

WEBVTT

NOTE duration:"00:16:39.4190000"

NOTE language:en-us

NOTE Confidence: 0.825795531272888

00:00:00.000 --> 00:00:01.206 Good morning Doctor.

NOTE Confidence: 0.825795531272888

00:00:01.206 --> 00:00:02.814 Jailbroke with us morning.

NOTE Confidence: 0.825795531272888

00:00:02.820 --> 00:00:04.418 I'm here. Oh good.

NOTE Confidence: 0.825795531272888

00:00:04.418 --> 00:00:07.204 Great to have you on this morning.

NOTE Confidence: 0.825795531272888

00:00:07.210 --> 00:00:09.200 You are a urologist at

NOTE Confidence: 0.825795531272888

00:00:09.200 --> 00:00:10.792 Lawrence and memorial correct?

NOTE Confidence: 0.825795531272888

00:00:10.800 --> 00:00:13.621 Then tell us a little bit about

NOTE Confidence: 0.825795531272888

00:00:13.621 --> 00:00:16.071 yourself how long you been doing

NOTE Confidence: 0.825795531272888

00:00:16.071 --> 00:00:18.773 it and what brought you to that.

NOTE Confidence: 0.825795531272888

00:00:18.780 --> 00:00:20.780 That particular field sure. So

NOTE Confidence: 0.825795531272888

00:00:20.780 --> 00:00:23.174 first of all, I'm a Rhode

NOTE Confidence: 0.825795531272888

00:00:23.174 --> 00:00:24.770 Islander born and raised.

NOTE Confidence: 0.825795531272888

00:00:24.770 --> 00:00:26.820 I grew up in Bristol.

NOTE Confidence: 0.825795531272888

00:00:26.820 --> 00:00:28.740 In my training down in Washington

NOTE Confidence: 0.825795531272888  
00:00:28.740 --> 00:00:31.096 DC and then came back to Yale  
NOTE Confidence: 0.825795531272888  
00:00:31.096 --> 00:00:32.776 for a fellowship in oncology,  
NOTE Confidence: 0.825795531272888  
00:00:32.780 --> 00:00:34.760 specifically spending year down at Yale,  
NOTE Confidence: 0.825795531272888  
00:00:34.760 --> 00:00:35.825 New Haven Hospital.  
NOTE Confidence: 0.825795531272888  
00:00:35.825 --> 00:00:38.669 And then I've been practicing here in New  
NOTE Confidence: 0.825795531272888  
00:00:38.669 --> 00:00:41.045 London at L&M for the past three years.  
NOTE Confidence: 0.825795531272888  
00:00:41.050 --> 00:00:43.367 You asked why I got into urology.  
NOTE Confidence: 0.825795531272888  
00:00:43.370 --> 00:00:45.356 I get that question a lot,  
NOTE Confidence: 0.825795531272888  
00:00:45.360 --> 00:00:47.340 but Urology is an interesting field.  
NOTE Confidence: 0.825795531272888  
00:00:47.340 --> 00:00:48.333 We are surgeons.  
NOTE Confidence: 0.825795531272888  
00:00:48.333 --> 00:00:49.992 First and foremost, you know,  
NOTE Confidence: 0.825795531272888  
00:00:49.992 --> 00:00:52.640 focusing on the care of the urinary track.  
NOTE Confidence: 0.825795531272888  
00:00:52.640 --> 00:00:54.290 So basically everything from the  
NOTE Confidence: 0.825795531272888  
00:00:54.290 --> 00:00:56.280 kidneys down to the genital area,  
NOTE Confidence: 0.825795531272888  
00:00:56.280 --> 00:00:58.667 and we use a lot of Technology.  
NOTE Confidence: 0.825795531272888

00:00:58.670 --> 00:01:01.150 We kind of take care of some disease  
NOTE Confidence: 0.825795531272888

00:01:01.150 --> 00:01:03.287 processes that can be fairly difficult,  
NOTE Confidence: 0.825795531272888

00:01:03.290 --> 00:01:03.950 I think,  
NOTE Confidence: 0.825795531272888

00:01:03.950 --> 00:01:06.260 to handle for a lot of guys,  
NOTE Confidence: 0.825795531272888

00:01:06.260 --> 00:01:06.920 and so  
NOTE Confidence: 0.834499537944794

00:01:06.920 --> 00:01:08.570 it's a pretty rewarding field.  
NOTE Confidence: 0.834499537944794

00:01:08.570 --> 00:01:11.410 So I guess there were lots of questions  
NOTE Confidence: 0.834499537944794

00:01:11.410 --> 00:01:14.504 I'm going to go out of order a little bit.  
NOTE Confidence: 0.834499537944794

00:01:14.510 --> 00:01:16.334 Maybe they're the same talk about  
NOTE Confidence: 0.834499537944794

00:01:16.334 --> 00:01:18.003 screenings and we talk about  
NOTE Confidence: 0.834499537944794

00:01:18.003 --> 00:01:19.790 prostate cancer, but there's also  
NOTE Confidence: 0.834499537944794

00:01:19.790 --> 00:01:21.110 an enlarged prostate creates.  
NOTE Confidence: 0.834499537944794

00:01:21.110 --> 00:01:23.502 It's not cancer so much as it does  
NOTE Confidence: 0.834499537944794

00:01:23.502 --> 00:01:26.058 create a number of problems as well.  
NOTE Confidence: 0.834499537944794

00:01:26.060 --> 00:01:28.405 Talk to me a little bit about  
NOTE Confidence: 0.834499537944794

00:01:28.405 --> 00:01:29.075 prostate health.

NOTE Confidence: 0.834499537944794

00:01:29.080 --> 00:01:31.418 One of the things people are on

NOTE Confidence: 0.834499537944794

00:01:31.418 --> 00:01:33.926 and look for before that would get

NOTE Confidence: 0.834499537944794

00:01:33.926 --> 00:01:36.600 them to go to a urologist to get

NOTE Confidence: 0.880065321922302

00:01:36.600 --> 00:01:38.700 checked out. Sure, so I think you

NOTE Confidence: 0.880065321922302

00:01:38.700 --> 00:01:40.370 made an important distinction,

NOTE Confidence: 0.880065321922302

00:01:40.370 --> 00:01:42.570 which is that most of the time when

NOTE Confidence: 0.880065321922302

00:01:42.570 --> 00:01:44.810 men have symptoms urinary symptoms,

NOTE Confidence: 0.880065321922302

00:01:44.810 --> 00:01:46.889 it's more in keeping with an enlarged

NOTE Confidence: 0.880065321922302

00:01:46.889 --> 00:01:48.558 prostate which is called benign

NOTE Confidence: 0.880065321922302

00:01:48.558 --> 00:01:50.343 prostate enlargement and that is

NOTE Confidence: 0.880065321922302

00:01:50.343 --> 00:01:52.339 very different than prostate cancer,

NOTE Confidence: 0.880065321922302

00:01:52.340 --> 00:01:55.445 which I think is important for men to know.

