence: 0.815762103809524
- $00:44:58.332 \rightarrow 00:45:00.613$ negative support groups and we also
- NOTE Confidence: 0.815762103809524
- $00:45:00.613 \rightarrow 00:45:02.677$ know that our percentage of our
- NOTE Confidence: 0.815762103809524
- $00{:}45{:}02.677 \dashrightarrow 00{:}45{:}04.710$ triple negative ladies do tend to
- NOTE Confidence: 0.815762103809524

 $00{:}45{:}04{.}710 \dashrightarrow 00{:}45{:}06{.}624$ be African American and there are

NOTE Confidence: 0.815762103809524

 $00{:}45{:}06{.}630 \dashrightarrow 00{:}45{:}09{.}040$ support groups that are specific

NOTE Confidence: 0.815762103809524

 $00{:}45{:}09{.}040 \dashrightarrow 00{:}45{:}11{.}450$ to African African American ladies.

NOTE Confidence: 0.815762103809524

00:45:11.450 --> 00:45:12.770 UM, so again,

NOTE Confidence: 0.815762103809524

 $00:45:12.770 \longrightarrow 00:45:15.850$ we would follow this woman very closely.

NOTE Confidence: 0.815762103809524

 $00{:}45{:}15.850 \dashrightarrow 00{:}45{:}18.587$ We would meet with her with Doctor

NOTE Confidence: 0.815762103809524

 $00:45:18.587 \rightarrow 00:45:21.502$ Fenn most likely in a multidisciplinary

NOTE Confidence: 0.815762103809524

 $00:45:21.502 \rightarrow 00:45:24.314$ clinic and and just make sure she gets.

NOTE Confidence: 0.815762103809524

 $00{:}45{:}24{.}320 \dashrightarrow 00{:}45{:}24{.}968$ To the right,

NOTE Confidence: 0.815762103809524

 $00:45:24.968 \rightarrow 00:45:27.430$ doctors at the right time and meet

NOTE Confidence: 0.815762103809524

 $00{:}45{:}27{.}430 \dashrightarrow 00{:}45{:}28{.}970$ any of her needs that may come

NOTE Confidence: 0.815762103809524

 $00:45:28.970 \longrightarrow 00:45:30.540$ up with both ladies would be.

NOTE Confidence: 0.815762103809524

 $00{:}45{:}30{.}540 \dashrightarrow 00{:}45{:}33{.}186$ We would also be talking to them

NOTE Confidence: 0.815762103809524

 $00:45:33.186 \longrightarrow 00:45:35.208$ about sexuality and intimacy and

NOTE Confidence: 0.815762103809524

 $00:45:35.208 \longrightarrow 00:45:37.650$ how does breast cancer and the

NOTE Confidence: 0.815762103809524

 $00:45:37.650 \longrightarrow 00:45:39.628$ treatment of it affect them?

00:45:39.630 --> 00:45:43.940 Yeah, so next slide please, thank you.

NOTE Confidence: 0.815762103809524

 $00:45:43.940 \longrightarrow 00:45:44.500$ Alright,

NOTE Confidence: 0.906533574615384

 $00{:}45{:}44{.}510 \dashrightarrow 00{:}45{:}47{.}238$ so I want to take us into considerations

NOTE Confidence: 0.906533574615384

 $00:45:47.238 \longrightarrow 00:45:49.568$ for this case and whether or not

NOTE Confidence: 0.906533574615384

 $00{:}45{:}49{.}568 \dashrightarrow 00{:}45{:}52{.}357$ she has a high chance to have a

NOTE Confidence: 0.906533574615384

00:45:52.357 --> 00:45:54.287 hereditary cancer risk, and so first,

NOTE Confidence: 0.906533574615384

 $00{:}45{:}54{.}287 \dashrightarrow 00{:}45{:}56{.}100$ let's start with the fact that she

NOTE Confidence: 0.906533574615384

 $00:45:56.162 \rightarrow 00:45:58.106$ has a triple negative breast cancer,

NOTE Confidence: 0.906533574615384

 $00{:}45{:}58{.}110 \dashrightarrow 00{:}46{:}00{.}329$ which is definitely a more rare type

NOTE Confidence: 0.906533574615384

 $00{:}46{:}00{.}329 \dashrightarrow 00{:}46{:}02{.}662$ of breast cancer and can be more

NOTE Confidence: 0.906533574615384

 $00:46:02.662 \rightarrow 00:46:04.307$ highly associated with genes that

NOTE Confidence: 0.906533574615384

 $00{:}46{:}04{.}307 \dashrightarrow 00{:}46{:}06{.}617$ cause a hereditary breast cancer risk.

NOTE Confidence: 0.906533574615384

 $00:46:06.620 \rightarrow 00:46:10.004$ And she's 38 so that alone are two factors,

NOTE Confidence: 0.906533574615384

 $00{:}46{:}10.010 \dashrightarrow 00{:}46{:}11.732$ independent of any other factors in

NOTE Confidence: 0.906533574615384

 $00:46:11.732 \rightarrow 00:46:13.619$ her family history that would qualify.

 $00:46:13.620 \rightarrow 00:46:15.772$ Her for an evaluation and genetic testing,

NOTE Confidence: 0.906533574615384

 $00:46:15.772 \longrightarrow 00:46:17.872$ but she also has a family history

NOTE Confidence: 0.906533574615384

 $00:46:17.872 \longrightarrow 00:46:19.780$ of breast cancer in her grandmother.

NOTE Confidence: 0.906533574615384

 $00:46:19.780 \longrightarrow 00:46:22.372$ On her paternal side as well as prostate

NOTE Confidence: 0.906533574615384

 $00:46:22.372 \longrightarrow 00:46:26.430$ cancer. In her Gran father next.

NOTE Confidence: 0.906533574615384

 $00{:}46{:}26{.}430 \dashrightarrow 00{:}46{:}29{.}502$ And with triple negative cancers in

NOTE Confidence: 0.906533574615384

00:46:29.502 --> 00:46:32.687 particular, as much as 20% of these women,

NOTE Confidence: 0.906533574615384

00:46:32.690 --> 00:46:34.925 regardless of family history will

NOTE Confidence: 0.906533574615384

 $00:46:34.925 \longrightarrow 00:46:37.725$ have a hereditary cause for that

NOTE Confidence: 0.906533574615384

 $00:46:37.725 \rightarrow 00:46:40.165$ triple negative type breast cancer.

NOTE Confidence: 0.906533574615384

 $00:46:40.170 \longrightarrow 00:46:43.019$ So that is one reason which just

NOTE Confidence: 0.906533574615384

 $00:46:43.019 \longrightarrow 00:46:45.428$ within the last month or two,

NOTE Confidence: 0.906533574615384

 $00{:}46{:}45{.}430 \dashrightarrow 00{:}46{:}47{.}764$ the NCCN guidelines have changed and

NOTE Confidence: 0.906533574615384

 $00{:}46{:}47.764 \dashrightarrow 00{:}46{:}50.253$ now recommend that all women with

NOTE Confidence: 0.906533574615384

 $00:46:50.253 \rightarrow 00:46:52.418$ triple negative type breast cancer,

NOTE Confidence: 0.906533574615384

 $00:46:52.420 \rightarrow 00:46:54.513$ regardless of when they were diagnosed in

 $00:46:54.513 \rightarrow 00:46:56.510$ regardless of what their family history.

NOTE Confidence: 0.906533574615384

 $00:46:56.510 \rightarrow 00:46:56.868$ Right,

NOTE Confidence: 0.906533574615384

 $00:46:56.868 \longrightarrow 00:46:58.658$ look like should be referred

NOTE Confidence: 0.906533574615384

 $00:46:58.658 \rightarrow 00:47:00.090$ and consider genetic testing,

NOTE Confidence: 0.906533574615384

00:47:00.090 - 00:47:02.110 so that is certainly something

NOTE Confidence: 0.906533574615384

 $00:47:02.110 \longrightarrow 00:47:04.599$ that has changed based on our

NOTE Confidence: 0.906533574615384

 $00:47:04.599 \rightarrow 00:47:06.732$ recognition of how high percentage

NOTE Confidence: 0.906533574615384

 $00:47:06.732 \rightarrow 00:47:10.029$ of these women have a genetic cause.

NOTE Confidence: 0.906533574615384

 $00{:}47{:}10.030 \dashrightarrow 00{:}47{:}12.025$ Next and so she would meet criteria

NOTE Confidence: 0.906533574615384

 $00:47:12.025 \rightarrow 00:47:13.577$ and we would definitely recommend

NOTE Confidence: 0.906533574615384

 $00{:}47{:}13.577 \dashrightarrow 00{:}47{:}16.097$ that she come and see us and and

NOTE Confidence: 0.906533574615384

 $00{:}47{:}16.161 \dashrightarrow 00{:}47{:}20.330$ consider genetic testing next.

