

WEBVTT

NOTE duration: "00:49:09.320"

NOTE Confidence: 0.9803831

00:00:05.200 --> 00:00:07.359 Alright. So today, welcome back

NOTE Confidence: 0.9803831

00:00:07.359 --> 00:00:08.720 to our overview of early

NOTE Confidence: 0.9803831

00:00:08.720 --> 00:00:10.660 intervention services for schizophrenia

NOTE Confidence: 0.9988204

00:00:11.280 --> 00:00:11.780 course.

NOTE Confidence: 0.9828206

00:00:12.325 --> 00:00:13.865 Today, we'll be covering module

NOTE Confidence: 0.9828206

00:00:13.925 --> 00:00:14.405 c,

NOTE Confidence: 0.97407556

00:00:14.805 --> 00:00:16.965 continuing treatment and coordinated specialty

NOTE Confidence: 0.97407556

00:00:16.965 --> 00:00:18.404 care. This will actually be

NOTE Confidence: 0.97407556

00:00:18.404 --> 00:00:19.545 a two week,

NOTE Confidence: 0.9752877

00:00:20.165 --> 00:00:21.125 series, so we're not gonna

NOTE Confidence: 0.9752877

00:00:21.125 --> 00:00:22.645 cover everything in module c

NOTE Confidence: 0.9752877

00:00:22.645 --> 00:00:24.025 as it's it's very robust.

NOTE Confidence: 0.9598213

00:00:30.840 --> 00:00:32.280 So as I mentioned, this

NOTE Confidence: 0.9598213

00:00:32.280 --> 00:00:33.000 this will be a two

NOTE Confidence: 0.9598213

00:00:33.000 --> 00:00:33.500 week,
NOTE Confidence: 0.97855926
00:00:35.320 --> 00:00:36.220 content area.
NOTE Confidence: 0.9975825
00:00:36.680 --> 00:00:37.800 But over those two weeks,
NOTE Confidence: 0.9975825
00:00:37.800 --> 00:00:39.000 we really hope to cover
NOTE Confidence: 0.9975825
00:00:39.000 --> 00:00:40.620 some key concepts of
NOTE Confidence: 0.9778689
00:00:41.055 --> 00:00:43.454 overviewing the main, core elements
NOTE Confidence: 0.9778689
00:00:43.454 --> 00:00:44.995 of care in the step,
NOTE Confidence: 0.971944
00:00:45.534 --> 00:00:47.155 module c care pathway,
NOTE Confidence: 0.9921194
00:00:48.574 --> 00:00:50.574 which is very congruent with
NOTE Confidence: 0.9921194
00:00:50.574 --> 00:00:52.175 the term coordinated specialty care,
NOTE Confidence: 0.9921194
00:00:52.175 --> 00:00:53.235 which I will discuss.
NOTE Confidence: 0.99391097
00:00:54.510 --> 00:00:56.690 And in addition to overviewing
NOTE Confidence: 0.99391097
00:00:56.910 --> 00:00:58.530 the different elements of care,
NOTE Confidence: 0.99391097
00:00:58.750 --> 00:01:00.110 we also wanna introduce you
NOTE Confidence: 0.99391097
00:01:00.110 --> 00:01:01.309 all to just some of
NOTE Confidence: 0.99391097
00:01:01.309 --> 00:01:03.089 the processes and core outcomes,

NOTE Confidence: 0.95836234
00:01:04.350 --> 00:01:05.869 that make up the step
NOTE Confidence: 0.95836234
00:01:05.869 --> 00:01:07.569 care pathway module c.
NOTE Confidence: 0.9984065
00:01:07.994 --> 00:01:09.515 And we'll be intermixing, you
NOTE Confidence: 0.9984065
00:01:09.515 --> 00:01:10.735 know, discussions
NOTE Confidence: 0.9847193
00:01:11.515 --> 00:01:13.534 about step care and culture,
NOTE Confidence: 0.96935064
00:01:14.475 --> 00:01:16.075 of the clinic as that's
NOTE Confidence: 0.96935064
00:01:16.075 --> 00:01:17.435 a a really important piece
NOTE Confidence: 0.96935064
00:01:17.435 --> 00:01:18.174 in terms
NOTE Confidence: 0.9757857
00:01:18.475 --> 00:01:19.674 of working with our young
NOTE Confidence: 0.9757857
00:01:19.674 --> 00:01:21.215 clients as well as
NOTE Confidence: 0.9833956
00:01:21.689 --> 00:01:22.409 trying to,
NOTE Confidence: 0.9778352
00:01:23.049 --> 00:01:25.149 empower clinicians, prevent burnout,
NOTE Confidence: 0.95529705
00:01:25.450 --> 00:01:26.409 all of those things as
NOTE Confidence: 0.95529705
00:01:26.409 --> 00:01:27.450 I know we're facing,
NOTE Confidence: 0.9619999
00:01:28.569 --> 00:01:30.009 real a real strain and
NOTE Confidence: 0.9619999

00:01:30.009 --> 00:01:30.909 a lot of workforce
NOTE Confidence: 0.99894834

00:01:31.450 --> 00:01:32.810 shortages across the state and
NOTE Confidence: 0.99894834

00:01:32.810 --> 00:01:33.789 across the country
NOTE Confidence: 0.8569924

00:01:34.090 --> 00:01:34.909 in our sector.
NOTE Confidence: 0.992912

00:01:39.345 --> 00:01:40.465 So I know we covered
NOTE Confidence: 0.992912

00:01:40.465 --> 00:01:41.745 this, but we're gonna just,
NOTE Confidence: 0.98892814

00:01:42.065 --> 00:01:43.585 continue to harp this point.
NOTE Confidence: 0.98892814

00:01:43.585 --> 00:01:45.125 What is early intervention
NOTE Confidence: 0.98274946

00:01:45.585 --> 00:01:46.325 for psychosis?
NOTE Confidence: 0.9835711

00:01:46.944 --> 00:01:48.165 Right? Last week,
NOTE Confidence: 0.9759201

00:01:48.625 --> 00:01:50.645 we really went in-depth about
NOTE Confidence: 0.9759201

00:01:50.785 --> 00:01:52.165 that module a,
NOTE Confidence: 0.90542674

00:01:52.560 --> 00:01:53.300 early detection,
NOTE Confidence: 0.99399495

00:01:54.400 --> 00:01:55.760 and talking about just all
NOTE Confidence: 0.99399495

00:01:55.760 --> 00:01:57.140 those efforts to
NOTE Confidence: 0.9937219

00:01:57.840 --> 00:01:58.900 find and identify

NOTE Confidence: 0.98757046

00:01:59.760 --> 00:02:01.360 and get, those young people

NOTE Confidence: 0.98757046

00:02:01.360 --> 00:02:02.420 who might be experiencing,

NOTE Confidence: 0.99018073

00:02:03.440 --> 00:02:03.940 emerging,

NOTE Confidence: 0.9570664

00:02:04.479 --> 00:02:06.720 schizophrenia spectrum disorder, getting them

NOTE Confidence: 0.9570664

00:02:06.720 --> 00:02:07.905 to care and just everything

NOTE Confidence: 0.9570664

00:02:07.905 --> 00:02:09.264 that happens before kind of

NOTE Confidence: 0.9570664

00:02:09.264 --> 00:02:10.405 care even starts.

NOTE Confidence: 0.9395186

00:02:11.025 --> 00:02:12.225 But today, we'll be focused

NOTE Confidence: 0.9395186

00:02:12.225 --> 00:02:13.825 on what is that intensive

NOTE Confidence: 0.9395186

00:02:13.825 --> 00:02:15.445 treatment actually look like.

NOTE Confidence: 0.9956047

00:02:15.905 --> 00:02:17.505 What happens when we do

NOTE Confidence: 0.9956047

00:02:17.505 --> 00:02:18.565 connect with folks,

NOTE Confidence: 0.9948702

00:02:19.264 --> 00:02:20.370 and kinda get them in

NOTE Confidence: 0.9948702

00:02:20.370 --> 00:02:21.650 the door or in front

NOTE Confidence: 0.9948702

00:02:21.650 --> 00:02:23.090 of the telehealth screen or

NOTE Confidence: 0.9948702

00:02:23.090 --> 00:02:24.050 whatever way that we might

NOTE Confidence: 0.9948702

00:02:24.050 --> 00:02:25.430 be engaging with someone.

NOTE Confidence: 0.8656783

00:02:25.970 --> 00:02:26.470 So,

NOTE Confidence: 0.99915636

00:02:27.730 --> 00:02:28.230 historically,

NOTE Confidence: 0.99976295

00:02:28.610 --> 00:02:29.590 this would be

NOTE Confidence: 0.9621283

00:02:29.889 --> 00:02:31.330 this module c piece would

NOTE Confidence: 0.9621283

00:02:31.330 --> 00:02:32.850 be intensive treatment in the

NOTE Confidence: 0.9621283

00:02:32.850 --> 00:02:34.230 first two to five years,

NOTE Confidence: 0.96450233

00:02:34.995 --> 00:02:36.355 and this is termed so

NOTE Confidence: 0.96450233

00:02:36.355 --> 00:02:38.194 we're we're calling it EIS

NOTE Confidence: 0.96450233

00:02:38.194 --> 00:02:39.175 or early intervention,

NOTE Confidence: 0.8135179

00:02:40.115 --> 00:02:40.855 in schizophrenia

NOTE Confidence: 0.8534833

00:02:41.155 --> 00:02:41.655 services,

NOTE Confidence: 0.96324974

00:02:42.355 --> 00:02:44.275 also known as CSC or

NOTE Confidence: 0.96324974

00:02:44.275 --> 00:02:45.975 coordinated specialty care,

NOTE Confidence: 0.97037315

00:02:46.755 --> 00:02:48.615 with the real focus on

NOTE Confidence: 0.9982073

00:02:49.740 --> 00:02:52.240 reducing relapse and maximizing functioning

NOTE Confidence: 0.9993271

00:02:52.780 --> 00:02:53.520 for folks.

NOTE Confidence: 0.9834059

00:02:54.780 --> 00:02:56.700 These interventions were initially, you

NOTE Confidence: 0.9834059

00:02:56.700 --> 00:02:58.139 know, adapted from the more

NOTE Confidence: 0.9834059

00:02:58.139 --> 00:02:58.639 chronic

NOTE Confidence: 0.967958

00:02:58.940 --> 00:03:00.240 serious mental illness

NOTE Confidence: 0.9595718

00:03:00.700 --> 00:03:02.620 population, kind of adapted down

NOTE Confidence: 0.9595718

00:03:02.620 --> 00:03:03.760 to younger patients.

NOTE Confidence: 0.9924115

00:03:05.055 --> 00:03:06.335 I'll talk more in-depth, but

NOTE Confidence: 0.9924115

00:03:06.335 --> 00:03:08.035 there's the goal of really,

NOTE Confidence: 0.9831272

00:03:08.895 --> 00:03:10.575 engaging with folks around phase

NOTE Confidence: 0.9831272

00:03:10.575 --> 00:03:11.635 specific interventions,

NOTE Confidence: 0.9837882

00:03:12.255 --> 00:03:13.375 which we'll talk about what

NOTE Confidence: 0.9837882

00:03:13.375 --> 00:03:15.455 that what that means. But

NOTE Confidence: 0.9837882

00:03:15.455 --> 00:03:16.735 again, this is all occurring

NOTE Confidence: 0.9837882

00:03:16.735 --> 00:03:18.720 during that critical period that
NOTE Confidence: 0.9837882

00:03:18.720 --> 00:03:19.620 we talked about
NOTE Confidence: 0.9713275

00:03:20.159 --> 00:03:22.080 within those first couple years
NOTE Confidence: 0.9713275

00:03:22.080 --> 00:03:23.599 of the illness when we
NOTE Confidence: 0.9713275

00:03:23.599 --> 00:03:24.959 tend to see the the
NOTE Confidence: 0.9713275

00:03:24.959 --> 00:03:26.019 most impact,
NOTE Confidence: 0.952387

00:03:26.879 --> 00:03:28.799 of symptoms kind of both,
NOTE Confidence: 0.952387

00:03:28.799 --> 00:03:30.180 you know, can be negatively
NOTE Confidence: 0.99965906

00:03:30.480 --> 00:03:30.980 impacting
NOTE Confidence: 0.97981197

00:03:31.575 --> 00:03:33.175 one's functioning and their role
NOTE Confidence: 0.97981197

00:03:33.175 --> 00:03:34.614 trajectories. However, it's also the
NOTE Confidence: 0.97981197

00:03:34.614 --> 00:03:35.355 time of,
NOTE Confidence: 0.93339384

00:03:36.135 --> 00:03:37.495 where intervention can have the
NOTE Confidence: 0.93339384

00:03:37.495 --> 00:03:39.334 most robust outcomes by kind
NOTE Confidence: 0.93339384

00:03:39.334 --> 00:03:40.375 of getting in there early
NOTE Confidence: 0.93339384

00:03:40.375 --> 00:03:41.834 and thwarting some of these,

NOTE Confidence: 0.9716016
00:03:43.175 --> 00:03:43.675 potentially,
NOTE Confidence: 0.8867787
00:03:45.015 --> 00:03:45.515 disabling,
NOTE Confidence: 0.9986636
00:03:46.770 --> 00:03:48.550 impacts that folks can experience.
NOTE Confidence: 0.994551
00:03:50.370 --> 00:03:50.870 So
NOTE Confidence: 0.97438526
00:03:51.570 --> 00:03:52.850 we've we've talked about this,
NOTE Confidence: 0.97438526
00:03:52.850 --> 00:03:54.230 but just a little reminder,
NOTE Confidence: 0.99897265
00:03:54.690 --> 00:03:56.310 does early intervention for
NOTE Confidence: 0.9890798
00:03:56.690 --> 00:03:58.850 schizophrenia spectrum disorders or psychosis
NOTE Confidence: 0.9890798
00:03:58.850 --> 00:03:59.670 work? Yes.
NOTE Confidence: 0.9965033
00:04:01.555 --> 00:04:02.055 Schizophrenia
NOTE Confidence: 0.9830216
00:04:02.355 --> 00:04:04.055 is treatable. Treatment works.
NOTE Confidence: 0.9968395
00:04:05.075 --> 00:04:07.015 There are multiple observational studies
NOTE Confidence: 0.98256326
00:04:08.035 --> 00:04:09.235 that show higher rates of
NOTE Confidence: 0.98256326
00:04:09.235 --> 00:04:10.995 symptom remission and social and
NOTE Confidence: 0.98256326
00:04:10.995 --> 00:04:12.055 vocational recovery.
NOTE Confidence: 0.9455368

00:04:12.675 --> 00:04:14.435 There are large randomized control
NOTE Confidence: 0.9455368

00:04:14.435 --> 00:04:15.815 trials that have shown favorable
NOTE Confidence: 0.9455368

00:04:15.875 --> 00:04:17.860 outcomes. Doctor Shriheri covered these
NOTE Confidence: 0.9455368

00:04:17.860 --> 00:04:19.000 in our first session.
NOTE Confidence: 0.99516135

00:04:19.620 --> 00:04:20.820 But just a reminder, you
NOTE Confidence: 0.99516135

00:04:20.820 --> 00:04:21.320 know,
NOTE Confidence: 0.49833697

00:04:22.500 --> 00:04:23.080 of that
NOTE Confidence: 0.9515179

00:04:23.380 --> 00:04:24.920 large RCTs have,
NOTE Confidence: 0.9970148

00:04:25.779 --> 00:04:27.940 shown, you know, reductions in
NOTE Confidence: 0.9970148

00:04:27.940 --> 00:04:30.200 relapse, reductions in hospital readmissions,
NOTE Confidence: 0.8881134

00:04:30.820 --> 00:04:31.880 increases in,
NOTE Confidence: 0.42680663

00:04:32.645 --> 00:04:33.145 choices
NOTE Confidence: 0.9527256

00:04:33.925 --> 00:04:35.845 to take medications that might
NOTE Confidence: 0.9527256

00:04:35.845 --> 00:04:37.444 benefit a remission of positive
NOTE Confidence: 0.9527256

00:04:37.444 --> 00:04:37.944 symptoms,
NOTE Confidence: 0.99932146

00:04:38.565 --> 00:04:40.505 decreases in suicidal ideation,

NOTE Confidence: 0.9987955
00:04:41.444 --> 00:04:43.145 improvements in social and vocational
NOTE Confidence: 0.9987955
00:04:43.205 --> 00:04:43.705 functioning,
NOTE Confidence: 0.99951255
00:04:44.884 --> 00:04:45.384 etcetera.
NOTE Confidence: 0.8259785
00:04:46.164 --> 00:04:46.404 So,
NOTE Confidence: 0.99467254
00:04:48.139 --> 00:04:49.580 these methods have been proven
NOTE Confidence: 0.99467254
00:04:49.580 --> 00:04:50.080 effective,
NOTE Confidence: 0.9995465
00:04:50.940 --> 00:04:52.560 through various research studies.
NOTE Confidence: 0.97382504
00:04:53.580 --> 00:04:55.100 As we mentioned in session
NOTE Confidence: 0.97382504
00:04:55.100 --> 00:04:56.380 one, STEP was founded in
NOTE Confidence: 0.97382504
00:04:56.380 --> 00:04:58.060 two thousand six and actually
NOTE Confidence: 0.97382504
00:04:58.060 --> 00:05:00.320 completed the first US based
NOTE Confidence: 0.97382504
00:05:00.540 --> 00:05:02.720 randomized control trial of specialty
NOTE Confidence: 0.97382504
00:05:02.779 --> 00:05:03.919 team based care,
NOTE Confidence: 0.9844818
00:05:04.755 --> 00:05:06.295 which has since been termed
NOTE Confidence: 0.9844818
00:05:06.355 --> 00:05:08.515 CSE or coordinated specialty care.
NOTE Confidence: 0.9844818

00:05:08.515 --> 00:05:10.435 So lots of terms, specialty
NOTE Confidence: 0.9844818

00:05:10.435 --> 00:05:12.755 team based care, coordinated specialty
NOTE Confidence: 0.9844818

00:05:12.755 --> 00:05:13.975 care, EIS,
NOTE Confidence: 0.9741532

00:05:14.355 --> 00:05:15.955 all basically meaning the same
NOTE Confidence: 0.9741532

00:05:15.955 --> 00:05:18.455 thing. Intensive team based services,
NOTE Confidence: 0.99936324

00:05:19.770 --> 00:05:20.830 created for
NOTE Confidence: 0.9996497

00:05:21.289 --> 00:05:22.669 young folks experiencing
NOTE Confidence: 0.99720424

00:05:23.129 --> 00:05:24.430 recent onset schizophrenia.
NOTE Confidence: 0.9808641

00:05:26.169 --> 00:05:27.849 So STEP's model of care
NOTE Confidence: 0.9808641

00:05:27.849 --> 00:05:29.370 has been truly influential in
NOTE Confidence: 0.9808641

00:05:29.370 --> 00:05:31.389 the creation of first episode
NOTE Confidence: 0.9808641

00:05:31.529 --> 00:05:32.029 programs
NOTE Confidence: 0.98302954

00:05:32.654 --> 00:05:34.175 across the country, and we've
NOTE Confidence: 0.98302954

00:05:34.175 --> 00:05:35.214 really been working, as you
NOTE Confidence: 0.98302954

00:05:35.214 --> 00:05:36.514 know, to grow the capacity,
NOTE Confidence: 0.985672

