WEBVTT

00:00:00.000 --> 00:00:02.490 Support for Yale Cancer Answers

NOTE Confidence: 0.8569949

 $00:00:02.490 \longrightarrow 00:00:04.980$ comes from AstraZeneca, dedicated

NOTE Confidence: 0.8569949

 $00:00:05.057 \longrightarrow 00:00:07.432$ to advancing options and providing

NOTE Confidence: 0.8569949

 $00:00:07.432 \longrightarrow 00:00:10.420$ hope for people living with cancer.

NOTE Confidence: 0.8569949

 $00:00:10.420 \longrightarrow 00:00:14.180$ More information at astrazeneca-us.com.

NOTE Confidence: 0.8569949

 $00:00:14.180 \longrightarrow 00:00:15.850$ Welcome to Yale Cancer Answers

NOTE Confidence: 0.8569949

 $00:00:15.850 \longrightarrow 00:00:17.186$ with your host doctor Anees Chappar.

NOTE Confidence: 0.8569949

00:00:17.190 --> 00:00:19.514 Yale Cancer Answers

NOTE Confidence: 0.8569949

00:00:19.520 --> 00:00:21.455 features the latest information on

NOTE Confidence: 0.8569949

 $00:00:21.455 \longrightarrow 00:00:23.743$ cancer care by welcoming oncologists and

NOTE Confidence: 0.8569949

 $00:00:23.743 \longrightarrow 00:00:25.801$ specialists who are on the forefront of

NOTE Confidence: 0.8569949

00:00:25.801 --> 00:00:27.866 the battle to fight cancer. This week,

NOTE Confidence: 0.8569949

00:00:27.870 --> 00:00:29.784 it's a conversation about cancer care

NOTE Confidence: 0.8569949

 $00:00:29.784 \dashrightarrow 00:00:31.879$ in the community with Doctor Anamika Katoch.

NOTE Confidence: 0.8569949

 $00:00:31.880 \longrightarrow 00:00:34.274$ Dr Katoch is assistant professor

00:00:34.274 --> 00:00:35.997 of clinical medicine and medical

NOTE Confidence: 0.8569949

 $00:00:35.997 \longrightarrow 00:00:38.230$ oncology at the Yale School of Medicine,

NOTE Confidence: 0.8569949

 $00:00:38.230 \longrightarrow 00:00:41.236$ where Doctor Chagpar is a

NOTE Confidence: 0.8569949

00:00:41.236 --> 00:00:43.610 professor of surgical oncology.

NOTE Confidence: 0.8341925

 $00:00:43.610 \longrightarrow 00:00:46.554$ Doctor Katoch, maybe you could start off by

NOTE Confidence: 0.8341925

 $00:00:46.554 \longrightarrow 00:00:49.476$ telling us a little bit about yourself and

NOTE Confidence: 0.8341925

 $00:00:49.480 \longrightarrow 00:00:51.676$ what it is that you do.

NOTE Confidence: 0.8341925

 $00:00:51.680 \longrightarrow 00:00:53.520$ So I'm a hematologist oncologist,

NOTE Confidence: 0.8341925

 $00{:}00{:}53.520 \dashrightarrow 00{:}00{:}56.089$ and I work out of Smilow Waterbury.

NOTE Confidence: 0.8341925

00:00:56.090 --> 00:00:58.554 It's a small community setting we

NOTE Confidence: 0.8341925

 $00{:}00{:}58.554 \dashrightarrow 00{:}01{:}01.445$ work out of a regional Cancer Center

NOTE Confidence: 0.8341925

 $00:01:01.445 \longrightarrow 00:01:04.079$ called the Harold Leever Cancer Center.

NOTE Confidence: 0.8341925

00:01:04.080 --> 00:01:06.636 So I'm a general community oncologist,

NOTE Confidence: 0.8341925

 $00:01:06.640 \longrightarrow 00:01:09.629$ and I see all kinds of cancer.

NOTE Confidence: 0.8341925

 $00:01:09.630 \longrightarrow 00:01:11.334$ The more common cancers,

NOTE Confidence: 0.8341925

 $00:01:11.334 \longrightarrow 00:01:13.390$ of course, are more common,

 $00:01:13.390 \longrightarrow 00:01:17.739$ so I tend to see those more than the others.

NOTE Confidence: 0.8341925

00:01:17.740 --> 00:01:20.140 But breast, lung, colon, lymphoma,

NOTE Confidence: 0.8341925

 $00:01:20.140 \longrightarrow 00:01:22.440$ and also some hematology patients.

NOTE Confidence: 0.8341925

 $00:01:22.440 \longrightarrow 00:01:26.280$ And so how common is cancer in

NOTE Confidence: 0.85614455

 $00:01:26.280 \longrightarrow 00:01:27.302$ the community?

NOTE Confidence: 0.85614455

 $00:01:27.302 \longrightarrow 00:01:30.368$ I mean when we think about

NOTE Confidence: 0.85614455

 $00:01:30.370 \longrightarrow 00:01:32.262$ cancers,

NOTE Confidence: 0.85614455

00:01:32.262 --> 00:01:34.627 very often we think about

NOTE Confidence: 0.85614455

00:01:34.627 --> 00:01:37.127 people going to large centers.

NOTE Confidence: 0.85614455

00:01:37.130 --> 00:01:38.579 New York, Boston,

NOTE Confidence: 0.85614455

 $00:01:38.579 \longrightarrow 00:01:40.028$ Houston, New Haven.

NOTE Confidence: 0.85614455

 $00:01:40.030 \longrightarrow 00:01:42.440$ But you're in a

NOTE Confidence: 0.85614455

 $00{:}01{:}42.440 \dashrightarrow 00{:}01{:}43.886$ small Community Center.

NOTE Confidence: 0.85614455

 $00{:}01{:}43.890 \dashrightarrow 00{:}01{:}46.788$ So how often does cancer present

NOTE Confidence: 0.85614455

 $00:01:46.788 \longrightarrow 00:01:48.720$ in those community centers?

 $00:01:48.720 \longrightarrow 00:01:50.660$ So it is surprising

NOTE Confidence: 0.8448559

 $00{:}01{:}50.660 \rightarrow 00{:}01{:}54.034$ to see that cancer is very prevalent,

NOTE Confidence: 0.8448559

 $00:01:54.040 \longrightarrow 00:01:56.938$ and especially in the Waterbury area.

NOTE Confidence: 0.8448559

 $00:01:56.940 \longrightarrow 00:01:59.976$ I would say maybe because it

NOTE Confidence: 0.8448559

 $00:01:59.976 \longrightarrow 00:02:02.600$ has been an industrial town.

NOTE Confidence: 0.8448559

 $00:02:02.600 \longrightarrow 00:02:06.180$ And we do tend to see a lot of breast cancer.

NOTE Confidence: 0.8448559

 $00:02:06.180 \longrightarrow 00:02:10.960$ A lot of bladder cancer in this area as well.

NOTE Confidence: 0.8448559

 $00:02:10.960 \longrightarrow 00:02:12.472$ And yes,

NOTE Confidence: 0.8448559

 $00{:}02{:}12.472 \dashrightarrow 00{:}02{:}14.740$ the bigger centers actually have

NOTE Confidence: 0.8448559

00:02:14.810 --> 00:02:17.246 the good fortune of having many

NOTE Confidence: 0.8448559

 $00{:}02{:}17.246 \to 00{:}02{:}19.150$ good bigger centers around us.

NOTE Confidence: 0.8448559

00:02:19.150 --> 00:02:21.100 There's Memorial Sloan,

NOTE Confidence: 0.8448559

00:02:21.100 --> 00:02:22.660 Dana Farber.

NOTE Confidence: 0.8448559

 $00:02:22.660 \longrightarrow 00:02:25.453$ And certainly these are very useful and

NOTE Confidence: 0.8448559

 $00:02:25.453 \longrightarrow 00:02:28.477$ helpful for us when we have particularly

NOTE Confidence: 0.8448559

 $00{:}02{:}28.477 \dashrightarrow 00{:}02{:}31.093$ tough situations where we need to

 $00:02:31.176 \longrightarrow 00:02:33.618$ get another opinion or some help.

NOTE Confidence: 0.8448559

 $00:02:33.620 \longrightarrow 00:02:37.196$ But I would say in the general Community,

NOTE Confidence: 0.8448559

 $00:02:37.200 \longrightarrow 00:02:38.538$ cancer is fairly

NOTE Confidence: 0.86909187

00:02:38.540 --> 00:02:41.669 prevalent and so many people,

NOTE Confidence: 0.86909187

 $00{:}02{:}41.670 {\:{\circ}{\circ}{\circ}}>00{:}02{:}44.095$ because cancer really doesn't discriminate

NOTE Confidence: 0.86909187

 $00:02:44.095 \longrightarrow 00:02:47.479$ based on where you live

NOTE Confidence: 0.86909187

00:02:47.480 --> 00:02:50.670 and many people may wonder,

NOTE Confidence: 0.86909187

 $00{:}02{:}50.670 \dashrightarrow 00{:}02{:}53.070$ are there advantages and disadvantages

NOTE Confidence: 0.86909187

 $00{:}02{:}53.070 \dashrightarrow 00{:}02{:}55.794$ to being treated closer to home

NOTE Confidence: 0.86909187

 $00:02:55.794 \longrightarrow 00:02:58.206$ versus going into a larger center?

NOTE Confidence: 0.86909187

00:02:58.210 --> 00:03:00.892 What would you say to people

NOTE Confidence: 0.86909187

 $00{:}03{:}00.892 \dashrightarrow 00{:}03{:}02.680$ who are contemplating those

NOTE Confidence: 0.847695145

 $00:03:02.680 \longrightarrow 00:03:04.688$ decisions?

 $00:03:06.700 \longrightarrow 00:03:09.340$ It is important,

NOTE Confidence: 0.847695145

 $00:03:09.340 \longrightarrow 00:03:11.685$ especially for certain rare cancers

NOTE Confidence: 0.847695145

 $00:03:11.685 \longrightarrow 00:03:15.222$ to be seen at bigger centers that tend

 $00:03:15.222 \longrightarrow 00:03:18.560$ to see a lot more of those cancers.

NOTE Confidence: 0.847695145

 $00:03:18.560 \longrightarrow 00:03:20.750$ Sarcomas being one.

NOTE Confidence: 0.847695145

 $00:03:20.750 \longrightarrow 00:03:22.940$ They require a real multi

NOTE Confidence: 0.847695145

 $00:03:22.940 \longrightarrow 00:03:23.816$ disciplinary approach.

NOTE Confidence: 0.847695145

 $00{:}03{:}23.820 \dashrightarrow 00{:}03{:}26.220$ You have to have surgeons who've

NOTE Confidence: 0.847695145

00:03:26.220 --> 00:03:28.650 done enough of those surgeries,

NOTE Confidence: 0.847695145

 $00:03:28.650 \longrightarrow 00:03:31.122$ trained radiation oncology team,

NOTE Confidence: 0.847695145

 $00:03:31.122 \longrightarrow 00:03:33.594$ trained chemotherapy

NOTE Confidence: 0.847695145

 $00:03:33.594 \longrightarrow 00:03:35.320$ professionals who've dealt

NOTE Confidence: 0.847695145

 $00:03:35.320 \longrightarrow 00:03:37.365$ enough of with that cancer.

