

WEBVTT

NOTE duration: "00:05:55.822"

NOTE Confidence: 0.8749153

00:00:00.399 --> 00:00:02.080 Hi everyone. Welcome to the

NOTE Confidence: 0.8749153

00:00:02.080 --> 00:00:03.919 Yale Hospice and Palliative Medicine

NOTE Confidence: 0.8749153

00:00:03.919 --> 00:00:04.980 Fellowship Program.

NOTE Confidence: 0.9909944

00:00:05.359 --> 00:00:07.200 I'm Doctor. Alex Choi, one

NOTE Confidence: 0.9909944

00:00:07.200 --> 00:00:08.880 of our program faculty and

NOTE Confidence: 0.9909944

00:00:08.880 --> 00:00:10.320 twenty twenty one graduate of

NOTE Confidence: 0.9909944

00:00:10.320 --> 00:00:10.980 the program.

NOTE Confidence: 0.98327655

00:00:12.320 --> 00:00:13.679 We're excited to meet you,

NOTE Confidence: 0.98327655

00:00:13.679 --> 00:00:14.960 and we hope this video

NOTE Confidence: 0.98327655

00:00:14.960 --> 00:00:15.945 will give you a sense

NOTE Confidence: 0.98327655

00:00:16.105 --> 00:00:17.565 of our fellowship experience.

NOTE Confidence: 0.9791558

00:00:18.105 --> 00:00:19.145 Let's start with a day

NOTE Confidence: 0.9791558

00:00:19.145 --> 00:00:19.945 in the life of a

NOTE Confidence: 0.9791558

00:00:19.945 --> 00:00:21.385 palliative care fellow on our

NOTE Confidence: 0.9791558

00:00:21.385 --> 00:00:22.925 inpatient consult service.
NOTE Confidence: 0.9298032

00:00:23.864 --> 00:00:25.224 Our fellows begin their day
NOTE Confidence: 0.9298032

00:00:25.224 --> 00:00:26.825 in the fellows workroom, which
NOTE Confidence: 0.9298032

00:00:26.825 --> 00:00:28.025 they share with the Hmong
NOTE Confidence: 0.9298032

00:00:28.025 --> 00:00:28.525 fellows.
NOTE Confidence: 0.9883055

00:00:29.145 --> 00:00:30.825 Here, they review charts and
NOTE Confidence: 0.9883055

00:00:30.825 --> 00:00:31.920 prepare for the day.
NOTE Confidence: 0.9941435

00:00:32.320 --> 00:00:33.520 It's important to have a
NOTE Confidence: 0.9941435

00:00:33.520 --> 00:00:34.900 dedicated space to focus.
NOTE Confidence: 0.97255135

00:00:35.760 --> 00:00:36.960 Then we have our daily
NOTE Confidence: 0.97255135

00:00:36.960 --> 00:00:37.460 interdisciplinary
NOTE Confidence: 0.9866528

00:00:37.840 --> 00:00:39.120 morning huddle to run the
NOTE Confidence: 0.9866528

00:00:39.120 --> 00:00:40.659 list and distribute consults.
NOTE Confidence: 0.96485883

00:00:41.120 --> 00:00:42.720 And yes, we're always as
NOTE Confidence: 0.96485883

00:00:42.720 --> 00:00:44.559 happy at work. Our inpatient
NOTE Confidence: 0.96485883

