## WEBVTT

NOTE duration: "00:04:34.0270000"

NOTE language:en-us

NOTE Confidence: 0.8481722

 $00:00:00.000 \longrightarrow 00:00:01.212$  I'm Sarah Goldberg.

NOTE Confidence: 0.8481722

 $00:00:01.212 \longrightarrow 00:00:03.636$  I'm an associate professor of medicine.

NOTE Confidence: 0.8481722

00:00:03.640 --> 00:00:05.860 In this section of medical oncology,

NOTE Confidence: 0.8481722

 $00:00:05.860 \longrightarrow 00:00:06.652$  thoracic oncologist,

NOTE Confidence: 0.8481722

 $00{:}00{:}06.652 \dashrightarrow 00{:}09.028$  which means that I treat patients

NOTE Confidence: 0.8481722

 $00:00:09.028 \longrightarrow 00:00:10.668$  with cancer in the chest.

NOTE Confidence: 0.8481722

 $00{:}00{:}10.670 \dashrightarrow 00{:}00{:}12.520$  Most most commonly lung cancer,

NOTE Confidence: 0.8481722

 $00{:}00{:}12.520 \dashrightarrow 00{:}00{:}14.740$  but other cancers as well such

NOTE Confidence: 0.8481722

 $00{:}00{:}14.740 \dashrightarrow 00{:}00{:}16.220$  as mesothelioma and thy moma.

NOTE Confidence: 0.8481722

 $00:00:16.220 \longrightarrow 00:00:18.470$  I decided long time ago that

NOTE Confidence: 0.8481722

 $00{:}00{:}18.470 \dashrightarrow 00{:}00{:}20.765$  I wanted to become a doctor

NOTE Confidence: 0.8481722

 $00:00:20.765 \longrightarrow 00:00:23.250$  even when I was in high school.

NOTE Confidence: 0.8481722

 $00:00:23.250 \longrightarrow 00:00:25.470$  I was interested in this field,

NOTE Confidence: 0.8481722

00:00:25.470 --> 00:00:28.086 but really it was more in college and

 $00{:}00{:}28.086 \dashrightarrow 00{:}00{:}31.076$  then in medical school where I started.

NOTE Confidence: 0.8481722

 $00{:}00{:}31.080 \dashrightarrow 00{:}00{:}32.795$  Interact with patients and work

NOTE Confidence: 0.8481722

 $00:00:32.795 \longrightarrow 00:00:34.510$  in doctors offices and hospitals

NOTE Confidence: 0.8481722

00:00:34.573 --> 00:00:36.337 that I realized it was clearly the

NOTE Confidence: 0.8481722

 $00:00:36.337 \longrightarrow 00:00:38.277$  field that I wanted to be part of.

NOTE Confidence: 0.8481722

 $00:00:38.280 \longrightarrow 00:00:40.352$  I really love to take care of patients

NOTE Confidence: 0.8481722

 $00:00:40.352 \longrightarrow 00:00:42.339$  and to interact with them to get

NOTE Confidence: 0.8481722

 $00:00:42.339 \dashrightarrow 00:00:44.747$  to know people well and get to know

NOTE Confidence: 0.8481722

00:00:44.747 --> 00:00:46.625 people's families and have long term,

NOTE Confidence: 0.8481722

 $00:00:46.630 \longrightarrow 00:00:47.834$  important relationships with them

NOTE Confidence: 0.8481722

 $00:00:47.834 \longrightarrow 00:00:50.207$  where I feel like I could make a

NOTE Confidence: 0.8481722

 $00{:}00{:}50.207 \dashrightarrow 00{:}00{:}51.737$  difference in their quality of life

NOTE Confidence: 0.8481722

 $00{:}00{:}51.737 \dashrightarrow 00{:}00{:}53.785$  and how they live and their health

NOTE Confidence: 0.8481722

 $00:00:53.785 \longrightarrow 00:00:55.557$  when someone has an appointment to

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 $00:00:55.557 \longrightarrow 00:00:57.853$  see me or one of my colleagues here.

 $00:00:57.860 \longrightarrow 00:00:59.426$  There's a variety of ways that

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 $00{:}00{:}59.426 \to 00{:}01{:}01.030$  you could think about preparing.

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 $00:01:01.030 \longrightarrow 00:01:03.226$  Some people really come in and.