NOTE Confidence: 0.880065321922302

00:01:55.450 --> 00:01:57.817 You know most of the time when we see

NOTE Confidence: 0.880065321922302

00:01:57.817 --> 00:01:59.858 patients symptomatically in the office,

NOTE Confidence: 0.880065321922302

00:01:59.860 --> 00:02:01.120 it's for difficulty urinating

NOTE Confidence: 0.880065321922302

00:02:01.120 --> 00:02:02.065 slower urine stream.  
NOTE Confidence: 0.880065321922302

00:02:02.070 --> 00:02:04.268 You know, having to get up multiple  
NOTE Confidence: 0.880065321922302

00:02:04.268 --> 00:02:06.790 times at night or rush to the bathroom,  
NOTE Confidence: 0.880065321922302

00:02:06.790 --> 00:02:08.680 and those are very treatable conditions.  
NOTE Confidence: 0.880065321922302

00:02:08.680 --> 00:02:10.776 So you know most of the time we  
NOTE Confidence: 0.880065321922302

00:02:10.776 --> 00:02:13.433 we try to tell men get into the  
NOTE Confidence: 0.880065321922302

00:02:13.433 --> 00:02:15.300 office sooner rather than later.  
NOTE Confidence: 0.880065321922302

00:02:15.300 --> 00:02:16.155 Like most things,  
NOTE Confidence: 0.880065321922302

00:02:16.155 --> 00:02:17.580 it's easier to treat these  
NOTE Confidence: 0.880065321922302

00:02:17.580 --> 00:02:19.250 things early on prostate cancer  
NOTE Confidence: 0.880065321922302

00:02:19.250 --> 00:02:20.650 and prostate cancer screening,  
NOTE Confidence: 0.880065321922302

00:02:20.650 --> 00:02:21.910 obviously relating to the  
NOTE Confidence: 0.880065321922302

00:02:21.910 --> 00:02:23.485 same part of the body,  
NOTE Confidence: 0.880065321922302

00:02:23.490 --> 00:02:25.060 but generally speaking, prostate cancer,  
NOTE Confidence: 0.880065321922302

00:02:25.060 --> 00:02:26.005 at least currently,  
NOTE Confidence: 0.880065321922302

00:02:26.005 --> 00:02:28.210 is detected when there are no symptoms.

NOTE Confidence: 0.880065321922302

00:02:28.210 --> 00:02:30.457 You know, that's something that is screened.

NOTE Confidence: 0.880065321922302

00:02:30.460 --> 00:02:32.836 Or with generally a blood test,

NOTE Confidence: 0.880065321922302

00:02:32.840 --> 00:02:35.710 which is called PSA stands for prostate

NOTE Confidence: 0.880065321922302

00:02:35.710 --> 00:02:38.032 specific antigen and for the vast

NOTE Confidence: 0.880065321922302

00:02:38.032 --> 00:02:40.419 majority of men there are no symptoms

NOTE Confidence: 0.880065321922302

00:02:40.495 --> 00:02:43.159 of prostate cancer when it's diagnosed.

NOTE Confidence: 0.880065321922302

00:02:43.160 --> 00:02:45.939 It's just an abnormal blood test or

NOTE Confidence: 0.866447349389394

00:02:45.940 --> 00:02:47.220 an abnormal exam findings.

NOTE Confidence: 0.866447349389394

00:02:47.220 --> 00:02:48.820 When at when the test

NOTE Confidence: 0.866447349389394

00:02:48.820 --> 00:02:50.040 comes back positive,

NOTE Confidence: 0.866447349389394

00:02:50.040 --> 00:02:51.590 what happens at that point?

NOTE Confidence: 0.866447349389394

00:02:51.590 --> 00:02:52.838 Is it always surgery?

NOTE Confidence: 0.866447349389394

00:02:52.838 --> 00:02:54.390 No? So let me talk

NOTE Confidence: 0.873091220855713

00:02:54.390 --> 00:02:56.256 a little about the test first.

NOTE Confidence: 0.873091220855713

00:02:56.260 --> 00:02:59.041 I think it can be fairly misleading and is

NOTE Confidence: 0.873091220855713

00:02:59.041 --> 00:03:02.162 a big source of anxiety for a lot of men.  
NOTE Confidence: 0.873091220855713

00:03:02.170 --> 00:03:05.190 First of all, so the PSA test I'll be the  
NOTE Confidence: 0.873091220855713

00:03:05.273 --> 00:03:08.072 first to tell you is not a great test.  
NOTE Confidence: 0.873091220855713

00:03:08.080 --> 00:03:10.384 You know it can be elevated for many  
NOTE Confidence: 0.873091220855713

00:03:10.384 --> 00:03:12.572 reasons which have nothing to do with  
NOTE Confidence: 0.873091220855713

00:03:12.572 --> 00:03:15.151 cancer but in abnormal finding on that test  
NOTE Confidence: 0.873091220855713

00:03:15.151 --> 00:03:17.083 does indicate that you should generally  
NOTE Confidence: 0.873091220855713

00:03:17.083 --> 00:03:19.456 see urologist and get that worked up.  
NOTE Confidence: 0.873091220855713

00:03:19.460 --> 00:03:21.917 If you are diagnosed with prostate cancer,  
NOTE Confidence: 0.873091220855713

00:03:21.920 --> 00:03:23.320 there are many treatment  
NOTE Confidence: 0.873091220855713

00:03:23.320 --> 00:03:24.370 options available now.  
NOTE Confidence: 0.873091220855713

00:03:24.370 --> 00:03:26.729 There's a lot that depends on what  
NOTE Confidence: 0.873091220855713

00:03:26.729 --> 00:03:28.939 the specifics of your biopsy show.  
NOTE Confidence: 0.873091220855713

00:03:28.940 --> 00:03:31.631 There may be a finding of very low grade  
NOTE Confidence: 0.873091220855713

00:03:31.631 --> 00:03:34.251 or low risk prostate cancer which may  
NOTE Confidence: 0.873091220855713

00:03:34.251 --> 00:03:37.009 not need any active treatment at all,

NOTE Confidence: 0.873091220855713

00:03:37.010 --> 00:03:39.056 but more just following that cancer

NOTE Confidence: 0.873091220855713

00:03:39.056 --> 00:03:41.195 long longitudinally to make sure it

NOTE Confidence: 0.873091220855713

00:03:41.195 --> 00:03:42.975 doesn't become something more serious.

NOTE Confidence: 0.873091220855713

00:03:42.980 --> 00:03:45.152 Now the more aggressive types of

NOTE Confidence: 0.873091220855713

00:03:45.152 --> 00:03:47.026 prostate cancer we generally are

NOTE Confidence: 0.873091220855713

00:03:47.026 --> 00:03:48.861 treating with either surgery or

NOTE Confidence: 0.873091220855713

00:03:48.861 --> 00:03:51.048 radiation or a combination of the two.

NOTE Confidence: 0.873091220855713

00:03:51.050 --> 00:03:53.336 And sometimes with hormone treatments as

NOTE Confidence: 0.820852994918823

00:03:53.340 --> 00:03:56.132 well. So I wanted to go back a

NOTE Confidence: 0.820852994918823

00:03:56.132 --> 00:03:58.491 little bit when to when somebody

NOTE Confidence: 0.820852994918823

00:03:58.491 --> 00:04:01.360 comes in and they have a have.

NOTE Confidence: 0.820852994918823

00:04:01.360 --> 00:04:03.748 PSA is positive they come in

NOTE Confidence: 0.820852994918823

00:04:03.748 --> 00:04:06.129 and you mentioned that it's not

NOTE Confidence: 0.820852994918823

00:04:06.129 --> 00:04:08.614 not a perfect test by any means.