00:05:37.455 --> 00:05:39.315 of first episode services here

NOTE Confidence: 0.985672
00:05:39.375 --> 00:05:40.034 in Connecticut.
NOTE Confidence: 0.99923116
00:05:43.534 --> 00:05:44.754 So everyone's favorite
NOTE Confidence: 0.99436253
00:05:45.210 --> 00:05:46.490 picture that you're just gonna
NOTE Confidence: 0.99436253
00:05:46.490 --> 00:05:47.770 have ingrained into your head
NOTE Confidence: 0.99436253
00:05:47.770 --> 00:05:48.570 by the end of this
NOTE Confidence: 0.99436253
00:05:48.570 --> 00:05:49.470 overview, but
NOTE Confidence: 0.99860686
00:05:49.850 --> 00:05:51.050 this is where we're focusing
NOTE Confidence: 0.99860686
00:05:51.050 --> 00:05:52.410 today. Right? We've we've covered
NOTE Confidence: 0.99860686
00:05:52.410 --> 00:05:53.230 early detection.
NOTE Confidence: 0.9898901
00:05:53.930 --> 00:05:55.450 We will double back to
NOTE Confidence: 0.9898901
00:05:55.450 --> 00:05:56.730 talk about module b in
NOTE Confidence: 0.9898901
00:05:56.730 --> 00:05:57.710 a future session,
NOTE Confidence: 0.9987469
00:05:58.105 --> 00:05:59.464 but we're really gonna focus
NOTE Confidence: 0.9987469
00:05:59.464 --> 00:06:00.745 on the bulk of the
NOTE Confidence: 0.9987469
00:06:00.745 --> 00:06:01.725 treatment today.
NOTE Confidence: 0.9784706

00:06:05.945 --> 00:06:07.945 So with that, in addition
NOTE Confidence: 0.9784706

00:06:07.945 --> 00:06:09.545 to covering what the treatment
NOTE Confidence: 0.9784706

00:06:09.545 --> 00:06:10.345 is made up of, we
NOTE Confidence: 0.9784706

00:06:10.345 --> 00:06:11.645 wanna talk about the processes
NOTE Confidence: 0.9784706

00:06:11.785 --> 00:06:13.005 and values and culture,
NOTE Confidence: 0.844374

00:06:14.240 --> 00:06:14.740 that,
NOTE Confidence: 0.93499684

00:06:16.320 --> 00:06:18.500 inform the treatment. So, certainly,
NOTE Confidence: 0.93499684

00:06:18.560 --> 00:06:20.020 principles of step care,
NOTE Confidence: 0.9916055

00:06:20.720 --> 00:06:21.760 first and foremost, we want
NOTE Confidence: 0.9916055

00:06:21.760 --> 00:06:22.660 it to be safe.
NOTE Confidence: 0.9965296

00:06:23.120 --> 00:06:24.160 So there's a focus on
NOTE Confidence: 0.9965296

00:06:24.160 --> 00:06:25.220 suicide prevention,
NOTE Confidence: 0.9905

00:06:25.884 --> 00:06:27.884 a focus on minimizing and
NOTE Confidence: 0.9905

00:06:27.884 --> 00:06:28.384 monitoring
NOTE Confidence: 0.98710907

00:06:28.685 --> 00:06:30.305 any medication side effects.
NOTE Confidence: 0.9754755

00:06:31.564 --> 00:06:33.085 We wanna use effective treatments

NOTE Confidence: 0.9754755

00:06:33.085 --> 00:06:34.365 that are evidence based and

NOTE Confidence: 0.9754755

00:06:34.365 --> 00:06:35.425 empirically supported.

NOTE Confidence: 0.96135116

00:06:36.525 --> 00:06:37.964 A focus on patient centered

NOTE Confidence: 0.96135116

00:06:37.964 --> 00:06:40.110 care. Right? So with that

NOTE Confidence: 0.96135116

00:06:40.169 --> 00:06:41.789 offering a menu of psychosocial

NOTE Confidence: 0.88731515

00:06:42.089 --> 00:06:42.589 services.

NOTE Confidence: 0.9790915

00:06:44.569 --> 00:06:45.770 With this, we're gonna we're

NOTE Confidence: 0.9790915

00:06:45.770 --> 00:06:47.289 gonna anticipate in working with

NOTE Confidence: 0.9790915

00:06:47.289 --> 00:06:48.190 this young population,

NOTE Confidence: 0.9204328

00:06:49.849 --> 00:06:51.449 with schizophrenia that there'll be

NOTE Confidence: 0.9204328

00:06:51.449 --> 00:06:53.210 variable insight and that that

NOTE Confidence: 0.9204328

00:06:53.210 --> 00:06:55.665 will fluctuate throughout perhaps the

NOTE Confidence: 0.9204328

00:06:55.665 --> 00:06:56.945 individual throughout their course of

NOTE Confidence: 0.9204328

00:06:56.945 --> 00:06:57.845 treatment. So

NOTE Confidence: 0.9482056

00:06:58.385 --> 00:06:59.365 insight meaning,

NOTE Confidence: 0.9894206

00:07:00.065 --> 00:07:02.785 awareness into one's one's symptoms,

NOTE Confidence: 0.9894206

00:07:02.785 --> 00:07:03.525 one's illness.

NOTE Confidence: 0.98650616

00:07:04.785 --> 00:07:05.904 And so with that patient

NOTE Confidence: 0.98650616

00:07:05.904 --> 00:07:07.824 centered mindset too, we wanna

NOTE Confidence: 0.98650616

00:07:07.824 --> 00:07:09.445 be able to flexibly engage

NOTE Confidence: 0.98650616

00:07:09.680 --> 00:07:10.420 and reengage

NOTE Confidence: 0.8652917

00:07:10.960 --> 00:07:11.780 in care,

NOTE Confidence: 0.99956477

00:07:12.400 --> 00:07:14.000 not holding strict boundaries to

NOTE Confidence: 0.99956477

00:07:14.000 --> 00:07:15.140 the best of our ability

NOTE Confidence: 0.9571618

00:07:15.680 --> 00:07:17.040 with, you know, say three

NOTE Confidence: 0.9571618

00:07:17.040 --> 00:07:18.000 no shows and you're out.

NOTE Confidence: 0.9571618

00:07:18.000 --> 00:07:19.120 Like, really trying to be

NOTE Confidence: 0.9571618

00:07:19.120 --> 00:07:20.560 assertive and flexible with our

NOTE Confidence: 0.9571618

00:07:20.560 --> 00:07:21.060 engagement

NOTE Confidence: 0.9907063

00:07:21.360 --> 00:07:22.491 to try to help folks

NOTE Confidence: 0.9907063

00:07:22.491 --> 00:07:23.205 stay connected to

NOTE Confidence: 0.9730867
00:07:23.505 --> 00:07:25.205 this important intervention service.
NOTE Confidence: 0.9877074
00:07:26.865 --> 00:07:27.845 We wanna anticipate
NOTE Confidence: 0.8103187
00:07:28.625 --> 00:07:29.125 stigma,
NOTE Confidence: 0.97716576
00:07:29.505 --> 00:07:31.125 both internalized and externalized.
NOTE Confidence: 0.80147517
00:07:33.425 --> 00:07:34.565 Actively include,
NOTE Confidence: 0.99945277
00:07:34.960 --> 00:07:35.840 as long as we've got
NOTE Confidence: 0.99945277
00:07:35.840 --> 00:07:36.340 permission,
NOTE Confidence: 0.8788174
00:07:36.800 --> 00:07:38.659 family and other supportive folks,
NOTE Confidence: 0.99677783
00:07:39.440 --> 00:07:40.979 as well as existing community
NOTE Confidence: 0.99677783
00:07:41.039 --> 00:07:41.539 resources,
NOTE Confidence: 0.9811959
00:07:42.560 --> 00:07:43.940 in order to kinda help
NOTE Confidence: 0.998547
00:07:44.319 --> 00:07:45.840 be comprehensive in the care
NOTE Confidence: 0.998547
00:07:45.840 --> 00:07:46.659 that we provide.
NOTE Confidence: 0.9815629
00:07:48.000 --> 00:07:49.440 Another important principle is to
NOTE Confidence: 0.9815629
00:07:49.440 --> 00:07:50.180 be timely.
NOTE Confidence: 0.9520404

00:07:51.305 --> 00:07:52.745 Engaging people quickly as we
NOTE Confidence: 0.9520404

00:07:52.745 --> 00:07:54.205 talked about with early detection,
NOTE Confidence: 0.9949286

00:07:54.585 --> 00:07:55.405 being flexible,
NOTE Confidence: 0.95883536

00:07:56.505 --> 00:07:57.725 community based access.
NOTE Confidence: 0.99574894

00:07:58.985 --> 00:08:00.185 It's important to be, you
NOTE Confidence: 0.99574894

00:08:00.185 --> 00:08:01.005 know, equitable.
NOTE Confidence: 0.99817085

00:08:01.544 --> 00:08:02.044 So
NOTE Confidence: 0.9605433

00:08:02.665 --> 00:08:04.104 StepCare is currently blind to
NOTE Confidence: 0.9605433

00:08:04.104 --> 00:08:06.330 insurance status, immigration status. We
NOTE Confidence: 0.9605433

00:08:06.409 --> 00:08:07.310 accept all comers,
NOTE Confidence: 0.9879428

00:08:07.849 --> 00:08:09.449 in our catchment area. Of
NOTE Confidence: 0.9879428

00:08:09.449 --> 00:08:10.810 course, there are things that,
NOTE Confidence: 0.9879428

00:08:11.129 --> 00:08:12.650 can can impact that based
NOTE Confidence: 0.9879428

00:08:12.650 --> 00:08:13.770 on the agencies that you're
NOTE Confidence: 0.9879428

00:08:13.770 --> 00:08:14.810 at, but I understand that
NOTE Confidence: 0.9879428

00:08:14.810 --> 00:08:16.330 that's that's largely what, you

NOTE Confidence: 0.9879428
00:08:16.330 --> 00:08:16.830 know,
NOTE Confidence: 0.9408384
00:08:17.210 --> 00:08:19.050 LMHA's are doing. I understand
NOTE Confidence: 0.9408384
00:08:19.050 --> 00:08:20.250 some of the private nonprofits
NOTE Confidence: 0.9408384
00:08:20.250 --> 00:08:22.615 and and other organizational structures
NOTE Confidence: 0.9408384
00:08:22.675 --> 00:08:23.655 have different limits.
NOTE Confidence: 0.9169329
00:08:25.715 --> 00:08:26.995 Trying to really just if
NOTE Confidence: 0.9169329
00:08:26.995 --> 00:08:28.354 it with the population health
NOTE Confidence: 0.9169329
00:08:28.354 --> 00:08:29.715 framework where we're trying to
NOTE Confidence: 0.9169329
00:08:29.715 --> 00:08:30.215 truly,
NOTE Confidence: 0.99945694
00:08:31.474 --> 00:08:31.974 impact
NOTE Confidence: 0.82281893
00:08:32.834 --> 00:08:34.834 this illness and limit its
NOTE Confidence: 0.82281893
00:08:34.834 --> 00:08:36.035 impacts and amount kind of
NOTE Confidence: 0.82281893
00:08:36.035 --> 00:08:37.699 a a population level.
NOTE Confidence: 0.9981909
00:08:38.160 --> 00:08:38.800 These are some of the
NOTE Confidence: 0.9981909
00:08:38.800 --> 00:08:40.339 principles that are are necessary
NOTE Confidence: 0.9981909

00:08:40.399 --> 00:08:41.540 in order to do that.
NOTE Confidence: 0.98649734
00:08:42.079 --> 00:08:44.100 And then lastly, remaining optimistic
NOTE Confidence: 0.98649734
00:08:44.160 --> 00:08:44.820 and hopeful.
NOTE Confidence: 0.9973477
00:08:45.679 --> 00:08:47.779 So holding a recovery oriented
NOTE Confidence: 0.99141884
00:08:48.480 --> 00:08:48.980 framework,
NOTE Confidence: 0.9930241
00:08:49.875 --> 00:08:51.715 fostering autonomy and independence in
NOTE Confidence: 0.9930241
00:08:51.715 --> 00:08:53.335 any way possible, engaging
NOTE Confidence: 0.9970517
00:08:53.875 --> 00:08:54.615 in shared
NOTE Confidence: 0.9889506
00:08:54.995 --> 00:08:55.815 decision making,
NOTE Confidence: 0.9738324
00:08:56.755 --> 00:08:58.115 and trying to return help
NOTE Confidence: 0.9738324
00:08:58.115 --> 00:08:59.655 folks return to their premorbid
NOTE Confidence: 0.9738324
00:08:59.795 --> 00:09:01.155 goals and and holding on
NOTE Confidence: 0.9738324
00:09:01.155 --> 00:09:02.434 to that hope as providers
NOTE Confidence: 0.9738324
00:09:02.434 --> 00:09:04.115 that we know folks can
NOTE Confidence: 0.9738324
00:09:04.115 --> 00:09:05.950 recover, whatever that might look
NOTE Confidence: 0.9738324
00:09:05.950 --> 00:09:07.070 like for them. We don't

NOTE Confidence: 0.9738324
00:09:07.070 --> 00:09:08.750 have one vision of what
NOTE Confidence: 0.9738324
00:09:08.750 --> 00:09:09.809 recovery is,
NOTE Confidence: 0.9876759
00:09:10.190 --> 00:09:11.950 but it's important that especially
NOTE Confidence: 0.9876759
00:09:11.950 --> 00:09:12.450 when
NOTE Confidence: 0.9856616
00:09:12.830 --> 00:09:14.050 young people might feel,
NOTE Confidence: 0.9729531
00:09:16.190 --> 00:09:17.309 that they feel so far
NOTE Confidence: 0.9729531
00:09:17.309 --> 00:09:18.590 from maybe where they want
NOTE Confidence: 0.9729531
00:09:18.590 --> 00:09:19.470 to be or where they
NOTE Confidence: 0.9729531
00:09:19.470 --> 00:09:20.690 were or their families
NOTE Confidence: 0.9564785
00:09:21.045 --> 00:09:22.245 feel like, how are we
NOTE Confidence: 0.9564785
00:09:22.245 --> 00:09:23.145 gonna get back,
NOTE Confidence: 0.94820386
00:09:24.645 --> 00:09:25.365 to the place that my
NOTE Confidence: 0.94820386
00:09:25.365 --> 00:09:26.565 young person wanted to be
NOTE Confidence: 0.94820386
00:09:26.565 --> 00:09:27.605 holding on to that hope
NOTE Confidence: 0.94820386
00:09:27.605 --> 00:09:29.625 and and knowing that recovery
NOTE Confidence: 0.94820386

00:09:29.765 --> 00:09:31.385 actually is the the expectation,
NOTE Confidence: 0.94820386

00:09:31.605 --> 00:09:33.625 not the exception in schizophrenia
NOTE Confidence: 0.94820386

00:09:33.925 --> 00:09:35.065 or, early intervention.
NOTE Confidence: 0.99878496

00:09:38.080 --> 00:09:38.580 So
NOTE Confidence: 0.9366091

00:09:39.040 --> 00:09:39.940 as I mentioned,
NOTE Confidence: 0.98010546

00:09:40.960 --> 00:09:42.720 there's phase specific care. So
NOTE Confidence: 0.98010546

00:09:42.720 --> 00:09:43.679 I will talk about our
NOTE Confidence: 0.98010546

00:09:43.679 --> 00:09:44.980 core elements, but,
NOTE Confidence: 0.83289033

00:09:45.360 --> 00:09:46.340 there which is
NOTE Confidence: 0.9769178

00:09:46.720 --> 00:09:47.600 I'll show on the next
NOTE Confidence: 0.9769178

00:09:47.600 --> 00:09:49.360 slide, comprised of six main
NOTE Confidence: 0.9769178

00:09:49.360 --> 00:09:50.580 elements of care.
NOTE Confidence: 0.9922757

00:09:51.105 --> 00:09:52.145 So this is gonna include
NOTE Confidence: 0.9922757

00:09:52.145 --> 00:09:53.205 things like psychotherapy,
NOTE Confidence: 0.976943

00:09:54.304 --> 00:09:54.804 psychopharm,
NOTE Confidence: 0.9993883

00:09:55.265 --> 00:09:56.165 family engagement,

NOTE Confidence: 0.99812144

00:09:56.865 --> 00:09:58.325 community engagement, etcetera.

NOTE Confidence: 0.99830276

00:10:00.385 --> 00:10:01.825 All of these aspects are

NOTE Confidence: 0.99830276

00:10:01.825 --> 00:10:03.205 tailored to the individual

NOTE Confidence: 0.9921937

00:10:03.905 --> 00:10:05.045 based on their presentation,

NOTE Confidence: 0.9991051

00:10:06.140 --> 00:10:08.320 their individual preferences, their goals,

NOTE Confidence: 0.9967336

00:10:08.700 --> 00:10:09.920 and their phase of recovery

NOTE Confidence: 0.9967336

00:10:09.980 --> 00:10:11.580 or phase of illness. Right?

NOTE Confidence: 0.9967336

00:10:11.580 --> 00:10:13.100 So just a little note

NOTE Confidence: 0.9967336

00:10:13.100 --> 00:10:14.300 about the different phases of

NOTE Confidence: 0.9967336

00:10:14.300 --> 00:10:15.740 recovery and how we think

NOTE Confidence: 0.9967336

00:10:15.740 --> 00:10:16.480 about them.

NOTE Confidence: 0.721666

00:10:19.340 --> 00:10:20.080 Think of

NOTE Confidence: 0.94692886

00:10:20.765 --> 00:10:22.045 them in three main phases.

