## WEBVTT

NOTE duration: "01:02:53.1450000"

NOTE language:en-us

NOTE Confidence: 0.8696382

 $00:00:00.000 \longrightarrow 00:00:03.270$  Welcome everyone. Rebecca Kennedy

NOTE Confidence: 0.8696382

 $00{:}00{:}03.270 \dashrightarrow 00{:}00{:}05.405$  and I are delighted to welcome into

NOTE Confidence: 0.8696382

 $00:00:05.405 \longrightarrow 00:00:07.563$  today's grand rounds and we'll get into

NOTE Confidence: 0.8696382

 $00:00:07.563 \longrightarrow 00:00:09.279$  introducing our speaker in a second.

NOTE Confidence: 0.8696382

 $00:00:09.280 \longrightarrow 00:00:12.696$  But I just want to tell you.

NOTE Confidence: 0.8696382

 $00:00:12.700 \longrightarrow 00:00:16.290$  Some of the coming events.

NOTE Confidence: 0.8696382

 $00:00:16.290 \longrightarrow 00:00:19.270$  How 2 weeks from today?

NOTE Confidence: 0.8696382

00:00:19.270 --> 00:00:20.930 Very home Wendy Silverman,

NOTE Confidence: 0.8696382

 $00:00:20.930 \longrightarrow 00:00:24.202$  who hopefully all of you have met and

NOTE Confidence: 0.8696382

 $00:00:24.202 \longrightarrow 00:00:26.680$  then so you happen you will become.

NOTE Confidence: 0.8696382

 $00:00:26.680 \longrightarrow 00:00:29.456$  When the who's your friend Mr Professor here?

NOTE Confidence: 0.8696382

 $00:00:29.460 \longrightarrow 00:00:31.615$  The Child Study Center is

NOTE Confidence: 0.8696382

00:00:31.615 --> 00:00:32.908 World world renowned?

NOTE Confidence: 0.8696382

00:00:32.910 --> 00:00:34.980 Expert in anxiety disorders in

 $00:00:34.980 \longrightarrow 00:00:37.527$  childhood and we're going to hear

NOTE Confidence: 0.8696382

 $00:00:37.527 \longrightarrow 00:00:39.517$  from her latest and greatest.

NOTE Confidence: 0.8696382

 $00:00:39.520 \longrightarrow 00:00:41.998$  So that's two weeks from today.

NOTE Confidence: 0.8696382

 $00:00:42.000 \longrightarrow 00:00:43.812$  One week from today,

NOTE Confidence: 0.8696382

00:00:43.812 --> 00:00:47.270 we're going to have the 13th annual.

NOTE Confidence: 0.8696382

 $00:00:47.270 \longrightarrow 00:00:49.824$  Sam and Lucille Ritvo lecture.

NOTE Confidence: 0.8696382

 $00:00:49.824 \longrightarrow 00:00:53.859$  So you saw the whole series of events,

NOTE Confidence: 0.8696382

 $00:00:53.860 \longrightarrow 00:00:56.080$  so that's going to be posted.

NOTE Confidence: 0.8696382

 $00:00:56.080 \longrightarrow 00:00:57.560$  It goes from Tuesday,

NOTE Confidence: 0.8696382

00:00:57.560 --> 00:00:58.640 Wednesday, and Friday,

NOTE Confidence: 0.8696382

 $00{:}00{:}58.640 \dashrightarrow 00{:}01{:}01.125$  an on Tuesday for grand rounds were

NOTE Confidence: 0.8696382

 $00:01:01.125 \longrightarrow 00:01:03.840$  going to have actually right before grand

NOTE Confidence: 0.8696382

 $00:01:03.840 \longrightarrow 00:01:06.440$  rounds next week from 11:30 to 12:30.

NOTE Confidence: 0.8696382

00:01:06.440 --> 00:01:08.470 Our trainees in psychology and

NOTE Confidence: 0.8696382

 $00:01:08.470 \longrightarrow 00:01:10.957$  psychiatry are going to be meeting

 $00:01:10.957 \longrightarrow 00:01:13.645$  with our speaker and then the lecture

NOTE Confidence: 0.8696382

00:01:13.645 --> 00:01:16.058 is going to be from one to two.

NOTE Confidence: 0.8696382

00:01:16.060 --> 00:01:16.800 As always,

NOTE Confidence: 0.8696382

 $00:01:16.800 \longrightarrow 00:01:18.650$  our speaker is Donna Harris.

NOTE Confidence: 0.8696382

 $00:01:18.650 \longrightarrow 00:01:20.900$  She is a social work.

NOTE Confidence: 0.8696382

 $00:01:20.900 \longrightarrow 00:01:25.044$  Social worker who we met once earlier as

NOTE Confidence: 0.8696382

00:01:25.044 --> 00:01:28.926 she talked to us about race relations,

NOTE Confidence: 0.8696382

 $00:01:28.930 \longrightarrow 00:01:30.388$  racism, anti racism.

NOTE Confidence: 0.8696382

 $00{:}01{:}30.388 \dashrightarrow 00{:}01{:}33.790$  And her grand rounds is an important

NOTE Confidence: 0.8696382

 $00:01:33.877 \longrightarrow 00:01:36.347$  title and an important topic.

NOTE Confidence: 0.8696382

 $00{:}01{:}36.350 \dashrightarrow 00{:}01{:}38.218$  Healing from racial trauma.

NOTE Confidence: 0.8696382

 $00:01:38.218 \longrightarrow 00:01:41.020$  So that will be next week,

NOTE Confidence: 0.8696382

 $00:01:41.020 \longrightarrow 00:01:43.274$  and then there's going to be more

NOTE Confidence: 0.8696382

 $00{:}01{:}43.274 \dashrightarrow 00{:}01{:}45.788$  that evening at the New England

NOTE Confidence: 0.8696382

 $00:01:45.788 \longrightarrow 00:01:47.267$  Institute for Psychoanalysis.

NOTE Confidence: 0.8696382

 $00{:}01{:}47.270 \dashrightarrow 00{:}01{:}49.616$  She will be talking about racialized,

00:01:49.620 --> 00:01:51.184 enactments in the clinical

NOTE Confidence: 0.8696382

 $00:01:51.184 \longrightarrow 00:01:52.357$  setting on Wednesday,

NOTE Confidence: 0.8696382

 $00:01:52.360 \longrightarrow 00:01:54.600$  again at the New England she will

NOTE Confidence: 0.8696382

 $00:01:54.600 \longrightarrow 00:01:57.475$  talk about the impact of racism and

NOTE Confidence: 0.8696382

00:01:57.475 --> 00:01:59.775 internalized racism on clinical training,

NOTE Confidence: 0.8696382

 $00:01:59.780 \longrightarrow 00:02:03.220$  and finally on Friday from three to four

NOTE Confidence: 0.8696382

 $00:02:03.220 \longrightarrow 00:02:06.459$  again at the New England Institute.

NOTE Confidence: 0.8696382

00:02:06.460 --> 00:02:08.554 We'll be talking about racial identity

NOTE Confidence: 0.8696382

 $00:02:08.554 \longrightarrow 00:02:09.950$  development in psychodynamic treatment,

NOTE Confidence: 0.8696382

 $00:02:09.950 \longrightarrow 00:02:12.542$  and although all of these are between here

NOTE Confidence: 0.8696382

00:02:12.542 --> 00:02:15.186 and the CHILD Study Center, guess what?

NOTE Confidence: 0.8696382

00:02:15.186 --> 00:02:16.230 It's pandemic time,

NOTE Confidence: 0.8696382

 $00:02:16.230 \longrightarrow 00:02:17.530$  so it's all unzoom.

NOTE Confidence: 0.8696382

 $00:02:17.530 \longrightarrow 00:02:20.070$  So if people are interested in joining,

NOTE Confidence: 0.8696382

 $00:02:20.070 \longrightarrow 00:02:22.170$  we will make that information available.

 $00:02:22.170 \longrightarrow 00:02:24.851$  And we're very grateful to the Ritvo

NOTE Confidence: 0.8696382

 $00{:}02{:}24.851 \dashrightarrow 00{:}02{:}27.740$  siblings we have been supporting us for.

NOTE Confidence: 0.8696382

 $00:02:27.740 \longrightarrow 00:02:30.588$  13th year in the memory of their their

NOTE Confidence: 0.8696382

00:02:30.588 --> 00:02:33.439 parents and are very dear salmon Lucille,

NOTE Confidence: 0.8696382

 $00:02:33.440 \longrightarrow 00:02:35.340$  who many of us knew.

NOTE Confidence: 0.8696382

 $00:02:35.340 \longrightarrow 00:02:38.380$  So that's the next coming two weeks today.

NOTE Confidence: 0.8696382

 $00:02:38.380 \longrightarrow 00:02:40.280$  Rebecca Kennedy didn't know it,

NOTE Confidence: 0.8696382

 $00:02:40.280 \longrightarrow 00:02:42.180$  but she's gonna be my.

NOTE Confidence: 0.7634178

 $00{:}02{:}44.750 \dashrightarrow 00{:}02{:}47.012$  Something as we introduce today's speaker

NOTE Confidence: 0.7634178

00:02:47.012 --> 00:02:49.500 and I'm really very excited about the

NOTE Confidence: 0.7634178

 $00{:}02{:}49.500 \dashrightarrow 00{:}02{:}52.060$  grounds that we have a plan for today.

NOTE Confidence: 0.7634178

 $00:02:52.060 \longrightarrow 00:02:53.101$  Kim Heath check.

NOTE Confidence: 0.7634178

00:02:53.101 --> 00:02:56.210 Did I pronounce it right, Kim?

NOTE Confidence: 0.7634178

 $00{:}02{:}56.210 \dashrightarrow 00{:}02{:}59.450$  Keep she hit yeah he yeah he pia coast

NOTE Confidence: 0.7634178

 $00:02:59.450 \longrightarrow 00:03:01.844$  yeah we're working on it Kim hit yeah

NOTE Confidence: 0.7634178

 $00:03:01.844 \longrightarrow 00:03:04.490$  and that is the Belgian pronunciation.

 $00:03:04.490 \longrightarrow 00:03:06.650$  His chair is a Dutch pronunciation.

NOTE Confidence: 0.7634178

 $00:03:06.650 \longrightarrow 00:03:08.810$  We were talking about this Kim.

NOTE Confidence: 0.7634178

 $00:03:08.810 \longrightarrow 00:03:10.959$  I'm just going to call her Kim

NOTE Confidence: 0.7634178

00:03:10.959 --> 00:03:13.451 and Kim is a colleague who I

NOTE Confidence: 0.7634178

 $00{:}03{:}13.451 \dashrightarrow 00{:}03{:}15.695$  have not known for centuries and

NOTE Confidence: 0.7634178

 $00:03:15.774 \longrightarrow 00:03:18.168$  decades like many of my friends.

NOTE Confidence: 0.7634178

 $00:03:18.170 \longrightarrow 00:03:20.690$  But just for a couple of months.

NOTE Confidence: 0.7634178

 $00:03:20.690 \longrightarrow 00:03:22.640$  And we serendipitously met through

NOTE Confidence: 0.7634178

 $00:03:22.640 \longrightarrow 00:03:25.737$  the work that we both do in simulation

NOTE Confidence: 0.7634178

 $00{:}03{:}25.737 \dashrightarrow 00{:}03{:}27.873$  and she was introduced to me.

NOTE Confidence: 0.7634178

 $00:03:27.880 \longrightarrow 00:03:30.040$  By the director of the Pediatric

NOTE Confidence: 0.7634178

 $00:03:30.040 \longrightarrow 00:03:32.194$  Simulation Lab a couple of months

NOTE Confidence: 0.7634178

 $00{:}03{:}32.194 \dashrightarrow 00{:}03{:}34.126$  ago and that was really the

NOTE Confidence: 0.7634178

 $00:03:34.126 \longrightarrow 00:03:36.184$  beginning of a beautiful friendship

NOTE Confidence: 0.7634178

 $00:03:36.184 \longrightarrow 00:03:38.434$  and in a wonderful collaboration,

 $00:03:38.440 \longrightarrow 00:03:40.967$  Kim will be telling us today about

NOTE Confidence: 0.7634178

 $00:03:40.967 \longrightarrow 00:03:43.709$  the work that she's such a pioneer,

NOTE Confidence: 0.7634178

 $00:03:43.710 \longrightarrow 00:03:45.595$  an important person and which

NOTE Confidence: 0.7634178

 $00:03:45.595 \longrightarrow 00:03:47.103$  is in games gaming,

NOTE Confidence: 0.7634178

00:03:47.110 --> 00:03:49.366 bringing games to health in general,

NOTE Confidence: 0.7634178

 $00{:}03{:}49.370 \dashrightarrow 00{:}03{:}51.490$  and certainly psychiatry and

NOTE Confidence: 0.7634178

 $00{:}03{:}51.490 \to 00{:}03{:}54.140$  Chelsea country in particular today.

NOTE Confidence: 0.7634178

 $00:03:54.140 \longrightarrow 00:03:56.796$  And before I let Rebecca say some nice

NOTE Confidence: 0.7634178

 $00:03:56.796 \longrightarrow 00:03:59.350$  things about our collaborator and friend,

NOTE Confidence: 0.7634178

 $00:03:59.350 \longrightarrow 00:03:59.722 \text{ Kim},$ 

NOTE Confidence: 0.7634178

 $00:03:59.722 \longrightarrow 00:04:02.698$  I want to also put another emphasis here.

NOTE Confidence: 0.7634178

00:04:02.700 --> 00:04:03.442 You know,

NOTE Confidence: 0.7634178

 $00:04:03.442 \longrightarrow 00:04:05.668$  we're all child mental health providers,

NOTE Confidence: 0.7634178

00:04:05.670 --> 00:04:06.408 psychiatrist, psychologist,

NOTE Confidence: 0.7634178

 $00:04:06.408 \longrightarrow 00:04:07.146$  social workers.

NOTE Confidence: 0.7634178

 $00:04:07.146 \longrightarrow 00:04:09.785$  We know that games play are what

00:04:09.785 --> 00:04:10.877 make children children.

NOTE Confidence: 0.7634178

 $00:04:10.880 \longrightarrow 00:04:13.477$  You know that is their job description.

NOTE Confidence: 0.7634178

 $00:04:13.480 \longrightarrow 00:04:16.220$  They play, they do games.

NOTE Confidence: 0.7634178

00:04:16.220 --> 00:04:18.758 And it took me to get to this old

NOTE Confidence: 0.7634178

 $00:04:18.758 \longrightarrow 00:04:21.131$  age to know that there is such

NOTE Confidence: 0.7634178

 $00:04:21.131 \longrightarrow 00:04:23.890$  a thing as gaming for health.

NOTE Confidence: 0.7634178

 $00:04:23.890 \longrightarrow 00:04:24.520$  In fact,

NOTE Confidence: 0.7634178

 $00:04:24.520 \longrightarrow 00:04:26.725$  if you didn't know that if you

NOTE Confidence: 0.7634178

00:04:26.725 --> 00:04:29.199 were just as naive and I as I was,

NOTE Confidence: 0.7634178

 $00:04:29.200 \longrightarrow 00:04:31.426$  you probably also did know that there

NOTE Confidence: 0.7634178

 $00{:}04{:}31.426 \dashrightarrow 00{:}04{:}33.978$  is a journal called Games for Health.

NOTE Confidence: 0.7634178

 $00:04:33.980 \longrightarrow 00:04:35.036$  You didn't know that?

NOTE Confidence: 0.7634178

00:04:35.036 --> 00:04:35.300 Well,

NOTE Confidence: 0.7634178

00:04:35.300 --> 00:04:37.658 let me tell you what you're in good company,

NOTE Confidence: 0.7634178

 $00:04:37.660 \longrightarrow 00:04:40.005$  because the editor in chief of that

 $00:04:40.005 \longrightarrow 00:04:42.715$  journal is with us today and that is Kim.

NOTE Confidence: 0.7634178

 $00{:}04{:}42.720 \dashrightarrow 00{:}04{:}45.078$  So before we let we unleash Kim to teach

NOTE Confidence: 0.7634178

 $00:04:45.078 \longrightarrow 00:04:47.416$  us and share exciting stuff with us.

NOTE Confidence: 0.7634178

00:04:47.420 --> 00:04:47.950 Rebecca Committee,

NOTE Confidence: 0.7634178

 $00:04:47.950 \longrightarrow 00:04:50.070$  I know I've given you lots of time

NOTE Confidence: 0.7634178

 $00:04:50.126 \longrightarrow 00:04:51.826$  to prepare your prepared comments.

NOTE Confidence: 0.7634178

00:04:51.830 --> 00:04:54.190 OK for Kim, so please take it away.

NOTE Confidence: 0.8222219

00:04:55.040 --> 00:04:57.497 Thank you Andres and it actually probably

NOTE Confidence: 0.8222219

 $00{:}04{:}57.497 \dashrightarrow 00{:}04{:}59.636$  appropriate to be put on the spot

NOTE Confidence: 0.8222219

 $00:04:59.636 \longrightarrow 00:05:01.573$  'cause I only have the most wonderful

NOTE Confidence: 0.8222219

00:05:01.573 --> 00:05:03.967 things to say about Kim knowing her,

NOTE Confidence: 0.8222219

 $00:05:03.970 \longrightarrow 00:05:05.286$  even though shorter while.

NOTE Confidence: 0.8222219

 $00{:}05{:}05.286 \dashrightarrow 00{:}05{:}07.260$  Then Andre says that was introduced

NOTE Confidence: 0.8222219

 $00:05:07.322 \longrightarrow 00:05:09.170$  to Kim recently by Doctor Martin

NOTE Confidence: 0.8222219

 $00:05:09.170 \longrightarrow 00:05:10.762$  and in some collaborative efforts

NOTE Confidence: 0.8222219

 $00:05:10.762 \longrightarrow 00:05:12.267$  with Lori Cardone as well,

 $00:05:12.270 \longrightarrow 00:05:13.546$  and thinking about building

NOTE Confidence: 0.8222219

 $00:05:13.546 \longrightarrow 00:05:15.460$  on our systems of care here.

NOTE Confidence: 0.8222219

 $00:05:15.460 \longrightarrow 00:05:17.812$  And I think I've I've learned so much

NOTE Confidence: 0.8222219

 $00:05:17.812 \longrightarrow 00:05:20.477$  in such a short period of time with

NOTE Confidence: 0.8222219

 $00:05:20.477 \longrightarrow 00:05:23.267$  Kim's work and thinking about how we can

NOTE Confidence: 0.8222219

 $00:05:23.267 \longrightarrow 00:05:25.349$  really kind of take this incredible.

NOTE Confidence: 0.8222219

 $00:05:25.350 \longrightarrow 00:05:27.006$  Advance work that she's doing in

NOTE Confidence: 0.8222219

00:05:27.006 --> 00:05:29.019 gaming and apply with a lot of

NOTE Confidence: 0.8222219

00:05:29.019 --> 00:05:30.159 our evidence based treatments.

NOTE Confidence: 0.8222219

 $00:05:30.160 \longrightarrow 00:05:31.009$  An interesting Lee,

NOTE Confidence: 0.8222219

 $00:05:31.009 \longrightarrow 00:05:32.707$  and kind of putting a plug.

NOTE Confidence: 0.8222219

 $00:05:32.710 \longrightarrow 00:05:34.453$  Thinking about using it with DBT with

NOTE Confidence: 0.8222219

 $00{:}05{:}34.453 \dashrightarrow 00{:}05{:}36.099$  some very exciting things for thcoming.

NOTE Confidence: 0.8222219

00:05:36.100 --> 00:05:38.364 And I think what Doctor Martin had on,

NOTE Confidence: 0.8222219

 $00:05:38.370 \longrightarrow 00:05:40.410$  was it as a bit of radical acceptance

00:05:40.410 --> 00:05:42.851 on my part of my lack of knowledge in

NOTE Confidence: 0.8222219

 $00{:}05{:}42.851 \dashrightarrow 00{:}05{:}44.969$  this area and accepting that this is

NOTE Confidence: 0.8222219

 $00:05:44.969 \longrightarrow 00:05:47.142$  where our patients that how we reach

NOTE Confidence: 0.8222219

00:05:47.142 --> 00:05:48.834 our patients and really thinking about?

NOTE Confidence: 0.8222219

 $00:05:48.840 \longrightarrow 00:05:51.101$  How do we reach the populations that

NOTE Confidence: 0.8222219

00:05:51.101 --> 00:05:53.308 we're working with and so I am could

NOTE Confidence: 0.8222219

 $00{:}05{:}53.308 \dashrightarrow 00{:}05{:}55.189$  not be more excited to learn more.

NOTE Confidence: 0.8222219

00:05:55.190 --> 00:05:56.792 About Kim's working and look forward

NOTE Confidence: 0.8222219

 $00:05:56.792 \longrightarrow 00:05:59.100$  to all of our future collaborations.

NOTE Confidence: 0.87333876

00:06:00.320 --> 00:06:02.160 Thank you, Rebecca Kim.

NOTE Confidence: 0.87333876

00:06:02.160 --> 00:06:04.370 It's all you know. Alright,

NOTE Confidence: 0.88980347

 $00:06:04.370 \longrightarrow 00:06:07.727$  well I hope I can hold up to that.

NOTE Confidence: 0.88980347

 $00:06:07.730 \longrightarrow 00:06:09.968$  OK, let me share my screen.

NOTE Confidence: 0.72197926

 $00:06:24.400 \longrightarrow 00:06:26.256$  Sorry I gotta get it to the beginning.

NOTE Confidence: 0.7813764

 $00:06:27.660 \longrightarrow 00:06:29.669$  Wow, sneak preview. It already looks great.

NOTE Confidence: 0.8942532

 $00{:}06{:}30.560 \dashrightarrow 00{:}06{:}35.630$  I'm so sorry. OK, here we are.

00:06:35.630 --> 00:06:37.716 So, uh, the talk I'm going to

NOTE Confidence: 0.8942532

00:06:37.716 --> 00:06:39.768 focus on today is XR in health,

NOTE Confidence: 0.8942532

 $00:06:39.770 \longrightarrow 00:06:41.597$  so this is kind of I'm going

NOTE Confidence: 0.8942532

00:06:41.597 --> 00:06:43.618 to talk a bit about gaming,

NOTE Confidence: 0.8942532

 $00:06:43.620 \longrightarrow 00:06:46.100$  but I'm also going to talk about extended

NOTE Confidence: 0.8942532

 $00:06:46.100 \longrightarrow 00:06:48.126$  reality in health and kind of like

NOTE Confidence: 0.8942532

 $00:06:48.126 \longrightarrow 00:06:50.428$  what is this and what is the reality?

NOTE Confidence: 0.8942532

 $00:06:50.430 \longrightarrow 00:06:52.206$  What is the state of XR

NOTE Confidence: 0.8942532

 $00:06:52.206 \longrightarrow 00:06:53.390$  in health and medicine?

NOTE Confidence: 0.8164738

00:06:55.470 --> 00:06:57.486 Just a quick background on me.

NOTE Confidence: 0.8164738

 $00:06:57.490 \longrightarrow 00:06:59.404$  I have been here for about

NOTE Confidence: 0.8164738

 $00:06:59.404 \longrightarrow 00:07:01.520$  going on 12 1/2 years now.

NOTE Confidence: 0.8164738

00:07:01.520 --> 00:07:02.860 I'm a research scientist

NOTE Confidence: 0.8164738

 $00:07:02.860 \longrightarrow 00:07:04.535$  at the ice cold medicine.

NOTE Confidence: 0.8164738

 $00{:}07{:}04.540 \dashrightarrow 00{:}07{:}06.280$  Most recently I'm the director

 $00:07:06.280 \longrightarrow 00:07:08.570$  of our play for Real XR Lab,

NOTE Confidence: 0.8164738

 $00:07:08.570 \longrightarrow 00:07:10.520$  which is at the Yale Center

NOTE Confidence: 0.8164738

00:07:10.520 --> 00:07:12.270 for Health and Learning Games,

NOTE Confidence: 0.8164738

 $00:07:12.270 \longrightarrow 00:07:14.382$  and I'm also Deputy director of

NOTE Confidence: 0.8164738

 $00:07:14.382 \longrightarrow 00:07:16.536$  the play to Prevent Lab within

NOTE Confidence: 0.8164738

 $00:07:16.536 \longrightarrow 00:07:18.564$  the Center and then another hat

NOTE Confidence: 0.8164738

 $00:07:18.564 \longrightarrow 00:07:21.130$  I have is that I'm a K12 scholar

NOTE Confidence: 0.8164738

 $00:07:21.130 \longrightarrow 00:07:22.686$  at Yale Center for Implementation

NOTE Confidence: 0.8164738

00:07:22.686 --> 00:07:24.366 Science through the NHS BI,

NOTE Confidence: 0.8164738

 $00:07:24.370 \longrightarrow 00:07:25.674$  which has been great.

NOTE Confidence: 0.8164738

 $00{:}07{:}25.674 \dashrightarrow 00{:}07{:}27.630$  In terms of thinking about game

NOTE Confidence: 0.8164738

 $00:07:27.700 \longrightarrow 00:07:29.548$  based interventions about how?

NOTE Confidence: 0.8164738

 $00{:}07{:}29.550 \dashrightarrow 00{:}07{:}31.788$  What are some of those factors

NOTE Confidence: 0.8164738

 $00:07:31.788 \longrightarrow 00:07:32.534$  to implementation?

NOTE Confidence: 0.8164738

 $00:07:32.540 \longrightarrow 00:07:34.000$  Successfully implementing games within

NOTE Confidence: 0.8164738

 $00{:}07{:}34.000 \dashrightarrow 00{:}07{:}35.825$  schools and clinic based settings

 $00:07:35.825 \longrightarrow 00:07:37.778$  and and community settings settings.

NOTE Confidence: 0.8164738

 $00:07:37.780 \longrightarrow 00:07:39.970$  So and then most recently this

NOTE Confidence: 0.8164738

00:07:39.970 --> 00:07:42.628 year I became editor in Chief for

NOTE Confidence: 0.8164738

00:07:42.628 --> 00:07:44.503 the Games for Health Journal,

NOTE Confidence: 0.8164738

00:07:44.510 --> 00:07:46.380 which has been just wonderful.

NOTE Confidence: 0.6229594

00:07:47.200 --> 00:07:48.765 Kim, we're not seeing your

NOTE Confidence: 0.6229594

 $00:07:48.765 \longrightarrow 00:07:50.340$  slides. If you want to

NOTE Confidence: 0.6229594

 $00:07:50.340 \longrightarrow 00:07:53.300$  share not see my sites.

NOTE Confidence: 0.6229594

 $00:07:53.300 \longrightarrow 00:07:55.424$  Let me try again.

NOTE Confidence: 0.6229594

 $00:07:55.424 \longrightarrow 00:07:58.503$  Can you see them now, Yep.

NOTE Confidence: 0.6229594

 $00{:}07{:}58.503 \dashrightarrow 00{:}08{:}00.618$  OK, so sorry about that.

NOTE Confidence: 0.6229594

 $00:08:00.620 \longrightarrow 00:08:02.788$  OK, so so yeah, so I'm going to

NOTE Confidence: 0.6229594

 $00{:}08{:}02.788 \dashrightarrow 00{:}08{:}05.065$  give you a little bit background of

NOTE Confidence: 0.6229594

 $00{:}08{:}05.065 \dashrightarrow 00{:}08{:}07.479$  some of the games I've worked on.

NOTE Confidence: 0.6229594

 $00:08:07.480 \longrightarrow 00:08:09.664$  I'm going to talk a little bit,

 $00:08:09.670 \longrightarrow 00:08:11.380$  give an introduction to what

NOTE Confidence: 0.6229594

 $00{:}08{:}11.380 \dashrightarrow 00{:}08{:}13.425$  XR extended reality is and what

NOTE Confidence: 0.6229594

00:08:13.425 --> 00:08:15.273 it can do in terms of health.

NOTE Confidence: 0.6229594

 $00:08:15.280 \longrightarrow 00:08:17.128$  I'm going to give you some examples

NOTE Confidence: 0.6229594

 $00:08:17.128 \longrightarrow 00:08:19.060$  of XR in health and medicine

NOTE Confidence: 0.6229594

00:08:19.060 --> 00:08:21.220 broadly and then talk about two

NOTE Confidence: 0.6229594

 $00:08:21.220 \longrightarrow 00:08:22.540$  specific projects that we've

NOTE Confidence: 0.6229594

00:08:22.540 --> 00:08:24.640 been working on in our lab and

NOTE Confidence: 0.6229594

 $00:08:24.640 \longrightarrow 00:08:26.824$  then kind of wrap it up with.

