

WEBVTT

NOTE duration: "00:55:16.010"

NOTE Confidence: 0.98562706

00:00:00.960 --> 00:00:03.040 Okay. Let's get start. Good

NOTE Confidence: 0.98562706

00:00:03.040 --> 00:00:04.819 morning. Good morning, everyone.

NOTE Confidence: 0.9992158

00:00:05.440 --> 00:00:07.120 Thank you so much for

NOTE Confidence: 0.9992158

00:00:07.120 --> 00:00:08.820 being here with us today.

NOTE Confidence: 0.9319225

00:00:09.280 --> 00:00:11.519 It's our pleasure to have

NOTE Confidence: 0.9319225

00:00:11.519 --> 00:00:13.119 you, and I would like

NOTE Confidence: 0.9319225

00:00:13.119 --> 00:00:14.744 to introduce to you,

NOTE Confidence: 0.6872407

00:00:15.144 --> 00:00:15.804 our your,

NOTE Confidence: 0.9478626

00:00:16.824 --> 00:00:17.324 international

NOTE Confidence: 0.6924629

00:00:17.704 --> 00:00:18.765 health care of the citizenship

NOTE Confidence: 0.6924629

00:00:18.985 --> 00:00:21.005 collaboration seminar series.

NOTE Confidence: 0.9992363

00:00:21.625 --> 00:00:23.564 So we are on seminar

NOTE Confidence: 0.99716705

00:00:23.945 --> 00:00:26.185 four. It's our pleasure to

NOTE Confidence: 0.99716705

00:00:26.185 --> 00:00:27.244 have you here.

NOTE Confidence: 0.949587

00:00:28.029 --> 00:00:29.710 This year, the seminar, we  
NOTE Confidence: 0.949587

00:00:29.710 --> 00:00:30.689 are trying to,  
NOTE Confidence: 0.98778915

00:00:31.630 --> 00:00:32.129 collectively  
NOTE Confidence: 0.92708397

00:00:32.510 --> 00:00:34.690 learning from one each other,  
NOTE Confidence: 0.946801

00:00:35.469 --> 00:00:37.489 and see how the citizenship  
NOTE Confidence: 0.69840974

00:00:38.110 --> 00:00:39.409 concept and could  
NOTE Confidence: 0.9567661

00:00:39.949 --> 00:00:41.649 be applied for your culture,  
NOTE Confidence: 0.9567661

00:00:41.710 --> 00:00:42.530 your country,  
NOTE Confidence: 0.9164822

00:00:43.045 --> 00:00:44.245 and what you can learn  
NOTE Confidence: 0.9164822

00:00:44.245 --> 00:00:46.164 in exchange knowledge and grow  
NOTE Confidence: 0.9164822

00:00:46.164 --> 00:00:46.664 together.  
NOTE Confidence: 0.97585213

00:00:47.204 --> 00:00:48.565 So just please keep in  
NOTE Confidence: 0.97585213

00:00:48.565 --> 00:00:50.405 your agenda that our next  
NOTE Confidence: 0.97585213

00:00:50.405 --> 00:00:52.085 seminar series will be on  
NOTE Confidence: 0.97585213

00:00:52.085 --> 00:00:53.545 April twenty third  
NOTE Confidence: 0.8849392

00:00:54.004 --> 00:00:55.204 and you have all your

NOTE Confidence: 0.8849392

00:00:55.204 --> 00:00:57.600 colleagues from UK present their

NOTE Confidence: 0.8849392

00:00:57.840 --> 00:00:59.379 experience and how to develop

NOTE Confidence: 0.8849392

00:00:59.440 --> 00:01:00.660 this framework.

NOTE Confidence: 0.9555654

00:01:03.359 --> 00:01:04.799 I will start with land

NOTE Confidence: 0.9555654

00:01:04.799 --> 00:01:05.299 acknowledgment.

NOTE Confidence: 0.9382983

00:01:06.240 --> 00:01:08.319 Our land in Connecticut was

NOTE Confidence: 0.9382983

00:01:08.319 --> 00:01:10.240 was not chief territory. It

NOTE Confidence: 0.9382983

00:01:10.240 --> 00:01:11.955 is our duty to acknowledge

NOTE Confidence: 0.9382983

00:01:12.115 --> 00:01:13.875 acknowledge that many of the

NOTE Confidence: 0.9382983

00:01:13.875 --> 00:01:14.375 institutions

NOTE Confidence: 0.95361555

00:01:14.675 --> 00:01:16.615 where we work or conduct

NOTE Confidence: 0.95361555

00:01:16.675 --> 00:01:17.255 the research,

NOTE Confidence: 0.76786333

00:01:18.194 --> 00:01:19.875 in and on native land.

NOTE Confidence: 0.76786333

00:01:19.875 --> 00:01:21.175 So give it thanks.

NOTE Confidence: 0.8535857

00:01:21.795 --> 00:01:23.715 Land acknowledge meant do not

NOTE Confidence: 0.8535857

00:01:23.715 --> 00:01:25.334 exist in the past tense  
NOTE Confidence: 0.9040625

00:01:25.875 --> 00:01:26.535 or historical  
NOTE Confidence: 0.9854485

00:01:26.915 --> 00:01:27.415 context.  
NOTE Confidence: 0.98626214

00:01:28.240 --> 00:01:28.740 Colonialism  
NOTE Confidence: 0.97050244

00:01:29.119 --> 00:01:31.299 is a current ongoing process,  
NOTE Confidence: 0.97050244

00:01:31.439 --> 00:01:32.959 and we need to be  
NOTE Confidence: 0.97050244

00:01:32.959 --> 00:01:35.619 mindful of our present participation.  
NOTE Confidence: 0.9677361

00:01:37.759 --> 00:01:38.720 I will pass to my  
NOTE Confidence: 0.9677361

00:01:38.720 --> 00:01:39.780 colleague, Elizabeth.  
NOTE Confidence: 0.77055293

00:01:56.720 --> 00:01:57.520 It is a better one  
NOTE Confidence: 0.77055293

00:01:57.520 --> 00:01:58.180 in mood.  
NOTE Confidence: 0.9998113

00:02:02.880 --> 00:02:03.920 Okay. Can you hear me  
NOTE Confidence: 0.9998113

00:02:03.920 --> 00:02:05.140 now? Yes.  
NOTE Confidence: 0.9986557

00:02:05.760 --> 00:02:06.260 Wonderful.  
NOTE Confidence: 0.999417

00:02:06.960 --> 00:02:08.720 Wonderful. Sorry about that. Several  
NOTE Confidence: 0.999417

00:02:08.720 --> 00:02:10.180 people have worked together

NOTE Confidence: 0.9964774

00:02:10.560 --> 00:02:11.540 to make this

NOTE Confidence: 0.91998047

00:02:11.895 --> 00:02:13.655 theories possible. As you can

NOTE Confidence: 0.91998047

00:02:13.655 --> 00:02:15.014 see here, the list of

NOTE Confidence: 0.91998047

00:02:15.014 --> 00:02:16.294 names and our committee and

NOTE Confidence: 0.91998047

00:02:16.294 --> 00:02:17.755 the IRCC chairs.

NOTE Confidence: 0.9546999

00:02:19.334 --> 00:02:21.355 The International Recovery and Citizenship

NOTE Confidence: 0.9556934

00:02:21.895 --> 00:02:24.155 Collective is an amazing legacy,

NOTE Confidence: 0.94603854

00:02:25.030 --> 00:02:26.489 and it has disseminated,

NOTE Confidence: 0.9607355

00:02:26.790 --> 00:02:27.750 as you can see here,

NOTE Confidence: 0.9607355

00:02:27.750 --> 00:02:29.349 throughout the world in these

NOTE Confidence: 0.9607355

00:02:29.349 --> 00:02:29.849 countries

NOTE Confidence: 0.88251257

00:02:30.389 --> 00:02:31.909 in North North and South

NOTE Confidence: 0.88251257

00:02:31.909 --> 00:02:32.409 America,

NOTE Confidence: 0.9986767

00:02:32.870 --> 00:02:33.370 Asia,

NOTE Confidence: 0.9910872

00:02:34.230 --> 00:02:35.450 Europe, and Oceania.

NOTE Confidence: 0.9776413

00:02:36.310 --> 00:02:38.409 Please keep your microphones muted,

NOTE Confidence: 0.9992715

00:02:39.165 --> 00:02:40.285 and feel free to use

NOTE Confidence: 0.9992715

00:02:40.285 --> 00:02:41.805 the chat to share any

NOTE Confidence: 0.9992715

00:02:41.805 --> 00:02:43.565 questions or difficulties you may

NOTE Confidence: 0.9992715

00:02:43.565 --> 00:02:44.065 have.

NOTE Confidence: 0.9272488

00:02:44.605 --> 00:02:46.444 Like Graciela mentioned, we will

NOTE Confidence: 0.9272488

00:02:46.444 --> 00:02:47.105 be opening

NOTE Confidence: 0.9567277

00:02:47.405 --> 00:02:49.264 question time at the end,

NOTE Confidence: 0.98106146

00:02:49.645 --> 00:02:51.185 and, we are recording.

NOTE Confidence: 0.9972316

00:02:51.660 --> 00:02:52.860 So all seminars will be

NOTE Confidence: 0.9972316

00:02:52.860 --> 00:02:54.400 made available on our website.

NOTE Confidence: 0.9756225

00:02:56.380 --> 00:02:58.220 As a disclaimer, these webinars

NOTE Confidence: 0.9756225

00:02:58.220 --> 00:02:59.580 are part of the twenty

NOTE Confidence: 0.9756225

00:02:59.580 --> 00:03:01.200 twenty five, twenty six IRCC

NOTE Confidence: 0.9756225

00:03:01.419 --> 00:03:03.040 seminar series, and

NOTE Confidence: 0.9633674

00:03:03.580 --> 00:03:04.940 all the material in this

NOTE Confidence: 0.9633674  
00:03:04.940 --> 00:03:06.160 presentation except,  
NOTE Confidence: 0.9715179  
00:03:07.205 --> 00:03:09.305 public domain pictures are copyrighted  
NOTE Confidence: 0.9917313  
00:03:10.325 --> 00:03:11.945 source and cannot be reproduced  
NOTE Confidence: 0.9917313  
00:03:12.005 --> 00:03:14.005 or copied without permission from  
NOTE Confidence: 0.9917313  
00:03:14.005 --> 00:03:15.525 the IRCC and the authors  
NOTE Confidence: 0.9917313  
00:03:15.525 --> 00:03:16.345 and speakers.  
NOTE Confidence: 0.97149426  
00:03:16.645 --> 00:03:18.245 So please cite the source  
NOTE Confidence: 0.97149426  
00:03:18.245 --> 00:03:19.465 when you're using it,  
NOTE Confidence: 0.9977524  
00:03:19.764 --> 00:03:21.205 and do not distribute the  
NOTE Confidence: 0.9977524  
00:03:21.205 --> 00:03:22.620 presentation for a fee.  
NOTE Confidence: 0.9808095  
00:03:23.099 --> 00:03:24.799 The opinions of the moderator  
NOTE Confidence: 0.9808095  
00:03:24.940 --> 00:03:25.760 and panelists  
NOTE Confidence: 0.9980664  
00:03:26.700 --> 00:03:28.379 don't represent the official position  
NOTE Confidence: 0.9980664  
00:03:28.379 --> 00:03:29.120 of IRCC  
NOTE Confidence: 0.9803753  
00:03:29.739 --> 00:03:31.419 and does not officially support  
NOTE Confidence: 0.9803753

00:03:31.419 --> 00:03:33.760 or endorse opinions described here.

NOTE Confidence: 0.99966973

00:03:35.765 --> 00:03:36.584 And we

NOTE Confidence: 0.99934417

00:03:37.045 --> 00:03:38.905 value and kindly thank

NOTE Confidence: 0.9995309

00:03:39.285 --> 00:03:40.425 all of our sponsors

NOTE Confidence: 0.95063084

00:03:41.125 --> 00:03:42.025 listed here.

NOTE Confidence: 0.991004

00:03:43.125 --> 00:03:45.224 And now to our inspiring

NOTE Confidence: 0.9993134

00:03:45.525 --> 00:03:46.745 presentation of

NOTE Confidence: 0.958441

00:03:47.125 --> 00:03:48.185 recovering citizenship

NOTE Confidence: 0.95633626

00:03:48.885 --> 00:03:50.165 on the way board game

NOTE Confidence: 0.95633626

00:03:50.165 --> 00:03:50.665 from

NOTE Confidence: 0.9992744

00:03:51.100 --> 00:03:52.960 concept to play. Our presenters

NOTE Confidence: 0.9992744

00:03:53.020 --> 00:03:54.320 today are from

NOTE Confidence: 0.99449867

00:03:54.860 --> 00:03:57.100 Hong Kong, and it's, eleven

NOTE Confidence: 0.99449867

00:03:57.100 --> 00:03:58.700 PM there now. So thank

NOTE Confidence: 0.99449867

00:03:58.700 --> 00:04:00.000 you for joining us

NOTE Confidence: 0.8380845

00:04:00.300 --> 00:04:01.100 who we will be,

NOTE Confidence: 0.97555953  
00:04:02.780 --> 00:04:04.300 hearing from a video of  
NOTE Confidence: 0.97555953  
00:04:04.300 --> 00:04:06.080 miss Carrie Chow. She's  
NOTE Confidence: 0.96887255  
00:04:06.505 --> 00:04:08.425 senior peer supporter of Richmond  
NOTE Confidence: 0.96887255  
00:04:08.425 --> 00:04:09.565 Fellowship Hong  
NOTE Confidence: 0.8967184  
00:04:10.025 --> 00:04:10.765 Kong, artist  
NOTE Confidence: 0.91081023  
00:04:11.305 --> 00:04:13.545 and designer of the RC  
NOTE Confidence: 0.91081023  
00:04:13.545 --> 00:04:14.985 buddy, who you will soon  
NOTE Confidence: 0.91081023  
00:04:14.985 --> 00:04:15.485 meet,  
NOTE Confidence: 0.8518422  
00:04:15.865 --> 00:04:17.705 and main facilitator of a  
NOTE Confidence: 0.8518422  
00:04:17.705 --> 00:04:18.205 citizen's  
NOTE Confidence: 0.9400568  
00:04:18.904 --> 00:04:20.685 project. She'll be joining us,  
NOTE Confidence: 0.9400568  
00:04:20.850 --> 00:04:22.350 as I said, through video.  
NOTE Confidence: 0.9400568  
00:04:22.370 --> 00:04:24.550 Miss Clarice Tam as occupational  
NOTE Confidence: 0.9400568  
00:04:24.850 --> 00:04:25.350 therapist  
NOTE Confidence: 0.92581093  
00:04:25.970 --> 00:04:26.870 and coinvestigator  
NOTE Confidence: 0.9072932

00:04:27.410 --> 00:04:29.010 in the citizen project and  
NOTE Confidence: 0.9072932

00:04:29.010 --> 00:04:30.210 on I see on the  
NOTE Confidence: 0.9072932

00:04:30.210 --> 00:04:31.190 way board game.  
NOTE Confidence: 0.9217521

00:04:33.345 --> 00:04:34.705 We also will be hearing  
NOTE Confidence: 0.9217521

00:04:34.705 --> 00:04:36.245 from miss Erin So,  
NOTE Confidence: 0.95462734

00:04:36.705 --> 00:04:38.324 who is an occupational therapist  
NOTE Confidence: 0.95462734

00:04:38.464 --> 00:04:38.964 at,  
NOTE Confidence: 0.89219

00:04:39.985 --> 00:04:40.485 Richmond,  
NOTE Confidence: 0.9273442

00:04:41.104 --> 00:04:42.384 fellowship in Hong Kong as  
NOTE Confidence: 0.9273442

00:04:42.384 --> 00:04:44.324 well as principal investigator  
NOTE Confidence: 0.84188175

00:04:45.360 --> 00:04:46.320 of the On the Way  
NOTE Confidence: 0.84188175

00:04:46.320 --> 00:04:48.240 board game, co investigator in  
NOTE Confidence: 0.84188175

00:04:48.240 --> 00:04:49.300 Citizens Project,  
NOTE Confidence: 0.9792328

00:04:49.920 --> 00:04:51.860 and group coordinator of Citizens  
NOTE Confidence: 0.9792328

00:04:52.000 --> 00:04:52.500 Project.  
NOTE Confidence: 0.92878276

00:04:53.440 --> 00:04:54.800 And last but not least,

NOTE Confidence: 0.92878276

00:04:54.800 --> 00:04:56.800 miss Leona Shung. She's team

NOTE Confidence: 0.92878276

00:04:56.800 --> 00:04:59.460 leader of occupational therapy department

NOTE Confidence: 0.7761279

00:05:00.185 --> 00:05:00.925 and RFIHK,

NOTE Confidence: 0.96598625

00:05:01.705 --> 00:05:03.805 principal investigator in the project,

NOTE Confidence: 0.9995559

00:05:04.585 --> 00:05:05.085 inventor

NOTE Confidence: 0.8692217

00:05:05.464 --> 00:05:06.285 and coinvestigator

NOTE Confidence: 0.80011183

00:05:06.825 --> 00:05:07.945 of RC On The Way

NOTE Confidence: 0.80011183

00:05:07.945 --> 00:05:09.085 board game, coordinator,

NOTE Confidence: 0.95621014

00:05:09.785 --> 00:05:11.885 project director of Citizens Project,

NOTE Confidence: 0.9588833

00:05:12.345 --> 00:05:14.845 and convener, Citizens Project Research.

NOTE Confidence: 0.99844253

00:05:15.920 --> 00:05:17.860 So without further ado,

NOTE Confidence: 0.9855512

00:05:19.040 --> 00:05:20.400 it's my great pleasure to

NOTE Confidence: 0.9855512

00:05:20.400 --> 00:05:21.779 open the mic to Clarice.

NOTE Confidence: 0.93278784

00:05:23.440 --> 00:05:25.760 Yes. So hello, everyone. So

NOTE Confidence: 0.93278784

00:05:25.760 --> 00:05:27.200 happy so happy to be

NOTE Confidence: 0.93278784

00:05:27.200 --> 00:05:28.985 here to share about our  
NOTE Confidence: 0.93278784

00:05:28.985 --> 00:05:30.904 board games. So later, we  
NOTE Confidence: 0.93278784

00:05:30.904 --> 00:05:32.105 will talk about, like we  
NOTE Confidence: 0.93278784

00:05:32.105 --> 00:05:33.785 introduce where we're from from  
NOTE Confidence: 0.93278784

00:05:33.785 --> 00:05:35.545 Richmond Fellowship, and then we  
NOTE Confidence: 0.93278784

00:05:35.545 --> 00:05:36.904 will talk about how this  
NOTE Confidence: 0.93278784

00:05:36.904 --> 00:05:38.025 board game come from a  
NOTE Confidence: 0.93278784

00:05:38.025 --> 00:05:40.125 concept into a real product.  
NOTE Confidence: 0.93278784

00:05:40.265 --> 00:05:41.305 And then we'll talk about  
NOTE Confidence: 0.93278784

00:05:41.305 --> 00:05:42.265 a little bit about our  
NOTE Confidence: 0.93278784

00:05:42.265 --> 00:05:43.865 research on this project. And  
NOTE Confidence: 0.93278784

00:05:43.865 --> 00:05:45.480 then last but not least,  
NOTE Confidence: 0.93278784

00:05:45.540 --> 00:05:46.520 a game demonstration  
NOTE Confidence: 0.91333026

00:05:47.220 --> 00:05:48.020 and let you have a  
NOTE Confidence: 0.91333026

00:05:48.020 --> 00:05:49.300 taste of the board game  
NOTE Confidence: 0.91333026

00:05:49.300 --> 00:05:50.040 as well.

NOTE Confidence: 0.9431792  
00:05:50.980 --> 00:05:51.779 So we can go to  
NOTE Confidence: 0.9431792  
00:05:51.779 --> 00:05:53.540 sneak. Yeah. So before we  
NOTE Confidence: 0.9431792  
00:05:53.540 --> 00:05:54.820 start, I would like to  
NOTE Confidence: 0.9431792  
00:05:54.820 --> 00:05:56.100 introduce all of you to  
NOTE Confidence: 0.9431792  
00:05:56.100 --> 00:05:57.880 have a Zoom photo together.  
NOTE Confidence: 0.9431792  
00:05:58.180 --> 00:05:59.960 We have this very unique  
NOTE Confidence: 0.9939806  
00:06:00.285 --> 00:06:01.965 chance to be, like, having  
NOTE Confidence: 0.9939806  
00:06:01.965 --> 00:06:03.005 you all from all around  
NOTE Confidence: 0.9939806  
00:06:03.005 --> 00:06:04.545 the world to listen to,  
NOTE Confidence: 0.9939806  
00:06:04.765 --> 00:06:06.365 like, our concept on our  
NOTE Confidence: 0.9939806  
00:06:06.365 --> 00:06:07.485 board game from Hong Kong.  
NOTE Confidence: 0.9939806  
00:06:07.485 --> 00:06:08.765 So if you want to,  
NOTE Confidence: 0.9939806  
00:06:08.765 --> 00:06:09.985 you can turn on your  
NOTE Confidence: 0.9939806  
00:06:10.125 --> 00:06:11.345 Zoom camera  
NOTE Confidence: 0.88779  
00:06:11.725 --> 00:06:12.845 so we can join us  
NOTE Confidence: 0.88779

00:06:12.845 --> 00:06:14.225 in the photo sheet.  
NOTE Confidence: 0.979683

00:06:15.165 --> 00:06:15.665 Yes.  
NOTE Confidence: 0.9834543

00:06:16.099 --> 00:06:17.139 Wow. I can see there's,  
NOTE Confidence: 0.9834543

00:06:17.139 --> 00:06:18.839 like, a conference room.  
NOTE Confidence: 0.9980055

00:06:19.620 --> 00:06:20.979 Yes. People a lot of  
NOTE Confidence: 0.9980055

00:06:20.979 --> 00:06:21.940 people in the room as  
NOTE Confidence: 0.9980055

00:06:21.940 --> 00:06:22.440 well.  
NOTE Confidence: 0.95087945

00:06:23.699 --> 00:06:24.199 Yes.  
NOTE Confidence: 0.8943962

00:06:27.860 --> 00:06:28.360 Yeah.  
NOTE Confidence: 0.99593383

00:06:28.740 --> 00:06:29.240 So  
NOTE Confidence: 0.9682916

00:06:29.705 --> 00:06:30.985 let's say one, two, three,  
NOTE Confidence: 0.9682916

00:06:30.985 --> 00:06:31.805 and cheers.  
NOTE Confidence: 0.9469421

00:06:37.464 --> 00:06:39.305 Yeah. Great. Yeah. Thank you  
NOTE Confidence: 0.9469421

00:06:39.305 --> 00:06:40.365 very much, everyone.  
NOTE Confidence: 0.93080956

00:06:40.825 --> 00:06:41.945 It's lovely to see you  
NOTE Confidence: 0.93080956

00:06:41.945 --> 00:06:43.145 on. Now I'll pass it

NOTE Confidence: 0.93080956  
00:06:43.145 --> 00:06:44.820 to Liana to talk about  
NOTE Confidence: 0.93080956  
00:06:45.060 --> 00:06:47.140 the rich our Richmond fellowship  
NOTE Confidence: 0.93080956  
00:06:47.140 --> 00:06:48.339 and then more about our  
NOTE Confidence: 0.93080956  
00:06:48.339 --> 00:06:49.160 board game.  
NOTE Confidence: 0.9808867  
00:06:53.140 --> 00:06:54.820 Hi. Good morning or good  
NOTE Confidence: 0.9808867  
00:06:54.820 --> 00:06:56.920 afternoon, everyone. This is Liana  
NOTE Confidence: 0.9808867  
00:06:56.980 --> 00:06:58.900 from Richmond Fellowship of Hong  
NOTE Confidence: 0.9808867  
00:06:58.900 --> 00:07:01.025 Kong. I'm truly honored to  
NOTE Confidence: 0.9808867  
00:07:01.025 --> 00:07:02.305 be here today to share  
NOTE Confidence: 0.9808867  
00:07:02.305 --> 00:07:03.985 the story behind our board  
NOTE Confidence: 0.9808867  
00:07:03.985 --> 00:07:06.545 game, recovering citizenship on the  
NOTE Confidence: 0.9808867  
00:07:06.545 --> 00:07:07.045 way.  
NOTE Confidence: 0.98927337  
00:07:07.985 --> 00:07:08.885 It's very  
NOTE Confidence: 0.9876447  
00:07:09.425 --> 00:07:11.205 great honor to see everyone  
NOTE Confidence: 0.9876447  
00:07:11.345 --> 00:07:12.565 here. I saw,  
NOTE Confidence: 0.9834312

00:07:13.520 --> 00:07:14.020 Annie,  
NOTE Confidence: 0.9027343

00:07:15.120 --> 00:07:15.620 Patty,  
NOTE Confidence: 0.93947107

00:07:16.080 --> 00:07:16.880 everyone. I  
NOTE Confidence: 0.83516777

00:07:17.600 --> 00:07:19.039 a lot of people pay  
NOTE Confidence: 0.83516777

00:07:19.039 --> 00:07:20.020 me their face.  
NOTE Confidence: 0.9840013

00:07:21.120 --> 00:07:21.620 Hi.  
NOTE Confidence: 0.96134126

00:07:22.000 --> 00:07:23.220 So let me go  
NOTE Confidence: 0.7637388

00:07:23.599 --> 00:07:23.919 let me  
NOTE Confidence: 0.99155307

00:07:26.175 --> 00:07:27.235 Hi. Yeah.  
NOTE Confidence: 0.73140335

00:07:28.095 --> 00:07:28.595 I,  
NOTE Confidence: 0.92082006

00:07:29.295 --> 00:07:31.215 and, also, yeah, thanks everyone  
NOTE Confidence: 0.92082006

00:07:31.215 --> 00:07:32.275 being here today.  
NOTE Confidence: 0.99708587

00:07:32.575 --> 00:07:34.515 And, your encouragement  
NOTE Confidence: 0.91912776

00:07:35.055 --> 00:07:36.575 inspire us to create a  
NOTE Confidence: 0.91912776

00:07:36.575 --> 00:07:37.075 bilingual  
NOTE Confidence: 0.99738806

00:07:37.455 --> 00:07:39.510 version to keep us moving

NOTE Confidence: 0.97322035

00:07:40.150 --> 00:07:42.070 forward. And, this project has

NOTE Confidence: 0.97322035

00:07:42.070 --> 00:07:43.190 been one of the most

NOTE Confidence: 0.97322035

00:07:43.190 --> 00:07:45.590 meaningful experience in our in

NOTE Confidence: 0.97322035

00:07:45.590 --> 00:07:46.410 my career.