NOTE Confidence: 0.820852994918823

00:04:08.620 --> 00:04:10.846 What happens from there to determine

NOTE Confidence: 0.820852994918823

00:04:10.846 --> 00:04:13.178 whether or not it is probably  
NOTE Confidence: 0.820852994918823

00:04:13.178 --> 00:04:15.500 where does the diagnosis come in?  
NOTE Confidence: 0.820852994918823

00:04:15.500 --> 00:04:17.410 When you say definitively where  
NOTE Confidence: 0.820852994918823

00:04:17.410 --> 00:04:19.700 it is prostate cancer so you  
NOTE Confidence: 0.820852994918823

00:04:19.700 --> 00:04:22.388 know first and foremost if you have?  
NOTE Confidence: 0.820852994918823

00:04:22.390 --> 00:04:24.518 A PSA test that comes back abnormal and  
NOTE Confidence: 0.820852994918823

00:04:24.518 --> 00:04:26.438 different labs will tell you different  
NOTE Confidence: 0.820852994918823

00:04:26.438 --> 00:04:28.108 numbers that are considered abnormal,  
NOTE Confidence: 0.820852994918823

00:04:28.110 --> 00:04:30.133 but for the most part in most  
NOTE Confidence: 0.820852994918823

00:04:30.133 --> 00:04:31.420 laboratories of PSA level,  
NOTE Confidence: 0.820852994918823

00:04:31.420 --> 00:04:33.956 over four will be flagged as an abnormal  
NOTE Confidence: 0.820852994918823

00:04:33.956 --> 00:04:36.540 result that can depend on a lot of factors.  
NOTE Confidence: 0.820852994918823

00:04:36.540 --> 00:04:38.262 As I said earlier, including your  
NOTE Confidence: 0.820852994918823

00:04:38.262 --> 00:04:40.448 age and the size of your prostate.  
NOTE Confidence: 0.820852994918823

00:04:40.450 --> 00:04:42.550 But when you come into our office  
NOTE Confidence: 0.820852994918823

00:04:42.550 --> 00:04:44.663 with an abnormal PSA, first of all,

NOTE Confidence: 0.820852994918823

00:04:44.663 --> 00:04:46.168 we'll need to examine you.

NOTE Confidence: 0.820852994918823

00:04:46.170 --> 00:04:48.221 You know that's done with a digital

NOTE Confidence: 0.820852994918823

00:04:48.221 --> 00:04:50.078 rectal examination to feel the prostate,

NOTE Confidence: 0.820852994918823

00:04:50.080 --> 00:04:52.576 which can be felt through the rectal wall.

NOTE Confidence: 0.820852994918823

00:04:52.580 --> 00:04:54.518 But to get a definitive diagnosis

NOTE Confidence: 0.820852994918823

00:04:54.518 --> 00:04:55.487 of prostate cancer,

NOTE Confidence: 0.820852994918823

00:04:55.490 --> 00:04:57.744 you need to have a prostate biopsy,

NOTE Confidence: 0.820852994918823

00:04:57.750 --> 00:04:59.688 and that can be done in

NOTE Confidence: 0.820852994918823

00:04:59.688 --> 00:05:00.980 a couple different ways.

NOTE Confidence: 0.820852994918823

00:05:00.980 --> 00:05:01.626 Classic Lee,

NOTE Confidence: 0.820852994918823

00:05:01.626 --> 00:05:03.887 it was done with an ultrasound guidance.

NOTE Confidence: 0.820852994918823

00:05:03.890 --> 00:05:06.437 We tend to rely more now on MRI an

NOTE Confidence: 0.820852994918823

00:05:06.437 --> 00:05:08.729 what's called an MRI Fusion biopsy,

NOTE Confidence: 0.820852994918823

00:05:08.730 --> 00:05:10.722 which allows us to target specific

NOTE Confidence: 0.820852994918823

00:05:10.722 --> 00:05:13.018 areas in the prostate and is a

NOTE Confidence: 0.820852994918823

00:05:13.018 --> 00:05:14.533 bit more sensitive and specific.  
NOTE Confidence: 0.833358347415924

00:05:15.170 --> 00:05:17.858 We're going to. We're going to take  
NOTE Confidence: 0.833358347415924

00:05:17.858 --> 00:05:20.497 a quick break when we come back.  
NOTE Confidence: 0.833358347415924

00:05:20.500 --> 00:05:24.310 I want to talk a little bit more about that.  
NOTE Confidence: 0.833358347415924

00:05:24.310 --> 00:05:26.220 The end, the prostate cancer,  
NOTE Confidence: 0.833358347415924

00:05:26.220 --> 00:05:28.908 and how serious it is and how.  
NOTE Confidence: 0.833358347415924

00:05:28.910 --> 00:05:30.926 What it's what it's rated success?  
NOTE Confidence: 0.833358347415924

00:05:30.930 --> 00:05:32.802 Can the surgery success is moving  
NOTE Confidence: 0.833358347415924

00:05:32.802 --> 00:05:35.289 back in just a couple of minutes.  
NOTE Confidence: 0.833358347415924

00:05:35.290 --> 00:05:37.649 This upcoming weather forecast in stereo 12  
NOTE Confidence: 0.852504670619965

00:05:37.650 --> 00:05:38.655 thirty 103.1 FM.  
NOTE Confidence: 0.852504670619965

00:05:38.655 --> 00:05:41.680 WBL Q at 749, brought to you by Yale,  
NOTE Confidence: 0.852504670619965

00:05:41.680 --> 00:05:43.692 New Haven Health and the Westerly  
NOTE Confidence: 0.852504670619965

00:05:43.692 --> 00:05:45.786 Hospital at Yale, New Haven Health.  
NOTE Confidence: 0.852504670619965

00:05:45.786 --> 00:05:47.596 We've instituted a thorough and  
NOTE Confidence: 0.852504670619965

00:05:47.596 --> 00:05:48.970 comprehensive 10 step safety

NOTE Confidence: 0.852504670619965  
00:05:48.970 --> 00:05:51.042 program in all of our facilities to  
NOTE Confidence: 0.852504670619965  
00:05:51.042 --> 00:05:52.770 ensure that everything is clean,  
NOTE Confidence: 0.852504670619965  
00:05:52.770 --> 00:05:54.780 safe and ready to treat you.  
NOTE Confidence: 0.852504670619965  
00:05:54.780 --> 00:05:57.125 A friend or a family member at  
NOTE Confidence: 0.852504670619965  
00:05:57.125 --> 00:05:59.209 a moments notice and right now.  
NOTE Confidence: 0.852504670619965  
00:05:59.210 --> 00:06:01.548 There's never been a better time to  
NOTE Confidence: 0.852504670619965  
00:06:01.548 --> 00:06:03.716 take advantage of our world class  
NOTE Confidence: 0.852504670619965  
00:06:03.716 --> 00:06:05.912 medical expertise in the presence of  
NOTE Confidence: 0.852504670619965  
00:06:05.912 --> 00:06:08.356 these new world class safety measures.  
NOTE Confidence: 0.852504670619965  
00:06:08.360 --> 00:06:09.455 For more information,  
NOTE Confidence: 0.852504670619965  
00:06:09.455 --> 00:06:11.645 please visit us at YNH s.org.  
NOTE Confidence: 0.806603729724884  
00:06:19.890 --> 00:06:21.695 Hi everyone, I meteorologist Mark  
NOTE Confidence: 0.806603729724884  
00:06:21.695 --> 00:06:24.183 Rosenthal with you stereo 12:30 and 103.1  
NOTE Confidence: 0.806603729724884  
00:06:24.183 --> 00:06:26.055 FM weather forecast on this Monday.  
NOTE Confidence: 0.806603729724884  
00:06:26.060 --> 00:06:27.780 I mostly cloudy, murky start,  
NOTE Confidence: 0.806603729724884

