## WEBVTT

 $00:00:00.000 \longrightarrow 00:00:02.405$  Support for Yale Cancer Answers

NOTE Confidence: 0.86825037

 $00{:}00{:}02.405 \dashrightarrow 00{:}00{:}04.810$  comes from AstraZeneca dedicated

NOTE Confidence: 0.86825037

 $00:00:04.890 \longrightarrow 00:00:07.854$  to providing innovative treatment

NOTE Confidence: 0.86825037

 $00:00:07.854 \longrightarrow 00:00:11.559$  options for people living with

NOTE Confidence: 0.86825037

 $00{:}00{:}11.559 \dashrightarrow 00{:}00{:}12.300$  cancer. Learn more at a strazeneca-us.com.

NOTE Confidence: 0.8466502

 $00:00:14.420 \longrightarrow 00:00:15.844$  Welcome to Yale Cancer Answers

NOTE Confidence: 0.8466502

00:00:15.844 --> 00:00:17.268 with your host

NOTE Confidence: 0.8466502

00:00:17.270 --> 00:00:19.050 Doctor Anees Chagpar.

NOTE Confidence: 0.8466502

 $00:00:19.050 \longrightarrow 00:00:20.950$  Yale Cancer Answers features the

NOTE Confidence: 0.8466502

 $00:00:20.950 \longrightarrow 00:00:23.285$  latest information on cancer care by

NOTE Confidence: 0.8466502

 $00{:}00{:}23.285 \dashrightarrow 00{:}00{:}24.781$  welcoming on cologists and specialists

NOTE Confidence: 0.8466502

 $00:00:24.781 \longrightarrow 00:00:27.291$  who are on the forefront of the

NOTE Confidence: 0.8466502

 $00{:}00{:}27.291 \dashrightarrow 00{:}00{:}29.019$  battle to fight cancer. This week

NOTE Confidence: 0.8466502

 $00{:}00{:}29.020 \dashrightarrow 00{:}00{:}30.800$  it's a conversation about liver

NOTE Confidence: 0.8466502

00:00:30.800 --> 00:00:32.580 cancer with Doctor Stacy Stein.

 $00:00:32.580 \longrightarrow 00:00:34.722$  Doctor Stein is an associate professor

NOTE Confidence: 0.8466502

 $00{:}00{:}34.722 \dashrightarrow 00{:}00{:}36.904$  of internal medicine in medical oncology

NOTE Confidence: 0.8466502

 $00:00:36.904 \longrightarrow 00:00:38.980$  at the Yale School of Medicine,

NOTE Confidence: 0.8466502

 $00:00:38.980 \longrightarrow 00:00:41.116$  where doctor Chagpar is a

NOTE Confidence: 0.8466502

00:00:41.116 --> 00:00:42.540 professor of surgical oncology.

NOTE Confidence: 0.8866099

 $00:00:43.870 \longrightarrow 00:00:45.956$  So Stacy, we don't know

NOTE Confidence: 0.8866099

 $00:00:45.956 \longrightarrow 00:00:48.239$  a whole lot about liver cancers.

NOTE Confidence: 0.8866099

 $00:00:48.240 \longrightarrow 00:00:50.130$  We certainly talk a lot about

NOTE Confidence: 0.8866099

 $00{:}00{:}50.130 \dashrightarrow 00{:}00{:}51.930$  breast cancer and colon cancers,

NOTE Confidence: 0.8866099

 $00:00:51.930 \longrightarrow 00:00:54.218$  but tell us a little bit more about

NOTE Confidence: 0.8866099

 $00{:}00{:}54.218 \dashrightarrow 00{:}00{:}56.637$  how we think about liver cancers.

NOTE Confidence: 0.8866099

 $00:00:56.640 \longrightarrow 00:00:57.980$ Yeah,

NOTE Confidence: 0.8866099

 $00:00:57.980 \longrightarrow 00:00:58.640$  you're right.

NOTE Confidence: 0.8866099

 $00:00:58.640 \longrightarrow 00:01:00.950$  I don't think it gets the same

NOTE Confidence: 0.8866099

 $00:01:00.950 \longrightarrow 00:01:02.688$  attention as some other cancers

NOTE Confidence: 0.8866099

 $00:01:02.690 \longrightarrow 00:01:04.700$  in the public.

 $00{:}01{:}04.700 \dashrightarrow 00{:}01{:}07.269$  But I think it's a really important

NOTE Confidence: 0.8866099

 $00{:}01{:}07.269 \dashrightarrow 00{:}01{:}09.664$  cancer to talk about because it's

NOTE Confidence: 0.8866099

 $00:01:09.664 \longrightarrow 00:01:12.492$  actually one of the few cancers that is

NOTE Confidence: 0.8866099

 $00:01:12.572 \longrightarrow 00:01:14.994$  still on the rise in our country.

NOTE Confidence: 0.8866099

 $00{:}01{:}15.000 \dashrightarrow 00{:}01{:}17.912$  Some people might be familiar

NOTE Confidence: 0.8866099

 $00:01:17.912 \longrightarrow 00:01:21.495$  with some of the traditional causes of

NOTE Confidence: 0.8866099

 $00:01:21.495 \longrightarrow 00:01:24.305$  cirrhosis which causes liver cancer.

NOTE Confidence: 0.8866099

 $00:01:24.310 \longrightarrow 00:01:25.780$  Worldwide this is a very

NOTE Confidence: 0.8866099

00:01:25.780 --> 00:01:28.720 prevalent cancer,

NOTE Confidence: 0.8866099

 $00:01:28.720 \longrightarrow 00:01:31.180$  especially because of hepatitis B

NOTE Confidence: 0.8866099

 $00{:}01{:}31.180 \dashrightarrow 00{:}01{:}34.196$  and mother's passing it on to their

NOTE Confidence: 0.8866099

 $00:01:34.196 \longrightarrow 00:01:36.556$  babies. In the United States,

NOTE Confidence: 0.8866099

 $00{:}01{:}36.560 \dashrightarrow 00{:}01{:}39.758$  we see more people that have

NOTE Confidence: 0.8866099

 $00:01:39.758 \longrightarrow 00:01:41.890$  developed cirrhosis from hepatitis

NOTE Confidence: 0.8866099

 $00:01:41.980 \longrightarrow 00:01:43.825$  C or alcohol use, but

 $00:01:43.825 \longrightarrow 00:01:46.255$  another cause is actually on the

NOTE Confidence: 0.8866099

 $00:01:46.255 \longrightarrow 00:01:49.174$  rise in the United States that

NOTE Confidence: 0.8866099

 $00:01:49.174 \longrightarrow 00:01:52.748$  we don't talk about a lot and that

NOTE Confidence: 0.8866099

00:01:52.748 --> 00:01:55.398 is something called NASH Cirrhosis,

NOTE Confidence: 0.8866099

00:01:55.400 --> 00:01:58.424 which is related to the obesity epidemic,

NOTE Confidence: 0.8866099

 $00:01:58.430 \longrightarrow 00:02:01.878$  and we're seeing that more commonly now and

NOTE Confidence: 0.8866099

00:02:01.880 --> 00:02:04.040 I think it's something important

NOTE Confidence: 0.8866099

 $00:02:05.340 \longrightarrow 00:02:08.420$  that people are more aware of and primary

NOTE Confidence: 0.8866099

 $00{:}02{:}08.420 \dashrightarrow 00{:}02{:}10.950$  care physicians are more aware of,

NOTE Confidence: 0.8866099

 $00:02:10.950 \longrightarrow 00:02:12.678$  to screen their patients.

NOTE Confidence: 0.8418756

 $00{:}02{:}13.480 --> 00{:}02{:}16.280$  How exactly do they do that

NOTE Confidence: 0.8418756

 $00:02:16.280 \longrightarrow 00:02:19.079$  and is that the same concept of

NOTE Confidence: 0.8418756

 $00:02:19.079 \longrightarrow 00:02:21.878$  fatty liver that we sometimes hear about?

NOTE Confidence: 0.8418756

 $00{:}02{:}21.880 \dashrightarrow 00{:}02{:}24.680$  And is there screening for it? And

NOTE Confidence: 0.8418756

 $00:02:24.680 \longrightarrow 00:02:26.430$  if so, what is that?

NOTE Confidence: 0.8418756

 $00:02:26.430 \longrightarrow 00:02:28.830$  Often you know

 $00:02:28.830 \longrightarrow 00:02:30.486$  who is at risk

NOTE Confidence: 0.8418756

 $00:02:30.486 \longrightarrow 00:02:32.200$  for those kind of factors,

NOTE Confidence: 0.8418756

 $00:02:32.200 \longrightarrow 00:02:33.730$  so it's people that are

NOTE Confidence: 0.8418756

 $00:02:33.730 \longrightarrow 00:02:35.260$  older that may have obesity,

NOTE Confidence: 0.8418756

 $00:02:35.260 \longrightarrow 00:02:36.178$  high blood pressure,

NOTE Confidence: 0.8418756

00:02:36.178 --> 00:02:36.790 diabetes, right?

NOTE Confidence: 0.8418756

 $00:02:36.790 \longrightarrow 00:02:38.897$  So a lot of these common diagnosis

NOTE Confidence: 0.8418756

 $00:02:38.897 \longrightarrow 00:02:40.693$  that travel together and then you

NOTE Confidence: 0.8418756

00:02:40.693 --> 00:02:42.367 know it's also not uncommon for

NOTE Confidence: 0.8418756

 $00:02:42.367 \longrightarrow 00:02:44.015$  people with all these diagnosis

NOTE Confidence: 0.8418756

 $00:02:44.015 \longrightarrow 00:02:45.655$  to be on several medications,

NOTE Confidence: 0.8418756

 $00:02:45.660 \longrightarrow 00:02:47.837$  and then they may have

NOTE Confidence: 0.8418756

 $00{:}02{:}47.837 \dashrightarrow 00{:}02{:}49.720$  blood work where their liver enzymes

NOTE Confidence: 0.8418756

 $00:02:49.720 \longrightarrow 00:02:51.778$  are a little bit out of range,

NOTE Confidence: 0.8418756

 $00:02:51.780 \longrightarrow 00:02:53.478$  but I think it usually gets

 $00:02:53.478 \longrightarrow 00:02:55.603$  ascribed to maybe a side effect of

NOTE Confidence: 0.8418756

00:02:55.603 --> 00:02:57.451 one of the medications that they

NOTE Confidence: 0.8418756

00:02:57.451 --> 00:02:59.388 were on instead of thinking about

NOTE Confidence: 0.8418756

 $00:02:59.390 \longrightarrow 00:03:01.535$  underlying liver disease and so

NOTE Confidence: 0.8418756

 $00:03:01.535 \longrightarrow 00:03:04.420$  it's important when we see

NOTE Confidence: 0.8418756

 $00:03:04.420 \longrightarrow 00:03:06.585$  elevations in liver enzymes to

NOTE Confidence: 0.8418756

00:03:06.585 --> 00:03:09.204 be thinking that this might be

NOTE Confidence: 0.8418756

 $00:03:09.204 \longrightarrow 00:03:10.696$  a primary liver issue.

NOTE Confidence: 0.88217324

 $00:03:12.550 \longrightarrow 00:03:14.720$  Interesting, and

NOTE Confidence: 0.88217324

 $00:03:14.720 \longrightarrow 00:03:17.450$  because we've talked on this show so

NOTE Confidence: 0.88217324

 $00:03:17.450 \longrightarrow 00:03:21.062$  much and on others about how there really

NOTE Confidence: 0.88217324

 $00:03:21.062 \longrightarrow 00:03:24.240$  is this obesity epidemic and

NOTE Confidence: 0.88217324

 $00:03:24.240 \longrightarrow 00:03:28.142$  over 40% some people even say over 50% of

NOTE Confidence: 0.88217324

 $00:03:28.142 \longrightarrow 00:03:30.734$  our population are overweight or obese,

NOTE Confidence: 0.88217324

00:03:30.740 --> 00:03:33.596 how often should you be getting

NOTE Confidence: 0.88217324

 $00:03:33.596 \longrightarrow 00:03:35.500$  those liver enzymes checked?