NOTE Confidence: 0.9763529

00:07:46.790 --> 00:07:48.630 I never imagined this small

NOTE Confidence: 0.9763529

00:07:48.630 --> 00:07:50.330 little board game can be,

NOTE Confidence: 0.88187754

00:07:51.590 --> 00:07:53.290 travel to other country.

NOTE Confidence: 0.9977027

00:07:53.764 --> 00:07:54.005 So,

NOTE Confidence: 0.90639347

00:07:54.565 --> 00:07:56.165 we I was also want

NOTE Confidence: 0.90639347

00:07:56.165 --> 00:07:57.705 to thanks for my incredible

NOTE Confidence: 0.90639347

00:07:57.764 --> 00:07:58.745 team, Erin,

NOTE Confidence: 0.8291957

00:07:59.365 --> 00:08:00.425 Clarice, Fiona

NOTE Confidence: 0.9407892

00:08:00.965 --> 00:08:02.745 for the hard work, and

NOTE Confidence: 0.9407892

00:08:02.885 --> 00:08:04.725 we walked through all those

NOTE Confidence: 0.9407892

00:08:04.725 --> 00:08:06.745 challenges and hard times together.

NOTE Confidence: 0.9799951

00:08:08.020 --> 00:08:09.340 Yeah. Thank you.  
NOTE Confidence: 0.9584023

00:08:09.780 --> 00:08:11.080 Okay. Let let me,  
NOTE Confidence: 0.9941323

00:08:11.699 --> 00:08:13.560 briefly share who we are.  
NOTE Confidence: 0.9941323

00:08:13.620 --> 00:08:15.080 We are coming from,  
NOTE Confidence: 0.95356685

00:08:15.539 --> 00:08:17.560 Richmond Fellowship of Hong Kong.  
NOTE Confidence: 0.95356685

00:08:17.620 --> 00:08:18.520 Our parents'  
NOTE Confidence: 0.9695406

00:08:19.220 --> 00:08:19.720 organization  
NOTE Confidence: 0.9320388

00:08:20.580 --> 00:08:21.720 begin in UK.  
NOTE Confidence: 0.9586965

00:08:23.085 --> 00:08:24.365 Here in Hong Kong, we  
NOTE Confidence: 0.9586965

00:08:24.365 --> 00:08:25.485 serve more than,  
NOTE Confidence: 0.9993422

00:08:25.965 --> 00:08:27.505 forty one years  
NOTE Confidence: 0.93802106

00:08:28.044 --> 00:08:30.305 as part of, Richmond Fellowship  
NOTE Confidence: 0.93802106

00:08:30.525 --> 00:08:32.145 Asia Pacific Network.  
NOTE Confidence: 0.95501417

00:08:32.684 --> 00:08:33.904 As a nonprofessional  
NOTE Confidence: 0.86046124

00:08:35.679 --> 00:08:36.500 sorry. Nonprofit  
NOTE Confidence: 0.9555313

00:08:37.120 --> 00:08:37.620 organization,

NOTE Confidence: 0.9622093  
00:08:38.000 --> 00:08:40.420 we committed to mental health  
NOTE Confidence: 0.9622093  
00:08:40.559 --> 00:08:42.980 care through vocational rehab,  
NOTE Confidence: 0.68012947  
00:08:44.080 --> 00:08:44.580 community  
NOTE Confidence: 0.8800978  
00:08:45.280 --> 00:08:46.740 mental health service, residential  
NOTE Confidence: 0.980848  
00:08:47.040 --> 00:08:48.020 service, also,  
NOTE Confidence: 0.90013266  
00:08:48.400 --> 00:08:50.500 family caregiver and peer support.  
NOTE Confidence: 0.90013266  
00:08:50.745 --> 00:08:51.245 Next,  
NOTE Confidence: 0.9995821  
00:08:51.905 --> 00:08:52.405 please.  
NOTE Confidence: 0.9685785  
00:08:53.065 --> 00:08:54.665 The face on the way  
NOTE Confidence: 0.9685785  
00:08:54.665 --> 00:08:56.985 actually remind us recovering and  
NOTE Confidence: 0.9685785  
00:08:56.985 --> 00:08:57.485 citizenship  
NOTE Confidence: 0.8254321  
00:08:58.025 --> 00:08:59.405 are lifelong journey.  
NOTE Confidence: 0.858545  
00:09:00.265 --> 00:09:00.425 Who  
NOTE Confidence: 0.87282705  
00:09:01.225 --> 00:09:02.520 they don't have a final  
NOTE Confidence: 0.9145299  
00:09:03.480 --> 00:09:03.980 destination.  
NOTE Confidence: 0.9946038

00:09:04.440 --> 00:09:06.380 We are always moving forward

NOTE Confidence: 0.9946038

00:09:06.600 --> 00:09:07.980 step by step together.

NOTE Confidence: 0.9835374

00:09:08.440 --> 00:09:10.360 It's a shared path. And,

NOTE Confidence: 0.9835374

00:09:10.679 --> 00:09:12.380 this game actually invites

NOTE Confidence: 0.99777174

00:09:12.840 --> 00:09:15.340 players to walk that path

NOTE Confidence: 0.99777174

00:09:15.480 --> 00:09:17.605 side by side with laughter,

NOTE Confidence: 0.99958706

00:09:18.464 --> 00:09:18.964 empathy,

NOTE Confidence: 0.8323863

00:09:19.345 --> 00:09:20.804 praise, and courage,

NOTE Confidence: 0.9995831

00:09:21.184 --> 00:09:23.504 reminding us that no one

NOTE Confidence: 0.9995831

00:09:23.504 --> 00:09:25.045 has to travel alone.

NOTE Confidence: 0.99444926

00:09:25.584 --> 00:09:26.404 Next, please.

NOTE Confidence: 0.8700606

00:09:27.824 --> 00:09:29.204 The an the inspiration

NOTE Confidence: 0.9980553

00:09:29.584 --> 00:09:31.320 of this game actually came

NOTE Confidence: 0.9980553

00:09:31.320 --> 00:09:32.940 in two zero two o

NOTE Confidence: 0.93234396

00:09:33.240 --> 00:09:34.940 during our visit to Perch,

NOTE Confidence: 0.9803701

00:09:35.480 --> 00:09:37.880 and, the classes was not

NOTE Confidence: 0.9803701  
00:09:37.880 --> 00:09:40.040 in, you know, hospital or  
NOTE Confidence: 0.9803701  
00:09:40.040 --> 00:09:42.520 clinic, but in, community soup  
NOTE Confidence: 0.9803701  
00:09:42.520 --> 00:09:43.020 kitchen,  
NOTE Confidence: 0.88395804  
00:09:43.559 --> 00:09:44.300 Ikea, and  
NOTE Confidence: 0.83628047  
00:09:45.315 --> 00:09:46.054 it's everywhere.  
NOTE Confidence: 0.94614625  
00:09:46.515 --> 00:09:48.054 And they were casual,  
NOTE Confidence: 0.99621105  
00:09:48.434 --> 00:09:50.775 safe environment that people can,  
NOTE Confidence: 0.9883515  
00:09:51.315 --> 00:09:53.235 build genuine connection with each  
NOTE Confidence: 0.9883515  
00:09:53.235 --> 00:09:54.434 other. So,  
NOTE Confidence: 0.99598646  
00:09:55.635 --> 00:09:56.455 next, please.  
NOTE Confidence: 0.99775094  
00:09:57.075 --> 00:09:58.054 So when we  
NOTE Confidence: 0.9334841  
00:09:58.434 --> 00:09:59.175 return home,  
NOTE Confidence: 0.8840933  
00:09:59.475 --> 00:10:01.130 we ask ourselves  
NOTE Confidence: 0.9953177  
00:10:01.510 --> 00:10:02.890 how to create something  
NOTE Confidence: 0.96694523  
00:10:03.670 --> 00:10:05.510 fun, portable, and can play  
NOTE Confidence: 0.96694523

00:10:05.510 --> 00:10:06.010 everywhere.  
NOTE Confidence: 0.94136375

00:10:06.550 --> 00:10:07.910 And, also, we can use  
NOTE Confidence: 0.94136375

00:10:07.910 --> 00:10:09.290 the tools to,  
NOTE Confidence: 0.97552186

00:10:10.150 --> 00:10:10.890 for advocacy  
NOTE Confidence: 0.9739037

00:10:11.750 --> 00:10:12.490 and to,  
NOTE Confidence: 0.9979783

00:10:13.350 --> 00:10:14.010 for community  
NOTE Confidence: 0.9934936

00:10:14.390 --> 00:10:14.890 inclusion  
NOTE Confidence: 0.76375103

00:10:15.590 --> 00:10:16.330 and creates  
NOTE Confidence: 0.99388117

00:10:17.245 --> 00:10:17.825 hope. So,  
NOTE Confidence: 0.98769444

00:10:18.605 --> 00:10:19.425 next, please.  
NOTE Confidence: 0.99660987

00:10:19.804 --> 00:10:21.165 We want it to fit  
NOTE Confidence: 0.99660987

00:10:21.165 --> 00:10:22.785 in with Asian  
NOTE Confidence: 0.99078244

00:10:23.165 --> 00:10:25.505 culture by emphasizing bonding  
NOTE Confidence: 0.97567195

00:10:26.125 --> 00:10:27.184 across generation,  
NOTE Confidence: 0.98888534

00:10:28.365 --> 00:10:28.865 embodying,  
NOTE Confidence: 0.9196627

00:10:29.645 --> 00:10:31.024 the spirit of,

NOTE Confidence: 0.99973756  
00:10:32.160 --> 00:10:32.660 citizenship  
NOTE Confidence: 0.8139923  
00:10:33.120 --> 00:10:34.340 and create safe  
NOTE Confidence: 0.9993962  
00:10:35.040 --> 00:10:35.540 environment  
NOTE Confidence: 0.7203976  
00:10:36.400 --> 00:10:36.900 for  
NOTE Confidence: 0.98878026  
00:10:37.520 --> 00:10:38.179 the conversation  
NOTE Confidence: 0.99589723  
00:10:38.640 --> 00:10:40.100 and build relationship.  
NOTE Confidence: 0.9537098  
00:10:40.720 --> 00:10:42.880 So, I remember back to  
NOTE Confidence: 0.9537098  
00:10:42.880 --> 00:10:44.000 my old days when I  
NOTE Confidence: 0.9537098  
00:10:44.000 --> 00:10:45.815 was a baby, my grandma  
NOTE Confidence: 0.9537098  
00:10:45.815 --> 00:10:47.415 used to carry me to  
NOTE Confidence: 0.9537098  
00:10:47.415 --> 00:10:49.335 relatives' home to watch her  
NOTE Confidence: 0.9537098  
00:10:49.335 --> 00:10:50.235 playing Mahjong,  
NOTE Confidence: 0.979078  
00:10:50.615 --> 00:10:52.635 and they chat between games.  
NOTE Confidence: 0.979078  
00:10:52.855 --> 00:10:54.475 So that is the reason  
NOTE Confidence: 0.979078  
00:10:54.615 --> 00:10:55.735 why we want to have  
NOTE Confidence: 0.979078

00:10:55.735 --> 00:10:57.415 a board game to make  
NOTE Confidence: 0.979078

00:10:57.415 --> 00:10:59.675 people speak up. Next, please.  
NOTE Confidence: 0.981961

00:11:01.809 --> 00:11:03.270 So these are the,  
NOTE Confidence: 0.99733704

00:11:03.890 --> 00:11:05.990 evolution process of the game  
NOTE Confidence: 0.99733704

00:11:06.130 --> 00:11:06.630 map.  
NOTE Confidence: 0.92978585

00:11:08.050 --> 00:11:09.410 Yeah. This is my hand,  
NOTE Confidence: 0.90763766

00:11:10.050 --> 00:11:10.550 handwriting,  
NOTE Confidence: 0.999462

00:11:11.170 --> 00:11:11.990 my drawing.  
NOTE Confidence: 0.99862635

00:11:12.929 --> 00:11:13.750 Next, please.  
NOTE Confidence: 0.9880029

00:11:15.115 --> 00:11:15.615 So,  
NOTE Confidence: 0.95469147

00:11:16.235 --> 00:11:17.834 one of my colleagues say  
NOTE Confidence: 0.95469147

00:11:17.834 --> 00:11:19.595 this game map design looks  
NOTE Confidence: 0.95469147

00:11:19.595 --> 00:11:20.575 like a worm  
NOTE Confidence: 0.8836593

00:11:21.434 --> 00:11:22.334 or a snake.  
NOTE Confidence: 0.97336185

00:11:22.714 --> 00:11:24.315 So we'd end up change  
NOTE Confidence: 0.97336185

00:11:24.315 --> 00:11:25.535 it to the final

NOTE Confidence: 0.9994182

00:11:25.915 --> 00:11:27.295 design. Next, please.

NOTE Confidence: 0.9818964

00:11:28.140 --> 00:11:30.160 So this is the final

NOTE Confidence: 0.9818964

00:11:30.220 --> 00:11:32.380 design. It's much better. Doesn't

NOTE Confidence: 0.9818964

00:11:32.380 --> 00:11:33.600 look like you're warm.

NOTE Confidence: 0.9500983

00:11:34.380 --> 00:11:35.020 To make,

NOTE Confidence: 0.99196166

00:11:35.660 --> 00:11:36.400 next, please.

NOTE Confidence: 0.9986954

00:11:38.780 --> 00:11:40.720 Yeah. To make it truly

NOTE Confidence: 0.9986954

00:11:40.860 --> 00:11:41.360 ours,

NOTE Confidence: 0.9357781

00:11:41.925 --> 00:11:43.304 we turn to cocreation.

NOTE Confidence: 0.95725197

00:11:44.165 --> 00:11:46.245 So through the focus group

NOTE Confidence: 0.95725197

00:11:46.245 --> 00:11:46.725 with,

NOTE Confidence: 0.992727

00:11:47.365 --> 00:11:49.304 with our people with,

NOTE Confidence: 0.7069628

00:11:50.645 --> 00:11:51.465 live experience,

NOTE Confidence: 0.99440736

00:11:52.005 --> 00:11:52.905 peer supporters,

NOTE Confidence: 0.91708297

00:11:53.365 --> 00:11:53.605 our,

NOTE Confidence: 0.828257

00:11:54.645 --> 00:11:55.145 staff,  
NOTE Confidence: 0.8923219  
00:11:55.765 --> 00:11:56.245 and,  
NOTE Confidence: 0.83501506  
00:11:58.120 --> 00:11:59.500 our our family caregivers.  
NOTE Confidence: 0.9229105  
00:12:00.440 --> 00:12:02.279 So we developed the cards  
NOTE Confidence: 0.9229105  
00:12:02.279 --> 00:12:02.779 altogether.  
NOTE Confidence: 0.9736659  
00:12:03.720 --> 00:12:05.179 You can see the photos.  
NOTE Confidence: 0.99287194  
00:12:05.959 --> 00:12:06.860 Next, please.  
NOTE Confidence: 0.92886704  
00:12:09.885 --> 00:12:11.405 Yeah. Actually, this time is  
NOTE Confidence: 0.92886704  
00:12:11.405 --> 00:12:13.485 during COVID nineteen, so everyone  
NOTE Confidence: 0.92886704  
00:12:13.485 --> 00:12:15.025 is wearing mask.  
NOTE Confidence: 0.9996085  
00:12:15.485 --> 00:12:16.705 Yeah. Next, please.  
NOTE Confidence: 0.9421169  
00:12:17.965 --> 00:12:19.645 So every card tells a  
NOTE Confidence: 0.9421169  
00:12:19.645 --> 00:12:21.425 new a a real story,  
NOTE Confidence: 0.9421169  
00:12:21.485 --> 00:12:23.570 a human story of resilience  
NOTE Confidence: 0.9421169  
00:12:23.630 --> 00:12:24.450 and growth,  
NOTE Confidence: 0.9722772  
00:12:25.870 --> 00:12:27.570 drawn from lived experience.

NOTE Confidence: 0.9531649  
00:12:28.589 --> 00:12:30.209 Next, please. Includes  
NOTE Confidence: 0.9827564  
00:12:30.510 --> 00:12:31.010 those,  
NOTE Confidence: 0.9774826  
00:12:31.390 --> 00:12:32.990 from Hong Kong mental health  
NOTE Confidence: 0.9774826  
00:12:32.990 --> 00:12:33.490 policies,  
NOTE Confidence: 0.83399326  
00:12:34.350 --> 00:12:36.585 the classes contents, what which  
NOTE Confidence: 0.83399326  
00:12:36.665 --> 00:12:37.565 we go through,  
NOTE Confidence: 0.9846132  
00:12:37.865 --> 00:12:39.485 like, family relationship,  
NOTE Confidence: 0.9918008  
00:12:41.385 --> 00:12:43.005 what is five hours,  
NOTE Confidence: 0.7669052  
00:12:44.025 --> 00:12:44.525 finance,  
NOTE Confidence: 0.9329979  
00:12:45.225 --> 00:12:47.085 any I remember the finance  
NOTE Confidence: 0.9329979  
00:12:47.145 --> 00:12:47.645 part.  
NOTE Confidence: 0.99659795  
00:12:48.505 --> 00:12:50.285 Yeah. And all those parts.  
NOTE Confidence: 0.99659795  
00:12:50.345 --> 00:12:51.565 Yeah. Next, please.  
NOTE Confidence: 0.9898665  
00:12:53.279 --> 00:12:53.779 So,  
NOTE Confidence: 0.9835018  
00:12:54.960 --> 00:12:56.800 actually, they don't have model  
NOTE Confidence: 0.9835018

00:12:56.800 --> 00:12:59.220 answer on the instruction manual

NOTE Confidence: 0.9835018

00:12:59.279 --> 00:13:01.620 in this game because recovery

NOTE Confidence: 0.9835018

00:13:01.920 --> 00:13:03.700 is built from lived experience,

NOTE Confidence: 0.90495247

00:13:04.240 --> 00:13:05.920 from what we learn from

NOTE Confidence: 0.90495247

00:13:05.920 --> 00:13:08.080 each other, and from being

NOTE Confidence: 0.90495247

00:13:08.080 --> 00:13:10.415 street smart through our citizens

NOTE Confidence: 0.90495247

00:13:10.554 --> 00:13:11.054 classes

NOTE Confidence: 0.9932576

00:13:11.514 --> 00:13:13.035 and through the life our

NOTE Confidence: 0.9932576

00:13:13.035 --> 00:13:13.934 life itself.

NOTE Confidence: 0.98098034

00:13:14.554 --> 00:13:15.054 So,

NOTE Confidence: 0.9966309

00:13:16.394 --> 00:13:17.934 along the way, we create

NOTE Confidence: 0.9966309

00:13:18.154 --> 00:13:19.774 spaces and creativity

NOTE Confidence: 0.9746343

00:13:20.235 --> 00:13:20.554 and,

NOTE Confidence: 0.98115826

00:13:21.194 --> 00:13:21.694 expressions.

NOTE Confidence: 0.9680591

00:13:22.410 --> 00:13:23.850 So we are thinking how

NOTE Confidence: 0.9680591

00:13:23.850 --> 00:13:25.690 can we honor and sustain

NOTE Confidence: 0.9680591  
00:13:25.690 --> 00:13:26.829 the work from  
NOTE Confidence: 0.99103004  
00:13:27.130 --> 00:13:28.350 our peer supporters,  
NOTE Confidence: 0.9674429  
00:13:29.290 --> 00:13:30.510 working with us.  
NOTE Confidence: 0.98102033  
00:13:31.929 --> 00:13:32.670 Next, please.  
NOTE Confidence: 0.9839542  
00:13:33.450 --> 00:13:33.769 So,  
NOTE Confidence: 0.90566254  
00:13:34.490 --> 00:13:36.089 we have, like, arts and  
NOTE Confidence: 0.90566254  
00:13:36.089 --> 00:13:36.990 planting opportunities  
NOTE Confidence: 0.5593888  
00:13:38.145 --> 00:13:38.645 for  
NOTE Confidence: 0.8000862  
00:13:39.985 --> 00:13:41.045 everyone to share  
NOTE Confidence: 0.8014041  
00:13:41.665 --> 00:13:42.325 students' journeys  
NOTE Confidence: 0.95154667  
00:13:42.785 --> 00:13:43.285 through,  
NOTE Confidence: 0.9300953  
00:13:44.705 --> 00:13:45.205 different,  
NOTE Confidence: 0.9321339  
00:13:45.665 --> 00:13:46.804 like, Instagram  
NOTE Confidence: 0.8108532  
00:13:47.345 --> 00:13:47.845 reels,  
NOTE Confidence: 0.7679349  
00:13:48.705 --> 00:13:49.205 connecting.  
NOTE Confidence: 0.9265423

00:13:50.945 --> 00:13:53.429 Actually, we have people drawing  
NOTE Confidence: 0.9265423

00:13:53.429 --> 00:13:53.750 on,  
NOTE Confidence: 0.994797

00:13:54.470 --> 00:13:55.209 on the wall.  
NOTE Confidence: 0.9880581

00:13:55.990 --> 00:13:56.730 Next, please.  
NOTE Confidence: 0.9904483

00:13:57.350 --> 00:13:58.230 And I found,  
NOTE Confidence: 0.97177666

00:13:58.709 --> 00:14:00.790 similar something similar in Connecticut,  
NOTE Confidence: 0.96348166

00:14:02.870 --> 00:14:04.149 but ours is a a  
NOTE Confidence: 0.96348166

00:14:04.149 --> 00:14:05.830 lot a lot smaller, a  
NOTE Confidence: 0.96348166

00:14:05.830 --> 00:14:06.970 very small version.  
NOTE Confidence: 0.9771195

00:14:08.765 --> 00:14:10.285 So citizens can be a  
NOTE Confidence: 0.9771195

00:14:10.285 --> 00:14:11.885 form of art. It's not  
NOTE Confidence: 0.9771195

00:14:11.885 --> 00:14:12.385 just,  
NOTE Confidence: 0.9715982

00:14:13.085 --> 00:14:15.485 something we do, but, it  
NOTE Confidence: 0.9715982

00:14:15.565 --> 00:14:17.184 we feel, like, deeply  
NOTE Confidence: 0.9942

00:14:17.485 --> 00:14:19.005 and carry with us in  
NOTE Confidence: 0.9942

00:14:19.005 --> 00:14:20.305 our heart and memories.

