WEBVTT

NOTE duration: "01:05:45.1310000"

NOTE language:en-us

NOTE Confidence: 0.8422349

 $00:00:00.000 \longrightarrow 00:00:01.950$ Question and answers. For those of

NOTE Confidence: 0.8422349

 $00:00:01.950 \longrightarrow 00:00:03.816$ you who may not know me,

NOTE Confidence: 0.8422349

 $00:00:03.820 \longrightarrow 00:00:05.696$ my name is Doctor Nita Ahuja and

NOTE Confidence: 0.8422349

 $00:00:05.696 \longrightarrow 00:00:07.513$ I'm the interim director of the

NOTE Confidence: 0.8422349

 $00{:}00{:}07.513 \dashrightarrow 00{:}00{:}09.421$ Yale Cancer Center and Physician in

NOTE Confidence: 0.8422349

 $00:00:09.421 \dashrightarrow 00:00:11.309$ chief for Smilow Cancer Hospital.

NOTE Confidence: 0.8422349

 $00{:}00{:}11.310 \dashrightarrow 00{:}00{:}13.668$ I took this role over in March 1st when

NOTE Confidence: 0.8422349

00:00:13.668 --> 00:00:15.987 Doctor Charles Fuchs left the institution.

NOTE Confidence: 0.8422349

 $00:00:15.990 \longrightarrow 00:00:17.862$ My other job before this was

NOTE Confidence: 0.8422349

00:00:17.862 --> 00:00:19.734 chair of the Department of Surgery

NOTE Confidence: 0.8422349

 $00:00:19.734 \longrightarrow 00:00:21.606$ and they continued to do that.

NOTE Confidence: 0.8422349

00:00:21.610 --> 00:00:23.780 But it's been my pleasure to take

NOTE Confidence: 0.8422349

 $00{:}00{:}23.780 \dashrightarrow 00{:}00{:}25.847$ the helm from Doctor Fuchs able

NOTE Confidence: 0.8422349

 $00:00:25.847 \longrightarrow 00:00:28.339$ hands and it look forward to tonight

 $00:00:28.409 \longrightarrow 00:00:30.713$ and getting to know all of you and.

NOTE Confidence: 0.8422349

00:00:30.720 --> 00:00:32.244 Spending this evening together,

NOTE Confidence: 0.8422349

 $00:00:32.244 \longrightarrow 00:00:34.930$ I also hope that this forum becomes

NOTE Confidence: 0.8422349

 $00:00:34.930 \longrightarrow 00:00:37.233$ one that we can continue on to

NOTE Confidence: 0.8422349

 $00{:}00{:}37.233 \dashrightarrow 00{:}00{:}39.590$ connect with all of you as as this

NOTE Confidence: 0.8422349

 $00:00:39.590 \longrightarrow 00:00:42.012$ is an important form for us to learn

NOTE Confidence: 0.8422349

 $00:00:42.012 \longrightarrow 00:00:43.344$ bidirectionally on what things

NOTE Confidence: 0.8422349

 $00:00:43.344 \longrightarrow 00:00:45.330$ are going well and what things.

NOTE Confidence: 0.8422349

00:00:45.330 --> 00:00:48.305 Perhaps we can pay our attention to.

NOTE Confidence: 0.8422349

 $00:00:48.310 \longrightarrow 00:00:49.210$ Next, slide running.

NOTE Confidence: 0.8580874

 $00:00:52.900 \longrightarrow 00:00:55.714$ So this month it's really some exciting news.

NOTE Confidence: 0.8580874

00:00:55.720 --> 00:00:57.480 This is oncology nursing month.

NOTE Confidence: 0.8580874

00:00:57.480 --> 00:00:59.937 An May six was National Nursing Day.

NOTE Confidence: 0.8580874

 $00:00:59.940 \longrightarrow 00:01:02.271$ Think we can all say that living

NOTE Confidence: 0.8580874

 $00:01:02.271 \longrightarrow 00:01:04.447$ through the past year and almost

 $00:01:04.447 \longrightarrow 00:01:06.649$ every day for our cancer patients

NOTE Confidence: 0.8580874

00:01:06.649 --> 00:01:09.134 that the 400 plus nurses who deliver

NOTE Confidence: 0.8580874

 $00:01:09.134 \longrightarrow 00:01:11.410$ care at the Smilow Cancer Hospital.

NOTE Confidence: 0.8580874

 $00:01:11.410 \longrightarrow 00:01:13.230$ In AR15 ambulatory sites.

NOTE Confidence: 0.8580874

00:01:13.230 --> 00:01:14.850 Around Connecticut and investor Lee,

NOTE Confidence: 0.8580874

00:01:14.850 --> 00:01:16.455 Rhode Island, he couldn't deliver

NOTE Confidence: 0.8580874

 $00:01:16.455 \longrightarrow 00:01:18.740$ the care without all of her nurses,

NOTE Confidence: 0.8580874

 $00:01:18.740 \longrightarrow 00:01:21.106$ so they are central to our patient

NOTE Confidence: 0.8580874

 $00{:}01{:}21.106 \dashrightarrow 00{:}01{:}23.092$ care teams and we thank them

NOTE Confidence: 0.8580874

 $00:01:23.092 \longrightarrow 00:01:24.886$ all for all that they do.

NOTE Confidence: 0.8580874

 $00:01:24.890 \dashrightarrow 00:01:27.806$ I also wanted to acknowledge that.

NOTE Confidence: 0.8580874

 $00:01:27.810 \longrightarrow 00:01:29.147$ If you move to the next slide.

NOTE Confidence: 0.7961908

 $00:01:30.000 \longrightarrow 00:01:31.640$ Money is a maze.

NOTE Confidence: 0.7961908

 $00:01:31.640 \longrightarrow 00:01:33.690$ Also bladder Cancer Awareness Month

NOTE Confidence: 0.7961908

00:01:33.690 --> 00:01:36.330 and brain Tumor Awareness Month.

NOTE Confidence: 0.7961908

 $00:01:36.330 \longrightarrow 00:01:38.780$ And as some of you may know,

00:01:38.780 --> 00:01:40.916 but Yale Cancer Center has done

NOTE Confidence: 0.7961908

 $00{:}01{:}40.916 \dashrightarrow 00{:}01{:}41.984$ some phenomenal breakthrough

NOTE Confidence: 0.7961908

 $00:01:41.984 \longrightarrow 00:01:43.329$ advances in bladder cancer.

NOTE Confidence: 0.7961908

00:01:43.330 --> 00:01:45.080 Especially, I want to point

NOTE Confidence: 0.7961908

 $00:01:45.080 \longrightarrow 00:01:47.180$ out the work of Doctor Dan.

NOTE Confidence: 0.7961908

 $00{:}01{:}47.180 \dashrightarrow 00{:}01{:}49.231$ Petra Lack who just last year had

NOTE Confidence: 0.7961908

00:01:49.231 --> 00:01:51.413 the first FDA approved therapy for

NOTE Confidence: 0.7961908

00:01:51.413 --> 00:01:53.478 advanced bladder cancer pad set,

NOTE Confidence: 0.7961908

 $00{:}01{:}53.480 \to 00{:}01{:}55.632$ or in four to map that better team

NOTE Confidence: 0.7961908

 $00:01:55.632 \longrightarrow 00:01:57.769$ in late 2019 and the follow up

NOTE Confidence: 0.7961908

 $00:01:57.769 \longrightarrow 00:01:59.904$ studies of these new drug combination

NOTE Confidence: 0.7961908

 $00:01:59.904 \longrightarrow 00:02:02.559$ and targeted the rapies or country

NOTE Confidence: 0.7961908

 $00:02:02.559 \longrightarrow 00:02:04.683$ currently continuing clinical trials.

NOTE Confidence: 0.7961908

 $00{:}02{:}04.690 \dashrightarrow 00{:}02{:}07.497$ And for brain cancer Smilow Cancer hospital,

NOTE Confidence: 0.7961908

00:02:07.500 --> 00:02:09.738 the Shanavia family Brain Tumor Center

 $00:02:09.738 \longrightarrow 00:02:12.584$ is also leading the vein with advanced

NOTE Confidence: 0.7961908

 $00{:}02{:}12.584 \dashrightarrow 00{:}02{:}14.719$ surgical options for our patients,

NOTE Confidence: 0.7961908

 $00:02:14.720 \longrightarrow 00:02:17.120$ especially in intra operative MRI suite,

NOTE Confidence: 0.7961908

 $00:02:17.120 \longrightarrow 00:02:19.448$ often able to schedule surgery and

NOTE Confidence: 0.7961908

 $00:02:19.448 \longrightarrow 00:02:21.530$ difficult to treat brain tumors.

NOTE Confidence: 0.7961908

00:02:21.530 --> 00:02:24.099 Patients who may need a second operation

NOTE Confidence: 0.7961908

 $00:02:24.099 \longrightarrow 00:02:26.943$ on brain tumors and also awake surgeries

NOTE Confidence: 0.7961908

 $00:02:26.943 \longrightarrow 00:02:29.457$ for to protect those critical functions

NOTE Confidence: 0.7961908

 $00{:}02{:}29.528 \to 00{:}02{:}31.558$ of the brain are neurosurgeons,

NOTE Confidence: 0.7961908

 $00:02:31.560 \longrightarrow 00:02:34.108$ partner with neuro oncologists and other team

NOTE Confidence: 0.7961908

 $00{:}02{:}34.108 \dashrightarrow 00{:}02{:}36.689$ members to provide multidisciplinary cancer.

NOTE Confidence: 0.7961908

 $00:02:36.690 \longrightarrow 00:02:39.105$ I think these are just two cancers,

NOTE Confidence: 0.7961908

 $00:02:39.110 \longrightarrow 00:02:41.766$ but I thought it was nice to highlight

NOTE Confidence: 0.7961908

 $00:02:41.766 \longrightarrow 00:02:44.296$ these two months in for you tonight.

NOTE Confidence: 0.7961908

 $00:02:44.300 \longrightarrow 00:02:46.420$ Next slide.

NOTE Confidence: 0.7961908

 $00:02:46.420 \dashrightarrow 00:02:48.730$ Now here's some nice sort of news.

00:02:48.730 --> 00:02:49.390 You know,

NOTE Confidence: 0.7961908

 $00:02:49.390 \longrightarrow 00:02:51.370$ as we hopefully many of you

NOTE Confidence: 0.7961908

 $00:02:51.370 \longrightarrow 00:02:52.360$ are getting vaccinated.

NOTE Confidence: 0.7961908

 $00:02:52.360 \longrightarrow 00:02:54.280$ I thought it was nice to

NOTE Confidence: 0.7961908

 $00:02:54.280 \longrightarrow 00:02:55.990$ share some cold with data.

NOTE Confidence: 0.7961908

00:02:55.990 --> 00:02:57.946 I know we're joined by Doctor

NOTE Confidence: 0.7961908

00:02:57.946 --> 00:02:59.620 Ballsack will share some more,

NOTE Confidence: 0.7961908

 $00:02:59.620 \longrightarrow 00:03:01.958$ but just to give you some statistics

NOTE Confidence: 0.7961908

 $00:03:01.958 \longrightarrow 00:03:03.909$ that over 25,000 of our people,

NOTE Confidence: 0.7961908

 $00:03:03.910 \longrightarrow 00:03:05.230$ employees and medical staff

NOTE Confidence: 0.7961908

 $00:03:05.230 \longrightarrow 00:03:06.550$ have now been vaccinated.

NOTE Confidence: 0.7961908

 $00:03:06.550 \longrightarrow 00:03:08.860$ And if we look at the members

NOTE Confidence: 0.7961908

00:03:08.860 --> 00:03:10.180 of the public vaccinate,

NOTE Confidence: 0.7961908

00:03:10.180 --> 00:03:11.170 it's approaching close

NOTE Confidence: 0.84631634

 $00:03:11.170 \longrightarrow 00:03:12.820$ to 200,000 since March 2020.

00:03:13.770 --> 00:03:16.586 An if you look at the our system,

NOTE Confidence: 0.8770354

 $00{:}03{:}16.590 \dashrightarrow 00{:}03{:}19.159$ we've taken over taken care of around

NOTE Confidence: 0.8770354

 $00:03:19.159 \longrightarrow 00:03:20.975$ 12,000 patients overall since the

NOTE Confidence: 0.8770354

00:03:20.975 --> 00:03:23.264 pandemic started in March of last year,

NOTE Confidence: 0.8770354

 $00:03:23.270 \longrightarrow 00:03:25.382$ and in the past week alone

NOTE Confidence: 0.8770354

 $00:03:25.382 \longrightarrow 00:03:26.790$ there were 219 patients.

NOTE Confidence: 0.8770354

00:03:26.790 --> 00:03:28.734 I think it's exciting to see

NOTE Confidence: 0.8770354

 $00:03:28.734 \longrightarrow 00:03:30.670$ that those numbers are dropping,

NOTE Confidence: 0.8770354

 $00{:}03{:}30.670 \dashrightarrow 00{:}03{:}33.486$ but it's also important to reflect back on

NOTE Confidence: 0.8770354

 $00:03:33.486 \longrightarrow 00:03:36.294$ the last 14 months and think about what

NOTE Confidence: 0.8770354

 $00{:}03{:}36.294 \to 00{:}03{:}39.110$ we have done collectively with as a system,

NOTE Confidence: 0.8770354

 $00:03:39.110 \longrightarrow 00:03:42.113$ and it's certainly the mortality rate is

NOTE Confidence: 0.8770354

 $00{:}03{:}42.113 \dashrightarrow 00{:}03{:}45.468$ the lowest in the state and I think it.

NOTE Confidence: 0.8770354

 $00:03:45.470 \longrightarrow 00:03:48.395$ Points out all the hard work of our team

NOTE Confidence: 0.8770354

 $00:03:48.395 \longrightarrow 00:03:50.890$ members in taking care of our patients.

NOTE Confidence: 0.8770354

 $00:03:50.890 \longrightarrow 00:03:52.062$ Next slide.

 $00{:}03{:}52.062 \dashrightarrow 00{:}03{:}54.226$ And then if you look at activity,

NOTE Confidence: 0.8770354

 $00{:}03{:}54.226 \dashrightarrow 00{:}03{:}56.370$ I think I'm really proud to say that

NOTE Confidence: 0.8770354

 $00:03:56.432 \longrightarrow 00:03:58.547$ all of our teams that we were able to

NOTE Confidence: 0.8770354

 $00:03:58.547 \longrightarrow 00:04:00.707$ offer care to treat all of her patients.

NOTE Confidence: 0.8770354

 $00:04:00.710 \longrightarrow 00:04:02.010$ These are patient volumes starting

NOTE Confidence: 0.8770354

 $00:04:02.010 \longrightarrow 00:04:03.310$ in April of last year.

NOTE Confidence: 0.8770354

 $00:04:03.310 \longrightarrow 00:04:05.130$ You can see them in dark blue

NOTE Confidence: 0.8770354

 $00:04:05.130 \longrightarrow 00:04:06.430$ and we continue to Kate.

NOTE Confidence: 0.8770354

00:04:06.430 --> 00:04:07.470 Take care for patients,

NOTE Confidence: 0.8770354

00:04:07.470 --> 00:04:08.815 even when perhaps things were

NOTE Confidence: 0.8770354

 $00:04:08.815 \longrightarrow 00:04:10.401$ very difficult in the early days

NOTE Confidence: 0.8770354

 $00:04:10.401 \longrightarrow 00:04:11.907$ and have continued to do so.

NOTE Confidence: 0.8770354

 $00:04:11.907 \longrightarrow 00:04:13.846$ I do think we all recognize that

NOTE Confidence: 0.8770354

00:04:13.846 --> 00:04:15.940 there was some delay in getting

NOTE Confidence: 0.8770354

 $00:04:15.940 \longrightarrow 00:04:17.050$ to cancer screenings,

 $00:04:17.050 \longrightarrow 00:04:18.760$ and we're seeing a catch up,

NOTE Confidence: 0.8770354

 $00:04:18.760 \longrightarrow 00:04:21.048$ especially in the last few months or more.

NOTE Confidence: 0.8770354

00:04:21.050 --> 00:04:22.194 Patients are coming in,

NOTE Confidence: 0.8770354

 $00:04:22.194 \longrightarrow 00:04:23.910$ and I do encourage everybody to

NOTE Confidence: 0.8770354

 $00:04:23.910 \longrightarrow 00:04:25.626$ catch up with their cancer screening.

NOTE Confidence: 0.8770354

 $00:04:25.630 \longrightarrow 00:04:27.055$ Whether it's mammograms or other

NOTE Confidence: 0.8770354

 $00:04:27.055 \longrightarrow 00:04:27.910$ types of screening,

NOTE Confidence: 0.8770354

 $00:04:27.910 \longrightarrow 00:04:30.126$ and I hope you know that we're all

NOTE Confidence: 0.8770354

 $00{:}04{:}30.126 \dashrightarrow 00{:}04{:}32.949$ here to make that available to you.

NOTE Confidence: 0.8770354

00:04:32.950 --> 00:04:34.936 I have a wonderful agenda tonight,

NOTE Confidence: 0.8770354

 $00{:}04{:}34.940 \dashrightarrow 00{:}04{:}36.600$ moving to the next slide.

NOTE Confidence: 0.8770354

00:04:36.600 --> 00:04:37.776 As I mentioned today,

NOTE Confidence: 0.8770354

00:04:37.776 --> 00:04:39.965 we're going to have start up with

NOTE Confidence: 0.8770354

 $00:04:39.965 \longrightarrow 00:04:41.760$ talking about cancer care and

NOTE Confidence: 0.8770354

 $00:04:41.760 \longrightarrow 00:04:43.920$ covid vaccinations and how to what

NOTE Confidence: 0.8770354

 $00{:}04{:}43.920 \dashrightarrow 00{:}04{:}45.900$ does it mean for immuno suppressed

 $00:04:45.900 \longrightarrow 00:04:46.906$ patients with vaccinations?

NOTE Confidence: 0.8770354

 $00:04:46.906 \longrightarrow 00:04:49.328$ So we have our very own doctor

NOTE Confidence: 0.8770354

00:04:49.328 --> 00:04:50.698 Kevin Billingsley who's speaking

NOTE Confidence: 0.8770354

 $00:04:50.698 \longrightarrow 00:04:52.868$ at the spoken at this forum before.

NOTE Confidence: 0.8770354

 $00{:}04{:}52.870 \dashrightarrow 00{:}04{:}55.078$ These are Chief Medical Officer an

NOTE Confidence: 0.8770354

00:04:55.078 --> 00:04:56.960 alongside we have Doctor Thomas

NOTE Confidence: 0.8770354

 $00:04:56.960 \longrightarrow 00:04:59.018$ Balsac who is the Chief Clinical

NOTE Confidence: 0.8770354

00:04:59.018 --> 00:05:01.069 Officer for the health system in

NOTE Confidence: 0.8770354

 $00{:}05{:}01.069 \dashrightarrow 00{:}05{:}03.295$ the CMO for IL New Haven Hospital.

NOTE Confidence: 0.8770354

 $00:05:03.300 \longrightarrow 00:05:04.034$ Following that,

NOTE Confidence: 0.8770354

 $00{:}05{:}04.034 \dashrightarrow 00{:}05{:}06.603$ we have a delight that the integrative

NOTE Confidence: 0.8770354

 $00{:}05{:}06.603 \dashrightarrow 00{:}05{:}08.518$ medicine team that really think about

NOTE Confidence: 0.8770354

 $00{:}05{:}08.518 \dashrightarrow 00{:}05{:}10.890$ all of your health and how we make

NOTE Confidence: 0.8770354

 $00{:}05{:}10.890 \dashrightarrow 00{:}05{:}12.634$ you recover after you go through

NOTE Confidence: 0.8770354

 $00:05:12.634 \longrightarrow 00:05:14.894$ your treatments and also being your partners.

00:05:14.894 --> 00:05:16.824 So Doctor Sulphur is joined by

NOTE Confidence: 0.8770354

 $00:05:16.824 \longrightarrow 00:05:17.466$ Michelle Brandon,

NOTE Confidence: 0.8770354

00:05:17.470 --> 00:05:19.230 Ellen McNally and then hopefully

NOTE Confidence: 0.8770354

 $00:05:19.230 \longrightarrow 00:05:21.300$ we'll have a panel discussion and

NOTE Confidence: 0.8770354

 $00:05:21.300 \longrightarrow 00:05:23.260$ Q&A and Doctor you is joining us

NOTE Confidence: 0.8770354

 $00:05:23.260 \longrightarrow 00:05:25.025$ from radiation oncology and then

NOTE Confidence: 0.8770354

00:05:25.025 --> 00:05:27.953 in the last few minutes I I we have

NOTE Confidence: 0.8770354

 $00:05:27.953 \longrightarrow 00:05:29.053$ a really nice surprise.

NOTE Confidence: 0.8770354

 $00{:}05{:}29.060 \dashrightarrow 00{:}05{:}31.088$ It's a video from our integrative

NOTE Confidence: 0.8770354

 $00:05:31.088 \longrightarrow 00:05:33.948$ medicine team that I hope you'll stay on it.

NOTE Confidence: 0.8770354

 $00:05:33.950 \longrightarrow 00:05:35.740$ Stand and listen to it.

NOTE Confidence: 0.8770354

 $00:05:35.740 \longrightarrow 00:05:38.236$ So with that it's my pleasure to turn

NOTE Confidence: 0.8770354

 $00:05:38.236 \longrightarrow 00:05:40.390$ this over to Doctor Billingsley.

NOTE Confidence: 0.8417034

 $00:05:42.030 \longrightarrow 00:05:44.265$ Thank you Doctor Ahuja and I think

NOTE Confidence: 0.8417034

00:05:44.265 --> 00:05:46.789 I'm I'm going to ask my colleague,

NOTE Confidence: 0.8417034

 $00{:}05{:}46.790 \dashrightarrow 00{:}05{:}49.268$ Doctor Balcerzak to lead off and give

00:05:49.268 --> 00:05:51.741 us kind of the big picture overview

NOTE Confidence: 0.8417034

 $00{:}05{:}51.741 \dashrightarrow 00{:}05{:}54.849$ of where we are as a health system.

NOTE Confidence: 0.8417034

 $00{:}05{:}54.850 \dashrightarrow 00{:}05{:}56.598$ With our vaccination efforts,

NOTE Confidence: 0.8417034

00:05:56.598 --> 00:05:59.230 thanks for joining us. Doctor B.

NOTE Confidence: 0.8380314

 $00:05:59.230 \longrightarrow 00:06:01.981$ Yes and thank you both for inviting

NOTE Confidence: 0.8380314

 $00:06:01.981 \longrightarrow 00:06:04.919$ me in the entire Smilow team.

NOTE Confidence: 0.8380314

 $00:06:04.920 \longrightarrow 00:06:07.110$ I'm honored to be here,

NOTE Confidence: 0.8380314

 $00:06:07.110 \longrightarrow 00:06:09.738$ so as Doctor Who you mentioned,

NOTE Confidence: 0.8380314

 $00:06:09.740 \longrightarrow 00:06:12.242$ my role is the Chief Clinical

NOTE Confidence: 0.8380314

 $00:06:12.242 \longrightarrow 00:06:14.560$ Officer for the health system,

NOTE Confidence: 0.8380314

 $00{:}06{:}14.560 \dashrightarrow 00{:}06{:}17.936$ and as such I was given the responsibility

NOTE Confidence: 0.8380314

 $00:06:17.936 \longrightarrow 00:06:20.642$ for leading the efforts for the

NOTE Confidence: 0.8380314

 $00{:}06{:}20.642 \dashrightarrow 00{:}06{:}23.312$ vaccine rollout at the health system.

NOTE Confidence: 0.8380314

 $00:06:23.320 \longrightarrow 00:06:24.968$ And we started that.

NOTE Confidence: 0.8380314

 $00:06:24.968 \longrightarrow 00:06:27.028$ Three days after the first

00:06:27.028 --> 00:06:28.819 emergency use authorization.

NOTE Confidence: 0.8380314

 $00{:}06{:}28.820 \longrightarrow 00{:}06{:}31.494$ So exciting back in the second week

NOTE Confidence: 0.8380314

 $00:06:31.494 \longrightarrow 00:06:34.070$ of December and we're lucky enough

NOTE Confidence: 0.8380314

 $00:06:34.070 \longrightarrow 00:06:36.770$ to get direct allocation from the

NOTE Confidence: 0.8380314

 $00:06:36.770 \longrightarrow 00:06:39.019$ federal government that we can.

NOTE Confidence: 0.8380314

 $00:06:39.020 \longrightarrow 00:06:41.780$ We began vaccinating our staff.

NOTE Confidence: 0.8380314

 $00{:}06{:}41.780 \dashrightarrow 00{:}06{:}44.198$ As Doctor Ahuja mentioned in the

NOTE Confidence: 0.8380314

 $00{:}06{:}44.198 \dashrightarrow 00{:}06{:}46.503$ following weeks we vaccinated first all

NOTE Confidence: 0.8380314

 $00{:}06{:}46.503 \dashrightarrow 00{:}06{:}48.999$ of our high risk staff at the hospital

NOTE Confidence: 0.8380314

 $00:06:49.067 \longrightarrow 00:06:51.797$ and across the health system in our

NOTE Confidence: 0.8380314

 $00{:}06{:}51.797 \dashrightarrow 00{:}06{:}53.690$ emergency departments in our ICU's.

NOTE Confidence: 0.8380314

 $00:06:53.690 \longrightarrow 00:06:55.490$ And when I say we've

NOTE Confidence: 0.8380314

 $00:06:55.490 \longrightarrow 00:06:57.070$ activated our staff there,

NOTE Confidence: 0.8380314

 $00{:}06{:}57.070 \dashrightarrow 00{:}06{:}59.272$ we vaccinated everyone who came in

NOTE Confidence: 0.8380314

 $00:06:59.272 \longrightarrow 00:07:01.549$ contact with patients in those units.

NOTE Confidence: 0.8380314

00:07:01.550 --> 00:07:03.038 Didn't matter whether you're

 $00:07:03.038 \longrightarrow 00:07:04.154$ environmental services worker,

NOTE Confidence: 0.8380314

00:07:04.160 --> 00:07:04.940 a pharmacist,

NOTE Confidence: 0.8380314

 $00:07:04.940 \longrightarrow 00:07:07.670$ we tried to get everyone in and

NOTE Confidence: 0.8380314

 $00:07:07.670 \longrightarrow 00:07:10.419$ as equitable fashion as we can.

NOTE Confidence: 0.8380314

00:07:10.420 --> 00:07:12.406 And as Doctor Who also mentioned,

NOTE Confidence: 0.8380314

 $00:07:12.410 \longrightarrow 00:07:15.058$ we're very proud that we are now at

NOTE Confidence: 0.8380314

00:07:15.058 --> 00:07:17.700 80\% of the entire T of our workforce,

NOTE Confidence: 0.8380314

 $00:07:17.700 \longrightarrow 00:07:19.285$ and that includes folks that

NOTE Confidence: 0.8380314

 $00:07:19.285 \longrightarrow 00:07:21.282$ work in billing offices in folks

NOTE Confidence: 0.8380314

 $00:07:21.282 \longrightarrow 00:07:22.666$ that work remotely even,

NOTE Confidence: 0.8380314

 $00:07:22.670 \longrightarrow 00:07:24.325$ and a the clinical portion

NOTE Confidence: 0.8380314

 $00:07:24.325 \longrightarrow 00:07:25.980$ of our staff is much,

NOTE Confidence: 0.8380314

00:07:25.980 --> 00:07:27.380 much higher that's vaccinated,

NOTE Confidence: 0.8380314

 $00:07:27.380 \longrightarrow 00:07:30.078$ well into the high 80s in some cases

NOTE Confidence: 0.8380314

 $00:07:30.078 \longrightarrow 00:07:32.270$ to 90% of our staff are vaccinated.