NOTE Confidence: 0.94692886

00:10:22.045 --> 00:10:23.645 We've got the engagement phase

NOTE Confidence: 0.94692886

00:10:23.645 --> 00:10:24.925 or the acute phase, which

NOTE Confidence: 0.94692886

00:10:24.925 --> 00:10:25.425 is
NOTE Confidence: 0.9287769
00:10:25.965 --> 00:10:27.005 right when someone you know,
NOTE Confidence: 0.9287769
00:10:27.005 --> 00:10:28.205 as as it kinda sounds
NOTE Confidence: 0.9287769
00:10:28.205 --> 00:10:30.365 like maybe there's acute symptoms
NOTE Confidence: 0.9287769
00:10:30.365 --> 00:10:31.645 coming on. This might be
NOTE Confidence: 0.9287769
00:10:31.645 --> 00:10:32.625 right when someone
NOTE Confidence: 0.99811596
00:10:33.085 --> 00:10:35.080 is, coming to us from
NOTE Confidence: 0.99811596
00:10:35.080 --> 00:10:35.660 a hospitalization
NOTE Confidence: 0.8941914
00:10:36.440 --> 00:10:36.940 or
NOTE Confidence: 0.97757477
00:10:37.399 --> 00:10:39.080 their first, perhaps, entry into
NOTE Confidence: 0.97757477
00:10:39.080 --> 00:10:40.120 care. They they might be
NOTE Confidence: 0.97757477
00:10:40.120 --> 00:10:42.520 coming in and experiencing kind
NOTE Confidence: 0.97757477
00:10:42.520 --> 00:10:43.500 of acute symptoms.
NOTE Confidence: 0.9600943
00:10:45.720 --> 00:10:46.920 And this is really gonna
NOTE Confidence: 0.9600943
00:10:46.920 --> 00:10:48.380 be, you know, thinking about
NOTE Confidence: 0.9600943
00:10:48.440 --> 00:10:50.084 interrupted narratives here is what

NOTE Confidence: 0.9600943
00:10:50.084 --> 00:10:52.005 we're engaging around. Like, okay.
NOTE Confidence: 0.9600943
00:10:52.005 --> 00:10:53.684 This the onset of these
NOTE Confidence: 0.9600943
00:10:53.684 --> 00:10:55.524 symptoms or these experiences or
NOTE Confidence: 0.9600943
00:10:55.524 --> 00:10:56.804 this episode is causing, you
NOTE Confidence: 0.9600943
00:10:56.804 --> 00:10:57.845 know, an interruption in my
NOTE Confidence: 0.9600943
00:10:57.845 --> 00:10:59.365 work or my relationships or
NOTE Confidence: 0.9600943
00:10:59.365 --> 00:11:00.264 my school functioning.
NOTE Confidence: 0.99665505
00:11:01.445 --> 00:11:02.485 And you're really just trying
NOTE Confidence: 0.99665505
00:11:02.485 --> 00:11:03.785 to kind of help stabilize
NOTE Confidence: 0.99665505
00:11:03.845 --> 00:11:04.345 someone,
NOTE Confidence: 0.9717349
00:11:05.059 --> 00:11:06.179 help connect them to care,
NOTE Confidence: 0.9717349
00:11:06.179 --> 00:11:07.559 develop some type of relationship.
NOTE Confidence: 0.9963189
00:11:08.339 --> 00:11:09.559 Then we've got the stabilization
NOTE Confidence: 0.9963189
00:11:09.779 --> 00:11:10.279 phase
NOTE Confidence: 0.9076373
00:11:11.139 --> 00:11:11.639 where,
NOTE Confidence: 0.9925969

00:11:12.260 --> 00:11:13.620 you know, we've been able
NOTE Confidence: 0.9925969

00:11:13.620 --> 00:11:14.120 to,
NOTE Confidence: 0.9997292

00:11:15.380 --> 00:11:16.920 minimize some of the impairments
NOTE Confidence: 0.9997292

00:11:16.980 --> 00:11:17.959 related to
NOTE Confidence: 0.98665714

00:11:18.425 --> 00:11:20.184 symptoms. Maybe not completely gone,
NOTE Confidence: 0.98665714

00:11:20.184 --> 00:11:21.704 maybe not complete symptom remission,
NOTE Confidence: 0.98665714

00:11:21.704 --> 00:11:23.644 but someone is more
NOTE Confidence: 0.976336

00:11:23.945 --> 00:11:24.925 doing more stable.
NOTE Confidence: 0.90587294

00:11:26.264 --> 00:11:28.125 And then recovery phase.
NOTE Confidence: 0.99840564

00:11:28.505 --> 00:11:30.524 Patient is, you know, actively
NOTE Confidence: 0.99840564

00:11:30.665 --> 00:11:31.565 working on
NOTE Confidence: 0.9780976

00:11:31.945 --> 00:11:33.464 various goals that are important
NOTE Confidence: 0.9780976

00:11:33.464 --> 00:11:35.269 to them, social, educational,
NOTE Confidence: 0.99200124

00:11:35.730 --> 00:11:36.230 vocational,
NOTE Confidence: 0.9933035

00:11:37.570 --> 00:11:39.029 actively learning strategies,
NOTE Confidence: 0.9977667

00:11:39.649 --> 00:11:41.429 moving towards self management,

NOTE Confidence: 0.96953815
00:11:42.370 --> 00:11:43.649 of their experience, of their
NOTE Confidence: 0.96953815
00:11:43.649 --> 00:11:44.149 illness.
NOTE Confidence: 0.9996401
00:11:44.850 --> 00:11:45.350 So
NOTE Confidence: 0.899999
00:11:45.970 --> 00:11:47.429 these phases are not linear.
NOTE Confidence: 0.99827373
00:11:47.795 --> 00:11:49.155 There's no there's no perfect
NOTE Confidence: 0.99827373
00:11:49.155 --> 00:11:50.595 way to describe it. It's
NOTE Confidence: 0.99827373
00:11:50.595 --> 00:11:51.575 really not uncommon
NOTE Confidence: 0.99760795
00:11:52.355 --> 00:11:54.035 for patients to move in
NOTE Confidence: 0.99760795
00:11:54.035 --> 00:11:55.235 and out of these phases
NOTE Confidence: 0.99760795
00:11:55.235 --> 00:11:56.675 or cycle through them several
NOTE Confidence: 0.99760795
00:11:56.675 --> 00:11:57.175 times,
NOTE Confidence: 0.98464125
00:11:58.035 --> 00:12:00.035 before reaching a more sustained
NOTE Confidence: 0.98464125
00:12:00.035 --> 00:12:02.130 recovery phase. And so it's
NOTE Confidence: 0.98464125
00:12:02.290 --> 00:12:03.330 it's important for an early
NOTE Confidence: 0.98464125
00:12:03.330 --> 00:12:05.010 intervention service provider to to
NOTE Confidence: 0.98464125

00:12:05.010 --> 00:12:06.370 just really be flexible with
NOTE Confidence: 0.98464125

00:12:06.370 --> 00:12:08.790 that, to recognize that someone
NOTE Confidence: 0.97856045

00:12:09.250 --> 00:12:10.050 might come in in a
NOTE Confidence: 0.97856045

00:12:10.050 --> 00:12:11.250 completely different place than they
NOTE Confidence: 0.97856045

00:12:11.250 --> 00:12:12.130 were in a couple weeks
NOTE Confidence: 0.97856045

00:12:12.130 --> 00:12:12.630 ago
NOTE Confidence: 0.9302134

00:12:13.090 --> 00:12:14.370 or that it might take
NOTE Confidence: 0.9302134

00:12:14.370 --> 00:12:14.950 a couple,
NOTE Confidence: 0.9750371

00:12:16.135 --> 00:12:17.915 instances of engaging in care,
NOTE Confidence: 0.9804763

00:12:19.495 --> 00:12:20.934 before we can reach the
NOTE Confidence: 0.9804763

00:12:20.934 --> 00:12:23.095 recovery phase. And just having
NOTE Confidence: 0.9804763

00:12:23.095 --> 00:12:23.915 that kind of,
NOTE Confidence: 0.99293107

00:12:24.695 --> 00:12:26.075 you know, be an expectation
NOTE Confidence: 0.89040744

00:12:27.175 --> 00:12:29.495 and also letting families know
NOTE Confidence: 0.89040744

00:12:29.495 --> 00:12:30.795 that that that's not uncommon.
NOTE Confidence: 0.9522249

00:12:31.880 --> 00:12:33.160 What we're gonna strive towards

NOTE Confidence: 0.9522249
00:12:33.160 --> 00:12:34.280 kind of work having someone
NOTE Confidence: 0.9522249
00:12:34.280 --> 00:12:35.640 work on meaningful goals for
NOTE Confidence: 0.9522249
00:12:35.640 --> 00:12:37.740 them and and helping minimize
NOTE Confidence: 0.9522249
00:12:37.800 --> 00:12:39.160 the impact of their symptoms
NOTE Confidence: 0.9522249
00:12:39.160 --> 00:12:40.460 as as soon as possible.
NOTE Confidence: 0.977207
00:12:41.000 --> 00:12:41.500 And
NOTE Confidence: 0.98497915
00:12:42.679 --> 00:12:44.120 but recognizing that folks do
NOTE Confidence: 0.98497915
00:12:44.120 --> 00:12:45.415 kind of cycle in and
NOTE Confidence: 0.98497915
00:12:45.415 --> 00:12:46.375 out of these, and that's,
NOTE Confidence: 0.98497915
00:12:46.375 --> 00:12:47.595 again, not an uncommon
NOTE Confidence: 0.998516
00:12:48.214 --> 00:12:48.714 occurrence.
NOTE Confidence: 0.99821067
00:12:51.574 --> 00:12:52.074 So
NOTE Confidence: 0.98710394
00:12:52.774 --> 00:12:53.975 these elements of care that
NOTE Confidence: 0.98710394
00:12:53.975 --> 00:12:54.875 I've talked about.
NOTE Confidence: 0.9878731
00:12:56.054 --> 00:12:57.434 So at step, we've identified
NOTE Confidence: 0.9878731

00:12:57.574 --> 00:12:59.095 six main elements of care.
NOTE Confidence: 0.9878731

00:12:59.095 --> 00:13:00.809 These will look pretty similar
NOTE Confidence: 0.9878731

00:13:00.809 --> 00:13:03.389 across coordinated specialty care programs
NOTE Confidence: 0.9955147

00:13:03.690 --> 00:13:05.050 across the country, across the
NOTE Confidence: 0.9955147

00:13:05.050 --> 00:13:05.550 world.
NOTE Confidence: 0.9979335

00:13:07.050 --> 00:13:08.410 Different places might call them
NOTE Confidence: 0.9979335

00:13:08.410 --> 00:13:09.550 slightly different things.
NOTE Confidence: 0.9782553

00:13:10.009 --> 00:13:10.509 So,
NOTE Confidence: 0.99910814

00:13:11.130 --> 00:13:12.329 again, I mentioned that all
NOTE Confidence: 0.99910814

00:13:12.329 --> 00:13:13.309 of these are,
NOTE Confidence: 0.9429679

00:13:13.655 --> 00:13:14.775 you know, tailored to the
NOTE Confidence: 0.9429679

00:13:14.775 --> 00:13:16.395 individual phase specific,
NOTE Confidence: 0.99637544

00:13:17.655 --> 00:13:18.615 but these are all things
NOTE Confidence: 0.99637544

00:13:18.615 --> 00:13:19.895 that we we offer at
NOTE Confidence: 0.99637544

00:13:19.895 --> 00:13:20.955 our clinic. So,
NOTE Confidence: 0.9705231

00:13:21.895 --> 00:13:23.735 you know, there previously was

NOTE Confidence: 0.9705231
00:13:23.735 --> 00:13:24.955 the myth that
NOTE Confidence: 0.9457995
00:13:25.335 --> 00:13:26.955 that perhaps some folks still,
NOTE Confidence: 0.887894
00:13:28.320 --> 00:13:29.600 wonder about that, you know,
NOTE Confidence: 0.887894
00:13:29.600 --> 00:13:30.100 oh,
NOTE Confidence: 0.9698105
00:13:30.800 --> 00:13:31.300 antipsychotic
NOTE Confidence: 0.9449511
00:13:31.600 --> 00:13:32.960 medication, you know, given that
NOTE Confidence: 0.9449511
00:13:32.960 --> 00:13:34.000 it's a it is a
NOTE Confidence: 0.9449511
00:13:34.000 --> 00:13:35.380 front frontline treatment,
NOTE Confidence: 0.9859674
00:13:36.640 --> 00:13:38.500 for the experience of psychosis
NOTE Confidence: 0.9859674
00:13:38.720 --> 00:13:40.320 and and schizophrenia, that that's
NOTE Confidence: 0.9859674
00:13:40.320 --> 00:13:41.725 all that's needed. I'm here
NOTE Confidence: 0.9859674
00:13:41.725 --> 00:13:42.684 to say, of course, that
NOTE Confidence: 0.9859674
00:13:42.684 --> 00:13:43.965 is that is absolutely not
NOTE Confidence: 0.9859674
00:13:43.965 --> 00:13:45.485 the case. It's important to
NOTE Confidence: 0.9859674
00:13:45.485 --> 00:13:45.985 offer,
NOTE Confidence: 0.9996489

00:13:46.684 --> 00:13:47.345 a variety
NOTE Confidence: 0.9912256

00:13:48.365 --> 00:13:49.025 of psychosocial,
NOTE Confidence: 0.99064815

00:13:50.045 --> 00:13:52.145 interventions and options for folks.
NOTE Confidence: 0.99038565

00:13:53.570 --> 00:13:54.450 And there's although we know
NOTE Confidence: 0.99038565

00:13:54.450 --> 00:13:55.649 that it can be incredibly
NOTE Confidence: 0.99038565

00:13:55.649 --> 00:13:57.750 effective at reducing positive symptoms,
NOTE Confidence: 0.65247387

00:13:58.850 --> 00:14:00.149 anticyclonic medication,
NOTE Confidence: 0.9456214

00:14:00.529 --> 00:14:01.830 this is not a requirement,
NOTE Confidence: 0.9456214

00:14:02.050 --> 00:14:03.570 right, of of being engaged
NOTE Confidence: 0.9456214

00:14:03.570 --> 00:14:05.589 in early intervention care.
NOTE Confidence: 0.9756052

00:14:06.005 --> 00:14:06.964 And as we know in,
NOTE Confidence: 0.9756052

00:14:07.205 --> 00:14:09.464 Connecticut, that's not something that,
NOTE Confidence: 0.9993195

00:14:10.165 --> 00:14:11.365 can be mandated on an
NOTE Confidence: 0.9993195

00:14:11.365 --> 00:14:12.425 outpatient basis.
NOTE Confidence: 0.9994293

00:14:13.125 --> 00:14:13.625 So
NOTE Confidence: 0.99215186

00:14:14.565 --> 00:14:15.845 the six elements, and I'm

NOTE Confidence: 0.99215186

00:14:15.845 --> 00:14:17.125 gonna cover some of these

NOTE Confidence: 0.99215186

00:14:17.125 --> 00:14:17.625 today,

NOTE Confidence: 0.9186406

00:14:20.310 --> 00:14:21.290 include psychotherapy.

NOTE Confidence: 0.93489826

00:14:21.750 --> 00:14:23.190 So that can look a

NOTE Confidence: 0.93489826

00:14:23.190 --> 00:14:24.490 lot of different ways both

NOTE Confidence: 0.93489826

00:14:24.630 --> 00:14:25.910 on an individual or group

NOTE Confidence: 0.93489826

00:14:25.910 --> 00:14:27.350 basis. At step, it's largely

NOTE Confidence: 0.93489826

00:14:27.350 --> 00:14:27.850 individual

NOTE Confidence: 0.8880702

00:14:28.470 --> 00:14:28.970 basis.

NOTE Confidence: 0.7100722

00:14:31.029 --> 00:14:31.529 Pharmacotherapy.

NOTE Confidence: 0.9963808

00:14:32.149 --> 00:14:33.015 So, you know,

NOTE Confidence: 0.8710629

00:14:33.575 --> 00:14:35.575 medication and health promotion. We

NOTE Confidence: 0.8710629

00:14:35.575 --> 00:14:36.795 kind of have those combined.

NOTE Confidence: 0.9383178

00:14:37.255 --> 00:14:38.215 Often the role of a

NOTE Confidence: 0.9383178

00:14:38.215 --> 00:14:39.975 psychiatrist or an APRN or

NOTE Confidence: 0.9383178

00:14:39.975 --> 00:14:40.635 a nurse.
NOTE Confidence: 0.9570199

00:14:42.375 --> 00:14:44.155 Support for employment and education.
NOTE Confidence: 0.9999262

00:14:46.040 --> 00:14:46.540 Ongoing
NOTE Confidence: 0.9968797

00:14:46.920 --> 00:14:48.220 longitudinal evaluation,
NOTE Confidence: 0.978994

00:14:49.959 --> 00:14:51.339 family support and education,
NOTE Confidence: 0.99786025

00:14:52.040 --> 00:14:54.060 and then coordination with community
NOTE Confidence: 0.99786025

00:14:54.120 --> 00:14:54.620 supports.
NOTE Confidence: 0.9940198

00:14:56.120 --> 00:14:57.160 So we'll cover a couple
NOTE Confidence: 0.9940198

00:14:57.160 --> 00:14:58.519 of these today, and we'll
NOTE Confidence: 0.9940198

00:14:58.519 --> 00:14:59.480 cover the rest in a
NOTE Confidence: 0.9940198

00:14:59.480 --> 00:15:00.459 subsequent session.
NOTE Confidence: 0.9610568

00:15:02.345 --> 00:15:04.285 So first, just starting with
NOTE Confidence: 0.9610568

00:15:04.505 --> 00:15:06.265 psychotherapy. What might that look
NOTE Confidence: 0.9610568

00:15:06.265 --> 00:15:07.965 like in an early intervention
NOTE Confidence: 0.9610568

00:15:08.025 --> 00:15:09.085 service for schizophrenia?
NOTE Confidence: 0.9993425

00:15:11.145 --> 00:15:11.645 So

NOTE Confidence: 0.9590561
00:15:12.265 --> 00:15:13.625 lots of information on this
NOTE Confidence: 0.9590561
00:15:13.625 --> 00:15:15.320 slide. I'm not gonna go
NOTE Confidence: 0.9590561
00:15:15.320 --> 00:15:16.920 into or or demo this
NOTE Confidence: 0.9590561
00:15:16.920 --> 00:15:18.280 for our overview course today,
NOTE Confidence: 0.9590561
00:15:18.280 --> 00:15:19.560 although we do have various
NOTE Confidence: 0.9590561
00:15:19.560 --> 00:15:21.320 resources on our website if
NOTE Confidence: 0.9590561
00:15:21.320 --> 00:15:22.920 you wanna kinda look at
NOTE Confidence: 0.9590561
00:15:22.920 --> 00:15:23.960 in more depth of, like,
NOTE Confidence: 0.9590561
00:15:23.960 --> 00:15:25.100 what some of these strategies
NOTE Confidence: 0.9590561
00:15:25.160 --> 00:15:26.300 look like in practice.
NOTE Confidence: 0.9847944
00:15:27.160 --> 00:15:28.520 But here's just a kind
NOTE Confidence: 0.9847944
00:15:28.520 --> 00:15:29.900 of an overlay of
NOTE Confidence: 0.97839504
00:15:30.295 --> 00:15:31.495 some of the things that
NOTE Confidence: 0.97839504
00:15:31.495 --> 00:15:33.015 we might engage in in
NOTE Confidence: 0.97839504
00:15:33.015 --> 00:15:34.075 individual psychotherapy.
NOTE Confidence: 0.7795798

00:15:35.495 --> 00:15:35.995 So,
NOTE Confidence: 0.8753921

00:15:37.015 --> 00:15:37.515 certainly,
NOTE Confidence: 0.95924735

00:15:38.695 --> 00:15:39.895 and and as we mentioned
NOTE Confidence: 0.95924735

00:15:39.895 --> 00:15:40.875 some of those principles,
NOTE Confidence: 0.9503258

00:15:41.335 --> 00:15:42.615 wanting things to be evidence
NOTE Confidence: 0.9503258

00:15:42.615 --> 00:15:44.315 based. So at Step, we
NOTE Confidence: 0.9503258

00:15:44.510 --> 00:15:46.270 we flexibly implement a variety
NOTE Confidence: 0.9503258

00:15:46.270 --> 00:15:48.290 of evidence based therapeutic techniques,
NOTE Confidence: 0.9731167

00:15:48.910 --> 00:15:50.270 pulling from a lot of
NOTE Confidence: 0.9731167

00:15:50.270 --> 00:15:52.290 different evidence based strategies including
NOTE Confidence: 0.9731167

00:15:52.589 --> 00:15:54.370 CBT, CBT for psychosis,
NOTE Confidence: 0.9930558

00:15:55.230 --> 00:15:56.850 dialectical behavior therapy,
NOTE Confidence: 0.9280675

00:15:57.645 --> 00:15:58.865 family focused treatment,
NOTE Confidence: 0.9533212