NOTE Confidence: 0.99660087  
00:14:20.925 --> 00:14:21.825 Next, please.  
NOTE Confidence: 0.9111934  
00:14:24.320 --> 00:14:25.700 This is the Instagram  
NOTE Confidence: 0.9683361  
00:14:26.080 --> 00:14:27.920 reels that I mentioned just  
NOTE Confidence: 0.9683361  
00:14:27.920 --> 00:14:29.600 now. We we use,  
NOTE Confidence: 0.9341985  
00:14:30.000 --> 00:14:32.240 the student stories and create  
NOTE Confidence: 0.9341985  
00:14:32.240 --> 00:14:34.240 the those wheels, and they  
NOTE Confidence: 0.9341985  
00:14:34.240 --> 00:14:36.400 can, like, revisit again and  
NOTE Confidence: 0.9341985  
00:14:36.400 --> 00:14:36.900 again.  
NOTE Confidence: 0.99133766  
00:14:37.495 --> 00:14:37.995 Next,  
NOTE Confidence: 0.9998182  
00:14:38.535 --> 00:14:39.035 please.  
NOTE Confidence: 0.9774667  
00:14:40.375 --> 00:14:42.075 So one of our favorite,  
NOTE Confidence: 0.956655  
00:14:43.415 --> 00:14:45.035 creation is our mascot,  
NOTE Confidence: 0.67986023  
00:14:47.415 --> 00:14:47.915 ours,  
NOTE Confidence: 0.8621555  
00:14:48.375 --> 00:14:49.675 create by senior  
NOTE Confidence: 0.819514  
00:14:50.290 --> 00:14:51.430 peer supporter, Saolan.  
NOTE Confidence: 0.91859066

00:14:52.530 --> 00:14:53.970 Actually, the name is called

NOTE Confidence: 0.91859066

00:14:53.970 --> 00:14:54.710 Aussie Buddy.

NOTE Confidence: 0.9967123

00:14:55.170 --> 00:14:55.670 And,

NOTE Confidence: 0.91181916

00:14:56.210 --> 00:14:58.610 yeah, let's let's hear what's

NOTE Confidence: 0.91181916

00:14:58.770 --> 00:15:00.370 what she say about how

NOTE Confidence: 0.91181916

00:15:00.370 --> 00:15:02.130 to create the Buddy and

NOTE Confidence: 0.91181916

00:15:02.130 --> 00:15:03.270 what is represents.

NOTE Confidence: 0.9993044

00:15:03.730 --> 00:15:04.470 Thank you.

NOTE Confidence: 0.7579338

00:15:07.655 --> 00:15:09.595 Hi. I'm Shouline Carey.

NOTE Confidence: 0.92844546

00:15:10.215 --> 00:15:11.995 I'm a senior peer supporter,

NOTE Confidence: 0.8940835

00:15:12.855 --> 00:15:14.635 a person in mental recovery,

NOTE Confidence: 0.83990467

00:15:15.015 --> 00:15:16.855 a visual artist, and a

NOTE Confidence: 0.83990467

00:15:16.855 --> 00:15:18.475 creator of RC Buddy.

NOTE Confidence: 0.9644069

00:15:19.160 --> 00:15:20.380 Richard and Carmen.

NOTE Confidence: 0.95987225

00:15:20.759 --> 00:15:22.440 Their names begin with r

NOTE Confidence: 0.95987225

00:15:22.440 --> 00:15:23.980 and c, representing

NOTE Confidence: 0.6527219  
00:15:24.360 --> 00:15:25.500 recovering citizenry.  
NOTE Confidence: 0.99764186  
00:15:26.680 --> 00:15:27.819 For many years,  
NOTE Confidence: 0.9980784  
00:15:28.120 --> 00:15:28.860 I experienced  
NOTE Confidence: 0.96070683  
00:15:29.399 --> 00:15:31.500 weight gains caused by medication  
NOTE Confidence: 0.96070683  
00:15:31.639 --> 00:15:32.295 side effects.  
NOTE Confidence: 0.9988343  
00:15:33.095 --> 00:15:34.954 It affected my daily life  
NOTE Confidence: 0.91962165  
00:15:35.415 --> 00:15:37.274 and challenged my confidence.  
NOTE Confidence: 0.81286514  
00:15:37.975 --> 00:15:40.394 Full exercise and healthy diet.  
NOTE Confidence: 0.95939237  
00:15:40.855 --> 00:15:43.115 I gradually transformed my body  
NOTE Confidence: 0.95939237  
00:15:43.334 --> 00:15:45.274 and regained my self esteem.  
NOTE Confidence: 0.9213074  
00:15:46.350 --> 00:15:48.210 When I created RC Buddy,  
NOTE Confidence: 0.9213074  
00:15:48.510 --> 00:15:50.290 I wanted to decide characters  
NOTE Confidence: 0.9213074  
00:15:50.350 --> 00:15:51.570 who are a little chubby,  
NOTE Confidence: 0.9843955  
00:15:52.589 --> 00:15:54.510 but always trying their best  
NOTE Confidence: 0.9843955  
00:15:54.510 --> 00:15:55.410 to be active,  
NOTE Confidence: 0.9932414

00:15:55.790 --> 00:15:56.290 optimistic,  
NOTE Confidence: 0.9903576

00:15:56.990 --> 00:15:58.290 and never give up.  
NOTE Confidence: 0.99406767

00:15:58.815 --> 00:16:00.915 Someone who could encourage others  
NOTE Confidence: 0.99693555

00:16:01.295 --> 00:16:02.515 in mental recovery  
NOTE Confidence: 0.97389126

00:16:02.975 --> 00:16:04.995 will also face similar challenges.  
NOTE Confidence: 0.3735141

00:16:06.895 --> 00:16:07.395 Alcmatis  
NOTE Confidence: 0.9636705

00:16:07.775 --> 00:16:08.275 personality  
NOTE Confidence: 0.89958745

00:16:08.655 --> 00:16:10.915 reflects a plan of myself  
NOTE Confidence: 0.99641085

00:16:11.360 --> 00:16:13.620 and many peers in recovery.  
NOTE Confidence: 0.92545974

00:16:14.640 --> 00:16:16.800 Richard is curious and eager  
NOTE Confidence: 0.92545974

00:16:16.800 --> 00:16:18.980 to learn. Carmen is outgoing  
NOTE Confidence: 0.92545974

00:16:19.120 --> 00:16:20.420 and loves sports.  
NOTE Confidence: 0.9239911

00:16:21.040 --> 00:16:22.960 But no matter what, they're  
NOTE Confidence: 0.9239911

00:16:22.960 --> 00:16:23.940 always kind,  
NOTE Confidence: 0.9972474

00:16:24.480 --> 00:16:25.845 warm, and adorable.  
NOTE Confidence: 0.92734015

00:16:27.265 --> 00:16:29.025 Richard and Carmen both look

NOTE Confidence: 0.92734015  
00:16:29.025 --> 00:16:29.925 like peanuts.  
NOTE Confidence: 0.99439687  
00:16:30.545 --> 00:16:32.405 In Hong Kong, eating peanuts  
NOTE Confidence: 0.9413831  
00:16:32.945 --> 00:16:34.385 is a slang for being  
NOTE Confidence: 0.9413831  
00:16:34.385 --> 00:16:34.885 bystander,  
NOTE Confidence: 0.9971732  
00:16:35.745 --> 00:16:37.845 waiting for drama to unfold.  
NOTE Confidence: 0.95338297  
00:16:38.930 --> 00:16:40.870 It also mirrors how society  
NOTE Confidence: 0.95338297  
00:16:41.090 --> 00:16:43.030 sometimes view people in recovery  
NOTE Confidence: 0.95338297  
00:16:43.170 --> 00:16:44.390 with curiosity,  
NOTE Confidence: 0.9614659  
00:16:45.650 --> 00:16:47.590 indifference, or even stigma.  
NOTE Confidence: 0.9778633  
00:16:48.050 --> 00:16:49.670 By giving them a peanut  
NOTE Confidence: 0.9920007  
00:16:50.210 --> 00:16:51.190 like appearance,  
NOTE Confidence: 0.99843407  
00:16:51.570 --> 00:16:53.575 I hope to inspire our  
NOTE Confidence: 0.99843407  
00:16:53.635 --> 00:16:54.135 society  
NOTE Confidence: 0.8954462  
00:16:54.595 --> 00:16:56.375 not to be passive bystander,  
NOTE Confidence: 0.99817544  
00:16:56.995 --> 00:16:58.375 but to engage,  
NOTE Confidence: 0.9671925

00:16:58.995 --> 00:17:00.615 participate, and understand.  
NOTE Confidence: 0.9047729

00:17:01.475 --> 00:17:03.175 To see people in recovery  
NOTE Confidence: 0.9047729

00:17:03.475 --> 00:17:05.494 also possess the five hours,  
NOTE Confidence: 0.9875688

00:17:06.900 --> 00:17:08.820 and they truly belong and  
NOTE Confidence: 0.9875688

00:17:08.820 --> 00:17:11.220 contribute as part of our  
NOTE Confidence: 0.9875688

00:17:11.220 --> 00:17:11.720 society  
NOTE Confidence: 0.9601157

00:17:12.820 --> 00:17:14.119 in their world. Priscilla,  
NOTE Confidence: 0.9315017

00:17:14.420 --> 00:17:15.859 I think it is time  
NOTE Confidence: 0.9315017

00:17:15.859 --> 00:17:18.119 to stop. Yeah. Thank you.  
NOTE Confidence: 0.92689323

00:17:21.615 --> 00:17:22.835 So next, please.  
NOTE Confidence: 0.97057396

00:17:25.375 --> 00:17:27.234 Actually, we launched a mascot  
NOTE Confidence: 0.97057396

00:17:27.375 --> 00:17:28.355 design competition,  
NOTE Confidence: 0.97780204

00:17:28.734 --> 00:17:29.055 and,  
NOTE Confidence: 0.9551952

00:17:30.415 --> 00:17:32.675 our senior peer supporter, Carrie,  
NOTE Confidence: 0.9551952

00:17:32.895 --> 00:17:34.770 won the game. So,  
NOTE Confidence: 0.94951373

00:17:35.330 --> 00:17:36.070 we used

NOTE Confidence: 0.89048964  
00:17:36.609 --> 00:17:38.470 our buddy as the mascot  
NOTE Confidence: 0.89048964  
00:17:38.609 --> 00:17:39.810 of our board game as  
NOTE Confidence: 0.89048964  
00:17:39.810 --> 00:17:40.310 well.  
NOTE Confidence: 0.98601913  
00:17:40.690 --> 00:17:41.490 So now,  
NOTE Confidence: 0.9987378  
00:17:42.050 --> 00:17:43.350 we continue to  
NOTE Confidence: 0.9974109  
00:17:43.730 --> 00:17:45.430 to mention about the promotion  
NOTE Confidence: 0.9966586  
00:17:45.810 --> 00:17:47.030 of board game.  
NOTE Confidence: 0.9794426  
00:17:48.130 --> 00:17:48.950 Next, please.  
NOTE Confidence: 0.9086843  
00:17:50.975 --> 00:17:53.375 We actually use in few  
NOTE Confidence: 0.9086843  
00:17:53.375 --> 00:17:53.875 elements,  
NOTE Confidence: 0.8748895  
00:17:54.815 --> 00:17:56.675 in the citizens projects,  
NOTE Confidence: 0.9997181  
00:17:56.975 --> 00:17:57.475 including  
NOTE Confidence: 0.69712836  
00:17:58.015 --> 00:17:58.515 projects,  
NOTE Confidence: 0.9691885  
00:18:00.495 --> 00:18:02.435 parties, and also graduation  
NOTE Confidence: 0.9965699  
00:18:02.815 --> 00:18:03.315 ceremony.  
NOTE Confidence: 0.87557006

00:18:03.935 --> 00:18:04.255 So,  
NOTE Confidence: 0.9803326

00:18:05.530 --> 00:18:06.350 next, please.  
NOTE Confidence: 0.9856238

00:18:08.330 --> 00:18:09.390 Through community  
NOTE Confidence: 0.9704013

00:18:09.850 --> 00:18:10.350 events,  
NOTE Confidence: 0.98288524

00:18:11.450 --> 00:18:13.530 like those, we actually want  
NOTE Confidence: 0.98288524

00:18:13.530 --> 00:18:15.390 to promote it within our,  
NOTE Confidence: 0.9779259

00:18:16.170 --> 00:18:16.670 agency.  
NOTE Confidence: 0.9500003

00:18:17.210 --> 00:18:17.710 So,  
NOTE Confidence: 0.97598964

00:18:18.394 --> 00:18:20.414 in the new staff orientation  
NOTE Confidence: 0.97598964

00:18:20.634 --> 00:18:22.734 training and the staff retreat,  
NOTE Confidence: 0.95057625

00:18:23.195 --> 00:18:25.274 we introduce this game to  
NOTE Confidence: 0.95057625

00:18:25.274 --> 00:18:27.514 everyone, like, over two hundred  
NOTE Confidence: 0.95057625

00:18:27.514 --> 00:18:28.014 people.  
NOTE Confidence: 0.99419457

00:18:28.715 --> 00:18:29.615 Next, please.  
NOTE Confidence: 0.8944697

00:18:32.000 --> 00:18:34.020 And also the external parties  
NOTE Confidence: 0.8944697

00:18:34.159 --> 00:18:35.619 like the other NGOs

NOTE Confidence: 0.98203915  
00:18:36.159 --> 00:18:36.559 and,  
NOTE Confidence: 0.8687991  
00:18:38.159 --> 00:18:38.659 yeah,  
NOTE Confidence: 0.48910317  
00:18:39.440 --> 00:18:39.940 corporate,  
NOTE Confidence: 0.98404944  
00:18:41.200 --> 00:18:42.340 corporate agencies.  
NOTE Confidence: 0.9991102  
00:18:43.279 --> 00:18:44.100 Next, please.  
NOTE Confidence: 0.9807009  
00:18:46.365 --> 00:18:48.285 And this year, actually, we're  
NOTE Confidence: 0.9807009  
00:18:48.285 --> 00:18:50.385 especially excited to welcome  
NOTE Confidence: 0.97284293  
00:18:50.685 --> 00:18:51.345 the delegation  
NOTE Confidence: 0.972839  
00:18:51.645 --> 00:18:52.145 from,  
NOTE Confidence: 0.9989898  
00:18:52.925 --> 00:18:54.225 Taiwan, Singapore,  
NOTE Confidence: 0.99191207  
00:18:55.085 --> 00:18:56.625 Guangzhou in China,  
NOTE Confidence: 0.98086613  
00:18:56.925 --> 00:18:57.425 Macau.  
NOTE Confidence: 0.90008473  
00:18:58.445 --> 00:19:00.845 We shared citizens project and  
NOTE Confidence: 0.90008473  
00:19:00.845 --> 00:19:02.100 our board game to them.  
NOTE Confidence: 0.90008473  
00:19:02.580 --> 00:19:03.140 Them. We,  
NOTE Confidence: 0.95853835

00:19:03.619 --> 00:19:05.559 and and strengthened the partnership

NOTE Confidence: 0.95853835

00:19:05.780 --> 00:19:07.700 across the Asia. And this

NOTE Confidence: 0.95853835

00:19:07.700 --> 00:19:09.700 year, we post our board

NOTE Confidence: 0.95853835

00:19:09.700 --> 00:19:11.380 games to New Zealand, to

NOTE Confidence: 0.95853835

00:19:11.380 --> 00:19:13.080 Helen Hammer, and also,

NOTE Confidence: 0.8292081

00:19:13.940 --> 00:19:15.400 to Yale Purge team.

NOTE Confidence: 0.978008

00:19:16.865 --> 00:19:18.325 So next, please.

NOTE Confidence: 0.9768445

00:19:19.505 --> 00:19:20.625 So I will pass the

NOTE Confidence: 0.9768445

00:19:20.625 --> 00:19:22.465 time now to Erin who

NOTE Confidence: 0.9768445

00:19:22.465 --> 00:19:24.385 will share more about the

NOTE Confidence: 0.9768445

00:19:24.385 --> 00:19:24.885 research

NOTE Confidence: 0.9989881

00:19:25.265 --> 00:19:27.025 behind the board game. Thank

NOTE Confidence: 0.9989881

00:19:27.025 --> 00:19:27.525 you.

NOTE Confidence: 0.776842

00:19:28.465 --> 00:19:29.205 Hey, Liana.

NOTE Confidence: 0.96580094

00:19:29.740 --> 00:19:31.179 Hello, everyone. I'm Erin, one

NOTE Confidence: 0.96580094

00:19:31.179 --> 00:19:33.100 of the occupational therapists at

NOTE Confidence: 0.96580094

00:19:33.100 --> 00:19:34.619 Richmond Fellowship of Hong Kong,

NOTE Confidence: 0.96580094

00:19:34.619 --> 00:19:35.919 and I'm also the principal

NOTE Confidence: 0.96580094

00:19:36.140 --> 00:19:38.559 investigator on evaluating the effectiveness

NOTE Confidence: 0.96580094

00:19:38.700 --> 00:19:39.900 of the RC board game.

NOTE Confidence: 0.96580094

00:19:39.900 --> 00:19:41.020 So it's my pleasure to

NOTE Confidence: 0.96580094

00:19:41.020 --> 00:19:42.400 be with you all today.

NOTE Confidence: 0.93840367

00:19:43.055 --> 00:19:44.095 It is our aim that

NOTE Confidence: 0.93840367

00:19:44.095 --> 00:19:45.135 we discuss the impacts of

NOTE Confidence: 0.93840367

00:19:45.135 --> 00:19:46.575 the board game through concrete

NOTE Confidence: 0.93840367

00:19:46.575 --> 00:19:47.715 figures and data.

NOTE Confidence: 0.91862684

00:19:48.015 --> 00:19:48.755 So, therefore,

NOTE Confidence: 0.98484665

00:19:49.055 --> 00:19:50.494 since the last quarter of

NOTE Confidence: 0.98484665

00:19:50.494 --> 00:19:52.595 last year, we commenced conducting

NOTE Confidence: 0.98484665

00:19:52.655 --> 00:19:54.175 a research internally in our

NOTE Confidence: 0.98484665

00:19:54.175 --> 00:19:55.715 fellowship. Next, please.

NOTE Confidence: 0.9562576

00:19:57.650 --> 00:19:58.770 So this is our research  
NOTE Confidence: 0.9562576

00:19:58.770 --> 00:20:00.770 topic, an evaluation of a  
NOTE Confidence: 0.9562576

00:20:00.770 --> 00:20:03.170 four session recovering citizenship on  
NOTE Confidence: 0.9562576

00:20:03.170 --> 00:20:04.690 the way board game. So  
NOTE Confidence: 0.9562576

00:20:04.690 --> 00:20:05.810 we use a focus group  
NOTE Confidence: 0.9562576

00:20:05.810 --> 00:20:07.590 study to demonstrate alongside,  
NOTE Confidence: 0.9507176

00:20:08.615 --> 00:20:10.375 the questionnaires to to elicit  
NOTE Confidence: 0.9507176

00:20:10.375 --> 00:20:11.494 the best picture on the  
NOTE Confidence: 0.9507176

00:20:11.494 --> 00:20:13.415 effectiveness of our board game.  
NOTE Confidence: 0.9507176

00:20:13.415 --> 00:20:14.695 So in this research, we  
NOTE Confidence: 0.9507176

00:20:14.695 --> 00:20:16.295 recruit service users from our  
NOTE Confidence: 0.9507176

00:20:16.295 --> 00:20:18.295 agency and also staff who  
NOTE Confidence: 0.9507176

00:20:18.295 --> 00:20:19.335 are trained as the board  
NOTE Confidence: 0.9507176

00:20:19.335 --> 00:20:20.155 game facilitators,  
NOTE Confidence: 0.8810787

00:20:20.695 --> 00:20:22.215 and, we will discuss their  
NOTE Confidence: 0.8810787

00:20:22.215 --> 00:20:23.275 experiences then.

NOTE Confidence: 0.9920712

00:20:23.840 --> 00:20:24.580 Next, please.

NOTE Confidence: 0.9586759

00:20:25.840 --> 00:20:27.040 So to achieve our aim

NOTE Confidence: 0.9586759

00:20:27.040 --> 00:20:28.480 to gain a holistic view

NOTE Confidence: 0.9586759

00:20:28.480 --> 00:20:29.220 on the experiences,

NOTE Confidence: 0.89585876

00:20:29.680 --> 00:20:31.680 we evaluate players' understanding of

NOTE Confidence: 0.89585876

00:20:31.680 --> 00:20:33.680 the citizens project after the

NOTE Confidence: 0.89585876

00:20:33.680 --> 00:20:35.440 four session working group. And

NOTE Confidence: 0.89585876

00:20:35.440 --> 00:20:36.480 there are also their levels

NOTE Confidence: 0.89585876

00:20:36.480 --> 00:20:37.220 of satisfaction

NOTE Confidence: 0.94361305

00:20:37.600 --> 00:20:39.484 and their perceived visibility and

NOTE Confidence: 0.94361305

00:20:39.484 --> 00:20:41.264 sustainability of the board game.

NOTE Confidence: 0.94361305

00:20:41.484 --> 00:20:42.304 Next, please.

NOTE Confidence: 0.989508

00:20:44.365 --> 00:20:45.965 In terms of assessment tools,

NOTE Confidence: 0.989508

00:20:45.965 --> 00:20:47.725 we utilize focus groups to

NOTE Confidence: 0.989508

00:20:47.725 --> 00:20:49.804 gather qualitative figures from both

NOTE Confidence: 0.989508

00:20:49.804 --> 00:20:50.304 participants  
NOTE Confidence: 0.9996702

00:20:50.605 --> 00:20:51.345 and facilitators.  
NOTE Confidence: 0.994521

00:20:52.410 --> 00:20:53.450 Participants will be asked to  
NOTE Confidence: 0.994521

00:20:53.450 --> 00:20:55.869 complete an additional citizenship measure  
NOTE Confidence: 0.994521

00:20:55.930 --> 00:20:57.130 at two time points to  
NOTE Confidence: 0.994521

00:20:57.130 --> 00:20:58.830 evaluate the changes of understanding  
NOTE Confidence: 0.9311759

00:20:59.210 --> 00:21:00.810 to the citizens project after  
NOTE Confidence: 0.9311759

00:21:00.810 --> 00:21:02.109 playing the board game.  
NOTE Confidence: 0.9904659

00:21:02.490 --> 00:21:03.390 Next, please.  
NOTE Confidence: 0.9707241

00:21:05.155 --> 00:21:06.115 So for the purpose of  
NOTE Confidence: 0.9707241

00:21:06.115 --> 00:21:07.555 the research, we conduct a  
NOTE Confidence: 0.9707241

00:21:07.555 --> 00:21:08.915 four session board game group  
NOTE Confidence: 0.9707241

00:21:08.915 --> 00:21:10.435 in each service unit in  
NOTE Confidence: 0.9707241

00:21:10.435 --> 00:21:12.195 our agency. So each group  
NOTE Confidence: 0.9707241

00:21:12.195 --> 00:21:13.715 will comprise of roughly six  
NOTE Confidence: 0.9707241

00:21:13.715 --> 00:21:15.075 to eight players who are

NOTE Confidence: 0.9707241

00:21:15.075 --> 00:21:17.315 eighteen or above, Cantonese b

NOTE Confidence: 0.9707241

00:21:17.315 --> 00:21:18.675 k, and our service users

NOTE Confidence: 0.9707241

00:21:18.675 --> 00:21:19.575 of our fellowship.

NOTE Confidence: 0.9915619

00:21:20.149 --> 00:21:21.049 Next, please.

NOTE Confidence: 0.9352172

00:21:23.109 --> 00:21:24.970 So to maximize players' comprehension

NOTE Confidence: 0.9352172

00:21:25.109 --> 00:21:26.950 to the citizenship measure, we

NOTE Confidence: 0.9352172

00:21:26.950 --> 00:21:29.029 utilize its Chinese version as

NOTE Confidence: 0.9352172

00:21:29.029 --> 00:21:30.710 the assessment tool. So this

NOTE Confidence: 0.9352172

00:21:30.710 --> 00:21:32.549 has been previously validated by

NOTE Confidence: 0.9352172

00:21:32.549 --> 00:21:33.669 our research team led by

NOTE Confidence: 0.9352172

00:21:33.669 --> 00:21:35.545 Leona at the fellowship, and

NOTE Confidence: 0.9352172

00:21:35.545 --> 00:21:36.585 the results have been and

NOTE Confidence: 0.9352172

00:21:36.585 --> 00:21:38.025 also Fiona and have and

NOTE Confidence: 0.9352172

00:21:38.025 --> 00:21:39.145 the results have been published

NOTE Confidence: 0.9352172

00:21:39.145 --> 00:21:40.765 to inter international journals.

