

WEBVTT

NOTE duration:"00:10:05.5040000"

NOTE language:en-us

NOTE Confidence: 0.7937953

00:00:08.260 --> 00:00:10.102 Hi everybody, yeah welcome to

NOTE Confidence: 0.7937953

00:00:10.102 --> 00:00:12.340 the get to know caregiver series

NOTE Confidence: 0.7937953

00:00:12.410 --> 00:00:14.348 and today we have doctor Joe

NOTE Confidence: 0.7937953

00:00:14.348 --> 00:00:16.399 Lasala from our orange office Joe,

NOTE Confidence: 0.7937953

00:00:16.400 --> 00:00:18.530 could you introduce yourself and your

NOTE Confidence: 0.890717427272727

00:00:18.530 --> 00:00:20.780 role? Yes hi, I'm jealous Allah

NOTE Confidence: 0.890717427272727

00:00:20.780 --> 00:00:23.210 and I'm a medical Oncologist.

NOTE Confidence: 0.890717427272727

00:00:23.210 --> 00:00:26.226 I've been in Connecticut for over 20 years.

NOTE Confidence: 0.890717427272727

00:00:26.230 --> 00:00:29.137 I'm in. This was my first job here in

NOTE Confidence: 0.890717427272727

00:00:29.137 --> 00:00:31.256 Connecticut as a medical oncologist

NOTE Confidence: 0.890717427272727

00:00:31.256 --> 00:00:33.416 at medical oncology and Hematology,

NOTE Confidence: 0.890717427272727

00:00:33.420 --> 00:00:35.688 which was a private practice and

NOTE Confidence: 0.890717427272727

00:00:35.688 --> 00:00:38.328 joined yell about odd nine years ago,

NOTE Confidence: 0.890717427272727

00:00:38.330 --> 00:00:40.220 almost nine years ago, wow.

NOTE Confidence: 0.9224541
00:00:41.520 --> 00:00:42.740 Where are you from originally?
NOTE Confidence: 0.9224541
00:00:42.740 --> 00:00:43.960 Where did you grow up?
NOTE Confidence: 0.9291245
00:00:45.370 --> 00:00:47.134 Stone Queens very close
NOTE Confidence: 0.9291245
00:00:47.134 --> 00:00:49.339 to the white stone bridge.
NOTE Confidence: 0.9291245
00:00:49.340 --> 00:00:52.644 I my parents were both first generation
NOTE Confidence: 0.9291245
00:00:52.644 --> 00:00:55.746 American and schoolteachers and so I went
NOTE Confidence: 0.9291245
00:00:55.746 --> 00:00:58.158 to public school through Elementary School.
NOTE Confidence: 0.9291245
00:00:58.160 --> 00:01:00.230 Junior High High School in
NOTE Confidence: 0.9291245
00:01:00.230 --> 00:01:03.010 New York City and in Queens.
NOTE Confidence: 0.9291245
00:01:03.010 --> 00:01:06.538 And then I went to St John's University,
NOTE Confidence: 0.9291245
00:01:06.540 --> 00:01:09.732 also in Queens and it was a
NOTE Confidence: 0.9291245
00:01:09.732 --> 00:01:12.270 commuter college so I was home,
NOTE Confidence: 0.9291245
00:01:12.270 --> 00:01:16.918 then two, and then I went on to.
NOTE Confidence: 0.9291245
00:01:16.920 --> 00:01:19.368 Johns Hopkins University for medical school.
NOTE Confidence: 0.9291245
00:01:19.370 --> 00:01:23.033 And so I was in Maryland for four years,
NOTE Confidence: 0.9291245

00:01:23.040 --> 00:01:25.248 which I really enjoyed and then
NOTE Confidence: 0.9291245

00:01:25.248 --> 00:01:27.268 did my internship and residency
NOTE Confidence: 0.9291245

00:01:27.268 --> 00:01:29.160 at Cornell in Manhattan,
NOTE Confidence: 0.9291245

00:01:29.160 --> 00:01:32.016 which is on the Upper East Side.
NOTE Confidence: 0.9291245

00:01:32.020 --> 00:01:34.060 It was New York Hospital,
NOTE Confidence: 0.9291245

