WEBVTT

NOTE duration: "00:10:05.5040000"

NOTE language:en-us

NOTE Confidence: 0.7937953

 $00:00:08.260 \longrightarrow 00:00:10.102$ Hi everybody, yeah welcome to

NOTE Confidence: 0.7937953

 $00:00:10.102 \longrightarrow 00:00:12.340$ the get to know caregiver series

NOTE Confidence: 0.7937953

 $00:00:12.410 \longrightarrow 00:00:14.348$ and today we have doctor Joe

NOTE Confidence: 0.7937953

00:00:14.348 --> 00:00:16.399 Lasala from our orange office Joe,

NOTE Confidence: 0.7937953

 $00:00:16.400 \longrightarrow 00:00:18.530$ could you introduce yourself and your

NOTE Confidence: 0.890717427272727

00:00:18.530 --> 00:00:20.780 role? Yes hi, I'm jealous Allah

NOTE Confidence: 0.890717427272727

 $00{:}00{:}20.780 \dashrightarrow 00{:}00{:}23.210$ and I'm a medical Oncologist.

NOTE Confidence: 0.890717427272727

 $00{:}00{:}23.210 \longrightarrow 00{:}00{:}26.226$ I've been in Connecticut for over 20 years.

NOTE Confidence: 0.890717427272727

 $00{:}00{:}26.230 \dashrightarrow 00{:}00{:}29.137$ I'm in. This was my first job here in

NOTE Confidence: 0.890717427272727

 $00:00:29.137 \longrightarrow 00:00:31.256$ Connecticut as a medical oncologist

NOTE Confidence: 0.890717427272727

00:00:31.256 --> 00:00:33.416 at medical oncology and Hematology,

NOTE Confidence: 0.890717427272727

 $00:00:33.420 \longrightarrow 00:00:35.688$ which was a private practice and

NOTE Confidence: 0.890717427272727

00:00:35.688 --> 00:00:38.328 joined yell about odd nine years ago,

NOTE Confidence: 0.890717427272727

 $00:00:38.330 \longrightarrow 00:00:40.220$ almost nine years ago, wow.

 $00:00:41.520 \longrightarrow 00:00:42.740$ Where are you from originally?

NOTE Confidence: 0.9224541

 $00:00:42.740 \longrightarrow 00:00:43.960$ Where did you grow up?

NOTE Confidence: 0.9291245

00:00:45.370 --> 00:00:47.134 Stone Queens very close

NOTE Confidence: 0.9291245

 $00:00:47.134 \longrightarrow 00:00:49.339$ to the white stone bridge.

NOTE Confidence: 0.9291245

 $00:00:49.340 \longrightarrow 00:00:52.644$ I my parents were both first generation

NOTE Confidence: 0.9291245

 $00:00:52.644 \longrightarrow 00:00:55.746$ American and schoolteachers and so I went

NOTE Confidence: 0.9291245

00:00:55.746 --> 00:00:58.158 to public school through Elementary School.

NOTE Confidence: 0.9291245

00:00:58.160 --> 00:01:00.230 Junior High High School in

NOTE Confidence: 0.9291245

 $00:01:00.230 \longrightarrow 00:01:03.010$ New York City and in Queens.

NOTE Confidence: 0.9291245

 $00:01:03.010 \longrightarrow 00:01:06.538$ And then I went to St John's University,

NOTE Confidence: 0.9291245

 $00:01:06.540 \longrightarrow 00:01:09.732$ also in Queens and it was a

NOTE Confidence: 0.9291245

 $00:01:09.732 \longrightarrow 00:01:12.270$ commuter college so I was home,

NOTE Confidence: 0.9291245

 $00:01:12.270 \longrightarrow 00:01:16.918$ then two, and then I went on to.

NOTE Confidence: 0.9291245

 $00:01:16.920 \longrightarrow 00:01:19.368$ Johns Hopkins University for medical school.