 $00:03:35.500 \longrightarrow 00:03:37.660$  And if they are abnormal,

NOTE Confidence: 0.88217324

 $00:03:37.660 \longrightarrow 00:03:38.959$  what should ensue?

NOTE Confidence: 0.84738743

00:03:39.840 --> 00:03:42.246 Yeah, that's a good question,

NOTE Confidence: 0.84738743

 $00:03:42.246 \longrightarrow 00:03:45.470$  so I think the screening needs to be updated.

NOTE Confidence: 0.84738743

 $00:03:45.470 \longrightarrow 00:03:47.576$  You know most of the screening

NOTE Confidence: 0.84738743

 $00:03:47.576 \longrightarrow 00:03:49.699$  and efforts in the

NOTE Confidence: 0.84738743

 $00:03:49.700 \longrightarrow 00:03:51.460$  hepatology guidelines really focus around,

NOTE Confidence: 0.84738743

00:03:51.460 --> 00:03:53.589 which is still very important,

NOTE Confidence: 0.84738743

00:03:53.589 --> 00:03:55.434 screening people for hepatitis B

NOTE Confidence: 0.84738743

 $00{:}03{:}55.434 \dashrightarrow 00{:}03{:}57.608$  and hepatitis C because we have

NOTE Confidence: 0.84738743

00:03:57.608 --> 00:03:59.198 treatment now for hepatitis C.

NOTE Confidence: 0.84738743

 $00:03:59.200 \longrightarrow 00:04:01.312$  We have treatment

NOTE Confidence: 0.84738743

 $00:04:01.312 \longrightarrow 00:04:03.423$  for not curatives, but we have

NOTE Confidence: 0.84738743

 $00{:}04{:}03.423 \dashrightarrow 00{:}04{:}05.178$  suppressive treatment for hepatitis B.

 $00:04:06.668 \longrightarrow 00:04:09.779$  And the question is then who should we be

NOTE Confidence: 0.84738743

 $00:04:09.779 \longrightarrow 00:04:11.784$  screening for this NASH Cirrhosis?

 $00:04:11.790 \longrightarrow 00:04:14.070$  You know the guidelines are not

NOTE Confidence: 0.84738743

 $00{:}04{:}14.070 \dashrightarrow 00{:}04{:}16.337$  completely set the same way as

NOTE Confidence: 0.84738743

 $00:04:16.337 \longrightarrow 00:04:18.359$  they are for these other causes,

NOTE Confidence: 0.84738743

00:04:18.360 --> 00:04:20.640 but I think certainly when you

NOTE Confidence: 0.84738743

 $00{:}04{:}20.640 \dashrightarrow 00{:}04{:}23.058$  see some one that's having elevated liver

NOTE Confidence: 0.84738743

00:04:23.058 --> 00:04:25.293 enzymes or potentially decreased platelets,

NOTE Confidence: 0.84738743

 $00:04:25.300 \longrightarrow 00:04:27.120$  that could be a sign.

NOTE Confidence: 0.84738743

00:04:27.120 --> 00:04:28.950 And portal hypertension,

NOTE Confidence: 0.84738743

 $00:04:28.950 \longrightarrow 00:04:30.864$  or people have had imaging for

NOTE Confidence: 0.84738743

 $00{:}04{:}30.864 \longrightarrow 00{:}04{:}33.045$  other reasons and you find changes

NOTE Confidence: 0.84738743

 $00:04:33.045 \longrightarrow 00:04:35.150$  that are consistent with cirrhosis.

NOTE Confidence: 0.84738743

 $00{:}04{:}35.150 \dashrightarrow 00{:}04{:}38.062$  I think it's important to really go

NOTE Confidence: 0.84738743

 $00{:}04{:}38.062 \dashrightarrow 00{:}04{:}41.517$  down the path of fully working that up.

 $00:04:42.238 \longrightarrow 00:04:44.392$  But I don't think the guidelines

NOTE Confidence: 0.84738743

 $00:04:44.392 \longrightarrow 00:04:46.911$  are really clear yet of how we

NOTE Confidence: 0.84738743

00:04:46.911 --> 00:04:48.295 screen for NASH Cirrhosis.

 $00{:}04{:}48.300 \dashrightarrow 00{:}04{:}50.466$  But I think it's going to

NOTE Confidence: 0.84738743

 $00:04:50.466 \longrightarrow 00:04:52.230$  be important to

NOTE Confidence: 0.84738743

 $00:04:52.942 \longrightarrow 00:04:54.366$  give better direction to

NOTE Confidence: 0.8705947

 $00:04:54.370 \longrightarrow 00:04:56.506$  people in primary care about that.

 $00:04:58.496 \longrightarrow 00:05:00.289$  You mentioned that there's good screening

NOTE Confidence: 0.8705947

 $00:05:00.289 \longrightarrow 00:05:02.548$  for hepatitis B and C, and

NOTE Confidence: 0.8705947

 $00:05:02.548 \longrightarrow 00:05:05.440$  certainly we have vaccines for both of those,

NOTE Confidence: 0.8705947

 $00{:}05{:}05.440 \dashrightarrow 00{:}05{:}08.491$  but let's talk a little bit about how we

NOTE Confidence: 0.8705947

 $00:05:08.491 \longrightarrow 00:05:11.147$  screen for those HEPAs as well.

NOTE Confidence: 0.8705947

00:05:11.150 --> 00:05:13.747 I mean, should that be something that

NOTE Confidence: 0.8705947

 $00{:}05{:}13.750 \dashrightarrow 00{:}05{:}16.487$  is routine at your doctors of fice.

NOTE Confidence: 0.8705947

00:05:16.490 --> 00:05:18.440 How frequently should that happen?

NOTE Confidence: 0.8705947

00:05:18.440 --> 00:05:21.219 Or is that something that you only

NOTE Confidence: 0.8705947

00:05:21.219 --> 00:05:23.657 really screen for if you're at

NOTE Confidence: 0.8705947

 $00:05:23.657 \longrightarrow 00:05:25.991$  risk of getting those hepatitides

NOTE Confidence: 0.8705947

 $00:05:25.991 \longrightarrow 00:05:28.218$  and what are those risk

 $00:05:28.220 \longrightarrow 00:05:30.170$  factors?

NOTE Confidence: 0.87121505

00:05:30.170 --> 00:05:32.739 In the United States, all babies are

NOTE Confidence: 0.87121505

00:05:32.739 --> 00:05:35.647 given a series of hepatitis B vaccines,

NOTE Confidence: 0.87121505

 $00:05:35.650 \longrightarrow 00:05:39.151$  so it's really more of an issue of screening

NOTE Confidence: 0.87121505

 $00:05:39.151 \longrightarrow 00:05:42.286$  people that were not born in this country,

NOTE Confidence: 0.87121505

 $00{:}05{:}42.290 \dashrightarrow 00{:}05{:}43.586$  especially Asian populations

NOTE Confidence: 0.87121505

 $00:05:43.586 \longrightarrow 00:05:46.178$  where the numbers are the highest.

NOTE Confidence: 0.87121505

 $00{:}05{:}46.180 \to 00{:}05{:}49.428$  For hepatitis C, it's recommended

NOTE Confidence: 0.87121505

 $00:05:49.428 \longrightarrow 00:05:52.103$  that especially everyone from the baby

NOTE Confidence: 0.87121505

 $00:05:52.103 \longrightarrow 00:05:54.917$  boomer generation is screened at least once,

NOTE Confidence: 0.87121505

 $00{:}05{:}54.920 \to 00{:}05{:}57.902$  and then certainly you know if there's

NOTE Confidence: 0.87121505

 $00:05:57.902 \longrightarrow 00:06:01.024$  any concern for a more acute liver

NOTE Confidence: 0.87121505

 $00{:}06{:}01.024 \dashrightarrow 00{:}06{:}03.219$  process, that could be repeated.

NOTE Confidence: 0.87121505

 $00:06:03.220 \longrightarrow 00:06:04.968$  There are initiatives

NOTE Confidence: 0.87121505

00:06:04.968 --> 00:06:06.716 through primary care,

 $00:06:06.720 \longrightarrow 00:06:09.336$  and especially through the VA system.

NOTE Confidence: 0.87121505

00:06:09.340 --> 00:06:10.238 Unfortunately,

NOTE Confidence: 0.87121505

00:06:10.238 --> 00:06:12.932 there's a large burden of hepatitis

NOTE Confidence: 0.87121505

 $00:06:12.932 \longrightarrow 00:06:16.309$  C to really make sure that everyone

NOTE Confidence: 0.87121505

 $00:06:16.310 \longrightarrow 00:06:19.355$  is screened at least once,

NOTE Confidence: 0.87121505

 $00:06:19.360 \longrightarrow 00:06:21.976$  because we do have treatment now,

NOTE Confidence: 0.87121505

 $00:06:21.980 \longrightarrow 00:06:24.590$  which is important to know

NOTE Confidence: 0.87121505

 $00{:}06{:}24.590 \dashrightarrow 00{:}06{:}27.206$  and make sure that's started in

NOTE Confidence: 0.8826564

 $00:06:27.210 \longrightarrow 00:06:31.125$  a timely fashion.

NOTE Confidence: 0.8826564

00:06:31.130 --> 00:06:33.310 And screening is a routine blood test,

 $00{:}06{:}36.561 \dashrightarrow 00{:}06{:}39.692$  so if you haven't had a blood test

NOTE Confidence: 0.8826564

 $00:06:39.692 \longrightarrow 00:06:42.908$  and are in that baby Boomer generation,

NOTE Confidence: 0.8826564

00:06:42.910 --> 00:06:46.390 or you have been born in another country,

NOTE Confidence: 0.8826564

 $00{:}06{:}46.390 \dashrightarrow 00{:}06{:}47.950$ it's a good idea

NOTE Confidence: 0.8826564

 $00:06:47.950 \longrightarrow 00:06:50.730$  to at least get checked and

NOTE Confidence: 0.8826564

 $00:06:50.730 \longrightarrow 00:06:53.514$  see if you have one of these two

 $00:06:53.514 \longrightarrow 00:06:56.649$  hepatitides which may put you at

NOTE Confidence: 0.8826564

 $00{:}06{:}56.649 \dashrightarrow 00{:}06{:}58.805$  risk of developing liver cancer.

NOTE Confidence: 0.8826564

 $00:06:58.805 \longrightarrow 00:07:01.290$  So let's talk a little bit about

NOTE Confidence: 0.8826564

 $00:07:01.290 \longrightarrow 00:07:03.855$  that next step when you

NOTE Confidence: 0.8826564

 $00:07:03.855 \longrightarrow 00:07:06.159$  were talking about how if your

NOTE Confidence: 0.8826564

 $00:07:06.159 \longrightarrow 00:07:08.409$  liver enzymes are elevated that

NOTE Confidence: 0.8826564

00:07:08.409 --> 00:07:11.044 should really spur people on to

NOTE Confidence: 0.8826564

 $00:07:11.044 \longrightarrow 00:07:13.546$  thinking about liver cancer as a

NOTE Confidence: 0.8826564

 $00:07:13.546 \longrightarrow 00:07:16.090$  potential cause for that, so

NOTE Confidence: 0.8826564

00:07:16.090 --> 00:07:18.833 aside from an abnormal blood test of

NOTE Confidence: 0.8826564

 $00{:}07{:}18.833 \dashrightarrow 00{:}07{:}20.798$  your liver enzymes being elevated,

NOTE Confidence: 0.8826564

 $00:07:20.800 \longrightarrow 00:07:23.278$  are there other symptoms that people

NOTE Confidence: 0.8826564

 $00{:}07{:}23.280 \dashrightarrow 00{:}07{:}25.296$  should be looking for in terms

NOTE Confidence: 0.8826564

 $00:07:25.296 \longrightarrow 00:07:28.107$  of liver cancer or can it be

NOTE Confidence: 0.8826564

00:07:28.107 --> 00:07:29.039 completely asymptomatic?

