WEBVTT

00:00:00.000 --> 00:00:02.490 Support for Yale Cancer Answers

NOTE Confidence: 0.8628238

 $00:00:02.490 \longrightarrow 00:00:04.980$ comes from AstraZeneca, working

NOTE Confidence: 0.8628238

 $00:00:05.061 \longrightarrow 00:00:07.471$ side by side with leading

NOTE Confidence: 0.8628238

 $00:00:07.471 \longrightarrow 00:00:09.881$ scientists to better understand how

NOTE Confidence: 0.8628238

00:00:09.963 --> 00:00:15.043 complex data can be converted

 $00:00:16.059 \longrightarrow 00:00:17.075$ into innovative treatments. More information at

astrazeneca-us.com.

NOTE Confidence: 0.8628238

 $00:00:17.080 \longrightarrow 00:00:19.276$ Welcome to Yale Cancer Answers with

NOTE Confidence: 0.8628238

 $00{:}00{:}19.276 \dashrightarrow 00{:}00{:}21.680$ your host doctor Anees Chagpar.

NOTE Confidence: 0.8628238

00:00:21.680 --> 00:00:23.570 Yale Cancer Answers features the

NOTE Confidence: 0.8628238

 $00{:}00{:}23.570 \longrightarrow 00{:}00{:}25.460$ latest information on cancer care

NOTE Confidence: 0.8628238

 $00{:}00{:}25.518 \dashrightarrow 00{:}00{:}27.006$ by welcoming on cologists and

NOTE Confidence: 0.8628238

 $00:00:27.006 \longrightarrow 00:00:28.866$ specialists who are on the

NOTE Confidence: 0.8628238

 $00:00:28.866 \longrightarrow 00:00:30.729$ forefront of the battle to fight

NOTE Confidence: 0.8628238

 $00:00:30.729 \longrightarrow 00:00:32.284$ cancer. This week, it's a

NOTE Confidence: 0.8628238

 $00{:}00{:}32.284 \dashrightarrow 00{:}00{:}33.672$ conversation about the Covid

 $00:00:33.672 \longrightarrow 00:00:35.475$ vaccine and cancer patients with

NOTE Confidence: 0.8628238

 $00{:}00{:}35.475 --> 00{:}00{:}36.898$ Doctor Kerin Adelson. Doctor

NOTE Confidence: 0.8628238

 $00:00:36.898 \longrightarrow 00:00:38.638$ Adelson is the chief quality

NOTE Confidence: 0.8628238

00:00:38.638 --> 00:00:40.484 officer and Deputy Chief medical

NOTE Confidence: 0.8628238

 $00:00:40.484 \longrightarrow 00:00:42.454$ officer at Smilow Cancer Hospital

NOTE Confidence: 0.8628238

 $00:00:42.454 \longrightarrow 00:00:44.708$ and an associate professor at the

NOTE Confidence: 0.8628238

00:00:44.708 --> 00:00:46.243 Yale School of Medicine where

NOTE Confidence: 0.8628238

00:00:46.243 --> 00:00:49.370 Doctor Chappar is a professor of

NOTE Confidence: 0.8628238

00:00:49.370 --> 00:00:50.910 surgical oncology.

NOTE Confidence: 0.865973

00:00:50.910 --> 00:00:53.526 Kerin, let's start by talking

NOTE Confidence: 0.865973

 $00{:}00{:}53.526 \dashrightarrow 00{:}00{:}56.096$ a little bit about this vaccine.

NOTE Confidence: 0.865973

 $00:00:56.096 \longrightarrow 00:00:59.360$ You know there's been a lot in the

NOTE Confidence: 0.865973

00:00:59.445 --> 00:01:02.579 news about the vaccine, and many people,

NOTE Confidence: 0.865973

 $00:01:02.579 \longrightarrow 00:01:04.937$ whether their cancer patients or even

NOTE Confidence: 0.865973

00:01:04.937 --> 00:01:08.386 the general population have a bit of

NOTE Confidence: 0.865973

 $00{:}01{:}08.386 \dashrightarrow 00{:}01{:}10.570$ trepidation about the vaccine. Can

 $00:01:10.570 \longrightarrow 00:01:13.186$ you tell us about its safety?

NOTE Confidence: 0.865973

 $00{:}01{:}13.190 \dashrightarrow 00{:}01{:}16.194$ Yes, this vaccine is very, very safe.

00:01:18.636 --> 00:01:21.299 Both vaccines that are currently approved

NOTE Confidence: 0.865973

 $00:01:21.300 \longrightarrow 00:01:24.702$ were studied in a randomized

NOTE Confidence: 0.865973

 $00:01:24.702 \longrightarrow 00:01:26.970$ controlled trial with thousands

NOTE Confidence: 0.865973

 $00{:}01{:}27.056 \dashrightarrow 00{:}01{:}29.231$ of patients and demonstrated to

NOTE Confidence: 0.865973

 $00:01:29.231 \longrightarrow 00:01:31.990$ be both very safe and highly

NOTE Confidence: 0.8897844

 $00:01:31.990 \longrightarrow 00:01:34.530$ effective, and so in terms

NOTE Confidence: 0.8897844

 $00:01:34.530 \longrightarrow 00:01:36.562$ of cancer patients,

NOTE Confidence: 0.8897844

 $00:01:36.570 \longrightarrow 00:01:39.391$ I know that they may have a

NOTE Confidence: 0.8897844

 $00:01:39.391 \longrightarrow 00:01:41.239$ lot of concerns themselves

NOTE Confidence: 0.8897844

 $00:01:41.239 \longrightarrow 00:01:44.497$ that may be separate and apart

NOTE Confidence: 0.8897844

00:01:44.497 --> 00:01:47.260 from the general population.

NOTE Confidence: 0.8897844

 $00{:}01{:}47.260 \dashrightarrow 00{:}01{:}50.823$ So the first thing is should they

NOTE Confidence: 0.8897844

 $00:01:50.823 \longrightarrow 00:01:53.457$ get the vaccine?

NOTE Confidence: 0.8897844

00:01:53.457 --> 00:01:55.302 They may be on treatment, they may

 $00:01:55.302 \longrightarrow 00:01:57.519$ have just finished treatment.

NOTE Confidence: 0.8897844

 $00:01:57.520 \longrightarrow 00:01:59.012$ Are you recommending the

NOTE Confidence: 0.8897844

00:01:59.012 --> 00:02:00.504 vaccine to your patients?

NOTE Confidence: 0.88329446

 $00:02:01.420 \longrightarrow 00:02:03.396$ I most certainly am.

NOTE Confidence: 0.88329446

 $00:02:03.396 \longrightarrow 00:02:05.866$ So patients with cancer

NOTE Confidence: 0.88329446

 $00:02:05.866 \longrightarrow 00:02:08.879$ who have other medical problems,

NOTE Confidence: 0.88329446

 $00:02:08.880 \longrightarrow 00:02:12.438$ patients who are on treatment that

NOTE Confidence: 0.88329446

 $00:02:12.438 \longrightarrow 00:02:16.256$ could make them more vulnerable to

NOTE Confidence: 0.88329446

 $00:02:16.256 \longrightarrow 00:02:20.087$ the effects of COVID-19 are in a

NOTE Confidence: 0.88329446

 $00:02:20.087 \longrightarrow 00:02:22.421$ position where they need the vaccine

NOTE Confidence: 0.88329446

 $00{:}02{:}22.421 \dashrightarrow 00{:}02{:}25.520$ more than the general population.

NOTE Confidence: 0.8768499

 $00:02:25.520 \longrightarrow 00:02:28.390$ Is that because cancer patients are

NOTE Confidence: 0.8768499

 $00:02:28.390 \longrightarrow 00:02:31.930$ more at risk of contracting covid?

NOTE Confidence: 0.8768499

 $00:02:31.930 \longrightarrow 00:02:34.039$ They are not necessarily

NOTE Confidence: 0.8845334

 $00:02:34.040 \longrightarrow 00:02:36.566$ more at risk of catching covid,

 $00:02:36.570 \longrightarrow 00:02:39.251$ but they are more at risk of

NOTE Confidence: 0.8845334

 $00{:}02{:}39.251 \dashrightarrow 00{:}02{:}42.060$ having a severe course of illness.

NOTE Confidence: 0.8845334

 $00:02:42.060 \longrightarrow 00:02:45.007$ And it's not all patients with cancer,

NOTE Confidence: 0.8845334

 $00:02:45.010 \longrightarrow 00:02:47.644$ but especially patients who have active

NOTE Confidence: 0.8845334

 $00:02:47.644 \longrightarrow 00:02:51.206$ cancer or cancer in the lungs or cancer

NOTE Confidence: 0.8845334

 $00:02:51.206 \longrightarrow 00:02:53.366$ where the cancer itself suppresses

NOTE Confidence: 0.8845334

 $00{:}02{:}53.366 \dashrightarrow 00{:}02{:}56.146$ the immune system like some of the

NOTE Confidence: 0.8845334

 $00:02:56.146 \longrightarrow 00:02:58.520$ blood cancers may be more vulnerable

NOTE Confidence: 0.8845334

 $00{:}02{:}58.520 \to 00{:}03{:}01.070$ to the serious complications that can

NOTE Confidence: 0.8845334

 $00:03:01.070 \longrightarrow 00:03:03.499$ happen with the COVID-19 infection.

NOTE Confidence: 0.8845334

 $00:03:03.500 \longrightarrow 00:03:06.475$ And for those people, it is really,

NOTE Confidence: 0.8845334

 $00:03:06.480 \longrightarrow 00:03:08.500$ really important that they take

NOTE Confidence: 0.8845334

 $00:03:08.500 \longrightarrow 00:03:10.520$ advantage of this opportunity to

NOTE Confidence: 0.8845334

 $00:03:10.592 \longrightarrow 00:03:12.867$ protect themselves with the vaccine.

NOTE Confidence: 0.8845334

00:03:16.281 --> 00:03:18.832 Cancer patients are often older now,

NOTE Confidence: 0.8845334

 $00:03:18.832 \longrightarrow 00:03:21.388$ of course not across the board,

 $00:03:21.390 \longrightarrow 00:03:23.946$ but we know that older patients

NOTE Confidence: 0.8845334

 $00:03:23.946 \longrightarrow 00:03:26.546$ are also more vulnerable to the

NOTE Confidence: 0.8845334

 $00:03:26.546 \longrightarrow 00:03:27.776$ effects of COVID-19.