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00:01:03.230 --> 00:01:04.742 Don't necessarily know too much about

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00:01:04.742 --> 00:01:06.200 their diagnosis or what's happening,

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 $00:01:06.200 \dashrightarrow 00:01:08.630$  or they may not even have a diagnosis yet.

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 $00:01:08.630 \longrightarrow 00:01:10.118$  And so in those cases it's

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00:01:10.118 --> 00:01:11.600 made Harvey hard to prepare,

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 $00{:}01{:}11.600 \dashrightarrow 00{:}01{:}13.580$  and so I think I think of my role

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 $00:01:13.580 \longrightarrow 00:01:15.529$  and my goal of the visit is really

NOTE Confidence: 0.8481722

 $00{:}01{:}15.529 \dashrightarrow 00{:}01{:}17.661$  for me to educate the patient and

NOTE Confidence: 0.8481722

00:01:17.661 --> 00:01:19.970 the family and friends or whoever is

NOTE Confidence: 0.8481722

00:01:19.970 --> 00:01:21.860 with the person on what is happening,

NOTE Confidence: 0.8481722

00:01:21.860 --> 00:01:23.750 what we know, what we don't know,

NOTE Confidence: 0.8481722

00:01:23.750 --> 00:01:26.180 what we can do to figure things out better,

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 $00:01:26.180 \longrightarrow 00:01:28.070$  and what we can do to help.

 $00:01:28.070 \longrightarrow 00:01:28.817$  Some people do,

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 $00:01:28.817 \longrightarrow 00:01:31.040$  like to prepare to do things in advance.

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 $00:01:31.040 \longrightarrow 00:01:33.569$  I know a lot of people go online and.

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 $00:01:33.570 \longrightarrow 00:01:35.754$  And look things up and search for for

NOTE Confidence: 0.8481722

 $00:01:35.754 \longrightarrow 00:01:37.767$  answers before they come into their visit.

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 $00:01:37.770 \longrightarrow 00:01:39.354$  I think that can sometimes be

NOTE Confidence: 0.8481722

 $00:01:39.354 \longrightarrow 00:01:41.053$  helpful when when someone is really

NOTE Confidence: 0.8481722

 $00:01:41.053 \longrightarrow 00:01:42.528$  anxious to hear more information,

NOTE Confidence: 0.8481722

 $00:01:42.530 \longrightarrow 00:01:44.371$  but there's a lot out there that

NOTE Confidence: 0.8481722

 $00{:}01{:}44.371 \dashrightarrow 00{:}01{:}46.540$  can be not so clear on the Internet

NOTE Confidence: 0.8481722

 $00:01:46.540 \longrightarrow 00:01:48.410$  or may not even be correct.

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 $00{:}01{:}48.410 \dashrightarrow 00{:}01{:}50.626$  So I think that could be a little

NOTE Confidence: 0.8481722

 $00:01:50.626 \longrightarrow 00:01:51.769$  bit difficult at times,

NOTE Confidence: 0.8481722

00:01:51.770 --> 00:01:53.674 but I think really coming in with

NOTE Confidence: 0.8481722

00:01:53.674 --> 00:01:55.130 questions written down and writing,

 $00:01:55.130 \longrightarrow 00:01:56.786$  writing things that you really want

NOTE Confidence: 0.8481722

 $00:01:56.786 \longrightarrow 00:01:59.074$  to get out of it to make sure that

NOTE Confidence: 0.8481722

 $00:01:59.074 \longrightarrow 00:02:01.241$  we touch on all the points that are

NOTE Confidence: 0.8481722

 $00:02:01.241 \longrightarrow 00:02:03.530$  important to the patient and their family.

NOTE Confidence: 0.8481722

 $00:02:03.530 \longrightarrow 00:02:05.658$  I think that can be really helpful

NOTE Confidence: 0.8481722

00:02:05.658 --> 00:02:07.298 'cause sometimes you come in and.

NOTE Confidence: 0.8481722

 $00:02:07.300 \longrightarrow 00:02:09.148$  And people forget what they really

NOTE Confidence: 0.8481722

 $00:02:09.148 \longrightarrow 00:02:11.741$  wanted to get out of the visit or

NOTE Confidence: 0.8481722

 $00:02:11.741 \longrightarrow 00:02:13.356$  specific questions that they had.