00:00:44.559 --> 00:00:46.000 consults come from all areas

NOTE Confidence: 0.96485883
00:00:46.000 --> 00:00:47.445 of the hospital. Let's stop
NOTE Confidence: 0.96485883
00:00:47.445 --> 00:00:48.485 here at the fountain on
NOTE Confidence: 0.96485883
00:00:48.485 --> 00:00:49.525 the first floor where we
NOTE Confidence: 0.96485883
00:00:49.525 --> 00:00:50.805 can see the four pavilions
NOTE Confidence: 0.96485883
00:00:50.805 --> 00:00:51.625 of the hospital.
NOTE Confidence: 0.8955176
00:00:52.325 --> 00:00:54.005 West Pavilion has the CT,
NOTE Confidence: 0.8955176
00:00:54.005 --> 00:00:55.925 ICU, and Transplant unit. It
NOTE Confidence: 0.8955176
00:00:55.925 --> 00:00:57.225 also houses pediatrics.
NOTE Confidence: 0.9462683
00:00:58.005 --> 00:01:00.005 South Pavilion has the ED
NOTE Confidence: 0.9462683
00:01:00.005 --> 00:01:01.925 and the Neurology, Cardiology, and
NOTE Confidence: 0.9462683
00:01:01.925 --> 00:01:02.905 Surgical units.
NOTE Confidence: 0.8311684
00:01:03.899 --> 00:01:05.340 East Pavilion is home to
NOTE Confidence: 0.8311684
00:01:05.340 --> 00:01:06.640 the med surg beds.
NOTE Confidence: 0.9493131
00:01:07.180 --> 00:01:08.619 And North Pavilion houses the
NOTE Confidence: 0.9493131
00:01:08.619 --> 00:01:10.720 medical ICU and several oncology
NOTE Confidence: 0.9493131

00:01:10.780 --> 00:01:12.700 units including separate floors for
NOTE Confidence: 0.9493131

00:01:12.700 --> 00:01:13.200 Hematology,
NOTE Confidence: 0.9438878

00:01:13.580 --> 00:01:15.280 Oncology, and Gai Nong.
NOTE Confidence: 0.9850453

00:01:16.185 --> 00:01:17.944 After seeing patients, Fellows round
NOTE Confidence: 0.9850453

00:01:17.944 --> 00:01:18.765 with their attending.
NOTE Confidence: 0.9883114

00:01:19.145 --> 00:01:20.665 Our faculty place a strong
NOTE Confidence: 0.9883114

00:01:20.665 --> 00:01:22.665 emphasis on teaching, using every
NOTE Confidence: 0.9883114

00:01:22.665 --> 00:01:24.584 opportunity to support Fellows in
NOTE Confidence: 0.9883114

00:01:24.584 --> 00:01:26.025 reaching their learning goals and
NOTE Confidence: 0.9883114

00:01:26.025 --> 00:01:27.405 advancing toward independent
NOTE Confidence: 0.9490284

00:01:27.705 --> 00:01:28.685 expert practice.
NOTE Confidence: 0.96902716

00:01:29.870 --> 00:01:31.550 It's time for lunch! The
NOTE Confidence: 0.96902716

00:01:31.550 --> 00:01:33.230 cafeteria is fine, but you
NOTE Confidence: 0.96902716

00:01:33.230 --> 00:01:34.270 can't miss out on the
NOTE Confidence: 0.96902716

00:01:34.270 --> 00:01:35.470 food carts in front of
NOTE Confidence: 0.96902716

00:01:35.470 --> 00:01:37.650 the medical school. There's halal,

NOTE Confidence: 0.96902716
00:01:37.790 --> 00:01:38.290 arepas,
NOTE Confidence: 0.96857756
00:01:38.670 --> 00:01:39.810 banh mi, bibimbap,
NOTE Confidence: 0.93702024
00:01:40.110 --> 00:01:40.610 salads,
NOTE Confidence: 0.9887016
00:01:41.069 --> 00:01:42.190 and lots more to choose
NOTE Confidence: 0.9887016
00:01:42.190 --> 00:01:42.690 from.
NOTE Confidence: 0.9484308
00:01:45.655 --> 00:01:47.495 In the afternoon, Fellows continue
NOTE Confidence: 0.9484308
00:01:47.495 --> 00:01:49.335 bedside rounds unless they are
NOTE Confidence: 0.9484308
00:01:49.335 --> 00:01:50.775 scheduled for their weekly half
NOTE Confidence: 0.9484308
00:01:50.775 --> 00:01:51.915 day clinic session.
NOTE Confidence: 0.9731997
00:01:52.375 --> 00:01:53.415 Here's a look at our
NOTE Confidence: 0.9731997
00:01:53.415 --> 00:01:54.935 palliative care clinic on the
NOTE Confidence: 0.9731997
00:01:54.935 --> 00:01:56.395 fourth floor of North Pavilion.
NOTE Confidence: 0.93837947
00:01:57.330 --> 00:01:58.530 Fellows are paired with a
NOTE Confidence: 0.93837947
00:01:58.530 --> 00:01:59.970 different attending for each half
NOTE Confidence: 0.93837947
00:01:59.970 --> 00:02:00.770 of the year in our
NOTE Confidence: 0.93837947