00:06:27.780 --> 00:06:29.260 then becoming partly cloudy,  
NOTE Confidence: 0.806603729724884

00:06:29.260 --> 00:06:31.110 partly sunny by this afternoon  
NOTE Confidence: 0.806603729724884

00:06:31.110 --> 00:06:32.920 if not before it'll be 75.  
NOTE Confidence: 0.806603729724884

00:06:32.920 --> 00:06:34.340 Two Ed. Light winds.  
NOTE Confidence: 0.806603729724884

00:06:34.340 --> 00:06:36.470 Cloudy avonite baby is sprinkle lowered  
NOTE Confidence: 0.806603729724884

00:06:36.539 --> 00:06:38.653 mid 60s tomorrow sun filled with the  
NOTE Confidence: 0.806603729724884

00:06:38.653 --> 00:06:40.809 clouds of nice great beach weather.  
NOTE Confidence: 0.806603729724884

00:06:40.810 --> 00:06:41.839 Lowered midis again.  
NOTE Confidence: 0.806603729724884

00:06:41.839 --> 00:06:43.213 Light winds Wednesday, Thursday.  
NOTE Confidence: 0.806603729724884

00:06:43.213 --> 00:06:44.242 Lots of sun,  
NOTE Confidence: 0.806603729724884

00:06:44.242 --> 00:06:46.640 warm in the mid 80s then things  
NOTE Confidence: 0.806603729724884

00:06:46.640 --> 00:06:48.950 start to heat up by weeks end  
NOTE Confidence: 0.806603729724884

00:06:48.950 --> 00:06:51.100 from the WBLQ at the center.  
NOTE Confidence: 0.649791538715363

00:06:51.160 --> 00:06:53.490 I'm a Crescent all. A  
NOTE Confidence: 0.738777875900269

00:06:53.490 --> 00:06:54.630 Lotta Love sales event.  
NOTE Confidence: 0.738777875900269

00:06:54.630 --> 00:06:55.770 Valenti Subaru Westerly RI.

NOTE Confidence: 0.738777875900269  
00:06:55.770 --> 00:06:57.290 How about zero percent financing  
NOTE Confidence: 0.738777875900269  
00:06:57.290 --> 00:06:58.810 available on almost all new  
NOTE Confidence: 0.738777875900269  
00:06:58.867 --> 00:07:00.355 2020 model Subarus for up to  
NOTE Confidence: 0.738777875900269  
00:07:00.355 --> 00:07:01.699 60 three months 8000 interest  
NOTE Confidence: 0.738777875900269  
00:07:01.699 --> 00:07:03.169 charges plus active duty military  
NOTE Confidence: 0.738777875900269  
00:07:03.169 --> 00:07:04.994 5 for 500 hours below factory  
NOTE Confidence: 0.738777875900269  
00:07:04.994 --> 00:07:06.282 invoice bracelets and certified  
NOTE Confidence: 0.738777875900269  
00:07:06.282 --> 00:07:07.248 pre owned subarusquabbling.com  
NOTE Confidence: 0.738777875900269  
00:07:07.248 --> 00:07:08.357 thank you and just smile.  
NOTE Confidence: 0.87275242805481  
00:07:11.100 --> 00:07:12.680 Field, you need more  
NOTE Confidence: 0.87275242805481  
00:07:12.680 --> 00:07:14.260 security around your home.  
NOTE Confidence: 0.87275242805481  
00:07:14.260 --> 00:07:16.235 You may want to consider  
NOTE Confidence: 0.87275242805481  
00:07:16.235 --> 00:07:17.025 surveillance cameras.  
NOTE Confidence: 0.87275242805481  
00:07:17.030 --> 00:07:19.262 Not sure who to call for  
NOTE Confidence: 0.87275242805481  
00:07:19.262 --> 00:07:21.370 help that you can trust.  
NOTE Confidence: 0.87275242805481

00:07:21.370 --> 00:07:23.740 Call the experts Mulholland audio video,  
NOTE Confidence: 0.87275242805481

00:07:23.740 --> 00:07:26.098 your family owned and operated neighborhood  
NOTE Confidence: 0.87275242805481

00:07:26.098 --> 00:07:28.120 audio video company serving Rhode  
NOTE Confidence: 0.87275242805481

00:07:28.120 --> 00:07:30.060 Island and Massachusetts since 1956.  
NOTE Confidence: 0.87275242805481

00:07:30.060 --> 00:07:32.035 You know Mulholland audio video  
NOTE Confidence: 0.87275242805481

00:07:32.035 --> 00:07:33.615 for their home automation,  
NOTE Confidence: 0.87275242805481

00:07:33.620 --> 00:07:35.590 music systems and media rooms.  
NOTE Confidence: 0.87275242805481

00:07:35.590 --> 00:07:37.960 But did you know they also  
NOTE Confidence: 0.87275242805481

00:07:37.960 --> 00:07:39.145 install surveillance cameras?  
NOTE Confidence: 0.87275242805481

00:07:39.150 --> 00:07:41.929 Mulholland audio video people you can trust.  
NOTE Confidence: 0.87275242805481

00:07:41.930 --> 00:07:43.584 Just Dance.  
NOTE Confidence: 0.87275242805481

00:07:43.584 --> 00:07:45.216 Second, good morning.  
NOTE Confidence: 0.87275242805481

00:07:45.216 --> 00:07:48.750 Welcome back to the morning show at  
NOTE Confidence: 0.587761044502258

00:07:48.750 --> 00:07:51.510 7:52 in the morning and Zach.  
NOTE Confidence: 0.587761044502258

00:07:51.510 --> 00:07:52.890 What's the temperature?  
NOTE Confidence: 0.587761044502258

00:07:52.890 --> 00:07:54.730 16 \* 67 degrees?

NOTE Confidence: 0.587761044502258  
00:07:54.730 --> 00:07:57.950 And whether this is Doctor Joe Bruno.  
NOTE Confidence: 0.587761044502258  
00:07:57.950 --> 00:08:00.740 He's a urologist, he is with.  
NOTE Confidence: 0.587761044502258  
00:08:00.740 --> 00:08:03.050 With Lawrence and memorial you  
NOTE Confidence: 0.587761044502258  
00:08:03.050 --> 00:08:06.460 do any work at at Wesley. We  
NOTE Confidence: 0.802250981330872  
00:08:06.460 --> 00:08:08.756 have part of our practices in Westerly.  
NOTE Confidence: 0.802250981330872  
00:08:08.760 --> 00:08:10.410 There are two physicians there.  
NOTE Confidence: 0.802250981330872  
00:08:10.410 --> 00:08:12.706 Doctor, Letty and doctor enquist were all  
NOTE Confidence: 0.802250981330872  
00:08:12.710 --> 00:08:15.069 part of the same group with with  
NOTE Confidence: 0.802250981330872  
00:08:15.069 --> 00:08:16.660 the prostate surgery be done.  
NOTE Confidence: 0.802250981330872  
00:08:16.660 --> 00:08:18.628 If somebody were diagnosed in Wesley,  
NOTE Confidence: 0.802250981330872  
00:08:18.630 --> 00:08:21.588 where would that surgery be done? Would it be  
NOTE Confidence: 0.802250981330872  
00:08:21.590 --> 00:08:22.910 at Westerly hospital so?  
NOTE Confidence: 0.946157336235046  
00:08:24.500 --> 00:08:29.215 Hello. Hello, did we lose him  
NOTE Confidence: 0.946157336235046  
00:08:29.215 --> 00:08:31.725 but he lost them so this is  
NOTE Confidence: 0.946157336235046  
00:08:31.725 --> 00:08:34.210 what you call so there he is  
NOTE Confidence: 0.854464888572693

