WEBVTT

NOTE duration:"00:49:13.9200000"

NOTE language:en-us

NOTE Confidence: 0.80654764

00:00:00.000 --> 00:00:03.368 Pleasure to present this work at my home.

NOTE Confidence: 0.80654764

00:00:03.370 --> 00:00:09.460 Let me share my slides here. One second.

NOTE Confidence: 0.8445899

00:00:15.090 --> 00:00:19.130 Alright, so in the next hour or so,

NOTE Confidence: 0.8445899

00:00:19.130 --> 00:00:22.399 my colleague and I will be introducing

NOTE Confidence: 0.8445899

00:00:22.399 --> 00:00:26.532 you yell chat together the acronym Stand

NOTE Confidence: 0.8445899

00:00:26.532 --> 00:00:29.827 for Compassionate Home Action together.

NOTE Confidence: 0.8445899

00:00:29.830 --> 00:00:32.364 This is a Co-op, diversity mental health

NOTE Confidence: 0.8445899

00:00:32.364 --> 00:00:35.110 movement that we started about a year ago,

NOTE Confidence: 0.8445899

00:00:35.110 --> 00:00:37.708 but during the pandemic we have

NOTE Confidence: 0.8445899

00:00:37.708 --> 00:00:39.850 been expanding quite a bit.

NOTE Confidence: 0.8445899

00:00:39.850 --> 00:00:42.517 Now let me introduce what are the

NOTE Confidence: 0.8445899

00:00:42.517 --> 00:00:44.600 thinking an calling behind this.

NOTE Confidence: 0.8445899

00:00:44.600 --> 00:00:48.016 It started me as an Asian American child

NOTE Confidence: 0.8445899

00:00:48.016 --> 00:00:50.981 psychiatry training and a group of very

1

NOTE Confidence: 0.8445899

00:00:50.981 --> 00:00:53.011 talented colleague who are passionate

NOTE Confidence: 0.8445899

00:00:53.087 --> 00:00:55.936 to do something for the Asian Americans.

NOTE Confidence: 0.8445899

00:00:55.940 --> 00:00:59.030 They include yell undergraduate students,

NOTE Confidence: 0.8445899

00:00:59.030 --> 00:01:01.502 graduate students, medical students,

NOTE Confidence: 0.8445899

00:01:01.502 --> 00:01:02.738 international students,

NOTE Confidence: 0.8445899

00:01:02.740 --> 00:01:08.039 and scholar inside and outside of Yale.

NOTE Confidence: 0.8445899

00:01:08.040 --> 00:01:10.924 As you all know, in this pandemic

NOTE Confidence: 0.8445899

00:01:10.924 --> 00:01:13.429 has provoked so much emotions,

NOTE Confidence: 0.8445899

00:01:13.430 --> 00:01:16.016 it began with the worries about

NOTE Confidence: 0.8445899

00:01:16.016 --> 00:01:18.370 our physical health and safety.

NOTE Confidence: 0.8445899

00:01:18.370 --> 00:01:21.047 Then he is the fear, anger,

NOTE Confidence: 0.8445899

00:01:21.047 --> 00:01:23.232 loneliness from the ongoing pandemic

NOTE Confidence: 0.8445899

00:01:23.232 --> 00:01:25.550 related injustice from the society,

NOTE Confidence: 0.8445899

00:01:25.550 --> 00:01:28.148 including the Daily News Reporter about

NOTE Confidence: 0.8445899

00:01:28.148 --> 00:01:30.940 Sina phobic attack against Asian American.

NOTE Confidence: 0.8445899

00:01:30.940 --> 00:01:33.080 And then later on,

NOTE Confidence: 0.8445899

00:01:33.080 --> 00:01:36.290 black Life Matters and many more

NOTE Confidence: 0.8445899

00:01:36.404 --> 00:01:38.189 from the society.

NOTE Confidence: 0.8445899

00:01:38.190 --> 00:01:40.518 Deep reflection make us ponder what

NOTE Confidence: 0.8445899

00:01:40.518 --> 00:01:43.616 it means to be a minority in this

NOTE Confidence: 0.8445899

00:01:43.616 --> 00:01:46.713 country and what it means to be the

NOTE Confidence: 0.8445899

00:01:46.713 --> 00:01:48.773 next generation of children growing

NOTE Confidence: 0.8445899

00:01:48.773 --> 00:01:52.260 up in this unprecedented time.

NOTE Confidence: 0.8445899

00:01:52.260 --> 00:01:56.040 As a trainee at the Yale Child Study Center,

NOTE Confidence: 0.8445899

00:01:56.040 --> 00:01:58.980 as we all learn from Doctor Stube,

NOTE Confidence: 0.8445899

00:01:58.980 --> 00:02:02.364 we have the mission to make this world a

NOTE Confidence: 0.8445899

00:02:02.364 --> 00:02:05.700 better place for our children and families.

NOTE Confidence: 0.8445899

00:02:05.700 --> 00:02:07.112 With all this statement.

NOTE Confidence: 0.8445899

00:02:07.112 --> 00:02:10.313 This is what we're trying to achieve as

NOTE Confidence: 0.8445899

00:02:10.313 --> 00:02:12.838 chat together through interactive theater,

NOTE Confidence: 0.8445899

00:02:12.840 --> 00:02:15.682 we want to translate mental health to

NOTE Confidence: 0.8445899

00:02:15.682 --> 00:02:18.694 a language that can be understood by

NOTE Confidence: 0.8445899

00:02:18.694 --> 00:02:21.750 all through words, images and acting.

NOTE Confidence: 0.8445899

00:02:21.750 --> 00:02:22.930 Particularly acting,

NOTE Confidence: 0.8445899

00:02:22.930 --> 00:02:26.325 we put action that we can do

NOTE Confidence: 0.8445899

00:02:26.325 --> 00:02:28.730 something for one another.

NOTE Confidence: 0.8445899

00:02:28.730 --> 00:02:32.034 This is also a culturally sensitive program

NOTE Confidence: 0.8445899

00:02:32.034 --> 00:02:36.108 in which we promote healthy child pairing,

NOTE Confidence: 0.8445899

00:02:36.110 --> 00:02:36.671 communication,

NOTE Confidence: 0.8445899

00:02:36.671 --> 00:02:38.354 and emotional Wellness.

NOTE Confidence: 0.8445899

00:02:38.354 --> 00:02:42.655 We want to break the stigma of mental

NOTE Confidence: 0.8445899

00:02:42.655 --> 00:02:45.630 health so that we can talk mental

NOTE Confidence: 0.8445899

00:02:45.630 --> 00:02:48.348 health in our daily conversation.

NOTE Confidence: 0.8445899

00:02:48.350 --> 00:02:49.991 Lastly, chat together.

NOTE Confidence: 0.8445899

00:02:49.991 --> 00:02:52.726 Want to promote intercultural empathy

NOTE Confidence: 0.8445899

00:02:52.726 --> 00:02:57.084 as we all know we started this program

NOTE Confidence: 0.8445899

00:02:57.084 --> 00:02:59.204 within Asian American minority.

NOTE Confidence: 0.8445899

00:02:59.210 --> 00:03:03.186 But we need your help today to Unite

NOTE Confidence: 0.8445899

00:03:03.186 --> 00:03:06.009 across minorities including the ethnic

NOTE Confidence: 0.8445899

00:03:06.009 --> 00:03:10.062 minority and minority such as LGBTQ woman,

NOTE Confidence: 0.8445899

00:03:10.070 --> 00:03:14.459 gender, who maybe all of these are

NOTE Confidence: 0.8445899

00:03:14.459 --> 00:03:17.789 particularly vulnerable during this pandemic.

NOTE Confidence: 0.8445899

00:03:17.790 --> 00:03:18.636 Ultimately,

NOTE Confidence: 0.8445899

00:03:18.636 --> 00:03:22.866 we can all chat together.

NOTE Confidence: 0.8445899

00:03:22.870 --> 00:03:25.621 Now with this statement I would like

NOTE Confidence: 0.8445899

00:03:25.621 --> 00:03:28.015 to introduce the outline of this

NOTE Confidence: 0.8445899

00:03:28.015 --> 00:03:30.661 talk which also give you a snapshot

NOTE Confidence: 0.8445899

00:03:30.744 --> 00:03:33.264 of what we do in the organization.

NOTE Confidence: 0.8445899

00:03:33.270 --> 00:03:36.518 So we have theater arm in which our

NOTE Confidence: 0.8445899

00:03:36.518 --> 00:03:39.786 students and colleagues use the personal

NOTE Confidence: 0.8445899

00:03:39.786 --> 00:03:42.746 narrative to construct skits that

NOTE Confidence: 0.8445899

00:03:42.746 --> 00:03:45.797 features Asian child parent conflict.

NOTE Confidence: 0.8445899

00:03:45.800 --> 00:03:46.194 Indeed,

NOTE Confidence: 0.8445899

00:03:46.194 --> 00:03:49.346 today we will live perform one of the

NOTE Confidence: 0.8445899

00:03:49.346 --> 00:03:52.656 skit to show everyone how does that work.

NOTE Confidence: 0.8445899

00:03:52.660 --> 00:03:55.408 Two, we have public education arm.

NOTE Confidence: 0.8445899

00:03:55.410 --> 00:03:57.250 We constructed Flash card

NOTE Confidence: 0.8445899

00:03:57.250 --> 00:03:58.630 comics and podcasts.

NOTE Confidence: 0.8445899

00:03:58.630 --> 00:04:01.828 The follow up the teaching tool

NOTE Confidence: 0.8445899

00:04:01.828 --> 00:04:05.460 teaching point from the skit so that

NOTE Confidence: 0.8445899

00:04:05.460 --> 00:04:08.715 we translate what we learn into lay

NOTE Confidence: 0.8445899

00:04:08.821 --> 00:04:12.797 language to the comment to the community.

NOTE Confidence: 0.8445899

00:04:12.800 --> 00:04:15.056 We also have a research on

NOTE Confidence: 0.8445899

00:04:15.056 --> 00:04:16.560 in which we translate

NOTE Confidence: 0.8843366

00:04:16.641 --> 00:04:19.066 the academic question that could

NOTE Confidence: 0.8843366

00:04:19.066 --> 00:04:21.491 be interesting from the skin.

NOTE Confidence: 0.8843366

00:04:21.500 --> 00:04:24.350 We follow up with qualitative

NOTE Confidence: 0.8843366

00:04:24.350 --> 00:04:26.060 study and survey.

NOTE Confidence: 0.8843366

00:04:26.060 --> 00:04:28.676 For we have peer support ARM.

NOTE Confidence: 0.8843366

00:04:28.680 --> 00:04:31.725 Some of our member and I serve,

NOTE Confidence: 0.8843366

00:04:31.730 --> 00:04:34.425 consultation and peer support to

NOTE Confidence: 0.8843366

00:04:34.425 --> 00:04:37.120 the local New Haven community.

NOTE Confidence: 0.8843366

00:04:37.120 --> 00:04:39.160 Lastly, we also have collaboration

NOTE Confidence: 0.8843366

00:04:39.160 --> 00:04:41.200 on we work with artists,

NOTE Confidence: 0.8843366

00:04:41.200 --> 00:04:44.048 see the people and I will introduce one

NOTE Confidence: 0.8843366

00:04:44.048 --> 00:04:47.048 of the pilot project involving a school

NOTE Confidence: 0.8843366

00:04:47.048 --> 00:04:50.579 based project and I will talk about that.

NOTE Confidence: 0.8843366

00:04:50.580 --> 00:04:54.675 And Lastly I would like to call for action

NOTE Confidence: 0.8843366

00:04:54.675 --> 00:04:58.397 and talk about our future direction.

NOTE Confidence: 0.8843366

00:04:58.400 --> 00:04:59.795 So theater arm?

NOTE Confidence: 0.8843366

00:04:59.795 --> 00:05:01.655 How does that work?

NOTE Confidence: 0.8843366

00:05:01.660 --> 00:05:04.246 A group uses drama vignette as

NOTE Confidence: 0.8843366

00:05:04.246 --> 00:05:07.320 a way to capture specific themes

NOTE Confidence: 0.8843366

00:05:07.320 --> 00:05:09.828 of child parent conflict.

NOTE Confidence: 0.8843366

00:05:09.830 --> 00:05:12.644 Each of the skate has three parts.

NOTE Confidence: 0.8843366

00:05:12.650 --> 00:05:15.874 The first part we have a member to

NOTE Confidence: 0.8843366

00:05:15.874 --> 00:05:19.179 act out the problematic scenario.

NOTE Confidence: 0.8843366

00:05:19.180 --> 00:05:19.616 Chill.

NOTE Confidence: 0.8843366

00:05:19.616 --> 00:05:22.668 Me as the moderate are our call

NOTE Confidence: 0.8843366

00:05:22.668 --> 00:05:26.085 freeze and I will go in and process

NOTE Confidence: 0.8843366

00:05:26.085 --> 00:05:28.652 as the perspective of child and

NOTE Confidence: 0.8843366

00:05:28.652 --> 00:05:31.578 the parent will go over what go

NOTE Confidence: 0.8843366

00:05:31.578 --> 00:05:35.350 wrong and what could be changed.

NOTE Confidence: 0.8843366

00:05:35.350 --> 00:05:39.805 Three, as if everything in life has a tech.

NOTE Confidence: 0.8843366

00:05:39.810 --> 00:05:41.151 Two, we will.

NOTE Confidence: 0.8843366

00:05:41.151 --> 00:05:44.280 We do the same skit after incorporating

NOTE Confidence: 0.8843366

00:05:44.374 --> 00:05:47.002 more effective communication skill

NOTE Confidence: 0.8843366

00:05:47.002 --> 00:05:50.287 leading to an alternative scenario.

NOTE Confidence: 0.8843366

00:05:50.290 --> 00:05:54.320 Now in the past we have a skid related at

NOTE Confidence: 0.8843366

00:05:54.419 --> 00:05:58.445 the topic about COVID-19 family conflict.

NOTE Confidence: 0.8843366

00:05:58.450 --> 00:06:01.010 Black Life Matters discussion within

NOTE Confidence: 0.8843366

00:06:01.010 --> 00:06:04.100 Asian family LGBTQ coming out in

NOTE Confidence: 0.8843366

00:06:04.100 --> 00:06:06.350 Asian family mental health and

NOTE Confidence: 0.8843366

00:06:06.350 --> 00:06:09.160 stigma and also academic expectation.

NOTE Confidence: 0.8928658

00:06:11.480 --> 00:06:15.355 Now this month September is

NOTE Confidence: 0.8928658

00:06:15.355 --> 00:06:18.455 national Suicide Prevention Month.

NOTE Confidence: 0.8928658

00:06:18.460 --> 00:06:20.600 Chat together theater present

NOTE Confidence: 0.8928658

00:06:20.600 --> 00:06:23.275 parents with all the solutions.

NOTE Confidence: 0.8928658

00:06:23.280 --> 00:06:27.018 Let me take this opportunity to introduce

NOTE Confidence: 0.8928658

00:06:27.018 --> 00:06:29.695 scriptwriters Karabakh, who is a

NOTE Confidence: 0.8928658

00:06:29.695 --> 00:06:32.370 master student from Drexel University.

NOTE Confidence: 0.8928658

00:06:32.370 --> 00:06:35.580 She has a lot of experience

NOTE Confidence: 0.8928658

00:06:35.580 --> 00:06:37.185 in community theater.

NOTE Confidence: 0.8928658

00:06:37.190 --> 00:06:39.860 She is our chat together,

NOTE Confidence: 0.8928658

00:06:39.860 --> 00:06:42.689 Skip production director.

NOTE Confidence: 0.8928658

00:06:42.690 --> 00:06:46.330 Alan Lee, who is a fourth year medical

NOTE Confidence: 0.8928658

00:06:46.330 --> 00:06:49.698 student and he is our acting director.

NOTE Confidence: 0.8928658

00:06:49.700 --> 00:06:52.352 Hannah Lee, who is an undergraduate

NOTE Confidence: 0.8928658

00:06:52.352 --> 00:06:55.039 student from Centre College in Kentucky.

NOTE Confidence: 0.8928658

00:06:55.040 --> 00:06:58.155 She is a social media coordinating director,

NOTE Confidence: 0.8928658

00:06:58.160 --> 00:07:01.268 so we put all our video public,

NOTE Confidence: 0.8928658

00:07:01.270 --> 00:07:03.602 eight public education material

NOTE Confidence: 0.8928658

00:07:03.602 --> 00:07:05.934 to the social media.