 $00:07:32.270 \longrightarrow 00:07:34.190$ Doctor Billingsley is going to talk

NOTE Confidence: 0.8380314

 $00{:}07{:}34.190 \dashrightarrow 00{:}07{:}36.542$ a little bit about some of perhaps

NOTE Confidence: 0.8380314

 $00:07:36.542 \longrightarrow 00:07:38.558$ the reasons why people are waiting.

NOTE Confidence: 0.8380314

 $00:07:38.560 \longrightarrow 00:07:40.012$ There are certain conditions

NOTE Confidence: 0.8380314

 $00:07:40.012 \longrightarrow 00:07:42.190$ where we want them to wait.

NOTE Confidence: 0.8380314

00:07:42.190 --> 00:07:44.728 I'm in delay their vaccine until

NOTE Confidence: 0.8380314

 $00:07:44.728 \longrightarrow 00:07:46.770$ some clinical milestones are met,

NOTE Confidence: 0.8380314

 $00:07:46.770 \longrightarrow 00:07:48.850$ and certainly some of our.

NOTE Confidence: 0.8380314

 $00{:}07{:}48.850 \dashrightarrow 00{:}07{:}51.322$ Some of our employees are falling

NOTE Confidence: 0.8380314

 $00:07:51.322 \longrightarrow 00:07:53.420$ into those domains as well,

NOTE Confidence: 0.8380314

 $00:07:53.420 \longrightarrow 00:07:55.500$ but vaccine hesitancy is real.

NOTE Confidence: 0.8380314

00:07:55.500 --> 00:07:57.385 It's something that we've spent

NOTE Confidence: 0.8380314

 $00:07:57.385 \longrightarrow 00:08:00.302$ a lot of time trying to assist

NOTE Confidence: 0.8380314

 $00:08:00.302 \longrightarrow 00:08:01.736$ folks in understanding.

NOTE Confidence: 0.8380314

 $00:08:01.740 \longrightarrow 00:08:04.148$ We have had a approach that I

NOTE Confidence: 0.8380314

00:08:04.148 --> 00:08:07.212 think is been one that many health

 $00{:}08{:}07.212 \to 00{:}08{:}09.652$ systems in many organizations across

NOTE Confidence: 0.8380314

 $00:08:09.652 \longrightarrow 00:08:12.460$ the country have have also used.

NOTE Confidence: 0.8380314

 $00:08:12.460 \longrightarrow 00:08:14.572$ Which is we use appreciative inquiry

NOTE Confidence: 0.8380314

00:08:14.572 --> 00:08:16.872 meaning on trying to understand the

NOTE Confidence: 0.8380314

 $00:08:16.872 \longrightarrow 00:08:19.756$ reasons why people are not receiving vaccine.

NOTE Confidence: 0.8380314

 $00:08:19.760 \longrightarrow 00:08:22.119$ In some cases it's because of a

NOTE Confidence: 0.8380314

 $00:08:22.119 \longrightarrow 00:08:24.022$ inability to use technology or

NOTE Confidence: 0.8380314

 $00:08:24.022 \longrightarrow 00:08:26.470$ an inability to get access to

NOTE Confidence: 0.8380314

00:08:26.470 --> 00:08:28.200 the technology to schedule.

NOTE Confidence: 0.8380314

 $00:08:28.200 \longrightarrow 00:08:30.860$ So we've put in efforts to overcome

NOTE Confidence: 0.8380314

 $00:08:30.860 \longrightarrow 00:08:33.598$ that both with our staff but also

NOTE Confidence: 0.8380314

 $00:08:33.598 \longrightarrow 00:08:35.878$ as we pivoted to the Community.

NOTE Confidence: 0.8380314

 $00:08:35.880 \longrightarrow 00:08:38.232$ We noticed a lot of the same

NOTE Confidence: 0.8380314

 $00:08:38.232 \longrightarrow 00:08:40.110$ reasons in the community,

NOTE Confidence: 0.8380314

 $00:08:40.110 \longrightarrow 00:08:42.610$ including those kinds of access.

 $00:08:42.610 \longrightarrow 00:08:44.855$ Sometimes there are cultural barriers

NOTE Confidence: 0.8380314

 $00:08:44.855 \longrightarrow 00:08:47.521$ and we have many coordinated efforts

NOTE Confidence: 0.8380314

 $00:08:47.521 \longrightarrow 00:08:49.603$ now across the health system to

NOTE Confidence: 0.8380314

 $00:08:49.603 \longrightarrow 00:08:51.982$ use many of the cultural interfaces

NOTE Confidence: 0.8380314

 $00:08:51.982 \longrightarrow 00:08:54.092$ with our communities that have

NOTE Confidence: 0.8380314

 $00:08:54.092 \longrightarrow 00:08:57.050$ been in place prior to COVID-19 for

NOTE Confidence: 0.8380314

 $00{:}08{:}57.050 \dashrightarrow 00{:}08{:}59.160$ other reasons like enrollment in

NOTE Confidence: 0.8380314

 $00{:}08{:}59.238 \dashrightarrow 00{:}09{:}01.728$ clinical trials or reach out for

NOTE Confidence: 0.8380314

 $00{:}09{:}01.728 \dashrightarrow 00{:}09{:}03.845$ cancer screening and those work

NOTE Confidence: 0.8380314

 $00:09:03.845 \longrightarrow 00:09:06.125$ extremely well because I think we

NOTE Confidence: 0.8380314

 $00{:}09{:}06.125 \dashrightarrow 00{:}09{:}08.566$ would all agree that when information

NOTE Confidence: 0.8380314

00:09:08.566 --> 00:09:10.726 comes from someone you already

NOTE Confidence: 0.8380314

00:09:10.726 --> 00:09:13.303 have trust in someone you already

NOTE Confidence: 0.8380314

 $00:09:13.303 \longrightarrow 00:09:14.947$ have a relationship with.

NOTE Confidence: 0.8380314

00:09:14.950 --> 00:09:17.806 You're more likely to accept that

NOTE Confidence: 0.8380314

 $00{:}09{:}17.806 \dashrightarrow 00{:}09{:}19.710$ recommendation rather than from

 $00:09:19.785 \longrightarrow 00:09:21.469$ someone you don't know,

NOTE Confidence: 0.8684689

 $00{:}09{:}21.470 \dashrightarrow 00{:}09{:}24.266$ or some one who you're just met,

NOTE Confidence: 0.8684689

 $00:09:24.270 \longrightarrow 00:09:27.693$ and so we've worked with those folks

NOTE Confidence: 0.8684689

00:09:27.693 --> 00:09:30.937 really effectively to try to drive across

NOTE Confidence: 0.8684689

 $00:09:30.937 \longrightarrow 00:09:34.060$ all of our communities that we serve.

NOTE Confidence: 0.8684689

 $00:09:34.060 \longrightarrow 00:09:34.976$ Vaccination acceptance.

NOTE Confidence: 0.8684689

 $00:09:34.976 \longrightarrow 00:09:38.640$ We, as you saw in those early statistics

NOTE Confidence: 0.8684689

 $00:09:38.720 \longrightarrow 00:09:41.516$ that Doctor Ahuja showed between December

NOTE Confidence: 0.8684689

 $00:09:41.516 \longrightarrow 00:09:44.685$ 15th and February 15th, we opened up.

NOTE Confidence: 0.8684689

 $00{:}09{:}44.685 \dashrightarrow 00{:}09{:}46.860$ Eight large scale mass vaccination

NOTE Confidence: 0.8684689

 $00{:}09{:}46.860 \dashrightarrow 00{:}09{:}50.015$ sites and are capable of delivering more

NOTE Confidence: 0.8684689

 $00:09:50.015 \longrightarrow 00:09:52.979$ than 50,000 doses of vaccine per week.

NOTE Confidence: 0.8684689

 $00{:}09{:}52.980 \dashrightarrow 00{:}09{:}53.450 \ Unfortunately,$

NOTE Confidence: 0.8684689

 $00:09:53.450 \longrightarrow 00:09:56.740$ the maximum we ever reached was 48,000

NOTE Confidence: 0.8684689

 $00:09:56.740 \longrightarrow 00:09:59.730$ over a couple of weeks in a row,

00:09:59.730 --> 00:10:01.605 primarily in the beginning because

NOTE Confidence: 0.8684689

 $00{:}10{:}01.605 \dashrightarrow 00{:}10{:}04.028$ we were not given an adequate

NOTE Confidence: 0.8684689

 $00{:}10{:}04.028 \dashrightarrow 00{:}10{:}06.413$ allocation from the federal government

NOTE Confidence: 0.8684689

00:10:06.413 --> 00:10:09.010 the way the allocation work was,

NOTE Confidence: 0.8684689

 $00:10:09.010 \longrightarrow 00:10:10.698$ the federal government decided

NOTE Confidence: 0.8684689

00:10:10.698 --> 00:10:12.808 which states got which percent,

NOTE Confidence: 0.8684689

 $00:10:12.810 \longrightarrow 00:10:16.474$ and on the most, for the most part.

NOTE Confidence: 0.8684689

00:10:16.480 --> 00:10:19.184 They did it by a straight population density,

NOTE Confidence: 0.8684689

 $00{:}10{:}19.190 \dashrightarrow 00{:}10{:}22.016$ so we are about three and a half million

NOTE Confidence: 0.8684689

00:10:22.016 --> 00:10:24.280 people in the state of Connecticut,

NOTE Confidence: 0.8684689

 $00{:}10{:}24.280 \mathrel{--}{>} 00{:}10{:}26.650$ which means we are 1% of the

NOTE Confidence: 0.8684689

00:10:26.650 --> 00:10:28.350 population of the United States,

NOTE Confidence: 0.8684689

00:10:28.350 --> 00:10:30.966 so we would receive about 1% of the

NOTE Confidence: 0.8684689

00:10:30.966 --> 00:10:32.431 production of each week's vaccine

NOTE Confidence: 0.8684689

 $00:10:32.431 \longrightarrow 00:10:34.450$ that the federal government allocated,

NOTE Confidence: 0.8684689

 $00:10:34.450 \longrightarrow 00:10:36.960$ and then the DPH did a very nice job in

00:10:37.025 --> 00:10:39.860 my opinion of making sure that there

NOTE Confidence: 0.8684689

 $00{:}10{:}39.860 \dashrightarrow 00{:}10{:}42.238$ was equitable distribution across the state.

NOTE Confidence: 0.8684689

00:10:42.240 --> 00:10:45.016 So I think many people have heard the

NOTE Confidence: 0.8684689

 $00:10:45.016 \longrightarrow 00:10:47.356$ statistic that more than 75% of the

NOTE Confidence: 0.8684689

 $00:10:47.356 \longrightarrow 00:10:49.474$ population in the state of Connecticut.

NOTE Confidence: 0.8684689

 $00{:}10{:}49.480 \dashrightarrow 00{:}10{:}52.336$ Has now received at least one dose

NOTE Confidence: 0.8684689

 $00:10:52.336 \longrightarrow 00:10:55.135$ of vaccine and more than 55% of

NOTE Confidence: 0.8684689

00:10:55.135 --> 00:10:57.160 the state is fully vaccinated.

NOTE Confidence: 0.8684689

00:10:57.160 --> 00:11:01.066 I think not a day goes by, or certainly not.

NOTE Confidence: 0.8684689

00:11:01.066 --> 00:11:04.094 A week goes by where there is not

NOTE Confidence: 0.8684689

 $00{:}11{:}04.094 \dashrightarrow 00{:}11{:}06.548$ a major piece of new information

NOTE Confidence: 0.8684689

00:11:06.548 --> 00:11:08.876 about either the disease, spread,

NOTE Confidence: 0.8684689

00:11:08.876 --> 00:11:10.094 variance vaccine, etc.

NOTE Confidence: 0.8684689

 $00:11:10.094 \longrightarrow 00:11:13.718$ And of course 2 very big pieces of news.

NOTE Confidence: 0.8684689

00:11:13.720 --> 00:11:16.163 This past week have been first the

00:11:16.163 --> 00:11:18.332 opening up of vaccine eligibility

NOTE Confidence: 0.8684689

 $00:11:18.332 \longrightarrow 00:11:20.420$ for the Pfizer vaccine.

NOTE Confidence: 0.8684689

 $00:11:20.420 \longrightarrow 00:11:22.597$ To children as young as 12 years

NOTE Confidence: 0.8684689

00:11:22.597 --> 00:11:25.324 old and that now will add another

NOTE Confidence: 0.8684689

 $00:11:25.324 \longrightarrow 00:11:27.040$ 174 approximately 1000 individuals

NOTE Confidence: 0.8684689

 $00:11:27.040 \longrightarrow 00:11:29.739$ in the state of Connecticut that

NOTE Confidence: 0.8684689

 $00:11:29.739 \longrightarrow 00:11:31.503$ are eligible for vaccine.

NOTE Confidence: 0.8684689

00:11:31.510 --> 00:11:34.878 And we've opened up as of yesterday all

NOTE Confidence: 0.8684689

 $00:11:34.878 \longrightarrow 00:11:38.930$ of our sites to individuals as low as 12.

NOTE Confidence: 0.8684689

 $00:11:38.930 \longrightarrow 00:11:41.456$ And the second piece of information

NOTE Confidence: 0.8684689

00:11:41.456 --> 00:11:44.222 which will talk about and I think

NOTE Confidence: 0.8684689

 $00:11:44.222 \longrightarrow 00:11:46.980$ it's maybe caused a little bit of buzz

NOTE Confidence: 0.8684689

 $00:11:46.980 \longrightarrow 00:11:49.804$ just a short while ago is the concept.

NOTE Confidence: 0.8684689

 $00:11:49.810 \longrightarrow 00:11:52.060$ Now that there is a really,

NOTE Confidence: 0.8684689

 $00:11:52.060 \longrightarrow 00:11:54.685$ I think large carat to earn when

NOTE Confidence: 0.8684689

 $00:11:54.685 \longrightarrow 00:11:55.810$ you get vaccinated,

 $00:11:55.810 \longrightarrow 00:11:58.060$ which is the CDC has altered

NOTE Confidence: 0.8684689

 $00:11:58.060 \longrightarrow 00:11:58.810$ its recommendation,

NOTE Confidence: 0.8684689

00:11:58.810 --> 00:12:01.106 suggesting that if you are fully vaccinated

NOTE Confidence: 0.8684689

00:12:01.106 --> 00:12:03.678 and there's an important definition there,

NOTE Confidence: 0.8684689

 $00:12:03.680 \longrightarrow 00:12:06.904$ meaning that you have been two weeks after

NOTE Confidence: 0.8684689

 $00:12:06.904 \longrightarrow 00:12:09.450$ completing your vaccine schedule so for.

NOTE Confidence: 0.8684689 00:12:09.450 --> 00:12:09.826 NJ,

NOTE Confidence: 0.8684689

 $00:12:09.826 \longrightarrow 00:12:12.834$ that's one dose an for Moderna and Pfizer.

NOTE Confidence: 0.8684689

 $00:12:12.840 \longrightarrow 00:12:15.856$ That's two doses 21 or 28 days apart.

NOTE Confidence: 0.8684689

 $00{:}12{:}15.860 \dashrightarrow 00{:}12{:}18.560$ You need to add 2 weeks to the final

NOTE Confidence: 0.8684689

 $00{:}12{:}18.560 \dashrightarrow 00{:}12{:}21.316$ date of that vaccine and then you

NOTE Confidence: 0.8684689

 $00:12:21.316 \longrightarrow 00:12:23.780$ would be considered fully vaccinated.

NOTE Confidence: 0.8684689

 $00:12:23.780 \longrightarrow 00:12:26.419$ So if you are in that state,

NOTE Confidence: 0.8684689

00:12:26.420 --> 00:12:28.300 the new recommendations by the

NOTE Confidence: 0.8684689

00:12:28.300 --> 00:12:29.804 CDC in certain circumstances,

00:12:29.810 --> 00:12:32.066 importantly not in a healthcare environment,

NOTE Confidence: 0.8684689

 $00{:}12{:}32.070 \dashrightarrow 00{:}12{:}35.086$ not in mass transit, not on an airplane.

NOTE Confidence: 0.8684689

 $00:12:35.090 \longrightarrow 00:12:36.970$ If you are anywhere else,

NOTE Confidence: 0.8684689

 $00:12:36.970 \longrightarrow 00:12:39.728$ then you can whether inside or outside.

NOTE Confidence: 0.85997176

 $00:12:39.730 \longrightarrow 00:12:41.758$ Unless there are rules superseding it,

NOTE Confidence: 0.85997176

 $00:12:41.760 \longrightarrow 00:12:43.788$ you can not wear a mask.

NOTE Confidence: 0.85997176

 $00{:}12{:}43.790 \dashrightarrow 00{:}12{:}46.913$ We can talk about some of the data behind

NOTE Confidence: 0.85997176

 $00:12:46.913 \longrightarrow 00:12:50.202$ that and we can talk about that in the Q&A.

NOTE Confidence: 0.85997176

 $00:12:50.210 \longrightarrow 00:12:51.562$ If there are questions,

NOTE Confidence: 0.85997176

 $00:12:51.562 \longrightarrow 00:12:53.590$ which I assume there is so,

NOTE Confidence: 0.85997176

 $00{:}12{:}53.590 \dashrightarrow 00{:}12{:}55.774$ so this is the only haven health

NOTE Confidence: 0.85997176

 $00:12:55.774 \longrightarrow 00:12:57.971$ system has given a total of 380,000

NOTE Confidence: 0.85997176

 $00{:}12{:}57.971 \dashrightarrow 00{:}13{:}00.680$ doses of vaccine to date and we have

NOTE Confidence: 0.85997176

 $00:13:00.680 \longrightarrow 00:13:02.376$ fully vaccinated 180,000 people.

NOTE Confidence: 0.85997176

 $00:13:02.380 \longrightarrow 00:13:04.396$ So it's been an incredible effort.

NOTE Confidence: 0.85997176

 $00:13:04.400 \longrightarrow 00:13:07.272$ It's been many folks I think have either

 $00:13:07.272 \longrightarrow 00:13:09.493$ been vaccinated through one of our

NOTE Confidence: 0.85997176

 $00:13:09.493 \longrightarrow 00:13:11.647$ sites or volunteered or worked there.

NOTE Confidence: 0.85997176

00:13:11.650 --> 00:13:13.262 Really, it's really particularly

NOTE Confidence: 0.85997176

 $00:13:13.262 \longrightarrow 00:13:15.277$ the very beginning was really

NOTE Confidence: 0.85997176

00:13:15.277 --> 00:13:16.822 exhibitanting to be part of. That.

NOTE Confidence: 0.85997176

00:13:16.822 --> 00:13:18.814 To know that we're finally doing

NOTE Confidence: 0.85997176

00:13:18.814 --> 00:13:20.649 something to beat this disease,

NOTE Confidence: 0.85997176

 $00{:}13{:}20.650 \dashrightarrow 00{:}13{:}22.720$ and I'll speak from personal experience.

NOTE Confidence: 0.85997176

 $00{:}13{:}22.720 \dashrightarrow 00{:}13{:}24.796$ It feels great to be vaccinated.

NOTE Confidence: 0.85997176

 $00:13:24.800 \longrightarrow 00:13:27.520$ I was finally able to see my fully

NOTE Confidence: 0.85997176

 $00{:}13{:}27.520 \dashrightarrow 00{:}13{:}29.904$ vaccinated 89 and 88 year old respectively

NOTE Confidence: 0.85997176

 $00:13:29.904 \longrightarrow 00:13:33.447$ for my mom and my dad parents two weeks ago.

NOTE Confidence: 0.85997176

 $00{:}13{:}33.450 \dashrightarrow 00{:}13{:}36.555$ So that was the first time in a year.

NOTE Confidence: 0.85997176

 $00:13:36.560 \longrightarrow 00:13:39.449$ So to be able to get back to those

NOTE Confidence: 0.85997176

 $00:13:39.449 \longrightarrow 00:13:42.257$ kinds of things are really exciting.

 $00:13:42.260 \longrightarrow 00:13:43.730$ Some things are not so exciting.

NOTE Confidence: 0.85997176

 $00:13:43.730 \longrightarrow 00:13:45.626$ My daughter is moving to a fifth floor

NOTE Confidence: 0.85997176

00:13:45.626 --> 00:13:47.648 walk up in New York City on Saturday,

NOTE Confidence: 0.85997176

 $00:13:47.650 \longrightarrow 00:13:48.880$ so I'll be in less.

NOTE Confidence: 0.85997176

 $00:13:48.880 \longrightarrow 00:13:50.100$ Someone wants to help be

NOTE Confidence: 0.85997176

 $00{:}13{:}50.100 \dashrightarrow 00{:}13{:}51.076$ carrying the mattress up.

NOTE Confidence: 0.85997176

 $00{:}13{:}51.080 \dashrightarrow 00{:}13{:}52.550$ Those Flight 5 flights of stairs.

NOTE Confidence: 0.85997176

00:13:52.550 --> 00:13:54.020 Kevin, I know you're pretty strong.

NOTE Confidence: 0.85997176

 $00:13:54.020 \longrightarrow 00:13:56.270$ You're a runner.

NOTE Confidence: 0.85997176

00:13:56.270 --> 00:13:57.900 But with regards to vaccination,

NOTE Confidence: 0.85997176

 $00:13:57.900 \longrightarrow 00:14:00.480$ so who's eligible right now if

NOTE Confidence: 0.85997176

 $00:14:00.480 \longrightarrow 00:14:03.190$ you are above the age of 12?

NOTE Confidence: 0.85997176

 $00:14:03.190 \longrightarrow 00:14:04.940$ You are eligible Doctor Billingsley's

NOTE Confidence: 0.85997176

 $00:14:04.940 \longrightarrow 00:14:07.458$ going to get into some of the

NOTE Confidence: 0.85997176

00:14:07.458 --> 00:14:09.588 caveats with that with regard to

NOTE Confidence: 0.85997176

 $00:14:09.588 \longrightarrow 00:14:11.589$ immunosuppression and stem cell transplant,

 $00:14:11.590 \longrightarrow 00:14:14.310$ which there are some but one of the

NOTE Confidence: 0.85997176

 $00{:}14{:}14.310 \dashrightarrow 00{:}14{:}17.375$ things that I'll end with before we can

NOTE Confidence: 0.85997176

 $00:14:17.375 \longrightarrow 00:14:20.052$ go and Doctor Billingslea can talk a

NOTE Confidence: 0.85997176

 $00:14:20.052 \longrightarrow 00:14:22.938$ little bit about some special cases is no.

NOTE Confidence: 0.85997176

 $00{:}14{:}22.938 \dashrightarrow 00{:}14{:}24.928$ No discussion about vaccination is

NOTE Confidence: 0.85997176

 $00:14:24.928 \longrightarrow 00:14:26.913$ complete without a discussion of

NOTE Confidence: 0.85997176

 $00:14:26.913 \longrightarrow 00:14:28.911$ how are these variants which are

NOTE Confidence: 0.85997176

 $00:14:28.911 \longrightarrow 00:14:30.679$ sometimes named after the place

NOTE Confidence: 0.85997176

 $00{:}14{:}30.679 \dashrightarrow 00{:}14{:}32.434$ where they emerged but increasingly

NOTE Confidence: 0.85997176

 $00:14:32.434 \longrightarrow 00:14:34.780$ being named by a number convention.

NOTE Confidence: 0.85997176

 $00:14:34.780 \longrightarrow 00:14:38.460$ To try to avoid stigma of those places.

NOTE Confidence: 0.85997176

 $00:14:38.460 \longrightarrow 00:14:40.833$ But how are these variants being in

NOTE Confidence: 0.85997176

 $00{:}14{:}40.833 \dashrightarrow 00{:}14{:}43.755$ or how are these variants impacting

NOTE Confidence: 0.85997176

 $00:14:43.755 \longrightarrow 00:14:46.195$ our enthusiasm about vaccination?

NOTE Confidence: 0.85997176

 $00:14:46.200 \longrightarrow 00:14:48.930$ The short answer is, is well,

 $00:14:48.930 \longrightarrow 00:14:51.225$ there's some evidence that at

NOTE Confidence: 0.85997176

 $00{:}14{:}51.225 \dashrightarrow 00{:}14{:}53.930$ least some of the variants can.

NOTE Confidence: 0.85997176

00:14:53.930 --> 00:14:54.824 In part,

NOTE Confidence: 0.85997176

 $00:14:54.824 \longrightarrow 00:14:58.400$ there's a lot of parsing my words carefully

NOTE Confidence: 0.85997176

 $00:14:58.488 \longrightarrow 00:15:01.666$ here of aid some immunity in general.

NOTE Confidence: 0.85997176

 $00:15:01.670 \longrightarrow 00:15:03.514$ The vaccine works to

NOTE Confidence: 0.85997176

00:15:03.514 --> 00:15:05.358 prevent most diseases in.

NOTE Confidence: 0.85997176

 $00:15:05.360 \longrightarrow 00:15:07.660$ All of the variants that

NOTE Confidence: 0.85997176

 $00{:}15{:}07.660 \dashrightarrow 00{:}15{:}09.500$ have thus far emerged.

NOTE Confidence: 0.85997176

 $00:15:09.500 \longrightarrow 00:15:12.146$ Now it's important to understand that as

NOTE Confidence: 0.85997176

 $00{:}15{:}12.146 \dashrightarrow 00{:}15{:}15.015$ long as there is wide spread transmission

NOTE Confidence: 0.85997176

00:15:15.015 --> 00:15:17.775 of COVID-19 among large populations,

NOTE Confidence: 0.85997176

 $00:15:17.780 \longrightarrow 00:15:19.620$ the pop the possibility

NOTE Confidence: 0.85997176

 $00:15:19.620 \longrightarrow 00:15:21.920$ of a new variant exists.

NOTE Confidence: 0.85997176

 $00:15:21.920 \longrightarrow 00:15:25.040$ So that is in itself a major point

NOTE Confidence: 0.85997176

00:15:25.040 --> 00:15:28.512 that would want us to pursue large

 $00:15:28.512 \longrightarrow 00:15:31.112$ scale vaccination even more quickly.

NOTE Confidence: 0.85997176

 $00{:}15{:}31.120 \dashrightarrow 00{:}15{:}36.088$ So that's one point I want to make.

NOTE Confidence: 0.85997176

00:15:36.090 --> 00:15:38.794 The second point I want to make in

NOTE Confidence: 0.85997176

 $00:15:38.794 \longrightarrow 00:15:41.432$ this might be germane to the second

NOTE Confidence: 0.85997176

00:15:41.432 --> 00:15:43.977 part of these comments is that

NOTE Confidence: 0.85997176

 $00:15:43.977 \longrightarrow 00:15:46.912$ there is also information suggesting

NOTE Confidence: 0.85997176

 $00:15:46.912 \longrightarrow 00:15:48.673$ that immunocompromised patients

NOTE Confidence: 0.85997176

 $00{:}15{:}48.673 \dashrightarrow 00{:}15{:}50.592$ that have immuno compromised nation

NOTE Confidence: 0.85997176

 $00{:}15{:}50.592 \dashrightarrow 00{:}15{:}53.700$ because of something that they are on

NOTE Confidence: 0.837355

 $00:15:53.775 \longrightarrow 00:15:54.969$ because they have.