00:01:34.060 --> 00:01:36.658 Cornell Medical Center.
NOTE Confidence: 0.9291245

00:01:36.660 --> 00:01:38.736 And so I lived in Manhattan,
NOTE Confidence: 0.9291245

00:01:38.740 --> 00:01:41.000 which was really a different
NOTE Confidence: 0.9291245

00:01:41.000 --> 00:01:43.260 experience and very exciting and
NOTE Confidence: 0.9291245

00:01:43.340 --> 00:01:46.160 really great when you're young person.
NOTE Confidence: 0.9291245

00:01:46.160 --> 00:01:48.300 When I was an intern,
NOTE Confidence: 0.9291245

00:01:48.300 --> 00:01:51.380 I met my husband and got married
NOTE Confidence: 0.9291245

00:01:51.380 --> 00:01:54.438 at the end of my residency.
NOTE Confidence: 0.9291245

00:01:54.440 --> 00:01:56.770 And during that time, um,
NOTE Confidence: 0.9291245

00:01:56.770 --> 00:01:58.630 had conversations with the
NOTE Confidence: 0.9291245

00:01:58.630 --> 00:02:00.490 chairman of Hematology Oncology,

NOTE Confidence: 0.9291245
00:02:00.490 --> 00:02:04.210 and at my program, that chief of Medison,
NOTE Confidence: 0.9291245
00:02:04.210 --> 00:02:06.070 the Chief Medical resident,
NOTE Confidence: 0.9291245
00:02:06.070 --> 00:02:07.930 were all hematologist oncologist.
NOTE Confidence: 0.9291245
00:02:07.930 --> 00:02:11.134 And so there was a lot of flavor of
NOTE Confidence: 0.9291245
00:02:11.134 --> 00:02:14.438 that throughout our entire residency,
NOTE Confidence: 0.9291245
00:02:14.440 --> 00:02:16.765 and it always seemed really
NOTE Confidence: 0.9291245
00:02:16.765 --> 00:02:18.160 great and wonderful.
NOTE Confidence: 0.9291245
00:02:18.160 --> 00:02:21.656 And so I found myself one day talking
NOTE Confidence: 0.9291245
00:02:21.656 --> 00:02:25.190 about it with the chief of oncology.
NOTE Confidence: 0.9291245
00:02:25.190 --> 00:02:26.502 And the next minute,
NOTE Confidence: 0.9291245
00:02:26.502 --> 00:02:28.470 accepting a job as a fellow.
NOTE Confidence: 0.9291245
00:02:28.470 --> 00:02:30.766 Wow, that time there wasn't a match.
NOTE Confidence: 0.9291245
00:02:30.770 --> 00:02:32.982 It was really just kind of applying
NOTE Confidence: 0.9291245
00:02:32.982 --> 00:02:35.359 and they really encouraged me to stay.
NOTE Confidence: 0.9291245
00:02:35.360 --> 00:02:39.330 And so I stayed on to do my fellowship there.
NOTE Confidence: 0.9291245

00:02:39.330 --> 00:02:40.830 I realize you know,
NOTE Confidence: 0.9291245

00:02:40.830 --> 00:02:41.955 thinking about it.
NOTE Confidence: 0.9291245

00:02:41.960 --> 00:02:45.175 My interest in Hematology Oncology
NOTE Confidence: 0.9291245

00:02:45.175 --> 00:02:48.390 went back really along time
NOTE Confidence: 0.9291245

00:02:48.502 --> 00:02:51.407 ago when I was in 8th grade.
NOTE Confidence: 0.9291245

00:02:51.410 --> 00:02:54.194 I did a science fair project that had
NOTE Confidence: 0.9291245

00:02:54.194 --> 00:02:57.317 to do with blood clotting and then,
NOTE Confidence: 0.9291245

00:02:57.320 --> 00:03:00.078 um, it Fast forward to medical school.
NOTE Confidence: 0.9291245

00:03:00.080 --> 00:03:02.740 You know that first summer after your
NOTE Confidence: 0.9291245

00:03:02.740 --> 00:03:05.562 first year of Medical School is really
NOTE Confidence: 0.9291245

00:03:05.562 --> 00:03:08.350 the only year summer you have off,
NOTE Confidence: 0.9291245