NOTE Confidence: 0.6229594

00:08:26.830 --> 00:08:29.926 Kind of my my bigger thoughts about kind of.

NOTE Confidence: 0.6229594

 $00:08:29.930 \longrightarrow 00:08:32.436$  What is the optimism with games Annex

NOTE Confidence: 0.6229594

 $00:08:32.436 \longrightarrow 00:08:34.639$  our technology and then of course

NOTE Confidence: 0.6229594

 $00:08:34.639 \longrightarrow 00:08:36.769$  kind of the caution moving forward.

NOTE Confidence: 0.7888364

00:08:41.940 --> 00:08:46.080 So for the past like I said for the past,

NOTE Confidence: 0.7888364

 $00:08:46.080 \longrightarrow 00:08:49.610$  you know over a decade a porch on what a

NOTE Confidence: 0.7888364

 $00:08:49.707 \longrightarrow 00:08:53.109$  lot of of game based interventions and

 $00:08:53.109 \longrightarrow 00:08:56.426$  projects as both as a PIN does copii.

NOTE Confidence: 0.7888364

 $00:08:56.430 \longrightarrow 00:08:58.914$  So we focused on games around

NOTE Confidence: 0.7888364

 $00:08:58.914 \longrightarrow 00:09:00.570$  tobacco use and vaping.

NOTE Confidence: 0.7888364

00:09:00.570 --> 00:09:02.226 E cigarettes, marijuana use,

NOTE Confidence: 0.7888364

 $00:09:02.226 \longrightarrow 00:09:03.466$  alcohol, harm reductions,

NOTE Confidence: 0.7888364

00:09:03.466 --> 00:09:05.944 HIV STI prevention in minority use,

NOTE Confidence: 0.7888364

 $00:09:05.950 \longrightarrow 00:09:08.806$  HIV testing and counseling and teens.

NOTE Confidence: 0.7888364

00:09:08.810 --> 00:09:10.234 Empowering black teen girls

NOTE Confidence: 0.7888364

00:09:10.234 --> 00:09:11.658 around sexual health decisions,

NOTE Confidence: 0.7888364

 $00:09:11.660 \longrightarrow 00:09:13.084$  by stander intervention and sexual

NOTE Confidence: 0.7888364

 $00{:}09{:}13.084 \dashrightarrow 00{:}09{:}14.508$  as sault and LGBTQ bullying.

NOTE Confidence: 0.7888364

 $00:09:14.510 \longrightarrow 00:09:16.290$  So why games like why?

NOTE Confidence: 0.7888364

00:09:16.290 --> 00:09:18.775 Why so much effort an interesting games?

NOTE Confidence: 0.7888364

 $00:09:18.780 \longrightarrow 00:09:20.560$  Well, in terms of interventions,

NOTE Confidence: 0.7888364

 $00:09:20.560 \longrightarrow 00:09:23.045$  and when we think about kids right?

 $00:09:23.050 \longrightarrow 00:09:25.174$  Especially 'cause our games have always

NOTE Confidence: 0.7888364

 $00:09:25.174 \longrightarrow 00:09:27.678$  focused on on youth and young adults,

NOTE Confidence: 0.7888364

 $00:09:27.680 \longrightarrow 00:09:29.460$  is you know this is?

NOTE Confidence: 0.7888364

 $00:09:29.460 \longrightarrow 00:09:31.590$  This is where kids are so.

NOTE Confidence: 0.7888364

 $00:09:31.590 \longrightarrow 00:09:34.438$  So let's let's meet them where they are.

NOTE Confidence: 0.7888364

00:09:34.440 --> 00:09:36.855 Let's let's put our energy into something

NOTE Confidence: 0.7888364

 $00{:}09{:}36.855 \dashrightarrow 00{:}09{:}38.806$  we know that they're interested

NOTE Confidence: 0.7888364

00:09:38.806 --> 00:09:41.186 in and that's that's, you know,

NOTE Confidence: 0.7888364

 $00:09:41.186 \longrightarrow 00:09:43.214$  digital health and technology and games.

NOTE Confidence: 0.7888364

 $00:09:43.220 \longrightarrow 00:09:44.234$  But beyond that,

NOTE Confidence: 0.7888364

 $00{:}09{:}44.234 \dashrightarrow 00{:}09{:}46.262$  it's beyond like the engagement factor,

NOTE Confidence: 0.7888364

00:09:46.270 --> 00:09:46.610 right?

NOTE Confidence: 0.7888364

00:09:46.610 --> 00:09:48.650 You know, games can be tailored.

NOTE Confidence: 0.7888364

 $00:09:48.650 \longrightarrow 00:09:50.010$  They can be adapted.

NOTE Confidence: 0.7888364

 $00:09:50.010 \longrightarrow 00:09:51.710$  Is this wonderful environment in

NOTE Confidence: 0.7888364

00:09:51.710 --> 00:09:53.729 place for kids to practice skills?

00:09:53.730 --> 00:09:55.758 You know when they're in there,

NOTE Confidence: 0.7888364

00:09:55.760 --> 00:09:58.139 doing it in a safe space, right?

NOTE Confidence: 0.7888364

00:09:58.139 --> 00:10:00.173 So they can practice again and

NOTE Confidence: 0.7888364

 $00:10:00.173 \longrightarrow 00:10:01.190$  again and again.

NOTE Confidence: 0.7888364

 $00:10:01.190 \longrightarrow 00:10:04.580$  And if they mess up, it's not a big deal.

NOTE Confidence: 0.7888364

 $00:10:04.580 \longrightarrow 00:10:06.270$  We just try something else.

NOTE Confidence: 0.7888364

00:10:06.270 --> 00:10:07.970 You can practice decision making.

NOTE Confidence: 0.7888364

00:10:07.970 --> 00:10:10.160 See that what kind of outcomes?

NOTE Confidence: 0.7888364

00:10:10.160 --> 00:10:11.710 No, you get from making

NOTE Confidence: 0.7888364

 $00{:}10{:}11.710 \dashrightarrow 00{:}10{:}12.950$  certain decisions and games.

NOTE Confidence: 0.7888364

 $00{:}10{:}12.950 \dashrightarrow 00{:}10{:}14.798$  And again these outcomes are not

NOTE Confidence: 0.7888364

 $00:10:14.798 \dashrightarrow 00:10:16.669$  going to affect your real life.

NOTE Confidence: 0.7888364

 $00{:}10{:}16.670 --> 00{:}10{:}18.220$  You know health outcomes, right?

NOTE Confidence: 0.7888364

 $00:10:18.220 \longrightarrow 00:10:20.388$  So we can we can see what happens

NOTE Confidence: 0.7888364

 $00:10:20.388 \longrightarrow 00:10:22.250$  if we don't use condoms.

00:10:22.250 --> 00:10:24.219 You know, in a relationship, right?

NOTE Confidence: 0.7888364

 $00{:}10{:}24.219 \dashrightarrow 00{:}10{:}27.152$  And then and see how that affects

NOTE Confidence: 0.7888364

00:10:27.152 --> 00:10:29.670 our future so. It's a great.

NOTE Confidence: 0.7888364

00:10:29.670 --> 00:10:32.820 It's a great platform for role modeling,

NOTE Confidence: 0.7888364

 $00:10:32.820 \longrightarrow 00:10:35.166$  you know. And it's less idea.

NOTE Confidence: 0.7888364

00:10:35.170 --> 00:10:36.418 Kind of, you know,

NOTE Confidence: 0.7888364

00:10:36.418 --> 00:10:37.666 exploring options kind of

NOTE Confidence: 0.7888364

00:10:37.666 --> 00:10:39.528 like the old adventure books.

NOTE Confidence: 0.7888364

 $00{:}10{:}39.530 \dashrightarrow 00{:}10{:}41.990$  You know, adventure games.

NOTE Confidence: 0.7888364

 $00:10:41.990 \longrightarrow 00:10:43.190$  And finally two there.

NOTE Confidence: 0.7888364

 $00:10:43.190 \longrightarrow 00:10:44.990$  There is a lot of interest.

NOTE Confidence: 0.7888364

 $00:10:44.990 \longrightarrow 00:10:46.768$  There has been a lot of interest

NOTE Confidence: 0.7888364

00:10:46.768 --> 00:10:49.400 for a long time in this idea of

NOTE Confidence: 0.7888364

 $00{:}10{:}49.400 \dashrightarrow 00{:}10{:}51.342$  collection in collecting in game data

NOTE Confidence: 0.7888364

00:10:51.342 --> 00:10:53.687 and kind of also thinking about Fidelity,

NOTE Confidence: 0.7888364

00:10:53.690 --> 00:10:53.978 right?

00:10:53.978 --> 00:10:55.706 So when we we think about

NOTE Confidence: 0.7888364

 $00:10:55.706 \longrightarrow 00:10:57.289$  interventions that come into schools,

NOTE Confidence: 0.7888364

 $00:10:57.290 \longrightarrow 00:10:58.820$  oftentimes you have to have

NOTE Confidence: 0.7888364

 $00:10:58.820 \longrightarrow 00:11:00.590$  a teacher that is trained to,

NOTE Confidence: 0.7888364

00:11:00.590 --> 00:11:01.190 you know,

NOTE Confidence: 0.7888364

 $00:11:01.190 \longrightarrow 00:11:02.090$  implement that intervention.

NOTE Confidence: 0.7888364

00:11:02.090 --> 00:11:03.890 And when you think of something

NOTE Confidence: 0.7888364

00:11:03.890 --> 00:11:04.790 like sexual health,

NOTE Confidence: 0.7888364

 $00:11:04.790 \longrightarrow 00:11:06.285$  you know teachers sometimes maybe

NOTE Confidence: 0.7888364

00:11:06.285 --> 00:11:08.090 things out that they you know.

NOTE Confidence: 0.7888364

 $00:11:08.090 \longrightarrow 00:11:10.064$  Maybe they don't want to talk about

NOTE Confidence: 0.7888364

 $00:11:10.064 \longrightarrow 00:11:11.737$  or don't feel comfortable talking

NOTE Confidence: 0.7888364

00:11:11.737 --> 00:11:14.029 about or don't know enough about.

NOTE Confidence: 0.7888364

00:11:14.030 --> 00:11:14.602 You know,

NOTE Confidence: 0.7888364

 $00:11:14.602 \longrightarrow 00:11:16.032$  with games that kids are

00:11:16.032 --> 00:11:17.788 playing the same way every time,

NOTE Confidence: 0.7888364

 $00:11:17.790 \longrightarrow 00:11:18.654$  so there's a.

NOTE Confidence: 0.7888364

00:11:18.654 --> 00:11:19.518 There's a high,

NOTE Confidence: 0.7888364

 $00:11:19.520 \longrightarrow 00:11:22.016$  you know high fidelity to them.

NOTE Confidence: 0.7888364

 $00:11:22.020 \longrightarrow 00:11:23.670$  Which is another reason that they're

NOTE Confidence: 0.7888364

 $00:11:23.670 \longrightarrow 00:11:25.439$  great and in game data we can.

NOTE Confidence: 0.7888364

 $00{:}11{:}25.440 \dashrightarrow 00{:}11{:}27.216$  We can see how kids are making choices

NOTE Confidence: 0.7888364

 $00:11:27.216 \longrightarrow 00:11:29.488$  in the game and then compare that to

NOTE Confidence: 0.7888364

 $00:11:29.488 \longrightarrow 00:11:30.984$  perhaps assessments outside of the

NOTE Confidence: 0.7888364

 $00:11:30.984 \longrightarrow 00:11:32.797$  game or behaviors outside of the game.

NOTE Confidence: 0.7888364

 $00:11:32.800 \longrightarrow 00:11:34.774$  And we can see real connections

NOTE Confidence: 0.7888364

 $00:11:34.774 \longrightarrow 00:11:36.090$  to where kids are

NOTE Confidence: 0.8585884

00:11:36.162 --> 00:11:38.177 actually learning in the game.

NOTE Confidence: 0.8585884

 $00:11:38.180 \longrightarrow 00:11:43.274$  So I mentioned I am the director of the.

NOTE Confidence: 0.8585884

 $00:11:43.280 \longrightarrow 00:11:45.428$  Play for real X. Our lab.

NOTE Confidence: 0.8585884

 $00:11:45.430 \longrightarrow 00:11:47.830$  Our mission is really to kind of not

00:11:47.830 --> 00:11:49.720 just develop these interventions,

NOTE Confidence: 0.8585884

 $00{:}11{:}49.720 \dashrightarrow 00{:}11{:}51.550$  but also to rigorously evaluate

NOTE Confidence: 0.8585884

 $00:11:51.550 \longrightarrow 00:11:53.660$  them and that could be in,

NOTE Confidence: 0.8585884

00:11:53.660 --> 00:11:55.450 you know, Kayla studies, RCT's,

NOTE Confidence: 0.8585884

 $00:11:55.450 \longrightarrow 00:11:57.956$  whatever kind of you know, rigorous study.

NOTE Confidence: 0.8585884

 $00:11:57.956 \longrightarrow 00:11:59.746$  We want to think of.

NOTE Confidence: 0.8585884

 $00:11:59.750 \longrightarrow 00:12:02.286$  But those games are also going to be

NOTE Confidence: 0.8585884

 $00:12:02.286 \longrightarrow 00:12:05.160$  based on theory and evidence, right?

NOTE Confidence: 0.8585884

00:12:05.160 --> 00:12:07.440 And the literature.

NOTE Confidence: 0.8585884

 $00:12:07.440 \longrightarrow 00:12:11.456$  We both focus on XR and gaming technology.

NOTE Confidence: 0.8585884

 $00:12:11.460 \longrightarrow 00:12:14.640$  This started back in 2000.

NOTE Confidence: 0.8585884

 $00:12:14.640 \longrightarrow 00:12:16.710$  17 Yes 2017 we started the

NOTE Confidence: 0.8585884

 $00{:}12{:}16.710 \dashrightarrow 00{:}12{:}18.670$  lab with funding from Oculus,

NOTE Confidence: 0.8585884

 $00:12:18.670 \longrightarrow 00:12:21.225$  which is one of the IT is,

NOTE Confidence: 0.8585884

 $00:12:21.230 \longrightarrow 00:12:21.926$  you know,

 $00:12:21.926 \longrightarrow 00:12:24.362$  one of the top VR headsets that

NOTE Confidence: 0.8585884

 $00:12:24.362 \longrightarrow 00:12:26.717$  you can buy the Oculus Quest.

NOTE Confidence: 0.80662906

 $00:12:29.020 \longrightarrow 00:12:32.017$  So taking a step back So what is XR?

NOTE Confidence: 0.80662906

00:12:32.020 --> 00:12:34.688 I keep using this term, but you know,

NOTE Confidence: 0.80662906

 $00:12:34.688 \longrightarrow 00:12:36.704$  a lot of people aren't really

NOTE Confidence: 0.80662906

 $00:12:36.704 \longrightarrow 00:12:38.338$  familiar with what it means,

NOTE Confidence: 0.80662906

 $00{:}12{:}38.340 \dashrightarrow 00{:}12{:}40.010$  so XR means extended reality.

NOTE Confidence: 0.80662906

 $00:12:40.010 \longrightarrow 00:12:42.234$  And really what it means is it's a

NOTE Confidence: 0.80662906

 $00{:}12{:}42.234 \dashrightarrow 00{:}12{:}44.339$  blanket term for immersive technology,

NOTE Confidence: 0.80662906

 $00:12:44.340 \longrightarrow 00:12:46.338$  so that can be, you know,

NOTE Confidence: 0.80662906

 $00{:}12{:}46.340 \mathrel{--}{>} 00{:}12{:}47.668$  augmented reality virtual reality

NOTE Confidence: 0.80662906

00:12:47.668 --> 00:12:49.328 and this mixture merged reality,

NOTE Confidence: 0.80662906

 $00:12:49.330 \longrightarrow 00:12:52.066$  so I'll take it even a step further and

NOTE Confidence: 0.80662906

 $00:12:52.066 \longrightarrow 00:12:54.659$  describe some of these so augmented reality.

NOTE Confidence: 0.80662906

 $00:12:54.660 \longrightarrow 00:12:57.284$  So AR is where you're creating an overlay

NOTE Confidence: 0.80662906

 $00:12:57.284 \longrightarrow 00:12:59.769$  of virtual content onto the real world.

00:12:59.770 --> 00:13:01.485 But you can't necessarily interact

NOTE Confidence: 0.80662906

 $00:13:01.485 \longrightarrow 00:13:02.799$  with that environment, right?

NOTE Confidence: 0.80662906

00:13:02.799 --> 00:13:05.726 So you will most likely see a lot of AR

NOTE Confidence: 0.80662906

 $00:13:05.726 \longrightarrow 00:13:08.134$  applications on your phone and in some

NOTE Confidence: 0.80662906

 $00{:}13{:}08.134 \dashrightarrow 00{:}13{:}10.778$  head sets to headsets are quite expensive,

NOTE Confidence: 0.80662906

00:13:10.780 --> 00:13:12.590 but you're probably most likely

NOTE Confidence: 0.80662906

00:13:12.590 --> 00:13:14.400 interested or Reno augmented reality

NOTE Confidence: 0.80662906

 $00{:}13{:}14.460 \dashrightarrow 00{:}13{:}16.380$  from some popular apps like Pokémon

NOTE Confidence: 0.80662906

00:13:16.380 --> 00:13:18.003 Go is augmented reality, right?

NOTE Confidence: 0.80662906

 $00{:}13{:}18.003 \dashrightarrow 00{:}13{:}19.375$  You can't necessarily interact

NOTE Confidence: 0.80662906

 $00:13:19.375 \longrightarrow 00:13:20.404$  with those Pokémon.

NOTE Confidence: 0.80662906

 $00:13:20.410 \longrightarrow 00:13:22.105$  They're not going to recognize

NOTE Confidence: 0.80662906

00:13:22.105 --> 00:13:24.540 if they're on top of the table,

NOTE Confidence: 0.80662906

 $00:13:24.540 \longrightarrow 00:13:27.810$  or you know under a bed.

NOTE Confidence: 0.80662906

00:13:27.810 --> 00:13:29.070 But they're they're going to,

 $00:13:29.070 \longrightarrow 00:13:31.070$  you know you can still see the digital

NOTE Confidence: 0.80662906

00:13:31.070 --> 00:13:32.580 objects, and you can capture them,

NOTE Confidence: 0.80662906

00:13:32.580 --> 00:13:32.831 right?

NOTE Confidence: 0.80662906

00:13:32.831 --> 00:13:34.086 Which it's not really interacting

NOTE Confidence: 0.80662906

 $00:13:34.086 \longrightarrow 00:13:34.839$  with your environment.

NOTE Confidence: 0.80662906

 $00:13:34.840 \longrightarrow 00:13:36.090$  Another example of augmented reality.

NOTE Confidence: 0.80662906

 $00:13:36.090 \longrightarrow 00:13:38.098$  I don't know if you guys saw this.

NOTE Confidence: 0.80662906

00:13:38.100 --> 00:13:40.452 You know about the lawyer that had his

NOTE Confidence: 0.80662906

 $00{:}13{:}40.452 \dashrightarrow 00{:}13{:}42.724$  cat filter on and couldn't figure out how

NOTE Confidence: 0.80662906

 $00:13:42.724 \longrightarrow 00:13:45.368$  to turn it off during the court meeting.

NOTE Confidence: 0.80662906

 $00:13:45.370 \longrightarrow 00:13:46.805$  And another kind of example

NOTE Confidence: 0.80662906

 $00:13:46.805 \longrightarrow 00:13:47.666$  of augmented reality.

NOTE Confidence: 0.80662906

 $00:13:47.670 \longrightarrow 00:13:50.262$  But we can we think of health and medicine.

NOTE Confidence: 0.80662906

 $00:13:50.270 \longrightarrow 00:13:52.278$  We can take this even further, right?

NOTE Confidence: 0.80662906

 $00:13:52.278 \longrightarrow 00:13:54.294$  So we can we can think about,

NOTE Confidence: 0.80662906

00:13:54.300 --> 00:13:54.932 you know,

00:13:54.932 --> 00:13:56.512 a projections of holograms and

NOTE Confidence: 0.80662906

 $00{:}13{:}56.512 \dashrightarrow 00{:}13{:}58.266$  other ideas that are projected in

NOTE Confidence: 0.80662906

 $00:13:58.266 \longrightarrow 00:14:00.350$  front of you and you can see them.

NOTE Confidence: 0.80662906

 $00:14:00.350 \longrightarrow 00:14:00.924$  You can.

NOTE Confidence: 0.80662906

 $00:14:00.924 \longrightarrow 00:14:02.933$  You can skip more of like a,

NOTE Confidence: 0.80662906

 $00:14:02.940 \longrightarrow 00:14:04.380$  you know a 3D models.

NOTE Confidence: 0.80662906

00:14:04.380 --> 00:14:06.312 You can walk around and maybe

NOTE Confidence: 0.80662906

 $00{:}14{:}06.312 \dashrightarrow 00{:}14{:}08.120$  remove layers and dig deeper right?

NOTE Confidence: 0.80662906

 $00:14:08.120 \longrightarrow 00:14:11.000$  We can we can do a lot of brain scans.

NOTE Confidence: 0.80662906

 $00{:}14{:}11.000 \dashrightarrow 00{:}14{:}13.268$  We can let you know there's a lot that

NOTE Confidence: 0.80662906

00:14:13.268 --> 00:14:15.429 we can do with augmented reality.

NOTE Confidence: 0.80662906

 $00:14:15.430 \longrightarrow 00:14:18.160$  Come this way.

NOTE Confidence: 0.80662906

 $00{:}14{:}18.160 \dashrightarrow 00{:}14{:}20.712$  And then to you know more and more

NOTE Confidence: 0.80662906

00:14:20.712 --> 00:14:22.494 augmented reality is being used

NOTE Confidence: 0.80662906

 $00:14:22.494 \longrightarrow 00:14:24.294$  to assist in surgical procedures.

 $00:14:24.300 \longrightarrow 00:14:25.660$  By superimposing patient information

NOTE Confidence: 0.80662906

 $00{:}14{:}25.660 \dashrightarrow 00{:}14{:}28.050$  in reality. So for surgeons, do it.

NOTE Confidence: 0.80662906

 $00:14:28.050 \longrightarrow 00:14:30.000$  You know they're not having to

NOTE Confidence: 0.80662906

 $00:14:30.000 \longrightarrow 00:14:32.139$  maybe look up an over there,

NOTE Confidence: 0.80662906

00:14:32.140 --> 00:14:32.650 you know,

NOTE Confidence: 0.80662906

 $00:14:32.650 \longrightarrow 00:14:34.690$  to the side to look at a monitor

NOTE Confidence: 0.80662906

00:14:34.758 --> 00:14:37.056 that that this kind of information

NOTE Confidence: 0.80662906

 $00{:}14{:}37.056 \dashrightarrow 00{:}14{:}39.027$  page patient information can be

NOTE Confidence: 0.80662906

 $00{:}14{:}39.027 \dashrightarrow 00{:}14{:}40.882$  projected directly down onto the

NOTE Confidence: 0.80662906

 $00:14:40.882 \longrightarrow 00:14:42.712$  patient and where they're working.

NOTE Confidence: 0.80662906

 $00:14:42.712 \longrightarrow 00:14:45.448$  And they can also get real real time

NOTE Confidence: 0.80662906

 $00:14:45.448 \longrightarrow 00:14:47.830$  feedback from from others on their team.

NOTE Confidence: 0.8151811

00:14:50.610 --> 00:14:52.500 A second we have virtual reality,

NOTE Confidence: 0.8151811

 $00:14:52.500 \longrightarrow 00:14:54.080$  so virtual reality it actually.

NOTE Confidence: 0.8151811

 $00:14:54.080 \longrightarrow 00:14:56.061$  On the other hand, is where you're

NOTE Confidence: 0.8151811

 $00:14:56.061 \longrightarrow 00:14:58.170$  fully immersed in a digital environment,

00:14:58.170 --> 00:15:00.690 so most of you might know this right?

NOTE Confidence: 0.8151811

 $00{:}15{:}00.690 \dashrightarrow 00{:}15{:}02.988$  It's like examples might be like

NOTE Confidence: 0.8151811

 $00:15:02.988 \longrightarrow 00:15:05.662$  being able to tour the Anne Frank

NOTE Confidence: 0.8151811

00:15:05.662 --> 00:15:08.133 House to really kind of step in.

NOTE Confidence: 0.8151811

 $00{:}15{:}08.140 \dashrightarrow 00{:}15{:}10.068$  When and what it meant must have felt

NOTE Confidence: 0.8151811

00:15:10.068 --> 00:15:11.980 like for Anne Frank to be, you know,

NOTE Confidence: 0.8151811

 $00:15:11.980 \longrightarrow 00:15:13.660$  hidden away what her environment was like.

NOTE Confidence: 0.8151811

 $00:15:13.660 \longrightarrow 00:15:15.712$  You can get a feeling of this size an

NOTE Confidence: 0.8151811

00:15:15.712 --> 00:15:17.649 an objects that would have been in

NOTE Confidence: 0.8151811

 $00{:}15{:}17.649 \dashrightarrow 00{:}15{:}19.837$  her room and you can actually interact

NOTE Confidence: 0.8151811

 $00:15:19.837 \longrightarrow 00:15:22.238$  with them and interact with her story.

NOTE Confidence: 0.8151811

 $00:15:22.240 \longrightarrow 00:15:24.454$  Another example is you know being

NOTE Confidence: 0.8151811

 $00{:}15{:}24.454 \dashrightarrow 00{:}15{:}27.220$  able to be trained for Black Friday,

NOTE Confidence: 0.8151811

 $00:15:27.220 \longrightarrow 00:15:29.518$  Walmart as this is an inexpensive

NOTE Confidence: 0.8151811

 $00:15:29.518 \longrightarrow 00:15:31.662$  way to train, you know,

00:15:31.662 --> 00:15:33.646 temporary employees and how

NOTE Confidence: 0.8151811

00:15:33.646 --> 00:15:36.320 to prepare for Black Friday.

NOTE Confidence: 0.8151811

00:15:36.320 --> 00:15:37.583 But even further,

NOTE Confidence: 0.8151811

 $00:15:37.583 \longrightarrow 00:15:39.267$  we can think about,

NOTE Confidence: 0.8151811

 $00:15:39.270 \longrightarrow 00:15:41.586$  you know virtual reality being used

NOTE Confidence: 0.8151811

00:15:41.586 --> 00:15:44.340 in treating phobias or exposure therapy,

NOTE Confidence: 0.8151811

 $00:15:44.340 \longrightarrow 00:15:45.772$  right so, crowded spaces,

NOTE Confidence: 0.8151811

 $00:15:45.772 \longrightarrow 00:15:47.920$  or being out in public or

NOTE Confidence: 0.8151811

 $00:15:47.994 \longrightarrow 00:15:49.400$  social interactions.

NOTE Confidence: 0.8151811

 $00:15:49.400 \longrightarrow 00:15:52.214$  We can create environments that simulate

NOTE Confidence: 0.8151811

 $00{:}15{:}52.214 \dashrightarrow 00{:}15{:}55.770$  these kind of these situations and and put

NOTE Confidence: 0.8151811

 $00:15:55.770 \longrightarrow 00:15:59.340$  people in them and help them with exposure.

NOTE Confidence: 0.8151811

 $00:15:59.340 \longrightarrow 00:16:01.460$  And then even further a,

NOTE Confidence: 0.8151811

 $00:16:01.460 \longrightarrow 00:16:04.239$  you know a colleague of mine in

NOTE Confidence: 0.8151811

00:16:04.239 --> 00:16:06.530 Pediatrics has been working with.

NOTE Confidence: 0.8151811

 $00{:}16{:}06.530 \dashrightarrow 00{:}16{:}08.650$  You know he's an oncologist.

