## WEBVTT

NOTE duration: "00:05:43.3170000"

NOTE language:en-us

NOTE Confidence: 0.857680022716522

 $00:00:00.000 \longrightarrow 00:00:02.681$  Thank you for agreeing to do our

NOTE Confidence: 0.857680022716522

00:00:02.681 --> 00:00:05.398 get to know a caregiver series

NOTE Confidence: 0.857680022716522

00:00:05.398 --> 00:00:08.480 in my pleasure. Thank you. It's a

NOTE Confidence: 0.85768002271652200:00:08.480 --> 00:00:09.680 lot of fun NOTE Confidence: 0.857680022716522

 $00{:}00{:}09.680 \dashrightarrow 00{:}00{:}12.880$ so you know I wanted to take a

NOTE Confidence: 0.857680022716522

 $00:00:12.880 \longrightarrow 00:00:15.680$  minute to ask you a few questions

NOTE Confidence: 0.857680022716522

 $00:00:15.680 \longrightarrow 00:00:17.740$  and starting out with where

NOTE Confidence: 0.857680022716522

00:00:17.740 --> 00:00:20.080 you're from and how you grew

NOTE Confidence: 0.857680022716522

00:00:20.080 --> 00:00:21.680 up. Sure, uhm. I

NOTE Confidence: 0.857680022716522

 $00:00:21.680 \longrightarrow 00:00:25.157$  was born in New York City, but I raised.

NOTE Confidence: 0.857680022716522

 $00{:}00{:}25.157 \dashrightarrow 00{:}00{:}27.670$  I was raised mostly in Connecticut so

NOTE Confidence: 0.857680022716522

 $00:00:27.743 \longrightarrow 00:00:30.485$  I consider myself a Connecticut native.

NOTE Confidence: 0.857680022716522

 $00:00:30.490 \longrightarrow 00:00:33.026$  An an eye my whole my whole life.

NOTE Confidence: 0.857680022716522

00:00:33.030 --> 00:00:34.610 I grew up in Connecticut,

00:00:34.610 --> 00:00:36.125 from kindergarten through through high

NOTE Confidence: 0.857680022716522

 $00:00:36.125 \longrightarrow 00:00:38.419$  school and moved away at various points.

NOTE Confidence: 0.857680022716522

00:00:38.420 --> 00:00:41.264 But I'm now back right where I grew up,

NOTE Confidence: 0.857680022716522

 $00:00:41.270 \longrightarrow 00:00:45.320$  so it's a lot of fun. And

NOTE Confidence: 0.899333894252777

 $00:00:45.320 \longrightarrow 00:00:47.390$  tell me a little bit about

NOTE Confidence: 0.899333894252777

00:00:47.390 --> 00:00:50.134 your family. Are you? How many siblings do

NOTE Confidence: 0.899333894252777

 $00:00:50.140 \longrightarrow 00:00:51.169$  you have anything?

NOTE Confidence: 0.899333894252777

00:00:51.169 --> 00:00:52.884 Yeah, I have a brother.

NOTE Confidence: 0.899333894252777

 $00:00:52.890 \longrightarrow 00:00:54.960$  Um parents have a small family,

NOTE Confidence: 0.899333894252777

 $00{:}00{:}54.960 \dashrightarrow 00{:}00{:}57.186$  uh, we always grow up with dogs

NOTE Confidence: 0.899333894252777

 $00:00:57.186 \longrightarrow 00:00:59.768$  and a big dog person. And uh,

NOTE Confidence: 0.899333894252777

00:00:59.768 --> 00:01:02.176 I'm the only position in my family.

NOTE Confidence: 0.899333894252777

 $00{:}01{:}02.180 \dashrightarrow 00{:}01{:}03.900$  Only percentage medison or health care.