NOTE Confidence: 0.9291245

 $00:01:19.370 \longrightarrow 00:01:23.033$ And so I was in Maryland for four years,

 $00:01:23.040 \longrightarrow 00:01:25.248$ which I really enjoyed and then

NOTE Confidence: 0.9291245

 $00:01:25.248 \longrightarrow 00:01:27.268$ did my internship and residency

NOTE Confidence: 0.9291245

00:01:27.268 --> 00:01:29.160 at Cornell in Manhattan,

NOTE Confidence: 0.9291245

 $00:01:29.160 \longrightarrow 00:01:32.016$ which is on the Upper East Side.

NOTE Confidence: 0.9291245

 $00:01:32.020 \longrightarrow 00:01:34.060$ It was New York Hospital,

NOTE Confidence: 0.9291245

 $00:01:34.060 \longrightarrow 00:01:36.658$ Cornell Medical Center.

NOTE Confidence: 0.9291245

00:01:36.660 --> 00:01:38.736 And so I lived in Manhattan,

NOTE Confidence: 0.9291245

 $00:01:38.740 \longrightarrow 00:01:41.000$ which was really a different

NOTE Confidence: 0.9291245

 $00{:}01{:}41.000 \dashrightarrow 00{:}01{:}43.260$ experience and very exciting and

NOTE Confidence: 0.9291245

 $00:01:43.340 \longrightarrow 00:01:46.160$ really great when you're young person.

NOTE Confidence: 0.9291245

00:01:46.160 --> 00:01:48.300 When I was an intern,

NOTE Confidence: 0.9291245

00:01:48.300 --> 00:01:51.380 I met my husband and got married

NOTE Confidence: 0.9291245

 $00:01:51.380 \longrightarrow 00:01:54.438$ at the end of my residency.

NOTE Confidence: 0.9291245

00:01:54.440 --> 00:01:56.770 And during that time, um,

NOTE Confidence: 0.9291245

 $00:01:56.770 \longrightarrow 00:01:58.630$ had conversations with the

NOTE Confidence: 0.9291245

 $00:01:58.630 \longrightarrow 00:02:00.490$ chairman of Hematology Oncology,

 $00:02:00.490 \longrightarrow 00:02:04.210$ and at my program, that chief of Medison,

NOTE Confidence: 0.9291245

 $00:02:04.210 \longrightarrow 00:02:06.070$ the Chief Medical resident,

NOTE Confidence: 0.9291245

00:02:06.070 --> 00:02:07.930 were all hematologist oncologist.

NOTE Confidence: 0.9291245

 $00:02:07.930 \longrightarrow 00:02:11.134$ And so there was a lot of flavor of

NOTE Confidence: 0.9291245

00:02:11.134 --> 00:02:14.438 that throughout our entire residency,

NOTE Confidence: 0.9291245

 $00:02:14.440 \longrightarrow 00:02:16.765$ and it always seemed really

NOTE Confidence: 0.9291245

 $00:02:16.765 \longrightarrow 00:02:18.160$ great and wonderful.

NOTE Confidence: 0.9291245

00:02:18.160 --> 00:02:21.656 And so I found myself one day talking

NOTE Confidence: 0.9291245

00:02:21.656 --> 00:02:25.190 about it with the chief of oncology.

NOTE Confidence: 0.9291245

00:02:25.190 --> 00:02:26.502 And the next minute,

NOTE Confidence: 0.9291245

 $00:02:26.502 \longrightarrow 00:02:28.470$ accepting a job as a fellow.

NOTE Confidence: 0.9291245

 $00:02:28.470 \longrightarrow 00:02:30.766$ Wow, that time there wasn't a match.

NOTE Confidence: 0.9291245

 $00{:}02{:}30.770 \dashrightarrow 00{:}02{:}32.982$ It was really just kind of applying

NOTE Confidence: 0.9291245

 $00:02:32.982 \longrightarrow 00:02:35.359$ and they really encouraged me to stay.

NOTE Confidence: 0.9291245

 $00:02:35.360 \longrightarrow 00:02:39.330$ And so I stayed on to do my fellowship there.

 $00:02:39.330 \longrightarrow 00:02:40.830$ I realize you know,

NOTE Confidence: 0.9291245

 $00:02:40.830 \longrightarrow 00:02:41.955$ thinking about it.