00:02:00.770 --> 00:02:02.710 Cancer Centre Palliative Care Clinic.
NOTE Confidence: 0.984739

00:02:03.330 --> 00:02:04.770 Beyond this, they gain broad
NOTE Confidence: 0.984739

00:02:04.770 --> 00:02:07.170 exposure to ambulatory palliative care
NOTE Confidence: 0.984739

00:02:07.170 --> 00:02:08.770 for patients with non cancer
NOTE Confidence: 0.984739

00:02:08.770 --> 00:02:09.270 diagnoses.
NOTE Confidence: 0.9962214

00:02:10.245 --> 00:02:11.865 At the VA, for example,
NOTE Confidence: 0.9621175

00:02:12.245 --> 00:02:14.105 fellows join palliative care clinicians
NOTE Confidence: 0.9621175

00:02:14.325 --> 00:02:16.645 embedded within ALS, pulmonary, and
NOTE Confidence: 0.9621175

00:02:16.645 --> 00:02:17.785 hepatology teams.
NOTE Confidence: 0.94552803

00:02:19.205 --> 00:02:20.905 At our Saint Raphael's campus,
NOTE Confidence: 0.94552803

00:02:21.044 --> 00:02:22.485 they experience our embedded heart
NOTE Confidence: 0.94552803

00:02:22.485 --> 00:02:23.385 failure clinic.
NOTE Confidence: 0.9820786

00:02:24.139 --> 00:02:25.180 And that's it for the
NOTE Confidence: 0.9820786

00:02:25.180 --> 00:02:25.680 day.
NOTE Confidence: 0.935508

00:02:26.139 --> 00:02:27.040 Wait, is that
NOTE Confidence: 0.8361572

00:02:27.580 --> 00:02:28.080 sunlight?

NOTE Confidence: 0.9958771
00:02:29.180 --> 00:02:30.459 During your time at Yale,
NOTE Confidence: 0.9958771
00:02:30.459 --> 00:02:32.139 you'll appreciate the many unique
NOTE Confidence: 0.9958771
00:02:32.139 --> 00:02:33.419 things that are available at
NOTE Confidence: 0.9958771
00:02:33.419 --> 00:02:34.080 our institution.
NOTE Confidence: 0.9334947
00:02:34.780 --> 00:02:36.319 One example is the Oncology
NOTE Confidence: 0.9334947
00:02:36.459 --> 00:02:38.400 Extended Care Clinic or ECC,
NOTE Confidence: 0.96986234
00:02:39.020 --> 00:02:40.605 a dedicated space within the
NOTE Confidence: 0.96986234
00:02:40.605 --> 00:02:42.705 hospital that allows our oncology
NOTE Confidence: 0.96986234
00:02:42.764 --> 00:02:44.465 patients to bypass TED
NOTE Confidence: 0.98811805
00:02:44.925 --> 00:02:46.305 and receive urgent care.
NOTE Confidence: 0.99164456
00:02:47.085 --> 00:02:48.125 During the height of the
NOTE Confidence: 0.99164456
00:02:48.125 --> 00:02:48.625 COVID-nineteen
NOTE Confidence: 0.96457624
00:02:48.925 --> 00:02:49.425 pandemic,
NOTE Confidence: 0.94469875
00:02:49.805 --> 00:02:51.085 this space was converted to
NOTE Confidence: 0.94469875
00:02:51.085 --> 00:02:52.970 the supportive care unit, where
NOTE Confidence: 0.94469875