NOTE Confidence: 0.99603784

00:21:41.385 --> 00:21:42.125 Next, please.  
NOTE Confidence: 0.96593094

00:21:44.505 --> 00:21:45.465 Knowing that the board game  
NOTE Confidence: 0.96593094

00:21:45.465 --> 00:21:47.225 is a pioneering initiative within  
NOTE Confidence: 0.96593094

00:21:47.225 --> 00:21:48.840 our agency and region wide,  
NOTE Confidence: 0.96593094

00:21:49.080 --> 00:21:50.200 our team has filmed an  
NOTE Confidence: 0.96593094

00:21:50.200 --> 00:21:51.720 introductory video on the game  
NOTE Confidence: 0.96593094

00:21:51.720 --> 00:21:53.240 rules, which has been posted  
NOTE Confidence: 0.96593094

00:21:53.240 --> 00:21:55.100 on the agency's official YouTube.  
NOTE Confidence: 0.98345655

00:21:55.400 --> 00:21:56.520 You may also fill it  
NOTE Confidence: 0.98345655

00:21:56.520 --> 00:21:57.960 with English subtitles if you  
NOTE Confidence: 0.98345655

00:21:57.960 --> 00:21:59.159 turn on the closed caption  
NOTE Confidence: 0.98345655

00:21:59.159 --> 00:22:00.679 function. So please feel free  
NOTE Confidence: 0.98345655

00:22:00.679 --> 00:22:01.480 to watch the video if  
NOTE Confidence: 0.98345655

00:22:01.480 --> 00:22:02.200 you want to gain a  
NOTE Confidence: 0.98345655

00:22:02.200 --> 00:22:03.765 thorough understanding of the game  
NOTE Confidence: 0.98345655

00:22:03.925 --> 00:22:05.205 of of the gameplay process

NOTE Confidence: 0.98345655  
00:22:05.205 --> 00:22:05.945 up to today.  
NOTE Confidence: 0.8654971  
00:22:06.405 --> 00:22:07.145 Next, please.  
NOTE Confidence: 0.9544957  
00:22:08.484 --> 00:22:09.705 So now I'll be introducing  
NOTE Confidence: 0.9544957  
00:22:09.765 --> 00:22:11.605 the in the most interesting  
NOTE Confidence: 0.9544957  
00:22:11.605 --> 00:22:12.965 part of today about the  
NOTE Confidence: 0.9544957  
00:22:12.965 --> 00:22:14.405 gameplay protocol and also some  
NOTE Confidence: 0.9544957  
00:22:14.405 --> 00:22:15.605 of the guiding questions that  
NOTE Confidence: 0.9544957  
00:22:15.605 --> 00:22:16.885 we developed for our peer  
NOTE Confidence: 0.9544957  
00:22:16.885 --> 00:22:18.265 supporters at our agency.  
NOTE Confidence: 0.96049017  
00:22:19.220 --> 00:22:20.580 All of our peer supporters  
NOTE Confidence: 0.96049017  
00:22:20.580 --> 00:22:21.540 have been trained as board  
NOTE Confidence: 0.96049017  
00:22:21.540 --> 00:22:22.359 game facilitators  
NOTE Confidence: 0.98634094  
00:22:22.660 --> 00:22:24.420 before. So here is the  
NOTE Confidence: 0.98634094  
00:22:24.420 --> 00:22:25.540 outline of the four session  
NOTE Confidence: 0.98634094  
00:22:25.540 --> 00:22:26.840 group that we were mentioning  
NOTE Confidence: 0.90736264

00:22:27.220 --> 00:22:28.420 earlier on. So let me  
NOTE Confidence: 0.90736264

00:22:28.420 --> 00:22:29.640 go through them in details.  
NOTE Confidence: 0.9921094

00:22:30.020 --> 00:22:30.840 Next, please.  
NOTE Confidence: 0.9796372

00:22:32.605 --> 00:22:33.805 So before that, let's talk  
NOTE Confidence: 0.9796372

00:22:33.805 --> 00:22:35.244 about the components enclosed in  
NOTE Confidence: 0.9796372

00:22:35.244 --> 00:22:36.525 our board game pack. So  
NOTE Confidence: 0.9796372

00:22:36.525 --> 00:22:37.805 there'll be five types of  
NOTE Confidence: 0.9796372

00:22:37.805 --> 00:22:38.625 cards there,  
NOTE Confidence: 0.9509047

00:22:39.005 --> 00:22:40.525 that resonates a life journey  
NOTE Confidence: 0.9509047

00:22:40.525 --> 00:22:41.885 of a person, and, also,  
NOTE Confidence: 0.9509047

00:22:41.885 --> 00:22:43.165 we suggest having at most  
NOTE Confidence: 0.9509047

00:22:43.165 --> 00:22:44.365 eight players in each game  
NOTE Confidence: 0.9509047

00:22:44.365 --> 00:22:46.605 play to facilitate sharing. Next,  
NOTE Confidence: 0.9509047

00:22:46.605 --> 00:22:47.105 please.  
NOTE Confidence: 0.95425224

00:22:48.900 --> 00:22:50.520 So in session one here,  
NOTE Confidence: 0.95425224

00:22:50.580 --> 00:22:50.980 along,

NOTE Confidence: 0.9788453

00:22:51.700 --> 00:22:53.299 we have the, road to

NOTE Confidence: 0.9788453

00:22:53.299 --> 00:22:53.799 friendship.

NOTE Confidence: 0.9990585

00:22:54.820 --> 00:22:55.640 Next, please.

NOTE Confidence: 0.9872168

00:22:57.220 --> 00:22:58.419 So in this section of

NOTE Confidence: 0.9872168

00:22:58.419 --> 00:22:59.619 the board game, there are

NOTE Confidence: 0.9872168

00:22:59.619 --> 00:23:01.805 various tasks embedded. For example,

NOTE Confidence: 0.9872168

00:23:01.805 --> 00:23:03.005 asking players to take a

NOTE Confidence: 0.9872168

00:23:03.005 --> 00:23:04.925 selfie together or helping each

NOTE Confidence: 0.9872168

00:23:04.925 --> 00:23:06.205 other to do some light

NOTE Confidence: 0.9872168

00:23:06.205 --> 00:23:06.705 massage.

NOTE Confidence: 0.97632116

00:23:07.085 --> 00:23:08.285 So through these missions, we

NOTE Confidence: 0.97632116

00:23:08.285 --> 00:23:10.225 seek to build players' relationship

NOTE Confidence: 0.97632116

00:23:10.365 --> 00:23:12.385 through multiple interaction and sharing.

NOTE Confidence: 0.98585373

00:23:12.925 --> 00:23:14.205 And by feedback, it is

NOTE Confidence: 0.98585373

00:23:14.205 --> 00:23:15.750 often seen that players have

NOTE Confidence: 0.98585373

00:23:15.750 --> 00:23:17.670 much more natural interaction with  
NOTE Confidence: 0.98585373

00:23:17.670 --> 00:23:19.190 each other after completing these  
NOTE Confidence: 0.98585373

00:23:19.190 --> 00:23:20.890 missions that require joint efforts.  
NOTE Confidence: 0.9866773

00:23:21.350 --> 00:23:22.010 Next, please.  
NOTE Confidence: 0.9741503

00:23:23.670 --> 00:23:25.130 So we suggest our facilitators  
NOTE Confidence: 0.98490393

00:23:25.430 --> 00:23:26.390 can refer to some of  
NOTE Confidence: 0.98490393

00:23:26.390 --> 00:23:27.910 our guiding questions here so  
NOTE Confidence: 0.98490393

00:23:27.910 --> 00:23:29.109 that players can know each  
NOTE Confidence: 0.98490393

00:23:29.109 --> 00:23:30.554 other much better after the  
NOTE Confidence: 0.98490393

00:23:30.554 --> 00:23:32.234 first group session. So, for  
NOTE Confidence: 0.98490393

00:23:32.234 --> 00:23:33.595 example, how have your friends  
NOTE Confidence: 0.98490393

00:23:33.595 --> 00:23:35.375 supported you through difficult times?  
NOTE Confidence: 0.98490393

00:23:35.674 --> 00:23:37.294 Things like that. Next, please.  
NOTE Confidence: 0.98629427

00:23:39.274 --> 00:23:40.475 So coming up next is  
NOTE Confidence: 0.98629427

00:23:40.475 --> 00:23:42.154 session two. So in session  
NOTE Confidence: 0.98629427

00:23:42.154 --> 00:23:43.195 two, we will walk through

NOTE Confidence: 0.98629427  
00:23:43.195 --> 00:23:44.554 the two major cards, which  
NOTE Confidence: 0.98629427  
00:23:44.554 --> 00:23:46.000 are work and also further  
NOTE Confidence: 0.98629427  
00:23:46.000 --> 00:23:47.440 studies. So let's look at  
NOTE Confidence: 0.98629427  
00:23:47.440 --> 00:23:49.220 work first. Next, please.  
NOTE Confidence: 0.9732601  
00:23:50.960 --> 00:23:52.160 So for work here, we  
NOTE Confidence: 0.9732601  
00:23:52.160 --> 00:23:53.760 gather insights from our fellow  
NOTE Confidence: 0.9732601  
00:23:53.760 --> 00:23:55.200 staff, like what Leonette has  
NOTE Confidence: 0.9732601  
00:23:55.200 --> 00:23:56.400 just mentioned, and come up  
NOTE Confidence: 0.9732601  
00:23:56.400 --> 00:23:57.920 with different work based dilemmas  
NOTE Confidence: 0.9732601  
00:23:57.920 --> 00:23:59.040 and also struggles that we  
NOTE Confidence: 0.9732601  
00:23:59.040 --> 00:24:00.100 can face at workplace.  
NOTE Confidence: 0.96609455  
00:24:00.455 --> 00:24:01.575 So for example, we'll ask  
NOTE Confidence: 0.96609455  
00:24:01.575 --> 00:24:03.175 players to, to share how  
NOTE Confidence: 0.96609455  
00:24:03.175 --> 00:24:04.555 they deal with workplace stress  
NOTE Confidence: 0.96609455  
00:24:04.775 --> 00:24:05.655 and what to do if  
NOTE Confidence: 0.96609455

00:24:05.655 --> 00:24:07.115 they got dismissed unexpectedly.

NOTE Confidence: 0.98124707

00:24:08.375 --> 00:24:09.195 Next, please.

NOTE Confidence: 0.9670578

00:24:10.455 --> 00:24:11.734 And to augment the depth

NOTE Confidence: 0.9670578

00:24:11.734 --> 00:24:13.230 of the conversation, we suggest

NOTE Confidence: 0.9670578

00:24:13.470 --> 00:24:15.630 facilitators incorporate the use of,

NOTE Confidence: 0.9670578

00:24:15.950 --> 00:24:17.950 solution focused therapy by asking,

NOTE Confidence: 0.9670578

00:24:17.950 --> 00:24:18.450 like,

NOTE Confidence: 0.9550798

00:24:18.830 --> 00:24:19.630 can you share a time

NOTE Confidence: 0.9550798

00:24:19.630 --> 00:24:20.830 when you felt most effective

NOTE Confidence: 0.9550798

00:24:20.830 --> 00:24:22.270 at work? What was different

NOTE Confidence: 0.9550798

00:24:22.270 --> 00:24:23.869 then? Or, like, what would

NOTE Confidence: 0.9550798

00:24:23.869 --> 00:24:24.830 you see if you noticed

NOTE Confidence: 0.9550798

00:24:24.830 --> 00:24:26.270 yourself making a positive change

NOTE Confidence: 0.9550798

00:24:26.270 --> 00:24:26.929 at work?

NOTE Confidence: 0.8109091

00:24:27.390 --> 00:24:28.690 Think next, please.

NOTE Confidence: 0.95991135

00:24:30.744 --> 00:24:31.785 The next one, the green

NOTE Confidence: 0.95991135

00:24:31.785 --> 00:24:32.984 cards here are the further

NOTE Confidence: 0.95991135

00:24:32.984 --> 00:24:34.925 studies card. Next, please.

NOTE Confidence: 0.95434684

00:24:36.744 --> 00:24:38.365 In the further studies section,

NOTE Confidence: 0.95434684

00:24:38.425 --> 00:24:39.785 we highlight the four r's

NOTE Confidence: 0.95434684

00:24:39.785 --> 00:24:41.385 mental health charter, which is

NOTE Confidence: 0.95434684

00:24:41.385 --> 00:24:42.984 an initiative recommended by the

NOTE Confidence: 0.95434684

00:24:42.984 --> 00:24:45.005 Education Bureau of Hong Kong.

NOTE Confidence: 0.98364437

00:24:45.359 --> 00:24:47.040 We explore practical strategies to

NOTE Confidence: 0.98364437

00:24:47.040 --> 00:24:48.880 help students manage exam related

NOTE Confidence: 0.98364437

00:24:48.880 --> 00:24:50.900 stress and share methods between,

NOTE Confidence: 0.97702336

00:24:51.280 --> 00:24:52.880 the players and also their

NOTE Confidence: 0.97702336

00:24:52.880 --> 00:24:54.559 peers on how to manage

NOTE Confidence: 0.97702336

00:24:54.559 --> 00:24:56.000 the stress and also enhance

NOTE Confidence: 0.97702336

00:24:56.000 --> 00:24:57.220 their memory together.

NOTE Confidence: 0.91738534

00:24:58.075 --> 00:24:59.595 So this approach emphasized the

NOTE Confidence: 0.91738534

00:24:59.595 --> 00:25:01.375 importance of rest, relaxation,  
NOTE Confidence: 0.87011945

00:25:01.755 --> 00:25:03.215 relationship, and also resilience,  
NOTE Confidence: 0.970041

00:25:04.075 --> 00:25:05.435 which aligns closely with the  
NOTE Confidence: 0.970041

00:25:05.435 --> 00:25:07.055 core concepts of the citizen's  
NOTE Confidence: 0.970041

00:25:07.115 --> 00:25:09.435 project, particularly focusing on resources  
NOTE Confidence: 0.970041

00:25:09.435 --> 00:25:10.575 and also relationships.  
NOTE Confidence: 0.9879477

00:25:11.435 --> 00:25:12.255 Next, please.  
NOTE Confidence: 0.9841377

00:25:14.010 --> 00:25:15.290 So we've also prepared some  
NOTE Confidence: 0.9841377

00:25:15.290 --> 00:25:16.890 guiding questions in this section,  
NOTE Confidence: 0.9841377

00:25:16.890 --> 00:25:18.330 which incorporates the essence of  
NOTE Confidence: 0.9841377

00:25:18.330 --> 00:25:20.510 solution focused therapy or cognitive  
NOTE Confidence: 0.9841377

00:25:20.570 --> 00:25:21.630 behavioral therapy.  
NOTE Confidence: 0.99759483

00:25:22.010 --> 00:25:22.830 Next, please.  
NOTE Confidence: 0.93290323

00:25:25.385 --> 00:25:26.744 So the third section here,  
NOTE Confidence: 0.93290323

00:25:26.744 --> 00:25:27.644 we will cover  
NOTE Confidence: 0.88481367

00:25:28.105 --> 00:25:29.625 of this, the lady life

NOTE Confidence: 0.88481367

00:25:29.625 --> 00:25:30.825 section and also the married

NOTE Confidence: 0.88481367

00:25:30.825 --> 00:25:32.345 life section. So let's look

NOTE Confidence: 0.88481367

00:25:32.345 --> 00:25:33.965 at here daily life vest.

NOTE Confidence: 0.88481367

00:25:34.184 --> 00:25:35.005 Next, please.

NOTE Confidence: 0.95485723

00:25:37.060 --> 00:25:38.440 So in daily life cards,

NOTE Confidence: 0.99844646

00:25:38.820 --> 00:25:40.020 daily life cards are designed

NOTE Confidence: 0.99844646

00:25:40.020 --> 00:25:41.380 for players to recognize their

NOTE Confidence: 0.99844646

00:25:41.380 --> 00:25:42.900 rights and become more aware

NOTE Confidence: 0.99844646

00:25:42.900 --> 00:25:44.840 of the available community resources.

NOTE Confidence: 0.9776698

00:25:45.220 --> 00:25:46.420 So for instance, we'll ask

NOTE Confidence: 0.9776698

00:25:46.420 --> 00:25:48.020 players to name five community

NOTE Confidence: 0.9776698

00:25:48.020 --> 00:25:49.484 facilities for doing sports,

NOTE Confidence: 0.9422087

00:25:50.125 --> 00:25:52.125 identify some residential surfaces within

NOTE Confidence: 0.9422087

00:25:52.125 --> 00:25:52.785 the community.

NOTE Confidence: 0.97356606

00:25:53.325 --> 00:25:54.285 So since we don't have

NOTE Confidence: 0.97356606

00:25:54.285 --> 00:25:55.484 a right or wrong answer  
NOTE Confidence: 0.97356606

00:25:55.484 --> 00:25:56.605 to all these open ended  
NOTE Confidence: 0.97356606

00:25:56.605 --> 00:25:58.545 questions because recovery is about  
NOTE Confidence: 0.97356606

00:25:58.765 --> 00:26:00.045 long journey, there is no  
NOTE Confidence: 0.97356606

00:26:00.045 --> 00:26:01.244 right or wrong answers. So  
NOTE Confidence: 0.97356606

00:26:01.244 --> 00:26:02.605 these cards can be adaptable  
NOTE Confidence: 0.97356606

00:26:02.605 --> 00:26:03.965 to players coming from different  
NOTE Confidence: 0.97356606

00:26:03.965 --> 00:26:04.924 walks of life and also  
NOTE Confidence: 0.97356606

00:26:04.924 --> 00:26:05.424 culture.  
NOTE Confidence: 0.9897849

00:26:06.260 --> 00:26:07.080 Next, please.  
NOTE Confidence: 0.9643287

00:26:08.580 --> 00:26:09.940 So, similarly, we've got some  
NOTE Confidence: 0.9643287

00:26:09.940 --> 00:26:11.700 guiding questions for the working  
NOTE Confidence: 0.9643287

00:26:11.700 --> 00:26:14.020 facilitators to refer to, but  
NOTE Confidence: 0.9643287

00:26:14.020 --> 00:26:15.299 because of time constraints, maybe  
NOTE Confidence: 0.9643287

00:26:15.299 --> 00:26:16.179 I'll just keep that for  
NOTE Confidence: 0.9643287

00:26:16.179 --> 00:26:17.399 now. Next, please.

NOTE Confidence: 0.9388038

00:26:19.375 --> 00:26:20.255 The next up here, the

NOTE Confidence: 0.9388038

00:26:20.255 --> 00:26:21.535 pink cards are the married

NOTE Confidence: 0.9388038

00:26:21.535 --> 00:26:22.994 life. Next, please.

NOTE Confidence: 0.98106974

00:26:25.535 --> 00:26:26.975 Married life reflects much of

NOTE Confidence: 0.98106974

00:26:26.975 --> 00:26:28.734 our carers' voices who are

NOTE Confidence: 0.98106974

00:26:28.734 --> 00:26:30.815 concerned about their children's ability

NOTE Confidence: 0.98106974

00:26:30.815 --> 00:26:32.095 to engage in safe and

NOTE Confidence: 0.98106974

00:26:32.095 --> 00:26:33.635 healthy romantic relationships.

NOTE Confidence: 0.9692844

00:26:34.159 --> 00:26:36.020 So, interestingly, from my experience,

NOTE Confidence: 0.9692844

00:26:36.080 --> 00:26:36.880 this is one of the

NOTE Confidence: 0.9692844

00:26:36.880 --> 00:26:38.659 most popular paths as player

NOTE Confidence: 0.9692844

00:26:38.720 --> 00:26:40.159 often reflect that they have

NOTE Confidence: 0.9692844

00:26:40.159 --> 00:26:42.020 limited experience in love relationships.

NOTE Confidence: 0.982445

00:26:42.559 --> 00:26:44.400 So, exploring these cards can

NOTE Confidence: 0.982445

00:26:44.400 --> 00:26:45.760 help players to recognize their

NOTE Confidence: 0.982445

00:26:45.760 --> 00:26:47.055 rights to engage in love  
NOTE Confidence: 0.982445

00:26:47.135 --> 00:26:48.415 and also support them in  
NOTE Confidence: 0.982445

00:26:48.415 --> 00:26:50.655 envisioning their, marriage life in  
NOTE Confidence: 0.982445

00:26:50.655 --> 00:26:51.315 the future.  
NOTE Confidence: 0.9890512

00:26:51.935 --> 00:26:52.755 Next, please.  
NOTE Confidence: 0.95644796

00:26:54.415 --> 00:26:55.455 So here we've got some  
NOTE Confidence: 0.95644796

00:26:55.455 --> 00:26:57.215 guiding questions again. So we're  
NOTE Confidence: 0.95644796

00:26:57.215 --> 00:26:59.875 mainly focusing on effective communication  
NOTE Confidence: 0.95644796

00:26:59.935 --> 00:27:01.510 within the family, which is  
NOTE Confidence: 0.95644796

00:27:01.510 --> 00:27:03.030 also a core topic in  
NOTE Confidence: 0.95644796

00:27:03.030 --> 00:27:04.470 the citizen's in the citizen's  
NOTE Confidence: 0.95644796

00:27:04.470 --> 00:27:05.929 project discussing relationships.  
NOTE Confidence: 0.99276423

00:27:06.549 --> 00:27:07.290 Next, please.  
NOTE Confidence: 0.9748047

00:27:09.750 --> 00:27:11.270 In the final session, session  
NOTE Confidence: 0.9748047

00:27:11.270 --> 00:27:13.270 four, we explore the rainbow  
NOTE Confidence: 0.9748047

00:27:13.270 --> 00:27:14.790 path, which provide players with

NOTE Confidence: 0.9748047

00:27:14.790 --> 00:27:16.545 the choices between daily life,

NOTE Confidence: 0.9748047

00:27:16.625 --> 00:27:18.165 work, or further studies.

NOTE Confidence: 0.9618184

00:27:18.705 --> 00:27:20.305 So our inspiration behind this

NOTE Confidence: 0.9618184

00:27:20.305 --> 00:27:21.665 comes from the focus group

NOTE Confidence: 0.9618184

00:27:21.665 --> 00:27:23.185 discussion with the service users

NOTE Confidence: 0.9618184

00:27:23.185 --> 00:27:24.225 during the design of the

NOTE Confidence: 0.9618184

00:27:24.225 --> 00:27:25.905 board game. They express a

NOTE Confidence: 0.9618184

00:27:25.905 --> 00:27:27.505 desire to see that life

NOTE Confidence: 0.9618184

00:27:27.505 --> 00:27:29.365 offers many options and opportunities,

NOTE Confidence: 0.94626486

00:27:29.920 --> 00:27:31.040 and that they believe that

NOTE Confidence: 0.94626486

00:27:31.040 --> 00:27:32.720 this perception can help them

NOTE Confidence: 0.94626486

00:27:32.720 --> 00:27:34.240 envision a future where they

NOTE Confidence: 0.94626486

00:27:34.240 --> 00:27:36.160 are walking a healthy recovery

NOTE Confidence: 0.94626486

00:27:36.160 --> 00:27:37.680 journey filled with hope and

NOTE Confidence: 0.94626486

00:27:37.680 --> 00:27:39.119 possibilities. So that's why we

NOTE Confidence: 0.94626486

00:27:39.119 --> 00:27:40.400 have, we offer them with  
NOTE Confidence: 0.94626486

00:27:40.400 --> 00:27:41.600 the multiple choices here in  
NOTE Confidence: 0.94626486

00:27:41.600 --> 00:27:42.660 the rainbow path.  
NOTE Confidence: 0.99282

00:27:43.359 --> 00:27:44.180 Next, please.  
NOTE Confidence: 0.95863384

00:27:45.915 --> 00:27:47.195 So, finally, I'd like to  
NOTE Confidence: 0.95863384

00:27:47.195 --> 00:27:48.475 share some key feedback and  
NOTE Confidence: 0.95863384

00:27:48.475 --> 00:27:49.915 highlights from our players as  
NOTE Confidence: 0.95863384

00:27:49.915 --> 00:27:51.695 well. So overall, speaking,  
NOTE Confidence: 0.9692128

00:27:52.315 --> 00:27:53.755 their responses have been very  
NOTE Confidence: 0.9692128

00:27:53.755 --> 00:27:55.355 positive regarding both the design  
NOTE Confidence: 0.9692128

00:27:55.355 --> 00:27:56.315 and the content of the  
NOTE Confidence: 0.9692128

00:27:56.315 --> 00:27:57.935 board game. And in particular,  
NOTE Confidence: 0.9692128

00:27:57.994 --> 00:27:59.275 a number of surface users  
NOTE Confidence: 0.9692128

00:27:59.275 --> 00:27:59.775 appreciated  
NOTE Confidence: 0.9831525

00:28:00.169 --> 00:28:01.409 how the board game,  
NOTE Confidence: 0.9888531

00:28:01.850 --> 00:28:03.450 encouraged active listening to their

NOTE Confidence: 0.9888531  
00:28:03.450 --> 00:28:05.150 peers, which in turn provoked  
NOTE Confidence: 0.9888531  
00:28:05.210 --> 00:28:07.130 their internal reflection to their  
NOTE Confidence: 0.9888531  
00:28:07.130 --> 00:28:07.630 life.  
NOTE Confidence: 0.99324894  
00:28:08.090 --> 00:28:08.830 Next, please.  
NOTE Confidence: 0.9591908  
00:28:11.289 --> 00:28:12.570 The one piece of feedback  
NOTE Confidence: 0.9591908  
00:28:12.570 --> 00:28:13.609 that stood out to me  
NOTE Confidence: 0.9591908  
00:28:13.609 --> 00:28:15.035 was, from a player who  
NOTE Confidence: 0.9591908  
00:28:15.035 --> 00:28:16.635 reflected that they've, he found  
NOTE Confidence: 0.9591908  
00:28:16.635 --> 00:28:18.155 the task that involved drawing  
NOTE Confidence: 0.9591908  
00:28:18.155 --> 00:28:19.915 or writing challenging. And I  
NOTE Confidence: 0.9591908  
00:28:19.915 --> 00:28:21.115 think that's this highlights the  
NOTE Confidence: 0.9591908  
00:28:21.115 --> 00:28:22.175 importance of flexibility  
NOTE Confidence: 0.9077654  
00:28:22.555 --> 00:28:24.395 in adapting our game rules.  
NOTE Confidence: 0.9077654  
00:28:24.395 --> 00:28:25.695 So for example, facilitators  
NOTE Confidence: 0.9444959  
00:28:26.234 --> 00:28:27.310 in this case can use  
NOTE Confidence: 0.9444959

00:28:27.310 --> 00:28:28.590 some verbal prompts to help  
NOTE Confidence: 0.9444959

00:28:28.590 --> 00:28:29.950 them or encourage some pure  
NOTE Confidence: 0.9444959

00:28:29.950 --> 00:28:31.150 support in the group so  
NOTE Confidence: 0.9444959

00:28:31.150 --> 00:28:32.510 that we create an encouraging  
NOTE Confidence: 0.9444959

00:28:32.510 --> 00:28:34.450 environment where players feel comfortable  
NOTE Confidence: 0.9444959

00:28:34.590 --> 00:28:36.270 exploring their recovery journey and  
NOTE Confidence: 0.9444959

00:28:36.270 --> 00:28:37.310 start feeling like, you know,  
NOTE Confidence: 0.9444959

00:28:37.310 --> 00:28:38.670 being overwhelmed by some kind  
NOTE Confidence: 0.9444959

00:28:38.670 --> 00:28:39.890 of, like, mission impossibles.  
NOTE Confidence: 0.9890712

00:28:41.025 --> 00:28:41.685 Next, please.  
NOTE Confidence: 0.98842216

00:28:43.585 --> 00:28:44.725 So in our previous  
NOTE Confidence: 0.8258988

00:28:45.025 --> 00:28:47.105 working facilitators training, here, they  
NOTE Confidence: 0.8258988

00:28:47.105 --> 00:28:47.985 are all our staff and  
NOTE Confidence: 0.8258988

00:28:47.985 --> 00:28:48.945 that you can see Carrie,  
NOTE Confidence: 0.8843681

00:28:49.665 --> 00:28:50.865 over there as well. I  
NOTE Confidence: 0.8843681

00:28:50.865 --> 00:28:51.685 also incorporated

NOTE Confidence: 0.9592279

00:28:52.065 --> 00:28:53.505 photo voice into the feedback

NOTE Confidence: 0.9592279

00:28:53.505 --> 00:28:55.010 session, and turns out the

NOTE Confidence: 0.9592279

00:28:55.010 --> 00:28:57.190 responses were greatly heartwarming, actually.