NOTE Confidence: 0.9291245

00:02:41.960 --> 00:02:45.175 My interest in Hematology Oncology

NOTE Confidence: 0.9291245

00:02:45.175 --> 00:02:48.390 went back really along time

NOTE Confidence: 0.9291245

 $00:02:48.502 \longrightarrow 00:02:51.407$ ago when I was in 8th grade.

NOTE Confidence: 0.9291245

00:02:51.410 --> 00:02:54.194 I did a science fair project that had

NOTE Confidence: 0.9291245

 $00:02:54.194 \longrightarrow 00:02:57.317$ to do with blood clotting and then,

NOTE Confidence: 0.9291245

00:02:57.320 --> 00:03:00.078 um, it Fast forward to medical school.

NOTE Confidence: 0.9291245

 $00{:}03{:}00.080 \dashrightarrow 00{:}03{:}02.740$ You know that first summer after your

NOTE Confidence: 0.9291245

 $00:03:02.740 \longrightarrow 00:03:05.562$ first year of Medical School is really

NOTE Confidence: 0.9291245

 $00{:}03{:}05.562 \dashrightarrow 00{:}03{:}08.350$ the only year summer you have off,

NOTE Confidence: 0.9291245

 $00:03:08.350 \longrightarrow 00:03:10.320$ but nobody was really off.

NOTE Confidence: 0.9291245

00:03:10.320 --> 00:03:11.900 Everybody looked for, really,

NOTE Confidence: 0.9291245

00:03:11.900 --> 00:03:14.262 you know, kind of resume building

NOTE Confidence: 0.9291245

 $00:03:14.262 \longrightarrow 00:03:15.834$ things to do connections.

NOTE Confidence: 0.9291245

 $00:03:15.840 \longrightarrow 00:03:18.598$ And my parents didn't have any connections,

 $00:03:18.600 \longrightarrow 00:03:21.808$ but I ended up working as a volunteer.

NOTE Confidence: 0.9291245

 $00:03:21.810 \longrightarrow 00:03:23.832$ At a local hospital and they

NOTE Confidence: 0.9291245

 $00:03:23.832 \longrightarrow 00:03:25.830$ just happen to put me with.

NOTE Confidence: 0.9291245

00:03:25.830 --> 00:03:27.225 A hematologist Oncologist,

NOTE Confidence: 0.9291245

 $00:03:27.225 \longrightarrow 00:03:29.550$ Wow, which was really amazing,

NOTE Confidence: 0.9291245

 $00:03:29.550 \longrightarrow 00:03:32.958$ and it was actually.

NOTE Confidence: 0.9291245

 $00:03:32.960 \longrightarrow 00:03:33.337$ Alright,

NOTE Confidence: 0.9291245

 $00{:}03{:}33.337 \dashrightarrow 00{:}03{:}36.353$ from rice staging from CLL and Mark Citron,

NOTE Confidence: 0.9291245

 $00:03:36.360 \longrightarrow 00:03:38.250$ who is very interested guys,

NOTE Confidence: 0.9291245

 $00:03:38.250 \longrightarrow 00:03:38.630$ those

NOTE Confidence: 0.89892006

 $00:03:38.630 \longrightarrow 00:03:41.276$ are really big names. They are and

NOTE Confidence: 0.89892006

 $00:03:41.280 \longrightarrow 00:03:44.700$ so it was just and he had a physician

NOTE Confidence: 0.89892006

 $00:03:44.700 \longrightarrow 00:03:47.348$ assistant who I spent the whole summer

NOTE Confidence: 0.89892006

 $00:03:47.348 \longrightarrow 00:03:49.966$ with as well and she, you know,

NOTE Confidence: 0.89892006

 $00:03:49.966 \longrightarrow 00:03:52.612$ took me in every room with her.

00:03:52.620 --> 00:03:54.320 And really, you know,

NOTE Confidence: 0.89892006

 $00:03:54.320 \longrightarrow 00:03:56.020$ helped me understand hematology

NOTE Confidence: 0.89892006

00:03:56.020 --> 00:03:58.515 and oncology and get to really see

NOTE Confidence: 0.89892006

 $00{:}03{:}58.515 \dashrightarrow 00{:}04{:}00.550$ you know cancer patients up close.