00:02:52.970 --> 00:02:54.329 our palliative care team took
NOTE Confidence: 0.94469875

00:02:54.329 --> 00:02:55.450 care of patients who are
NOTE Confidence: 0.94469875

00:02:55.450 --> 00:02:56.669 comfort measures only.
NOTE Confidence: 0.9663176

00:02:57.610 --> 00:02:58.650 On the seventh floor is
NOTE Confidence: 0.9663176

00:02:58.650 --> 00:03:00.489 the healing garden, another unique
NOTE Confidence: 0.9663176

00:03:00.489 --> 00:03:02.510 place available to patients, families,
NOTE Confidence: 0.9663176

00:03:02.569 --> 00:03:03.310 and staff.
NOTE Confidence: 0.98495066

00:03:07.894 --> 00:03:09.175 Though our fellows spend a
NOTE Confidence: 0.98495066

00:03:09.175 --> 00:03:09.974 large part of the year
NOTE Confidence: 0.98495066

00:03:09.974 --> 00:03:11.355 at Yale New Haven Hospital,
NOTE Confidence: 0.98495066

00:03:11.415 --> 00:03:12.715 they also have a diverse
NOTE Confidence: 0.98495066

00:03:12.775 --> 00:03:14.375 exposure to several hospice and
NOTE Confidence: 0.98495066

00:03:14.375 --> 00:03:15.595 palliative care settings.
NOTE Confidence: 0.957256

00:03:16.215 --> 00:03:17.415 They spend three weeks with
NOTE Confidence: 0.957256

00:03:17.415 --> 00:03:18.870 the palliative care team at
NOTE Confidence: 0.957256

00:03:18.870 --> 00:03:20.010 Westhaven VA,

NOTE Confidence: 0.97192883

00:03:20.310 --> 00:03:21.669 and three weeks with Connecticut

NOTE Confidence: 0.97192883

00:03:21.669 --> 00:03:23.269 Hospice, the first hospice in

NOTE Confidence: 0.97192883

00:03:23.269 --> 00:03:23.849 the US.

NOTE Confidence: 0.9750836

00:03:24.709 --> 00:03:26.709 Fellows also rotate through Middlesex

NOTE Confidence: 0.9750836

00:03:26.709 --> 00:03:28.090 Hospice for four weeks.

NOTE Confidence: 0.9178484

00:03:28.470 --> 00:03:29.430 And later in the year,

NOTE Confidence: 0.9178484

00:03:29.430 --> 00:03:30.790 they spend two weeks learning

NOTE Confidence: 0.9178484

00:03:30.790 --> 00:03:31.905 about the role of hospice

NOTE Confidence: 0.9178484

00:03:32.145 --> 00:03:32.885 medical director

NOTE Confidence: 0.9300363

00:03:33.264 --> 00:03:34.944 with Doctor. Shaben, a regional

NOTE Confidence: 0.9300363

00:03:34.944 --> 00:03:36.405 medical director for VITAS.

NOTE Confidence: 0.9464441

00:03:37.265 --> 00:03:38.865 Fellows also spend two weeks

NOTE Confidence: 0.9464441

00:03:38.865 --> 00:03:40.465 with the Sunflower Palliative Care

NOTE Confidence: 0.9464441

00:03:40.465 --> 00:03:42.485 team at Connecticut Children's Hospital.