NOTE Confidence: 0.899333894252777

00:01:03.900 --> 00:01:07.490 Uhm, so that's something that I enjoy. And

NOTE Confidence: 0.899730920791626

 $00:01:07.490 \longrightarrow 00:01:08.390$  so tell me about

 $00:01:08.390 \longrightarrow 00:01:09.962$  the decision to go into Medison

NOTE Confidence: 0.899730920791626

00:01:09.962 --> 00:01:11.756 like how old were you when you

NOTE Confidence: 0.899730920791626

 $00:01:11.756 \longrightarrow 00:01:13.366$  knew you wanted to be a doctor

NOTE Confidence: 0.899730920791626

00:01:13.422 --> 00:01:14.760 and and why did you chat?

NOTE Confidence: 0.899730920791626

 $00:01:14.760 \longrightarrow 00:01:16.350$  I think I always knew

NOTE Confidence: 0.904614508152008

 $00:01:16.350 \longrightarrow 00:01:18.576$  even when I was a little kid.

NOTE Confidence: 0.904614508152008

 $00{:}01{:}18.580 \dashrightarrow 00{:}01{:}20.677$  I would say I wanted to be a doctor

NOTE Confidence: 0.904614508152008

00:01:20.677 --> 00:01:22.997 and maybe not even fully obviously

NOTE Confidence: 0.904614508152008

 $00{:}01{:}22.997 \dashrightarrow 00{:}01{:}24.617$  understanding what that meant.

NOTE Confidence: 0.904614508152008

 $00:01:24.620 \longrightarrow 00:01:26.210$  But I love science. I.

NOTE Confidence: 0.904614508152008

 $00:01:26.210 \longrightarrow 00:01:28.746$  I think you know, in a classic way.

NOTE Confidence: 0.904614508152008

 $00:01:28.750 \longrightarrow 00:01:30.682$  I probably had really great mentors

NOTE Confidence: 0.904614508152008

 $00:01:30.682 \longrightarrow 00:01:32.250$  through my college and uhm,

NOTE Confidence: 0.904614508152008

 $00{:}01{:}32.250 \dashrightarrow 00{:}01{:}34.476$ you know high school in elementary school,

NOTE Confidence: 0.904614508152008

00:01:34.480 --> 00:01:36.070 you know, going back far,

NOTE Confidence: 0.904614508152008

 $00:01:36.070 \longrightarrow 00:01:38.606$  and but I really have always loved science.

 $00:01:38.610 \longrightarrow 00:01:40.858$  I think is what drove me to to

NOTE Confidence: 0.904614508152008

 $00:01:40.858 \longrightarrow 00:01:43.057$  medicine and probably just with that.

NOTE Confidence: 0.904614508152008

 $00:01:43.060 \longrightarrow 00:01:44.675$  I think the ability to

NOTE Confidence: 0.904614508152008

00:01:44.675 --> 00:01:46.290 work with people you know.

NOTE Confidence: 0.904614508152008

 $00:01:46.290 \longrightarrow 00:01:48.030$  An an probably is what drew

NOTE Confidence: 0.904614508152008

 $00:01:48.030 \longrightarrow 00:01:49.580$  me to Madison the most.

NOTE Confidence: 0.904461562633514

 $00:01:49.580 \longrightarrow 00:01:51.410$  Where did you end up going

NOTE Confidence: 0.904461562633514

 $00{:}01{:}51.410 \dashrightarrow 00{:}01{:}53.169$  to medical school I went to

NOTE Confidence: 0.904461562633514

 $00:01:53.170 \longrightarrow 00:01:55.562$  medical school in Ireland an when I when

NOTE Confidence: 0.904461562633514

 $00{:}01{:}55.562 \dashrightarrow 00{:}01{:}58.247$  I got there by when I was in college,

NOTE Confidence: 0.904461562633514

 $00:01:58.250 \longrightarrow 00:02:01.250$  I had spent a semester abroad in Dublin.