 $00{:}03{:}37.735 \dashrightarrow 00{:}03{:}39.560$ It is always patients preference

NOTE Confidence: 0.847695145

 $00:03:39.560 \longrightarrow 00:03:41.945$ to be treated close to home and

NOTE Confidence: 0.847695145

00:03:41.945 --> 00:03:44.444 nobody wants to drive 2 hours to get

NOTE Confidence: 0.847695145

 $00:03:44.444 \longrightarrow 00:03:46.559$ treatment because you know chemotherapy

NOTE Confidence: 0.847695145

00:03:46.559 --> 00:03:48.944 treatment is not just about chemotherapy,

NOTE Confidence: 0.847695145

 $00:03:48.944 \longrightarrow 00:03:50.312$ it's also about supportive

 $00:03:50.312 \longrightarrow 00:03:51.890$ care that goes with it.

NOTE Confidence: 0.847695145

 $00:03:51.890 \longrightarrow 00:03:53.900$ So we don't just see patients

NOTE Confidence: 0.847695145

 $00:03:53.900 \longrightarrow 00:03:55.849$ on day one and say OK,

NOTE Confidence: 0.847695145

 $00:03:55.850 \longrightarrow 00:03:58.160$ now we'll see you in three weeks.

NOTE Confidence: 0.847695145

 $00:03:58.160 \longrightarrow 00:03:59.810$ It doesn't work like that.

NOTE Confidence: 0.847695145

 $00:03:59.810 \longrightarrow 00:04:02.120$ So we see patients on day one,

NOTE Confidence: 0.847695145

 $00:04:02.120 \longrightarrow 00:04:04.430$ we're always available by phone.

NOTE Confidence: 0.847695145

 $00:04:04.430 \longrightarrow 00:04:06.740$ We are seeing them sometimes the very

NOTE Confidence: 0.847695145

 $00:04:06.740 \longrightarrow 00:04:08.808$ next day, sometimes within a week.

NOTE Confidence: 0.847695145

 $00:04:08.808 \longrightarrow 00:04:10.568$ Sometimes they need transfusion support.

NOTE Confidence: 0.847695145

 $00:04:10.570 \longrightarrow 00:04:11.866$ So it is a

NOTE Confidence: 0.847695145

00:04:11.866 --> 00:04:14.490 complicated and complex process,

NOTE Confidence: 0.847695145

 $00{:}04{:}14.490 \dashrightarrow 00{:}04{:}16.735$ so patients preference is always

NOTE Confidence: 0.847695145

 $00{:}04{:}16.735 \dashrightarrow 00{:}04{:}20.219$ to be treated in your home and I

NOTE Confidence: 0.847695145

 $00:04:20.219 \longrightarrow 00:04:22.900$ would say that we have very robust

 $00:04:22.900 \longrightarrow 00:04:24.624$ multidisciplinary teams for almost

NOTE Confidence: 0.847695145

 $00{:}04{:}24.624 \dashrightarrow 00{:}04{:}27.616$ all cancers and we also recognize that

NOTE Confidence: 0.847695145

 $00:04:27.616 \longrightarrow 00:04:30.010$ some cancers do better when they are

NOTE Confidence: 0.847695145

00:04:30.010 --> 00:04:32.332 referred out to tertiary centers,

NOTE Confidence: 0.847695145

 $00:04:32.332 \longrightarrow 00:04:34.690$ one major example being acute leukemia.

 $00:04:36.660 \longrightarrow 00:04:39.018$ It is a cancer that requires

NOTE Confidence: 0.847695145

 $00:04:39.018 \longrightarrow 00:04:40.590$ a lot of resources.

NOTE Confidence: 0.847695145

00:04:40.590 --> 00:04:41.616 A lot of support,

NOTE Confidence: 0.847695145

 $00:04:41.616 \longrightarrow 00:04:44.010$ a lot of experience and

NOTE Confidence: 0.847695145

 $00{:}04{:}44{.}087 \dashrightarrow 00{:}04{:}45{.}972$ people who have a cute leukemias

NOTE Confidence: 0.847695145

 $00:04:45.972 \longrightarrow 00:04:48.410$ tend to do better when they're

NOTE Confidence: 0.847695145

 $00{:}04{:}48.410 \dashrightarrow 00{:}04{:}50.795$ treated at tertiary care centers,

NOTE Confidence: 0.847695145

 $00:04:50.800 \longrightarrow 00:04:52.950$ so this is also recognizing

NOTE Confidence: 0.847695145

 $00{:}04{:}52.950 \dashrightarrow 00{:}04{:}54.670$ what are your limitations.

NOTE Confidence: 0.847695145

00:04:54.670 --> 00:04:56.728 And what are the patients that

NOTE Confidence: 0.847695145

 $00:04:56.728 \longrightarrow 00:04:58.870$ you can best serve and which

 $00:04:58.870 \longrightarrow 00:05:01.320$ patients will do better if they are

NOTE Confidence: 0.87999964

 $00{:}05{:}01.320 \dashrightarrow 00{:}05{:}04.416$ referred out? And so I guess the

NOTE Confidence: 0.87999964

 $00{:}05{:}04.416 \dashrightarrow 00{:}05{:}07.366$ take home message there is that if

NOTE Confidence: 0.87999964

 $00:05:07.366 \longrightarrow 00:05:10.174$ a patient has a cancer that they can

NOTE Confidence: 0.87999964

 $00{:}05{:}10.174 \dashrightarrow 00{:}05{:}13.080$ be seen at a Cancer Center in their

NOTE Confidence: 0.87999964

00:05:13.080 --> 00:05:15.600 community and that Community Center

NOTE Confidence: 0.87999964

 $00:05:15.600 \longrightarrow 00:05:17.346$ will have no hesitation about referring

NOTE Confidence: 0.87999964

 $00{:}05{:}17.346 \dashrightarrow 00{:}05{:}19.881$ them out to a larger center if that's

NOTE Confidence: 0.87999964

 $00{:}05{:}19.881 \dashrightarrow 00{:}05{:}21.840$ in the patients best interest.

NOTE Confidence: 0.8829851

 $00:05:21.840 \longrightarrow 00:05:24.128$ That is absolutely correct and a

NOTE Confidence: 0.8829851

 $00{:}05{:}24.128 \dashrightarrow 00{:}05{:}26.830$ lot of times it is driven by physicians.

NOTE Confidence: 0.8829851

00:05:26.830 --> 00:05:28.390 Sometimes it's driven by patients,

NOTE Confidence: 0.8829851

 $00:05:28.390 \longrightarrow 00:05:30.448$ but I have to say that patients

NOTE Confidence: 0.8829851

 $00:05:30.448 \longrightarrow 00:05:31.717$ often feel uncomfortable telling

NOTE Confidence: 0.8829851

 $00:05:31.717 \longrightarrow 00:05:33.697$ their physicians that they

NOTE Confidence: 0.8829851

 $00{:}05{:}33.700 \dashrightarrow 00{:}05{:}36.820$ want to get a second opinion and

00:05:36.820 --> 00:05:38.885 part of it will also depend upon

NOTE Confidence: 0.8829851

 $00{:}05{:}38.885 \dashrightarrow 00{:}05{:}40.560$ your approach to the patient,

NOTE Confidence: 0.8829851

00:05:40.560 --> 00:05:43.056 and we're sort of very open about it.

NOTE Confidence: 0.8829851

 $00:05:43.060 \longrightarrow 00:05:44.615$ We understand

NOTE Confidence: 0.8829851

 $00:05:44.615 \longrightarrow 00:05:45.859$ that this is cancer.

NOTE Confidence: 0.8829851

 $00{:}05{:}45.860 \dashrightarrow 00{:}05{:}48.247$ It can be a life changing diagnosis.

NOTE Confidence: 0.8829851

 $00:05:48.250 \longrightarrow 00:05:51.094$ So we we will often say to our patients,

NOTE Confidence: 0.8829851

00:05:51.100 --> 00:05:53.636 if you would like another opinion,

NOTE Confidence: 0.8829851

00:05:53.640 --> 00:05:55.548 please let me know

NOTE Confidence: 0.8829851

00:05:55.548 --> 00:05:57.760 and I will help you get one.

NOTE Confidence: 0.8829851

 $00{:}05{:}57.760 \dashrightarrow 00{:}06{:}00.014$ So sometimes people do elect to get

NOTE Confidence: 0.8829851

 $00:06:00.014 \longrightarrow 00:06:01.878$ another opinion and lots of times

NOTE Confidence: 0.8829851

00:06:01.880 --> 00:06:03.026 people say no,

NOTE Confidence: 0.8829851

 $00:06:03.026 \longrightarrow 00:06:05.318$ what you're saying makes sense if

NOTE Confidence: 0.8829851

00:06:05.318 --> 00:06:07.350 they've already developed a

 $00:06:07.350 \longrightarrow 00:06:10.070$ sense of trust and confidence in you

NOTE Confidence: 0.8829851

 $00:06:10.070 \longrightarrow 00:06:12.471$ they will stay with you

NOTE Confidence: 0.8829851

 $00:06:12.471 \longrightarrow 00:06:14.968$ and be treated close to where they

NOTE Confidence: 0.8703206

 $00:06:14.970 \longrightarrow 00:06:17.094$ live and so are there particular

NOTE Confidence: 0.8703206

 $00:06:17.094 \longrightarrow 00:06:18.909$ cancers that are particularly amenable

NOTE Confidence: 0.8703206

 $00:06:18.909 \longrightarrow 00:06:20.919$ to being treated closer to home.

NOTE Confidence: 0.8703206

 $00:06:20.920 \longrightarrow 00:06:23.384$ So you mentioned that the rare cancers

NOTE Confidence: 0.8703206

 $00:06:23.384 \longrightarrow 00:06:26.200$ might be ones where you want to seek

NOTE Confidence: 0.8703206

 $00{:}06{:}26.200 {\:{\circ}{\circ}{\circ}}>00{:}06{:}28.525$ a second opinion, but are there

NOTE Confidence: 0.8703206

 $00:06:28.525 \longrightarrow 00:06:30.700$ certain cancers that

NOTE Confidence: 0.8703206

00:06:30.700 --> 00:06:33.316 you think, if you have

NOTE Confidence: 0.8703206

 $00:06:33.320 \longrightarrow 00:06:35.774$ for example, breast cancer or colon

NOTE Confidence: 0.8703206

 $00{:}06{:}35.774 \dashrightarrow 00{:}06{:}38.210$ cancer that that those really can

NOTE Confidence: 0.8703206

 $00:06:38.210 \longrightarrow 00:06:40.370$ be treated closer to where you

NOTE Confidence: 0.8703206

 $00:06:40.370 \longrightarrow 00:06:42.266$ live that you don't necessarily

NOTE Confidence: 0.8703206

 $00:06:42.266 \longrightarrow 00:06:44.835$ need to go to a larger center.

 $00:06:45.610 \longrightarrow 00:06:47.034$ That is absolutely true.

NOTE Confidence: 0.8757703

00:06:47.034 --> 00:06:49.627 It of course depends upon

NOTE Confidence: 0.8757703

 $00:06:49.627 \longrightarrow 00:06:51.542$ the strength of your surgical

NOTE Confidence: 0.8757703

00:06:51.542 --> 00:06:53.670 staff and your surgical support,

NOTE Confidence: 0.8757703

 $00:06:53.670 \longrightarrow 00:06:55.590$ because a lot of these

NOTE Confidence: 0.8757703

00:06:55.590 --> 00:06:57.126 cancers do need surgery.

