## WEBVTT

NOTE duration: "00:03:43.2960000"

NOTE language:en-us

NOTE Confidence: 0.80697256

 $00:00:00.000 \longrightarrow 00:00:02.149$  So in General, Lynch syndrome is amount

NOTE Confidence: 0.80697256

 $00:00:02.149 \longrightarrow 00:00:04.430$  where we got multi cancer syndrome.

NOTE Confidence: 0.80697256

 $00:00:04.430 \longrightarrow 00:00:06.040$  So while colon and endometrial

NOTE Confidence: 0.80697256

 $00{:}00{:}06.040 \dashrightarrow 00{:}08.420$  cancer are the ones that carry the

NOTE Confidence: 0.80697256

00:00:08.420 --> 00:00:10.180 highest risk for Lynch syndrome,

NOTE Confidence: 0.80697256

 $00:00:10.180 \longrightarrow 00:00:12.686$  in fact it's in multi cancer syndrome

NOTE Confidence: 0.80697256

 $00{:}00{:}12.686 \dashrightarrow 00{:}00{:}14.802$  where there are other organs that

NOTE Confidence: 0.80697256

00:00:14.802 --> 00:00:17.070 have also carry a high risk of

NOTE Confidence: 0.80697256

 $00:00:17.143 \longrightarrow 00:00:19.362$  cancer from ovaries to the rest of

NOTE Confidence: 0.80697256

 $00:00:19.362 \longrightarrow 00:00:21.436$  the GI tract to the urinary track.

NOTE Confidence: 0.80697256

 $00:00:21.436 \longrightarrow 00:00:23.987$  So so it has to be approached as

NOTE Confidence: 0.80697256

 $00{:}00{:}23.987 \dashrightarrow 00{:}00{:}26.393$  such as a multi cancer syndrome.

NOTE Confidence: 0.80697256

 $00:00:26.400 \longrightarrow 00:00:28.638$  The Lynch syndrome is due to

NOTE Confidence: 0.80697256

 $00:00:28.638 \longrightarrow 00:00:31.650$  mutations in a set of genes that are.

NOTE Confidence: 0.80697256

00:00:31.650 --> 00:00:33.320 Called Miss my trooper jeans

NOTE Confidence: 0.80697256

 $00:00:33.320 \longrightarrow 00:00:35.451$  and their job is really fixing

NOTE Confidence: 0.80697256

00:00:35.451 --> 00:00:37.803 particular types of defects in the

NOTE Confidence: 0.80697256

 $00:00:37.803 \longrightarrow 00:00:40.139$  DNA daughter chains that are created.

NOTE Confidence: 0.80697256

 $00:00:40.140 \longrightarrow 00:00:42.892$  Those defects do happen in a regular basis

NOTE Confidence: 0.80697256

 $00:00:42.892 \longrightarrow 00:00:45.300$  as daughter kids keep getting created.

NOTE Confidence: 0.80697256

00:00:45.300 --> 00:00:46.748 Our bodies not perfect,

NOTE Confidence: 0.80697256

 $00:00:46.748 \longrightarrow 00:00:48.558$  but everybody has those mechanisms

NOTE Confidence: 0.80697256

 $00:00:48.558 \longrightarrow 00:00:50.468$  to really fix those defects.

NOTE Confidence: 0.80697256

 $00{:}00{:}50.470 \dashrightarrow 00{:}00{:}52.155$  When those genes are mutated

NOTE Confidence: 0.80697256

 $00{:}00{:}52.155 \dashrightarrow 00{:}00{:}54.695$  they can do their job of fixing

NOTE Confidence: 0.80697256

 $00{:}00{:}54.695 \dashrightarrow 00{:}00{:}57.041$  those errors and those are start

NOTE Confidence: 0.80697256

 $00{:}00{:}57.041 \dashrightarrow 00{:}00{:}59.715$  propagating and the new cells that are

NOTE Confidence: 0.80697256

 $00{:}00{:}59.715 \dashrightarrow 00{:}01{:}01.877$  generated become cells that are not.

NOTE Confidence: 0.80697256

 $00:01:01.877 \longrightarrow 00:01:02.551$  Well controlled,

NOTE Confidence: 0.80697256

 $00:01:02.551 \longrightarrow 00:01:04.236$  and that's how cancer evolves

NOTE Confidence: 0.80697256

 $00{:}01{:}04.236 \dashrightarrow 00{:}01{:}05.480$  in Lynch syndrome.