NOTE Confidence: 0.904461562633514

 $00:02:01.250 \dashrightarrow 00:02:04.184$  And I had a great time and I felt

NOTE Confidence: 0.904461562633514

 $00{:}02{:}04.184 \dashrightarrow 00{:}02{:}07.153$  really drawn to the country and I am

NOTE Confidence: 0.904461562633514

 $00:02:07.153 \longrightarrow 00:02:09.872$  have some Irish background in May and

NOTE Confidence: 0.904461562633514

 $00:02:09.872 \longrightarrow 00:02:12.892$  I would just wanted to go back and

00:02:12.892 --> 00:02:15.058 I had a really wonderful opportunity

NOTE Confidence: 0.904461562633514

 $00{:}02{:}15.058 \dashrightarrow 00{:}02{:}17.270$  to take part in medical school

NOTE Confidence: 0.904461562633514

 $00:02:17.270 \longrightarrow 00:02:19.810$  there with a program or about half.

NOTE Confidence: 0.904461562633514

 $00:02:19.810 \longrightarrow 00:02:21.886$  My class mates were from North America

NOTE Confidence: 0.904461562633514

 $00:02:21.886 \longrightarrow 00:02:24.909$  and the rest of the students were Irish.

NOTE Confidence: 0.904461562633514

 $00{:}02{:}24.910 \dashrightarrow 00{:}02{:}28.160$  An amazing experience. That sounds

NOTE Confidence: 0.881601750850677

 $00:02:28.160 \longrightarrow 00:02:30.968$  really amazing and what a cool

NOTE Confidence: 0.881601750850677

 $00{:}02{:}30.968 \dashrightarrow 00{:}02{:}33.610$  way to learn about Medison

NOTE Confidence: 0.885244566202164

 $00:02:33.610 \longrightarrow 00:02:35.382$  in another country. Absolutely,

NOTE Confidence: 0.885244566202164

 $00:02:35.382 \longrightarrow 00:02:38.555$  uhm and the the you know there

NOTE Confidence: 0.885244566202164

 $00{:}02{:}38.555 \dashrightarrow 00{:}02{:}41.123$  was a really strong emphasis upon

NOTE Confidence: 0.885244566202164

00:02:41.123 --> 00:02:43.468 just your your history taking

NOTE Confidence: 0.885244566202164

00:02:43.468 --> 00:02:45.923 our speaking to patients and

NOTE Confidence: 0.885244566202164

 $00{:}02{:}45.923 \dashrightarrow 00{:}02{:}48.100$  your physical exam skills and.

NOTE Confidence: 0.885244566202164

00:02:48.100 --> 00:02:51.660 An it was spent time is it was amazing.

NOTE Confidence: 0.885244566202164

 $00{:}02{:}51.660 \dashrightarrow 00{:}02{:}53.774$  I keeping a great touch with them.

 $00:02:53.780 \longrightarrow 00:02:55.684$  My colleagues from there.

NOTE Confidence: 0.885244566202164

00:02:55.684 --> 00:02:58.000 So it was fantastic. And

NOTE Confidence: 0.938076555728912

 $00:02:58.000 \longrightarrow 00:03:00.030$  so from after medical school,

NOTE Confidence: 0.938076555728912

00:03:00.030 --> 00:03:03.270 then you chose to go into internal medicine,

NOTE Confidence: 0.938076555728912

00:03:03.270 --> 00:03:05.300 residency and then ultimately Hematology,

NOTE Confidence: 0.938076555728912

 $00:03:05.300 \longrightarrow 00:03:07.330$  Oncology, Fellowship talk a little

NOTE Confidence: 0.938076555728912

 $00:03:07.330 \longrightarrow 00:03:10.198$  bit about those decisions and an

NOTE Confidence: 0.938076555728912

00:03:10.198 --> 00:03:12.110 any formative experiences that

NOTE Confidence: 0.938076555728912

 $00:03:12.188 \longrightarrow 00:03:14.390$  helped you decide what to do.

NOTE Confidence: 0.938076555728912

00:03:14.390 --> 00:03:15.870 Yeah, I had a really, really

NOTE Confidence: 0.903937041759491

00:03:15.870 --> 00:03:17.322 great mentors. UM, I I wanted

NOTE Confidence: 0.903937041759491

 $00:03:17.322 \longrightarrow 00:03:19.080$  to be back in the New York.