NOTE Confidence: 0.837355

 $00:15:54.970 \longrightarrow 00:15:57.200$ They have inflammatory bowel disease

NOTE Confidence: 0.837355

 $00:15:57.200 \longrightarrow 00:15:59.430$ or rheumatoid arthritis and therefore

NOTE Confidence: 0.837355

 $00{:}15{:}59.498 \dashrightarrow 00{:}16{:}01.548$ take a immune modulating medicine,

NOTE Confidence: 0.837355

 $00:16:01.550 \longrightarrow 00:16:03.930$ or they have an immune

NOTE Confidence: 0.837355

 $00:16:03.930 \longrightarrow 00:16:05.834$ system disorder like AIDS.

 $00:16:05.840 \longrightarrow 00:16:07.680$ Or they are immunocompromised

NOTE Confidence: 0.837355

00:16:07.680 --> 00:16:09.980 because of chemotherapy that they

NOTE Confidence: 0.837355

 $00:16:09.980 \longrightarrow 00:16:12.695$ may be long term reservoirs of the

NOTE Confidence: 0.837355

 $00:16:12.695 \longrightarrow 00:16:14.922$ virus and therefore be ones that

NOTE Confidence: 0.837355

 $00:16:14.922 \longrightarrow 00:16:17.379$ are more at risk of being spreaders.

NOTE Confidence: 0.837355

 $00:16:17.380 \longrightarrow 00:16:19.365$ So that's new information that's

NOTE Confidence: 0.837355

00:16:19.365 --> 00:16:22.241 that's coming out and that may impact

NOTE Confidence: 0.837355

00:16:22.241 --> 00:16:24.701 how we think about vaccination or

NOTE Confidence: 0.837355

 $00{:}16{:}24.701 \dashrightarrow 00{:}16{:}26.539$ other strategies in the future.

NOTE Confidence: 0.837355

00:16:26.540 --> 00:16:28.916 But then that's very incomplete science,

NOTE Confidence: 0.837355

 $00{:}16{:}28.920 \dashrightarrow 00{:}16{:}32.502$ so we don't really know much more than that,

NOTE Confidence: 0.837355

 $00:16:32.510 \longrightarrow 00:16:34.670$ except that the virus spreads

NOTE Confidence: 0.837355

 $00:16:34.670 \longrightarrow 00:16:36.830$ in a very uneven fashion.

NOTE Confidence: 0.837355

 $00:16:36.830 \longrightarrow 00:16:39.246$ Let me stop there and I ask Doctor

NOTE Confidence: 0.837355

 $00:16:39.246 \longrightarrow 00:16:41.013$ Billingsley to give some specific

NOTE Confidence: 0.837355

 $00:16:41.013 \longrightarrow 00:16:42.833$ detail with regard to cancer

 $00:16:42.833 \longrightarrow 00:16:44.679$ patients in cancer survivors.

NOTE Confidence: 0.88074833

 $00{:}16{:}46.530 \dashrightarrow 00{:}16{:}48.600$ Thanks very much and I will

NOTE Confidence: 0.88074833

 $00:16:48.600 \longrightarrow 00:16:50.730$ echo some of those comments.

NOTE Confidence: 0.88074833

00:16:50.730 --> 00:16:52.530 It has been enormously gratifying

NOTE Confidence: 0.88074833

 $00:16:52.530 \longrightarrow 00:16:55.134$ to be part of this health care

NOTE Confidence: 0.88074833

 $00:16:55.134 \longrightarrow 00:16:57.703$ system is we have rolled out this

NOTE Confidence: 0.88074833

00:16:57.703 --> 00:16:59.768 vaccine effort across the state

NOTE Confidence: 0.88074833

00:16:59.768 --> 00:17:01.803 not only for cancer patients,

NOTE Confidence: 0.88074833

 $00:17:01.810 \longrightarrow 00:17:04.194$ but for all of all of our patients

NOTE Confidence: 0.88074833

00:17:04.194 --> 00:17:05.883 and and population around

NOTE Confidence: 0.88074833

 $00:17:05.883 \longrightarrow 00:17:07.919$ the state of Connecticut.

NOTE Confidence: 0.88074833

 $00:17:07.920 \longrightarrow 00:17:09.756$ And it has been.

NOTE Confidence: 0.88074833

00:17:09.756 --> 00:17:11.592 Remarkable to see the

NOTE Confidence: 0.88074833

 $00:17:11.592 \longrightarrow 00:17:13.580$ participation and the success.

NOTE Confidence: 0.88074833

00:17:13.580 --> 00:17:18.510 Could I have the slides, Renee? So

 $00:17:18.510 \longrightarrow 00:17:19.698$ one of the

NOTE Confidence: 0.92494303

 $00:17:19.700 \longrightarrow 00:17:20.879$ things that I

NOTE Confidence: 0.92494303

 $00:17:20.880 \longrightarrow 00:17:25.080$ will just start off by saying is.

NOTE Confidence: 0.92494303

 $00:17:25.080 \longrightarrow 00:17:28.265$ Many of our patients do have concerns

NOTE Confidence: 0.92494303

 $00:17:28.265 \longrightarrow 00:17:31.337$ about if they have not been vaccinated.

NOTE Confidence: 0.92494303

 $00:17:31.337 \longrightarrow 00:17:35.698$ Is the are these vaccines safe?

NOTE Confidence: 0.92494303

 $00:17:35.700 \longrightarrow 00:17:38.484$ In the setting of the cancer

NOTE Confidence: 0.92494303

00:17:38.484 --> 00:17:40.340 diagnosis or cancer treatment,

NOTE Confidence: 0.92494303

 $00:17:40.340 \longrightarrow 00:17:43.588$ or if they're in the immediate post

NOTE Confidence: 0.92494303

00:17:43.588 --> 00:17:46.582 treatment follow-up period, and if I

NOTE Confidence: 0.92494303

 $00{:}17{:}46.582 \dashrightarrow 00{:}17{:}49.786$ impart no other message this evening.

NOTE Confidence: 0.92494303

 $00:17:49.790 \longrightarrow 00:17:52.457$ I need to to really reiterate the

NOTE Confidence: 0.92494303

 $00:17:52.457 \longrightarrow 00:17:54.725$ point that these vaccines have

NOTE Confidence: 0.92494303

 $00{:}17{:}54.725 \dashrightarrow 00{:}17{:}57.340$ proven to be extraordinarily safe,

NOTE Confidence: 0.92494303

 $00:17:57.340 \longrightarrow 00:17:59.232$ safe, really for everyone,

NOTE Confidence: 0.92494303

 $00:17:59.232 \longrightarrow 00:18:02.630$ and certainly for our patients who have

 $00:18:02.630 \longrightarrow 00:18:05.955$ cancer or undergoing treatment or follow up.

NOTE Confidence: 0.92494303

 $00{:}18{:}05.960 \dashrightarrow 00{:}18{:}09.820$ And I would make the point that.

NOTE Confidence: 0.92494303

00:18:09.820 --> 00:18:13.308 As as our patients.

NOTE Confidence: 0.92494303

 $00:18:13.310 \longrightarrow 00:18:14.903$ People are particularly

NOTE Confidence: 0.92494303

 $00:18:14.903 \longrightarrow 00:18:17.027$ vulnerable to this infection,

NOTE Confidence: 0.92494303

 $00:18:17.030 \longrightarrow 00:18:21.878$ so the motivation to get all of our

NOTE Confidence: 0.92494303

 $00:18:21.878 \longrightarrow 00:18:25.360$ smilow patients protected is high.

NOTE Confidence: 0.92494303

 $00:18:25.360 \longrightarrow 00:18:29.080$ I would also make Canada side point that.

NOTE Confidence: 0.92494303

00:18:29.080 --> 00:18:31.858 As members of the Smilow community,

NOTE Confidence: 0.92494303

00:18:31.860 --> 00:18:33.108 patients, family members,

NOTE Confidence: 0.92494303

00:18:33.108 --> 00:18:35.604 supporters and those of us who

NOTE Confidence: 0.92494303

 $00:18:35.604 \longrightarrow 00:18:37.898$ are clinicians and caregivers,

NOTE Confidence: 0.92494303

 $00{:}18{:}37.900 \dashrightarrow 00{:}18{:}40.847$ we all have a unique role and

NOTE Confidence: 0.92494303

 $00:18:40.847 \longrightarrow 00:18:43.616$ opportunity to serve as as advocates

NOTE Confidence: 0.92494303

 $00:18:43.616 \longrightarrow 00:18:45.976$ for vaccination and engage those

 $00:18:45.976 \longrightarrow 00:18:49.030$ who may be fearful or sceptical.

NOTE Confidence: 0.92494303

 $00{:}18{:}49.030 \dashrightarrow 00{:}18{:}52.462$ And I think this is part of of

NOTE Confidence: 0.92494303

 $00:18:52.462 \longrightarrow 00:18:56.480$ keeping safe if we can not only get

NOTE Confidence: 0.92494303

 $00:18:56.480 \longrightarrow 00:18:59.419$ vaccinated ourselves but get our fan.

NOTE Confidence: 0.92494303

 $00:18:59.420 \longrightarrow 00:19:00.821$ Friends family members,

NOTE Confidence: 0.92494303

 $00:19:00.821 \longrightarrow 00:19:03.623$ loved ones and social circle vaccinated.

NOTE Confidence: 0.92494303

 $00:19:03.630 \longrightarrow 00:19:05.970$ We will all be safer.

NOTE Confidence: 0.92494303

 $00:19:05.970 \longrightarrow 00:19:09.239$ A couple of other key points bear

NOTE Confidence: 0.92494303

00:19:09.239 --> 00:19:12.524 emphasis for those of those of our

NOTE Confidence: 0.92494303

00:19:12.524 --> 00:19:15.326 patients who are on active treatment,

NOTE Confidence: 0.92494303

 $00:19:15.330 \longrightarrow 00:19:17.670$ there is really no reason.

NOTE Confidence: 0.92494303

 $00:19:17.670 \longrightarrow 00:19:19.534$ With very few exceptions,

NOTE Confidence: 0.92494303

00:19:19.534 --> 00:19:21.864 to disrupt your therapy or

NOTE Confidence: 0.92494303

 $00{:}19{:}21.864 \dashrightarrow 00{:}19{:}24.217$ treatment to get your vaccination.

NOTE Confidence: 0.92494303

00:19:24.220 --> 00:19:26.116 Vaccination should be easel,

NOTE Confidence: 0.92494303

00:19:26.116 --> 00:19:28.486 should be easily sequenced in

 $00:19:28.486 \longrightarrow 00:19:30.790$ around your ongoing treatments.

NOTE Confidence: 0.92494303

 $00{:}19{:}30.790 \dashrightarrow 00{:}19{:}33.160$ In vaccination is appropriate with

NOTE Confidence: 0.92494303

 $00:19:33.160 \longrightarrow 00:19:36.182$ really the entire spectrum of treatments

NOTE Confidence: 0.92494303

 $00:19:36.182 \longrightarrow 00:19:39.644$ that our patients are receiving that

NOTE Confidence: 0.92494303

00:19:39.644 --> 00:19:42.420 includes traditional cytotoxic chemotherapy,

NOTE Confidence: 0.92494303

 $00:19:42.420 \longrightarrow 00:19:43.530$ radiation treatment,

NOTE Confidence: 0.92494303

00:19:43.530 --> 00:19:45.750 hormonal therapy, targeted therapy,

NOTE Confidence: 0.92494303

00:19:45.750 --> 00:19:47.222 immunotherapy, steroids,

NOTE Confidence: 0.92494303

 $00:19:47.222 \longrightarrow 00:19:49.430$ and surgical treatment.

NOTE Confidence: 0.92494303

 $00{:}19{:}49.430 \dashrightarrow 00{:}19{:}52.770$ I have had a number of questions

NOTE Confidence: 0.92494303

00:19:52.770 --> 00:19:55.620 from patients over the past months

NOTE Confidence: 0.92494303

00:19:55.705 --> 00:19:58.369 as immunotherapy is becoming

NOTE Confidence: 0.92494303

 $00{:}19{:}58.369 \dashrightarrow 00{:}20{:}00.367$ an increasingly prominent.

NOTE Confidence: 0.92494303

 $00:20:00.370 \longrightarrow 00:20:02.314$ Element in cancer care.

NOTE Confidence: 0.92494303

 $00:20:02.314 \longrightarrow 00:20:04.744$ Would the vaccine blunt the

 $00:20:04.744 \longrightarrow 00:20:06.740$ effect of their therapy?

NOTE Confidence: 0.92494303

 $00:20:06.740 \longrightarrow 00:20:07.720$ Or Alternatively,

NOTE Confidence: 0.92494303

 $00:20:07.720 \longrightarrow 00:20:09.190$ would the immunotherapy

NOTE Confidence: 0.92494303

00:20:09.190 --> 00:20:11.150 blunt the vaccine response?

NOTE Confidence: 0.92494303

 $00:20:11.150 \longrightarrow 00:20:13.600$ The evidence overwhelmingly, is known.

NOTE Confidence: 0.92494303

 $00:20:13.600 \longrightarrow 00:20:16.050$ These are safe and effective,

NOTE Confidence: 0.92494303

 $00:20:16.050 \longrightarrow 00:20:19.970$ and they can be combined without ill effects.

NOTE Confidence: 0.92494303

00:20:19.970 --> 00:20:22.282 Next slide,

NOTE Confidence: 0.92494303

 $00:20:22.282 \longrightarrow 00:20:23.438$ please.

NOTE Confidence: 0.92494303

 $00:20:23.440 \longrightarrow 00:20:26.610$ There are a couple of small but

NOTE Confidence: 0.92494303

00:20:26.610 --> 00:20:28.810 important key populations where we

NOTE Confidence: 0.92494303

 $00:20:28.810 \longrightarrow 00:20:31.313$ need to make some modifications

NOTE Confidence: 0.92494303

 $00:20:31.313 \longrightarrow 00:20:33.798$ around the timing of vaccination.

NOTE Confidence: 0.92494303

00:20:33.800 --> 00:20:36.160 Vaccination is still entirely safe,

NOTE Confidence: 0.92494303

 $00:20:36.160 \longrightarrow 00:20:39.373$ but the timing is related to sequencing

NOTE Confidence: 0.92494303

 $00:20:39.373 \longrightarrow 00:20:42.278$ the vaccination with the cancer therapy.

 $00:20:42.280 \longrightarrow 00:20:46.207$ To optimize the protection from the vaccine.

NOTE Confidence: 0.92494303

 $00{:}20{:}46.210 \dashrightarrow 00{:}20{:}48.825$ So patients with hematologic malignancies

NOTE Confidence: 0.92494303

 $00:20:48.825 \longrightarrow 00:20:51.440$ and I'm speaking specifically about

NOTE Confidence: 0.92494303

00:20:51.513 --> 00:20:53.673 our our our folks with leukemia

NOTE Confidence: 0.92494303

00:20:53.673 --> 00:20:55.660 lymphoma to a certain degree,

NOTE Confidence: 0.92494303

00:20:55.660 --> 00:20:56.130 myeloma.

NOTE Confidence: 0.92494303

00:20:56.130 --> 00:20:58.950 The timing of vaccination can be

NOTE Confidence: 0.92494303

 $00:20:58.950 \longrightarrow 00:21:00.856$ important and some treatments

NOTE Confidence: 0.92494303

 $00:21:00.856 \longrightarrow 00:21:03.712$ may be delayed for a few weeks

NOTE Confidence: 0.92494303

 $00{:}21{:}03.712 \dashrightarrow 00{:}21{:}06.428$ to perform the vaccination and a

NOTE Confidence: 0.92494303

00:21:06.428 --> 00:21:08.703 few selected disease types which

NOTE Confidence: 0.92494303

 $00:21:08.703 \longrightarrow 00:21:11.712$ are slowly moving and indolent.

NOTE Confidence: 0.92494303

00:21:11.712 --> 00:21:12.350 Alternatively,

NOTE Confidence: 0.92494303

 $00:21:12.350 \longrightarrow 00:21:15.240$ some vaccinations will be deferred

NOTE Confidence: 0.92494303

 $00:21:15.240 \longrightarrow 00:21:18.772$ until after treatment if the treatment

00:21:18.772 --> 00:21:22.072 itself is immuno depleting and the

NOTE Confidence: 0.92494303

 $00:21:22.072 \longrightarrow 00:21:25.928$ treatment is of some degree of urgency.

NOTE Confidence: 0.92494303

 $00:21:25.930 \longrightarrow 00:21:28.780$ In those situations it is of

NOTE Confidence: 0.92494303

 $00:21:28.780 \longrightarrow 00:21:31.432$ course even more critical that

NOTE Confidence: 0.92494303

 $00:21:31.432 \longrightarrow 00:21:34.056$ patients maintain the appropriate

NOTE Confidence: 0.92494303

00:21:34.056 --> 00:21:36.680 precautions of mask wearing,

NOTE Confidence: 0.83959174

 $00:21:36.680 \longrightarrow 00:21:39.244$ social distancing and immunization

NOTE Confidence: 0.83959174

 $00:21:39.244 \longrightarrow 00:21:41.808$ of their social circle.

NOTE Confidence: 0.83959174

 $00{:}21{:}41.810 \dashrightarrow 00{:}21{:}43.610$ Really important in these situations

NOTE Confidence: 0.83959174

00:21:43.610 --> 00:21:45.740 to speak with your hematology team.

NOTE Confidence: 0.83959174

 $00:21:45.740 \longrightarrow 00:21:48.676$ They are well aware of all of these

NOTE Confidence: 0.83959174

 $00:21:48.676 \longrightarrow 00:21:51.321$ timing issues and will work with you

NOTE Confidence: 0.83959174

 $00:21:51.321 \longrightarrow 00:21:53.732$ and your family closely to optimize

NOTE Confidence: 0.83959174

 $00{:}21{:}53.732 \longrightarrow 00{:}21{:}56.227$ the timing of your vaccination.

NOTE Confidence: 0.83959174

 $00:21:56.230 \longrightarrow 00:21:59.247$ We also, of course are a significant

NOTE Confidence: 0.83959174

 $00{:}21{:}59.247 \dashrightarrow 00{:}22{:}00.540$ Center for haematopoietic

00:22:00.619 --> 00:22:02.427 set stem cell transplants,

NOTE Confidence: 0.83959174

 $00:22:02.430 \longrightarrow 00:22:04.645$ as well as cellular therapy

NOTE Confidence: 0.83959174

 $00:22:04.645 \longrightarrow 00:22:06.417$ and by cell therapy.

NOTE Confidence: 0.83959174

00:22:06.420 --> 00:22:09.380 I'm referring to CAR T cells which were

NOTE Confidence: 0.83959174

 $00{:}22{:}09.380 \dashrightarrow 00{:}22{:}12.036$ using for a variety of malignancy's

NOTE Confidence: 0.83959174

 $00{:}22{:}12.036 \longrightarrow 00{:}22{:}14.796$ for people who are undergoing these

NOTE Confidence: 0.83959174

 $00:22:14.877 \longrightarrow 00:22:17.775$ treatments and or there in the

NOTE Confidence: 0.83959174

 $00{:}22{:}17.775 \dashrightarrow 00{:}22{:}19.707$ immediate post transplant period,

NOTE Confidence: 0.83959174

 $00{:}22{:}19.710 \longrightarrow 00{:}22{:}22.368$ it is important to keep yourself

NOTE Confidence: 0.83959174

00:22:22.368 --> 00:22:24.140 absolutely safe and protected,

NOTE Confidence: 0.83959174

 $00:22:24.140 \longrightarrow 00:22:26.750$ because the vaccination will be.

NOTE Confidence: 0.83959174

 $00{:}22{:}26.750 \dashrightarrow 00{:}22{:}29.207$ Lead for sure period of time until

NOTE Confidence: 0.83959174

 $00{:}22{:}29.207 \dashrightarrow 00{:}22{:}31.380$ the immune system is reestablished

NOTE Confidence: 0.83959174

 $00:22:31.380 \longrightarrow 00:22:33.990$ and recovered after these treatments.

NOTE Confidence: 0.83959174

00:22:33.990 --> 00:22:36.685 Again, very important to discuss

00:22:36.685 --> 00:22:39.380 the timing with your team.

NOTE Confidence: 0.83959174

 $00{:}22{:}39.380 \dashrightarrow 00{:}22{:}42.740$ I think you can drop the slides.

NOTE Confidence: 0.83959174

 $00:22:42.740 \longrightarrow 00:22:47.311$ So the key points to take away

NOTE Confidence: 0.83959174

 $00:22:47.311 \longrightarrow 00:22:50.080$ are vaccination is safe.

NOTE Confidence: 0.83959174

00:22:50.080 --> 00:22:52.999 It's really only a few small patient

NOTE Confidence: 0.83959174

 $00{:}22{:}52.999 \dashrightarrow 00{:}22{:}55.760$ populations where we need to be mindful

NOTE Confidence: 0.83959174

 $00:22:55.760 \longrightarrow 00:22:58.776$ of the timing and please reach out and

NOTE Confidence: 0.83959174

00:22:58.776 --> 00:23:01.134 in a thoughtful ways was described.

NOTE Confidence: 0.83959174

00:23:01.140 --> 00:23:02.000 Engage friends,

NOTE Confidence: 0.83959174

 $00:23:02.000 \longrightarrow 00:23:05.010$ family and loved ones in and being

NOTE Confidence: 0.83959174

 $00:23:05.010 \longrightarrow 00:23:06.930$ a vaccine advocate.

NOTE Confidence: 0.83959174

 $00:23:06.930 \longrightarrow 00:23:07.760$ Thanks folks.

NOTE Confidence: 0.810061

00:23:08.580 --> 00:23:09.744 Thank you doctor ballsack.

NOTE Confidence: 0.810061

00:23:09.744 --> 00:23:10.908 Thank you doctor Billingsley.

NOTE Confidence: 0.810061

 $00{:}23{:}10.910 \dashrightarrow 00{:}23{:}13.142$ We will save the Q&A for the end and

NOTE Confidence: 0.810061

 $00{:}23{:}13.142 \dashrightarrow 00{:}23{:}15.451$ with and I'd like next to turn to

00:23:15.451 --> 00:23:17.674 Doctor Sulphur and his team to give

NOTE Confidence: 0.810061

 $00{:}23{:}17.674 \longrightarrow 00{:}23{:}19.636$ us an update on integrative medicine.

NOTE Confidence: 0.80011076

 $00:23:30.940 \longrightarrow 00:23:32.128$ Gary, you're on mute.

NOTE Confidence: 0.849251390909091

00:23:34.710 --> 00:23:35.889 Alright. Thank you,

NOTE Confidence: 0.849251390909091

 $00:23:35.889 \longrightarrow 00:23:38.950$ thank you all so much for having me.

NOTE Confidence: 0.849251390909091

00:23:38.950 --> 00:23:40.654 It's really quite a pleasure and

NOTE Confidence: 0.849251390909091

 $00:23:40.654 \longrightarrow 00:23:42.740$ an honor to get to talk to you.

NOTE Confidence: 0.849251390909091

 $00{:}23{:}42.740 \dashrightarrow 00{:}23{:}44.570$ Today. I'm going to talk about

NOTE Confidence: 0.849251390909091

 $00{:}23{:}44.570 \dashrightarrow 00{:}23{:}46.050$ integrative medicine or you're going

NOTE Confidence: 0.849251390909091

 $00:23:46.050 \longrightarrow 00:23:47.940$ to talk about what it is and what we

NOTE Confidence: 0.849251390909091

 $00{:}23{:}47.990 \dashrightarrow 00{:}23{:}49.790$ offered smiling to help support you.

NOTE Confidence: 0.849251390909091

00:23:49.790 --> 00:23:51.701 But you know, I want to start

NOTE Confidence: 0.849251390909091

 $00:23:51.701 \longrightarrow 00:23:53.858$ with a little bit of that one more

NOTE Confidence: 0.8412045

00:23:53.860 --> 00:23:55.210 thing. Do you wanna swap?

NOTE Confidence: 0.8412045

00:23:55.210 --> 00:23:56.962 I think you are. You may want to

 $00{:}23{:}56.962 \dashrightarrow 00{:}23{:}58.915$ swap the displays and 'cause what's

NOTE Confidence: 0.8412045

00:23:58.915 --> 00:24:00.630 showing is your is my presenter.

NOTE Confidence: 0.8412045

 $00:24:00.630 \longrightarrow 00:24:01.710$ Yeah yeah, thank you.

NOTE Confidence: 0.8412045

 $00:24:01.710 \longrightarrow 00:24:03.340$ You can see all my notes.

NOTE Confidence: 0.81625456

 $00:24:05.860 \longrightarrow 00:24:06.850$ We just swapped the display,

NOTE Confidence: 0.81625456

 $00{:}24{:}06.850 \dashrightarrow 00{:}24{:}08.038$ so I think it'll work great.

NOTE Confidence: 0.8630467

 $00:24:09.990 \longrightarrow 00:24:11.430$ This is above my pay grade.

NOTE Confidence: 0.81802684

00:24:14.030 --> 00:24:15.752 If you hit the swap display and

NOTE Confidence: 0.81802684

 $00{:}24{:}15.752 \dashrightarrow 00{:}24{:}17.380$ it usually just flips it around.

NOTE Confidence: 0.83475

 $00:24:20.740 \longrightarrow 00:24:21.190$ Hey.

NOTE Confidence: 0.79336494

00:24:24.290 --> 00:24:27.940 That work no. But you see it on the top left.

NOTE Confidence: 0.79336494

 $00:24:27.940 \longrightarrow 00:24:29.926$ It says swap displace. Try that.

NOTE Confidence: 0.8333241

 $00:24:32.020 \longrightarrow 00:24:32.530$ Try that.

NOTE Confidence: 0.87146884

 $00:24:35.670 \longrightarrow 00:24:37.106$ How's that there you are?

NOTE Confidence: 0.87146884

00:24:37.106 --> 00:24:39.110 You're near perfect, alright? I keep, I

NOTE Confidence: 0.87146884

00:24:39.110 --> 00:24:41.406 keep saying that I'm turning into my

00:24:41.406 --> 00:24:43.720 parents when it comes to technology.

NOTE Confidence: 0.87146884

00:24:43.720 --> 00:24:44.884 It's a little disturbing,

NOTE Confidence: 0.87146884

00:24:44.884 --> 00:24:46.318 but that's OK, so again,

NOTE Confidence: 0.87146884

00:24:46.318 --> 00:24:48.271 I'm really honored and aid it's quite

NOTE Confidence: 0.87146884

00:24:48.271 --> 00:24:50.474 a pleasure to get to be able to talk

NOTE Confidence: 0.87146884

 $00{:}24{:}50.474 \dashrightarrow 00{:}24{:}52.767$ to you all about integrative medicine.

NOTE Confidence: 0.87146884

00:24:52.770 --> 00:24:55.371 It's Milo, and what we offer and how we

NOTE Confidence: 0.87146884

 $00:24:55.371 \longrightarrow 00:24:58.159$ can support you through the journey and.