NOTE Confidence: 0.906533574615384

 $00{:}47{:}20{.}330 \dashrightarrow 00{:}47{:}22{.}670$ And so in this particular case,

NOTE Confidence: 0.906533574615384

 $00:47:22.670 \longrightarrow 00:47:24.425$ my suspicion for a hereditary

NOTE Confidence: 0.906533574615384

00:47:24.425 --> 00:47:25.829 risk is really high,

 $00{:}47{:}25.830 \dashrightarrow 00{:}47{:}28.260$ and so this patient undergoes genetic

NOTE Confidence: 0.906533574615384

 $00:47:28.260 \longrightarrow 00:47:30.054$ testing before she has surgery,

NOTE Confidence: 0.906533574615384

 $00:47:30.054 \longrightarrow 00:47:30.746$ let's say,

NOTE Confidence: 0.906533574615384

 $00:47:30.750 \longrightarrow 00:47:34.629$ and she's found to have a BRCA one mutation,

NOTE Confidence: 0.906533574615384

 $00:47:34.630 \rightarrow 00:47:37.249$ which is just a fancy way of saying she

NOTE Confidence: 0.906533574615384

 $00{:}47{:}37{.}249 \dashrightarrow 00{:}47{:}39{.}887$ has a genetic risk and BRCA one is the

NOTE Confidence: 0.906533574615384

 $00{:}47{:}39{.}887 \dashrightarrow 00{:}47{:}42{.}767$ gene in which that defect was identified.

NOTE Confidence: 0.906533574615384

00:47:42.770 - 00:47:45.605 And so for this woman who has this new

NOTE Confidence: 0.906533574615384

 $00:47:45.605 \rightarrow 00:47:48.288$ diagnosis of a triple negative breast cancer,

NOTE Confidence: 0.906533574615384

 $00:47:48.290 \longrightarrow 00:47:50.340$ these genetic test results now.

NOTE Confidence: 0.906533574615384

 $00{:}47{:}50{.}340 \dashrightarrow 00{:}47{:}53{.}287$ Tell us that she has an additional

NOTE Confidence: 0.906533574615384

00:47:53.287 --> 00:47:56.570 risk to get a new primary cancer,

NOTE Confidence: 0.906533574615384

 $00:47:56.570 \longrightarrow 00:47:59.307$ so separate then from this new triple

NOTE Confidence: 0.906533574615384

 $00:47:59.307 \longrightarrow 00:48:01.124$ negative breast cancer and that

NOTE Confidence: 0.906533574615384

 $00:48:01.124 \rightarrow 00:48:03.420$ lifetime risk for her is 20 to 40%.

NOTE Confidence: 0.906533574615384

 $00{:}48{:}03{.}420 \dashrightarrow 00{:}48{:}05{.}820$ To that, she'd get a second breast cancer.

- NOTE Confidence: 0.906533574615384
- $00:48:05.820 \rightarrow 00:48:07.100$ Given how young she is,
- NOTE Confidence: 0.906533574615384
- $00:48:07.100 \longrightarrow 00:48:08.660$ she's probably on the higher
- NOTE Confidence: 0.906533574615384
- $00:48:08.660 \rightarrow 00:48:10.220$ end of that risk range,
- NOTE Confidence: 0.906533574615384
- $00:48:10.220 \rightarrow 00:48:12.677$ so maybe even closer to the 40% risk,
- NOTE Confidence: 0.906533574615384
- $00:48:12.677 \longrightarrow 00:48:14.896$ and so her options based on this
- NOTE Confidence: 0.906533574615384
- $00{:}48{:}14.896 \dashrightarrow 00{:}48{:}16.525$ risk might include increased
- NOTE Confidence: 0.906533574615384
- $00:48:16.525 \rightarrow 00:48:18.850$ screening of remaining breast tissue
- NOTE Confidence: 0.906533574615384
- $00:48:18.850 \longrightarrow 00:48:20.900$ depending on what surgical.
- NOTE Confidence: 0.906533574615384
- $00{:}48{:}20{.}900 \dashrightarrow 00{:}48{:}23{.}908$ Option is decided or she might meet with
- NOTE Confidence: 0.906533574615384
- $00:48:23.908 \longrightarrow 00:48:26.379$ Doctor Lynch and the plastic surgeon
- NOTE Confidence: 0.906533574615384
- $00:48:26.379 \longrightarrow 00:48:29.102$ that decide that the best approach is
- NOTE Confidence: 0.906533574615384
- $00{:}48{:}29{.}102 \dashrightarrow 00{:}48{:}31{.}504$ to undergo a bilateral mastectomy.
- NOTE Confidence: 0.906533574615384
- $00:48:31.504 \longrightarrow 00:48:33.728$ We're removing both breasts,
- NOTE Confidence: 0.906533574615384
- $00{:}48{:}33.730 \dashrightarrow 00{:}48{:}35.739$ and I'm including the cancer that's there,
- NOTE Confidence: 0.906533574615384
- $00:48:35.740 \longrightarrow 00:48:37.696$ removing the rest of the healthy
- NOTE Confidence: 0.906533574615384

 $00{:}48{:}37.696 \dashrightarrow 00{:}48{:}39.669$ breast tissue to reduce as much

NOTE Confidence: 0.906533574615384

00:48:39.669 --> 00:48:41.487 as possible that risk for the

NOTE Confidence: 0.906533574615384

 $00:48:41.487 \longrightarrow 00:48:42.970$ second primary breast cancer.

NOTE Confidence: 0.906533574615384

00:48:42.970 --> 00:48:45.310 Now BRCA one is also associated

NOTE Confidence: 0.906533574615384

 $00:48:45.310 \longrightarrow 00:48:46.480$ with ovarian cancer,

NOTE Confidence: 0.906533574615384

 $00:48:46.480 \longrightarrow 00:48:48.335$ and that risk ranges between

NOTE Confidence: 0.906533574615384

 $00{:}48{:}48{.}335 \dashrightarrow 00{:}48{:}50{.}179$ a 40 to 60% chance.

NOTE Confidence: 0.906533574615384

 $00:48:50.179 \rightarrow 00:48:53.410$ The hard part is is that there's no effective

NOTE Confidence: 0.890949718421053

 $00:48:53.481 \longrightarrow 00:48:55.137$ screening to identify ovarian

NOTE Confidence: 0.890949718421053

 $00:48:55.137 \rightarrow 00:48:57.207$ cancer at an early stage,

NOTE Confidence: 0.890949718421053

00:48:57.210 --> 00:48:58.974 meaning we caught it where we

NOTE Confidence: 0.890949718421053

 $00:48:58.974 \rightarrow 00:49:01.184$ can easily treat it and have long

NOTE Confidence: 0.890949718421053

 $00:49:01.184 \longrightarrow 00:49:02.799$ term survival for that woman.

NOTE Confidence: 0.890949718421053

 $00{:}49{:}02.800 \dashrightarrow 00{:}49{:}05.768$ And so in the absence of effective

NOTE Confidence: 0.890949718421053

00:49:05.768 --> 00:49:07.040 ovarian cancer screening,

NOTE Confidence: 0.890949718421053

 $00:49:07.040 \rightarrow 00:49:09.728$ we strongly encourage and recommend that

 $00{:}49{:}09{.}728 \dashrightarrow 00{:}49{:}13{.}160$ women with a BRCA 1 mutation elect to

NOTE Confidence: 0.890949718421053

 $00{:}49{:}13.160 \dashrightarrow 00{:}49{:}15.890$ have their ovaries and both of their

NOTE Confidence: 0.890949718421053

 $00:49:15.890 \rightarrow 00:49:17.685$ fallopian tubes surgically removed

NOTE Confidence: 0.890949718421053

 $00:49:17.685 \rightarrow 00:49:21.330$ between the ages of 35 to 40 or whenever.

NOTE Confidence: 0.890949718421053

 $00:49:21.330 \rightarrow 00:49:23.868$ They're done with their family planning,

NOTE Confidence: 0.890949718421053

 $00{:}49{:}23.870 \dashrightarrow 00{:}49{:}26.376$ and so certainly the breast cancer diagnosis

NOTE Confidence: 0.890949718421053

00:49:26.376 --> 00:49:28.772 is first and foremost in our priority

NOTE Confidence: 0.890949718421053

 $00{:}49{:}28.772 \dashrightarrow 00{:}49{:}31.349$ and her care right now at this time.