NOTE Confidence: 0.96452045

00:28:57.490 --> 00:28:59.010 So our facilitators share how

NOTE Confidence: 0.96452045

00:28:59.010 --> 00:29:00.450 they felt supported by each

NOTE Confidence: 0.96452045

00:29:00.450 --> 00:29:02.210 other and reminisced about their

NOTE Confidence: 0.96452045

00:29:02.210 --> 00:29:03.830 childhood experiences, actually.

NOTE Confidence: 0.94115067

00:29:04.530 --> 00:29:06.289 Although we haven't completed formal

NOTE Confidence: 0.94115067

00:29:06.289 --> 00:29:08.205 research on this working yet,

NOTE Confidence: 0.94115067

00:29:08.445 --> 00:29:09.885 the feedback we collected from

NOTE Confidence: 0.94115067

00:29:09.885 --> 00:29:11.804 different stakeholders from our staff

NOTE Confidence: 0.94115067

00:29:11.804 --> 00:29:12.924 and also from our service

NOTE Confidence: 0.94115067

00:29:12.924 --> 00:29:14.765 users and in different occasions

NOTE Confidence: 0.94115067

00:29:14.765 --> 00:29:16.225 have proven to us that,

NOTE Confidence: 0.94858485

00:29:16.605 --> 00:29:18.284 this board game can have

NOTE Confidence: 0.94858485

00:29:18.284 --> 00:29:20.284 immense potential, actually. And we

NOTE Confidence: 0.94858485

00:29:20.284 --> 00:29:21.420 are confident that this board

NOTE Confidence: 0.94858485

00:29:21.420 --> 00:29:22.220 game will become one of

NOTE Confidence: 0.94858485

00:29:22.220 --> 00:29:23.840 the leading tools in introducing

NOTE Confidence: 0.94858485

00:29:23.900 --> 00:29:25.180 the concept of mental recovery

NOTE Confidence: 0.94858485

00:29:25.180 --> 00:29:27.100 in the future. So, thank

NOTE Confidence: 0.94858485

00:29:27.100 --> 00:29:28.300 you. Let me pass the

NOTE Confidence: 0.94858485

00:29:28.300 --> 00:29:29.900 time to Clarice to do

NOTE Confidence: 0.94858485

00:29:29.900 --> 00:29:31.020 the most interesting part of

NOTE Confidence: 0.94858485

00:29:31.020 --> 00:29:32.700 today again, the highlight of

NOTE Confidence: 0.94858485

00:29:32.700 --> 00:29:34.320 today on the game demo.

NOTE Confidence: 0.9480113

00:29:35.075 --> 00:29:35.955 Yeah. I think you guys

NOTE Confidence: 0.9480113

00:29:35.955 --> 00:29:37.655 will be, like, really thrilled

NOTE Confidence: 0.9480113

00:29:37.875 --> 00:29:38.915 because we're going to have

NOTE Confidence: 0.9480113

00:29:38.915 --> 00:29:39.895 the game demonstrations.

NOTE Confidence: 0.88895005

00:29:40.434 --> 00:29:41.415 So next slide.

NOTE Confidence: 0.9976588  
00:29:43.395 --> 00:29:43.895 Yes.  
NOTE Confidence: 0.77021956  
00:29:44.355 --> 00:29:44.855 See,  
NOTE Confidence: 0.9471841  
00:29:45.635 --> 00:29:47.075 for this board game, you  
NOTE Confidence: 0.9471841  
00:29:47.075 --> 00:29:48.980 can actually choose your chess  
NOTE Confidence: 0.9471841  
00:29:48.980 --> 00:29:50.440 piece. So now I've chosen  
NOTE Confidence: 0.9471841  
00:29:50.660 --> 00:29:52.340 Richard to be our chess  
NOTE Confidence: 0.9471841  
00:29:52.340 --> 00:29:53.940 piece today. So first, we  
NOTE Confidence: 0.9471841  
00:29:53.940 --> 00:29:55.620 will walk through the roads  
NOTE Confidence: 0.9471841  
00:29:55.620 --> 00:29:57.140 of friendship. So this road  
NOTE Confidence: 0.9471841  
00:29:57.140 --> 00:29:57.800 is very  
NOTE Confidence: 0.9256689  
00:29:58.180 --> 00:29:59.940 interesting because, like, there are  
NOTE Confidence: 0.9256689  
00:29:59.940 --> 00:30:01.140 some cards that you can  
NOTE Confidence: 0.9256689  
00:30:01.140 --> 00:30:02.180 introduce and,  
NOTE Confidence: 0.97441864  
00:30:02.580 --> 00:30:04.395 invite your friends and game  
NOTE Confidence: 0.97441864  
00:30:04.395 --> 00:30:05.675 players to join you in  
NOTE Confidence: 0.97441864

00:30:05.675 --> 00:30:06.475 the game, and then they  
NOTE Confidence: 0.97441864

00:30:06.475 --> 00:30:07.775 would get the respective,  
NOTE Confidence: 0.9594269

00:30:08.475 --> 00:30:09.995 number of tokens the same  
NOTE Confidence: 0.9594269

00:30:09.995 --> 00:30:11.435 as your card points as  
NOTE Confidence: 0.9594269

00:30:11.435 --> 00:30:11.935 well.  
NOTE Confidence: 0.98425555

00:30:12.315 --> 00:30:13.995 So let's see where we're  
NOTE Confidence: 0.98425555

00:30:13.995 --> 00:30:14.495 going  
NOTE Confidence: 0.47117874

00:30:14.875 --> 00:30:15.375 and  
NOTE Confidence: 0.89408684

00:30:15.755 --> 00:30:16.635 or what color we have  
NOTE Confidence: 0.89408684

00:30:16.635 --> 00:30:18.255 drawn. So next slide, please.  
NOTE Confidence: 0.99949104

00:30:20.450 --> 00:30:20.950 Yes.  
NOTE Confidence: 0.99018145

00:30:21.330 --> 00:30:22.870 So so now  
NOTE Confidence: 0.8970447

00:30:23.170 --> 00:30:24.210 we have drawn this card  
NOTE Confidence: 0.8970447

00:30:24.210 --> 00:30:25.670 as about to provide  
NOTE Confidence: 0.9387285

00:30:26.210 --> 00:30:27.970 support on or encouragement to  
NOTE Confidence: 0.9387285

00:30:27.970 --> 00:30:30.230 your teammates with nonverbal expressions.

NOTE Confidence: 0.9387285  
00:30:30.290 --> 00:30:31.890 So now would you like  
NOTE Confidence: 0.9387285  
00:30:31.890 --> 00:30:34.050 to share your nonverbal expression  
NOTE Confidence: 0.9387285  
00:30:34.050 --> 00:30:34.790 to me?  
NOTE Confidence: 0.99860793  
00:30:35.105 --> 00:30:35.605 Or  
NOTE Confidence: 0.98533714  
00:30:35.905 --> 00:30:37.105 you can use any method  
NOTE Confidence: 0.98533714  
00:30:37.105 --> 00:30:37.925 you can do.  
NOTE Confidence: 0.8727799  
00:30:39.825 --> 00:30:41.265 Yes. Oh, I can see  
NOTE Confidence: 0.8727799  
00:30:41.265 --> 00:30:43.185 an emoji, a heart emoji,  
NOTE Confidence: 0.8727799  
00:30:43.185 --> 00:30:44.885 and thumbs up as well.  
NOTE Confidence: 0.94298136  
00:30:47.920 --> 00:30:49.040 Oh, I can see, like,  
NOTE Confidence: 0.94298136  
00:30:49.040 --> 00:30:50.740 someone is doing a heart  
NOTE Confidence: 0.9944107  
00:30:51.040 --> 00:30:52.420 on your camera as well.  
NOTE Confidence: 0.94544643  
00:30:53.680 --> 00:30:54.880 Oh, I'm I feel like  
NOTE Confidence: 0.94544643  
00:30:54.880 --> 00:30:56.900 I'm flooding with loves here.  
NOTE Confidence: 0.94544643  
00:30:57.040 --> 00:30:58.900 Wow. That's a big heart.  
NOTE Confidence: 0.8735015

00:30:59.600 --> 00:31:01.304 Yes. So I actually, this  
NOTE Confidence: 0.8735015

00:31:01.304 --> 00:31:02.024 one is actually  
NOTE Confidence: 0.8983171

00:31:02.904 --> 00:31:04.264 this concept has come from  
NOTE Confidence: 0.8983171

00:31:04.264 --> 00:31:04.764 our  
NOTE Confidence: 0.7645912

00:31:05.304 --> 00:31:05.804 WhatsApp  
NOTE Confidence: 0.9645835

00:31:06.424 --> 00:31:08.024 group. And then every time  
NOTE Confidence: 0.9645835

00:31:08.024 --> 00:31:09.065 when we have the classes  
NOTE Confidence: 0.9645835

00:31:09.065 --> 00:31:10.924 or or having the recovery  
NOTE Confidence: 0.9645835

00:31:10.985 --> 00:31:12.825 citizenship group, we'll have the  
NOTE Confidence: 0.9645835

00:31:12.825 --> 00:31:14.105 WhatsApp. And then they would  
NOTE Confidence: 0.9645835

00:31:14.105 --> 00:31:15.644 talk about their previous,  
NOTE Confidence: 0.97068834

00:31:16.390 --> 00:31:17.510 like, the live in the  
NOTE Confidence: 0.97068834

00:31:17.510 --> 00:31:19.450 previous week. And then sometimes  
NOTE Confidence: 0.95594484

00:31:19.910 --> 00:31:21.270 usually, when they share about  
NOTE Confidence: 0.95594484

00:31:21.270 --> 00:31:21.929 their experiences,  
NOTE Confidence: 0.7519405

00:31:22.230 --> 00:31:22.890 our facilitators

NOTE Confidence: 0.9646711  
00:31:23.270 --> 00:31:25.130 will ask our other members  
NOTE Confidence: 0.9646711  
00:31:25.350 --> 00:31:26.470 to show their love and  
NOTE Confidence: 0.9646711  
00:31:26.470 --> 00:31:28.150 support through this kind of  
NOTE Confidence: 0.9646711  
00:31:28.150 --> 00:31:30.470 nonverbal expression, such as your  
NOTE Confidence: 0.9646711  
00:31:30.470 --> 00:31:32.090 thumbs up or your heart  
NOTE Confidence: 0.9198716  
00:31:32.415 --> 00:31:34.015 as well. Yes. So thank  
NOTE Confidence: 0.9198716  
00:31:34.015 --> 00:31:35.155 you for your love.  
NOTE Confidence: 0.95854056  
00:31:35.695 --> 00:31:36.735 Yes. So go to your  
NOTE Confidence: 0.95854056  
00:31:36.735 --> 00:31:37.795 next slide, please.  
NOTE Confidence: 0.98989844  
00:31:40.015 --> 00:31:40.515 Yes.  
NOTE Confidence: 0.8497149  
00:31:40.975 --> 00:31:42.835 And then yes. This one.  
NOTE Confidence: 0.88269025  
00:31:43.615 --> 00:31:45.375 So our cards actually reflects  
NOTE Confidence: 0.88269025  
00:31:45.375 --> 00:31:45.875 different  
NOTE Confidence: 0.9810094  
00:31:47.309 --> 00:31:48.990 journeys of our lives. And  
NOTE Confidence: 0.9810094  
00:31:48.990 --> 00:31:49.950 then this one is about,  
NOTE Confidence: 0.9810094

00:31:49.950 --> 00:31:50.450 like,  
NOTE Confidence: 0.995816

00:31:50.910 --> 00:31:51.570 you recently  
NOTE Confidence: 0.7171409

00:31:52.110 --> 00:31:53.570 you recently fell  
NOTE Confidence: 0.9951231

00:31:53.870 --> 00:31:54.850 very helpless  
NOTE Confidence: 0.98463595

00:31:55.150 --> 00:31:56.350 due to poor sleep or  
NOTE Confidence: 0.98463595

00:31:56.350 --> 00:31:57.710 loss of appetite, so you  
NOTE Confidence: 0.98463595

00:31:57.710 --> 00:31:59.390 can ask your teammates for  
NOTE Confidence: 0.98463595

00:31:59.390 --> 00:32:01.365 advice during a role play.  
NOTE Confidence: 0.99751174

00:32:01.745 --> 00:32:02.965 So you can either,  
NOTE Confidence: 0.99678254

00:32:03.265 --> 00:32:03.765 like,  
NOTE Confidence: 0.9931762

00:32:04.465 --> 00:32:05.205 place your  
NOTE Confidence: 0.95582855

00:32:05.505 --> 00:32:07.365 comments in the chat box,  
NOTE Confidence: 0.9989322

00:32:07.665 --> 00:32:08.785 or you can turn on  
NOTE Confidence: 0.9989322

00:32:08.785 --> 00:32:09.845 your mic as well  
NOTE Confidence: 0.99879396

00:32:10.225 --> 00:32:11.365 to share your thoughts.  
NOTE Confidence: 0.93070686

00:32:11.985 --> 00:32:13.365 So what shall I do?

NOTE Confidence: 0.97382176  
00:32:19.430 --> 00:32:21.370 Yeah. Because I'm having, like,  
NOTE Confidence: 0.97382176  
00:32:21.510 --> 00:32:23.030 a poor sleep, and I  
NOTE Confidence: 0.97382176  
00:32:23.030 --> 00:32:24.710 can't eat, and I feel  
NOTE Confidence: 0.97382176  
00:32:24.710 --> 00:32:25.210 bad.  
NOTE Confidence: 0.98626196  
00:32:28.525 --> 00:32:29.565 So feel free to turn  
NOTE Confidence: 0.98626196  
00:32:29.565 --> 00:32:31.025 on your mic or type  
NOTE Confidence: 0.9775644  
00:32:31.565 --> 00:32:32.925 any advice for me in  
NOTE Confidence: 0.9775644  
00:32:32.925 --> 00:32:34.684 the chat box. Okay. Bridget  
NOTE Confidence: 0.9775644  
00:32:34.684 --> 00:32:35.505 has a suggestion.  
NOTE Confidence: 0.960821  
00:32:36.045 --> 00:32:38.125 Right. Really? Hi, Bridget. Hi,  
NOTE Confidence: 0.960821  
00:32:38.125 --> 00:32:39.245 baby. How are you? You  
NOTE Confidence: 0.960821  
00:32:39.245 --> 00:32:39.985 can pray.  
NOTE Confidence: 0.9977946  
00:32:42.080 --> 00:32:43.460 She's suggesting praying.  
NOTE Confidence: 0.97031593  
00:32:44.560 --> 00:32:47.360 Oh, okay. Spiritual part. Pray.  
NOTE Confidence: 0.97031593  
00:32:47.360 --> 00:32:48.820 Yes. That could do.  
NOTE Confidence: 0.9206431

00:32:49.840 --> 00:32:50.740 Yes. Anymore?  
NOTE Confidence: 0.97352225

00:32:51.440 --> 00:32:52.560 Oh, we can go to  
NOTE Confidence: 0.97352225

00:32:52.560 --> 00:32:53.760 the market, pick up some  
NOTE Confidence: 0.97352225

00:32:53.760 --> 00:32:54.260 snacks.  
NOTE Confidence: 0.9616102

00:32:54.995 --> 00:32:55.495 Oh,  
NOTE Confidence: 0.9846551

00:32:56.195 --> 00:32:57.715 yes. If you're going for  
NOTE Confidence: 0.9846551

00:32:57.715 --> 00:32:58.855 a long walk, that will  
NOTE Confidence: 0.9846551

00:32:59.075 --> 00:32:59.975 make you tired.  
NOTE Confidence: 0.9695798

00:33:01.955 --> 00:33:03.795 Yes. Take a walk. Go  
NOTE Confidence: 0.9695798

00:33:03.795 --> 00:33:04.455 to bed.  
NOTE Confidence: 0.9909828

00:33:05.395 --> 00:33:06.515 At at the same time,  
NOTE Confidence: 0.9909828

00:33:06.515 --> 00:33:07.415 read a book.  
NOTE Confidence: 0.8564006

00:33:07.820 --> 00:33:08.940 Oh, this will give some  
NOTE Confidence: 0.8564006

00:33:08.940 --> 00:33:09.680 good advices.  
NOTE Confidence: 0.99725914

00:33:10.140 --> 00:33:10.640 Yes.  
NOTE Confidence: 0.98909104

00:33:11.820 --> 00:33:13.920 Yes. Listening to relaxing music.

NOTE Confidence: 0.9989846  
00:33:15.340 --> 00:33:15.840 Yes.  
NOTE Confidence: 0.99558866  
00:33:16.940 --> 00:33:17.440 Exercise.  
NOTE Confidence: 0.9015537  
00:33:20.075 --> 00:33:20.575 Yes.  
NOTE Confidence: 0.99745107  
00:33:21.755 --> 00:33:22.255 Dance.  
NOTE Confidence: 0.9956084  
00:33:22.715 --> 00:33:23.995 Yes. I love dance as  
NOTE Confidence: 0.9956084  
00:33:23.995 --> 00:33:25.755 well. Yeah. Talk to your  
NOTE Confidence: 0.9956084  
00:33:25.755 --> 00:33:26.255 friends.  
NOTE Confidence: 0.89596474  
00:33:27.035 --> 00:33:28.495 Yes. Listen to ring four.  
NOTE Confidence: 0.9683574  
00:33:29.515 --> 00:33:30.655 Oh, aromatherapy.  
NOTE Confidence: 0.98684305  
00:33:31.915 --> 00:33:32.635 That could be an  
NOTE Confidence: 0.9543554  
00:33:33.355 --> 00:33:34.475 I can try this as  
NOTE Confidence: 0.9543554  
00:33:34.475 --> 00:33:34.975 well.  
NOTE Confidence: 0.95785666  
00:33:37.090 --> 00:33:39.429 Yes. Jumping jacks together. Oh,  
NOTE Confidence: 0.95785666  
00:33:39.490 --> 00:33:41.010 getting the mood up. Yes.  
NOTE Confidence: 0.95785666  
00:33:41.010 --> 00:33:42.370 These are some examples, like,  
NOTE Confidence: 0.95785666

00:33:42.370 --> 00:33:43.970 we can have from different  
NOTE Confidence: 0.95785666

00:33:43.970 --> 00:33:44.470 peoples.  
NOTE Confidence: 0.9482074

00:33:44.850 --> 00:33:46.050 Yes. And I can feel  
NOTE Confidence: 0.9482074

00:33:46.050 --> 00:33:46.550 like  
NOTE Confidence: 0.9546851

00:33:47.490 --> 00:33:49.890 the westerners love exercising and  
NOTE Confidence: 0.9546851

00:33:49.890 --> 00:33:51.350 being active as well.  
NOTE Confidence: 0.9071347

00:33:52.105 --> 00:33:53.225 Yeah. I I think this  
NOTE Confidence: 0.9071347

00:33:53.225 --> 00:33:55.145 is very interesting, like, because  
NOTE Confidence: 0.9071347

00:33:55.145 --> 00:33:56.365 we usually, like,  
NOTE Confidence: 0.99611855

00:33:57.304 --> 00:33:58.445 also ask them to  
NOTE Confidence: 0.9811257

00:33:58.745 --> 00:34:00.284 share their thoughts as well.  
NOTE Confidence: 0.9691192

00:34:01.705 --> 00:34:03.164 Yes. And try cooking.  
NOTE Confidence: 0.9325609

00:34:03.465 --> 00:34:05.065 Yes. And try your cooking.  
NOTE Confidence: 0.9325609

00:34:05.065 --> 00:34:06.525 Yeah. I would love to.  
NOTE Confidence: 0.85672355

00:34:07.320 --> 00:34:08.200 Yes. I think this is  
NOTE Confidence: 0.85672355

00:34:08.200 --> 00:34:09.660 like sharing our experiences

NOTE Confidence: 0.9708042  
00:34:10.280 --> 00:34:11.180 and what  
NOTE Confidence: 0.9993978  
00:34:11.480 --> 00:34:12.540 works for us  
NOTE Confidence: 0.93905306  
00:34:13.880 --> 00:34:15.020 to with others  
NOTE Confidence: 0.99063313  
00:34:15.320 --> 00:34:17.260 other members as well. Yes.  
NOTE Confidence: 0.9868383  
00:34:17.560 --> 00:34:19.020 Oh, turn off the electronic  
NOTE Confidence: 0.9868383  
00:34:19.080 --> 00:34:21.080 devices as well. Yes. That's  
NOTE Confidence: 0.9868383  
00:34:21.080 --> 00:34:22.575 good for sleeping as well.  
NOTE Confidence: 0.9868383  
00:34:22.974 --> 00:34:24.255 Yes. So these are some  
NOTE Confidence: 0.9868383  
00:34:24.255 --> 00:34:26.275 experiences we can or some,  
NOTE Confidence: 0.98646015  
00:34:27.535 --> 00:34:29.695 thoughts and tips from different  
NOTE Confidence: 0.98646015  
00:34:29.695 --> 00:34:31.214 people. And I think it's  
NOTE Confidence: 0.98646015  
00:34:31.214 --> 00:34:32.355 very important for  
NOTE Confidence: 0.9648075  
00:34:32.974 --> 00:34:34.114 our our members  
NOTE Confidence: 0.9649392  
00:34:34.415 --> 00:34:35.795 to know different,  
NOTE Confidence: 0.98689204  
00:34:37.109 --> 00:34:39.509 or getting different ideas from  
NOTE Confidence: 0.98689204

00:34:39.509 --> 00:34:40.009 everyone.  
NOTE Confidence: 0.9179708

00:34:40.469 --> 00:34:42.150 Yes. Because sometimes, like, our  
NOTE Confidence: 0.9179708

00:34:42.150 --> 00:34:43.690 own thought is just limited,  
NOTE Confidence: 0.9179708

00:34:43.829 --> 00:34:44.730 and then with  
NOTE Confidence: 0.8883764

00:34:45.190 --> 00:34:45.690 group  
NOTE Confidence: 0.7996373

00:34:46.150 --> 00:34:47.049 is more  
NOTE Confidence: 0.9740773

00:34:47.349 --> 00:34:49.190 powerful as well. Yes. So  
NOTE Confidence: 0.9740773

00:34:49.190 --> 00:34:49.989 we can go to the  
NOTE Confidence: 0.9740773

00:34:49.989 --> 00:34:50.730 next slide.  
NOTE Confidence: 0.99740887

00:34:52.425 --> 00:34:53.465 Yes. So I think we  
NOTE Confidence: 0.99740887

00:34:53.465 --> 00:34:55.245 have a long a short  
NOTE Confidence: 0.95731544

00:34:55.545 --> 00:34:57.885 journey past the friendship rose,  
NOTE Confidence: 0.95731544

00:34:58.025 --> 00:34:59.385 and now we are at  
NOTE Confidence: 0.95731544

00:34:59.385 --> 00:35:00.905 a crossroad. You can see,  
NOTE Confidence: 0.95731544

00:35:00.905 --> 00:35:02.825 like, we have work and  
NOTE Confidence: 0.95731544

00:35:02.825 --> 00:35:03.725 further studies

NOTE Confidence: 0.9716603

00:35:04.599 --> 00:35:05.660 at that two points.