NOTE Confidence: 0.87146884

 $00:24:58.160 \longrightarrow 00:24:59.952$ I'd like to start off with the

NOTE Confidence: 0.87146884

 $00{:}24{:}59.952 \dashrightarrow 00{:}25{:}01.963$ metaphor I really stole this from

NOTE Confidence: 0.87146884

 $00:25:01.963 \longrightarrow 00:25:03.547$ from another integrative oncologist,

NOTE Confidence: 0.87146884

 $00:25:03.550 \longrightarrow 00:25:05.446$ but it's it's an important one,

NOTE Confidence: 0.87146884

 $00{:}25{:}05.450 \dashrightarrow 00{:}25{:}07.352$ and you'll also see it repeated

NOTE Confidence: 0.87146884

 $00:25:07.352 \longrightarrow 00:25:08.620$ in the video later,

NOTE Confidence: 0.87146884

00:25:08.620 --> 00:25:10.930 and I really want you to think

 $00:25:10.930 \longrightarrow 00:25:13.181$ about your cancer as a weed an

NOTE Confidence: 0.87146884

00:25:13.181 --> 00:25:14.957 you know when this weed grows,

NOTE Confidence: 0.87146884

 $00:25:14.960 \longrightarrow 00:25:16.224$ it really becomes everything

NOTE Confidence: 0.87146884

 $00:25:16.224 \longrightarrow 00:25:17.804$ that you can think about.

NOTE Confidence: 0.87146884

 $00:25:17.810 \longrightarrow 00:25:19.395$ It consumes your life and

NOTE Confidence: 0.87146884

 $00:25:19.395 \longrightarrow 00:25:20.663$ it becomes your focus.

NOTE Confidence: 0.8519996

 $00:25:22.790 \longrightarrow 00:25:24.550$ And your oncologist is phenomenal at

NOTE Confidence: 0.8519996

 $00:25:24.550 \longrightarrow 00:25:26.649$ dealing with the Sweden and the doctors.

NOTE Confidence: 0.8519996

 $00:25:26.650 \longrightarrow 00:25:29.062$ It's Milo or some of the best in the

NOTE Confidence: 0.8519996

 $00:25:29.062 \longrightarrow 00:25:31.271$ world to really take care of it and

NOTE Confidence: 0.8519996

 $00{:}25{:}31.271 \longrightarrow 00{:}25{:}34.830$ and help you through that process, but.

NOTE Confidence: 0.8519996

 $00:25:34.830 \longrightarrow 00:25:37.070$ You know, and and we know that there's

NOTE Confidence: 0.8519996

 $00:25:37.070 \longrightarrow 00:25:39.777$ so much more to you and there's this

NOTE Confidence: 0.8519996

00:25:39.777 --> 00:25:41.779 garden that really surrounds the lead,

NOTE Confidence: 0.8519996

 $00:25:41.780 \longrightarrow 00:25:44.308$ and it's easy to forget about that garden.

NOTE Confidence: 0.8519996

 $00:25:44.310 \longrightarrow 00:25:47.145$ Ann, you know we're here to help nurture it.

 $00:25:47.150 \longrightarrow 00:25:49.369$ And So what do we think about?

NOTE Confidence: 0.8519996

 $00:25:49.370 \longrightarrow 00:25:51.284$ We think about turning our attention

NOTE Confidence: 0.8519996

 $00:25:51.284 \longrightarrow 00:25:53.469$ back to the rest of this party.

NOTE Confidence: 0.8519996

 $00:25:53.470 \longrightarrow 00:25:55.999$ And how do we make the rest of this

NOTE Confidence: 0.8519996

00:25:55.999 --> 00:25:57.580 garden flourish? Shouldn't really?

NOTE Confidence: 0.8519996

 $00:25:57.580 \longrightarrow 00:25:59.785$ How do we make the soil inhospitable

NOTE Confidence: 0.8519996

 $00:25:59.790 \longrightarrow 00:26:00.741$ to more weeds?

NOTE Confidence: 0.8519996

 $00:26:00.741 \longrightarrow 00:26:03.732$ So how do we even kill the weed without

NOTE Confidence: 0.8519996

 $00:26:03.732 \longrightarrow 00:26:05.577$ necessarily focusing on the weed itself?

NOTE Confidence: 0.8519996

 $00:26:05.580 \longrightarrow 00:26:08.980$ And we want to build that for you.

NOTE Confidence: 0.8519996

 $00:26:08.980 \longrightarrow 00:26:10.365$ And if that metaphor didn't

NOTE Confidence: 0.8519996

00:26:10.365 --> 00:26:11.196 really capture you,

NOTE Confidence: 0.8519996

00:26:11.200 --> 00:26:13.139 you know I can put it simply.

NOTE Confidence: 0.8519996

 $00:26:13.140 \longrightarrow 00:26:15.428$ It's really the best of what kept people

NOTE Confidence: 0.8519996

 $00:26:15.428 \longrightarrow 00:26:17.671$ well for thousands of years combined with

00:26:17.671 --> 00:26:20.280 the best of what keeps people well now.

NOTE Confidence: 0.8519996

 $00{:}26{:}20.280 \dashrightarrow 00{:}26{:}22.744$ It's really about making you feel better,

NOTE Confidence: 0.8519996

 $00:26:22.750 \longrightarrow 00:26:25.222$ whatever that might mean for you, Ann.

NOTE Confidence: 0.8519996

 $00:26:25.222 \longrightarrow 00:26:27.686$ It's about meeting you where you are.

NOTE Confidence: 0.8519996

 $00:26:27.690 \longrightarrow 00:26:29.902$ We have a huge toolbox to pull

NOTE Confidence: 0.8519996

 $00:26:29.902 \longrightarrow 00:26:32.279$ from and so for some patients,

NOTE Confidence: 0.8519996

 $00:26:32.280 \longrightarrow 00:26:34.045$ that might mean yoga and

NOTE Confidence: 0.8519996

 $00:26:34.045 \longrightarrow 00:26:35.810$ meditation and for other patients,

NOTE Confidence: 0.8519996

 $00{:}26{:}35.810 \dashrightarrow 00{:}26{:}37.928$ that might mean nutrition and fitness.

NOTE Confidence: 0.8519996

 $00:26:37.930 \longrightarrow 00:26:41.898$ But we're here to support all of that.

NOTE Confidence: 0.8519996

 $00:26:41.900 \longrightarrow 00:26:43.994$ Just want to go over some definitions

NOTE Confidence: 0.8519996

 $00:26:43.994 \longrightarrow 00:26:45.900$ because we're not an alternative.

NOTE Confidence: 0.8519996

 $00:26:45.900 \longrightarrow 00:26:47.985$ We're not alternative medicine and

NOTE Confidence: 0.8519996

 $00:26:47.985 \longrightarrow 00:26:50.434$ alternative medicine is really when you

NOTE Confidence: 0.8519996

 $00:26:50.434 \longrightarrow 00:26:52.866$ use a non mainstream practice in place of.

NOTE Confidence: 0.8519996

 $00:26:52.870 \longrightarrow 00:26:54.316$ Your conventional therapy.

 $00:26:54.316 \longrightarrow 00:26:56.726$ And we don't really consider

NOTE Confidence: 0.8519996

 $00{:}26{:}56.726 \dashrightarrow 00{:}26{:}58.768$ ourselves a compliment because

NOTE Confidence: 0.8519996

 $00:26:58.768 \longrightarrow 00:27:01.786$ compliment is is simply a compliment.

NOTE Confidence: 0.8519996

 $00:27:01.790 \longrightarrow 00:27:02.993$ A little addition.

NOTE Confidence: 0.8519996

 $00:27:02.993 \longrightarrow 00:27:04.998$ What integrative medicine is really

NOTE Confidence: 0.8519996

 $00:27:04.998 \longrightarrow 00:27:07.306$ about is bringing together these

NOTE Confidence: 0.8519996

00:27:07.306 --> 00:27:09.218 conventional therapies that you're

NOTE Confidence: 0.8519996

00:27:09.218 --> 00:27:11.198 getting with the complementary

NOTE Confidence: 0.8519996

 $00:27:11.198 \longrightarrow 00:27:13.588$ therapies in a coordinated way,

NOTE Confidence: 0.8519996

 $00{:}27{:}13.590 \dashrightarrow 00{:}27{:}16.880$ and our role in our Department is

NOTE Confidence: 0.8519996

 $00{:}27{:}16.880 \rightarrow 00{:}27{:}19.039$ about coordinating that for you.

NOTE Confidence: 0.86979026

 $00:27:21.810 \longrightarrow 00:27:23.336$ And so some of the modalities that

NOTE Confidence: 0.86979026

 $00{:}27{:}23.336 \dashrightarrow 00{:}27{:}24.380$ fall into integrative medicine,

NOTE Confidence: 0.86979026

 $00{:}27{:}24.380 \dashrightarrow 00{:}27{:}26.228$ and some of these may be familiar to

NOTE Confidence: 0.86979026

00:27:26.228 --> 00:27:29.340 some of you, and some of them may not be.

 $00:27:29.340 \longrightarrow 00:27:30.880$ Things like biologically or

NOTE Confidence: 0.86979026

 $00:27:30.880 \longrightarrow 00:27:32.035$ nutritionally based therapy.

NOTE Confidence: 0.86979026

 $00:27:32.040 \longrightarrow 00:27:33.960$ So that means diet, nutrition.

NOTE Confidence: 0.86979026

00:27:33.960 --> 00:27:36.600 It might mean vitamins and might

NOTE Confidence: 0.86979026

 $00:27:36.600 \longrightarrow 00:27:39.070$ be fitness and physical fitness.

NOTE Confidence: 0.86979026

00:27:39.070 --> 00:27:41.128 We have mind body interventions like

NOTE Confidence: 0.86979026

00:27:41.128 --> 00:27:43.280 meditation or yoga or biofeedback,

NOTE Confidence: 0.86979026

 $00:27:43.280 \longrightarrow 00:27:45.172$ and then there's manipulative

NOTE Confidence: 0.86979026

 $00{:}27{:}45.172 \dashrightarrow 00{:}27{:}47.537$ or biochemical therapies such as

NOTE Confidence: 0.86979026

 $00:27:47.537 \longrightarrow 00:27:49.968$ massage therapy which we offer here.

NOTE Confidence: 0.86979026

 $00:27:49.970 \longrightarrow 00:27:51.671$ And then you have a whole realm

NOTE Confidence: 0.86979026

00:27:51.671 --> 00:27:53.559 of energy or spiritual practices,

NOTE Confidence: 0.86979026

 $00:27:53.560 \longrightarrow 00:27:55.471$ and so that may mean connecting with

NOTE Confidence: 0.86979026

00:27:55.471 --> 00:27:57.739 your religion or connecting with your faith,

NOTE Confidence: 0.86979026

00:27:57.740 --> 00:28:00.386 or it may mean something like Reiki.

NOTE Confidence: 0.86979026

00:28:00.386 --> 00:28:02.616 And then there's entire alternative

 $00{:}28{:}02.616 \dashrightarrow 00{:}28{:}04.686$ medical systems which we don't.

NOTE Confidence: 0.86979026

 $00:28:04.690 \longrightarrow 00:28:05.410$ Take part in,

NOTE Confidence: 0.86979026

 $00:28:05.410 \longrightarrow 00:28:07.090$ but we pull from and we bring

NOTE Confidence: 0.86979026

 $00:28:07.151 \longrightarrow 00:28:08.267$ them into your care.

NOTE Confidence: 0.86604637

 $00:28:12.020 \longrightarrow 00:28:14.588$ And so this is our absolutely

NOTE Confidence: 0.86604637

 $00:28:14.588 \longrightarrow 00:28:16.300$ incredible team of practitioners.

NOTE Confidence: 0.86604637

 $00:28:16.300 \longrightarrow 00:28:18.008$ We have massage therapists.

NOTE Confidence: 0.86604637

 $00{:}28{:}18.008 \dashrightarrow 00{:}28{:}19.716$ We have yoga practitioners.

NOTE Confidence: 0.86604637

00:28:19.720 --> 00:28:22.240 We have Reiki people trained

NOTE Confidence: 0.86604637

 $00:28:22.240 \longrightarrow 00:28:24.256$ in Reiki and meditation.

NOTE Confidence: 0.86604637

 $00{:}28{:}24.260 \dashrightarrow 00{:}28{:}27.844$ Guennol to help you through your journey.

NOTE Confidence: 0.86604637

 $00:28:27.850 \longrightarrow 00:28:29.480$ So what do we offer?

NOTE Confidence: 0.86604637

 $00{:}28{:}29.480 \dashrightarrow 00{:}28{:}31.456$ One of the one of the great things

NOTE Confidence: 0.86604637

 $00:28:31.456 \longrightarrow 00:28:33.521$ that we offer is oncology massage

NOTE Confidence: 0.86604637

00:28:33.521 --> 00:28:35.406 and this is really specialized

00:28:35.406 --> 00:28:37.548 massage therapy that's focused on the

NOTE Confidence: 0.86604637

 $00{:}28{:}37.548 \dashrightarrow 00{:}28{:}39.633$ patient who is going through cancer.

NOTE Confidence: 0.86604637

 $00:28:39.633 \longrightarrow 00:28:41.871$ We offer this impatient and outpatient

NOTE Confidence: 0.86604637

 $00:28:41.871 \longrightarrow 00:28:44.548$ and spin shown to improve side effects

NOTE Confidence: 0.86604637

00:28:44.548 --> 00:28:46.786 of chemotherapy but also reduce pain,

NOTE Confidence: 0.86604637

 $00{:}28{:}46.790 \dashrightarrow 00{:}28{:}48.836$ promote relaxation and boost your mood.

NOTE Confidence: 0.86604637

 $00{:}28{:}48.840 \dashrightarrow 00{:}28{:}51.920$ I always feel better after I get a massage.

NOTE Confidence: 0.8412244

 $00:28:54.020 \longrightarrow 00:28:55.725$ Reiki so this is a light

NOTE Confidence: 0.8412244

 $00{:}28{:}55.725 \dashrightarrow 00{:}28{:}57.090$ touching the rapy or even a

NOTE Confidence: 0.8412244

00:28:57.153 --> 00:28:59.701 non touch therapy that comes from the

NOTE Confidence: 0.8412244

 $00{:}28{:}59.701 \dashrightarrow 00{:}29{:}01.585$ Japanese tradition and it promotes

NOTE Confidence: 0.8412244

 $00:29:01.585 \longrightarrow 00:29:03.405$ relaxation and stress reduction and

NOTE Confidence: 0.8412244

 $00:29:03.405 \longrightarrow 00:29:05.848$ this is also something that we offer.

NOTE Confidence: 0.8481768

00:29:08.740 --> 00:29:11.580 Dana Brewer, who is part of our team,

NOTE Confidence: 0.8481768

 $00:29:11.580 \longrightarrow 00:29:13.730$ has created this beautiful and

NOTE Confidence: 0.8481768

 $00:29:13.730 \longrightarrow 00:29:15.450$ robust creative expressions program

 $00:29:15.450 \longrightarrow 00:29:17.626$ an I would urge you after we're

NOTE Confidence: 0.8481768

 $00{:}29{:}17.626 \dashrightarrow 00{:}29{:}19.748$ done today to go look up smilow,

NOTE Confidence: 0.8481768

 $00:29:19.750 \longrightarrow 00:29:20.851$ Hartson Smiler Rocks,

NOTE Confidence: 0.8481768

 $00:29:20.851 \longrightarrow 00:29:23.053$ which are some of the projects

NOTE Confidence: 0.8481768

 $00{:}29{:}23.053 \dashrightarrow 00{:}29{:}25.426$ that she's done and what these are.

NOTE Confidence: 0.8481768

00:29:25.430 --> 00:29:27.200 Are you know, collaborative installations,

NOTE Confidence: 0.8481768

00:29:27.200 --> 00:29:29.900 group projects where patients or doctors

NOTE Confidence: 0.8481768

 $00:29:29.900 \longrightarrow 00:29:33.150$ all come together and participate in some

NOTE Confidence: 0.8481768

 $00{:}29{:}33.150 \dashrightarrow 00{:}29{:}35.904$ form of creativity or art expression.

NOTE Confidence: 0.8481768

00:29:35.910 --> 00:29:37.378 What we've done beautifully,

NOTE Confidence: 0.8481768

 $00:29:37.378 \longrightarrow 00:29:39.850$ and I can't take credit for it.

NOTE Confidence: 0.8481768

 $00{:}29{:}39.850 \dashrightarrow 00{:}29{:}41.914$ But we've really pivoted quite well

NOTE Confidence: 0.8481768

 $00{:}29{:}41.914 \dashrightarrow 00{:}29{:}43.790$ with covid towards virtual classes,

NOTE Confidence: 0.8481768

 $00{:}29{:}43.790 \dashrightarrow 00{:}29{:}46.571$ and we have a whole slew of live online

NOTE Confidence: 0.8481768

 $00:29:46.571 \longrightarrow 00:29:48.798$ classes offered throughout the week.

 $00:29:48.800 \longrightarrow 00:29:51.520$ And then we have a big giant video

NOTE Confidence: 0.8481768

 $00{:}29{:}51.520 \dashrightarrow 00{:}29{:}53.449$ archive that's available to you,

NOTE Confidence: 0.8481768

 $00:29:53.450 \longrightarrow 00:29:55.598$ free of cost at all times.

NOTE Confidence: 0.8481768

 $00:29:55.600 \longrightarrow 00:29:58.106$ Some of the classes that we offer,

NOTE Confidence: 0.8481768

00:29:58.110 --> 00:29:59.502 gentle yoga, restorative yoga,

NOTE Confidence: 0.8481768

00:29:59.502 --> 00:30:01.590 and that's more about sitting and

NOTE Confidence: 0.8481768

 $00:30:01.651 \longrightarrow 00:30:03.829$ relaxing poses for extended period time.

NOTE Confidence: 0.8481768

 $00:30:03.830 \longrightarrow 00:30:05.178$ We offer Tai Chi,

NOTE Confidence: 0.8481768

 $00:30:05.178 \dashrightarrow 00:30:08.250$ which you can see on the upper right.

NOTE Confidence: 0.8481768

 $00:30:08.250 \longrightarrow 00:30:11.202$ Of the screen, which is a martial art

NOTE Confidence: 0.8481768

 $00{:}30{:}11.202 \dashrightarrow 00{:}30{:}14.518$ and it's based in the Chinese tradition.

NOTE Confidence: 0.8481768

 $00:30:14.520 \longrightarrow 00:30:16.722$ We offer also offer a bunch

NOTE Confidence: 0.8481768

00:30:16.722 --> 00:30:17.823 of meditation opportunities,

NOTE Confidence: 0.8481768

 $00:30:17.830 \longrightarrow 00:30:19.705$ so whether that's guided meditation

NOTE Confidence: 0.8481768

00:30:19.705 --> 00:30:21.997 or beginners class or we also

NOTE Confidence: 0.8481768

 $00:30:21.997 \longrightarrow 00:30:24.085$ offer phone meditation one on one,

 $00:30:24.090 \longrightarrow 00:30:26.546$ the most important thing that you know is

NOTE Confidence: 0.8481768

 $00:30:26.546 \longrightarrow 00:30:29.238$ that no previous experience is required.

NOTE Confidence: 0.8481768

 $00:30:29.240 \longrightarrow 00:30:29.976$ All bodies,

NOTE Confidence: 0.8481768

 $00:30:29.976 \longrightarrow 00:30:30.712$ all types,

NOTE Confidence: 0.8481768

 $00:30:30.712 \longrightarrow 00:30:31.448$ all abilities,

NOTE Confidence: 0.8481768

 $00:30:31.450 \longrightarrow 00:30:33.963$ they are welcome and we really think

NOTE Confidence: 0.8481768

 $00:30:33.963 \longrightarrow 00:30:36.579$ that every person at every level of

NOTE Confidence: 0.8481768

 $00:30:36.579 \longrightarrow 00:30:39.180$ experience could get something out of this.

NOTE Confidence: 0.8800959

 $00:30:41.860 \longrightarrow 00:30:43.888$ And then finally we offer an

NOTE Confidence: 0.8800959

 $00:30:43.888 \longrightarrow 00:30:44.902$ integrative medicine consultation,

NOTE Confidence: 0.8800959

 $00:30:44.910 \dashrightarrow 00:30:47.952$ and that's a one on one appointment with me.

NOTE Confidence: 0.8800959

 $00:30:47.960 \longrightarrow 00:30:49.660$ And together, you and I,

NOTE Confidence: 0.8800959

00:30:49.660 --> 00:30:51.350 we create a comprehensive plan

NOTE Confidence: 0.8800959

 $00:30:51.350 \longrightarrow 00:30:52.702$ that involves your nutrition,

NOTE Confidence: 0.8800959

 $00:30:52.710 \longrightarrow 00:30:53.724$ your physical fitness.

 $00:30:53.724 \longrightarrow 00:30:55.760$ We think about mind, body modalities

NOTE Confidence: 0.8800959

 $00{:}30{:}55.760 \dashrightarrow 00{:}30{:}57.120$ and learning meditation practices.

NOTE Confidence: 0.8800959

00:30:57.120 --> 00:30:58.810 We talk about your spirituality,

NOTE Confidence: 0.8800959

 $00:30:58.810 \longrightarrow 00:31:00.985$ your religion and how that

NOTE Confidence: 0.8800959

 $00:31:00.985 \longrightarrow 00:31:02.725$ plays into your care.

NOTE Confidence: 0.8800959

 $00:31:02.730 \longrightarrow 00:31:04.014$ What we've also created,

NOTE Confidence: 0.8800959

 $00:31:04.014 \longrightarrow 00:31:05.940$ which is really exciting and new,

NOTE Confidence: 0.8800959

 $00:31:05.940 \longrightarrow 00:31:07.774$ is for those patients who feel the

NOTE Confidence: 0.8800959

 $00{:}31{:}07.774 \dashrightarrow 00{:}31{:}10.170$ need to be on lots of supplements

NOTE Confidence: 0.8800959

 $00:31:10.170 \longrightarrow 00:31:11.714$ during their cancer treatment.

NOTE Confidence: 0.8800959

 $00{:}31{:}11.720 \dashrightarrow 00{:}31{:}13.270$ We're working with the pharmacist

NOTE Confidence: 0.8800959

 $00:31:13.270 \longrightarrow 00:31:15.452$ and a dietitian to make sure that

NOTE Confidence: 0.8800959

 $00:31:15.452 \longrightarrow 00:31:16.892$ those supplements are safe and

NOTE Confidence: 0.8800959

 $00:31:16.892 \longrightarrow 00:31:18.873$ not going to interact with your

NOTE Confidence: 0.8800959

 $00:31:18.873 \longrightarrow 00:31:20.285$ chemotherapy or other medications

NOTE Confidence: 0.8800959

 $00:31:20.285 \longrightarrow 00:31:21.990$ that you may be taking.

00:31:24.280 --> 00:31:26.746 So how do you stay in touch with us?

NOTE Confidence: 0.85273415

00:31:26.750 --> 00:31:28.934 How do you stay on top of things?

NOTE Confidence: 0.85273415

 $00:31:28.940 \longrightarrow 00:31:30.956$ Well, we offer a weekly email that updates

NOTE Confidence: 0.85273415

 $00{:}31{:}30.956 \dashrightarrow 00{:}31{:}33.316$ you on all the classes that were offering.

NOTE Confidence: 0.85273415

 $00:31:33.320 \longrightarrow 00:31:35.516$ We also again have this wonderful

NOTE Confidence: 0.85273415

00:31:35.516 --> 00:31:37.964 video archive an you can reach out

NOTE Confidence: 0.85273415

 $00:31:37.964 \longrightarrow 00:31:40.099$ to us and useless emails on top

NOTE Confidence: 0.85273415

 $00{:}31{:}40.167 \dashrightarrow 00{:}31{:}42.535$ there and I'll leave it at the end.

NOTE Confidence: 0.85273415

 $00{:}31{:}42.540 \dashrightarrow 00{:}31{:}44.430$ Ann to get a consultation with me.

NOTE Confidence: 0.85273415

00:31:44.430 --> 00:31:46.050 I always ask that you talk

NOTE Confidence: 0.85273415

 $00:31:46.050 \longrightarrow 00:31:47.130$ to your provider first.

NOTE Confidence: 0.85273415

00:31:47.130 --> 00:31:49.020 But if you want to call directly,

NOTE Confidence: 0.85273415

 $00:31:49.020 \longrightarrow 00:31:50.838$ the phone number is there and

NOTE Confidence: 0.85273415

 $00:31:50.838 \longrightarrow 00:31:52.875$ we have lots of virtual events

NOTE Confidence: 0.85273415

 $00:31:52.875 \longrightarrow 00:31:55.143$ that are available to you and.

00:31:55.150 --> 00:31:57.110 That's it, so thank you so much

NOTE Confidence: 0.85273415

 $00:31:57.110 \longrightarrow 00:31:59.200$ again for for giving me the time.

NOTE Confidence: 0.85273415

 $00:31:59.200 \longrightarrow 00:32:01.496$ I hope we can really contribute in a

NOTE Confidence: 0.85273415

 $00:32:01.496 \longrightarrow 00:32:03.816$ meaningful way to the journey that you're on.

NOTE Confidence: 0.85273415

 $00:32:03.820 \longrightarrow 00:32:04.400$ Thank you.

NOTE Confidence: 0.84793127

 $00{:}32{:}10.930 \dashrightarrow 00{:}32{:}12.535$ Thank you Doctor Software that

NOTE Confidence: 0.84793127

 $00:32:12.535 \longrightarrow 00:32:14.820$ was an amazing set of offerings.

NOTE Confidence: 0.84793127

 $00:32:14.820 \longrightarrow 00:32:16.926$ I know there are lots of

NOTE Confidence: 0.84793127

 $00:32:16.926 \longrightarrow 00:32:18.720$ questions for all of you,

NOTE Confidence: 0.84793127

 $00:32:18.720 \longrightarrow 00:32:20.724$ and they were also questions and

NOTE Confidence: 0.84793127

 $00:32:20.724 \longrightarrow 00:32:22.969$ earlier to Renee by our patients.

NOTE Confidence: 0.84793127

 $00:32:22.970 \longrightarrow 00:32:24.740$ I'm gonna sort of probably

NOTE Confidence: 0.84793127

 $00:32:24.740 \longrightarrow 00:32:26.510$ ask all of our panelists,

NOTE Confidence: 0.84793127

 $00:32:26.510 \longrightarrow 00:32:28.525$ including Doctor You who's joining

NOTE Confidence: 0.84793127

 $00:32:28.525 \longrightarrow 00:32:30.137$ us from radiation Oncology

NOTE Confidence: 0.84793127

00:32:30.137 --> 00:32:32.313 and perhaps we can give us an

00:32:32.313 --> 00:32:34.243 update on the recent news around

NOTE Confidence: 0.84793127

 $00:32:34.243 \longrightarrow 00:32:36.058$ elector so Doctor Balls Sack.

NOTE Confidence: 0.84793127

00:32:36.060 --> 00:32:38.273 I think we're starting with you

NOTE Confidence: 0.84793127

 $00:32:38.273 \longrightarrow 00:32:40.940$ first and there's a question up here.