00:03:08.350 --> 00:03:10.320 but nobody was really off.
NOTE Confidence: 0.9291245

00:03:10.320 --> 00:03:11.900 Everybody looked for, really,
NOTE Confidence: 0.9291245

00:03:11.900 --> 00:03:14.262 you know, kind of resume building
NOTE Confidence: 0.9291245

00:03:14.262 --> 00:03:15.834 things to do connections.
NOTE Confidence: 0.9291245

00:03:15.840 --> 00:03:18.598 And my parents didn't have any connections,

NOTE Confidence: 0.9291245

00:03:18.600 --> 00:03:21.808 but I ended up working as a volunteer.

NOTE Confidence: 0.9291245

00:03:21.810 --> 00:03:23.832 At a local hospital and they

NOTE Confidence: 0.9291245

00:03:23.832 --> 00:03:25.830 just happen to put me with.

NOTE Confidence: 0.9291245

00:03:25.830 --> 00:03:27.225 A hematologist Oncologist,

NOTE Confidence: 0.9291245

00:03:27.225 --> 00:03:29.550 Wow, which was really amazing,

NOTE Confidence: 0.9291245

00:03:29.550 --> 00:03:32.958 and it was actually.

NOTE Confidence: 0.9291245

00:03:32.960 --> 00:03:33.337 Alright,

NOTE Confidence: 0.9291245

00:03:33.337 --> 00:03:36.353 from rice staging from CLL and Mark Citron,

NOTE Confidence: 0.9291245

00:03:36.360 --> 00:03:38.250 who is very interested guys,

NOTE Confidence: 0.9291245

00:03:38.250 --> 00:03:38.630 those

NOTE Confidence: 0.89892006

00:03:38.630 --> 00:03:41.276 are really big names. They are and

NOTE Confidence: 0.89892006

00:03:41.280 --> 00:03:44.700 so it was just and he had a physician

NOTE Confidence: 0.89892006

00:03:44.700 --> 00:03:47.348 assistant who I spent the whole summer

NOTE Confidence: 0.89892006

00:03:47.348 --> 00:03:49.966 with as well and she, you know,

NOTE Confidence: 0.89892006

00:03:49.966 --> 00:03:52.612 took me in every room with her.

NOTE Confidence: 0.89892006

00:03:52.620 --> 00:03:54.320 And really, you know,
NOTE Confidence: 0.89892006

00:03:54.320 --> 00:03:56.020 helped me understand hematology
NOTE Confidence: 0.89892006

00:03:56.020 --> 00:03:58.515 and oncology and get to really see
NOTE Confidence: 0.89892006

00:03:58.515 --> 00:04:00.550 you know cancer patients up close.
NOTE Confidence: 0.89892006

00:04:00.550 --> 00:04:02.860 And it wasn't scary and
NOTE Confidence: 0.89892006

00:04:02.860 --> 00:04:05.170 she was very talented so.
NOTE Confidence: 0.89892006

00:04:05.170 --> 00:04:08.019 You know it was just a really
NOTE Confidence: 0.89892006

00:04:08.019 --> 00:04:09.240 very positive experience,
NOTE Confidence: 0.89892006

00:04:09.240 --> 00:04:11.724 so then you know throughout that
NOTE Confidence: 0.89892006

00:04:11.724 --> 00:04:13.720 internship and residency with the,
NOTE Confidence: 0.89892006

00:04:13.720 --> 00:04:15.928 you know, really all the leadership
NOTE Confidence: 0.89892006

00:04:15.928 --> 00:04:18.827 being focused on that being the most
NOTE Confidence: 0.89892006

00:04:18.827 --> 00:04:21.452 important discipline medison which it is.
NOTE Confidence: 0.89892006

00:04:21.452 --> 00:04:24.128 It was no surprise then,
NOTE Confidence: 0.89892006