00:08:34.210 --> 00:08:36.328 we got your back you there  
NOTE Confidence: 0.854464888572693

00:08:36.330 --> 00:08:38.850 did I disappear you disappeared but you're  
NOTE Confidence: 0.854464888572693

00:08:38.850 --> 00:08:41.750 back again that was it's Magic, Yeah. To  
NOTE Confidence: 0.834012687206268

00:08:41.750 --> 00:08:44.348 answer your question right now we're  
NOTE Confidence: 0.834012687206268

00:08:44.348 --> 00:08:46.567 doing all the robotic surgeries  
NOTE Confidence: 0.834012687206268

00:08:46.567 --> 00:08:49.528 here at L&M. The surgical robot is  
NOTE Confidence: 0.834012687206268

00:08:49.530 --> 00:08:51.690 currently not at Westerly Hospital.  
NOTE Confidence: 0.834012687206268

00:08:51.690 --> 00:08:54.276 This is tell me about the  
NOTE Confidence: 0.834012687206268

00:08:54.276 --> 00:08:56.006 prostate cancer, it seems,  
NOTE Confidence: 0.834012687206268

00:08:56.006 --> 00:08:57.583 is very treatable absolutely.  
NOTE Confidence: 0.834012687206268

00:08:57.583 --> 00:08:59.488 What's the rate of success  
NOTE Confidence: 0.834012687206268

00:08:59.488 --> 00:09:01.417 or at what point is it?  
NOTE Confidence: 0.834012687206268

00:09:01.420 --> 00:09:03.844 I guess at some point it gets so  
NOTE Confidence: 0.834012687206268

00:09:03.844 --> 00:09:06.098 advanced it's more difficult to treat,  
NOTE Confidence: 0.834012687206268

00:09:06.100 --> 00:09:08.627 but the rate of success for prostate  
NOTE Confidence: 0.834012687206268

00:09:08.627 --> 00:09:10.779 surgery has to be in the 90%.

NOTE Confidence: 0.865995585918427  
00:09:10.780 --> 00:09:11.779 It's quite high.  
NOTE Confidence: 0.865995585918427  
00:09:11.779 --> 00:09:13.444 So like like most cancers,  
NOTE Confidence: 0.865995585918427  
00:09:13.450 --> 00:09:15.760 it depends a lot on when something  
NOTE Confidence: 0.865995585918427  
00:09:15.760 --> 00:09:17.808 is diagnosed in terms of how  
NOTE Confidence: 0.865995585918427  
00:09:17.808 --> 00:09:19.458 treatable or curable it is.  
NOTE Confidence: 0.865995585918427  
00:09:19.460 --> 00:09:21.386 The vast majority of prostate cancers  
NOTE Confidence: 0.865995585918427  
00:09:21.386 --> 00:09:23.470 diagnos now at very early stages,  
NOTE Confidence: 0.865995585918427  
00:09:23.470 --> 00:09:25.493 which in some ways becomes a problem  
NOTE Confidence: 0.865995585918427  
00:09:25.493 --> 00:09:27.479 because as I mentioned earlier,  
NOTE Confidence: 0.865995585918427  
00:09:27.480 --> 00:09:28.840 most of these patients  
NOTE Confidence: 0.865995585918427  
00:09:28.840 --> 00:09:30.200 don't have symptoms so.  
NOTE Confidence: 0.865995585918427  
00:09:30.200 --> 00:09:32.396 It can be hard to commit to a treatment  
NOTE Confidence: 0.865995585918427  
00:09:32.396 --> 00:09:34.641 for something when you're when you're  
NOTE Confidence: 0.865995585918427  
00:09:34.641 --> 00:09:36.576 not experiencing symptoms from it.  
NOTE Confidence: 0.865995585918427  
00:09:36.580 --> 00:09:38.180 But to answer your question,  
NOTE Confidence: 0.865995585918427

00:09:38.180 --> 00:09:40.088 for patients who are taken to  
NOTE Confidence: 0.865995585918427

00:09:40.088 --> 00:09:41.338 prostate surgery, you know,  
NOTE Confidence: 0.865995585918427

00:09:41.338 --> 00:09:42.858 especially for patients in this  
NOTE Confidence: 0.865995585918427

00:09:42.858 --> 00:09:44.559 sort of intermediate grade category,  
NOTE Confidence: 0.865995585918427

00:09:44.560 --> 00:09:46.786 which are the most common surgical patients,  
NOTE Confidence: 0.865995585918427

00:09:46.790 --> 00:09:49.020 the cure rates are 95% or better.  
NOTE Confidence: 0.878862857818604

00:09:50.020 --> 00:09:52.306 When did at what point are?  
NOTE Confidence: 0.878862857818604

00:09:52.310 --> 00:09:54.872 Are there any symptoms that people  
NOTE Confidence: 0.878862857818604

00:09:54.872 --> 00:09:57.597 should be looking at that might in  
NOTE Confidence: 0.878862857818604

00:09:57.597 --> 00:10:00.628 fact get them to go into a urologist or  
NOTE Confidence: 0.878862857818604

00:10:00.628 --> 00:10:03.732 to ask to be referred to a urologist?  
NOTE Confidence: 0.878862857818604

00:10:03.740 --> 00:10:06.400 Absolutely so I think, as I mentioned  
NOTE Confidence: 0.878862857818604

00:10:06.400 --> 00:10:08.829 earlier, most of those urinary symptoms men  
NOTE Confidence: 0.878862857818604

00:10:08.829 --> 00:10:10.980 experience are from benign enlargement,  
NOTE Confidence: 0.878862857818604

00:10:10.980 --> 00:10:13.260 but occasionally they can be from  
NOTE Confidence: 0.878862857818604

00:10:13.260 --> 00:10:16.305 cancer as well, so you know if you

NOTE Confidence: 0.878862857818604  
00:10:16.305 --> 00:10:17.829 are experiencing urinary symptoms,  
NOTE Confidence: 0.878862857818604  
00:10:17.830 --> 00:10:19.750 especially if they seem to  
NOTE Confidence: 0.878862857818604  
00:10:19.750 --> 00:10:21.286 be getting worse overtime.  
NOTE Confidence: 0.878862857818604  
00:10:21.290 --> 00:10:23.565 You should certainly let your doctor know.  
NOTE Confidence: 0.878862857818604  
00:10:23.570 --> 00:10:25.190 Or if you see urologist,  
NOTE Confidence: 0.878862857818604  
00:10:25.190 --> 00:10:26.394 let your urologists know.  
NOTE Confidence: 0.878862857818604  
00:10:26.394 --> 00:10:28.616 Now there are some symptoms that prostate  
NOTE Confidence: 0.878862857818604  
00:10:28.616 --> 00:10:30.718 cancer can cause overtime. For instance,  
NOTE Confidence: 0.878862857818604  
00:10:30.718 --> 00:10:32.986 if you're having blood in your urine.  
NOTE Confidence: 0.878862857818604  
00:10:32.990 --> 00:10:34.620 If you're starting to have,  
NOTE Confidence: 0.878862857818604  
00:10:34.620 --> 00:10:36.888 you know new pains throughout your body.  
NOTE Confidence: 0.878862857818604  
00:10:36.890 --> 00:10:37.542 Prostate cancers.  
NOTE Confidence: 0.878862857818604  
00:10:37.542 --> 00:10:38.520 When they spread,  
NOTE Confidence: 0.878862857818604  
00:10:38.520 --> 00:10:41.436 they tend to go to the to the skeleton,  
NOTE Confidence: 0.878862857818604  
00:10:41.440 --> 00:10:43.055 and so men will experience  
NOTE Confidence: 0.878862857818604