 $00:03:28.210 \longrightarrow 00:03:30.460$ A couple of questions to follow

NOTE Confidence: 0.86796016

 $00:03:30.460 \longrightarrow 00:03:33.095$ up on that, you know patients

NOTE Confidence: 0.86796016

 $00:03:33.095 \longrightarrow 00:03:35.715$ who are currently on treatment,

NOTE Confidence: 0.86796016

 $00:03:35.720 \longrightarrow 00:03:38.504$ they are worried about

NOTE Confidence: 0.86796016

 $00:03:38.504 \longrightarrow 00:03:41.732$ the fact that their immune system

NOTE Confidence: 0.86796016

 $00{:}03{:}41.732 \dashrightarrow 00{:}03{:}44.927$ often is repressed with chemotherapy,

NOTE Confidence: 0.86796016

 $00:03:44.930 \longrightarrow 00:03:47.815$ such that sometimes their oncologists

NOTE Confidence: 0.86796016

 $00{:}03{:}47.815 \dashrightarrow 00{:}03{:}51.440$ may even give them things like GCSF

NOTE Confidence: 0.86796016

 $00:03:51.440 \longrightarrow 00:03:54.692$ to kind of boost

NOTE Confidence: 0.86796016

 $00:03:54.692 \longrightarrow 00:03:56.860$ their immunity

NOTE Confidence: 0.86796016

 $00:03:56.860 \longrightarrow 00:04:00.591$ and so they may be

NOTE Confidence: 0.86796016

 $00:04:00.591 \longrightarrow 00:04:03.695$ wondering whether they will mount

NOTE Confidence: 0.86796016

 $00:04:03.695 \longrightarrow 00:04:06.495$ an effective response against

 $00:04:06.500 \longrightarrow 00:04:08.610$ Covid with the vaccine,

NOTE Confidence: 0.86796016

00:04:08.610 --> 00:04:10.290 has that been studied? 00:04:10.710 --> 00:04:12.820 That is a great question,

NOTE Confidence: 0.8677527

 $00:04:12.820 \longrightarrow 00:04:16.796$ so there have not been trials of the

NOTE Confidence: 0.8677527

 $00:04:16.796 \longrightarrow 00:04:20.540$ vaccine in patients with cancer yet.

NOTE Confidence: 0.8677527

 $00:04:20.540 \longrightarrow 00:04:23.072$ And so all of those concerns

NOTE Confidence: 0.8677527

 $00:04:23.072 \longrightarrow 00:04:24.338$ are legitimate concerns.

NOTE Confidence: 0.8677527

 $00{:}04{:}24.340 \dashrightarrow 00{:}04{:}27.148$ And what I would really stress is that

NOTE Confidence: 0.8677527

 $00{:}04{:}27.148 \dashrightarrow 00{:}04{:}29.924$ each patient should talk to their

NOTE Confidence: 0.8677527

00:04:29.924 --> 00:04:31.924 treating oncologist or hematologist,

NOTE Confidence: 0.8677527

 $00{:}04{:}31.930 \dashrightarrow 00{:}04{:}34.894$ or even primary care doctor, about when

NOTE Confidence: 0.8677527

 $00:04:34.894 \longrightarrow 00:04:37.883$ in the course of treatment is the

NOTE Confidence: 0.8677527

 $00:04:37.883 \longrightarrow 00:04:41.220$ best time for them to get the vaccine.

NOTE Confidence: 0.8677527

 $00:04:41.220 \longrightarrow 00:04:44.132$ Generally across the country we are erring

NOTE Confidence: 0.8677527

 $00:04:44.132 \longrightarrow 00:04:47.772$ on the side of it's better to get the

NOTE Confidence: 0.8677527

 $00:04:47.772 \longrightarrow 00:04:50.630$ vaccine and hopefully get some protection.

 $00:04:50.630 \longrightarrow 00:04:53.255$ But we understand that there may be

NOTE Confidence: 0.8677527

 $00{:}04{:}53.255 \dashrightarrow 00{:}04{:}55.625$ patients with a suppressed immune system

NOTE Confidence: 0.8677527

 $00{:}04{:}55.625 \dashrightarrow 00{:}04{:}59.178$ who don't mount as much of a response to

NOTE Confidence: 0.8677527

 $00:04:59.178 \longrightarrow 00:05:02.178$ the vaccine as would be ideal.

NOTE Confidence: 0.8677527

00:05:02.180 --> 00:05:04.901 We're not going to know that, though,

NOTE Confidence: 0.8677527

 $00:05:04.901 \longrightarrow 00:05:07.778$ until patients get the vaccine and we

NOTE Confidence: 0.8677527

 $00:05:07.778 \longrightarrow 00:05:10.511$ actually are able to collect their serum

NOTE Confidence: 0.8677527

 $00:05:10.511 \longrightarrow 00:05:13.509$ and study whether or not they are able

NOTE Confidence: 0.8677527

 $00:05:13.509 \longrightarrow 00:05:16.036$ to make the antibodies that they

NOTE Confidence: 0.8677527

 $00:05:16.040 \longrightarrow 00:05:18.735$ will need to be protected from COVID-19.

NOTE Confidence: 0.8677527

 $00{:}05{:}18.740 \to 00{:}05{:}21.477$ But it's really important to point out,

NOTE Confidence: 0.8677527

 $00:05:21.480 \longrightarrow 00:05:25.287$ that even if they don't make a large response

NOTE Confidence: 0.8677527

 $00:05:25.287 \longrightarrow 00:05:29.494$ to protect them from COVID-19 to the vaccine,

NOTE Confidence: 0.8677527

 $00:05:29.500 \longrightarrow 00:05:32.200$ they're not at risk for extra

NOTE Confidence: 0.8677527

 $00:05:32.200 \longrightarrow 00:05:34.700$ complications of getting the vaccine.

 $00:05:34.700 \longrightarrow 00:05:37.526$ This is not a live vaccine,

NOTE Confidence: 0.8677527

00:05:37.530 --> 00:05:39.890 it's not a dangerous vaccine,

NOTE Confidence: 0.8677527

 $00:05:39.890 \longrightarrow 00:05:42.250$ so the recommendations still are

NOTE Confidence: 0.8677527

 $00:05:42.250 \longrightarrow 00:05:44.610$ that people become vaccinated.

NOTE Confidence: 0.8677527

 $00:05:47.910 \longrightarrow 00:05:51.690$ There may be some populations of patients

NOTE Confidence: 0.8677527

 $00:05:51.690 \longrightarrow 00:05:54.336$ who are the most severely immunosuppressed,

NOTE Confidence: 0.8677527

 $00:05:54.340 \longrightarrow 00:05:57.707$ have gone through a recent bone marrow

NOTE Confidence: 0.8677527

 $00:05:57.707 \longrightarrow 00:06:00.969$ transplant for example or Car T cell therapy

NOTE Confidence: 0.8677527

 $00:06:00.970 \longrightarrow 00:06:04.442$ who may it may be recommended by their

NOTE Confidence: 0.8677527

 $00:06:04.442 \longrightarrow 00:06:07.600$ treating doctor that they wait a few

NOTE Confidence: 0.8677527

 $00{:}06{:}07.600 \dashrightarrow 00{:}06{:}09.810$ months before getting the vaccine,

NOTE Confidence: 0.8677527

 $00:06:09.810 \longrightarrow 00:06:12.204$ but that is the vast minority

NOTE Confidence: 0.8677527

 $00:06:12.204 \longrightarrow 00:06:14.670$ of patients on cancer treatment.

NOTE Confidence: 0.8677527

 $00:06:14.670 \longrightarrow 00:06:17.328$ And for patients who are on

NOTE Confidence: 0.8677527

 $00:06:17.330 \longrightarrow 00:06:19.094$ pretty standard

NOTE Confidence: 0.8677527

 $00:06:19.094 \longrightarrow 00:06:20.417$ chemotherapy and immunotherapy,

 $00:06:20.420 \longrightarrow 00:06:22.188$ we absolutely are recommending

NOTE Confidence: 0.8677527

 $00:06:22.188 \longrightarrow 00:06:23.956$ that they get vaccinated.

NOTE Confidence: 0.8821776

 $00:06:22.188 \longrightarrow 00:06:23.956$ that they get vaccinated.

NOTE Confidence: 0.8821776

 $00:06:24.580 \longrightarrow 00:06:27.730$ So a couple of follow up questions to that.

NOTE Confidence: 0.8821776

 $00:06:27.730 \longrightarrow 00:06:29.921$ One of the concerns that many people

NOTE Confidence: 0.8821776

00:06:29.921 --> 00:06:31.929 have not only cancer patients,

NOTE Confidence: 0.8821776

 $00:06:31.930 \longrightarrow 00:06:33.650$ but even the general population

NOTE Confidence: 0.8821776

 $00:06:33.650 \longrightarrow 00:06:35.370$ is whether they can catch

NOTE Confidence: 0.8821776

 $00:06:35.439 \longrightarrow 00:06:36.827$ covid from the vaccine.

NOTE Confidence: 0.8821776

 $00:06:36.830 \longrightarrow 00:06:38.580$ And I know that you

NOTE Confidence: 0.8821776

 $00{:}06{:}38.580 \dashrightarrow 00{:}06{:}39.980$ mentioned that in passing,

NOTE Confidence: 0.8821776

 $00:06:39.980 \longrightarrow 00:06:41.730$ but maybe you'd like to

NOTE Confidence: 0.8821776

00:06:41.730 --> 00:06:43.130 just reiterate the point

NOTE Confidence: 0.8821776

 $00:06:43.130 \longrightarrow 00:06:45.930$ that this vaccine will not give you covid.

NOTE Confidence: 0.8821776

 $00:06:45.930 \longrightarrow 00:06:48.714$ It is not a live virus that can

 $00:06:48.714 \longrightarrow 00:06:50.129$ spread throughout the body.

NOTE Confidence: 0.8821776

 $00{:}06{:}50.130 \dashrightarrow 00{:}06{:}52.810$ It does not have all the mechanics and

NOTE Confidence: 0.8821776

 $00{:}06{:}52.810 \dashrightarrow 00{:}06{:}55.548$ parts it needs to grow and reproduce.

NOTE Confidence: 0.8821776

 $00:06:55.550 \longrightarrow 00:06:58.308$ So when you hear about people developing

NOTE Confidence: 0.8821776

00:06:58.308 --> 00:07:00.720 symptoms from the COVID-19 vaccine,

NOTE Confidence: 0.8821776

 $00:07:00.720 \longrightarrow 00:07:02.444$ those symptoms are really

NOTE Confidence: 0.8821776

 $00:07:02.444 \longrightarrow 00:07:04.599$ related to the vaccinee,

NOTE Confidence: 0.8821776

00:07:04.600 --> 00:07:08.479 so I think I just made up that word,

NOTE Confidence: 0.8821776

 $00{:}07{:}08.480 \dashrightarrow 00{:}07{:}11.030$ but the vaccinees own immune system

NOTE Confidence: 0.8821776

 $00:07:11.030 \longrightarrow 00:07:14.022$ revving up to begin to

NOTE Confidence: 0.8821776

00:07:14.022 --> 00:07:16.434 mount protection

NOTE Confidence: 0.8821776

 $00:07:16.434 \longrightarrow 00:07:18.389$ against the COVID-19 virus.