NOTE Confidence: 0.89892006

 $00:04:00.550 \longrightarrow 00:04:02.860$ And it wasn't scary and

NOTE Confidence: 0.89892006

 $00:04:02.860 \longrightarrow 00:04:05.170$ she was very talented so.

NOTE Confidence: 0.89892006

00:04:05.170 --> 00:04:08.019 You know it was just a really

NOTE Confidence: 0.89892006

00:04:08.019 --> 00:04:09.240 very positive experience,

NOTE Confidence: 0.89892006

 $00{:}04{:}09.240 \dashrightarrow 00{:}04{:}11.724$ so then you know throughout that

NOTE Confidence: 0.89892006

00:04:11.724 --> 00:04:13.720 internship and residency with the,

NOTE Confidence: 0.89892006

 $00{:}04{:}13.720 \dashrightarrow 00{:}04{:}15.928$ you know, really all the leadership

NOTE Confidence: 0.89892006

 $00:04:15.928 \longrightarrow 00:04:18.827$ being focused on that being the most

NOTE Confidence: 0.89892006

 $00:04:18.827 \longrightarrow 00:04:21.452$ important discipline medison which it is.

NOTE Confidence: 0.89892006

 $00:04:21.452 \longrightarrow 00:04:24.128$ It was no surprise then,

NOTE Confidence: 0.89892006

 $00:04:24.128 \longrightarrow 00:04:26.963$ so that I then stayed.

NOTE Confidence: 0.89892006

00:04:26.970 --> 00:04:27.724 At Cornell,

 $00:04:27.724 \longrightarrow 00:04:29.986$ to do my fellowship there and

NOTE Confidence: 0.89892006

 $00:04:29.986 \longrightarrow 00:04:32.415$ stayed for three years and my

NOTE Confidence: 0.89892006

 $00:04:32.415 \longrightarrow 00:04:34.410$ husband was from Connecticut and

NOTE Confidence: 0.89892006

 $00:04:34.410 \longrightarrow 00:04:37.679$ one of my very good friends is a

NOTE Confidence: 0.89892006

 $00{:}04{:}37.679 \dashrightarrow 00{:}04{:}40.071$ gastroenterologist and she was here first.

NOTE Confidence: 0.89892006

 $00{:}04{:}40.071 \dashrightarrow 00{:}04{:}41.659$ Their fellowship end sooner.

NOTE Confidence: 0.89892006

 $00:04:41.660 \longrightarrow 00:04:44.108$ So she was here a year ahead of

NOTE Confidence: 0.89892006

00:04:44.108 --> 00:04:46.719 me in Connecticut and new that

NOTE Confidence: 0.89892006

 $00{:}04{:}46.719 \dashrightarrow 00{:}04{:}49.593$ Groupon new the other doctors and

NOTE Confidence: 0.89892006

00:04:49.683 --> 00:04:52.399 sort of encouraged me to apply for

NOTE Confidence: 0.89892006

 $00:04:52.399 \longrightarrow 00:04:55.470$ that job and so that was my first

NOTE Confidence: 0.89892006

 $00:04:55.470 \longrightarrow 00:04:58.430$ job and real job right after your.

NOTE Confidence: 0.89892006

 $00{:}04{:}58.430 {\:{\circ}{\circ}{\circ}}>00{:}05{:}01.139$ You've been a student in a trainee

NOTE Confidence: 0.89892006

00:05:01.139 --> 00:05:03.848 for so long. Yeah, just real job.

NOTE Confidence: 0.89892006

 $00:05:03.848 \longrightarrow 00:05:06.170$ And it was really a great,

 $00:05:06.170 \longrightarrow 00:05:08.606$ really the best kind of position

NOTE Confidence: 0.89892006

 $00:05:08.606 \longrightarrow 00:05:11.104$ for somebody coming out of training

NOTE Confidence: 0.89892006

 $00:05:11.104 \longrightarrow 00:05:13.897$ because I had all these great partners

NOTE Confidence: 0.89892006

 $00{:}05{:}13.897 {\:{\circ}{\circ}{\circ}}>00{:}05{:}16.757$ with a lot of expertise and it was

NOTE Confidence: 0.89892006

 $00:05:16.757 \longrightarrow 00:05:18.911$ not just learning the medical part

NOTE Confidence: 0.89892006

 $00:05:18.911 \longrightarrow 00:05:22.040$ of it because you learn all of that,

NOTE Confidence: 0.89892006

 $00:05:22.040 \longrightarrow 00:05:24.356$ you know school and in training.