NOTE Confidence: 0.903937041759491

 $00{:}03{:}19.080 \dashrightarrow 00{:}03{:}21.739$  I wanted to be in New York City so I did my

NOTE Confidence: 0.903937041759491

 $00:03:21.739 \longrightarrow 00:03:24.152$  residency training in the Bronx, which was.

NOTE Confidence: 0.903937041759491

00:03:24.152 --> 00:03:27.121 So cool, because there is just, uh,

 $00:03:27.121 \longrightarrow 00:03:30.280$  it's such a diverse place to work and I

NOTE Confidence: 0.903937041759491

 $00:03:30.367 \longrightarrow 00:03:33.797$  had the opportunity to have patience from.

NOTE Confidence: 0.903937041759491

00:03:33.800 --> 00:03:36.480 Number of different ethnic backgrounds,

NOTE Confidence: 0.903937041759491

00:03:36.480 --> 00:03:37.552 socioeconomic backgrounds,

NOTE Confidence: 0.903937041759491

 $00:03:37.552 \longrightarrow 00:03:39.696$  which was really rewarding.

NOTE Confidence: 0.903937041759491

 $00:03:39.700 \longrightarrow 00:03:43.996$  I learned so much an I think I

NOTE Confidence: 0.903937041759491

 $00{:}03{:}43.996 \dashrightarrow 00{:}03{:}46.444$ ultimately chose. Palazhi based on.

NOTE Confidence: 0.903937041759491

 $00:03:46.444 \longrightarrow 00:03:49.192$  And you have family members who

NOTE Confidence: 0.903937041759491

 $00{:}03{:}49.192 \dashrightarrow 00{:}03{:}52.078$  had a history of breast cancer.

NOTE Confidence: 0.903937041759491

 $00:03:52.080 \longrightarrow 00:03:54.775$  So I think that had some element,

NOTE Confidence: 0.903937041759491 00:03:54.780 --> 00:03:55.496 of course. NOTE Confidence: 0.903937041759491

00:03:55.496 --> 00:03:58.002 But I think also again just really

NOTE Confidence: 0.903937041759491

 $00:03:58.002 \longrightarrow 00:04:00.190$  great mentorship along the way.

NOTE Confidence: 0.903937041759491

 $00:04:00.190 \longrightarrow 00:04:02.612$  I also realized that I was entering

NOTE Confidence: 0.903937041759491

00:04:02.612 --> 00:04:05.220 oncology at a unique time I think

NOTE Confidence: 0.903937041759491

 $00:04:05.220 \longrightarrow 00:04:07.984$  when the field is really wrapping your

00:04:07.984 --> 00:04:10.648 rapidly changing very positive way and.

NOTE Confidence: 0.903937041759491

 $00{:}04{:}10.650 \dashrightarrow 00{:}04{:}13.540$  Our knowledge science was changing.

NOTE Confidence: 0.903937041759491

00:04:13.540 --> 00:04:16.095 And. Any every day.

NOTE Confidence: 0.903937041759491

00:04:16.095 --> 00:04:18.450 I think you know we get new information

NOTE Confidence: 0.903937041759491

00:04:18.450 --> 00:04:20.610 about how to diagnose things,

NOTE Confidence: 0.903937041759491

 $00:04:20.610 \longrightarrow 00:04:22.766$  treat cancer and I just thought I

NOTE Confidence: 0.903937041759491

 $00:04:22.766 \longrightarrow 00:04:25.192$  want to be involved in this this

NOTE Confidence: 0.903937041759491

 $00{:}04{:}25.192 \dashrightarrow 00{:}04{:}27.718$  exciting time and so that was a

NOTE Confidence: 0.903937041759491

 $00:04:27.718 \longrightarrow 00:04:29.578$  large part of what drew mean.

NOTE Confidence: 0.903937041759491

 $00:04:29.580 \longrightarrow 00:04:32.559$  Oncology and then of course I think we have.