00:04:24.128 --> 00:04:26.963 so that I then stayed.
NOTE Confidence: 0.89892006

00:04:26.970 --> 00:04:27.724 At Cornell,

NOTE Confidence: 0.89892006
00:04:27.724 --> 00:04:29.986 to do my fellowship there and
NOTE Confidence: 0.89892006
00:04:29.986 --> 00:04:32.415 stayed for three years and my
NOTE Confidence: 0.89892006
00:04:32.415 --> 00:04:34.410 husband was from Connecticut and
NOTE Confidence: 0.89892006
00:04:34.410 --> 00:04:37.679 one of my very good friends is a
NOTE Confidence: 0.89892006
00:04:37.679 --> 00:04:40.071 gastroenterologist and she was here first.
NOTE Confidence: 0.89892006
00:04:40.071 --> 00:04:41.659 Their fellowship end sooner.
NOTE Confidence: 0.89892006
00:04:41.660 --> 00:04:44.108 So she was here a year ahead of
NOTE Confidence: 0.89892006
00:04:44.108 --> 00:04:46.719 me in Connecticut and new that
NOTE Confidence: 0.89892006
00:04:46.719 --> 00:04:49.593 Groupon new the other doctors and
NOTE Confidence: 0.89892006
00:04:49.683 --> 00:04:52.399 sort of encouraged me to apply for
NOTE Confidence: 0.89892006
00:04:52.399 --> 00:04:55.470 that job and so that was my first
NOTE Confidence: 0.89892006
00:04:55.470 --> 00:04:58.430 job and real job right after your.
NOTE Confidence: 0.89892006
00:04:58.430 --> 00:05:01.139 You've been a student in a trainee
NOTE Confidence: 0.89892006
00:05:01.139 --> 00:05:03.848 for so long. Yeah, just real job.
NOTE Confidence: 0.89892006
00:05:03.848 --> 00:05:06.170 And it was really a great,
NOTE Confidence: 0.89892006

00:05:06.170 --> 00:05:08.606 really the best kind of position

NOTE Confidence: 0.89892006

00:05:08.606 --> 00:05:11.104 for somebody coming out of training

NOTE Confidence: 0.89892006

00:05:11.104 --> 00:05:13.897 because I had all these great partners

NOTE Confidence: 0.89892006

00:05:13.897 --> 00:05:16.757 with a lot of expertise and it was

NOTE Confidence: 0.89892006

00:05:16.757 --> 00:05:18.911 not just learning the medical part

NOTE Confidence: 0.89892006

00:05:18.911 --> 00:05:22.040 of it because you learn all of that,

NOTE Confidence: 0.89892006

00:05:22.040 --> 00:05:24.356 you know school and in training.

NOTE Confidence: 0.89892006

00:05:24.360 --> 00:05:26.992 But really just how to take care

NOTE Confidence: 0.89892006

00:05:26.992 --> 00:05:29.478 of patients in a practical way.

NOTE Confidence: 0.89892006

00:05:29.480 --> 00:05:32.072 And in a way that that is caring

NOTE Confidence: 0.89892006

00:05:32.072 --> 00:05:32.720 and compassionate.

NOTE Confidence: 0.89892006

00:05:32.720 --> 00:05:34.988 And so I was just very fortunate.

NOTE Confidence: 0.89892006

00:05:34.990 --> 00:05:37.258 And they were all very hard working.

NOTE Confidence: 0.89892006

00:05:37.260 --> 00:05:39.526 And so it just was, you know,

NOTE Confidence: 0.89892006

00:05:39.526 --> 00:05:41.464 just reinforced invalidated that work ethic.