NOTE Confidence: 0.89892006

 $00:05:24.360 \longrightarrow 00:05:26.992$ But really just how to take care

NOTE Confidence: 0.89892006

 $00{:}05{:}26.992 \dashrightarrow 00{:}05{:}29.478$ of patients in a practical way.

NOTE Confidence: 0.89892006

00:05:29.480 --> 00:05:32.072 And in a way that that is caring

NOTE Confidence: 0.89892006

00:05:32.072 --> 00:05:32.720 and compassionate.

NOTE Confidence: 0.89892006

 $00:05:32.720 \longrightarrow 00:05:34.988$ And so I was just very fortunate.

NOTE Confidence: 0.89892006

 $00:05:34.990 \longrightarrow 00:05:37.258$ And they were all very hard working.

NOTE Confidence: 0.89892006

 $00:05:37.260 \longrightarrow 00:05:39.526$ And so it just was, you know,

NOTE Confidence: 0.89892006

 $00:05:39.526 \longrightarrow 00:05:41.464$ just reinforced invalidated that work ethic.

NOTE Confidence: 0.89892006

 $00:05:41.470 \longrightarrow 00:05:43.584$ And everybody was really like minded and

 $00:05:43.584 \longrightarrow 00:05:45.998$ it was really really a great experience.

NOTE Confidence: 0.89892006

00:05:46.000 --> 00:05:47.023 And then Interestingly,

NOTE Confidence: 0.89892006

 $00{:}05{:}47.023 \dashrightarrow 00{:}05{:}49.069$ because it was a private practice

NOTE Confidence: 0.89892006

 $00:05:49.069 \longrightarrow 00:05:50.539$ and I became a partner.

NOTE Confidence: 0.89892006

 $00:05:50.540 \longrightarrow 00:05:52.892$ I you know it was a little bit

NOTE Confidence: 0.89892006

 $00:05:52.892 \longrightarrow 00:05:54.748$ of business learning as well,

NOTE Confidence: 0.89892006

 $00:05:54.750 \longrightarrow 00:05:57.126$ which is just a different part of your

NOTE Confidence: 0.89892006

 $00:05:57.126 \longrightarrow 00:06:00.058$ brain in a different understanding how to be.

NOTE Confidence: 0.89892006

 $00:06:00.060 \longrightarrow 00:06:01.930$ A business owner and and

NOTE Confidence: 0.89892006

 $00:06:01.930 \longrightarrow 00:06:03.800$ kind of what that means,

NOTE Confidence: 0.89892006

00:06:03.800 --> 00:06:04.550 you know?

NOTE Confidence: 0.9098981

 $00:06:06.220 \longrightarrow 00:06:08.748$ Most of us never get because if because

NOTE Confidence: 0.9098981

 $00{:}06{:}08.748 \dashrightarrow 00{:}06{:}10.897$ we haven't owned our own business.

NOTE Confidence: 0.91770333

 $00{:}06{:}11.490 --> 00{:}06{:}12.930$ Right, right? So it's just

NOTE Confidence: 0.91770333

 $00:06:12.930 \longrightarrow 00:06:14.082$ something just really different.

00:06:14.090 --> 00:06:16.682 So like oh, I'm a small business owner too,

NOTE Confidence: 0.91770333

 $00:06:16.690 \longrightarrow 00:06:18.858$ you know, and so you kind of understand

NOTE Confidence: 0.91770333

 $00:06:18.858 \longrightarrow 00:06:21.028$ a lot of different pieces of it.

NOTE Confidence: 0.91770333

 $00:06:21.030 \longrightarrow 00:06:22.764$ And also how much goes into

NOTE Confidence: 0.91770333

 $00:06:22.764 \longrightarrow 00:06:24.500$ that and how hard that is.