NOTE Confidence: 0.8928658

00:07:05.940 --> 00:07:08.080 Today we have two actors,

NOTE Confidence: 0.8928658

00:07:08.080 --> 00:07:11.055 Vanessa Shockey who is the US service

NOTE Confidence: 0.8928658

00:07:11.055 --> 00:07:13.629 members serving in the armed force.

NOTE Confidence: 0.8928658

00:07:13.630 --> 00:07:16.619 She will be acting as the daughter

NOTE Confidence: 0.8928658

00:07:16.619 --> 00:07:18.950 in the skit, teenager, daughter.

NOTE Confidence: 0.8928658

00:07:18.950 --> 00:07:22.625 Her name is Jessica in the skip

NOTE Confidence: 0.8928658

00:07:22.625 --> 00:07:25.591 and we have Alan will act as a

NOTE Confidence: 0.8928658

00:07:25.591 --> 00:07:28.700 dad in a skip while just to keep

NOTE Confidence: 0.8928658

00:07:28.700 --> 00:07:31.596 in mind we are not Oscar winning

NOTE Confidence: 0.8928658

00:07:31.596 --> 00:07:34.254 actors here but we're showing the

NOTE Confidence: 0.8928658

00:07:34.254 --> 00:07:36.568 point drama is not everything.

NOTE Confidence: 0.8928658

00:07:36.570 --> 00:07:39.790 Everyone of you can be the actor.

NOTE Confidence: 0.8928658

00:07:39.790 --> 00:07:42.090 Everyone can be the skit

NOTE Confidence: 0.8928658

00:07:42.090 --> 00:07:43.930 writer and the moderator.

NOTE Confidence: 0.8928658

00:07:43.930 --> 00:07:46.758 With that in mind stage setup Jessica

NOTE Confidence: 0.8928658

00:07:46.758 --> 00:07:49.413 is an Asian American teenager who's

NOTE Confidence: 0.8928658

00:07:49.413 --> 00:07:52.584 trying to talk to her dad about

NOTE Confidence: 0.8928658

00:07:52.673 --> 00:07:55.889 depression and wanting to hurt herself.

NOTE Confidence: 0.8928658

00:07:55.890 --> 00:07:58.242 The child is also being stressed

NOTE Confidence: 0.8928658

00:07:58.242 --> 00:08:00.950 by a combination of cyberbullying,

NOTE Confidence: 0.8928658

00:08:00.950 --> 00:08:03.590 having people sent racist messages

NOTE Confidence: 0.8928658

00:08:03.590 --> 00:08:06.939 about Asian brink over to the US.

NOTE Confidence: 0.8928658

00:08:06.940 --> 00:08:09.411 Being at home all the time and

NOTE Confidence: 0.8928658

00:08:09.411 --> 00:08:11.728 not being able to see friends.

NOTE Confidence: 0.8928658

00:08:11.730 --> 00:08:14.215 Parents are fighting and yelling at home,

NOTE Confidence: 0.8928658

00:08:14.220 --> 00:08:17.685 and a grandparent is sick from Covid.

NOTE Confidence: 0.8928658

00:08:17.690 --> 00:08:19.915 With this background that may

NOTE Confidence: 0.8928658

00:08:19.915 --> 00:08:22.140 get out of this lie.

NOTE Confidence: 0.8928658

00:08:22.140 --> 00:08:22.688 Ann,

NOTE Confidence: 0.8928658

00:08:22.688 --> 00:08:26.524 now we are at will live performance

NOTE Confidence: 0.8928658

00:08:26.524 --> 00:08:31.140 right now. OK, so Jessica and dad.

NOTE Confidence: 0.8928658

00:08:31.140 --> 00:08:32.346 Are you ready?

NOTE Confidence: 0.8928658

00:08:32.346 --> 00:08:35.160 Give us an bill yourself and give

NOTE Confidence: 0.82805604

00:08:35.160 --> 00:08:36.768 me a heads up.

NOTE Confidence: 0.82805604

00:08:36.770 --> 00:08:37.970 We're ready already

NOTE Confidence: 0.82805604

00:08:37.970 --> 00:08:41.006 alright? And everyone Are you ready?

NOTE Confidence: 0.82805604

00:08:41.010 --> 00:08:47.628 Red alright, so yes version one

NOTE Confidence: 0.82805604

00:08:47.628 --> 00:08:50.630 problematic scenario. Action.

NOTE Confidence: 0.8393558

00:08:52.050 --> 00:08:53.650 Jessica, what's wrong with you?

NOTE Confidence: 0.8393558

00:08:53.650 --> 00:08:55.250 I finally said the pill.

NOTE Confidence: 0.8393558

00:08:55.250 --> 00:08:57.791 Bottle comma just told me you think

NOTE Confidence: 0.8393558

00:08:57.791 --> 00:08:59.490 about hurting yourself and you're

NOTE Confidence: 0.8393558

00:08:59.490 --> 00:09:01.642 really sad and you want to see a

NOTE Confidence: 0.8393558

00:09:01.650 --> 00:09:03.570 doctor. There's nothing wrong with you,

NOTE Confidence: 0.8393558

00:09:03.570 --> 00:09:05.490 you only have Doctor was wrong.

NOTE Confidence: 0.8393558

00:09:05.490 --> 00:09:06.770 Oh my God dad,

NOTE Confidence: 0.8393558

00:09:06.770 --> 00:09:09.010 I didn't take those pills like geez,

NOTE Confidence: 0.8393558

00:09:09.010 --> 00:09:11.570 I what's wrong with you? I just I.

NOTE Confidence: 0.8393558

00:09:11.570 --> 00:09:13.810 I don't know. I've been really sad.

NOTE Confidence: 0.8393558

00:09:13.810 --> 00:09:16.370 OK, why you feeling sad Oh my God,

NOTE Confidence: 0.8393558

00:09:16.370 --> 00:09:17.546 stop yelling at me,

NOTE Confidence: 0.8393558

00:09:17.546 --> 00:09:19.890 Dad see This is why I didn't.

NOTE Confidence: 0.8393558

00:09:19.890 --> 00:09:22.131 I just I don't know why, OK?

NOTE Confidence: 0.8393558

00:09:22.131 --> 00:09:24.057 The last couple of months have

NOTE Confidence: 0.8393558

00:09:24.057 --> 00:09:25.720 just been really stressful.

NOTE Confidence: 0.8393558

00:09:25.720 --> 00:09:28.870 And yeah, for all of us yeah cool OK,

NOTE Confidence: 0.8393558

00:09:28.870 --> 00:09:30.970 but for me I don't know.

NOTE Confidence: 0.8393558

00:09:30.970 --> 00:09:32.370 I've just been really,

NOTE Confidence: 0.8393558

00:09:32.370 --> 00:09:34.120 you know, schools being closed.

NOTE Confidence: 0.8393558

00:09:34.120 --> 00:09:35.870 I can't see my friends.

NOTE Confidence: 0.8393558

00:09:35.870 --> 00:09:37.970 I can't go anywhere I like,

NOTE Confidence: 0.8393558

00:09:37.970 --> 00:09:39.986 I've been getting so much crap

NOTE Confidence: 0.8393558

00:09:39.986 --> 00:09:41.820 online from these random people.

NOTE Confidence: 0.8393558

00:09:41.820 --> 00:09:44.620 I don't even go to school with them,

NOTE Confidence: 0.8393558

00:09:44.620 --> 00:09:46.804 just these random people keep harassing

NOTE Confidence: 0.8393558

00:09:46.804 --> 00:09:48.820 me about like coronavirus and like,

NOTE Confidence: 0.8393558

00:09:48.820 --> 00:09:52.786 oh, it's your fault because you're

NOTE Confidence: 0.87518793

00:09:50.920 --> 00:09:52.670 Asian and delete Instagram then.

NOTE Confidence: 0.8435918

00:09:52.790 --> 00:09:55.667 I blocked them and I'm not gonna.

NOTE Confidence: 0.8435918

00:09:55.670 --> 00:09:59.226 I can't delete Instagram because that's like.

NOTE Confidence: 0.8435918

00:09:59.230 --> 00:10:02.330 I like it. And I, that's how I talk to

NOTE Confidence: 0.8134887

00:10:02.330 --> 00:10:03.594 my friends. There's something

NOTE Confidence: 0.8134887

00:10:03.594 --> 00:10:05.174 called calling your friends or

NOTE Confidence: 0.8134887

00:10:05.180 --> 00:10:06.770 zooming them. Dad, no windows.

NOTE Confidence: 0.8134887

00:10:06.770 --> 00:10:08.670 That is awkward. That's because you're

NOTE Confidence: 0.8134887

00:10:08.670 --> 00:10:10.566 awkward. Oh my God, there are

NOTE Confidence: 0.8134887

00:10:10.570 --> 00:10:12.466 said I have the weird kid.

NOTE Confidence: 0.8134887

00:10:12.470 --> 00:10:14.060 That's so mean when you

NOTE Confidence: 0.8134887

00:10:14.060 --> 00:10:15.932 say that I don't think you

NOTE Confidence: 0.8134887

00:10:15.932 --> 00:10:17.860 understand I'm just being real. These

NOTE Confidence: 0.8134887

00:10:17.860 --> 00:10:18.811 are your problems.

NOTE Confidence: 0.8134887

00:10:18.811 --> 00:10:20.713 These things I'm making with happy.

NOTE Confidence: 0.8134887

00:10:20.720 --> 00:10:22.862 So you need to just stop thinking

NOTE Confidence: 0.8134887

00:10:22.862 --> 00:10:24.170 about these Internet strangers

NOTE Confidence: 0.8134887

00:10:24.170 --> 00:10:25.782 and you won't be unhappy.

NOTE Confidence: 0.8134887

00:10:25.782 --> 00:10:28.008 You don't need to see a doctor.

NOTE Confidence: 0.8134887

00:10:28.010 --> 00:10:29.590 OK, just don't be unhappy.

NOTE Confidence: 0.85160416

00:10:30.160 --> 00:10:32.384 Dad, I tried to do that but it

NOTE Confidence: 0.85160416

00:10:32.384 --> 00:10:34.020 doesn't work. It's more than that.

NOTE Confidence: 0.85160416

00:10:34.020 --> 00:10:36.280 That's why I think I need help. I

NOTE Confidence: 0.85160416

00:10:36.280 --> 00:10:37.670 I'll tell you right now,

NOTE Confidence: 0.85160416

00:10:37.670 --> 00:10:39.326 just think about other people's lives.

NOTE Confidence: 0.85160416

00:10:39.330 --> 00:10:40.585 Like for example there are

NOTE Confidence: 0.85160416

00:10:40.585 --> 00:10:42.213 kids in China were like don't

NOTE Confidence: 0.85160416

00:10:42.213 --> 00:10:43.497 have their parents around.

NOTE Confidence: 0.85160416

00:10:43.500 --> 00:10:45.446 They have to do all the housework,

NOTE Confidence: 0.85160416

00:10:45.446 --> 00:10:46.280 nothing going work.

NOTE Confidence: 0.85160416

00:10:46.280 --> 00:10:48.216 All these jobs are paying very little

NOTE Confidence: 0.85160416

00:10:48.216 --> 00:10:50.450 money and life is super hard for them.

NOTE Confidence: 0.85160416

00:10:50.450 --> 00:10:52.754 You don't have to do that like think

NOTE Confidence: 0.85160416

00:10:52.754 --> 00:10:54.619 about that your life is so much

NOTE Confidence: 0.85160416

00:10:54.620 --> 00:10:56.288 better just to have some perspective.

NOTE Confidence: 0.85160416

00:10:56.290 --> 00:10:58.792 I know that like yes, I'm very happy that

NOTE Confidence: 0.85160416

00:10:58.792 --> 00:11:02.469 I don't have to like God. But dad, that's

NOTE Confidence: 0.8579402

00:11:03.440 --> 00:11:04.748 that's it doesn't work.

NOTE Confidence: 0.8579402

00:11:04.750 --> 00:11:06.382 That's what's wrong with you.

NOTE Confidence: 0.8579402

00:11:06.382 --> 00:11:08.020 You haven't tried it. I

NOTE Confidence: 0.8579402

00:11:08.020 --> 00:11:10.309 have tried it and it doesn't help.

NOTE Confidence: 0.8579402

00:11:10.310 --> 00:11:12.515 It doesn't make me happier to know

NOTE Confidence: 0.8579402

00:11:12.515 --> 00:11:14.560 that other people are suffering it.

NOTE Confidence: 0.8579402

00:11:14.560 --> 00:11:16.516 Like honestly, it makes me more

NOTE Confidence: 0.8579402

00:11:16.520 --> 00:11:18.970 sad why, like? Well, I think about

NOTE Confidence: 0.8579402

00:11:18.970 --> 00:11:21.605 something sad and I stop to think about

NOTE Confidence: 0.8579402

00:11:21.605 --> 00:11:24.040 how much worse it could be. I appreciate

NOTE Confidence: 0.8579402

00:11:24.040 --> 00:11:26.012 my situation more. Try that. Yeah,

NOTE Confidence: 0.8579402

00:11:26.012 --> 00:11:28.668 like I appreciate the house in the roof

NOTE Confidence: 0.8579402

00:11:28.668 --> 00:11:31.240 and not having to be in child labor.

NOTE Confidence: 0.8579402

00:11:31.240 --> 00:11:32.540 Yeah, there's nothing to

NOTE Confidence: 0.8579402

00:11:32.540 --> 00:11:33.518 be sad about.

NOTE Confidence: 0.87376463

00:11:33.780 --> 00:11:35.460 But I'm still, you and Mom

NOTE Confidence: 0.87376463

00:11:35.460 --> 00:11:36.950 are arguing all the time.

NOTE Confidence: 0.87376463

00:11:36.950 --> 00:11:38.390 You're always yelling at me.

NOTE Confidence: 0.87376463

00:11:38.390 --> 00:11:40.112 And like with Gramma getting sick

NOTE Confidence: 0.87376463

00:11:40.112 --> 00:11:41.838 last week, but she's better this

NOTE Confidence: 0.87376463

00:11:41.840 --> 00:11:44.440 week. She got shot. She got better. Yeah, I

NOTE Confidence: 0.87376463

00:11:44.440 --> 00:11:47.320 get that I know that, but I was still scared.

NOTE Confidence: 0.87376463

00:11:47.320 --> 00:11:49.360 It's just too much and I don't know

NOTE Confidence: 0.87376463

00:11:49.360 --> 00:11:51.636 how to but there's nothing wrong so

NOTE Confidence: 0.87376463

00:11:51.640 --> 00:11:53.649 you don't need to see a doctor.

NOTE Confidence: 0.87376463

00:11:53.650 --> 00:11:55.090 You don't need to think

NOTE Confidence: 0.87376463

18

00:11:55.090 --> 00:11:55.954 about hurting yourself.

NOTE Confidence: 0.87376463

00:11:55.960 --> 00:11:57.680 There's nothing wrong with you, OK?

NOTE Confidence: 0.8689839

00:11:58.350 --> 00:12:00.120 Oh my God, dad, I'm trying

NOTE Confidence: 0.8689839

00:12:00.120 --> 00:12:01.780 to tell you that I need

NOTE Confidence: 0.8689839

00:12:01.780 --> 00:12:03.442 help. I am helping you like

NOTE Confidence: 0.8689839

00:12:03.442 --> 00:12:05.499 I'm here to help you right now.

NOTE Confidence: 0.8689839

00:12:05.500 --> 00:12:08.065 We all love you. OK so you'll be fine.

NOTE Confidence: 0.8689839

00:12:08.070 --> 00:12:09.642 OK they just think about happy

NOTE Confidence: 0.8689839

00:12:09.642 --> 00:12:11.375 things so that you won't be

NOTE Confidence: 0.8689839

00:12:11.375 --> 00:12:12.635 thinking about hurting yourself

NOTE Confidence: 0.8689839

00:12:12.635 --> 00:12:14.648 and you don't even see a doctor.

NOTE Confidence: 0.8689839

00:12:14.650 --> 00:12:16.645 OK, just try to be more happy.

NOTE Confidence: 0.8689839

00:12:16.650 --> 00:12:17.230 Jessica alright.

NOTE Confidence: 0.83202887

00:12:18.970 --> 00:12:22.168 If you don't find, I'll try.