00:16:08.650 --> 00:16:10.342 Pediatric oncologist has been

NOTE Confidence: 0.8151811

00:16:10.342 --> 00:16:12.880 working with kids with brain cancer,

NOTE Confidence: 0.8151811

 $00:16:12.880 \longrightarrow 00:16:13.366$  and,

NOTE Confidence: 0.8151811

00:16:13.366 --> 00:16:14.338 you know,

NOTE Confidence: 0.8151811

 $00:16:14.338 \longrightarrow 00:16:16.768$  be he's created these wonderful

NOTE Confidence: 0.8151811

00:16:16.768 --> 00:16:18.918 environments where kids can meet

NOTE Confidence: 0.8151811

00:16:18.918 --> 00:16:21.114 for social support with the goal

NOTE Confidence: 0.8151811

00:16:21.114 --> 00:16:23.454 of being able to, you know,

NOTE Confidence: 0.8151811

 $00:16:23.454 \longrightarrow 00:16:24.298$  increase socialisation,

NOTE Confidence: 0.8151811

 $00:16:24.298 \longrightarrow 00:16:26.408$  where if there in chemo,

NOTE Confidence: 0.8151811

 $00:16:26.410 \longrightarrow 00:16:28.530$  or their isolated from others,

NOTE Confidence: 0.8151811

 $00:16:28.530 \longrightarrow 00:16:30.150$  they can't necessarily be.

NOTE Confidence: 0.8151811

 $00:16:30.150 \longrightarrow 00:16:32.456$  Are in the room, you know,

NOTE Confidence: 0.8151811

 $00:16:32.456 \longrightarrow 00:16:34.171$  often times are going to be

NOTE Confidence: 0.8151811

00:16:34.171 --> 00:16:35.700 teenagers or young adults,

 $00:16:35.700 \longrightarrow 00:16:36.768$  and they may,

NOTE Confidence: 0.8151811

00:16:36.768 --> 00:16:37.480 you know,

NOTE Confidence: 0.8151811

 $00:16:37.480 \longrightarrow 00:16:39.334$  might be anxious about meeting others

NOTE Confidence: 0.8151811

00:16:39.334 --> 00:16:41.760 or just might not physically possible,

NOTE Confidence: 0.8151811

 $00:16:41.760 \longrightarrow 00:16:43.902$  so creating these kind of social

NOTE Confidence: 0.8151811

 $00:16:43.902 \longrightarrow 00:16:44.973$  spaces for the rapy.

NOTE Confidence: 0.8151811

00:16:44.980 --> 00:16:47.116 Group therapy to happen is really

NOTE Confidence: 0.8151811

 $00:16:47.116 \longrightarrow 00:16:48.184$  can really interesting.

NOTE Confidence: 0.8151811

 $00:16:48.190 \longrightarrow 00:16:51.655$  An markets market are Asher Marks is

NOTE Confidence: 0.8151811

 $00:16:51.655 \longrightarrow 00:16:54.580$  doing some amazing work with that.

NOTE Confidence: 0.8151811

 $00:16:54.580 \longrightarrow 00:16:57.442$  So this is an article I wanted to share

NOTE Confidence: 0.8151811

 $00:16:57.442 \longrightarrow 00:17:00.046$  'cause this is something that I I just.

NOTE Confidence: 0.8151811

 $00{:}17{:}00.050 \dashrightarrow 00{:}17{:}02.248$  I fell into this and I couldn't

NOTE Confidence: 0.8151811

 $00:17:02.248 \longrightarrow 00:17:03.600$  put this paper down.

NOTE Confidence: 0.8151811

 $00:17:03.600 \longrightarrow 00:17:05.847$  I was so excited to see it.

NOTE Confidence: 0.8151811

 $00:17:05.850 \longrightarrow 00:17:07.782$  It's from the Journal of Medical

00:17:07.782 --> 00:17:08.426 Internet Research.

NOTE Confidence: 0.8151811

 $00:17:08.430 \longrightarrow 00:17:10.356$  It's just released this last making

NOTE Confidence: 0.8151811

 $00:17:10.356 \longrightarrow 00:17:11.319$  month or two.

NOTE Confidence: 0.8151811

 $00:17:11.320 \longrightarrow 00:17:13.054$  It's a bibliometric report of the

NOTE Confidence: 0.8151811

 $00:17:13.054 \longrightarrow 00:17:15.508$  uses of XR in health and medicine,

NOTE Confidence: 0.8151811

00:17:15.510 --> 00:17:17.764 and those words are based on author

NOTE Confidence: 0.8151811

 $00:17:17.764 \longrightarrow 00:17:18.730$  and abstract keywords.

NOTE Confidence: 0.8151811

 $00:17:18.730 \longrightarrow 00:17:21.075$  So there is about 8400 papers and

NOTE Confidence: 0.8151811

00:17:21.075 --> 00:17:22.398 original original articles that

NOTE Confidence: 0.8151811

00:17:22.398 --> 00:17:23.976 about 63% of that literature.

NOTE Confidence: 0.8151811

 $00:17:23.976 \longrightarrow 00:17:26.835$  And but what's really cool is you can

NOTE Confidence: 0.8151811

 $00:17:26.835 \longrightarrow 00:17:29.068$  really see from this heat map where

NOTE Confidence: 0.8151811

 $00{:}17{:}29.068 \dashrightarrow 00{:}17{:}31.704$  the work you know in XR is being done,

NOTE Confidence: 0.8151811

 $00:17:31.710 \longrightarrow 00:17:32.583$  so you know,

NOTE Confidence: 0.8151811

 $00:17:32.583 \longrightarrow 00:17:35.250$  even for you know in your own careers,

 $00:17:35.250 \longrightarrow 00:17:37.420$  perhaps looking at some of these keywords

NOTE Confidence: 0.8151811

 $00:17:37.420 \longrightarrow 00:17:39.418$  and seeing where your interests lie,

NOTE Confidence: 0.8151811

 $00:17:39.420 \longrightarrow 00:17:41.510$  an where you know where

NOTE Confidence: 0.8151811

 $00:17:41.510 \longrightarrow 00:17:44.070$  you might fit on this map.

NOTE Confidence: 0.8151811

 $00:17:44.070 \longrightarrow 00:17:47.227$  So these can range from anything from,

NOTE Confidence: 0.8151811

00:17:47.230 --> 00:17:47.960 you know,

NOTE Confidence: 0.8151811

 $00{:}17{:}47.960 \dashrightarrow 00{:}17{:}50.515$  we see the you know I mentioned

NOTE Confidence: 0.8151811

00:17:50.515 --> 00:17:52.639 improving surgical skills and

NOTE Confidence: 0.8151811

 $00:17:52.639 \longrightarrow 00:17:54.887$  reducing surgical procedure errors,

NOTE Confidence: 0.7953431

 $00:17:54.890 \longrightarrow 00:17:57.374$  acute pain Management VR is often

NOTE Confidence: 0.7953431

 $00{:}17{:}57.374 \dashrightarrow 00{:}17{:}59.860$  used as a distraction technique,

NOTE Confidence: 0.7953431

00:17:59.860 --> 00:18:01.210 chronic pain management,

NOTE Confidence: 0.7953431

00:18:01.210 --> 00:18:02.560 even beyond distraction,

NOTE Confidence: 0.7953431

 $00:18:02.560 \longrightarrow 00:18:05.344$  physical rehabilitation and we think of

NOTE Confidence: 0.7953431

 $00:18:05.344 \longrightarrow 00:18:08.420$  mirror therapy for stroke patients or TBI.

NOTE Confidence: 0.7953431

 $00:18:08.420 \longrightarrow 00:18:09.773$  Improving cognitive abilities

00:18:09.773 --> 00:18:12.479 of patients with stroke or TBI,

NOTE Confidence: 0.7953431

 $00{:}18{:}12.480 \dashrightarrow 00{:}18{:}15.600$  including speech and attention and memory.

NOTE Confidence: 0.7953431

 $00:18:15.600 \longrightarrow 00:18:17.646$  And then we are, you know,

NOTE Confidence: 0.7953431

 $00:18:17.650 \longrightarrow 00:18:20.218$  we can also knows it benefits patients with

NOTE Confidence: 0.7953431

 $00:18:20.218 \longrightarrow 00:18:22.438$  mental health conditions such as anxiety,

NOTE Confidence: 0.7953431

 $00:18:22.440 \longrightarrow 00:18:22.781$  depression,

NOTE Confidence: 0.7953431

00:18:22.781 --> 00:18:24.486 substance abuse and eating disorders.

NOTE Confidence: 0.7953431

 $00:18:24.490 \longrightarrow 00:18:25.516$  And it's used.

NOTE Confidence: 0.7953431

00:18:25.516 --> 00:18:26.884 Like I mentioned it,

NOTE Confidence: 0.7953431

 $00:18:26.890 \longrightarrow 00:18:29.865$  in the rapy for a number of fodio

NOTE Confidence: 0.7953431

 $00:18:29.865 \longrightarrow 00:18:32.490$  phobias and traumatic stress disorder.

NOTE Confidence: 0.7953431

 $00{:}18{:}32.490 \dashrightarrow 00{:}18{:}34.842$  So in this article went on to kind

NOTE Confidence: 0.7953431

 $00{:}18{:}34.842 \dashrightarrow 00{:}18{:}36.923$  of show where the publications

NOTE Confidence: 0.7953431

 $00:18:36.923 \longrightarrow 00:18:38.807$  are being are happening,

NOTE Confidence: 0.7953431

 $00:18:38.810 \longrightarrow 00:18:40.670$  so the most are happening.

00:18:40.670 --> 00:18:42.530 You know, in pain, pain,

NOTE Confidence: 0.7953431

 $00{:}18{:}42.530 \dashrightarrow 00{:}18{:}44.390$  distraction, pain reduction, a lot,

NOTE Confidence: 0.7953431

 $00:18:44.390 \longrightarrow 00:18:48.518$  a lot of VR is wonderful for distraction.

NOTE Confidence: 0.7953431

00:18:48.520 --> 00:18:51.600 Especially for kids that are going through,

NOTE Confidence: 0.7953431

 $00:18:51.600 \longrightarrow 00:18:54.588$  you know, dressings or.

NOTE Confidence: 0.7953431

 $00:18:54.590 \longrightarrow 00:18:56.288$  And simple procedures that can cause

NOTE Confidence: 0.7953431

 $00{:}18{:}56.288 \dashrightarrow 00{:}18{:}58.620$  a lot of stress and anxiety for them.

NOTE Confidence: 0.7953431

00:18:58.620 --> 00:18:59.200 You know,

NOTE Confidence: 0.7953431

00:18:59.200 --> 00:19:01.520 putting them in a VR headset can help

NOTE Confidence: 0.7953431

 $00:19:01.584 \longrightarrow 00:19:03.873$  to keep them calm and distracted from

NOTE Confidence: 0.7953431

 $00{:}19{:}03.873 \dashrightarrow 00{:}19{:}06.029$  things that are happening to them.

NOTE Confidence: 0.7953431

00:19:06.030 --> 00:19:07.810 Uh, and it, you know,

NOTE Confidence: 0.7953431

00:19:07.810 --> 00:19:10.071 if you go down then there's stroke

NOTE Confidence: 0.7953431

00:19:10.071 --> 00:19:12.070 anxiety of Parkinson's depression again,

NOTE Confidence: 0.7953431

00:19:12.070 --> 00:19:13.486 fearing those phobias, cancer,

NOTE Confidence: 0.7953431

00:19:13.486 --> 00:19:14.550 Alzheimer's, dementia, PTSD.

 $00:19:14.550 \longrightarrow 00:19:17.390$  So the list really kind of goes on,

NOTE Confidence: 0.7953431

00:19:17.390 --> 00:19:20.801 but you can see here where the a lot

NOTE Confidence: 0.7953431

 $00:19:20.801 \longrightarrow 00:19:24.295$  of the work has been done already.

NOTE Confidence: 0.7953431

00:19:24.300 --> 00:19:24.624 Uhm?

NOTE Confidence: 0.7953431

00:19:24.624 --> 00:19:27.540 And if you see here and This is why

NOTE Confidence: 0.7953431

 $00{:}19{:}27.623 \dashrightarrow 00{:}19{:}30.458$  I think it's such an exciting time,

NOTE Confidence: 0.7953431

 $00:19:30.460 \longrightarrow 00:19:33.250$  you know to be a pioneer in this field.

NOTE Confidence: 0.7953431

 $00:19:33.250 \longrightarrow 00:19:34.174$  There is this.

NOTE Confidence: 0.7953431

 $00:19:34.174 \longrightarrow 00:19:36.338$  This area is really exploded, you know.

NOTE Confidence: 0.7953431

 $00:19:36.338 \longrightarrow 00:19:38.810$  Just in this last five to 10 years,

NOTE Confidence: 0.7953431

 $00{:}19{:}38.810 \dashrightarrow 00{:}19{:}40.966$  more and more work is being done.

NOTE Confidence: 0.7953431

 $00:19:40.970 \longrightarrow 00:19:42.909$  There spends a lot of exciting applications

NOTE Confidence: 0.7953431

00:19:42.909 --> 00:19:44.680 and more and more publications,

NOTE Confidence: 0.7953431

 $00:19:44.680 \longrightarrow 00:19:46.220$  so you know it is.

NOTE Confidence: 0.7953431

 $00:19:46.220 \longrightarrow 00:19:49.363$  If it's just an exciting time to

 $00:19:49.363 \longrightarrow 00:19:52.613$  be a part of this. So moving on.

NOTE Confidence: 0.7953431

 $00:19:52.613 \longrightarrow 00:19:55.569$  So what I wanted to share with you today.

NOTE Confidence: 0.7953431

00:19:55.570 --> 00:19:57.190 You know we're working on

NOTE Confidence: 0.7953431

00:19:57.190 --> 00:19:58.810 several projects in our lab,

NOTE Confidence: 0.7953431

 $00{:}19{:}58.810 \dashrightarrow 00{:}20{:}00.802$  but I wanted to share two of those

NOTE Confidence: 0.7953431

00:20:00.802 --> 00:20:03.690 projects I wanted to share a game based

NOTE Confidence: 0.7953431

 $00:20:03.690 \longrightarrow 00:20:04.854$  intervention multiplayer intervention

NOTE Confidence: 0.7953431

 $00:20:04.854 \longrightarrow 00:20:06.906$  and then a VR based intervention.

NOTE Confidence: 0.7953431

 $00{:}20{:}06.910 \dashrightarrow 00{:}20{:}09.655$  So you kind of get a taste of two

NOTE Confidence: 0.7953431

00:20:09.655 --> 00:20:12.500 different types of ways to use digital

NOTE Confidence: 0.7953431

 $00:20:12.500 \longrightarrow 00:20:14.720$  health technology for digital health.

NOTE Confidence: 0.7953431

00:20:14.720 --> 00:20:16.454 So I'm going to talk to

NOTE Confidence: 0.7953431

 $00:20:16.454 \longrightarrow 00:20:18.090$  you about one night stand.

NOTE Confidence: 0.7953431

 $00:20:18.090 \longrightarrow 00:20:20.148$  This is a video game for HIV

NOTE Confidence: 0.7953431

00:20:20.148 --> 00:20:21.760 prevention and black teen girls,

NOTE Confidence: 0.7953431

00:20:21.760 --> 00:20:23.848 funded by the an ICE HD and then

00:20:23.848 --> 00:20:26.039 invite only VR vaping prevention games.

NOTE Confidence: 0.7953431

 $00:20:26.040 \longrightarrow 00:20:27.570$  This is funded by Oculus

NOTE Confidence: 0.7953431

 $00:20:27.570 \longrightarrow 00:20:28.794$  Education Anas in VR.

NOTE Confidence: 0.8466296

 $00:20:31.430 \longrightarrow 00:20:32.582$  So one night stands.

NOTE Confidence: 0.8466296

 $00:20:32.582 \longrightarrow 00:20:35.315$  This is a a game has been near and

NOTE Confidence: 0.8466296

 $00{:}20{:}35.315 \dashrightarrow 00{:}20{:}37.980$  dear to my heart for many many years.

NOTE Confidence: 0.8466296

 $00:20:37.980 \longrightarrow 00:20:40.527$  This started as a card game and we had

NOTE Confidence: 0.8466296

 $00{:}20{:}40.527 \dashrightarrow 00{:}20{:}42.528$  received funding from the Women's Health

NOTE Confidence: 0.8466296

00:20:42.528 --> 00:20:44.849 research at Yale and we created a,

NOTE Confidence: 0.8466296

00:20:44.850 --> 00:20:47.058 you know, a paper based card game to

NOTE Confidence: 0.8466296

 $00:20:47.058 \longrightarrow 00:20:49.562$  to to kind of get our ideas on on

NOTE Confidence: 0.8466296

 $00:20:49.562 \longrightarrow 00:20:52.019$  paper and try some simple prototyping.

NOTE Confidence: 0.8466296

 $00{:}20{:}52.020 \dashrightarrow 00{:}20{:}53.580$  Cheap simple prototyping to come

NOTE Confidence: 0.8466296

 $00:20:53.580 \longrightarrow 00:20:54.828$  up with a game.

NOTE Confidence: 0.8466296

 $00:20:54.830 \longrightarrow 00:20:57.142$  And then from that from that pilot data

 $00:20:57.142 \longrightarrow 00:20:59.506$  that we received from the card game,

NOTE Confidence: 0.8466296

 $00{:}20{:}59.510 \dashrightarrow 00{:}21{:}02.086$  we extended that into an R21 and got.

NOTE Confidence: 0.8466296

 $00{:}21{:}02.090 \dashrightarrow 00{:}21{:}04.298$  I need to create this into an multiplayer

NOTE Confidence: 0.8466296

00:21:04.298 --> 00:21:06.208 web based video game intervention,

NOTE Confidence: 0.8466296

 $00:21:06.210 \longrightarrow 00:21:08.394$  so this has been just so so fun

NOTE Confidence: 0.8466296

 $00:21:08.394 \longrightarrow 00:21:10.647$  and it's always wonderful to see.

NOTE Confidence: 0.8466296

 $00:21:10.650 \longrightarrow 00:21:11.586$  Like you know,

NOTE Confidence: 0.8466296

00:21:11.586 --> 00:21:14.140 your ideas and projects come come to life,

NOTE Confidence: 0.8466296

 $00{:}21{:}14.140 \dashrightarrow 00{:}21{:}16.036$  even if it takes several years,

NOTE Confidence: 0.8466296

00:21:16.040 --> 00:21:17.774 you know, just keep pushing forward

NOTE Confidence: 0.8466296

 $00:21:17.774 \longrightarrow 00:21:19.530$  if you believe in something,

NOTE Confidence: 0.8466296

 $00:21:19.530 \longrightarrow 00:21:22.778$  I think that's the message from this game.

NOTE Confidence: 0.8466296

00:21:22.780 --> 00:21:25.496 So HIV prevention in black teen girls?

NOTE Confidence: 0.8466296

00:21:25.500 --> 00:21:27.840 So why did we focus here?

NOTE Confidence: 0.8466296

00:21:27.840 --> 00:21:30.528 Well, one in 32 black women will receive

NOTE Confidence: 0.8466296

 $00{:}21{:}30.528 \dashrightarrow 00{:}21{:}33.280$  an HIV diagnosis in their lifetime.

00:21:33.280 --> 00:21:35.225 Black women are often diagnosed

NOTE Confidence: 0.8466296

 $00:21:35.225 \longrightarrow 00:21:37.170$  late in the disease process,

NOTE Confidence: 0.8466296

 $00:21:37.170 \longrightarrow 00:21:39.120$  which means they're infected intestines.

NOTE Confidence: 0.8466296

00:21:39.120 --> 00:21:42.224 A lot of this has to do with,

NOTE Confidence: 0.8466296

00:21:42.230 --> 00:21:43.146 you know,

NOTE Confidence: 0.8466296

 $00:21:43.146 \longrightarrow 00:21:45.894$  their experience with racism and and

NOTE Confidence: 0.8466296

 $00:21:45.894 \longrightarrow 00:21:48.558$  mistrust of the medical field so.

NOTE Confidence: 0.8466296

00:21:48.560 --> 00:21:50.402 Black teen girls between the ages

NOTE Confidence: 0.8466296

 $00:21:50.402 \longrightarrow 00:21:52.642$  of 14 and 19 or are diagnosed

NOTE Confidence: 0.8466296

 $00:21:52.642 \longrightarrow 00:21:54.840$  with an STI at over two times.

NOTE Confidence: 0.8466296

 $00:21:54.840 \longrightarrow 00:21:57.080$  The rate of white girls and we know

NOTE Confidence: 0.8466296

 $00:21:57.080 \longrightarrow 00:21:58.920$  that STI's are associated with,

NOTE Confidence: 0.8466296

00:21:58.920 --> 00:21:59.542 you know,

NOTE Confidence: 0.8466296

 $00:21:59.542 \longrightarrow 00:22:02.380$  a five time increase in the risk of HIV,

NOTE Confidence: 0.8466296

 $00:22:02.380 \longrightarrow 00:22:05.520$  so that is kind of coming out at two ways,

 $00:22:05.520 \longrightarrow 00:22:06.327$  HIV and STI's.

NOTE Confidence: 0.8466296

 $00{:}22{:}06.327 \dashrightarrow 00{:}22{:}08.657$  So the goal of this game was can

NOTE Confidence: 0.8466296

 $00:22:08.657 \longrightarrow 00:22:10.537$  we create an early intervention,

NOTE Confidence: 0.8466296

00:22:10.540 --> 00:22:11.896 specifically terror tailored for

NOTE Confidence: 0.8466296

 $00:22:11.896 \longrightarrow 00:22:13.930$  black teen girls to decrease their

NOTE Confidence: 0.8466296

00:22:13.988 --> 00:22:15.560 risk for HIV and STI infection?

NOTE Confidence: 0.8466296

00:22:15.560 --> 00:22:17.265 But the most important piece

NOTE Confidence: 0.8466296

 $00:22:17.265 \longrightarrow 00:22:19.320$  of this right is like the.

NOTE Confidence: 0.8466296

 $00:22:19.320 \longrightarrow 00:22:22.040$  What does this all mean within the context

NOTE Confidence: 0.8466296

00:22:22.040 --> 00:22:24.657 of being a black teen girl in dating?

NOTE Confidence: 0.8466296

 $00:22:24.660 \longrightarrow 00:22:26.998$  And that was kind of really why?

NOTE Confidence: 0.8466296

00:22:27.000 --> 00:22:29.082 Again like why I mentioned like

NOTE Confidence: 0.8466296

 $00:22:29.082 \longrightarrow 00:22:31.159$  the importance of being able to

NOTE Confidence: 0.8466296

 $00:22:31.159 \longrightarrow 00:22:33.007$  tailor games and and make them,

NOTE Confidence: 0.8466296

 $00:22:33.010 \longrightarrow 00:22:35.695$  you know specific to certain

NOTE Confidence: 0.8466296

 $00:22:35.695 \longrightarrow 00:22:37.306$  topics or populations.

00:22:37.310 --> 00:22:39.254 There were a lot of things I know talking,

NOTE Confidence: 0.8466296

00:22:39.260 --> 00:22:41.188 you know talking with.

NOTE Confidence: 0.8466296

00:22:41.190 --> 00:22:43.092 With with teen girls through focus

NOTE Confidence: 0.8466296

 $00:22:43.092 \longrightarrow 00:22:45.344$  groups that we just learned and that

NOTE Confidence: 0.8466296

 $00:22:45.344 \longrightarrow 00:22:47.780$  really guided the way our game came out.

NOTE Confidence: 0.8447051

00:22:52.050 --> 00:22:54.554 So yeah, this is very long list here,

NOTE Confidence: 0.8447051

00:22:54.560 --> 00:22:57.064 but of our aims for a research project,

NOTE Confidence: 0.8447051

 $00:22:57.070 \longrightarrow 00:22:58.942$  but we're really looking at that

NOTE Confidence: 0.8447051

00:22:58.942 --> 00:23:00.840 preliminary impact of the game right?

NOTE Confidence: 0.8447051

 $00:23:00.840 \longrightarrow 00:23:03.044$  We wanted to look at knowledge, intentions,

NOTE Confidence: 0.8447051

00:23:03.044 --> 00:23:04.300 social perceptions, self efficacy,

NOTE Confidence: 0.8447051

 $00{:}23{:}04.300 \dashrightarrow 00{:}23{:}06.804$  and then this this idea of behaviors so.

NOTE Confidence: 0.8447051

00:23:06.810 --> 00:23:08.688 But but even a step further,

NOTE Confidence: 0.8447051

 $00:23:08.690 \longrightarrow 00:23:10.260$  you know before those behaviors.

NOTE Confidence: 0.8447051

 $00:23:10.260 \longrightarrow 00:23:12.096$  What are some of those smaller

 $00:23:12.096 \longrightarrow 00:23:13.695$  behaviors that you engage in

NOTE Confidence: 0.8447051

 $00:23:13.695 \longrightarrow 00:23:15.290$  before the big behaviors happen?

NOTE Confidence: 0.8447051

 $00:23:15.290 \longrightarrow 00:23:17.706$  So we were interested in the big primary

NOTE Confidence: 0.8447051

00:23:17.706 --> 00:23:20.438 aim of can we increase HIV STI testing?

NOTE Confidence: 0.8447051

 $00:23:20.440 \longrightarrow 00:23:21.850$  Partner testing and condom use.

NOTE Confidence: 0.8447051

 $00:23:21.850 \longrightarrow 00:23:23.684$  But we also wanted to see if

NOTE Confidence: 0.8447051

00:23:23.684 --> 00:23:25.499 we could get girls you know,

NOTE Confidence: 0.8447051

 $00:23:25.500 \longrightarrow 00:23:27.327$  to engage in the behavior of talking

NOTE Confidence: 0.8447051

 $00{:}23{:}27.327 \dashrightarrow 00{:}23{:}29.148$  to their partner right about condoms,

NOTE Confidence: 0.8447051

 $00:23:29.150 \longrightarrow 00:23:30.274$  talking to their partner

NOTE Confidence: 0.8447051

00:23:30.274 --> 00:23:31.117 about getting tested?

NOTE Confidence: 0.8447051

00:23:31.120 --> 00:23:32.320 You know, maybe looking,

NOTE Confidence: 0.8447051

 $00:23:32.320 \longrightarrow 00:23:33.820$  getting on the Internet and

NOTE Confidence: 0.8447051

 $00:23:33.820 \longrightarrow 00:23:35.327$  find out where they can go.

NOTE Confidence: 0.8447051

 $00:23:35.330 \longrightarrow 00:23:37.106$  Maybe talking to their doctors about

NOTE Confidence: 0.8447051

 $00:23:37.106 \longrightarrow 00:23:38.989$  what what it means to you know,

 $00:23:38.990 \longrightarrow 00:23:40.390$  is prep right for them.

NOTE Confidence: 0.8447051

 $00:23:40.390 \longrightarrow 00:23:41.800$  So we're really interested in,

NOTE Confidence: 0.8447051

00:23:41.800 --> 00:23:42.314 you know,

NOTE Confidence: 0.8447051

00:23:42.314 --> 00:23:44.113 kind of seeing what this game could

NOTE Confidence: 0.8447051

00:23:44.113 --> 00:23:46.239 do and then we were also interested

NOTE Confidence: 0.8447051

 $00:23:46.239 \longrightarrow 00:23:47.980$  in the acceptability of the game.

NOTE Confidence: 0.8447051

 $00:23:47.980 \longrightarrow 00:23:49.385$  You know, games and interventions

NOTE Confidence: 0.8447051

 $00:23:49.385 \longrightarrow 00:23:50.790$  are all great and wonderful,

NOTE Confidence: 0.8447051

 $00:23:50.790 \longrightarrow 00:23:52.692$  but if they're not an engaging

NOTE Confidence: 0.8447051

 $00:23:52.692 \longrightarrow 00:23:54.310$  or you know I'm not.

NOTE Confidence: 0.8447051

 $00:23:54.310 \longrightarrow 00:23:55.249$  I'm always cautious.

NOTE Confidence: 0.8447051

00:23:55.249 --> 00:23:57.434 Use word fun, but if they're not,

NOTE Confidence: 0.8447051

00:23:57.434 --> 00:23:59.630 you know engaging and fun to use,

NOTE Confidence: 0.8447051

00:23:59.630 --> 00:24:01.919 then then teens won't play them or

NOTE Confidence: 0.8447051

 $00:24:01.919 \longrightarrow 00:24:04.330$  they won't be paying attention so.

 $00:24:04.330 \longrightarrow 00:24:06.574$  We want to make sure that

NOTE Confidence: 0.8447051

00:24:06.574 --> 00:24:08.070 the game is enjoyable.

NOTE Confidence: 0.8447051

 $00:24:08.070 \longrightarrow 00:24:10.968$  So like I mentioned, we did one of them.