NOTE Confidence: 0.890949718421053

 $00{:}49{:}31{.}350 \dashrightarrow 00{:}49{:}33{.}150$ But this is information for future

NOTE Confidence: 0.890949718421053

 $00:49:33.150 \longrightarrow 00:49:35.298$ planning for us to think about after

NOTE Confidence: 0.890949718421053

 $00:49:35.298 \rightarrow 00:49:37.363$ we get her through this stage that

NOTE Confidence: 0.890949718421053

 $00{:}49{:}37{.}420 \dashrightarrow 00{:}49{:}39{.}190$ ovarian cancer risk is the next

NOTE Confidence: 0.890949718421053

 $00{:}49{:}39{.}190 \dashrightarrow 00{:}49{:}41{.}822$ thing that we should be focusing our

NOTE Confidence: 0.890949718421053

 $00{:}49{:}41.822 \dashrightarrow 00{:}49{:}44.650$ attention on and then with BRCA one,

NOTE Confidence: 0.890949718421053

 $00:49:44.650 \longrightarrow 00:49:47.332$ you can see a less than 5% risk

 $00:49:47.332 \longrightarrow 00:49:49.376$ for individuals to die.

NOTE Confidence: 0.890949718421053

 $00{:}49{:}49{.}380 \dashrightarrow 00{:}49{:}51{.}390$ Be diagnosed with pancreatic cancer.

NOTE Confidence: 0.890949718421053

 $00:49:51.390 \longrightarrow 00:49:52.722$ In their lifetime,

NOTE Confidence: 0.890949718421053

 $00:49:52.722 \longrightarrow 00:49:55.386$ although it's still rather low in

NOTE Confidence: 0.890949718421053

 $00{:}49{:}55{.}386 \dashrightarrow 00{:}49{:}57{.}504$ almost individuals with the BRCA

NOTE Confidence: 0.890949718421053

00:49:57.504 --> 00:50:00.952 one mutation will not go on to be

NOTE Confidence: 0.890949718421053

 $00{:}50{:}00{.}952 \dashrightarrow 00{:}50{:}02{.}908$ diagnosed with pancreatic cancer,

NOTE Confidence: 0.890949718421053

 $00:50:02.910 \rightarrow 00:50:04.910$ and so pancreatic cancer screening

NOTE Confidence: 0.890949718421053

 $00{:}50{:}04{.}910 \dashrightarrow 00{:}50{:}07{.}606$ has its limitations. It has its risks.

NOTE Confidence: 0.890949718421053

 $00:50:07.606 \rightarrow 00:50:09.850$ We're still trying to prove benefit,

NOTE Confidence: 0.890949718421053

 $00{:}50{:}09{.}850 \dashrightarrow 00{:}50{:}12{.}472$ and so we really reserve pancreatic

NOTE Confidence: 0.890949718421053

 $00:50:12.472 \longrightarrow 00:50:13.346$ cancer screening.

NOTE Confidence: 0.890949718421053

 $00{:}50{:}13{.}350 \dashrightarrow 00{:}50{:}15{.}863$ Individuals who have a BRCA one mutation

NOTE Confidence: 0.890949718421053

 $00:50:15.863 \rightarrow 00:50:18.451$ but who also have a family history

NOTE Confidence: 0.890949718421053

 $00:50:18.451 \rightarrow 00:50:21.290$ of pancreatic cancer in a close relative.

NOTE Confidence: 0.890949718421053

 $00:50:21.290 \longrightarrow 00:50:22.330$ So in this case.

 $00:50:22.330 \longrightarrow 00:50:24.418$ Since she did not have a family

NOTE Confidence: 0.890949718421053

00:50:24.418 --> 00:50:26.246 history of pancreatic cancer,

NOTE Confidence: 0.890949718421053

 $00:50:26.250 \rightarrow 00:50:28.385$ we would not strongly encourage

NOTE Confidence: 0.890949718421053

 $00:50:28.385 \longrightarrow 00:50:29.666$ consideration of pancreatic

NOTE Confidence: 0.890949718421053

 $00:50:29.666 \longrightarrow 00:50:31.248$ cancer screening in her case.

NOTE Confidence: 0.9414461

 $00:50:35.570 \longrightarrow 00:50:36.840$ And next slide for the next.

NOTE Confidence: 0.9059448625

 $00{:}50{:}39{.}050 \dashrightarrow 00{:}50{:}42{.}528$ So this is someone who in medical

NOTE Confidence: 0.9059448625

00:50:42.530 --> 00:50:44.066 oncology I would meet, you know,

NOTE Confidence: 0.9059448625

00:50:44.070 -> 00:50:45.700 before surgery and with an

NOTE Confidence: 0.9059448625

00:50:45.700 -> 00:50:47.970 eye on time I'll go through.

NOTE Confidence: 0.9059448625

00:50:47.970 --> 00:50:50.316 You know how we treat systemically

NOTE Confidence: 0.9059448625

00:50:50.316 --> 00:50:51.880 triple negative breast cancer

NOTE Confidence: 0.9059448625

 $00{:}50{:}51{.}941 \dashrightarrow 00{:}50{:}53{.}586$ and our thoughts about you.

NOTE Confidence: 0.9059448625

00:50:53.590 --> 00:50:56.378 Know timing of chemotherapy?

NOTE Confidence: 0.9059448625

 $00:50:56.380 \rightarrow 00:50:58.902$ So as we had mentioned, you know,

 $00:50:58.902 \rightarrow 00:51:00.507$ triple negative breast cancer is

NOTE Confidence: 0.9059448625

00:51:00.507 --> 00:51:02.667 a subtype of breast cancer that

NOTE Confidence: 0.9059448625

 $00{:}51{:}02.667 \dashrightarrow 00{:}51{:}04.562$ can have a particularly aggressive

NOTE Confidence: 0.9059448625

 $00:51:04.562 \rightarrow 00:51:06.735$ biology and have a propensity to

NOTE Confidence: 0.9059448625

 $00{:}51{:}06.735 \dashrightarrow 00{:}51{:}08.763$ spread elsewhere in the body quickly.

NOTE Confidence: 0.9059448625

 $00{:}51{:}08{.}770 \dashrightarrow 00{:}51{:}12{.}180$ So this is something a diagnosis

NOTE Confidence: 0.9059448625

 $00{:}51{:}12.180 \dashrightarrow 00{:}51{:}14.440$ where unfortunately because it's not

NOTE Confidence: 0.9059448625

 $00:51:14.440 \longrightarrow 00:51:16.248$ expressing the estrogen receptors

NOTE Confidence: 0.9059448625

 $00{:}51{:}16.248 \dashrightarrow 00{:}51{:}18.759$ or another protein called her two,

NOTE Confidence: 0.9059448625

 $00{:}51{:}18.760 \dashrightarrow 00{:}51{:}20.815$ we don't have traditionally targeted

NOTE Confidence: 0.9059448625

 $00:51:20.815 \rightarrow 00:51:23.254$ therapy such as under current therapy NOTE Confidence: 0.9059448625

 $00{:}51{:}23{.}254 \dashrightarrow 00{:}51{:}26{.}118$ that I mentioned in the last case to to.

NOTE Confidence: 0.9059448625

 $00{:}51{:}26.118 \dashrightarrow 00{:}51{:}27.688$ Treat these patients with and.

NOTE Confidence: 0.9059448625

 $00{:}51{:}27.690 \dashrightarrow 00{:}51{:}29.965$ So what we think of as traditional,

NOTE Confidence: 0.9059448625

00:51:29.970 --> 00:51:31.678 quote, unquote, cytotoxic chemotherapy.

NOTE Confidence: 0.9059448625

 $00:51:31.678 \rightarrow 00:51:33.813$ So traditional Ivy chemotherapy is

- NOTE Confidence: 0.9059448625
- $00:51:33.813 \rightarrow 00:51:35.726$ really the mainstay of systemic
- NOTE Confidence: 0.9059448625
- $00:51:35.726 \longrightarrow 00:51:37.158$ treatment for triple negative
- NOTE Confidence: 0.9059448625
- $00:51:37.158 \longrightarrow 00:51:39.217$ breast cancer and the vast majority
- NOTE Confidence: 0.9059448625
- $00{:}51{:}39{.}217 \dashrightarrow 00{:}51{:}40{.}822$ of patients with triple negative
- NOTE Confidence: 0.9059448625
- $00{:}51{:}40.822 \dashrightarrow 00{:}51{:}43.074$ breast cancer will need chemotherapy
- NOTE Confidence: 0.9059448625
- $00:51:43.074 \longrightarrow 00:51:45.479$ as part of their treatment.
- NOTE Confidence: 0.9059448625
- $00:51:45.480 \longrightarrow 00:51:47.472$ When we know that someone is
- NOTE Confidence: 0.9059448625
- 00:51:47.472 --> 00:51:48.800 going to need chemotherapy,
- NOTE Confidence: 0.9059448625
- $00{:}51{:}48.800 \dashrightarrow 00{:}51{:}51.184$ you know we think about whether they would
- NOTE Confidence: 0.9059448625
- 00:51:51.184 --> 00:51:53.358 benefit from chemotherapy before surgery,
- NOTE Confidence: 0.9059448625
- $00:51:53.360 \longrightarrow 00:51:55.920$ which is called neoadjuvant therapy
- NOTE Confidence: 0.9059448625
- 00:51:55.920 --> 00:51:59.166 versus going to surgery first and
- NOTE Confidence: 0.9059448625
- $00:51:59.166 \rightarrow 00:52:00.789$ doing chemotherapy afterwards.
- NOTE Confidence: 0.9059448625
- $00{:}52{:}00{.}790 \dashrightarrow 00{:}52{:}02{.}725$ But for patients with triple
- NOTE Confidence: 0.9059448625
- $00:52:02.725 \longrightarrow 00:52:03.886$ negative breast cancer,
- NOTE Confidence: 0.9059448625