NOTE Confidence: 0.9850003

00:03:45.260 --> 00:03:47.519 Fellows appreciate their dedicated scholarly

NOTE Confidence: 0.9850003

00:03:47.739 --> 00:03:49.340 blocks, which provide them time
NOTE Confidence: 0.9850003

00:03:49.340 --> 00:03:51.099 and support to pursue quality
NOTE Confidence: 0.9850003

00:03:51.099 --> 00:03:51.599 improvement
NOTE Confidence: 0.99260056

00:03:51.980 --> 00:03:53.599 and other scholarly projects.
NOTE Confidence: 0.979163

00:03:54.060 --> 00:03:55.579 These initiatives have made a
NOTE Confidence: 0.979163

00:03:55.579 --> 00:03:57.359 lasting impact on our program.
NOTE Confidence: 0.93487453

00:03:57.825 --> 00:04:00.085 For example, streamlining our inpatient
NOTE Confidence: 0.93487453

00:04:00.145 --> 00:04:01.125 sign up process,
NOTE Confidence: 0.9954612

00:04:01.505 --> 00:04:03.505 enhancing inpatient and outpatient note
NOTE Confidence: 0.9954612

00:04:03.505 --> 00:04:05.205 templates, and much more.
NOTE Confidence: 0.9716948

00:04:06.225 --> 00:04:07.185 We are proud of our
NOTE Confidence: 0.9716948

00:04:07.185 --> 00:04:09.025 mentorship program that pairs each
NOTE Confidence: 0.9716948

00:04:09.025 --> 00:04:10.625 fellow with a faculty member
NOTE Confidence: 0.9716948

00:04:10.625 --> 00:04:12.440 with similar professional interests.
NOTE Confidence: 0.9561783

00:04:13.060 --> 00:04:14.580 Mentors serve as a resource
NOTE Confidence: 0.9561783

00:04:14.580 --> 00:04:16.339 throughout the fellowship, from everyday

NOTE Confidence: 0.9561783
00:04:16.339 --> 00:04:17.640 questions and concerns,
NOTE Confidence: 0.9929586
00:04:18.020 --> 00:04:19.960 to guidance on scholarly projects,
NOTE Confidence: 0.9929586
00:04:20.100 --> 00:04:21.620 to support during the job
NOTE Confidence: 0.9929586
00:04:21.620 --> 00:04:22.120 search.
NOTE Confidence: 0.9804043
00:04:22.740 --> 00:04:23.779 Outside of work, there are
NOTE Confidence: 0.9804043
00:04:23.779 --> 00:04:24.820 plenty of fun things to
NOTE Confidence: 0.9804043
00:04:24.820 --> 00:04:26.625 do. New Haven is centrally
NOTE Confidence: 0.9804043
00:04:26.625 --> 00:04:28.224 located between Boston and New
NOTE Confidence: 0.9804043
00:04:28.224 --> 00:04:28.884 York City,
NOTE Confidence: 0.98913234
00:04:29.264 --> 00:04:30.785 making it convenient to access
NOTE Confidence: 0.98913234
00:04:30.785 --> 00:04:31.824 either of them on the
NOTE Confidence: 0.98913234
00:04:31.824 --> 00:04:32.324 weekends.
NOTE Confidence: 0.9531293
00:04:32.625 --> 00:04:33.585 But you don't have to
NOTE Confidence: 0.9531293
00:04:33.585 --> 00:04:35.525 go that far. Art museums,
NOTE Confidence: 0.9592199
00:04:36.464 --> 00:04:37.525 parks, beaches,
NOTE Confidence: 0.91247755

00:04:38.065 --> 00:04:39.345 and of course the famous
NOTE Confidence: 0.91247755

00:04:39.345 --> 00:04:40.485 Connecticut Apetes.
NOTE Confidence: 0.981891

00:04:41.850 --> 00:04:43.370 New Haven has a diverse
NOTE Confidence: 0.981891

00:04:43.370 --> 00:04:45.389 culinary scene with a variety
NOTE Confidence: 0.981891

00:04:45.449 --> 00:04:47.210 of authentic cuisines from around
NOTE Confidence: 0.981891