NOTE Confidence: 0.9722422

00:35:05.960 --> 00:35:07.719 And then for this part,

NOTE Confidence: 0.9722422

00:35:07.719 --> 00:35:09.420 our participants need to choose

NOTE Confidence: 0.9722422

00:35:09.560 --> 00:35:10.920 which route they want to

NOTE Confidence: 0.9722422

00:35:10.920 --> 00:35:12.460 go. Like, either go

NOTE Confidence: 0.9016302

00:35:12.760 --> 00:35:14.440 to further studies first then

NOTE Confidence: 0.9016302

00:35:14.440 --> 00:35:15.880 to work, or they would

NOTE Confidence: 0.9016302

00:35:15.880 --> 00:35:16.700 go directly

NOTE Confidence: 0.96041816

00:35:17.160 --> 00:35:19.275 to the work parts. So

NOTE Confidence: 0.96041816

00:35:19.275 --> 00:35:20.555 for today, we're going to

NOTE Confidence: 0.96041816

00:35:20.555 --> 00:35:22.155 do further studies first. So

NOTE Confidence: 0.96041816

00:35:22.155 --> 00:35:23.214 next slide, please.

NOTE Confidence: 0.9993359

00:35:24.875 --> 00:35:25.375 Yes.

NOTE Confidence: 0.9708243

00:35:25.675 --> 00:35:27.035 So now you've been sitting

NOTE Confidence: 0.9708243

00:35:27.035 --> 00:35:28.315 in the class for more

NOTE Confidence: 0.9708243

00:35:28.315 --> 00:35:29.535 than four hours.  
NOTE Confidence: 0.99959713

00:35:29.835 --> 00:35:30.335 So  
NOTE Confidence: 0.88046426

00:35:30.635 --> 00:35:31.675 these are some cards that  
NOTE Confidence: 0.88046426

00:35:31.675 --> 00:35:33.135 we we will ask our  
NOTE Confidence: 0.97344524

00:35:33.510 --> 00:35:34.890 members to do,  
NOTE Confidence: 0.95563334

00:35:35.270 --> 00:35:36.950 like, stretching exercise in our  
NOTE Confidence: 0.95563334

00:35:36.950 --> 00:35:38.070 class. So I would lead  
NOTE Confidence: 0.95563334

00:35:38.070 --> 00:35:38.870 you guys to do a  
NOTE Confidence: 0.95563334

00:35:38.870 --> 00:35:40.630 little exercise now after we  
NOTE Confidence: 0.95563334

00:35:40.630 --> 00:35:41.910 have been sitting here for,  
NOTE Confidence: 0.95563334

00:35:41.910 --> 00:35:44.010 like, around forty minutes soon.  
NOTE Confidence: 0.95563334

00:35:44.070 --> 00:35:45.510 So now we can stretch  
NOTE Confidence: 0.95563334

00:35:45.510 --> 00:35:46.570 our hands up.  
NOTE Confidence: 0.9666052

00:35:46.950 --> 00:35:48.810 Raise our hands. Yes.  
NOTE Confidence: 0.99309444

00:35:49.965 --> 00:35:51.265 To do a little stretch.  
NOTE Confidence: 0.95604587

00:35:52.205 --> 00:35:53.485 Yes. And then you can

NOTE Confidence: 0.95604587  
00:35:53.485 --> 00:35:54.865 stretch to our sides.  
NOTE Confidence: 0.8704149  
00:35:55.725 --> 00:35:56.225 Yes.  
NOTE Confidence: 0.95319664  
00:35:56.765 --> 00:35:57.265 Yeah.  
NOTE Confidence: 0.96243477  
00:35:57.565 --> 00:35:58.945 Just move our hands.  
NOTE Confidence: 0.9921809  
00:35:59.725 --> 00:36:01.085 Yes. And for some parts,  
NOTE Confidence: 0.9921809  
00:36:01.085 --> 00:36:01.985 like, we usually  
NOTE Confidence: 0.9781032  
00:36:02.950 --> 00:36:04.550 ask us, if our time  
NOTE Confidence: 0.9781032  
00:36:04.550 --> 00:36:05.830 is running short, we can  
NOTE Confidence: 0.9781032  
00:36:05.830 --> 00:36:07.110 ask them to do just  
NOTE Confidence: 0.9781032  
00:36:07.110 --> 00:36:09.130 one exercise instead of three.  
NOTE Confidence: 0.9781032  
00:36:09.430 --> 00:36:10.630 So thank you, you guys,  
NOTE Confidence: 0.9781032  
00:36:10.630 --> 00:36:12.390 for joining us in this  
NOTE Confidence: 0.9781032  
00:36:12.390 --> 00:36:12.890 exercise.  
NOTE Confidence: 0.99487764  
00:36:13.350 --> 00:36:14.390 Yes. Let's go to the  
NOTE Confidence: 0.99487764  
00:36:14.390 --> 00:36:15.130 next one.  
NOTE Confidence: 0.9962828

00:36:17.184 --> 00:36:17.684 Yes.  
NOTE Confidence: 0.8393057

00:36:18.065 --> 00:36:19.125 And for some slides,  
NOTE Confidence: 0.93229544

00:36:19.425 --> 00:36:21.125 we'll actually show them that,  
NOTE Confidence: 0.9379611

00:36:22.944 --> 00:36:24.244 we can take a pause.  
NOTE Confidence: 0.9379611

00:36:24.385 --> 00:36:25.744 Yes. It's actually like some  
NOTE Confidence: 0.9379611

00:36:25.744 --> 00:36:27.105 stress management as well. Like,  
NOTE Confidence: 0.9379611

00:36:27.105 --> 00:36:28.244 for this card, it's  
NOTE Confidence: 0.956328

00:36:29.369 --> 00:36:31.369 feeling stressed from study, so  
NOTE Confidence: 0.956328

00:36:31.369 --> 00:36:32.190 take a break  
NOTE Confidence: 0.98503983

00:36:32.569 --> 00:36:33.789 for the next time.  
NOTE Confidence: 0.9856238

00:36:34.890 --> 00:36:36.089 Yes. So in this one,  
NOTE Confidence: 0.9856238

00:36:36.089 --> 00:36:36.910 we're actually  
NOTE Confidence: 0.989816

00:36:37.210 --> 00:36:39.049 suggesting that if you're having  
NOTE Confidence: 0.989816

00:36:39.049 --> 00:36:39.549 some,  
NOTE Confidence: 0.9987298

00:36:40.250 --> 00:36:41.609 stress at the moment, you  
NOTE Confidence: 0.9987298

00:36:41.609 --> 00:36:42.089 can actually

NOTE Confidence: 0.94848096  
00:36:43.045 --> 00:36:44.085 you don't need to, like,  
NOTE Confidence: 0.94848096  
00:36:44.085 --> 00:36:45.205 keep on going. You can  
NOTE Confidence: 0.94848096  
00:36:45.205 --> 00:36:46.565 actually take a break and  
NOTE Confidence: 0.94848096  
00:36:46.565 --> 00:36:48.025 tend to do some walks,  
NOTE Confidence: 0.6973825  
00:36:48.645 --> 00:36:49.305 a a walk,  
NOTE Confidence: 0.96344334  
00:36:49.925 --> 00:36:51.385 or having a coffee break,  
NOTE Confidence: 0.96344334  
00:36:51.525 --> 00:36:52.025 etcetera,  
NOTE Confidence: 0.9940749  
00:36:52.325 --> 00:36:53.385 or even do  
NOTE Confidence: 0.94971323  
00:36:53.685 --> 00:36:55.285 the the tips you guys  
NOTE Confidence: 0.94971323  
00:36:55.285 --> 00:36:56.665 have shown me just now.  
NOTE Confidence: 0.99445  
00:36:57.205 --> 00:36:59.099 Yes. Oh, and for further  
NOTE Confidence: 0.99445  
00:36:59.099 --> 00:37:00.079 studies and  
NOTE Confidence: 0.95115644  
00:37:00.380 --> 00:37:02.239 work, this path is actually  
NOTE Confidence: 0.95115644  
00:37:02.380 --> 00:37:04.380 a bit special because for  
NOTE Confidence: 0.95115644  
00:37:04.380 --> 00:37:05.660 every two cards or four  
NOTE Confidence: 0.95115644

00:37:05.660 --> 00:37:06.719 cards you have drawn,  
NOTE Confidence: 0.9399111

00:37:07.420 --> 00:37:09.099 and the next round, you  
NOTE Confidence: 0.9399111

00:37:09.099 --> 00:37:10.859 actually just go one step  
NOTE Confidence: 0.9399111

00:37:10.859 --> 00:37:11.359 forward.  
NOTE Confidence: 0.96943784

00:37:11.660 --> 00:37:12.975 And if you get six  
NOTE Confidence: 0.96943784

00:37:13.135 --> 00:37:13.635 cards  
NOTE Confidence: 0.95873696

00:37:16.175 --> 00:37:17.695 for that for that for  
NOTE Confidence: 0.95873696

00:37:17.695 --> 00:37:19.055 that stack of cards, and  
NOTE Confidence: 0.95873696

00:37:19.055 --> 00:37:20.435 then you can actually move  
NOTE Confidence: 0.95873696

00:37:20.575 --> 00:37:22.255 one one more step forward,  
NOTE Confidence: 0.95873696

00:37:22.255 --> 00:37:23.695 an extra step forward in  
NOTE Confidence: 0.95873696

00:37:23.695 --> 00:37:24.675 the next round.  
NOTE Confidence: 0.97798795

00:37:25.295 --> 00:37:26.995 Yes. So next slide, please.  
NOTE Confidence: 0.9995709

00:37:29.019 --> 00:37:29.519 Yes.  
NOTE Confidence: 0.871822

00:37:29.980 --> 00:37:30.640 So here,  
NOTE Confidence: 0.7915518

00:37:31.099 --> 00:37:32.319 you can share some,

NOTE Confidence: 0.9742893  
00:37:34.059 --> 00:37:36.079 ideas about, like, what institution  
NOTE Confidence: 0.98613936  
00:37:36.380 --> 00:37:37.980 offering some short courses and  
NOTE Confidence: 0.98613936  
00:37:37.980 --> 00:37:39.579 ways to apply. So this  
NOTE Confidence: 0.98613936  
00:37:39.579 --> 00:37:40.619 is actually we want to  
NOTE Confidence: 0.98613936  
00:37:40.619 --> 00:37:41.119 utilize  
NOTE Confidence: 0.9998881  
00:37:41.420 --> 00:37:42.079 the resources  
NOTE Confidence: 0.9533326  
00:37:42.805 --> 00:37:43.785 in our community.  
NOTE Confidence: 0.97628605  
00:37:44.085 --> 00:37:45.125 So we ask them, like,  
NOTE Confidence: 0.97628605  
00:37:45.125 --> 00:37:46.645 what kind of resources we  
NOTE Confidence: 0.97628605  
00:37:46.645 --> 00:37:48.005 have. And then in Hong  
NOTE Confidence: 0.97628605  
00:37:48.005 --> 00:37:49.225 Kong, we have  
NOTE Confidence: 0.9973615  
00:37:49.765 --> 00:37:50.265 a  
NOTE Confidence: 0.93115187  
00:37:52.325 --> 00:37:54.344 we call it employee return  
NOTE Confidence: 0.8340314  
00:37:54.940 --> 00:37:55.440 training  
NOTE Confidence: 0.9061142  
00:37:55.980 --> 00:37:57.340 board. In short, we call  
NOTE Confidence: 0.9061142

00:37:57.340 --> 00:37:58.380 ERB. And then we it's  
NOTE Confidence: 0.9061142

00:37:58.380 --> 00:37:59.980 actually, like, targeting  
NOTE Confidence: 0.9261314

00:38:00.380 --> 00:38:03.260 assisting our, like, different employees  
NOTE Confidence: 0.9261314

00:38:03.260 --> 00:38:05.100 in Hong Kong to enter  
NOTE Confidence: 0.9261314

00:38:05.100 --> 00:38:07.020 back to the employment markets,  
NOTE Confidence: 0.9261314

00:38:07.020 --> 00:38:08.300 and then they can learn  
NOTE Confidence: 0.9261314

00:38:08.300 --> 00:38:09.280 different courses.  
NOTE Confidence: 0.92261773

00:38:09.635 --> 00:38:11.875 Like, for examples, like pet  
NOTE Confidence: 0.92261773

00:38:11.875 --> 00:38:12.375 grooming  
NOTE Confidence: 0.9397782

00:38:12.994 --> 00:38:14.614 or being a rehabilitation  
NOTE Confidence: 0.504992

00:38:15.075 --> 00:38:15.575 assistance  
NOTE Confidence: 0.8983085

00:38:16.435 --> 00:38:17.255 or doing,  
NOTE Confidence: 0.93865645

00:38:17.875 --> 00:38:19.635 nail and makeup artist as  
NOTE Confidence: 0.93865645

00:38:19.635 --> 00:38:21.714 well. So, actually, when you  
NOTE Confidence: 0.93865645

00:38:21.875 --> 00:38:22.855 if you're about  
NOTE Confidence: 0.9068596

00:38:23.369 --> 00:38:25.230 fifteen and then you're some,

NOTE Confidence: 0.93331105  
00:38:26.089 --> 00:38:27.609 courses would be, like, asking  
NOTE Confidence: 0.93331105  
00:38:27.609 --> 00:38:28.109 for  
NOTE Confidence: 0.88799274  
00:38:28.489 --> 00:38:30.089 a middle aged woman or  
NOTE Confidence: 0.88799274  
00:38:30.089 --> 00:38:31.150 different kind of,  
NOTE Confidence: 0.76284194  
00:38:32.650 --> 00:38:34.190 how you say, inclusion criteria.  
NOTE Confidence: 0.911282  
00:38:34.489 --> 00:38:35.690 So if you fit the  
NOTE Confidence: 0.911282  
00:38:35.690 --> 00:38:37.245 criteria, you can join that  
NOTE Confidence: 0.911282  
00:38:37.325 --> 00:38:38.765 courses. And sometimes they will  
NOTE Confidence: 0.911282  
00:38:38.765 --> 00:38:39.505 have some,  
NOTE Confidence: 0.9021402  
00:38:39.965 --> 00:38:40.865 course rebatements  
NOTE Confidence: 0.81094486  
00:38:41.325 --> 00:38:42.385 or, like, reimbursement  
NOTE Confidence: 0.999767  
00:38:42.685 --> 00:38:43.665 for that as well.  
NOTE Confidence: 0.9890357  
00:38:44.285 --> 00:38:45.245 Yes. We can go to  
NOTE Confidence: 0.9890357  
00:38:45.245 --> 00:38:46.145 the next slides.  
NOTE Confidence: 0.9393977  
00:38:47.565 --> 00:38:48.925 Yes. So after studies  
NOTE Confidence: 0.9677111

00:38:49.245 --> 00:38:50.205 so this one, I want  
NOTE Confidence: 0.9677111

00:38:50.205 --> 00:38:51.005 to ask you guys as  
NOTE Confidence: 0.9677111

00:38:51.005 --> 00:38:52.305 well. You can type your,  
NOTE Confidence: 0.9044412

00:38:53.010 --> 00:38:54.690 answers or your comp your  
NOTE Confidence: 0.9044412

00:38:54.690 --> 00:38:56.850 advisers in the comments because  
NOTE Confidence: 0.9044412

00:38:56.850 --> 00:38:58.310 this is a very common  
NOTE Confidence: 0.92294663

00:38:58.610 --> 00:38:59.989 questions from our,  
NOTE Confidence: 0.86047053

00:39:00.610 --> 00:39:01.110 members.  
NOTE Confidence: 0.9135707

00:39:01.489 --> 00:39:02.930 That's when they go find  
NOTE Confidence: 0.9135707

00:39:02.930 --> 00:39:04.370 a job or having in  
NOTE Confidence: 0.9135707

00:39:04.370 --> 00:39:06.130 job interviews, and they will  
NOTE Confidence: 0.9135707

00:39:06.130 --> 00:39:07.875 be asked about their employment  
NOTE Confidence: 0.9747805

00:39:08.175 --> 00:39:09.695 gaps. So how would you  
NOTE Confidence: 0.9747805

00:39:09.695 --> 00:39:10.195 response?  
NOTE Confidence: 0.9824741

00:39:10.655 --> 00:39:11.535 It would be great to  
NOTE Confidence: 0.9824741

00:39:11.535 --> 00:39:13.614 have different responses from all

NOTE Confidence: 0.9824741

00:39:13.614 --> 00:39:14.515 around the world.

NOTE Confidence: 0.9310191

00:39:14.815 --> 00:39:16.435 Oh, took a break from

NOTE Confidence: 0.99255246

00:39:16.735 --> 00:39:18.094 work to focus on studies

NOTE Confidence: 0.99255246

00:39:18.094 --> 00:39:19.395 full time. Yes.

NOTE Confidence: 0.93301255

00:39:20.910 --> 00:39:21.869 That's a good answer as

NOTE Confidence: 0.93301255

00:39:21.869 --> 00:39:22.369 well.

NOTE Confidence: 0.87755847

00:39:31.069 --> 00:39:32.829 Oh, set up more education

NOTE Confidence: 0.87755847

00:39:32.829 --> 00:39:33.329 opportunities.

NOTE Confidence: 0.99654925

00:39:34.670 --> 00:39:35.170 Yes.

NOTE Confidence: 0.9013672

00:39:37.094 --> 00:39:38.395 Yes. Sometimes our

NOTE Confidence: 0.9966253

00:39:38.855 --> 00:39:40.795 users like, be honest. Yes.

NOTE Confidence: 0.94583154

00:39:41.255 --> 00:39:43.094 Yes. Sometimes we we would

NOTE Confidence: 0.94583154

00:39:43.094 --> 00:39:44.055 like to ask if they

NOTE Confidence: 0.94583154

00:39:44.055 --> 00:39:45.335 want to be honest about

NOTE Confidence: 0.94583154

00:39:45.335 --> 00:39:47.735 their mental states or, like,

NOTE Confidence: 0.94583154

00:39:47.735 --> 00:39:49.015 their backgrounds as well, about

NOTE Confidence: 0.94583154

00:39:49.015 --> 00:39:50.295 their lived experience, if they

NOTE Confidence: 0.94583154

00:39:50.295 --> 00:39:50.955 want to

NOTE Confidence: 0.9987995

00:39:51.430 --> 00:39:52.250 share with

NOTE Confidence: 0.98956764

00:39:52.550 --> 00:39:53.690 others. Yes.

NOTE Confidence: 0.86154306

00:39:54.310 --> 00:39:54.810 Oh,

NOTE Confidence: 0.9510825

00:39:55.830 --> 00:39:57.350 yes. And we talk about

NOTE Confidence: 0.9510825

00:39:57.350 --> 00:39:58.010 their own

NOTE Confidence: 0.9832269

00:39:58.710 --> 00:39:59.210 experience.

NOTE Confidence: 0.9884943

00:40:00.150 --> 00:40:01.590 Yes. So be honest as

NOTE Confidence: 0.9884943

00:40:01.590 --> 00:40:03.030 well. Yes. I think that's

NOTE Confidence: 0.9884943

00:40:03.030 --> 00:40:03.930 about the rights

NOTE Confidence: 0.85721064

00:40:04.390 --> 00:40:05.130 in our

NOTE Confidence: 0.98964095

00:40:06.055 --> 00:40:06.795 our citizenship

NOTE Confidence: 0.795498

00:40:07.335 --> 00:40:08.775 because, like, it's a right

NOTE Confidence: 0.795498

00:40:08.775 --> 00:40:10.395 they can share their

NOTE Confidence: 0.78766197  
00:40:10.775 --> 00:40:12.795 their mental their history  
NOTE Confidence: 0.9507325  
00:40:13.094 --> 00:40:14.795 with their employees as well.  
NOTE Confidence: 0.95442265  
00:40:15.175 --> 00:40:16.535 Yes. And it's also their  
NOTE Confidence: 0.95442265  
00:40:16.535 --> 00:40:18.775 rights to not disclose with  
NOTE Confidence: 0.95442265  
00:40:18.775 --> 00:40:20.420 them. Yes. So thank you  
NOTE Confidence: 0.95442265  
00:40:20.420 --> 00:40:21.400 for your guys,  
NOTE Confidence: 0.9979563  
00:40:22.019 --> 00:40:23.079 for your suggestions.  
NOTE Confidence: 0.9297442  
00:40:23.539 --> 00:40:24.760 And the next slides  
NOTE Confidence: 0.95151377  
00:40:26.019 --> 00:40:27.219 yes. So this is about  
NOTE Confidence: 0.95151377  
00:40:27.219 --> 00:40:28.359 life sharing experiences.  
NOTE Confidence: 0.9252238  
00:40:29.059 --> 00:40:30.180 So we hope to have  
NOTE Confidence: 0.9252238  
00:40:30.180 --> 00:40:31.239 some past experience  
NOTE Confidence: 0.9804861  
00:40:31.619 --> 00:40:33.160 sharing from them as well.  
NOTE Confidence: 0.99658793  
00:40:33.915 --> 00:40:35.775 Yes. So next slide, please.  
NOTE Confidence: 0.99923694  
00:40:38.235 --> 00:40:38.735 Yes.  
NOTE Confidence: 0.99825364

00:40:39.435 --> 00:40:39.935 Next.  
NOTE Confidence: 0.933709  
00:40:40.715 --> 00:40:42.475 Yes. So now oh, yeah.  
NOTE Confidence: 0.933709  
00:40:42.475 --> 00:40:43.775 We have passed the,  
NOTE Confidence: 0.91774315  
00:40:44.875 --> 00:40:45.755 just now we have passed  
NOTE Confidence: 0.91774315  
00:40:45.755 --> 00:40:46.255 the,  
NOTE Confidence: 0.9976303  
00:40:46.875 --> 00:40:47.455 the work  
NOTE Confidence: 0.94475484  
00:40:47.799 --> 00:40:48.839 path, and then we can  
NOTE Confidence: 0.94475484  
00:40:48.839 --> 00:40:50.680 go to either marriage life  
NOTE Confidence: 0.94475484  
00:40:50.680 --> 00:40:52.279 or, like, daily life as  
NOTE Confidence: 0.94475484  
00:40:52.279 --> 00:40:53.400 well. So now we first  
NOTE Confidence: 0.94475484  
00:40:53.400 --> 00:40:55.079 go to the marriage life  
NOTE Confidence: 0.94475484  
00:40:55.079 --> 00:40:56.359 as well. So just now  
NOTE Confidence: 0.94475484  
00:40:56.359 --> 00:40:58.279 as Erin talked about in  
NOTE Confidence: 0.94475484  
00:40:58.279 --> 00:40:58.859 the previously,  
NOTE Confidence: 0.8857931  
00:40:59.160 --> 00:41:00.619 like, the marriage life is  
NOTE Confidence: 0.8857931  
00:41:00.680 --> 00:41:01.500 from our,

NOTE Confidence: 0.9701606

00:41:02.315 --> 00:41:03.755 caregivers, and they share their

NOTE Confidence: 0.9701606

00:41:03.755 --> 00:41:05.434 voices and then their experience

NOTE Confidence: 0.9701606

00:41:05.434 --> 00:41:06.474 as well. So this one

NOTE Confidence: 0.9701606

00:41:06.474 --> 00:41:07.835 is about, like, your son

NOTE Confidence: 0.9701606

00:41:07.835 --> 00:41:09.914 seems to lack interest in

NOTE Confidence: 0.9701606

00:41:09.914 --> 00:41:11.275 everything. So how can you

NOTE Confidence: 0.9701606

00:41:11.275 --> 00:41:12.875 help them? So we ask

NOTE Confidence: 0.9701606

00:41:12.875 --> 00:41:13.914 them to share their own

NOTE Confidence: 0.9701606

00:41:13.914 --> 00:41:14.414 experiences

NOTE Confidence: 0.9293329

00:41:14.810 --> 00:41:16.250 and then as as well

NOTE Confidence: 0.9293329

00:41:16.250 --> 00:41:17.850 as very good at sharing

NOTE Confidence: 0.9293329

00:41:17.850 --> 00:41:19.050 is the key, and then

NOTE Confidence: 0.9293329

00:41:19.050 --> 00:41:20.730 they can listen to different

NOTE Confidence: 0.9293329

00:41:20.730 --> 00:41:21.230 people's

NOTE Confidence: 0.9484002

00:41:21.609 --> 00:41:23.690 stories or their methods as

NOTE Confidence: 0.9484002

00:41:23.690 --> 00:41:25.130 well so that they can  
NOTE Confidence: 0.9484002

00:41:25.130 --> 00:41:26.810 gain some insights as well.  
NOTE Confidence: 0.9484002

00:41:26.810 --> 00:41:28.030 Yes. So next slides.  
NOTE Confidence: 0.88042426

00:41:29.945 --> 00:41:31.625 Yes. So in the daily  
NOTE Confidence: 0.88042426

00:41:31.625 --> 00:41:34.185 life part, we're actually, some  
NOTE Confidence: 0.88042426

00:41:34.185 --> 00:41:34.685 cards,  
NOTE Confidence: 0.9993875

00:41:35.225 --> 00:41:35.885 we will  
NOTE Confidence: 0.982098

00:41:36.265 --> 00:41:38.445 encourage them to have, like,  
NOTE Confidence: 0.92710334

00:41:38.905 --> 00:41:40.844 having exercise for this one.  
NOTE Confidence: 0.92710334

00:41:40.905 --> 00:41:42.825 So it's actually engaging in  
NOTE Confidence: 0.92710334

00:41:42.825 --> 00:41:45.430 moderate exercise daily for a  
NOTE Confidence: 0.92710334

00:41:45.430 --> 00:41:46.950 healthy body mind, and then  
NOTE Confidence: 0.92710334

00:41:46.950 --> 00:41:47.989 they can take two steps  
NOTE Confidence: 0.92710334

00:41:47.989 --> 00:41:48.489 forward.  
NOTE Confidence: 0.95929277

00:41:48.790 --> 00:41:49.670 And then this is actually  
NOTE Confidence: 0.95929277

00:41:49.670 --> 00:41:50.330 to promote

NOTE Confidence: 0.9956713

00:41:50.630 --> 00:41:52.550 some healthy alternatives that they

NOTE Confidence: 0.9956713

00:41:52.550 --> 00:41:53.610 can do exercise

NOTE Confidence: 0.9306136

00:41:54.230 --> 00:41:55.750 as well as good for

NOTE Confidence: 0.9306136

00:41:55.750 --> 00:41:57.510 their bodies. Yes. And next

NOTE Confidence: 0.9306136

00:41:57.510 --> 00:41:58.010 slides.