NOTE Confidence: 0.74852544

00:12:23.510 --> 00:12:27.712 Alright, freeze. OK, sounds a dad

NOTE Confidence: 0.74852544

00:12:27.712 --> 00:12:30.027 and Jessica were pretty upset.

NOTE Confidence: 0.74852544

00:12:30.030 --> 00:12:32.345 Obviously an less pause and

NOTE Confidence: 0.74852544

00:12:32.345 --> 00:12:34.660 talk about it now Jessica,

NOTE Confidence: 0.74852544

00:12:34.660 --> 00:12:38.356 tell us what was going on just now.

NOTE Confidence: 0.89778066

00:12:40.280 --> 00:12:42.276 I feel like my dad, he doesn't really

NOTE Confidence: 0.89778066

00:12:42.276 --> 00:12:44.479 want to listen to what I have to say.

NOTE Confidence: 0.89778066

00:12:44.480 --> 00:12:46.451 He just wants me to not be sad anymore

NOTE Confidence: 0.89778066

00:12:46.451 --> 00:12:48.586 and he doesn't really want to hear what

NOTE Confidence: 0.89778066

00:12:48.586 --> 00:12:50.417 I've been going through an I've been

NOTE Confidence: 0.89778066

00:12:50.417 --> 00:12:52.384 asking to see a doctor and he doesn't

NOTE Confidence: 0.89778066

00:12:52.384 --> 00:12:53.866 think that's going to be helpful.

NOTE Confidence: 0.89778066

00:12:53.870 --> 00:12:55.105 He thinks it isn't really

NOTE Confidence: 0.89778066

00:12:55.105 --> 00:12:56.340 like an illness or anything.

NOTE Confidence: 0.87698406

00:12:57.490 --> 00:12:59.215 So it sounds like you're

NOTE Confidence: 0.87698406

00:12:59.215 --> 00:13:01.380 trying to reach out for help,

NOTE Confidence: 0.87698406

00:13:01.380 --> 00:13:03.152 but that is not listening.

NOTE Confidence: 0.87698406

00:13:03.152 --> 00:13:05.828 Yeah, OK, if if you can put your

NOTE Confidence: 0.87698406

00:13:05.828 --> 00:13:08.109 feeling into words to describe it,

NOTE Confidence: 0.87698406

00:13:08.110 --> 00:13:09.880 but what would that like?

NOTE Confidence: 0.87698406

00:13:09.880 --> 00:13:11.650 What would that feel like?

NOTE Confidence: 0.901542545714286

00:13:13.410 --> 00:13:15.298 Well it makes me.

NOTE Confidence: 0.901542545714286

00:13:15.298 --> 00:13:16.714 Feel really hopeless?

NOTE Confidence: 0.901542545714286

00:13:16.720 --> 00:13:18.085 'cause there's things that he's

NOTE Confidence: 0.901542545714286

00:13:18.085 --> 00:13:19.757 been telling me to do, obviously,

NOTE Confidence: 0.901542545714286

00:13:19.757 --> 00:13:21.906 and that's the first thing I tried

NOTE Confidence: 0.901542545714286

00:13:21.906 --> 00:13:24.436 and I think I'm at a point where I

NOTE Confidence: 0.901542545714286

00:13:24.436 --> 00:13:26.695 can't really do this on my own and I

NOTE Confidence: 0.901542545714286

00:13:26.695 --> 00:13:28.752 need like a doctor or somebody to get

NOTE Confidence: 0.901542545714286

00:13:28.752 --> 00:13:30.919 me professional help to get out of this,

NOTE Confidence: 0.901542545714286

00:13:30.920 --> 00:13:32.540 because otherwise I don't know how

NOTE Confidence: 0.901542545714286

00:13:32.540 --> 00:13:34.459 much longer I can deal with this.

NOTE Confidence: 0.83159256

00:13:35.650 --> 00:13:37.435 So Sansa, you are really

NOTE Confidence: 0.83159256

00:13:37.435 --> 00:13:38.863 crying out for help,

NOTE Confidence: 0.83159256

00:13:38.870 --> 00:13:42.110 you need help right now, yeah.

NOTE Confidence: 0.83159256

00:13:42.110 --> 00:13:45.258 I see now now so now to Dad,

NOTE Confidence: 0.83159256

00:13:45.260 --> 00:13:46.900 you know, really upset?

NOTE Confidence: 0.83159256

00:13:46.900 --> 00:13:48.950 Just now to help but

NOTE Confidence: 0.83159256

00:13:48.950 --> 00:13:50.777 understand what was going on.

NOTE Confidence: 0.84296197

00:13:51.710 --> 00:13:53.498 I was just really worried about

NOTE Confidence: 0.84296197

00:13:53.498 --> 00:13:54.690 Jessica hurting herself like,

NOTE Confidence: 0.84296197

00:13:54.690 --> 00:13:57.096 especially after finding that pill bottle.

NOTE Confidence: 0.84296197

00:13:57.100 --> 00:13:59.179 I just really want her to try and focus

NOTE Confidence: 0.84296197

00:13:59.179 --> 00:14:01.285 on being happy because she has so much

NOTE Confidence: 0.84296197

00:14:01.285 --> 00:14:03.604 to be happy in her life or like I just.

NOTE Confidence: 0.84296197

00:14:03.610 --> 00:14:05.538 I just don't want him to be sad.

NOTE Confidence: 0.84296197

00:14:05.540 --> 00:14:07.220 Just wanted to focus on being happy.

NOTE Confidence: 0.9004696

00:14:08.890 --> 00:14:11.770 So you worry for her at the same time,

NOTE Confidence: 0.9004696

00:14:11.770 --> 00:14:13.690 you're trying to figure out something.

NOTE Confidence: 0.9004696

00:14:13.690 --> 00:14:15.290 Some solution to fix this?

NOTE Confidence: 0.911039

00:14:15.980 --> 00:14:17.316 Yeah, I'm trying to help you right now.

NOTE Confidence: 0.8437914

00:14:18.080 --> 00:14:20.824 OK, well I'm a neutral observer here.

NOTE Confidence: 0.8437914

00:14:20.830 --> 00:14:23.280 I don't judge, but I'm trying to

NOTE Confidence: 0.8437914

00:14:23.280 --> 00:14:25.281 point out some observation and

NOTE Confidence: 0.8437914

00:14:25.281 --> 00:14:27.903 see what Jessica and you think,

NOTE Confidence: 0.8437914

00:14:27.910 --> 00:14:30.215 what you, what your perspective. OK.

NOTE Confidence: 0.8437914

00:14:30.215 --> 00:14:32.975 One thing that I notice at the beginning

NOTE Confidence: 0.8437914

00:14:32.975 --> 00:14:35.954 is sounds like Dad mentioned the phrase

NOTE Confidence: 0.8437914

00:14:35.954 --> 00:14:38.910 what's wrong with you couple of times.

NOTE Confidence: 0.8437914

00:14:38.910 --> 00:14:41.046 So you know like what's wrong

NOTE Confidence: 0.8437914

00:14:41.046 --> 00:14:43.230 with you in Asian language,

NOTE Confidence: 0.8437914

00:14:43.230 --> 00:14:45.200 perhaps in especially in Chinese.

NOTE Confidence: 0.8437914

00:14:45.200 --> 00:14:46.768 What's wrong with you,

NOTE Confidence: 0.8437914

00:14:46.768 --> 00:14:48.692 man, you're someone T or.

NOTE Confidence: 0.8437914

00:14:48.692 --> 00:14:51.841 The amendment I sounds like a pretty neutral

NOTE Confidence: 0.8437914

00:14:51.841 --> 00:14:55.220 phrase to go to means what is going on,

NOTE Confidence: 0.8437914

00:14:55.220 --> 00:14:57.608 but if what's wrong with you

NOTE Confidence: 0.8437914

00:14:57.608 --> 00:14:59.200 directly translate into English

NOTE Confidence: 0.8437914

00:14:59.273 --> 00:15:01.199 in my son's a little hurtful,

NOTE Confidence: 0.8437914

00:15:01.200 --> 00:15:03.070 perhaps I don't judge here,

NOTE Confidence: 0.8437914

00:15:03.070 --> 00:15:05.464 but like I we are here to

NOTE Confidence: 0.8437914

00:15:05.464 --> 00:15:07.190 wonder together so Jessica,

NOTE Confidence: 0.8437914

00:15:07.190 --> 00:15:09.060 like what is that phrase?

NOTE Confidence: 0.8437914

00:15:09.060 --> 00:15:11.622 What's wrong with you make you feel

NOTE Confidence: 0.8437914

00:15:11.622 --> 00:15:13.919 when that mentioned at the beginning?

NOTE Confidence: 0.885157

00:15:14.680 --> 00:15:17.123 Well, that phrase makes me feel like

NOTE Confidence: 0.885157

00:15:17.123 --> 00:15:19.317 I'm purposefully trying to feel sad like

NOTE Confidence: 0.885157

00:15:19.317 --> 00:15:21.574 I'm doing this to myself, which I'm not.

NOTE Confidence: 0.885157

00:15:21.574 --> 00:15:23.660 It also makes me feel like he's

NOTE Confidence: 0.885157

00:15:23.729 --> 00:15:25.739 blaming me for how I'm feeling.

NOTE Confidence: 0.8134631

00:15:27.460 --> 00:15:29.973 Haha so so that sounds like you

NOTE Confidence: 0.8134631

00:15:29.973 --> 00:15:32.449 also interpret that as like her for

NOTE Confidence: 0.8134631

00:15:32.449 --> 00:15:34.790 like the problem is coming from you.

NOTE Confidence: 0.8134631

00:15:34.790 --> 00:15:37.226 Sounds like OK Ann and Dad like,

NOTE Confidence: 0.8134631

00:15:37.230 --> 00:15:39.742 we don't assume what we say is what

NOTE Confidence: 0.8134631

00:15:39.742 --> 00:15:42.001 you meant when you mention what's

NOTE Confidence: 0.8134631

00:15:42.001 --> 00:15:44.910 wrong with you, what was on your mind?

NOTE Confidence: 0.8134631

00:15:44.910 --> 00:15:46.998 What were you trying to say?

NOTE Confidence: 0.7964509

00:15:47.820 --> 00:15:49.578 Uh, so I can catch these.

NOTE Confidence: 0.7964509

00:15:49.580 --> 00:15:51.350 I might say, like yo man,

NOTE Confidence: 0.7964509

00:15:51.350 --> 00:15:52.820 Montay, and that that's what

NOTE Confidence: 0.7964509

00:15:52.820 --> 00:15:54.290 means what's wrong with you.

NOTE Confidence: 0.7964509

00:15:54.290 --> 00:15:55.316 Because I'm asking,

NOTE Confidence: 0.7964509

00:15:55.316 --> 00:15:57.710 what's the issue like I'm trying to

NOTE Confidence: 0.7964509

00:15:57.774 --> 00:15:59.484 communicate with the time trying

NOTE Confidence: 0.7964509

00:15:59.484 --> 00:16:01.987 to find out what's the matter and

NOTE Confidence: 0.7964509

00:16:01.987 --> 00:16:03.807 what's the situation with her.

NOTE Confidence: 0.7964509

00:16:03.810 --> 00:16:05.292 I guess I didn't know that

NOTE Confidence: 0.7964509

00:16:05.292 --> 00:16:07.278 to her when I asked her that.

NOTE Confidence: 0.7964509

00:16:07.280 --> 00:16:08.912 It sounds like I'm assuming she's

NOTE Confidence: 0.7964509

00:16:08.912 --> 00:16:10.490 broken or incorrect in some way.

NOTE Confidence: 0.7964509

00:16:10.490 --> 00:16:11.820 I'm just trying to figure

NOTE Confidence: 0.7964509

00:16:11.820 --> 00:16:12.884 out what's going on.

NOTE Confidence: 0.8620919

00:16:14.250 --> 00:16:17.248 I say I say so, so I'm glad we

NOTE Confidence: 0.8620919

00:16:17.248 --> 00:16:18.908 have this opportunity to discuss.

NOTE Confidence: 0.8620919

00:16:18.910 --> 00:16:20.914 Perhaps there are some cross cultural

NOTE Confidence: 0.8620919

00:16:20.914 --> 00:16:22.580 or cross language issue here.

NOTE Confidence: 0.8620919

00:16:22.580 --> 00:16:24.904 Anan that you can see that Jessica,

NOTE Confidence: 0.8620919

00:16:24.910 --> 00:16:26.575 you know that that didn't

NOTE Confidence: 0.8620919

00:16:26.575 --> 00:16:28.240 mean the way he said,

NOTE Confidence: 0.8620919

00:16:28.240 --> 00:16:30.368 and perhaps in my already make you

NOTE Confidence: 0.8620919

00:16:30.368 --> 00:16:33.229 feel in a certain way that upset you.

NOTE Confidence: 0.8620919

00:16:33.230 --> 00:16:36.006 I'm glad that perhaps we can be more

NOTE Confidence: 0.8620919

00:16:36.006 --> 00:16:39.267 aware of it and we can have a better

NOTE Confidence: 0.8620919

00:16:39.267 --> 00:16:41.570 way to communicate to one another.

NOTE Confidence: 0.8620919

00:16:41.570 --> 00:16:44.055 Now another thing that I notice you

NOTE Confidence: 0.8620919

00:16:44.055 --> 00:16:46.857 know Dad was trying to help Jessica

NOTE Confidence: 0.8620919

00:16:46.857 --> 00:16:49.776 to figure out some solution based on

NOTE Confidence: 0.8620919

00:16:49.776 --> 00:16:52.240 what you think that worked for you.

NOTE Confidence: 0.8620919

00:16:52.240 --> 00:16:53.732 Perhaps in the past,

NOTE Confidence: 0.8620919

00:16:53.732 --> 00:16:56.426 but it sounds pretty reluctant for for

NOTE Confidence: 0.8620919

00:16:56.426 --> 00:16:59.100 you to get Jessica for professional help.

NOTE Confidence: 0.8620919

00:16:59.100 --> 00:17:03.076 I wonder what is it all about?

NOTE Confidence: 0.8620919

00:17:03.080 --> 00:17:03.370 I

NOTE Confidence: 0.8554708

00:17:03.370 --> 00:17:05.002 just think that this is something

NOTE Confidence: 0.8554708

00:17:05.002 --> 00:17:06.840 that she can deal with herself.

NOTE Confidence: 0.8554708

00:17:06.840 --> 00:17:08.877 All of us are sad sometimes or

NOTE Confidence: 0.8554708

00:17:08.877 --> 00:17:10.900 like faced with tough situations.

NOTE Confidence: 0.8554708

00:17:10.900 --> 00:17:12.940 But I think my central part is being

NOTE Confidence: 0.8554708

00:17:12.940 --> 00:17:14.984 able to work through them and you

NOTE Confidence: 0.8554708

00:17:14.984 --> 00:17:17.507 sometimes just be able to grit your teeth

NOTE Confidence: 0.8554708

00:17:17.507 --> 00:17:19.475 and work hard through these issues.

NOTE Confidence: 0.8554708

00:17:19.480 --> 00:17:21.377 I've had times where my life has

NOTE Confidence: 0.8554708

00:17:21.377 --> 00:17:23.287 been going quite right and I just

NOTE Confidence: 0.8554708

00:17:23.287 --> 00:17:24.847 grab my teeth and work through

NOTE Confidence: 0.8554708

00:17:24.904 --> 00:17:26.619 it and change my circumstances.

NOTE Confidence: 0.8554708

00:17:26.620 --> 00:17:28.738 That's what she should do too.

NOTE Confidence: 0.8554708

00:17:28.740 --> 00:17:30.868 But the people have to go to doctors.

NOTE Confidence: 0.8554708

00:17:30.870 --> 00:17:32.200 Those people have something like

NOTE Confidence: 0.8554708

00:17:32.200 --> 00:17:33.530 seriously wrong with their mind,

NOTE Confidence: 0.8554708

00:17:33.530 --> 00:17:35.522 like they might have to take pills or

NOTE Confidence: 0.8554708

00:17:35.522 --> 00:17:37.778 they hear voices like those who are crazy.

NOTE Confidence: 0.8554708

00:17:37.780 --> 00:17:39.381 Jessica isn't crazy 'cause she's my

NOTE Confidence: 0.8554708

00:17:39.381 --> 00:17:41.070 daughter and there's nothing wrong with

NOTE Confidence: 0.8554708

00:17:41.070 --> 00:17:43.367 her and she doesn't need to see a doctor.