NOTE Confidence: 0.8821776

 $00{:}07{:}18.390 \dashrightarrow 00{:}07{:}21.337$ But it is not from the vaccine

NOTE Confidence: 0.8821776

 $00{:}07{:}21.337 \dashrightarrow 00{:}07{:}23.570$ itself doing harm or damage.

NOTE Confidence: 0.8821776

 $00:07:23.570 \longrightarrow 00:07:25.118$ And so

NOTE Confidence: 0.8821776

00:07:25.118 --> 00:07:28.040 I've already had one dose of

 $00:07:28.040 \longrightarrow 00:07:30.555$ the vaccine and I definitely

NOTE Confidence: 0.8821776

 $00:07:30.560 \longrightarrow 00:07:32.288$ developed some achiness afterwards,

NOTE Confidence: 0.8821776

 $00:07:32.288 \longrightarrow 00:07:35.330$ the way one might if they

NOTE Confidence: 0.8821776

 $00:07:35.330 \longrightarrow 00:07:37.215$ were fighting a virus,

NOTE Confidence: 0.8821776

 $00:07:37.220 \longrightarrow 00:07:39.300$ but it's mild and it

NOTE Confidence: 0.8821776

 $00:07:39.300 \longrightarrow 00:07:41.826$ lasted a few days and

NOTE Confidence: 0.8821776

 $00:07:41.826 \longrightarrow 00:07:43.870$ now I'm getting ready for

NOTE Confidence: 0.8393888

 $00:07:43.870 \longrightarrow 00:07:46.366$ my second dose.

NOTE Confidence: 0.8393888

 $00{:}07{:}46.370 \dashrightarrow 00{:}07{:}49.586$ The other question has to do with when

NOTE Confidence: 0.8393888

 $00:07:49.586 \longrightarrow 00:07:52.190$ cancer patients should get the vaccine.

NOTE Confidence: 0.8393888

 $00{:}07{:}52.190 \dashrightarrow 00{:}07{:}55.294$ So we talked a little bit about mounting

NOTE Confidence: 0.8393888

 $00:07:55.294 \longrightarrow 00:07:58.018$ an immune response to the vaccine.

NOTE Confidence: 0.8393888

 $00{:}07{:}58.020 \dashrightarrow 00{:}08{:}00.726$ So would you recommend that people

NOTE Confidence: 0.8393888

 $00:08:00.730 \longrightarrow 00:08:03.488$ get it if they haven't yet started chemo

NOTE Confidence: 0.8393888

 $00:08:03.488 \longrightarrow 00:08:06.837$ that they get it before they start chemo?

 $00:08:06.840 \longrightarrow 00:08:08.885$ We advise

NOTE Confidence: 0.8812819

 $00:08:11.310 \longrightarrow 00:08:13.823$ if there is time for

NOTE Confidence: 0.8812819

 $00:08:13.823 \longrightarrow 00:08:17.380$ them to get at least one dose of the

NOTE Confidence: 0.8812819

 $00:08:17.380 \longrightarrow 00:08:19.860$ vaccine before they start treatment,

NOTE Confidence: 0.8812819

 $00:08:19.860 \longrightarrow 00:08:23.510$ we certainly would recommend that.

NOTE Confidence: 0.8812819

 $00{:}08{:}23.510 \dashrightarrow 00{:}08{:}26.048$ Currently, the state limitations are not

NOTE Confidence: 0.8812819

 $00:08:26.048 \longrightarrow 00:08:28.838$ open to everybody who has cancer yet,

NOTE Confidence: 0.8812819

 $00:08:28.840 \longrightarrow 00:08:32.420$ but I think in the next month we

NOTE Confidence: 0.8812819

 $00:08:32.510 \longrightarrow 00:08:35.718$ will begin to see the sort of parameters

NOTE Confidence: 0.8812819

 $00:08:35.718 \longrightarrow 00:08:39.497$ of who the vaccine is available for

NOTE Confidence: 0.8812819

 $00:08:39.500 \longrightarrow 00:08:42.531$ broadening mostly I would say the really

NOTE Confidence: 0.8812819

 $00{:}08{:}42.531 \dashrightarrow 00{:}08{:}45.328$ most important thing is for

NOTE Confidence: 0.8812819

 $00:08:45.328 \longrightarrow 00:08:47.960$ every patient who's dealing with a cancer

NOTE Confidence: 0.8812819

 $00{:}08{:}47.960 \dashrightarrow 00{:}08{:}50.516$ diagnosis to talk to their treating

NOTE Confidence: 0.8812819

00:08:50.516 --> 00:08:53.051 doctor about what timing is ideal.

NOTE Confidence: 0.8812819

 $00{:}08{:}53.051 \dashrightarrow 00{:}08{:}55.136$ But certainly if there's an

 $00{:}08{:}55.136 \to 00{:}08{:}57.337$ opportunity before they start treatment

NOTE Confidence: 0.8812819

 $00:08:57.337 \longrightarrow 00:08:58.630$ to get vaccinated,

NOTE Confidence: 0.8812819

 $00:08:58.630 \longrightarrow 00:09:01.129$ we would recommend that and then for

NOTE Confidence: 0.8812819

 $00{:}09{:}01.129 \dashrightarrow 00{:}09{:}03.715$ patients who are on cyclical treatment

NOTE Confidence: 0.8812819

00:09:03.715 --> 00:09:06.120 or repeated doses of chemotherapy,

NOTE Confidence: 0.8812819

 $00:09:06.120 \longrightarrow 00:09:08.927$ we would recommend that you talk to

NOTE Confidence: 0.8812819

00:09:08.927 --> 00:09:11.906 your doctor and figure out with your

NOTE Confidence: 0.8812819

 $00:09:11.906 \longrightarrow 00:09:14.850$ doctor which timing is best given your

NOTE Confidence: 0.8687553

 $00:09:14.850 \longrightarrow 00:09:16.930$ specific regimen.

NOTE Confidence: 0.8687553

 $00:09:16.930 \longrightarrow 00:09:19.430$ And once you get the vaccine, are there

NOTE Confidence: 0.8687553

 $00{:}09{:}19.430 \dashrightarrow 00{:}09{:}21.920$ precautions that you need to take?

NOTE Confidence: 0.8687553

 $00:09:21.920 \longrightarrow 00:09:23.910$ It's very important for everyone

NOTE Confidence: 0.8687553

 $00{:}09{:}23.910 \dashrightarrow 00{:}09{:}26.423$ to realize that the vaccine does

NOTE Confidence: 0.8687553

 $00{:}09{:}26.423 \dashrightarrow 00{:}09{:}28.227$ not confer immediate projective

NOTE Confidence: 0.8687553

 $00:09:28.230 \longrightarrow 00:09:30.246$ action against COVID-19 infection

 $00:09:30.246 \longrightarrow 00:09:32.766$ even after the first dose,

NOTE Confidence: 0.8687553

 $00:09:32.770 \longrightarrow 00:09:36.122$ it could take 10 days or more to

NOTE Confidence: 0.8687553

 $00{:}09{:}36.122 \dashrightarrow 00{:}09{:}39.878$ mount an immune response and I think

NOTE Confidence: 0.8687553

 $00:09:39.878 \longrightarrow 00:09:43.311$ the estimates are that after one

NOTE Confidence: 0.8687553

00:09:43.311 --> 00:09:46.361 vaccine you have about 50% protection,

NOTE Confidence: 0.8687553

 $00:09:46.361 \longrightarrow 00:09:48.816$ so we absolutely recommend that

NOTE Confidence: 0.8687553

00:09:48.816 --> 00:09:51.410 people continue to socially isolate,

NOTE Confidence: 0.8687553

 $00:09:51.410 \longrightarrow 00:09:53.755$ continue to wear masks and

NOTE Confidence: 0.8687553

 $00:09:53.755 \longrightarrow 00:09:56.804$ continue to exercise all of the

NOTE Confidence: 0.8687553

 $00:09:56.804 \longrightarrow 00:09:59.240$ precautions that we've learned

NOTE Confidence: 0.8687553

00:09:59.240 --> 00:10:00.578 are so protective

NOTE Confidence: 0.8687553

00:10:00.578 --> 00:10:02.808 against getting a COVID-19 infection.

NOTE Confidence: 0.86140805

 $00:10:02.810 \longrightarrow 00:10:05.786$ What about families of cancer patients?

NOTE Confidence: 0.86140805

00:10:05.790 --> 00:10:08.270 Should they get vaccinated too?

NOTE Confidence: 0.86140805

 $00:10:08.270 \longrightarrow 00:10:10.750$ Does that have any implications

NOTE Confidence: 0.86140805

 $00:10:10.750 \longrightarrow 00:10:13.230$ for the cancer patient themselves?

 $00:10:13.230 \longrightarrow 00:10:16.200$ So that's a great question.

NOTE Confidence: 0.86140805

 $00:10:16.200 \longrightarrow 00:10:18.188$ We know that COVID-19

NOTE Confidence: 0.86140805

 $00:10:18.190 \longrightarrow 00:10:20.670$ does spread rapidly within families,

NOTE Confidence: 0.86140805

 $00:10:20.670 \longrightarrow 00:10:23.638$ but in terms of family members,

NOTE Confidence: 0.86140805

00:10:23.638 --> 00:10:26.614 being able to get the vaccine,

NOTE Confidence: 0.86140805

 $00:10:26.620 \longrightarrow 00:10:30.208$ they currently fall into the group

NOTE Confidence: 0.86140805

 $00:10:30.210 \longrightarrow 00:10:31.834$ that their

NOTE Confidence: 0.86140805

 $00:10:31.834 \longrightarrow 00:10:33.458$ demographic falls into already,

NOTE Confidence: 0.86140805

 $00:10:33.460 \longrightarrow 00:10:35.889$ so family members will be able to

NOTE Confidence: 0.86140805

 $00:10:35.889 \longrightarrow 00:10:38.389$ get the vaccine based on their own

NOTE Confidence: 0.86140805

 $00{:}10{:}38.389 \dashrightarrow 00{:}10{:}41.050$ age and or their profession or their

NOTE Confidence: 0.86140805

 $00:10:41.050 \longrightarrow 00:10:43.595$ degree of medical problems following

NOTE Confidence: 0.86140805

 $00{:}10{:}43.595 \dashrightarrow 00{:}10{:}46.045$ the algorithms that have

NOTE Confidence: 0.86140805

 $00:10:46.045 \longrightarrow 00:10:48.475$ come from all the different states.

NOTE Confidence: 0.86140805

 $00:10:48.480 \longrightarrow 00:10:51.704$ Is it possible that at some point the

00:10:51.704 --> 00:10:54.571 vaccine would be opened up to family

NOTE Confidence: 0.86140805

00:10:54.571 --> 00:10:57.818 members of patients who are at higher risk?