NOTE Confidence: 0.9660793

00:41:59.735 --> 00:42:00.775 Yes. And this one is

NOTE Confidence: 0.9660793

00:42:00.775 --> 00:42:02.315 about, like, if you have

NOTE Confidence: 0.9660793

00:42:02.455 --> 00:42:03.735 gained you realize you have

NOTE Confidence: 0.9660793

00:42:03.735 --> 00:42:05.015 gained thirty pounds, and then

NOTE Confidence: 0.9660793

00:42:05.015 --> 00:42:06.614 you can ask two players

NOTE Confidence: 0.9660793

00:42:06.614 --> 00:42:07.815 to share their insights and

NOTE Confidence: 0.9660793

00:42:07.815 --> 00:42:09.835 tips and and weight management.

NOTE Confidence: 0.9726525

00:42:10.375 --> 00:42:11.594 Yes. Next slides.

NOTE Confidence: 0.9908133

00:42:13.380 --> 00:42:14.739 Yes. So now we're at

NOTE Confidence: 0.9908133

00:42:14.739 --> 00:42:16.099 the last leg of our

NOTE Confidence: 0.9908133

00:42:16.099 --> 00:42:16.599 path.  
NOTE Confidence: 0.962021

00:42:16.900 --> 00:42:18.180 So now we're at the  
NOTE Confidence: 0.962021

00:42:18.180 --> 00:42:19.780 rainbow path. And if we  
NOTE Confidence: 0.962021

00:42:19.780 --> 00:42:21.799 can choose just one path,  
NOTE Confidence: 0.962021

00:42:21.940 --> 00:42:23.700 like, we have work, daily  
NOTE Confidence: 0.962021

00:42:23.700 --> 00:42:25.700 lives, and further studies, so  
NOTE Confidence: 0.962021

00:42:25.700 --> 00:42:26.739 you can stay in that  
NOTE Confidence: 0.962021

00:42:26.739 --> 00:42:28.404 path and then go through  
NOTE Confidence: 0.962021

00:42:28.404 --> 00:42:29.684 to the end of a  
NOTE Confidence: 0.962021

00:42:29.684 --> 00:42:31.684 road, of a journey. And  
NOTE Confidence: 0.962021

00:42:31.684 --> 00:42:32.645 you can see on the  
NOTE Confidence: 0.962021

00:42:32.645 --> 00:42:34.505 board game that if you  
NOTE Confidence: 0.9765411

00:42:34.885 --> 00:42:36.265 join the citizenship  
NOTE Confidence: 0.9487983

00:42:36.565 --> 00:42:38.085 project, you can have one  
NOTE Confidence: 0.9487983

00:42:38.085 --> 00:42:39.765 more chance to toss the  
NOTE Confidence: 0.9487983

00:42:39.765 --> 00:42:41.125 dice. And then if you

NOTE Confidence: 0.9487983  
00:42:41.125 --> 00:42:43.150 have finished this at c  
NOTE Confidence: 0.9487983  
00:42:43.150 --> 00:42:43.230 e  
NOTE Confidence: 0.8626376  
00:42:44.030 --> 00:42:44.530 CEF,  
NOTE Confidence: 0.90273005  
00:42:45.070 --> 00:42:46.530 I'll I'll explain what CEF  
NOTE Confidence: 0.90273005  
00:42:46.590 --> 00:42:49.469 is. CEF CEF is the  
NOTE Confidence: 0.90273005  
00:42:49.469 --> 00:42:51.310 in long in Hong Kong.  
NOTE Confidence: 0.90273005  
00:42:51.310 --> 00:42:52.770 It's called the continuing  
NOTE Confidence: 0.99760914  
00:42:53.150 --> 00:42:54.290 education fund.  
NOTE Confidence: 0.94677144  
00:42:54.590 --> 00:42:55.870 It's actually, like, from our  
NOTE Confidence: 0.94677144  
00:42:55.870 --> 00:42:57.010 governments that,  
NOTE Confidence: 0.9665893  
00:42:58.925 --> 00:43:00.225 for every Hong Kong citizens  
NOTE Confidence: 0.6892187  
00:43:00.844 --> 00:43:01.665 age about  
NOTE Confidence: 0.858685  
00:43:01.965 --> 00:43:03.905 eighteen without any upper  
NOTE Confidence: 0.965399  
00:43:04.285 --> 00:43:05.325 age limit, and then they  
NOTE Confidence: 0.965399  
00:43:05.325 --> 00:43:06.625 can receive a  
NOTE Confidence: 0.9906206

00:43:06.925 --> 00:43:07.825 sum of money  
NOTE Confidence: 0.995962

00:43:08.205 --> 00:43:09.425 to take different courses  
NOTE Confidence: 0.91645736

00:43:10.630 --> 00:43:12.230 in during their lives. They  
NOTE Confidence: 0.91645736

00:43:12.230 --> 00:43:13.430 can take it, like, in  
NOTE Confidence: 0.91645736

00:43:13.430 --> 00:43:14.869 one go or take it  
NOTE Confidence: 0.91645736

00:43:14.869 --> 00:43:16.070 different times as well, like,  
NOTE Confidence: 0.91645736

00:43:16.070 --> 00:43:17.190 split it into a few.  
NOTE Confidence: 0.91645736

00:43:17.190 --> 00:43:18.469 So it's actually, like, our  
NOTE Confidence: 0.91645736

00:43:18.469 --> 00:43:18.969 government  
NOTE Confidence: 0.9583341

00:43:19.510 --> 00:43:21.050 encourage us to have continuous  
NOTE Confidence: 0.9998714

00:43:21.350 --> 00:43:21.850 education  
NOTE Confidence: 0.9572735

00:43:22.469 --> 00:43:24.650 even after your studies. So  
NOTE Confidence: 0.9572735

00:43:24.790 --> 00:43:26.405 I think so for this  
NOTE Confidence: 0.9572735

00:43:26.625 --> 00:43:28.305 one, like, we especially put  
NOTE Confidence: 0.9572735

00:43:28.305 --> 00:43:29.905 this in our board games  
NOTE Confidence: 0.9572735

00:43:29.905 --> 00:43:31.425 is to encourage them to

NOTE Confidence: 0.9572735  
00:43:31.425 --> 00:43:32.245 have continued  
NOTE Confidence: 0.9978119  
00:43:32.545 --> 00:43:33.045 education  
NOTE Confidence: 0.948338  
00:43:33.825 --> 00:43:34.325 even  
NOTE Confidence: 0.96864074  
00:43:34.625 --> 00:43:36.145 for now, like, even when  
NOTE Confidence: 0.96864074  
00:43:36.145 --> 00:43:36.885 they're unemployed  
NOTE Confidence: 0.9920583  
00:43:37.185 --> 00:43:38.645 or in different  
NOTE Confidence: 0.98773545  
00:43:39.039 --> 00:43:40.400 points of their lives. So  
NOTE Confidence: 0.98773545  
00:43:40.400 --> 00:43:41.599 this one, if she  
NOTE Confidence: 0.8925488  
00:43:42.319 --> 00:43:43.599 if the person, like, step  
NOTE Confidence: 0.8925488  
00:43:43.599 --> 00:43:44.099 into  
NOTE Confidence: 0.88939893  
00:43:45.119 --> 00:43:45.619 that,  
NOTE Confidence: 0.987162  
00:43:46.640 --> 00:43:48.160 square, and then they can  
NOTE Confidence: 0.987162  
00:43:48.160 --> 00:43:49.700 choose to end the game  
NOTE Confidence: 0.987162  
00:43:49.759 --> 00:43:50.259 directly.  
NOTE Confidence: 0.917947  
00:43:51.200 --> 00:43:52.819 Yes. So next slides.  
NOTE Confidence: 0.9706876

00:43:54.795 --> 00:43:56.075 Yes. So here is the  
NOTE Confidence: 0.9706876

00:43:56.075 --> 00:43:58.075 end of our journey. So  
NOTE Confidence: 0.9706876

00:43:58.075 --> 00:43:59.594 at the end, like, if  
NOTE Confidence: 0.9706876

00:43:59.594 --> 00:44:01.114 one player gets to the  
NOTE Confidence: 0.9706876

00:44:01.114 --> 00:44:02.315 end and then we can  
NOTE Confidence: 0.9706876

00:44:02.315 --> 00:44:04.015 do the calculation of our  
NOTE Confidence: 0.9029845

00:44:04.395 --> 00:44:05.775 cards, so you can  
NOTE Confidence: 0.99271035

00:44:06.155 --> 00:44:07.695 add all those numbers  
NOTE Confidence: 0.99985135

00:44:08.340 --> 00:44:08.840 on  
NOTE Confidence: 0.99976605

00:44:09.220 --> 00:44:09.880 the right  
NOTE Confidence: 0.853763

00:44:10.739 --> 00:44:11.640 lower corner.  
NOTE Confidence: 0.97102374

00:44:11.940 --> 00:44:13.060 And then with the also  
NOTE Confidence: 0.97102374

00:44:13.060 --> 00:44:14.180 the tokens that you have  
NOTE Confidence: 0.97102374

00:44:14.180 --> 00:44:14.680 joined,  
NOTE Confidence: 0.9459858

00:44:15.220 --> 00:44:17.060 like, participate with our other  
NOTE Confidence: 0.9459858

00:44:17.060 --> 00:44:19.080 players during the friendship roads.

NOTE Confidence: 0.96082187  
00:44:19.380 --> 00:44:20.500 So and then you can  
NOTE Confidence: 0.96082187  
00:44:20.500 --> 00:44:21.860 see who got the highest  
NOTE Confidence: 0.96082187  
00:44:21.860 --> 00:44:23.060 points, and then the highest  
NOTE Confidence: 0.96082187  
00:44:23.060 --> 00:44:24.040 points will win.  
NOTE Confidence: 0.92962265  
00:44:24.555 --> 00:44:25.614 So next slide.  
NOTE Confidence: 0.9796584  
00:44:28.075 --> 00:44:29.594 So here's some little tips  
NOTE Confidence: 0.9796584  
00:44:29.594 --> 00:44:30.974 about, like, our  
NOTE Confidence: 0.9981147  
00:44:31.515 --> 00:44:32.015 our  
NOTE Confidence: 0.90629065  
00:44:32.315 --> 00:44:34.075 our experience in hosting the  
NOTE Confidence: 0.90629065  
00:44:34.075 --> 00:44:35.994 games. So even in, for  
NOTE Confidence: 0.90629065  
00:44:35.994 --> 00:44:37.035 our board games, we have  
NOTE Confidence: 0.90629065  
00:44:37.035 --> 00:44:38.635 written, like, as for fifty  
NOTE Confidence: 0.90629065  
00:44:38.635 --> 00:44:40.400 minutes. But in our experience,  
NOTE Confidence: 0.90629065  
00:44:40.460 --> 00:44:41.920 it's actually take more than  
NOTE Confidence: 0.9443514  
00:44:42.460 --> 00:44:43.980 fifty minutes. It's actually around,  
NOTE Confidence: 0.9443514

00:44:43.980 --> 00:44:45.500 like, two two hours or  
NOTE Confidence: 0.9443514

00:44:45.500 --> 00:44:46.000 more.  
NOTE Confidence: 0.88979256

00:44:46.540 --> 00:44:48.300 So here's a list of  
NOTE Confidence: 0.88979256

00:44:48.300 --> 00:44:49.680 method, like, how we can  
NOTE Confidence: 0.88979256

00:44:49.739 --> 00:44:51.200 finish it faster. Like,  
NOTE Confidence: 0.82677

00:44:51.739 --> 00:44:52.540 you can only  
NOTE Confidence: 0.9996544

00:44:53.235 --> 00:44:53.895 you can  
NOTE Confidence: 0.999809

00:44:54.195 --> 00:44:54.935 choose to  
NOTE Confidence: 0.94789606

00:44:55.555 --> 00:44:56.755 complete some tasks if you  
NOTE Confidence: 0.94789606

00:44:56.755 --> 00:44:58.835 land on the colored squares  
NOTE Confidence: 0.94789606

00:44:58.835 --> 00:45:00.375 instead of the white square,  
NOTE Confidence: 0.920226

00:45:00.755 --> 00:45:02.675 and then you can simplify  
NOTE Confidence: 0.920226

00:45:02.675 --> 00:45:04.035 the task. Like, just now,  
NOTE Confidence: 0.920226

00:45:04.035 --> 00:45:05.155 like, we only do one  
NOTE Confidence: 0.920226

00:45:05.155 --> 00:45:06.435 stretching as a side instead  
NOTE Confidence: 0.920226

00:45:06.435 --> 00:45:07.715 of three. But then I

NOTE Confidence: 0.920226  
00:45:07.715 --> 00:45:09.239 think you can also  
NOTE Confidence: 0.94005275  
00:45:10.420 --> 00:45:12.280 also weigh in, like, the  
NOTE Confidence: 0.94005275  
00:45:12.340 --> 00:45:14.360 pros about sharing because  
NOTE Confidence: 0.9570917  
00:45:14.820 --> 00:45:16.020 in our board games, we  
NOTE Confidence: 0.9570917  
00:45:16.020 --> 00:45:17.300 love we want them to  
NOTE Confidence: 0.9570917  
00:45:17.300 --> 00:45:18.900 share their experience, want them  
NOTE Confidence: 0.9570917  
00:45:18.900 --> 00:45:20.980 to share how they feel  
NOTE Confidence: 0.9570917  
00:45:20.980 --> 00:45:22.594 or some tips they have  
NOTE Confidence: 0.9570917  
00:45:22.655 --> 00:45:23.795 with other teammates.  
NOTE Confidence: 0.95719564  
00:45:24.175 --> 00:45:25.855 So you can see if  
NOTE Confidence: 0.95719564  
00:45:25.855 --> 00:45:26.655 you want to do it  
NOTE Confidence: 0.95719564  
00:45:26.655 --> 00:45:27.695 in one go for the  
NOTE Confidence: 0.95719564  
00:45:27.695 --> 00:45:28.975 whole board game or, like,  
NOTE Confidence: 0.95719564  
00:45:28.975 --> 00:45:30.015 in our research, we do  
NOTE Confidence: 0.95719564  
00:45:30.015 --> 00:45:31.215 it in four sections so  
NOTE Confidence: 0.95719564

00:45:31.215 --> 00:45:32.255 we have plenty of times

NOTE Confidence: 0.95719564

00:45:32.255 --> 00:45:33.295 for them to share as

NOTE Confidence: 0.95719564

00:45:33.295 --> 00:45:33.795 well.

NOTE Confidence: 0.8278139

00:45:34.175 --> 00:45:36.275 Yes. So next slides.

NOTE Confidence: 0.97977495

00:45:38.770 --> 00:45:40.050 Yes. So this is a

NOTE Confidence: 0.97977495

00:45:40.050 --> 00:45:41.270 little demonstration

NOTE Confidence: 0.95323837

00:45:41.650 --> 00:45:42.609 and a taste of our

NOTE Confidence: 0.95323837

00:45:42.609 --> 00:45:44.050 board game. So if you're

NOTE Confidence: 0.95323837

00:45:44.050 --> 00:45:45.489 interested in it, so you

NOTE Confidence: 0.95323837

00:45:45.489 --> 00:45:45.989 can

NOTE Confidence: 0.969882

00:45:46.609 --> 00:45:47.969 scan the QR code, or

NOTE Confidence: 0.969882

00:45:47.969 --> 00:45:49.250 we have a link that

NOTE Confidence: 0.969882

00:45:49.250 --> 00:45:50.630 will be sent in the

NOTE Confidence: 0.969882

00:45:50.770 --> 00:45:52.210 chat box now. And then

NOTE Confidence: 0.969882

00:45:52.210 --> 00:45:53.864 you can send us your

NOTE Confidence: 0.969882

00:45:53.864 --> 00:45:54.364 request

NOTE Confidence: 0.9893768

00:45:54.905 --> 00:45:56.344 of if you want the

NOTE Confidence: 0.9893768

00:45:56.344 --> 00:45:57.864 board game to be sent

NOTE Confidence: 0.9893768

00:45:57.864 --> 00:45:59.305 to your country so that

NOTE Confidence: 0.9893768

00:45:59.305 --> 00:46:00.605 our board game can be

NOTE Confidence: 0.9893768

00:46:00.665 --> 00:46:02.364 shared all over the world.

NOTE Confidence: 0.9954658

00:46:03.145 --> 00:46:04.525 Yes. Next slide, please.

NOTE Confidence: 0.9733744

00:46:05.580 --> 00:46:07.260 Yes. So thank you very

NOTE Confidence: 0.9733744

00:46:07.260 --> 00:46:08.780 much for having us here

NOTE Confidence: 0.9733744

00:46:08.780 --> 00:46:10.060 tonight with you all to

NOTE Confidence: 0.9733744

00:46:10.060 --> 00:46:11.420 share our bookings from Hong

NOTE Confidence: 0.9733744

00:46:11.420 --> 00:46:12.940 Kong. So if you have

NOTE Confidence: 0.9733744

00:46:12.940 --> 00:46:14.219 any questions, you can feel

NOTE Confidence: 0.9733744

00:46:14.219 --> 00:46:15.360 free to ask us.

NOTE Confidence: 0.9980333

00:46:19.875 --> 00:46:21.075 Thank you so much to

NOTE Confidence: 0.9980333

00:46:21.075 --> 00:46:22.995 our presenters for sharing your

NOTE Confidence: 0.9980333

00:46:22.995 --> 00:46:24.215 insights and experiences.  
NOTE Confidence: 0.9808243

00:46:24.515 --> 00:46:25.635 I think, this was a  
NOTE Confidence: 0.9808243

00:46:25.635 --> 00:46:27.475 very good reminder about the  
NOTE Confidence: 0.9808243

00:46:27.475 --> 00:46:29.235 power of play to build  
NOTE Confidence: 0.9808243

00:46:29.235 --> 00:46:31.075 relationships and also develop that  
NOTE Confidence: 0.9808243

00:46:31.075 --> 00:46:32.055 sense of belonging.  
NOTE Confidence: 0.99738944

00:46:32.880 --> 00:46:34.000 So I'd love to open  
NOTE Confidence: 0.99738944

00:46:34.000 --> 00:46:35.539 up the space for questions,  
NOTE Confidence: 0.9332746

00:46:35.839 --> 00:46:36.339 reflections,  
NOTE Confidence: 0.9992889

00:46:36.640 --> 00:46:37.140 or  
NOTE Confidence: 0.9818531

00:46:37.440 --> 00:46:39.359 reactions. You can, raise your  
NOTE Confidence: 0.9818531

00:46:39.359 --> 00:46:40.319 hand or just drop the  
NOTE Confidence: 0.9818531

00:46:40.319 --> 00:46:41.619 questions in the chat.  
NOTE Confidence: 0.96838313

00:46:55.355 --> 00:46:56.795 Thank you so much. I'm  
NOTE Confidence: 0.96838313

00:46:56.795 --> 00:46:58.955 very curious to understand. So  
NOTE Confidence: 0.96838313

00:46:58.955 --> 00:47:00.094 first of all, congratulations.

NOTE Confidence: 0.9575735

00:47:00.555 --> 00:47:02.510 So that was an excellent

NOTE Confidence: 0.9575735

00:47:02.570 --> 00:47:04.890 idea. It's amazing way to

NOTE Confidence: 0.9575735

00:47:04.890 --> 00:47:05.390 see,

NOTE Confidence: 0.9875474

00:47:06.410 --> 00:47:07.950 how you can use the

NOTE Confidence: 0.98569965

00:47:08.250 --> 00:47:10.170 the citizenship framework in so

NOTE Confidence: 0.98569965

00:47:10.170 --> 00:47:12.010 many different ways. And as

NOTE Confidence: 0.98569965

00:47:12.010 --> 00:47:12.989 soon as I saw

NOTE Confidence: 0.9814092

00:47:13.445 --> 00:47:14.805 the game, I I just

NOTE Confidence: 0.9814092

00:47:14.805 --> 00:47:15.925 fall in love, and I'm

NOTE Confidence: 0.9814092

00:47:15.925 --> 00:47:17.445 sure that, you know, you'll

NOTE Confidence: 0.9814092

00:47:17.445 --> 00:47:19.225 be using this here everywhere.

NOTE Confidence: 0.97433144

00:47:19.685 --> 00:47:20.825 But I have a question

NOTE Confidence: 0.97433144

00:47:20.885 --> 00:47:22.965 because it's really a very

NOTE Confidence: 0.97433144

00:47:22.965 --> 00:47:24.585 interesting tool to

NOTE Confidence: 0.9988929

00:47:25.445 --> 00:47:26.665 connect people.

NOTE Confidence: 0.8393359

00:47:26.989 --> 00:47:28.510 Right? So have been you  
NOTE Confidence: 0.8393359

00:47:28.510 --> 00:47:29.010 seeing  
NOTE Confidence: 0.53131956

00:47:32.989 --> 00:47:33.489 increase  
NOTE Confidence: 0.971408

00:47:34.109 --> 00:47:35.329 in, engagement  
NOTE Confidence: 0.9966203

00:47:37.390 --> 00:47:37.890 between  
NOTE Confidence: 0.99888045

00:47:38.829 --> 00:47:39.329 providers  
NOTE Confidence: 0.9798385

00:47:40.190 --> 00:47:40.690 and  
NOTE Confidence: 0.92174166

00:47:42.235 --> 00:47:44.895 users and also between users  
NOTE Confidence: 0.89744216

00:47:45.435 --> 00:47:47.035 and how this game has  
NOTE Confidence: 0.89744216

00:47:47.035 --> 00:47:47.435 been,  
NOTE Confidence: 0.95089316

00:47:50.155 --> 00:47:51.295 sharing this  
NOTE Confidence: 0.9977586

00:47:51.594 --> 00:47:52.094 powerful  
NOTE Confidence: 0.9657739

00:47:52.475 --> 00:47:54.575 knowledge of each one  
NOTE Confidence: 0.8179813

00:47:55.035 --> 00:47:57.609 has about life experience, what  
NOTE Confidence: 0.8179813

00:47:57.609 --> 00:47:58.670 if you or however,  
NOTE Confidence: 0.9199354

00:47:59.530 --> 00:48:01.070 to share on that space?