NOTE Confidence: 0.8757703

 $00{:}06{:}57.130 \dashrightarrow 00{:}06{:}59.916$ So if you have a trained

NOTE Confidence: 0.8757703

00:06:59.916 --> 00:07:02.490 oncological surgeon on staff who

NOTE Confidence: 0.8757703

 $00{:}07{:}02.490 \dashrightarrow 00{:}07{:}05.088$ is equipped to do these surgeries,

NOTE Confidence: 0.8757703

 $00{:}07{:}05.090 \dashrightarrow 00{:}07{:}07.826$ then I think these cancers can

NOTE Confidence: 0.8757703

 $00:07:07.826 \longrightarrow 00:07:10.777$ be very well handled in the community.

NOTE Confidence: 0.86492646

 $00:07:11.600 \longrightarrow 00:07:13.345$ And what questions should

NOTE Confidence: 0.86492646

 $00:07:13.345 \longrightarrow 00:07:15.427$ patients be asking of their

NOTE Confidence: 0.86492646

 $00:07:15.427 \longrightarrow 00:07:17.345$ team of doctors if they are

NOTE Confidence: 0.86492646

00:07:17.345 --> 00:07:19.637 seen by a Community cancer program,

NOTE Confidence: 0.86492646

 $00:07:19.640 \longrightarrow 00:07:21.887$ what questions should they be asking in

 $00:07:21.887 \dashrightarrow 00:07:24.201$ order to make the best informed decision

NOTE Confidence: 0.86492646

 $00{:}07{:}24.201 \dashrightarrow 00{:}07{:}26.680$ as to where they should be treated?

NOTE Confidence: 0.8760718

00:07:27.900 --> 00:07:29.276 That's a good question,

NOTE Confidence: 0.8760718

 $00:07:29.276 \longrightarrow 00:07:31.682$ but can be a little bit tricky.

NOTE Confidence: 0.8760718

 $00:07:31.682 \longrightarrow 00:07:33.990$ I don't know if patients

NOTE Confidence: 0.8760718

 $00:07:33.990 \longrightarrow 00:07:35.286$ would entirely feel comfortable

NOTE Confidence: 0.8760718

 $00:07:35.286 \longrightarrow 00:07:36.840$ sometimes asking their physicians

NOTE Confidence: 0.8760718

 $00:07:36.840 \longrightarrow 00:07:38.560$ what their experiences

NOTE Confidence: 0.8760718

 $00:07:38.560 \longrightarrow 00:07:39.936$ in treating this cancer are.

NOTE Confidence: 0.8760718

 $00:07:39.940 \longrightarrow 00:07:41.998$ And I do get that question,

NOTE Confidence: 0.8760718

 $00:07:42.000 \longrightarrow 00:07:42.990$ but very occasionally,

NOTE Confidence: 0.8760718

 $00{:}07{:}42.990 \dashrightarrow 00{:}07{:}45.300$ but I think it is important for

NOTE Confidence: 0.8760718

 $00{:}07{:}45.370 \dashrightarrow 00{:}07{:}47.278$ patients to get involved in their

NOTE Confidence: 0.8760718

 $00:07:47.278 \longrightarrow 00:07:49.230$ care and ask these questions,

NOTE Confidence: 0.8760718

 $00:07:49.230 \longrightarrow 00:07:52.047$ and I think a lot of times people don't

 $00:07:52.047 \longrightarrow 00:07:54.793$ ask this question because they feel that

NOTE Confidence: 0.8760718

 $00:07:54.793 \longrightarrow 00:07:57.968$ they are going to offend the physician.

NOTE Confidence: 0.8760718

 $00:07:57.970 \longrightarrow 00:08:00.250$ Which sometimes may be true,

NOTE Confidence: 0.8760718

 $00:08:00.250 \longrightarrow 00:08:03.700$ but most times is not.

NOTE Confidence: 0.8760718

 $00:08:03.700 \longrightarrow 00:08:05.632$ So I think it's fair enough

NOTE Confidence: 0.8760718

 $00:08:05.632 \longrightarrow 00:08:07.676$ to say, Doctor,

NOTE Confidence: 0.8760718

 $00:08:07.676 \longrightarrow 00:08:10.430$ do you treat a lot of these cancers and

NOTE Confidence: 0.8760718

 $00:08:10.504 \longrightarrow 00:08:13.045$ it's sort of a ubiquitous question.

 $00:08:15.390 \longrightarrow 00:08:17.060$ How do patients generally do?

NOTE Confidence: 0.8760718

00:08:17.060 --> 00:08:19.724 Do you think I need a second opinion?

NOTE Confidence: 0.8760718

 $00{:}08{:}19.730 \dashrightarrow 00{:}08{:}22.075$ So I think these are all fair

NOTE Confidence: 0.8760718

00:08:22.075 --> 00:08:24.408 questions to ask and say,

NOTE Confidence: 0.8760718

00:08:24.408 --> 00:08:26.746 do you work with the surgeon closely?

NOTE Confidence: 0.8760718

00:08:26.750 --> 00:08:29.414 Do you know if he's done many surgeries?

NOTE Confidence: 0.8760718

 $00:08:29.420 \longrightarrow 00:08:31.730$ Is it possible for me to speak

NOTE Confidence: 0.8760718

 $00:08:31.730 \longrightarrow 00:08:33.942$ to someone who has

00:08:33.942 --> 00:08:35.646 gone through this process?

NOTE Confidence: 0.8760718

 $00:08:35.650 \longrightarrow 00:08:39.234$ Also, just basic questions that might help

NOTE Confidence: 0.8760718

 $00{:}08{:}39.240 \dashrightarrow 00{:}08{:}41.008$ keep patients well informed.

NOTE Confidence: 0.8866265

 $00:08:41.010 \longrightarrow 00:08:44.074$ And I think that that's so important

NOTE Confidence: 0.8866265

 $00:08:44.074 \longrightarrow 00:08:46.912$ that patients really do advocate

NOTE Confidence: 0.8866265

 $00:08:46.912 \longrightarrow 00:08:49.402$ for themselves and truthfully,

NOTE Confidence: 0.8866265

00:08:49.410 --> 00:08:51.322 many Community programs actually

NOTE Confidence: 0.8866265

 $00:08:51.322 \longrightarrow 00:08:54.190$ do have the infrastructure to be

NOTE Confidence: 0.8866265

 $00{:}08{:}54.270 \dashrightarrow 00{:}08{:}56.478$ able to provide good quality care

NOTE Confidence: 0.8866265

 $00:08:56.478 \longrightarrow 00:08:59.129$ for the more common cancers.

NOTE Confidence: 0.8866265

 $00{:}08{:}59.130 \dashrightarrow 00{:}09{:}01.340$ So you mentioned, for example,

NOTE Confidence: 0.8866265

 $00:09:01.340 \longrightarrow 00:09:03.600$ that you have a multidisciplinary

NOTE Confidence: 0.8866265

 $00:09:03.600 \longrightarrow 00:09:06.357$ team tell us more about how

NOTE Confidence: 0.8866265

 $00{:}09{:}06.357 \dashrightarrow 00{:}09{:}08.407$ that works in the Community

NOTE Confidence: 0.840941845454546 00:09:08.410 --> 00:09:09.082 setting? NOTE Confidence: 0.840941845454546

00:09:09.082 --> 00:09:12.120 I would say that our our care,

00:09:12.120 --> 00:09:14.544 even if I say so myself,

NOTE Confidence: 0.840941845454546 it is excellent.

NOTE Confidence: 0.840941845454546

 $00:09:16.070 \longrightarrow 00:09:18.262$ We bring most of our cases to a

NOTE Confidence: 0.840941845454546

 $00:09:18.262 \longrightarrow 00:09:19.410$ multidisciplinary tumor conference.

NOTE Confidence: 0.840941845454546

00:09:19.410 --> 00:09:21.822 So if I were to pick, let's say,

NOTE Confidence: 0.840941845454546

 $00:09:21.822 \dashrightarrow 00:09:24.580$ the most common cancer that we see in women,

NOTE Confidence: 0.840941845454546

 $00:09:24.580 \longrightarrow 00:09:27.328$ which is breast cancer.

NOTE Confidence: 0.840941845454546

 $00:09:27.330 \longrightarrow 00:09:31.075$ So once a woman gets a mammogram,

NOTE Confidence: 0.840941845454546

 $00{:}09{:}31.080 \dashrightarrow 00{:}09{:}34.818$ gets a biopsy, or sees a surgeon,

NOTE Confidence: 0.840941845454546

 $00:09:34.820 \longrightarrow 00:09:37.495$ she is presented at a

NOTE Confidence: 0.840941845454546

 $00:09:37.495 \longrightarrow 00:09:39.100$ multidisciplinary tumor conference.

 $00:09:40.170 \dashrightarrow 00:09:44.450$ For people who don't know what that is,

NOTE Confidence: 0.840941845454546

 $00:09:44.450 \longrightarrow 00:09:46.870$ it is basically a collection

NOTE Confidence: 0.840941845454546

 $00:09:46.870 \longrightarrow 00:09:49.290$ of many oncologists or any

NOTE Confidence: 0.840941845454546

 $00:09:49.385 \longrightarrow 00:09:51.937$ oncologists in the community.

NOTE Confidence: 0.840941845454546

00:09:51.940 --> 00:09:54.620 Radiation oncology, radiology, the breast

 $00:09:54.620 \longrightarrow 00:09:55.796$ surgeons themselves,

NOTE Confidence: 0.840941845454546

 $00{:}09{:}55.796 \dashrightarrow 00{:}09{:}57.560$ social worker, nutritionists.

NOTE Confidence: 0.840941845454546

 $00:09:57.560 \longrightarrow 00:10:00.552$ So we all get together as a team

NOTE Confidence: 0.840941845454546

 $00:10:00.552 \longrightarrow 00:10:02.958$ and discuss the presentation of

NOTE Confidence: 0.840941845454546

00:10:02.958 --> 00:10:05.563 each sort of person's cancer,

NOTE Confidence: 0.840941845454546

 $00:10:05.570 \longrightarrow 00:10:08.240$ and then we decide

NOTE Confidence: 0.840941845454546 what would be best approach

NOTE Confidence: 0.840941845454546

 $00:10:11.082 \longrightarrow 00:10:13.580$ to dealing with that situation.

NOTE Confidence: 0.840941845454546

00:10:13.580 --> 00:10:16.700 Being most of the time, it's standard,

NOTE Confidence: 0.840941845454546

 $00:10:16.700 \longrightarrow 00:10:18.480$ but things are changing.

NOTE Confidence: 0.840941845454546

00:10:18.480 --> 00:10:21.588 You know we were used to using,

NOTE Confidence: 0.84094184545454600:10:21.590 --> 00:10:22.480 for example,

NOTE Confidence: 0.840941845454546

 $00:10:22.480 \longrightarrow 00:10:24.260$ chemotherapy in always the

NOTE Confidence: 0.840941845454546

 $00:10:24.260 \longrightarrow 00:10:25.595$ post surgical setting.

NOTE Confidence: 0.840941845454546

00:10:25.600 --> 00:10:28.450 But now we're moving to using

NOTE Confidence: 0.840941845454546

00:10:28.450 --> 00:10:29.701 treatment sometimes upfront

00:10:29.701 --> 00:10:31.786 before surgery so not everybody

NOTE Confidence: 0.840941845454546

 $00:10:31.786 \longrightarrow 00:10:34.257$ is a good candidate for that.