NOTE Confidence: 0.8447051

 $00:24:10.970 \longrightarrow 00:24:11.622$  You know,

NOTE Confidence: 0.8447051

00:24:11.622 --> 00:24:13.252 an important part of developing

NOTE Confidence: 0.8447051

00:24:13.252 --> 00:24:14.907 any type of intervention like

NOTE Confidence: 0.8447051

 $00:24:14.907 \longrightarrow 00:24:17.363$  this is as we really spend a lot

NOTE Confidence: 0.8447051

 $00:24:17.432 \longrightarrow 00:24:19.340$  of times in the formative work,

NOTE Confidence: 0.8447051

 $00{:}24{:}19.340 \dashrightarrow 00{:}24{:}21.516$  so we did a lot of focus groups

NOTE Confidence: 0.8447051

00:24:21.516 --> 00:24:23.953 with with black teen girls and it

NOTE Confidence: 0.8447051

 $00{:}24{:}23.953 \dashrightarrow 00{:}24{:}25.778$  was really kind of interesting.

NOTE Confidence: 0.8447051

 $00:24:25.780 \longrightarrow 00:24:26.424$  Interesting time,

NOTE Confidence: 0.8447051

00:24:26.424 --> 00:24:28.678 because if you see the dates here,

NOTE Confidence: 0.8447051

 $00:24:28.680 \longrightarrow 00:24:31.120$  this is when you know kind of COVID

NOTE Confidence: 0.8447051

 $00:24:31.120 \longrightarrow 00:24:32.444$  happened and everything moved

NOTE Confidence: 0.8447051

 $00:24:32.444 \longrightarrow 00:24:34.712$  on line and we could no longer

 $00:24:34.712 \longrightarrow 00:24:36.848$  ask access teens in schools to

NOTE Confidence: 0.8447051

00:24:36.848 --> 00:24:38.593 have in person focus groups.

NOTE Confidence: 0.8447051

 $00:24:38.600 \longrightarrow 00:24:40.010$  So we open this up.

NOTE Confidence: 0.8447051

 $00:24:40.010 \longrightarrow 00:24:40.850$  We put a,

NOTE Confidence: 0.8447051

00:24:40.850 --> 00:24:41.410 you know,

NOTE Confidence: 0.8447051

 $00:24:41.410 \longrightarrow 00:24:43.391$  a call out on on Facebook and

NOTE Confidence: 0.8447051

00:24:43.391 --> 00:24:45.382 Instagram had to see you know if

NOTE Confidence: 0.8447051

 $00:24:45.382 \longrightarrow 00:24:47.347$  we could bring some teens in to

NOTE Confidence: 0.8447051

 $00:24:47.347 \longrightarrow 00:24:49.279$  do some zoom focus groups and I

NOTE Confidence: 0.8447051

00:24:49.279 --> 00:24:50.683 was really nervous about doing

NOTE Confidence: 0.8447051

00:24:50.683 --> 00:24:52.369 this because I thought you know,

NOTE Confidence: 0.8447051

 $00:24:52.370 \longrightarrow 00:24:54.618$  these girls aren't going to know each other.

NOTE Confidence: 0.8447051

 $00{:}24{:}54.620 \dashrightarrow 00{:}24{:}56.650$  They're really not going to make it

NOTE Confidence: 0.8447051

00:24:56.650 --> 00:24:58.830 just going to sit and not say much.

NOTE Confidence: 0.8447051

 $00:24:58.830 \longrightarrow 00:25:00.510$  Maybe they're going to be quiet

 $00:25:00.510 \longrightarrow 00:25:01.920$  or not engaged to get,

NOTE Confidence: 0.8447051

 $00:25:01.920 \longrightarrow 00:25:03.330$  you know in a conversation,

NOTE Confidence: 0.8447051

 $00:25:03.330 \longrightarrow 00:25:04.735$  but it was actually quite

NOTE Confidence: 0.8447051

 $00:25:04.735 \longrightarrow 00:25:05.859$  the opposite that teens.

NOTE Confidence: 0.8447051

 $00:25:05.860 \longrightarrow 00:25:06.438$  This is.

NOTE Confidence: 0.8447051

00:25:06.438 --> 00:25:08.172 Also, you know during the riots

NOTE Confidence: 0.8447051

 $00:25:08.172 \longrightarrow 00:25:09.850$  and Black Lives Matter when.

NOTE Confidence: 0.8447051

00:25:09.850 --> 00:25:12.146 This movement was really big and important,

NOTE Confidence: 0.8447051

00:25:12.150 --> 00:25:13.137 and George Floyd,

NOTE Confidence: 0.8447051

00:25:13.137 --> 00:25:15.440 you know it's a really important time,

NOTE Confidence: 0.8447051

 $00{:}25{:}15.440 \to 00{:}25{:}17.045$  so these conversations with girls

NOTE Confidence: 0.8447051

 $00:25:17.045 \longrightarrow 00:25:19.060$  really took a life on their,

NOTE Confidence: 0.8447051

 $00:25:19.060 \longrightarrow 00:25:21.040$  you know, life of their own.

NOTE Confidence: 0.8447051

 $00:25:21.040 \longrightarrow 00:25:21.650$  It was,

NOTE Confidence: 0.8447051

 $00:25:21.650 \longrightarrow 00:25:24.090$  we learned so much just by listening to

NOTE Confidence: 0.8447051

 $00:25:24.160 \longrightarrow 00:25:26.624$  them engage with each other about you.

 $00:25:26.630 \longrightarrow 00:25:29.745$  Know what it means to date as

NOTE Confidence: 0.8747983

 $00{:}25{:}29.745 \dashrightarrow 00{:}25{:}32.839$ a black teen girl. And it was.

NOTE Confidence: 0.8747983

 $00:25:32.839 \longrightarrow 00:25:35.077$  It was just so so amazing

NOTE Confidence: 0.8747983

 $00:25:35.077 \longrightarrow 00:25:37.280$  and such an eye opener.

NOTE Confidence: 0.8747983

 $00:25:37.280 \longrightarrow 00:25:39.566$  So a lot of that you know in terms

NOTE Confidence: 0.8747983

 $00:25:39.566 \longrightarrow 00:25:42.410$  of and what I mean by that in terms

NOTE Confidence: 0.8747983

 $00:25:42.410 \longrightarrow 00:25:44.558$  of navigating as a black teen girl,

NOTE Confidence: 0.8747983

00:25:44.560 --> 00:25:46.300 you know, just like any team,

NOTE Confidence: 0.8747983

 $00:25:46.300 \longrightarrow 00:25:46.882$  they're there.

NOTE Confidence: 0.8747983

00:25:46.882 --> 00:25:48.046 They're navigating the world

NOTE Confidence: 0.8747983

 $00:25:48.046 \longrightarrow 00:25:49.210$  of what it means.

NOTE Confidence: 0.8747983

 $00:25:49.210 \longrightarrow 00:25:51.538$  You know today to be in a relationship.

NOTE Confidence: 0.8747983

00:25:51.540 --> 00:25:53.676 And how do you vet guys and determine

NOTE Confidence: 0.8747983

00:25:53.676 --> 00:25:55.609 what are some red flags stating?

NOTE Confidence: 0.8747983

00:25:55.610 --> 00:25:57.490 But within that to be a black teen

 $00:25:57.490 \longrightarrow 00:25:59.078$  girl also means you're you're

NOTE Confidence: 0.8747983

 $00{:}25{:}59.078 \dashrightarrow 00{:}26{:}00.848$  dealing with colorism and racism.

NOTE Confidence: 0.8747983

 $00{:}26{:}00.850 \dashrightarrow 00{:}26{:}02.621$  And men saying I only date light

NOTE Confidence: 0.8747983

 $00:26:02.621 \longrightarrow 00:26:04.277$  skin black girls and you're getting

NOTE Confidence: 0.8747983

00:26:04.277 --> 00:26:05.951 you know you're you know you're

NOTE Confidence: 0.8747983

00:26:05.951 --> 00:26:07.738 not necessarily getting support.

NOTE Confidence: 0.8747983

00:26:07.740 --> 00:26:09.678 Your family and and you know?

NOTE Confidence: 0.8747983

 $00:26:09.680 \longrightarrow 00:26:10.984$  And so there was.

NOTE Confidence: 0.8747983

 $00{:}26{:}10.984 \dashrightarrow 00{:}26{:}12.940$  It was just really powerful about

NOTE Confidence: 0.8747983

00:26:13.011 --> 00:26:15.009 hearing these girls talk about what

NOTE Confidence: 0.8747983

 $00{:}26{:}15.009 \dashrightarrow 00{:}26{:}17.429$  it means to data as a black girl.

NOTE Confidence: 0.8747983

 $00:26:17.430 \longrightarrow 00:26:19.551$  So so we use that formative work

NOTE Confidence: 0.8747983

 $00:26:19.551 \longrightarrow 00:26:21.950$  to to move forward in our game.

NOTE Confidence: 0.8747983

00:26:21.950 --> 00:26:22.596 And again,

NOTE Confidence: 0.8747983

 $00:26:22.596 \longrightarrow 00:26:24.857$  another point to bring this up about.

NOTE Confidence: 0.8747983

 $00:26:24.860 \longrightarrow 00:26:25.506$  You know,

 $00:26:25.506 \longrightarrow 00:26:27.767$  making a game relatable to your audience.

NOTE Confidence: 0.8747983

00:26:27.770 --> 00:26:29.986 You know when that one of the girls

NOTE Confidence: 0.8747983

 $00:26:29.986 \longrightarrow 00:26:32.387$  that we talked with in our focus

NOTE Confidence: 0.8747983

00:26:32.387 --> 00:26:34.162 girls had mentioned you should

NOTE Confidence: 0.8747983

 $00:26:34.230 \longrightarrow 00:26:36.168$  hire a black female artists to

NOTE Confidence: 0.8747983

00:26:36.168 --> 00:26:38.116 do this artwork for your game.

NOTE Confidence: 0.8747983

00:26:38.116 --> 00:26:39.428 Graphic novelists were like

NOTE Confidence: 0.8747983

 $00:26:39.428 \longrightarrow 00:26:40.740$  of course we should.

NOTE Confidence: 0.8747983

 $00:26:40.740 \longrightarrow 00:26:41.780$  That makes absolute sense.

NOTE Confidence: 0.8747983

 $00:26:41.780 \longrightarrow 00:26:43.850$  'cause you know, this is what that's just.

NOTE Confidence: 0.8747983

00:26:43.850 --> 00:26:45.398 It was a common sense thing.

NOTE Confidence: 0.8747983

00:26:45.400 --> 00:26:47.740 I don't know why we hadn't thought of it,

NOTE Confidence: 0.8747983

 $00:26:47.740 \longrightarrow 00:26:50.020$  so we sought out.

NOTE Confidence: 0.8747983

 $00{:}26{:}50.020 \dashrightarrow 00{:}26{:}52.022$  A woman that did a black woman

NOTE Confidence: 0.8747983

 $00:26:52.022 \longrightarrow 00:26:53.722$  that did some amazing artwork

 $00:26:53.722 \longrightarrow 00:26:56.026$  that we really enjoyed and vetted

NOTE Confidence: 0.8747983

 $00:26:56.026 \longrightarrow 00:26:58.331$  that with the teams Ann and she

NOTE Confidence: 0.8747983

 $00:26:58.331 \longrightarrow 00:27:01.800$  did all the artwork for the game.

NOTE Confidence: 0.8747983

 $00:27:01.800 \longrightarrow 00:27:04.625$  I'm here is just another example, but.

NOTE Confidence: 0.8747983

 $00:27:04.625 \longrightarrow 00:27:05.750$  In the game,

NOTE Confidence: 0.8747983

 $00:27:05.750 \longrightarrow 00:27:08.000$  it's a multiplayer game and I

NOTE Confidence: 0.8747983

 $00:27:08.084 \longrightarrow 00:27:10.400$  can give you an example here.

NOTE Confidence: 0.8747983

 $00:27:10.400 \longrightarrow 00:27:11.363$  It's kind of.

NOTE Confidence: 0.8747983

00:27:11.363 --> 00:27:13.610 I don't know if you've played Jackbox,

NOTE Confidence: 0.8747983

 $00:27:13.610 \longrightarrow 00:27:15.890$  but it's like a jackbox games

NOTE Confidence: 0.8747983

 $00{:}27{:}15.890 \to 00{:}27{:}18.659$  where you have a shared screen.

NOTE Confidence: 0.8747983

 $00:27:18.660 \longrightarrow 00:27:20.830$  Then everybody is on their phone making

NOTE Confidence: 0.8747983

00:27:20.830 --> 00:27:22.970 decisions and doing things on their phone,

NOTE Confidence: 0.8747983

 $00:27:22.970 \longrightarrow 00:27:24.510$  and then those responses are

NOTE Confidence: 0.8747983

 $00:27:24.510 \longrightarrow 00:27:26.050$  actually on the main screen.

NOTE Confidence: 0.8747983

 $00:27:26.050 \longrightarrow 00:27:27.838$  So we what we really wanted

 $00:27:27.838 \longrightarrow 00:27:29.440$  to see from this game.

NOTE Confidence: 0.8747983

 $00:27:29.440 \longrightarrow 00:27:32.090$  It was it we wanted it to be about all

NOTE Confidence: 0.8747983

00:27:32.165 --> 00:27:34.987 the things that teens told us about, right?

NOTE Confidence: 0.8747983

00:27:34.987 --> 00:27:36.829 Like you know, dating is happening.

NOTE Confidence: 0.8747983

 $00{:}27{:}36.830 \dashrightarrow 00{:}27{:}38.678$  You know, navigating through social media.

NOTE Confidence: 0.8747983

 $00:27:38.680 \longrightarrow 00:27:40.220$  That's how girls do that.

NOTE Confidence: 0.8747983

00:27:40.220 --> 00:27:42.983 If they want to learn about the guy there,

NOTE Confidence: 0.8747983

 $00{:}27{:}42.990 \dashrightarrow 00{:}27{:}44.222$  they're getting on Instagram.

NOTE Confidence: 0.8747983

00:27:44.222 --> 00:27:45.454 I'm gonna snap traffic.

NOTE Confidence: 0.8747983

 $00:27:45.460 \longrightarrow 00:27:46.870$  Getting on Twitter.

NOTE Confidence: 0.8747983

00:27:46.870 --> 00:27:48.750 They're doing Google searches.

NOTE Confidence: 0.8747983

00:27:48.750 --> 00:27:49.400 And often,

NOTE Confidence: 0.8747983

 $00:27:49.400 \longrightarrow 00:27:50.700$  most early conversations can

NOTE Confidence: 0.8747983

00:27:50.700 --> 00:27:51.675 happen through text.

NOTE Confidence: 0.8747983

00:27:51.680 --> 00:27:53.340 When you're getting to know

 $00:27:53.340 \longrightarrow 00:27:55.250$  somebody and then even more so,

NOTE Confidence: 0.8747983

 $00:27:55.250 \longrightarrow 00:27:57.434$  you know a lot of conversations around

NOTE Confidence: 0.8747983

 $00:27:57.434 \longrightarrow 00:27:59.428$  Saxon condoms and all those things

NOTE Confidence: 0.8747983

 $00:27:59.428 \longrightarrow 00:28:01.098$  are actually happening in text.

NOTE Confidence: 0.8747983

00:28:01.100 --> 00:28:04.025 So we wanted to make this a game about,

NOTE Confidence: 0.8747983

00:28:04.030 --> 00:28:04.680 you know.

NOTE Confidence: 0.8747983

 $00:28:04.680 \longrightarrow 00:28:05.980$  So how are you?

NOTE Confidence: 0.8747983

00:28:05.980 --> 00:28:08.297 How girls are not navigating social media

NOTE Confidence: 0.8747983

 $00{:}28{:}08.297 \dashrightarrow 00{:}28{:}09.880$  and romantic relationships and dating?

NOTE Confidence: 0.8747983

00:28:09.880 --> 00:28:12.796 So the game is sex is really sex positive?

NOTE Confidence: 0.8335226

 $00{:}28{:}12.800 \dashrightarrow 00{:}28{:}16.022$  We really try to keep this idea of and

NOTE Confidence: 0.8335226

 $00:28:16.022 \longrightarrow 00:28:19.115$  keeping humor in the game in the sense of.

NOTE Confidence: 0.8335226

 $00{:}28{:}19.120 \dashrightarrow 00{:}28{:}20.950$  You know 'cause stating is fun

NOTE Confidence: 0.8335226

 $00:28:20.950 \longrightarrow 00:28:22.879$  and sex of course should be.

NOTE Confidence: 0.8335226

00:28:22.880 --> 00:28:25.064 You know if done well and safely,

NOTE Confidence: 0.8335226

 $00:28:25.070 \longrightarrow 00:28:27.590$  it's it should be fun and not something

 $00:28:27.590 \longrightarrow 00:28:30.388$  that you should feel bad about so we can.

NOTE Confidence: 0.8335226

 $00:28:30.390 \longrightarrow 00:28:32.539$  We really wanted to see the game

NOTE Confidence: 0.8335226

 $00:28:32.539 \longrightarrow 00:28:33.830$  anchor conversations with girls.

NOTE Confidence: 0.8335226

 $00:28:33.830 \longrightarrow 00:28:35.708$  So this is a multiplayer game.

NOTE Confidence: 0.8335226

 $00:28:35.710 \longrightarrow 00:28:37.534$  This means girls are playing together

NOTE Confidence: 0.8335226

 $00:28:37.534 \longrightarrow 00:28:39.758$  on a planet shared screen and they're

NOTE Confidence: 0.8335226

 $00:28:39.758 \longrightarrow 00:28:41.963$  doing a lot of fun activities together.

NOTE Confidence: 0.8335226

 $00{:}28{:}41.970 \longrightarrow 00{:}28{:}44.440$  So yeah, the goal is is like can we use

NOTE Confidence: 0.8335226

 $00:28:44.507 \longrightarrow 00:28:46.979$  the game to anchor these conversations?

NOTE Confidence: 0.8335226

 $00:28:46.980 \longrightarrow 00:28:48.540$  Make some of these topics,

NOTE Confidence: 0.8335226

 $00{:}28{:}48.540 \dashrightarrow 00{:}28{:}50.230$  normalize them, maybe you know.

NOTE Confidence: 0.8335226

 $00:28:50.230 \longrightarrow 00:28:52.942$  Girls themselves are going the conversations

NOTE Confidence: 0.8335226

 $00{:}28{:}52.942 \dashrightarrow 00{:}28{:}56.035$  between them or really is going to

NOTE Confidence: 0.8335226

 $00:28:56.035 \longrightarrow 00:28:58.060$  be what's driving this intervention.

NOTE Confidence: 0.8335226

 $00:28:58.060 \longrightarrow 00:29:00.139$  So that's I should just say next

 $00:29:00.139 \longrightarrow 00:29:02.292$  steps for for this is that we

NOTE Confidence: 0.8335226

 $00{:}29{:}02.292 \dashrightarrow 00{:}29{:}04.356$  are going to do a pilot randomized

NOTE Confidence: 0.8335226

 $00:29:04.356 \longrightarrow 00:29:07.170$  control trial with 80 black teen girls.

NOTE Confidence: 0.8335226

 $00:29:07.170 \longrightarrow 00:29:09.319$  We've kind of had to put that

NOTE Confidence: 0.8335226

 $00:29:09.319 \longrightarrow 00:29:10.929$  on hold because of kobid.

NOTE Confidence: 0.8335226

00:29:10.930 --> 00:29:13.128 We've been hoping to get into schools,

NOTE Confidence: 0.8335226

 $00:29:13.130 \longrightarrow 00:29:14.700$  but that may not happen.

NOTE Confidence: 0.8335226

 $00:29:14.700 \longrightarrow 00:29:16.032$  And so where we've?

NOTE Confidence: 0.8335226

 $00{:}29{:}16.032 \dashrightarrow 00{:}29{:}17.697$  We've been considering moving this

NOTE Confidence: 0.8335226

 $00:29:17.697 \longrightarrow 00:29:19.846$  to on line and doing it through

NOTE Confidence: 0.8335226

 $00:29:19.846 \longrightarrow 00:29:21.990$  zoom and having girls use the shared

NOTE Confidence: 0.8335226

00:29:21.990 --> 00:29:23.814 screen on zoom and using their

NOTE Confidence: 0.8335226

 $00:29:23.814 \longrightarrow 00:29:26.458$  phones to play so that we do believe

NOTE Confidence: 0.8335226

00:29:26.458 --> 00:29:28.870 that's going to be our next steps.

NOTE Confidence: 0.8335226

 $00:29:28.870 \longrightarrow 00:29:31.470$  Here in the fall.

NOTE Confidence: 0.8335226

00:29:31.470 --> 00:29:33.521 So the second game that I want

 $00:29:33.521 \longrightarrow 00:29:35.670$  to talk about is invite only VR,

NOTE Confidence: 0.8335226

 $00:29:35.670 \longrightarrow 00:29:39.695$  so this is our vaping prevention game.

NOTE Confidence: 0.8335226

 $00:29:39.700 \longrightarrow 00:29:41.880$  The game that is focused again

NOTE Confidence: 0.8335226

 $00:29:41.880 \longrightarrow 00:29:43.336$  on E cigarette prevention,

NOTE Confidence: 0.8335226

 $00:29:43.340 \longrightarrow 00:29:45.524$  but with a real focus on

NOTE Confidence: 0.8335226

 $00:29:45.524 \longrightarrow 00:29:46.616$  skill based learning.

NOTE Confidence: 0.8335226

 $00:29:46.620 \longrightarrow 00:29:49.245$  This is the game we partnered with

NOTE Confidence: 0.8335226

 $00:29:49.245 \longrightarrow 00:29:51.511$  twenty with Oculus and 2017 to

NOTE Confidence: 0.8335226

 $00{:}29{:}51.511 \dashrightarrow 00{:}29{:}53.635$  develop and evaluate the game versus

NOTE Confidence: 0.8335226

00:29:53.635 --> 00:29:56.147 a pie small pilot study with 48

NOTE Confidence: 0.8335226

 $00{:}29{:}56.147 \dashrightarrow 00{:}30{:}00.180$  teens and then with a larger pilot.

NOTE Confidence: 0.8335226

 $00{:}30{:}00.180 \dashrightarrow 00{:}30{:}03.372$  Non randomized control trial

NOTE Confidence: 0.8335226

 $00:30:03.372 \longrightarrow 00:30:06.564$  with about 290 teens.

NOTE Confidence: 0.8335226

 $00:30:06.570 \longrightarrow 00:30:09.335$  So vaping was the problem with baby.

NOTE Confidence: 0.8335226

00:30:09.340 --> 00:30:11.315 I don't probably don't need

00:30:11.315 --> 00:30:13.290 to tell you guys this,

NOTE Confidence: 0.8335226

 $00:30:13.290 \longrightarrow 00:30:16.450$  so I want to spend too much there,

NOTE Confidence: 0.8335226

 $00:30:16.450 \longrightarrow 00:30:19.090$  but I think you know the big concern

NOTE Confidence: 0.8335226

 $00:30:19.090 \longrightarrow 00:30:22.115$  that we have is that you know

NOTE Confidence: 0.8335226

 $00:30:22.115 \longrightarrow 00:30:23.947$  ecigarettes exposure to nicotine.

NOTE Confidence: 0.8335226

00:30:23.950 --> 00:30:25.486 Nicotine, specifically 3 cigarettes,

NOTE Confidence: 0.8335226

 $00{:}30{:}25.486 {\:{\mbox{--}}}{>} 00{:}30{:}27.022$  can increase susceptibility to

NOTE Confidence: 0.8335226

00:30:27.022 --> 00:30:28.694 future nicotine addiction, including,

NOTE Confidence: 0.8335226

 $00{:}30{:}28.694 \dashrightarrow 00{:}30{:}30{:}270$  you know, combustible cigarettes.

NOTE Confidence: 0.8335226

 $00:30:30.270 \longrightarrow 00:30:31.850$  Adolescent nicotine exposure can

NOTE Confidence: 0.8335226

 $00{:}30{:}31.850 \dashrightarrow 00{:}30{:}33.430$  affect attention and cognition.

NOTE Confidence: 0.8335226

00:30:33.430 --> 00:30:34.064 You know.

NOTE Confidence: 0.8335226

 $00{:}30{:}34.064 \dashrightarrow 00{:}30{:}36.283$  We also know that E cigarettes are

NOTE Confidence: 0.8335226

 $00:30:36.283 \longrightarrow 00:30:39.105$  known to cause breathing difficulties and

NOTE Confidence: 0.8335226

 $00:30:39.105 \longrightarrow 00:30:41.545$  inflammatory reactions and lung diseases.

NOTE Confidence: 0.8335226

 $00:30:41.550 \longrightarrow 00:30:44.102$  So you said you know in in a

00:30:44.102 --> 00:30:46.877 word or not good it's you know,

NOTE Confidence: 0.8335226

 $00:30:46.880 \longrightarrow 00:30:49.720$  we really don't want kids to start vaping.

NOTE Confidence: 0.8335226

 $00:30:49.720 \longrightarrow 00:30:52.072$  We do that know that you know kids

NOTE Confidence: 0.8335226

 $00:30:52.072 \longrightarrow 00:30:54.339$  that have been introduced to nicotine

NOTE Confidence: 0.8335226

 $00:30:54.339 \longrightarrow 00:30:57.175$  early earlier in are more likely to

NOTE Confidence: 0.8335226

 $00:30:57.175 \longrightarrow 00:30:59.299$  be addicted to nicotine as adults.

NOTE Confidence: 0.8335226

 $00:30:59.300 \longrightarrow 00:31:01.785$  So I don't know if you've ever

NOTE Confidence: 0.8335226

 $00:31:01.785 \longrightarrow 00:31:02.850$  heard that city.

NOTE Confidence: 0.8335226

00:31:02.850 --> 00:31:05.690 I think it's like 90 some percent of

NOTE Confidence: 0.8335226

 $00:31:05.690 \longrightarrow 00:31:07.820$  adults 9095% of adults all started,

NOTE Confidence: 0.8335226

00:31:07.820 --> 00:31:08.530 you know?

NOTE Confidence: 0.82338065

00:31:10.660 --> 00:31:12.184 I'm sorry, secondary cigarette

NOTE Confidence: 0.82338065

 $00{:}31{:}12.184 \dashrightarrow 00{:}31{:}14.089$  users smoking a dults that are

NOTE Confidence: 0.82338065

 $00:31:14.089 \longrightarrow 00:31:16.063$  smoking 90 to 95% of them actually

NOTE Confidence: 0.82338065

 $00:31:16.063 \longrightarrow 00:31:18.750$  started as an under the age of 18.

 $00:31:18.750 \longrightarrow 00:31:20.612$  So we really want to try to

NOTE Confidence: 0.82338065

00:31:20.612 --> 00:31:22.763 get to kids before you know

NOTE Confidence: 0.82338065

 $00:31:22.763 \longrightarrow 00:31:24.475$  addiction becomes a problem.

NOTE Confidence: 0.8343533

 $00:31:26.600 \longrightarrow 00:31:28.400$  And more so for the last,

NOTE Confidence: 0.8343533

 $00:31:28.400 \longrightarrow 00:31:30.432$  you know the last couple of years here

NOTE Confidence: 0.8343533

00:31:30.432 --> 00:31:32.624 we've seen an alarming increase in high

NOTE Confidence: 0.8343533

 $00:31:32.624 \longrightarrow 00:31:34.254$  school students that have reported

NOTE Confidence: 0.8343533

 $00:31:34.314 \longrightarrow 00:31:36.500$  using E cigarettes, so this in this,

NOTE Confidence: 0.8343533

 $00{:}31{:}36.500 --> 00{:}31{:}38.236$  you know, we look at 27.5%.

NOTE Confidence: 0.8343533

 $00:31:38.236 \longrightarrow 00:31:40.331$  Have reported that they have used any

NOTE Confidence: 0.8343533

00:31:40.331 --> 00:31:42.500 cigarette \*\*\*\* in the last 30 days,

NOTE Confidence: 0.8343533

 $00:31:42.500 \longrightarrow 00:31:44.168$  whereas you know we have about

NOTE Confidence: 0.8343533

 $00:31:44.168 \longrightarrow 00:31:45.800$  when we think that leaving.

NOTE Confidence: 0.8343533

 $00:31:45.800 \longrightarrow 00:31:47.300$  Look at the middle school,

NOTE Confidence: 0.8343533

 $00:31:47.300 \longrightarrow 00:31:49.400$  we have like 10 and a half

NOTE Confidence: 0.8343533

 $00{:}31{:}49.400 \dashrightarrow 00{:}31{:}50.900$  percent reported having used one.