NOTE Confidence: 0.91770333

00:06:24.500 --> 00:06:27.700 And that you know it gives you the

NOTE Confidence: 0.91770333

 $00:06:27.700 \longrightarrow 00:06:30.060$ opportunity to work all the time.

NOTE Confidence: 0.91770333

00:06:30.060 --> 00:06:32.657 Yeah, off when you're a business owner,

NOTE Confidence: 0.91770333

 $00:06:32.660 \longrightarrow 00:06:34.898$ so which is fine, 'cause which

NOTE Confidence: 0.8949989

 $00:06:34.900 \longrightarrow 00:06:37.315$ probably helps you relate to your patients

NOTE Confidence: 0.8949989

 $00{:}06{:}37.315 \dashrightarrow 00{:}06{:}39.730$ who also own their own businesses,

NOTE Confidence: 0.8949989

00:06:39.730 --> 00:06:41.968 an understanding their need for your

NOTE Confidence: 0.8949989

 $00:06:41.968 \longrightarrow 00:06:44.570$ flexibility and their work life. And then

NOTE Confidence: 0.8949989

00:06:44.570 --> 00:06:46.058 if you're not working,

NOTE Confidence: 0.8949989

 $00:06:46.058 \longrightarrow 00:06:47.918$ you know that's a problem.

NOTE Confidence: 0.8949989

 $00:06:47.920 \longrightarrow 00:06:50.685$ Yeah, out sick Kerry not working and

00:06:50.685 --> 00:06:53.124 that's really hard to do, you know.

NOTE Confidence: 0.8949989

 $00{:}06{:}53.124 \dashrightarrow 00{:}06{:}56.100$ And so so that was really great experience.

NOTE Confidence: 0.8949989

 $00:06:56.100 \longrightarrow 00:06:57.656$ And then you know,

NOTE Confidence: 0.8949989

 $00:06:57.656 \longrightarrow 00:07:01.099$ during that time I had both my children.

NOTE Confidence: 0.8949989

 $00:07:01.100 \longrightarrow 00:07:03.442$ And how old are they now?

NOTE Confidence: 0.8949989

 $00:07:03.442 \longrightarrow 00:07:06.116$ So there are 20 and 16 going

NOTE Confidence: 0.8949989

 $00:07:06.116 \longrightarrow 00:07:08.940$ to be 21 and 17 this fall,

NOTE Confidence: 0.8949989

 $00:07:08.940 \longrightarrow 00:07:11.286$ which is just sort of strange,

NOTE Confidence: 0.8949989

 $00:07:11.290 \longrightarrow 00:07:13.708$ because then they're not little kids

NOTE Confidence: 0.8949989

 $00:07:13.708 \longrightarrow 00:07:16.000$ anymore and they're all grown up.

NOTE Confidence: 0.8949989

 $00:07:16.000 \longrightarrow 00:07:18.590$ So um, but I did have both

NOTE Confidence: 0.8949989

 $00:07:18.590 \longrightarrow 00:07:21.090$ of them while I was working.

NOTE Confidence: 0.8949989

 $00:07:21.090 \longrightarrow 00:07:22.626$ And so, um, it.

NOTE Confidence: 0.8949989

 $00:07:22.626 \longrightarrow 00:07:26.580$ It was really the best job for that as well,

NOTE Confidence: 0.8949989

 $00:07:26.580 \longrightarrow 00:07:29.836$ because my partners were all supportive and I

 $00:07:29.836 \longrightarrow 00:07:33.128$ really was able to control my dayan control.

NOTE Confidence: 0.8949989

 $00{:}07{:}33.130 \dashrightarrow 00{:}07{:}34.995$ My schedule enough that I

NOTE Confidence: 0.8949989

 $00:07:34.995 \longrightarrow 00:07:37.500$ really was able to do it all.

NOTE Confidence: 0.8949989

 $00:07:37.500 \longrightarrow 00:07:38.592$ You know, not.

NOTE Confidence: 0.8949989

00:07:38.592 --> 00:07:39.320 You know,

NOTE Confidence: 0.8949989

 $00:07:39.320 \longrightarrow 00:07:42.595$ maybe I wasn't there for 100% of every event,

NOTE Confidence: 0.8949989

 $00:07:42.595 \longrightarrow 00:07:45.198$ but I really, really was there for.