NOTE Confidence: 0.840941845454546

 $00:10:34.260 \longrightarrow 00:10:36.750$ We talk about

NOTE Confidence: 0.840941845454546

 $00:10:36.750 \longrightarrow 00:10:38.410$ the things like that.

NOTE Confidence: 0.840941845454546

 $00:10:38.410 \longrightarrow 00:10:41.315$ Other things that come up are genetics.

NOTE Confidence: 0.840941845454546

 $00:10:41.320 \longrightarrow 00:10:43.910$ This has also become a very

NOTE Confidence: 0.840941845454546

 $00:10:43.910 \longrightarrow 00:10:46.710$ important part of management for patients.

NOTE Confidence: 0.840941845454546

 $00:10:46.710 \longrightarrow 00:10:49.200$ You know 10% of the cancers

NOTE Confidence: 0.840941845454546

 $00:10:49.200 \longrightarrow 00:10:50.445$ that are diagnosed,

NOTE Confidence: 0.840941845454546

 $00:10:50.450 \longrightarrow 00:10:52.106$ especially breast cancer I'm

NOTE Confidence: 0.840941845454546

 $00{:}10{:}52.106 \dashrightarrow 00{:}10{:}54.176$ talking about can be genetic,

NOTE Confidence: 0.840941845454546

 $00:10:54.180 \longrightarrow 00:10:56.670$ so we always talk about that.

NOTE Confidence: 0.840941845454546

 $00{:}10{:}56.670 {\:{\circ}{\circ}{\circ}}>00{:}10{:}58.820$ We have a genetic counselor

NOTE Confidence: 0.840941845454546

 $00:10:58.820 \longrightarrow 00:11:01.097$ as a part of the team who will

NOTE Confidence: 0.840941845454546

 $00:11:01.097 \longrightarrow 00:11:03.143$ be there and say, OK,

NOTE Confidence: 0.840941845454546

 $00:11:03.143 \longrightarrow 00:11:05.569$ I think this person needs to meet with me.

 $00:11:05.570 \longrightarrow 00:11:06.920$ We need to

NOTE Confidence: 0.840941845454546

 $00:11:06.920 \longrightarrow 00:11:09.220$ check her or family members.

NOTE Confidence: 0.840941845454546 00:11:09.220 --> 00:11:12.328 If there are NOTE Confidence: 0.840941845454546

 $00:11:12.330 \longrightarrow 00:11:13.578$ financial issues.

NOTE Confidence: 0.840941845454546

 $00{:}11{:}13.578 \dashrightarrow 00{:}11{:}14.410$ Social issues.

NOTE Confidence: 0.840941845454546

 $00:11:14.410 \longrightarrow 00:11:16.958$ We have a social worker who is

NOTE Confidence: 0.840941845454546

 $00:11:16.958 \longrightarrow 00:11:20.418$ present who can help

NOTE Confidence: 0.840941845454546

 $00:11:20.418 \longrightarrow 00:11:22.703$ guide patients through that process.

NOTE Confidence: 0.840941845454546

 $00:11:22.710 \longrightarrow 00:11:25.092$ We have a licensed nutritionist who can

NOTE Confidence: 0.840941845454546

 $00:11:25.092 \longrightarrow 00:11:27.690$ provide support as to healthy diets.

NOTE Confidence: 0.840941845454546

00:11:27.690 --> 00:11:30.246 Because this really becomes a very

NOTE Confidence: 0.840941845454546

 $00:11:30.246 \longrightarrow 00:11:32.811$ important part of what people feel

NOTE Confidence: 0.840941845454546

 $00{:}11{:}32.811 \dashrightarrow 00{:}11{:}35.145$ that they have some control over it

NOTE Confidence: 0.840941845454546

 $00:11:35.145 \longrightarrow 00:11:37.650$ and it empowers them.

NOTE Confidence: 0.840941845454546

 $00:11:37.650 \longrightarrow 00:11:40.751$ And of course we know that obesity

 $00:11:40.751 \longrightarrow 00:11:43.680$ and cancer have a direct link so

NOTE Confidence: 0.840941845454546

00:11:43.680 --> 00:11:46.458 we always want to talk about

NOTE Confidence: 0.840941845454546

00:11:46.458 --> 00:11:48.310 maintaining a healthy lifestyle

NOTE Confidence: 0.840941845454546

 $00:11:48.392 \longrightarrow 00:11:50.708$ and a healthy body mass index.

NOTE Confidence: 0.840941845454546

 $00:11:50.710 \longrightarrow 00:11:53.770$ Once a case is discussed at

NOTE Confidence: 0.840941845454546

00:11:53.770 --> 00:11:55.300 the Multidisciplinary conference,

NOTE Confidence: 0.840941845454546

 $00:11:55.300 \longrightarrow 00:11:57.850$ we will then make recommendations.

NOTE Confidence: 0.840941845454546

 $00:11:57.850 \longrightarrow 00:12:00.400$ The patient gets established with

NOTE Confidence: 0.840941845454546

 $00:12:00.400 \longrightarrow 00:12:02.950$ medical oncologist or radiation oncologist,

NOTE Confidence: 0.840941845454546

 $00:12:02.950 \longrightarrow 00:12:06.472$ and it's really a very good

NOTE Confidence: 0.840941845454546

 $00{:}12{:}06.472 --> 00{:}12{:}07.646 \ collaborative \ approach.$

 $00:12:08.020 \longrightarrow 00:12:10.684$ The other thing that we often

NOTE Confidence: 0.8686825

 $00{:}12{:}10.684 \dashrightarrow 00{:}12{:}13.853$ talk about on the show is things like

NOTE Confidence: 0.8686825

 $00{:}12{:}13.853 \dashrightarrow 00{:}12{:}15.473$ per sonalized medicine and genomics.

NOTE Confidence: 0.8686825

 $00{:}12{:}15.480 \dashrightarrow 00{:}12{:}17.640$ So are those things available in

NOTE Confidence: 0.8686825

00:12:17.640 --> 00:12:19.527 Community settings or are those

 $00:12:19.527 \longrightarrow 00:12:21.801$ really only the purview of the

NOTE Confidence: 0.8686825

00:12:21.801 --> 00:12:23.690 larger academic centers?

NOTE Confidence: 0.8686825

 $00:12:23.690 \longrightarrow 00:12:26.301$ There has been so much progress in

NOTE Confidence: 0.8686825

 $00:12:26.301 \longrightarrow 00:12:29.452$ these things that they are now

NOTE Confidence: 0.8686825

 $00:12:29.452 \longrightarrow 00:12:32.500$ easily available to us as well.

NOTE Confidence: 0.8686825

 $00:12:32.500 \longrightarrow 00:12:36.835$ Our goal is always to be able to

NOTE Confidence: 0.8686825

 $00:12:36.835 \longrightarrow 00:12:40.515$ at least offer standard a standard of care,

NOTE Confidence: 0.8686825

 $00:12:40.520 \longrightarrow 00:12:43.787$ which means if you were to see

NOTE Confidence: 0.8686825

 $00{:}12{:}43.787 \dashrightarrow 00{:}12{:}47.211$ an oncologist here or you went to the

NOTE Confidence: 0.8686825

00:12:47.211 --> 00:12:50.648 West Coast and used an oncologist there,

NOTE Confidence: 0.8686825

 $00{:}12{:}50.650 \dashrightarrow 00{:}12{:}52.730$ the therapy recommended

NOTE Confidence: 0.8686825

 $00:12:52.730 \longrightarrow 00:12:55.709$ would be similar,

NOTE Confidence: 0.8686825

 $00:12:55.710 \longrightarrow 00:12:57.126$ if not identical,

NOTE Confidence: 0.8686825

 $00:12:57.126 \longrightarrow 00:13:00.430$ so that is called standardized

NOTE Confidence: 0.8686825

00:13:00.518 --> 00:13:02.588 care and it is based now

NOTE Confidence: 0.8686825

 $00:13:02.590 \longrightarrow 00:13:05.422$ on genomics, which do play a huge role

00:13:05.422 --> 00:13:07.608 in determining treatment for cancer,

NOTE Confidence: 0.8686825

 $00:13:07.610 \longrightarrow 00:13:09.150$ it has been a significant advance.

 $00:13:11.080 \longrightarrow 00:13:13.010$ In the treatment of breast cancer,

NOTE Confidence: 0.8686825

 $00:13:13.010 \longrightarrow 00:13:15.692$ when we look back we find that

NOTE Confidence: 0.8686825

 $00:13:15.692 \longrightarrow 00:13:18.746$ we were probably over treating a lot of

NOTE Confidence: 0.8686825

00:13:18.746 --> 00:13:21.889 the breast cancer patients with chemotherapy.

NOTE Confidence: 0.8686825

 $00:13:21.890 \longrightarrow 00:13:24.284$ Now we have tests that can actually

NOTE Confidence: 0.8686825

 $00:13:24.284 \longrightarrow 00:13:26.140$ determine benefit from chemotherapy,

NOTE Confidence: 0.8686825

 $00{:}13{:}26.140 \dashrightarrow 00{:}13{:}28.276$ and these are based on genomic

NOTE Confidence: 0.8686825

 $00:13:28.276 \longrightarrow 00:13:31.028$ tests allowed for a lot of the

NOTE Confidence: 0.8686825

 $00{:}13{:}31.028 \mathrel{--}{>} 00{:}13{:}32.696$ cancers including lung cancer,

NOTE Confidence: 0.8686825

 $00:13:32.700 \longrightarrow 00:13:34.700$ colon cancer we are doing

NOTE Confidence: 0.8686825

00:13:34.700 --> 00:13:36.179 molecular testing we're

NOTE Confidence: 0.8686825

 $00{:}13{:}36.179 \dashrightarrow 00{:}13{:}38.644$ identifying targets on these cells,

NOTE Confidence: 0.8686825

00:13:38.650 --> 00:13:41.614 which we know drive the growth

NOTE Confidence: 0.8686825

 $00:13:41.614 \longrightarrow 00:13:43.096$ of cancer cells,

 $00:13:43.100 \longrightarrow 00:13:46.142$ and then we can actually pick

NOTE Confidence: 0.8686825

 $00:13:46.142 \longrightarrow 00:13:48.170$ medications that would specifically

NOTE Confidence: 0.8686825

 $00:13:48.248 \longrightarrow 00:13:50.508$ block these drivers and that

00:13:51.390 --> 00:13:54.470 is sort of the tailor made approach

NOTE Confidence: 0.8686825

 $00:13:54.470 \longrightarrow 00:13:56.440$ for treating cancer.

NOTE Confidence: 0.8686825

 $00:13:56.440 \longrightarrow 00:13:58.408$ So it sounds like

NOTE Confidence: 0.855562

 $00:13:58.410 \longrightarrow 00:14:00.978$ you know patients can get that

NOTE Confidence: 0.855562

 $00:14:00.978 \longrightarrow 00:14:04.084$ same kind of genomic testing in

NOTE Confidence: 0.855562

 $00{:}14{:}04.084 \dashrightarrow 00{:}14{:}06.046$ that personalized the rapies

NOTE Confidence: 0.855562

 $00:14:06.050 \longrightarrow 00:14:08.170$ even staying closer to home.