 $00:31:50.900 \longrightarrow 00:31:53.371$  So you know with this our goal

NOTE Confidence: 0.8343533

00:31:53.371 --> 00:31:55.160 really with invite only was.

NOTE Confidence: 0.8343533

00:31:55.160 --> 00:31:57.293 So really think about how can we get our

NOTE Confidence: 0.8343533

00:31:57.293 --> 00:31:59.278 kids before they're starting debates,

NOTE Confidence: 0.8343533

 $00:31:59.280 \longrightarrow 00:32:01.628$  so we really focused on this, you know,

NOTE Confidence: 0.8343533

00:32:01.628 --> 00:32:03.098 idea looking into middle schools,

NOTE Confidence: 0.8343533

 $00:32:03.100 \longrightarrow 00:32:06.148$  middle schoolers, 7th and 8th graders.

NOTE Confidence: 0.8343533

 $00{:}32{:}06.150 \dashrightarrow 00{:}32{:}09.093$  So the the the primary aims aims of our

NOTE Confidence: 0.8343533

 $00{:}32{:}09.093 \longrightarrow 00{:}32{:}11.476$  research project we wanted again look

NOTE Confidence: 0.8343533

 $00:32:11.476 \longrightarrow 00:32:13.949$  at this preliminary impact of invite

NOTE Confidence: 0.8343533

 $00:32:13.949 \longrightarrow 00:32:16.487$  only VR again a knowledge perceived

NOTE Confidence: 0.8343533

00:32:16.487 --> 00:32:18.534 likelihood of using E cigarettes

NOTE Confidence: 0.8343533

 $00:32:18.534 \longrightarrow 00:32:20.856$  there harm perceptions the perception speak,

NOTE Confidence: 0.8343533

 $00:32:20.860 \longrightarrow 00:32:21.252$  addictiveness,

NOTE Confidence: 0.8343533

 $00:32:21.252 \longrightarrow 00:32:22.036$  social perceptions,

 $00:32:22.036 \longrightarrow 00:32:25.110$  self efficacy to refuse and those you know.

NOTE Confidence: 0.8343533

 $00:32:25.110 \longrightarrow 00:32:28.694$  Again looking at the big picture of their

NOTE Confidence: 0.8343533

 $00:32:28.694 \dashrightarrow 00:32:31.190$  behaviors related to E cigarette news.

NOTE Confidence: 0.8343533

00:32:31.190 --> 00:32:33.020 And again, acceptability the kids,

NOTE Confidence: 0.8343533

 $00:32:33.020 \longrightarrow 00:32:34.115$  find it fun.

NOTE Confidence: 0.8343533

00:32:34.115 --> 00:32:36.670 Are they engaged with they played again?

NOTE Confidence: 0.8343533

 $00:32:36.670 \longrightarrow 00:32:38.987$  What they tell others play that game

NOTE Confidence: 0.8343533

00:32:38.987 --> 00:32:41.050 play experience was really important.

NOTE Confidence: 0.8343533

 $00{:}32{:}41.050 \longrightarrow 00{:}32{:}43.970$  And then, because this was a VR game,

NOTE Confidence: 0.8343533

 $00:32:43.970 \longrightarrow 00:32:45.790$  we were really interested in

NOTE Confidence: 0.8343533

 $00{:}32{:}45.790 \dashrightarrow 00{:}32{:}47.246$  exploring their VR experience.

NOTE Confidence: 0.8343533

00:32:47.250 --> 00:32:49.080 How did that you know?

NOTE Confidence: 0.8343533

00:32:49.080 --> 00:32:51.264 How did that kind of fit

NOTE Confidence: 0.8343533

 $00:32:51.264 \longrightarrow 00:32:52.356$  into this intervention?

NOTE Confidence: 0.8343533

 $00:32:52.360 \longrightarrow 00:32:54.460$  What were some of the benefits

NOTE Confidence: 0.8343533

 $00:32:54.460 \longrightarrow 00:32:56.690$  of using VR over a traditional

 $00:32:56.690 \longrightarrow 00:32:58.928$  like web based or 2D game?

NOTE Confidence: 0.8343533

 $00{:}32{:}58.930 \dashrightarrow 00{:}33{:}01.384$  And then did this perceived responsibility

NOTE Confidence: 0.8343533

 $00:33:01.384 \longrightarrow 00:33:03.650$  decisions they made in the game?

NOTE Confidence: 0.8343533

 $00:33:03.650 \longrightarrow 00:33:05.882$  The things they do in the game kind

NOTE Confidence: 0.8343533

 $00{:}33{:}05.882 \dashrightarrow 00{:}33{:}08.026$  of extend outside of the game did

NOTE Confidence: 0.8343533

 $00:33:08.026 \longrightarrow 00:33:10.206$  they feel like the things they were

NOTE Confidence: 0.8343533

00:33:10.206 --> 00:33:12.590 doing in the game they were in control

NOTE Confidence: 0.8343533

 $00:33:12.590 \longrightarrow 00:33:15.124$  of and it feel kind of relatable

NOTE Confidence: 0.8343533

00:33:15.124 --> 00:33:17.300 to things outside of their game.

NOTE Confidence: 0.8343533

 $00:33:17.300 \longrightarrow 00:33:19.799$  In real life.

NOTE Confidence: 0.8343533

00:33:19.800 --> 00:33:20.326 So again,

NOTE Confidence: 0.8343533

 $00:33:20.326 \longrightarrow 00:33:22.430$  you know kind of that same approach they

NOTE Confidence: 0.8343533

 $00{:}33{:}22.486 \dashrightarrow 00{:}33{:}24.537$  talked about with with one night stand,

NOTE Confidence: 0.8343533

 $00:33:24.540 \longrightarrow 00:33:25.166$  you know?

NOTE Confidence: 0.8343533

 $00:33:25.166 \longrightarrow 00:33:27.044$  An invite only VR was developed

 $00:33:27.044 \longrightarrow 00:33:28.939$  with input from over 100 teams.

NOTE Confidence: 0.8343533

 $00{:}33{:}28.940 \dashrightarrow 00{:}33{:}30.890$  Then I'm going to talk about

NOTE Confidence: 0.8343533

 $00:33:30.890 \longrightarrow 00:33:33.350$  this more at the end of my talk,

NOTE Confidence: 0.8343533

 $00:33:33.350 \longrightarrow 00:33:35.555$  but it was the first developed for,

NOTE Confidence: 0.8343533

00:33:35.560 --> 00:33:36.270 you know,

NOTE Confidence: 0.8343533

 $00:33:36.270 \longrightarrow 00:33:38.045$  the headset where you provide

NOTE Confidence: 0.8343533

 $00:33:38.045 \longrightarrow 00:33:40.519$  your phone in and you know it was

NOTE Confidence: 0.8343533

 $00:33:40.519 \longrightarrow 00:33:42.851$  run as an app that's run on your

NOTE Confidence: 0.8343533

 $00:33:42.851 \longrightarrow 00:33:45.007$  phone and it was really clunky and

NOTE Confidence: 0.8343533

00:33:45.010 --> 00:33:46.900 and it overheated and it was.

NOTE Confidence: 0.8343533

 $00{:}33{:}46.900 \dashrightarrow 00{:}33{:}49.420$  It was not that great of a head set,

NOTE Confidence: 0.8343533

 $00:33:49.420 \longrightarrow 00:33:51.604$  even when Oculus first funded us for

NOTE Confidence: 0.8343533

00:33:51.604 --> 00:33:54.136 this I was like sure I'm on board,

NOTE Confidence: 0.8343533

 $00:33:54.140 \longrightarrow 00:33:55.492$  let's do this but.

NOTE Confidence: 0.8343533

 $00:33:55.492 \longrightarrow 00:33:57.182$  Part of me was saying,

NOTE Confidence: 0.8343533

 $00:33:57.190 \longrightarrow 00:33:59.521$  but is this going to get into

00:33:59.521 --> 00:34:01.632 schools because it was so clunky

NOTE Confidence: 0.8343533

 $00:34:01.632 \longrightarrow 00:34:03.020$  and difficult to use.

NOTE Confidence: 0.8343533

 $00:34:03.020 \longrightarrow 00:34:05.456$  And then within a year and development

NOTE Confidence: 0.8343533

00:34:05.456 --> 00:34:07.479 we immediately got Lesgo came out,

NOTE Confidence: 0.8343533

 $00{:}34{:}07.480 \dashrightarrow 00{:}34{:}09.526$  which is a standal one VR headset.

NOTE Confidence: 0.8343533

 $00:34:09.530 \longrightarrow 00:34:11.576$  Very user friendly and we were

NOTE Confidence: 0.8343533

 $00:34:11.576 \longrightarrow 00:34:14.028$  able to move the game into that

NOTE Confidence: 0.8343533

 $00:34:14.028 \longrightarrow 00:34:15.708$  and then now you know,

NOTE Confidence: 0.8343533

 $00:34:15.710 \longrightarrow 00:34:18.960$  even if we got to a point in 2020 last

NOTE Confidence: 0.8410129

00:34:19.052 --> 00:34:21.340 year, being last year where Oculus

NOTE Confidence: 0.8410129

 $00:34:21.340 \longrightarrow 00:34:23.577$  GO is now been discontinued and

NOTE Confidence: 0.8410129

00:34:23.577 --> 00:34:25.726 we were trying to look for funds.

NOTE Confidence: 0.8410129

 $00:34:25.730 \longrightarrow 00:34:28.133$  To see how to port it into other headsets.

NOTE Confidence: 0.8410129

 $00:34:28.140 \longrightarrow 00:34:29.480$  So technology moves really fast,

NOTE Confidence: 0.8410129

 $00:34:29.480 \longrightarrow 00:34:31.624$  which is a concern that we do have,

 $00:34:31.630 \longrightarrow 00:34:33.499$  which I'm going to talk about later.

NOTE Confidence: 0.8410129

 $00:34:33.500 \longrightarrow 00:34:35.376$  So this is a narrative based game,

NOTE Confidence: 0.8410129

 $00:34:35.380 \longrightarrow 00:34:36.368$  so you're a kid.

NOTE Confidence: 0.8410129

 $00:34:36.368 \longrightarrow 00:34:37.850$  You're a teenager freshman in high

NOTE Confidence: 0.8410129

 $00:34:37.902 \longrightarrow 00:34:39.701$  school and you're trying to get an

NOTE Confidence: 0.8410129

 $00:34:39.701 \longrightarrow 00:34:41.538$  invitation to this older students party.

NOTE Confidence: 0.8410129

00:34:41.540 --> 00:34:43.412 That's happening that night and your

NOTE Confidence: 0.8410129

 $00:34:43.412 \longrightarrow 00:34:45.370$  friends are really putting a lot of

NOTE Confidence: 0.8410129

 $00:34:45.370 \longrightarrow 00:34:46.896$  pressure on you to get this invite.

NOTE Confidence: 0.8410129

 $00:34:46.900 \longrightarrow 00:34:48.526$  And then of course you have

NOTE Confidence: 0.8410129

00:34:48.526 --> 00:34:49.850 like the guy that's in,

NOTE Confidence: 0.8410129

00:34:49.850 --> 00:34:52.253 you know in front of you in health class,

NOTE Confidence: 0.8410129

 $00:34:52.260 \longrightarrow 00:34:54.324$  but is taking with the teachers and paying

NOTE Confidence: 0.8410129

 $00:34:54.324 \longrightarrow 00:34:55.749$  attention because that really happens.

NOTE Confidence: 0.8410129

 $00:34:55.750 \longrightarrow 00:34:58.006$  This is the thing that kids told us.

NOTE Confidence: 0.8410129

00:34:58.010 --> 00:35:00.290 That happens that kids smoke vape in class,

 $00:35:00.290 \longrightarrow 00:35:01.019$  so so yeah,

NOTE Confidence: 0.8410129

 $00{:}35{:}01.019 \dashrightarrow 00{:}35{:}02.720$  that that you're trying to get to

NOTE Confidence: 0.8410129

 $00:35:02.776 \longrightarrow 00:35:04.720$  this party and so you have to put

NOTE Confidence: 0.8410129

 $00{:}35{:}04.720 \dashrightarrow 00{:}35{:}06.361$  yourself in these really awkward

NOTE Confidence: 0.8410129

 $00{:}35{:}06.361 \dashrightarrow 00{:}35{:}08.557$  situations of trying to navigate vaping.

NOTE Confidence: 0.8410129

00:35:08.560 --> 00:35:11.062 And how do you get out of that vaping

NOTE Confidence: 0.8410129

 $00:35:11.062 \longrightarrow 00:35:13.658$  and do it in a way that you still feel

NOTE Confidence: 0.8410129

 $00:35:13.658 \longrightarrow 00:35:15.965$  in control and kind of cool, right?

NOTE Confidence: 0.8410129

 $00:35:15.965 \longrightarrow 00:35:17.675$  Because we know that just say

NOTE Confidence: 0.8410129

00:35:17.675 --> 00:35:18.530 no doesn't work,

NOTE Confidence: 0.8410129

 $00:35:18.530 \longrightarrow 00:35:20.870$  but if you can make a joke or it kind

NOTE Confidence: 0.8410129

 $00:35:20.937 \longrightarrow 00:35:23.085$  of changed topics or make excuses,

NOTE Confidence: 0.8410129

 $00{:}35{:}23.090 \to 00{:}35{:}25.370$  anything that gets you out of a situation,

NOTE Confidence: 0.8410129

 $00:35:25.370 \longrightarrow 00:35:27.140$  then that's that's OK as long

NOTE Confidence: 0.8410129

 $00:35:27.140 \longrightarrow 00:35:28.790$  as you get out of it,

00:35:28.790 --> 00:35:29.061 right?

NOTE Confidence: 0.8410129

 $00{:}35{:}29.061 \dashrightarrow 00{:}35{:}31.500$  So we want to try to give those kids

NOTE Confidence: 0.8410129

 $00{:}35{:}31.564 \dashrightarrow 00{:}35{:}33.832$  these kind of tools to be able to use

NOTE Confidence: 0.8410129

 $00:35:33.832 \longrightarrow 00:35:36.225$  to get out of these risk situations.

NOTE Confidence: 0.8410129

 $00:35:36.230 \longrightarrow 00:35:37.688$  And another cool thing that we

NOTE Confidence: 0.8410129

 $00:35:37.688 \longrightarrow 00:35:39.729$  did in this game was we used

NOTE Confidence: 0.8410129

00:35:39.729 --> 00:35:40.740 voice recognition software,

NOTE Confidence: 0.8410129

 $00:35:40.740 \longrightarrow 00:35:43.036$  so this meant that kids were not only

NOTE Confidence: 0.8410129

 $00{:}35{:}43.036 \dashrightarrow 00{:}35{:}44.690$  just refusing peers in the game,

NOTE Confidence: 0.8410129

 $00:35:44.690 \longrightarrow 00:35:46.690$  but they were also able to use their

NOTE Confidence: 0.8410129

 $00{:}35{:}46.690 \dashrightarrow 00{:}35{:}48.359$  real voice to practice refusing.

NOTE Confidence: 0.8410129

00:35:48.360 --> 00:35:49.188 So you know,

NOTE Confidence: 0.8410129

 $00:35:49.188 \longrightarrow 00:35:51.460$  as a character would say something to them,

NOTE Confidence: 0.8410129

 $00:35:51.460 \longrightarrow 00:35:53.236$  you know they've been engaged looking

NOTE Confidence: 0.8410129

 $00:35:53.236 \longrightarrow 00:35:55.578$  him in the eyes and then kids with

NOTE Confidence: 0.8410129

 $00{:}35{:}55.578 \dashrightarrow 00{:}35{:}57.538$  their own voices had to choose a

 $00:35:57.538 \longrightarrow 00:35:59.344$  couple of different ways to say no,

NOTE Confidence: 0.8410129

 $00:35:59.350 \longrightarrow 00:36:00.450$  whichever when they wanted.

NOTE Confidence: 0.8410129

 $00:36:00.450 \longrightarrow 00:36:02.697$  Or get out of a situation and then

NOTE Confidence: 0.8410129

 $00{:}36{:}02.697 \dashrightarrow 00{:}36{:}04.587$  they would speak it and then the

NOTE Confidence: 0.8410129

 $00:36:04.587 \longrightarrow 00:36:06.313$  characters you know the game would

NOTE Confidence: 0.8410129

00:36:06.313 --> 00:36:07.713 recognize it in the characters

NOTE Confidence: 0.8410129

00:36:07.720 --> 00:36:08.443 would reply back,

NOTE Confidence: 0.8410129

 $00{:}36{:}08.443 \dashrightarrow 00{:}36{:}10.642$  so it was really this idea of of can

NOTE Confidence: 0.8410129

 $00:36:10.642 \longrightarrow 00:36:12.224$  we push this idea of skill practice

NOTE Confidence: 0.8410129

 $00{:}36{:}12.224 \dashrightarrow 00{:}36{:}14.509$  a little further so we're not just

NOTE Confidence: 0.8410129

00:36:14.509 --> 00:36:15.845 clicking on different responses,

NOTE Confidence: 0.8410129

00:36:15.850 --> 00:36:17.205 but we're actually using our

NOTE Confidence: 0.8410129

 $00:36:17.205 \longrightarrow 00:36:18.560$  voices to practice his responses.

NOTE Confidence: 0.8410129

 $00:36:18.560 \longrightarrow 00:36:20.783$  The whole goal was to try to make this

NOTE Confidence: 0.8410129

 $00:36:20.783 \longrightarrow 00:36:23.155$  game a little stick here in the practice,

 $00:36:23.160 \longrightarrow 00:36:26.480$  the skill practice listed here.

NOTE Confidence: 0.8410129

 $00{:}36{:}26.480 \dashrightarrow 00{:}36{:}28.615$  We worked, we had a room eising

NOTE Confidence: 0.8410129

00:36:28.615 --> 00:36:30.399 artist that we worked with.

NOTE Confidence: 0.8410129

 $00:36:30.400 \longrightarrow 00:36:31.008$  We went.

NOTE Confidence: 0.8410129

 $00:36:31.008 \longrightarrow 00:36:33.136$  We worked with a local school in

NOTE Confidence: 0.8410129

 $00:36:33.136 \longrightarrow 00:36:35.252$  New Haven and we they were let

NOTE Confidence: 0.8410129

 $00:36:35.252 \longrightarrow 00:36:37.233$  they let us into their classrooms

NOTE Confidence: 0.8410129

 $00:36:37.233 \longrightarrow 00:36:39.465$  and talk to their teachers and

NOTE Confidence: 0.8410129

 $00:36:39.465 \longrightarrow 00:36:42.163$  talk to the kids and we we took a

NOTE Confidence: 0.8410129

 $00:36:42.163 \longrightarrow 00:36:44.041$  bunch of pictures for the artist

NOTE Confidence: 0.8410129

 $00:36:44.041 \longrightarrow 00:36:46.309$  and the artists were able to render

NOTE Confidence: 0.825372

 $00:36:46.382 \longrightarrow 00:36:48.923$  that into a virtual environment that was

NOTE Confidence: 0.825372

 $00:36:48.923 \longrightarrow 00:36:51.224$  very similar in a lot of conversations

NOTE Confidence: 0.825372

 $00:36:51.224 \longrightarrow 00:36:53.620$  happen in in hallways and the bathroom.

NOTE Confidence: 0.825372

 $00:36:53.620 \longrightarrow 00:36:55.310$  'cause you know that's where

NOTE Confidence: 0.825372

00:36:55.310 --> 00:36:57.000 baking happens in schools so.

 $00:36:57.000 \longrightarrow 00:36:59.387$  Uh, we had a bathroom that we

NOTE Confidence: 0.825372

 $00:36:59.387 \longrightarrow 00:37:01.350$  took from from the school.

NOTE Confidence: 0.825372

 $00:37:01.350 \longrightarrow 00:37:03.096$  And another thing we did too.

NOTE Confidence: 0.825372

 $00:37:03.100 \longrightarrow 00:37:04.480$  That's really important when we

NOTE Confidence: 0.825372

 $00:37:04.480 \longrightarrow 00:37:06.310$  think of VR and extended reality.

NOTE Confidence: 0.825372

 $00:37:06.310 \longrightarrow 00:37:07.510$  Is this audio component.

NOTE Confidence: 0.825372

 $00:37:07.510 \longrightarrow 00:37:08.710$  When you're fully immersed

NOTE Confidence: 0.825372

 $00:37:08.710 \longrightarrow 00:37:10.110$  when you think about VR,

NOTE Confidence: 0.825372

 $00:37:10.110 \longrightarrow 00:37:11.862$  is really kind of capture a

NOTE Confidence: 0.825372

 $00:37:11.862 \longrightarrow 00:37:13.303$  lot of your senses, right?

NOTE Confidence: 0.825372

 $00:37:13.303 \longrightarrow 00:37:16.530$  And a big part of that is the is the audio.

NOTE Confidence: 0.825372

 $00:37:16.530 \longrightarrow 00:37:18.666$  So we really thought a lot about like

NOTE Confidence: 0.825372

 $00{:}37{:}18.666 \dashrightarrow 00{:}37{:}20.598$  this binaural audio like having sounds

NOTE Confidence: 0.825372

 $00:37:20.598 \longrightarrow 00:37:22.273$  come from different XYZ coordinates

NOTE Confidence: 0.825372

 $00:37:22.273 \longrightarrow 00:37:23.977$  and making you really feel like

 $00:37:23.977 \longrightarrow 00:37:26.166$  you're in the game and the voice in

NOTE Confidence: 0.825372

 $00:37:26.166 \longrightarrow 00:37:27.918$  the sounds are aligning with that.

NOTE Confidence: 0.825372

 $00:37:27.920 \longrightarrow 00:37:29.380$  So we had, you know,

NOTE Confidence: 0.825372

 $00:37:29.380 \longrightarrow 00:37:32.773$  a colleague of ours that came in and did.

NOTE Confidence: 0.825372

 $00:37:32.780 \longrightarrow 00:37:34.305$  Didn't recorded a ton of

NOTE Confidence: 0.825372

 $00:37:34.305 \longrightarrow 00:37:35.525$  sounds within the schools,

NOTE Confidence: 0.825372

 $00:37:35.530 \longrightarrow 00:37:37.634$  so that meant what it sounds like in

NOTE Confidence: 0.825372

 $00{:}37{:}37.634 \dashrightarrow 00{:}37{:}39.196$  the hallway between class periods

NOTE Confidence: 0.825372

 $00{:}37{:}39.196 {\:{\mbox{--}}}{>} 00{:}37{:}41.464$  that you know the locker slamming and

NOTE Confidence: 0.825372

00:37:41.522 --> 00:37:43.430 kids screaming and talking loud and

NOTE Confidence: 0.825372

 $00{:}37{:}43.430 \dashrightarrow 00{:}37{:}45.324$  laughing and then into the classroom.

NOTE Confidence: 0.825372

 $00:37:45.324 \longrightarrow 00:37:46.859$  All the things you hear,

NOTE Confidence: 0.825372

 $00:37:46.860 \longrightarrow 00:37:49.300$  like the buzzing of the lights and chair,

NOTE Confidence: 0.825372

 $00:37:49.300 \longrightarrow 00:37:50.850$  scooting and phones going off

NOTE Confidence: 0.825372

 $00:37:50.850 \longrightarrow 00:37:52.748$  and people coughing and the car

NOTE Confidence: 0.825372

 $00:37:52.748 \longrightarrow 00:37:54.198$  outside the window going by.

 $00:37:54.200 \longrightarrow 00:37:56.030$  So we incorporated a lot of

NOTE Confidence: 0.825372

 $00:37:56.030 \longrightarrow 00:37:57.870$  that to make sure that it.

NOTE Confidence: 0.825372

 $00:37:57.870 \longrightarrow 00:38:00.360$  It also felt like you were

NOTE Confidence: 0.825372

 $00:38:00.360 \longrightarrow 00:38:02.020$  in the real environment.

NOTE Confidence: 0.825372

 $00:38:02.020 \longrightarrow 00:38:03.640$  And then we engage teams.

NOTE Confidence: 0.825372

 $00:38:03.640 \longrightarrow 00:38:05.920$  We had a lot of teens locally that

NOTE Confidence: 0.825372

 $00:38:05.920 \longrightarrow 00:38:08.264$  came in most of them not having

NOTE Confidence: 0.825372

 $00{:}38{:}08.264 \dashrightarrow 00{:}38{:}10.440$  any experience at all with voice,

NOTE Confidence: 0.825372

 $00:38:10.440 \longrightarrow 00:38:12.603$  that voice acting but came in and

NOTE Confidence: 0.825372

 $00:38:12.603 \longrightarrow 00:38:14.980$  did the the voice acting for us.

NOTE Confidence: 0.825372

00:38:14.980 --> 00:38:16.936 They also bettered our scripts and

NOTE Confidence: 0.825372

 $00{:}38{:}16.936 \dashrightarrow 00{:}38{:}19.278$  helped us write the the content in

NOTE Confidence: 0.825372

 $00{:}38{:}19.278 \dashrightarrow 00{:}38{:}21.234$  any time that the conversation was

NOTE Confidence: 0.825372

 $00:38:21.234 \longrightarrow 00:38:23.463$  lame or didn't sound right that we

NOTE Confidence: 0.825372

 $00:38:23.463 \longrightarrow 00:38:25.908$  gave them the liberty to change it to

 $00:38:25.908 \longrightarrow 00:38:28.590$  make it sound the way that teams talk.

NOTE Confidence: 0.825372

 $00{:}38{:}28.590 \dashrightarrow 00{:}38{:}31.900$  So this was really a game for teens by teens.

NOTE Confidence: 0.825372

 $00:38:31.900 \longrightarrow 00:38:34.540$  Not every sense of the word.

NOTE Confidence: 0.825372

 $00:38:34.540 \longrightarrow 00:38:36.778$  And then we took the game

NOTE Confidence: 0.825372

 $00:38:36.778 \longrightarrow 00:38:38.270$  into Milford School District.

NOTE Confidence: 0.825372

 $00:38:38.270 \dashrightarrow 00:38:40.508$  We partnered with the middle schools,

NOTE Confidence: 0.825372

 $00:38:40.510 \longrightarrow 00:38:42.688$  so we worked with three middle

NOTE Confidence: 0.825372

 $00:38:42.688 \longrightarrow 00:38:44.610$  schools and we enrolled about.

NOTE Confidence: 0.825372

00:38:44.610 --> 00:38:47.214 I want to say let's see wait,

NOTE Confidence: 0.825372

 $00:38:47.220 \longrightarrow 00:38:50.428$  we rolled 290 and but our N by

NOTE Confidence: 0.825372

 $00{:}38{:}50.428 \dashrightarrow 00{:}38{:}53.871$  the end of it was 279 and did

NOTE Confidence: 0.825372

 $00:38:53.871 \longrightarrow 00:38:56.619$  have a couple kids drop out.

NOTE Confidence: 0.825372

 $00:38:56.620 \longrightarrow 00:38:58.462$  But we would come in and

NOTE Confidence: 0.825372

 $00:38:58.462 \longrightarrow 00:39:00.110$  kids would play the head.

NOTE Confidence: 0.825372

 $00:39:00.110 \longrightarrow 00:39:01.916$  The game's about an hour and

NOTE Confidence: 0.825372

 $00:39:01.916 \longrightarrow 00:39:03.909$  50 minutes to two hours long.

 $00:39:03.910 \dashrightarrow 00:39:05.940$  When they come in about 3-4 game play

NOTE Confidence: 0.825372

 $00{:}39{:}05.940 \dashrightarrow 00{:}39{:}08.239$  sessions and we had a control group

NOTE Confidence: 0.825372

 $00:39:08.239 \longrightarrow 00:39:09.944$  and everybody took assessments before

NOTE Confidence: 0.825372

 $00:39:09.944 \longrightarrow 00:39:11.878$  the game play after gameplay three

NOTE Confidence: 0.825372

 $00{:}39{:}11.878 \dashrightarrow 00{:}39{:}14.545$  months and six months we did do a

NOTE Confidence: 0.825372

 $00:39{:}14.545 \dashrightarrow 00{:}39{:}17.170$  longer term follow up to night to see

NOTE Confidence: 0.825372

 $00:39:17.262 \longrightarrow 00:39:21.012$  if there was some retention of a lot of this.

NOTE Confidence: 0.825372

 $00:39:21.020 \longrightarrow 00:39:23.880$  These indicators of behavior change.