 $00:07:29.810 \longrightarrow 00:07:32.108$  That's a good question.

 $00:07:32.110 \longrightarrow 00:07:34.798$  So what's so interesting about liver cancer

NOTE Confidence: 0.8591709

 $00:07:34.800 \longrightarrow 00:07:37.327$  is that it's so tied to Cirrhosis

NOTE Confidence: 0.8591709

 $00:07:37.327 \longrightarrow 00:07:39.020$  and underlying liver disease,

NOTE Confidence: 0.8591709

 $00:07:39.020 \longrightarrow 00:07:41.222$  and so those two things obviously

NOTE Confidence: 0.8591709

 $00:07:41.222 \longrightarrow 00:07:43.629$  are separate but also very related.

NOTE Confidence: 0.8591709

00:07:43.630 --> 00:07:46.214 So you know the symptoms of the cancer

NOTE Confidence: 0.8591709

 $00:07:46.214 \longrightarrow 00:07:48.619$  may not be traditional symptoms.

NOTE Confidence: 0.8591709

 $00:07:48.620 \longrightarrow 00:07:50.056$  People think about,

NOTE Confidence: 0.8591709

 $00{:}07{:}50.056 \dashrightarrow 00{:}07{:}53.320$  we don't have a lot of nerve endings

NOTE Confidence: 0.8591709

 $00:07:53.320 \longrightarrow 00:07:54.616$  inside the liver.

NOTE Confidence: 0.8591709

 $00{:}07{:}54.616 \dashrightarrow 00{:}07{:}57.053$  So often people don't feel a difference

NOTE Confidence: 0.8591709

 $00:07:57.053 \longrightarrow 00:07:59.615$  necessarily the way someone might feel

NOTE Confidence: 0.8591709

 $00:07:59.615 \longrightarrow 00:08:02.200$  a mass somewhere else in their body.

NOTE Confidence: 0.8591709

 $00{:}08{:}02.200 \dashrightarrow 00{:}08{:}04.594$  And unless there's really tumor

NOTE Confidence: 0.8591709

 $00:08:04.594 \longrightarrow 00:08:07.181$  pressing on the capsule of the liver

NOTE Confidence: 0.8591709

 $00:08:07.181 \longrightarrow 00:08:09.970$  where there are a lot of nerve endings,

 $00:08:09.970 \longrightarrow 00:08:12.190$  they probably won't feel any different.

NOTE Confidence: 0.8591709

 $00:08:12.832 \longrightarrow 00:08:15.400$  So a lot of the screening really winds

NOTE Confidence: 0.8591709

00:08:15.467 --> 00:08:17.711 up being identifying the people at

NOTE Confidence: 0.8591709

00:08:17.711 --> 00:08:20.080 risk of for Cirrhosis and identifying

NOTE Confidence: 0.8591709

 $00{:}08{:}20.080 \dashrightarrow 00{:}08{:}22.486$  cirrhosis and then looking at that

NOTE Confidence: 0.8591709

00:08:22.486 --> 00:08:24.463 group and screening them with

NOTE Confidence: 0.8591709

 $00:08:24.463 \longrightarrow 00:08:26.418$  imaging for liver cancer.

NOTE Confidence: 0.8591709

 $00:08:26.420 \longrightarrow 00:08:29.204$  Because we know that the cure rate and

NOTE Confidence: 0.8591709

 $00:08:29.204 \longrightarrow 00:08:32.637$  the success at treatment is better

NOTE Confidence: 0.8591709

 $00:08:32.640 \longrightarrow 00:08:34.968$  the earlier we can find it.

 $00{:}08{:}36.062 \dashrightarrow 00{:}08{:}37.882$  So for patients that present with

NOTE Confidence: 0.8591709

 $00:08:37.882 \longrightarrow 00:08:40.329$  a single liver lesion and they

NOTE Confidence: 0.8591709

00:08:40.329 --> 00:08:41.973 have good liver function,

NOTE Confidence: 0.8591709

 $00:08:41.980 \longrightarrow 00:08:44.368$  they could be candidates for surgery

NOTE Confidence: 0.8591709

 $00:08:44.368 \longrightarrow 00:08:47.418$  where the tumor is able to be removed.

NOTE Confidence: 0.8591709

 $00:08:47.420 \longrightarrow 00:08:50.078$  For some patients who have still

00:08:50.078 --> 00:08:52.351 pretty limited disease and they

NOTE Confidence: 0.8591709

00:08:52.351 --> 00:08:54.476 may also have some cirrhosis,

NOTE Confidence: 0.8591709

 $00:08:54.480 \longrightarrow 00:08:56.238$  or declining liver function,

00:08:57.107 --> 00:08:59.480 and there's a lot of rules surrounding this,

NOTE Confidence: 0.8591709

 $00:08:59.480 \longrightarrow 00:09:01.205$  but they could potentially be

NOTE Confidence: 0.8591709

 $00:09:01.205 \longrightarrow 00:09:02.930$  candidates for liver transplant and that

NOTE Confidence: 0.8591709

 $00{:}09{:}02.989 \dashrightarrow 00{:}09{:}04.765$  could also be a curative option,

NOTE Confidence: 0.8591709

 $00:09:04.770 \longrightarrow 00:09:06.828$  but if the cancer is found later,

 $00:09:07.432 \longrightarrow 00:09:09.840$  then we don't have those kind of options

NOTE Confidence: 0.8591709

 $00:09:09.902 \longrightarrow 00:09:11.827$  and we have to then think about

NOTE Confidence: 0.8591709

 $00:09:11.830 \longrightarrow 00:09:12.998$  other treatments.

NOTE Confidence: 0.8781914

00:09:14.110 --> 00:09:16.966 So it's important to find it

NOTE Confidence: 0.8781914

 $00:09:16.966 \longrightarrow 00:09:20.618$  at an early stage as with so many cancers.

NOTE Confidence: 0.8781914

 $00:09:20.620 \longrightarrow 00:09:23.428$  Tell us a little bit about the

NOTE Confidence: 0.8781914

 $00:09:23.428 \longrightarrow 00:09:25.977$  imaging that needs to happen.

NOTE Confidence: 0.8781914

 $00:09:25.980 \longrightarrow 00:09:28.278$  You may be feeling completely asymptomatic.

 $00:09:28.280 \longrightarrow 00:09:30.944$  You hear this on the radio and you

NOTE Confidence: 0.8781914

 $00{:}09{:}30.944 \dashrightarrow 00{:}09{:}33.813$  decide to go and see your doctor

NOTE Confidence: 0.8781914

 $00:09:33.813 \longrightarrow 00:09:35.933$  because maybe you are overweight.

NOTE Confidence: 0.8781914

 $00:09:35.940 \longrightarrow 00:09:39.153$  Or maybe you have

NOTE Confidence: 0.8781914

00:09:39.153 --> 00:09:42.319 a history of alcohol in the past and

NOTE Confidence: 0.8781914

 $00:09:42.319 \longrightarrow 00:09:45.647$  and are worried about cirrhosis or maybe

NOTE Confidence: 0.8781914

 $00:09:45.650 \longrightarrow 00:09:47.630$  you've been screened for

NOTE Confidence: 0.8781914

 $00:09:47.630 \longrightarrow 00:09:50.580$  hepatitis B or C and your doctor

NOTE Confidence: 0.8781914

 $00{:}09{:}50.580 \dashrightarrow 00{:}09{:}53.256$  does that screening test and says,

NOTE Confidence: 0.8781914

 $00:09:53.260 \longrightarrow 00:09:55.678$  your liver function

NOTE Confidence: 0.8781914

 $00{:}09{:}55.678 \dashrightarrow 00{:}09{:}58.339$  studies are a little bit abnormal.

 $00:09:59.804 \dashrightarrow 00:10:02.404$  So imaging is the next thing that you should

NOTE Confidence: 0.8781914

 $00:10:02.404 \longrightarrow 00:10:05.365$  expect in order to try to find a liver

NOTE Confidence: 0.86345017

 $00:10:05.370 \longrightarrow 00:10:06.342$  cancer early, right?

NOTE Confidence: 0.86345017

00:10:06.342 --> 00:10:09.319 So there's a few ways to image the liver,

NOTE Confidence: 0.86345017

 $00:10:09.320 \longrightarrow 00:10:10.965$  so sometimes for screening they

00:10:10.965 --> 00:10:12.610 start with just an ultrasound,

NOTE Confidence: 0.86345017

 $00{:}10{:}12.610 \dashrightarrow 00{:}10{:}14.920$  which is pretty easy to get, noninvasive.

NOTE Confidence: 0.86345017

 $00:10:14.920 \longrightarrow 00:10:16.248$  There's a probe that is

NOTE Confidence: 0.86345017

00:10:16.248 --> 00:10:19.188 put over the abdomen and is kind of pushed down,

NOTE Confidence: 0.86345017

 $00:10:19.190 \longrightarrow 00:10:20.840$  and then there's

NOTE Confidence: 0.86345017

 $00:10:20.840 \longrightarrow 00:10:22.064$  images that show up,

NOTE Confidence: 0.86345017

 $00{:}10{:}22.064 \dashrightarrow 00{:}10{:}23.900$  and they could often find changes

NOTE Confidence: 0.86345017

 $00:10:23.957 \longrightarrow 00:10:25.767$  of Cirrhosis and possible tumor.

NOTE Confidence: 0.86345017

00:10:25.770 --> 00:10:27.666 And when we're really

NOTE Confidence: 0.86345017

00:10:27.666 --> 00:10:29.390 concerned that there is cancer,

NOTE Confidence: 0.86345017

 $00:10:29.390 \longrightarrow 00:10:32.260$  and we best want to characterize it,

NOTE Confidence: 0.86345017

 $00{:}10{:}32.260 \dashrightarrow 00{:}10{:}34.696$  the best imaging, what's considered

NOTE Confidence: 0.86345017

 $00:10:34.696 \longrightarrow 00:10:37.415$  the gold standard is really an MRI

NOTE Confidence: 0.86345017

 $00:10:37.415 \longrightarrow 00:10:39.795$  for patients that are not able to

NOTE Confidence: 0.86345017

 $00:10:39.876 \longrightarrow 00:10:42.556$  get an MRI for one reason or another,

NOTE Confidence: 0.86345017

 $00:10:42.560 \longrightarrow 00:10:45.104$  we're able to do a CAT scan with

00:10:45.104 --> 00:10:46.980 something called triphasic imaging,

NOTE Confidence: 0.86345017

00:10:46.980 --> 00:10:49.213 where we're able to get a very

NOTE Confidence: 0.86345017

 $00:10:49.213 \longrightarrow 00:10:52.170$  good look at the liver also so

NOTE Confidence: 0.86345017

 $00:10:52.170 \longrightarrow 00:10:54.095$  most patients once there's

NOTE Confidence: 0.86345017

 $00:10:54.178 \longrightarrow 00:10:55.810$  any real concern,

00:10:57.278 --> 00:10:59.113 they usually getting an MRI,

NOTE Confidence: 0.86345017

 $00:10:59.120 \longrightarrow 00:11:00.230$  and if not

NOTE Confidence: 0.85019046

 $00:11:00.230 \longrightarrow 00:11:02.460$  a CAT scan and so

NOTE Confidence: 0.85019046

 $00:11:02.460 \longrightarrow 00:11:04.064$  what's the next step?