NOTE Confidence: 0.855562

 $00{:}14{:}08.170 \dashrightarrow 00{:}14{:}10.949$ We're going to take a short break

NOTE Confidence: 0.855562

 $00:14:10.949 \longrightarrow 00:14:13.546$ for a medical minute and come

NOTE Confidence: 0.855562

 $00:14:13.546 \longrightarrow 00:14:16.180$ back and talk more about cancer

NOTE Confidence: 0.855562

 $00:14:16.180 \longrightarrow 00:14:18.736$ care in the community with my

NOTE Confidence: 0.8257393

 $00:14:18.740 \longrightarrow 00:14:20.960$ guest Doctor Katoch.

NOTE Confidence: 0.8257393

 $00:14:20.960 \longrightarrow 00:14:23.180$ Support for Yale Cancer Answers comes from

 $00:14:23.252 \longrightarrow 00:14:25.182$ AstraZeneca, working to eliminate

NOTE Confidence: 0.8257393

 $00:14:25.182 \longrightarrow 00:14:27.620$ cancer as a cause of death.

NOTE Confidence: 0.8257393

 $00{:}14{:}27.620 {\:{\circ}{\circ}{\circ}}>00{:}14{:}31.188$ Learn more at a strazeneca-us.com.

NOTE Confidence: 0.8257393

 $00:14:31.190 \longrightarrow 00:14:33.250$ This is a medical minute

NOTE Confidence: 0.8257393

 $00:14:33.250 \longrightarrow 00:14:34.486$ about colorectal cancer.

NOTE Confidence: 0.8257393

 $00:14:34.490 \longrightarrow 00:14:35.891$ When detected early,

NOTE Confidence: 0.8257393

00:14:35.891 --> 00:14:38.226 colorectal cancer is easily treated

NOTE Confidence: 0.8257393

 $00{:}14{:}38.226 \dashrightarrow 00{:}14{:}41.109$ and highly curable and as a result

NOTE Confidence: 0.8257393

 $00:14:41.109 \longrightarrow 00:14:43.439$ it's recommended that men and women

NOTE Confidence: 0.8257393

 $00:14:43.439 \longrightarrow 00:14:46.113$ over the age of 45 have regular

NOTE Confidence: 0.8257393

 $00:14:46.113 \longrightarrow 00:14:48.388$ colonoscopies to screen for the disease.

NOTE Confidence: 0.8257393

 $00{:}14{:}48.388 \operatorname{--}{>} 00{:}14{:}50.273$ Tumor gene analysis has helped

NOTE Confidence: 0.8257393

 $00{:}14{:}50.273 \dashrightarrow 00{:}14{:}52.012$ improve management of colorectal

NOTE Confidence: 0.8257393

 $00:14:52.012 \longrightarrow 00:14:54.172$ cancer by identifying the patients

NOTE Confidence: 0.8257393

00:14:54.172 --> 00:14:56.355 most likely to benefit from

 $00:14:56.355 \longrightarrow 00:14:58.445$ chemotherapy and newer targeted agents,

NOTE Confidence: 0.8257393

00:14:58.450 --> 00:15:00.350 resulting in more patient

NOTE Confidence: 0.8257393

 $00:15:00.350 \longrightarrow 00:15:01.300$ specific treatments.

NOTE Confidence: 0.8257393

 $00:15:01.300 \longrightarrow 00:15:03.372$ More information is available

NOTE Confidence: 0.8257393

 $00:15:03.372 \longrightarrow 00:15:04.408$ at yalecancercenter.org.

NOTE Confidence: 0.8257393

00:15:04.410 --> 00:15:07.530 You're listening to Connecticut Public Radio.

NOTE Confidence: 0.8654464

 $00:15:10.620 \longrightarrow 00:15:12.612$ Welcome back to Yale Cancer Answers.

NOTE Confidence: 0.8654464

 $00:15:12.612 \longrightarrow 00:15:15.000$ We're discussing the care of

NOTE Confidence: 0.8654464

 $00{:}15{:}15.073 \dashrightarrow 00{:}15{:}17.133$ cancer patients in the community

NOTE Confidence: 0.8654464

 $00:15:17.133 \longrightarrow 00:15:20.034$ and right before the break

NOTE Confidence: 0.8654464

 $00{:}15{:}20.034 \dashrightarrow 00{:}15{:}22.722$ we were talking about some of the

NOTE Confidence: 0.8654464

 $00:15:22.722 \longrightarrow 00:15:25.276$ differences and the other thing that I

NOTE Confidence: 0.8654464

 $00:15:25.276 \longrightarrow 00:15:27.950$ was wondering about was clinical trials.

NOTE Confidence: 0.8654464

 $00:15:27.950 \longrightarrow 00:15:30.764$ So often on this show,

NOTE Confidence: 0.8654464

 $00:15:30.770 \longrightarrow 00:15:33.290$ we talk about the importance of

NOTE Confidence: 0.8654464

 $00{:}15{:}33.290 \dashrightarrow 00{:}15{:}35.480$ clinical trials and how that's

 $00:15:35.480 \longrightarrow 00:15:38.476$ one of the ways to get tomorrow's

NOTE Confidence: 0.8654464

 $00{:}15{:}38.476 \dashrightarrow 00{:}15{:}40.709$ the rapies today in that patients

NOTE Confidence: 0.8654464

 $00:15:40.710 \longrightarrow 00:15:43.398$ often will get the best care by

NOTE Confidence: 0.8654464

 $00:15:43.398 \longrightarrow 00:15:45.352$ participating in clinical trials for

NOTE Confidence: 0.8654464

 $00:15:45.352 \longrightarrow 00:15:47.900$ which they are eligible and for which

NOTE Confidence: 0.8654464

 $00:15:47.900 \longrightarrow 00:15:50.898$ their Doctor thinks they would benefit from.

NOTE Confidence: 0.8654464

 $00:15:50.900 \longrightarrow 00:15:53.168$ Talk to us about whether clinical

NOTE Confidence: 0.8654464

00:15:53.168 --> 00:15:55.610 trials are available in the community setting.

NOTE Confidence: 0.89653975

 $00{:}15{:}55.610 \dashrightarrow 00{:}15{:}59.129$ You bring up a great point,

NOTE Confidence: 0.89653975

 $00{:}15{:}59.130 \dashrightarrow 00{:}16{:}02.271$ and it is true that we wouldn't

NOTE Confidence: 0.89653975

 $00:16:02.271 \longrightarrow 00:16:05.606$ be where we are today in cancer if

NOTE Confidence: 0.89653975

 $00:16:05.606 \longrightarrow 00:16:08.030$ we didn't encourage our patients

NOTE Confidence: 0.89653975

 $00{:}16{:}08.030 \dashrightarrow 00{:}16{:}10.760$ to participate in clinical trials.

NOTE Confidence: 0.89653975

00:16:10.760 --> 00:16:13.318 As everyone knows, 2020 has

NOTE Confidence: 0.89653975

 $00:16:13.318 \longrightarrow 00:16:15.138$ been a particularly challenging year,

 $00:16:15.140 \longrightarrow 00:16:18.344$ and also for clinical trials it has been a very

NOTE Confidence: 0.89653975

 $00:16:18.344 \longrightarrow 00:16:20.617$ challenging year simply because

NOTE Confidence: 0.89653975

 $00:16:20.620 \longrightarrow 00:16:21.715$ clinical trials require

NOTE Confidence: 0.89653975

00:16:21.715 --> 00:16:22.810 very diligent follow-up,

NOTE Confidence: 0.89653975

00:16:22.810 --> 00:16:24.290 mostly for patient safety,

NOTE Confidence: 0.89653975

 $00:16:24.290 \longrightarrow 00:16:27.190$ and that we all know because of covid

NOTE Confidence: 0.89653975

 $00:16:27.190 \longrightarrow 00:16:29.780$ we've had to resort to

NOTE Confidence: 0.89653975

 $00:16:29.780 \longrightarrow 00:16:31.584$ virtual appointments and seeing

NOTE Confidence: 0.89653975

 $00{:}16{:}31.584 \dashrightarrow 00{:}16{:}34.080$ patients may be a little bit

NOTE Confidence: 0.89653975

00:16:34.145 --> 00:16:36.677 less frequently than we normally would,

NOTE Confidence: 0.89653975

 $00:16:36.680 \longrightarrow 00:16:39.214$ so a lot of the clinical trials

NOTE Confidence: 0.89653975

 $00:16:39.214 \longrightarrow 00:16:40.750$ had to be put

NOTE Confidence: 0.89653975

 $00:16:40.750 \longrightarrow 00:16:44.030$ on hold, but usually we have a very

NOTE Confidence: 0.89653975

 $00:16:44.030 \longrightarrow 00:16:46.418$ robust collection of clinical trials

NOTE Confidence: 0.89653975

00:16:46.418 --> 00:16:48.888 for patients with breast cancer,

NOTE Confidence: 0.89653975

 $00:16:48.890 \longrightarrow 00:16:50.694$ colon, cancer, lung cancer,

 $00:16:50.694 \longrightarrow 00:16:51.596$ chronic leukemias,

NOTE Confidence: 0.89653975

 $00:16:51.600 \longrightarrow 00:16:52.502$ and myelomas.

NOTE Confidence: 0.89653975

 $00:16:52.502 \longrightarrow 00:16:54.757$ That brings up

NOTE Confidence: 0.86026824

00:16:54.760 --> 00:16:57.329 a great point. The fact that you're

NOTE Confidence: 0.86026824

 $00{:}16{:}57.329 \dashrightarrow 00{:}17{:}00.405$ part of a network and can avail

NOTE Confidence: 0.86026824

 $00:17:00.405 \longrightarrow 00:17:02.770$ yourself of clinical trials that

NOTE Confidence: 0.86026824

 $00:17:02.770 \longrightarrow 00:17:05.610$ are available at larger centers.

NOTE Confidence: 0.86026824

00:17:05.610 --> 00:17:08.316 Maybe not all of the trials,

NOTE Confidence: 0.86026824

 $00:17:08.320 \longrightarrow 00:17:11.338$ but certainly a collaboration whereby

NOTE Confidence: 0.86026824

 $00{:}17{:}11.340 \dashrightarrow 00{:}17{:}13.000$ patients can avail themselves

NOTE Confidence: 0.86026824

00:17:13.000 --> 00:17:14.245 of clinical trials,

NOTE Confidence: 0.86026824

 $00:17:14.250 \longrightarrow 00:17:17.155$ oftentimes closer to home, and if not,

NOTE Confidence: 0.86026824

00:17:17.160 --> 00:17:20.445 you can always send them to to a larger

NOTE Confidence: 0.86026824

 $00{:}17{:}20.445 \dashrightarrow 00{:}17{:}22.578$ center where they can participate

NOTE Confidence: 0.86026824

00:17:22.578 --> 00:17:25.900 and that brings up my next question,

 $00:17:25.900 \longrightarrow 00:17:28.948$ which is in those cases where

NOTE Confidence: 0.86026824

 $00{:}17{:}28.948 {\:\raisebox{--}{\text{--}}}{\:\raisebox{--}{\text{--}}}{\:\raisebox{--}{\text{--}}} 00{:}17{:}32.225$ there is a particular nuances of the care

NOTE Confidence: 0.86026824

 $00:17:32.225 \longrightarrow 00:17:35.877$ or where a second opinion might be needed,

NOTE Confidence: 0.86026824

 $00:17:35.880 \longrightarrow 00:17:38.280$ is it possible for patients to

NOTE Confidence: 0.86026824

 $00:17:38.280 \longrightarrow 00:17:40.412$ seek a second opinion somewhere

NOTE Confidence: 0.86026824

00:17:40.412 --> 00:17:42.657 and still get treated

NOTE Confidence: 0.86026824

 $00:17:42.660 \longrightarrow 00:17:43.800$ closer to home?