NOTE Confidence: 0.84793127

 $00:32:40.940 \longrightarrow 00:32:42.800$ The CDC today announced relaxing

NOTE Confidence: 0.84793127

00:32:42.800 --> 00:32:44.660 indoor masking as you mentioned,

NOTE Confidence: 0.84793127

 $00:32:44.660 \longrightarrow 00:32:46.916$ and Governor Lamont says the state

NOTE Confidence: 0.84793127

00:32:46.916 --> 00:32:49.119 will follow suit on May 19th.

NOTE Confidence: 0.84793127

00:32:49.120 --> 00:32:51.352 How is the health system planning

NOTE Confidence: 0.84793127

 $00:32:51.352 \longrightarrow 00:32:52.468$ on managing that?

NOTE Confidence: 0.84793127

 $00:32:52.470 \longrightarrow 00:32:54.330$ You didn't think you were

NOTE Confidence: 0.86831236

 $00:32:54.330 \longrightarrow 00:32:56.562$ going to get off easy to night

NOTE Confidence: 0.86831236

 $00{:}32{:}56.562 \dashrightarrow 00{:}32{:}58.760$ where you certainly not. You know.

NOTE Confidence: 0.86831236

00:32:58.760 --> 00:33:02.140 I think that as I've said as I said,

NOTE Confidence: 0.86831236

 $00:33:02.140 \longrightarrow 00:33:03.696$ a few moments ago,

 $00:33:03.696 \longrightarrow 00:33:06.030$ you know the information has really

NOTE Confidence: 0.86831236

 $00:33:06.103 \longrightarrow 00:33:08.875$ evolved on every level for every aspect

NOTE Confidence: 0.86831236

 $00{:}33{:}08.875 \dashrightarrow 00{:}33{:}11.649$ of the pandemic and it will continue.

NOTE Confidence: 0.86831236

 $00:33:11.650 \longrightarrow 00:33:15.941$ To evolve and what we saw today

NOTE Confidence: 0.86831236

 $00{:}33{:}15.941 \dashrightarrow 00{:}33{:}19.584$ was Doctor Wolenski at the CDC

NOTE Confidence: 0.86831236

 $00:33:19.584 \longrightarrow 00:33:22.950$ has given the entire country A.

NOTE Confidence: 0.86831236

 $00:33:22.950 \longrightarrow 00:33:25.000$ Benefit if you are vaccinated.

NOTE Confidence: 0.86831236

00:33:25.000 --> 00:33:27.040 However, in a healthcare environment,

NOTE Confidence: 0.86831236

 $00:33:27.040 \longrightarrow 00:33:29.090$ that benefit does not apply,

NOTE Confidence: 0.86831236

 $00:33:29.090 \longrightarrow 00:33:31.130$ so she was very clear.

NOTE Confidence: 0.86831236

 $00{:}33{:}31.130 \dashrightarrow 00{:}33{:}32.770$ Doctor Willensky was very clear

NOTE Confidence: 0.86831236

 $00:33:32.770 \longrightarrow 00:33:35.037$ to say that this mask mandate

NOTE Confidence: 0.86831236

 $00:33:35.037 \longrightarrow 00:33:37.269$ continues in healthcare environments.

NOTE Confidence: 0.86831236

 $00:33:37.270 \longrightarrow 00:33:40.118$ So that means for all of us who

NOTE Confidence: 0.86831236

00:33:40.118 --> 00:33:43.088 work there and it means for patients

NOTE Confidence: 0.86831236

 $00:33:43.088 \longrightarrow 00:33:45.850$ and visitors if they come there.

00:33:45.850 --> 00:33:48.554 I don't think it's I think it's going

NOTE Confidence: 0.86831236

00:33:48.554 --> 00:33:51.989 to be sometime before that gets relaxed,

NOTE Confidence: 0.86831236

 $00:33:51.990 \longrightarrow 00:33:52.736$ even though.

NOTE Confidence: 0.86831236

 $00:33:52.736 \longrightarrow 00:33:55.347$ We are some the staff that is

NOTE Confidence: 0.86831236

 $00:33:55.347 \longrightarrow 00:33:57.985$ employees and medical staff are some

NOTE Confidence: 0.86831236

 $00:33:57.985 \longrightarrow 00:34:00.175$ of the most vaccinated individuals

NOTE Confidence: 0.86831236

 $00:34:00.247 \longrightarrow 00:34:02.507$ or highest density of vaccinated

NOTE Confidence: 0.86831236

00:34:02.507 --> 00:34:05.156 individuals in the world right now.

NOTE Confidence: 0.86831236

 $00:34:05.156 \longrightarrow 00:34:07.472$ But still because the fact that

NOTE Confidence: 0.86831236

 $00:34:07.472 \longrightarrow 00:34:09.762$ there are patients among us in

NOTE Confidence: 0.86831236

 $00:34:09.762 \longrightarrow 00:34:11.868$ the possibility of spread and the

NOTE Confidence: 0.86831236

00:34:11.868 --> 00:34:14.264 fact that there are vulnerable

NOTE Confidence: 0.86831236

 $00{:}34{:}14.264 \dashrightarrow 00{:}34{:}16.724$ individuals because of the immune

NOTE Confidence: 0.86831236

 $00:34:16.724 \longrightarrow 00:34:19.152$ modulation and other things that

NOTE Confidence: 0.86831236

 $00:34:19.152 \longrightarrow 00:34:21.084$ Doctor Billingsley mentioned will

 $00:34:21.084 \longrightarrow 00:34:23.140$ continue to have the mask.

NOTE Confidence: 0.86831236

 $00{:}34{:}23.140 --> 00{:}34{:}24.440 \ {\rm Wearing \ required}$

NOTE Confidence: 0.84694105

 $00{:}34{:}26.620 {\:\dashrightarrow\:} 00{:}34{:}29.164$ thank you. Doctor Balls Sack a as you

NOTE Confidence: 0.84694105

00:34:29.164 --> 00:34:31.432 mentioned it is a complex but evolving

NOTE Confidence: 0.84694105

 $00:34:31.432 \longrightarrow 00:34:34.397$ equation and I know you keep us informed.

NOTE Confidence: 0.84694105

00:34:34.400 --> 00:34:36.838 Doctor Billingslea I have a question for you.

NOTE Confidence: 0.84694105

 $00:34:36.838 \longrightarrow 00:34:38.830$ I think this is around a vaccination in

NOTE Confidence: 0.84694105

 $00:34:38.884 \longrightarrow 00:34:41.344$ this patient asked I'm most comfortable

NOTE Confidence: 0.84694105

 $00:34:41.344 \longrightarrow 00:34:42.984$ being administered administered vaccine

NOTE Confidence: 0.84694105

 $00:34:43.038 \longrightarrow 00:34:45.086$ through my smilow care team as they

NOTE Confidence: 0.84694105

 $00{:}34{:}45.086 \dashrightarrow 00{:}34{:}47.360$ best know me and my treatment plan.

NOTE Confidence: 0.84694105

 $00:34:47.360 \longrightarrow 00:34:50.104$ Will this be an option so I presume

NOTE Confidence: 0.84694105

 $00:34:50.104 \longrightarrow 00:34:52.700$ they mean if they come in for

NOTE Confidence: 0.84694105

 $00{:}34{:}52.700 \dashrightarrow 00{:}34{:}55.054$ their treatment can they get their

NOTE Confidence: 0.84694105

 $00:34:55.054 \longrightarrow 00:34:57.710$ vaccination at the same time? That's

NOTE Confidence: 0.88757783

 $00:34:57.710 \longrightarrow 00:35:00.699$ a. That's a great treatment are great,

 $00:35:00.700 \longrightarrow 00:35:03.155$ great question and an appropriate

NOTE Confidence: 0.88757783

 $00{:}35{:}03.155 \dashrightarrow 00{:}35{:}05.119$ question regarding integration and

NOTE Confidence: 0.88757783

 $00:35:05.119 \longrightarrow 00:35:06.840$ vaccination with the treatment.

NOTE Confidence: 0.88757783

 $00:35:06.840 \longrightarrow 00:35:09.983$ I will. Explain that we have been

NOTE Confidence: 0.88757783

 $00:35:09.983 \longrightarrow 00:35:13.198$ partnering with all of the vaccination

NOTE Confidence: 0.88757783

00:35:13.198 --> 00:35:15.570 sites established through the

NOTE Confidence: 0.88757783

 $00:35:15.570 \longrightarrow 00:35:19.110$ healthcare system and were we are

NOTE Confidence: 0.88757783

 $00{:}35{:}19.110 \dashrightarrow 00{:}35{:}21.338$ actually encouraging our patients.

NOTE Confidence: 0.88757783

 $00{:}35{:}21.340 \dashrightarrow 00{:}35{:}24.870$ To get their vaccination at

NOTE Confidence: 0.88757783

 $00{:}35{:}24.870 \dashrightarrow 00{:}35{:}27.694$ the standard vaccination sites.

NOTE Confidence: 0.88757783

 $00{:}35{:}27.700 \dashrightarrow 00{:}35{:}30.796$ And we recognize the fact that in some

NOTE Confidence: 0.88757783

 $00:35:30.796 \longrightarrow 00:35:34.037$ ways that is less convenient than coming

NOTE Confidence: 0.88757783

 $00{:}35{:}34.037 \dashrightarrow 00{:}35{:}37.229$ to their traditional site of care and.

NOTE Confidence: 0.88757783

 $00:35:37.230 \longrightarrow 00:35:39.282$ We like the fact that people

NOTE Confidence: 0.88757783

00:35:39.282 --> 00:35:41.180 feel comfortable in our sights.

 $00:35:41.180 \longrightarrow 00:35:44.140$ But one of the things that we are

NOTE Confidence: 0.88757783

 $00{:}35{:}44.140 \dashrightarrow 00{:}35{:}47.292$ working to to do is continue to keep

NOTE Confidence: 0.88757783

 $00{:}35{:}47.292 \dashrightarrow 00{:}35{:}50.014$ our patients as safe as possible and

NOTE Confidence: 0.88757783

 $00:35:50.014 \longrightarrow 00:35:53.100$ kind of keep the flow of UN vaccinated

NOTE Confidence: 0.88757783

 $00{:}35{:}53.100 \dashrightarrow 00{:}35{:}55.850$ individuals as low as possible

NOTE Confidence: 0.88757783

 $00{:}35{:}55.850 \dashrightarrow 00{:}35{:}58.630$ through our clinical care sites.

NOTE Confidence: 0.88757783

 $00:35:58.630 \longrightarrow 00:36:01.577$ Our teams are available available to you,

NOTE Confidence: 0.88757783

 $00:36:01.580 \longrightarrow 00:36:01.952$ however,

NOTE Confidence: 0.88757783

 $00:36:01.952 \longrightarrow 00:36:04.184$ to help you find a convenient

NOTE Confidence: 0.88757783

 $00:36:04.184 \longrightarrow 00:36:06.230$ site for your vaccination.

NOTE Confidence: 0.8613675

 $00:36:07.860 \longrightarrow 00:36:09.290$ Kevin, just hold on there.

NOTE Confidence: 0.8613675

 $00{:}36{:}09.290 \dashrightarrow 00{:}36{:}10.790$ I think you just gotta comment

NOTE Confidence: 0.8613675

 $00:36:10.790 \longrightarrow 00:36:12.172$ that going to a vaccination

NOTE Confidence: 0.8613675

 $00{:}36{:}12.172 \dashrightarrow 00{:}36{:}14.128$ site puts the patient at risk.

NOTE Confidence: 0.8613675

 $00:36:14.130 \longrightarrow 00:36:15.840$ How do we respond to that?

NOTE Confidence: 0.8942419

 $00:36:17.480 \longrightarrow 00:36:19.142$ You know I am.

 $00:36:19.142 \longrightarrow 00:36:22.498$ I I know that that is a concern.

NOTE Confidence: 0.8942419

 $00:36:22.500 \longrightarrow 00:36:24.648$ I think most of the vaccination

NOTE Confidence: 0.8942419

 $00:36:24.648 \longrightarrow 00:36:27.274$ sites are at least those in our

NOTE Confidence: 0.8942419

 $00:36:27.274 \longrightarrow 00:36:29.506$ system are using all of the

NOTE Confidence: 0.8942419

 $00:36:29.506 \longrightarrow 00:36:31.356$ appropriate precautions to keep

NOTE Confidence: 0.8942419

 $00:36:31.356 \longrightarrow 00:36:33.686$ every individual coming through the

NOTE Confidence: 0.8942419

 $00:36:33.686 \longrightarrow 00:36:37.350$ site safe and secure and they have.

NOTE Confidence: 0.8942419

 $00{:}36{:}37.350 \dashrightarrow 00{:}36{:}39.555$ Good protocols and practices and

NOTE Confidence: 0.8942419

 $00{:}36{:}39.555 \dashrightarrow 00{:}36{:}42.550$ infrastructure set up to be debt. I'm

NOTE Confidence: 0.8472808

 $00{:}36{:}42.550 \dashrightarrow 00{:}36{:}44.916$ gonna reiterate that I think Doctor Ballsack

NOTE Confidence: 0.8472808

00:36:44.916 --> 00:36:46.662 started the evening commenting around

NOTE Confidence: 0.8472808

 $00:36:46.662 \longrightarrow 00:36:49.007$ the euphoria around going to the sites,

NOTE Confidence: 0.8472808

 $00:36:49.010 \longrightarrow 00:36:51.390$ but also the community and how everyone

NOTE Confidence: 0.8472808

 $00:36:51.390 \longrightarrow 00:36:53.402$ looks out and keeps people safe.

NOTE Confidence: 0.8472808

00:36:53.402 --> 00:36:56.430 I had taken my family members to be sites

 $00:36:56.430 \longrightarrow 00:36:58.866$ and I found the same feeling there.

NOTE Confidence: 0.8472808

 $00:36:58.870 \longrightarrow 00:36:59.550$ Absolutely wonderful.

NOTE Confidence: 0.8472808

 $00:36:59.550 \longrightarrow 00:37:00.570$ It's the sterility.

NOTE Confidence: 0.8472808

 $00:37:00.570 \longrightarrow 00:37:02.950$ It's safe spaces so I think this

NOTE Confidence: 0.8472808

 $00:37:02.950 \longrightarrow 00:37:05.412$ this is the best we have sort of

NOTE Confidence: 0.8472808

 $00{:}37{:}05.412 \dashrightarrow 00{:}37{:}06.600$ delivering the vaccines given

NOTE Confidence: 0.8472808

 $00:37:06.662 \longrightarrow 00:37:08.592$ especially the precautions in handling

NOTE Confidence: 0.8472808

 $00:37:08.592 \longrightarrow 00:37:11.465$ that result where you had a lot of

NOTE Confidence: 0.8472808

 $00:37:11.465 \dashrightarrow 00:37:13.240$ questions around the services and.

NOTE Confidence: 0.8472808

 $00:37:13.240 \longrightarrow 00:37:15.784$ How do we get access to those services?

NOTE Confidence: 0.8472808

 $00{:}37{:}15.790 \dashrightarrow 00{:}37{:}18.044$ I think I'm seeing that question again

NOTE Confidence: 0.8472808

 $00:37:18.044 \longrightarrow 00:37:20.503$ and again and I know you had some

NOTE Confidence: 0.8472808

 $00:37:20.503 \longrightarrow 00:37:22.490$ of the comments around the website,

NOTE Confidence: 0.8472808

 $00:37:22.490 \longrightarrow 00:37:24.983$ but can you give a little bit more detail

NOTE Confidence: 0.8472808

 $00:37:24.983 \longrightarrow 00:37:27.909$ on how people can get access these services?

NOTE Confidence: 0.78397703

 $00:37:29.340 \longrightarrow 00:37:31.524$ Short, so really if you just

00:37:31.524 --> 00:37:32.980 Google smile integrative medicine,

NOTE Confidence: 0.78397703

 $00{:}37{:}32.980 \to 00{:}37{:}34.800$ it'll come right up and

NOTE Confidence: 0.78397703

 $00:37:34.800 \longrightarrow 00:37:36.620$ will be available to you.

NOTE Confidence: 0.78397703

 $00:37:36.620 \longrightarrow 00:37:38.440$ We also have Ellen here.

NOTE Confidence: 0.78397703

 $00:37:38.440 \longrightarrow 00:37:40.336$ Who's who's one of our yoga

NOTE Confidence: 0.78397703

 $00:37:40.336 \longrightarrow 00:37:42.513$ teachers and we have Michelle who's

NOTE Confidence: 0.78397703

 $00:37:42.513 \longrightarrow 00:37:44.628$ one of her massage therapists.

NOTE Confidence: 0.78397703

00:37:44.630 --> 00:37:47.890 Maybe they can offer something. Sure,

NOTE Confidence: 0.8687529

00:37:47.890 --> 00:37:49.480 Gary, thank you regarding massage.

NOTE Confidence: 0.8687529

00:37:49.480 --> 00:37:52.099 If you or a family member or an inpatient

NOTE Confidence: 0.8687529

 $00:37:52.099 \dashrightarrow 00:37:54.358$ you just ask somebody from your medical

NOTE Confidence: 0.8687529

 $00:37:54.358 \longrightarrow 00:37:56.788$ team to put a console to order.

NOTE Confidence: 0.8687529

 $00{:}37{:}56.790 \dashrightarrow 00{:}37{:}58.872$ It will come directly to our

NOTE Confidence: 0.8687529

 $00:37:58.872 \longrightarrow 00:38:00.604$ head coordinator and then we

NOTE Confidence: 0.8687529

 $00:38:00.604 \longrightarrow 00:38:02.515$ can get you set up for massage.

 $00:38:02.520 \longrightarrow 00:38:04.476$ If you're ambulatory you can come

NOTE Confidence: 0.8687529

 $00{:}38{:}04.476 \dashrightarrow 00{:}38{:}06.695$ into the York Street campus and do

NOTE Confidence: 0.8687529

 $00:38:06.695 \dashrightarrow 00:38:09.080$ that the same way we can schedule you

NOTE Confidence: 0.8687529

 $00:38:09.080 \longrightarrow 00:38:11.096$ an appointment for a table massage.

NOTE Confidence: 0.8687529

00:38:11.100 --> 00:38:13.501 So again, just ask somebody from your

NOTE Confidence: 0.8687529

00:38:13.501 --> 00:38:15.714 medical team for a konsult order and

NOTE Confidence: 0.8687529

 $00:38:15.714 \longrightarrow 00:38:18.240$ we can get that going fairly quickly.

NOTE Confidence: 0.8687529

 $00:38:18.240 \longrightarrow 00:38:21.026$ Anne Anne our online programs are available.

NOTE Confidence: 0.8687529

 $00{:}38{:}21.030 \dashrightarrow 00{:}38{:}24.150$ Either lied when we do them through our

NOTE Confidence: 0.8687529

 $00:38:24.150 \longrightarrow 00:38:27.385$ calendar or most of them are also recorded.

NOTE Confidence: 0.8687529

 $00:38:27.390 \longrightarrow 00:38:28.690$ So as Gary said,

NOTE Confidence: 0.8687529

00:38:28.690 --> 00:38:30.640 if you Google either Yale Cancer

NOTE Confidence: 0.8687529

 $00{:}38{:}30.710 \dashrightarrow 00{:}38{:}33.070$ Center Archive video archives or

NOTE Confidence: 0.8687529

 $00{:}38{:}33.070 \dashrightarrow 00{:}38{:}34.958$ or smilow integrative medicine,

NOTE Confidence: 0.8687529

 $00:38:34.960 \longrightarrow 00:38:37.342$ you'll find all of our online

NOTE Confidence: 0.8687529

 $00:38:37.342 \longrightarrow 00:38:38.533$ programs that way.

 $00:38:39.730 \longrightarrow 00:38:41.128$ In in Michelle, it sounds like

NOTE Confidence: 0.8605694

00:38:41.128 --> 00:38:42.440 you need a referral doctor,

NOTE Confidence: 0.8605694

 $00:38:42.440 \longrightarrow 00:38:44.155$ so for someone asked the same question,

NOTE Confidence: 0.8605694

 $00:38:44.160 \longrightarrow 00:38:45.642$ do they need a referral from

NOTE Confidence: 0.8605694

 $00:38:45.642 \longrightarrow 00:38:47.110$ their oncologist to get a console

NOTE Confidence: 0.889007888888889

00:38:47.110 --> 00:38:48.482 with you? Not necessarily,

NOTE Confidence: 0.889007888888889

 $00:38:48.482 \longrightarrow 00:38:51.435$ but but I think it's the best path

NOTE Confidence: 0.889007888888889

 $00:38:51.435 \dashrightarrow 00:38:53.907$ forward so we can work collaboratively.

NOTE Confidence: 0.77465916

 $00:38:57.450 \longrightarrow 00:38:59.809$ Thank you doctor. So Brenan cancer survivors

NOTE Confidence: 0.77465916

00:38:59.809 --> 00:39:02.400 can also come in right. It's not just

NOTE Confidence: 0.77465916

00:39:02.400 --> 00:39:04.050 recourse any any. Any current

NOTE Confidence: 0.77465916

 $00:39:04.050 \longrightarrow 00:39:05.700$ or previous patient of smile.

NOTE Confidence: 0.8372086

 $00:39:06.300 \longrightarrow 00:39:08.178$ Right, I think that analogy of

NOTE Confidence: 0.8372086

00:39:08.178 --> 00:39:09.799 the garden right bringing the

NOTE Confidence: 0.8372086

 $00:39:09.799 \longrightarrow 00:39:11.665$ healing garden that that was great,

 $00:39:11.670 \longrightarrow 00:39:14.126$ and I think a lot of people resonated

NOTE Confidence: 0.8372086

 $00:39{:}14.126 \dashrightarrow 00{:}39{:}16.734$ with that and Renee it typed in the

NOTE Confidence: 0.8372086

 $00:39:16.734 \dashrightarrow 00:39:18.938$ website address also on the chat box.

NOTE Confidence: 0.8372086

 $00:39:18.940 \longrightarrow 00:39:20.200$ So thank you, Renee.

NOTE Confidence: 0.8372086

 $00:39:20.200 \longrightarrow 00:39:22.096$ Just so as Doctor Sofer mentioned,

NOTE Confidence: 0.8372086

 $00:39:22.096 \dashrightarrow 00:39:24.626$ just type it in your favorite search engine,

NOTE Confidence: 0.8372086

 $00:39:24.630 \longrightarrow 00:39:25.575$ integrative medicine smilow

NOTE Confidence: 0.8372086

 $00:39:25.575 \longrightarrow 00:39:26.835$ and pops right up.

NOTE Confidence: 0.8372086

 $00{:}39{:}26.840 \longrightarrow 00{:}39{:}29.675$ So thank you for all that stuff to you.

NOTE Confidence: 0.8372086

 $00:39:29.680 \longrightarrow 00:39:30.944$ I want to break,

NOTE Confidence: 0.8372086

 $00:39:30.944 \longrightarrow 00:39:33.794$ come back to come to you and and maybe

NOTE Confidence: 0.8372086

 $00:39:33.794 \longrightarrow 00:39:36.930$ you can tell us one a little bit about.

NOTE Confidence: 0.8372086

 $00:39:36.930 \longrightarrow 00:39:38.880$ Under the Radiation oncology services,

NOTE Confidence: 0.8372086

 $00:39:38.880 \longrightarrow 00:39:40.917$ how they are in the system and

NOTE Confidence: 0.8372086

 $00:39:40.917 \longrightarrow 00:39:43.151$ are meant to really provide care

NOTE Confidence: 0.8372086

 $00:39:43.151 \longrightarrow 00:39:45.725$ patients to patients closest to home.

00:39:45.730 --> 00:39:47.692 So maybe you can give enlightened

NOTE Confidence: 0.8372086

00:39:47.692 --> 00:39:49.881 the patients a little bit about

NOTE Confidence: 0.8372086

 $00{:}39{:}49.881 \dashrightarrow 00{:}39{:}51.509$ the radiation oncology program.

NOTE Confidence: 0.8372086

 $00:39:52.430 \longrightarrow 00:39:54.590$ Sure.

NOTE Confidence: 0.84840435

00:39:54.590 --> 00:39:55.787 Well, radiation oncology

NOTE Confidence: 0.84840435

 $00:39:55.787 \longrightarrow 00:39:58.580$ is is one of the you know.

NOTE Confidence: 0.84840435

00:39:58.580 --> 00:40:01.868 Pillars of treatment with surgical oncology.

NOTE Confidence: 0.84840435

 $00:40:01.870 \longrightarrow 00:40:04.150$ Medical oncology, integrative medicine

NOTE Confidence: 0.84840435

 $00:40:04.150 \longrightarrow 00:40:09.189$ and we all work together as a team to

NOTE Confidence: 0.84840435

 $00:40:09.189 \longrightarrow 00:40:11.729$ treat patients who need radiotherapy.

NOTE Confidence: 0.84840435

 $00:40:11.730 \longrightarrow 00:40:15.930$ We have satellite locations as far South

NOTE Confidence: 0.84840435

 $00:40:15.930 \longrightarrow 00:40:19.947$ as Greenwich all the way up to water,

NOTE Confidence: 0.84840435

 $00:40:19.950 \longrightarrow 00:40:21.902$ furred, and we're traditionally.

NOTE Confidence: 0.84840435

 $00{:}40{:}21.902 \dashrightarrow 00{:}40{:}25.598$ Scene after a patient sees a medical

NOTE Confidence: 0.84840435

 $00:40:25.598 \longrightarrow 00:40:28.350$ oncologist or surgical oncologists.

 $00:40:28.350 \longrightarrow 00:40:30.876$ But in some situations were seen

NOTE Confidence: 0.84840435

 $00:40:30.876 \longrightarrow 00:40:33.202$ immediately at diagnosis for certain

NOTE Confidence: 0.84840435

00:40:33.202 --> 00:40:35.466 indications like prostate cancer,

NOTE Confidence: 0.84840435

 $00:40:35.470 \longrightarrow 00:40:37.546$ radiation oncology's made great

NOTE Confidence: 0.84840435

 $00:40:37.546 \longrightarrow 00:40:40.660$ strides over the last couple of

NOTE Confidence: 0.84840435

 $00:40:40.747 \longrightarrow 00:40:43.547$ decades and so it's become a very,

NOTE Confidence: 0.84840435

 $00:40:43.550 \longrightarrow 00:40:45.726$ very technologically advanced treatment

NOTE Confidence: 0.84840435

00:40:45.726 --> 00:40:50.483 that requires a big team and I'm happy to

NOTE Confidence: 0.84840435

 $00{:}40{:}50.483 \dashrightarrow 00{:}40{:}53.309$ take any questions about our Department.

NOTE Confidence: 0.84840435

 $00:40:53.310 \longrightarrow 00:40:55.536$ The challenges that we've been through and

NOTE Confidence: 0.84840435

 $00{:}40{:}55.536 \dashrightarrow 00{:}40{:}57.656$ the bright future that we have as well.

NOTE Confidence: 0.891485

00:40:59.180 --> 00:41:01.626 Thank you God for you, and I know that

NOTE Confidence: 0.891485

 $00:41:01.626 \longrightarrow 00:41:03.210$ recently there was some information in

NOTE Confidence: 0.891485

 $00{:}41{:}03.260 \dashrightarrow 00{:}41{:}05.018$ the news around the electric system,

NOTE Confidence: 0.891485

 $00:41:05.020 \longrightarrow 00:41:07.252$ but I I believe all their systems are

NOTE Confidence: 0.891485

 $00:41:07.252 \longrightarrow 00:41:09.739$ back at go and in all our patients are

 $00:41:09.740 \longrightarrow 00:41:11.130$ doing really well on treatment.