00:15:59.645 --> 00:16:01.665 social skills training for schizophrenia,
NOTE Confidence: 0.9533212

00:16:01.885 --> 00:16:03.905 social cognition interaction training.
NOTE Confidence: 0.92064285

00:16:04.445 --> 00:16:05.565 It's not limited. We think

NOTE Confidence: 0.92064285
00:16:05.565 --> 00:16:07.485 that there's a part of
NOTE Confidence: 0.92064285
00:16:07.485 --> 00:16:07.985 kind
NOTE Confidence: 0.94400245
00:16:08.525 --> 00:16:09.965 of providing that patient centered
NOTE Confidence: 0.94400245
00:16:09.965 --> 00:16:11.730 care and phase specific is
NOTE Confidence: 0.94400245
00:16:11.889 --> 00:16:12.850 is being able to kind
NOTE Confidence: 0.94400245
00:16:12.850 --> 00:16:13.990 of flexibly implement
NOTE Confidence: 0.97796535
00:16:14.449 --> 00:16:16.370 these interventions based on the
NOTE Confidence: 0.97796535
00:16:16.370 --> 00:16:18.389 client's presentations, needs, and preferences.
NOTE Confidence: 0.99906963
00:16:19.490 --> 00:16:19.990 So
NOTE Confidence: 0.9851983
00:16:21.089 --> 00:16:22.470 first bullet point here,
NOTE Confidence: 0.9997104
00:16:23.010 --> 00:16:23.510 engagement
NOTE Confidence: 0.9954067
00:16:23.889 --> 00:16:25.670 and developing a shared understanding
NOTE Confidence: 0.9954067
00:16:25.730 --> 00:16:27.269 of experiences and goals.
NOTE Confidence: 0.95101047
00:16:27.705 --> 00:16:29.225 I think this is a
NOTE Confidence: 0.95101047
00:16:29.225 --> 00:16:31.465 really key piece of what
NOTE Confidence: 0.95101047

00:16:31.465 --> 00:16:33.165 is done in early intervention
NOTE Confidence: 0.95101047

00:16:33.225 --> 00:16:33.725 service.
NOTE Confidence: 0.99486744

00:16:34.425 --> 00:16:35.165 And as
NOTE Confidence: 0.94882584

00:16:35.625 --> 00:16:36.985 folks know with working with,
NOTE Confidence: 0.94882584

00:16:37.385 --> 00:16:39.245 perhaps older, more chronic populations
NOTE Confidence: 0.94882584

00:16:39.385 --> 00:16:41.305 or or different populations of
NOTE Confidence: 0.94882584

00:16:41.305 --> 00:16:43.100 folks. Right? Engagement in the
NOTE Confidence: 0.94882584

00:16:43.100 --> 00:16:44.620 alliance is is key to
NOTE Confidence: 0.94882584

00:16:44.620 --> 00:16:45.440 any important,
NOTE Confidence: 0.9983501

00:16:46.140 --> 00:16:48.000 and successful therapeutic intervention.
NOTE Confidence: 0.99934584

00:16:49.340 --> 00:16:50.480 I think it's particularly
NOTE Confidence: 0.9714795

00:16:51.340 --> 00:16:52.540 important and can take up
NOTE Confidence: 0.9714795

00:16:52.540 --> 00:16:53.660 a a lot of time
NOTE Confidence: 0.9714795

00:16:53.660 --> 00:16:55.580 when working with both young
NOTE Confidence: 0.9714795

00:16:55.580 --> 00:16:56.080 adults
NOTE Confidence: 0.99978155

00:16:56.705 --> 00:16:57.765 as well as

NOTE Confidence: 0.851527
00:16:59.105 --> 00:17:00.885 individuals experiencing psychosis,
NOTE Confidence: 0.9727386
00:17:01.265 --> 00:17:02.965 particularly young folks who
NOTE Confidence: 0.65741104
00:17:03.345 --> 00:17:03.845 perhaps
NOTE Confidence: 0.9841432
00:17:04.305 --> 00:17:05.585 this might be their first
NOTE Confidence: 0.9841432
00:17:05.585 --> 00:17:06.325 true engagement
NOTE Confidence: 0.95713806
00:17:06.705 --> 00:17:08.085 with the mental health system,
NOTE Confidence: 0.944026
00:17:08.945 --> 00:17:10.165 keeping in mind that,
NOTE Confidence: 0.9995546
00:17:11.570 --> 00:17:12.690 maybe they had an acute
NOTE Confidence: 0.9995546
00:17:12.690 --> 00:17:13.190 interaction
NOTE Confidence: 0.9997904
00:17:14.210 --> 00:17:15.030 with the
NOTE Confidence: 0.9526505
00:17:16.210 --> 00:17:18.550 emergency services or inpatient unit,
NOTE Confidence: 0.9526505
00:17:18.770 --> 00:17:19.970 but perhaps they've never really
NOTE Confidence: 0.9526505
00:17:19.970 --> 00:17:21.730 opened up and told anyone
NOTE Confidence: 0.9526505
00:17:21.730 --> 00:17:22.929 about this before. Maybe they've
NOTE Confidence: 0.9526505
00:17:22.929 --> 00:17:24.150 spent a couple years
NOTE Confidence: 0.9695901

00:17:25.455 --> 00:17:27.054 socially isolating, trying to keep

NOTE Confidence: 0.9695901

00:17:27.054 --> 00:17:28.575 these symptoms to themselves and

NOTE Confidence: 0.9695901

00:17:28.575 --> 00:17:29.395 self manage.

NOTE Confidence: 0.99957174

00:17:29.775 --> 00:17:30.275 So

NOTE Confidence: 0.96104115

00:17:30.654 --> 00:17:32.255 really thinking about engagement is

NOTE Confidence: 0.96104115

00:17:32.255 --> 00:17:33.715 such a key piece that

NOTE Confidence: 0.96104115

00:17:33.855 --> 00:17:34.835 for some folks,

NOTE Confidence: 0.98193806

00:17:35.855 --> 00:17:36.895 take a long time. You

NOTE Confidence: 0.98193806

00:17:36.895 --> 00:17:38.595 sit in this engagement stage

NOTE Confidence: 0.98193806

00:17:38.880 --> 00:17:40.000 for quite a while. Other

NOTE Confidence: 0.98193806

00:17:40.000 --> 00:17:41.280 folks kinda come in and

NOTE Confidence: 0.98193806

00:17:41.280 --> 00:17:42.420 and move right along

NOTE Confidence: 0.9526343

00:17:42.880 --> 00:17:44.180 and say, like, help me

NOTE Confidence: 0.9526343

00:17:44.400 --> 00:17:45.859 keep these symptoms away.

NOTE Confidence: 0.9206681

00:17:47.119 --> 00:17:48.580 And again, it can fluctuate,

NOTE Confidence: 0.99464095

00:17:49.920 --> 00:17:51.440 within the person over their

NOTE Confidence: 0.99464095
00:17:51.440 --> 00:17:52.340 course of treatment.
NOTE Confidence: 0.9981515
00:17:53.875 --> 00:17:55.494 So without going into detail
NOTE Confidence: 0.9981515
00:17:55.555 --> 00:17:56.835 about what all of these
NOTE Confidence: 0.9981515
00:17:56.835 --> 00:17:57.895 strategies entail,
NOTE Confidence: 0.9682782
00:17:58.275 --> 00:17:59.095 just a couple,
NOTE Confidence: 0.98245335
00:18:00.835 --> 00:18:02.195 specific techniques. We use a
NOTE Confidence: 0.98245335
00:18:02.195 --> 00:18:03.095 lot of befriending,
NOTE Confidence: 0.9669903
00:18:05.090 --> 00:18:06.550 which is a a therapeutic
NOTE Confidence: 0.9669903
00:18:06.609 --> 00:18:08.390 technique in order to facilitate
NOTE Confidence: 0.9669903
00:18:08.450 --> 00:18:08.950 engagement.
NOTE Confidence: 0.97425216
00:18:10.850 --> 00:18:12.390 I find particularly helpful
NOTE Confidence: 0.98155415
00:18:12.770 --> 00:18:14.050 to come to this shared
NOTE Confidence: 0.98155415
00:18:14.050 --> 00:18:16.850 understanding of one's experiences is
NOTE Confidence: 0.98155415
00:18:16.850 --> 00:18:18.150 the stress bucket analogy,
NOTE Confidence: 0.8734083
00:18:19.155 --> 00:18:20.435 which is a really just
NOTE Confidence: 0.8734083

00:18:20.435 --> 00:18:21.255 like normalizing
NOTE Confidence: 0.9984846

00:18:22.195 --> 00:18:23.735 way of talking about
NOTE Confidence: 0.9621234

00:18:24.755 --> 00:18:25.255 experiences.
NOTE Confidence: 0.95909846

00:18:25.715 --> 00:18:26.595 I don't care if you
NOTE Confidence: 0.95909846

00:18:26.595 --> 00:18:28.355 wanna call it psychosis or
NOTE Confidence: 0.95909846

00:18:28.355 --> 00:18:28.855 schizophrenia,
NOTE Confidence: 0.98653877

00:18:29.555 --> 00:18:30.055 stress,
NOTE Confidence: 0.9184582

00:18:30.435 --> 00:18:30.935 anxiety,
NOTE Confidence: 0.9772381

00:18:31.315 --> 00:18:32.595 whatever it might be. We
NOTE Confidence: 0.9772381

00:18:32.595 --> 00:18:34.040 kind of develop a shared
NOTE Confidence: 0.9772381

00:18:34.040 --> 00:18:36.220 language with the young person
NOTE Confidence: 0.9772381

00:18:36.280 --> 00:18:37.240 and find a way to
NOTE Confidence: 0.9772381

00:18:37.240 --> 00:18:38.240 talk about it and find
NOTE Confidence: 0.9772381

00:18:38.240 --> 00:18:39.720 a way to kind of
NOTE Confidence: 0.9772381

00:18:39.720 --> 00:18:41.420 normalize that we all experience
NOTE Confidence: 0.9807253

00:18:42.440 --> 00:18:43.720 stress in different ways and

NOTE Confidence: 0.9807253
00:18:43.720 --> 00:18:45.340 we're vulnerable to different things.
NOTE Confidence: 0.9902427
00:18:46.785 --> 00:18:47.665 And it's a way to
NOTE Confidence: 0.9902427
00:18:47.665 --> 00:18:49.125 kind of help folks
NOTE Confidence: 0.9572641
00:18:49.505 --> 00:18:51.265 learn to recognize early warning
NOTE Confidence: 0.9572641
00:18:51.265 --> 00:18:51.765 signs.
NOTE Confidence: 0.93743545
00:18:52.705 --> 00:18:54.465 And those examples of what
NOTE Confidence: 0.93743545
00:18:54.465 --> 00:18:55.905 it looks like talking about
NOTE Confidence: 0.93743545
00:18:55.905 --> 00:18:57.605 the the stress bucket metaphor,
NOTE Confidence: 0.9997382
00:18:58.705 --> 00:19:00.005 available on our website.
NOTE Confidence: 0.98187685
00:19:01.370 --> 00:19:02.650 Often, this is also a
NOTE Confidence: 0.98187685
00:19:02.650 --> 00:19:03.530 time where you're gonna do
NOTE Confidence: 0.98187685
00:19:03.530 --> 00:19:05.290 some early values exploration and
NOTE Confidence: 0.98187685
00:19:05.290 --> 00:19:06.110 goal setting.
NOTE Confidence: 0.99407816
00:19:07.050 --> 00:19:08.090 And you're not gonna hit
NOTE Confidence: 0.99407816
00:19:08.090 --> 00:19:09.450 on every single one of
NOTE Confidence: 0.99407816

00:19:09.450 --> 00:19:11.210 these with every patient, but
NOTE Confidence: 0.99407816

00:19:11.210 --> 00:19:12.430 this is just to provide
NOTE Confidence: 0.99407816

00:19:12.490 --> 00:19:13.870 kind of an overview of
NOTE Confidence: 0.97255576

00:19:14.195 --> 00:19:15.255 what some of the strategies
NOTE Confidence: 0.97255576

00:19:15.315 --> 00:19:17.255 look like. You'll recognize that
NOTE Confidence: 0.99017745

00:19:17.795 --> 00:19:18.535 even though
NOTE Confidence: 0.99168015

00:19:18.915 --> 00:19:21.734 it's individuals experiencing schizophrenia, a
NOTE Confidence: 0.99168015

00:19:21.875 --> 00:19:22.915 lot of these strategies are
NOTE Confidence: 0.99168015

00:19:22.915 --> 00:19:23.975 not all that different
NOTE Confidence: 0.9895247

00:19:24.275 --> 00:19:25.395 from what we're doing with
NOTE Confidence: 0.9895247

00:19:25.395 --> 00:19:26.855 with folks with other presentations.
NOTE Confidence: 0.9875478

00:19:27.440 --> 00:19:28.260 There's just slight adaptations
NOTE Confidence: 0.9927596

00:19:29.119 --> 00:19:29.619 and,
NOTE Confidence: 0.9991215

00:19:30.559 --> 00:19:32.400 nuances to to pay attention
NOTE Confidence: 0.9991215

00:19:32.400 --> 00:19:32.900 to.
NOTE Confidence: 0.974475

00:19:34.559 --> 00:19:35.380 So, certainly,

NOTE Confidence: 0.996078
00:19:35.840 --> 00:19:37.040 we find it important to
NOTE Confidence: 0.996078
00:19:37.040 --> 00:19:38.100 promote skills.
NOTE Confidence: 0.95793605
00:19:40.205 --> 00:19:41.325 As I mentioned, pulling from
NOTE Confidence: 0.95793605
00:19:41.325 --> 00:19:42.445 a variety of evidence based
NOTE Confidence: 0.95793605
00:19:42.445 --> 00:19:42.945 practices,
NOTE Confidence: 0.9906724
00:19:43.484 --> 00:19:44.625 evidence based treatments.
NOTE Confidence: 0.99344856
00:19:46.365 --> 00:19:46.865 Oftentimes,
NOTE Confidence: 0.97537667
00:19:47.325 --> 00:19:48.125 you know, we we find
NOTE Confidence: 0.97537667
00:19:48.125 --> 00:19:49.565 ourselves teaching a lot of
NOTE Confidence: 0.97537667
00:19:49.565 --> 00:19:50.465 stress management,
NOTE Confidence: 0.9055927
00:19:50.845 --> 00:19:52.865 distress tolerance, grounding strategies
NOTE Confidence: 0.9930586
00:19:53.520 --> 00:19:55.040 to help folks handle acute
NOTE Confidence: 0.9930586
00:19:55.040 --> 00:19:56.340 moments and to cope.
NOTE Confidence: 0.98545533
00:19:58.320 --> 00:19:59.600 We hope to to move
NOTE Confidence: 0.98545533
00:19:59.600 --> 00:20:00.480 on to kind of some
NOTE Confidence: 0.98545533

00:20:00.480 --> 00:20:01.220 more CBT
NOTE Confidence: 0.9629035

00:20:01.680 --> 00:20:03.940 informed techniques of reality testing.
NOTE Confidence: 0.976835

00:20:04.640 --> 00:20:05.840 Sometimes there's a real need
NOTE Confidence: 0.976835

00:20:05.840 --> 00:20:06.980 for social skills
NOTE Confidence: 0.99556

00:20:07.414 --> 00:20:08.554 training or development.
NOTE Confidence: 0.9888204

00:20:09.174 --> 00:20:10.155 We know that,
NOTE Confidence: 0.95068854

00:20:10.775 --> 00:20:12.475 social cognition can be impacted
NOTE Confidence: 0.95068854

00:20:12.695 --> 00:20:15.174 in schizophrenia. And so sometimes
NOTE Confidence: 0.95068854

00:20:15.174 --> 00:20:15.674 there's
NOTE Confidence: 0.94727796

00:20:16.054 --> 00:20:17.095 a a need to do
NOTE Confidence: 0.94727796

00:20:17.095 --> 00:20:18.234 some formal practicing,
NOTE Confidence: 0.9976684

00:20:20.100 --> 00:20:21.700 helping folks create their own
NOTE Confidence: 0.9976684

00:20:21.700 --> 00:20:23.320 coping cards and safety plans.
NOTE Confidence: 0.9337263

00:20:25.140 --> 00:20:26.100 Then there's the kind of
NOTE Confidence: 0.9337263

00:20:26.100 --> 00:20:28.200 the more in-depth cognitive work.
NOTE Confidence: 0.99781513

00:20:29.140 --> 00:20:30.020 And none of this is

NOTE Confidence: 0.99781513
00:20:30.020 --> 00:20:30.520 necessarily
NOTE Confidence: 0.97867846
00:20:31.540 --> 00:20:33.060 in orders. People can flex
NOTE Confidence: 0.97867846
00:20:33.060 --> 00:20:33.940 in and out of this,
NOTE Confidence: 0.97867846
00:20:33.940 --> 00:20:34.440 but
NOTE Confidence: 0.99943185
00:20:34.815 --> 00:20:35.695 we can refer to it
NOTE Confidence: 0.99943185
00:20:35.695 --> 00:20:36.514 as, you know,
NOTE Confidence: 0.9971879
00:20:36.815 --> 00:20:38.335 cognitive work or changing our
NOTE Confidence: 0.9971879
00:20:38.335 --> 00:20:40.034 relationship to internal experiences.
NOTE Confidence: 0.99683625
00:20:40.894 --> 00:20:41.855 Right? And we know those
NOTE Confidence: 0.99683625
00:20:41.855 --> 00:20:43.134 internal experiences could be a
NOTE Confidence: 0.99683625
00:20:43.134 --> 00:20:44.174 lot of different things. It
NOTE Confidence: 0.99683625
00:20:44.174 --> 00:20:44.835 could be,
NOTE Confidence: 0.9951014
00:20:46.095 --> 00:20:47.475 distress related to
NOTE Confidence: 0.99276096
00:20:48.240 --> 00:20:49.840 voices or the interpretation of
NOTE Confidence: 0.99276096
00:20:49.840 --> 00:20:50.340 such,
NOTE Confidence: 0.995841

00:20:51.600 --> 00:20:53.840 different suspicious or paranoid beliefs,
NOTE Confidence: 0.995841

00:20:53.840 --> 00:20:54.340 etcetera.
NOTE Confidence: 0.9738141

00:20:55.760 --> 00:20:56.800 So here, you can really
NOTE Confidence: 0.9738141

00:20:56.800 --> 00:20:58.720 pull from cognitive behavioral therapy
NOTE Confidence: 0.9738141

00:20:58.720 --> 00:21:00.020 for psychosis approaches,
NOTE Confidence: 0.9995535

00:21:01.200 --> 00:21:02.420 using a lot of
NOTE Confidence: 0.9739344

00:21:02.925 --> 00:21:03.905 Socratic questioning,
NOTE Confidence: 0.942319

00:21:04.205 --> 00:21:04.705 normalizing,
NOTE Confidence: 0.7168666

00:21:05.244 --> 00:21:05.744 collaboration.
NOTE Confidence: 0.8801607

00:21:07.244 --> 00:21:09.105 You can introduce cognitive restructuring.
NOTE Confidence: 0.95861286

00:21:11.165 --> 00:21:13.005 Acceptance based and compassion focused
NOTE Confidence: 0.95861286

00:21:13.005 --> 00:21:14.605 strategies are also evidence based
NOTE Confidence: 0.95861286