NOTE Confidence: 0.86026824

 $00:17:43.800 \longrightarrow 00:17:46.460$ So for example getting the

NOTE Confidence: 0.86026824

 $00{:}17{:}46.540 {\:{\circ}{\circ}{\circ}}>00{:}17{:}49.669$ advice of an oncologist closer to home

NOTE Confidence: 0.86026824

 $00:17:49.669 \longrightarrow 00:17:52.210$ about what particular regimen to use,

NOTE Confidence: 0.86026824

00:17:52.210 --> 00:17:55.530 or how a radiation plan might be structured,

NOTE Confidence: 0.86026824

00:17:55.530 --> 00:17:58.850 but then still get their care closer to home?

NOTE Confidence: 0.8643799

00:17:58.850 --> 00:18:00.990 Absolutely yes,

NOTE Confidence: 0.8643799

 $00:18:00.990 \longrightarrow 00:18:03.130$ and this happens more

NOTE Confidence: 0.8643799

 $00:18:03.130 \longrightarrow 00:18:05.579$ frequently than one would think.

NOTE Confidence: 0.8643799

 $00:18:05.580 \longrightarrow 00:18:08.076$ And you know, sometimes I'll say to my

 $00:18:08.076 \longrightarrow 00:18:10.500$ patients when I'm torn between two options.

NOTE Confidence: 0.8643799

00:18:10.500 --> 00:18:13.443 And I'll say I would like you to see,

00:18:15.090 --> 00:18:17.058 so and so maybe at the Dana Farber Institute,

NOTE Confidence: 0.8643799

 $00:18:17.060 \longrightarrow 00:18:19.356$ maybe closer to home at Smilow.

NOTE Confidence: 0.8643799

 $00:18:19.360 \longrightarrow 00:18:21.530$ And then I always give them the

NOTE Confidence: 0.8643799

 $00:18:21.530 \longrightarrow 00:18:24.180$ option that if this is

00:18:26.228 --> 00:18:28.538 recommended and if it's not on a clinical

NOTE Confidence: 0.8643799

 $00:18:28.538 \longrightarrow 00:18:31.489$ trial and we are able to do it here,

NOTE Confidence: 0.8643799

 $00:18:31.490 \longrightarrow 00:18:33.814$ you are welcome to come here and

NOTE Confidence: 0.8643799

 $00:18:33.814 \longrightarrow 00:18:36.188$ we would love to treat you here

NOTE Confidence: 0.8643799

 $00:18:36.190 \longrightarrow 00:18:37.950$ if that is your preference,

NOTE Confidence: 0.8643799

 $00:18:37.950 \longrightarrow 00:18:38.781$ so this is,

NOTE Confidence: 0.8643799

00:18:38.781 --> 00:18:40.720 you know a very sort of open

NOTE Confidence: 0.8643799

00:18:40.795 --> 00:18:42.529 discussion with patients,

NOTE Confidence: 0.8643799

 $00:18:42.530 \longrightarrow 00:18:44.315$ and sometimes patients will finish

NOTE Confidence: 0.8643799

00:18:44.315 --> 00:18:46.502 their clinical trial and then will

00:18:46.502 --> 00:18:48.882 continue to follow with you as their

NOTE Confidence: 0.8643799

 $00{:}18{:}48.882 --> 00{:}18{:}50.623 \text{ primary oncologist.}$

NOTE Confidence: 0.8643799

 $00:18:50.623 \longrightarrow 00:18:52.378$ Ultimately it's about the patient.

NOTE Confidence: 0.8643799

 $00:18:52.380 \longrightarrow 00:18:54.486$ What is best for the patient,

NOTE Confidence: 0.8643799

 $00{:}18{:}54.490 \dashrightarrow 00{:}18{:}57.658$ and I make sure that our patients

 $00:18:58.402 \longrightarrow 00:19:00.257$ know that and they're not feeling pressured

NOTE Confidence: 0.8643799

 $00:19:00.257 \longrightarrow 00:19:02.052$ and not feeling that their

NOTE Confidence: 0.8643799

 $00:19:02.052 \longrightarrow 00:19:03.288$ offending us in any way.

NOTE Confidence: 0.86686933

 $00:19:03.290 \longrightarrow 00:19:05.288$ It's important

NOTE Confidence: 0.86686933

00:19:05.288 --> 00:19:07.091 for patients and everybody listening

NOTE Confidence: 0.86686933

 $00:19:07.091 \longrightarrow 00:19:08.719$ to really understand that.

NOTE Confidence: 0.86686933

 $00:19:08.720 \longrightarrow 00:19:11.012$ You know this is a collaboration

NOTE Confidence: 0.86686933

 $00{:}19{:}11.012 \dashrightarrow 00{:}19{:}12.971$ and it's a collaboration amongst

NOTE Confidence: 0.86686933

 $00{:}19{:}12.971 \dashrightarrow 00{:}19{:}15.101$ physicians who are all trying to

NOTE Confidence: 0.86686933

00:19:15.101 --> 00:19:17.718 treat you in the best possible way.

NOTE Confidence: 0.86686933

 $00:19:17.720 \longrightarrow 00:19:20.380$ And so you're not going to offend

 $00:19:20.380 \longrightarrow 00:19:23.350$ anybody and for for the most part

NOTE Confidence: 0.86686933

 $00:19:23.350 \longrightarrow 00:19:25.526$ many of us actually do seek the opinions

NOTE Confidence: 0.86686933

 $00:19:25.526 \longrightarrow 00:19:28.063$ of our colleagues at multidisciplinary

NOTE Confidence: 0.86686933

 $00{:}19{:}28.063 \dashrightarrow 00{:}19{:}30.468$ tumor conferences like you mentioned,

NOTE Confidence: 0.86686933

 $00:19:30.470 \longrightarrow 00:19:32.888$ as well as outside the institution

NOTE Confidence: 0.86686933

 $00{:}19{:}32.888 \rightarrow 00{:}19{:}35.583$ and frequently you can get the

NOTE Confidence: 0.86686933

 $00:19:35.583 \longrightarrow 00:19:37.599$ same care then closer to home.

NOTE Confidence: 0.86686933

 $00{:}19{:}37.600 \dashrightarrow 00{:}19{:}39.928$ If somebody has a better idea

NOTE Confidence: 0.86686933

00:19:39.928 --> 00:19:42.430 of how to treat something.

NOTE Confidence: 0.86686933

 $00:19:42.430 \longrightarrow 00:19:44.565$ Whereby those services

NOTE Confidence: 0.86686933

 $00:19:44.565 \longrightarrow 00:19:46.700$ are available in the community.

NOTE Confidence: 0.86686933

 $00:19:46.700 \longrightarrow 00:19:48.840$ You can still do so.

NOTE Confidence: 0.86686933

 $00:19:48.840 \longrightarrow 00:19:51.374$ Talk to me a little bit

NOTE Confidence: 0.86686933

 $00{:}19{:}51.374 \dashrightarrow 00{:}19{:}53.960$ about kind of community support.

NOTE Confidence: 0.86686933

 $00:19:53.960 \longrightarrow 00:19:57.124$ You mentioned one of the

NOTE Confidence: 0.86686933

 $00:19:57.124 \longrightarrow 00:19:58.964$ disadvantages sometimes of going

 $00:19:58.964 \longrightarrow 00:20:01.813$ into a larger center is that you

NOTE Confidence: 0.86686933

 $00{:}20{:}01.813 \dashrightarrow 00{:}20{:}04.207$ know frequently if care is required,

NOTE Confidence: 0.86686933

00:20:04.210 --> 00:20:06.766 say for example with radiation therapy,

NOTE Confidence: 0.86686933

 $00:20:06.770 \longrightarrow 00:20:09.570$ five days a week for many weeks

NOTE Confidence: 0.86686933

00:20:09.570 --> 00:20:13.276 that a 2 hour drive might not be 00:20:14.062 --> 00:20:16.408 the most feasible thing one would

NOTE Confidence: 0.86686933

00:20:16.408 --> 00:20:19.110 also imagine that just being

NOTE Confidence: 0.86686933

 $00:20:19.110 \longrightarrow 00:20:21.240$ in the community where you're at,

NOTE Confidence: 0.86686933

 $00{:}20{:}21.240 \dashrightarrow 00{:}20{:}23.400$ being around loved ones and so

NOTE Confidence: 0.86686933

 $00:20:23.400 \longrightarrow 00:20:26.107$ on can sometimes be a little bit

NOTE Confidence: 0.86686933

00:20:26.107 --> 00:20:27.295 more comfortable for

NOTE Confidence: 0.8886399

 $00:20:27.300 \longrightarrow 00:20:30.340$ patients. Do you find that that's the case?

NOTE Confidence: 0.8886399

 $00:20:30.340 \longrightarrow 00:20:32.524$ So I would say that in cancer care

NOTE Confidence: 0.8886399

 $00:20:32.524 \longrightarrow 00:20:34.880$ that is of utmost importance.

NOTE Confidence: 0.8886399

 $00:20:34.880 \longrightarrow 00:20:37.533$ This is 1 diagnosis where

NOTE Confidence: 0.8886399

00:20:37.533 --> 00:20:39.998 just having the support of the

 $00{:}20{:}39.998 \dashrightarrow 00{:}20{:}42.500$ people you love is so meaningful

NOTE Confidence: 0.8886399

00:20:42.500 --> 00:20:44.889 because it's not just a physical

NOTE Confidence: 0.8886399

00:20:44.890 --> 00:20:46.954 diagnosis. It's an emotional,

NOTE Confidence: 0.8886399

00:20:46.954 --> 00:20:49.534 psychological diagnosis that

NOTE Confidence: 0.8886399

 $00:20:49.534 \longrightarrow 00:20:51.957$ affects all the people around you.

NOTE Confidence: 0.8886399

00:20:51.960 --> 00:20:54.936 So it's really important to have that social

NOTE Confidence: 0.8886399

00:20:54.936 --> 00:20:57.820 support not only from your family,

NOTE Confidence: 0.8886399

 $00:20:57.820 \longrightarrow 00:21:00.022$ but also from where you are being

NOTE Confidence: 0.8886399

 $00:21:00.022 \longrightarrow 00:21:02.570$ treated so where we are

NOTE Confidence: 0.8886399

 $00:21:02.570 \longrightarrow 00:21:04.663$ for example, at the Yale Cancer Center

NOTE Confidence: 0.8886399

00:21:04.663 --> 00:21:07.328 we have a radiation oncology division,

NOTE Confidence: 0.8886399

 $00:21:07.330 \longrightarrow 00:21:09.526$ which is in the same building.

NOTE Confidence: 0.8886399

 $00:21:09.530 \longrightarrow 00:21:11.355$ So people who need radiation

NOTE Confidence: 0.8886399

 $00:21:11.355 \longrightarrow 00:21:12.815$ can come right there.

