

WEBVTT

NOTE duration:"00:05:44.4250000"

NOTE language:en-us

NOTE Confidence: 0.894739031791687

00:00:00.000 --> 00:00:03.524 Welcome to the Yale

NOTE Confidence: 0.894739031791687

00:00:03.524 --> 00:00:04.730 Geriatric Fellowship Program.

NOTE Confidence: 0.894739031791687

00:00:04.730 --> 00:00:06.334 I am Jerry Carens,

NOTE Confidence: 0.894739031791687

00:00:06.334 --> 00:00:07.938 the Clinical Fellowship Director.

NOTE Confidence: 0.894739031791687

00:00:07.940 --> 00:00:10.369 We're so happy that you decided to

NOTE Confidence: 0.894739031791687

00:00:10.369 --> 00:00:13.314 interview with us today and learn about

NOTE Confidence: 0.894739031791687

00:00:13.314 --> 00:00:15.150 our outstanding training program.

NOTE Confidence: 0.894739031791687

00:00:15.150 --> 00:00:17.768 We thought it would be really helpful

NOTE Confidence: 0.894739031791687

00:00:17.768 --> 00:00:20.155 to learn from our former Fellows

NOTE Confidence: 0.894739031791687

00:00:20.155 --> 00:00:22.531 as to why they chose geriatrics

NOTE Confidence: 0.894739031791687

00:00:22.531 --> 00:00:24.692 and what their experience has

NOTE Confidence: 0.894739031791687

00:00:24.692 --> 00:00:27.180 been in our program. Thank you.

NOTE Confidence: 0.879723250865936

00:00:28.140 --> 00:00:31.178 I choose geriatrics because I want to

NOTE Confidence: 0.879723250865936

00:00:31.178 --> 00:00:34.378 make a difference in the health of aging.

NOTE Confidence: 0.879723250865936
00:00:34.380 --> 00:00:36.882 Older adults. It's a complex medical
NOTE Confidence: 0.879723250865936
00:00:36.882 --> 00:00:39.026 field where you're managing patients
NOTE Confidence: 0.879723250865936
00:00:39.026 --> 00:00:41.036 with a lot of comorbidities,
NOTE Confidence: 0.879723250865936
00:00:41.040 --> 00:00:43.987 but you're still tailoring your care to
NOTE Confidence: 0.879723250865936
00:00:43.987 --> 00:00:46.860 fit the individual needs of the patient.
NOTE Confidence: 0.929962813854218
00:00:47.940 --> 00:00:49.200 I trust geriatrics because
NOTE Confidence: 0.929962813854218
00:00:49.200 --> 00:00:51.433 it brings together so nicely both medical
NOTE Confidence: 0.929962813854218
00:00:51.433 --> 00:00:53.928 and social aspects of Health. I feel that
NOTE Confidence: 0.929962813854218
00:00:53.930 --> 00:00:56.234 geriatrics is a wonderful extension of
NOTE Confidence: 0.929962813854218
00:00:56.234 --> 00:00:58.137 Internal Medicine where there really
NOTE Confidence: 0.929962813854218
00:00:58.137 --> 00:00:59.997 is an opportunity to improve the
NOTE Confidence: 0.929962813854218
00:00:59.997 --> 00:01:02.290 quality of life for older adults. I
NOTE Confidence: 0.92942476272583
00:01:02.290 --> 00:01:04.030 chose geriatrics for the opportunities
NOTE Confidence: 0.92942476272583
00:01:04.030 --> 00:01:06.507 to work with a team to provide
NOTE Confidence: 0.92942476272583
00:01:06.507 --> 00:01:08.523 care for the patient and their
NOTE Confidence: 0.92942476272583

00:01:08.523 --> 00:01:10.039 families where they need it.
NOTE Confidence: 0.92942476272583

00:01:10.040 --> 00:01:11.720 Most other, that's the hospital.
NOTE Confidence: 0.92942476272583

00:01:11.720 --> 00:01:14.080 The nursing home at home.
NOTE Confidence: 0.92942476272583

00:01:14.080 --> 00:01:15.154 Those opportunities don't
NOTE Confidence: 0.92942476272583

00:01:15.154 --> 00:01:16.586 come and other specialties.
NOTE Confidence: 0.929130375385284