00:10:43.055 --> 00:10:45.020 occasionally what we call bone pain,  
NOTE Confidence: 0.878862857818604

00:10:45.020 --> 00:10:47.288 which is sort of like a deep,  
NOTE Confidence: 0.878862857818604

00:10:47.290 --> 00:10:47.940 deep pain.  
NOTE Confidence: 0.878862857818604

00:10:47.940 --> 00:10:50.540 Sometimes that can lead to fractures as well,  
NOTE Confidence: 0.878862857818604

00:10:50.540 --> 00:10:51.190 bone fractures,  
NOTE Confidence: 0.878862857818604

00:10:51.190 --> 00:10:53.790 and you know those are fairly advanced cases,  
NOTE Confidence: 0.878862857818604

00:10:53.790 --> 00:10:54.178 but.  
NOTE Confidence: 0.878862857818604

00:10:54.178 --> 00:10:54.566 Certainly,  
NOTE Confidence: 0.878862857818604

00:10:54.566 --> 00:10:56.506 if those symptoms are experienced,  
NOTE Confidence: 0.878862857818604

00:10:56.510 --> 00:10:58.500 you definitely want to let  
NOTE Confidence: 0.818247735500336

00:10:58.500 --> 00:11:00.888 your doctor know about them the.  
NOTE Confidence: 0.818247735500336

00:11:00.890 --> 00:11:02.358 Is there a percentage?  
NOTE Confidence: 0.818247735500336

00:11:02.358 --> 00:11:04.193 Orrorin obviously is a disease  
NOTE Confidence: 0.818247735500336

00:11:04.193 --> 00:11:06.520 that comes when people, I presume.  
NOTE Confidence: 0.818247735500336

00:11:06.520 --> 00:11:08.770 Now maybe I'm making a presumption,  
NOTE Confidence: 0.818247735500336

00:11:08.770 --> 00:11:10.882 but but I'm I'm presuming that

NOTE Confidence: 0.818247735500336

00:11:10.882 --> 00:11:13.579 this is one that is more prevalent

NOTE Confidence: 0.818247735500336

00:11:13.579 --> 00:11:15.518 in older, older men. That's

NOTE Confidence: 0.85132223367691

00:11:15.520 --> 00:11:17.968 correct. There are actually anatomic studies

NOTE Confidence: 0.85132223367691

00:11:17.968 --> 00:11:21.006 that were done several years ago to look

NOTE Confidence: 0.85132223367691

00:11:21.006 --> 00:11:23.016 at the prevalence of prostate cancer,

NOTE Confidence: 0.85132223367691

00:11:23.020 --> 00:11:26.620 and if you look at at prostate cancer by age

NOTE Confidence: 0.85132223367691

00:11:26.703 --> 00:11:30.132 as men get up into their 70s eighties 90s,

NOTE Confidence: 0.85132223367691

00:11:30.140 --> 00:11:32.040 it becomes very, very common.

NOTE Confidence: 0.85132223367691

00:11:32.040 --> 00:11:34.902 We're talking up to 70 eighty 90% of men.

NOTE Confidence: 0.85132223367691

00:11:34.902 --> 00:11:37.537 If you were to look at sort of an

NOTE Confidence: 0.85132223367691

00:11:37.537 --> 00:11:39.697 anatomic specimen after death now,

NOTE Confidence: 0.85132223367691

00:11:39.700 --> 00:11:42.436 the key is that most of those men aren't

NOTE Confidence: 0.85132223367691

00:11:42.436 --> 00:11:44.359 actually dying of prostate cancer.

NOTE Confidence: 0.85132223367691

00:11:44.360 --> 00:11:45.656 You know, there so.

NOTE Confidence: 0.85132223367691

00:11:45.656 --> 00:11:48.012 So what becomes our difficulty as urologist

NOTE Confidence: 0.85132223367691

00:11:48.012 --> 00:11:50.413 is to determine which of these cancers

NOTE Confidence: 0.85132223367691

00:11:50.413 --> 00:11:52.602 need to be treated in, which don't.

NOTE Confidence: 0.85132223367691

00:11:52.602 --> 00:11:54.348 And that's sort of an evolving

NOTE Confidence: 0.85132223367691

00:11:54.348 --> 00:11:56.019 area in urology currently,

NOTE Confidence: 0.85132223367691

00:11:56.020 --> 00:11:58.820 but our goal and really all doctors goal

NOTE Confidence: 0.85132223367691

00:11:58.820 --> 00:12:01.336 should be to not do any harm right?

NOTE Confidence: 0.85132223367691

00:12:01.340 --> 00:12:02.680 To do no harm.

NOTE Confidence: 0.85132223367691

00:12:02.680 --> 00:12:04.690 And so our goal is to.

NOTE Confidence: 0.85132223367691

00:12:04.690 --> 00:12:07.024 Only treatment that we think will

NOTE Confidence: 0.85132223367691

00:12:07.024 --> 00:12:09.268 benefit from treatment and often we

NOTE Confidence: 0.85132223367691

00:12:09.268 --> 00:12:11.445 sort of even stop screening men as

NOTE Confidence: 0.85132223367691

00:12:11.445 --> 00:12:14.133 they get up into their 70s and 80s

NOTE Confidence: 0.85132223367691

00:12:14.133 --> 00:12:15.826 because they probably won't benefit

NOTE Confidence: 0.85132223367691

00:12:15.826 --> 00:12:17.218 from prostate cancer treatment

NOTE Confidence: 0.88097208738327

00:12:17.220 --> 00:12:19.632 at that age are the things that they can

NOTE Confidence: 0.88097208738327

00:12:19.632 --> 00:12:22.109 do from a nutritional standpoint that

NOTE Confidence: 0.88097208738327

00:12:22.109 --> 00:12:24.530 can improve their prostate. So that's

NOTE Confidence: 0.88097208738327

00:12:24.530 --> 00:12:25.922 another area where there's

NOTE Confidence: 0.88097208738327

00:12:25.922 --> 00:12:28.010 a lot of research right now.

NOTE Confidence: 0.88097208738327

00:12:28.010 --> 00:12:29.810 And of course every patient

NOTE Confidence: 0.88097208738327

00:12:29.810 --> 00:12:32.179 wants to know what they can do.

NOTE Confidence: 0.88097208738327

00:12:32.180 --> 00:12:35.164 By and large, we don't have any specific

NOTE Confidence: 0.88097208738327

00:12:35.164 --> 00:12:36.439 dietary recommendations to make.

NOTE Confidence: 0.88097208738327

00:12:36.440 --> 00:12:38.294 There is some data to suggest

NOTE Confidence: 0.88097208738327

00:12:38.294 --> 00:12:39.530 perhaps that soy products,

NOTE Confidence: 0.88097208738327

00:12:39.530 --> 00:12:41.658 or perhaps that certain products high in

NOTE Confidence: 0.88097208738327

00:12:41.658 --> 00:12:43.549 antioxidants might be helpful in general.

