## WEBVTT

NOTE duration: "00:02:49.2590000"

NOTE language:en-us

NOTE Confidence: 0.9892282

 $00:00:00.000 \longrightarrow 00:00:02.590$  Cancer survivor is anyone who's

NOTE Confidence: 0.9892282

 $00:00:02.590 \longrightarrow 00:00:05.180$  been diagnosed with cancer starting

NOTE Confidence: 0.9892282

00:00:05.259 --> 00:00:08.367 the day of diagnosis and spanning

NOTE Confidence: 0.9892282

 $00{:}00{:}08.367 \dashrightarrow 00{:}00{:}10.439$  throughout the individual's life.

NOTE Confidence: 0.958368

 $00:00:15.400 \longrightarrow 00:00:16.976$  Cancer survivors are our

NOTE Confidence: 0.958368

 $00:00:16.976 \longrightarrow 00:00:18.150$  patients. Are patients

NOTE Confidence: 0.958368

 $00{:}00{:}18.150 \dashrightarrow 00{:}00{:}20.509$  with a history of cancer and just

NOTE Confidence: 0.958368

 $00:00:20.509 \longrightarrow 00:00:22.776$  as we support them through that

NOTE Confidence: 0.958368

 $00{:}00{:}22.776 \longrightarrow 00{:}00{:}25.140$  diagnostic work up and then of

NOTE Confidence: 0.958368

00:00:25.140 --> 00:00:27.190 course through the treatment,

NOTE Confidence: 0.958368

 $00{:}00{:}27.190 \dashrightarrow 00{:}00{:}29.958$  so do we need to support them as

NOTE Confidence: 0.958368

00:00:29.958 --> 00:00:32.386 they finish treatment and enter

NOTE Confidence: 0.958368

00:00:32.386 --> 00:00:34.590 into the surveillance period?

NOTE Confidence: 0.958368

 $00:00:34.590 \longrightarrow 00:00:37.117$  This is a time of high uncertainty.

NOTE Confidence: 0.958368

00:00:37.120 --> 00:00:39.118 Every ache and pain could mean

NOTE Confidence: 0.958368

 $00{:}00{:}39.118 \dashrightarrow 00{:}00{:}41.308$  recurrence and then a time where

NOTE Confidence: 0.958368

00:00:41.308 --> 00:00:42.888 side effects still linger.

NOTE Confidence: 0.958368

 $00:00:42.890 \longrightarrow 00:00:44.545$  It's our responsibility and our

NOTE Confidence: 0.958368

 $00{:}00{:}44.545 \dashrightarrow 00{:}00{:}47.229$  duty to take care of these patients,

NOTE Confidence: 0.958368

 $00:00:47.230 \longrightarrow 00:00:49.694$  especially the ones who have a high

NOTE Confidence: 0.958368

 $00:00:49.694 \longrightarrow 00:00:52.279$  burden of needs and and side effects.

NOTE Confidence: 0.9826497

 $00:00:57.480 \longrightarrow 00:00:59.668$  At Yale Cancer Center in

NOTE Confidence: 0.9826497

00:00:59.668 --> 00:01:00.979 Smilow Cancer Hospital,

NOTE Confidence: 0.9826497

 $00:01:00.980 \longrightarrow 00:01:02.732$  we have a multidisciplinary

NOTE Confidence: 0.9826497

00:01:02.732 --> 00:01:04.484 survivorship clinic where patients

NOTE Confidence: 0.9826497

00:01:04.490 --> 00:01:07.550 meet one on one with four specialists,

NOTE Confidence: 0.9826497

00:01:07.550 --> 00:01:09.395 a medical provider.

NOTE Confidence: 0.9826497

00:01:09.395 --> 00:01:11.240 A physical therapist,

NOTE Confidence: 0.9826497

 $00:01:11.240 \longrightarrow 00:01:15.188$  a registered dietitian and a social worker.

NOTE Confidence: 0.9826497

 $00:01:15.190 \longrightarrow 00:01:17.010$  The goal of this clinic is to

NOTE Confidence: 0.9826497

 $00:01:17.010 \longrightarrow 00:01:18.261$  meet the patient.