NOTE Confidence: 0.86140805

00:10:57.820 --> 00:10:58.686 It's possible,

NOTE Confidence: 0.86140805

 $00:10:58.686 \longrightarrow 00:11:02.150$ but that has not been committed to yet

NOTE Confidence: 0.86140805

 $00:11:02.150 \longrightarrow 00:11:04.420g$ given the limited number of

NOTE Confidence: 0.86140805

 $00:11:04.420 \longrightarrow 00:11:06.690$ vaccines that have been available

NOTE Confidence: 0.83919156

 $00:11:06.690 \longrightarrow 00:11:09.954$ so far, and that brings me to other

00:11:09.954 --> 00:11:12.590 groups of cancer patients and

NOTE Confidence: 0.83919156

 $00:11:12.590 \longrightarrow 00:11:15.862$ we talked a little bit about cancer

NOTE Confidence: 0.83919156

 $00:11:15.862 \longrightarrow 00:11:18.488$ patients on active treatment too,

NOTE Confidence: 0.83919156

 $00:11:18.490 \longrightarrow 00:11:20.760$ might be at particularly high

NOTE Confidence: 0.83919156

 $00:11:20.760 \longrightarrow 00:11:23.030$ risk for sequelae of covid.

NOTE Confidence: 0.83919156

 $00:11:23.030 \longrightarrow 00:11:24.894$ What about cancer survivors?

NOTE Confidence: 0.83919156

00:11:24.894 --> 00:11:27.224 Let's say you had breast

NOTE Confidence: 0.83919156

00:11:27.224 --> 00:11:28.938 cancer five years ago.

NOTE Confidence: 0.83919156

00:11:28.940 --> 00:11:31.658 You might be taking endocrine therapy,

 $00:11:31.660 \longrightarrow 00:11:34.460$ but otherwise are pretty well.

NOTE Confidence: 0.83919156

00:11:34.460 --> 00:11:36.920 Would you get priority

NOTE Confidence: 0.83919156

00:11:36.920 --> 00:11:39.380 in terms of getting the vaccine?

NOTE Confidence: 0.83919156

 $00:11:39.380 \longrightarrow 00:11:41.840$ Is it important for you to

NOTE Confidence: 0.83919156

00:11:41.840 --> 00:11:43.480 get the vaccine earlier,

NOTE Confidence: 0.83919156

 $00:11:43.480 \longrightarrow 00:11:45.652$ or should you wait until it's

NOTE Confidence: 0.83919156

 $00:11:45.652 \longrightarrow 00:11:47.990$ open to the general population?

NOTE Confidence: 0.83919156

00:11:47.990 --> 00:11:50.040 That's another really good

NOTE Confidence: 0.86306924

 $00{:}11{:}50.040 \dashrightarrow 00{:}11{:}51.930$ question that has some subtlety

NOTE Confidence: 0.86306924

 $00:11:51.930 \longrightarrow 00:11:54.340$ in how patients

NOTE Confidence: 0.86306924

 $00:11:54.340 \longrightarrow 00:11:57.004$ will be selected for the vaccine.

NOTE Confidence: 0.86306924

 $00:11:57.010 \longrightarrow 00:11:59.060$ So for the most part,

NOTE Confidence: 0.86306924

 $00:11:59.060 \longrightarrow 00:12:01.580$ somebody who has been cured of cancer

NOTE Confidence: 0.86306924

 $00{:}12{:}01.580 \dashrightarrow 00{:}12{:}04.597$ who is not on any active treatment

NOTE Confidence: 0.86306924

00:12:04.597 --> 00:12:07.387 that would affect their immune system,

NOTE Confidence: 0.86306924

 $00:12:07.390 \longrightarrow 00:12:10.372$ who does not have metastatic cancer is

 $00:12:10.372 \longrightarrow 00:12:13.667$ not really at higher risk for COVID-19

NOTE Confidence: 0.86306924

00:12:13.667 --> 00:12:16.900 or the complications related to it.

NOTE Confidence: 0.86306924

 $00:12:16.900 \longrightarrow 00:12:20.124$ That aside, I think that the state will

NOTE Confidence: 0.86306924

 $00:12:20.124 \longrightarrow 00:12:23.190$ be rolling out the vaccination at some

NOTE Confidence: 0.86306924

00:12:23.190 --> 00:12:26.420 point to patients who have comorbidity,

NOTE Confidence: 0.86306924

 $00:12:26.420 \longrightarrow 00:12:29.450$ or another diagnosis that

NOTE Confidence: 0.86306924

 $00:12:29.450 \longrightarrow 00:12:32.012$ could lead to complications of

NOTE Confidence: 0.86306924

 $00:12:32.012 \longrightarrow 00:12:34.748$ COVID-19 and so really all patients

NOTE Confidence: 0.86306924

 $00:12:34.748 \longrightarrow 00:12:37.560$ should be talking to their doctors

NOTE Confidence: 0.86306924

 $00{:}12{:}37.560 \longrightarrow 00{:}12{:}40.272$ about which group they fall into.

00:12:41.400 --> 00:12:43.912 I think that all of

NOTE Confidence: 0.8822744

00:12:43.912 --> 00:12:45.845 these are such important questions

NOTE Confidence: 0.8822744

 $00:12:45.845 \longrightarrow 00:12:48.708$ and we're going to take a short

NOTE Confidence: 0.8822744

 $00:12:48.787 \longrightarrow 00:12:51.447$ break for a medical minute to learn

NOTE Confidence: 0.8822744

00:12:51.447 --> 00:12:53.706 more about Covid and the vaccine,

NOTE Confidence: 0.8822744

 $00{:}12{:}53.706 \dashrightarrow 00{:}12{:}55.194$ especially for cancer patients.

00:12:55.200 --> 00:12:57.282 Please stay tuned to learn more

NOTE Confidence: 0.8822744

 $00:12:57.282 \longrightarrow 00:12:59.680$ with my guest Doctor Kerin Adelson.

NOTE Confidence: 0.8456308

 $00:13:00.370 \longrightarrow 00:13:03.772$ Support for Yale Cancer Answers comes from

NOTE Confidence: 0.8456308

00:13:03.772 --> 00:13:07.337 AstraZeneca, working to change how cancer

NOTE Confidence: 0.8456308

 $00:13:07.337 \longrightarrow 00:13:09.867$ is treated with personalized medicine.

NOTE Confidence: 0.8456308

 $00{:}13{:}09.870 \dashrightarrow 00{:}13{:}13.770$ Learn more at a strazeneca-us.com.

NOTE Confidence: 0.8456308

 $00:13:13.770 \longrightarrow 00:13:16.710$ This is a medical minute about genetic

NOTE Confidence: 0.8456308

 $00{:}13{:}16.710 \dashrightarrow 00{:}13{:}19.264$ testing which can be useful for

NOTE Confidence: 0.8456308

 $00{:}13{:}19.264 \longrightarrow 00{:}13{:}21.694$ people with certain types of cancer

NOTE Confidence: 0.8456308

00:13:21.694 --> 00:13:24.428 that seem to run in their families.

NOTE Confidence: 0.8456308

 $00:13:24.430 \longrightarrow 00:13:26.944$ Patients that are considered at risk

NOTE Confidence: 0.8456308

 $00:13:26.944 \longrightarrow 00:13:29.430$ receive genetic counseling and testing so

NOTE Confidence: 0.8456308

 $00:13:29.430 \longrightarrow 00:13:31.644$ informed medical decisions can be based

NOTE Confidence: 0.8456308

 $00:13:31.644 \longrightarrow 00:13:34.268$ on their own personal risk assessment.

NOTE Confidence: 0.8456308

 $00:13:34.270 \longrightarrow 00:13:36.085$ Resources for genetic counseling and

00:13:36.085 --> 00:13:37.900 testing are available at federally

NOTE Confidence: 0.8456308

 $00:13:37.960 \longrightarrow 00:13:40.008$ designated comprehensive cancer centers.

NOTE Confidence: 0.8456308

 $00:13:40.010 \longrightarrow 00:13:41.650$ Interdisciplinary teams include geneticists,

NOTE Confidence: 0.8456308

00:13:41.650 --> 00:13:42.945 genetic counselors, physicians,

NOTE Confidence: 0.8456308

 $00:13:42.945 \longrightarrow 00:13:43.895$ and nurses

NOTE Confidence: 0.8456308

00:13:43.895 --> 00:13:46.745 who work together to provide risk

NOTE Confidence: 0.8456308

 $00:13:46.745 \longrightarrow 00:13:48.854$ assessment and steps to prevent

NOTE Confidence: 0.8456308

 $00:13:48.854 \longrightarrow 00:13:50.414$ the development of cancer.

NOTE Confidence: 0.8456308

00:13:50.420 --> 00:13:52.172 More information is available

NOTE Confidence: 0.8456308

 $00:13:52.172 \longrightarrow 00:13:53.048$ at yalecancercenter.org.

NOTE Confidence: 0.8456308

 $00:13:53.050 \longrightarrow 00:13:56.848$ You're listening to Connecticut Public Radio.

NOTE Confidence: 0.8456308

 $00:13:56.850 \longrightarrow 00:13:57.210$ Welcome

NOTE Confidence: 0.87298423

00:13:57.210 --> 00:13:59.020 back to Yale cancer Answers.

NOTE Confidence: 0.87298423

 $00:13:59.020 \longrightarrow 00:14:01.540$ This is Doctor Anees Chagpar and

NOTE Confidence: 0.87298423

00:14:01.540 --> 00:14:04.188 I'm joined tonight by my guest doctor

NOTE Confidence: 0.87298423

00:14:04.188 --> 00:14:06.620 Kerin Adelson and we're talking about Covid

 $00:14:06.620 \longrightarrow 00:14:08.732$ and cancer patients and right before

NOTE Confidence: 0.87298423

 $00{:}14{:}08.732 \dashrightarrow 00{:}14{:}10.917$ the break we were talking about

NOTE Confidence: 0.87298423

00:14:10.917 --> 00:14:13.381 the covid vaccine and the fact that

NOTE Confidence: 0.87298423

00:14:13.381 --> 00:14:15.667 for many of our cancer patients,

NOTE Confidence: 0.87298423

00:14:15.670 --> 00:14:17.118 particularly those who are

NOTE Confidence: 0.87298423

00:14:17.118 --> 00:14:18.204 on active treatment,

NOTE Confidence: 0.87298423

00:14:18.210 --> 00:14:20.490 that the vaccine is still recommended

NOTE Confidence: 0.87298423

 $00:14:20.490 \longrightarrow 00:14:23.066$ and that you should talk to your

NOTE Confidence: 0.87298423

 $00{:}14{:}23.066 \rightarrow 00{:}14{:}25.028$ doctor about getting this when it

NOTE Confidence: 0.87298423

 $00:14:25.028 \longrightarrow 00:14:27.430$ is available for cancer patients.