NOTE Confidence: 0.9199354  
00:48:01.130 --> 00:48:02.730 Because there's several times in  
NOTE Confidence: 0.9199354  
00:48:02.730 --> 00:48:04.410 the game seems that open  
NOTE Confidence: 0.9199354  
00:48:04.410 --> 00:48:04.910 to  
NOTE Confidence: 0.99856186  
00:48:05.369 --> 00:48:06.109 a conversation  
NOTE Confidence: 0.8675039  
00:48:06.410 --> 00:48:07.850 and at that moment, you  
NOTE Confidence: 0.8675039  
00:48:07.850 --> 00:48:09.130 can share, you can learn,  
NOTE Confidence: 0.8675039  
00:48:09.130 --> 00:48:09.765 you can,  
NOTE Confidence: 0.9266175  
00:48:10.325 --> 00:48:11.844 co create this space and  
NOTE Confidence: 0.9266175  
00:48:11.844 --> 00:48:13.605 and grow together. So what  
NOTE Confidence: 0.9266175  
00:48:13.605 --> 00:48:15.065 you guys have been seeing  
NOTE Confidence: 0.9974563  
00:48:15.525 --> 00:48:16.585 in terms of  
NOTE Confidence: 0.9012084  
00:48:16.885 --> 00:48:17.385 increase,  
NOTE Confidence: 0.96850824  
00:48:19.285 --> 00:48:20.505 people stay  
NOTE Confidence: 0.89738196  
00:48:20.964 --> 00:48:23.285 calm and also find new  
NOTE Confidence: 0.89738196  
00:48:23.285 --> 00:48:24.984 ways, like, go to school  
NOTE Confidence: 0.9908733

00:48:25.850 --> 00:48:27.530 through this opportunity that your

NOTE Confidence: 0.9908733

00:48:27.530 --> 00:48:28.030 government

NOTE Confidence: 0.9696515

00:48:28.890 --> 00:48:31.210 give to continue in their,

NOTE Confidence: 0.9817377

00:48:31.610 --> 00:48:32.110 recovery

NOTE Confidence: 0.91823035

00:48:32.810 --> 00:48:33.310 journey.

NOTE Confidence: 0.8299849

00:48:45.035 --> 00:48:47.114 I will see if Liana

NOTE Confidence: 0.8299849

00:48:47.114 --> 00:48:48.175 or Aaron wants

NOTE Confidence: 0.9791734

00:48:48.635 --> 00:48:49.935 to answer the questions.

NOTE Confidence: 0.800094

00:48:51.355 --> 00:48:52.795 Have you experienced in playing

NOTE Confidence: 0.800094

00:48:52.795 --> 00:48:54.395 with porkens without users as

NOTE Confidence: 0.800094

00:48:54.395 --> 00:48:54.895 well?

NOTE Confidence: 0.935633

00:49:05.030 --> 00:49:06.810 Actually, for for the,

NOTE Confidence: 0.96948576

00:49:07.830 --> 00:49:09.110 for the game at the

NOTE Confidence: 0.96948576

00:49:09.110 --> 00:49:09.610 beginning,

NOTE Confidence: 0.90984464

00:49:10.974 --> 00:49:13.295 it encourage people to speak

NOTE Confidence: 0.90984464

00:49:13.295 --> 00:49:13.795 up.

NOTE Confidence: 0.9859935  
00:49:14.094 --> 00:49:14.575 And,  
NOTE Confidence: 0.9715588  
00:49:15.455 --> 00:49:17.295 actually, when they when they  
NOTE Confidence: 0.9715588  
00:49:17.295 --> 00:49:19.375 enjoy the game, any one  
NOTE Confidence: 0.9715588  
00:49:19.375 --> 00:49:20.494 of them can be the  
NOTE Confidence: 0.9715588  
00:49:20.494 --> 00:49:20.994 facilitators.  
NOTE Confidence: 0.88805234  
00:49:22.255 --> 00:49:22.755 So,  
NOTE Confidence: 0.9924189  
00:49:23.695 --> 00:49:24.195 we  
NOTE Confidence: 0.9144165  
00:49:24.930 --> 00:49:25.829 we actually,  
NOTE Confidence: 0.9697205  
00:49:27.489 --> 00:49:28.630 encourage them  
NOTE Confidence: 0.9948692  
00:49:28.930 --> 00:49:30.609 to to speak up and  
NOTE Confidence: 0.9948692  
00:49:30.609 --> 00:49:31.750 also to play.  
NOTE Confidence: 0.8523655  
00:49:35.089 --> 00:49:35.589 Yeah.  
NOTE Confidence: 0.9604816  
00:49:35.969 --> 00:49:36.930 I I I don't know  
NOTE Confidence: 0.9604816  
00:49:36.930 --> 00:49:38.210 if if I answered the  
NOTE Confidence: 0.9604816  
00:49:38.210 --> 00:49:38.710 questions  
NOTE Confidence: 0.9951339

00:49:39.485 --> 00:49:39.965 or,  
NOTE Confidence: 0.96958226

00:49:40.285 --> 00:49:42.205 if anyone wants to want  
NOTE Confidence: 0.96958226

00:49:42.205 --> 00:49:43.505 to share as well.  
NOTE Confidence: 0.99437654

00:49:44.205 --> 00:49:45.165 But I feel like,  
NOTE Confidence: 0.88544476

00:49:45.805 --> 00:49:47.645 yeah, I we want to  
NOTE Confidence: 0.88544476

00:49:47.645 --> 00:49:48.625 train everybody  
NOTE Confidence: 0.91796887

00:49:48.925 --> 00:49:50.145 can be the facilitators.  
NOTE Confidence: 0.9993539

00:49:51.405 --> 00:49:51.905 Yeah.  
NOTE Confidence: 0.9680558

00:49:52.980 --> 00:49:54.180 So when they pick up  
NOTE Confidence: 0.9680558

00:49:54.180 --> 00:49:56.040 the game, scan the code,  
NOTE Confidence: 0.9680558

00:49:56.180 --> 00:49:57.300 they can play it by  
NOTE Confidence: 0.9680558

00:49:57.300 --> 00:49:59.540 themselves. Like, they can use  
NOTE Confidence: 0.9680558

00:49:59.540 --> 00:50:01.300 the video. They can use  
NOTE Confidence: 0.9680558

00:50:01.300 --> 00:50:03.080 all the all the parts,  
NOTE Confidence: 0.9680558

00:50:03.140 --> 00:50:04.760 all the all the cards,  
NOTE Confidence: 0.9680558

00:50:04.820 --> 00:50:05.860 and then they can use

NOTE Confidence: 0.9680558  
00:50:05.860 --> 00:50:08.825 it. And, yeah, that's it.  
NOTE Confidence: 0.9978487  
00:50:14.085 --> 00:50:15.765 Thank you. We have another  
NOTE Confidence: 0.9978487  
00:50:15.765 --> 00:50:17.045 question in the chat. I  
NOTE Confidence: 0.9978487  
00:50:17.045 --> 00:50:18.724 think Elizabeth is asking if  
NOTE Confidence: 0.9978487  
00:50:18.724 --> 00:50:20.645 the game was, developed through  
NOTE Confidence: 0.9978487  
00:50:20.645 --> 00:50:21.385 a participatory  
NOTE Confidence: 0.86427057  
00:50:21.765 --> 00:50:22.265 process.  
NOTE Confidence: 0.9501927  
00:50:30.800 --> 00:50:32.320 For the title or for  
NOTE Confidence: 0.9501927  
00:50:32.320 --> 00:50:32.480 the  
NOTE Confidence: 0.91078997  
00:50:33.200 --> 00:50:35.040 is it did you mention  
NOTE Confidence: 0.91078997  
00:50:35.040 --> 00:50:36.515 for the the title, the  
NOTE Confidence: 0.91078997  
00:50:36.515 --> 00:50:37.635 game title? The game just  
NOTE Confidence: 0.91078997  
00:50:37.635 --> 00:50:39.155 the game in general, whether  
NOTE Confidence: 0.91078997  
00:50:39.155 --> 00:50:40.275 it was developed through a  
NOTE Confidence: 0.91078997  
00:50:40.275 --> 00:50:41.415 participatory process.  
NOTE Confidence: 0.9995216

00:50:42.675 --> 00:50:43.495 Yes. Yes.  
NOTE Confidence: 0.9346781

00:50:44.515 --> 00:50:45.875 As we mentioned about the  
NOTE Confidence: 0.9346781

00:50:45.875 --> 00:50:46.855 focus group,  
NOTE Confidence: 0.9433838

00:50:47.315 --> 00:50:47.815 we,  
NOTE Confidence: 0.94073427

00:50:48.355 --> 00:50:50.775 actually invite staff, invite,  
NOTE Confidence: 0.96060526

00:50:51.530 --> 00:50:52.989 people with lived experience,  
NOTE Confidence: 0.6270859

00:50:54.010 --> 00:50:55.070 family givers,  
NOTE Confidence: 0.9702713

00:50:56.250 --> 00:50:58.349 everyone to join in, and,  
NOTE Confidence: 0.97869503

00:50:58.969 --> 00:51:00.650 they share their stories to  
NOTE Confidence: 0.97869503

00:51:00.650 --> 00:51:02.030 make the card games.  
NOTE Confidence: 0.9995668

00:51:04.974 --> 00:51:05.795 Thank you.  
NOTE Confidence: 0.99116004

00:51:06.175 --> 00:51:07.614 And then another question is,  
NOTE Confidence: 0.99116004

00:51:07.614 --> 00:51:08.815 can you tell us about  
NOTE Confidence: 0.99116004

00:51:08.815 --> 00:51:10.494 how you chose the title  
NOTE Confidence: 0.99116004

00:51:10.494 --> 00:51:11.715 for the board games?  
NOTE Confidence: 0.9488638

00:51:13.535 --> 00:51:15.875 Actually, we discussed among our

NOTE Confidence: 0.96020633  
00:51:16.580 --> 00:51:18.980 staff and our, yeah, our  
NOTE Confidence: 0.96020633  
00:51:18.980 --> 00:51:19.480 friends,  
NOTE Confidence: 0.9921738  
00:51:20.100 --> 00:51:21.300 and they say, oh, what  
NOTE Confidence: 0.9921738  
00:51:21.300 --> 00:51:23.400 about on the way? Because  
NOTE Confidence: 0.99958247  
00:51:23.940 --> 00:51:25.300 you don't want to have  
NOTE Confidence: 0.99958247  
00:51:25.300 --> 00:51:26.520 the end of  
NOTE Confidence: 0.9017917  
00:51:26.820 --> 00:51:27.960 the of the journey.  
NOTE Confidence: 0.9170052  
00:51:28.340 --> 00:51:29.940 So we use, it's just  
NOTE Confidence: 0.9170052  
00:51:29.940 --> 00:51:31.160 lifelong process,  
NOTE Confidence: 0.9585665  
00:51:31.655 --> 00:51:33.734 as I have mentioned, like  
NOTE Confidence: 0.9585665  
00:51:33.734 --> 00:51:34.234 citizenship  
NOTE Confidence: 0.935718  
00:51:34.614 --> 00:51:35.355 and also,  
NOTE Confidence: 0.9498912  
00:51:36.055 --> 00:51:36.555 recovery.  
NOTE Confidence: 0.7882454  
00:51:36.855 --> 00:51:38.535 So we use underway this  
NOTE Confidence: 0.7882454  
00:51:38.535 --> 00:51:39.035 work.  
NOTE Confidence: 0.9872351

00:51:43.335 --> 00:51:44.474 And the next question,  
NOTE Confidence: 0.99319255

00:51:44.935 --> 00:51:45.415 I was  
NOTE Confidence: 0.97057873

00:51:46.239 --> 00:51:47.620 Elizabeth said I was particularly  
NOTE Confidence: 0.97057873

00:51:47.760 --> 00:51:49.520 interested in the mass message  
NOTE Confidence: 0.97057873

00:51:49.520 --> 00:51:50.800 card. Can you explain how  
NOTE Confidence: 0.97057873

00:51:50.800 --> 00:51:52.320 it works? Massage is so  
NOTE Confidence: 0.97057873

00:51:52.320 --> 00:51:53.760 powerful, but touching each other  
NOTE Confidence: 0.97057873

00:51:53.760 --> 00:51:54.500 is complicated.  
NOTE Confidence: 0.98317456

00:51:59.675 --> 00:52:01.055 Do you want to share,  
NOTE Confidence: 0.98317456

00:52:01.114 --> 00:52:01.614 like,  
NOTE Confidence: 0.8745252

00:52:02.075 --> 00:52:04.415 Erin or Clarice? Yeah.  
NOTE Confidence: 0.90561104

00:52:04.715 --> 00:52:06.015 I can do this, Sherry.  
NOTE Confidence: 0.99009264

00:52:06.474 --> 00:52:08.094 With the message card,  
NOTE Confidence: 0.9300784

00:52:08.795 --> 00:52:09.994 as in the initial phase  
NOTE Confidence: 0.9300784

00:52:09.994 --> 00:52:11.700 of the of working. So  
NOTE Confidence: 0.9300784

00:52:11.859 --> 00:52:13.060 I can see that coming

NOTE Confidence: 0.9300784

00:52:13.060 --> 00:52:14.020 that it can be quite

NOTE Confidence: 0.9300784

00:52:14.020 --> 00:52:15.540 difficult with, like, touching each

NOTE Confidence: 0.9300784

00:52:15.540 --> 00:52:16.920 other when you're not close,

NOTE Confidence: 0.9300784

00:52:17.140 --> 00:52:17.640 actually.

NOTE Confidence: 0.92262596

00:52:18.420 --> 00:52:19.619 But then with the massage

NOTE Confidence: 0.92262596

00:52:19.619 --> 00:52:20.820 car, we actually, we'd

NOTE Confidence: 0.85792285

00:52:21.300 --> 00:52:22.920 the way we try to,

NOTE Confidence: 0.9510789

00:52:24.485 --> 00:52:25.285 the way we try to

NOTE Confidence: 0.9510789

00:52:25.285 --> 00:52:26.165 do it is just to

NOTE Confidence: 0.9510789

00:52:26.165 --> 00:52:27.445 buy just doing some really

NOTE Confidence: 0.9510789

00:52:27.445 --> 00:52:28.985 light massage. So for example,

NOTE Confidence: 0.92521137

00:52:29.525 --> 00:52:30.645 if I'm saying that I

NOTE Confidence: 0.92521137

00:52:30.645 --> 00:52:31.364 I have some kind of,

NOTE Confidence: 0.92521137

00:52:31.364 --> 00:52:32.885 like, pain in my arm

NOTE Confidence: 0.92521137

00:52:32.885 --> 00:52:34.085 and or or on my

NOTE Confidence: 0.92521137

00:52:34.085 --> 00:52:35.045 wrist, so maybe it would  
NOTE Confidence: 0.92521137

00:52:35.045 --> 00:52:36.425 just lightly touch here.  
NOTE Confidence: 0.9245722

00:52:37.110 --> 00:52:38.310 So that will do. So  
NOTE Confidence: 0.9245722

00:52:38.310 --> 00:52:39.830 the the so don't have  
NOTE Confidence: 0.9245722

00:52:39.830 --> 00:52:41.270 to as it hasn't doesn't  
NOTE Confidence: 0.9245722

00:52:41.270 --> 00:52:42.230 have to be really, like,  
NOTE Confidence: 0.9245722

00:52:42.230 --> 00:52:43.190 kind of a deep massage  
NOTE Confidence: 0.9245722

00:52:43.190 --> 00:52:43.989 when you have to lie  
NOTE Confidence: 0.9245722

00:52:43.989 --> 00:52:44.950 on the ground or something  
NOTE Confidence: 0.9245722

00:52:44.950 --> 00:52:46.390 like that. No. It's just  
NOTE Confidence: 0.9245722

00:52:46.390 --> 00:52:47.110 kind of, like,  
NOTE Confidence: 0.9861758

00:52:47.670 --> 00:52:49.030 just helping each other to  
NOTE Confidence: 0.9861758

00:52:49.030 --> 00:52:50.170 get more close,  
NOTE Confidence: 0.98359174

00:52:50.790 --> 00:52:51.510 together. So,  
NOTE Confidence: 0.5921473

00:52:52.885 --> 00:52:53.385 yeah.  
NOTE Confidence: 0.94541013

00:52:54.725 --> 00:52:56.165 That's kind of the process

NOTE Confidence: 0.94541013

00:52:56.165 --> 00:52:57.305 how we can do that.

NOTE Confidence: 0.99906516

00:53:01.445 --> 00:53:02.905 And for the last question,

NOTE Confidence: 0.99906516

00:53:03.125 --> 00:53:04.725 it's asking whether you will

NOTE Confidence: 0.99906516

00:53:04.725 --> 00:53:06.725 be doing some ongoing research

NOTE Confidence: 0.99906516

00:53:06.725 --> 00:53:07.465 to evaluate

NOTE Confidence: 0.985013

00:53:07.765 --> 00:53:09.290 the impact of the game

NOTE Confidence: 0.985013

00:53:09.290 --> 00:53:10.830 in in the longer term?

NOTE Confidence: 0.9696632

00:53:13.050 --> 00:53:14.570 Actually, for the research part,

NOTE Confidence: 0.9696632

00:53:14.730 --> 00:53:16.270 currently, we are doing internally

NOTE Confidence: 0.9696632

00:53:16.330 --> 00:53:16.830 because,

NOTE Confidence: 0.9374947

00:53:17.330 --> 00:53:19.690 it's, developed right now, in

NOTE Confidence: 0.9374947

00:53:19.690 --> 00:53:21.290 in our agencies. So, therefore,

NOTE Confidence: 0.9374947

00:53:21.290 --> 00:53:22.170 we start to do the

NOTE Confidence: 0.9374947

00:53:22.170 --> 00:53:23.955 research internally first, and that's

NOTE Confidence: 0.9374947

00:53:23.955 --> 00:53:24.915 for our goal for the

NOTE Confidence: 0.9374947

00:53:25.075 --> 00:53:25.815 like, for  
NOTE Confidence: 0.9176104

00:53:26.195 --> 00:53:27.315 this year at least. So  
NOTE Confidence: 0.9176104

00:53:27.315 --> 00:53:28.515 we are aiming to do  
NOTE Confidence: 0.9176104

00:53:28.515 --> 00:53:30.295 kind of a mini seminar  
NOTE Confidence: 0.9176104

00:53:30.515 --> 00:53:32.035 or some kind of, like,  
NOTE Confidence: 0.9176104

00:53:32.035 --> 00:53:34.114 sharing sharing session maybe in  
NOTE Confidence: 0.9176104

00:53:34.114 --> 00:53:34.595 Hong Kong,  
NOTE Confidence: 0.9459648

00:53:35.570 --> 00:53:37.810 maybe within the, occupational therapist  
NOTE Confidence: 0.9459648

00:53:37.810 --> 00:53:38.310 association  
NOTE Confidence: 0.92608714

00:53:38.610 --> 00:53:39.810 and also maybe with some  
NOTE Confidence: 0.92608714

00:53:39.810 --> 00:53:41.890 of our other organizations, nonprofit  
NOTE Confidence: 0.92608714

00:53:41.890 --> 00:53:43.730 organizations in Hong Kong to,  
NOTE Confidence: 0.92608714

00:53:43.969 --> 00:53:45.090 kind of launch our board  
NOTE Confidence: 0.92608714

00:53:45.090 --> 00:53:46.710 game to, our fellow,  
NOTE Confidence: 0.70922077

00:53:47.885 --> 00:53:48.385 our,  
NOTE Confidence: 0.9605987

00:53:49.005 --> 00:53:50.065 our friendly organizations.

NOTE Confidence: 0.9794556  
00:53:50.844 --> 00:53:52.145 But in the long term,  
NOTE Confidence: 0.9089044  
00:53:52.525 --> 00:53:54.305 we are thinking about introducing  
NOTE Confidence: 0.96400124  
00:53:54.765 --> 00:53:55.885 the board game to the  
NOTE Confidence: 0.96400124  
00:53:55.885 --> 00:53:56.864 the other organizations,  
NOTE Confidence: 0.95519865  
00:53:57.165 --> 00:53:58.125 and then maybe we can  
NOTE Confidence: 0.95519865  
00:53:58.125 --> 00:53:59.244 carry out a facility to  
NOTE Confidence: 0.95519865  
00:53:59.244 --> 00:54:00.364 training for them as well  
NOTE Confidence: 0.95519865  
00:54:00.364 --> 00:54:01.724 so that maybe more people  
NOTE Confidence: 0.95519865  
00:54:01.724 --> 00:54:03.599 can, be trained into being  
NOTE Confidence: 0.95519865  
00:54:03.599 --> 00:54:05.280 the facilitator so that more  
NOTE Confidence: 0.95519865  
00:54:05.280 --> 00:54:06.719 organizations can be using this  
NOTE Confidence: 0.95519865  
00:54:06.719 --> 00:54:08.480 board game and, to talk  
NOTE Confidence: 0.95519865  
00:54:08.480 --> 00:54:10.000 about mental recovery. So in  
NOTE Confidence: 0.95519865  
00:54:10.000 --> 00:54:11.039 this way, maybe we can  
NOTE Confidence: 0.95519865  
00:54:11.039 --> 00:54:12.660 recruit a lot more participants  
NOTE Confidence: 0.95519865

00:54:12.880 --> 00:54:13.920 and to do the research  
NOTE Confidence: 0.95519865

00:54:13.920 --> 00:54:15.200 and also to evaluate long  
NOTE Confidence: 0.95519865

00:54:15.200 --> 00:54:15.940 term impacts.  
NOTE Confidence: 0.94361407

00:54:16.955 --> 00:54:17.835 Yeah. So it's kind of  
NOTE Confidence: 0.94361407

00:54:17.835 --> 00:54:18.795 in the books right now.  
NOTE Confidence: 0.94361407

00:54:18.795 --> 00:54:19.295 Yeah.  
NOTE Confidence: 0.9815111

00:54:22.795 --> 00:54:24.315 Thank you so much again,  
NOTE Confidence: 0.9815111

00:54:24.315 --> 00:54:26.235 everyone. We truly appreciate your  
NOTE Confidence: 0.9815111

00:54:26.235 --> 00:54:27.295 input and engagement,  
NOTE Confidence: 0.9569842

00:54:27.675 --> 00:54:28.795 and we'd like to stay  
NOTE Confidence: 0.9569842

00:54:28.795 --> 00:54:31.000 connected and continue this conversation.  
NOTE Confidence: 0.99499077

00:54:31.700 --> 00:54:33.060 But before we close, we'd  
NOTE Confidence: 0.99499077

00:54:33.060 --> 00:54:34.760 really appreciate your feedback.  
NOTE Confidence: 0.99039346

00:54:35.140 --> 00:54:36.260 You can use the phone,  
NOTE Confidence: 0.99039346

00:54:36.420 --> 00:54:37.540 your phone to scan the  
NOTE Confidence: 0.99039346

00:54:37.540 --> 00:54:38.660 code on the screen, and

NOTE Confidence: 0.99039346

00:54:38.660 --> 00:54:39.940 the survey should just take

NOTE Confidence: 0.99039346

00:54:39.940 --> 00:54:41.060 about a minute or two

NOTE Confidence: 0.99039346

00:54:41.060 --> 00:54:41.719 to complete.

NOTE Confidence: 0.98130196

00:54:52.445 --> 00:54:53.505 And our next,

NOTE Confidence: 0.9997938

00:54:53.885 --> 00:54:54.385 presentation

NOTE Confidence: 0.97401536

00:54:54.685 --> 00:54:56.125 will take place on April

NOTE Confidence: 0.97401536

00:54:56.125 --> 00:54:57.665 twenty third where we'll continue

NOTE Confidence: 0.97401536

00:54:57.725 --> 00:54:59.905 talking about citizenship and belonging

NOTE Confidence: 0.97401536

00:55:00.045 --> 00:55:01.700 through developing a sense of,

NOTE Confidence: 0.97401536

00:55:01.920 --> 00:55:04.020 sense of school belonging, experiences

NOTE Confidence: 0.97401536

00:55:04.160 --> 00:55:05.760 of children with albinism in

NOTE Confidence: 0.97401536

00:55:05.760 --> 00:55:06.260 Malawi.

NOTE Confidence: 0.9877518

00:55:07.839 --> 00:55:08.820 Thank you all.