NOTE Confidence: 0.825372

 $00:39:23.880 \longrightarrow 00:39:25.548$  This is a lot of fun.

NOTE Confidence: 0.825372

 $00:39:25.550 \longrightarrow 00:39:26.110$  We had.

NOTE Confidence: 0.825372

00:39:26.110 --> 00:39:27.230 Kids were completely engaged.

NOTE Confidence: 0.825372

 $00:39:27.230 \longrightarrow 00:39:28.394$  It was just wonderful.

NOTE Confidence: 0.825372

 $00{:}39{:}28.394 \dashrightarrow 00{:}39{:}30.457$  We didn't have any kids actually drop

NOTE Confidence: 0.825372

 $00{:}39{:}30.457 \dashrightarrow 00{:}39{:}32.529$  out because of any sort of VR sickness.

NOTE Confidence: 0.82882774

00:39:32.530 --> 00:39:34.539 Or, you know, I think that's a

00:39:34.539 --> 00:39:36.231 concern that most people have that

NOTE Confidence: 0.82882774

 $00{:}39{:}36.231 --> 00{:}39{:}38.390$  all VR is going to make me sick.

NOTE Confidence: 0.82882774

 $00:39:38.390 \dashrightarrow 00:39:40.322$  We actually didn't have any kids that

NOTE Confidence: 0.82882774

 $00:39:40.322 \longrightarrow 00:39:42.018$  that dropped out because of that.

NOTE Confidence: 0.82882774

00:39:42.020 --> 00:39:44.244 We did have a couple kids drop out,

NOTE Confidence: 0.82882774

00:39:44.250 --> 00:39:45.900 mostly because we were pulling them

NOTE Confidence: 0.82882774

 $00:39:45.900 \longrightarrow 00:39:47.320$  out of physical education class.

NOTE Confidence: 0.82882774

 $00:39:47.320 \longrightarrow 00:39:48.236$  So kids were not.

NOTE Confidence: 0.82882774

 $00:39:48.236 \longrightarrow 00:39:50.330$  How is this kind of a lesson learn

NOTE Confidence: 0.82882774

 $00:39:50.330 \longrightarrow 00:39:52.619$  kids don't mess with their gym class.

NOTE Confidence: 0.82882774

00:39:52.620 --> 00:39:54.615 Don't take them out of gym because.

NOTE Confidence: 0.82882774

00:39:54.620 --> 00:39:56.786 You know that kids just fast,

NOTE Confidence: 0.82882774

 $00:39:56.790 \longrightarrow 00:39:58.234$  they enjoy that time.

NOTE Confidence: 0.82882774

00:39:58.234 --> 00:40:00.039 Even if you're bringing in

NOTE Confidence: 0.82882774

00:40:00.039 --> 00:40:01.840 something cool like VR headsets,

NOTE Confidence: 0.82882774

 $00:40:01.840 \longrightarrow 00:40:04.367$  they don't want to miss out on,

 $00:40:04.370 \longrightarrow 00:40:05.092$  you know,

NOTE Confidence: 0.82882774

 $00{:}40{:}05.092 \to 00{:}40{:}07.980$  going outside or playing games in the gym,

NOTE Confidence: 0.82882774

 $00:40:07.980 \longrightarrow 00:40:10.170$  so that's definitely a lesson learned

NOTE Confidence: 0.82882774

 $00:40:10.170 \longrightarrow 00:40:13.389$  that we had to figure out the hard way.

NOTE Confidence: 0.82882774

 $00:40:13.390 \longrightarrow 00:40:14.618$  So here's our N,

NOTE Confidence: 0.82882774

 $00{:}40{:}14.618 {\:\dashrightarrow\:} 00{:}40{:}17.337$ you know we had kind of pretty much

NOTE Confidence: 0.82882774

00:40:17.337 --> 00:40:20.130 across the pretty even eight 7th and

NOTE Confidence: 0.82882774

 $00:40:20.130 \longrightarrow 00:40:22.776$  8th grade 279 kids in total between

NOTE Confidence: 0.82882774

 $00:40:22.776 \longrightarrow 00:40:25.836$  the ages 11 and 1465% were were white.

NOTE Confidence: 0.82882774

00:40:25.836 --> 00:40:27.452 That does definitely reflect

NOTE Confidence: 0.82882774

00:40:27.452 --> 00:40:28.880 Milford School District,

NOTE Confidence: 0.82882774

 $00:40:28.880 \longrightarrow 00:40:31.322$  but we also know that Peiping

NOTE Confidence: 0.82882774

 $00{:}40{:}31.322 \dashrightarrow 00{:}40{:}32.950$  is is a problem.

NOTE Confidence: 0.82882774

 $00:40:32.950 \longrightarrow 00:40:34.925$  Bigger problem in suburban communities

NOTE Confidence: 0.82882774

 $00:40:34.925 \longrightarrow 00:40:37.829$  and schools as opposed to urban schools.

 $00:40:37.830 \longrightarrow 00:40:41.326$  So the we felt that the you know

NOTE Confidence: 0.82882774

 $00:40:41.326 \longrightarrow 00:40:44.899$  we had a good population here.

NOTE Confidence: 0.82882774

 $00:40:44.900 \longrightarrow 00:40:46.802$  And like I mentioned that I

NOTE Confidence: 0.82882774

 $00:40:46.802 \longrightarrow 00:40:49.201$  think this is one of the things

NOTE Confidence: 0.82882774

00:40:49.201 --> 00:40:51.313 that I would like to highlight,

NOTE Confidence: 0.82882774

 $00:40:51.320 \longrightarrow 00:40:53.300$  just as it was so exciting

NOTE Confidence: 0.82882774

 $00:40:53.300 \longrightarrow 00:40:55.719$  to me to see that we had.

NOTE Confidence: 0.82882774

 $00:40:55.720 \longrightarrow 00:40:58.079$  You know, we had 149 in that.

NOTE Confidence: 0.82882774

00:40:58.080 --> 00:41:00.420 Receive the intervention and nearly

NOTE Confidence: 0.82882774

 $00:41:00.420 \longrightarrow 00:41:03.230$  all of them finished the game.

NOTE Confidence: 0.82882774

 $00{:}41{:}03.230 \dashrightarrow 00{:}41{:}06.120$  It tells us, I mean that this tells us a lot,

NOTE Confidence: 0.82882774

00:41:06.120 --> 00:41:06.386 right?

NOTE Confidence: 0.82882774

 $00:41:06.386 \longrightarrow 00:41:08.248$  Like the kids played the game and

NOTE Confidence: 0.82882774

 $00{:}41{:}08.248 \dashrightarrow 00{:}41{:}09.818$  they enjoyed playing the game and

NOTE Confidence: 0.82882774

 $00:41:09.818 \longrightarrow 00:41:11.612$  they enjoyed it so much that they

NOTE Confidence: 0.82882774

 $00:41:11.612 \longrightarrow 00:41:13.740$  finished the game so that in terms of

00:41:13.740 --> 00:41:15.588 engagement you know this we had kids,

NOTE Confidence: 0.82882774

 $00:41:15.590 \longrightarrow 00:41:16.379$  we had them,

NOTE Confidence: 0.82882774

 $00:41:16.379 \longrightarrow 00:41:17.168$  we had them,

NOTE Confidence: 0.82882774

 $00:41:17.170 \longrightarrow 00:41:17.794$  they were,

NOTE Confidence: 0.82882774

 $00{:}41{:}17.794 \dashrightarrow 00{:}41{:}20.756$  they were locked in and that was great in

NOTE Confidence: 0.82882774

 $00:41:20.756 \longrightarrow 00:41:23.156$  terms of yeah delivering an intervention.

NOTE Confidence: 0.82882774

00:41:23.160 --> 00:41:25.614 Assess the changes and are dependent

NOTE Confidence: 0.82882774

 $00{:}41{:}25.614 \dashrightarrow 00{:}41{:}28.016$  variables across those four time points

NOTE Confidence: 0.82882774

00:41:28.016 --> 00:41:30.473 that I mentioned and we were looking

NOTE Confidence: 0.82882774

 $00:41:30.473 \longrightarrow 00:41:32.423$  really looking at effect sizes so

NOTE Confidence: 0.82882774

00:41:32.423 --> 00:41:34.680 I can just go through these quickly

NOTE Confidence: 0.82882774

 $00:41:34.680 \longrightarrow 00:41:37.200$  so I have enough time for questions,

NOTE Confidence: 0.82882774

 $00{:}41{:}37.200 \dashrightarrow 00{:}41{:}40.146$  but we did see some great, you know,

NOTE Confidence: 0.82882774

 $00:41:40.146 \longrightarrow 00:41:41.718$  greater improvements compared to

NOTE Confidence: 0.82882774

 $00:41:41.718 \longrightarrow 00:41:44.038$  the control group in terms of E,

00:41:44.040 --> 00:41:44.760 cigarette knowledge,

NOTE Confidence: 0.82882774

00:41:44.760 --> 00:41:45.840 nicotine addiction, knowledge,

NOTE Confidence: 0.82882774

00:41:45.840 --> 00:41:46.920 perceptions of E,

NOTE Confidence: 0.82882774

 $00:41:46.920 \longrightarrow 00:41:47.640$  cigarette harm,

NOTE Confidence: 0.82882774

 $00:41:47.640 \longrightarrow 00:41:48.765$  nicotine addiction perceptions

NOTE Confidence: 0.82882774

 $00{:}41{:}48.765 \dashrightarrow 00{:}41{:}50.265$  and these social perceptions

NOTE Confidence: 0.82882774

 $00:41:50.265 \longrightarrow 00:41:51.959$  around the cigarette news right?

NOTE Confidence: 0.82882774

00:41:51.960 --> 00:41:54.704 This idea that everybody is using it?

NOTE Confidence: 0.82882774 00:41:54.710 --> 00:41:55.009 Ann,

NOTE Confidence: 0.82882774

00:41:55.009 --> 00:41:57.102 you're cooler if you use it and

NOTE Confidence: 0.82882774

00:41:57.102 --> 00:41:59.230 all my friends are doing it,

NOTE Confidence: 0.82882774

 $00:41:59.230 \longrightarrow 00:42:01.694$  we were able to kind of shift

NOTE Confidence: 0.82882774

 $00:42:01.694 \longrightarrow 00:42:03.774$  those perceptions alot so are in

NOTE Confidence: 0.82882774

 $00:42:03.774 \longrightarrow 00:42:05.682$  somewhat here in a small small

NOTE Confidence: 0.82882774

 $00:42:05.682 \longrightarrow 00:42:07.899$  effect size but still significant.

NOTE Confidence: 0.82882774

 $00{:}42{:}07.900 \dashrightarrow 00{:}42{:}09.880$  We didn't see significant changes in

00:42:09.880 --> 00:42:11.824 their perceived likelihood of using E

NOTE Confidence: 0.82882774

 $00{:}42{:}11.824 \dashrightarrow 00{:}42{:}13.546$  cigarettes or self efficacy to refuse.

NOTE Confidence: 0.82882774

 $00:42:13.550 \longrightarrow 00:42:15.115$  However, because these are 7th

NOTE Confidence: 0.82882774

00:42:15.115 --> 00:42:17.010 and 8th graders going into this,

NOTE Confidence: 0.82882774

 $00:42:17.010 \longrightarrow 00:42:17.952$  they were already,

NOTE Confidence: 0.82882774

00:42:17.952 --> 00:42:18.580 you know,

NOTE Confidence: 0.82882774

 $00:42:18.580 \longrightarrow 00:42:20.476$  had these these kind of attitudes

NOTE Confidence: 0.82882774

 $00:42:20.476 \longrightarrow 00:42:22.706$  or this idea that I'm not going

NOTE Confidence: 0.82882774

 $00:42:22.706 \longrightarrow 00:42:23.910$  to use E cigarettes,

NOTE Confidence: 0.84321886

 $00:42:23.910 \longrightarrow 00:42:26.108$  so there mean was pretty low already.

NOTE Confidence: 0.84321886

 $00:42:26.110 \longrightarrow 00:42:28.119$  We hit a ceiling effect with both

NOTE Confidence: 0.84321886

00:42:28.119 --> 00:42:29.880 that and their self efficacy,

NOTE Confidence: 0.84321886

 $00:42:29.880 \longrightarrow 00:42:31.435$  'cause kids before they've actually

NOTE Confidence: 0.84321886

 $00:42:31.435 \longrightarrow 00:42:33.352$  tried something or been in a

NOTE Confidence: 0.84321886

 $00:42:33.352 \longrightarrow 00:42:34.897$  situation they actually their self.

00:42:34.900 --> 00:42:36.470 Efficacy is actually pretty high.

NOTE Confidence: 0.84321886

00:42:36.470 --> 00:42:38.766 Like of course I can say no.

NOTE Confidence: 0.84321886

 $00:42:38.770 \longrightarrow 00:42:39.854$  Somebody offers me that,

NOTE Confidence: 0.84321886

 $00:42:39.854 \longrightarrow 00:42:41.875$  but a lot of times they just

NOTE Confidence: 0.84321886

 $00:42:41.875 \longrightarrow 00:42:43.565$  haven't been in that situation.

NOTE Confidence: 0.84321886

00:42:43.570 --> 00:42:45.495 To know you know that it's actually

NOTE Confidence: 0.84321886

00:42:45.495 --> 00:42:47.038 harder once you once you've

NOTE Confidence: 0.84321886

 $00:42:47.038 \longrightarrow 00:42:48.718$  been in those situations, so,

NOTE Confidence: 0.84321886

 $00{:}42{:}48.718 {\:\dashrightarrow\:} 00{:}42{:}50.806$  but it was still indicative of

NOTE Confidence: 0.84321886

 $00:42:50.806 \longrightarrow 00:42:52.620$  a successful primary prevention.

NOTE Confidence: 0.84321886

 $00{:}42{:}52.620 \dashrightarrow 00{:}42{:}54.280$  And then our persistent experience.

NOTE Confidence: 0.84321886

 $00:42:54.280 \longrightarrow 00:42:56.272$  We had really great scores around

NOTE Confidence: 0.84321886

00:42:56.272 --> 00:42:57.268 their gameplay satisfaction,

NOTE Confidence: 0.84321886

00:42:57.270 --> 00:42:58.323 their VR experience,

NOTE Confidence: 0.84321886

 $00:42:58.323 \longrightarrow 00:43:00.780$  and this idea of feeling responsible for

NOTE Confidence: 0.84321886

 $00{:}43{:}00.838 \dashrightarrow 00{:}43{:}02.910$  the decisions they made in the game.

 $00:43:02.910 \longrightarrow 00:43:05.566$  So we were really happy to see that.

NOTE Confidence: 0.84321886

 $00:43:05.570 \longrightarrow 00:43:07.230$  So the big question then,

NOTE Confidence: 0.84321886

00:43:07.230 --> 00:43:10.046 I'll leave you with this so you know

NOTE Confidence: 0.84321886

00:43:10.046 --> 00:43:12.870 I talked a lot about XR and can it,

NOTE Confidence: 0.84321886

00:43:12.870 --> 00:43:13.512 you know,

NOTE Confidence: 0.84321886

 $00:43:13.512 \longrightarrow 00:43:15.438$  is this idea of candies kind

NOTE Confidence: 0.84321886

 $00:43:15.438 \longrightarrow 00:43:16.784$  of interventions fundamentally

NOTE Confidence: 0.84321886

 $00{:}43{:}16.784 \dashrightarrow 00{:}43{:}19.045$  transformed health? Well, maybe right.

NOTE Confidence: 0.84321886

00:43:19.045 --> 00:43:20.995 Maybe we just don't know yet.

NOTE Confidence: 0.84321886

 $00:43:21.000 \longrightarrow 00:43:23.289$  We're so early into exploring this field,

NOTE Confidence: 0.84321886

 $00:43:23.290 \longrightarrow 00:43:24.590$  especially around extended reality

NOTE Confidence: 0.84321886

 $00:43:24.590 \longrightarrow 00:43:25.565$  that we do.

NOTE Confidence: 0.84321886

 $00:43:25.570 \longrightarrow 00:43:28.178$  We just have to do a lot more,

NOTE Confidence: 0.84321886

 $00:43:28.180 \longrightarrow 00:43:30.130$  more research and more larger style.

NOTE Confidence: 0.84321886

00:43:30.130 --> 00:43:30.890 You know,

 $00:43:30.890 \longrightarrow 00:43:32.410$  effectiveness trials and implementation

NOTE Confidence: 0.84321886

 $00:43:32.410 \longrightarrow 00:43:34.228$  trials to really understand this

NOTE Confidence: 0.84321886

 $00:43:34.228 \longrightarrow 00:43:35.668$  better is shiny and it's new,

NOTE Confidence: 0.84321886

 $00:43:35.670 \longrightarrow 00:43:38.278$  and that draws a lot of people in.

NOTE Confidence: 0.84321886

 $00:43:38.280 \longrightarrow 00:43:40.236$  So we we need to wait.

NOTE Confidence: 0.84321886

 $00:43:40.240 \longrightarrow 00:43:43.614$  We just need to do more work.

NOTE Confidence: 0.84321886

 $00:43:43.620 \longrightarrow 00:43:47.085$  So my optimism about all of this is right.

NOTE Confidence: 0.84321886

 $00:43:47.090 \longrightarrow 00:43:49.184$  We had an excellent experience with

NOTE Confidence: 0.84321886

00:43:49.184 --> 00:43:51.709 invite only and some really prominent,

NOTE Confidence: 0.84321886

00:43:51.710 --> 00:43:53.051 promising preliminary results.

NOTE Confidence: 0.84321886

 $00:43:53.051 \longrightarrow 00:43:55.286$  There's a lot of excitement

NOTE Confidence: 0.84321886

 $00{:}43{:}55.286 \dashrightarrow 00{:}43{:}57.478$  about Exar right in VR and AR,

NOTE Confidence: 0.84321886

 $00{:}43{:}57.480 \dashrightarrow 00{:}43{:}59.410$  talking to teachers and schools.

NOTE Confidence: 0.84321886

 $00:43:59.410 \longrightarrow 00:44:00.158$  They were.

NOTE Confidence: 0.84321886

00:44:00.158 --> 00:44:02.028 They were really excited about

NOTE Confidence: 0.84321886

 $00:44:02.028 \longrightarrow 00:44:03.640$  what we were doing.

 $00:44:03.640 \longrightarrow 00:44:07.152$  There are a lot of XR apps and

NOTE Confidence: 0.84321886

00:44:07.152 --> 00:44:09.138 interventions that do exist

NOTE Confidence: 0.84321886

 $00:44:09.138 \longrightarrow 00:44:11.170$  for health promotion and.

NOTE Confidence: 0.84321886

00:44:11.170 --> 00:44:12.840 And an health behavior change.

NOTE Confidence: 0.84321886

 $00:44:12.840 \longrightarrow 00:44:14.465$  Technology that is moving faster

NOTE Confidence: 0.84321886

 $00:44:14.465 \longrightarrow 00:44:16.485$  and faster is becoming more and

NOTE Confidence: 0.84321886

00:44:16.485 --> 00:44:18.155 more user friendly and intuitive.

NOTE Confidence: 0.84321886

00:44:18.160 --> 00:44:21.830 You can just see that in the change of the X,

NOTE Confidence: 0.84321886

 $00:44:21.830 \longrightarrow 00:44:24.326$  the headsets that have been coming

NOTE Confidence: 0.84321886

 $00:44:24.326 \longrightarrow 00:44:27.190$  out over the last several years.

NOTE Confidence: 0.84321886

00:44:27.190 --> 00:44:29.059 I do believe that XR can provide

NOTE Confidence: 0.84321886

 $00:44:29.059 \longrightarrow 00:44:30.278$  some opportunities for greater

NOTE Confidence: 0.84321886

 $00:44:30.278 \longrightarrow 00:44:31.718$  immersion and skill practice.

NOTE Confidence: 0.84321886

 $00{:}44{:}31.720 \dashrightarrow 00{:}44{:}33.827$  You know these head sets now we have,

NOTE Confidence: 0.84321886

 $00:44:33.830 \longrightarrow 00:44:34.736$  like you know,

00:44:34.736 --> 00:44:37.122 hand tracking and and you know, I tracking.

NOTE Confidence: 0.84321886

 $00{:}44{:}37.122 \dashrightarrow 00{:}44{:}39.410$  There's so many things now that we can

NOTE Confidence: 0.84321886

00:44:39.470 --> 00:44:41.990 do where your actual physical body is doing.

NOTE Confidence: 0.84321886

 $00:44:41.990 \longrightarrow 00:44:43.782$  Some of the work and that is

NOTE Confidence: 0.84321886

 $00:44:43.782 \longrightarrow 00:44:45.329$  a lot different than clicking

NOTE Confidence: 0.84321886

 $00:44:45.329 \longrightarrow 00:44:47.119$  through things on a computer.

NOTE Confidence: 0.84321886

 $00:44:47.120 \longrightarrow 00:44:48.884$  So when we have ability to

NOTE Confidence: 0.84321886

 $00:44:48.884 \longrightarrow 00:44:50.750$  use our hands in the game,

NOTE Confidence: 0.84321886

 $00:44:50.750 \longrightarrow 00:44:53.158$  recognizing our hands in the game or

NOTE Confidence: 0.84321886

00:44:53.158 --> 00:44:55.434 where we're gazing or who were making

NOTE Confidence: 0.84321886

 $00{:}44{:}55.434 \dashrightarrow 00{:}44{:}58.079$  eye contact with that says a lot and then.

NOTE Confidence: 0.84321886

 $00:44:58.080 \longrightarrow 00:45:00.560$  I do think that we can think about is time

NOTE Confidence: 0.84321886

00:45:00.629 --> 00:45:02.939 to start thinking about beyond schools,

NOTE Confidence: 0.84321886

 $00:45:02.940 \longrightarrow 00:45:04.542$  where those opportunities to reach kids

NOTE Confidence: 0.84321886

 $00:45:04.542 \longrightarrow 00:45:06.589$  are in terms of implementing these.

NOTE Confidence: 0.84321886

 $00:45:06.590 \longrightarrow 00:45:07.806$  These health based interventions.

 $00:45:07.806 \longrightarrow 00:45:08.718$  We have them,

NOTE Confidence: 0.84321886

 $00:45:08.720 \longrightarrow 00:45:10.688$  you know if we have kids waiting in

NOTE Confidence: 0.84321886

 $00:45:10.688 \longrightarrow 00:45:12.683$  clinics or they're in community based

NOTE Confidence: 0.84321886

 $00:45:12.683 \longrightarrow 00:45:14.493$  settings or after school programs,

NOTE Confidence: 0.87412786

 $00:45:14.500 \longrightarrow 00:45:16.306$  or even the emergency department right

NOTE Confidence: 0.87412786

 $00:45:16.306 \longrightarrow 00:45:18.140$  where you have opportunities in hospitals,

NOTE Confidence: 0.87412786

 $00:45:18.140 \longrightarrow 00:45:19.492$  we have kids there.

NOTE Confidence: 0.87412786

 $00:45:19.492 \longrightarrow 00:45:22.352$  Maybe we can kind of give some of

NOTE Confidence: 0.87412786

 $00:45:22.352 \longrightarrow 00:45:24.608$  that use this technology to engage

NOTE Confidence: 0.87412786

 $00:45:24.608 \longrightarrow 00:45:27.088$  them or they're already there.

NOTE Confidence: 0.87412786

 $00:45:27.090 \longrightarrow 00:45:28.074$  Just my caution.

NOTE Confidence: 0.87412786

 $00:45:28.074 \longrightarrow 00:45:29.714$  Stakeholders are still nervous implement,

NOTE Confidence: 0.87412786

 $00{:}45{:}29.720 \dashrightarrow 00{:}45{:}32.285$  you know it is you that those that don't

NOTE Confidence: 0.87412786

 $00:45:32.285 \longrightarrow 00:45:34.329$  necessarily understand XR extended reality.

NOTE Confidence: 0.87412786

 $00:45:34.330 \longrightarrow 00:45:35.248$  It could be.

 $00:45:35.248 \longrightarrow 00:45:37.084$  Sometimes it takes a little bit

NOTE Confidence: 0.87412786

 $00{:}45{:}37.084 \dashrightarrow 00{:}45{:}39.652$  of self because you know a lot of

NOTE Confidence: 0.87412786

 $00{:}45{:}39.652 \dashrightarrow 00{:}45{:}41.569$  people just don't understand it.

NOTE Confidence: 0.87412786

 $00:45:41.570 \longrightarrow 00:45:43.887$  So it does take some getting comfortable

NOTE Confidence: 0.87412786

 $00:45:43.887 \longrightarrow 00:45:45.542$  getting people comfortable with technology

NOTE Confidence: 0.87412786

00:45:45.542 --> 00:45:47.072 and recognizing that it's actually

NOTE Confidence: 0.87412786

 $00:45:47.072 \longrightarrow 00:45:49.129$  you know is actually quite simple.

NOTE Confidence: 0.87412786

 $00:45:49.130 \longrightarrow 00:45:51.760$  You know to use in a lot of cases you

NOTE Confidence: 0.87412786

 $00{:}45{:}51.836 \dashrightarrow 00{:}45{:}54.279$  gotta have buy in from the schools

NOTE Confidence: 0.87412786

 $00:45:54.279 \longrightarrow 00:45:56.750$  in the clinics and other programs.

NOTE Confidence: 0.87412786

 $00:45:56.750 \longrightarrow 00:45:59.074$  Or when you leave because you can't

NOTE Confidence: 0.87412786

00:45:59.074 --> 00:46:01.837 keep coming in and and you know setting

NOTE Confidence: 0.87412786

 $00:46:01.837 \longrightarrow 00:46:04.251$  up the equipment and which also means

NOTE Confidence: 0.87412786

 $00{:}46{:}04.251 \dashrightarrow 00{:}46{:}06.851$  you often need a champion to run that.

NOTE Confidence: 0.87412786

00:46:06.860 --> 00:46:07.606 So again,

NOTE Confidence: 0.87412786

 $00:46:07.606 \longrightarrow 00:46:09.844$  technology moves really fast and research

00:46:09.844 --> 00:46:12.248 move slow as it should in many ways,

NOTE Confidence: 0.87412786

 $00:46:12.250 \longrightarrow 00:46:14.272$  but as soon as you've got

NOTE Confidence: 0.87412786

00:46:14.272 --> 00:46:15.283 something figured out,

NOTE Confidence: 0.87412786

00:46:15.290 --> 00:46:16.970 that headset may be discontinued

NOTE Confidence: 0.87412786

 $00:46:16.970 \longrightarrow 00:46:18.902$  and you have to, you know,

NOTE Confidence: 0.87412786

00:46:18.902 --> 00:46:20.357 think about how you're going

NOTE Confidence: 0.87412786

 $00:46:20.357 \longrightarrow 00:46:22.449$  to keep up with technology and

NOTE Confidence: 0.87412786

 $00:46:22.449 \longrightarrow 00:46:24.379$  support for that new technology.

NOTE Confidence: 0.87412786

00:46:24.380 --> 00:46:25.391 Like I mentioned,

NOTE Confidence: 0.87412786

 $00:46:25.391 \longrightarrow 00:46:26.739$  researchers greatly still needed,

NOTE Confidence: 0.87412786

 $00:46:26.740 \longrightarrow 00:46:28.858$  especially in the field of implementation.

NOTE Confidence: 0.87412786

 $00{:}46{:}28.860 \dashrightarrow 00{:}46{:}30.702$  Science creating cool stuff is a wesome

NOTE Confidence: 0.87412786

 $00{:}46{:}30.702 \dashrightarrow 00{:}46{:}33.474$  and even when it can show that under

NOTE Confidence: 0.87412786

 $00:46:33.474 \longrightarrow 00:46:34.954$  controlled situations that works,

NOTE Confidence: 0.87412786

 $00:46:34.960 \longrightarrow 00:46:37.000$  what about in the real world?

 $00{:}46{:}37.000 \dashrightarrow 00{:}46{:}38.992$  And another big point that I

NOTE Confidence: 0.87412786

 $00:46:38.992 \longrightarrow 00:46:41.060$  want to bring process this idea.

NOTE Confidence: 0.87412786

 $00:46:41.060 \longrightarrow 00:46:42.404$  Ensuring access to all.

NOTE Confidence: 0.87412786

 $00:46:42.404 \longrightarrow 00:46:44.829$  Not all kids are going to or

NOTE Confidence: 0.87412786

 $00:46:44.829 \longrightarrow 00:46:46.489$  or adults for that matter.