NOTE Confidence: 0.89892006

00:05:41.470 --> 00:05:43.584 And everybody was really like minded and

NOTE Confidence: 0.89892006
00:05:43.584 --> 00:05:45.998 it was really really a great experience.
NOTE Confidence: 0.89892006
00:05:46.000 --> 00:05:47.023 And then Interestingly,
NOTE Confidence: 0.89892006
00:05:47.023 --> 00:05:49.069 because it was a private practice
NOTE Confidence: 0.89892006
00:05:49.069 --> 00:05:50.539 and I became a partner.
NOTE Confidence: 0.89892006
00:05:50.540 --> 00:05:52.892 I you know it was a little bit
NOTE Confidence: 0.89892006
00:05:52.892 --> 00:05:54.748 of business learning as well,
NOTE Confidence: 0.89892006
00:05:54.750 --> 00:05:57.126 which is just a different part of your
NOTE Confidence: 0.89892006
00:05:57.126 --> 00:06:00.058 brain in a different understanding how to be.
NOTE Confidence: 0.89892006
00:06:00.060 --> 00:06:01.930 A business owner and and
NOTE Confidence: 0.89892006
00:06:01.930 --> 00:06:03.800 kind of what that means,
NOTE Confidence: 0.89892006
00:06:03.800 --> 00:06:04.550 you know?
NOTE Confidence: 0.9098981
00:06:06.220 --> 00:06:08.748 Most of us never get because if because
NOTE Confidence: 0.9098981
00:06:08.748 --> 00:06:10.897 we haven't owned our own business.
NOTE Confidence: 0.91770333
00:06:11.490 --> 00:06:12.930 Right, right? So it's just
NOTE Confidence: 0.91770333
00:06:12.930 --> 00:06:14.082 something just really different.
NOTE Confidence: 0.91770333

00:06:14.090 --> 00:06:16.682 So like oh, I'm a small business owner too,
NOTE Confidence: 0.91770333

00:06:16.690 --> 00:06:18.858 you know, and so you kind of understand
NOTE Confidence: 0.91770333

00:06:18.858 --> 00:06:21.028 a lot of different pieces of it.
NOTE Confidence: 0.91770333

00:06:21.030 --> 00:06:22.764 And also how much goes into
NOTE Confidence: 0.91770333

00:06:22.764 --> 00:06:24.500 that and how hard that is.
NOTE Confidence: 0.91770333

00:06:24.500 --> 00:06:27.700 And that you know it gives you the
NOTE Confidence: 0.91770333

00:06:27.700 --> 00:06:30.060 opportunity to work all the time.
NOTE Confidence: 0.91770333

00:06:30.060 --> 00:06:32.657 Yeah, off when you're a business owner,
NOTE Confidence: 0.91770333

00:06:32.660 --> 00:06:34.898 so which is fine, 'cause which
NOTE Confidence: 0.8949989

00:06:34.900 --> 00:06:37.315 probably helps you relate to your patients
NOTE Confidence: 0.8949989

00:06:37.315 --> 00:06:39.730 who also own their own businesses,
NOTE Confidence: 0.8949989

00:06:39.730 --> 00:06:41.968 an understanding their need for your
NOTE Confidence: 0.8949989

00:06:41.968 --> 00:06:44.570 flexibility and their work life. And then
NOTE Confidence: 0.8949989

00:06:44.570 --> 00:06:46.058 if you're not working,
NOTE Confidence: 0.8949989

00:06:46.058 --> 00:06:47.918 you know that's a problem.
NOTE Confidence: 0.8949989

00:06:47.920 --> 00:06:50.685 Yeah, out sick Kerry not working and

NOTE Confidence: 0.8949989

00:06:50.685 --> 00:06:53.124 that's really hard to do, you know.

NOTE Confidence: 0.8949989

00:06:53.124 --> 00:06:56.100 And so so that was really great experience.

NOTE Confidence: 0.8949989

00:06:56.100 --> 00:06:57.656 And then you know,

NOTE Confidence: 0.8949989

00:06:57.656 --> 00:07:01.099 during that time I had both my children.

NOTE Confidence: 0.8949989

00:07:01.100 --> 00:07:03.442 And how old are they now?

NOTE Confidence: 0.8949989

00:07:03.442 --> 00:07:06.116 So there are 20 and 16 going

NOTE Confidence: 0.8949989

00:07:06.116 --> 00:07:08.940 to be 21 and 17 this fall,

NOTE Confidence: 0.8949989

00:07:08.940 --> 00:07:11.286 which is just sort of strange,

NOTE Confidence: 0.8949989

00:07:11.290 --> 00:07:13.708 because then they're not little kids

NOTE Confidence: 0.8949989

00:07:13.708 --> 00:07:16.000 anymore and they're all grown up.

NOTE Confidence: 0.8949989

00:07:16.000 --> 00:07:18.590 So um, but I did have both

NOTE Confidence: 0.8949989

00:07:18.590 --> 00:07:21.090 of them while I was working.

NOTE Confidence: 0.8949989

00:07:21.090 --> 00:07:22.626 And so, um, it.