NOTE Confidence: 0.87298423

 $00:14:27.430 \longrightarrow 00:14:29.649$ Kerin, just to kind of tag

NOTE Confidence: 0.87298423

 $00:14:29.649 \longrightarrow 00:14:32.115$ on to the discussion that we

NOTE Confidence: 0.87298423

00:14:32.115 --> 00:14:34.495 were having before the break,

NOTE Confidence: 0.87298423

 $00:14:34.500 \longrightarrow 00:14:36.320$ you had mentioned that after

NOTE Confidence: 0.87298423

 $00:14:36.320 \longrightarrow 00:14:38.830$ you get the dose of vaccine,

00:14:38.830 --> 00:14:41.188 your body mounts an immune response

NOTE Confidence: 0.87298423

 $00{:}14{:}41.190 \dashrightarrow 00{:}14{:}43.936$ that can leave you with some sequelae.

NOTE Confidence: 0.87298423

 $00:14:43.936 \longrightarrow 00:14:47.080$ Maybe some achiness, maybe a low grade fever.

NOTE Confidence: 0.87298423

 $00:14:47.080 \longrightarrow 00:14:50.617$ Maybe chills and for a lot of people

NOTE Confidence: 0.87298423

00:14:50.620 --> 00:14:53.161 they may have heard that you kind

NOTE Confidence: 0.87298423

 $00:14:53.161 \longrightarrow 00:14:56.119$ of feel a little bit like crap,

NOTE Confidence: 0.87298423

 $00:14:56.120 \longrightarrow 00:14:58.170$ and when you're on chemo,

NOTE Confidence: 0.87298423

 $00:14:58.170 \longrightarrow 00:15:01.056$ you might feel like crap too. NOTE Confidence:

0.87298423

 $00{:}15{:}03.460 \dashrightarrow 00{:}15{:}05.985$ So how should cancer patients

NOTE Confidence: 0.87298423

00:15:05.985 --> 00:15:08.510 think about how they're going

NOTE Confidence: 0.87298423

 $00:15:08.594 \longrightarrow 00:15:10.679$ to feel after the vaccine?

NOTE Confidence: 0.87298423

 $00:15:10.680 \longrightarrow 00:15:13.488$ And are there any precautions or

NOTE Confidence: 0.87298423

 $00:15:13.488 \longrightarrow 00:15:15.931$ concerns that you might advise

NOTE Confidence: 0.87298423

 $00:15:15.931 \longrightarrow 00:15:18.366$ in terms of overcoming those

NOTE Confidence: 0.83146393

 $00:15:18.370 \longrightarrow 00:15:22.260$ sequelae?

 $00:15:22.260 \dashrightarrow 00:15:25.373$ That's a great question and the way to really think

about this is

NOTE Confidence: 0.83146393

 $00:15:25.373 \longrightarrow 00:15:28.876$ that if you develop side effects or if you

NOTE Confidence: 0.83146393

00:15:28.876 --> 00:15:31.210 develop symptoms after getting the vaccine,

NOTE Confidence: 0.83146393

 $00:15:31.210 \longrightarrow 00:15:33.982$ that's a sign that your immune system

NOTE Confidence: 0.83146393

 $00:15:33.982 \longrightarrow 00:15:36.647$ is kicking in and doing its job.

NOTE Confidence: 0.83146393

 $00:15:36.650 \longrightarrow 00:15:38.981$ We don't know yet whether people who

NOTE Confidence: 0.83146393

00:15:38.981 --> 00:15:41.405 get more side effects actually get

NOTE Confidence: 0.83146393

 $00{:}15{:}41.405 \dashrightarrow 00{:}15{:}43.655$ more protection from the vaccine.

NOTE Confidence: 0.83146393

00:15:43.660 --> 00:15:47.156 That doesn't seem to be the case, but I

NOTE Confidence: 0.83146393

 $00:15:47.156 \longrightarrow 00:15:49.484$ certainly would not be overly concerned.

NOTE Confidence: 0.83146393

 $00:15:49.490 \longrightarrow 00:15:52.325$ And patients who are getting side effects,

NOTE Confidence: 0.83146393

 $00:15:52.330 \longrightarrow 00:15:55.530$ say achiness or a low grade fever,

NOTE Confidence: 0.83146393

00:15:55.530 --> 00:15:57.900 people have a lot of actual

NOTE Confidence: 0.83146393

 $00:15:57.900 \longrightarrow 00:15:59.930$ soreness at the injection site,

NOTE Confidence: 0.83146393

 $00{:}15{:}59.930 \dashrightarrow 00{:}16{:}02.330$ more even than with other vaccines

00:16:02.330 --> 00:16:04.730 like the flu vaccine, for example,

NOTE Confidence: 0.83146393

 $00:16:04.730 \longrightarrow 00:16:06.730$ but we would just recommend

NOTE Confidence: 0.83146393

 $00:16:06.730 \longrightarrow 00:16:07.930$ taking some Tylenol,

NOTE Confidence: 0.83146393

 $00:16:07.930 \longrightarrow 00:16:09.418$ taking it easy,

NOTE Confidence: 0.83146393

00:16:09.418 --> 00:16:12.394 trusting your body and really

NOTE Confidence: 0.83146393

 $00:16:12.394 \longrightarrow 00:16:14.850$ appreciating the fact that the side

NOTE Confidence: 0.83146393

 $00:16:14.850 \longrightarrow 00:16:17.746$ effects you may feel may be a sign

NOTE Confidence: 0.83146393

 $00:16:17.746 \longrightarrow 00:16:20.756$ that in the next six weeks or so you

NOTE Confidence: 0.83146393

 $00{:}16{:}20.756 \dashrightarrow 00{:}16{:}23.234$ will have protection against this virus and

NOTE Confidence: 0.86695296

 $00:16:24.070 \longrightarrow 00:16:26.332$ so if you have taken the

NOTE Confidence: 0.86695296

 $00:16:26.332 \longrightarrow 00:16:28.390$ vaccine and you're due for

NOTE Confidence: 0.86695296

00:16:28.390 --> 00:16:30.730 your next dose of chemotherapy,

NOTE Confidence: 0.86695296

 $00:16:30.730 \longrightarrow 00:16:32.810$ but you're feeling like crap,

NOTE Confidence: 0.86695296

00:16:32.810 --> 00:16:34.406 what should you do?

NOTE Confidence: 0.86695296

00:16:34.406 --> 00:16:37.305 Should you talk to your doctor about

NOTE Confidence: 0.86695296

00:16:37.305 --> 00:16:40.705 maybe pushing your next dose of chemo out?

00:16:40.710 --> 00:16:44.038 Should you go and take the chemo anyways?

NOTE Confidence: 0.86695296

 $00:16:44.040 \longrightarrow 00:16:46.500$ How should patients kind of

NOTE Confidence: 0.86695296

00:16:46.500 --> 00:16:47.976 navigate that landscape?

NOTE Confidence: 0.86695296

 $00{:}16{:}47.980 \dashrightarrow 00{:}16{:}49.249$ Yeah, I think

NOTE Confidence: 0.88507444

 $00{:}16{:}49.250 \dashrightarrow 00{:}16{:}51.986$ that is a question that I can't

NOTE Confidence: 0.88507444

00:16:51.986 --> 00:16:54.213 answer for the general population

NOTE Confidence: 0.88507444

00:16:54.213 --> 00:16:56.653 because people's treatment and the

NOTE Confidence: 0.88507444

 $00:16:56.653 \longrightarrow 00:16:59.816$ timing of their treatment vary so much,

NOTE Confidence: 0.88507444

 $00:16:59.820 \longrightarrow 00:17:02.358$ and in the urgency of getting

NOTE Confidence: 0.88507444

 $00:17:02.358 \longrightarrow 00:17:04.050$ a treatment on time,

NOTE Confidence: 0.88507444

 $00:17:04.050 \longrightarrow 00:17:05.742$ varies with different

NOTE Confidence: 0.88507444

 $00:17:05.742 \longrightarrow 00:17:08.280$ treatments in different regimens as well.

NOTE Confidence: 0.88507444

 $00{:}17{:}08.280 \dashrightarrow 00{:}17{:}10.604$ So I would say the most important

NOTE Confidence: 0.88507444

00:17:10.604 --> 00:17:13.791 thing is to talk to their treating

NOTE Confidence: 0.88507444

00:17:13.791 --> 00:17:15.899 oncologist or hematologist.

 $00:17:15.900 \longrightarrow 00:17:18.450$ Well I want to transition a

NOTE Confidence: 0.88507444

00:17:18.450 --> 00:17:20.760 little bit to talking about

NOTE Confidence: 0.88507444

 $00:17:20.760 \longrightarrow 00:17:22.770$ actual covid and cancer patients.

NOTE Confidence: 0.88507444

 $00:17:22.770 \longrightarrow 00:17:25.362$ Many cancer patients have questions

NOTE Confidence: 0.88507444

 $00:17:25.362 \longrightarrow 00:17:28.567$ that pertain to what it's like or what

NOTE Confidence: 0.88507444

 $00{:}17{:}28.567 \dashrightarrow 00{:}17{:}31.190$ they should do when exposed to covid.

NOTE Confidence: 0.88507444

 $00:17:31.190 \longrightarrow 00:17:34.230$ So let's take it from the

NOTE Confidence: 0.88507444

00:17:34.230 --> 00:17:37.199 most benign to the most severe cases.

NOTE Confidence: 0.88507444

 $00:17:37.200 \longrightarrow 00:17:39.860$ So right now, we know that we're

NOTE Confidence: 0.88507444

 $00:17:39.860 \longrightarrow 00:17:42.410$ in the middle of the pandemic,

NOTE Confidence: 0.88507444

 $00:17:42.410 \longrightarrow 00:17:44.480$ and every day we watch the

NOTE Confidence: 0.88507444

 $00:17:44.480 \longrightarrow 00:17:47.325$ news and we see more and more

NOTE Confidence: 0.88507444

 $00:17:47.325 \longrightarrow 00:17:49.630$ people getting affected by covid.

NOTE Confidence: 0.88507444

 $00:17:49.630 \longrightarrow 00:17:52.010$ We know that there are

NOTE Confidence: 0.88507444

 $00:17:52.010 \longrightarrow 00:17:54.878$ variants in the population

NOTE Confidence: 0.88507444

 $00:17:54.878 \longrightarrow 00:17:56.790$ that have more infectivity

 $00:17:56.871 \longrightarrow 00:17:58.799$ than the standard strain,

NOTE Confidence: 0.88507444

 $00{:}17{:}58.800 \dashrightarrow 00{:}18{:}02.195$ so just in terms of general precautions,

NOTE Confidence: 0.88507444

00:18:02.200 --> 00:18:04.148 what precautions should cancer

NOTE Confidence: 0.88507444

 $00{:}18{:}04.148 \dashrightarrow 00{:}18{:}07.070$ patients take in order to mitigate

NOTE Confidence: 0.88507444

00:18:07.147 --> 00:18:09.467 their risk of developing covid?

NOTE Confidence: 0.89591616

 $00:18:10.510 \longrightarrow 00:18:11.986$ Yes, maintaining social

NOTE Confidence: 0.89591616

 $00:18:11.986 \longrightarrow 00:18:14.938$ isolation is the

NOTE Confidence: 0.89591616

 $00{:}18{:}14.938 \dashrightarrow 00{:}18{:}17.730$ most important thing right now.