NOTE Confidence: 0.903937041759491

 $00:04:32.560 \longrightarrow 00:04:36.196$  It's a unique field to where we get to.

NOTE Confidence: 0.903937041759491

 $00{:}04{:}36.200 \dashrightarrow 00{:}04{:}37.628$  Really get to know our patience.

NOTE Confidence: 0.903937041759491 00:04:37.630 --> 00:04:38.084 You know, NOTE Confidence: 0.903937041759491

 $00:04:38.084 \longrightarrow 00:04:39.673$  on a human level and I remember

NOTE Confidence: 0.903937041759491

 $00:04:39.673 \longrightarrow 00:04:41.660$  one of my mentors at the Times that

00:04:41.660 --> 00:04:43.137 will think about you know what

NOTE Confidence: 0.903937041759491

 $00{:}04{:}43.137 \dashrightarrow 00{:}04{:}44.761$  kind of patients who do you want

NOTE Confidence: 0.903937041759491

 $00:04:44.770 \longrightarrow 00:04:45.722$  to be sitting across?

NOTE Confidence: 0.903937041759491 00:04:45.722 --> 00:04:46.198 You know, NOTE Confidence: 0.903937041759491

 $00:04:46.200 \longrightarrow 00:04:48.048$  in the room with and what kind of

NOTE Confidence: 0.903937041759491

00:04:48.048 --> 00:04:49.715 conversations do you want to be having

NOTE Confidence: 0.903937041759491

00:04:49.715 --> 00:04:51.429 and that really somehow just that stuck?

NOTE Confidence: 0.903937041759491

00:04:51.430 --> 00:04:53.158 And it's something I've never forgotten

NOTE Confidence: 0.903937041759491

 $00{:}04{:}53.158 \dashrightarrow 00{:}04{:}55.391$  and I and I just realized that this

NOTE Confidence: 0.903937041759491

 $00:04:55.391 \longrightarrow 00:04:57.658$  is what I think I was meant to do.

NOTE Confidence: 0.903937041759491

 $00{:}04{:}57.660 --> 00{:}04{:}59.259$  It's a privilege

NOTE Confidence: 0.873842656612396

 $00:04:59.260 \longrightarrow 00:05:03.003$  to sit across from a patient dealing

NOTE Confidence: 0.873842656612396

 $00{:}05{:}03.003 \dashrightarrow 00{:}05{:}05.198$  with cancer. Absolutely. I mean

NOTE Confidence: 0.90860378742218

 $00:05:05.200 \longrightarrow 00:05:08.460$  it is such. It is such a privilege to to

NOTE Confidence: 0.90860378742218

 $00:05:08.544 \longrightarrow 00:05:11.968$  get to be involved in the medical aspects.

NOTE Confidence: 0.90860378742218

 $00:05:11.970 \longrightarrow 00:05:14.220$  Of course of what we're doing,

 $00:05:14.220 \longrightarrow 00:05:16.392$  but to also have people allow

NOTE Confidence: 0.90860378742218

 $00:05:16.392 \longrightarrow 00:05:18.729$  you to really enter their legs,

NOTE Confidence: 0.90860378742218

 $00:05:18.730 \longrightarrow 00:05:19.855$  meet their family.

NOTE Confidence: 0.90860378742218

00:05:19.855 --> 00:05:21.684 Cancer impacts people, of course,

NOTE Confidence: 0.90860378742218

 $00:05:21.684 \longrightarrow 00:05:24.148$  in on a day-to-day basis and how

NOTE Confidence: 0.90860378742218

 $00:05:24.148 \longrightarrow 00:05:26.406$  they are with their own family

NOTE Confidence: 0.874678254127502

 $00:05:26.410 \longrightarrow 00:05:28.702$  and their jobs. And it's it's

NOTE Confidence: 0.874678254127502

 $00{:}05{:}28.702 \dashrightarrow 00{:}05{:}30.629$  really actually an honor that

NOTE Confidence: 0.874678254127502

 $00:05:30.629 \longrightarrow 00:05:32.918$  allow us to be involved in that.