NOTE Confidence: 0.87412786

 $00:46:46.490 \longrightarrow 00:46:47.594$  Wanna be in VR?

NOTE Confidence: 0.87412786

 $00:46:47.594 \longrightarrow 00:46:49.670$  Not all can use that because of

NOTE Confidence: 0.87412786

 $00:46:49.670 \longrightarrow 00:46:51.812$  this some sort of disability or

NOTE Confidence: 0.87412786

 $00{:}46{:}51.812 \dashrightarrow 00{:}46{:}53.353$  learning disability or vision

NOTE Confidence: 0.87412786

 $00:46:53.353 \longrightarrow 00:46:54.957$  and hearing issues right?

NOTE Confidence: 0.87412786

00:46:54.960 --> 00:46:55.971 Or physical disability?

NOTE Confidence: 0.87412786

 $00:46:55.971 \longrightarrow 00:46:57.993$  So what can what ways can

NOTE Confidence: 0.87412786

 $00:46:57.993 \longrightarrow 00:46:59.498$  we ensure access to?

NOTE Confidence: 0.87412786

 $00:46:59.500 \longrightarrow 00:47:00.975$  All outside of the technology

NOTE Confidence: 0.87412786

 $00:47:00.975 \longrightarrow 00:47:02.450$  and that can be sent.

NOTE Confidence: 0.87412786

 $00{:}47{:}02.450 \dashrightarrow 00{:}47{:}05.510$  That something is simple it is.

 $00:47:05.510 \longrightarrow 00:47:07.442$  Casting this game from a headset

NOTE Confidence: 0.87412786

 $00:47:07.442 \longrightarrow 00:47:09.113$  onto a monitor where others

NOTE Confidence: 0.87412786

 $00:47:09.113 \longrightarrow 00:47:11.039$  can see are playing in groups,

NOTE Confidence: 0.87412786

 $00:47:11.040 \longrightarrow 00:47:12.340$  right or or in.

NOTE Confidence: 0.87412786

00:47:12.340 --> 00:47:12.990 You know,

NOTE Confidence: 0.87412786

 $00:47:12.990 \longrightarrow 00:47:14.748$  translating games to two web based

NOTE Confidence: 0.87412786

 $00:47:14.748 \longrightarrow 00:47:17.393$  or two D games on the computer and

NOTE Confidence: 0.87412786

 $00{:}47{:}17.393 \dashrightarrow 00{:}47{:}19.153$  rigorous trials are still needed,

NOTE Confidence: 0.87412786

 $00:47:19.160 \longrightarrow 00:47:21.750$  and they there is a need for

NOTE Confidence: 0.87412786

 $00:47:21.750 \longrightarrow 00:47:24.380$  them to be higher powered.

NOTE Confidence: 0.87412786

 $00:47:24.380 \longrightarrow 00:47:27.728$  So other projects that were working

NOTE Confidence: 0.87412786

 $00{:}47{:}27.728 \dashrightarrow 00{:}47{:}31.399$  on a extended reality model of here

NOTE Confidence: 0.87412786

00:47:31.399 --> 00:47:35.134 were talk about \*\* our models to to

NOTE Confidence: 0.87412786

 $00:47:35.134 \longrightarrow 00:47:37.564$  teach medical residents and students

NOTE Confidence: 0.87412786

 $00:47:37.564 \longrightarrow 00:47:41.560$  had improved diagnosis of neurofibromatosis.

 $00:47:41.560 \longrightarrow 00:47:43.490$  We we another project we're

NOTE Confidence: 0.87412786

00:47:43.490 --> 00:47:45.420 working on is skill based,

NOTE Confidence: 0.87412786

 $00:47:45.420 \longrightarrow 00:47:46.964$  augmented reality based intervention

NOTE Confidence: 0.87412786

 $00:47:46.964 \longrightarrow 00:47:48.508$  focused on alcohol use,

NOTE Confidence: 0.87412786

00:47:48.510 --> 00:47:50.050 prevention and harm reduction.

NOTE Confidence: 0.8555266

00:47:53.660 --> 00:47:56.876 A game based application to enhance

NOTE Confidence: 0.8555266

 $00:47:56.876 \longrightarrow 00:47:59.020$  outpatient cardiac rehabilitation for

NOTE Confidence: 0.8555266

 $00:47:59.100 \longrightarrow 00:48:01.599$  women who just had a heart attack.

NOTE Confidence: 0.8555266

 $00{:}48{:}01.600 \dashrightarrow 00{:}48{:}03.973$  An then again, thinking about how we're

NOTE Confidence: 0.8555266

 $00:48:03.973 \longrightarrow 00:48:07.127$  going to take invite only an adapt that to

NOTE Confidence: 0.8555266

 $00{:}48{:}07.127 \dashrightarrow 00{:}48{:}09.410$  other risk behaviors such as marijuana,

NOTE Confidence: 0.8555266

 $00:48:09.410 \longrightarrow 00:48:11.080$  use marijuana vaping in other

NOTE Confidence: 0.8555266

 $00:48:11.080 \longrightarrow 00:48:13.933$  populations that may be at high risk for

NOTE Confidence: 0.8555266

00:48:13.933 --> 00:48:15.798 negative outcomes related to vaping,

NOTE Confidence: 0.8555266

 $00:48:15.800 \longrightarrow 00:48:18.383$  and then I do have this really keen interest

NOTE Confidence: 0.8555266

 $00:48:18.383 \longrightarrow 00:48:21.126$  in development and evaluation of projects.

00:48:21.130 --> 00:48:22.900 Those focused on patient advocacy,

NOTE Confidence: 0.8555266

 $00:48:22.900 \longrightarrow 00:48:25.385$  especially like when you think about kids,

NOTE Confidence: 0.8555266

 $00{:}48{:}25.390 \dashrightarrow 00{:}48{:}27.598$  teen agers and young adults that are

NOTE Confidence: 0.8555266

00:48:27.598 --> 00:48:29.461 trans transitioning into young adulthood

NOTE Confidence: 0.8555266

 $00:48:29.461 \longrightarrow 00:48:31.131$  and maybe leaving their insurance

NOTE Confidence: 0.8555266

00:48:31.131 --> 00:48:33.309 may be moving to another state.

NOTE Confidence: 0.8555266

 $00:48:33.310 \longrightarrow 00:48:35.510$  And if they have some, you know,

NOTE Confidence: 0.8555266

 $00:48:35.510 \longrightarrow 00:48:37.340$  congenital heart disease or mental health

NOTE Confidence: 0.8555266

 $00:48:37.340 \longrightarrow 00:48:39.348$  issues or concerns that they're able.

NOTE Confidence: 0.8555266

 $00:48:39.350 \longrightarrow 00:48:41.576$  They learn how to advocate for themselves.

NOTE Confidence: 0.8555266

 $00{:}48{:}41.580 \dashrightarrow 00{:}48{:}44.004$  So may be VR is a wonderful way to

NOTE Confidence: 0.8555266

 $00:48:44.004 \longrightarrow 00:48:45.379$  practice those interaction skills

NOTE Confidence: 0.8555266

 $00:48:45.379 \longrightarrow 00:48:48.203$  with a doctor or your peers or others

NOTE Confidence: 0.8555266

 $00:48:48.272 \longrightarrow 00:48:50.146$  to to really kind of say, hey,

NOTE Confidence: 0.8555266

 $00:48:50.146 \longrightarrow 00:48:52.514$  this is what I've got going on and

 $00:48:52.514 \longrightarrow 00:48:54.786$  and I need to advocate for myself

NOTE Confidence: 0.8555266

00:48:54.786 --> 00:48:57.158 and my health so and then again,

NOTE Confidence: 0.8555266

 $00:48:57.160 \longrightarrow 00:48:59.386$  let's use of AR an artificial intelligence.

NOTE Confidence: 0.8555266

 $00:48:59.390 \longrightarrow 00:49:01.286$  How can we think about that?

NOTE Confidence: 0.8555266

 $00:49:01.290 \longrightarrow 00:49:03.761$  Technology can be used as a way

NOTE Confidence: 0.8555266

 $00:49:03.761 \longrightarrow 00:49:04.820$  for skill development.

NOTE Confidence: 0.8555266

 $00{:}49{:}04.820 \dashrightarrow 00{:}49{:}06.148$  I'm I'm really interested,

NOTE Confidence: 0.8555266

 $00:49:06.148 \longrightarrow 00:49:08.592$  been super excited and interested in an

NOTE Confidence: 0.8555266

 $00{:}49{:}08.592 \dashrightarrow 00{:}49{:}10.839$  artificial intelligence so, so that's me.

NOTE Confidence: 0.8555266

 $00:49:10.839 \longrightarrow 00:49:11.898$  So thank you.

NOTE Confidence: 0.8555266

 $00:49:11.900 \longrightarrow 00:49:12.608$  You know,

NOTE Confidence: 0.8555266

00:49:12.608 --> 00:49:15.440 Doctor Martin for inviting me to do this,

NOTE Confidence: 0.8555266

 $00:49:15.440 \longrightarrow 00:49:18.079$  and I've just been super excited about

NOTE Confidence: 0.8555266

 $00:49:18.079 \longrightarrow 00:49:21.098$  this all week so I will stop my slides.

NOTE Confidence: 0.8555266

 $00:49:21.100 \longrightarrow 00:49:23.758$  And if anybody has any questions

NOTE Confidence: 0.8555266

 $00{:}49{:}23.758 \dashrightarrow 00{:}49{:}25.900$  for me I'm happy to answer them.

 $00:49:26.490 \longrightarrow 00:49:29.850$  And we do have some interesting

NOTE Confidence: 0.7437438

 $00{:}49{:}29.850 \dashrightarrow 00{:}49{:}32.756$  questions and I'm going to let

NOTE Confidence: 0.7437438

 $00:49:32.756 \longrightarrow 00:49:35.036$  Faye had the first question.

NOTE Confidence: 0.870775

00:49:37.370 --> 00:49:39.062 Thanks Andres and I apologize,

NOTE Confidence: 0.870775

 $00{:}49{:}39.062 \dashrightarrow 00{:}49{:}40.414$  Kimberly for not mentioning

NOTE Confidence: 0.870775

 $00{:}49{:}40.420 \dashrightarrow 00{:}49{:}42.786$  your name in my in my question

NOTE Confidence: 0.870775

00:49:42.790 --> 00:49:45.850 that I wrote. This is how the brain works

NOTE Confidence: 0.870775

00:49:45.850 --> 00:49:48.216 sometimes I could have. I just knew

NOTE Confidence: 0.870775

00:49:48.216 --> 00:49:50.930 I didn't know your name but I could

NOTE Confidence: 0.870775

 $00:49:50.930 \longrightarrow 00:49:53.156$  have just looked at the screen and

NOTE Confidence: 0.870775

 $00{:}49{:}53.156 \dashrightarrow 00{:}49{:}55.679$  and see that your name is Kimberly.

NOTE Confidence: 0.870775

00:49:55.680 --> 00:49:58.730 So I I refer to you in my notice

NOTE Confidence: 0.870775

00:49:58.730 --> 00:50:01.440 in my chat as a speaker so I

NOTE Confidence: 0.870775

00:50:01.440 --> 00:50:03.132 apologize for that, but nonetheless,

NOTE Confidence: 0.870775

 $00:50:03.132 \longrightarrow 00:50:05.170$  as I listened to you though,

 $00:50:05.170 \longrightarrow 00:50:07.336$  I request two questions popped into.

NOTE Confidence: 0.870775

 $00{:}50{:}07.336 \dashrightarrow 00{:}50{:}09.980$  My head the the name of

NOTE Confidence: 0.8836158

 $00:50:09.980 \longrightarrow 00:50:12.680$  the game for the black teens.

NOTE Confidence: 0.8836158

 $00:50:12.680 \longrightarrow 00:50:14.490$  That's called one night

NOTE Confidence: 0.8836158

00:50:14.490 --> 00:50:17.406 stand. When I heard that something

NOTE Confidence: 0.8836158

00:50:17.406 --> 00:50:20.569 in my stomach reacted to that name.

NOTE Confidence: 0.8836158

 $00:50:20.570 \longrightarrow 00:50:24.216$  Uhm yeah, be 'cause of the the whole

NOTE Confidence: 0.8836158

 $00:50:24.216 \longrightarrow 00:50:27.406$  term of one night stands and the

NOTE Confidence: 0.8836158

 $00{:}50{:}27.406 \dashrightarrow 00{:}50{:}29.686$  negative connotation of one night

NOTE Confidence: 0.8836158

 $00:50:29.686 \longrightarrow 00:50:32.875$  stand just hearing that as it was

NOTE Confidence: 0.8836158

 $00{:}50{:}32.875 \dashrightarrow 00{:}50{:}36.525$  linked to black young people I my my

NOTE Confidence: 0.8836158

 $00:50:36.525 \longrightarrow 00:50:40.180$  I had a visceral reaction to to the

NOTE Confidence: 0.8505315

00:50:40.180 --> 00:50:43.365 name. So I thought that it could

NOTE Confidence: 0.8505315

 $00:50:43.370 \longrightarrow 00:50:46.560$  suggest a bit of a negative connotation

NOTE Confidence: 0.8505315

 $00:50:46.560 \longrightarrow 00:50:49.300$  when one hears that. So that's

NOTE Confidence: 0.8505315

 $00:50:49.300 \longrightarrow 00:50:52.576$  the first thing. And so with that.

 $00:50:52.580 \longrightarrow 00:50:55.180$  I wondered if when you were developing

NOTE Confidence: 0.8505315

 $00{:}50{:}55.180 \to 00{:}50{:}57.784$  the game you mentioned, how dear it

NOTE Confidence: 0.8727756

 $00:50:57.790 \longrightarrow 00:51:01.136$  is to your heart on if you also have

NOTE Confidence: 0.8727756

00:51:01.136 --> 00:51:03.740 some black folks on your team who

NOTE Confidence: 0.8727756

 $00:51:03.740 \longrightarrow 00:51:05.970$  who listen to something like this

NOTE Confidence: 0.8727756

 $00:51:05.970 \longrightarrow 00:51:08.206$  and thought about what it meant.

NOTE Confidence: 0.8727756

00:51:08.206 --> 00:51:10.505 An gave some suggestions and

NOTE Confidence: 0.8727756

 $00:51:10.505 \longrightarrow 00:51:12.875$  some feedback as still the the

NOTE Confidence: 0.8727756

00:51:12.875 --> 00:51:14.898 different ways of looking at that.

NOTE Confidence: 0.8727756

 $00:51:14.900 \longrightarrow 00:51:16.019$  So that's what

NOTE Confidence: 0.8727756

 $00:51:16.020 \dashrightarrow 00:51:20.110$  popped into my head as I as I listen to you,

NOTE Confidence: 0.8727756

 $00:51:20.110 \longrightarrow 00:51:23.320$  so I appreciate that so much.

NOTE Confidence: 0.8727756

 $00{:}51{:}23.320 \dashrightarrow 00{:}51{:}25.633$  We thought of the name the name one night

NOTE Confidence: 0.8727756

 $00:51:25.633 \longrightarrow 00:51:27.900$  stand because there was a character in the

NOTE Confidence: 0.8727756

 $00:51:27.900 \longrightarrow 00:51:30.267$  game that he's he's kind of the trickster.

 $00:51:30.270 \longrightarrow 00:51:31.938$  He's the guy that is going.

NOTE Confidence: 0.8727756

 $00:51:31.940 \longrightarrow 00:51:34.433$  He's kind of looking for a one night stand.

NOTE Confidence: 0.8727756

00:51:34.440 --> 00:51:36.108 So how do you recognize this?

NOTE Confidence: 0.8727756

00:51:36.110 --> 00:51:36.941 Diane? Avoid him.

NOTE Confidence: 0.8727756

 $00:51:36.941 \longrightarrow 00:51:38.603$  So that's kind of where that.

NOTE Confidence: 0.8727756

 $00:51:38.610 \longrightarrow 00:51:40.278$  And then it's it has evolved.

NOTE Confidence: 0.8727756

 $00:51:40.280 \longrightarrow 00:51:42.128$  So if that gave you a visceral reaction

NOTE Confidence: 0.8727756

 $00:51:42.128 \longrightarrow 00:51:44.264$  and you know that's something we should

NOTE Confidence: 0.8727756

 $00{:}51{:}44.264 \to 00{:}51{:}45.823$  consider changing the name, absolutely.

NOTE Confidence: 0.8727756

00:51:45.823 --> 00:51:47.138 I think it's just something

NOTE Confidence: 0.8727756

 $00:51:47.138 \longrightarrow 00:51:48.620$  we've hung on to forever.

NOTE Confidence: 0.8727756

 $00:51:48.620 \longrightarrow 00:51:51.113$  And it was a main character in this game.

NOTE Confidence: 0.8727756

00:51:51.120 --> 00:51:52.788 The early versions of the game,

NOTE Confidence: 0.8727756

 $00:51:52.790 \longrightarrow 00:51:53.460$  and it's.

NOTE Confidence: 0.8727756

00:51:53.460 --> 00:51:54.800 Not so much now,

NOTE Confidence: 0.8727756

 $00:51:54.800 \longrightarrow 00:51:57.968$  so it I think changing name is still we're

 $00:51:57.968 \longrightarrow 00:52:01.009$  totally fine to do that in terms of the team.

NOTE Confidence: 0.8727756

 $00:52:01.010 \longrightarrow 00:52:03.117$  We the very first thing we did

NOTE Confidence: 0.8727756

00:52:03.117 --> 00:52:04.788 when we started this project

NOTE Confidence: 0.8727756

 $00:52:04.788 \longrightarrow 00:52:06.894$  was we brought on ijoma apara.

NOTE Confidence: 0.8727756

 $00:52:06.900 \longrightarrow 00:52:09.840$  She actually is going to be moving

NOTE Confidence: 0.8727756

 $00:52:09.840 \longrightarrow 00:52:12.389$  coming to Yale at the school.

NOTE Confidence: 0.8727756

 $00:52:12.390 \longrightarrow 00:52:13.287$  Public health here.

NOTE Confidence: 0.8727756

00:52:13.287 --> 00:52:15.380 In the summer she's a black female

NOTE Confidence: 0.8727756

 $00:52:15.440 \longrightarrow 00:52:17.325$  that focuses on specifically empowering

NOTE Confidence: 0.8727756

 $00:52:17.325 \longrightarrow 00:52:19.820$  black teen girls around risk behaviors.

NOTE Confidence: 0.8727756

00:52:19.820 --> 00:52:20.476 You know,

NOTE Confidence: 0.8727756

 $00{:}52{:}20.476 \dashrightarrow 00{:}52{:}21.788$  avoiding risk behaviors and

NOTE Confidence: 0.8727756

 $00{:}52{:}21.788 \dashrightarrow 00{:}52{:}23.720$  taking pride in their ethnicity.

NOTE Confidence: 0.8727756

 $00:52:23.720 \longrightarrow 00:52:26.450$  So she has been involved from day

NOTE Confidence: 0.8727756

 $00:52:26.450 \longrightarrow 00:52:29.380$  one and helping us to do all of this.

 $00:52:29.380 \longrightarrow 00:52:31.501$  So she's been fighting this with us

NOTE Confidence: 0.8727756

 $00:52:31.501 \longrightarrow 00:52:33.596$  and helping us look through focus

NOTE Confidence: 0.8727756

 $00:52:33.596 \longrightarrow 00:52:35.846$  groups and analyzing those through her

NOTE Confidence: 0.8727756

 $00:52:35.846 \longrightarrow 00:52:38.230$  lens and her expertise is definitely,

NOTE Confidence: 0.8727756

 $00:52:38.230 \longrightarrow 00:52:40.694$  I think that's one of the main

NOTE Confidence: 0.8727756

 $00:52:40.694 \longrightarrow 00:52:43.239$  things I'm not a black teen girl.

NOTE Confidence: 0.8727756

 $00:52:43.240 \longrightarrow 00:52:44.955$  I have no idea what that means

NOTE Confidence: 0.8727756

 $00.52:44.955 \longrightarrow 00.52:46.889$  to to be a black teen girl.

NOTE Confidence: 0.8727756

 $00{:}52{:}46.890 \to 00{:}52{:}48.318$  So another thing that we did

NOTE Confidence: 0.8727756

 $00:52:48.318 \longrightarrow 00:52:50.030$  too is from our focus groups.

NOTE Confidence: 0.8727756

 $00{:}52{:}50.030 {\: --> \:} 00{:}52{:}51.722$  We created an advisory group of

NOTE Confidence: 0.8727756

 $00:52:51.722 \longrightarrow 00:52:53.633$  Teen Black Teen Girls from that was

NOTE Confidence: 0.8727756

00:52:53.633 --> 00:52:55.313 I think we had eight that every

NOTE Confidence: 0.8727756

 $00:52:55.369 \longrightarrow 00:52:56.809$  step of the way we're like.

NOTE Confidence: 0.8727756

 $00:52:56.810 \longrightarrow 00:52:58.637$  So what do you think about this?

NOTE Confidence: 0.8727756

00:52:58.640 --> 00:53:00.206 What do you think about this?

 $00:53:00.210 \longrightarrow 00:53:01.770$  What do you think about this?

NOTE Confidence: 0.8727756

00:53:01.770 --> 00:53:03.759 So in every step it has to go through

NOTE Confidence: 0.8727756

00:53:03.759 --> 00:53:05.529 our Advisory Board and they have

NOTE Confidence: 0.8727756

00:53:05.529 --> 00:53:07.252 to either in promote, you know,

NOTE Confidence: 0.8727756

 $00:53:07.252 \longrightarrow 00:53:08.557$  say, give us thumbs up,

NOTE Confidence: 0.8727756

 $00:53:08.560 \longrightarrow 00:53:11.120$  or tell us how to change it or

NOTE Confidence: 0.8727756

 $00:53:11.120 \longrightarrow 00:53:13.525$  tell us to get rid of it so.

NOTE Confidence: 0.8727756

00:53:13.530 --> 00:53:14.184 For sure,

NOTE Confidence: 0.8727756

00:53:14.184 --> 00:53:15.819 we've been really trying hard

NOTE Confidence: 0.8727756

 $00:53:15.819 \longrightarrow 00:53:17.450$  to put that in place.

NOTE Confidence: 0.8727756

 $00:53:17.450 \longrightarrow 00:53:19.844$  You can guess the wonderful part about

NOTE Confidence: 0.8727756

 $00:53:19.844 \longrightarrow 00:53:22.036$  working with teams is that yeah, yeah.

NOTE Confidence: 0.8727756

00:53:22.036 --> 00:53:24.318 I acknowledge very quickly that I don't.

NOTE Confidence: 0.8727756

 $00{:}53{:}24.320 --> 00{:}53{:}26.273$  I'm not an expert in what it

NOTE Confidence: 0.8727756

 $00:53:26.273 \longrightarrow 00:53:28.250$  means to live that experience,

 $00:53:28.250 \longrightarrow 00:53:29.880$  so the teams tell us.

NOTE Confidence: 0.8727756

 $00:53:29.880 \longrightarrow 00:53:32.496$  And then you know, like Joma tells us,

NOTE Confidence: 0.8727756

 $00:53:32.500 \longrightarrow 00:53:33.800$  and that's I'm just.

NOTE Confidence: 0.8727756

 $00:53:33.800 \longrightarrow 00:53:36.587$  I just try to look at like the

NOTE Confidence: 0.8727756

 $00:53:36.587 \longrightarrow 00:53:38.861$  vessel to try to create this

NOTE Confidence: 0.8727756

 $00:53:38.861 \longrightarrow 00:53:41.034$  things that others are telling

NOTE Confidence: 0.8727756

 $00:53:41.034 \longrightarrow 00:53:43.259$  me how to correctly create.

NOTE Confidence: 0.8727756

00:53:43.260 --> 00:53:43.540 And

NOTE Confidence: 0.8270913

00:53:43.540 --> 00:53:45.612 Kimberly, thank you Kim and and just to

NOTE Confidence: 0.8270913

00:53:45.612 --> 00:53:47.968 add that I I'm I'm very excited about

NOTE Confidence: 0.8270913

 $00{:}53{:}47.968 {\:\raisebox{--}{\text{--}}}{\:\raisebox{--}{\text{--}}}{\:\raisebox{--}{\text{--}}} 00{:}53{:}49.750$  the mixed methods approach right that

NOTE Confidence: 0.8270913

 $00:53:49.750 \longrightarrow 00:53:51.910$  he start with hearing the voices of the

NOTE Confidence: 0.8270913

 $00:53:51.910 \longrightarrow 00:53:54.134$  kids in these focus groups to inform you.

NOTE Confidence: 0.8270913

 $00{:}53{:}54.140 {\:{\circ}{\circ}{\circ}}>00{:}53{:}56.051$  And then you do the fancy statistics

NOTE Confidence: 0.8270913

 $00:53:56.051 \longrightarrow 00:53:58.233$  as you roll them out and also that

NOTE Confidence: 0.8270913

 $00:53:58.233 \longrightarrow 00:54:00.000$  your artist was a black artist.

00:54:00.000 --> 00:54:01.946 I mean that that art was wonderful,

NOTE Confidence: 0.8270913

 $00:54:01.950 \longrightarrow 00:54:03.910$  but I think that's a great question.

NOTE Confidence: 0.8270913

 $00:54:03.910 \longrightarrow 00:54:05.578$  Feyen mix jamming out on that.

NOTE Confidence: 0.8270913

 $00:54:05.580 \longrightarrow 00:54:07.526$  I see another riffing off of that.

NOTE Confidence: 0.8270913

00:54:07.530 --> 00:54:09.198 I also see a great question

NOTE Confidence: 0.8270913

 $00:54:09.198 \longrightarrow 00:54:10.032$  from Maggie Maggie.

NOTE Confidence: 0.8270913

 $00:54:10.040 \longrightarrow 00:54:12.578$  Do you want to and if you could turn

NOTE Confidence: 0.8270913

 $00:54:12.578 \longrightarrow 00:54:14.786$  your camera that would be great.

NOTE Confidence: 0.8270913

00:54:14.790 --> 00:54:16.160 And Natasha, you're on next.

NOTE Confidence: 0.8270913

 $00:54:16.160 \longrightarrow 00:54:18.340$  Also, turn your camera on so Maggie, please.

NOTE Confidence: 0.7967529

00:54:22.020 --> 00:54:26.426 Hi. Thank you, I don't get it.

NOTE Confidence: 0.7967529

 $00{:}54{:}26.430 \dashrightarrow 00{:}54{:}29.160$  Yeah, I was wondering about your control

NOTE Confidence: 0.7967529

 $00:54:29.160 \longrightarrow 00:54:31.396$  group of whether you're comparing

NOTE Confidence: 0.7967529

00:54:31.396 --> 00:54:33.886 to conventional methods of social.

NOTE Confidence: 0.7967529

 $00:54:33.890 \longrightarrow 00:54:36.572$  About the second one of getting

00:54:36.572 --> 00:54:38.720 the information about breaking out,

NOTE Confidence: 0.7967529

 $00:54:38.720 \longrightarrow 00:54:42.760$  or if you're comparing to no intervention.

NOTE Confidence: 0.7967529

 $00:54:42.760 \longrightarrow 00:54:43.609$  Touch it, yeah.

NOTE Confidence: 0.7967529

 $00:54:43.609 \longrightarrow 00:54:46.510$  So what we did and we did a couple of

NOTE Confidence: 0.7967529

00:54:46.510 --> 00:54:48.872 things and I think when we do these

NOTE Confidence: 0.7967529

 $00:54:48.872 \longrightarrow 00:54:51.662$  talks it's hard to get it all in there.

NOTE Confidence: 0.7967529

00:54:51.670 --> 00:54:53.441 But the entire school had a right

NOTE Confidence: 0.7967529

00:54:53.441 --> 00:54:55.297 before we did our intervention in

NOTE Confidence: 0.7967529

00:54:55.297 --> 00:54:57.367 the entire school had their own

NOTE Confidence: 0.7967529

 $00:54:57.367 \longrightarrow 00:54:58.892$  intervention where somebody came in

NOTE Confidence: 0.7967529

 $00{:}54{:}58.892 \dashrightarrow 00{:}55{:}00.877$  and talk to them about vaping and

NOTE Confidence: 0.7967529

 $00:55:00.877 \longrightarrow 00:55:02.659$  that's what the school that was,

NOTE Confidence: 0.7967529

 $00:55:02.660 \longrightarrow 00:55:04.459$  how the school focused on beat that

NOTE Confidence: 0.7967529

 $00{:}55{:}04.459 \to 00{:}55{:}06.219$  was their vaping prevention methods.