NOTE Confidence: 0.89591616

00:18:17.730 --> 00:18:20.155 It's not putting yourself in

NOTE Confidence: 0.89591616

 $00:18:20.155 \longrightarrow 00:18:23.786$ a place where you are at risk

NOTE Confidence: 0.89591616

 $00{:}18{:}23.786 \dashrightarrow 00{:}18{:}25.986$ for contracting the virus.

NOTE Confidence: 0.89591616

 $00:18:25.990 \longrightarrow 00:18:28.054$ So really, minimizing exposures

NOTE Confidence: 0.89591616

 $00:18:28.054 \longrightarrow 00:18:30.118$ to groups of people,

NOTE Confidence: 0.89591616

 $00:18:30.120 \longrightarrow 00:18:32.700$ especially in the indoor setting.

NOTE Confidence: 0.8583578

 $00:18:35.360 \longrightarrow 00:18:38.354$ Certainly not getting together

 $00:18:38.354 \longrightarrow 00:18:41.999$ with people who were exposed to the virus

NOTE Confidence: 0.8583578

 $00{:}18{:}41.999 \dashrightarrow 00{:}18{:}45.775$ and whenever you do need to be in close

NOTE Confidence: 0.8583578

 $00:18:45.775 \longrightarrow 00:18:48.469$ proximity to somebody, wearing a mask

NOTE Confidence: 0.8583578

 $00:18:48.469 \longrightarrow 00:18:51.180$ other than your immediate family members.

NOTE Confidence: 0.8583578

 $00{:}18{:}51.180 \dashrightarrow 00{:}18{:}54.388$ I think as the covid prevalence

NOTE Confidence: 0.8583578

00:18:54.388 --> 00:18:57.507 has really spread through the community,

NOTE Confidence: 0.8583578

 $00:18:57.510 \longrightarrow 00:19:00.300$ the chance of having an asymptomatic

NOTE Confidence: 0.8583578

 $00:19:00.300 \longrightarrow 00:19:02.480$ infection has gone way up,

NOTE Confidence: 0.8583578

 $00:19:02.480 \longrightarrow 00:19:06.280$ so there will be circumstances and we've

NOTE Confidence: 0.8583578

 $00:19:06.280 \longrightarrow 00:19:09.446$ certainly seen this in our patients where

NOTE Confidence: 0.8583578

 $00{:}19{:}09.450 \dashrightarrow 00{:}19{:}11.928$ a family member does have covid and

NOTE Confidence: 0.8583578

 $00:19:11.928 \longrightarrow 00:19:15.587$ the rest of the family needs to protect

NOTE Confidence: 0.8583578

 $00:19:15.587 \longrightarrow 00:19:18.107$ themselves against contracting the

NOTE Confidence: 0.8583578

 $00{:}19{:}18.192 \dashrightarrow 00{:}19{:}20.978$ virus and in that situation,

NOTE Confidence: 0.8583578

 $00:19:20.980 \longrightarrow 00:19:23.766$ obviously, if that person can go stay

NOTE Confidence: 0.8583578

 $00:19:23.766 \longrightarrow 00:19:26.349$ somewhere else where they won't expose

 $00:19:26.349 \longrightarrow 00:19:28.983$ their family member or especially their

NOTE Confidence: 0.8583578

00:19:28.983 --> 00:19:31.652 family member with cancer, that's ideal.

NOTE Confidence: 0.8583578

00:19:31.652 --> 00:19:33.356 If that's not feasible,

NOTE Confidence: 0.8583578

 $00:19:33.360 \longrightarrow 00:19:35.982$ we really recommend that the infected

NOTE Confidence: 0.8583578

 $00:19:35.982 \longrightarrow 00:19:39.337$ person be isolated in a room wearing masks,

NOTE Confidence: 0.8583578

 $00:19:39.340 \longrightarrow 00:19:41.570$ and that contact be minimized.

NOTE Confidence: 0.8583578

 $00:19:41.570 \longrightarrow 00:19:44.573$ Hand sanitizer be used as regularly as

NOTE Confidence: 0.8583578

 $00:19:44.573 \longrightarrow 00:19:47.740$ possible and that people really,

NOTE Confidence: 0.8583578

 $00:19:47.740 \longrightarrow 00:19:50.320$ really work to do whatever

NOTE Confidence: 0.8583578

 $00:19:50.320 \longrightarrow 00:19:53.479$ they can not to get the virus,

NOTE Confidence: 0.84404695

 $00{:}19{:}53.480 \dashrightarrow 00{:}19{:}56.287$ so picking up on that when you

NOTE Confidence: 0.84404695

00:19:56.287 --> 00:19:58.330 talk about cancer patients,

NOTE Confidence: 0.84404695

00:19:58.330 --> 00:20:00.114 social isolating do you

NOTE Confidence: 0.84404695

 $00:20:00.114 \longrightarrow 00:20:02.231$ say they shouldn't

NOTE Confidence: 0.84404695

 $00:20:02.231 \longrightarrow 00:20:04.266$ go to the grocery store,

 $00:20:04.270 \longrightarrow 00:20:05.401$ they shouldn't

NOTE Confidence: 0.84404695

 $00{:}20{:}05.401 \dashrightarrow 00{:}20{:}08.040$ socialize or is it really just

NOTE Confidence: 0.84404695

00:20:08.111 --> 00:20:10.386 maintaining that 6 foot distancing?

NOTE Confidence: 0.84404695

 $00:20:10.390 \longrightarrow 00:20:12.290$ Or do cancer patients really

NOTE Confidence: 0.84404695

 $00:20:12.290 \longrightarrow 00:20:14.190$ need to take more precautions

NOTE Confidence: 0.84404695

 $00:20:14.262 \longrightarrow 00:20:16.098$ than the general population?

NOTE Confidence: 0.8859658

00:20:17.030 --> 00:20:18.422 That's a great question,

NOTE Confidence: 0.8859658

 $00:20:18.422 \longrightarrow 00:20:21.538$ and I think there's been a lot of

NOTE Confidence: 0.8859658

 $00{:}20{:}21.538 \dashrightarrow 00{:}20{:}23.928$ controversy with what precautions the

NOTE Confidence: 0.8859658

 $00:20:23.928 \longrightarrow 00:20:26.320$ general population should take as well.

NOTE Confidence: 0.8859658

 $00:20:26.320 \longrightarrow 00:20:28.973$ I would really stress that social

NOTE Confidence: 0.8859658

 $00{:}20{:}28.973 \dashrightarrow 00{:}20{:}30.941$ isolation not putting yourself in

NOTE Confidence: 0.8859658

00:20:30.941 --> 00:20:33.215 a position where you're exposed to

NOTE Confidence: 0.8859658

 $00:20:33.215 \longrightarrow 00:20:36.261$ many people who could be carrying the

NOTE Confidence: 0.8859658

 $00:20:36.261 \longrightarrow 00:20:38.033$ virus remains absolutely essential.

NOTE Confidence: 0.8859658

00:20:38.040 --> 00:20:39.472 Mask wearing is better,

00:20:39.472 --> 00:20:42.480 but it's by no means a guarantee,

NOTE Confidence: 0.8859658

 $00:20:42.480 \longrightarrow 00:20:45.063$ so this is not the

NOTE Confidence: 0.8859658

00:20:45.063 --> 00:20:47.919 time to go to rock concerts.

NOTE Confidence: 0.8859658

 $00:20:47.920 \longrightarrow 00:20:50.748$ But we all have to eat occasionally.

NOTE Confidence: 0.8859658

 $00:20:50.750 \longrightarrow 00:20:53.543$ We have to go to the supermarket

NOTE Confidence: 0.8859658

00:20:53.543 --> 00:20:56.328 and if you do that,

NOTE Confidence: 0.8859658

00:20:56.328 --> 00:20:58.512 I just suggest wearing a mask

NOTE Confidence: 0.8859658

00:20:58.512 --> 00:21:00.439 and using hand sanitizer,

NOTE Confidence: 0.8859658

 $00{:}21{:}00.440 \dashrightarrow 00{:}21{:}02.200$ and certainly taking advantage of

NOTE Confidence: 0.8859658

 $00:21:02.200 \longrightarrow 00:21:04.540$ things like on line grocery delivery

NOTE Confidence: 0.8859658

 $00:21:04.540 \longrightarrow 00:21:07.820$ programs whenever possible.

NOTE Confidence: 0.87149936

 $00:21:07.820 \longrightarrow 00:21:10.858$ Bringing us to the next situation which

NOTE Confidence: 0.87149936

 $00{:}21{:}10.858 \dashrightarrow 00{:}21{:}14.018$ you mentioned in terms of families and

NOTE Confidence: 0.87149936

 $00:21:14.020 \longrightarrow 00:21:16.939$ before the break you had also mentioned

NOTE Confidence: 0.87149936

 $00:21:16.939 \longrightarrow 00:21:20.119$ that we're seeing an increase in covid

 $00:21:20.119 \longrightarrow 00:21:22.434$ cases spread between family members.

NOTE Confidence: 0.87149936

00:21:22.440 --> 00:21:25.534 So even when you're in your household,

NOTE Confidence: 0.87149936

 $00:21:25.540 \longrightarrow 00:21:27.308$ say you have cancer,

NOTE Confidence: 0.87149936

00:21:27.308 --> 00:21:29.076 you're in active treatment,

NOTE Confidence: 0.87149936

00:21:29.080 --> 00:21:32.624 you have a partner who might be working.

NOTE Confidence: 0.87149936

00:21:32.630 --> 00:21:35.829 You have kids who might

NOTE Confidence: 0.87149936

 $00:21:35.829 \longrightarrow 00:21:39.390$ be going to school part time or

NOTE Confidence: 0.87149936

00:21:39.390 --> 00:21:41.814 going out outside should

NOTE Confidence: 0.87149936

 $00{:}21{:}41.814 \dashrightarrow 00{:}21{:}44.539$ you be wearing a mask inside

NOTE Confidence: 0.87149936

00:21:44.539 --> 00:21:47.114 your house even amongst your

NOTE Confidence: 0.87149936

 $00{:}21{:}47.114 \dashrightarrow 00{:}21{:}49.530$ immediate family members or not?

NOTE Confidence: 0.87149936

 $00:21:49.530 \longrightarrow 00:21:52.169$ Or is that something that you should

NOTE Confidence: 0.87149936

00:21:52.169 --> 00:21:56.630 do only if somebody contracts covid?

NOTE Confidence: 0.89530265

 $00:21:56.630 \longrightarrow 00:21:59.360$ So it's very hard for people to

NOTE Confidence: 0.89530265

00:21:59.360 --> 00:22:02.008 wear masks in their own house,

NOTE Confidence: 0.89530265

 $00{:}22{:}02.010 \dashrightarrow 00{:}22{:}05.025$ but I would say that if they are in

00:22:05.025 --> 00:22:07.692 close proximity to a family member who

NOTE Confidence: 0.89530265

 $00:22:07.692 \longrightarrow 00:22:10.824$ is at risk, grandchildren

NOTE Confidence: 0.89530265

 $00:22:10.824 \longrightarrow 00:22:13.908$ who are probably not following the

NOTE Confidence: 0.89530265

 $00:22:13.908 \longrightarrow 00:22:16.920$ rules the same way older people might.