 $00:52:03.890 \rightarrow 00:52:07.298$ there are particular advantages of giving

NOTE Confidence: 0.9059448625

00:52:07.298 --> 00:52:10.290 chemotherapy upfront prior to surgery,

NOTE Confidence: 0.9059448625

 $00{:}52{:}10.290 \dashrightarrow 00{:}52{:}12.066$ so these advantages include

NOTE Confidence: 0.9059448625

 $00:52:12.066 \longrightarrow 00:52:13.398$ for certain patients,

NOTE Confidence: 0.9059448625

 $00:52:13.400 \longrightarrow 00:52:15.044$ especially those who have

NOTE Confidence: 0.9059448625

 $00{:}52{:}15.044 \dashrightarrow 00{:}52{:}16.277$ more advanced tumors.

NOTE Confidence: 0.9059448625

 $00{:}52{:}16.280 \dashrightarrow 00{:}52{:}18.548$ We can shrink the tumor with

NOTE Confidence: 0.9059448625

 $00:52:18.548 \rightarrow 00:52:21.116$ chemotherapy and may allow for less

NOTE Confidence: 0.9059448625

 $00{:}52{:}21{.}116 \dashrightarrow 00{:}52{:}23{.}072$ extensive surgery and improved

NOTE Confidence: 0.9059448625

 $00{:}52{:}23.072 \dashrightarrow 00{:}52{:}25.028$ surgical and cosmetic outcomes.

NOTE Confidence: 0.9059448625

 $00:52:25.030 \rightarrow 00:52:27.136$ But from my perspective in medical

NOTE Confidence: 0.9059448625

 $00:52:27.136 \longrightarrow 00:52:28.868$ on cology and more relevant to

NOTE Confidence: 0.9059448625

 $00{:}52{:}28.868 \dashrightarrow 00{:}52{:}30.758$ this case in this woman who has

NOTE Confidence: 0.9059448625

 $00:52:30.758 \longrightarrow 00:52:32.050$ a relatively small tumor.

NOTE Confidence: 0.9059448625

 $00:52:32.050 \rightarrow 00:52:34.280$ Is that giving chemotherapy before

NOTE Confidence: 0.9059448625

 $00:52:34.280 \rightarrow 00:52:37.418$ surgery allows us to assess the response

- NOTE Confidence: 0.9059448625
- $00:52:37.418 \rightarrow 00:52:40.330$ to chemotherapy at the time of surgery?

00:52:40.330 --> 00:52:40.990 You know,

NOTE Confidence: 0.9059448625

00:52:40.990 --> 00:52:42.970 we know a proportion of patients

NOTE Confidence: 0.9059448625

 $00:52:42.970 \rightarrow 00:52:45.471$ will have what we call a pathologic

NOTE Confidence: 0.9059448625

00:52:45.471 --> 00:52:47.666 complete response or no active viable

NOTE Confidence: 0.9059448625

 $00{:}52{:}47.666 \dashrightarrow 00{:}52{:}49.760$ cancer cells in the pathology tissue

NOTE Confidence: 0.9059448625

 $00:52:49.760 \longrightarrow 00:52:52.474$ at the time of surgery and those

NOTE Confidence: 0.9059448625

 $00:52:52.474 \rightarrow 00:52:54.970$ patients you know generally have a

NOTE Confidence: 0.9059448625

 $00{:}52{:}55{.}050 \dashrightarrow 00{:}52{:}57{.}982$ good prognosis for patients who have

NOTE Confidence: 0.9059448625

 $00{:}52{:}57{.}982 \dashrightarrow 00{:}53{:}00{.}322$ residual disease or active tumor

NOTE Confidence: 0.9059448625

 $00:53:00.322 \rightarrow 00:53:03.279$ still leftover after preoperative

NOTE Confidence: 0.9059448625

 $00:53:03.279 \rightarrow 00:53:04.080$ chemotherapy.

NOTE Confidence: 0.9059448625

 $00{:}53{:}04{.}080 \dashrightarrow 00{:}53{:}06{.}366$ We know those patients may benefit

NOTE Confidence: 0.9059448625

 $00{:}53{:}06{.}366 \dashrightarrow 00{:}53{:}08{.}430$ from additional the rapy after surgery,

NOTE Confidence: 0.9059448625

 $00:53:08.430 \rightarrow 00:53:10.908$ but we wouldn't be able to identify

 $00:53:10.908 \rightarrow 00:53:13.223$ those patients unless we gave the

NOTE Confidence: 0.9059448625

 $00:53:13.223 \rightarrow 00:53:15.587$ chemotherapy upfront and assess the response.

NOTE Confidence: 0.9059448625

 $00{:}53{:}15{.}590 \dashrightarrow 00{:}53{:}15{.}940$ So

NOTE Confidence: 0.9093437225

 $00{:}53{:}15{.}950 \dashrightarrow 00{:}53{:}17{.}355$ when we think about who

NOTE Confidence: 0.9093437225

00:53:17.355 --> 00:53:18.198 should receive neoadjuvant

NOTE Confidence: 0.94533808

 $00:53:18.210 \longrightarrow 00:53:19.398$ chemotherapy for triple

NOTE Confidence: 0.94533808

 $00:53:19.398 \longrightarrow 00:53:20.586$ negative breast cancer,

NOTE Confidence: 0.94533808

 $00:53:20.590 \rightarrow 00:53:22.851$ certainly this is the standard of care

NOTE Confidence: 0.94533808

00:53:22.851 --> 00:53:24.829 for more advanced early stage breast

NOTE Confidence: 0.94533808

 $00:53:24.829 \rightarrow 00:53:27.048$ cancers such as stage two and three.

NOTE Confidence: 0.94533808

00:53:27.050 --> 00:53:28.808 But we know, you know,

NOTE Confidence: 0.94533808

 $00:53:28.810 \rightarrow 00:53:30.628$ patients are going to need chemotherapy.

NOTE Confidence: 0.94533808

 $00{:}53{:}30{.}630 \dashrightarrow 00{:}53{:}32{.}840$ We will certainly consider it

NOTE Confidence: 0.94533808

 $00:53:32.840 \rightarrow 00:53:34.608$ preoperatively for patients who

NOTE Confidence: 0.94533808

 $00:53:34.608 \rightarrow 00:53:36.729$ have slightly smaller tumors,

NOTE Confidence: 0.94533808

 $00:53:36.730 \longrightarrow 00:53:38.272$ including this patient who has a

- NOTE Confidence: 0.94533808
- $00{:}53{:}38{.}272 \dashrightarrow 00{:}53{:}40{.}120$ tumor between one and two centimeters.

00:53:40.120 --> 00:53:41.450 Certainly, you know she's young.

NOTE Confidence: 0.94533808

00:53:41.450 --> 00:53:43.158 She has aggressive biology,

NOTE Confidence: 0.94533808

 $00:53:43.158 \rightarrow 00:53:45.872$ she's a candidate for chemotherapy, I would.

NOTE Confidence: 0.94533808

 $00:53:45.872 \rightarrow 00:53:47.588$ Advocate for her to receive chemotherapy

NOTE Confidence: 0.94533808

 $00{:}53{:}47{.}590 \dashrightarrow 00{:}53{:}49{.}806$ before surgery so we can assess response

NOTE Confidence: 0.94533808

00:53:49.806 --> 00:53:52.770 and in my next I'll explain you know,

NOTE Confidence: 0.94533808

 $00:53:52.770 \rightarrow 00:53:54.876$ potential options for her after chemotherapy.

NOTE Confidence: 0.94533808

 $00:53:54.880 \longrightarrow 00:53:57.046$ If she doesn't have the optimal

NOTE Confidence: 0.94533808

 $00:53:57.046 \longrightarrow 00:53:59.750$ response at the time of surgery.

NOTE Confidence: 0.94533808

 $00:53:59.750 \longrightarrow 00:54:06.084$ And so when we think of postoperative

NOTE Confidence: 0.94533808

 $00{:}54{:}06{.}084 \dashrightarrow 00{:}54{:}08{.}900$ the rapies for residual disease

NOTE Confidence: 0.94533808

 $00:54:09.010 \rightarrow 00:54:12.418$ after neoadjuvant chemotherapy.