NOTE Confidence: 0.85019046

00:11:04.064 --> 00:11:06.079 A biopsy now?

NOTE Confidence: 0.8700136

 $00{:}11{:}06.080 \dashrightarrow 00{:}11{:}08.887$  That's an excellent question.

NOTE Confidence: 0.8700136

00:11:08.890 --> 00:11:10.900 You know, for every cancer,

NOTE Confidence: 0.8700136

 $00:11:10.900 \longrightarrow 00:11:13.763$  I think most patients would identify a

NOTE Confidence: 0.8700136

00:11:13.763 --> 00:11:16.531 biopsy as being the next step, right?

NOTE Confidence: 0.8700136

00:11:16.531 --> 00:11:19.744 So if we have imaging that's concerning,

NOTE Confidence: 0.8700136

 $00:11:19.744 \longrightarrow 00:11:21.754$  typically as oncologists,

00:11:21.760 --> 00:11:24.744 we always order a biopsy for cancers and

NOTE Confidence: 0.8700136

 $00{:}11{:}24.744 \dashrightarrow 00{:}11{:}27.790$  that really gives us the definitive answer.

NOTE Confidence: 0.8700136

00:11:27.790 --> 00:11:30.870 Interestingly in the history of liver

NOTE Confidence: 0.8700136

00:11:30.870 --> 00:11:33.490 cancer imaging has been so good at

NOTE Confidence: 0.8700136

 $00:11:33.490 \longrightarrow 00:11:35.766$  looking at specific characteristics

NOTE Confidence: 0.8700136

 $00:11:35.766 \longrightarrow 00:11:39.180$  of the cancer that traditionally you

NOTE Confidence: 0.8700136

00:11:39.260 --> 00:11:41.857 have not needed a biopsy to identify

NOTE Confidence: 0.8700136

 $00:11:41.857 \longrightarrow 00:11:45.110$  each HCC or hepatocellular carcinoma,

NOTE Confidence: 0.8700136

00:11:45.110 --> 00:11:47.834 and we've been challenging that

NOTE Confidence: 0.8700136

 $00:11:47.834 \longrightarrow 00:11:51.169$  a little bit more recently because

NOTE Confidence: 0.8700136

 $00:11:51.170 \longrightarrow 00:11:54.957$  there's a lot of caveats

NOTE Confidence: 0.8700136

 $00:11:54.957 \longrightarrow 00:11:58.419$  where you could have mixed tumors

NOTE Confidence: 0.8700136

00:11:58.419 --> 00:12:02.437 of bile duct cancers with HCC.

NOTE Confidence: 0.8700136

 $00:12:02.440 \longrightarrow 00:12:05.404$  Or you know, as tumor profiling

NOTE Confidence: 0.8700136

 $00:12:05.404 \longrightarrow 00:12:07.900$  is becoming more commonly used,

 $00:12:07.900 \longrightarrow 00:12:11.374$  we really like to have tissue biopsy

NOTE Confidence: 0.8700136

 $00{:}12{:}11.374 \dashrightarrow 00{:}12{:}14.984$  so that we could do these molecular tests,

NOTE Confidence: 0.8700136

 $00:12:14.990 \longrightarrow 00:12:17.750$  and so it has become more common to

NOTE Confidence: 0.8700136

 $00:12:17.750 \longrightarrow 00:12:21.236$  have a biopsy before we start treatment.

NOTE Confidence: 0.8700136

 $00:12:21.240 \longrightarrow 00:12:24.208$  But I would say historically a

NOTE Confidence: 0.8700136

 $00{:}12{:}24.208 \dashrightarrow 00{:}12{:}27.294$  lot of patients wind up getting treated

NOTE Confidence: 0.8700136

 $00:12:27.294 \longrightarrow 00:12:31.247$  for liver cancer in the absence of a biopsy,

NOTE Confidence: 0.8700136

 $00:12:31.250 \longrightarrow 00:12:33.900$  which is definitely

NOTE Confidence: 0.8700136

 $00:12:33.900 \longrightarrow 00:12:36.306$  unusual as compared to other cancers.

 $00:12:36.710 \longrightarrow 00:12:40.220$  And I guess the other thing that is unique

NOTE Confidence: 0.84940416

 $00:12:40.220 \longrightarrow 00:12:43.033$  about the liver or somewhat unique is

NOTE Confidence: 0.84940416

 $00{:}12{:}43.033 \dashrightarrow 00{:}12{:}46.300$  that it's a good place for cancers that

NOTE Confidence: 0.84940416

 $00:12:46.300 \longrightarrow 00:12:49.901$  start in other places to go not just as

NOTE Confidence: 0.84940416

 $00{:}12{:}49.901 \dashrightarrow 00{:}12{:}53.150$  a place for cancers to arise.

NOTE Confidence: 0.84940416

 $00:12:53.150 \longrightarrow 00:12:56.097$  How can you tell the difference between

NOTE Confidence: 0.84940416

 $00:12:56.097 \longrightarrow 00:12:58.586$  a primary liver

 $00:12:58.586 \longrightarrow 00:13:01.267$  cancer that starts and grows in

NOTE Confidence: 0.84940416

 $00:13:01.347 \longrightarrow 00:13:04.126$  the liver, often in a cirrhotic liver,

NOTE Confidence: 0.84940416

 $00:13:04.130 \longrightarrow 00:13:06.356$  versus a cancer that started somewhere else,

NOTE Confidence: 0.84940416

 $00:13:06.360 \longrightarrow 00:13:09.213$  say in the colon or somewhere else and

NOTE Confidence: 0.84007126

 $00:13:09.220 \longrightarrow 00:13:11.439$  goes to the liver.

NOTE Confidence: 0.84007126

 $00:13:11.440 \longrightarrow 00:13:13.666$  And so that's always the first question.

NOTE Confidence: 0.84007126

 $00:13:13.670 \longrightarrow 00:13:16.206$  When you see a mass in the liver,

NOTE Confidence: 0.84007126

 $00{:}13{:}16.210 \dashrightarrow 00{:}13{:}18.594$  did it start there or did it spread

NOTE Confidence: 0.84007126

 $00:13:18.594 \longrightarrow 00:13:20.878$  there from somewhere else so the

NOTE Confidence: 0.84007126

 $00:13:20.878 \longrightarrow 00:13:23.526$  imaging does help with that.

NOTE Confidence: 0.84007126

00:13:23.526 --> 00:13:25.752 If you do what's called this triphasic

NOTE Confidence: 0.84007126

 $00:13:25.752 \longrightarrow 00:13:27.660$  imaging, when the

NOTE Confidence: 0.84007126

00:13:27.660 --> 00:13:29.250 contrast is injected into someone,

NOTE Confidence: 0.84007126

 $00:13:29.250 \longrightarrow 00:13:31.157$  they look at certain phases.

NOTE Confidence: 0.84007126

00:13:31.157 --> 00:13:33.693 So that the liver has two blood supplies,

NOTE Confidence: 0.84007126

 $00:13:33.700 \longrightarrow 00:13:34.444$  there's a

 $00:13:34.444 \longrightarrow 00:13:36.304$  blood supply from arteries and

NOTE Confidence: 0.84007126

 $00{:}13{:}36.304 \dashrightarrow 00{:}13{:}38.480$  from veins so the liver is unique in

NOTE Confidence: 0.84007126

 $00:13:38.480 \longrightarrow 00:13:40.797$  that way and there's kind of a

NOTE Confidence: 0.84007126

 $00:13:40.869 \longrightarrow 00:13:42.693$  characteristic appearance that

NOTE Confidence: 0.84007126

00:13:42.693 --> 00:13:45.125 is different between metastases

NOTE Confidence: 0.84007126

 $00:13:45.130 \longrightarrow 00:13:46.366$  and liver cancer.

NOTE Confidence: 0.84007126

00:13:46.366 --> 00:13:48.014 But that being said,

NOTE Confidence: 0.84007126

 $00{:}13{:}48.020 \dashrightarrow 00{:}13{:}51.132$  sometimes the imaging is not as clear and

NOTE Confidence: 0.84007126

00:13:51.132 --> 00:13:54.209 you don't feel confident

NOTE Confidence: 0.84007126

 $00:13:54.210 \longrightarrow 00:13:56.688$  and that's really where a biopsy is

NOTE Confidence: 0.8660273

 $00:13:58.340 \longrightarrow 00:13:59.166$  helpful.

NOTE Confidence: 0.8660273

00:13:59.166 --> 00:14:02.057 And so once you get that biopsy,

NOTE Confidence: 0.8660273

00:14:02.060 --> 00:14:05.356 you can figure out is this primary cancer.

NOTE Confidence: 0.8660273

 $00:14:05.360 \longrightarrow 00:14:07.680$  Is this a secondary cancer?

NOTE Confidence: 0.8660273

 $00:14:07.680 \longrightarrow 00:14:09.876$  And hopefully get a little bit

 $00:14:09.876 \longrightarrow 00:14:12.123$  more in terms of clues that

NOTE Confidence: 0.8660273

00:14:12.123 --> 00:14:14.223 can help you to treat it.

NOTE Confidence: 0.8660273

00:14:14.230 --> 00:14:15.690 Absolutely

NOTE Confidence: 0.8694535

 $00:14:15.690 \longrightarrow 00:14:17.814$  and also what's interesting

NOTE Confidence: 0.8694535

 $00:14:17.814 \longrightarrow 00:14:20.419$  is that liver cancer can

NOTE Confidence: 0.8694535

00:14:20.420 --> 00:14:23.692 occur as a single tumor,

NOTE Confidence: 0.8694535

00:14:23.692 --> 00:14:26.595 which is what happens in most cancers, right?

NOTE Confidence: 0.8694535

00:14:26.595 --> 00:14:28.725 Most cancers start out as a

NOTE Confidence: 0.8694535

 $00:14:28.725 \longrightarrow 00:14:30.978$  single tumor and then can spread.

NOTE Confidence: 0.8694535

 $00:14:30.980 \longrightarrow 00:14:32.800$  With liver cancer

NOTE Confidence: 0.8694535

 $00{:}14{:}32.800 \to 00{:}14{:}33.886$  sometimes it's what's

NOTE Confidence: 0.8694535

00:14:33.886 --> 00:14:35.334 called Multi focal disease,

NOTE Confidence: 0.8694535

 $00:14:35.340 \longrightarrow 00:14:37.476$  meaning that it's not really one

NOTE Confidence: 0.8694535

 $00:14:37.476 \longrightarrow 00:14:39.799$  area that spread to other areas.

NOTE Confidence: 0.8694535

 $00:14:39.800 \longrightarrow 00:14:42.180$  But that because of the cirrhosis

NOTE Confidence: 0.8694535

 $00:14:42.180 \longrightarrow 00:14:44.572$  you could think of the whole liver as

00:14:44.572 --> 00:14:46.937 being at risk for developing tumor,

NOTE Confidence: 0.8694535

 $00{:}14{:}46.940 \dashrightarrow 00{:}14{:}48.675$  and so sometimes there's actually

NOTE Confidence: 0.8694535

 $00{:}14{:}48.675 \dashrightarrow 00{:}14{:}51.119$  more than one area at the same

NOTE Confidence: 0.8694535

 $00:14:51.119 \longrightarrow 00:14:53.057$  time that has developed a tumor.