NOTE Confidence: 0.850284200000001

00:41:11.960 --> 00:41:13.468 Yeah, I mean briefly,

NOTE Confidence: 0.850284200000001

 $00:41:13.468 \longrightarrow 00:41:15.730$ what happened was the elected mosaic

NOTE Confidence: 0.850284200000001

00:41:15.799 --> 00:41:18.061 systems of record and verify software

NOTE Confidence: 0.850284200000001

 $00:41:18.061 \longrightarrow 00:41:20.573$ system and what that means is it's

NOTE Confidence: 0.850284200000001

 $00:41:20.573 \longrightarrow 00:41:22.757$ a system that's used by the entire

NOTE Confidence: 0.850284200000001

00:41:22.760 --> 00:41:24.675 radiation oncology Department to keep

NOTE Confidence: 0.850284200000001

 $00{:}41{:}24.675 \dashrightarrow 00{:}41{:}26.590$ track of radiation treatments it

NOTE Confidence: 0.850284200000001

 $00:41:26.652 \longrightarrow 00:41:28.818$ manage is the transfer of electronic

NOTE Confidence: 0.850284200000001

 $00:41:28.818 \longrightarrow 00:41:30.648$ treatment plans from planning software

NOTE Confidence: 0.850284200000001

 $00:41:30.648 \longrightarrow 00:41:32.586$ to the actual machines and serves

NOTE Confidence: 0.850284200000001

 $00:41:32.586 \longrightarrow 00:41:34.660$ as our radiation oncology chart.

NOTE Confidence: 0.850284200000001

 $00{:}41{:}34.660 \dashrightarrow 00{:}41{:}38.054$ On April 20th, elected Mosaic went down.

NOTE Confidence: 0.850284200000001

 $00:41:38.054 \longrightarrow 00:41:40.595$ Nationally, over 40 sites and we

NOTE Confidence: 0.850284200000001

00:41:40.595 --> 00:41:43.173 were immediately unable to access the

00:41:43.173 --> 00:41:45.903 information in the cloud and we were

NOTE Confidence: 0.850284200000001

00:41:45.903 --> 00:41:48.948 unable to use our linear accelerators,

NOTE Confidence: 0.850284200000001

 $00{:}41{:}48.950 \dashrightarrow 00{:}41{:}52.610$ which are radiation treatment machines so.

NOTE Confidence: 0.850284200000001

00:41:52.610 --> 00:41:55.076 Later that evening, on April 20th,

NOTE Confidence: 0.850284200000001

 $00:41:55.080 \longrightarrow 00:41:57.354$ we thought it was just going

NOTE Confidence: 0.850284200000001

 $00:41:57.354 \longrightarrow 00:41:59.600$ to be a brief outage,

NOTE Confidence: 0.850284200000001

 $00:41:59.600 \longrightarrow 00:42:02.134$ but it became apparent that it was

NOTE Confidence: 0.850284200000001

 $00:42:02.134 \longrightarrow 00:42:04.570$ nationwide and it was severe and

NOTE Confidence: 0.850284200000001

 $00:42:04.570 \longrightarrow 00:42:06.695$ at that moment yell information

NOTE Confidence: 0.850284200000001

00:42:06.695 --> 00:42:08.915 technology and physics jumped into

NOTE Confidence: 0.850284200000001

 $00:42:08.915 \longrightarrow 00:42:11.513$ action and worked through the night.

NOTE Confidence: 0.850284200000001

 $00:42:11.520 \longrightarrow 00:42:13.160$ On the next day,

NOTE Confidence: 0.850284200000001

00:42:13.160 --> 00:42:14.390 on April 21st,

NOTE Confidence: 0.850284200000001

 $00:42:14.390 \longrightarrow 00:42:16.585$ the physics and the information

NOTE Confidence: 0.850284200000001

00:42:16.585 --> 00:42:19.617 technology team informed us that they had

NOTE Confidence: 0.850284200000001

 $00{:}42{:}19.617 \dashrightarrow 00{:}42{:}22.284$ developed a work around this work around.

 $00:42:22.290 \longrightarrow 00:42:24.696$ I want to emphasize does not

NOTE Confidence: 0.850284200000001

 $00:42:24.696 \longrightarrow 00:42:26.300$ use the cloud system,

NOTE Confidence: 0.850284200000001

00:42:26.300 --> 00:42:28.400 but is intentionally labor intensive and

NOTE Confidence: 0.850284200000001

 $00:42:28.400 \longrightarrow 00:42:31.109$ is done with three radiation therapists.

NOTE Confidence: 0.850284200000001

00:42:31.110 --> 00:42:33.343 Physicists in an MD present at the

NOTE Confidence: 0.850284200000001

00:42:33.343 --> 00:42:35.318 beginning of every treatment and

NOTE Confidence: 0.850284200000001

00:42:35.318 --> 00:42:37.222 all subsequent treatments were

NOTE Confidence: 0.850284200000001

 $00{:}42{:}37.222 \to 00{:}42{:}39.126$ administered with particular care.

NOTE Confidence: 0.850284200000001

 $00:42:39.130 \longrightarrow 00:42:41.430$ Knowing that the electronic recording

NOTE Confidence: 0.850284200000001

 $00{:}42{:}41.430 \dashrightarrow 00{:}42{:}44.189$ verify system was not there and

NOTE Confidence: 0.850284200000001

00:42:44.189 --> 00:42:46.134 so multiple checks and timeouts

NOTE Confidence: 0.850284200000001

 $00:42:46.134 \longrightarrow 00:42:48.441$ were performed in a very labor

NOTE Confidence: 0.850284200000001

 $00{:}42{:}48.441 \dashrightarrow 00{:}42{:}50.814$ intensive way as we tried to adapt

NOTE Confidence: 0.850284200000001

 $00:42:50.814 \longrightarrow 00:42:53.420$ to this new reality that are.

NOTE Confidence: 0.850284200000001

 $00:42:53.420 \longrightarrow 00:42:55.320$ Our cloud system was down,

 $00:42:55.320 \longrightarrow 00:42:57.966$ I think at present time Doctor Who.

NOTE Confidence: 0.850284200000001

00:42:57.970 --> 00:42:59.258 Joe, you're absolutely right,

NOTE Confidence: 0.850284200000001

 $00:42:59.258 \longrightarrow 00:43:02.052$ we are making our way back through the

NOTE Confidence: 0.850284200000001

 $00:43:02.052 \longrightarrow 00:43:04.464$ Herculean efforts of our physics dosimetry

NOTE Confidence: 0.850284200000001

 $00:43:04.464 \longrightarrow 00:43:06.310$ and information technology staff.

NOTE Confidence: 0.850284200000001

 $00:43:06.310 \longrightarrow 00:43:08.632$ We have performed work that traditionally

NOTE Confidence: 0.850284200000001

 $00:43:08.632 \longrightarrow 00:43:11.230$ takes months over the course of weeks.

NOTE Confidence: 0.850284200000001

00:43:11.230 --> 00:43:13.894 We've set up a newly built on premises

NOTE Confidence: 0.850284200000001

00:43:13.894 --> 00:43:16.538 version of the recording Verify system,

NOTE Confidence: 0.850284200000001

 $00:43:16.540 \longrightarrow 00:43:18.735$ but work continues behind the

NOTE Confidence: 0.850284200000001

 $00{:}43{:}18.735 \dashrightarrow 00{:}43{:}20.930$ scenes utilizing both the manual

NOTE Confidence: 0.850284200000001

 $00{:}43{:}21.000 \dashrightarrow 00{:}43{:}23.618$ treatment as well as this new system.

NOTE Confidence: 0.850284200000001

00:43:23.620 --> 00:43:25.350 I hope patients haven't noticed

NOTE Confidence: 0.850284200000001

 $00:43:25.350 \longrightarrow 00:43:27.851$ because we're trying to do as little

NOTE Confidence: 0.850284200000001

 $00:43:27.851 \longrightarrow 00:43:29.957$ disruption to their care as possible,

NOTE Confidence: 0.850284200000001

 $00:43:29.960 \longrightarrow 00:43:32.473$ and this is happening during a time

 $00:43:32.473 \longrightarrow 00:43:34.291$ of increased patient volumes as

NOTE Confidence: 0.850284200000001

00:43:34.291 --> 00:43:36.636 shown in that slide by Doctor Ahuja.

NOTE Confidence: 0.850284200000001

 $00:43:36.640 \longrightarrow 00:43:40.520$ And I do want to say as we emerge from this,

NOTE Confidence: 0.850284200000001

 $00:43:40.520 \longrightarrow 00:43:42.764$ we have a couple exciting technology

NOTE Confidence: 0.850284200000001

 $00:43:42.764 \longrightarrow 00:43:44.260$ developments you'll be hearing

NOTE Confidence: 0.850284200000001

 $00:43:44.322 \longrightarrow 00:43:45.438$ about in the future.

NOTE Confidence: 0.850284200000001

00:43:45.440 --> 00:43:48.392 I'm going to tease right now and I couldn't

NOTE Confidence: 0.850284200000001

 $00:43:48.392 \longrightarrow 00:43:51.075$ be prouder of our faculty or staff.

NOTE Confidence: 0.850284200000001

 $00{:}43{:}51.080 \dashrightarrow 00{:}43{:}53.155$ And I hope everyone listening

NOTE Confidence: 0.850284200000001

 $00:43:53.155 \longrightarrow 00:43:55.230$ is feeling some hope around.

NOTE Confidence: 0.850284200000001

00:43:55.230 --> 00:43:57.029 You know Covid and and feeling a

NOTE Confidence: 0.850284200000001

00:43:57.029 --> 00:43:58.822 little hope for us in radiation

NOTE Confidence: 0.850284200000001

 $00{:}43{:}58.822 \dashrightarrow 00{:}44{:}00.748$ on cology that we're going to emerge

NOTE Confidence: 0.850284200000001

 $00:44:00.748 \longrightarrow 00:44:01.990$ stronger and more nimble,

NOTE Confidence: 0.850284200000001

00:44:01.990 --> 00:44:04.048 and I think the future is bright,

00:44:04.050 --> 00:44:06.108 not only for us in our Department,

NOTE Confidence: 0.850284200000001

 $00{:}44{:}06.110 \dashrightarrow 00{:}44{:}09.040$ but also for this hospital.

NOTE Confidence: 0.850284200000001 00:44:09.040 --> 00:44:09.340 Thank

NOTE Confidence: 0.7807548

 $00:44:09.340 \longrightarrow 00:44:10.222$ you doctor you.

NOTE Confidence: 0.7807548

00:44:10.222 --> 00:44:12.290 I'm going to pivot back to vaccination.

NOTE Confidence: 0.7807548

 $00:44:12.290 \longrightarrow 00:44:14.060$ There are a couple of questions,

NOTE Confidence: 0.7807548

 $00:44:14.060 \longrightarrow 00:44:16.380$ one and I don't know if Doctor Balzer

NOTE Confidence: 0.7807548

 $00:44:16.380 \longrightarrow 00:44:17.888$ Billingsley are going to answer.

NOTE Confidence: 0.7807548

 $00:44:17.890 \longrightarrow 00:44:18.778$ It's around allergies.

NOTE Confidence: 0.7807548

00:44:18.778 --> 00:44:21.890 It's like an answer. Board

NOTE Confidence: 0.75487727

 $00:44:21.890 \longrightarrow 00:44:23.168$ certified allergist. That's

NOTE Confidence: 0.75487727

 $00:44:23.170 \longrightarrow 00:44:24.439$ true, of course.

NOTE Confidence: 0.7843676

00:44:27.080 --> 00:44:27.700 Covid questions,

NOTE Confidence: 0.7843676

 $00:44:27.700 \longrightarrow 00:44:29.574$ but I'm happy to answer well.

NOTE Confidence: 0.7843676

 $00:44:29.574 \longrightarrow 00:44:30.826$ Whoever wants to have

NOTE Confidence: 0.7843676

 $00:44:30.826 \longrightarrow 00:44:31.762$ allergies are raging.

 $00:44:31.762 \longrightarrow 00:44:33.006$ Should you get your

NOTE Confidence: 0.7843676

00:44:33.010 --> 00:44:33.321 vaccination?

NOTE Confidence: 0.7843676

00:44:33.321 --> 00:44:34.876 If your allergies are raising,

NOTE Confidence: 0.7843676

 $00:44:34.880 \longrightarrow 00:44:36.440$ that's on the chat box.

NOTE Confidence: 0.7843676

 $00:44:36.440 \longrightarrow 00:44:37.691$ Whoever and, of course,

NOTE Confidence: 0.7843676

 $00:44:37.691 \longrightarrow 00:44:39.557$ that is offered since you volunteer,

NOTE Confidence: 0.7843676

 $00:44:39.560 \longrightarrow 00:44:41.120$ would you like to answer

NOTE Confidence: 0.7843676

 $00:44:41.120 \longrightarrow 00:44:42.986$ that? Sure, the short answer is

NOTE Confidence: 0.7843676

 $00:44:42.986 \longrightarrow 00:44:44.197$ absolutely, allergies are not

NOTE Confidence: 0.7843676

 $00:44:44.197 \longrightarrow 00:44:45.692$ not a contraindication to getting

NOTE Confidence: 0.7843676

00:44:45.692 --> 00:44:47.359 here to giving your vaccine,

NOTE Confidence: 0.7843676

 $00:44:47.360 \longrightarrow 00:44:49.232$ and it shouldn't be a reason

NOTE Confidence: 0.7843676

 $00:44:49.232 \longrightarrow 00:44:50.480$ to delay your vaccine.

NOTE Confidence: 0.87839603

 $00{:}44{:}51.220 \dashrightarrow 00{:}44{:}53.474$ I think Doctor Billingslea said it right.

NOTE Confidence: 0.87839603

 $00:44:53.480 \longrightarrow 00:44:56.030$ Can't get your vaccination and all that. I

 $00:44:56.030 \longrightarrow 00:44:58.330$ remember that from tonight but another follow

NOTE Confidence: 0.87839603

 $00{:}44{:}58.330 \to 00{:}45{:}00.584$ up in this is may be a little

NOTE Confidence: 0.87839603

 $00:45:00.590 \longrightarrow 00:45:01.559$ bit more detail.

NOTE Confidence: 0.87839603

 $00:45:01.559 \longrightarrow 00:45:03.820$ This is a patient who asked that.

NOTE Confidence: 0.87839603

 $00:45:03.820 \longrightarrow 00:45:05.920$ Is there one vaccine better than

NOTE Confidence: 0.87839603

 $00:45:05.920 \longrightarrow 00:45:08.860$ the other that I should get?

NOTE Confidence: 0.87839603

 $00:45:08.860 \longrightarrow 00:45:11.086$ In terms of, you know there's

NOTE Confidence: 0.87839603

 $00:45:11.086 \longrightarrow 00:45:12.940$ we have choices were fortunate

NOTE Confidence: 0.87839603

 $00:45:12.940 \longrightarrow 00:45:14.432$ to have several choices.

NOTE Confidence: 0.87839603

 $00:45:14.432 \longrightarrow 00:45:16.302$ Would either of the doctor

NOTE Confidence: 0.87839603

 $00:45:16.302 \longrightarrow 00:45:17.759$ bees like to comment

NOTE Confidence: 0.81543547

 $00:45:17.760 \longrightarrow 00:45:18.873$ on the choices?

NOTE Confidence: 0.81543547

00:45:18.873 --> 00:45:21.099 We can compare our notes openly?

NOTE Confidence: 0.81543547

 $00:45:21.100 \longrightarrow 00:45:22.910$ You know, I think someone

NOTE Confidence: 0.81543547

 $00:45:22.910 \longrightarrow 00:45:25.180$ from the CDC said this best.

NOTE Confidence: 0.81543547

 $00:45:25.180 \longrightarrow 00:45:27.724$ I think a while back the best vaccine

 $00:45:27.724 \longrightarrow 00:45:30.750$ is the vaccine that's available to you.

NOTE Confidence: 0.81543547

 $00{:}45{:}30.750 \dashrightarrow 00{:}45{:}33.102$ We have seen I will report to you

NOTE Confidence: 0.81543547

 $00{:}45{:}33.102 \dashrightarrow 00{:}45{:}35.573$ since the paws of the J&J vaccine

NOTE Confidence: 0.81543547

 $00:45:35.573 \longrightarrow 00:45:37.912$ because of the blood clotting issues

NOTE Confidence: 0.81543547

 $00{:}45{:}37.912 \dashrightarrow 00{:}45{:}40.167$ the state has stopped receiving

NOTE Confidence: 0.81543547

 $00:45:40.167 \longrightarrow 00:45:41.971$ J&J vaccine simply because.

NOTE Confidence: 0.81543547

 $00:45:41.980 \longrightarrow 00:45:43.324$ We're all washing it.

NOTE Confidence: 0.81543547

 $00{:}45{:}43.324 \dashrightarrow 00{:}45{:}46.077$ We have many thousands of doses of J&J

NOTE Confidence: 0.81543547

00:45:46.077 --> 00:45:48.075 that patients have just not gotten.

NOTE Confidence: 0.81543547

 $00:45:48.080 \longrightarrow 00:45:49.780$ We're happy to give it,

NOTE Confidence: 0.81543547

 $00{:}45{:}49.780 \dashrightarrow 00{:}45{:}52.426$ but because when we open up our

NOTE Confidence: 0.81543547

 $00:45:52.426 \longrightarrow 00:45:54.204$ mass vaccination sites in the

NOTE Confidence: 0.81543547

 $00{:}45{:}54.204 --> 00{:}45{:}56.213~\mathrm{J\&J}$ is the vaccine of the day.

NOTE Confidence: 0.81543547

 $00:45:56.220 \longrightarrow 00:46:00.154$ We just don't see people show up.

NOTE Confidence: 0.81543547

 $00:46:00.160 \longrightarrow 00:46:03.408$ I think that if I was given a

00:46:03.408 --> 00:46:05.789 choice between J&J and nothing,

NOTE Confidence: 0.81543547

 $00:46:05.790 \longrightarrow 00:46:07.950$ I would absolutely take J&J.

NOTE Confidence: 0.81543547

 $00:46:07.950 \longrightarrow 00:46:11.163$ The risk is about one in a million of

NOTE Confidence: 0.81543547

 $00:46:11.163 \longrightarrow 00:46:13.951$ this blood clotting event that happens

NOTE Confidence: 0.81543547

 $00:46:13.951 \longrightarrow 00:46:17.908$ between 6 and 14 days after the vaccine,

NOTE Confidence: 0.81543547

 $00:46:17.910 \longrightarrow 00:46:20.645$ and it happens almost exclusively

NOTE Confidence: 0.81543547

 $00:46:20.645 \longrightarrow 00:46:23.380$ in women of child bearing age.

NOTE Confidence: 0.81543547

 $00:46:23.380 \longrightarrow 00:46:25.864$ There is there is a safety

NOTE Confidence: 0.81543547

00:46:25.864 --> 00:46:27.920 issue that certainly with J&J,

NOTE Confidence: 0.81543547

 $00:46:27.920 \longrightarrow 00:46:30.608$ but it is something that you can

NOTE Confidence: 0.81543547

 $00{:}46{:}30.608 \operatorname{\dashrightarrow} > 00{:}46{:}32.265$ that's knowable and monitored

NOTE Confidence: 0.81543547

00:46:32.265 --> 00:46:34.833 month you can monitor for with

NOTE Confidence: 0.81543547

 $00:46:34.833 \longrightarrow 00:46:37.009$ regard to Moderna and Pfizer.

NOTE Confidence: 0.81543547

 $00:46:37.010 \longrightarrow 00:46:39.488$ They are essentially the same vaccine.

NOTE Confidence: 0.81543547

 $00:46:39.490 \longrightarrow 00:46:41.968$ They use the same sequence there,

NOTE Confidence: 0.81543547

 $00{:}46{:}41.970 \dashrightarrow 00{:}46{:}43.329$ slightly differently packaged,

 $00:46:43.329 \longrightarrow 00:46:46.047$ but the way they they operate

NOTE Confidence: 0.81543547

00:46:46.047 --> 00:46:48.157 in your body is the same.

NOTE Confidence: 0.81543547

 $00:46:48.160 \longrightarrow 00:46:50.602$ I would consider them exactly the

NOTE Confidence: 0.81543547

 $00:46:50.602 \longrightarrow 00:46:53.900$ same and all of them are excellent.

NOTE Confidence: 0.81543547

 $00:46:53.900 \longrightarrow 00:46:56.400$ Just absolutely outstanding at

NOTE Confidence: 0.81543547

 $00:46:56.400 \longrightarrow 00:46:59.525$ preventing severe disease or death.

NOTE Confidence: 0.81543547

00:46:59.530 --> 00:47:01.256 Kevin, if you want to add anything to that.

NOTE Confidence: 0.9113374

 $00:47:03.260 \longrightarrow 00:47:05.560$ You know? I

NOTE Confidence: 0.9057952

 $00:47:05.560 \longrightarrow 00:47:08.000$ have very little to add to that I.

NOTE Confidence: 0.89521205

 $00:47:10.170 \longrightarrow 00:47:12.262$ I would underscore the

NOTE Confidence: 0.89521205

 $00:47:12.262 \longrightarrow 00:47:14.877$ point that that the real.

NOTE Confidence: 0.89521205

 $00:47:14.880 \longrightarrow 00:47:17.365$ The real rub is getting the vaccination.

NOTE Confidence: 0.89521205

 $00{:}47{:}17.370 \dashrightarrow 00{:}47{:}22.098$ That's where we're all going to get value.

NOTE Confidence: 0.89521205

 $00:47:22.100 \longrightarrow 00:47:25.406$ And I will say that there

NOTE Confidence: 0.89521205

 $00:47:25.406 \longrightarrow 00:47:27.059$ is softbot emerging.

 $00:47:27.060 \longrightarrow 00:47:29.800$ Signs in cancer patients.

NOTE Confidence: 0.89521205

 $00:47:29.800 \longrightarrow 00:47:31.855$ The two vaccines.

NOTE Confidence: 0.89521205

 $00:47:31.860 \longrightarrow 00:47:34.719$ May have some.

NOTE Confidence: 0.89521205

 $00:47:34.720 \longrightarrow 00:47:36.295$ Negligible incremental immunogenic

NOTE Confidence: 0.89521205

00:47:36.295 --> 00:47:39.445 benefit over a single dose vaccine,

NOTE Confidence: 0.89521205

 $00:47:39.450 \longrightarrow 00:47:43.840$ which would obviously be the J&J.

NOTE Confidence: 0.89521205

 $00:47:43.840 \longrightarrow 00:47:47.005$ It is hard for us to know if that

NOTE Confidence: 0.89521205

 $00:47:47.005 \longrightarrow 00:47:48.760$ is clinically significant and I

NOTE Confidence: 0.89521205

 $00:47:48.838 \longrightarrow 00:47:51.099$ want to be very careful about how

NOTE Confidence: 0.89521205

 $00:47:51.099 \longrightarrow 00:47:53.338$ I frame that to this audience,

NOTE Confidence: 0.89521205

 $00:47:53.340 \longrightarrow 00:47:54.748$ but I will share

NOTE Confidence: 0.8661113

 $00:47:54.750 \longrightarrow 00:47:56.158$ that that's that is.

NOTE Confidence: 0.8980165

 $00:47:56.770 \longrightarrow 00:47:58.877$ Something that is emerging in our circles.

NOTE Confidence: 0.85189956

 $00{:}48{:}01.540 \dashrightarrow 00{:}48{:}03.020$ Thank you Doctor Billingslea Dutch

NOTE Confidence: 0.85189956

 $00:48:03.020 \longrightarrow 00:48:05.418$ so far in your team. Back to you.

NOTE Confidence: 0.85189956

 $00:48:05.418 \longrightarrow 00:48:07.560$ I think there's a lot of interest

 $00:48:07.631 \longrightarrow 00:48:09.823$ on the on the chat on hey listen,

NOTE Confidence: 0.85189956

 $00{:}48{:}09.830 \dashrightarrow 00{:}48{:}11.600$ can the fair patients families get

NOTE Confidence: 0.85189956

 $00:48:11.600 \longrightarrow 00:48:13.672$ the treatments or do you have to

NOTE Confidence: 0.85189956

00:48:13.672 --> 00:48:17.010 be patient to get this treatment?

NOTE Confidence: 0.85189956

 $00{:}48{:}17.010 \dashrightarrow 00{:}48{:}19.698$ Then alongside you know a lot of like

NOTE Confidence: 0.85189956

 $00:48:19.698 \longrightarrow 00:48:22.439$ maybe let's advertise your services more.

NOTE Confidence: 0.85189956

00:48:22.440 --> 00:48:24.380 I didn't know about this,

NOTE Confidence: 0.85189956

 $00:48:24.380 \longrightarrow 00:48:26.972$ so I think this this is this forum

NOTE Confidence: 0.85189956

 $00{:}48{:}26.972 \dashrightarrow 00{:}48{:}29.430$ is exactly we're raising awareness.

NOTE Confidence: 0.85189956

 $00:48:29.430 \longrightarrow 00:48:30.978$ But can patients family

NOTE Confidence: 0.859112

 $00{:}48{:}30.980 \dashrightarrow 00{:}48{:}34.910$ members get these treatments also?

NOTE Confidence: 0.859112

 $00:48:34.910 \longrightarrow 00:48:36.378$ I'm speaking to massage.

NOTE Confidence: 0.859112

00:48:36.378 --> 00:48:38.580 The massage is just for the

NOTE Confidence: 0.859112

 $00{:}48{:}38.655 \dashrightarrow 00{:}48{:}40.278$ patience and survivors.

NOTE Confidence: 0.859112

00:48:40.280 --> 00:48:43.136 The other programs are open to family

 $00:48:43.136 \longrightarrow 00:48:46.058$ members such as the on line programs,

NOTE Confidence: 0.859112

00:48:46.060 --> 00:48:47.688 anybody, family members, staff,

NOTE Confidence: 0.859112

00:48:47.688 --> 00:48:50.614 the community can log in and do

NOTE Confidence: 0.859112

 $00:48:50.614 \longrightarrow 00:48:53.078$ the meditation, can do the yoga,

NOTE Confidence: 0.859112

 $00:48:53.078 \longrightarrow 00:48:55.114$ can do that. I cheat.

NOTE Confidence: 0.859112

00:48:55.114 --> 00:48:57.496 And the creative arts programs are

NOTE Confidence: 0.859112

00:48:57.496 --> 00:48:59.992 also open to everybody there open

NOTE Confidence: 0.859112

 $00:48:59.992 \longrightarrow 00:49:02.422$ to the community there open to

NOTE Confidence: 0.859112

 $00{:}49{:}02.499 \dashrightarrow 00{:}49{:}05.199$ family members and patients as well.

NOTE Confidence: 0.859112

 $00:49:05.200 \longrightarrow 00:49:07.552$ So it's really just the it's

NOTE Confidence: 0.859112

 $00:49:07.552 \longrightarrow 00:49:09.120$ really just the massage.

NOTE Confidence: 0.859112

 $00:49:09.120 \longrightarrow 00:49:12.248$ The hands on work is limited to patients.

NOTE Confidence: 0.859112

 $00:49:12.250 \longrightarrow 00:49:14.210$ There's no charge table massages.