NOTE Confidence: 0.8886399

 $00:21:12.820 \longrightarrow 00:21:15.636$ If we are doing something which is a

00:21:15.636 --> 00:21:17.209 combination chemotherapy and radiation,

NOTE Confidence: 0.8886399

 $00:21:17.210 \longrightarrow 00:21:18.418$ we will

NOTE Confidence: 0.8886399

 $00:21:18.418 \longrightarrow 00:21:20.230$ try to make sure

NOTE Confidence: 0.8886399

 $00:21:20.310 \longrightarrow 00:21:22.038$ that their appointments

NOTE Confidence: 0.8886399

 $00:21:22.040 \longrightarrow 00:21:23.894$ can be coordinated that life really

NOTE Confidence: 0.8886399

 $00:21:23.894 \longrightarrow 00:21:26.447$ can be as simple as possible for them.

NOTE Confidence: 0.8886399

 $00{:}21{:}26.450 \dashrightarrow 00{:}21{:}28.030$ Sometimes people don't have transport,

NOTE Confidence: 0.8886399

 $00:21:28.030 \longrightarrow 00:21:30.760$ so we have a social worker on site who will

NOTE Confidence: 0.8886399

00:21:30.832 --> 00:21:33.380 arrange for transport for people and

00:21:34.006 --> 00:21:36.197 we will tell our patients, our elderly

NOTE Confidence: 0.8886399

 $00:21:36.197 \longrightarrow 00:21:38.420$ patients who often rely on their childrenm

 $00:21:39.365 \longrightarrow 00:21:40.625$ but their children work,

NOTE Confidence: 0.8886399

 $00:21:40.630 \longrightarrow 00:21:42.610$ so it's not always possible for

NOTE Confidence: 0.8886399

 $00:21:42.610 \longrightarrow 00:21:44.869$ somebody to give you a ride each

NOTE Confidence: 0.8886399

 $00:21:44.869 \longrightarrow 00:21:46.603$ and every day back and forth.

NOTE Confidence: 0.8886399

00:21:46.610 --> 00:21:48.946 So we have that kind of support and

NOTE Confidence: 0.8886399

 $00:21:48.946 \longrightarrow 00:21:51.647$ we want our patients to know about it.

 $00:21:51.650 \longrightarrow 00:21:54.248$ We want them to use it.

NOTE Confidence: 0.8886399

 $00:21:54.250 \longrightarrow 00:21:56.310$ We also have support groups.

NOTE Confidence: 0.8886399

 $00:21:56.310 \longrightarrow 00:21:59.110$ We have a very robust and active

NOTE Confidence: 0.8886399

00:21:59.110 --> 00:22:00.830 breast Cancer Support group.

NOTE Confidence: 0.8886399

 $00:22:00.830 \longrightarrow 00:22:02.755$ Other support groups which are

NOTE Confidence: 0.8886399

 $00:22:02.755 \longrightarrow 00:22:05.350$ not as robust but are present.

NOTE Confidence: 0.8886399

00:22:05.350 --> 00:22:08.030 They meet once a month I think now

NOTE Confidence: 0.8886399

 $00{:}22{:}08.030 \dashrightarrow 00{:}22{:}11.453$ with some of them have been

NOTE Confidence: 0.8886399

00:22:11.453 --> 00:22:13.754 meeting remotely but that women

NOTE Confidence: 0.8886399

 $00:22:13.754 \longrightarrow 00:22:16.370$ also find a very strong sense

NOTE Confidence: 0.8886399

 $00{:}22{:}16.370 \dashrightarrow 00{:}22{:}18.500$ of community and support with

NOTE Confidence: 0.8886399

 $00:22:18.500 \longrightarrow 00:22:20.550$ those centers and I would

NOTE Confidence: 0.87593275

00:22:20.550 --> 00:22:22.695 think that the other

NOTE Confidence: 0.87593275

 $00:22:22.695 \longrightarrow 00:22:24.840$ place where

NOTE Confidence: 0.87593275

 $00:22:24.840 \longrightarrow 00:22:28.333$ optimizing and kind of using

 $00:22:28.333 \longrightarrow 00:22:31.529$ that social support is at end of life.

NOTE Confidence: 0.87593275

 $00:22:31.530 \longrightarrow 00:22:34.206$ In terms of palliative care.

NOTE Confidence: 0.87593275

 $00{:}22{:}34.210 \dashrightarrow 00{:}22{:}37.192$ So our palliative care resource is

NOTE Confidence: 0.87593275

 $00:22:37.192 \longrightarrow 00:22:40.002$ available in the Community both on

NOTE Confidence: 0.87593275

 $00:22:40.002 \longrightarrow 00:22:42.571$ in patient as well as there is

NOTE Confidence: 0.87593275

 $00{:}22{:}42.571 \dashrightarrow 00{:}22{:}45.757$ such a thing as home palliative care

NOTE Confidence: 0.87593275

 $00:22:45.757 \longrightarrow 00:22:48.492$ where people can really

NOTE Confidence: 0.87593275

 $00:22:48.492 \longrightarrow 00:22:51.649$ take community all the way back to

NOTE Confidence: 0.87593275

 $00{:}22{:}51.649 \to 00{:}22{:}55.045$ your own home and have the services

NOTE Confidence: 0.87593275

 $00:22:55.050 \longrightarrow 00:22:56.510$ that keep you comfortable at

NOTE Confidence: 0.87593275

 $00:22:56.510 \longrightarrow 00:22:58.350$ the end of life at home.

NOTE Confidence: 0.8088247

00:22:59.790 --> 00:23:02.520 You bring up an excellent,

NOTE Confidence: 0.8088247

 $00:23:02.520 \longrightarrow 00:23:05.340$ excellent question, so valuative care is

NOTE Confidence: 0.8088247

 $00{:}23{:}05.340 {\:{\circ}{\circ}{\circ}}>00{:}23{:}08.439$ a very important part of cancer care,

NOTE Confidence: 0.8088247

 $00:23:08.440 \longrightarrow 00:23:11.618$ and you know it includes pain control.

NOTE Confidence: 0.8088247

 $00:23:11.620 \longrightarrow 00:23:13.895$ It includes things that can

00:23:13.895 --> 00:23:16.170 occur like loss of appetite,

NOTE Confidence: 0.8088247

 $00:23:16.170 \longrightarrow 00:23:18.450$ loss of interest in life,

NOTE Confidence: 0.8088247

 $00:23:18.450 \longrightarrow 00:23:21.278$ so we actually offer a consultative

NOTE Confidence: 0.8088247

00:23:21.278 --> 00:23:24.359 service that is available through Yale.

NOTE Confidence: 0.8088247

 $00:23:24.360 \longrightarrow 00:23:27.336$ We can do it either virtually

NOTE Confidence: 0.8088247

 $00:23:27.336 \longrightarrow 00:23:29.800$ or we can do it

NOTE Confidence: 0.8088247

 $00:23:29.800 \longrightarrow 00:23:33.349$ in the office, we actually have consultative

NOTE Confidence: 0.8088247

 $00:23:33.349 \longrightarrow 00:23:35.579$ care services available on site,

NOTE Confidence: 0.8088247

 $00{:}23{:}35.580 \rightarrow 00{:}23{:}39.436$ so that is outpatient and in patient.

NOTE Confidence: 0.8088247

 $00{:}23{:}39.440 \dashrightarrow 00{:}23{:}41.364$ Palliative care services are available

NOTE Confidence: 0.8088247

00:23:41.364 --> 00:23:42.807 through both hospitals.

NOTE Confidence: 0.8088247

 $00{:}23{:}42.810 \dashrightarrow 00{:}23{:}46.308$ So both Waterbury Hospital and Saint

NOTE Confidence: 0.8088247

 $00{:}23{:}46.308 \dashrightarrow 00{:}23{:}48.640$ Mary's Hospital offer palliative

NOTE Confidence: 0.8088247

 $00{:}23{:}48.724 \dashrightarrow 00{:}23{:}51.846$ care services is an inpatient unit 4.

00:23:53.008 --> 00:23:56.470 A lot of patients want to be home.

NOTE Confidence: 0.8088247

 $00:23:56.470 \longrightarrow 00:23:58.400$ They want to

 $00:23:58.400 \longrightarrow 00:24:00.682$ be surrounded with the loved ones they

NOTE Confidence: 0.8088247

 $00:24:00.682 \longrightarrow 00:24:03.398$ want to be in familiar surroundings.

NOTE Confidence: 0.8088247

 $00:24:03.400 \longrightarrow 00:24:05.710$ So we have several Hospice agencies,

 $00:24:07.255 \longrightarrow 00:24:09.830$ who can make that possible

NOTE Confidence: 0.8088247

 $00:24:09.830 \longrightarrow 00:24:13.166$ and who do really do a very

NOTE Confidence: 0.8088247

00:24:13.170 --> 00:24:16.306 fabulous job of taking

NOTE Confidence: 0.8088247

 $00:24:16.306 \longrightarrow 00:24:19.358$ care of patients at the end of

NOTE Confidence: 0.8088247

 $00:24:19.358 \longrightarrow 00:24:21.770$ life, they trained to do that.

NOTE Confidence: 0.8088247

00:24:21.770 --> 00:24:23.030 They are compassionate,

NOTE Confidence: 0.8088247

00:24:23.030 --> 00:24:25.130 their empathetic and most patients

NOTE Confidence: 0.8088247

 $00{:}24{:}25.130 \dashrightarrow 00{:}24{:}27.790$ are very pleased with their services.

 $00:24:29.940 \longrightarrow 00:24:31.660$ It's really important for cancer

NOTE Confidence: 0.880752

00:24:31.660 --> 00:24:33.810 patients to get treated where

NOTE Confidence: 0.880752

 $00{:}24{:}33.810 \dashrightarrow 00{:}24{:}36.424$ they feel the most comfortable and

NOTE Confidence: 0.880752

 $00:24:36.424 \longrightarrow 00:24:38.539$ being surrounded by loved ones,

NOTE Confidence: 0.880752

 $00:24:38.540 \longrightarrow 00:24:41.120$ particularly at the end of life,

 $00:24:41.120 \longrightarrow 00:24:44.060$ is something that they may consider.

 $00:24:47.525 \longrightarrow 00:24:50.158$ You've mentioned a few times

NOTE Confidence: 0.880752

 $00:24:50.160 \longrightarrow 00:24:52.505$ this whole crisis that

NOTE Confidence: 0.880752

00:24:52.505 --> 00:24:54.850 we've been through with Covid,

NOTE Confidence: 0.880752

 $00:24:54.850 \longrightarrow 00:24:58.084$ which in and of itself has restricted

NOTE Confidence: 0.880752

 $00:24:58.084 \longrightarrow 00:25:00.958$ mobility in terms of going across

NOTE Confidence: 0.880752

 $00:25:00.958 \longrightarrow 00:25:03.760$ state lines for certain states,

NOTE Confidence: 0.880752

 $00:25:03.760 \longrightarrow 00:25:05.240$ travel and so on.

NOTE Confidence: 0.880752

 $00:25:05.240 \longrightarrow 00:25:08.061$ Talk to us a little bit about

NOTE Confidence: 0.880752

 $00:25:08.061 \longrightarrow 00:25:10.591$ how the covid epidemic affected

NOTE Confidence: 0.880752

00:25:10.591 --> 00:25:13.610 cancer care in the community.

NOTE Confidence: 0.87835586

 $00{:}25{:}14.990 \dashrightarrow 00{:}25{:}18.518$ Well, you know a lot of the screening

NOTE Confidence: 0.87835586

00:25:18.518 --> 00:25:21.160 procedures that people would go for,

NOTE Confidence: 0.87835586

 $00{:}25{:}21.160 \dashrightarrow 00{:}25{:}23.860$ I think those have been the

NOTE Confidence: 0.87835586

00:25:23.860 --> 00:25:27.029 first ones to have gone

NOTE Confidence: 0.87835586

 $00:25:27.029 \longrightarrow 00:25:29.976$ away or have been put on hold.