NOTE Confidence: 0.8949989

00:07:45.198 --> 00:07:48.261 I really don't feel like I missed anything

NOTE Confidence: 0.8949989

 $00{:}07{:}48.261 \dashrightarrow 00{:}07{:}51.569$ and so I was really able to be there

NOTE Confidence: 0.8949989

 $00:07:51.569 \dashrightarrow 00:07:54.602$ for my kids and and I do remember my,

NOTE Confidence: 0.8949989

 $00{:}07{:}54.610 \longrightarrow 00{:}07{:}57.026$ you know it was my son was in

NOTE Confidence: 0.8949989

 $00:07:57.026 \longrightarrow 00:07:59.023$ kindergarten and they had their

NOTE Confidence: 0.8949989

00:07:59.023 --> 00:08:00.787 Thanksgiving parade or whatever,

NOTE Confidence: 0.8949989

00:08:00.790 --> 00:08:01.155 right?

NOTE Confidence: 0.8949989

 $00:08:01.155 \longrightarrow 00:08:02.980$ It like a 10 AM,

NOTE Confidence: 0.8949989

 $00:08:02.980 \longrightarrow 00:08:04.755$ which is probably like the

 $00:08:04.755 \longrightarrow 00:08:06.175$ worst time possible because

NOTE Confidence: 0.8949989

00:08:06.175 --> 00:08:08.070 you can write really before.

NOTE Confidence: 0.91879034

00:08:08.290 --> 00:08:11.200 Right in a busy time of year in a busy

NOTE Confidence: 0.91879034

00:08:11.200 --> 00:08:13.528 week warning, you know, out of the office,

NOTE Confidence: 0.91879034

 $00{:}08{:}13.530 \dashrightarrow 00{:}08{:}16.030$ but I was able to get there in the teacher

NOTE Confidence: 0.91879034

00:08:16.094 --> 00:08:18.474 talk to the parents beforehand and said,

NOTE Confidence: 0.91879034

00:08:18.480 --> 00:08:20.946 you know, I made sure that the kids knew

NOTE Confidence: 0.91879034

 $00:08:20.946 \longrightarrow 00:08:23.668$ that it was difficult for parents to get here

NOTE Confidence: 0.91879034

00:08:23.668 --> 00:08:26.116 and that you know, if they weren't here,

NOTE Confidence: 0.91879034

00:08:26.116 --> 00:08:28.369 it's not 'cause they didn't want to be,

NOTE Confidence: 0.91879034

 $00:08:28.370 \longrightarrow 00:08:30.538$ but that all of them tried in that

NOTE Confidence: 0.91879034

 $00:08:30.538 \longrightarrow 00:08:32.440$ they wouldn't want to disappoint you,

NOTE Confidence: 0.91879034

 $00:08:32.440 \longrightarrow 00:08:34.186$ but that they really, you know,

NOTE Confidence: 0.91879034

 $00:08:34.190 \longrightarrow 00:08:36.590$ did their best and one of the kids

NOTE Confidence: 0.91879034

 $00:08:36.590 \longrightarrow 00:08:38.979$ that my mom never let's me down.

 $00:08:38.980 \longrightarrow 00:08:41.550$ It turns out it was my kitten.

NOTE Confidence: 0.91879034

 $00{:}08{:}41.550 \dashrightarrow 00{:}08{:}43.496$ An and it always makes me well

NOTE Confidence: 0.91879034

 $00:08:43.496 \longrightarrow 00:08:45.758$ up when he said that because I,

NOTE Confidence: 0.91879034

00:08:45.760 --> 00:08:48.469 you know you, you always feel as a mom.

NOTE Confidence: 0.91879034

00:08:48.470 --> 00:08:49.373 Didn't you know?

NOTE Confidence: 0.91879034

 $00:08:49.373 \longrightarrow 00:08:50.577$ am I there enough?

NOTE Confidence: 0.91879034

 $00:08:50.580 \longrightarrow 00:08:53.289$ am I doing enough when you're a working mom?