NOTE Confidence: 0.94533808

00:54:12.420 --> 00:54:13.276 You know,

NOTE Confidence: 0.94533808

 $00{:}54{:}13.276 \dashrightarrow 00{:}54{:}16.272$ I wanted to mention you know two

00:54:16.272 --> 00:54:18.678 options just to make aware of,

NOTE Confidence: 0.94533808

00:54:18.680 --> 00:54:19.192 you know,

NOTE Confidence: 0.94533808

00:54:19.192 --> 00:54:20.728 options that would be available to

NOTE Confidence: 0.94533808

 $00:54:20.728 \longrightarrow 00:54:22.529$ her if she did have a suboptimal

NOTE Confidence: 0.94533808

 $00{:}54{:}22{.}529 \dashrightarrow 00{:}54{:}24{.}220$ response at the time of surgery.

NOTE Confidence: 0.94533808

 $00{:}54{:}24{.}220 \dashrightarrow 00{:}54{:}26{.}775$ This concludes briefly at oral

NOTE Confidence: 0.94533808

00:54:26.775 --> 00:54:28.308 chemotherapy called Xeloda,

NOTE Confidence: 0.94533808

00:54:28.310 - > 00:54:30.285 which we know improves disease

NOTE Confidence: 0.94533808

 $00{:}54{:}30{.}285 \dashrightarrow 00{:}54{:}31{.}865$ free and overall survival,

NOTE Confidence: 0.94533808

 $00{:}54{:}31{.}870 \dashrightarrow 00{:}54{:}33{.}594$ and triple negative patients

NOTE Confidence: 0.94533808

 $00:54:33.594 \longrightarrow 00:54:34.887$ with residual disease.

NOTE Confidence: 0.94533808

 $00:54:34.890 \rightarrow 00:54:36.686$ But for her situation in particular,

NOTE Confidence: 0.94533808

 $00:54:36.686 \longrightarrow 00:54:38.476$ where she has a germline,

NOTE Confidence: 0.94533808

 $00{:}54{:}38{.}480 \dashrightarrow 00{:}54{:}40{.}905$ BRCA one mutation that she

NOTE Confidence: 0.94533808

 $00{:}54{:}40{.}905 \dashrightarrow 00{:}54{:}43{.}330$ inherited from her family members.

NOTE Confidence: 0.94533808

 $00:54:43.330 \rightarrow 00:54:45.652$ There is a drug called Elappara

- NOTE Confidence: 0.94533808
- $00:54:45.652 \longrightarrow 00:54:47.200$ or brand name Lynparza.
- NOTE Confidence: 0.94533808
- $00{:}54{:}47{.}200 \dashrightarrow 00{:}54{:}50{.}336$ That's when the class called apart inhibitor,
- NOTE Confidence: 0.94533808
- $00:54:50.340 \longrightarrow 00:54:52.164$ which prevents general terms,
- NOTE Confidence: 0.94533808
- $00:54:52.164 \longrightarrow 00:54:53.988$ prevents cancer cells from
- NOTE Confidence: 0.94533808
- $00{:}54{:}53{.}988 \dashrightarrow 00{:}54{:}55{.}430$ repairing DNA damage,
- NOTE Confidence: 0.94533808
- $00{:}54{:}55{.}430 \dashrightarrow 00{:}54{:}57{.}920$ leading to cell death and the
- NOTE Confidence: 0.94533808
- $00{:}54{:}57{.}920 \dashrightarrow 00{:}54{:}59{.}580$ patients with BRCA mutations
- NOTE Confidence: 0.94533808
- $00:54:59.654 \rightarrow 00:55:01.730$ are particularly susceptible.
- NOTE Confidence: 0.94533808
- $00{:}55{:}01{.}730 \dashrightarrow 00{:}55{:}04{.}000$ Their tumors are susceptible to
- NOTE Confidence: 0.94533808
- $00{:}55{:}04.000 \dashrightarrow 00{:}55{:}06.626$ this drug and so we have a recent
- NOTE Confidence: 0.94533808
- $00{:}55{:}06{.}626$ --> $00{:}55{:}08{.}975$ study that came out just over this
- NOTE Confidence: 0.94533808
- $00{:}55{:}08{.}975 \dashrightarrow 00{:}55{:}10{.}870$ summer called the Olympia trial NOTE Confidence: 0.94533808
- -----
- $00{:}55{:}10.870 \dashrightarrow 00{:}55{:}13.170$ that notes that Advent elaborate NOTE Confidence: 0.94533808
- 00:55:13.170 --> 00:55:15.075 can improve disease free survival.
- NOTE Confidence: 0.94533808
- $00{:}55{:}15{.}075 \dashrightarrow 00{:}55{:}17{.}420$ In patients with high risk early
- NOTE Confidence: 0.94533808

 $00{:}55{:}17{.}420 \dashrightarrow 00{:}55{:}19{.}340$ breast cancer and BRCA one mutation

NOTE Confidence: 0.94533808

 $00{:}55{:}19{.}340 \dashrightarrow 00{:}55{:}21{.}702$ and so if she had residual disease

NOTE Confidence: 0.94533808

 $00:55:21.702 \rightarrow 00:55:23.372$ at the time of surgery,

NOTE Confidence: 0.94533808

 $00:55:23.380 \rightarrow 00:55:25.844$ she could potentially benefit from this drug,

NOTE Confidence: 0.94533808

 $00:55:25.850 \longrightarrow 00:55:29.078$ and that's pretty new development.

NOTE Confidence: 0.94533808

 $00:55:29.080 \rightarrow 00:55:31.090$ That's all. Say to preserve time.

NOTE Confidence: 0.830118412

00:55:32.080 - 00:55:34.000 It's very exciting. Those changes.

NOTE Confidence: 0.830118412

 $00:55:34.000 \dashrightarrow 00:55:36.056$ I mean, thinking about in the course of

NOTE Confidence: 0.830118412

 $00{:}55{:}36.056 \dashrightarrow 00{:}55{:}38.217$ my career hub treatment of women with

NOTE Confidence: 0.830118412

 $00{:}55{:}38{.}217 \dashrightarrow 00{:}55{:}40{.}175$ triple negative breast cancer has has

NOTE Confidence: 0.830118412

 $00:55:40.175 \dashrightarrow 00:55:41.832$ improved is really, really thrilling.

NOTE Confidence: 0.830118412

 $00:55:41.832 \rightarrow 00:55:43.336$ So this patient because

NOTE Confidence: 0.830118412

 $00:55:43.336 \longrightarrow 00:55:45.520$ she has a BRCA mutation.

NOTE Confidence: 0.830118412

 $00:55:45.520 \rightarrow 00:55:47.278$ Elected to have a bilateral master of the sector of the

NOTE Confidence: 0.830118412

00:55:47.280 --> 00:55:48.702 I just wanted to comment briefly

NOTE Confidence: 0.830118412

 $00:55:48.702 \rightarrow 00:55:49.914$ on ****** sparing mastectomy

 $00:55:49.914 \longrightarrow 00:55:52.116$ which she is a candidate for.

NOTE Confidence: 0.830118412

 $00{:}55{:}52{.}120 \dashrightarrow 00{:}55{:}54{.}745$ This is a technique for both

NOTE Confidence: 0.830118412

 $00:55:54.745 \rightarrow 00:55:57.595$ treating breast cancer and for doing

NOTE Confidence: 0.830118412

 $00{:}55{:}57{.}595 \dashrightarrow 00{:}55{:}59{.}746$ prophylactic surgeries and it allows

NOTE Confidence: 0.830118412

 $00{:}55{:}59{.}746 \dashrightarrow 00{:}56{:}02{.}042$ us to preserve the entire skin of

NOTE Confidence: 0.830118412

 $00:56:02.042 \longrightarrow 00:56:04.400$ the breast including the *****.

NOTE Confidence: 0.830118412

 $00{:}56{:}04{.}400 \dashrightarrow 00{:}56{:}06{.}955$ This picture which is from a research

NOTE Confidence: 0.830118412

 $00:56:06.955 \rightarrow 00:56:09.488$ publication I think really gives a

NOTE Confidence: 0.830118412

 $00{:}56{:}09{.}488 \dashrightarrow 00{:}56{:}11{.}308$ wonderful picture 'cause patients

NOTE Confidence: 0.830118412

00:56:11.308 --> 00:56:13.924 often don't understand how we do the

NOTE Confidence: 0.830118412

 $00{:}56{:}13.924 \dashrightarrow 00{:}56{:}15.840$ operation through a very small incision.