NOTE Confidence: 0.8949989

00:07:22.626 --> 00:07:26.580 It was really the best job for that as well,

NOTE Confidence: 0.8949989

00:07:26.580 --> 00:07:29.836 because my partners were all supportive and I

NOTE Confidence: 0.8949989

00:07:29.836 --> 00:07:33.128 really was able to control my dayan control.
NOTE Confidence: 0.8949989

00:07:33.130 --> 00:07:34.995 My schedule enough that I
NOTE Confidence: 0.8949989

00:07:34.995 --> 00:07:37.500 really was able to do it all.
NOTE Confidence: 0.8949989

00:07:37.500 --> 00:07:38.592 You know, not.
NOTE Confidence: 0.8949989

00:07:38.592 --> 00:07:39.320 You know,
NOTE Confidence: 0.8949989

00:07:39.320 --> 00:07:42.595 maybe I wasn't there for 100% of every event,
NOTE Confidence: 0.8949989

00:07:42.595 --> 00:07:45.198 but I really, really was there for.
NOTE Confidence: 0.8949989

00:07:45.198 --> 00:07:48.261 I really don't feel like I missed anything
NOTE Confidence: 0.8949989

00:07:48.261 --> 00:07:51.569 and so I was really able to be there
NOTE Confidence: 0.8949989

00:07:51.569 --> 00:07:54.602 for my kids and and I do remember my,
NOTE Confidence: 0.8949989

00:07:54.610 --> 00:07:57.026 you know it was my son was in
NOTE Confidence: 0.8949989

00:07:57.026 --> 00:07:59.023 kindergarten and they had their
NOTE Confidence: 0.8949989

00:07:59.023 --> 00:08:00.787 Thanksgiving parade or whatever,
NOTE Confidence: 0.8949989

00:08:00.790 --> 00:08:01.155 right?
NOTE Confidence: 0.8949989

00:08:01.155 --> 00:08:02.980 It like a 10 AM,
NOTE Confidence: 0.8949989

00:08:02.980 --> 00:08:04.755 which is probably like the

NOTE Confidence: 0.8949989

00:08:04.755 --> 00:08:06.175 worst time possible because

NOTE Confidence: 0.8949989

00:08:06.175 --> 00:08:08.070 you can write really before.

NOTE Confidence: 0.91879034

00:08:08.290 --> 00:08:11.200 Right in a busy time of year in a busy

NOTE Confidence: 0.91879034

00:08:11.200 --> 00:08:13.528 week warning, you know, out of the office,

NOTE Confidence: 0.91879034

00:08:13.530 --> 00:08:16.030 but I was able to get there in the teacher

NOTE Confidence: 0.91879034

00:08:16.094 --> 00:08:18.474 talk to the parents beforehand and said,

NOTE Confidence: 0.91879034

00:08:18.480 --> 00:08:20.946 you know, I made sure that the kids knew

NOTE Confidence: 0.91879034

00:08:20.946 --> 00:08:23.668 that it was difficult for parents to get here

NOTE Confidence: 0.91879034

00:08:23.668 --> 00:08:26.116 and that you know, if they weren't here,

NOTE Confidence: 0.91879034

00:08:26.116 --> 00:08:28.369 it's not 'cause they didn't want to be,

NOTE Confidence: 0.91879034

00:08:28.370 --> 00:08:30.538 but that all of them tried in that

NOTE Confidence: 0.91879034

00:08:30.538 --> 00:08:32.440 they wouldn't want to disappoint you,

NOTE Confidence: 0.91879034

00:08:32.440 --> 00:08:34.186 but that they really, you know,

NOTE Confidence: 0.91879034

00:08:34.190 --> 00:08:36.590 did their best and one of the kids

NOTE Confidence: 0.91879034

00:08:36.590 --> 00:08:38.979 that my mom never let's me down.