NOTE Confidence: 0.859112

00:49:14.210 --> 00:49:17.346 You can come in for three of those,

NOTE Confidence: 0.859112

 $00:49:17.350 \longrightarrow 00:49:19.325$ and the implications get the

NOTE Confidence: 0.859112

 $00:49:19.325 \longrightarrow 00:49:20.905$ treatments while they're there

 $00:49:20.905 \longrightarrow 00:49:22.840$ at the hospital as needed.

NOTE Confidence: 0.8740517

 $00:49:23.600 \longrightarrow 00:49:24.692$ Thank you, Michelle.

NOTE Confidence: 0.8740517

 $00:49:24.692 \longrightarrow 00:49:26.876$ You answered one of the questions

NOTE Confidence: 0.8740517

 $00:49:26.876 \longrightarrow 00:49:29.061$ on are these massages free and

NOTE Confidence: 0.8740517

 $00:49:29.061 \longrightarrow 00:49:30.816$ then the other question is,

NOTE Confidence: 0.8740517

 $00:49:30.820 \longrightarrow 00:49:32.264$ are the other integrative

NOTE Confidence: 0.8740517

 $00:49:32.264 \longrightarrow 00:49:33.347$ medicine services billable

NOTE Confidence: 0.8740517

 $00:49:33.347 \longrightarrow 00:49:36.310$ requiring insurance optimization?

NOTE Confidence: 0.8242441

 $00:49:36.310 \longrightarrow 00:49:40.622$ Not not as of right now. So we're

NOTE Confidence: 0.8242441

00:49:40.622 --> 00:49:41.870 seeing we're seeing everybody.

NOTE Confidence: 0.87797505

 $00:49:43.410 \longrightarrow 00:49:45.514$ And I think you're also seeing for your

NOTE Confidence: 0.87797505

 $00{:}49{:}45.514 \dashrightarrow 00{:}49{:}47.906$ value for your services a lot from the

NOTE Confidence: 0.87797505

 $00{:}49{:}47.906 \dashrightarrow 00{:}49{:}49.650$ caregivers asking for these services.

NOTE Confidence: 0.87797505

 $00:49:49.650 \longrightarrow 00:49:51.610$ So I think this is really exactly

NOTE Confidence: 0.87797505

 $00:49:51.610 \longrightarrow 00:49:53.210$ the reason for this format.

 $00:49:53.210 \longrightarrow 00:49:54.992$ So we hear from our patients

NOTE Confidence: 0.87797505

 $00:49:54.992 \longrightarrow 00:49:56.480$ and their families as they

NOTE Confidence: 0.87797505

00:49:56.480 --> 00:49:58.524 go through this. So we, you know,

NOTE Confidence: 0.87797505

00:49:58.524 --> 00:50:00.498 again, your family is part of that

NOTE Confidence: 0.87797505

 $00:50:00.498 \longrightarrow 00:50:02.626$ garden and so we recognize that

NOTE Confidence: 0.87797505

00:50:02.626 --> 00:50:04.478 that treating your family and involving

NOTE Confidence: 0.87797505

 $00:50:04.478 \longrightarrow 00:50:06.564$ your family in your care is is

NOTE Confidence: 0.87797505

 $00:50:06.564 \longrightarrow 00:50:08.360$ paramount to making you feel better.

NOTE Confidence: 0.87797505

 $00:50:08.360 \longrightarrow 00:50:10.148$ So the video archive is absolutely

NOTE Confidence: 0.87797505

00:50:10.148 --> 00:50:11.630 accessible and available to them,

NOTE Confidence: 0.87797505

 $00{:}50{:}11.630 \dashrightarrow 00{:}50{:}13.400$ and a number of other services

NOTE Confidence: 0.87797505

 $00:50:13.400 \longrightarrow 00:50:14.890$ are absolutely available to them.

NOTE Confidence: 0.87797505

 $00:50:14.890 \longrightarrow 00:50:16.969$ And if we can support them in

NOTE Confidence: 0.87797505

 $00:50:16.969 \longrightarrow 00:50:18.160$ any way, we will.

NOTE Confidence: 0.8124766

00:50:20.100 --> 00:50:25.698 May I go ahead and do something here, yes.

NOTE Confidence: 0.8124766

 $00{:}50{:}25.700 \dashrightarrow 00{:}50{:}28.118$ The yoga classes are available both

00:50:28.118 --> 00:50:30.440 to patients and their families,

NOTE Confidence: 0.8124766

 $00:50:30.440 \longrightarrow 00:50:33.664$ and the beauty part of the zoom classes

NOTE Confidence: 0.8124766

00:50:33.664 --> 00:50:37.296 is that people don't necessarily have to

NOTE Confidence: 0.8124766

 $00:50:37.296 \longrightarrow 00:50:41.056$ participate if they feel unsure about whether

NOTE Confidence: 0.8124766

 $00:50:41.056 \longrightarrow 00:50:44.760$ they want to try yoga or their capacity.

NOTE Confidence: 0.8124766

 $00:50:44.760 \longrightarrow 00:50:47.136$ If people are brand brand new,

NOTE Confidence: 0.8124766

 $00:50:47.140 \longrightarrow 00:50:49.552$ they might like to start with

NOTE Confidence: 0.8124766

 $00:50:49.552 \longrightarrow 00:50:51.160$ restorative yoga because that's

NOTE Confidence: 0.8124766

 $00:50:51.232 \longrightarrow 00:50:53.077$ done primarily on the floor.

NOTE Confidence: 0.8124766

 $00:50:53.080 \longrightarrow 00:50:56.076$ Though sometimes we do do some standing

NOTE Confidence: 0.8124766

 $00:50:56.076 \dashrightarrow 00:50:59.413$ stretches just to get some of the kinks out.

NOTE Confidence: 0.8124766

 $00:50:59.413 \longrightarrow 00:51:02.180$ But the other part is everything is.

NOTE Confidence: 0.8124766

 $00{:}51{:}02.180 \dashrightarrow 00{:}51{:}05.348$ I have a background in trauma sensitive yoga,

NOTE Confidence: 0.8124766

 $00:51:05.350 \longrightarrow 00:51:07.756$ so the language in trauma sensitive

NOTE Confidence: 0.8124766

 $00:51:07.756 \longrightarrow 00:51:10.574$ yoga is very different from what I

00:51:10.574 --> 00:51:12.474 would call regular yoga classes,

NOTE Confidence: 0.8124766

 $00:51:12.480 \longrightarrow 00:51:14.096$ which is more directional.

NOTE Confidence: 0.8124766

 $00:51:14.096 \longrightarrow 00:51:16.520$ So everything is done by invitation.

NOTE Confidence: 0.8124766

 $00:51:16.520 \longrightarrow 00:51:17.744$ It's all choice based.

NOTE Confidence: 0.8124766

00:51:17.744 --> 00:51:19.580 I always ask at the beginning

NOTE Confidence: 0.8124766

 $00:51:19.648 \longrightarrow 00:51:20.708$ of class you know,

NOTE Confidence: 0.8124766

 $00:51:20.710 \longrightarrow 00:51:21.902$ is there something special

NOTE Confidence: 0.8124766

00:51:21.902 --> 00:51:23.392 you would like to do?

NOTE Confidence: 0.8124766

 $00{:}51{:}23.400 --> 00{:}51{:}25.848$ An area of your body that

NOTE Confidence: 0.8124766

00:51:25.848 --> 00:51:28.530 you would like to work with?

NOTE Confidence: 0.8124766

 $00{:}51{:}28.530 \to 00{:}51{:}31.442$ Knowing that you know many all of my

NOTE Confidence: 0.8124766

00:51:31.442 --> 00:51:34.288 students have different health conditions,

NOTE Confidence: 0.8124766

 $00:51:34.290 \longrightarrow 00:51:37.328$ so some people can do some things

NOTE Confidence: 0.8124766

 $00:51:37.328 \longrightarrow 00:51:40.049$ other people can't do other things.

NOTE Confidence: 0.8124766

 $00:51:40.050 \longrightarrow 00:51:43.130$ So I try to create an environment where

NOTE Confidence: 0.8124766

 $00:51:43.130 \longrightarrow 00:51:46.250$ people feel comfortable making the choice.

00:51:46.250 --> 00:51:48.465 Maybe to do something differently

NOTE Confidence: 0.8124766

 $00:51:48.465 \longrightarrow 00:51:50.680$ or even not to participate.

NOTE Confidence: 0.8124766

 $00:51:50.680 \longrightarrow 00:51:52.540$ That's totally fine.

NOTE Confidence: 0.8124766 00:51:52.540 --> 00:51:53.160 So, NOTE Confidence: 0.8124766

 $00:51:53.160 \longrightarrow 00:51:57.334$ and I really hope that people will sample

NOTE Confidence: 0.8124766

 $00:51:57.334 \longrightarrow 00:52:00.912$ yoga because it has so many benefits

NOTE Confidence: 0.8124766

00:52:00.912 --> 00:52:03.507 for stress reduction, relaxation,

NOTE Confidence: 0.8124766

 $00{:}52{:}03.507 \dashrightarrow 00{:}52{:}06.729$ overall sense of well being just.

NOTE Confidence: 0.8124766

 $00:52:06.730 \longrightarrow 00:52:09.988$ And also we have managed to

NOTE Confidence: 0.8124766

00:52:09.988 --> 00:52:13.159 create over 14 months of very,

NOTE Confidence: 0.8124766

 $00{:}52{:}13.160 \dashrightarrow 00{:}52{:}17.430$ very robust community of yogis.

NOTE Confidence: 0.8124766

 $00:52:17.430 \longrightarrow 00:52:20.028$ Sometimes their pets.

NOTE Confidence: 0.8124766

 $00{:}52{:}20.030 \dashrightarrow 00{:}52{:}22.702$ To come to class so there is a

NOTE Confidence: 0.8124766

 $00:52:22.702 \longrightarrow 00:52:25.598$ sense of camaraderie and you know,

NOTE Confidence: 0.8124766

 $00:52:25.600 \longrightarrow 00:52:27.590$ people talk about other things

 $00:52:27.590 \longrightarrow 00:52:29.440$ you know other than cancer.

NOTE Confidence: 0.8124766

 $00:52:29.440 \longrightarrow 00:52:31.715$ And I like to create that kind

NOTE Confidence: 0.8124766

 $00:52:31.715 \longrightarrow 00:52:33.987$ of environment where people have

NOTE Confidence: 0.8124766

 $00{:}52{:}33.987 \dashrightarrow 00{:}52{:}36.789$ something that is nourishing to them

NOTE Confidence: 0.8124766

 $00:52:36.864 \longrightarrow 00:52:39.126$ and supportive and and just fun.

NOTE Confidence: 0.8124766

 $00.52:39.130 \longrightarrow 00.52:40.324$ So please come,

NOTE Confidence: 0.8124766

 $00:52:40.324 \longrightarrow 00:52:42.712$ I think you will be getting

NOTE Confidence: 0.8588877

 $00:52:42.720 \longrightarrow 00:52:45.504$ the it'll be busy tomorrow. I can.

NOTE Confidence: 0.8588877

 $00:52:45.504 \longrightarrow 00:52:48.686$ I can see that from all the services.

NOTE Confidence: 0.8588877

 $00:52:48.686 \longrightarrow 00:52:50.800$ I think there's an ask

NOTE Confidence: 0.8588877

 $00:52:50.800 \longrightarrow 00:52:52.560$ for services in Trumbull.

NOTE Confidence: 0.8588877

 $00:52:52.560 \longrightarrow 00:52:54.380$ Do are these services available

NOTE Confidence: 0.8588877

 $00:52:54.380 \longrightarrow 00:52:55.836$ at Trumbull site folks?

NOTE Confidence: 0.8588877

 $00{:}52{:}55.840 \dashrightarrow 00{:}52{:}58.374$ Yes, being a lot of head nodding,

NOTE Confidence: 0.8588877

 $00:52:58.380 \longrightarrow 00:52:59.110$ that's wonderful.

NOTE Confidence: 0.81567305

 $00:53:01.290 \longrightarrow 00:53:02.370$ Go ahead, Michelle

 $00:53:02.370 \longrightarrow 00:53:04.175$ on the Saint Rayfield campus

NOTE Confidence: 0.81567305

 $00:53:04.175 \longrightarrow 00:53:05.619$ on York Street campus.

NOTE Confidence: 0.81567305

 $00{:}53{:}05.620 \dashrightarrow 00{:}53{:}08.671$ Tremble and we had to take a pause on

NOTE Confidence: 0.81567305

00:53:08.671 --> 00:53:11.754 some of the care centers due to covid,

NOTE Confidence: 0.81567305

 $00:53:11.760 \longrightarrow 00:53:13.560$ but that should be starting

NOTE Confidence: 0.81567305

 $00:53:13.560 \longrightarrow 00:53:15.365$ up. Hopefully at some point

NOTE Confidence: 0.81567305

 $00:53:15.365 \longrightarrow 00:53:17.103$ in time down the road.

NOTE Confidence: 0.81567305

00:53:17.103 --> 00:53:19.154 Perfect, let me pivot to a perhaps

NOTE Confidence: 0.81567305

 $00{:}53{:}19.154 \dashrightarrow 00{:}53{:}21.510$ some more questions around vaccination.

NOTE Confidence: 0.81567305

 $00:53:21.510 \longrightarrow 00:53:22.533$ A question here.

NOTE Confidence: 0.81567305

 $00:53:22.533 \longrightarrow 00:53:24.579$ If someone's fully vaccinated and it

NOTE Confidence: 0.81567305

 $00:53:24.579 \longrightarrow 00:53:27.288$ says previously infected with SARS Co. V2.

NOTE Confidence: 0.81567305

 $00{:}53{:}27.288 \dashrightarrow 00{:}53{:}30.600$ So I think it sounds like they had both.

NOTE Confidence: 0.81567305

 $00:53:30.600 \longrightarrow 00:53:32.610$ Covid and they are vaccinated,

NOTE Confidence: 0.81567305

 $00:53:32.610 \longrightarrow 00:53:34.210$ can they be reinfected?

00:53:37.580 --> 00:53:40.055 I see Doctor Balls like

NOTE Confidence: 0.8414984

 $00:53:40.055 \longrightarrow 00:53:42.035$ maybe reading ready to

NOTE Confidence: 0.8414984

 $00{:}53{:}42.040 \dashrightarrow 00{:}53{:}45.010$ answer that question. Go ahead Tom.

NOTE Confidence: 0.8414984

 $00:53:45.010 \longrightarrow 00:53:48.048$ So there have been sporadic reports of

NOTE Confidence: 0.8414984

00:53:48.048 --> 00:53:51.438 people who have had vaccine breakthrough,

NOTE Confidence: 0.8414984

 $00:53:51.440 \longrightarrow 00:53:54.200$ even among people who have had

NOTE Confidence: 0.8414984

 $00:53:54.200 \longrightarrow 00:53:56.890$ both covid and the vaccine.

NOTE Confidence: 0.8414984

 $00:53:56.890 \longrightarrow 00:53:59.977$ But what's important to note is that

NOTE Confidence: 0.8414984

 $00{:}53{:}59.977 \dashrightarrow 00{:}54{:}03.040$ those people are very well protected

NOTE Confidence: 0.8414984

 $00:54:03.040 \longrightarrow 00:54:06.900$ against severe disease and death, so.

NOTE Confidence: 0.8414984

00:54:06.900 --> 00:54:09.100 It's possible.

NOTE Confidence: 0.8414984

 $00:54:09.100 \longrightarrow 00:54:11.190$ There is some scientific evidence

NOTE Confidence: 0.8414984

 $00:54:11.190 \longrightarrow 00:54:14.165$ to suggest that they will be less

NOTE Confidence: 0.8414984

00:54:14.165 --> 00:54:16.589 likely to infect other people 'cause

NOTE Confidence: 0.8414984

 $00:54:16.589 \longrightarrow 00:54:18.861$ the duration of their disease is

NOTE Confidence: 0.8414984

 $00:54:18.861 \longrightarrow 00:54:21.345$ less than the amount of virus that

 $00:54:21.345 \longrightarrow 00:54:23.320$ they shed through their noses.

NOTE Confidence: 0.8414984

 $00:54:23.320 \longrightarrow 00:54:24.110$ Somewhat less,

NOTE Confidence: 0.8414984

00:54:24.110 --> 00:54:26.480 but most importantly for that individual,

NOTE Confidence: 0.8414984

 $00:54:26.480 \longrightarrow 00:54:28.060$ the vaccine does confer

NOTE Confidence: 0.8414984

 $00:54:28.060 \longrightarrow 00:54:28.850$ additional protection,

NOTE Confidence: 0.8414984

 $00.54.28.850 \longrightarrow 00.54.30.830$ and even if there's breakthrough,

NOTE Confidence: 0.8414984

 $00:54:30.830 \longrightarrow 00:54:33.200$ they are much more likely to

NOTE Confidence: 0.8414984

 $00:54:33.200 \longrightarrow 00:54:34.780$ avoid hospitalization or die.

NOTE Confidence: 0.85515314

00:54:36.640 --> 00:54:38.260 Thank you and doctor B.

NOTE Confidence: 0.85515314

 $00:54:38.260 \longrightarrow 00:54:40.198$ There are lots of quite billingsley.

NOTE Confidence: 0.85515314

 $00{:}54{:}40.200 \dashrightarrow 00{:}54{:}42.419$ There are a lot of questions on

NOTE Confidence: 0.85515314

 $00:54:42.419 \longrightarrow 00:54:44.337$ timing and efficacy and I think

NOTE Confidence: 0.85515314

 $00{:}54{:}44.337 \dashrightarrow 00{:}54{:}46.430$ there are probably 2 details and but

NOTE Confidence: 0.85515314

 $00:54:46.493 \longrightarrow 00:54:48.545$ broadly speaking there is a question

NOTE Confidence: 0.85515314

00:54:48.545 --> 00:54:50.568 on should you wait four months?

 $00:54:50.568 \longrightarrow 00:54:52.836$ Where is my immune system strong enough?

NOTE Confidence: 0.85515314

00:54:52.840 --> 00:54:54.778 Again, for most people it's fine,

NOTE Confidence: 0.85515314

 $00{:}54{:}54.780 \dashrightarrow 00{:}54{:}56.405$ but obviously they should talk

NOTE Confidence: 0.85515314

 $00:54:56.405 \longrightarrow 00:54:57.380$ to their doctor.

NOTE Confidence: 0.85515314

 $00:54:57.380 \longrightarrow 00:54:59.634$ Is that your recommendation to their team?

NOTE Confidence: 0.89966357

 $00:55:00.300 \longrightarrow 00:55:01.509$ That's exactly right,

NOTE Confidence: 0.89966357

 $00:55:01.510 \dashrightarrow 00:55:06.798$ and this is where it is. It really is it.

NOTE Confidence: 0.8490009

 $00:55:09.290 \longrightarrow 00:55:10.976$ Individual by individual.

NOTE Confidence: 0.8490009

 $00:55:10.976 \longrightarrow 00:55:13.786$ Some of these lymphocyte depleting

NOTE Confidence: 0.8490009

 $00:55:13.786 \longrightarrow 00:55:16.300$ therapies are the backbone of

NOTE Confidence: 0.8490009

 $00{:}55{:}16.300 \dashrightarrow 00{:}55{:}17.914$ treating hematologic malignancies.

NOTE Confidence: 0.8490009

 $00:55:17.914 \longrightarrow 00:55:21.142$ They are the treatment people need

NOTE Confidence: 0.8490009

00:55:21.150 --> 00:55:23.978 for for cure Disease Control,

NOTE Confidence: 0.8490009

 $00:55:23.978 \longrightarrow 00:55:28.206$ but there is a period of time.

NOTE Confidence: 0.8490009

00:55:28.210 --> 00:55:31.130 During which we need to wait for the

NOTE Confidence: 0.8490009

 $00{:}55{:}31.130 \dashrightarrow 00{:}55{:}33.587$ immune system to recover and that is

 $00:55:33.587 \longrightarrow 00:55:36.479$ going to be a somewhat variable period.

NOTE Confidence: 0.8490009

00:55:36.480 --> 00:55:38.320 Three months is often something

NOTE Confidence: 0.8490009

 $00:55:38.320 \longrightarrow 00:55:39.792$ that we hear about,

NOTE Confidence: 0.8490009

 $00:55:39.800 \longrightarrow 00:55:42.103$ but it again it is going to

NOTE Confidence: 0.8490009

 $00:55:42.103 \longrightarrow 00:55:43.860$ be quite person specific,

NOTE Confidence: 0.8490009

 $00:55:43.860 \longrightarrow 00:55:46.068$ so conversation with your care team.

NOTE Confidence: 0.85396266

00:55:47.220 --> 00:55:48.472 Thank you Doctor Billingsley

NOTE Confidence: 0.85396266

 $00{:}55{:}48.472 \dashrightarrow 00{:}55{:}50.690$ and I know it's almost the top

NOTE Confidence: 0.85396266

 $00:55:50.690 \longrightarrow 00:55:52.358$ of the hour and there's some

NOTE Confidence: 0.85396266

00:55:52.358 --> 00:55:54.120 questions I probably won't get to,

NOTE Confidence: 0.85396266

 $00{:}55{:}54.120 \dashrightarrow 00{:}55{:}56.045$ but I think this is important to

NOTE Confidence: 0.85396266

 $00:55:56.045 \longrightarrow 00:55:58.019$ perhaps talk to the audience today.

NOTE Confidence: 0.85396266

 $00:55:58.020 \longrightarrow 00:56:00.420$ What is a typical care team you know?

NOTE Confidence: 0.85396266

 $00:56:00.420 \longrightarrow 00:56:02.220$ Can you tell me doctors, nurses?

NOTE Confidence: 0.85396266

 $00:56:02.220 \longrightarrow 00:56:03.420$ What are their roles?

00:56:03.420 --> 00:56:04.975 Maybe Doctor Billings would be

NOTE Confidence: 0.85396266

00:56:04.975 --> 00:56:06.868 helpful to talk a little bit

NOTE Confidence: 0.85396266

 $00:56:06.868 \longrightarrow 00:56:08.518$ about the care team at Smilow.

NOTE Confidence: 0.93111163

00:56:09.410 --> 00:56:11.186 You know, I would be happy

NOTE Confidence: 0.93111163

 $00:56:11.190 \longrightarrow 00:56:13.258$ to do that, and I think that.

NOTE Confidence: 0.87151176

00:56:15.320 --> 00:56:18.116 To the point of your introductory

NOTE Confidence: 0.87151176

 $00:56:18.116 \longrightarrow 00:56:21.091$ comments relating to the excellence and

NOTE Confidence: 0.87151176

00:56:21.091 --> 00:56:24.163 the dedication of our nursing teams.

NOTE Confidence: 0.87151176

 $00{:}56{:}24.170 \dashrightarrow 00{:}56{:}28.953$ Most of our care teams consist of a group of.

NOTE Confidence: 0.87151176

 $00:56:28.953 \longrightarrow 00:56:30.399$ Medical specialists,

NOTE Confidence: 0.87151176

 $00:56:30.400 \longrightarrow 00:56:33.190$ including both physicians as well

NOTE Confidence: 0.87151176

 $00:56:33.190 \longrightarrow 00:56:35.988$ as advanced practice providers who

NOTE Confidence: 0.87151176

 $00:56:35.988 \longrightarrow 00:56:38.778$ can be either physicians assistants

NOTE Confidence: 0.87151176

 $00:56:38.780 \longrightarrow 00:56:41.574$ or advanced practice nurses and

NOTE Confidence: 0.87151176

 $00:56:41.574 \longrightarrow 00:56:43.806$ those those individuals form.

NOTE Confidence: 0.87151176

 $00:56:43.810 \longrightarrow 00:56:46.050$ The primary clinical teams,

 $00:56:46.050 \longrightarrow 00:56:51.080$ but they work hand in hand with our partners

NOTE Confidence: 0.87151176

 $00{:}56{:}51.080 \to 00{:}56{:}54.700$ in nursing to problem solve problems.

NOTE Confidence: 0.87151176

 $00:56:54.700 \longrightarrow 00:56:56.340$ Answer questions.

NOTE Confidence: 0.87151176

 $00:56:56.340 \longrightarrow 00:56:58.976$ Kind of arrange the continuity

NOTE Confidence: 0.87151176

 $00:56:58.976 \longrightarrow 00:57:01.224$ of care and and.

NOTE Confidence: 0.87151176

 $00:57:01.230 \longrightarrow 00:57:03.612$ Cover those gaps that can occur

NOTE Confidence: 0.87151176

 $00:57:03.612 \longrightarrow 00:57:05.962$ in as patients and families

NOTE Confidence: 0.87151176

 $00{:}57{:}05.962 \dashrightarrow 00{:}57{:}08.475$ transition through cancer treatment.

NOTE Confidence: 0.87151176

 $00:57:08.475 \longrightarrow 00:57:10.888$ In addition to care teams.

NOTE Confidence: 0.8746218

00:57:12.980 --> 00:57:15.370 In addition to physicians, nurses,

NOTE Confidence: 0.8746218

 $00{:}57{:}15.370 \to 00{:}57{:}17.234$ and advanced practice providers,

NOTE Confidence: 0.8746218

 $00:57:17.234 \longrightarrow 00:57:21.084$ there are an entire range of of of

NOTE Confidence: 0.8746218

 $00{:}57{:}21.084 \dashrightarrow 00{:}57{:}23.474$ professionals who also add significant

NOTE Confidence: 0.8746218

 $00:57:23.474 \longrightarrow 00:57:26.336$ value and improve the patient experience.

NOTE Confidence: 0.8746218

00:57:26.340 --> 00:57:28.725 That includes people like our

 $00:57:28.725 \longrightarrow 00:57:31.110$ teams in nutrition and dietetics.

NOTE Confidence: 0.8746218

 $00{:}57{:}31.110 \dashrightarrow 00{:}57{:}34.338$ Are folks in physical therapy and

NOTE Confidence: 0.8746218

00:57:34.338 --> 00:57:36.490 occupational therapy who support

NOTE Confidence: 0.8746218

00:57:36.578 --> 00:57:39.906 the care of our patients both in the

NOTE Confidence: 0.8746218

 $00:57:39.906 \longrightarrow 00:57:42.209$ outpatient and inpatient spaces.

NOTE Confidence: 0.8746218

00:57:42.210 --> 00:57:45.294 Our social workers and our mental

NOTE Confidence: 0.8746218

00:57:45.294 --> 00:57:47.854 health providers and of course,

NOTE Confidence: 0.8746218

 $00.57.47.860 \longrightarrow 00.57.50.944$ the group on this call are

NOTE Confidence: 0.8746218

 $00{:}57{:}50.944 \dashrightarrow 00{:}57{:}53.350$ integrative medicine services.

NOTE Confidence: 0.8746218

00:57:53.350 --> 00:57:56.527 So I think that the term team is quite

NOTE Confidence: 0.8746218

 $00{:}57{:}56.527 {\:\dashrightarrow\:} 00{:}57{:}58.978$ broad and there will be different

NOTE Confidence: 0.8746218

00:57:58.978 --> 00:58:01.936 members of the team in play in

NOTE Confidence: 0.8746218

 $00:58:01.936 \longrightarrow 00:58:04.540$ front and center depending on where

NOTE Confidence: 0.8746218

 $00{:}58{:}04.540 \dashrightarrow 00{:}58{:}08.410$ people are in their cancer journey.

NOTE Confidence: 0.8746218

 $00:58:08.410 \longrightarrow 00:58:11.610$ But the real.