00:21:14.605 --> 00:21:15.825 and can be really helpful.
NOTE Confidence: 0.99743265

00:21:16.340 --> 00:21:17.160 I particularly find
NOTE Confidence: 0.9814211

00:21:17.540 --> 00:21:18.280 those strategies,
NOTE Confidence: 0.9998145

00:21:20.020 --> 00:21:21.000 helpful for

NOTE Confidence: 0.98907167
00:21:21.619 --> 00:21:22.580 sometimes when I've got I've
NOTE Confidence: 0.98907167
00:21:22.580 --> 00:21:23.540 got those folks who are
NOTE Confidence: 0.98907167
00:21:23.540 --> 00:21:24.660 so good at coming up
NOTE Confidence: 0.98907167
00:21:24.660 --> 00:21:25.800 with, evidence
NOTE Confidence: 0.911843
00:21:26.900 --> 00:21:28.920 for and against their delusions
NOTE Confidence: 0.911843
00:21:28.980 --> 00:21:30.315 and their they could just
NOTE Confidence: 0.911843
00:21:30.315 --> 00:21:31.434 stay in that battle all
NOTE Confidence: 0.911843
00:21:31.434 --> 00:21:32.335 day long, then
NOTE Confidence: 0.9700071
00:21:32.715 --> 00:21:33.914 I often would implement like,
NOTE Confidence: 0.9700071
00:21:33.914 --> 00:21:35.195 okay. Hang on. Let's let's
NOTE Confidence: 0.9700071
00:21:35.195 --> 00:21:36.075 not get tied up in
NOTE Confidence: 0.9700071
00:21:36.075 --> 00:21:37.034 this so much. Like, is
NOTE Confidence: 0.9700071
00:21:37.034 --> 00:21:37.755 there a way we can
NOTE Confidence: 0.9700071
00:21:37.755 --> 00:21:39.115 bring a more acceptance based
NOTE Confidence: 0.9700071
00:21:39.115 --> 00:21:39.615 framework
NOTE Confidence: 0.9920823

00:21:40.075 --> 00:21:40.734 to this?
NOTE Confidence: 0.88150454

00:21:42.830 --> 00:21:43.490 And, certainly,
NOTE Confidence: 0.9967696

00:21:43.790 --> 00:21:45.070 regardless of what's going on
NOTE Confidence: 0.9967696

00:21:45.070 --> 00:21:46.430 for someone, we wanna help
NOTE Confidence: 0.9967696

00:21:46.430 --> 00:21:48.190 people kind of cultivate a
NOTE Confidence: 0.9967696

00:21:48.190 --> 00:21:49.250 life worth living
NOTE Confidence: 0.8808198

00:21:49.630 --> 00:21:50.750 or a rich and meaningful
NOTE Confidence: 0.8808198

00:21:50.750 --> 00:21:51.570 life. So,
NOTE Confidence: 0.9994533

00:21:52.270 --> 00:21:52.770 again,
NOTE Confidence: 0.9888961

00:21:53.630 --> 00:21:55.650 just like any other, therapeutic
NOTE Confidence: 0.9888961

00:21:55.790 --> 00:21:57.435 relationship, you can spend time
NOTE Confidence: 0.9888961

00:21:57.675 --> 00:21:58.735 exploring values.
NOTE Confidence: 0.9970557

00:21:59.275 --> 00:22:00.315 We want things to be
NOTE Confidence: 0.9970557

00:22:00.315 --> 00:22:01.995 anchored and oriented around goals
NOTE Confidence: 0.9970557

00:22:01.995 --> 00:22:03.115 that are meaningful to the
NOTE Confidence: 0.9970557

00:22:03.115 --> 00:22:03.855 young person,

NOTE Confidence: 0.9515381

00:22:04.315 --> 00:22:05.755 not just right meaningful to

NOTE Confidence: 0.9515381

00:22:05.755 --> 00:22:07.215 the provider or the family,

NOTE Confidence: 0.90031487

00:22:08.875 --> 00:22:10.715 and various therapeutic topics. Right?

NOTE Confidence: 0.90031487

00:22:10.715 --> 00:22:11.250 So it

NOTE Confidence: 0.9812967

00:22:11.730 --> 00:22:13.430 not everyone is gonna, again,

NOTE Confidence: 0.9812967

00:22:13.490 --> 00:22:14.530 hit on all of these

NOTE Confidence: 0.9812967

00:22:14.530 --> 00:22:15.030 categories,

NOTE Confidence: 0.9516191

00:22:16.130 --> 00:22:17.330 but absolutely some of the

NOTE Confidence: 0.9516191

00:22:17.330 --> 00:22:19.010 work with young folks or

NOTE Confidence: 0.9516191

00:22:19.010 --> 00:22:19.910 folks experiencing,

NOTE Confidence: 0.9672593

00:22:20.450 --> 00:22:22.470 you know, schizophrenia can be,

NOTE Confidence: 0.9518101

00:22:24.465 --> 00:22:26.325 have common themes of processing

NOTE Confidence: 0.9518101

00:22:26.385 --> 00:22:27.984 past episodes. What did that

NOTE Confidence: 0.9518101

00:22:27.984 --> 00:22:28.484 mean?

NOTE Confidence: 0.9869858

00:22:29.025 --> 00:22:30.225 What what was going on

NOTE Confidence: 0.9869858

00:22:30.225 --> 00:22:32.005 in that situation? How does,
NOTE Confidence: 0.9957259

00:22:32.945 --> 00:22:34.625 this experience of psychosis or
NOTE Confidence: 0.9957259

00:22:34.625 --> 00:22:36.085 this diagnosis of schizophrenia
NOTE Confidence: 0.9977166

00:22:36.785 --> 00:22:37.924 impact my identity?
NOTE Confidence: 0.992845

00:22:38.460 --> 00:22:39.419 How do I wanna think
NOTE Confidence: 0.992845

00:22:39.419 --> 00:22:40.320 about disclosure
NOTE Confidence: 0.9908744

00:22:41.580 --> 00:22:43.260 to employers, to friends, to
NOTE Confidence: 0.9908744

00:22:43.260 --> 00:22:44.700 family members? Do I want
NOTE Confidence: 0.9908744

00:22:44.700 --> 00:22:45.899 to do that? Should I
NOTE Confidence: 0.9908744

00:22:46.140 --> 00:22:46.640 etcetera.
NOTE Confidence: 0.9163656

00:22:47.500 --> 00:22:48.460 How do I develop the
NOTE Confidence: 0.9163656

00:22:48.460 --> 00:22:50.240 autonomy in this? So,
NOTE Confidence: 0.9849702

00:22:50.619 --> 00:22:52.655 really, just a wide range.
NOTE Confidence: 0.9849702

00:22:52.815 --> 00:22:54.355 It's it's not all about,
NOTE Confidence: 0.9964131

00:22:55.535 --> 00:22:56.355 again, just
NOTE Confidence: 0.99816626

00:22:56.734 --> 00:22:58.355 getting rid of positive symptoms

NOTE Confidence: 0.9706809
00:22:58.895 --> 00:23:00.575 and teaching skills. We we
NOTE Confidence: 0.9706809
00:23:00.575 --> 00:23:01.955 can really pull from
NOTE Confidence: 0.9984236
00:23:02.575 --> 00:23:03.795 a lot of different therapeutic
NOTE Confidence: 0.99919885
00:23:04.255 --> 00:23:04.755 interventions
NOTE Confidence: 0.99790925
00:23:05.490 --> 00:23:05.990 And
NOTE Confidence: 0.7802316
00:23:06.369 --> 00:23:06.869 folks,
NOTE Confidence: 0.96828663
00:23:08.290 --> 00:23:10.070 the the presentations really vary.
NOTE Confidence: 0.9772713
00:23:10.690 --> 00:23:11.910 And I can speak from
NOTE Confidence: 0.9772713
00:23:12.050 --> 00:23:13.250 what, you know, what that
NOTE Confidence: 0.9772713
00:23:13.250 --> 00:23:14.530 looks like specifically in our
NOTE Confidence: 0.9772713
00:23:14.530 --> 00:23:15.970 clinic, but also, which is
NOTE Confidence: 0.9772713
00:23:15.970 --> 00:23:17.109 representative of,
NOTE Confidence: 0.9987216
00:23:17.650 --> 00:23:19.250 early intervention clinics across the
NOTE Confidence: 0.9987216
00:23:19.250 --> 00:23:19.750 country.
NOTE Confidence: 0.97441953
00:23:20.855 --> 00:23:22.055 And then lastly, on this
NOTE Confidence: 0.97441953

00:23:22.055 --> 00:23:22.555 page,
NOTE Confidence: 0.9926011

00:23:23.095 --> 00:23:24.695 a really key thing that
NOTE Confidence: 0.9926011

00:23:24.695 --> 00:23:25.755 I would say, like,
NOTE Confidence: 0.9971499

00:23:26.375 --> 00:23:27.355 if there are
NOTE Confidence: 0.9983888

00:23:27.734 --> 00:23:29.015 main elements that we're gonna
NOTE Confidence: 0.9983888

00:23:29.015 --> 00:23:29.515 do,
NOTE Confidence: 0.99692637

00:23:30.295 --> 00:23:31.734 you're gonna, like, focus a
NOTE Confidence: 0.99692637

00:23:31.734 --> 00:23:32.635 ton on engagement
NOTE Confidence: 0.99663657

00:23:33.015 --> 00:23:34.135 and really try to help
NOTE Confidence: 0.99663657

00:23:34.135 --> 00:23:36.395 folks identify early warning signs
NOTE Confidence: 0.9789282

00:23:36.910 --> 00:23:38.350 in some way. Again, maybe
NOTE Confidence: 0.9789282

00:23:38.350 --> 00:23:39.890 someone's coming in and saying,
NOTE Confidence: 0.9836274

00:23:40.510 --> 00:23:41.790 there's nothing going on. There's
NOTE Confidence: 0.9836274

00:23:41.790 --> 00:23:42.990 nothing wrong. Like, is there
NOTE Confidence: 0.9836274

00:23:42.990 --> 00:23:44.210 any way that you can
NOTE Confidence: 0.9990511

00:23:44.510 --> 00:23:45.570 align with them

NOTE Confidence: 0.9725735

00:23:46.109 --> 00:23:47.470 to to orient around? Okay.

NOTE Confidence: 0.9725735

00:23:47.470 --> 00:23:48.910 Well, like, you did end

NOTE Confidence: 0.9725735

00:23:48.910 --> 00:23:49.950 up in the hospital or

NOTE Confidence: 0.9725735

00:23:49.950 --> 00:23:50.910 or or, you know, something

NOTE Confidence: 0.9725735

00:23:50.910 --> 00:23:51.410 happened

NOTE Confidence: 0.9760614

00:23:51.984 --> 00:23:52.865 that was getting in the

NOTE Confidence: 0.9760614

00:23:52.865 --> 00:23:54.145 way. Like, how can we

NOTE Confidence: 0.9760614

00:23:54.145 --> 00:23:55.605 think about together? Like,

NOTE Confidence: 0.98531437

00:23:56.145 --> 00:23:57.105 what was going on at

NOTE Confidence: 0.98531437

00:23:57.105 --> 00:23:58.225 that time? What that looked

NOTE Confidence: 0.98531437

00:23:58.225 --> 00:24:00.145 like? Again, I don't care

NOTE Confidence: 0.98531437

00:24:00.145 --> 00:24:00.865 what we call it. I

NOTE Confidence: 0.98531437

00:24:00.865 --> 00:24:01.664 don't care if we call

NOTE Confidence: 0.98531437

00:24:01.664 --> 00:24:03.505 it psychosis or what really

NOTE Confidence: 0.98531437

00:24:03.505 --> 00:24:04.625 meeting the person where they're

NOTE Confidence: 0.98531437

00:24:04.625 --> 00:24:06.700 at, trying to figure out,
NOTE Confidence: 0.99475205

00:24:08.119 --> 00:24:09.160 a way to align, a
NOTE Confidence: 0.99475205

00:24:09.160 --> 00:24:10.140 way to help someone
NOTE Confidence: 0.9313879

00:24:10.760 --> 00:24:11.880 as well as the family
NOTE Confidence: 0.9313879

00:24:11.880 --> 00:24:12.859 learn to recognize,
NOTE Confidence: 0.95398784

00:24:13.720 --> 00:24:14.859 what might be precipitating,
NOTE Confidence: 0.98447347

00:24:15.480 --> 00:24:16.840 an episode or a relapse
NOTE Confidence: 0.98447347

00:24:16.840 --> 00:24:18.280 so that we can catch
NOTE Confidence: 0.98447347

00:24:18.280 --> 00:24:19.020 it sooner.
NOTE Confidence: 0.9988991

00:24:21.455 --> 00:24:22.835 So this is my favorite
NOTE Confidence: 0.99902797

00:24:23.215 --> 00:24:23.715 part
NOTE Confidence: 0.9846811

00:24:24.095 --> 00:24:25.135 to talk about being a
NOTE Confidence: 0.9846811

00:24:25.135 --> 00:24:26.415 psychologist. So I I usually
NOTE Confidence: 0.9846811

00:24:26.415 --> 00:24:27.295 get to talk about this
NOTE Confidence: 0.9846811

00:24:27.295 --> 00:24:28.895 a lot more. But, again,
NOTE Confidence: 0.9846811

00:24:28.895 --> 00:24:30.095 there's more resources on the

NOTE Confidence: 0.9846811
00:24:30.095 --> 00:24:31.375 website if you're interested in
NOTE Confidence: 0.9846811
00:24:31.375 --> 00:24:32.895 the the specifics of what
NOTE Confidence: 0.9846811
00:24:32.895 --> 00:24:33.395 these
NOTE Confidence: 0.9520054
00:24:33.859 --> 00:24:35.000 techniques look like,
NOTE Confidence: 0.9456092
00:24:36.180 --> 00:24:37.380 in the context of,
NOTE Confidence: 0.97777784
00:24:38.100 --> 00:24:39.560 early intervention for schizophrenia.
NOTE Confidence: 0.9461158
00:24:42.100 --> 00:24:43.060 A little bit more of
NOTE Confidence: 0.9461158
00:24:43.060 --> 00:24:43.720 just principles
NOTE Confidence: 0.9671635
00:24:44.660 --> 00:24:46.040 within the kind of psychotherapy
NOTE Confidence: 0.9671635
00:24:46.180 --> 00:24:47.640 domain, but I think really
NOTE Confidence: 0.9671635
00:24:47.700 --> 00:24:49.465 across all of the core
NOTE Confidence: 0.9671635
00:24:49.465 --> 00:24:49.965 elements
NOTE Confidence: 0.8308228
00:24:50.424 --> 00:24:50.924 and
NOTE Confidence: 0.9721003
00:24:51.384 --> 00:24:52.664 all of the interactions that
NOTE Confidence: 0.9721003
00:24:52.664 --> 00:24:53.565 we have with,
NOTE Confidence: 0.9622358

00:24:54.424 --> 00:24:56.585 young people is that we
NOTE Confidence: 0.9622358

00:24:56.585 --> 00:24:57.404 wanna normalize
NOTE Confidence: 0.9988862

00:24:57.784 --> 00:24:59.465 these experiences as much as
NOTE Confidence: 0.9988862

00:24:59.465 --> 00:25:00.125 we can.
NOTE Confidence: 0.9939529

00:25:00.904 --> 00:25:01.404 So,
NOTE Confidence: 0.9378228

00:25:01.865 --> 00:25:04.820 often folks experiencing psychosis or
NOTE Confidence: 0.9378228

00:25:04.820 --> 00:25:05.320 schizophrenia
NOTE Confidence: 0.95629835

00:25:06.179 --> 00:25:07.559 are othered or stigmatized,
NOTE Confidence: 0.983853

00:25:08.820 --> 00:25:09.700 and we can even do
NOTE Confidence: 0.983853

00:25:09.700 --> 00:25:10.679 that as providers,
NOTE Confidence: 0.99818534

00:25:13.059 --> 00:25:15.080 distancing ourselves in some ways.
NOTE Confidence: 0.99818534

00:25:15.220 --> 00:25:15.720 So
NOTE Confidence: 0.99612033

00:25:16.494 --> 00:25:18.255 the psychoeducation piece is just
NOTE Confidence: 0.99612033

00:25:18.255 --> 00:25:19.154 really important.
NOTE Confidence: 0.9063269

00:25:19.534 --> 00:25:20.335 Again, you'd
NOTE Confidence: 0.972863

00:25:20.734 --> 00:25:22.255 someone doesn't necessarily have to

NOTE Confidence: 0.972863
00:25:22.255 --> 00:25:23.695 agree or we don't have
NOTE Confidence: 0.972863
00:25:23.695 --> 00:25:24.975 to have a specific label,
NOTE Confidence: 0.972863
00:25:24.975 --> 00:25:26.335 but but talking about how
NOTE Confidence: 0.972863
00:25:26.335 --> 00:25:27.855 these experiences can occur on
NOTE Confidence: 0.972863
00:25:27.855 --> 00:25:28.414 a continuum,
NOTE Confidence: 0.9732823
00:25:30.580 --> 00:25:32.040 informing people that,
NOTE Confidence: 0.965978
00:25:32.420 --> 00:25:33.460 hey. This is actually more
NOTE Confidence: 0.965978
00:25:33.460 --> 00:25:34.820 common than you think. Like,
NOTE Confidence: 0.965978
00:25:34.820 --> 00:25:36.280 lots of people hear voices
NOTE Confidence: 0.965978
00:25:36.420 --> 00:25:37.540 or lots of people can
NOTE Confidence: 0.965978
00:25:37.540 --> 00:25:39.540 get suspicious or paranoid at
NOTE Confidence: 0.965978
00:25:39.540 --> 00:25:41.540 times. You can provide actual
NOTE Confidence: 0.965978
00:25:41.540 --> 00:25:42.040 statistics,
NOTE Confidence: 0.96891415
00:25:43.300 --> 00:25:44.500 letting folks know that,
NOTE Confidence: 0.97357595
00:25:46.144 --> 00:25:47.904 these experiences can impact all
NOTE Confidence: 0.97357595

00:25:47.904 --> 00:25:49.044 types of people.
NOTE Confidence: 0.96682864

00:25:49.504 --> 00:25:51.125 And then, again, holding hope,
NOTE Confidence: 0.98844224

00:25:51.744 --> 00:25:53.125 for recovery that,
NOTE Confidence: 0.95756656

00:25:54.225 --> 00:25:56.384 it's the the expectation, not
NOTE Confidence: 0.95756656

00:25:56.384 --> 00:25:58.465 the exception, and perhaps even,
NOTE Confidence: 0.95756656

00:25:58.465 --> 00:25:59.284 you know, sharing
NOTE Confidence: 0.9786803

00:25:59.850 --> 00:26:01.290 whether it be statistics about
NOTE Confidence: 0.9786803

00:26:01.290 --> 00:26:03.230 different recovery trajectories or
NOTE Confidence: 0.99475193

00:26:03.850 --> 00:26:04.750 success stories,
NOTE Confidence: 0.99613535

00:26:05.690 --> 00:26:07.049 different things like that. Providing
NOTE Confidence: 0.99613535

00:26:07.049 --> 00:26:08.410 all that information can really
NOTE Confidence: 0.99613535

00:26:08.410 --> 00:26:09.869 be key in the normalization.
NOTE Confidence: 0.963398

00:26:10.490 --> 00:26:11.850 This is really important again
NOTE Confidence: 0.963398

00:26:11.850 --> 00:26:13.230 for families as well.
NOTE Confidence: 0.9922372

00:26:14.595 --> 00:26:15.554 Another great way to do
NOTE Confidence: 0.9922372

00:26:15.554 --> 00:26:17.234 that is connecting folks to

NOTE Confidence: 0.9922372

00:26:17.234 --> 00:26:18.455 others with lived experience.