NOTE Confidence: 0.8481722

00:02:13.360 --> 00:02:15.579 I think it's really helpful to have

NOTE Confidence: 0.8481722

 $00{:}02{:}15.579 \dashrightarrow 00{:}02{:}17.858$  family or friends or loved ones with

NOTE Confidence: 0.8481722

00:02:17.858 --> 00:02:19.760 the patient for their first visit,

NOTE Confidence: 0.8481722

 $00{:}02{:}19.760 \dashrightarrow 00{:}02{:}21.360$  and even often subsequent visits.

NOTE Confidence: 0.8481722

 $00:02:21.360 \longrightarrow 00:02:23.322$  There's a lot of information that

NOTE Confidence: 0.8481722

 $00:02:23.322 \longrightarrow 00:02:25.275$  that gets exchanged during a visit

NOTE Confidence: 0.8481722

 $00:02:25.275 \longrightarrow 00:02:26.157$  with an oncologist,

 $00:02:26.160 \longrightarrow 00:02:28.155$  we talk about the diagnosis about what

NOTE Confidence: 0.8481722

 $00:02:28.155 \longrightarrow 00:02:30.000$  that means about treatment options,

NOTE Confidence: 0.8481722

 $00:02:30.000 \longrightarrow 00:02:33.200$  and I think it can be a lot of information.

NOTE Confidence: 0.8766105

00:02:33.200 --> 00:02:35.760 I always try to go through things really,

NOTE Confidence: 0.8766105

 $00:02:35.760 \longrightarrow 00:02:37.360$  really carefully and in detail,

NOTE Confidence: 0.8766105

 $00:02:37.360 \longrightarrow 00:02:38.960$  and repeat things when needed,

NOTE Confidence: 0.8766105

00:02:38.960 --> 00:02:41.200 but I still think having an extra

NOTE Confidence: 0.8766105

 $00:02:41.200 \longrightarrow 00:02:43.084$  set of ears, someone else too.

NOTE Confidence: 0.8766105

 $00:02:43.084 \longrightarrow 00:02:44.932$  To absorb the information can be

NOTE Confidence: 0.8766105

 $00{:}02{:}44.932 \dashrightarrow 00{:}02{:}46.669$  really helpful and can really provide

NOTE Confidence: 0.8766105

00:02:46.669 --> 00:02:48.816 a lot of support for the person

NOTE Confidence: 0.8766105

 $00:02:48.816 \longrightarrow 00:02:50.596$  going through the diagnosis and

NOTE Confidence: 0.8766105

 $00{:}02{:}50.596 \dashrightarrow 00{:}02{:}51.973$  talking about treatment options.

NOTE Confidence: 0.8766105

00:02:51.973 --> 00:02:53.488 It really can be helpful

NOTE Confidence: 0.8766105

 $00:02:53.488 \longrightarrow 00:02:55.040$  to have someone with them.

00:02:55.040 --> 00:02:57.080 Sometimes people want to bring several

NOTE Confidence: 0.8766105

 $00:02:57.080 \longrightarrow 00:02:59.013$  family members or friends and really

NOTE Confidence: 0.8766105

 $00:02:59.013 \longrightarrow 00:03:00.833$  have a lot of support around them

NOTE Confidence: 0.8766105

 $00:03:00.833 \longrightarrow 00:03:02.689$  that can sometimes be helpful too,

NOTE Confidence: 0.8766105

 $00:03:02.690 \longrightarrow 00:03:04.550$  but I think you know really

NOTE Confidence: 0.8766105

 $00{:}03{:}04.550 \dashrightarrow 00{:}03{:}06.733$  having one key person who can be

NOTE Confidence: 0.8766105

00:03:06.733 --> 00:03:08.193 your advocate or you know,

NOTE Confidence: 0.8766105

 $00:03:08.200 \longrightarrow 00:03:10.036$  be another set of ears is

NOTE Confidence: 0.8766105

 $00{:}03{:}10.036 \dashrightarrow 00{:}03{:}11.260$  incredibly helpful at times.

NOTE Confidence: 0.8766105

00:03:11.260 --> 00:03:14.095 Sometimes we do that by phone or or even.

NOTE Confidence: 0.8766105

 $00{:}03{:}14.100 \dashrightarrow 00{:}03{:}15.906$  My video is not every body has

NOTE Confidence: 0.8766105

 $00:03:15.906 \longrightarrow 00:03:18.194$  family or friends close by and we

NOTE Confidence: 0.8766105

 $00:03:18.194 \longrightarrow 00:03:19.558$  absolutely can accommodate that.