NOTE Confidence: 0.8694535

 $00:14:53.060 \longrightarrow 00:14:54.080$  Well, we're

NOTE Confidence: 0.87646395

 $00{:}14{:}54.080 \dashrightarrow 00{:}14{:}56.760$  going to dig into all kinds of aspects

NOTE Confidence: 0.87646395

 $00:14:56.760 \longrightarrow 00:14:59.179$  in terms of the qualities of tumors

NOTE Confidence: 0.87646395

 $00{:}14{:}59.179 \dashrightarrow 00{:}15{:}01.933$  in the liver and how we go about

NOTE Confidence: 0.87646395

 $00{:}15{:}01.933 \to 00{:}15{:}04.278$  treating them right after we take a

NOTE Confidence: 0.87646395

 $00{:}15{:}04.280 \dashrightarrow 00{:}15{:}06.320$  short break for a medical minute.

NOTE Confidence: 0.87646395

 $00:15:06.320 \longrightarrow 00:15:08.462$  Please stay tuned to learn more

NOTE Confidence: 0.87646395

 $00:15:08.462 \longrightarrow 00:15:10.550$  about liver cancer with my guest

NOTE Confidence: 0.87646395

00:15:10.550 --> 00:15:11.819 Doctor Stacey Stein.

NOTE Confidence: 0.8686853

 $00:15:12.440 \longrightarrow 00:15:15.005$  Support for Yale Cancer Answers

NOTE Confidence: 0.8686853

00:15:15.005 --> 00:15:17.570 comes from AstraZeneca, providing

 $00:15:17.651 \longrightarrow 00:15:19.763$  important treatment options for

NOTE Confidence: 0.8686853

 $00{:}15{:}19.763 \dashrightarrow 00{:}15{:}22.931$  various types and stages of cancer.

NOTE Confidence: 0.8686853

 $00{:}15{:}22.940 \dashrightarrow 00{:}15{:}26.600$  More information at a strazeneca-us.com.

NOTE Confidence: 0.8686853

 $00:15:26.600 \longrightarrow 00:15:28.455$  This is a medical minute

NOTE Confidence: 0.8686853

 $00:15:28.455 \longrightarrow 00:15:30.310$  about head and neck cancers,

NOTE Confidence: 0.8686853

 $00:15:30.310 \longrightarrow 00:15:32.225$  although the percentage of oral

NOTE Confidence: 0.8686853

 $00{:}15{:}32.225 \rightarrow 00{:}15{:}34.560$  and head and neck cancer patients

NOTE Confidence: 0.8686853

 $00{:}15{:}34.560 \dashrightarrow 00{:}15{:}37.003$  in the United States is only about

NOTE Confidence: 0.8686853

 $00{:}15{:}37.003 \dashrightarrow 00{:}15{:}38.952$ 5% of all diagnosed cancers,

NOTE Confidence: 0.8686853

 $00:15:38.952 \longrightarrow 00:15:40.942$  there are challenging side effects

NOTE Confidence: 0.8686853

 $00:15:40.942 \longrightarrow 00:15:42.718$  associated with these types of

NOTE Confidence: 0.8686853

 $00:15:42.718 \longrightarrow 00:15:44.034$  cancer and their treatment.

NOTE Confidence: 0.8686853

 $00:15:44.040 \longrightarrow 00:15:45.656$  Clinical trials are currently

NOTE Confidence: 0.8686853

00:15:45.656 --> 00:15:47.676 underway to test innovative new

NOTE Confidence: 0.8686853

00:15:47.676 --> 00:15:49.600 treatments for head and neck cancers,

NOTE Confidence: 0.8686853

 $00:15:49.600 \longrightarrow 00:15:51.610$  and in many cases less radical

 $00:15:51.610 \longrightarrow 00:15:54.050$  surgeries are able to preserve nerves,

NOTE Confidence: 0.8686853

 $00:15:54.050 \longrightarrow 00:15:56.276$  arteries and muscles in the neck,

NOTE Confidence: 0.8686853

00:15:56.280 --> 00:15:58.200 enabling patients to move, speak,

NOTE Confidence: 0.8686853

 $00:15:58.200 \longrightarrow 00:16:01.176$  breathe, and eat normally after surgery.

NOTE Confidence: 0.8686853

 $00:16:01.180 \longrightarrow 00:16:03.164$  More information is available

NOTE Confidence: 0.8686853

 $00:16:03.164 \longrightarrow 00:16:04.156$  at yalecancercenter.org.

NOTE Confidence: 0.8686853

00:16:04.160 --> 00:16:07.148 You're listening to Connecticut public radio.

NOTE Confidence: 0.8621683

 $00:16:08.580 \longrightarrow 00:16:10.860$  Welcome back to Yale Cancer Answers.

NOTE Confidence: 0.8621683

 $00{:}16{:}10.860 \dashrightarrow 00{:}16{:}12.954$  This is doctor Anees Chagpar

NOTE Confidence: 0.8621683

 $00:16:12.954 \longrightarrow 00:16:15.250$  and I'm joined to night by

NOTE Confidence: 0.8621683

 $00{:}16{:}15.250 \dashrightarrow 00{:}16{:}17.315$  my guest doctor Stacy Stein.

NOTE Confidence: 0.8621683

 $00{:}16{:}17.320 \dashrightarrow 00{:}16{:}19.220$  We're talking about GI cancers

NOTE Confidence: 0.8621683

 $00:16:19.220 \longrightarrow 00:16:20.740$  in particular liver cancer,

NOTE Confidence: 0.8621683

 $00:16:20.740 \longrightarrow 00:16:23.218$  and right before the break we talked

NOTE Confidence: 0.8621683

00:16:23.218 --> 00:16:26.129 a little bit about all of the risk

 $00:16:26.129 \longrightarrow 00:16:29.253$  factors that can really put you at risk

NOTE Confidence: 0.8621683

00:16:29.253 --> 00:16:31.378 of developing primary liver cancer,

NOTE Confidence: 0.8621683

 $00:16:31.380 \longrightarrow 00:16:33.660$  which can be an isolated event,

NOTE Confidence: 0.8621683

00:16:33.660 --> 00:16:36.738 or it could be multi focal. So Stacy,

NOTE Confidence: 0.8621683

 $00:16:36.738 \longrightarrow 00:16:39.930$  when we talk about liver cancers,

NOTE Confidence: 0.8621683

 $00:16:39.930 \longrightarrow 00:16:42.018$  how often are these

NOTE Confidence: 0.8621683

 $00:16:42.020 \longrightarrow 00:16:44.396$  found as a single spot in the liver

NOTE Confidence: 0.8621683

 $00:16:44.396 \longrightarrow 00:16:46.189$  versus more extensive disease?

NOTE Confidence: 0.8621683

 $00:16:46.190 \longrightarrow 00:16:47.240$  That's a

NOTE Confidence: 0.8849255

00:16:47.240 --> 00:16:49.196 good question, so I think it

NOTE Confidence: 0.8849255

00:16:49.196 --> 00:16:51.298 really depends on which

NOTE Confidence: 0.8849255

00:16:51.298 --> 00:16:53.494 group of people you're looking at.

NOTE Confidence: 0.8849255

 $00:16:53.500 \longrightarrow 00:16:55.438$  For patients who have known that

NOTE Confidence: 0.8849255

 $00:16:55.438 \longrightarrow 00:16:57.166$  they have underlying risk factors

NOTE Confidence: 0.8849255

00:16:57.166 --> 00:16:59.066 and they've been getting screens,

NOTE Confidence: 0.8849255

 $00:16:59.070 \longrightarrow 00:17:01.002$  they are much more likely to

 $00:17:01.002 \longrightarrow 00:17:02.900$  be found with early disease.

NOTE Confidence: 0.8849255

 $00:17:02.900 \longrightarrow 00:17:04.640$  But I would say, unfortunately, I see patients all

the time who

 $00:17:07.493 \longrightarrow 00:17:09.959$  present with much more advanced disease.

NOTE Confidence: 0.8849255

 $00:17:09.960 \longrightarrow 00:17:12.150$  Because you they either

NOTE Confidence: 0.8849255

00:17:12.150 --> 00:17:14.970 were not being followed by anyone,

NOTE Confidence: 0.8849255

00:17:14.970 --> 00:17:17.490 or they didn't realize that they

NOTE Confidence: 0.8849255

 $00:17:17.490 \longrightarrow 00:17:20.266$  had cirrhosis and so they could

NOTE Confidence: 0.8849255

 $00:17:20.266 \longrightarrow 00:17:21.787$  present with disease

NOTE Confidence: 0.8849255

 $00:17:21.790 \longrightarrow 00:17:23.610$  that's already

NOTE Confidence: 0.8849255

 $00:17:23.610 \longrightarrow 00:17:26.340$  not eligible for surgery or transplant.

NOTE Confidence: 0.8849255

 $00{:}17{:}26.340 \dashrightarrow 00{:}17{:}29.070$  The disease may have metastasized already,

NOTE Confidence: 0.8849255

 $00:17:29.070 \longrightarrow 00:17:31.786$  and so we certainly see

NOTE Confidence: 0.8849255

00:17:31.786 --> 00:17:34.598 people that have either presented with

NOTE Confidence: 0.8849255

 $00:17:34.598 \longrightarrow 00:17:37.718$  disease very late or after treatment.

NOTE Confidence: 0.8849255

00:17:37.720 --> 00:17:40.606 For early disease, the disease has

 $00:17:40.610 \longrightarrow 00:17:41.798$  progressed and

NOTE Confidence: 0.85350454

 $00:17:41.800 \longrightarrow 00:17:44.565$  as we talked about before the break,

NOTE Confidence: 0.85350454

 $00{:}17{:}44.570 \dashrightarrow 00{:}17{:}46.946$  I mean certainly it's always better

NOTE Confidence: 0.85350454

 $00:17:46.950 \longrightarrow 00:17:49.386$  if you can find cancer early

NOTE Confidence: 0.85350454

 $00:17:49.386 \longrightarrow 00:17:51.931$  when it's most treatable and when

NOTE Confidence: 0.85350454

00:17:51.931 --> 00:17:54.457 either surgery or local

NOTE Confidence: 0.85350454

00:17:54.457 --> 00:17:57.101 therapies are an option to get

NOTE Confidence: 0.85350454

 $00:17:57.101 \longrightarrow 00:17:59.722$  rid of the primary cancer.

NOTE Confidence: 0.85350454

 $00{:}17{:}59.722 \dashrightarrow 00{:}18{:}02.398$  But when that cancer is locally

NOTE Confidence: 0.85350454

00:18:02.398 --> 00:18:05.255 advanced or even metastatic when

NOTE Confidence: 0.85350454

 $00:18:05.255 \longrightarrow 00:18:08.075$  it spread and those local therapies

NOTE Confidence: 0.85350454

 $00:18:08.167 \longrightarrow 00:18:10.147$  are no longer an option,

NOTE Confidence: 0.85350454

 $00:18:10.150 \longrightarrow 00:18:13.166$  we still have options to treat

NOTE Confidence: 0.8718654

 $00:18:13.170 \longrightarrow 00:18:14.352$  these patients.

NOTE Confidence: 0.8718654

 $00:18:14.352 \longrightarrow 00:18:16.322$  And that's really the area

NOTE Confidence: 0.8718654

 $00:18:16.322 \longrightarrow 00:18:18.468$  that I've been most focused in.