NOTE Confidence: 0.91879034

00:08:38.980 --> 00:08:41.550 It turns out it was my kitten.
NOTE Confidence: 0.91879034

00:08:41.550 --> 00:08:43.496 An and it always makes me well
NOTE Confidence: 0.91879034

00:08:43.496 --> 00:08:45.758 up when he said that because I,
NOTE Confidence: 0.91879034

00:08:45.760 --> 00:08:48.469 you know you, you always feel as a mom.
NOTE Confidence: 0.91879034

00:08:48.470 --> 00:08:49.373 Didn't you know?
NOTE Confidence: 0.91879034

00:08:49.373 --> 00:08:50.577 am I there enough?
NOTE Confidence: 0.91879034

00:08:50.580 --> 00:08:53.289 am I doing enough when you're a working mom?
NOTE Confidence: 0.91879034

00:08:53.290 --> 00:08:55.453 And so I was grateful for the
NOTE Confidence: 0.91879034

00:08:55.453 --> 00:08:57.302 teacher for telling this story and
NOTE Confidence: 0.91879034

00:08:57.302 --> 00:08:59.610 then letting me know it was my kid.
NOTE Confidence: 0.91879034

00:08:59.610 --> 00:09:00.210 I couldn't
NOTE Confidence: 0.91010994

00:09:00.210 --> 00:09:01.914 believe it. Yeah, speaks to your
NOTE Confidence: 0.91010994

00:09:01.914 --> 00:09:03.820 ability to be a super woman,
NOTE Confidence: 0.91010994

00:09:03.820 --> 00:09:05.536 you know, and to juggle all
NOTE Confidence: 0.91010994

00:09:05.536 --> 00:09:07.439 of that at the same time.
NOTE Confidence: 0.91010994

00:09:07.440 --> 00:09:09.540 It's really inspiring. As a young Mama,

NOTE Confidence: 0.91010994
00:09:09.540 --> 00:09:11.560 Mama of young children now.
NOTE Confidence: 0.91010994
00:09:11.560 --> 00:09:13.504 Uhm, I learn from you that
NOTE Confidence: 0.91010994
00:09:13.504 --> 00:09:15.410 you have to make time to
NOTE Confidence: 0.8750111
00:09:15.410 --> 00:09:16.376 be present, right?
NOTE Confidence: 0.8750111
00:09:16.376 --> 00:09:18.630 and I sometimes I like go in
NOTE Confidence: 0.8750111
00:09:18.700 --> 00:09:20.548 the office and say OK guys,
NOTE Confidence: 0.8750111
00:09:20.550 --> 00:09:24.309 it's a Cape and tights day meaning.
NOTE Confidence: 0.8750111
00:09:24.310 --> 00:09:25.510 Superhero with a Cape
NOTE Confidence: 0.87657255
00:09:25.510 --> 00:09:27.310 and tights to get through it,
NOTE Confidence: 0.87657255
00:09:27.310 --> 00:09:28.810 because otherwise it's not going
NOTE Confidence: 0.87657255
00:09:28.810 --> 00:09:30.707 to work today. Yeah, I have some
NOTE Confidence: 0.87657255
00:09:30.707 --> 00:09:32.710 days I say are protists, days
NOTE Confidence: 0.87657255
00:09:32.710 --> 00:09:33.910 like president, the United
NOTE Confidence: 0.87657255
00:09:33.910 --> 00:09:34.810 States, where you're
NOTE Confidence: 0.87657255
00:09:34.810 --> 00:09:35.710 scheduled every second
NOTE Confidence: 0.87657255

00:09:35.710 --> 00:09:37.510 or like a Cape in tight

NOTE Confidence: 0.87657255

00:09:37.510 --> 00:09:39.025 state that I don't know

NOTE Confidence: 0.87657255

00:09:39.025 --> 00:09:40.810 how we're going to do it.

NOTE Confidence: 0.87657255

00:09:40.810 --> 00:09:42.610 But we're gonna do it today.

NOTE Confidence: 0.87657255

00:09:42.610 --> 00:09:44.350 Yeah, never do you have a

NOTE Confidence: 0.87657255

00:09:44.350 --> 00:09:46.210 bonbon day where you sit around

NOTE Confidence: 0.87657255

00:09:46.210 --> 00:09:48.310 and just you know, chat and eat?

NOTE Confidence: 0.87657255

00:09:48.310 --> 00:09:50.758 Yeah no fun but days yet but I think

NOTE Confidence: 0.87657255

00:09:50.758 --> 00:09:53.408 one of those we should build those in.