NOTE Confidence: 0.858313

00:17:45.380 --> 00:17:48.740 Well, I see that's how you make the way how

NOTE Confidence: 0.858313

00:17:48.820 --> 00:17:52.004 you think about it when we mentioned about

NOTE Confidence: 0.858313

00:17:52.004 --> 00:17:55.310 going to see a doctor for mental health,

NOTE Confidence: 0.858313

00:17:55.310 --> 00:17:58.109 well that's one way to see it but but

NOTE Confidence: 0.858313

00:17:58.109 --> 00:18:01.341 at the same time I I notice initially

NOTE Confidence: 0.858313

00:18:01.341 --> 00:18:04.290 that what brought you become so worry

NOTE Confidence: 0.858313

00:18:04.290 --> 00:18:07.152 about Jessica was the pill bottle and

NOTE Confidence: 0.858313

00:18:07.152 --> 00:18:09.444 as Jessica mentioned also the COVID-19.

NOTE Confidence: 0.858313

00:18:09.450 --> 00:18:11.360 The bullying happening on Instagram.

NOTE Confidence: 0.858313

00:18:11.360 --> 00:18:13.072 Those really negatively impacted

NOTE Confidence: 0.858313

00:18:13.072 --> 00:18:15.640 Jessica and those are not trivial.

NOTE Confidence: 0.858313

00:18:15.640 --> 00:18:17.520 Anne, and perhaps this is

29

NOTE Confidence: 0.858313

00:18:17.520 --> 00:18:19.400 something like in our culture.

NOTE Confidence: 0.858313

00:18:19.400 --> 00:18:22.179 Perhaps it is something really is not

NOTE Confidence: 0.858313

00:18:22.179 --> 00:18:25.039 the easiest thing to reach out for help.

NOTE Confidence: 0.858313

00:18:25.040 --> 00:18:26.920 Especially talking to mental health

NOTE Confidence: 0.858313

00:18:26.920 --> 00:18:28.988 provider may have, you know,

NOTE Confidence: 0.858313

00:18:28.988 --> 00:18:30.864 negative interpretation what it

NOTE Confidence: 0.858313

00:18:30.864 --> 00:18:34.040 means to talk to a psychiatrist.

NOTE Confidence: 0.858313

00:18:34.040 --> 00:18:36.242 Well, in fact you are talking

NOTE Confidence: 0.858313

00:18:36.242 --> 00:18:37.710 to a child psychiatrist.

NOTE Confidence: 0.858313

00:18:37.710 --> 00:18:40.279 I am one of the people there.

NOTE Confidence: 0.858313

00:18:40.280 --> 00:18:42.849 I guess maybe we can work together,

NOTE Confidence: 0.858313

00:18:42.850 --> 00:18:45.426 figure out some way you know we're not

NOTE Confidence: 0.858313

00:18:45.426 --> 00:18:47.619 just seeing so-called crazy people.

NOTE Confidence: 0.858313

00:18:47.620 --> 00:18:50.556 We are the people trying to help children,

NOTE Confidence: 0.858313

00:18:50.560 --> 00:18:53.136 adolescents and young adults to help them

NOTE Confidence: 0.858313

00:18:53.136 --> 00:18:56.025 to have a healthy growing development to

NOTE Confidence: 0.858313

00:18:56.025 --> 00:18:59.239 do something they want to do in life.

NOTE Confidence: 0.858313

00:18:59.240 --> 00:19:01.120 And especially in this pandemic,

NOTE Confidence: 0.858313

00:19:01.120 --> 00:19:02.995 many children are metal and

NOTE Confidence: 0.858313

00:19:02.995 --> 00:19:04.870 the lesson and even adult.

NOTE Confidence: 0.858313

00:19:04.870 --> 00:19:06.430 They are really vulnerable.

NOTE Confidence: 0.858313

00:19:06.430 --> 00:19:08.770 They have good reason to be

NOTE Confidence: 0.858313

00:19:08.843 --> 00:19:10.119 sad and need help.

NOTE Confidence: 0.858313

00:19:10.120 --> 00:19:13.120 I think that is a new learning curve.

NOTE Confidence: 0.858313

00:19:13.120 --> 00:19:14.990 We can work together well.

NOTE Confidence: 0.858313

00:19:14.990 --> 00:19:17.615 The same question also to Jessica Tool.

NOTE Confidence: 0.858313

00:19:17.620 --> 00:19:19.720 How long have you been thinking

NOTE Confidence: 0.858313

00:19:19.720 --> 00:19:21.600 about reaching out to mental

NOTE Confidence: 0.858313

00:19:21.600 --> 00:19:23.240 health provider is that?

NOTE Confidence: 0.858313

00:19:23.240 --> 00:19:25.490 Is there any hesitancy there too?

NOTE Confidence: 0.9007605

00:19:27.360 --> 00:19:29.250 Yeah, so I've been thinking about it,

NOTE Confidence: 0.9007605

00:19:29.250 --> 00:19:30.870 but it just I don't know.

NOTE Confidence: 0.9007605

00:19:30.870 --> 00:19:33.300 I just can't go to the doctor by myself.

NOTE Confidence: 0.9007605

00:19:33.300 --> 00:19:35.196 I need someone to take me and if

NOTE Confidence: 0.9007605

00:19:35.196 --> 00:19:37.130 I can't get my parents to agree

NOTE Confidence: 0.9007605

00:19:37.130 --> 00:19:39.239 with how we're going to solve this,

NOTE Confidence: 0.9007605

00:19:39.240 --> 00:19:40.268 then I don't know.

NOTE Confidence: 0.9007605

00:19:40.268 --> 00:19:42.147 I got really hopeless and thought about

NOTE Confidence: 0.9007605

00:19:42.147 --> 00:19:44.100 doing some really bad things to myself,

NOTE Confidence: 0.9007605

00:19:44.100 --> 00:19:46.530 but I mean like I hear from my friends,

NOTE Confidence: 0.9007605

00:19:46.530 --> 00:19:48.708 you know, going to the doctor can help and

NOTE Confidence: 0.9007605

00:19:48.708 --> 00:19:50.848 you don't always have to take medicine.

NOTE Confidence: 0.9007605

00:19:50.850 --> 00:19:52.642 I can go to therapy or something

NOTE Confidence: 0.9007605

00:19:52.642 --> 00:19:54.896 and see if that's going to help me.

NOTE Confidence: 0.88447225

00:19:56.240 --> 00:19:58.816 I see so it sounds like to Jessica,

NOTE Confidence: 0.88447225

00:19:58.820 --> 00:20:00.212 and perhaps, you know.

NOTE Confidence: 0.88447225

00:20:00.212 --> 00:20:01.952 There's something new to you.

NOTE Confidence: 0.88447225

00:20:01.960 --> 00:20:05.490 Perhaps it is also very new to that as well.

NOTE Confidence: 0.88447225

00:20:05.490 --> 00:20:07.933 And then as we are exploring something

NOTE Confidence: 0.88447225

00:20:07.933 --> 00:20:10.430 you we don't know what to expect,

NOTE Confidence: 0.88447225

00:20:10.430 --> 00:20:13.078 like what you expect to see a therapist

NOTE Confidence: 0.88447225

00:20:13.078 --> 00:20:16.076 or what to expect to see a psychiatrist.

NOTE Confidence: 0.88447225

00:20:16.080 --> 00:20:18.784 You know this is all new and generate

NOTE Confidence: 0.88447225

00:20:18.784 --> 00:20:20.976 you know and ciety and worrying

NOTE Confidence: 0.88447225

00:20:20.976 --> 00:20:23.493 what it is like all about, right?

NOTE Confidence: 0.88447225

00:20:23.493 --> 00:20:26.670 So so Dad as you can see Jessica like.

NOTE Confidence: 0.88447225

00:20:26.670 --> 00:20:28.902 Need someone to emotionally support her

NOTE Confidence: 0.88447225

00:20:28.902 --> 00:20:30.899 to navigate this uncertain T there.

NOTE Confidence: 0.8670431

00:20:33.200 --> 00:20:36.080 So Lastly to Jessica, if that is one

NOTE Confidence: 0.8670431

00:20:36.080 --> 00:20:39.178 thing you want that to change as we

NOTE Confidence: 0.8670431

00:20:39.178 --> 00:20:41.500 move on the alternative scenario,

NOTE Confidence: 0.8670431

00:20:41.500 --> 00:20:44.668 what do you want there to change so that

NOTE Confidence: 0.8670431

00:20:44.668 --> 00:20:47.818 you feel his emotional support to you?

NOTE Confidence: 0.8914234

00:20:49.840 --> 00:20:51.968 If he could let me finish kind

NOTE Confidence: 0.8914234

00:20:51.968 --> 00:20:53.639 of explaining how is feeling,

NOTE Confidence: 0.8914234

00:20:53.640 --> 00:20:56.340 or if he could be more open to other

NOTE Confidence: 0.8914234

00:20:56.340 --> 00:20:58.587 solutions because I mean if I end

NOTE Confidence: 0.8914234

00:20:58.587 --> 00:21:00.300 up hurting myself really badly,

NOTE Confidence: 0.8914234

00:21:00.300 --> 00:21:02.708 I think that going to the Doctor an

NOTE Confidence: 0.8914234

00:21:02.708 --> 00:21:05.404 even if going to the doctor is overkill

NOTE Confidence: 0.8914234

00:21:05.404 --> 00:21:08.226 and I don't need to go to the doctor.

NOTE Confidence: 0.8914234

00:21:08.230 --> 00:21:10.323 I still think it's better than doing

NOTE Confidence: 0.8914234

00:21:10.323 --> 00:21:12.476 these other methods that could end up

NOTE Confidence: 0.8914234

00:21:12.476 --> 00:21:14.270 doing something you know permanent and

NOTE Confidence: 0.8914234

00:21:14.330 --> 00:21:16.466 something that could really hurt myself.

NOTE Confidence: 0.8914234

00:21:16.470 --> 00:21:19.770 I just wish that he would open up his mind.

NOTE Confidence: 0.8914234

00:21:19.770 --> 00:21:21.540 These other solutions because it really

NOTE Confidence: 0.8914234

00:21:21.540 --> 00:21:23.549 helped me be less stressed about,

NOTE Confidence: 0.8914234

00:21:23.550 --> 00:21:25.440 you know, working through this thing.

NOTE Confidence: 0.8056819

00:21:26.890 --> 00:21:28.700 OK, Ananta dad, if there's

NOTE Confidence: 0.8056819

00:21:28.700 --> 00:21:30.958 one thing you can point out

NOTE Confidence: 0.8056819

00:21:30.958 --> 00:21:32.828 you want Jessica to change.

NOTE Confidence: 0.8056819

00:21:32.830 --> 00:21:35.210 So next time when she goes to

NOTE Confidence: 0.8056819

00:21:35.210 --> 00:21:37.649 you to tell you her feeling,

NOTE Confidence: 0.8056819

00:21:37.650 --> 00:21:40.247 what would you want her to change?

NOTE Confidence: 0.88280165

00:21:41.300 --> 00:21:43.088 I guess if Jessica could try

NOTE Confidence: 0.88280165

00:21:43.088 --> 00:21:44.981 like maybe if she could come

NOTE Confidence: 0.88280165

00:21:44.981 --> 00:21:46.883 and talk to me about things

NOTE Confidence: 0.88280165

00:21:46.883 --> 00:21:48.820 that would help in the future.

NOTE Confidence: 0.88280165

00:21:48.820 --> 00:21:50.398 Well, I guess you do that.

NOTE Confidence: 0.88280165

00:21:50.400 --> 00:21:52.115 I did you start by not interrupting

NOTE Confidence: 0.88280165

00:21:52.115 --> 00:21:54.035 her as much and trying to show

NOTE Confidence: 0.88280165

00:21:54.035 --> 00:21:55.159 like maybe I'm actually,

NOTE Confidence: 0.88280165

00:21:55.160 --> 00:21:55.949 I'm actually worried.

NOTE Confidence: 0.8531305

00:21:56.940 --> 00:21:59.229 OK, so that sounds like both of

NOTE Confidence: 0.8531305

00:21:59.229 --> 00:22:01.789 you want to make some changes

NOTE Confidence: 0.8531305

00:22:01.789 --> 00:22:03.789 to for better communication.

NOTE Confidence: 0.8531305

00:22:03.790 --> 00:22:07.014 Well, if there's one thing I can propose

NOTE Confidence: 0.8531305

00:22:07.014 --> 00:22:09.432 to change, perhaps that you know,

NOTE Confidence: 0.8531305

00:22:09.432 --> 00:22:12.321 and Jessica instead of using the angry

NOTE Confidence: 0.8531305

00:22:12.321 --> 00:22:15.079 and defensive mode to show your care,

NOTE Confidence: 0.8531305

00:22:15.080 --> 00:22:18.296 why don't we try having a more caring,

NOTE Confidence: 0.8531305

00:22:18.300 --> 00:22:21.114 worrying tone to carry out the conversation?

NOTE Confidence: 0.8531305

00:22:21.120 --> 00:22:25.400 You want to give it a try here.

NOTE Confidence: 0.8531305

00:22:25.400 --> 00:22:29.798 Alright, here we go version 2.

NOTE Confidence: 0.8531305

00:22:29.800 --> 00:22:32.872 Alternative scenario.

NOTE Confidence: 0.8531305

00:22:32.872 --> 00:22:34.670 Action. Jessica,

NOTE Confidence: 0.82645714

00:22:34.670 --> 00:22:35.742 what's happening with you?

NOTE Confidence: 0.82645714

00:22:35.742 --> 00:22:37.912 I found this empty pill bottle I heard

NOTE Confidence: 0.82645714

00:22:37.912 --> 00:22:39.690 from God that you think about hurting

NOTE Confidence: 0.82645714

00:22:39.690 --> 00:22:41.033 yourself and you're really unhappy

NOTE Confidence: 0.82645714

00:22:41.033 --> 00:22:42.860 and you want to doctor what's wrong?

NOTE Confidence: 0.81266004

00:22:44.410 --> 00:22:48.073 Well, I I didn't think Grandma was going to.

NOTE Confidence: 0.81266004

00:22:48.080 --> 00:22:50.670 That I didn't take those pills, I

NOTE Confidence: 0.8765792

00:22:50.670 --> 00:22:51.780 just what's wrong.

NOTE Confidence: 0.8765792

00:22:51.780 --> 00:22:53.630 Do you actually wanna know?

NOTE Confidence: 0.8765792

00:22:53.630 --> 00:22:56.220 Yeah, I wanna know what's going on.

NOTE Confidence: 0.91500473

00:22:59.150 --> 00:23:00.120 If I didn't want to

NOTE Confidence: 0.91500473

00:23:00.120 --> 00:23:01.464 know, why would I be asking you?

NOTE Confidence: 0.80294275

00:23:02.200 --> 00:23:04.672 See, I don't know yell at me some

NOTE Confidence: 0.80294275

00:23:04.672 --> 00:23:06.485 more 'cause I'm not good enough.

NOTE Confidence: 0.80294275

00:23:06.485 --> 00:23:08.798 No, I don't know. I

NOTE Confidence: 0.8838274

00:23:08.800 --> 00:23:09.830 don't yell at you 'cause

NOTE Confidence: 0.8838274

00:23:09.830 --> 00:23:10.654 you're not good enough.

NOTE Confidence: 0.8838274

00:23:10.660 --> 00:23:12.109 I'm yelling at you because I'm trying

NOTE Confidence: 0.8838274

00:23:12.110 --> 00:23:12.938 to make you better.

NOTE Confidence: 0.8619035

00:23:13.950 --> 00:23:15.042 Dad, I don't know.

NOTE Confidence: 0.8619035

00:23:15.042 --> 00:23:17.084 I I don't know what's wrong and

NOTE Confidence: 0.8619035

00:23:17.084 --> 00:23:19.001 that's the problem. I've just been.

NOTE Confidence: 0.8619035

00:23:19.001 --> 00:23:21.600 I've been really sad, OK?

NOTE Confidence: 0.8619035

00:23:21.600 --> 00:23:24.110 You have been sad.