NOTE Confidence: 0.80697256

 $00:01:05.480 \longrightarrow 00:01:06.248$  In general,

NOTE Confidence: 0.80697256

 $00:01:06.248 \dashrightarrow 00:01:08.936$  cancers do develop fast and Lynch syndrome,

NOTE Confidence: 0.80697256

 $00:01:08.940 \longrightarrow 00:01:10.472$  even though the prognosis

NOTE Confidence: 0.80697256

 $00:01:10.472 \longrightarrow 00:01:12.004$  in general is better.

NOTE Confidence: 0.80697256

00:01:12.010 --> 00:01:14.418 But the key thing for Lynch syndrome

NOTE Confidence: 0.80697256

00:01:14.418 --> 00:01:16.619 is very early diagnosis early,

NOTE Confidence: 0.80697256

 $00:01:16.620 \longrightarrow 00:01:18.540$  so we can catch cancers.

NOTE Confidence: 0.80697256

00:01:18.540 --> 00:01:19.689 Probably in general,

NOTE Confidence: 0.80697256

00:01:19.689 --> 00:01:21.987 the cancer risk varies for colon,

NOTE Confidence: 0.80697256

 $00:01:21.990 \longrightarrow 00:01:22.758$  for instance,

NOTE Confidence: 0.80697256

00:01:22.758 --> 00:01:25.446 in Lynch syndrome can go from 12%

NOTE Confidence: 0.80697256

00:01:25.450 --> 00:01:28.138 for one of the mutations called PMS,

NOTE Confidence: 0.80697256

 $00:01:28.140 \longrightarrow 00:01:31.204$  two to about 50% for the more comma,

NOTE Confidence: 0.80697256

 $00:01:31.210 \dashrightarrow 00:01:34.274$  or the jeans that carry a higher risk.

NOTE Confidence: 0.80697256

 $00:01:34.280 \longrightarrow 00:01:37.017$  So there's quite a bit of variability.

NOTE Confidence: 0.80697256

 $00:01:37.020 \longrightarrow 00:01:39.106$  So it's important for us to know

NOTE Confidence: 0.80697256

 $00:01:39.106 \longrightarrow 00:01:41.343$  which is the particular gene that's

NOTE Confidence: 0.80697256

 $00:01:41.343 \longrightarrow 00:01:43.887$  causing with children and the other

NOTE Confidence: 0.80697256

 $00{:}01{:}43.887 {\:\dashrightarrow\:} 00{:}01{:}46.369$  types of cancers we talk about also

NOTE Confidence: 0.80697256

 $00:01:46.369 \longrightarrow 00:01:49.124$  vary depending on on the type of gene.

NOTE Confidence: 0.80697256

00:01:49.124 --> 00:01:50.908 For instance, the endometrial cancers

NOTE Confidence: 0.80697256

 $00{:}01{:}50.908 \dashrightarrow 00{:}01{:}53.400$  have a high Association with MSN Six,

NOTE Confidence: 0.80697256

 $00:01:53.400 \longrightarrow 00:01:55.180$  another is my trooper gene,

NOTE Confidence: 0.80697256

 $00{:}01{:}55.180 \dashrightarrow 00{:}01{:}56.960$  so those are important details,

NOTE Confidence: 0.80697256

 $00{:}01{:}56.960 \dashrightarrow 00{:}02{:}00.155$  so lynching them as a whole is an entity,

NOTE Confidence: 0.80697256

 $00:02:00.160 \longrightarrow 00:02:02.645$  but it has a lot of flavors,

NOTE Confidence: 0.80697256

 $00{:}02{:}02{:}02{:}650 \dashrightarrow 00{:}02{:}05{.}765$  and often they depend on that particular

NOTE Confidence: 0.80697256

 $00:02:05.765 \longrightarrow 00:02:08.398$  gene that's effective when it comes to.

NOTE Confidence: 0.80697256

00:02:08.400 --> 00:02:09.662 Lynch syndrome,

NOTE Confidence: 0.80697256

 $00:02:09.662 \longrightarrow 00:02:12.186$  with why dentify individuals

NOTE Confidence: 0.80697256

 $00{:}02{:}12.186 \longrightarrow 00{:}02{:}15.580$  who carry the genetic defects.

NOTE Confidence: 0.80697256

 $00:02:15.580 \longrightarrow 00:02:18.850$  We do have surveillance strategies,

NOTE Confidence: 0.80697256

00:02:18.850 --> 00:02:20.148 chemopreventive strategies,

NOTE Confidence: 0.80697256

 $00:02:20.148 \longrightarrow 00:02:23.393$  and that, and also surgical

NOTE Confidence: 0.80697256

 $00:02:23.393 \longrightarrow 00:02:26.679$  interventions that can prevent cancer.

NOTE Confidence: 0.80697256

 $00:02:26.680 \longrightarrow 00:02:32.560$  For colon, colonoscopy is well accepted in.