00:01:17.210 --> 00:01:20.314 I chose a career in geriatrics to learn
NOTE Confidence: 0.929130375385284

00:01:20.314 --> 00:01:22.587 the skills and knowledge necessary
NOTE Confidence: 0.929130375385284

00:01:22.587 --> 00:01:25.425 to effectively take care of our
NOTE Confidence: 0.929130375385284

00:01:25.425 --> 00:01:28.266 older adults who often have complex
NOTE Confidence: 0.929130375385284

00:01:28.266 --> 00:01:31.005 medical histories and who are often
NOTE Confidence: 0.929130375385284

00:01:31.005 --> 00:01:33.230 juggling fragmented care and even
NOTE Confidence: 0.89640725510461

00:01:33.230 --> 00:01:34.892 conflicting treatment plans.
NOTE Confidence: 0.89640725510461

00:01:34.892 --> 00:01:37.610 So I really like Grimes,
NOTE Confidence: 0.89640725510461

00:01:37.610 --> 00:01:40.545 which is our post acute long-term
NOTE Confidence: 0.89640725510461

00:01:40.545 --> 00:01:42.980 care facility because you manage
NOTE Confidence: 0.89640725510461

00:01:43.069 --> 00:01:45.589 patients that are pretty complex

NOTE Confidence: 0.89640725510461

00:01:45.589 --> 00:01:48.109 in a pseudo hospital setting.

NOTE Confidence: 0.89640725510461

00:01:48.110 --> 00:01:51.038 You also get to understand the

NOTE Confidence: 0.89640725510461

00:01:51.038 --> 00:01:54.109 administrative side of sub acute rehab.

NOTE Confidence: 0.894960224628448

00:01:54.930 --> 00:01:56.835 My favorite rotation was home

NOTE Confidence: 0.894960224628448

00:01:56.835 --> 00:01:59.020 based primary care at the VA.

NOTE Confidence: 0.894960224628448

00:01:59.020 --> 00:02:01.204 You can learn so much about a patient

NOTE Confidence: 0.894960224628448

00:02:01.204 --> 00:02:02.917 and their social determinants of

NOTE Confidence: 0.894960224628448

00:02:02.917 --> 00:02:05.125 health by walking into their home.

NOTE Confidence: 0.894960224628448

00:02:05.130 --> 00:02:06.510 Seeing how butter their hallways

NOTE Confidence: 0.894960224628448

00:02:06.510 --> 00:02:08.174 are an opening up their fridge

NOTE Confidence: 0.894960224628448

00:02:08.174 --> 00:02:09.530 to see what do they have?

NOTE Confidence: 0.90044105052948

00:02:10.280 --> 00:02:12.525 My favorite rotation was working

NOTE Confidence: 0.90044105052948

00:02:12.525 --> 00:02:15.256 on the inpatient ace unit or

NOTE Confidence: 0.90044105052948

00:02:15.256 --> 00:02:17.256 acute care for elderly unit.

NOTE Confidence: 0.90044105052948

00:02:17.260 --> 00:02:19.912 It was wonderful to experience the

NOTE Confidence: 0.90044105052948

00:02:19.912 --> 00:02:22.050 interdisciplinary approach to patient care,

NOTE Confidence: 0.90044105052948

00:02:22.050 --> 00:02:23.638 but also for Fellows.

NOTE Confidence: 0.90044105052948

00:02:23.638 --> 00:02:26.020 It was fertile teaching grounds for

NOTE Confidence: 0.90044105052948

00:02:26.095 --> 00:02:28.166 medical students, interns, residents,

NOTE Confidence: 0.90044105052948

00:02:28.166 --> 00:02:29.938 an non geriatrician hospitalists.

NOTE Confidence: 0.90044105052948

00:02:29.940 --> 00:02:31.360 I most enjoyed working

NOTE Confidence: 0.90044105052948

00:02:31.360 --> 00:02:32.780 on a quality improvement

NOTE Confidence: 0.90026730298996

00:02:32.780 --> 00:02:34.580 project with my Co Fellows focused

NOTE Confidence: 0.90026730298996

00:02:34.580 --> 00:02:36.313 on the documentation of patients

NOTE Confidence: 0.90026730298996

00:02:36.313 --> 00:02:37.750 health care representatives.