NOTE Confidence: 0.8619035

00:23:24.110 --> 00:23:25.853 Yeah, for a long time now and

NOTE Confidence: 0.8619035

00:23:25.853 --> 00:23:27.553 it's gotten so much worse with

NOTE Confidence: 0.8619035

00:23:27.553 --> 00:23:29.048 the pandemic and staying home

NOTE Confidence: 0.8619035

00:23:29.048 --> 00:23:31.044 all the time and I've getting

NOTE Confidence: 0.8619035

00:23:31.044 --> 00:23:32.709 been getting bombarded with all

NOTE Confidence: 0.8619035

00:23:32.709 --> 00:23:34.154 these randos on Instagram that

NOTE Confidence: 0.8619035

00:23:34.154 --> 00:23:35.810 are telling me that it's my

NOTE Confidence: 0.8619035

00:23:35.870 --> 00:23:37.520 fault that coronavirus is here.

NOTE Confidence: 0.8619035

00:23:37.520 --> 00:23:39.010 You know the Chinese virus.

NOTE Confidence: 0.8677333

00:23:39.690 --> 00:23:40.833 Just delete Instagram.

NOTE Confidence: 0.8677333

00:23:40.833 --> 00:23:43.500 I don't have Instagram so I don't

NOTE Confidence: 0.8677333

00:23:43.569 --> 00:23:45.609 get these messages and I don't

NOTE Confidence: 0.8677333

00:23:45.610 --> 00:23:47.460 have those bad feelings. Dad,

NOTE Confidence: 0.8677333

00:23:47.460 --> 00:23:49.310 it's not Instagram's fault, it's

NOTE Confidence: 0.8677333

00:23:49.310 --> 00:23:51.530 the people. I'm giving you a

NOTE Confidence: 0.8677333

00:23:51.530 --> 00:23:54.410 solution. OK Dad, you're not listening.

NOTE Confidence: 0.8677333

00:23:54.410 --> 00:23:56.993 I don't think you understand how stressful

NOTE Confidence: 0.8677333

00:23:56.993 --> 00:23:59.320 it's been being home all the time.

NOTE Confidence: 0.8677333

00:23:59.320 --> 00:24:01.372 You and Mom are always fighting

NOTE Confidence: 0.8677333

00:24:01.372 --> 00:24:03.521 always yelling at me an with

NOTE Confidence: 0.8677333

00:24:03.521 --> 00:24:05.290 Gramma getting sick last week.

NOTE Confidence: 0.8677333

00:24:05.290 --> 00:24:06.692 Graham's fine, now dad.

NOTE Confidence: 0.8677333

00:24:06.692 --> 00:24:09.610 You asked me what's wrong?

NOTE Confidence: 0.8677333

00:24:09.610 --> 00:24:11.128 Do you really want to know?

NOTE Confidence: 0.8677333

00:24:11.130 --> 00:24:13.146 Do you really want to listen to me?

NOTE Confidence: 0.8677333

00:24:13.150 --> 00:24:14.415 'cause I don't feel like

NOTE Confidence: 0.8677333

00:24:14.415 --> 00:24:15.427 you're listening to me.

NOTE Confidence: 0.8677333

00:24:15.430 --> 00:24:16.984 I just feel like every time I

NOTE Confidence: 0.8677333

00:24:16.984 --> 00:24:18.716 try to say something you just

NOTE Confidence: 0.8677333

00:24:18.716 --> 00:24:20.492 try to tell me why I'm wrong.

NOTE Confidence: 0.8677333

00:24:20.492 --> 00:24:22.008 OK, OK, but that doesn't make

NOTE Confidence: 0.8677333

00:24:22.008 --> 00:24:23.744 when I'm feeling not real.

NOTE Confidence: 0.8677333

00:24:23.744 --> 00:24:24.718 Yeah, OK.

NOTE Confidence: 0.8677333

00:24:24.720 --> 00:24:25.749 OK OK I

NOTE Confidence: 0.866822

00:24:25.750 --> 00:24:26.770 wanna listen to

NOTE Confidence: 0.88026312

00:24:26.770 --> 00:24:28.600 you. You about what's wrong.

NOTE Confidence: 0.88026312

00:24:28.600 --> 00:24:30.224 OK, I want you to be happy.

NOTE Confidence: 0.88026312

00:24:30.230 --> 00:24:32.800 I don't want you to have to go see a doctor.

NOTE Confidence: 0.8974266

00:24:34.150 --> 00:24:36.780 Yeah, but I think I need to see a doctor.

NOTE Confidence: 0.8974266

00:24:36.780 --> 00:24:38.600 Dad. There's a whole field of medicine

NOTE Confidence: 0.8974266

00:24:38.600 --> 00:24:40.198 that exists for this. It's not.

NOTE Confidence: 0.8974266

00:24:40.198 --> 00:24:42.370 It's not fake, it's not just for

NOTE Confidence: 0.8974266

00:24:42.370 --> 00:24:44.095 crazy people or whatever it's.

NOTE Confidence: 0.8974266

00:24:44.100 --> 00:24:46.540 I get really sad and I don't know

NOTE Confidence: 0.8974266

00:24:46.540 --> 00:24:48.919 what to do about it and so it

NOTE Confidence: 0.8974266

00:24:48.919 --> 00:24:51.470 makes me want to hurt myself and I.

NOTE Confidence: 0.8974266

00:24:51.470 --> 00:24:55.943 I don't know how not to feel this way.

NOTE Confidence: 0.8974266

00:24:55.950 --> 00:24:59.290 OK. And honestly, Dad,

NOTE Confidence: 0.8974266

00:24:59.290 --> 00:25:01.311 I didn't want to talk to you about it

NOTE Confidence: 0.8974266

00:25:01.311 --> 00:25:02.811 because I didn't think you'd understand

NOTE Confidence: 0.8974266

00:25:02.811 --> 00:25:04.440 or want to do anything about it.

NOTE Confidence: 0.8974266

00:25:04.440 --> 00:25:05.590 I told Grandma about it.

NOTE Confidence: 0.8974266

00:25:05.590 --> 00:25:07.592 Just 'cause I got to the point

NOTE Confidence: 0.8974266

00:25:07.592 --> 00:25:09.914 and it just came out and I need

NOTE Confidence: 0.8974266

00:25:09.914 --> 00:25:12.128 help and I don't know what to do.

NOTE Confidence: 0.8974266

00:25:12.130 --> 00:25:12.390 I

NOTE Confidence: 0.8713772

00:25:12.390 --> 00:25:13.670 know you trust Grandma a

NOTE Confidence: 0.8713772

00:25:13.670 --> 00:25:15.056 lot and gramma loves you a

NOTE Confidence: 0.8713772

00:25:15.056 --> 00:25:16.480 lot and she was worried,

NOTE Confidence: 0.8713772

00:25:16.480 --> 00:25:18.988 so that's why she told us.

NOTE Confidence: 0.8713772

00:25:18.990 --> 00:25:20.508 Grandma actually thinks

NOTE Confidence: 0.8713772

00:25:20.508 --> 00:25:23.038 you should see a doctor.

NOTE Confidence: 0.8713772

00:25:23.040 --> 00:25:24.285 You know, Jessica?

NOTE Confidence: 0.8713772

00:25:24.285 --> 00:25:26.360 I never really heard about.

NOTE Confidence: 0.8611855

00:25:28.910 --> 00:25:30.572 I just heard about people killing

NOTE Confidence: 0.8611855

00:25:30.572 --> 00:25:32.181 themselves because they got way too

NOTE Confidence: 0.8611855

00:25:32.181 --> 00:25:33.610 stressed or some other crazy thing,

NOTE Confidence: 0.8611855

00:25:33.610 --> 00:25:35.640 but it sounds like the peoples peoples

NOTE Confidence: 0.8611855

00:25:35.640 --> 00:25:37.497 words on Instagram are really hurting

NOTE Confidence: 0.8611855

00:25:37.497 --> 00:25:39.279 your feelings and this whole pandemic

NOTE Confidence: 0.8611855

00:25:39.279 --> 00:25:41.210 is really hard for a lot of people.

NOTE Confidence: 0.8611855

00:25:41.210 --> 00:25:42.578 Or maybe I haven't been trying

NOTE Confidence: 0.8611855

00:25:42.578 --> 00:25:44.030 to think by from your side.

NOTE Confidence: 0.8871752

00:25:45.370 --> 00:25:47.337 Dad, I don't know what's wrong with

NOTE Confidence: 0.8871752

00:25:47.337 --> 00:25:49.775 me and I know I have like a roof

NOTE Confidence: 0.8871752

00:25:49.775 --> 00:25:51.950 over my head and all those things.

NOTE Confidence: 0.8871752

00:25:51.950 --> 00:25:54.150 And even with that I still can't feel

NOTE Confidence: 0.8871752

00:25:54.150 --> 00:25:56.520 happy and this makes me feel even worse.

NOTE Confidence: 0.876399

00:25:57.900 --> 00:26:00.204 I don't really get what's going on either,

NOTE Confidence: 0.876399

00:26:00.210 --> 00:26:01.660 but I'm worried about you,

NOTE Confidence: 0.876399

00:26:01.660 --> 00:26:03.388 so let's try figure out together.

NOTE Confidence: 0.876399

00:26:03.390 --> 00:26:05.154 OK, like, let's make appointment with

NOTE Confidence: 0.876399

00:26:05.154 --> 00:26:07.440 Doctor and I'll go with there with you.

NOTE Confidence: 0.853948488

00:26:08.200 --> 00:26:10.510 I love you Dad. OK.

NOTE Confidence: 0.6453514

00:26:12.530 --> 00:26:14.546 Alright, so probably guys

NOTE Confidence: 0.6453514

00:26:14.546 --> 00:26:18.200 this is the end of the skit.

NOTE Confidence: 0.6453514

00:26:18.200 --> 00:26:22.830 Thank you Vanessa Ann Allen, gay.

NOTE Confidence: 0.6453514

00:26:22.830 --> 00:26:26.435 OK, let's go back to the slide

NOTE Confidence: 0.6453514

00:26:26.435 --> 00:26:29.570 and continue the. Conversation.

NOTE Confidence: 0.77721083

00:26:33.980 --> 00:26:37.655 OK, so that was our theater arm.

NOTE Confidence: 0.77721083

00:26:37.660 --> 00:26:40.280 We also have public education.

NOTE Confidence: 0.77721083

00:26:40.280 --> 00:26:42.910 Our chat together, we grow.

NOTE Confidence: 0.77721083

00:26:42.910 --> 00:26:45.940 We produce flash card that to

NOTE Confidence: 0.77721083

00:26:45.940 --> 00:26:48.600 follow up the conversation teaching

NOTE Confidence: 0.77721083

00:26:48.600 --> 00:26:51.310 point coming from the skin,

NOTE Confidence: 0.77721083

00:26:51.310 --> 00:26:55.294 let me introduce we have a member name

NOTE Confidence: 0.77721083

00:26:55.294 --> 00:26:59.105 Griffey veteran who is a research associate

NOTE Confidence: 0.77721083

00:26:59.105 --> 00:27:02.660 at Yale Department of Evolution Biology.

NOTE Confidence: 0.77721083

00:27:02.660 --> 00:27:03.460 Besides science,

NOTE Confidence: 0.77721083

00:27:03.460 --> 00:27:05.860 she has a lot of talent.

NOTE Confidence: 0.77721083

00:27:05.860 --> 00:27:08.548 One of his talent is graphic design

NOTE Confidence: 0.77721083

00:27:08.548 --> 00:27:11.780 and also she also helped us to design

NOTE Confidence: 0.77721083

00:27:11.780 --> 00:27:14.260 our chat together logo as well.

NOTE Confidence: 0.77721083

00:27:14.260 --> 00:27:16.660 So my role as the trainee.

NOTE Confidence: 0.77721083

00:27:16.660 --> 00:27:19.459 I put a lot of concept that I learn

NOTE Confidence: 0.77721083

00:27:19.459 --> 00:27:22.230 from the residency and translator into

NOTE Confidence: 0.77721083

00:27:22.230 --> 00:27:25.480 lay language so that people in the

NOTE Confidence: 0.77721083

00:27:25.480 --> 00:27:27.862 Community can understand it an applied

NOTE Confidence: 0.77721083

00:27:27.862 --> 00:27:30.660 it to the real child parent interaction.

NOTE Confidence: 0.77721083

00:27:30.660 --> 00:27:33.060 For example here we have.

NOTE Confidence: 0.77721083

00:27:33.060 --> 00:27:35.988 There's just a definition of mentalization

NOTE Confidence: 0.77721083

00:27:35.988 --> 00:27:39.329 like imagine yourself in other other shoes.

NOTE Confidence: 0.77721083

00:27:39.330 --> 00:27:41.262 Be curious, nonjudgmental things

NOTE Confidence: 0.77721083

00:27:41.262 --> 00:27:44.630 through the lens of the other side.

NOTE Confidence: 0.77721083

00:27:44.630 --> 00:27:46.746 Using age appropriate language.

NOTE Confidence: 0.77721083

00:27:46.746 --> 00:27:49.920 So we translate this flash card

NOTE Confidence: 0.77721083

00:27:50.007 --> 00:27:52.357 and chill Chinese to Korean,

NOTE Confidence: 0.77721083

00:27:52.360 --> 00:27:55.664 and this is done by me and

NOTE Confidence: 0.77721083

00:27:55.664 --> 00:27:57.080 Jessica and Vanessa.

NOTE Confidence: 0.77721083

00:27:57.080 --> 00:28:00.384 So if any one of you have,

NOTE Confidence: 0.77721083

00:28:00.390 --> 00:28:02.274 like any other linguistic

NOTE Confidence: 0.77721083

00:28:02.274 --> 00:28:04.158 talent like join us,

NOTE Confidence: 0.77721083

00:28:04.160 --> 00:28:07.093 we want to spread this to other

NOTE Confidence: 0.77721083

00:28:07.093 --> 00:28:09.000 other community who speak

NOTE Confidence: 0.77721083

00:28:09.000 --> 00:28:11.236 different languages as well.

NOTE Confidence: 0.77721083

00:28:11.240 --> 00:28:13.128 So more of this,

NOTE Confidence: 0.77721083

00:28:13.128 --> 00:28:15.488 we have chat together comics.

NOTE Confidence: 0.77721083

00:28:15.490 --> 00:28:16.726 We use graphic.

NOTE Confidence: 0.77721083

00:28:16.726 --> 00:28:19.198 Graphic Madison as a way using

NOTE Confidence: 0.77721083

00:28:19.198 --> 00:28:21.180 visual storytelling method

NOTE Confidence: 0.77721083

00:28:21.180 --> 00:28:23.418 to illustrate mentalization.

NOTE Confidence: 0.77721083

00:28:23.420 --> 00:28:26.540 This is our other chat together

NOTE Confidence: 0.77721083

00:28:26.540 --> 00:28:28.100 member nearly no.

NOTE Confidence: 0.77721083

00:28:28.100 --> 00:28:31.088 Who is a third year medical

NOTE Confidence: 0.77721083

00:28:31.088 --> 00:28:33.820 student from University of Toledo.

NOTE Confidence: 0.77721083

00:28:33.820 --> 00:28:37.460 She is also a yell alumni really,

NOTE Confidence: 0.77721083

00:28:37.460 --> 00:28:40.580 really have the talent to combine

NOTE Confidence: 0.77721083

00:28:40.580 --> 00:28:43.033 Med medicine, an graphic design.

NOTE Confidence: 0.77721083

00:28:43.033 --> 00:28:46.330 So this is a comic speed between

NOTE Confidence: 0.77721083

00:28:46.425 --> 00:28:49.289 a modern daughter conversation.

NOTE Confidence: 0.77721083

00:28:49.290 --> 00:28:51.504 So Mother said you haven't been

NOTE Confidence: 0.77721083

00:28:51.504 --> 00:28:53.400 eating in this entire week.

NOTE Confidence: 0.77721083

00:28:53.400 --> 00:28:56.400 What is wrong, Mom? I think I'm depressed.

NOTE Confidence: 0.77721083

00:28:56.400 --> 00:28:58.638 So Mom tried to mentalize here.

NOTE Confidence: 0.77721083

00:28:58.640 --> 00:29:00.510 How could she be depressed?

NOTE Confidence: 0.77721083

00:29:00.510 --> 00:29:01.713 I don't understand,

NOTE Confidence: 0.77721083

00:29:01.713 --> 00:29:05.370 but right now I know my daughter is not OK.

NOTE Confidence: 0.77721083

00:29:05.370 --> 00:29:07.603 Maybe being a teen in this country

NOTE Confidence: 0.77721083

00:29:07.603 --> 00:29:10.228 can be really difficult and confusing.