NOTE Confidence: 0.8746218

 $00:58:11.610 \longrightarrow 00:58:13.842$ Healing comes from all of us

 $00:58:13.842 \longrightarrow 00:58:15.330$ coming together with patients

NOTE Confidence: 0.8746218

00:58:15.397 --> 00:58:17.127 and families at the center.

NOTE Confidence: 0.8656858

00:58:17.760 --> 00:58:19.356 Thank you doctor Billingslea.

NOTE Confidence: 0.8656858

00:58:19.356 --> 00:58:22.940 I know it's it's almost the top of the hour.

NOTE Confidence: 0.8656858

 $00:58:22.940 \longrightarrow 00:58:25.705$ I want to thank all the panelists

NOTE Confidence: 0.8656858

 $00:58:25.705 \longrightarrow 00:58:27.622$ for sharing information as I

NOTE Confidence: 0.8656858

 $00.58:27.622 \longrightarrow 00.58:29.596$ started and said in the beginning

NOTE Confidence: 0.8656858

 $00:58:29.600 \longrightarrow 00:58:32.560$ that we hope we can keep these as

NOTE Confidence: 0.8656858

 $00:58:32.560 \longrightarrow 00:58:34.410$ frequent ways of getting together.

NOTE Confidence: 0.8656858

00:58:34.410 --> 00:58:37.370 So if you have other ideas for future,

NOTE Confidence: 0.8656858

00:58:37.370 --> 00:58:39.220 patient and family form topics,

NOTE Confidence: 0.8656858

 $00:58:39.220 \longrightarrow 00:58:41.440$ please email your questions to cancers.

NOTE Confidence: 0.8656858

 $00:58:41.440 \longrightarrow 00:58:44.030$ Answers at Yale Dot E D2 Edu.

NOTE Confidence: 0.8656858

00:58:44.030 --> 00:58:46.990 You can also follow us up on Facebook,

NOTE Confidence: 0.8656858

00:58:46.990 --> 00:58:47.899 Twitter, Instagram, YouTube.

 $00:58:47.899 \longrightarrow 00:58:50.736$ All the channels and of course for the many

NOTE Confidence: 0.8656858

 $00:58:50.736 \longrightarrow 00:58:52.386$ many questions on integrative medicine,

NOTE Confidence: 0.8656858

00:58:52.390 --> 00:58:54.790 I hope you will log on in seed

NOTE Confidence: 0.8656858

 $00:58:54.790 \longrightarrow 00:58:55.990$ all the offerings there.

NOTE Confidence: 0.8656858

 $00:58:55.990 \longrightarrow 00:58:58.537$ Stay on if you have time and I apologize

NOTE Confidence: 0.8656858

 $00{:}58{:}58.537 \dashrightarrow 00{:}59{:}01.384$ if I didn't get to all of your questions.

NOTE Confidence: 0.8656858

 $00:59:01.390 \longrightarrow 00:59:03.266$ I hope we will continue to answer

NOTE Confidence: 0.8656858

00:59:03.266 --> 00:59:05.348 this and I hope you continue to

NOTE Confidence: 0.8656858

00:59:05.348 --> 00:59:07.172 come back and connect with us

NOTE Confidence: 0.8656858

 $00:59:07.240 \longrightarrow 00:59:09.190$ and share your feedback with us.

NOTE Confidence: 0.8656858

 $00{:}59{:}09.190 \dashrightarrow 00{:}59{:}10.009$ As I mentioned,

NOTE Confidence: 0.8656858

 $00:59:10.009 \longrightarrow 00:59:11.647$ there's a lovely video by the

NOTE Confidence: 0.8656858

 $00{:}59{:}11.647 \dashrightarrow 00{:}59{:}12.790$ Integrative Medicine Service.

NOTE Confidence: 0.8591419

 $00:59:16.110 \longrightarrow 00:59:17.668$ I had felt a small

NOTE Confidence: 0.8591419

00:59:17.670 --> 00:59:19.980 lump in my right breast and ended up

NOTE Confidence: 0.8591419

 $00:59:19.980 \longrightarrow 00:59:22.079$ finding out that I was being diagnosed

 $00{:}59{:}22.079 \dashrightarrow 00{:}59{:}24.431$ with breast cancer was a stage three

NOTE Confidence: 0.8591419

 $00{:}59{:}24.431 \to 00{:}59{:}25.770$ pretty aggressive breast cancer

NOTE Confidence: 0.8591419

 $00:59:25.770 \longrightarrow 00:59:28.226$ and the year after I retired I went

NOTE Confidence: 0.8591419

 $00:59:28.226 \longrightarrow 00:59:30.530$ for a test and a doctor said I we

NOTE Confidence: 0.8591419

 $00:59:30.600 \longrightarrow 00:59:32.958$ see something on your long weekend.

NOTE Confidence: 0.8591419

 $00:59:32.960 \longrightarrow 00:59:34.520$ It looks like ground glass.

NOTE Confidence: 0.8591419

 $00:59:34.520 \longrightarrow 00:59:37.328$ I was diagnosed as stage one at the time.

NOTE Confidence: 0.8591419

 $00{:}59{:}37.330 --> 00{:}59{:}40.159$ It was drama.

NOTE Confidence: 0.8591419

00:59:40.160 --> 00:59:41.710 When you get that diagnosis,

NOTE Confidence: 0.8591419

 $00:59:41.710 \longrightarrow 00:59:43.880$ you really hit right between the eyes.

NOTE Confidence: 0.8591419

 $00:59:43.880 \longrightarrow 00:59:45.740$ It's very difficult at that time.

NOTE Confidence: 0.8591419

00:59:45.740 --> 00:59:46.868 I had two girls,

NOTE Confidence: 0.8591419

 $00{:}59{:}46.868 \dashrightarrow 00{:}59{:}48.964$ so freshman in a senior in high

NOTE Confidence: 0.8591419

 $00:59:48.964 \longrightarrow 00:59:51.316$ school and just kind of the unknown.

NOTE Confidence: 0.8591419

 $00:59:51.320 \longrightarrow 00:59:53.800$ What comes next and where am I getting

 $00:59:53.800 \longrightarrow 00:59:55.970$ the help and what are my options?

NOTE Confidence: 0.8337314

 $01:00:11.430 \longrightarrow 01:00:14.237$ Here at Smilow we have cutting edge

NOTE Confidence: 0.8337314

 $01:00:14.237 \longrightarrow 01:00:16.218$ disease focused treatments that patients

NOTE Confidence: 0.8337314

01:00:16.218 --> 01:00:18.682 come to get cures for their cancer.

NOTE Confidence: 0.8337314

 $01:00:18.690 \longrightarrow 01:00:20.575$ The Integrative Medicine program focuses

NOTE Confidence: 0.8337314

 $01:00:20.575 \longrightarrow 01:00:23.269$ on the human side of the patient.

NOTE Confidence: 0.8337314

 $01{:}00{:}23.270 \dashrightarrow 01{:}00{:}25.895$ What I see with my patients who

NOTE Confidence: 0.8337314

 $01:00:25.895 \longrightarrow 01:00:27.700$ use integrative medicine services.

NOTE Confidence: 0.8337314

 $01{:}00{:}27.700 \dashrightarrow 01{:}00{:}29.732$ Is a sense of being able to reflect

NOTE Confidence: 0.8337314

 $01:00:29.732 \longrightarrow 01:00:31.614$ to be able to express themselves

NOTE Confidence: 0.8337314

 $01:00:31.614 \longrightarrow 01:00:34.026$ or be able to get physical relief

NOTE Confidence: 0.8337314

 $01:00:34.026 \longrightarrow 01:00:36.306$ from the services that are provided?

NOTE Confidence: 0.8337314

 $01:00:36.310 \longrightarrow 01:00:37.270$ One of the

NOTE Confidence: 0.8582537

01:00:37.270 --> 01:00:39.178 best ways to describe integrative medicine,

NOTE Confidence: 0.8582537

 $01:00:39.180 \longrightarrow 01:00:41.100$ especially in terms of cancer care,

NOTE Confidence: 0.8582537

 $01:00:41.100 \longrightarrow 01:00:43.326$ is if the cancer is a weed.

01:00:43.330 --> 01:00:44.602 Your oncologist is phenomenal

NOTE Confidence: 0.8582537

 $01:00:44.602 \longrightarrow 01:00:46.192$ at dealing with that read.

NOTE Confidence: 0.8582537

 $01:00:46.200 \longrightarrow 01:00:47.800$ They can focus on it.

NOTE Confidence: 0.8582537

01:00:47.800 --> 01:00:49.594 It's really our job to focus

NOTE Confidence: 0.8582537

 $01:00:49.594 \longrightarrow 01:00:51.630$ on the rest of the garden.

NOTE Confidence: 0.8582537

 $01:00:51.630 \longrightarrow 01:00:54.214$ Build the Flowers, make sure that the soil

NOTE Confidence: 0.8582537

 $01:00:54.214 \longrightarrow 01:00:56.087$ is inhospitable to the weeds anymore.

NOTE Confidence: 0.8582537

 $01{:}00{:}56.090 \dashrightarrow 01{:}00{:}58.407$ I went through chemo and the surgery.

NOTE Confidence: 0.8582537

01:00:58.410 --> 01:01:00.834 And I went home and I languished for

NOTE Confidence: 0.8582537

01:01:00.834 --> 01:01:03.659 about 6 years just sitting around home,

NOTE Confidence: 0.8582537

 $01:01:03.660 \longrightarrow 01:01:04.360$ feeling whatever.

NOTE Confidence: 0.8582537

 $01:01:04.360 \longrightarrow 01:01:06.110$ Sorry for myself or whatever.

NOTE Confidence: 0.8582537

 $01:01:06.110 \longrightarrow 01:01:07.860$ And then I met the

NOTE Confidence: 0.84399515

 $01:01:07.860 \longrightarrow 01:01:09.960$ data Brewer, one of the highlights

NOTE Confidence: 0.84399515

 $01:01:09.960 \longrightarrow 01:01:11.769$ of being an integrative medicine

01:01:11.769 --> 01:01:14.505 practitioner is that I get to go upstairs,

NOTE Confidence: 0.84399515

 $01:01:14.510 \longrightarrow 01:01:16.260$ engage with patients that wouldn't

NOTE Confidence: 0.84399515

01:01:16.260 --> 01:01:17.660 normally choose integrative medicine,

NOTE Confidence: 0.84399515

 $01:01:17.660 \longrightarrow 01:01:20.110$ because maybe they are unsure of what

NOTE Confidence: 0.84399515

 $01:01:20.110 \longrightarrow 01:01:22.910$ we offer or they haven't heard of it.

NOTE Confidence: 0.84399515

 $01:01:22.910 \longrightarrow 01:01:24.310$ We do yoga classes.

NOTE Confidence: 0.84399515

01:01:24.310 --> 01:01:26.060 We have Tai chi Qigong.

NOTE Confidence: 0.84399515

 $01:01:26.060 \longrightarrow 01:01:27.460$ We have meditation classes,

NOTE Confidence: 0.84399515

 $01:01:27.460 \longrightarrow 01:01:29.210$ Zumba classes. We do huge,

NOTE Confidence: 0.84399515

01:01:29.210 --> 01:01:30.610 creative expression collaborative projects,

NOTE Confidence: 0.84399515

 $01:01:30.610 \longrightarrow 01:01:31.310$ an individual.

NOTE Confidence: 0.84399515

 $01:01:31.310 \longrightarrow 01:01:32.710$ Projects we have massage.

NOTE Confidence: 0.84399515

 $01:01:32.710 \longrightarrow 01:01:34.845$ We have Reiki and when I say

NOTE Confidence: 0.84399515

01:01:34.845 --> 01:01:36.380 there's something for everyone,

NOTE Confidence: 0.84399515

 $01:01:36.380 \longrightarrow 01:01:38.138$ there really is because at the

NOTE Confidence: 0.84399515

 $01:01:38.138 \longrightarrow 01:01:39.722$ very very least there's breathing

 $01:01:39.722 \longrightarrow 01:01:41.154$ and there's breathing exercises

NOTE Confidence: 0.84399515

 $01:01:41.154 \longrightarrow 01:01:43.342$ and there's just ways to help

NOTE Confidence: 0.84399515

 $01:01:43.342 \longrightarrow 01:01:45.057$ alleviate stress and feel better.

NOTE Confidence: 0.84399515

 $01:01:45.060 \longrightarrow 01:01:46.610$ Many of these services are

NOTE Confidence: 0.84399515

 $01{:}01{:}46.610 \longrightarrow 01{:}01{:}48.588$ offered online or through zoom or

NOTE Confidence: 0.84399515

 $01:01:48.588 \longrightarrow 01:01:50.068$ through phone based treatments.

NOTE Confidence: 0.84399515

01:01:50.070 --> 01:01:51.750 My patients love the fact that

NOTE Confidence: 0.84399515

 $01:01:51.750 \longrightarrow 01:01:53.314$ they have all these different

NOTE Confidence: 0.84399515

01:01:53.314 --> 01:01:55.219 services to choose from that's

NOTE Confidence: 0.84399515

01:01:55.219 --> 01:01:56.743 provided by the integrative

NOTE Confidence: 0.8376307

 $01:01:56.750 \longrightarrow 01:01:59.638$ team. When I met Dana she indicated the

NOTE Confidence: 0.8376307

 $01:01:59.638 \longrightarrow 01:02:02.139$ Smiler wanted to make 1000 white birds.

NOTE Confidence: 0.8376307

01:02:02.140 --> 01:02:04.210 As a as a project and if I'd like

NOTE Confidence: 0.8376307

 $01:02:04.210 \longrightarrow 01:02:06.420$ to participate, learn how to make

NOTE Confidence: 0.8376307

 $01:02:06.420 \longrightarrow 01:02:08.130$ that like jumped at the opportunity.

 $01:02:08.130 \longrightarrow 01:02:09.535$ There was a doctor from

NOTE Confidence: 0.8376307

 $01:02:09.535 \longrightarrow 01:02:11.260$ the Malaysia for as a boy.

NOTE Confidence: 0.8376307

 $01:02:11.260 \longrightarrow 01:02:13.304$ He bowfishing as he took the thousand

NOTE Confidence: 0.8376307

 $01:02:13.304 \longrightarrow 01:02:15.297$ birds and move them into a fishing

NOTE Confidence: 0.8376307

 $01:02:15.297 \longrightarrow 01:02:17.227$ net and it was displayed in the

NOTE Confidence: 0.8376307

01:02:17.227 --> 01:02:18.943 Smiler lobby for the longest time

NOTE Confidence: 0.8376307

 $01:02:18.943 \longrightarrow 01:02:21.075$ and then they took it down and cut

NOTE Confidence: 0.8376307

 $01:02:21.075 \longrightarrow 01:02:22.992$ the birds out and gave those birds

NOTE Confidence: 0.8376307

 $01{:}02{:}22.992 \dashrightarrow 01{:}02{:}25.050$ to cancer patients and that now that

NOTE Confidence: 0.8376307

 $01:02:25.050 \longrightarrow 01:02:27.470$ I think about it that was really the

NOTE Confidence: 0.8376307

01:02:27.470 --> 01:02:29.324 emphasis for me wanting to do it.

NOTE Confidence: 0.8376307

01:02:29.324 --> 01:02:31.162 It's kind of like set planted the

NOTE Confidence: 0.8376307

 $01:02:31.162 \longrightarrow 01:02:32.832$ seed sometimes it's just simply

NOTE Confidence: 0.8376307

01:02:32.832 --> 01:02:34.168 about experiencing joy again.

NOTE Confidence: 0.8376307

 $01:02:34.170 \longrightarrow 01:02:35.755$ Because they've become so used

NOTE Confidence: 0.8376307

 $01:02:35.755 \longrightarrow 01:02:37.340$ to this pattern of chemotherapy,

 $01{:}02{:}37.340 --> 01{:}02{:}38.524$ feeling ill, feeling sick.

NOTE Confidence: 0.8376307

 $01:02:38.524 \longrightarrow 01:02:40.719$ But if you can give them these

NOTE Confidence: 0.8376307

01:02:40.719 --> 01:02:42.843 Nuggets of hapiness then you can

NOTE Confidence: 0.8376307

 $01:02:42.843 \longrightarrow 01:02:44.539$ really transform their journey in

NOTE Confidence: 0.8376307

 $01{:}02{:}44.539 \dashrightarrow 01{:}02{:}46.527$ who they are and who they become.

NOTE Confidence: 0.8376307

01:02:46.530 --> 01:02:48.432 And so everybody is always seeking

NOTE Confidence: 0.8376307

 $01:02:48.432 \longrightarrow 01:02:49.383$ to be happy.

NOTE Confidence: 0.8376307

 $01:02:49.390 \longrightarrow 01:02:51.609$ Once you get the weight of cancer

NOTE Confidence: 0.8376307

01:02:51.609 --> 01:02:52.560 on your back,

NOTE Confidence: 0.8376307

 $01:02:52.560 \longrightarrow 01:02:54.779$ it's so much more challenging to go

NOTE Confidence: 0.8376307

 $01:02:54.779 \longrightarrow 01:02:56.998$ into that place, but that's you know,

NOTE Confidence: 0.8376307

 $01:02:56.998 \longrightarrow 01:02:58.900$ that's the strength of integrative medicine.

NOTE Confidence: 0.8376307

 $01:02:58.900 \longrightarrow 01:03:00.712$ If we give the patients those

NOTE Confidence: 0.8376307

 $01:03:00.712 \longrightarrow 01:03:03.019$ tools to get back into that place,

NOTE Confidence: 0.8376307

 $01:03:03.020 \longrightarrow 01:03:04.088$ the support really.

01:03:04.088 --> 01:03:05.156 Raised me up,

NOTE Confidence: 0.8376307

 $01:03:05.160 \longrightarrow 01:03:07.330$ it gave me so much strength to

NOTE Confidence: 0.8376307

 $01:03:07.330 \longrightarrow 01:03:09.069$ clearly battle both for physical

NOTE Confidence: 0.8376307

01:03:09.070 --> 01:03:10.971 pain but just my emotional well

NOTE Confidence: 0.8376307

01:03:10.971 --> 01:03:13.538 being as much as I wasn't a yoga

NOTE Confidence: 0.8376307

 $01{:}03{:}13.538 \dashrightarrow 01{:}03{:}15.590$ person and maybe still am not.

NOTE Confidence: 0.8376307

01:03:15.590 --> 01:03:17.546 I looked forward to going there.

NOTE Confidence: 0.8376307

 $01:03:17.550 \longrightarrow 01:03:19.500$ I look forward to the conversations

NOTE Confidence: 0.8376307

 $01:03:19.500 \longrightarrow 01:03:20.475$ that were held.

NOTE Confidence: 0.8376307

 $01:03:20.480 \longrightarrow 01:03:22.432$ I looked forward to the praise

NOTE Confidence: 0.8376307

 $01{:}03{:}22.432 \dashrightarrow 01{:}03{:}24.390$ that was given for small little

NOTE Confidence: 0.8376307

 $01{:}03{:}24.390 --> 01{:}03{:}26.020$ gains from week to week.

NOTE Confidence: 0.8376307

 $01:03:26.020 \longrightarrow 01:03:28.236$ I just looked forward to the comfort.

NOTE Confidence: 0.8376307

 $01:03:28.236 \longrightarrow 01:03:30.910$ Really that a lot of the programs provided

NOTE Confidence: 0.85847026

 $01:03:30.910 \longrightarrow 01:03:32.530$ me. Integrative Medicine is another

NOTE Confidence: 0.85847026

 $01:03:32.530 \longrightarrow 01:03:34.150$ layer of support for patients

01:03:34.203 --> 01:03:35.948 going through treatment and beyond.

NOTE Confidence: 0.85847026

 $01:03:35.950 \longrightarrow 01:03:38.422$ To help them achieve that hope and optimism

NOTE Confidence: 0.85847026

 $01:03:38.422 \longrightarrow 01:03:41.010$ and that connected feeling that they need

NOTE Confidence: 0.8190668

 $01:03:41.010 \longrightarrow 01:03:43.026$ when I walk into the room,

NOTE Confidence: 0.8190668

 $01{:}03{:}43.030 --> 01{:}03{:}45.389$ I'll say hello, my name is Dessie.

NOTE Confidence: 0.8190668

 $01:03:45.390 \longrightarrow 01:03:47.402$ I'm volunteer here another

NOTE Confidence: 0.8190668

 $01:03:47.402 \longrightarrow 01:03:49.414$ 13 year cancer survivor.

NOTE Confidence: 0.8190668

01:03:49.420 --> 01:03:50.624 During my time here,

NOTE Confidence: 0.8190668

 $01:03:50.624 \longrightarrow 01:03:52.800$ I learned how to make origami birds

NOTE Confidence: 0.8190668

 $01{:}03{:}52.800 \dashrightarrow 01{:}03{:}54.949$ and today I make them for cancer

NOTE Confidence: 0.8190668

 $01{:}03{:}54.949 \dashrightarrow 01{:}03{:}56.709$ patients and other nice people.

NOTE Confidence: 0.8190668

 $01:03:56.710 \longrightarrow 01:03:58.606$ Will you accept this for me?

NOTE Confidence: 0.8190668

 $01{:}03{:}58.610 \dashrightarrow 01{:}04{:}00.927$ I couldn't give away fast enough because

NOTE Confidence: 0.8190668

 $01{:}04{:}00.927 \dashrightarrow 01{:}04{:}03.165$ I would get this shot of dopamine

NOTE Confidence: 0.8190668

 $01:04:03.165 \longrightarrow 01:04:05.929$ in my brain and I walked out of the

 $01:04:05.929 \longrightarrow 01:04:08.113$ hospital like 6 inches off the ground.

NOTE Confidence: 0.8190668

 $01:04:08.120 \longrightarrow 01:04:10.026$ I think I gave 2000 birds

NOTE Confidence: 0.8190668

01:04:10.026 --> 01:04:11.606 away in 2818 and 19.

NOTE Confidence: 0.8190668

 $01:04:11.610 \longrightarrow 01:04:12.878$ I'm reminded daily that

NOTE Confidence: 0.8190668

01:04:12.878 --> 01:04:14.146 I'm a cancer survivor,

NOTE Confidence: 0.8190668

01:04:14.150 --> 01:04:16.481 but I find that I am incredibly

NOTE Confidence: 0.8190668

 $01{:}04{:}16.481 \dashrightarrow 01{:}04{:}18.745$ resilient and I believe that I

NOTE Confidence: 0.8190668

01:04:18.745 --> 01:04:21.220 am due to the strength that I gained.

NOTE Confidence: 0.8190668

01:04:21.220 --> 01:04:22.880 From those people that I

NOTE Confidence: 0.8190668

 $01:04:22.880 \longrightarrow 01:04:24.208$ met along the journey,

NOTE Confidence: 0.8190668

 $01:04:24.210 \longrightarrow 01:04:26.818$ I was fortunate enough to have a great

NOTE Confidence: 0.8190668

 $01{:}04{:}26.818 \to 01{:}04{:}28.852$ support system already in place with

NOTE Confidence: 0.8190668

 $01:04:28.852 \longrightarrow 01:04:31.166$ my family and friends in my community.

NOTE Confidence: 0.8190668

01:04:31.166 --> 01:04:33.551 But I think I gained more strength

NOTE Confidence: 0.8190668

 $01:04:33.551 \longrightarrow 01:04:35.603$ as well from the doctors and

NOTE Confidence: 0.8190668

 $01:04:35.603 \longrightarrow 01:04:37.489$ nurses and the staff in the

 $01{:}04{:}37.490 \dashrightarrow 01{:}04{:}38.480$ Integrative Medicine Department

NOTE Confidence: 0.8190668

 $01{:}04{:}38.480 \dashrightarrow 01{:}04{:}40.720$ and just the people that I've met

NOTE Confidence: 0.8190668

01:04:40.720 --> 01:04:42.080 through becoming involved with

NOTE Confidence: 0.8190668

 $01:04:42.080 \longrightarrow 01:04:43.795$ the looking forward fashion show.

NOTE Confidence: 0.8190668

 $01:04:43.800 \longrightarrow 01:04:46.117$ It continues to show me the importance

NOTE Confidence: 0.883337

 $01{:}04{:}46.120 \dashrightarrow 01{:}04{:}48.206$ of the program and in giving back

NOTE Confidence: 0.883337

 $01:04:48.206 \longrightarrow 01:04:50.002$ every dollar that's donated ends

NOTE Confidence: 0.883337

 $01{:}04{:}50.002 \dashrightarrow 01{:}04{:}51.690$ up affecting countless patients.

NOTE Confidence: 0.883337

 $01:04:51.690 \longrightarrow 01:04:53.225$ Providers and family members that

NOTE Confidence: 0.883337

 $01:04:53.225 \longrightarrow 01:04:55.170$ we can't even imagine we're growing

NOTE Confidence: 0.87694067

 $01:04:55.170 \longrightarrow 01:04:57.375$ and developing program and we need support.

NOTE Confidence: 0.87694067

 $01:04:57.380 \longrightarrow 01:04:59.270$ We need help to create that.

NOTE Confidence: 0.87694067

 $01{:}04{:}59.270 \dashrightarrow 01{:}05{:}01.870$ We really do rely on the support of

NOTE Confidence: 0.87694067

 $01:05:01.870 \longrightarrow 01:05:04.329$ people to help us grow and help us

NOTE Confidence: 0.87694067

 $01:05:04.330 \longrightarrow 01:05:05.590$ thrive. He started with

 $01:05:05.590 \longrightarrow 01:05:06.535$ the integrated services,

NOTE Confidence: 0.87694067

 $01:05:06.540 \longrightarrow 01:05:08.745$ you know he just changed like that.

NOTE Confidence: 0.87694067

 $01:05:08.750 \longrightarrow 01:05:10.890$ He was the old Desi. You know,

NOTE Confidence: 0.87694067

 $01:05:10.890 \longrightarrow 01:05:12.570$ very positive and very often without

NOTE Confidence: 0.87694067

 $01:05:12.570 \longrightarrow 01:05:14.130$ the creative expressions program.

NOTE Confidence: 0.87694067

01:05:14.130 --> 01:05:15.954 I think he would not have

NOTE Confidence: 0.87694067

 $01:05:15.954 \longrightarrow 01:05:17.919$ been the man he is today.

NOTE Confidence: 0.87694067

 $01:05:17.920 \longrightarrow 01:05:18.850$ I really don't.

NOTE Confidence: 0.87694067

 $01{:}05{:}18.850 \dashrightarrow 01{:}05{:}21.736$ I think he would have went into a deep

NOTE Confidence: 0.87694067

 $01:05:21.736 \longrightarrow 01:05:24.010$ depression but it was a godsend. Now

NOTE Confidence: 0.85135835

 $01:05:24.010 \longrightarrow 01:05:26.738$ what good is treating them on physical level?

NOTE Confidence: 0.85135835

 $01:05:26.740 \longrightarrow 01:05:28.445$ If you leave the emotional

NOTE Confidence: 0.85135835

 $01:05:28.445 \longrightarrow 01:05:29.809$ and spiritual level untouched,

NOTE Confidence: 0.85135835

 $01:05:29.810 \longrightarrow 01:05:32.064$ this is this touches that this gives

NOTE Confidence: 0.85135835

 $01:05:32.064 \longrightarrow 01:05:34.578$ us a chance to to heal completely.