NOTE Confidence: 0.98139924

00:26:19.875 --> 00:26:21.415 And anytime we're doing normalizing,

NOTE Confidence: 0.98139924

00:26:21.475 --> 00:26:22.595 right, we wanna make sure

NOTE Confidence: 0.98139924

00:26:22.595 --> 00:26:24.615 that we're normalizing, not dismissing.

NOTE Confidence: 0.98139924

00:26:24.755 --> 00:26:25.635 So not just saying, oh,

NOTE Confidence: 0.98139924

00:26:25.635 --> 00:26:27.450 yeah. Well, like, you're stressed

NOTE Confidence: 0.98139924

00:26:27.450 --> 00:26:28.570 out by your voices. Well,

NOTE Confidence: 0.98139924

00:26:28.570 --> 00:26:29.850 lots of people hear voices.

NOTE Confidence: 0.98139924

00:26:29.850 --> 00:26:30.669 Right? Like,

NOTE Confidence: 0.97788036

00:26:31.770 --> 00:26:32.970 doing it's it's that fine

NOTE Confidence: 0.97788036

00:26:32.970 --> 00:26:34.250 balance that I know we

NOTE Confidence: 0.97788036

00:26:34.250 --> 00:26:35.130 all think about,

NOTE Confidence: 0.974489

00:26:36.010 --> 00:26:38.090 as clinicians, but, you know,

NOTE Confidence: 0.974489

00:26:38.090 --> 00:26:39.450 offering the fact that, like,

NOTE Confidence: 0.974489

00:26:39.450 --> 00:26:40.490 this is more common than

NOTE Confidence: 0.974489

00:26:40.490 --> 00:26:41.924 you might think. You're not
NOTE Confidence: 0.974489

00:26:41.924 --> 00:26:42.904 alone in this.
NOTE Confidence: 0.9749363

00:26:43.605 --> 00:26:45.205 And I I really hear
NOTE Confidence: 0.9749363

00:26:45.205 --> 00:26:46.744 that this is your suffering.
NOTE Confidence: 0.9634072

00:26:47.205 --> 00:26:49.125 This is really impactful for
NOTE Confidence: 0.9634072

00:26:49.125 --> 00:26:50.325 you. You can even, of
NOTE Confidence: 0.9634072

00:26:50.325 --> 00:26:51.144 course, check-in.
NOTE Confidence: 0.9822079

00:26:53.284 --> 00:26:54.520 What's this? What's it like
NOTE Confidence: 0.9822079

00:26:54.520 --> 00:26:55.320 to hear this when I
NOTE Confidence: 0.9822079

00:26:55.320 --> 00:26:56.440 give you these stats or
NOTE Confidence: 0.9822079

00:26:56.440 --> 00:26:57.960 share that other people experience
NOTE Confidence: 0.9822079

00:26:57.960 --> 00:26:58.840 this? Is it
NOTE Confidence: 0.9587741

00:26:59.240 --> 00:27:00.600 and kinda leaving that open
NOTE Confidence: 0.9587741

00:27:00.600 --> 00:27:01.880 or or maybe prompting a
NOTE Confidence: 0.9587741

00:27:01.880 --> 00:27:02.619 bit more
NOTE Confidence: 0.951738

00:27:02.920 --> 00:27:03.800 just to make sure that

NOTE Confidence: 0.951738
00:27:03.800 --> 00:27:05.180 someone's feeling like
NOTE Confidence: 0.99950004
00:27:06.274 --> 00:27:07.174 it might be helpful
NOTE Confidence: 0.9779298
00:27:07.475 --> 00:27:08.615 as opposed to
NOTE Confidence: 0.98268235
00:27:09.315 --> 00:27:10.434 you're not getting it, doctor
NOTE Confidence: 0.98268235
00:27:10.434 --> 00:27:12.034 Sykes. Like, this is really
NOTE Confidence: 0.98268235
00:27:12.034 --> 00:27:13.794 awful for me. So as
NOTE Confidence: 0.98268235
00:27:13.794 --> 00:27:15.315 as we would do kind
NOTE Confidence: 0.98268235
00:27:15.315 --> 00:27:16.514 of in any relationship, you
NOTE Confidence: 0.98268235
00:27:16.514 --> 00:27:17.554 know, checking in for that
NOTE Confidence: 0.98268235
00:27:17.554 --> 00:27:18.054 feedback.
NOTE Confidence: 0.7914515
00:27:20.280 --> 00:27:20.780 So
NOTE Confidence: 0.98811287
00:27:21.960 --> 00:27:23.500 other core elements.
NOTE Confidence: 0.96834135
00:27:24.280 --> 00:27:25.800 So we covered psychotherapy a
NOTE Confidence: 0.96834135
00:27:25.800 --> 00:27:28.060 bit, a quick outline of
NOTE Confidence: 0.9998443
00:27:28.440 --> 00:27:28.940 what
NOTE Confidence: 0.9995528

00:27:29.320 --> 00:27:30.359 that might look like in
NOTE Confidence: 0.9995528

00:27:30.359 --> 00:27:31.400 the room, what you might
NOTE Confidence: 0.9995528

00:27:31.400 --> 00:27:32.060 be doing
NOTE Confidence: 0.99213403

00:27:32.455 --> 00:27:33.275 with an individual.
NOTE Confidence: 0.99304575

00:27:35.255 --> 00:27:37.575 Another key element is family
NOTE Confidence: 0.99304575

00:27:37.575 --> 00:27:38.475 support and education.
NOTE Confidence: 0.98129576

00:27:40.215 --> 00:27:40.935 So I know there were
NOTE Confidence: 0.98129576

00:27:40.935 --> 00:27:42.375 some questions about this earlier
NOTE Confidence: 0.98129576

00:27:42.375 --> 00:27:42.875 on,
NOTE Confidence: 0.89100087

00:27:44.550 --> 00:27:45.510 and it can it can
NOTE Confidence: 0.89100087

00:27:45.510 --> 00:27:46.390 it can look a lot
NOTE Confidence: 0.89100087

00:27:46.390 --> 00:27:47.750 of different ways in line
NOTE Confidence: 0.89100087

00:27:47.750 --> 00:27:48.410 with that
NOTE Confidence: 0.9981835

00:27:48.870 --> 00:27:49.930 flexible implementation
NOTE Confidence: 0.9798871

00:27:50.230 --> 00:27:51.510 and and kind of person
NOTE Confidence: 0.9798871

00:27:51.510 --> 00:27:52.890 or family centered care.

NOTE Confidence: 0.950738
00:27:53.910 --> 00:27:55.110 A couple things to think
NOTE Confidence: 0.950738
00:27:55.110 --> 00:27:55.610 about
NOTE Confidence: 0.99483675
00:27:56.150 --> 00:27:57.590 when we're trying to empower
NOTE Confidence: 0.99483675
00:27:57.590 --> 00:27:58.650 or engage families.
NOTE Confidence: 0.95263505
00:28:00.554 --> 00:28:02.155 One thing is certainly trying
NOTE Confidence: 0.95263505
00:28:02.155 --> 00:28:03.535 to set the expectation
NOTE Confidence: 0.99663734
00:28:04.234 --> 00:28:05.615 from the beginning that
NOTE Confidence: 0.99785954
00:28:05.994 --> 00:28:07.595 we'd like families or support
NOTE Confidence: 0.99785954
00:28:07.595 --> 00:28:08.734 people to be involved.
NOTE Confidence: 0.9721312
00:28:09.195 --> 00:28:10.255 Of course, you know,
NOTE Confidence: 0.97431064
00:28:10.875 --> 00:28:12.475 this is largely up to
NOTE Confidence: 0.97431064
00:28:12.475 --> 00:28:14.540 the the young person. Right?
NOTE Confidence: 0.97431064
00:28:14.540 --> 00:28:15.200 They didn't
NOTE Confidence: 0.9703054
00:28:16.140 --> 00:28:17.260 give permission, and we always
NOTE Confidence: 0.9703054
00:28:17.260 --> 00:28:18.140 make sure that we give
NOTE Confidence: 0.9703054

00:28:18.140 --> 00:28:20.060 that kind of autonomy and
NOTE Confidence: 0.9703054

00:28:20.060 --> 00:28:21.200 and power and control
NOTE Confidence: 0.98499423

00:28:21.660 --> 00:28:22.859 that they're the ones in
NOTE Confidence: 0.98499423

00:28:22.859 --> 00:28:23.980 charge of, like, how involved
NOTE Confidence: 0.98499423

00:28:23.980 --> 00:28:25.020 their families might be in
NOTE Confidence: 0.98499423

00:28:25.020 --> 00:28:26.140 their treatment and what's shared
NOTE Confidence: 0.98499423

00:28:26.140 --> 00:28:27.020 and what's not shared.
NOTE Confidence: 0.958656

00:28:27.585 --> 00:28:28.625 But in general, we try
NOTE Confidence: 0.958656

00:28:28.625 --> 00:28:30.005 to offer things that could
NOTE Confidence: 0.958656

00:28:30.145 --> 00:28:30.965 help engage,
NOTE Confidence: 0.9985757

00:28:31.664 --> 00:28:32.405 all families.
NOTE Confidence: 0.99849343

00:28:33.505 --> 00:28:34.885 So it's helpful
NOTE Confidence: 0.9735756

00:28:35.265 --> 00:28:36.705 to engage right away with
NOTE Confidence: 0.9735756

00:28:36.705 --> 00:28:38.145 a family. Like, as soon
NOTE Confidence: 0.9735756

00:28:38.145 --> 00:28:39.424 as someone's intake, we try
NOTE Confidence: 0.9735756

00:28:39.424 --> 00:28:41.184 to whether the family is

NOTE Confidence: 0.9735756
00:28:41.184 --> 00:28:43.000 joining or try to connect
NOTE Confidence: 0.9735756
00:28:43.000 --> 00:28:43.960 with them right away, let
NOTE Confidence: 0.9735756
00:28:43.960 --> 00:28:44.920 them know who they can
NOTE Confidence: 0.9735756
00:28:44.920 --> 00:28:46.860 contact in the clinic, introduce
NOTE Confidence: 0.9735756
00:28:46.920 --> 00:28:48.200 them, try to provide them
NOTE Confidence: 0.9735756
00:28:48.200 --> 00:28:49.740 some education and factual
NOTE Confidence: 0.9557265
00:28:50.280 --> 00:28:50.780 information.
NOTE Confidence: 0.9539575
00:28:52.680 --> 00:28:54.440 Of course, being responsive, offering
NOTE Confidence: 0.9539575
00:28:54.440 --> 00:28:55.500 practical help.
NOTE Confidence: 0.9490469
00:28:57.554 --> 00:28:58.514 Some things that we really
NOTE Confidence: 0.9490469
00:28:58.514 --> 00:28:59.335 focus on.
NOTE Confidence: 0.95702875
00:29:00.115 --> 00:29:01.794 Our strategies to reduce stress
NOTE Confidence: 0.95702875
00:29:01.794 --> 00:29:03.394 and manage difficult situations at
NOTE Confidence: 0.95702875
00:29:03.394 --> 00:29:03.894 home.
NOTE Confidence: 0.97516185
00:29:04.674 --> 00:29:05.635 Of course, that would be,
NOTE Confidence: 0.97516185

00:29:05.635 --> 00:29:06.914 you know, perhaps the family
NOTE Confidence: 0.97516185

00:29:06.914 --> 00:29:08.434 has already interacted with crisis
NOTE Confidence: 0.97516185

00:29:08.434 --> 00:29:09.715 services, but making sure they
NOTE Confidence: 0.97516185

00:29:09.715 --> 00:29:10.615 have that information,
NOTE Confidence: 0.9819686

00:29:11.170 --> 00:29:12.790 but also teaching some skills.
NOTE Confidence: 0.99321055

00:29:13.810 --> 00:29:15.090 There's a couple of resources
NOTE Confidence: 0.99321055

00:29:15.090 --> 00:29:16.150 that I really love.
NOTE Confidence: 0.91754425

00:29:17.410 --> 00:29:19.270 Doctor Emily Klein, who
NOTE Confidence: 0.9881403

00:29:19.890 --> 00:29:21.330 is at Boston Medical Center
NOTE Confidence: 0.9881403

00:29:21.330 --> 00:29:22.530 right now, recently put out
NOTE Confidence: 0.9881403

00:29:22.530 --> 00:29:23.665 a book and has done
NOTE Confidence: 0.9881403

00:29:23.665 --> 00:29:25.845 some research about adapting motivational
NOTE Confidence: 0.9881403

00:29:26.065 --> 00:29:26.565 interviewing
NOTE Confidence: 0.9294326

00:29:27.105 --> 00:29:28.945 strategies. So I think her
NOTE Confidence: 0.9294326

00:29:28.945 --> 00:29:30.705 research study was motivational interviewing
NOTE Confidence: 0.9294326

00:29:30.705 --> 00:29:32.385 for loved ones and, she's

NOTE Confidence: 0.9294326

00:29:32.385 --> 00:29:33.345 got a book about it,

NOTE Confidence: 0.9294326

00:29:33.345 --> 00:29:34.385 like the school of hard

NOTE Confidence: 0.9294326

00:29:34.385 --> 00:29:35.745 talks, I think is what

NOTE Confidence: 0.9294326

00:29:35.745 --> 00:29:37.345 it's called. And it's just

NOTE Confidence: 0.9294326

00:29:37.345 --> 00:29:38.645 got some really rich

NOTE Confidence: 0.9817584

00:29:39.290 --> 00:29:41.470 strategies for really helping families.

NOTE Confidence: 0.9208624

00:29:42.809 --> 00:29:44.090 Yeah. Basically, engage in kind

NOTE Confidence: 0.9208624

00:29:44.090 --> 00:29:45.950 of the motivational interviewing spirit

NOTE Confidence: 0.98512864

00:29:46.410 --> 00:29:47.610 when when working with their

NOTE Confidence: 0.98512864

00:29:47.610 --> 00:29:49.210 young people and recognizing the

NOTE Confidence: 0.98512864

00:29:49.210 --> 00:29:50.110 ways in which

NOTE Confidence: 0.9754937

00:29:50.890 --> 00:29:52.544 they can can talk to

NOTE Confidence: 0.9754937

00:29:52.544 --> 00:29:53.985 their young people differently, but

NOTE Confidence: 0.9754937

00:29:53.985 --> 00:29:55.585 also that they inevitably don't

NOTE Confidence: 0.9754937

00:29:55.585 --> 00:29:56.644 really have control,

NOTE Confidence: 0.9900596

00:29:58.065 --> 00:29:59.585 over the decisions and motivation
NOTE Confidence: 0.9900596

00:29:59.585 --> 00:30:00.945 to change that their their
NOTE Confidence: 0.9900596

00:30:00.945 --> 00:30:01.605 young people,
NOTE Confidence: 0.997246

00:30:02.625 --> 00:30:03.125 have.
NOTE Confidence: 0.99843335

00:30:04.144 --> 00:30:05.445 And another great resource
NOTE Confidence: 0.9016073

00:30:06.144 --> 00:30:08.039 is psychosis reach. I think
NOTE Confidence: 0.9016073

00:30:08.039 --> 00:30:08.539 developed,
NOTE Confidence: 0.9989363

00:30:10.919 --> 00:30:12.139 some folks at Stanford
NOTE Confidence: 0.9432079

00:30:12.679 --> 00:30:13.899 as well as,
NOTE Confidence: 0.8097382

00:30:14.919 --> 00:30:16.139 University of Washington.
NOTE Confidence: 0.9852682

00:30:16.519 --> 00:30:17.259 And it's,
NOTE Confidence: 0.95275563

00:30:17.720 --> 00:30:19.019 so, again, it's called psychosis
NOTE Confidence: 0.95275563

00:30:19.159 --> 00:30:20.600 reach, and it's a a
NOTE Confidence: 0.95275563

00:30:20.600 --> 00:30:21.980 program actually adapting
NOTE Confidence: 0.9955937

00:30:22.995 --> 00:30:24.855 cognitive behavioral therapy for psychosis
NOTE Confidence: 0.97622365

00:30:25.795 --> 00:30:26.855 skills and principles

NOTE Confidence: 0.99303913
00:30:27.155 --> 00:30:28.855 for family members. And
NOTE Confidence: 0.98386735
00:30:29.155 --> 00:30:29.895 it's actually,
NOTE Confidence: 0.995137
00:30:30.515 --> 00:30:31.415 you know, for,
NOTE Confidence: 0.9561368
00:30:32.355 --> 00:30:34.275 the SMI population in general,
NOTE Confidence: 0.9561368
00:30:34.275 --> 00:30:35.575 not just directed at,
NOTE Confidence: 0.972965
00:30:36.769 --> 00:30:37.809 young adults, but a lot
NOTE Confidence: 0.972965
00:30:37.809 --> 00:30:38.929 of great information there. And
NOTE Confidence: 0.972965
00:30:38.929 --> 00:30:39.730 we we pull from a
NOTE Confidence: 0.972965
00:30:39.730 --> 00:30:40.690 lot of that in our
NOTE Confidence: 0.972965
00:30:40.690 --> 00:30:41.669 stepfamily services,
NOTE Confidence: 0.9996558
00:30:42.129 --> 00:30:43.350 those types of interventions.
NOTE Confidence: 0.9419694
00:30:46.129 --> 00:30:47.750 Family members can be key
NOTE Confidence: 0.988582
00:30:48.450 --> 00:30:49.990 at learning to monitor symptoms,
NOTE Confidence: 0.9994605
00:30:50.825 --> 00:30:52.025 looking for those early warning
NOTE Confidence: 0.9994605
00:30:52.025 --> 00:30:52.525 signs,
NOTE Confidence: 0.9658518

00:30:52.905 --> 00:30:54.825 communicating collateral with the team,
NOTE Confidence: 0.9658518

00:30:54.825 --> 00:30:56.265 especially if a young person
NOTE Confidence: 0.9658518

00:30:56.265 --> 00:30:57.565 is in a state of,
NOTE Confidence: 0.99971086

00:30:58.905 --> 00:31:00.045 struggling to recognize
NOTE Confidence: 0.99355

00:31:00.985 --> 00:31:02.184 the the impact of their
NOTE Confidence: 0.99355

00:31:02.184 --> 00:31:02.684 current
NOTE Confidence: 0.97685117

00:31:03.299 --> 00:31:03.799 experiences,
NOTE Confidence: 0.9851411

00:31:05.779 --> 00:31:07.860 on things or struggling to
NOTE Confidence: 0.9851411

00:31:07.860 --> 00:31:09.779 engage families, can can be
NOTE Confidence: 0.9851411

00:31:09.779 --> 00:31:10.519 really huge.
NOTE Confidence: 0.9614538

00:31:12.340 --> 00:31:13.639 So just some other strategies
NOTE Confidence: 0.9614538

00:31:13.700 --> 00:31:15.380 again to to try to
NOTE Confidence: 0.9614538

00:31:15.380 --> 00:31:16.440 do with families
NOTE Confidence: 0.9952818

00:31:16.875 --> 00:31:18.075 to help them support the
NOTE Confidence: 0.9952818