NOTE Confidence: 0.77721083

00:29:10.230 --> 00:29:13.422 I should try to understand how she

NOTE Confidence: 0.77721083

00:29:13.422 --> 00:29:16.888 is feeling in order to support her.

NOTE Confidence: 0.77721083

00:29:16.890 --> 00:29:17.721 So Mom said,

NOTE Confidence: 0.77721083

00:29:17.721 --> 00:29:20.379 did I ever tell you how I felt when

NOTE Confidence: 0.77721083

00:29:20.379 --> 00:29:22.947 I moved to this country as a teen?

NOTE Confidence: 0.77721083

00:29:22.950 --> 00:29:25.176 I felt similar to how I think

NOTE Confidence: 0.77721083

00:29:25.176 --> 00:29:27.579 you might be feeling right now.

NOTE Confidence: 0.77721083

00:29:27.580 --> 00:29:29.946 So daughter also tried a mental eyes

NOTE Confidence: 0.77721083

00:29:29.946 --> 00:29:32.258 too really. What was that like?

NOTE Confidence: 0.77721083

00:29:32.258 --> 00:29:34.960 I was sad. I was lonely then too.

NOTE Confidence: 0.77721083

00:29:34.960 --> 00:29:36.927 I might not know exactly how it

NOTE Confidence: 0.77721083

00:29:36.927 --> 00:29:38.510 is for you right now,

NOTE Confidence: 0.77721083

00:29:38.510 --> 00:29:41.758 but I want to be there for you.

NOTE Confidence: 0.77721083

00:29:41.760 --> 00:29:44.166 Thanks Mom asunder heart for you

NOTE Confidence: 0.77721083

00:29:44.166 --> 00:29:46.920 back down to can we talk more?

NOTE Confidence: 0.77721083

00:29:46.920 --> 00:29:49.310 Of course.

NOTE Confidence: 0.77721083

00:29:49.310 --> 00:29:53.446 Show up this is a public education arm.

NOTE Confidence: 0.77721083

00:29:53.450 --> 00:29:56.915 Now we also have a research component

NOTE Confidence: 0.77721083

00:29:56.915 --> 00:30:00.278 in this program after we published.

NOTE Confidence: 0.77721083

00:30:00.280 --> 00:30:03.016 Culvert 19 skit on social media

NOTE Confidence: 0.77721083

00:30:03.016 --> 00:30:05.847 with her wanna follow up the

NOTE Confidence: 0.77721083

00:30:05.847 --> 00:30:08.583 question we want to see whether

NOTE Confidence: 0.77721083

00:30:08.583 --> 00:30:10.883 family harmony have changed after

NOTE Confidence: 0.77721083

00:30:10.883 --> 00:30:13.900 covid so we conduct a survey to

NOTE Confidence: 0.77721083

00:30:13.900 --> 00:30:15.712 understand family harmony scale

NOTE Confidence: 0.77721083

00:30:15.712 --> 00:30:17.524 before and after COVID-19.

NOTE Confidence: 0.77721083

00:30:17.530 --> 00:30:19.880 And here's the distribution within

NOTE Confidence: 0.77721083

00:30:19.880 --> 00:30:22.230 Asian American between 18 to

NOTE Confidence: 0.8145908

00:30:22.306 --> 00:30:25.694 25. So we have a research team here.

NOTE Confidence: 0.8145908

00:30:25.700 --> 00:30:28.544 Herman Pang who is a junior

49

NOTE Confidence: 0.8145908

00:30:28.544 --> 00:30:30.440 undergraduate student at Yale.

NOTE Confidence: 0.8145908

00:30:30.440 --> 00:30:32.750 Major in philosophy helping us.

NOTE Confidence: 0.8145908

00:30:32.750 --> 00:30:35.516 He is our chat together development,

NOTE Confidence: 0.8145908

00:30:35.520 --> 00:30:36.855 development, outreach, director.

NOTE Confidence: 0.8145908

00:30:36.855 --> 00:30:39.525 So he's helping us to recruit

NOTE Confidence: 0.8145908

00:30:39.525 --> 00:30:41.529 all the participants here.

NOTE Confidence: 0.8145908

00:30:41.530 --> 00:30:44.463 And Michelle saw who is a poster

NOTE Confidence: 0.8145908

00:30:44.463 --> 00:30:46.816 at Yale Department of Neurobiology

NOTE Confidence: 0.8145908

00:30:46.816 --> 00:30:49.840 and she is a research consultant.

NOTE Confidence: 0.8145908

00:30:49.840 --> 00:30:53.074 So here's some distribution as we are.

NOTE Confidence: 0.8145908

00:30:53.080 --> 00:30:55.859 This is a really in the middle

NOTE Confidence: 0.8145908

00:30:55.859 --> 00:30:57.719 of a recruiting participant

NOTE Confidence: 0.8145908

00:30:57.719 --> 00:31:00.599 here that is ongoing survey.

NOTE Confidence: 0.8145908

00:31:00.600 --> 00:31:02.938 Some of them are see they show

NOTE Confidence: 0.8145908

00:31:02.938 --> 00:31:04.560 increase of family harmony.

NOTE Confidence: 0.8145908

00:31:04.560 --> 00:31:06.360 Some show decrease how many

NOTE Confidence: 0.8145908

00:31:06.360 --> 00:31:07.800 some showed no change.

NOTE Confidence: 0.8145908

00:31:07.800 --> 00:31:10.208 So to follow up the question we want

NOTE Confidence: 0.8145908

00:31:10.208 --> 00:31:12.706 to see what may associate with each

NOTE Confidence: 0.8145908

00:31:12.706 --> 00:31:15.800 of the change we follow up with a

NOTE Confidence: 0.8145908

00:31:15.800 --> 00:31:18.194 qualitative study to do an individual

NOTE Confidence: 0.8145908

00:31:18.194 --> 00:31:21.508 interview on teens and parents.

NOTE Confidence: 0.8145908

00:31:21.510 --> 00:31:23.784 This line of study are performed

NOTE Confidence: 0.8145908

00:31:23.784 --> 00:31:25.840 by Allen and also maxou.

NOTE Confidence: 0.8145908

00:31:25.840 --> 00:31:27.352 Let me introduce Max.

NOTE Confidence: 0.8145908

00:31:27.352 --> 00:31:30.180 Max is our youngest chat together member.

NOTE Confidence: 0.8145908

00:31:30.180 --> 00:31:32.526 He is the Senior High School

NOTE Confidence: 0.8145908

00:31:32.526 --> 00:31:34.510 student from Choke Rosemary Hall.

NOTE Confidence: 0.8145908

00:31:34.510 --> 00:31:36.480 So together Max another member.

NOTE Confidence: 0.8145908

00:31:36.480 --> 00:31:38.052 We are interviewing the

NOTE Confidence: 0.8145908

00:31:38.052 --> 00:31:39.624 teens and parents here,

NOTE Confidence: 0.8145908

00:31:39.630 --> 00:31:41.850 so some of these are really

NOTE Confidence: 0.8145908

00:31:41.850 --> 00:31:43.970 preliminary data that we analyze.

NOTE Confidence: 0.8145908

00:31:43.970 --> 00:31:47.338 But we help us to guide our further

NOTE Confidence: 0.8145908

00:31:47.338 --> 00:31:49.876 future direction on where to look at.

NOTE Confidence: 0.8145908

00:31:49.880 --> 00:31:52.897 So when we asked participants about fat.

NOTE Confidence: 0.8145908

00:31:52.900 --> 00:31:57.065 Family harmony means to them during covid.

NOTE Confidence: 0.8145908

00:31:57.070 --> 00:31:59.788 They were able to identify that

NOTE Confidence: 0.8145908

00:31:59.788 --> 00:32:03.091 they were able to gain a new

NOTE Confidence: 0.8145908

00:32:03.091 --> 00:32:05.869 sense of agency with their family.

NOTE Confidence: 0.8145908

00:32:05.870 --> 00:32:08.145 They spend more time together

NOTE Confidence: 0.8145908

00:32:08.145 --> 00:32:10.960 feeling that staying safe from Covid,

NOTE Confidence: 0.8145908

00:32:10.960 --> 00:32:14.194 the unspoken care and peace and quiet.

NOTE Confidence: 0.8145908

00:32:14.200 --> 00:32:16.978 Those are the terms that they

NOTE Confidence: 0.8145908

00:32:16.978 --> 00:32:18.830 identify for family harmony.

NOTE Confidence: 0.8145908

00:32:18.830 --> 00:32:22.534 And as we are talking about cross cultural,

NOTE Confidence: 0.8145908

00:32:22.540 --> 00:32:24.384 family, people identify communication,

NOTE Confidence: 0.8145908

00:32:24.384 --> 00:32:26.998 language barrier, both verbal and nonverbal.

NOTE Confidence: 0.8145908

00:32:26.998 --> 00:32:30.969 Mean a lot to them and also lack of

NOTE Confidence: 0.8145908

00:32:30.969 --> 00:32:33.657 expressing feeling so many of the

NOTE Confidence: 0.8145908

00:32:33.657 --> 00:32:37.409 teens wish they could have a better

NOTE Confidence: 0.8145908

00:32:37.409 --> 00:32:39.549 conversation with their parents,

NOTE Confidence: 0.8145908

00:32:39.550 --> 00:32:42.208 with more talking about their feelings

NOTE Confidence: 0.8145908

00:32:42.208 --> 00:32:44.960 and interesting Lee about the conflict,

NOTE Confidence: 0.8145908

00:32:44.960 --> 00:32:47.445 we asked some of the participants to

NOTE Confidence: 0.8145908

00:32:47.445 --> 00:32:50.548 bring in an object that can symbolize

NOTE Confidence: 0.8145908

00:32:50.548 --> 00:32:52.993 what family harmony during COVID-19

NOTE Confidence: 0.8145908

00:32:52.993 --> 00:32:55.575 this particular participant bring in

NOTE Confidence: 0.8145908

00:32:55.575 --> 00:32:58.599 bubble wrap the package bubble wrap.

NOTE Confidence: 0.8145908

00:32:58.600 --> 00:33:01.505 To represent if you don't touch them,

NOTE Confidence: 0.8145908

00:33:01.510 --> 00:33:02.342 nothing happened.

NOTE Confidence: 0.8145908

00:33:02.342 --> 00:33:05.254 If you do a pop and explode,

NOTE Confidence: 0.8145908

00:33:05.260 --> 00:33:06.385 so there's some.

NOTE Confidence: 0.8145908

00:33:06.385 --> 00:33:09.010 They identify the boundary issue that some

NOTE Confidence: 0.8145908

00:33:09.080 --> 00:33:11.500 amplify some pre-existing issue there,

NOTE Confidence: 0.8145908

00:33:11.500 --> 00:33:13.990 so this is like some data.

NOTE Confidence: 0.8145908

00:33:13.990 --> 00:33:16.895 So far we gather, so stay tuned.

NOTE Confidence: 0.8145908

00:33:16.900 --> 00:33:19.456 We'll be able to show more

NOTE Confidence: 0.8145908

00:33:19.456 --> 00:33:21.480 results and conclusion later on.

NOTE Confidence: 0.8145908

00:33:21.480 --> 00:33:24.196 Now we also have our peer support

NOTE Confidence: 0.8145908

00:33:24.196 --> 00:33:26.353 arm some chat together member

NOTE Confidence: 0.8145908

00:33:26.353 --> 00:33:29.077 and I serve as a consultant.

NOTE Confidence: 0.8145908

00:33:29.080 --> 00:33:32.209 And peer support through the New Haven

NOTE Confidence: 0.8145908

00:33:32.209 --> 00:33:34.703 local community will collaborate with

NOTE Confidence: 0.8145908

00:33:34.703 --> 00:33:37.931 Yell China Department of Public Health

NOTE Confidence: 0.8145908

00:33:37.931 --> 00:33:41.129 starting pretty much since March this year.

NOTE Confidence: 0.8145908

00:33:41.130 --> 00:33:44.514 So this is one of the event we had

NOTE Confidence: 0.8145908

00:33:44.514 --> 00:33:48.358 for Asian and Asian American students.

NOTE Confidence: 0.8145908

00:33:48.360 --> 00:33:50.916 Don't let fear be contagious for

NOTE Confidence: 0.8145908

00:33:50.916 --> 00:33:54.353 covid event and we also have more

NOTE Confidence: 0.8145908

00:33:54.353 --> 00:33:56.549 event collaboration with China.

NOTE Confidence: 0.8145908

00:33:56.550 --> 00:33:58.960 Yellow Asian American Cultural Center,

NOTE Confidence: 0.8145908

00:33:58.960 --> 00:34:00.598 particularly for Asian

NOTE Confidence: 0.8145908

00:34:00.598 --> 00:34:01.690 international community.

NOTE Confidence: 0.8145908

00:34:01.690 --> 00:34:04.135 And address the anti Asian

NOTE Confidence: 0.8145908

00:34:04.135 --> 00:34:06.580 discrimination during Covid and in

NOTE Confidence: 0.8767899

00:34:06.663 --> 00:34:10.366 fact next week I'm holding another event

NOTE Confidence: 0.8767899

00:34:10.366 --> 00:34:13.361 for Chinese international student at Yale

NOTE Confidence: 0.8767899

00:34:13.361 --> 00:34:16.448 for for the reopening for 4th semester.

NOTE Confidence: 0.8767899

00:34:16.450 --> 00:34:20.878 One thing that I learn. We have a very

NOTE Confidence: 0.8767899

00:34:20.878 --> 00:34:23.830 unique population here in New Haven.

NOTE Confidence: 0.8767899

00:34:23.830 --> 00:34:25.802 The Asian International community,

NOTE Confidence: 0.8767899

00:34:25.802 --> 00:34:29.240 in which they really experience covid twice.

00:34:29.240 --> 00:34:33.740 One when they had the family back in in

00:34:33.740 --> 00:34:35.955 China. They have experienced kovid and

00:34:35.955 --> 00:34:38.350 they also have another covert experience.

00:34:38.350 --> 00:34:42.470 When I went to Spike in US all of the time,

00:34:42.470 --> 00:34:44.340 they were separated from family

00:34:44.340 --> 00:34:46.210 and they were also several.

00:34:46.210 --> 00:34:47.758 Alot of visa issue.

00:34:47.758 --> 00:34:51.160 They were forced to go back home or did

00:34:51.160 --> 00:34:54.326 decide to stay in the US and even if

00:34:54.326 --> 00:34:57.422 they decide to go back home now they're

00:34:57.430 --> 00:35:00.447 taking their online classes like 2:00 AM

00:35:00.447 --> 00:35:03.664 in the morning so so they really suffer

00:35:03.664 --> 00:35:07.159 a really unique set of vulnerability there.

00:35:07.160 --> 00:35:08.176 So Lastly,

00:35:08.176 --> 00:35:10.716 we have a collaboration arm.

00:35:10.720 --> 00:35:13.255 I am call collaborating with

NOTE Confidence: 0.8767899

00:35:13.255 --> 00:35:14.776 this gentleman here.

NOTE Confidence: 0.8767899

00:35:14.780 --> 00:35:18.396 His name is Jeremy Hunt who is a

NOTE Confidence: 0.8767899

00:35:18.396 --> 00:35:21.636 filmmaker in Hong Kong but also

NOTE Confidence: 0.8767899

00:35:21.636 --> 00:35:24.426 a yellow China Exchange Fellow.

NOTE Confidence: 0.8767899

00:35:24.430 --> 00:35:26.970 So here and I collaborate

NOTE Confidence: 0.8767899

00:35:26.970 --> 00:35:29.510 on a really cool project.

NOTE Confidence: 0.8767899

00:35:29.510 --> 00:35:33.073 We try to look at digital storytelling

NOTE Confidence: 0.8767899

00:35:33.073 --> 00:35:36.209 from school age teens to report.

NOTE Confidence: 0.8767899

00:35:36.210 --> 00:35:39.689 Express the pandemic experiences so when we

NOTE Confidence: 0.8767899

00:35:39.689 --> 00:35:43.110 create high school teens between 13 to 18,

NOTE Confidence: 0.8767899

00:35:43.110 --> 00:35:44.830 about 70 of them,

NOTE Confidence: 0.8767899

00:35:44.830 --> 00:35:47.410 they mostly are from Hong Kong

NOTE Confidence: 0.8767899

00:35:47.501 --> 00:35:50.006 and New Haven public school,

NOTE Confidence: 0.8767899

00:35:50.010 --> 00:35:53.286 but they also we also expand to

NOTE Confidence: 0.8767899

00:35:53.286 --> 00:35:56.405 other countries as well so we have

NOTE Confidence: 0.8767899

00:35:56.405 --> 00:35:59.670 them write a story on daily routine.