00:04:47.210 --> 00:04:47.870 the world.
NOTE Confidence: 0.98557925

00:04:58.285 --> 00:04:59.885 The Yale University campus is
NOTE Confidence: 0.98557925

00:04:59.885 --> 00:05:01.165 also located a few blocks
NOTE Confidence: 0.98557925

00:05:01.165 --> 00:05:01.985 from the hospital.
NOTE Confidence: 0.9567445

00:05:02.764 --> 00:05:03.885 New Haven is fun to
NOTE Confidence: 0.9567445

00:05:03.885 --> 00:05:05.404 explore at night too, with
NOTE Confidence: 0.9567445

00:05:05.404 --> 00:05:07.885 options for restaurants, bars, music,
NOTE Confidence: 0.9567445

00:05:07.885 --> 00:05:09.025 and theater venues.
NOTE Confidence: 0.9932147

00:05:09.800 --> 00:05:11.259 We thank the various organizations
NOTE Confidence: 0.9788319

00:05:11.639 --> 00:05:13.259 who are dedicated to enriching
NOTE Confidence: 0.9788319

00:05:13.319 --> 00:05:14.759 the culture of downtown New

NOTE Confidence: 0.9788319
00:05:14.759 --> 00:05:16.199 Haven. For those who are
NOTE Confidence: 0.9788319
00:05:16.199 --> 00:05:17.000 looking to get out of
NOTE Confidence: 0.9788319
00:05:17.000 --> 00:05:18.680 the city, the Connecticut shoreline
NOTE Confidence: 0.9788319
00:05:18.680 --> 00:05:19.960 is home to beautiful views
NOTE Confidence: 0.9788319
00:05:19.960 --> 00:05:21.500 and tasty lobster rolls.
NOTE Confidence: 0.9799714
00:05:21.960 --> 00:05:23.505 Families also do day trips
NOTE Confidence: 0.9799714
00:05:23.505 --> 00:05:24.705 to the beautiful little towns
NOTE Confidence: 0.9799714
00:05:24.705 --> 00:05:25.904 in the northwest corner of
NOTE Confidence: 0.9799714
00:05:25.904 --> 00:05:26.565 the state.
NOTE Confidence: 0.98507535
00:05:28.464 --> 00:05:30.305 Our program provides you with
NOTE Confidence: 0.98507535
00:05:30.305 --> 00:05:32.225 rigorous clinical training along with
NOTE Confidence: 0.98507535
00:05:32.225 --> 00:05:33.745 resources and support to help
NOTE Confidence: 0.98507535
00:05:33.745 --> 00:05:34.404 you thrive,
NOTE Confidence: 0.9936631
00:05:34.785 --> 00:05:35.985 so you leave prepared for
NOTE Confidence: 0.9936631
00:05:35.985 --> 00:05:37.425 any career path you might
NOTE Confidence: 0.9936631

00:05:37.425 --> 00:05:37.925 choose.
NOTE Confidence: 0.96946526
00:05:39.960 --> 00:05:41.160 Thanks for joining me on
NOTE Confidence: 0.96946526
00:05:41.160 --> 00:05:42.919 this virtual tour. We hope
NOTE Confidence: 0.96946526
00:05:42.919 --> 00:05:44.139 we were able to showcase
NOTE Confidence: 0.96946526
00:05:44.279 --> 00:05:45.720 what makes the Yale Palliative
NOTE Confidence: 0.96946526
00:05:45.720 --> 00:05:47.560 Care Program so special and
NOTE Confidence: 0.96946526
00:05:47.560 --> 00:05:48.599 what life in the New
NOTE Confidence: 0.96946526
00:05:48.599 --> 00:05:49.879 Haven area would be like
NOTE Confidence: 0.96946526
00:05:49.879 --> 00:05:51.180 for you and your family.
NOTE Confidence: 0.9968316
00:05:51.517 --> 00:05:52.557 We wish you the best
NOTE Confidence: 0.9968316
00:05:52.557 --> 00:05:53.617 of luck in the match.