00:31:18.075 --> 00:31:19.515 young person's recovery and really
NOTE Confidence: 0.9952818

00:31:19.515 --> 00:31:20.815 be a unified member

NOTE Confidence: 0.99961823
00:31:21.275 --> 00:31:22.095 of the team.
NOTE Confidence: 0.9788442
00:31:26.635 --> 00:31:27.375 Just like
NOTE Confidence: 0.9827504
00:31:27.835 --> 00:31:29.535 kind of early intervention services
NOTE Confidence: 0.93434525
00:31:29.915 --> 00:31:31.215 in general, there is
NOTE Confidence: 0.99941564
00:31:31.620 --> 00:31:33.000 research support for
NOTE Confidence: 0.9286079
00:31:33.300 --> 00:31:34.980 family support and education and
NOTE Confidence: 0.9286079
00:31:34.980 --> 00:31:36.440 early psychosis care.
NOTE Confidence: 0.9841223
00:31:37.540 --> 00:31:38.820 We recommend it for all
NOTE Confidence: 0.9841223
00:31:38.820 --> 00:31:40.200 families and support people.
NOTE Confidence: 0.905801
00:31:41.300 --> 00:31:42.420 Can have a variety of
NOTE Confidence: 0.905801
00:31:42.420 --> 00:31:42.920 benefits,
NOTE Confidence: 0.9941829
00:31:43.540 --> 00:31:45.380 including folks who have families
NOTE Confidence: 0.9941829
00:31:45.380 --> 00:31:45.880 involved.
NOTE Confidence: 0.9963277
00:31:46.985 --> 00:31:48.185 Research has shown that they
NOTE Confidence: 0.9963277
00:31:48.185 --> 00:31:49.805 might experience fewer symptoms,
NOTE Confidence: 0.9748743

00:31:50.265 --> 00:31:51.165 fewer rehospitalizations
NOTE Confidence: 0.9701135

00:31:51.705 --> 00:31:52.525 or hospitalizations,
NOTE Confidence: 0.98554134

00:31:53.705 --> 00:31:54.845 improvements in functioning,
NOTE Confidence: 0.9706069

00:31:56.825 --> 00:31:58.925 decreased caregiver stress and burden,
NOTE Confidence: 0.9706069

00:31:59.145 --> 00:32:00.745 a lot of potential positive,
NOTE Confidence: 0.9998012

00:32:01.145 --> 00:32:01.645 benefits.
NOTE Confidence: 0.9645985

00:32:03.200 --> 00:32:04.720 So at step, what this
NOTE Confidence: 0.9645985

00:32:04.720 --> 00:32:05.860 actually looks like,
NOTE Confidence: 0.988229

00:32:06.720 --> 00:32:08.000 we offer a variety of
NOTE Confidence: 0.988229

00:32:08.000 --> 00:32:09.920 educational opportunities for families and
NOTE Confidence: 0.988229

00:32:09.920 --> 00:32:10.820 support people,
NOTE Confidence: 0.99118406

00:32:11.440 --> 00:32:13.220 again, based on need, interest,
NOTE Confidence: 0.998404

00:32:13.760 --> 00:32:14.260 accessibility.
NOTE Confidence: 0.9243456

00:32:15.815 --> 00:32:17.255 So at minimum, we're trying
NOTE Confidence: 0.9243456

00:32:17.255 --> 00:32:17.915 to provide,
NOTE Confidence: 0.9691337

00:32:18.455 --> 00:32:19.575 in a lot of different

NOTE Confidence: 0.9691337

00:32:19.575 --> 00:32:22.235 ways, education about psychosis, treatment,

NOTE Confidence: 0.9691337

00:32:22.295 --> 00:32:24.055 recovery, and other important topics.

NOTE Confidence: 0.9691337

00:32:24.055 --> 00:32:25.975 So, again, factual information about

NOTE Confidence: 0.9691337

00:32:25.975 --> 00:32:27.175 kind of what this is

NOTE Confidence: 0.9691337

00:32:27.175 --> 00:32:27.835 at minimum.

NOTE Confidence: 0.9620164

00:32:28.279 --> 00:32:29.080 We provide that in a

NOTE Confidence: 0.9620164

00:32:29.080 --> 00:32:30.360 lot of different ways, welcome

NOTE Confidence: 0.9620164

00:32:30.360 --> 00:32:32.059 packets, website information,

NOTE Confidence: 0.9990301

00:32:32.840 --> 00:32:34.059 educational workshops,

NOTE Confidence: 0.9625673

00:32:34.919 --> 00:32:36.539 individual support with families.

NOTE Confidence: 0.96515375

00:32:37.880 --> 00:32:38.679 Any way that we can

NOTE Confidence: 0.96515375

00:32:38.679 --> 00:32:40.380 kinda help share and disseminate

NOTE Confidence: 0.96515375

00:32:40.440 --> 00:32:41.880 this important information, we're gonna

NOTE Confidence: 0.96515375

00:32:41.880 --> 00:32:42.539 do that.

NOTE Confidence: 0.9850553

00:32:44.175 --> 00:32:45.555 We think that most folks

NOTE Confidence: 0.90948707

00:32:45.855 --> 00:32:47.215 of, families come up with
NOTE Confidence: 0.90948707

00:32:47.215 --> 00:32:48.495 different strengths and different growth
NOTE Confidence: 0.90948707

00:32:48.495 --> 00:32:49.315 areas, but
NOTE Confidence: 0.9508997

00:32:49.615 --> 00:32:51.135 the main focus areas are
NOTE Confidence: 0.9508997

00:32:51.135 --> 00:32:53.075 are on usually communication skills,
NOTE Confidence: 0.97300726

00:32:53.535 --> 00:32:55.315 problem solving, crisis management.
NOTE Confidence: 0.8811144

00:32:56.335 --> 00:32:57.235 And then certainly,
NOTE Confidence: 0.9986227

00:32:57.960 --> 00:32:59.580 encouraging folks to connect with
NOTE Confidence: 0.98108006

00:32:59.960 --> 00:33:01.980 existing local and virtual resources,
NOTE Confidence: 0.98108006

00:33:02.039 --> 00:33:03.720 whether that's a local, you
NOTE Confidence: 0.98108006

00:33:03.720 --> 00:33:04.220 know,
NOTE Confidence: 0.9186353

00:33:04.919 --> 00:33:07.340 NAMI, FAVOR, grassroots organization
NOTE Confidence: 0.952626

00:33:07.960 --> 00:33:09.159 to connect with other family
NOTE Confidence: 0.952626

00:33:09.159 --> 00:33:10.539 members who might be experiencing
NOTE Confidence: 0.952626

00:33:10.600 --> 00:33:11.580 similar things.
NOTE Confidence: 0.92840105

00:33:12.039 --> 00:33:13.179 And then we're also

NOTE Confidence: 0.9952874
00:33:13.745 --> 00:33:15.345 often recommending that family members
NOTE Confidence: 0.9952874
00:33:15.345 --> 00:33:16.865 get their own support or
NOTE Confidence: 0.9952874
00:33:16.865 --> 00:33:18.005 individual therapy,
NOTE Confidence: 0.93555874
00:33:18.625 --> 00:33:20.145 to help cope with kind
NOTE Confidence: 0.93555874
00:33:20.145 --> 00:33:21.345 of the stressful time and
NOTE Confidence: 0.93555874
00:33:21.345 --> 00:33:22.405 the stressful change
NOTE Confidence: 0.99062747
00:33:22.705 --> 00:33:23.525 in their life.
NOTE Confidence: 0.89393383
00:33:24.225 --> 00:33:25.665 If anyone's interested on the
NOTE Confidence: 0.89393383
00:33:25.665 --> 00:33:26.910 slides after, you can,
NOTE Confidence: 0.9772643
00:33:28.030 --> 00:33:29.470 download our our step family
NOTE Confidence: 0.9772643
00:33:29.470 --> 00:33:30.910 packet to see an example
NOTE Confidence: 0.9772643
00:33:30.910 --> 00:33:32.350 of what it's like. It's
NOTE Confidence: 0.9772643
00:33:32.350 --> 00:33:33.470 also on the the Yale
NOTE Confidence: 0.9772643
00:33:33.470 --> 00:33:34.670 step website, and I think
NOTE Confidence: 0.9772643
00:33:34.670 --> 00:33:35.490 it's on our,
NOTE Confidence: 0.97634274

00:33:36.190 --> 00:33:37.630 learning health network website as

NOTE Confidence: 0.97634274

00:33:37.630 --> 00:33:38.130 well.

NOTE Confidence: 0.9736727

00:33:39.424 --> 00:33:40.804 So here's just a look

NOTE Confidence: 0.98987144

00:33:41.424 --> 00:33:42.325 at kind of

NOTE Confidence: 0.9723994

00:33:42.705 --> 00:33:44.145 the different services that we

NOTE Confidence: 0.9723994

00:33:44.145 --> 00:33:45.345 have at at Step. Right?

NOTE Confidence: 0.9723994

00:33:45.345 --> 00:33:46.385 We're we're at least trying

NOTE Confidence: 0.9723994

00:33:46.385 --> 00:33:47.205 to get everyone

NOTE Confidence: 0.97267014

00:33:48.225 --> 00:33:49.505 some type of education through

NOTE Confidence: 0.97267014

00:33:49.825 --> 00:33:51.184 everyone gets a family welcome

NOTE Confidence: 0.97267014

00:33:51.184 --> 00:33:53.445 packet and informational sheets.

NOTE Confidence: 0.9554111

00:33:54.380 --> 00:33:55.660 We're trying to get everyone

NOTE Confidence: 0.9554111

00:33:55.660 --> 00:33:57.180 at least some initial contacts,

NOTE Confidence: 0.9554111

00:33:57.180 --> 00:33:58.460 so whether they're coming to

NOTE Confidence: 0.9554111

00:33:58.460 --> 00:33:59.280 a group orientation

NOTE Confidence: 0.9726017

00:33:59.740 --> 00:34:01.600 or an individual joining session.

NOTE Confidence: 0.9909833
00:34:02.060 --> 00:34:03.200 And then some families,
NOTE Confidence: 0.99295956
00:34:03.820 --> 00:34:05.180 whether based on need or
NOTE Confidence: 0.99295956
00:34:05.180 --> 00:34:07.100 interest, are engaging in individual
NOTE Confidence: 0.99295956
00:34:07.100 --> 00:34:08.380 family support, which can look
NOTE Confidence: 0.99295956
00:34:08.380 --> 00:34:09.420 a lot of different ways.
NOTE Confidence: 0.99295956
00:34:09.420 --> 00:34:10.275 It can look like
NOTE Confidence: 0.9859155
00:34:10.835 --> 00:34:11.815 me meeting with
NOTE Confidence: 0.987602
00:34:12.994 --> 00:34:14.914 parents, caregivers, whomever the support
NOTE Confidence: 0.987602
00:34:14.914 --> 00:34:16.614 people might be individually
NOTE Confidence: 0.8887583
00:34:17.154 --> 00:34:18.194 or a young person.
NOTE Confidence: 0.9736669
00:34:18.594 --> 00:34:19.795 It's we we love when
NOTE Confidence: 0.9736669
00:34:19.795 --> 00:34:20.914 the young person is willing
NOTE Confidence: 0.9736669
00:34:20.914 --> 00:34:22.694 to to join those meetings.
NOTE Confidence: 0.95740706
00:34:24.239 --> 00:34:24.739 So
NOTE Confidence: 0.85911834
00:34:25.760 --> 00:34:27.300 still a look at what,
NOTE Confidence: 0.9794206

00:34:27.840 --> 00:34:29.119 yeah, some of the things
NOTE Confidence: 0.9794206

00:34:29.119 --> 00:34:30.239 from the family packet might
NOTE Confidence: 0.9794206

00:34:30.239 --> 00:34:30.739 include.
NOTE Confidence: 0.98692757

00:34:33.680 --> 00:34:34.800 Alright. So a couple more
NOTE Confidence: 0.98692757

00:34:34.800 --> 00:34:36.020 elements that we're gonna
NOTE Confidence: 0.9984009

00:34:36.400 --> 00:34:37.680 discuss before we open it
NOTE Confidence: 0.9984009

00:34:37.680 --> 00:34:38.880 up for for q and
NOTE Confidence: 0.9984009

00:34:38.880 --> 00:34:39.380 a.
NOTE Confidence: 0.9978504

00:34:40.155 --> 00:34:41.855 So another element of care
NOTE Confidence: 0.99359393

00:34:42.315 --> 00:34:43.055 would be,
NOTE Confidence: 0.9960291

00:34:43.915 --> 00:34:45.614 support for employment and education.
NOTE Confidence: 0.96209514

00:34:47.915 --> 00:34:49.515 So and just the main
NOTE Confidence: 0.96209514

00:34:49.515 --> 00:34:51.455 concept here as many folks
NOTE Confidence: 0.9963531

00:34:51.755 --> 00:34:52.875 are aware of with their
NOTE Confidence: 0.9963531

00:34:52.875 --> 00:34:53.375 different
NOTE Confidence: 0.96697384

00:34:55.480 --> 00:34:57.320 different connections with different supportive

NOTE Confidence: 0.96697384
00:34:57.320 --> 00:34:59.980 employment and education offerings,
NOTE Confidence: 0.9868931
00:35:00.680 --> 00:35:01.580 throughout Connecticut.
NOTE Confidence: 0.93787724
00:35:02.360 --> 00:35:03.880 We think it's really important
NOTE Confidence: 0.93787724
00:35:03.880 --> 00:35:04.540 to help
NOTE Confidence: 0.9939704
00:35:04.920 --> 00:35:06.140 young folks if they've
NOTE Confidence: 0.9450382
00:35:06.840 --> 00:35:08.835 had an interrupted narrative or,
NOTE Confidence: 0.9997951
00:35:09.875 --> 00:35:11.255 if this illness has
NOTE Confidence: 0.9538775
00:35:11.875 --> 00:35:13.875 interrupted their relationships, their school,
NOTE Confidence: 0.9538775
00:35:13.875 --> 00:35:14.535 their work.
NOTE Confidence: 0.9881177
00:35:14.915 --> 00:35:16.055 How can we help them
NOTE Confidence: 0.9938226
00:35:16.355 --> 00:35:16.855 reengage
NOTE Confidence: 0.9941173
00:35:17.795 --> 00:35:18.835 or engage in a different
NOTE Confidence: 0.9941173
00:35:18.835 --> 00:35:20.055 way that's more accessible
NOTE Confidence: 0.96167815
00:35:20.594 --> 00:35:22.775 with important instrumental or expressive
NOTE Confidence: 0.96167815
00:35:22.835 --> 00:35:24.570 roles? So, basically, school or
NOTE Confidence: 0.96167815

00:35:24.570 --> 00:35:25.070 work.
NOTE Confidence: 0.8773435

00:35:27.610 --> 00:35:28.670 So there are formal,
NOTE Confidence: 0.99669534

00:35:32.650 --> 00:35:34.730 kind of, protocols for this,
NOTE Confidence: 0.99669534

00:35:34.730 --> 00:35:35.870 but I think it can
NOTE Confidence: 0.99167645

00:35:36.525 --> 00:35:37.405 be implemented in a lot
NOTE Confidence: 0.99167645

00:35:37.405 --> 00:35:38.844 of different ways. There's,
NOTE Confidence: 0.9362154

00:35:39.484 --> 00:35:41.484 supported employment and education c
NOTE Confidence: 0.9362154

00:35:41.484 --> 00:35:42.385 or IPS.
NOTE Confidence: 0.9381815

00:35:44.684 --> 00:35:45.964 You know, the, a principle
NOTE Confidence: 0.9381815

00:35:45.964 --> 00:35:47.325 of this is that we
NOTE Confidence: 0.9381815

00:35:47.325 --> 00:35:48.780 don't hold people back.
NOTE Confidence: 0.98924524

00:35:49.340 --> 00:35:50.620 Meaning, like, if someone comes
NOTE Confidence: 0.98924524

00:35:50.620 --> 00:35:51.820 in and maybe they're still
NOTE Confidence: 0.98924524

00:35:51.820 --> 00:35:52.320 experiencing
NOTE Confidence: 0.9710625

00:35:53.020 --> 00:35:54.219 a variety of symptoms, but
NOTE Confidence: 0.9710625

00:35:54.219 --> 00:35:55.260 they're like, hey, doctor Seitz.

NOTE Confidence: 0.9710625

00:35:55.260 --> 00:35:56.719 Like, I wanna start working.

NOTE Confidence: 0.99803245

00:35:57.260 --> 00:35:58.219 I really wanna get back

NOTE Confidence: 0.99803245

00:35:58.219 --> 00:35:58.960 to work.

NOTE Confidence: 0.95470583

00:36:00.219 --> 00:36:01.375 You know, we're we're gonna

NOTE Confidence: 0.95470583

00:36:01.375 --> 00:36:02.735 help encourage that or, you

NOTE Confidence: 0.95470583

00:36:02.735 --> 00:36:03.535 know, we're not gonna get

NOTE Confidence: 0.95470583

00:36:03.535 --> 00:36:04.335 in the way of connecting

NOTE Confidence: 0.95470583

00:36:04.335 --> 00:36:05.875 them with the supported employment

NOTE Confidence: 0.95470583

00:36:05.935 --> 00:36:07.155 or education specialist.