NOTE Confidence: 0.91879034

 $00:08:53.290 \longrightarrow 00:08:55.453$ And so I was grateful for the

NOTE Confidence: 0.91879034

 $00{:}08{:}55.453 \dashrightarrow 00{:}08{:}57.302$ teacher for telling this story and

NOTE Confidence: 0.91879034

 $00:08:57.302 \longrightarrow 00:08:59.610$ then letting me know it was my kid.

NOTE Confidence: 0.91879034

 $00{:}08{:}59.610 --> 00{:}09{:}00.210$ I couldn't

NOTE Confidence: 0.91010994

 $00:09:00.210 \longrightarrow 00:09:01.914$ believe it. Yeah, speaks to your

NOTE Confidence: 0.91010994

 $00:09:01.914 \longrightarrow 00:09:03.820$ ability to be a super woman,

NOTE Confidence: 0.91010994

 $00:09:03.820 \longrightarrow 00:09:05.536$ you know, and to juggle all

NOTE Confidence: 0.91010994

 $00:09:05.536 \longrightarrow 00:09:07.439$ of that at the same time.

NOTE Confidence: 0.91010994

00:09:07.440 --> 00:09:09.540 It's really inspiring. As a young Mama,

 $00:09:09.540 \longrightarrow 00:09:11.560$ Mama of young children now.

NOTE Confidence: 0.91010994

 $00:09:11.560 \longrightarrow 00:09:13.504$ Uhm, I learn from you that

NOTE Confidence: 0.91010994

 $00:09:13.504 \longrightarrow 00:09:15.410$ you have to make time to

NOTE Confidence: 0.8750111

 $00:09:15.410 \longrightarrow 00:09:16.376$ be present, right?

NOTE Confidence: 0.8750111

00:09:16.376 --> 00:09:18.630 and I sometimes I like go in

NOTE Confidence: 0.8750111

 $00:09:18.700 \longrightarrow 00:09:20.548$ the office and say OK guys,

NOTE Confidence: 0.8750111

00:09:20.550 --> 00:09:24.309 it's a Cape and tights day meaning.

NOTE Confidence: 0.8750111

 $00:09:24.310 \longrightarrow 00:09:25.510$ Superhero with a Cape

NOTE Confidence: 0.87657255

 $00:09:25.510 \longrightarrow 00:09:27.310$ and tights to get through it,

NOTE Confidence: 0.87657255

 $00:09:27.310 \longrightarrow 00:09:28.810$ because otherwise it's not going

NOTE Confidence: 0.87657255

 $00:09:28.810 \longrightarrow 00:09:30.707$ to work today. Yeah, I have some

NOTE Confidence: 0.87657255

 $00:09:30.707 \dashrightarrow 00:09:32.710$ days I say are protists, days

NOTE Confidence: 0.87657255

00:09:32.710 --> 00:09:33.910 like president, the United

NOTE Confidence: 0.87657255

 $00{:}09{:}33.910 --> 00{:}09{:}34.810$ States, where you're

NOTE Confidence: 0.87657255

 $00:09:34.810 \longrightarrow 00:09:35.710$ scheduled every second

00:09:35.710 --> 00:09:37.510 or like a Cape in tight

NOTE Confidence: 0.87657255

 $00:09:37.510 \longrightarrow 00:09:39.025$ state that I don't know

NOTE Confidence: 0.87657255

 $00:09:39.025 \longrightarrow 00:09:40.810$ how we're going to do it.

NOTE Confidence: 0.87657255

 $00:09:40.810 \longrightarrow 00:09:42.610$ But we're gonna do it today.

NOTE Confidence: 0.87657255

 $00{:}09{:}42.610 --> 00{:}09{:}44.350$ Yeah, never do you have a

NOTE Confidence: 0.87657255

 $00{:}09{:}44.350 \dashrightarrow 00{:}09{:}46.210$ bonbon day where you sit around

NOTE Confidence: 0.87657255

 $00:09:46.210 \longrightarrow 00:09:48.310$ and just you know, chat and eat?

NOTE Confidence: 0.87657255

 $00:09:48.310 \longrightarrow 00:09:50.758$ Yeah no fun but days yet but I think

NOTE Confidence: 0.87657255

 $00:09:50.758 \longrightarrow 00:09:53.408$ one of those we should build those in.