NOTE Confidence: 0.88097208738327

00:12:43.550 --> 00:12:45.422 What I tell patients is what's

NOTE Confidence: 0.88097208738327

00:12:45.422 --> 00:12:47.331 good for your heart is probably

NOTE Confidence: 0.88097208738327

00:12:47.331 --> 00:12:49.417 good for the rest of your body,

NOTE Confidence: 0.88097208738327

00:12:49.420 --> 00:12:51.520 so you know following sort of low

NOTE Confidence: 0.88097208738327

00:12:51.520 --> 00:12:52.794 fat Mediterranean type dietze  
NOTE Confidence: 0.88097208738327

00:12:52.794 --> 00:12:54.359 will certainly not harm you.  
NOTE Confidence: 0.88097208738327

00:12:54.360 --> 00:12:56.824 We don't have data to tell you specifically,  
NOTE Confidence: 0.88097208738327

00:12:56.830 --> 00:12:58.690 it will benefit your prostate cancer  
NOTE Confidence: 0.88097208738327

00:12:58.690 --> 00:12:59.310 however, so  
NOTE Confidence: 0.848392486572266

00:12:59.310 --> 00:13:01.382 I always like to check in and  
NOTE Confidence: 0.848392486572266

00:13:01.382 --> 00:13:02.973 see where does single Malt  
NOTE Confidence: 0.848392486572266

00:13:02.973 --> 00:13:04.868 Scotch Fit in on that scale?  
NOTE Confidence: 0.848392486572266

00:13:04.868 --> 00:13:07.709 Cures all prostate can see I knew that.  
NOTE Confidence: 0.848392486572266

00:13:07.709 --> 00:13:09.535 Yeah, there you go.  
NOTE Confidence: 0.848392486572266

00:13:09.535 --> 00:13:11.236 Cures everything else too.  
NOTE Confidence: 0.848392486572266

00:13:11.236 --> 00:13:13.588 One with some of the other  
NOTE Confidence: 0.848392486572266

00:13:13.588 --> 00:13:15.148 things that you treat,  
NOTE Confidence: 0.848392486572266

00:13:15.150 --> 00:13:16.905 her urologist just doesn't treat  
NOTE Confidence: 0.848392486572266

00:13:16.905 --> 00:13:18.309 prostate cancer prostate problems.  
NOTE Confidence: 0.848392486572266

00:13:18.310 --> 00:13:21.469 One of the some of the other areas that

NOTE Confidence: 0.859837472438812  
00:13:21.470 --> 00:13:22.523 you're involved in.  
NOTE Confidence: 0.859837472438812  
00:13:22.523 --> 00:13:25.354 So it's a very wide range. You know.  
NOTE Confidence: 0.859837472438812  
00:13:25.354 --> 00:13:27.526 We take care of basically any  
NOTE Confidence: 0.859837472438812  
00:13:27.526 --> 00:13:29.303 medical issues involving the kidneys  
NOTE Confidence: 0.859837472438812  
00:13:29.303 --> 00:13:32.020 all the way down to the tip of  
NOTE Confidence: 0.859837472438812  
00:13:32.020 --> 00:13:34.108 the penis in men and involving  
NOTE Confidence: 0.859837472438812  
00:13:34.108 --> 00:13:36.213 the female urinary tract as well.  
NOTE Confidence: 0.859837472438812  
00:13:36.213 --> 00:13:38.670 So that includes things like kidney stones,  
NOTE Confidence: 0.859837472438812  
00:13:38.670 --> 00:13:40.074 things like kidney tumors,  
NOTE Confidence: 0.859837472438812  
00:13:40.074 --> 00:13:41.478 urinary complaints like incontinence,  
NOTE Confidence: 0.859837472438812  
00:13:41.480 --> 00:13:42.629 or overactive bladder.  
NOTE Confidence: 0.859837472438812  
00:13:42.629 --> 00:13:44.927 You know testicular cancer in men,  
NOTE Confidence: 0.859837472438812  
00:13:44.930 --> 00:13:46.855 so there's a pretty wide  
NOTE Confidence: 0.859837472438812  
00:13:46.855 --> 00:13:48.010 variety of conditions.  
NOTE Confidence: 0.859837472438812  
00:13:48.010 --> 00:13:49.168 One was probably  
NOTE Confidence: 0.834819614887238

00:13:49.170 --> 00:13:51.100 the most prevalent area we  
NOTE Confidence: 0.834819614887238

00:13:51.100 --> 00:13:52.644 talked about men's health.  
NOTE Confidence: 0.834819614887238

00:13:52.650 --> 00:13:54.580 What about in Women's Health?  
NOTE Confidence: 0.878101170063019

00:13:55.110 --> 00:13:55.926 Well, it's interesting.  
NOTE Confidence: 0.878101170063019

00:13:55.926 --> 00:13:58.120 I would certainly say this time of year.  
NOTE Confidence: 0.878101170063019

00:13:58.120 --> 00:13:59.490 The most common thing we're  
NOTE Confidence: 0.878101170063019

00:13:59.490 --> 00:14:00.586 seeing is kidney stones,  
NOTE Confidence: 0.878101170063019

00:14:00.590 --> 00:14:02.459 and there seems to be a surge  
NOTE Confidence: 0.878101170063019

00:14:02.459 --> 00:14:04.150 towards the end of the summer,  
NOTE Confidence: 0.878101170063019

00:14:04.150 --> 00:14:06.271 which I think is probably for for  
NOTE Confidence: 0.878101170063019

00:14:06.271 --> 00:14:07.773 somewhat obvious reasons that people  
NOTE Confidence: 0.878101170063019

00:14:07.773 --> 00:14:09.642 tend to be a little more dehydrated  
NOTE Confidence: 0.878101170063019

00:14:09.642 --> 00:14:11.402 and probably have a little bit of  
NOTE Confidence: 0.878101170063019

00:14:11.402 --> 00:14:12.886 a poorer diet in the summertime.  
NOTE Confidence: 0.878101170063019

00:14:12.886 --> 00:14:14.950 But kidney stones used to be a very  
NOTE Confidence: 0.878101170063019

00:14:15.002 --> 00:14:16.640 male centric disease that has changed

NOTE Confidence: 0.878101170063019

00:14:16.640 --> 00:14:18.950 quite a bit over the past several years,

NOTE Confidence: 0.878101170063019

00:14:18.950 --> 00:14:21.140 to the point that it's basically 5050. At

NOTE Confidence: 0.878101170063019

00:14:21.140 --> 00:14:22.515 this point, it's really interesting

NOTE Confidence: 0.878101170063019

00:14:22.515 --> 00:14:24.150 because we're hearing more and more.

NOTE Confidence: 0.878101170063019

00:14:24.150 --> 00:14:26.697 I've heard a lot of cases of kidney stones.

NOTE Confidence: 0.878101170063019

00:14:26.700 --> 00:14:29.814 And I was surprised to seem like they were.