NOTE Confidence: 0.89530265

 $00:22:16.920 \longrightarrow 00:22:19.404$ If you have a family member

NOTE Confidence: 0.89530265

 $00:22:19.404 \longrightarrow 00:22:21.060$ who's an essential worker,

NOTE Confidence: 0.89530265

 $00:22:21.060 \longrightarrow 00:22:23.544$ and going to work where they

NOTE Confidence: 0.89530265

00:22:23.544 --> 00:22:25.200 could potentially contract it,

NOTE Confidence: 0.89530265

00:22:25.200 --> 00:22:27.330 maintaining distance and wearing masks

NOTE Confidence: 0.89530265

00:22:27.330 --> 00:22:28.557 certainly is ideal,

NOTE Confidence: 0.89530265

 $00{:}22{:}28.557 \dashrightarrow 00{:}22{:}31.950$ not easy to implement in one's own house,

NOTE Confidence: 0.89530265

 $00:22:31.950 \longrightarrow 00:22:34.890$ but certainly as much as they can.

NOTE Confidence: 0.89530265

 $00{:}22{:}34.890 \to 00{:}22{:}36.150$ We would recommend

NOTE Confidence: 0.8704455

 $00:22:36.150 \longrightarrow 00:22:38.568$ that. And if somebody tests positive

NOTE Confidence: 0.8704455

 $00:22:38.568 \longrightarrow 00:22:41.118$ then you really want to isolate

00:22:41.118 --> 00:22:43.288 that person who tested positive.

NOTE Confidence: 0.8704455

00:22:54.711 --> 00:22:56.499 What about meal times with

NOTE Confidence: 0.8704455

00:22:56.499 --> 00:22:58.720 people who might have covid?

NOTE Confidence: 0.8704455

00:22:58.720 --> 00:23:01.152 Many people have talked about

NOTE Confidence: 0.8704455

 $00:23:01.152 \longrightarrow 00:23:03.228$ the fact that when we're eating,

NOTE Confidence: 0.8704455

00:23:03.230 --> 00:23:05.306 we're clearly not wearing a mask.

NOTE Confidence: 0.8704455

 $00{:}23{:}05.310 \dashrightarrow 00{:}23{:}08.086$ There tends to be a lot of droplets.

NOTE Confidence: 0.8704455

00:23:08.090 --> 00:23:10.810 If you're in a household where somebody does

NOTE Confidence: 0.8704455

 $00{:}23{:}10.810 \longrightarrow 00{:}23{:}13.287$ have covid and you're a cancer patient,

NOTE Confidence: 0.8704455

 $00:23:13.290 \longrightarrow 00:23:15.378$ what should you do at mealtimes?

NOTE Confidence: 0.8704455

 $00{:}23{:}15.380 \dashrightarrow 00{:}23{:}17.110$ Should you separate those or

NOTE Confidence: 0.8704455

00:23:17.110 --> 00:23:18.844 how should that work?

NOTE Confidence: 0.8704455

 $00:23:18.844 \longrightarrow 00:23:20.578$ Yeah, if you have a

NOTE Confidence: 0.8725313

 $00:23:20.580 \longrightarrow 00:23:21.916$ family member with Covid,

NOTE Confidence: 0.8725313

 $00:23:21.916 \longrightarrow 00:23:24.346$ they need to be alone in a

NOTE Confidence: 0.8725313

 $00{:}23{:}24.346 \dashrightarrow 00{:}23{:}26.126$ room getting their meals.

 $00:23:26.130 \longrightarrow 00:23:28.570$ This is not the time for us to

NOTE Confidence: 0.8725313

 $00{:}23{:}28.570 \dashrightarrow 00{:}23{:}30.724$ come together in celebration so

NOTE Confidence: 0.8725313

 $00:23:32.420 \longrightarrow 00:23:35.094$ we do not recommend group meals especially

NOTE Confidence: 0.8725313

 $00:23:35.100 \longrightarrow 00:23:37.350$ when somebody has

NOTE Confidence: 0.8725313

 $00:23:37.350 \longrightarrow 00:23:39.320$ been identified as having covid,

NOTE Confidence: 0.8725313

 $00:23:39.320 \longrightarrow 00:23:41.606$ I'm going to digress a little,

NOTE Confidence: 0.8725313

 $00:23:41.610 \longrightarrow 00:23:43.752$ but one thing that

NOTE Confidence: 0.8725313

 $00:23:43.752 \longrightarrow 00:23:46.073$ has been so hard for people

NOTE Confidence: 0.8725313

 $00:23:46.073 \longrightarrow 00:23:48.503$ in this year of the pandemic,

NOTE Confidence: 0.8725313

 $00:23:48.510 \longrightarrow 00:23:51.000$ and especially for patients with cancer

NOTE Confidence: 0.8725313

 $00{:}23{:}51.000 \dashrightarrow 00{:}23{:}53.576$ who are often facing questions of

NOTE Confidence: 0.8725313

 $00{:}23{:}53.576 \dashrightarrow 00{:}23{:}56.108$ mortality and can be really worried

NOTE Confidence: 0.8725313

00:23:56.108 --> 00:23:58.509 about living to the most in the

NOTE Confidence: 0.8725313

 $00:23:58.509 \longrightarrow 00:24:00.844$ time that they have left.

00:24:04.220 --> 00:24:07.148 This virus has really posed a challenge.

NOTE Confidence: 0.8725313

 $00:24:07.150 \longrightarrow 00:24:08.975$ A lot of my patients

 $00:24:08.975 \longrightarrow 00:24:10.435$ articulating that

NOTE Confidence: 0.8725313

 $00:24:10.440 \longrightarrow 00:24:12.588$ Covid has taken what they feel

NOTE Confidence: 0.8725313

 $00:24:12.588 \longrightarrow 00:24:14.830$ is a critical year from them,

NOTE Confidence: 0.8725313

 $00:24:14.830 \longrightarrow 00:24:17.746$ and being able to be with their loved ones

NOTE Confidence: 0.8725313

 $00:24:17.746 \longrightarrow 00:24:20.686$ and be with their family and experience

NOTE Confidence: 0.8725313

 $00:24:20.690 \longrightarrow 00:24:21.713$ life and experience the world

NOTE Confidence: 0.8725313

 $00:24:21.713 \longrightarrow 00:24:24.100$ and the only way

NOTE Confidence: 0.8725313

 $00:24:24.171 \longrightarrow 00:24:26.176$ to really see that limitation,

NOTE Confidence: 0.8725313

 $00:24:26.180 \longrightarrow 00:24:28.798$ or that last

NOTE Confidence: 0.8725313

 $00:24:28.798 \longrightarrow 00:24:30.930$ time coming to an end, is

NOTE Confidence: 0.8725313

 $00:24:30.930 \longrightarrow 00:24:33.090$ if we can all get vaccinated,

NOTE Confidence: 0.8725313

 $00:24:33.090 \longrightarrow 00:24:35.046$ and really get control of this

NOTE Confidence: 0.8725313

 $00:24:35.046 \longrightarrow 00:24:36.810$ virus on a national level.

NOTE Confidence: 0.8725313

00:24:36.810 --> 00:24:38.700 So if you're debating whether

NOTE Confidence: 0.8725313

 $00:24:38.700 \longrightarrow 00:24:40.860$ or not to get the vaccine,

 $00:24:40.860 \longrightarrow 00:24:42.650$ the vaccine

NOTE Confidence: 0.8725313

 $00:24:42.650 \longrightarrow 00:24:45.111$ is what will allow you to begin

NOTE Confidence: 0.8725313

 $00:24:45.111 \longrightarrow 00:24:46.606$ to get your life back.

NOTE Confidence: 0.89321387

 $00:24:47.220 \longrightarrow 00:24:48.246$ So important.

NOTE Confidence: 0.89321387

 $00:24:48.246 \longrightarrow 00:24:49.956$ I know that many patients

NOTE Confidence: 0.89321387

 $00:24:49.956 \longrightarrow 00:24:51.848$ might be thinking you know,

NOTE Confidence: 0.89321387

 $00:24:51.850 \longrightarrow 00:24:54.181$ especially when we go back to the

NOTE Confidence: 0.89321387

00:24:54.181 --> 00:24:55.998 situation of having family members

NOTE Confidence: 0.89321387

 $00{:}24{:}55.998 \dashrightarrow 00{:}24{:}58.260$ with covid and having to isolate

NOTE Confidence: 0.89321387

 $00:24:58.260 \longrightarrow 00:25:01.497$ And you might be, as you say,

NOTE Confidence: 0.89321387

 $00:25:01.497 \longrightarrow 00:25:02.973$ contemplating your own mortality

NOTE Confidence: 0.89321387

00:25:02.973 --> 00:25:05.377 and how much time you have left,

NOTE Confidence: 0.89321387

 $00:25:05.380 \longrightarrow 00:25:07.160$ maybe thinking you know what,

NOTE Confidence: 0.89321387

 $00:25:07.160 \longrightarrow 00:25:09.561$ I don't want to not have

NOTE Confidence: 0.89321387

 $00:25:09.561 \longrightarrow 00:25:11.430$ dinner with my family.

NOTE Confidence: 0.89321387

 $00{:}25{:}11.430 \dashrightarrow 00{:}25{:}14.320$ My family is really important to me and

00:25:14.320 --> 00:25:17.920 I don't know how many days I have left.

NOTE Confidence: 0.89321387

 $00:25:17.920 \longrightarrow 00:25:21.175$ These are such tough

NOTE Confidence: 0.89321387

 $00:25:21.175 \longrightarrow 00:25:23.399$ choices for people to make.

 $00:25:23.860 \longrightarrow 00:25:27.974$ This has been such a tough year

NOTE Confidence: 0.8560614

 $00:25:27.974 \longrightarrow 00:25:31.170$ really for everyone. But this

NOTE Confidence: 0.8560614

 $00:25:31.170 \longrightarrow 00:25:34.826$ brings us to the last topic,

NOTE Confidence: 0.8560614

 $00:25:34.830 \longrightarrow 00:25:37.889$ which is what about when cancer patients

NOTE Confidence: 0.8560614

 $00:25:37.889 \longrightarrow 00:25:40.690$ actually start to get symptoms that

NOTE Confidence: 0.8560614

 $00{:}25{:}40.690 \dashrightarrow 00{:}25{:}43.504$ might make them concerned about covid?