NOTE Confidence: 0.9826497

 $00:01:18.261 \longrightarrow 00:01:20.763$  Where she's at and to address

NOTE Confidence: 0.9826497

 $00:01:20.763 \longrightarrow 00:01:24.333$  any needs that she has in a

NOTE Confidence: 0.9826497

00:01:24.333 --> 00:01:25.355 multidisciplinary fashion.

NOTE Confidence: 0.9568572

 $00:01:30.430 \longrightarrow 00:01:32.424$  We have additional services

NOTE Confidence: 0.9568572

 $00:01:32.424 \longrightarrow 00:01:34.416$  that help survivors with

NOTE Confidence: 0.9568572

 $00:01:34.420 \longrightarrow 00:01:36.412$  their needs, including a

NOTE Confidence: 0.9568572

 $00{:}01{:}36.412 \dashrightarrow 00{:}01{:}38.404$  cancer and cognition clinic,

NOTE Confidence: 0.9568572

 $00:01:38.410 \longrightarrow 00:01:40.910$  a supplement clinic which addresses

NOTE Confidence: 0.9568572

 $00{:}01{:}40.910 \dashrightarrow 00{:}01{:}42.910$  supplement use after cancer,

NOTE Confidence: 0.9568572

 $00{:}01{:}42.910 \dashrightarrow 00{:}01{:}44.902$  and many programs offered

NOTE Confidence: 0.9568572

 $00:01:44.902 \longrightarrow 00:01:46.396$  through integrative medicine.

NOTE Confidence: 0.9568572

 $00:01:46.400 \longrightarrow 00:01:48.392$  Integrative Medicine offers various

NOTE Confidence: 0.9568572

00:01:48.392 --> 00:01:49.886 services including massage,

NOTE Confidence: 0.9568572

00:01:49.890 --> 00:01:51.312 Tai Chi Yoga,

NOTE Confidence: 0.9568572

 $00{:}01{:}51.312 \dashrightarrow 00{:}01{:}53.208$  and specialty consultations with

NOTE Confidence: 0.9568572

 $00{:}01{:}53.208 \dashrightarrow 00{:}01{:}55.380$  an integrative medicine physician.

NOTE Confidence: 0.99155104

 $00:02:00.520 \longrightarrow 00:02:05.128$  Survivorship includes the caregivers as well.

NOTE Confidence: 0.99155104

 $00{:}02{:}05.130 \dashrightarrow 00{:}02{:}07.130$  UM, the often times the entire

NOTE Confidence: 0.99155104

 $00{:}02{:}07.130 \longrightarrow 00{:}02{:}09.605$  support network sort of feels the

NOTE Confidence: 0.99155104

00:02:09.605 --> 00:02:11.635 impact of a patient's diagnosis,

NOTE Confidence: 0.99155104

 $00:02:11.640 \longrightarrow 00:02:14.058$  and it is very important to

NOTE Confidence: 0.99155104

 $00:02:14.058 \longrightarrow 00:02:15.670$  understand what the caregiver

NOTE Confidence: 0.99155104

 $00:02:15.744 \longrightarrow 00:02:18.150$  feels drained this period as well.

NOTE Confidence: 0.99155104

 $00:02:18.150 \longrightarrow 00:02:20.400$  We have a caregiver support group

NOTE Confidence: 0.99155104

 $00:02:20.400 \longrightarrow 00:02:22.427$  that allows caregivers to come

NOTE Confidence: 0.99155104

 $00{:}02{:}22.427 \dashrightarrow 00{:}02{:}24.259$  together and share experiences.

NOTE Confidence: 0.99155104

 $00{:}02{:}24.260 \dashrightarrow 00{:}02{:}26.892$  We invite patients to bring with them

NOTE Confidence: 0.99155104

 $00:02:26.892 \longrightarrow 00:02:29.869$  a loved one who either lives in the

NOTE Confidence: 0.99155104

00:02:29.869 --> 00:02:32.233 household or is a very supportive

NOTE Confidence: 0.99155104

 $00{:}02{:}32.233 \dashrightarrow 00{:}02{:}35.329$  person because we believe that real.

NOTE Confidence: 0.99155104

 $00{:}02{:}35.330 \dashrightarrow 00{:}02{:}37.150$  Change after cancer happens

NOTE Confidence: 0.99155104

00:02:37.150 --> 00:02:39.425 when everyone is on board.