 $00:18:18.470 \longrightarrow 00:18:20.766$  I'm very lucky at Yale

NOTE Confidence: 0.8718654

 $00:18:20.766 \longrightarrow 00:18:22.266$  to have a fantastic multidisciplinary

NOTE Confidence: 0.8718654

 $00:18:22.266 \longrightarrow 00:18:25.644$  liver team and I just want

NOTE Confidence: 0.8718654

 $00:18:25.644 \longrightarrow 00:18:27.912$  to mention we actually meet weekly.

NOTE Confidence: 0.8718654

 $00:18:27.920 \longrightarrow 00:18:30.266$  We have our own separate conference

NOTE Confidence: 0.8718654

 $00:18:30.266 \longrightarrow 00:18:32.608$  just for liver cancer and there's

NOTE Confidence: 0.8718654

 $00:18:32.608 \longrightarrow 00:18:34.720$  such a great group of people.

NOTE Confidence: 0.8718654

 $00{:}18{:}34.720 \dashrightarrow 00{:}18{:}36.982$  We work with the surgeons, the

NOTE Confidence: 0.8718654

 $00:18:36.982 \longrightarrow 00:18:38.558$  transplant surgeons, the hepatologist,

NOTE Confidence: 0.8718654

 $00{:}18{:}38.558 \dashrightarrow 00{:}18{:}39.785$  the Interventional radiologist.

NOTE Confidence: 0.8718654

00:18:44.170 --> 00:18:45.180 There's Oncologists.

NOTE Confidence: 0.8718654

 $00:18:45.180 \longrightarrow 00:18:48.809$  We really have a great group that

NOTE Confidence: 0.8718654

 $00:18:48.809 \longrightarrow 00:18:51.869$  focuses on all aspects of treatment.

NOTE Confidence: 0.8718654

 $00{:}18{:}51.870 --> 00{:}18{:}55.174$  My focus as an oncologist

NOTE Confidence: 0.8718654

 $00:18:55.174 \longrightarrow 00:18:57.812$  is really more in patients

 $00:18:57.812 \longrightarrow 00:19:00.060$  who are not candidates

NOTE Confidence: 0.8718654

 $00:19:00.060 \longrightarrow 00:19:03.126$  for these curative intent

NOTE Confidence: 0.8718654

 $00:19:03.130 \longrightarrow 00:19:07.010$  treatments like transplant or surgery.

NOTE Confidence: 0.8718654

 $00:19:07.010 \longrightarrow 00:19:09.254$  For patients with local disease where

NOTE Confidence: 0.8718654

 $00:19:09.254 \longrightarrow 00:19:11.770$  the disease is still confined to the

NOTE Confidence: 0.8718654

 $00:19:11.770 \longrightarrow 00:19:14.524$  liver and there's not more than a few

NOTE Confidence: 0.8718654

 $00:19:14.524 \longrightarrow 00:19:16.408$  separate tumors that Interventional

NOTE Confidence: 0.8718654

00:19:16.408 --> 00:19:18.763 radiologists have really played a

NOTE Confidence: 0.8718654

 $00{:}19{:}18.770 \dashrightarrow 00{:}19{:}21.116$  large role in treating those patients,

NOTE Confidence: 0.8718654

 $00:19:21.120 \longrightarrow 00:19:23.773$  and they treat with a wide variety

NOTE Confidence: 0.8718654

 $00{:}19{:}23.773 \dashrightarrow 00{:}19{:}26.180$  of modalities where they could apply

NOTE Confidence: 0.8718654

 $00:19:26.180 \longrightarrow 00:19:28.568$  some chemotherapy or heat or cold,

NOTE Confidence: 0.8718654

00:19:28.570 --> 00:19:31.307 or they do ablation techniques,

NOTE Confidence: 0.8718654

 $00:19:31.310 \longrightarrow 00:19:34.398$  and then at some point either

NOTE Confidence: 0.8718654

 $00:19:34.398 \longrightarrow 00:19:37.320$  because someone is developing more tumors or

NOTE Confidence: 0.8718654

 $00:19:37.320 \longrightarrow 00:19:39.030$  if there's any metastatic disease,

00:19:39.030 --> 00:19:41.076 meaning tumor has left the liver,

NOTE Confidence: 0.8718654

 $00:19:41.080 \longrightarrow 00:19:43.132$  then we really focus on what

NOTE Confidence: 0.8718654

 $00:19:43.132 \longrightarrow 00:19:44.500$  we call systemic therapies.

NOTE Confidence: 0.8718654

 $00{:}19{:}44.500 \dashrightarrow 00{:}19{:}46.522$  So either the treatment is a

NOTE Confidence: 0.8718654

00:19:46.522 --> 00:19:48.260 pill form or intravenous form,

NOTE Confidence: 0.8718654

 $00:19:48.260 \longrightarrow 00:19:50.479$  but then the drugs are

NOTE Confidence: 0.8718654

00:19:50.479 --> 00:19:53.050 absorbed in the body and go everywhere,

NOTE Confidence: 0.8718654

 $00:19:53.050 \longrightarrow 00:19:56.650$  and I have to say over the time that

NOTE Confidence: 0.8718654

00:19:56.650 --> 00:20:00.463 I've been at Yale, in the last 10 years,

NOTE Confidence: 0.8718654

 $00{:}20{:}00.470 \dashrightarrow 00{:}20{:}02.455$  we have made tremendous strides

NOTE Confidence: 0.8718654

 $00:20:02.455 \longrightarrow 00:20:05.436$  in the last few years and having

NOTE Confidence: 0.8718654

00:20:05.436 --> 00:20:07.721 more treatment options that are

NOTE Confidence: 0.8718654

 $00{:}20{:}07.721 \dashrightarrow 00{:}20{:}10.150$  more effective for liver cancer,

NOTE Confidence: 0.8718654

 $00:20:10.150 \longrightarrow 00:20:12.350$  so that's been really exciting.

NOTE Confidence: 0.85544723

 $00:20:12.910 \longrightarrow 00:20:15.507$  So tell us more about those developments.

00:20:15.510 --> 00:20:17.981 I mean for many people the concept

NOTE Confidence: 0.85544723

 $00:20:17.981 \longrightarrow 00:20:19.959$  of chemotherapy is really scary,

NOTE Confidence: 0.85544723

 $00:20:19.960 \longrightarrow 00:20:21.816$  but you mentioned that some

NOTE Confidence: 0.85544723

 $00:20:21.816 \longrightarrow 00:20:23.670$  of these therapies that you

NOTE Confidence: 0.85544723

 $00:20:23.670 \longrightarrow 00:20:25.520$  give actually can be oral.

 $00:20:27.380 \longrightarrow 00:20:30.103$  The first drug that actually showed a benefit

NOTE Confidence: 0.85544723

 $00:20:30.103 \longrightarrow 00:20:32.713$  in helping people live longer with liver

NOTE Confidence: 0.85544723

00:20:32.713 --> 00:20:35.170 cancer is a drug called sorafenib

NOTE Confidence: 0.85544723

 $00:20:35.170 \longrightarrow 00:20:38.138$  and that's actually a pill form of treatment.

NOTE Confidence: 0.85544723

00:20:38.140 --> 00:20:39.990 It's not really traditional chemotherapy,

NOTE Confidence: 0.85544723

 $00:20:39.990 \longrightarrow 00:20:42.120$  we call them

NOTE Confidence: 0.85544723

 $00:20:42.120 \longrightarrow 00:20:44.260$  tyrosine kinase inhibitors.

NOTE Confidence: 0.85544723

 $00:20:44.260 \longrightarrow 00:20:46.160$  So it's more targeted therapy.

NOTE Confidence: 0.85544723

 $00{:}20{:}46.160 \dashrightarrow 00{:}20{:}48.050$  While sorafenib had some benefit,

NOTE Confidence: 0.85544723

 $00:20:48.050 \longrightarrow 00:20:50.696$  we all recognize that it wasn't enough.

NOTE Confidence: 0.85544723

 $00:20:50.700 \longrightarrow 00:20:52.590$  And then if patients didn't

 $00:20:52.590 \longrightarrow 00:20:54.102$  really tolerate it,

NOTE Confidence: 0.85544723

 $00{:}20{:}54.110 \dashrightarrow 00{:}20{:}56.770$  than their cancer started to grow again.

NOTE Confidence: 0.85544723

 $00:20:56.770 \longrightarrow 00:20:58.822$  You know there were many years

NOTE Confidence: 0.85544723

 $00:20:58.822 \longrightarrow 00:21:00.694$  where we really didn't have

NOTE Confidence: 0.85544723

 $00:21:00.694 \longrightarrow 00:21:02.450$  other good treatment options.

NOTE Confidence: 0.85544723

 $00:21:02.450 \longrightarrow 00:21:04.842$  And then in the last few years there's

NOTE Confidence: 0.85544723

 $00:21:04.842 \longrightarrow 00:21:07.621$  been a lot of success in both finding

NOTE Confidence: 0.85544723

 $00:21:07.621 \longrightarrow 00:21:10.043$  more of these tyrosine kinase inhibitors

NOTE Confidence: 0.85544723

 $00:21:10.043 \longrightarrow 00:21:12.403$  that are more effective potentially.

 $00:21:16.530 \longrightarrow 00:21:19.330$  and then the other area that's been

NOTE Confidence: 0.85544723

 $00:21:19.330 \longrightarrow 00:21:21.748$  really exciting has been the use

NOTE Confidence: 0.85544723

 $00{:}21{:}21.748 \dashrightarrow 00{:}21{:}24.028$  of immune the rapy in liver cancer,

NOTE Confidence: 0.85544723

 $00:21:24.030 \longrightarrow 00:21:25.218$  so I want

NOTE Confidence: 0.8481173

 $00:21:25.220 \longrightarrow 00:21:27.628$  to dig into both of those kind

NOTE Confidence: 0.8481173

 $00:21:27.628 \longrightarrow 00:21:30.348$  of arms of the equation first.

NOTE Confidence: 0.8481173

 $00:21:30.350 \longrightarrow 00:21:33.722$  You know when we talk about

 $00:21:33.722 \longrightarrow 00:21:35.408$  tyrosine kinase inhibitors

NOTE Confidence: 0.8481173

 $00{:}21{:}35.410 \dashrightarrow 00{:}21{:}37.380$  sometimes that's very similar to

NOTE Confidence: 0.8481173

 $00:21:37.380 \longrightarrow 00:21:40.449$  what we talk about in breast cancer.

NOTE Confidence: 0.8481173

 $00:21:40.450 \longrightarrow 00:21:42.560$  For example, many of our

NOTE Confidence: 0.8481173

00:21:42.560 --> 00:21:45.070 listeners may know about HER2

NOTE Confidence: 0.8481173

 $00:21:45.070 \longrightarrow 00:21:47.947$  and the fact that we can have

NOTE Confidence: 0.8481173

 $00{:}21{:}47.947 \dashrightarrow 00{:}21{:}50.528$  a targeted agent against HER2

NOTE Confidence: 0.8481173

 $00:21:50.530 \longrightarrow 00:21:53.023$  that can be very effective.

NOTE Confidence: 0.8481173

 $00{:}21{:}53.023 \dashrightarrow 00{:}21{:}55.078$  So with these tyrosine kinase

NOTE Confidence: 0.8481173

00:21:55.078 --> 00:21:56.830 inhibitors in liver cancer,

NOTE Confidence: 0.8481173

 $00:21:56.830 \longrightarrow 00:21:58.510$  are there particular receptors

NOTE Confidence: 0.8481173

 $00:21:58.510 \longrightarrow 00:22:00.190$  that you're going after?