NOTE Confidence: 0.830118412

 $00{:}56{:}15.840 \dashrightarrow 00{:}56{:}16.731$ Underneath the breast,

NOTE Confidence: 0.830118412

 $00{:}56{:}16.731 \dashrightarrow 00{:}56{:}18.810$ where we're able to remove all of

NOTE Confidence: 0.830118412

 $00{:}56{:}18.863 \dashrightarrow 00{:}56{:}20.453$ the breast tissue and maintain all

NOTE Confidence: 0.830118412

 $00{:}56{:}20{.}453 \dashrightarrow 00{:}56{:}22{.}627$ of the skin and provide exposure so

 $00:56:22.627 \rightarrow 00:56:24.354$ the plastic surgeon, my partner,

NOTE Confidence: 0.830118412

00:56:24.354 --> 00:56:25.018 Dr Mastriani,

NOTE Confidence: 0.830118412

 $00{:}56{:}25.018 \dashrightarrow 00{:}56{:}27.758$ who have done a few of these cases

NOTE Confidence: 0.830118412

 $00:56:27.758 \longrightarrow 00:56:29.792$ with can then place an implant

NOTE Confidence: 0.830118412

 $00{:}56{:}29{.}792 \dashrightarrow 00{:}56{:}32{.}650$ or can even use the patient's own

NOTE Confidence: 0.830118412

 $00{:}56{:}32.650 \dashrightarrow 00{:}56{:}34.760$ tissue to create a reconstruction.

NOTE Confidence: 0.830118412

 $00:56:34.760 \longrightarrow 00:56:36.860$ These really require the breasts

NOTE Confidence: 0.830118412

 $00:56:36.860 \longrightarrow 00:56:38.540$ can't be too large,

NOTE Confidence: 0.830118412

 $00:56:38.540 \longrightarrow 00:56:40.122$ so we have to choose the right

NOTE Confidence: 0.830118412

 $00:56:40.122 \rightarrow 00:56:41.639$ patient for the right operation.

NOTE Confidence: 0.830118412

 $00:56:41.640 \longrightarrow 00:56:43.542$ And it's also better for patients

NOTE Confidence: 0.830118412

 $00:56:43.542 \dashrightarrow 00:56:45.820$ that are not smokers next next slide.

NOTE Confidence: 0.900622558333333

 $00{:}56{:}50{.}260 \dashrightarrow 00{:}56{:}52{.}636$ And the outcomes are safe and so there

NOTE Confidence: 0.900622558333333

 $00:56:52.636 \rightarrow 00:56:55.396$ is both a registry and a large review

NOTE Confidence: 0.900622558333333

 $00:56:55.396 \rightarrow 00:56:57.229$ of multiple studies with multiple

NOTE Confidence: 0.900622558333333

 $00{:}56{:}57{.}229 \dashrightarrow 00{:}56{:}59{.}437$ patients that show that these are

 $00:56:59.437 \rightarrow 00:57:01.720$ both safe from a surgical perspective

NOTE Confidence: 0.900622558333333

 $00:57:01.720 \longrightarrow 00:57:03.670$ and from a cancer perspective,

NOTE Confidence: 0.900622558333333

 $00{:}57{:}03.670 \dashrightarrow 00{:}57{:}06.352$ and that we can still achieve a cure using

NOTE Confidence: 0.900622558333333

 $00:57:06.352 \rightarrow 00:57:08.698$ these these new operations next slide.

NOTE Confidence: 0.64405635

00:57:11.280 --> 00:57:12.340 Doctor mastriani

NOTE Confidence: 0.9795118

00:57:15.610 --> 00:57:16.780 I forgot I was on mute.

NOTE Confidence: 0.91902468

 $00:57:18.920 \longrightarrow 00:57:22.706$ So in general, when we remove the the

NOTE Confidence: 0.91902468

 $00:57:22.706 \longrightarrow 00:57:25.382$ whole gland which you're left with is

NOTE Confidence: 0.91902468

 $00{:}57{:}25{.}382 \dashrightarrow 00{:}57{:}27{.}895$ a skin skeleton or a shell basically.

NOTE Confidence: 0.91902468

 $00:57:27.900 \rightarrow 00:57:30.784$ So we have two different options currently

NOTE Confidence: 0.91902468

 $00{:}57{:}30{.}784 \dashrightarrow 00{:}57{:}33{.}609$ available to fill up that skin envelope.

NOTE Confidence: 0.91902468

 $00:57:33.610 \longrightarrow 00:57:35.518$ One is with using an implant,

NOTE Confidence: 0.91902468

 $00{:}57{:}35{.}520 \dashrightarrow 00{:}57{:}37{.}048$ and that's something that

NOTE Confidence: 0.91902468

 $00:57:37.048 \longrightarrow 00:57:38.194$ we make synthetically.

NOTE Confidence: 0.91902468

 $00:57:38.200 \longrightarrow 00:57:41.040$ It is made of silicone.

 $00:57:41.040 \rightarrow 00:57:43.206$ All of them have silicone shells.

NOTE Confidence: 0.91902468

 $00{:}57{:}43.210 \dashrightarrow 00{:}57{:}45.160$ Some of them can be filled

NOTE Confidence: 0.91902468

 $00:57:45.160 \longrightarrow 00:57:46.460$ with silicone gel itself.

NOTE Confidence: 0.91902468

 $00{:}57{:}46{.}460 \dashrightarrow 00{:}57{:}49{.}020$ Or they could also be filled with saline,

NOTE Confidence: 0.91902468

 $00{:}57{:}49{.}020 \dashrightarrow 00{:}57{:}50{.}700$ but all of the shells have silicone

NOTE Confidence: 0.91902468

 $00:57:50.700 \rightarrow 00:57:52.239$ on the outside and it's something

NOTE Confidence: 0.91902468

 $00{:}57{:}52{.}239 \dashrightarrow 00{:}57{:}54{.}024$ that we've studied for the past 50

NOTE Confidence: 0.91902468

 $00:57:54.072 \rightarrow 00:57:55.654$ years and we know that it's safe.

NOTE Confidence: 0.91902468

 $00{:}57{:}55{.}660 \dashrightarrow 00{:}57{:}58{.}018$ The other option is that we can fill in

NOTE Confidence: 0.91902468

 $00{:}57{:}58{.}018 \dashrightarrow 00{:}58{:}00{.}437$ your skin envelope with your own tissue,

NOTE Confidence: 0.91902468

00:58:00.440 --> 00:58:02.285 and this is not an implant you don't have NOTE Confidence: 0.91902468

 $00{:}58{:}02.285 \dashrightarrow 00{:}58{:}04.396$ to take any rejection medications for this,

NOTE Confidence: 0.91902468

 $00:58:04.400 \longrightarrow 00:58:05.414$ it's your body.

NOTE Confidence: 0.91902468

 $00:58:05.414 \rightarrow 00:58:07.442$ It's going to feel the most

NOTE Confidence: 0.91902468

 $00:58:07.442 \longrightarrow 00:58:08.749$ natural next slide, please.

NOTE Confidence: 0.930570054

 $00:58:14.880 \longrightarrow 00:58:16.040$ The two different kinds of

- NOTE Confidence: 0.930570054
- $00:58:16.040 \longrightarrow 00:58:17.200$ implants that we can do.
- NOTE Confidence: 0.930570054
- 00:58:17.200 --> 00:58:19.108 You'll notice on that former slide,
- NOTE Confidence: 0.930570054
- $00{:}58{:}19{.}110 \dashrightarrow 00{:}58{:}21{.}450$ there was a one stage in a two stage.
- NOTE Confidence: 0.930570054
- $00:58:21.450 \longrightarrow 00:58:22.464$ The two stages where I have
- NOTE Confidence: 0.930570054
- 00:58:22.464 --> 00:58:23.889 to put in a tissue expander,
- NOTE Confidence: 0.930570054
- $00{:}58{:}23{.}890 \dashrightarrow 00{:}58{:}25{.}970$ which is the device you see on the
- NOTE Confidence: 0.930570054
- $00:58:25.970 \rightarrow 00:58:28.150$ left that is an inflatable expander.
- NOTE Confidence: 0.930570054
- $00:58:28.150 \longrightarrow 00:58:30.691$ It allows me to add more volume
- NOTE Confidence: 0.930570054
- 00:58:30.691 --> 00:58:33.507 or take it away as we need to.
- NOTE Confidence: 0.930570054
- 00:58:33.510 --> 00:58:35.760 Based on how your wounds heal
- NOTE Confidence: 0.930570054
- $00:58:35.760 \longrightarrow 00:58:38.441$ when we do remove most of the
- NOTE Confidence: 0.930570054
- $00:58:38.441 \rightarrow 00:58:40.450$ breast to removing about 80 to 90%
- NOTE Confidence: 0.930570054
- $00:58:40.450 \longrightarrow 00:58:41.864$ of the blood flow to that skin.
- NOTE Confidence: 0.930570054
- 00:58:41.870 --> 00:58:43.832 So I want to make sure that you heal
- NOTE Confidence: 0.930570054
- $00{:}58{:}43{.}832 \dashrightarrow 00{:}58{:}47{.}770$ well so this it I guess adjustable
- NOTE Confidence: 0.930570054

 $00:58:47.770 \longrightarrow 00:58:50.566$ implant allows me to tailor make

NOTE Confidence: 0.930570054

00:58:50.566 --> 00:58:52.430 your reconstruction for you.