NOTE Confidence: 0.7967529

 $00:55:06.220 \longrightarrow 00:55:08.484$  So we we use that like the all

NOTE Confidence: 0.7967529

 $00{:}55{:}08.484 \dashrightarrow 00{:}55{:}10.916$  the kids got that and then we had

 $00:55:10.916 \longrightarrow 00:55:13.199$  kids and then we had kids that.

NOTE Confidence: 0.7967529

 $00{:}55{:}13.200 \dashrightarrow 00{:}55{:}14.832$  Play the game so like on top of

NOTE Confidence: 0.7967529

 $00:55:14.832 \longrightarrow 00:55:16.732$  it so it would kind of be like

NOTE Confidence: 0.7967529

 $00:55:16.732 \longrightarrow 00:55:18.496$  an adjunct to what they already

NOTE Confidence: 0.7967529

 $00:55:18.496 \longrightarrow 00:55:20.008$  received through the school.

NOTE Confidence: 0.7967529

 $00:55:20.010 \longrightarrow 00:55:21.760$  So so the control group got their

NOTE Confidence: 0.7967529

 $00:55:21.760 \longrightarrow 00:55:23.105$  normal stuff that they would

NOTE Confidence: 0.7967529

 $00{:}55{:}23.105 \to 00{:}55{:}24.470$  have gotten from the school.

NOTE Confidence: 0.7914893

 $00:55:26.270 \longrightarrow 00:55:28.580$  Thank you Maggie. Thank you Kim Natasha.

NOTE Confidence: 0.8095889

 $00:55:32.520 \longrightarrow 00:55:36.500$  Yeah, we lost, you know Tasha. They are.

NOTE Confidence: 0.86561275

 $00:55:39.060 \longrightarrow 00:55:41.195$  I'm sorry I have to hold the

NOTE Confidence: 0.86561275

 $00:55:41.195 \longrightarrow 00:55:42.839$  camera because of the setup,

NOTE Confidence: 0.86561275

 $00{:}55{:}42.840 \dashrightarrow 00{:}55{:}45.666$  but I'm just curious as to have any of

NOTE Confidence: 0.86561275

 $00:55:45.666 \longrightarrow 00:55:48.026$  these simulations been triggers for any

NOTE Confidence: 0.86561275

00:55:48.026 --> 00:55:51.184 of the teams and what is your follow

 $00:55:51.184 \longrightarrow 00:55:53.788$  up response to any of those triggers?

NOTE Confidence: 0.86561275

 $00{:}55{:}53.790 \dashrightarrow 00{:}55{:}56.904$  Feel like a lot of times there are probing

NOTE Confidence: 0.86561275

 $00:55:56.904 \longrightarrow 00:55:59.449$  questions or things that trigger response,

NOTE Confidence: 0.86561275

 $00:55:59.450 \longrightarrow 00:56:01.706$  but the follow up it's lacking,

NOTE Confidence: 0.86561275

 $00:56:01.710 \longrightarrow 00:56:06.260$  so there's no. How do I word it?

NOTE Confidence: 0.86561275

 $00.56.06.260 \longrightarrow 00.56.08.216$  There is no follow up to

NOTE Confidence: 0.86561275

 $00:56:08.216 \longrightarrow 00:56:09.520$  what they were feeling,

NOTE Confidence: 0.86561275

 $00.56.09.520 \longrightarrow 00.56.10.820$  what they were experiencing.

NOTE Confidence: 0.86561275

 $00:56:10.820 \longrightarrow 00:56:12.811$  It's kind of just like, OK,

NOTE Confidence: 0.86561275

00:56:12.811 --> 00:56:14.616 we've triggered this and now

NOTE Confidence: 0.86561275

 $00{:}56{:}14.616 {\:\dashrightarrow\:} 00{:}56{:}17.259$  you're on your own to figure out

NOTE Confidence: 0.86561275

 $00{:}56{:}17.259 \dashrightarrow 00{:}56{:}19.509$  and process your feelings and deal

NOTE Confidence: 0.86561275

 $00:56:19.509 \longrightarrow 00:56:21.660$  with that separate and apart.

NOTE Confidence: 0.86561275

 $00:56:21.660 \longrightarrow 00:56:23.130$  This is a great question.

NOTE Confidence: 0.86561275

 $00:56:23.130 \longrightarrow 00:56:24.957$  This is been why I've been hesitant

NOTE Confidence: 0.86561275

 $00:56:24.957 \longrightarrow 00:56:27.245$  to move the intervention to do on line

00:56:27.245 --> 00:56:29.066 because when we work with schools

NOTE Confidence: 0.86561275

 $00{:}56{:}29.066 \dashrightarrow 00{:}56{:}30.968$  we can have those debriefings with

NOTE Confidence: 0.86561275

00:56:30.968 --> 00:56:33.375 kids and teens and say hey if any

NOTE Confidence: 0.86561275

 $00:56:33.375 \longrightarrow 00:56:35.471$  of this was triggering or to you

NOTE Confidence: 0.86561275

 $00:56:35.471 \longrightarrow 00:56:37.473$  or you want to talk to somebody,

NOTE Confidence: 0.86561275

 $00:56:37.480 \longrightarrow 00:56:38.374$  let us know.

NOTE Confidence: 0.86561275

 $00:56:38.374 \longrightarrow 00:56:39.864$  We have a clinical psychologist

NOTE Confidence: 0.86561275

 $00:56:39.864 \longrightarrow 00:56:41.962$  on our team that was the first

NOTE Confidence: 0.86561275

00:56:41.962 --> 00:56:44.019 point of contact but when we work

NOTE Confidence: 0.86561275

00:56:44.019 --> 00:56:45.986 in schools we can also engage the

NOTE Confidence: 0.86561275

 $00:56:45.986 \longrightarrow 00:56:47.710$  school and the school counselors and

NOTE Confidence: 0.86561275

00:56:47.710 --> 00:56:49.500 an ensure that that supports there.

NOTE Confidence: 0.86561275

 $00:56:49.500 \longrightarrow 00:56:51.588$  So that is been one of the main

NOTE Confidence: 0.86561275

 $00:56:51.588 \longrightarrow 00:56:53.180$  reasons I've been super super

NOTE Confidence: 0.86561275

 $00:56:53.180 \longrightarrow 00:56:55.196$  hesitant and holding off on doing.

00:56:55.200 --> 00:56:56.428 Moving intervention to do

NOTE Confidence: 0.86561275

 $00{:}56{:}56.428 \dashrightarrow 00{:}56{:}57.963$  online through zoom is I.

NOTE Confidence: 0.86561275

 $00:56:57.970 \longrightarrow 00:56:59.836$  I was specifically worried about that

NOTE Confidence: 0.86561275

 $00:56:59.836 \longrightarrow 00:57:01.669$  follow up because you know what?

NOTE Confidence: 0.86561275

 $00:57:01.670 \longrightarrow 00:57:04.182$  If we do have a girl that was

NOTE Confidence: 0.86561275

 $00:57:04.182 \longrightarrow 00:57:05.669$  sexually as saulted and got any,

NOTE Confidence: 0.86561275

 $00{:}57{:}05.670 \dashrightarrow 00{:}57{:}07.918$  you know an STI from that or or

NOTE Confidence: 0.86561275

00:57:07.918 --> 00:57:09.370 do you never know?

NOTE Confidence: 0.86561275

 $00{:}57{:}09.370 \dashrightarrow 00{:}57{:}11.337$  You just never know what this could

NOTE Confidence: 0.86561275

 $00:57:11.337 \longrightarrow 00:57:13.225$  trigger an usually when we're within

NOTE Confidence: 0.86561275

00:57:13.225 --> 00:57:15.521 a community in a school community especially,

NOTE Confidence: 0.86561275

 $00:57:15.530 \longrightarrow 00:57:16.082$  we can.

NOTE Confidence: 0.86561275

00:57:16.082 --> 00:57:17.738 We can help to safeguard that

NOTE Confidence: 0.86561275

 $00:57:17.738 \longrightarrow 00:57:18.920$  and provide resources.

NOTE Confidence: 0.86561275

 $00:57:18.920 \longrightarrow 00:57:21.416$  So we've been working with that on our

NOTE Confidence: 0.86561275

 $00:57:21.416 \longrightarrow 00:57:24.149$  team of trying to come up with a plan.

 $00:57:24.150 \longrightarrow 00:57:26.397$  If we do move this on line.

NOTE Confidence: 0.86561275

 $00:57:26.400 \longrightarrow 00:57:28.070$  How can we be supportive?

NOTE Confidence: 0.86561275

 $00:57:28.070 \longrightarrow 00:57:30.550$  We do have a follow up a four

NOTE Confidence: 0.86561275

 $00:57:30.550 \longrightarrow 00:57:32.727$  month follow up with these girls,

NOTE Confidence: 0.86561275

00:57:32.730 --> 00:57:34.722 so we'll be doing baseline one

NOTE Confidence: 0.86561275

 $00:57:34.722 \longrightarrow 00:57:35.718$  month for months.

NOTE Confidence: 0.86561275

 $00:57:35.720 \longrightarrow 00:57:37.052$  We have several opportunities

NOTE Confidence: 0.86561275

 $00:57:37.052 \longrightarrow 00:57:38.384$  to engage with them.

NOTE Confidence: 0.86561275

 $00:57:38.390 \longrightarrow 00:57:38.998$  But yeah,

NOTE Confidence: 0.86561275

 $00:57:38.998 \longrightarrow 00:57:40.822$  kind of having a broad like

NOTE Confidence: 0.86561275

 $00:57:40.822 \longrightarrow 00:57:42.379$  link to resources is.

NOTE Confidence: 0.86561275

 $00:57:42.380 \longrightarrow 00:57:44.844$  It's just not as nice as being

NOTE Confidence: 0.86561275

 $00:57:44.844 \longrightarrow 00:57:47.790$  able to to connect them locally.

NOTE Confidence: 0.86561275

00:57:47.790 --> 00:57:49.740 And sort of to follow up

NOTE Confidence: 0.86561275

 $00:57:49.740 \longrightarrow 00:57:51.490$  on that question as well,

 $00:57:51.490 \longrightarrow 00:57:53.730$  like what is the parental

NOTE Confidence: 0.86561275

 $00:57:53.730 \longrightarrow 00:57:55.522$  involvement in this meaning.

NOTE Confidence: 0.86561275

 $00:57:55.530 \longrightarrow 00:57:57.966$  What is the parental involvement with the

NOTE Confidence: 0.86561275

00:57:57.966 --> 00:58:00.219 child having access to this programming?

NOTE Confidence: 0.86561275

 $00.58:00.220 \longrightarrow 00.58:00.942$  But secondarily,

NOTE Confidence: 0.86561275

 $00{:}58{:}00.942 \dashrightarrow 00{:}58{:}03.830$  if there is a trigger annerys the response.

NOTE Confidence: 0.86561275

 $00:58:03.830 \longrightarrow 00:58:06.718$  What is the family involvement then you know,

NOTE Confidence: 0.86561275

 $00:58:06.720 \longrightarrow 00:58:09.558$  that might not have been there.

NOTE Confidence: 0.86561275

 $00{:}58{:}09.560 \dashrightarrow 00{:}58{:}11.625$  Prior to engaging them for this purpose,

NOTE Confidence: 0.86561275

00:58:11.630 --> 00:58:14.580 so I feel like as a person of mixed heritage,

NOTE Confidence: 0.86561275

 $00{:}58{:}14.580 \dashrightarrow 00{:}58{:}16.876$  I find that in my community it's kind

NOTE Confidence: 0.86561275

00:58:16.876 --> 00:58:19.296 of like we're going to come in here.

NOTE Confidence: 0.86561275

 $00:58:19.300 \longrightarrow 00:58:20.200$  We're going to.

NOTE Confidence: 0.86561275

 $00{:}58{:}20.200 \mathrel{--}{>} 00{:}58{:}22.000$  We're going to prove you were

NOTE Confidence: 0.86561275

 $00:58:22.000 \longrightarrow 00:58:23.720$  going to do all these things,

NOTE Confidence: 0.86561275

 $00:58:23.720 \longrightarrow 00:58:25.100$  and then there's these massive

 $00:58:25.100 \longrightarrow 00:58:26.480$  repercussions when it comes to

NOTE Confidence: 0.8442741

 $00.58:26.534 \longrightarrow 00.58:27.260$  finding therapy.

NOTE Confidence: 0.8442741

 $00:58:27.260 \longrightarrow 00:58:29.297$  Finding follow up for the children is

NOTE Confidence: 0.8442741

00:58:29.297 --> 00:58:31.688 kind of like you guys figure this out.

NOTE Confidence: 0.8442741

00:58:31.690 --> 00:58:33.460 Yeah, we we might have started

NOTE Confidence: 0.8442741

 $00:58:33.460 \longrightarrow 00:58:34.640$  it and triggered it,

NOTE Confidence: 0.8442741

00:58:34.640 --> 00:58:37.286 but now you figure it out on your own.

NOTE Confidence: 0.8442741

00:58:37.290 --> 00:58:38.835 I'm just wondering what supports

NOTE Confidence: 0.8442741

 $00:58:38.835 \longrightarrow 00:58:40.380$  are there for families that.

NOTE Confidence: 0.8442741

 $00:58:40.380 \longrightarrow 00:58:42.998$  May have had some type of response

NOTE Confidence: 0.8442741

 $00:58:42.998 \longrightarrow 00:58:45.399$  or or things of that nature.

NOTE Confidence: 0.8442741

 $00:58:45.400 \longrightarrow 00:58:48.095$  Yeah, I mean, these are great questions.

NOTE Confidence: 0.8442741

00:58:48.100 --> 00:58:51.108 Maybe I'll reach out to you making help

NOTE Confidence: 0.8442741

 $00:58:51.108 \longrightarrow 00:58:53.497$  me brainstorm this because you know,

NOTE Confidence: 0.8442741

 $00:58:53.500 \longrightarrow 00:58:55.430$  currently we just have the

 $00:58:55.430 \longrightarrow 00:58:56.974$  helping helping kids connect.

NOTE Confidence: 0.8442741

 $00{:}58{:}56.980 \rightarrow 00{:}58{:}59.290$  We do apparently, do, you know,

NOTE Confidence: 0.8442741

00:58:59.290 --> 00:59:01.205 require parent permission to be

NOTE Confidence: 0.8442741

 $00:59:01.205 \longrightarrow 00:59:03.929$  in to be involved in the study,

NOTE Confidence: 0.8442741

 $00:59:03.930 \longrightarrow 00:59:05.386$  obviously, but we don't.

NOTE Confidence: 0.8442741

 $00:59:05.386 \longrightarrow 00:59:06.842$  Only unless there's like

NOTE Confidence: 0.8442741

 $00:59:06.842 \longrightarrow 00:59:08.170$  concerns of apparmor,

NOTE Confidence: 0.8442741

00:59:08.170 --> 00:59:10.100 self harm or obviously something

NOTE Confidence: 0.8442741

 $00{:}59{:}10.100 \dashrightarrow 00{:}59{:}11.928$  like sexual as sault, this happened.

NOTE Confidence: 0.8442741

 $00:59:11.928 \longrightarrow 00:59:13.932$  Then we are obligated to tell

NOTE Confidence: 0.8442741

00:59:13.932 --> 00:59:15.299 parents about that stuff.

NOTE Confidence: 0.8442741

 $00:59:15.300 \longrightarrow 00:59:16.488$  But you're right, I.

NOTE Confidence: 0.8442741

 $00:59:16.488 \longrightarrow 00:59:19.291$  I would love to talk to you more about

NOTE Confidence: 0.8442741

00:59:19.291 --> 00:59:21.893 if you have some ideas about how to

NOTE Confidence: 0.8442741

 $00:59:21.893 \longrightarrow 00:59:24.063$  to ensure that safety or the you

NOTE Confidence: 0.8442741

 $00{:}59{:}24.063 \rightarrow 00{:}59{:}27.510$  know those this access to resources.

 $00:59:27.510 \longrightarrow 00:59:28.132$  That said,

NOTE Confidence: 0.8442741

00:59:28.132 --> 00:59:29.998 thank you for bringing that up.

NOTE Confidence: 0.8428741

 $00:59:31.130 \longrightarrow 00:59:33.080$  We have one final question.

NOTE Confidence: 0.8428741

 $00:59:33.080 \longrightarrow 00:59:36.200$  We want to be mindful of of time.

NOTE Confidence: 0.8428741

 $00:59:36.200 \longrightarrow 00:59:37.760$  Walter, you go ahead.

NOTE Confidence: 0.8754808

 $00:59:40.570 \longrightarrow 00:59:42.310$  Well, I was. I was curious there.

NOTE Confidence: 0.8754808

 $00:59:42.310 \longrightarrow 00:59:43.794$  I know Kimberly and by the

NOTE Confidence: 0.8754808

 $00{:}59{:}43.794 \dashrightarrow 00{:}59{:}45.278$  way great to see you again.

NOTE Confidence: 0.86459893

 $00:59:47.730 \longrightarrow 00:59:49.325$  It's there's been some research

NOTE Confidence: 0.86459893

 $00:59:49.325 \longrightarrow 00:59:51.833$  in the past and I'm thinking maybe

NOTE Confidence: 0.86459893

00:59:51.833 --> 00:59:54.566 four or five years ago that I was

NOTE Confidence: 0.86459893

 $00{:}59{:}54.570 \dashrightarrow 00{:}59{:}56.964$  looking at and in some sense then

NOTE Confidence: 0.86459893

 $00{:}59{:}56.964 \dashrightarrow 01{:}00{:}00.384$  looking at VR as a way to be able to

NOTE Confidence: 0.86459893

 $01:00:00.384 \longrightarrow 01:00:02.436$  increase empathy or groups that have

NOTE Confidence: 0.86459893

 $01:00:02.436 \longrightarrow 01:00:04.486$  been authorized by the person who's

 $01:00:04.486 \longrightarrow 01:00:06.198$  actually participating in the VR.

NOTE Confidence: 0.86459893

01:00:06.200 --> 01:00:07.562 So, like, you know,

NOTE Confidence: 0.86459893

01:00:07.562 --> 01:00:09.273 spending some time walking in

NOTE Confidence: 0.86459893

 $01:00:09.273 \longrightarrow 01:00:11.328$  the shoes of a refugee family,

NOTE Confidence: 0.86459893

01:00:11.328 --> 01:00:12.696 spending some time visualizing

NOTE Confidence: 0.86459893

 $01:00:12.696 \longrightarrow 01:00:15.476$  yourself as a black man in a car

NOTE Confidence: 0.86459893

 $01:00:15.476 \longrightarrow 01:00:17.654$  being pulled over by the police.

NOTE Confidence: 0.86459893

01:00:17.660 --> 01:00:19.375 And then doing attitudinal measures

NOTE Confidence: 0.86459893

 $01{:}00{:}19.375 \dashrightarrow 01{:}00{:}20.747$  about people's thoughts about

NOTE Confidence: 0.86459893

 $01:00:20.747 \longrightarrow 01:00:22.406$  these individuals before and

NOTE Confidence: 0.86459893

 $01\text{:}00\text{:}22.406 \dashrightarrow 01\text{:}00\text{:}23.865$  after having experienced certain

NOTE Confidence: 0.86459893

 $01:00:23.865 \longrightarrow 01:00:25.325$  circumstances in their shoes.

NOTE Confidence: 0.86459893

01:00:25.330 --> 01:00:27.754 And I'm wondering what your thoughts

NOTE Confidence: 0.86459893

 $01:00:27.754 \longrightarrow 01:00:30.310$  are about that kind of research.

NOTE Confidence: 0.86459893

 $01:00:30.310 \longrightarrow 01:00:32.206$  As well as applications for for,

NOTE Confidence: 0.86459893

 $01{:}00{:}32.206 \dashrightarrow 01{:}00{:}33.786$  for, for the medical profession.

01:00:33.790 --> 01:00:35.680 Because I'm concerned about you know,

NOTE Confidence: 0.86459893

 $01:00:35.680 \longrightarrow 01:00:38.845$  what can we do to be able to help children

NOTE Confidence: 0.86459893

 $01:00:38.845 \longrightarrow 01:00:41.050$  be able to view other children better,

NOTE Confidence: 0.86459893

01:00:41.050 --> 01:00:42.632 but I find myself increasingly

NOTE Confidence: 0.86459893

 $01{:}00{:}42.632 \to 01{:}00{:}44.846$  more interested in what can we do

NOTE Confidence: 0.88155204

 $01:00:44.850 \longrightarrow 01:00:46.425$  to help adults be able

NOTE Confidence: 0.88155204

 $01:00:46.425 \longrightarrow 01:00:49.100$  to view children better.

NOTE Confidence: 0.83081174

01:00:49.100 --> 01:00:50.805 I'm really, I'm really curious

NOTE Confidence: 0.83081174

 $01{:}00{:}50.805 \longrightarrow 01{:}00{:}52.860$  what your thoughts are about this.

NOTE Confidence: 0.83081174

01:00:52.860 --> 01:00:55.149 Yeah, I think we're moving more and

NOTE Confidence: 0.83081174

 $01:00:55.149 \longrightarrow 01:00:57.310$  more towards greater embodiment with VR.

NOTE Confidence: 0.83081174

 $01:00:57.310 \longrightarrow 01:00:58.810$  Like I'd mentioned now,

NOTE Confidence: 0.83081174

 $01{:}00{:}58.810 \dashrightarrow 01{:}01{:}01{:}01.060$ like before when you would look

NOTE Confidence: 0.83081174

01:01:01.137 --> 01:01:03.457 down at your body if you're in VR,

NOTE Confidence: 0.83081174

 $01:01:03.460 \longrightarrow 01:01:05.854$  you have controllers and you look down.

 $01:01:05.860 \longrightarrow 01:01:06.892$  You see controllers.

NOTE Confidence: 0.83081174

 $01:01:06.892 \longrightarrow 01:01:09.300$  Now we can look down and hands

NOTE Confidence: 0.83081174

 $01:01:09.372 \longrightarrow 01:01:11.328$  of art become our body right?

NOTE Confidence: 0.83081174

 $01:01:11.330 \longrightarrow 01:01:13.382$  And our brain is very easily

NOTE Confidence: 0.83081174

 $01:01:13.382 \longrightarrow 01:01:14.750$  tricked into into that.

NOTE Confidence: 0.83081174

01:01:14.750 --> 01:01:16.215 And there's some great amazing

NOTE Confidence: 0.83081174

01:01:16.215 --> 01:01:18.186 work being done out of Stanford

NOTE Confidence: 0.83081174

01:01:18.186 --> 01:01:19.958 around embodiment and changing.

NOTE Confidence: 0.83081174

 $01:01:19.960 \longrightarrow 01:01:22.252$  Uhm, views around all kinds of

NOTE Confidence: 0.83081174

01:01:22.252 --> 01:01:24.122 things like you're talking about

NOTE Confidence: 0.83081174

 $01:01:24.122 \longrightarrow 01:01:26.588$  one of the one of the cool ones too

NOTE Confidence: 0.83081174

 $01:01:26.663 \longrightarrow 01:01:29.071$  are for adults to be able to look

NOTE Confidence: 0.83081174

 $01{:}01{:}29.071 \dashrightarrow 01{:}01{:}31.060$  into mirror and see themselves but

NOTE Confidence: 0.83081174

 $01:01:31.060 \longrightarrow 01:01:33.130$  see themselves aged and then people

NOTE Confidence: 0.83081174

 $01:01:33.198 \longrightarrow 01:01:34.914$  that can see themselves aged are

NOTE Confidence: 0.83081174

 $01:01:34.914 \longrightarrow 01:01:37.432$  able to kind of be able to think

01:01:37.432 --> 01:01:39.072 forward more about decision making

NOTE Confidence: 0.83081174

 $01{:}01{:}39.072 \dashrightarrow 01{:}01{:}41.020$  and you no longer term impacts

NOTE Confidence: 0.83081174

 $01:01:41.020 \longrightarrow 01:01:42.640$  on their health and stuff.

NOTE Confidence: 0.83081174

01:01:42.640 --> 01:01:44.260 But that thing of empathy.

NOTE Confidence: 0.83081174

01:01:44.260 --> 01:01:46.168 You're right and I you've hit

NOTE Confidence: 0.83081174

 $01{:}01{:}46.168 \to 01{:}01{:}48.527$  something that I don't know if it's

NOTE Confidence: 0.83081174

01:01:48.527 --> 01:01:50.567 been done about about helping adults.

NOTE Confidence: 0.83081174

01:01:50.570 --> 01:01:52.214 Look through the eyes of what

NOTE Confidence: 0.83081174

 $01:01:52.214 \longrightarrow 01:01:53.859$  it's like to be a child.

NOTE Confidence: 0.83081174

 $01:01:53.860 \longrightarrow 01:01:55.768$  Maybe that's maybe that would be

NOTE Confidence: 0.83081174

 $01:01:55.768 \longrightarrow 01:01:57.809$  an amazing project to think about,

NOTE Confidence: 0.83081174

 $01:01:57.810 \longrightarrow 01:01:58.695$  doesn't it doesn't?

NOTE Confidence: 0.83081174

 $01{:}01{:}58.695 \dashrightarrow 01{:}02{:}01.564$  I think you could do a lot of just

NOTE Confidence: 0.83081174

01:02:01.564 --> 01:02:03.399 really preliminary work on that,

NOTE Confidence: 0.83081174

 $01:02:03.400 \longrightarrow 01:02:04.345$  just to see.

 $01:02:04.345 \longrightarrow 01:02:05.920$  'cause immediately when you think

NOTE Confidence: 0.83081174

 $01:02:05.920 \longrightarrow 01:02:07.254$  perspective and embodiment you've

NOTE Confidence: 0.83081174

 $01:02:07.254 \longrightarrow 01:02:08.884$  gone from high level right.

NOTE Confidence: 0.83081174

 $01:02:08.890 \dashrightarrow 01:02:10.825$  Like if I put on a VR headset and

NOTE Confidence: 0.83081174

 $01:02:10.825 \longrightarrow 01:02:12.375$  I'm usually talking directly to

NOTE Confidence: 0.83081174

01:02:12.375 --> 01:02:14.651 a character to now I'm down here

NOTE Confidence: 0.83081174

01:02:14.651 --> 01:02:16.723 and I'm having to look up you

NOTE Confidence: 0.83081174

01:02:16.723 --> 01:02:18.169 immediately just changed even just

NOTE Confidence: 0.83081174

 $01:02:18.169 \longrightarrow 01:02:20.150$  the perspective of how a child sees

NOTE Confidence: 0.83081174

 $01:02:20.213 \longrightarrow 01:02:21.815$  an adult or somebody in power.

NOTE Confidence: 0.83081174

 $01{:}02{:}21.820 \longrightarrow 01{:}02{:}24.212$  So you could do just there so I

NOTE Confidence: 0.83081174

01:02:24.212 --> 01:02:25.819 could imagine there's just simple

NOTE Confidence: 0.83081174

 $01:02:25.819 \longrightarrow 01:02:29.209$  things you can do to try to get this concept.

NOTE Confidence: 0.83081174

 $01:02:29.210 \longrightarrow 01:02:31.100$  My subliminal messaging worked.

NOTE Confidence: 0.9325572

 $01:02:34.460 \longrightarrow 01:02:37.530$  So this is a fantastic idea. Yeah,

NOTE Confidence: 0.82901853

 $01:02:37.530 \longrightarrow 01:02:39.130$  so with this subliminal message

01:02:39.130 --> 01:02:41.250 brought to you by Walter Gilliam,

NOTE Confidence: 0.82901853

01:02:41.250 --> 01:02:42.514 we really thank you.

NOTE Confidence: 0.82901853

01:02:42.514 --> 01:02:44.094 It's very exciting and I

NOTE Confidence: 0.82901853

 $01:02:44.094 \longrightarrow 01:02:45.651$  know that Rebecca, Lori,

NOTE Confidence: 0.82901853

 $01:02:45.651 \longrightarrow 01:02:47.757$  and I are thrilled about our

NOTE Confidence: 0.82901853

 $01{:}02{:}47.757 \dashrightarrow 01{:}02{:}49.505$  collaboration and I'm sure that

NOTE Confidence: 0.82901853

 $01:02:49.505 \longrightarrow 01:02:51.383$  you give ideas to many others.

NOTE Confidence: 0.82901853

 $01:02:51.390 \longrightarrow 01:02:53.145$  So stay tuned for more.