NOTE Confidence: 0.8481173

 $00:22:00.190 \longrightarrow 00:22:02.969$  So are there markers that you can

NOTE Confidence: 0.8481173

 $00:22:02.969 \longrightarrow 00:22:06.420$  look at a cancer and say, ah, ha,

NOTE Confidence: 0.8481173

 $00:22:06.420 \longrightarrow 00:22:07.960$  Mrs Jones

NOTE Confidence: 0.8481173

 $00:22:07.960 \longrightarrow 00:22:09.585$  has this particular receptor and

 $00:22:09.585 \longrightarrow 00:22:11.980$  I have a drug that can target.

NOTE Confidence: 0.8481173

 $00:22:11.980 \longrightarrow 00:22:13.660$  Yeah, that's a really

NOTE Confidence: 0.8812151

 $00:22:13.660 \longrightarrow 00:22:15.910$  good question and there's a

NOTE Confidence: 0.8812151

 $00:22:15.910 \longrightarrow 00:22:18.364$  few things that you asked

NOTE Confidence: 0.8812151

 $00{:}22{:}18.364 \dashrightarrow 00{:}22{:}20.690$  that I want to address and one is

NOTE Confidence: 0.8812151

 $00:22:20.690 \longrightarrow 00:22:22.370$  do we have a biomarker?

NOTE Confidence: 0.8812151

 $00:22:22.370 \longrightarrow 00:22:24.575$  Which really means is there some way

NOTE Confidence: 0.8812151

00:22:24.575 --> 00:22:26.631 from the patient that I'm treating

NOTE Confidence: 0.8812151

00:22:26.631 --> 00:22:29.081 either from their blood work or something

NOTE Confidence: 0.8812151

 $00:22:29.149 \longrightarrow 00:22:31.438$  from there from their biopsy that I

NOTE Confidence: 0.8812151

00:22:31.438 --> 00:22:35.020 could identify that would predict

NOTE Confidence: 0.8812151

 $00:22:35.020 \longrightarrow 00:22:36.412$  whether they would respond

NOTE Confidence: 0.8812151

00:22:36.412 --> 00:22:37.804 to treatment or not,

NOTE Confidence: 0.8812151

 $00:22:37.810 \longrightarrow 00:22:40.050$  and unfortunately the answer is we really

NOTE Confidence: 0.8812151

00:22:40.050 --> 00:22:42.698 don't have a biomarker for liver cancer

 $00:22:42.700 \longrightarrow 00:22:44.788$  the way that we could test

NOTE Confidence: 0.8812151

00:22:44.790 --> 00:22:47.574 HER2 expression in breast cancer,

NOTE Confidence: 0.8812151

 $00:22:47.580 \longrightarrow 00:22:49.290$  or other cancers and say this

NOTE Confidence: 0.8812151

 $00:22:49.290 \longrightarrow 00:22:51.420$  drug is more likely to work.

NOTE Confidence: 0.8812151

 $00:22:51.420 \longrightarrow 00:22:53.508$  We do follow something

NOTE Confidence: 0.8812151

 $00:22:53.508 \longrightarrow 00:22:54.552$  called the AFP.

NOTE Confidence: 0.8812151

00:22:54.560 --> 00:22:56.310 The Alpha fetal protein and

NOTE Confidence: 0.8812151

 $00:22:56.310 \longrightarrow 00:22:58.464$  in about 80% of liver cancers

NOTE Confidence: 0.8812151

 $00:22:58.464 \longrightarrow 00:23:01.040$  that protein is made and so the

NOTE Confidence: 0.8812151

 $00:23:01.119 \longrightarrow 00:23:03.891$  value of it and it going up or down

NOTE Confidence: 0.8812151

 $00{:}23{:}03.891 \dashrightarrow 00{:}23{:}06.076$  gives you a sense of response,

NOTE Confidence: 0.8812151

00:23:06.080 --> 00:23:08.649 but it doesn't actually predict what drug

NOTE Confidence: 0.8812151

 $00{:}23{:}08.650 \dashrightarrow 00{:}23{:}10.729$  he would respond to if there is a

NOTE Confidence: 0.8812151

00:23:10.729 --> 00:23:13.002 real need for finding a biomarker

NOTE Confidence: 0.8812151

00:23:13.002 --> 00:23:15.630 that would predict response to any

NOTE Confidence: 0.8812151

 $00:23:15.630 \longrightarrow 00:23:17.972$  particular drug, but the truth is,

 $00:23:17.972 \longrightarrow 00:23:19.464$  we don't have one,

NOTE Confidence: 0.8812151

 $00:23:19.470 \longrightarrow 00:23:22.172$  and so we really are giving these

NOTE Confidence: 0.8812151

 $00:23:22.172 \longrightarrow 00:23:24.687$  drugs without really knowing who it is

NOTE Confidence: 0.8812151

 $00:23:24.690 \longrightarrow 00:23:27.294$  that is going to respond or not,

NOTE Confidence: 0.8812151

 $00:23:27.300 \longrightarrow 00:23:29.170$  and we're trying

NOTE Confidence: 0.8812151

 $00:23:29.170 \longrightarrow 00:23:31.030$  sequences of drugs.

NOTE Confidence: 0.8812151

 $00:23:31.030 \longrightarrow 00:23:33.634$  I wish we did have a biomarker.

NOTE Confidence: 0.8812151

 $00:23:33.640 \longrightarrow 00:23:35.878$  There's a lot of interest in

NOTE Confidence: 0.8812151

00:23:36.644 --> 00:23:39.318 developing one when you ask what

NOTE Confidence: 0.8812151

00:23:39.318 --> 00:23:41.608 target are we hitting with

NOTE Confidence: 0.8812151

 $00:23:41.610 \longrightarrow 00:23:43.390$  this tyrosine kinase approach,

NOTE Confidence: 0.8812151

 $00:23:43.390 \longrightarrow 00:23:45.532$  the truth is these are what we

NOTE Confidence: 0.8812151

00:23:45.532 --> 00:23:47.660 call dirty tyrosine kinases,

NOTE Confidence: 0.8812151

 $00:23:47.660 \longrightarrow 00:23:50.145$  meaning they don't target just one protein,

NOTE Confidence: 0.8812151

 $00:23:50.150 \longrightarrow 00:23:52.796$  so one of the proteins they target

00:23:52.796 --> 00:23:54.429 is something called veg F.

NOTE Confidence: 0.8812151

 $00{:}23{:}54.430 \dashrightarrow 00{:}23{:}56.006$  The vascular endothelial growth

NOTE Confidence: 0.8812151

00:23:56.006 --> 00:23:58.370 factor which is involved in blood

NOTE Confidence: 0.8812151

 $00:23:58.437 \longrightarrow 00:24:00.377$  vessel formation for the tumors.

NOTE Confidence: 0.8812151

 $00:24:00.380 \longrightarrow 00:24:02.246$  We do know that that's an

NOTE Confidence: 0.8812151

00:24:02.246 --> 00:24:03.970 important target for liver cancer,

NOTE Confidence: 0.8812151

 $00:24:03.970 \longrightarrow 00:24:06.168$  but it's not the only one that's

NOTE Confidence: 0.8812151

 $00:24:06.168 \longrightarrow 00:24:07.550$  targeted by these drugs,

NOTE Confidence: 0.8812151

 $00:24:07.550 \longrightarrow 00:24:09.600$  so there's there's other pathways

NOTE Confidence: 0.8812151

 $00:24:09.600 \longrightarrow 00:24:12.083$  that are being targeted and they

NOTE Confidence: 0.8812151

 $00:24:12.083 \longrightarrow 00:24:14.219$  probably have some role in the

NOTE Confidence: 0.8812151

 $00:24:14.219 \longrightarrow 00:24:16.039$  benefit of these drugs too.

NOTE Confidence: 0.8812151

00:24:16.040 --> 00:24:17.810 And you know, there's still

NOTE Confidence: 0.8812151

 $00:24:17.810 \longrightarrow 00:24:20.610$  a lot more to really understand

NOTE Confidence: 0.8812151

 $00:24:20.610 \longrightarrow 00:24:23.099$  about how these drugs work in this

NOTE Confidence: 0.8564623

 $00:24:23.100 \longrightarrow 00:24:25.218$  cancer.

 $00:24:25.220 \longrightarrow 00:24:27.684$  It would be nicer if you could

NOTE Confidence: 0.8564623

00:24:27.684 --> 00:24:29.772 biopsy a tumor and say,

NOTE Confidence: 0.8564623

 $00:24:29.772 \longrightarrow 00:24:32.348$  this tumor has a very high veg F

NOTE Confidence: 0.8564623

00:24:32.348 --> 00:24:34.945 level and you have a specific drug

NOTE Confidence: 0.8564623

00:24:34.945 --> 00:24:37.219 that would target that and Voila,

NOTE Confidence: 0.8564623

00:24:37.220 --> 00:24:38.692 the cancer magically disappears,

NOTE Confidence: 0.8564623

 $00:24:38.692 \longrightarrow 00:24:42.158$  but I guess we're a bit far off from that.

 $00:24:43.220 \longrightarrow 00:24:44.985$  And what's interesting too is

NOTE Confidence: 0.8564623

 $00:24:44.985 \longrightarrow 00:24:46.728$  that in immune the rapy

NOTE Confidence: 0.8564623

 $00:24:46.728 \longrightarrow 00:24:48.368$  there's been so many recent

NOTE Confidence: 0.8564623

 $00:24:48.368 \longrightarrow 00:24:50.145$  studies looking at the role

NOTE Confidence: 0.8564623

00:24:50.145 --> 00:24:51.749 of different immune therapy,

NOTE Confidence: 0.8564623

00:24:51.750 --> 00:24:52.998 drugs, and liver cancer,

NOTE Confidence: 0.8564623

 $00:24:52.998 \longrightarrow 00:24:55.909$  and even then for a lot of

NOTE Confidence: 0.8564623

00:24:55.909 --> 00:24:57.529 cancers you could check something

NOTE Confidence: 0.8564623

00:24:57.529 --> 00:24:59.410 called the PDL one expression,

 $00:24:59.410 \longrightarrow 00:25:01.408$  and by looking at the number

NOTE Confidence: 0.8564623

00:25:01.408 --> 00:25:02.740 of immune cells infiltrating,

NOTE Confidence: 0.8564623

 $00:25:02.740 \longrightarrow 00:25:06.716$  in the tumor on the biopsy,

NOTE Confidence: 0.8564623

00:25:06.720 --> 00:25:09.499 you could have some kind of

NOTE Confidence: 0.8564623

 $00:25:09.499 \longrightarrow 00:25:12.901$  sense of prediction of how likely it is

NOTE Confidence: 0.8564623

 $00:25:12.901 \longrightarrow 00:25:15.031$  someone would respond to immunotherapy,

NOTE Confidence: 0.8564623

 $00:25:15.040 \longrightarrow 00:25:17.536$  but even that for liver cancer

NOTE Confidence: 0.8564623

 $00:25:17.536 \longrightarrow 00:25:19.200$  has been very unreliable.

NOTE Confidence: 0.8564623

 $00:25:19.200 \longrightarrow 00:25:21.030$  The expression of that protein

NOTE Confidence: 0.8564623

 $00:25:21.030 \longrightarrow 00:25:23.450$  does not predict who will respond

NOTE Confidence: 0.8564623

 $00{:}25{:}23.450 \dashrightarrow 00{:}25{:}25.019$  to immunother apy either.