NOTE Confidence: 0.930570054

 $00{:}58{:}52{.}430 \dashrightarrow 00{:}58{:}54{.}670$ It also gives you an opportunity to

NOTE Confidence: 0.930570054

 $00:58:54.670 \rightarrow 00:58:57.128$ try on the size and you can walk

NOTE Confidence: 0.930570054

 $00{:}58{:}57{.}128 \dashrightarrow 00{:}58{:}59{.}673$ around with that size in your body and

NOTE Confidence: 0.930570054

 $00:58:59.673 \dashrightarrow 00:59:01.960$ decide if that's what you really like.

NOTE Confidence: 0.930570054

 $00:59:01.960 \dashrightarrow 00:59:03.886$ Oftentimes and more and more often.

NOTE Confidence: 0.930570054

 $00:59:03.890 \rightarrow 00:59:05.786$ We're able to go directly to the implant,

NOTE Confidence: 0.930570054

 $00{:}59{:}05{.}790 \dashrightarrow 00{:}59{:}08{.}454$ which is what you see on the right.

NOTE Confidence: 0.930570054

 $00{:}59{:}08{.}460 \dashrightarrow 00{:}59{:}09{.}812$ And as you'll notice,

NOTE Confidence: 0.930570054

 $00{:}59{:}09{.}812 \dashrightarrow 00{:}59{:}12{.}999$ it's not a round sphere like a water balloon.

NOTE Confidence: 0.930570054

00:59:13.000 - 00:59:15.478 We've also come along way as far

NOTE Confidence: 0.930570054

 $00{:}59{:}15{.}478 \dashrightarrow 00{:}59{:}17{.}352$ as implant technology to make it

NOTE Confidence: 0.930570054

 $00:59:17.352 \longrightarrow 00:59:19.718$ more breast shaped and to help it

NOTE Confidence: 0.930570054

 $00:59:19.718 \rightarrow 00:59:22.225$ move more fluidly with you and to

NOTE Confidence: 0.930570054

 $00:59:22.225 \longrightarrow 00:59:24.259$ feel more natural under the skin.

- NOTE Confidence: 0.930570054
- $00:59:24.260 \longrightarrow 00:59:26.410$ Next slide.
- NOTE Confidence: 0.930570054
- $00:59:26.410 \longrightarrow 00:59:27.196$ And then finally,
- NOTE Confidence: 0.930570054
- 00:59:27.196 --> 00:59:28.768 I just wanted to talk briefly
- NOTE Confidence: 0.930570054
- $00:59:28.768 \rightarrow 00:59:30.080$ about using your own skin.
- NOTE Confidence: 0.930570054
- $00:59:30.080 \longrightarrow 00:59:31.910$ This is probably the OR your
- NOTE Confidence: 0.930570054
- $00:59:31.910 \longrightarrow 00:59:33.130$ own tissue to reconstruct.
- NOTE Confidence: 0.930570054
- $00:59:33.130 \rightarrow 00:59:35.188$ This is probably the most popular option,
- NOTE Confidence: 0.930570054
- $00:59:35.190 \rightarrow 00:59:37.370$ and it's been around for more than a decade,
- NOTE Confidence: 0.930570054
- $00{:}59{:}37{.}370 \dashrightarrow 00{:}59{:}39{.}561$ but we are now becoming more facile
- NOTE Confidence: 0.930570054
- $00:59:39.561 \dashrightarrow 00:59:42.200$ and and it's becoming more mainstream.
- NOTE Confidence: 0.930570054
- $00:59:42.200 \longrightarrow 00:59:43.958$ More people are training to do
- NOTE Confidence: 0.930570054
- $00{:}59{:}43{.}958 \dashrightarrow 00{:}59{:}45{.}130$ this kind of procedure.
- NOTE Confidence: 0.930570054
- $00{:}59{:}45{.}130 \dashrightarrow 00{:}59{:}46{.}708$ It is a bit more involved.
- NOTE Confidence: 0.930570054
- $00{:}59{:}46{.}710 \dashrightarrow 00{:}59{:}49{.}230$ We can't just move up skin and
- NOTE Confidence: 0.930570054
- $00:59:49.230 \longrightarrow 00:59:50.310$ fat from anywhere.
- NOTE Confidence: 0.930570054

 $00:59:50.310 \longrightarrow 00:59:51.822$ It actually has to come with

NOTE Confidence: 0.930570054

 $00{:}59{:}51{.}822 \dashrightarrow 00{:}59{:}53{.}050$ a blood supply to it.

NOTE Confidence: 0.930570054

 $00{:}59{:}53.050 \dashrightarrow 00{:}59{:}54.849$ We need to nourish that that area.

NOTE Confidence: 0.930570054

 $00:59:54.850 \longrightarrow 00:59:56.250$ So one common place.

NOTE Confidence: 0.930570054

 $00{:}59{:}56{.}250 \dashrightarrow 00{:}59{:}58{.}350$ That we take this extra tissue

NOTE Confidence: 0.930570054

 $00:59:58.419 \rightarrow 01:00:00.339$ from it's the lower abdomen.

NOTE Confidence: 0.930570054

 $01{:}00{:}00{.}340 \dashrightarrow 01{:}00{:}01{.}798$ Often times women have a little

NOTE Confidence: 0.930570054

 $01:00:01.798 \longrightarrow 01:00:03.379$ bit of extra fat down there.

NOTE Confidence: 0.930570054

 $01{:}00{:}03.380 \dashrightarrow 01{:}00{:}05.475$ Perhaps they've had pregnancies and

NOTE Confidence: 0.930570054

 $01:00:05.475 \rightarrow 01:00:08.328$ they have a little extra skin down

NOTE Confidence: 0.930570054

 $01:00:08.328 \rightarrow 01:00:11.064$ there that is hard to exercise the way.

NOTE Confidence: 0.930570054

 $01:00:11.070 \longrightarrow 01:00:12.580$ So those kinds of patients

NOTE Confidence: 0.930570054

 $01:00:12.580 \longrightarrow 01:00:14.090$ are ideal candidates for this.

NOTE Confidence: 0.930570054

 $01{:}00{:}14.090 \dashrightarrow 01{:}00{:}15.896$ Even if you've had a caesarean section,

NOTE Confidence: 0.930570054

01:00:15.900 --> 01:00:17.796 you're still a candidate for this,

NOTE Confidence: 0.930570054

 $01:00:17.800 \longrightarrow 01:00:19.696$ so we are able to trace all of

- NOTE Confidence: 0.930570054
- $01:00:19.696 \rightarrow 01:00:21.490$ the blood vessels down into your
- NOTE Confidence: 0.930570054
- 01:00:21.490 --> 01:00:23.374 groin and reconnect them up in
- NOTE Confidence: 0.930570054
- 01:00:23.439 --> 01:00:25.219 your chest using a microscope,
- NOTE Confidence: 0.930570054
- $01:00:25.220 \rightarrow 01:00:28.180$ and we use sutures as fine as her,
- NOTE Confidence: 0.930570054
- $01:00:28.180 \longrightarrow 01:00:29.990$ so this is an intensive operation.
- NOTE Confidence: 0.930570054
- 01:00:29.990 --> 01:00:31.470 It does require special training.
- NOTE Confidence: 0.930570054
- $01:00:31.470 \longrightarrow 01:00:32.350$ But a place like?
- NOTE Confidence: 0.930570054
- $01:00:32.350 \rightarrow 01:00:34.166$ Yeah, we can offer services like this.
- NOTE Confidence: 0.930570054
- $01{:}00{:}34.170 \dashrightarrow 01{:}00{:}36.697$ We can offer a whole range of
- NOTE Confidence: 0.930570054
- 01:00:36.697 --> 01:00:37.729 reconstruction options and
- NOTE Confidence: 0.930570054
- $01:00:37.729 \longrightarrow 01:00:39.892$ then the beauty of this kind of
- NOTE Confidence: 0.930570054
- 01:00:39.892 --> 01:00:41.950 reconstruction is you don't need any
- NOTE Confidence: 0.930570054
- $01:00:41.950 \rightarrow 01:00:43.670$ long term follow-up with implants.
- NOTE Confidence: 0.930570054
- 01:00:43.670 --> 01:00:44.979 I tell my patients it's a lot
- NOTE Confidence: 0.930570054
- $01:00:44.979 \longrightarrow 01:00:46.039$ like getting an oil change.
- NOTE Confidence: 0.930570054

 $01:00:46.040 \rightarrow 01:00:47.816$ You're going to come in every 10 to

NOTE Confidence: 0.930570054

 $01{:}00{:}47.816 \dashrightarrow 01{:}00{:}49.927$ 15 years to get the implant switched out.