NOTE Confidence: 0.8766105

 $00:03:19.560 \longrightarrow 00:03:21.840$  If if someone comes in and they want

NOTE Confidence: 0.8766105

 $00:03:21.840 \longrightarrow 00:03:24.533$  to call a relative or friend by phone

NOTE Confidence: 0.8766105

 $00:03:24.533 \longrightarrow 00:03:26.620$  while they're in during the visit,

 $00{:}03{:}26.620 --> 00{:}03{:}27.840$  I absolutely welcome that.

NOTE Confidence: 0.8766105

00:03:27.840 --> 00:03:30.150 I think that can work out really,

NOTE Confidence: 0.8766105

 $00:03:30.150 \longrightarrow 00:03:30.746$  really well.

NOTE Confidence: 0.8766105

00:03:30.746 --> 00:03:33.999 Huge part of what I do day today is research,

NOTE Confidence: 0.8766105

 $00:03:34.000 \longrightarrow 00:03:35.734$  so it's it's really another reason

NOTE Confidence: 0.8766105

00:03:35.734 --> 00:03:38.008 why I really like the field of

NOTE Confidence: 0.8766105

00:03:38.008 --> 00:03:39.778 oncology and specifically lung cancer,

NOTE Confidence: 0.8766105

 $00:03:39.780 \longrightarrow 00:03:42.412$  because not only does it allow me to

NOTE Confidence: 0.8766105

 $00:03:42.412 \longrightarrow 00:03:44.487$  treat patients and really help them.

NOTE Confidence: 0.8766105

00:03:44.490 --> 00:03:46.164 Feel as well as possible and

NOTE Confidence: 0.8766105

 $00{:}03{:}46.164 \dashrightarrow 00{:}03{:}47.920$  live as well as possible,

NOTE Confidence: 0.8766105

 $00{:}03{:}47.920 \dashrightarrow 00{:}03{:}50.264$  but I also able to do research and

NOTE Confidence: 0.8766105

 $00{:}03{:}50.264 \dashrightarrow 00{:}03{:}52.288$  really try to advance the field,

NOTE Confidence: 0.8766105

 $00{:}03{:}52.290 \to 00{:}03{:}54.120$  meaning figure things out about lung

NOTE Confidence: 0.8766105

 $00:03:54.120 \longrightarrow 00:03:56.030$  cancer that we didn't know before.

 $00:03:56.030 \longrightarrow 00:03:57.274$  An even more importantly,

NOTE Confidence: 0.8766105

 $00:03:57.274 \longrightarrow 00:03:59.541$  try to figure out better treatments for

NOTE Confidence: 0.8766105

 $00:03:59.541 \longrightarrow 00:04:01.251$  people so there's really incredible

NOTE Confidence: 0.8766105

00:04:01.251 --> 00:04:02.936 advances in treating people with

NOTE Confidence: 0.8766105

 $00:04:02.936 \longrightarrow 00:04:04.770$  lung cancer over the last few years,

NOTE Confidence: 0.8766105

 $00:04:04.770 \longrightarrow 00:04:07.010$  but there's still a lot that we

NOTE Confidence: 0.8766105

00:04:07.010 --> 00:04:08.509 don't fully understand or know,

NOTE Confidence: 0.8766105

 $00:04:08.510 \longrightarrow 00:04:10.406$  and there are still many medicines

NOTE Confidence: 0.8766105

 $00:04:10.406 \longrightarrow 00:04:13.347$  that I think we will have in our future

NOTE Confidence: 0.8766105

 $00:04:13.347 \longrightarrow 00:04:15.469$  that can really help people and so.

NOTE Confidence: 0.8766105

 $00{:}04{:}15.470 \dashrightarrow 00{:}04{:}17.678$  A lot of my research focuses on that

NOTE Confidence: 0.8766105

00:04:17.678 --> 00:04:19.767 trying to understand who is benefiting

NOTE Confidence: 0.8766105

 $00:04:19.767 \longrightarrow 00:04:21.969$  from the medicines that we have.

NOTE Confidence: 0.8766105

00:04:21.970 --> 00:04:23.270 If they're not benefiting,

NOTE Confidence: 0.8766105

 $00:04:23.270 \longrightarrow 00:04:23.920$  why not,

NOTE Confidence: 0.8766105

 $00:04:23.920 \longrightarrow 00:04:26.416$  and then also trying to find even better

 $00{:}04{:}26.416 \to 00{:}04{:}28.469$  treatments for people with lung cancer.