NOTE Confidence: 0.80697256

 $00:02:32.560 \longrightarrow 00:02:34.216$  Procedure that does help

NOTE Confidence: 0.80697256

 $00:02:34.216 --> 00:02:35.458 \ \mathrm{prevent \ colon \ cancer}.$ 

NOTE Confidence: 0.80697256

 $00:02:35.460 \longrightarrow 00:02:41.188$  It has to be done very, very in a very.

NOTE Confidence: 0.80697256 00:02:41.190 --> 00:02:41.520 Uh,

NOTE Confidence: 0.80697256

 $00{:}02{:}41.520 \dashrightarrow 00{:}02{:}44.160$  every one to two years to make sure

NOTE Confidence: 0.80697256

 $00:02:44.160 \longrightarrow 00:02:46.590$  that we catch the cancers early,

NOTE Confidence: 0.80697256

 $00:02:46.590 \longrightarrow 00:02:48.732$  not because we said those answers

NOTE Confidence: 0.80697256

 $00:02:48.732 \longrightarrow 00:02:50.160$  about class for endometrial

NOTE Confidence: 0.80697256

 $00:02:50.223 \longrightarrow 00:02:51.627$  and ovarian cancer risk.

NOTE Confidence: 0.80697256

00:02:51.630 --> 00:02:54.024 Often it comes down to discussing

NOTE Confidence: 0.80697256

 $00{:}02{:}54.024 \dashrightarrow 00{:}02{:}55.221$  hysterectomy after child bearing

NOTE Confidence: 0.80697256

 $00:02:55.221 \longrightarrow 00:02:56.669$  age most of the time,

NOTE Confidence: 0.80697256

 $00:02:56.670 \longrightarrow 00:02:58.355$  so they're interventions are really

NOTE Confidence: 0.80697256

 $00{:}02{:}58.355 \dashrightarrow 00{:}03{:}00.630$  tailored to the to the patients.

NOTE Confidence: 0.80697256

 $00:03:00.630 \longrightarrow 00:03:02.435$  Aspirin as a chemopreventive agent

NOTE Confidence: 0.80697256

 $00:03:02.435 \longrightarrow 00:03:05.363$  has been found to be a very effective

NOTE Confidence: 0.80697256

 $00{:}03{:}05.363 \dashrightarrow 00{:}03{:}07.463$  agent when taken in high doses,

NOTE Confidence: 0.80697256

 $00:03:07.470 \longrightarrow 00:03:09.498$  so there are studies going on

NOTE Confidence: 0.80697256

00:03:09.498 --> 00:03:11.727 right now trying to identify if

NOTE Confidence: 0.80697256

 $00:03:11.727 \longrightarrow 00:03:13.335$  lower doses could have.

NOTE Confidence: 0.80697256

00:03:13.340 --> 00:03:15.596 A significant preventive effect for cancer,

NOTE Confidence: 0.80697256 00:03:15.600 --> 00:03:15.985 too,

NOTE Confidence: 0.80697256

00:03:15.985 --> 00:03:18.295 so there's other things in the

NOTE Confidence: 0.80697256

00:03:18.295 --> 00:03:19.450 horizon and chemopreventive

NOTE Confidence: 0.82261896

 $00:03:19.518 \longrightarrow 00:03:21.865$  world too. So in general we have

NOTE Confidence: 0.82261896

 $00:03:21.865 \longrightarrow 00:03:24.091$  learned a lot about the children

NOTE Confidence: 0.82261896

 $00:03:24.091 \longrightarrow 00:03:26.539$  we are still learning a lot,

NOTE Confidence: 0.82261896

 $00:03:26.540 \longrightarrow 00:03:29.172$  but we do know how to effectively

NOTE Confidence: 0.82261896

00:03:29.172 --> 00:03:30.708 prevent cancer, Lynch syndrome,

NOTE Confidence: 0.82261896

00:03:30.708 --> 00:03:32.653 and that's why it's so

NOTE Confidence: 0.82261896

00:03:32.653 --> 00:03:34.080 important to diagnose it,

NOTE Confidence: 0.82261896

00:03:34.080 --> 00:03:36.372 and that's why it's so important

NOTE Confidence: 0.82261896

 $00:03:36.372 \longrightarrow 00:03:37.900$  to diagnose that individuals

NOTE Confidence: 0.82261896

 $00:03:37.972 \longrightarrow 00:03:39.727$  who never had cancer before,

NOTE Confidence: 0.82261896

 $00{:}03{:}39.730 \dashrightarrow 00{:}03{:}41.710$  so we can actually prevent

NOTE Confidence: 0.82261896

 $00:03:41.710 \longrightarrow 00:03:43.294$  that develop these answers.