NOTE Confidence: 0.930570054

01:00:49.930 --> 01:00:51.550 And while it's an outpatient surgery,

NOTE Confidence: 0.927798526

01:00:51.550 --> 01:00:52.978 it's still another surgery.

NOTE Confidence: 0.927798526

 $01:00:52.978 \rightarrow 01:00:55.120$ Whereas if you undergo this option,

NOTE Confidence: 0.927798526

 $01{:}00{:}55{.}120 \dashrightarrow 01{:}00{:}56{.}132$ you're done with reconstruction

NOTE Confidence: 0.927798526

 $01:00:56.132 \longrightarrow 01:00:57.650$ for the rest of your life.

NOTE Confidence: 0.927798526

 $01{:}00{:}57.650 \dashrightarrow 01{:}00{:}59.122$ You don't need to come in for oil

NOTE Confidence: 0.927798526

 $01:00:59.122 \longrightarrow 01:01:00.339$ changes or anything like that.

NOTE Confidence: 0.9819155

 $01:01:03.640 \longrightarrow 01:01:04.220$ Next

NOTE Confidence: 0.9228034166666667

 $01{:}01{:}09{.}110 \dashrightarrow 01{:}01{:}11{.}546$ so our patient had that operation,

NOTE Confidence: 0.9228034166666667

01:01:11.550 --> 01:01:13.580 she had an implant based

NOTE Confidence: 0.9228034166666667

 $01{:}01{:}13.580 \dashrightarrow 01{:}01{:}15.204$ reconstruction next next slide.

NOTE Confidence: 0.917916781428571

 $01{:}01{:}17{.}910 \dashrightarrow 01{:}01{:}20{.}199$ And she had a complete pathologic response.

NOTE Confidence: 0.917916781428571

 $01{:}01{:}20{.}200 \dashrightarrow 01{:}01{:}22{.}336$ So at she had a tumor.

NOTE Confidence: 0.917916781428571

 $01:01:22.340 \rightarrow 01:01:24.770$ There she received her chemotherapy,

- NOTE Confidence: 0.917916781428571
- $01:01:24.770 \longrightarrow 01:01:25.855$ and then at the time of the
- NOTE Confidence: 0.917916781428571
- $01:01:25.860 \rightarrow 01:01:28.108$ surgery the tumor was gone,
- NOTE Confidence: 0.917916781428571
- $01:01:28.108 \longrightarrow 01:01:30.010$ which tells us that she will
- NOTE Confidence: 0.917916781428571
- $01:01:30.079 \rightarrow 01:01:32.256$ have a very good prognosis of it.
- NOTE Confidence: 0.917916781428571
- $01{:}01{:}32.260 \dashrightarrow 01{:}01{:}34.520$ Doctor fed.
- NOTE Confidence: 0.917916781428571
- $01:01:34.520 \longrightarrow 01:01:37.610$ Saved her life so next slide.
- NOTE Confidence: 0.810253102222222
- 01:01:40.440 --> 01:01:42.528 So I work at the end of our time,
- NOTE Confidence: 0.810253102222222
- $01:01:42.530 \rightarrow 01:01:44.946$ and so maybe let's make sure we've answered
- NOTE Confidence: 0.810253102222222
- $01:01:44.946 \longrightarrow 01:01:46.832$ any questions and then we can talk
- NOTE Confidence: 0.810253102222222
- $01:01:46.832 \rightarrow 01:01:48.800$ about issues in in cancer survivorship.
- NOTE Confidence: 0.941344347142857
- $01:01:51.500 \rightarrow 01:01:53.510$ Were there any other questions
- NOTE Confidence: 0.941344347142857
- $01:01:53.510 \longrightarrow 01:01:55.718$ in the Q&A or in the chat box,
- NOTE Confidence: 0.941344347142857
- 01:01:55.720 --> 01:01:57.645 or any questions you'd like
- NOTE Confidence: 0.941344347142857
- 01:01:57.645 --> 01:02:00.300 to ask us now? One question
- NOTE Confidence: 0.80008883
- $01:02:00.310 \longrightarrow 01:02:02.752$ was whether the video will be
- NOTE Confidence: 0.80008883

01:02:02.752 --> 01:02:05.172 available, and it will absolutely

NOTE Confidence: 0.80008883

 $01:02:05.172 \longrightarrow 01:02:08.630$ be available on the on the cancer.

NOTE Confidence: 0.870151586875

01:02:12.090 --> 01:02:12.986 Cantyalecancercenter.org website

NOTE Confidence: 0.870151586875

 $01:02:12.986 \longrightarrow 01:02:16.122$ so you guys can have access to

NOTE Confidence: 0.870151586875

 $01{:}02{:}16{.}122 \dashrightarrow 01{:}02{:}18{.}485$ this video and you can review it.

NOTE Confidence: 0.870151586875

01:02:18.490 --> 01:02:22.458 And if you have other questions you can

NOTE Confidence: 0.870151586875

 $01{:}02{:}22{.}458 \dashrightarrow 01{:}02{:}25{.}964$ email us at cancer answers at yale.edu.

NOTE Confidence: 0.870151586875

 $01{:}02{:}25{.}964 \dashrightarrow 01{:}02{:}30{.}040$ You can also call the Trumbull team at

NOTE Confidence: 0.76493156

 $01{:}02{:}34{.}590 \dashrightarrow 01{:}02{:}35{.}140 \ 203{-}254{-}2381.$

NOTE Confidence: 0.83013152555556

 $01:02:37.150 \longrightarrow 01:02:38.770$ And those were the only

NOTE Confidence: 0.83013152555556

01:02:38.770 --> 01:02:40.066 other questions I saw.

NOTE Confidence: 0.83013152555556

 $01{:}02{:}40.070 \dashrightarrow 01{:}02{:}43.859$ We had a few too na that we answered.

NOTE Confidence: 0.83013152555556

 $01{:}02{:}43.860 \dashrightarrow 01{:}02{:}48.088$ Yeah, by writing them into the answers.

NOTE Confidence: 0.83013152555556

 $01:02:48.090 \longrightarrow 01:02:49.490$ Come to the panelists.

NOTE Confidence: 0.83013152555556

 $01:02:49.490 \longrightarrow 01:02:50.890$ Any remaining words before

NOTE Confidence: 0.83013152555556

 $01:02:50.890 \longrightarrow 01:02:52.500$ we break for the night.

- NOTE Confidence: 0.866493179
- $01:02:57.500 \rightarrow 01:03:00.250$ Good job, so proud to be part of this team.
- NOTE Confidence: 0.731083962
- $01:03:02.380 \longrightarrow 01:03:05.150$ I think come. What what,
- NOTE Confidence: 0.731083962
- $01:03:05.150 \longrightarrow 01:03:08.102$ what you all did to night is
- NOTE Confidence: 0.731083962
- 01:03:08.102 --> 01:03:09.578 highlighting how multidisciplinary
- NOTE Confidence: 0.731083962
- 01:03:09.578 --> 01:03:12.106 Breast Cancer Care is and how we
- NOTE Confidence: 0.731083962
- $01{:}03{:}12{.}106 \dashrightarrow 01{:}03{:}14{.}482$ all need each other's expertise to
- NOTE Confidence: 0.731083962
- $01:03:14.482 \rightarrow 01:03:17.358$ deliver the best and most optimal care.
- NOTE Confidence: 0.731083962
- $01:03:17.360 \longrightarrow 01:03:19.238$ And at the center of the
- NOTE Confidence: 0.731083962
- $01:03:19.238 \longrightarrow 01:03:20.490$ team is our patients.
- NOTE Confidence: 0.731083962
- $01{:}03{:}20{.}490 \dashrightarrow 01{:}03{:}22{.}962$ So I want to thank all the audience
- NOTE Confidence: 0.731083962
- $01{:}03{:}22{.}962 \dashrightarrow 01{:}03{:}24{.}439$ members to night who joined us
- NOTE Confidence: 0.731083962
- $01:03:24.440 \longrightarrow 01:03:30.110$ and feel free to email call.
- NOTE Confidence: 0.731083962
- $01{:}03{:}30{.}110 \dashrightarrow 01{:}03{:}35{.}220$ We want to hear from you and thank you again.
- NOTE Confidence: 0.731083962
- $01:03:35.220 \longrightarrow 01:03:35.908$ Have a great night.
- NOTE Confidence: 0.96769859
- 01:03:37.850 --> 01:03:41.000 Thank you everyone. Thank you.