NOTE Confidence: 0.8560614

 $00:25:43.510 \longrightarrow 00:25:46.460$ So the first question is

NOTE Confidence: 0.8560614

00:25:46.460 --> 00:25:48.854 sometimes the symptoms of Covid,

NOTE Confidence: 0.8560614

 $00{:}25{:}48.860 \dashrightarrow 00{:}25{:}51.254$ as you say, can be completely asymptomatic,

NOTE Confidence: 0.8560614

 $00:25:51.260 \longrightarrow 00:25:54.003$ but sometimes they can have low grade fever.

NOTE Confidence: 0.8560614

00:25:54.003 --> 00:25:55.719 They might have a cough,

NOTE Confidence: 0.8560614

 $00:25:55.720 \longrightarrow 00:25:57.756$ they might have some chest pain,

NOTE Confidence: 0.8560614

 $00{:}25{:}57.756 \dashrightarrow 00{:}25{:}59.754$ they might have some shortness of

00:25:59.754 --> 00:26:02.238 breath or changes in how they perceive,

NOTE Confidence: 0.8560614

 $00{:}26{:}02.240 \dashrightarrow 00{:}26{:}04.576$ taste and smell, but you can get a

NOTE Confidence: 0.8560614

00:26:04.576 --> 00:26:07.378 lot of those symptoms with chemo too.

NOTE Confidence: 0.8560614

 $00:26:07.380 \longrightarrow 00:26:09.438$ So how are patients to

NOTE Confidence: 0.8560614

 $00:26:09.438 \longrightarrow 00:26:10.810$ differentiate the two,

NOTE Confidence: 0.8560614

00:26:10.810 --> 00:26:13.204 and when should they call their doctor?

NOTE Confidence: 0.8560614

 $00:26:13.210 \longrightarrow 00:26:14.930$ Yeah, so they should call

NOTE Confidence: 0.8686659

 $00:26:14.930 \longrightarrow 00:26:17.380$ their doctor as soon as they have

NOTE Confidence: 0.8686659

 $00:26:17.380 \longrightarrow 00:26:18.920$ any of those symptoms.

NOTE Confidence: 0.8686659

 $00:26:18.920 \longrightarrow 00:26:20.460$ And you're absolutely right.

NOTE Confidence: 0.8686659

 $00{:}26{:}20.460 \dashrightarrow 00{:}26{:}23.148$ It can be very hard to figure out

NOTE Confidence: 0.8686659

 $00:26:23.148 \longrightarrow 00:26:25.202$ whether patients are just experiencing

NOTE Confidence: 0.8686659

 $00:26:25.202 \longrightarrow 00:26:27.387$ the side effects of treatment,

NOTE Confidence: 0.8686659

 $00:26:27.390 \longrightarrow 00:26:28.930$ or whether they actually

NOTE Confidence: 0.8686659

00:26:28.930 --> 00:26:30.855 might have a covid infection,

 $00:26:30.860 \longrightarrow 00:26:32.696$ and because it was so important

NOTE Confidence: 0.8686659

00:26:32.696 --> 00:26:35.631 for us to be able to protect our

NOTE Confidence: 0.8686659

 $00:26:35.631 \longrightarrow 00:26:37.681$ population of patients with cancer

NOTE Confidence: 0.8686659

00:26:37.681 --> 00:26:40.286 from those who might actually be

NOTE Confidence: 0.8686659

00:26:40.286 --> 00:26:42.406 carrying the virus or contagious.

NOTE Confidence: 0.8686659

 $00:26:42.410 \longrightarrow 00:26:44.713$ We had to develop a whole new

NOTE Confidence: 0.8686659

00:26:44.713 --> 00:26:46.717 area actually just

NOTE Confidence: 0.8686659

 $00:26:46.717 \longrightarrow 00:26:49.067$ to screen our cancer patients

NOTE Confidence: 0.8686659

 $00:26:49.070 \longrightarrow 00:26:52.182$ for Covid so that they wouldn't expose other

NOTE Confidence: 0.8686659

00:26:52.182 --> 00:26:54.707 patients when they might have symptoms,

NOTE Confidence: 0.8686659

 $00:26:54.710 \longrightarrow 00:26:56.730$ and so we are able

 $00:26:57.478 \longrightarrow 00:26:59.722$ if you call your doctor because

NOTE Confidence: 0.8686659

00:26:59.722 --> 00:27:01.160 you're having symptoms,

NOTE Confidence: 0.8686659

 $00:27:01.160 \longrightarrow 00:27:04.013$ we are able to get a rapid test and

NOTE Confidence: 0.8686659

 $00:27:04.013 \longrightarrow 00:27:06.559$ screen our patients for symptoms to

NOTE Confidence: 0.8686659

00:27:06.559 --> 00:27:09.255 figure out whether it's just side

 $00:27:09.255 \longrightarrow 00:27:12.039$ effects from treatment or whether they

NOTE Confidence: 0.85310704

00:27:12.040 --> 00:27:13.712 actually carry the virus.

NOTE Confidence: 0.85310704

 $00:27:13.712 \longrightarrow 00:27:16.880$ And so in our last minute or two,

NOTE Confidence: 0.85310704

00:27:16.880 --> 00:27:20.168 what if a cancer patient actually gets covid?

NOTE Confidence: 0.85310704

 $00:27:20.170 \longrightarrow 00:27:21.352$ What happens then?

NOTE Confidence: 0.85310704

00:27:21.352 --> 00:27:23.716 Can you kind of lay out the

NOTE Confidence: 0.85310704

 $00:27:23.716 \longrightarrow 00:27:25.340$ landscape of what happens?

NOTE Confidence: 0.85310704

 $00:27:25.340 \longrightarrow 00:27:27.728$ I mean, are they immediately hospitalized?

NOTE Confidence: 0.85310704

 $00:27:27.730 \longrightarrow 00:27:30.120$ Do they have to self isolate?

NOTE Confidence: 0.85310704

 $00:27:30.120 \longrightarrow 00:27:33.299$ What does that mean in terms of treatment?

NOTE Confidence: 0.85310704

 $00:27:33.300 \longrightarrow 00:27:36.882$ I mean that must be just a double whammy.

NOTE Confidence: 0.85310704

 $00:27:38.480 \longrightarrow 00:27:41.258$ When one of our patients gets

NOTE Confidence: 0.8738677

 $00:27:41.260 \longrightarrow 00:27:44.046$ covid we have to evaluate them clinically,

NOTE Confidence: 0.8738677

 $00:27:44.050 \longrightarrow 00:27:46.456$ and if they are very clinically

NOTE Confidence: 0.8738677

 $00:27:46.456 \longrightarrow 00:27:48.430$ stable like many people are,

NOTE Confidence: 0.8738677

 $00:27:48.430 \longrightarrow 00:27:50.490$ we will send them home

 $00:27:50.490 \longrightarrow 00:27:52.425$ with instructions to self isolate

NOTE Confidence: 0.8738677

 $00:27:52.425 \longrightarrow 00:27:54.829$ and we probably will hold their

NOTE Confidence: 0.8738677

 $00:27:54.829 \longrightarrow 00:27:56.829$ chemotherapy treatment at least during

NOTE Confidence: 0.8738677

 $00:27:56.829 \longrightarrow 00:27:59.550$ the phase of the acute infection,

NOTE Confidence: 0.8738677

 $00:27:59.550 \longrightarrow 00:28:02.609$ we have a program where our nurses

NOTE Confidence: 0.8738677

 $00:28:02.609 \longrightarrow 00:28:06.257$ will call to check up on our

NOTE Confidence: 0.8738677

00:28:06.257 --> 00:28:09.065 patients who have covid daily and

NOTE Confidence: 0.8738677

 $00:28:09.065 \longrightarrow 00:28:11.939$ make sure that they're doing OK.

NOTE Confidence: 0.8738677

00:28:11.940 --> 00:28:14.516 And assuming their symptoms don't get worse,

NOTE Confidence: 0.8738677

 $00:28:14.520 \longrightarrow 00:28:16.711$ they will finish out their 10 days

NOTE Confidence: 0.8738677

00:28:16.711 --> 00:28:19.585 to two weeks and then can come back

NOTE Confidence: 0.8738677

 $00{:}28{:}19.585 \dashrightarrow 00{:}28{:}21.450$ and resume treatment. For patients

NOTE Confidence: 0.8738677

 $00{:}28{:}21.520 \dashrightarrow 00{:}28{:}23.720$ who develop more severe symptoms,

NOTE Confidence: 0.8738677

 $00:28:23.720 \longrightarrow 00:28:25.928$ they could in the end

NOTE Confidence: 0.8738677

 $00:28:25.928 \longrightarrow 00:28:27.400$ need to be hospitalized,

 $00:28:27.400 \longrightarrow 00:28:28.498$ especially if they're

NOTE Confidence: 0.8738677

00:28:28.498 --> 00:28:29.596 having breathing problems.

NOTE Confidence: 0.8738677

 $00:28:29.600 \longrightarrow 00:28:32.176$ And if any of those more serious

NOTE Confidence: 0.8738677

00:28:32.176 --> 00:28:33.964 symptoms are developing, we would

NOTE Confidence: 0.8738677

 $00:28:33.964 \longrightarrow 00:28:36.016$ make sure that you

NOTE Confidence: 0.8738677

 $00:28:36.016 \longrightarrow 00:28:38.434$ talk to your doctor and

NOTE Confidence: 0.8738677

 $00:28:38.434 \longrightarrow 00:28:41.003$ if needed, bring you into the hospital.

NOTE Confidence: 0.8579166

00:28:41.010 --> 00:28:43.182 Doctor Kerin Adelson is the chief

NOTE Confidence: 0.8579166

 $00:28:43.182 \longrightarrow 00:28:45.058$ quality officer and Deputy Chief

NOTE Confidence: 0.8579166

00:28:45.058 --> 00:28:46.894 medical Officer at Smilow

NOTE Confidence: 0.8579166

00:28:46.894 --> 00:28:48.714 and an associate

NOTE Confidence: 0.8579166

 $00:28:48.714 \longrightarrow 00:28:51.430$ professor at the Yale School of Medicine.

NOTE Confidence: 0.8579166

00:28:51.430 --> 00:28:52.926 If you have questions,

NOTE Confidence: 0.8579166

 $00:28:52.926 \longrightarrow 00:28:54.422$ the address is canceranswers@yale.edu

NOTE Confidence: 0.8579166

 $00:28:54.422 \longrightarrow 00:28:56.491$ and past editions of the program

NOTE Confidence: 0.8579166

 $00:28:56.491 \longrightarrow 00:28:58.381$ are available in audio and written

 $00:28:58.435 \longrightarrow 00:29:00.010$ form at yale cancercenter.org.

NOTE Confidence: 0.8579166

 $00{:}29{:}00.010 \dashrightarrow 00{:}29{:}02.554$ We hope you'll join us next week to

NOTE Confidence: 0.8579166

 $00{:}29{:}02.554 \dashrightarrow 00{:}29{:}05.040$ learn more about the fight against

NOTE Confidence: 0.8579166

 $00{:}29{:}05.040 \dashrightarrow 00{:}29{:}07.698$ cancer here on Connecticut Public Radio.