NOTE Confidence: 0.87378585

 $00:25:25.020 \longrightarrow 00:25:27.100$  Interesting that really is

NOTE Confidence: 0.87378585

00:25:27.100 --> 00:25:29.600 unique, I think

NOTE Confidence: 0.87378585

 $00{:}25{:}29.600 \dashrightarrow 00{:}25{:}33.132$  for liver cancer, because I know in

NOTE Confidence: 0.87378585

 $00:25:33.132 \longrightarrow 00:25:36.403$  other cancers we actually do look at

 $00:25:36.403 \longrightarrow 00:25:39.706$  that and say, if we see

NOTE Confidence: 0.87378585

 $00{:}25{:}39.710 \dashrightarrow 00{:}25{:}42.638$  PD L1 expression then we know that

NOTE Confidence: 0.87378585

 $00:25:42.638 \longrightarrow 00:25:45.200$  immunotherapy is going to be more effective.

NOTE Confidence: 0.87378585

 $00:25:45.200 \longrightarrow 00:25:47.396$  So how do you decide who

NOTE Confidence: 0.87378585

 $00:25:47.396 \longrightarrow 00:25:48.860$  to give immunotherapy to?

NOTE Confidence: 0.87378585

00:25:48.860 --> 00:25:51.788 And who to treat with a TKI or a chemotherapy?

 $00:25:52.888 \longrightarrow 00:25:53.620$  Yeah, that's

NOTE Confidence: 0.84691036

 $00:25:53.620 \longrightarrow 00:25:55.810$  a great question, and

NOTE Confidence: 0.84691036

 $00{:}25{:}55.810 \to 00{:}25{:}57.274$  until very recently the

NOTE Confidence: 0.84691036

 $00:25:57.274 \longrightarrow 00:25:59.104$  treatment has been a TKI

NOTE Confidence: 0.84691036

 $00:25:59.110 \longrightarrow 00:26:01.300$  first and then immune therapy,

NOTE Confidence: 0.84691036

 $00{:}26{:}01.300 \dashrightarrow 00{:}26{:}04.080$  but I want to tell you about one of the

NOTE Confidence: 0.84691036

 $00:26:04.159 \longrightarrow 00:26:07.159$  newest combinations that's been looked at,

NOTE Confidence: 0.84691036

 $00:26:07.160 \longrightarrow 00:26:09.407$  which is a combination of an immune

NOTE Confidence: 0.84691036

 $00:26:09.407 \longrightarrow 00:26:11.190$  therapy drug called a tezolizumab.

NOTE Confidence: 0.84691036

 $00:26:11.190 \longrightarrow 00:26:14.158$  So that's what we call a PDL1

 $00:26:14.160 \longrightarrow 00:26:16.230$  antibody and it targets the immune system

NOTE Confidence: 0.84691036

 $00:26:16.230 \longrightarrow 00:26:18.949$  and then it was given in combination

NOTE Confidence: 0.84691036

00:26:18.949 --> 00:26:21.481 with bevacizumab which is an antibody

NOTE Confidence: 0.84691036

00:26:21.481 --> 00:26:23.817 against veg F which I had just

NOTE Confidence: 0.84691036

 $00:26:23.817 \longrightarrow 00:26:25.423$  mentioned before and that combination

NOTE Confidence: 0.84691036

00:26:25.423 --> 00:26:27.661 and we had participated

NOTE Confidence: 0.84691036

 $00:26:27.661 \longrightarrow 00:26:30.128$  at Yale in the phase one study

NOTE Confidence: 0.84691036

 $00:26:30.130 \longrightarrow 00:26:33.650$  looking at this and I will tell you that out

NOTE Confidence: 0.84691036

 $00{:}26{:}33.735 \to 00{:}26{:}37.020$  of the patients that I had on that study,

NOTE Confidence: 0.84691036

00:26:37.020 --> 00:26:40.068 I actually have two patients who had a

NOTE Confidence: 0.84691036

 $00:26:40.068 \longrightarrow 00:26:42.467$  complete response to treatment which was

NOTE Confidence: 0.84691036

 $00:26:42.470 \longrightarrow 00:26:43.598$  amazing to me,

NOTE Confidence: 0.84691036

 $00:26:43.598 \longrightarrow 00:26:46.656$  and they're both still doing very well with

NOTE Confidence: 0.84691036

00:26:46.656 --> 00:26:49.788 no disease that could be seen on their MRIs

NOTE Confidence: 0.84691036

 $00:26:49.790 \longrightarrow 00:26:51.986$  which is something that I had

NOTE Confidence: 0.84691036

 $00:26:51.986 \longrightarrow 00:26:53.450$  never had happen before,

 $00:26:53.450 \longrightarrow 00:26:55.879$  so that was really exciting and the

NOTE Confidence: 0.84691036

 $00:26:55.879 \longrightarrow 00:26:58.384$  phase one study was positive and based

NOTE Confidence: 0.84691036

 $00:26:58.384 \longrightarrow 00:27:00.931$  on those results there was a large

NOTE Confidence: 0.84691036

 $00:27:00.931 \longrightarrow 00:27:03.647$  phase three study so they

NOTE Confidence: 0.84691036

 $00:27:03.647 \longrightarrow 00:27:06.260$  compared this combination back to sorafenib,

NOTE Confidence: 0.84691036

00:27:06.260 --> 00:27:08.090 which had been often given,

 $00:27:08.824 \longrightarrow 00:27:10.659$  as a first treatment and

NOTE Confidence: 0.84691036

 $00:27:10.659 \longrightarrow 00:27:12.559$  they showed that there was

NOTE Confidence: 0.84691036

 $00{:}27{:}12.560 \dashrightarrow 00{:}27{:}15.182$  a benefit of giving this combination

NOTE Confidence: 0.84691036

 $00:27:15.182 \longrightarrow 00:27:17.996$  immunotherapy and so that just got approved

NOTE Confidence: 0.84691036

 $00{:}27{:}17.996 \dashrightarrow 00{:}27{:}20.670$  by the FDA a couple of months ago.

NOTE Confidence: 0.84691036

 $00:27:20.670 \longrightarrow 00:27:23.323$  And for patients who are good candidates

NOTE Confidence: 0.84691036

 $00:27:23.323 \longrightarrow 00:27:26.647$  for that which some people may not be a

NOTE Confidence: 0.84691036

00:27:26.647 --> 00:27:29.159 good candidate for getting that treatment,

NOTE Confidence: 0.84691036

00:27:29.160 --> 00:27:31.260 either because of the immune therapy

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00:27:31.260 --> 00:27:34.179 part or the bevacizumab part,

 $00:27:34.180 \longrightarrow 00:27:36.202$  that's become the new standard of

NOTE Confidence: 0.84691036

 $00:27:36.202 \longrightarrow 00:27:38.420$  care to give this combination.

NOTE Confidence: 0.84691036

 $00:27:38.420 \longrightarrow 00:27:40.350$  We see higher response rates.

NOTE Confidence: 0.84691036

 $00:27:40.350 \longrightarrow 00:27:42.828$  We see patients have longer responses

NOTE Confidence: 0.84691036

 $00:27:42.828 \longrightarrow 00:27:43.654$  to treatment.

 $00:27:44.782 \longrightarrow 00:27:48.175$  We don't have a biomarker to predict who is

NOTE Confidence: 0.84691036

00:27:48.175 --> 00:27:50.991 going to do the best with that combination,

NOTE Confidence: 0.84691036

 $00:27:51.000 \longrightarrow 00:27:52.408$  but this is really

NOTE Confidence: 0.84691036

 $00{:}27{:}52.408 \to 00{:}27{:}55.769$  a big change in our practice,

NOTE Confidence: 0.84691036

00:27:55.770 --> 00:27:58.162 just in the last few months to think

NOTE Confidence: 0.84691036

 $00{:}27{:}58.162 \dashrightarrow 00{:}28{:}00.320$  about giving this type of combination

NOTE Confidence: 0.84691036

 $00:28:00.320 \longrightarrow 00:28:02.185$  to patients before starting with

NOTE Confidence: 0.84691036

 $00:28:02.185 \longrightarrow 00:28:04.210$  the tyrosine kinase inhibitor.

NOTE Confidence: 0.84691036

00:28:04.210 --> 00:28:05.311 So you know,

NOTE Confidence: 0.84691036

00:28:05.311 --> 00:28:07.513 we think carefully about each patient,

NOTE Confidence: 0.84691036

 $00:28:07.520 \longrightarrow 00:28:09.686$  and certainly there's other

00:28:09.686 --> 00:28:12.291 immune therapy drugs to give and there

NOTE Confidence: 0.84691036

00:28:12.291 --> 00:28:14.860 still are tyrosine kinase inhibitors to give,

 $00:28:15.502 \longrightarrow 00:28:19.354$  but the discussion now about how to

NOTE Confidence: 0.84691036

 $00:28:19.354 \longrightarrow 00:28:22.530$  sequence these treatments has become

NOTE Confidence: 0.84691036

 $00:28:22.530 \longrightarrow 00:28:24.918$  much more relevant.

NOTE Confidence: 0.84691036

 $00:28:24.920 \longrightarrow 00:28:26.772$  There's other

NOTE Confidence: 0.84691036

 $00{:}28{:}26.772 \dashrightarrow 00{:}28{:}28.624$  studies looking at combination

NOTE Confidence: 0.84691036

 $00:28:28.624 \longrightarrow 00:28:30.548$  therapies that the full data

NOTE Confidence: 0.84691036

 $00{:}28{:}30.548 \dashrightarrow 00{:}28{:}32.108$  has not been presented yet.

NOTE Confidence: 0.84691036

00:28:32.110 --> 00:28:34.100 It hasn't been published yet,

NOTE Confidence: 0.84691036

 $00{:}28{:}34.100 \dashrightarrow 00{:}28{:}36.470$  but there's other studies that are

NOTE Confidence: 0.84691036

 $00{:}28{:}36.470 {\:{\circ}{\circ}{\circ}}>00{:}28{:}38.907$  showing more positive data than just

NOTE Confidence: 0.84691036

00:28:38.907 --> 00:28:41.672 giving a tyrosine kinase inhibitor by itself,

NOTE Confidence: 0.84691036

 $00{:}28{:}41.680 \dashrightarrow 00{:}28{:}44.480$  and so it's just been really exciting.

NOTE Confidence: 0.84691036

 $00:28:44.480 \longrightarrow 00:28:44.870$  Doctor

NOTE Confidence: 0.8795743

 $00{:}28{:}44.870 \dashrightarrow 00{:}28{:}47.420$  Stacy Stein is an associate professor

 $00:28:47.420 \longrightarrow 00:28:50.029$  of internal medicine in medical oncology

NOTE Confidence: 0.8795743

 $00{:}28{:}50.029 \dashrightarrow 00{:}28{:}52.537$  at the Yale School of Medicine.

NOTE Confidence: 0.8795743

 $00:28:52.540 \longrightarrow 00:28:54.100$  If you have questions,

NOTE Confidence: 0.8795743

 $00{:}28{:}54.100 \dashrightarrow 00{:}28{:}55.660$  the address is canceranswers@yale.edu

NOTE Confidence: 0.8795743

 $00{:}28{:}55.660 \rightarrow 00{:}28{:}57.817$  and past editions of the program

NOTE Confidence: 0.8795743

 $00{:}28{:}57.817 \dashrightarrow 00{:}28{:}59.785$  are available in audio and written

NOTE Confidence: 0.8795743

 $00{:}28{:}59.847 \dashrightarrow 00{:}29{:}01.488$  form at Yale cancercenter.org.

NOTE Confidence: 0.8795743

 $00:29:01.490 \longrightarrow 00:29:04.442$  We hope you'll join us next week to

NOTE Confidence: 0.8795743

 $00:29:04.442 \longrightarrow 00:29:07.325$  learn more about the fight against

NOTE Confidence: 0.8795743

 $00{:}29{:}07.325 \dashrightarrow 00{:}29{:}10.409$  cancer here on Connecticut public radio.