NOTE Confidence: 0.90026730298996

00:02:37.750 --> 00:02:39.700 The opportunity to see something

NOTE Confidence: 0.90026730298996

00:02:39.700 --> 00:02:41.650 that isn't working and then

NOTE Confidence: 0.90026730298996

00:02:41.720 --> 00:02:43.764 to get in there an work within

NOTE Confidence: 0.90026730298996

00:02:43.764 --> 00:02:45.560 the system and be supported,

NOTE Confidence: 0.90026730298996

00:02:45.560 --> 00:02:47.611 and trying to fix it and make

NOTE Confidence: 0.90026730298996

00:02:47.611 --> 00:02:49.819 it better is really fulfilling.

NOTE Confidence: 0.94425356388092

00:02:50.340 --> 00:02:52.622 I really enjoyed being a part of

NOTE Confidence: 0.94425356388092

00:02:52.622 --> 00:02:54.360 the medical student curriculum.

NOTE Confidence: 0.94425356388092

00:02:54.360 --> 00:02:56.670 Each year that Geriatric Fellows and

NOTE Confidence: 0.94425356388092

00:02:56.670 --> 00:02:58.629 faculty lead the Geriatric clinical

NOTE Confidence: 0.94425356388092

00:02:58.629 --> 00:03:00.753 skills workshops for the 1st and

NOTE Confidence: 0.94425356388092

00:03:00.753 --> 00:03:03.252 2nd year medical students and it was

NOTE Confidence: 0.94425356388092

00:03:03.252 --> 00:03:04.962 just such a rewarding opportunity

NOTE Confidence: 0.94425356388092

00:03:04.962 --> 00:03:07.285 to be able to instill important

NOTE Confidence: 0.94425356388092

00:03:07.285 --> 00:03:09.260 principles and geriatric care so

NOTE Confidence: 0.94425356388092

00:03:09.334 --> 00:03:11.800 early in the medical student training.

NOTE Confidence: 0.94425356388092

00:03:11.800 --> 00:03:13.570 My favorite activity this year

NOTE Confidence: 0.936031460762024

00:03:13.570 --> 00:03:15.682 was the didactic sessions at the

NOTE Confidence: 0.936031460762024

00:03:15.682 --> 00:03:17.338 Alzheimer's disease. Researching it.

NOTE Confidence: 0.936031460762024

00:03:17.338 --> 00:03:20.656 We got to learn from neurologists and

NOTE Confidence: 0.936031460762024

00:03:20.656 --> 00:03:23.002 psychiatrists for at the cutting edge

NOTE Confidence: 0.936031460762024

00:03:23.002 --> 00:03:25.668 of dementia research and we also had
NOTE Confidence: 0.936031460762024

00:03:25.668 --> 00:03:28.419 neuroimaging sessions where we got to use
NOTE Confidence: 0.914812743663788

00:03:28.420 --> 00:03:31.596 the buzzers. That was a lot of fun.
NOTE Confidence: 0.914812743663788

00:03:31.600 --> 00:03:33.585 I really enjoy doing the
NOTE Confidence: 0.914812743663788

00:03:33.585 --> 00:03:34.776 hospitalist case presentations.
NOTE Confidence: 0.914812743663788

00:03:34.780 --> 00:03:37.440 I found this provided a opportunity to
NOTE Confidence: 0.914812743663788

00:03:37.440 --> 00:03:39.559 provide excellent geriatric teaching points.
NOTE Confidence: 0.914812743663788

00:03:39.560 --> 00:03:41.918 It also hopefully impacted the way
NOTE Confidence: 0.914812743663788

00:03:41.918 --> 00:03:43.980 that hospitalists manage older adults.
NOTE Confidence: 0.914812743663788

00:03:43.980 --> 00:03:47.784 Overall, I'm really happy I got
NOTE Confidence: 0.914812743663788

00:03:47.784 --> 00:03:51.920 to do my fellowship at Yale. I
NOTE Confidence: 0.778383076190948

00:03:51.920 --> 00:03:55.255 always felt like my education
NOTE Confidence: 0.778383076190948

00:03:55.255 --> 00:03:58.590 came first in the program.
NOTE Confidence: 0.778383076190948

00:03:58.590 --> 00:04:00.130 Michael Fellows, the program
NOTE Confidence: 0.778383076190948

00:04:00.130 --> 00:04:02.055 leadership the whole Department were
NOTE Confidence: 0.778383076190948

00:04:02.055 --> 00:04:03.917 amazing and great fun to work with.