NOTE Confidence: 0.878101170063019

00:14:29.820 --> 00:14:32.249 There were an awful lot of this

NOTE Confidence: 0.878101170063019

00:14:32.249 --> 00:14:35.027 that seem to be at this time here,

NOTE Confidence: 0.878101170063019

00:14:35.030 --> 00:14:37.112 so why now instead of other

NOTE Confidence: 0.878101170063019

00:14:37.112 --> 00:14:39.190 times of the year? Well, we

NOTE Confidence: 0.840907514095306

00:14:39.190 --> 00:14:41.556 think in general the change in kidney

NOTE Confidence: 0.840907514095306

00:14:41.556 --> 00:14:43.700 stone prevalence in the United States,

NOTE Confidence: 0.840907514095306

00:14:43.700 --> 00:14:46.129 which is a very well documented trend,

NOTE Confidence: 0.840907514095306

00:14:46.130 --> 00:14:49.254 has a lot to do with Dyett, you know,

NOTE Confidence: 0.840907514095306

00:14:49.254 --> 00:14:52.030 the American diet tends to be high salt,

NOTE Confidence: 0.840907514095306

00:14:52.030 --> 00:14:54.459 kind of high fat, high sugar content,  
NOTE Confidence: 0.840907514095306

00:14:54.460 --> 00:14:56.924 and all of those will increase the.  
NOTE Confidence: 0.840907514095306

00:14:56.930 --> 00:14:58.490 Prevalence of kidney stone formation.  
NOTE Confidence: 0.840907514095306

00:14:58.490 --> 00:14:59.682 It essentially kidney stone  
NOTE Confidence: 0.840907514095306

00:14:59.682 --> 00:15:01.470 formation is sort of like a  
NOTE Confidence: 0.840907514095306

00:15:01.524 --> 00:15:03.149 chemistry problem in the body,  
NOTE Confidence: 0.840907514095306

00:15:03.150 --> 00:15:05.638 so if you put in the wrong ingredients,  
NOTE Confidence: 0.840907514095306

00:15:05.640 --> 00:15:06.651 you'll end up.  
NOTE Confidence: 0.840907514095306

00:15:06.651 --> 00:15:08.673 You'll end up forming stones and  
NOTE Confidence: 0.840907514095306

00:15:08.673 --> 00:15:10.610 dehydration plays a role there as well,  
NOTE Confidence: 0.840907514095306

00:15:10.610 --> 00:15:13.098 so you know in the summertime it's hotter.  
NOTE Confidence: 0.840907514095306

00:15:13.100 --> 00:15:15.277 People tend to be doing more outside  
NOTE Confidence: 0.840907514095306

00:15:15.277 --> 00:15:16.830 and sweating more, so there's  
NOTE Confidence: 0.86652684211731

00:15:16.830 --> 00:15:18.090 likely a component of  
NOTE Confidence: 0.86652684211731

00:15:18.090 --> 00:15:19.350 dehydration as well the.  
NOTE Confidence: 0.86652684211731

00:15:19.350 --> 00:15:21.485 SARS they've never had a kidney stone

NOTE Confidence: 0.86652684211731

00:15:21.485 --> 00:15:23.552 and I'm thankful I haven't because

NOTE Confidence: 0.86652684211731

00:15:23.552 --> 00:15:25.340 Sanderson is quite painful. Yes,

NOTE Confidence: 0.850709676742554

00:15:25.340 --> 00:15:27.678 it's awful. I've never had one either,

NOTE Confidence: 0.850709676742554

00:15:27.680 --> 00:15:29.600 thankfully, but I will tell you

NOTE Confidence: 0.850709676742554

00:15:29.600 --> 00:15:31.981 I've taken care of many women who

NOTE Confidence: 0.850709676742554

00:15:31.981 --> 00:15:34.051 have been pregnant before and have

NOTE Confidence: 0.850709676742554

00:15:34.051 --> 00:15:36.388 told me the kidney stone pain is

NOTE Confidence: 0.850709676742554

00:15:36.388 --> 00:15:38.334 much worse than having a child,

NOTE Confidence: 0.850709676742554

00:15:38.334 --> 00:15:40.326 so it's it's a unique type

NOTE Confidence: 0.850709676742554

00:15:40.330 --> 00:15:41.658 of pain for sure.

NOTE Confidence: 0.850709676742554

00:15:41.658 --> 00:15:44.323 I don't intend to have a child either,

NOTE Confidence: 0.850709676742554

00:15:44.323 --> 00:15:47.200 but neither kidney stone or a child, right?

NOTE Confidence: 0.850709676742554

00:15:47.200 --> 00:15:49.730 Yeah, so. But with that Doctor Berger,

NOTE Confidence: 0.850709676742554

00:15:49.730 --> 00:15:51.770 we are at at the end of our

NOTE Confidence: 0.850709676742554

00:15:51.770 --> 00:15:53.789 at the end of our segment.

NOTE Confidence: 0.850709676742554

00:15:53.790 --> 00:15:55.362 I want to thank you for  
NOTE Confidence: 0.850709676742554

00:15:55.362 --> 00:15:56.980 being with us this morning.  
NOTE Confidence: 0.850709676742554

00:15:56.980 --> 00:15:58.184 Interesting and important stuff.  
NOTE Confidence: 0.850709676742554

00:15:58.184 --> 00:15:59.990 This is a urologist at Lawrence  
NOTE Confidence: 0.850709676742554

00:16:00.037 --> 00:16:01.555 and memorial and we talked about  
NOTE Confidence: 0.850709676742554

00:16:01.555 --> 00:16:03.233 prostate cancer and I think also  
NOTE Confidence: 0.850709676742554

00:16:03.233 --> 00:16:04.758 as important as discussion about  
NOTE Confidence: 0.850709676742554

00:16:04.758 --> 00:16:06.550 kidney stones because we think that's  
NOTE Confidence: 0.850709676742554

00:16:06.550 --> 00:16:08.290 become a little bit more prevalent.  
NOTE Confidence: 0.850709676742554

00:16:08.290 --> 00:16:10.234 And so I guess my correct me if  
NOTE Confidence: 0.850709676742554

00:16:10.234 --> 00:16:12.416 I'm wrong that people need to make  
NOTE Confidence: 0.850709676742554

00:16:12.416 --> 00:16:14.046 sure that they remain hydrated  
NOTE Confidence: 0.850709676742554

00:16:14.114 --> 00:16:15.539 for all of these things.  
NOTE Confidence: 0.850709676742554

00:16:15.540 --> 00:16:18.858 It's got to be a real positive.  
NOTE Confidence: 0.850709676742554

00:16:18.860 --> 00:16:19.140 Absolutely  
NOTE Confidence: 0.882617592811584

00:16:19.140 --> 00:16:19.692 yeah, absolutely.

NOTE Confidence: 0.882617592811584  
00:16:19.692 --> 00:16:21.348 Gotta take care of your body.  
NOTE Confidence: 0.882617592811584  
00:16:21.350 --> 00:16:22.805 You know, drink, drink water  
NOTE Confidence: 0.882617592811584  
00:16:22.805 --> 00:16:24.567 and you know everything will for  
NOTE Confidence: 0.882617592811584  
00:16:24.567 --> 00:16:26.055 the most part sort itself out.  
NOTE Confidence: 0.882617592811584  
00:16:26.060 --> 00:16:27.999 But if your symptoms are getting worse,  
NOTE Confidence: 0.882617592811584  
00:16:28.000 --> 00:16:29.455 just please tell your doctor  
NOTE Confidence: 0.882617592811584  
00:16:29.455 --> 00:16:30.910 and you know we're always  
NOTE Confidence: 0.882617592811584  
00:16:30.964 --> 00:16:32.160 happy to see you. Thank  
NOTE Confidence: 0.882617592811584  
00:16:32.160 --> 00:16:34.631 you very much and now. Zachary,  
NOTE Confidence: 0.882617592811584  
00:16:34.631 --> 00:16:39.410 what time is it is time for the news.