NOTE Confidence: 0.8767899

00:35:59.670 --> 00:36:01.950 During COVID-19 we breakdown the

NOTE Confidence: 0.8767899

00:36:01.950 --> 00:36:04.230 story into a small component

NOTE Confidence: 0.8767899

00:36:04.313 --> 00:36:06.257 an with Jeremy filmmaking.

NOTE Confidence: 0.8767899

00:36:06.260 --> 00:36:09.052 Variance he teach them how to create a

NOTE Confidence: 0.8767899

00:36:09.052 --> 00:36:11.157 corresponding shot to describe the story,

NOTE Confidence: 0.8767899

00:36:11.160 --> 00:36:13.880 then editing the video and have them put

NOTE Confidence: 0.8767899

00:36:13.880 --> 00:36:17.109 them on the log of the written essay there.

NOTE Confidence: 0.8767899

00:36:17.110 --> 00:36:19.448 So the goal of this project is

NOTE Confidence: 0.8767899

00:36:19.448 --> 00:36:22.314 to really how to how to help the

NOTE Confidence: 0.8767899

00:36:22.314 --> 00:36:24.516 children use the camera lens to

NOTE Confidence: 0.8767899

00:36:24.516 --> 00:36:26.903 show the view of the kovit world,

NOTE Confidence: 0.8767899

00:36:26.910 --> 00:36:29.213 and as you view from the video

NOTE Confidence: 0.8767899

00:36:29.213 --> 00:36:31.808 in which I will show you guys,

NOTE Confidence: 0.8767899

00:36:31.810 --> 00:36:33.560 as you view the video,

NOTE Confidence: 0.8767899

00:36:33.560 --> 00:36:35.863 you would go into the child's mind

NOTE Confidence: 0.8767899

00:36:35.863 --> 00:36:38.537 and how to see the view discover.

NOTE Confidence: 0.8767899

00:36:38.540 --> 00:36:41.942 Well there an my role would be

NOTE Confidence: 0.8767899

00:36:41.942 --> 00:36:45.169 helping them for self reflection.

NOTE Confidence: 0.8767899

00:36:45.170 --> 00:36:47.708 How did creating and showing the

NOTE Confidence: 0.8767899

00:36:47.708 --> 00:36:50.261 film would affect the way how

NOTE Confidence: 0.8767899

00:36:50.261 --> 00:36:51.825 they see the pandemic?

NOTE Confidence: 0.8767899

00:36:51.830 --> 00:36:54.534 Some of the respond here said it felt

NOTE Confidence: 0.8767899

00:36:54.534 --> 00:36:57.866 more we leaving since you get to tell

NOTE Confidence: 0.8767899

00:36:57.866 --> 00:37:00.560 people about certain issues encountered,

NOTE Confidence: 0.8767899

00:37:00.560 --> 00:37:01.694 another was spun.

NOTE Confidence: 0.8767899

00:37:01.694 --> 00:37:04.868 It prompt me to keep asking myself what

NOTE Confidence: 0.8767899

00:37:04.868 --> 00:37:08.046 makes life interesting while staying at home.

NOTE Confidence: 0.8767899

00:37:08.050 --> 00:37:10.546 I guess we're all asking this

NOTE Confidence: 0.8767899

00:37:10.546 --> 00:37:12.210 question to other respond.

NOTE Confidence: 0.8767899

00:37:12.210 --> 00:37:15.234 This is the people make up humanity.

NOTE Confidence: 0.8767899

00:37:15.240 --> 00:37:16.018 In society,

NOTE Confidence: 0.8767899

00:37:16.018 --> 00:37:17.963 we should be grateful for

NOTE Confidence: 0.8767899

00:37:17.963 --> 00:37:19.560 everything in our life,

NOTE Confidence: 0.8767899

00:37:19.560 --> 00:37:22.360 even the little thing.

NOTE Confidence: 0.8767899

00:37:22.360 --> 00:37:24.852 Now the second part of this project

NOTE Confidence: 0.8767899

00:37:24.852 --> 00:37:27.585 is to have the Hong Kong student

NOTE Confidence: 0.8767899

00:37:27.585 --> 00:37:30.410 and then New Haven student to swap

NOTE Confidence: 0.8767899

00:37:30.410 --> 00:37:32.642 the video and trying to mental

NOTE Confidence: 0.8767899

00:37:32.642 --> 00:37:34.468 eyes of each other video.

NOTE Confidence: 0.8767899

00:37:34.468 --> 00:37:36.592 What is that person is going

NOTE Confidence: 0.8767899

00:37:36.592 --> 00:37:37.940 through during COVID-19?

NOTE Confidence: 0.8767899

00:37:37.940 --> 00:37:40.142 Now keep in mind that this

NOTE Confidence: 0.8767899

00:37:40.142 --> 00:37:41.610 student they don't know

NOTE Confidence: 0.8677991

00:37:41.691 --> 00:37:43.955 each other. They're growing up

NOTE Confidence: 0.8677991

00:37:43.955 --> 00:37:46.380 in a very different places.

NOTE Confidence: 0.8677991

00:37:46.380 --> 00:37:47.616 Perhaps they speak English,

NOTE Confidence: 0.8677991

00:37:47.616 --> 00:37:49.470 but they may be like talking

NOTE Confidence: 0.8677991

00:37:49.525 --> 00:37:50.959 different native language,

NOTE Confidence: 0.8677991

00:37:50.960 --> 00:37:52.720 eating different type of food.

NOTE Confidence: 0.8677991

00:37:52.720 --> 00:37:56.626 You know, you know very different background.

NOTE Confidence: 0.8677991

00:37:56.630 --> 00:37:58.576 We are going to help them to

NOTE Confidence: 0.8677991

00:37:58.576 --> 00:38:00.608 have a we flip here reflection

NOTE Confidence: 0.8677991

00:38:00.608 --> 00:38:03.219 there in the way to train them

NOTE Confidence: 0.8677991

00:38:03.301 --> 00:38:05.497 to have this foster this idea.

NOTE Confidence: 0.8677991

00:38:05.500 --> 00:38:06.374 Intercultural empathy.

NOTE Confidence: 0.8677991

00:38:06.374 --> 00:38:10.420 So we go going to ask them how do

NOTE Confidence: 0.8677991

00:38:10.420 --> 00:38:13.192 you think the film makers feeling

NOTE Confidence: 0.8677991

00:38:13.192 --> 00:38:15.490 when they're making the movie?

NOTE Confidence: 0.8677991

00:38:15.490 --> 00:38:17.524 Some of the response at Happy

NOTE Confidence: 0.8677991

00:38:17.524 --> 00:38:19.751 content she is trying to show

NOTE Confidence: 0.8677991

00:38:19.751 --> 00:38:21.347 that regardless of location,

NOTE Confidence: 0.8677991

00:38:21.350 --> 00:38:24.024 this is still lucky to have a

NOTE Confidence: 0.8677991

00:38:24.024 --> 00:38:27.039 wide range of activity to do and

NOTE Confidence: 0.8677991

00:38:27.039 --> 00:38:29.703 a loving family to support her.

NOTE Confidence: 0.8677991

00:38:29.710 --> 00:38:32.035 Another respond sad about what

NOTE Confidence: 0.8677991

00:38:32.035 --> 00:38:33.895 is happening to people,

NOTE Confidence: 0.8677991

00:38:33.900 --> 00:38:38.338 how everything has changes, so little time.

NOTE Confidence: 0.8677991

00:38:38.340 --> 00:38:39.912 Sad, but not all.

NOTE Confidence: 0.8677991

00:38:39.912 --> 00:38:42.270 There is so much commotion revolving

NOTE Confidence: 0.8677991

00:38:42.352 --> 00:38:45.159 around lockdown that we tend to forget

NOTE Confidence: 0.8677991

00:38:45.159 --> 00:38:48.256 the little thing and be grateful for them.

NOTE Confidence: 0.8677991

00:38:48.260 --> 00:38:50.927 So this other respond and I want

NOTE Confidence: 0.8677991

00:38:50.927 --> 00:38:54.082 to take the chance to show some

NOTE Confidence: 0.8677991

00:38:54.082 --> 00:38:56.487 of these wonderful video here.

NOTE Confidence: 0.8677991

00:38:56.490 --> 00:38:57.240 K.

NOTE Confidence: 0.89962965

00:39:01.510 --> 00:39:05.340 OK, so this is created by the New Haven

NOTE Confidence: 0.89962965

00:39:05.340 --> 00:39:07.900 student. I be home school experience.

NOTE Confidence: 0.86694

00:39:10.420 --> 00:39:13.170 Alright, so my whole school experience.

NOTE Confidence: 0.7385171

00:39:13.170 --> 00:39:14.880 Even sleep in a mic.

NOTE Confidence: 0.7385171

00:39:14.880 --> 00:39:17.232 I get up around 8:00 or 9 depending

NOTE Confidence: 0.7385171

00:39:17.232 --> 00:39:19.667 how I'm feeling then asserted day,

NOTE Confidence: 0.7385171

00:39:19.670 --> 00:39:22.064 but brushing my teeth and make sure

NOTE Confidence: 0.7385171

00:39:22.064 --> 00:39:24.136 things clean. Attica 15 minutes.

NOTE Confidence: 0.7385171

00:39:24.136 --> 00:39:26.908 Running my brother then minutes as

NOTE Confidence: 0.7385171

00:39:26.908 --> 00:39:29.978 I get home I take a deep shower.

NOTE Confidence: 0.7385171

00:39:29.980 --> 00:39:32.068 Once I'm done with everything after

NOTE Confidence: 0.7385171

00:39:32.068 --> 00:39:34.535 working on a school assignment that

NOTE Confidence: 0.7385171

00:39:34.535 --> 00:39:36.559 sometimes include zoom meetings.

NOTE Confidence: 0.7385171

00:39:36.560 --> 00:39:38.505 This takes 3 hours depending

NOTE Confidence: 0.7385171

00:39:38.505 --> 00:39:40.450 on which classes I have.

NOTE Confidence: 0.7385171

00:39:40.450 --> 00:39:43.394 If I have mouth, it takes 2 hours

NOTE Confidence: 0.7385171

00:39:43.394 --> 00:39:46.289 or less because I love my wife.

00:39:46.290 --> 00:39:49.330 A few moments later.

00:39:49.330 --> 00:39:52.459 It's hard to believe how much things

00:39:52.459 --> 00:39:54.889 have changed since the pandemic

00:39:54.889 --> 00:39:57.389 has opened many people's eyes.

00:39:57.390 --> 00:39:59.760 Many, including myself, have rulers.

00:39:59.760 --> 00:40:02.497 How? O we were grateful to the

00:40:02.497 --> 00:40:04.589 little things in our lives.

00:40:04.590 --> 00:40:07.020 Anti socials are missing the crowds.

00:40:07.020 --> 00:40:09.930 The students are missing the schools

00:40:09.930 --> 00:40:13.298 they used to complain about every day.

00:40:13.300 --> 00:40:17.602 Some are even saying maybe it was worth it

00:40:17.602 --> 00:40:21.400 waking up in the morning 'cause the bus.

00:40:21.400 --> 00:40:22.848 Many people are craving

00:40:22.848 --> 00:40:24.658 to come back to society.

00:40:24.660 --> 00:40:26.470 Is the crowd the festivals?

00:40:26.470 --> 00:40:29.224 The concerns determine spent to hang

NOTE Confidence: 0.7385171

00:40:29.224 --> 00:40:32.088 out with your friends at the mall.

NOTE Confidence: 0.7385171

00:40:32.090 --> 00:40:34.115 It's the people.

NOTE Confidence: 0.7385171

00:40:34.115 --> 00:40:38.165 They make up humanity in society.

NOTE Confidence: 0.7385171

00:40:38.170 --> 00:40:40.085 Of harnessed Lee learned a

NOTE Confidence: 0.7385171

00:40:40.085 --> 00:40:42.000 lot during this intense time,

NOTE Confidence: 0.7385171

00:40:42.000 --> 00:40:43.572 but most importantly African,

NOTE Confidence: 0.7385171

00:40:43.572 --> 00:40:45.930 that we should always be grateful

NOTE Confidence: 0.7385171

00:40:46.000 --> 00:40:47.750 for everything in our lives,

NOTE Confidence: 0.7385171

00:40:47.750 --> 00:40:50.036 even the little things the loves.

NOTE Confidence: 0.7385171

00:40:50.040 --> 00:40:52.338 Every vent your counter, your freedom,

NOTE Confidence: 0.7385171

00:40:52.340 --> 00:40:53.868 your health trees family.

NOTE Confidence: 0.7385171

00:40:53.868 --> 00:40:55.014 I mean everything,

NOTE Confidence: 0.7385171

00:40:55.020 --> 00:40:56.940 because everything has his hand.

NOTE Confidence: 0.8571825

00:41:03.810 --> 00:41:06.060 OK, so the second video

NOTE Confidence: 0.8571825

00:41:06.060 --> 00:41:07.860 is created by Donovan.

NOTE Confidence: 0.8571825

00:41:07.860 --> 00:41:11.010 He is a student from Hong Kong.

NOTE Confidence: 0.8571825

00:41:11.010 --> 00:41:13.710 My daily routine just pay up.

NOTE Confidence: 0.8571825

00:41:13.710 --> 00:41:14.610 Pay attention.

NOTE Confidence: 0.8571825

00:41:14.610 --> 00:41:15.960 Donovan intentionally change

NOTE Confidence: 0.8571825

00:41:15.960 --> 00:41:18.210 his voice and the video.

NOTE Confidence: 0.8571825

00:41:18.210 --> 00:41:20.910 Perhaps some defense mechanism will see.

NOTE Confidence: 0.7456475

00:41:23.070 --> 00:41:25.128 When I'm done then I'll just tell

NOTE Confidence: 0.7456475

00:41:25.128 --> 00:41:27.840 you what I usually do during Clinton.

NOTE Confidence: 0.79524195

00:41:27.840 --> 00:41:29.786 I live in apartment in Happy Valley.

NOTE Confidence: 0.79524195

00:41:29.790 --> 00:41:31.226 I love my parents.

NOTE Confidence: 0.79524195

00:41:31.226 --> 00:41:33.788 Another system I enjoyed the lock down

NOTE Confidence: 0.79524195

00:41:33.788 --> 00:41:36.484 for the first month and I'm just bored.

NOTE Confidence: 0.79524195

00:41:36.490 --> 00:41:39.766 Days of Week 613 Live past seven.

NOTE Confidence: 0.79524195

00:41:39.770 --> 00:41:42.105 So I have around 20

NOTE Confidence: 0.79524195

00:41:42.105 --> 00:41:43.973 minutes to prepare myself.

NOTE Confidence: 0.79524195

00:41:43.980 --> 00:41:45.960 I change my clothes,

NOTE Confidence: 0.79524195

00:41:45.960 --> 00:41:50.070 brush my teeth and eat some breakfast.

NOTE Confidence: 0.79524195

00:41:50.070 --> 00:41:53.115 My dad would drive me to school

NOTE Confidence: 0.79524195

00:41:53.115 --> 00:41:56.758 and I would have lessons as usual,

NOTE Confidence: 0.79524195

00:41:56.760 --> 00:41:59.150 then at break and lunch

NOTE Confidence: 0.79524195

00:41:59.150 --> 00:42:01.540 I'll go play football field,

NOTE Confidence: 0.79524195

00:42:01.540 --> 00:42:07.759 my friends and after pad 5 I'll go home.

NOTE Confidence: 0.79524195

00:42:07.760 --> 00:42:11.348 I need three sets in secondaries.

NOTE Confidence: 0.79524195

00:42:11.350 --> 00:42:13.138 It's all changed.

NOTE Confidence: 0.7544778

00:42:17.710 --> 00:42:20.886 Can you delete? Those are usually wake up

NOTE Confidence: 0.7544778

00:42:20.886 --> 00:42:24.215 at 8:10 and would get on my laptop and

NOTE Confidence: 0.7544778

00:42:24.215 --> 00:42:27.540 then my bed and wait till class starts.