NOTE Confidence: 0.778383076190948
00:04:03.920 --> 00:04:06.344 I am ready to go out there and
NOTE Confidence: 0.778383076190948
00:04:06.344 --> 00:04:08.250 take care of older adults.
NOTE Confidence: 0.939375460147858
00:04:09.000 --> 00:04:11.240 I thoroughly enjoyed my clinical
NOTE Confidence: 0.939375460147858
00:04:11.240 --> 00:04:12.584 Geriatric Medicine Fellowship.
NOTE Confidence: 0.939375460147858
00:04:12.590 --> 00:04:15.488 It was such a wonderful opportunity to
NOTE Confidence: 0.939375460147858
00:04:15.488 --> 00:04:18.878 train in such a robust academic program.
NOTE Confidence: 0.939375460147858
00:04:18.880 --> 00:04:20.975 The faculty dedication to teaching
NOTE Confidence: 0.939375460147858
00:04:20.975 --> 00:04:23.630 was often palpable and I received
NOTE Confidence: 0.939375460147858
00:04:23.630 --> 00:04:26.055 tremendous support from our PDA,
NOTE Confidence: 0.939375460147858
00:04:26.060 --> 00:04:27.860 PDA, and program coordinator.
NOTE Confidence: 0.930320799350739
00:04:28.870 --> 00:04:30.742 It's a fellowship that brings together
NOTE Confidence: 0.930320799350739
00:04:30.742 --> 00:04:32.770 the very best of clinical geriatrics
NOTE Confidence: 0.930320799350739
00:04:32.770 --> 00:04:35.283 and the latest research in the field.
NOTE Confidence: 0.930320799350739
00:04:35.290 --> 00:04:37.065 It's a tremendously supportive environment
NOTE Confidence: 0.930320799350739
00:04:37.065 --> 00:04:39.688 where everyone has worked to help support me.
NOTE Confidence: 0.930320799350739

00:04:39.690 --> 00:04:42.050 Meet my goals within Geriatric Medicine. My

NOTE Confidence: 0.930320799350739

00:04:42.050 --> 00:04:43.615 experiences here. It was better

NOTE Confidence: 0.930320799350739

00:04:43.615 --> 00:04:45.770 than I could have ever imagined.

NOTE Confidence: 0.930320799350739

00:04:45.770 --> 00:04:48.317 I got to work with some of the top

NOTE Confidence: 0.930320799350739

00:04:48.317 --> 00:04:50.500 leaders in the Geriatric community,

NOTE Confidence: 0.930320799350739

00:04:50.500 --> 00:04:52.756 as well as getting great friendships

NOTE Confidence: 0.930320799350739

00:04:52.756 --> 00:04:54.902 with the fellows here and I'm

NOTE Confidence: 0.930320799350739

00:04:54.902 --> 00:04:56.918 living in the city of New Haven,

NOTE Confidence: 0.930320799350739

00:04:56.920 --> 00:04:58.610 which has really great restaurant,

NOTE Confidence: 0.930320799350739

00:04:58.610 --> 00:04:59.768 San friendly people.

NOTE Confidence: 0.930320799350739

00:04:59.768 --> 00:05:02.246 For any reason, it was my first

NOTE Confidence: 0.930320799350739

00:05:02.246 --> 00:05:04.540 choice in a program and it has

NOTE Confidence: 0.925655841827393

00:05:04.540 --> 00:05:06.175 exceeded my expectations for high

NOTE Confidence: 0.925655841827393

00:05:06.175 --> 00:05:07.483 quality education and training.

NOTE Confidence: 0.883167088031769

00:05:09.820 --> 00:05:13.467 I think the overwhelming consensus is is

NOTE Confidence: 0.883167088031769

00:05:13.467 --> 00:05:18.000 that if we all had to do it over again,

NOTE Confidence: 0.883167088031769

00:05:18.000 --> 00:05:22.550 we would definitely choose Yale. Oh,

NOTE Confidence: 0.7018683552742

00:05:22.550 --> 00:05:33.029 and did I mention we're a family