 $00:25:29.980 \longrightarrow 00:25:31.306$ So screening mammograms,

NOTE Confidence: 0.87835586

 $00{:}25{:}31.306 \dashrightarrow 00{:}25{:}32.190$ screening colonoscopies,

NOTE Confidence: 0.87835586

 $00:25:32.190 \longrightarrow 00:25:34.390$ those have been a challenge,

NOTE Confidence: 0.87835586

 $00:25:34.390 \longrightarrow 00:25:37.498$ so people have either put them off

NOTE Confidence: 0.87835586

00:25:37.498 --> 00:25:41.009 or have just been a fraid to go out.

NOTE Confidence: 0.87835586

00:25:41.010 --> 00:25:42.369 And you know,

NOTE Confidence: 0.87835586

 $00:25:42.369 \longrightarrow 00:25:45.087$ we've resorted to some virtual visits.

NOTE Confidence: 0.87835586

 $00:25:45.090 \longrightarrow 00:25:46.944$ Which I would say patients are

NOTE Confidence: 0.87835586

 $00{:}25{:}46.944 \dashrightarrow 00{:}25{:}48.710$ thankful that they're seeing a doctor,

NOTE Confidence: 0.87835586

 $00:25:48.710 \longrightarrow 00:25:50.690$ even if they're not coming into

NOTE Confidence: 0.87835586

 $00{:}25{:}50.690 \dashrightarrow 00{:}25{:}52.598$ the office and patients who have

NOTE Confidence: 0.87835586

 $00:25:52.598 \longrightarrow 00:25:54.446$ been able to come to the office

NOTE Confidence: 0.87835586

 $00:25:54.446 \longrightarrow 00:25:56.570$ are just so delighted to be there,

NOTE Confidence: 0.87835586

 $00:25:56.570 \longrightarrow 00:25:58.523$ and they have often said to me

NOTE Confidence: 0.87835586

 $00:25:58.523 \longrightarrow 00:26:00.700$ that this is my first

NOTE Confidence: 0.87835586

 $00:26:00.700 \longrightarrow 00:26:02.608$ outing in the last three months.

00:26:02.610 --> 00:26:05.930 I cannot tell you how happy I am to be here,

NOTE Confidence: 0.87835586

 $00:26:05.930 \longrightarrow 00:26:10.560$ so it's sort of kind of funny to hear that.

 $00:26:13.328 \longrightarrow 00:26:16.267$ But a lot of people have delayed their

NOTE Confidence: 0.87835586

00:26:16.267 --> 00:26:20.001 care and we are beginning to see

NOTE Confidence: 0.87835586

 $00:26:20.001 \longrightarrow 00:26:22.545$ a little bit of an uptick

NOTE Confidence: 0.87835586

 $00:26:22.550 \longrightarrow 00:26:25.214$ now in patients presenting with slightly

NOTE Confidence: 0.87835586

 $00:26:25.214 \longrightarrow 00:26:27.880$ advanced cancers at this time because

NOTE Confidence: 0.8555932

 $00:26:27.880 \longrightarrow 00:26:30.540$ of the lack of screening, you

NOTE Confidence: 0.8555932

 $00{:}26{:}30.540 {\:{\circ}{\circ}{\circ}}>00{:}26{:}33.648$ think lack of screening and self delayed

NOTE Confidence: 0.8555932

 $00:26:33.648 \longrightarrow 00:26:35.869$ patient care, obviously,

NOTE Confidence: 0.8555932

 $00{:}26{:}35.869 \dashrightarrow 00{:}26{:}38.084$ for reasons that are understandable.

NOTE Confidence: 0.85002327

 $00{:}26{:}39.240 \dashrightarrow 00{:}26{:}41.598$ And so are you recommending that

NOTE Confidence: 0.85002327

00:26:41.598 --> 00:26:44.290 people get back into screening now?

NOTE Confidence: 0.85002327

 $00:26:44.290 \longrightarrow 00:26:47.018$ Do you think that we have gotten over

NOTE Confidence: 0.85002327

 $00:26:47.018 \longrightarrow 00:26:49.937$ the height of the pandemic such

NOTE Confidence: 0.85002327

 $00:26:49.937 \longrightarrow 00:26:53.169$ that people should really get back into

 $00:26:53.169 \longrightarrow 00:26:55.659$ doing those screening mammograms and

NOTE Confidence: 0.85002327

00:26:55.660 --> 00:26:56.114 colonoscopies?

NOTE Confidence: 0.85002327

00:26:56.114 --> 00:26:58.384 I think in the Community

NOTE Confidence: 0.85002327

 $00:26:58.384 \longrightarrow 00:27:00.709$ people are already back to it.

NOTE Confidence: 0.85002327

 $00:27:00.710 \longrightarrow 00:27:03.236$ You know our centers, they are

NOTE Confidence: 0.85002327

 $00:27:03.240 \longrightarrow 00:27:05.345$ asking everybody

NOTE Confidence: 0.85002327

00:27:05.345 --> 00:27:07.029 to wear masks, temperature checks.

NOTE Confidence: 0.85002327

00:27:07.030 --> 00:27:09.646 Most people now have been immunized.

NOTE Confidence: 0.85002327

 $00:27:09.650 \longrightarrow 00:27:11.810 \text{ I would say at least } 90\%$

NOTE Confidence: 0.85002327

00:27:11.810 --> 00:27:13.518 of my patient population,

NOTE Confidence: 0.85002327

00:27:13.518 --> 00:27:16.502 who I ask has either received the

NOTE Confidence: 0.85002327

00:27:16.502 --> 00:27:18.548 vaccine or is going to receive

NOTE Confidence: 0.85002327

 $00:27:18.548 \longrightarrow 00:27:21.427$ it in the next few days so I do

NOTE Confidence: 0.85002327

00:27:21.427 --> 00:27:24.050 get a sense that at least as far

NOTE Confidence: 0.85002327

 $00:27:24.050 \longrightarrow 00:27:25.850$ as medical care is concerned,

 $00:27:25.850 \longrightarrow 00:27:28.730$ that the Community is getting back to normal.

NOTE Confidence: 0.8861679

 $00{:}27{:}29.670 \dashrightarrow 00{:}27{:}32.631$ And do you think that some of the things

NOTE Confidence: 0.8861679

 $00:27:32.631 \longrightarrow 00:27:35.537$ that we've kind of learned about medicine

NOTE Confidence: 0.8861679

 $00:27:35.537 \longrightarrow 00:27:38.229$ and how medicine can be delivered?

NOTE Confidence: 0.8861679

00:27:38.230 --> 00:27:41.016 For example, you know virtual visits

NOTE Confidence: 0.8861679

00:27:41.016 --> 00:27:42.899 and telemedicine really opened up

NOTE Confidence: 0.8861679

 $00:27:42.900 \longrightarrow 00:27:46.252$ a whole horizon for people for

NOTE Confidence: 0.8861679

 $00:27:46.252 \longrightarrow 00:27:48.340$ whom transportation was a big issue.

NOTE Confidence: 0.8861679

 $00{:}27{:}48.340 \dashrightarrow 00{:}27{:}51.444$ Do you think that that's here to stay?

NOTE Confidence: 0.8861679

00:27:51.450 --> 00:27:53.694 That will continue to have Tele

NOTE Confidence: 0.8861679

 $00{:}27{:}53.694 \dashrightarrow 00{:}27{:}55.730$ medicine visits into the future?

NOTE Confidence: 0.8861679

 $00:27:56.680 \longrightarrow 00:27:57.070$ Excellent

NOTE Confidence: 0.87414265

 $00{:}27{:}57.070 \dashrightarrow 00{:}27{:}59.779$ question and I think that it

NOTE Confidence: 0.87414265

 $00:27:59.779 \longrightarrow 00:28:02.884$ is here to stay and it has made

NOTE Confidence: 0.87414265

 $00:28:02.884 \longrightarrow 00:28:05.600$ life simpler for a lot of people.

NOTE Confidence: 0.87414265

00:28:05.600 --> 00:28:07.540 But it has also brought

 $00:28:07.540 \longrightarrow 00:28:08.704$ along many challenges.

NOTE Confidence: 0.87414265

 $00:28:08.710 \longrightarrow 00:28:10.780$ The older patients

NOTE Confidence: 0.87414265

 $00:28:10.780 \longrightarrow 00:28:12.980$ cannot get the video connection.

NOTE Confidence: 0.87414265

 $00:28:12.980 \longrightarrow 00:28:15.144$ They are so frustrated

NOTE Confidence: 0.87414265

 $00:28:15.144 \longrightarrow 00:28:18.390$ by the end of the visit.

NOTE Confidence: 0.87414265

 $00:28:18.390 \longrightarrow 00:28:20.766$ But I would say the telephone

NOTE Confidence: 0.87414265

00:28:20.766 --> 00:28:22.350 visits go much smoother,

NOTE Confidence: 0.87414265

 $00{:}28{:}22.350 \dashrightarrow 00{:}28{:}25.460$ especially if you're dealing with

NOTE Confidence: 0.87414265

00:28:25.460 --> 00:28:26.684 an older population or you

NOTE Confidence: 0.87414265

 $00:28:26.684 \longrightarrow 00:28:28.520$ know people who are just not

NOTE Confidence: 0.87414265

00:28:28.585 --> 00:28:30.589 comfortable doing it on the phone.

00:28:32.495 --> 00:28:33.638 Other than the technology challenge,

NOTE Confidence: 0.87414265

 $00:28:33.640 \longrightarrow 00:28:36.307$ I think it is here to stay.

NOTE Confidence: 0.846868

00:28:36.310 --> 00:28:37.570 Doctor Anamika Katoch is an

NOTE Confidence: 0.846868

00:28:37.570 --> 00:28:39.250 assistant professor of clinical

NOTE Confidence: 0.846868

 $00:28:39.250 \longrightarrow 00:28:40.884$ medicine and medical oncology

 $00:28:40.884 \longrightarrow 00:28:42.780$ at the Yale School of Medicine.

NOTE Confidence: 0.846868

 $00:28:42.780 \longrightarrow 00:28:44.312$ If you have questions,

NOTE Confidence: 0.846868

 $00{:}28{:}44.312 \dashrightarrow 00{:}28{:}45.844$ the address is canceranswers@yale.edu

NOTE Confidence: 0.846868

 $00:28:45.844 \longrightarrow 00:28:47.953$ and past editions of the program

NOTE Confidence: 0.846868

 $00{:}28{:}47.953 \dashrightarrow 00{:}28{:}49.885$ are available in audio and written

NOTE Confidence: 0.846868

 $00{:}28{:}49.940 \dashrightarrow 00{:}28{:}51.548$ form at yale cancercenter.org.

NOTE Confidence: 0.846868

00:28:51.550 --> 00:28:54.374 We hope you'll join us next week to

NOTE Confidence: 0.846868

 $00{:}28{:}54.374 \dashrightarrow 00{:}28{:}57.122$ learn more about the fight against

NOTE Confidence: 0.846868

 $00{:}28{:}57.122 \dashrightarrow 00{:}29{:}00.068$ cancer here on Connecticut Public Radio.