NOTE Confidence: 0.7544778

00:42:27.540 --> 00:42:30.834 After two time I get finally get on my

NOTE Confidence: 0.7544778

00:42:30.834 --> 00:42:34.605 bed and brush my teeth and eat some toast.

NOTE Confidence: 0.68421346

00:42:41.110 --> 00:42:43.390 Right after school I would have

NOTE Confidence: 0.68421346

00:42:43.390 --> 00:42:45.603 soon after school classes that user

NOTE Confidence: 0.68421346

00:42:45.603 --> 00:42:47.210 and find Cape Town application.

NOTE Confidence: 0.8056114

00:42:49.500 --> 00:42:53.300 I'm a weekend out with an island 10:30.

NOTE Confidence: 0.8056114

00:42:53.300 --> 00:42:55.790 Fun Saturday without my piano lessons

NOTE Confidence: 0.8056114

00:42:55.790 --> 00:42:59.105 at 2:30 for one hour and at 6:30

NOTE Confidence: 0.8056114

00:42:59.105 --> 00:43:01.457 out on Michelle lesson till 7:30.

NOTE Confidence: 0.8056114

00:43:01.460 --> 00:43:04.568 Then I would spend my Sundays

NOTE Confidence: 0.8056114

00:43:04.568 --> 00:43:07.510 in bed on my phone.

NOTE Confidence: 0.8056114

00:43:07.510 --> 00:43:09.130 Those kind of hard keep tracking

NOTE Confidence: 0.8056114

00:43:09.130 --> 00:43:11.107 of all the homework and make sure

NOTE Confidence: 0.8056114

00:43:11.107 --> 00:43:12.507 everything was handed in after

NOTE Confidence: 0.8056114

00:43:12.507 --> 00:43:14.742 I've been able to adjust the online

NOTE Confidence: 0.8056114

00:43:14.742 --> 00:43:16.034 schooling was pretty relaxing.

NOTE Confidence: 0.8056114

00:43:16.040 --> 00:43:17.972 A lot of people say that they

NOTE Confidence: 0.8056114

00:43:17.972 --> 00:43:19.859 wanted to go back to school,

NOTE Confidence: 0.8056114

00:43:19.860 --> 00:43:21.618 but I do miss my friends.

NOTE Confidence: 0.8056114

00:43:21.620 --> 00:43:23.734 I wouldn't mind having them on line

NOTE Confidence: 0.8056114

00:43:23.734 --> 00:43:25.440 class for another month or two,

NOTE Confidence: 0.8056114

00:43:25.440 --> 00:43:27.348 so hopefully there will be no

NOTE Confidence: 0.8056114

00:43:27.348 --> 00:43:29.143 more cases under lockdown will be

NOTE Confidence: 0.8056114

00:43:29.143 --> 00:43:30.991 lifted so that we can go back to

NOTE Confidence: 0.8056114

00:43:31.054 --> 00:43:32.789 our normal walk through teams.

NOTE Confidence: 0.8061835

00:43:36.380 --> 00:43:38.246 What is the song keep playing?

NOTE Confidence: 0.9063347

00:43:42.230 --> 00:43:46.940 OK, so those are the video.

NOTE Confidence: 0.9063347

00:43:46.940 --> 00:43:49.550 Let's go back to the slide.

NOTE Confidence: 0.7882861

00:43:53.640 --> 00:43:57.005 Alright, so in summary chat

NOTE Confidence: 0.7882861

00:43:57.005 --> 00:44:01.100 together we are bridging the gaps.

NOTE Confidence: 0.7882861

00:44:01.100 --> 00:44:03.878 We are approaching the child parents

NOTE Confidence: 0.7882861

00:44:03.878 --> 00:44:06.330 operative gap in minority family.

NOTE Confidence: 0.7882861

00:44:06.330 --> 00:44:10.554 We are bridging the gaps that are amplified

NOTE Confidence: 0.7882861

00:44:10.554 --> 00:44:14.398 by COVID-19 as we are using this kit to,

NOTE Confidence: 0.7882861

00:44:14.400 --> 00:44:18.330 you know talk about a lot of the issue during

NOTE Confidence: 0.7882861

00:44:18.418 --> 00:44:22.000 COVID-19 Black Live Matters LGBTQ Anmore.

NOTE Confidence: 0.7882861

00:44:22.000 --> 00:44:25.120 Those are many issue that amplify

NOTE Confidence: 0.7882861

00:44:25.120 --> 00:44:27.825 during COVID-19 we are bridging

NOTE Confidence: 0.7882861

00:44:27.825 --> 00:44:30.455 the gap across the globe.

NOTE Confidence: 0.7882861

00:44:30.460 --> 00:44:34.023 We had planned to expand on the

NOTE Confidence: 0.7882861

00:44:34.023 --> 00:44:36.130 digitized storytelling program there.

NOTE Confidence: 0.7882861

00:44:36.130 --> 00:44:39.214 Now, instead of dividing shaming to

NOTE Confidence: 0.7882861

00:44:39.214 --> 00:44:41.726 address our differences, chat together,

NOTE Confidence: 0.7882861

00:44:41.726 --> 00:44:44.624 Pomo intercultural empathy as a way

NOTE Confidence: 0.7882861

00:44:44.624 --> 00:44:47.824 to respect and embrace each other's

NOTE Confidence: 0.7882861

00:44:47.824 --> 00:44:51.052 uniqueness through words scared and images.

NOTE Confidence: 0.7882861

00:44:51.060 --> 00:44:55.700 This is also a program unique in a way that

NOTE Confidence: 0.7882861

00:44:55.810 --> 00:45:00.554 we incorporate our action where we can cope.

NOTE Confidence: 0.7882861

00:45:00.560 --> 00:45:05.460 And we construct unspoken trauma among us.

NOTE Confidence: 0.7882861

00:45:05.460 --> 00:45:10.293 Now, this is some future vision that we have.

NOTE Confidence: 0.7882861

00:45:10.300 --> 00:45:12.452 We want to educate,

NOTE Confidence: 0.7882861

00:45:12.452 --> 00:45:13.528 intercultural empathy,

NOTE Confidence: 0.7882861

00:45:13.530 --> 00:45:15.678 anti prejudice, anti racism,

NOTE Confidence: 0.7882861

00:45:15.678 --> 00:45:18.363 through chat together interactive theater.

NOTE Confidence: 0.7882861

00:45:18.370 --> 00:45:21.978 We want to expand this model to medical

NOTE Confidence: 0.7882861

00:45:21.978 --> 00:45:25.465 education for the next generation of

NOTE Confidence: 0.7882861

00:45:25.465 --> 00:45:28.585 doctors including medical student trainees,

NOTE Confidence: 0.7882861

00:45:28.590 --> 00:45:29.594 an clinicians.

NOTE Confidence: 0.7882861

00:45:29.594 --> 00:45:32.606 This could be a community outreach

NOTE Confidence: 0.7882861

00:45:32.606 --> 00:45:35.668 program for school educator parents.

NOTE Confidence: 0.7882861

00:45:35.670 --> 00:45:38.610 And school age children now think about

NOTE Confidence: 0.7882861

00:45:38.610 --> 00:45:42.350 how we want to sustain this organization.

NOTE Confidence: 0.7882861

00:45:42.350 --> 00:45:45.248 Expanding from Co-op style to potential

NOTE Confidence: 0.7882861

00:45:45.248 --> 00:45:47.180 fundraising campaign school based

NOTE Confidence: 0.7882861

00:45:47.249 --> 00:45:49.499 fund and non profit organisations.

NOTE Confidence: 0.7882861

00:45:49.500 --> 00:45:54.693 So these are some future vision that we have.

NOTE Confidence: 0.7882861

00:45:54.700 --> 00:45:55.554 And Lastly,

NOTE Confidence: 0.7882861

00:45:55.554 --> 00:45:58.970 I want to acknowledge and thank you everyone.

NOTE Confidence: 0.7882861

00:45:58.970 --> 00:46:01.581 This is a growing list of chat

NOTE Confidence: 0.7882861

00:46:01.581 --> 00:46:04.233 together family that we're getting so

NOTE Confidence: 0.7882861

00:46:04.233 --> 00:46:06.658 close together throughout this time.

NOTE Confidence: 0.7882861

00:46:06.660 --> 00:46:09.222 Perhaps because of the Co-op organization

NOTE Confidence: 0.7882861

00:46:09.222 --> 00:46:12.208 we are all leaders, doers and thinkers.

NOTE Confidence: 0.7882861

00:46:12.208 --> 00:46:14.764 We keep expanding and we invite

NOTE Confidence: 0.7882861

00:46:14.764 --> 00:46:15.620 everyone here.

NOTE Confidence: 0.7882861

00:46:15.620 --> 00:46:19.044 If you'd like to join us to know

NOTE Confidence: 0.7882861

00:46:19.044 --> 00:46:21.597 more about it we all y'all.

NOTE Confidence: 0.7882861

00:46:21.600 --> 00:46:25.737 Welcome as I introduce along the talk.

NOTE Confidence: 0.7882861

00:46:25.740 --> 00:46:29.290 We have Allen, Griffey, Herman, Hannah,

NOTE Confidence: 0.7882861

00:46:29.290 --> 00:46:32.887 Cara, Max Michel, nearly Ramey, Vanessa.

NOTE Confidence: 0.7882861

00:46:32.887 --> 00:46:38.063 We are all located at different parts of

NOTE Confidence: 0.7882861

00:46:38.063 --> 00:46:43.110 the state and also internationally too.

NOTE Confidence: 0.7882861

00:46:43.110 --> 00:46:46.598 We want to say a big thank you

NOTE Confidence: 0.7882861

00:46:46.598 --> 00:46:49.649 for all the chat together,

NOTE Confidence: 0.7882861

00:46:49.650 --> 00:46:52.668 advisor from the Solar Integrated Program.

NOTE Confidence: 0.7882861

00:46:52.670 --> 00:46:56.192 It gives me so much support, encouragement,

NOTE Confidence: 0.7882861

00:46:56.192 --> 00:46:59.204 believe and seeing me beyond myself.

NOTE Confidence: 0.7882861

00:46:59.210 --> 00:47:02.216 Thank you all, doctor, Andre Martin,

NOTE Confidence: 0.7882861

00:47:02.220 --> 00:47:04.236 Janet Madigan, Michael Caplan,

NOTE Confidence: 0.7882861

00:47:04.236 --> 00:47:05.748 Dorothy stupid microblog,

NOTE Confidence: 0.7882861

00:47:05.750 --> 00:47:06.698 James Blackmon,

NOTE Confidence: 0.7882861

00:47:06.698 --> 00:47:09.542 Baltra bar and also to external

NOTE Confidence: 0.7882861

00:47:09.542 --> 00:47:11.280 advisor from Stanford.

NOTE Confidence: 0.7882861

00:47:11.280 --> 00:47:14.376 Doctor Steve Sadan Doctor Rona Hill.

NOTE Confidence: 0.7882861

00:47:14.380 --> 00:47:16.906 In which they started a vignette

NOTE Confidence: 0.7882861

00:47:16.906 --> 00:47:19.050 program and Stanford and really

NOTE Confidence: 0.7882861

00:47:19.050 --> 00:47:21.738 helped me to bring this model and

NOTE Confidence: 0.7882861

00:47:21.738 --> 00:47:24.428 expand even bigger in the East Coast.

NOTE Confidence: 0.7882861

00:47:24.430 --> 00:47:26.878 So thank you all for that and we

NOTE Confidence: 0.7882861

00:47:26.878 --> 00:47:29.250 have chat together collaborators.

NOTE Confidence: 0.7882861

00:47:29.250 --> 00:47:32.064 As I mentioned from Stanford Jeremy Hunt,

NOTE Confidence: 0.7882861

00:47:32.070 --> 00:47:34.506 who did the digital Storytelling store

NOTE Confidence: 0.7882861

00:47:34.506 --> 00:47:37.289 program and also Jessica Hanief from Yale,

NOTE Confidence: 0.7882861

00:47:37.290 --> 00:47:38.020 China collaboration.

NOTE Confidence: 0.7882861

00:47:38.020 --> 00:47:38.750 Juliana E.

NOTE Confidence: 0.7882861

00:47:38.750 --> 00:47:40.940 Who is the director of Yell

NOTE Confidence: 0.7882861

00:47:41.002 --> 00:47:42.918 Asian American Cultural Center.

NOTE Confidence: 0.7882861

00:47:42.920 --> 00:47:45.818 We have a lot of Wellness program.

NOTE Confidence: 0.7882861

00:47:45.820 --> 00:47:47.700 For the Asian American student,

NOTE Confidence: 0.7882861

00:47:47.700 --> 00:47:49.580 there, Libby Pier director of

NOTE Confidence: 0.7882861

00:47:49.580 --> 00:47:51.460 Health and Wellness from choke,

NOTE Confidence: 0.7882861

00:47:51.460 --> 00:47:54.022 and we have a lot of trucks

NOTE Confidence: 0.7882861

00:47:54.022 --> 00:47:56.349 Tilden on this talk as well.

NOTE Confidence: 0.7882861

00:47:56.350 --> 00:47:57.042 So welcome,

NOTE Confidence: 0.7882861

00:47:57.042 --> 00:47:59.810 thank you all for joining and we are

NOTE Confidence: 0.8069607

00:47:59.884 --> 00:48:01.884 going to have another event

NOTE Confidence: 0.8069607

00:48:01.884 --> 00:48:03.484 in choking next month.

NOTE Confidence: 0.8069607

00:48:03.490 --> 00:48:05.482 Magazine who is the medical director

NOTE Confidence: 0.8069607

00:48:05.482 --> 00:48:07.630 from the Ape EMS Association.

NOTE Confidence: 0.8069607

00:48:07.630 --> 00:48:10.492 So we are going to expand and have a

NOTE Confidence: 0.8069607

00:48:10.492 --> 00:48:13.257 talk at the annual apem submitting

NOTE Confidence: 0.8069607

00:48:13.257 --> 00:48:16.330 their expanding that to medical student.

NOTE Confidence: 0.8069607

00:48:16.330 --> 00:48:19.424 We have the funding support from Appa,

NOTE Confidence: 0.8069607

00:48:19.430 --> 00:48:21.838 Samsung Minority Fellowship and

NOTE Confidence: 0.8069607

00:48:21.838 --> 00:48:25.272 the Yellow Flex Fund. And Lastly,

NOTE Confidence: 0.8069607

00:48:25.272 --> 00:48:27.827 compassion at home action together,

NOTE Confidence: 0.8069607

00:48:27.830 --> 00:48:30.896 the home also refer to our

NOTE Confidence: 0.8069607

00:48:30.896 --> 00:48:32.429 Child study Center.

NOTE Confidence: 0.8069607

00:48:32.430 --> 00:48:36.000 This is a home for many leaders,

NOTE Confidence: 0.8069607

00:48:36.000 --> 00:48:38.044 clinicians, students and trainees,

NOTE Confidence: 0.8069607

00:48:38.044 --> 00:48:41.110 including myself as a family member.

NOTE Confidence: 0.8069607

00:48:41.110 --> 00:48:44.410 I am calling for action.

NOTE Confidence: 0.8069607

00:48:44.410 --> 00:48:46.648 This is an education outreach program

NOTE Confidence: 0.8069607

00:48:46.648 --> 00:48:49.770 that help us to learn from each other,

NOTE Confidence: 0.8069607

00:48:49.770 --> 00:48:52.905 no matter who we are, how we look.

NOTE Confidence: 0.8069607

00:48:52.905 --> 00:48:57.509 We can have a way to learn from each other.

NOTE Confidence: 0.8069607

00:48:57.510 --> 00:48:59.945 If you have any skit, ideas,

NOTE Confidence: 0.8069607

00:48:59.945 --> 00:49:01.160 translation, language translation,

NOTE Confidence: 0.8069607

00:49:01.160 --> 00:49:03.185 outreach opportunity, let us know.

NOTE Confidence: 0.8069607

00:49:03.185 --> 00:49:06.420 Scan us here. This is the QR code.

NOTE Confidence: 0.8069607

00:49:06.420 --> 00:49:08.450 Check out our social media.

NOTE Confidence: 0.8069607

00:49:08.450 --> 00:49:11.278 We have all this get posted there.

NOTE Confidence: 0.8069607

00:49:11.280 --> 00:49:13.920 Thank you all for your attention.