NOTE Confidence: 0.9861166

00:36:07.695 --> 00:36:08.515 Of course, there

NOTE Confidence: 0.9557443

00:36:08.975 --> 00:36:10.335 can be considerations of like,

NOTE Confidence: 0.9557443

00:36:10.335 --> 00:36:11.855 hey. Like, is is there

NOTE Confidence: 0.9557443

00:36:11.855 --> 00:36:12.815 anything we think we should

NOTE Confidence: 0.9557443

00:36:12.815 --> 00:36:13.695 work on first or that

NOTE Confidence: 0.9557443

00:36:13.695 --> 00:36:14.755 might get in the way

NOTE Confidence: 0.99240273

00:36:15.055 --> 00:36:16.755 of being successful at work?
NOTE Confidence: 0.9951401

00:36:17.510 --> 00:36:18.469 But the thought is not
NOTE Confidence: 0.9951401

00:36:18.469 --> 00:36:19.290 to kind of,
NOTE Confidence: 0.9767533

00:36:20.150 --> 00:36:22.390 pigeonhole them or or put
NOTE Confidence: 0.9767533

00:36:22.390 --> 00:36:24.230 folks in a restrictive environment,
NOTE Confidence: 0.9767533

00:36:24.230 --> 00:36:25.670 but really help them reengage
NOTE Confidence: 0.9767533

00:36:25.670 --> 00:36:26.170 with,
NOTE Confidence: 0.9995347

00:36:27.829 --> 00:36:28.890 competitive employment,
NOTE Confidence: 0.9800079

00:36:29.755 --> 00:36:31.594 competitive education, what whatever it
NOTE Confidence: 0.9800079

00:36:31.594 --> 00:36:33.114 is that, you know, their
NOTE Confidence: 0.9800079

00:36:33.114 --> 00:36:33.994 goals are and they might
NOTE Confidence: 0.9800079

00:36:33.994 --> 00:36:35.055 be interested in.
NOTE Confidence: 0.9704535

00:36:40.555 --> 00:36:42.075 And just another word to
NOTE Confidence: 0.9704535

00:36:42.075 --> 00:36:43.230 this, I can say that
NOTE Confidence: 0.9704535

00:36:43.310 --> 00:36:44.069 a lot of times when
NOTE Confidence: 0.9704535

00:36:44.069 --> 00:36:45.230 we're in that engagement phase

NOTE Confidence: 0.9704535
00:36:45.230 --> 00:36:46.350 and we're first meeting a
NOTE Confidence: 0.9704535
00:36:46.350 --> 00:36:47.010 young person,
NOTE Confidence: 0.99913764
00:36:47.950 --> 00:36:48.830 there might not be any
NOTE Confidence: 0.99913764
00:36:48.830 --> 00:36:49.330 agreement
NOTE Confidence: 0.99655885
00:36:50.590 --> 00:36:51.890 or, you know, shared understanding
NOTE Confidence: 0.99655885
00:36:52.030 --> 00:36:52.530 of
NOTE Confidence: 0.9535137
00:36:52.910 --> 00:36:53.950 illness or it's like, hey,
NOTE Confidence: 0.9535137
00:36:53.950 --> 00:36:55.310 doctor Sykes. I don't you
NOTE Confidence: 0.9535137
00:36:55.310 --> 00:36:56.830 know, I have no idea
NOTE Confidence: 0.9535137
00:36:56.830 --> 00:36:58.050 why I'm here.
NOTE Confidence: 0.95409757
00:36:58.605 --> 00:36:59.585 This is all a misunderstanding,
NOTE Confidence: 0.9898438
00:36:59.965 --> 00:37:00.844 but, like, you know what?
NOTE Confidence: 0.9898438
00:37:00.844 --> 00:37:01.744 Okay. I do
NOTE Confidence: 0.9535326
00:37:02.445 --> 00:37:03.484 I do wanna get back
NOTE Confidence: 0.9535326
00:37:03.484 --> 00:37:05.165 to to school. That's super
NOTE Confidence: 0.9535326

00:37:05.165 --> 00:37:06.364 important to me. Like, whatever
NOTE Confidence: 0.9535326

00:37:06.364 --> 00:37:07.484 happened or, like, I was
NOTE Confidence: 0.9535326

00:37:07.484 --> 00:37:09.325 wrongfully hospitalized or whatever is
NOTE Confidence: 0.9535326

00:37:09.325 --> 00:37:10.285 going on, the stress I'm
NOTE Confidence: 0.9535326

00:37:10.285 --> 00:37:11.484 experiencing has gotten the way
NOTE Confidence: 0.9535326

00:37:11.484 --> 00:37:12.545 of school. So, like,
NOTE Confidence: 0.9902215

00:37:12.969 --> 00:37:13.930 how can you help me
NOTE Confidence: 0.9902215

00:37:13.930 --> 00:37:15.050 do that? And that's the
NOTE Confidence: 0.9902215

00:37:15.050 --> 00:37:16.090 way to find that common
NOTE Confidence: 0.9902215

00:37:16.090 --> 00:37:17.150 ground. And
NOTE Confidence: 0.9661538

00:37:17.610 --> 00:37:18.570 then so we we start
NOTE Confidence: 0.9661538

00:37:18.570 --> 00:37:19.610 talking about school or we
NOTE Confidence: 0.9661538

00:37:19.610 --> 00:37:20.430 get them connected
NOTE Confidence: 0.9253182

00:37:21.130 --> 00:37:22.890 to an education specialist and
NOTE Confidence: 0.9253182

00:37:22.890 --> 00:37:23.390 then,
NOTE Confidence: 0.9897356

00:37:23.770 --> 00:37:24.890 you know, maybe start talking

NOTE Confidence: 0.9897356
00:37:24.890 --> 00:37:26.190 about some of the experiences.
NOTE Confidence: 0.97160435
00:37:26.745 --> 00:37:28.425 Maybe their sleep is preventing
NOTE Confidence: 0.97160435
00:37:28.425 --> 00:37:29.225 them from being able to
NOTE Confidence: 0.97160435
00:37:29.225 --> 00:37:30.845 stay awake in class or
NOTE Confidence: 0.93980235
00:37:31.305 --> 00:37:32.985 maybe the voices are distracting
NOTE Confidence: 0.93980235
00:37:32.985 --> 00:37:34.605 and then there's ways in.
NOTE Confidence: 0.94284886
00:37:35.305 --> 00:37:36.265 A lot of times though,
NOTE Confidence: 0.94284886
00:37:36.265 --> 00:37:37.625 it is about reengaging in
NOTE Confidence: 0.94284886
00:37:37.625 --> 00:37:38.765 these important roles.
NOTE Confidence: 0.99816483
00:37:41.140 --> 00:37:41.640 So
NOTE Confidence: 0.9970908
00:37:42.020 --> 00:37:42.900 I think this is the
NOTE Confidence: 0.9970908
00:37:42.900 --> 00:37:44.020 last one we're gonna talk
NOTE Confidence: 0.9970908
00:37:44.020 --> 00:37:44.920 about today.
NOTE Confidence: 0.99858516
00:37:46.180 --> 00:37:47.940 Another major element of care
NOTE Confidence: 0.99858516
00:37:47.940 --> 00:37:48.440 is
NOTE Confidence: 0.99381167

00:37:48.739 --> 00:37:50.680 coordination with community supports.

NOTE Confidence: 0.97680736

00:37:52.855 --> 00:37:53.815 And so there's a a

NOTE Confidence: 0.97680736

00:37:53.815 --> 00:37:54.695 lot of different things to

NOTE Confidence: 0.97680736

00:37:54.695 --> 00:37:55.995 potentially cover here.

NOTE Confidence: 0.85226774

00:37:58.455 --> 00:37:58.955 So

NOTE Confidence: 0.9508082

00:37:59.495 --> 00:38:01.355 coordination with community supports,

NOTE Confidence: 0.99925077

00:38:01.895 --> 00:38:02.855 there's a lot of different

NOTE Confidence: 0.99925077

00:38:02.855 --> 00:38:03.915 elements of this.

NOTE Confidence: 0.9675455

00:38:05.489 --> 00:38:06.950 I think, you know, coordination

NOTE Confidence: 0.9675455

00:38:07.090 --> 00:38:08.310 is it's in the name,

NOTE Confidence: 0.98376197

00:38:08.690 --> 00:38:10.770 CSC, coordinated specialty care. So

NOTE Confidence: 0.98376197

00:38:10.770 --> 00:38:12.070 we do lots of coordination

NOTE Confidence: 0.8332665

00:38:14.130 --> 00:38:15.190 within the team,

NOTE Confidence: 0.99657357

00:38:15.570 --> 00:38:17.170 which the team, you know,

NOTE Confidence: 0.99657357

00:38:17.170 --> 00:38:18.450 can be defined different ways

NOTE Confidence: 0.99657357

00:38:18.450 --> 00:38:19.350 within the immediate

NOTE Confidence: 0.96662086

00:38:19.730 --> 00:38:20.710 treatment team.

NOTE Confidence: 0.9450725

00:38:21.185 --> 00:38:23.185 So between primary clinician and

NOTE Confidence: 0.9450725

00:38:23.185 --> 00:38:25.585 prescriber and supported education person

NOTE Confidence: 0.9450725

00:38:25.585 --> 00:38:27.344 and senior specialist, all of

NOTE Confidence: 0.9450725

00:38:27.344 --> 00:38:28.725 those people, lots of communication

NOTE Confidence: 0.97102934

00:38:29.344 --> 00:38:31.105 is necessary, but also including

NOTE Confidence: 0.97102934

00:38:31.105 --> 00:38:32.065 the young people and their

NOTE Confidence: 0.97102934

00:38:32.065 --> 00:38:32.565 families

NOTE Confidence: 0.99553657

00:38:32.945 --> 00:38:33.685 as key

NOTE Confidence: 0.99410784

00:38:34.520 --> 00:38:35.420 key actors,

NOTE Confidence: 0.99856806

00:38:35.800 --> 00:38:36.619 on this team.

NOTE Confidence: 0.98002154

00:38:37.719 --> 00:38:38.599 So that's kind of our

NOTE Confidence: 0.98002154

00:38:38.599 --> 00:38:39.500 within team

NOTE Confidence: 0.9092728

00:38:39.880 --> 00:38:40.380 communication,

NOTE Confidence: 0.964253

00:38:41.079 --> 00:38:42.119 which takes up a lot

NOTE Confidence: 0.964253

00:38:42.119 --> 00:38:42.920 of you know, can take
NOTE Confidence: 0.964253

00:38:42.920 --> 00:38:43.719 up a lot of time.
NOTE Confidence: 0.964253

00:38:43.719 --> 00:38:44.700 Sometimes that,
NOTE Confidence: 0.9840681

00:38:45.560 --> 00:38:47.180 somewhat unbillable time.
NOTE Confidence: 0.9851479

00:38:48.425 --> 00:38:51.065 And then there's liaising with
NOTE Confidence: 0.9851479

00:38:51.065 --> 00:38:53.145 existing community supports, which a
NOTE Confidence: 0.9851479

00:38:53.145 --> 00:38:54.205 lot of folks maybe
NOTE Confidence: 0.9771693

00:38:54.585 --> 00:38:55.625 can think about some of
NOTE Confidence: 0.9771693

00:38:55.625 --> 00:38:57.305 the the case management type
NOTE Confidence: 0.9771693

00:38:57.305 --> 00:38:57.805 things,
NOTE Confidence: 0.9919968

00:38:58.905 --> 00:39:00.025 that folks engage in. But
NOTE Confidence: 0.9919968

00:39:00.025 --> 00:39:01.465 we also think it's it's
NOTE Confidence: 0.9919968

00:39:01.465 --> 00:39:01.965 crucial
NOTE Confidence: 0.8957275

00:39:02.585 --> 00:39:03.405 to be,
NOTE Confidence: 0.959815

00:39:05.090 --> 00:39:06.710 be educators, be informing,
NOTE Confidence: 0.97745407

00:39:08.050 --> 00:39:09.250 you know, be connected with

NOTE Confidence: 0.97745407
00:39:09.250 --> 00:39:10.370 schools if our young people
NOTE Confidence: 0.97745407
00:39:10.370 --> 00:39:11.330 are in schools, if they're
NOTE Confidence: 0.97745407
00:39:11.330 --> 00:39:12.950 in high school or college,
NOTE Confidence: 0.98283315
00:39:13.650 --> 00:39:14.550 with their permission.
NOTE Confidence: 0.99857336
00:39:15.489 --> 00:39:16.530 How can we support them
NOTE Confidence: 0.99857336
00:39:16.530 --> 00:39:17.730 and advocate for them in
NOTE Confidence: 0.99857336
00:39:17.730 --> 00:39:18.390 those settings?
NOTE Confidence: 0.99952006
00:39:19.025 --> 00:39:19.825 How can we,
NOTE Confidence: 0.8950367
00:39:20.945 --> 00:39:22.864 you know, potentially be someone
NOTE Confidence: 0.8950367
00:39:22.864 --> 00:39:23.364 who's
NOTE Confidence: 0.9992987
00:39:23.985 --> 00:39:24.485 educating
NOTE Confidence: 0.9058853
00:39:24.945 --> 00:39:26.005 a a key person,
NOTE Confidence: 0.96972376
00:39:26.305 --> 00:39:27.685 helping the special education,
NOTE Confidence: 0.99904126
00:39:29.745 --> 00:39:30.245 coordinator
NOTE Confidence: 0.96977454
00:39:30.705 --> 00:39:32.565 understand the specifics of psychosis
NOTE Confidence: 0.96977454

00:39:32.625 --> 00:39:33.605 and what accommodations,
NOTE Confidence: 0.94406766

00:39:34.420 --> 00:39:35.540 our young person might need
NOTE Confidence: 0.94406766

00:39:35.540 --> 00:39:36.920 to benefit from and
NOTE Confidence: 0.98591053

00:39:37.219 --> 00:39:37.960 maybe helping
NOTE Confidence: 0.9466187

00:39:38.340 --> 00:39:40.340 the school understand that, okay,
NOTE Confidence: 0.9466187

00:39:40.340 --> 00:39:41.080 just because
NOTE Confidence: 0.98975694

00:39:41.460 --> 00:39:41.960 someone's
NOTE Confidence: 0.9857358

00:39:42.500 --> 00:39:44.100 experiencing voices or having an
NOTE Confidence: 0.9857358

00:39:44.100 --> 00:39:45.460 uptick in symptoms doesn't mean
NOTE Confidence: 0.9857358

00:39:45.460 --> 00:39:46.820 they immediately need to call
NOTE Confidence: 0.9857358

00:39:46.820 --> 00:39:47.620 two one one or go
NOTE Confidence: 0.9857358

00:39:47.620 --> 00:39:48.440 to the hospital
NOTE Confidence: 0.881015

00:39:48.755 --> 00:39:50.355 and sharing safety plans and
NOTE Confidence: 0.881015

00:39:50.355 --> 00:39:51.495 and just finding ways
NOTE Confidence: 0.99495494

00:39:52.035 --> 00:39:52.515 to help,
NOTE Confidence: 0.99720067

00:39:52.995 --> 00:39:54.435 our young people access and

NOTE Confidence: 0.99720067
00:39:54.435 --> 00:39:55.175 be successful
NOTE Confidence: 0.95195067
00:39:55.795 --> 00:39:57.715 in these existing community environments.
NOTE Confidence: 0.95195067
00:39:57.715 --> 00:39:59.655 Right? Because, again, the goal
NOTE Confidence: 0.91424435
00:40:00.195 --> 00:40:01.335 wanting to be reintegrating
NOTE Confidence: 0.7781097
00:40:01.715 --> 00:40:02.215 folks,
NOTE Confidence: 0.93499225
00:40:03.789 --> 00:40:06.109 with age appropriate institutions and
NOTE Confidence: 0.93499225
00:40:06.109 --> 00:40:06.609 supports,
NOTE Confidence: 0.99942017
00:40:07.230 --> 00:40:07.730 not
NOTE Confidence: 0.9976046
00:40:08.190 --> 00:40:10.210 just things connected to,
NOTE Confidence: 0.976647
00:40:11.069 --> 00:40:12.509 the mental health organization. Right?
NOTE Confidence: 0.976647
00:40:12.509 --> 00:40:13.650 We wanna get them back,
NOTE Confidence: 0.95494205
00:40:14.829 --> 00:40:16.190 if possible, to to things
NOTE Confidence: 0.95494205
00:40:16.190 --> 00:40:16.989 that they were working on
NOTE Confidence: 0.95494205
00:40:16.989 --> 00:40:18.450 before, if that was mainstream
NOTE Confidence: 0.95494205
00:40:18.589 --> 00:40:20.075 school or main stream work.
NOTE Confidence: 0.97777784

00:40:20.535 --> 00:40:21.895 Of course, it's it's absolutely
NOTE Confidence: 0.97777784

00:40:21.895 --> 00:40:23.494 appropriate if folks are are
NOTE Confidence: 0.97777784

00:40:23.494 --> 00:40:25.015 not in those settings and
NOTE Confidence: 0.97777784

00:40:25.015 --> 00:40:26.055 not everyone is in the
NOTE Confidence: 0.97777784

00:40:26.055 --> 00:40:26.875 first place.
NOTE Confidence: 0.9968891

00:40:27.575 --> 00:40:29.114 But wanting folks to
NOTE Confidence: 0.9619285

00:40:31.830 --> 00:40:33.350 have that opportunity to to
NOTE Confidence: 0.9619285

00:40:33.350 --> 00:40:34.630 give back and finding ways
NOTE Confidence: 0.9619285

00:40:34.630 --> 00:40:35.930 to support them in that.
NOTE Confidence: 0.9810526

00:40:36.390 --> 00:40:37.770 So, again, lots of coordination
NOTE Confidence: 0.98138523

00:40:38.310 --> 00:40:39.510 just as everyone else is
NOTE Confidence: 0.98138523

00:40:39.510 --> 00:40:40.330 doing with
NOTE Confidence: 0.99115306

00:40:40.710 --> 00:40:42.489 other types of community supports,
NOTE Confidence: 0.99758637

00:40:43.110 --> 00:40:45.130 crisis services, jail diversion.
NOTE Confidence: 0.973007

00:40:46.464 --> 00:40:48.065 We we coordinate very closely
NOTE Confidence: 0.973007

00:40:48.065 --> 00:40:48.565 with

NOTE Confidence: 0.9994349
00:40:49.025 --> 00:40:49.765 the local
NOTE Confidence: 0.9955047
00:40:50.065 --> 00:40:52.325 crisis intervention unit or psychiatric
NOTE Confidence: 0.83739126
00:40:52.625 --> 00:40:54.244 ER and then patient units.
NOTE Confidence: 0.9951558
00:40:55.425 --> 00:40:56.625 If we if we're the
NOTE Confidence: 0.9951558
00:40:56.625 --> 00:40:57.125 ones
NOTE Confidence: 0.9528973
00:40:57.585 --> 00:40:58.645 sending our folks,
NOTE Confidence: 0.99952775
00:40:59.460 --> 00:41:00.580 or if we get word
NOTE Confidence: 0.99952775
00:41:00.580 --> 00:41:01.080 that
NOTE Confidence: 0.9545411
00:41:01.780 --> 00:41:03.300 something has happened and and
NOTE Confidence: 0.9545411
00:41:03.300 --> 00:41:04.420 they're they're back in the
NOTE Confidence: 0.9545411
00:41:04.420 --> 00:41:05.460 hospital or they're in the
NOTE Confidence: 0.9545411
00:41:05.460 --> 00:41:06.580 hospital for the first time
NOTE Confidence: 0.9545411
00:41:06.580 --> 00:41:07.460 and they're trying to send
NOTE Confidence: 0.9545411
00:41:07.460 --> 00:41:08.580 them to stuff, lots of
NOTE Confidence: 0.9545411
00:41:08.580 --> 00:41:09.080 coordination,
NOTE Confidence: 0.99743515

00:41:10.900 --> 00:41:12.360 within those organizations.
NOTE Confidence: 0.9942759

00:41:14.535 --> 00:41:15.734 And then, of course, not
NOTE Confidence: 0.9942759

00:41:15.734 --> 00:41:16.875 to be ignoring
NOTE Confidence: 0.98923445

00:41:17.175 --> 00:41:19.335 the practical practical case management
NOTE Confidence: 0.98923445

00:41:19.335 --> 00:41:19.835 needs
NOTE Confidence: 0.9791553

00:41:20.135 --> 00:41:21.015 that so many of our
NOTE Confidence: 0.9791553

00:41:21.015 --> 00:41:21.335 folks,
NOTE Confidence: 0.98966444

00:41:22.535 --> 00:41:24.214 would benefit from and those
NOTE Confidence: 0.98966444

00:41:24.214 --> 00:41:26.535 important, social determinants of mental
NOTE Confidence: 0.98966444

00:41:26.535 --> 00:41:27.869 health that we can try
NOTE Confidence: 0.98966444

00:41:27.869 --> 00:41:28.910 to have an impact on
NOTE Confidence: 0.98966444

00:41:28.910 --> 00:41:30.130 by supporting folks
NOTE Confidence: 0.99670947

00:41:30.589 --> 00:41:32.029 to engage in such benefits
NOTE Confidence: 0.99670947

00:41:32.029 --> 00:41:33.710 and entitlements that that might
NOTE Confidence: 0.99670947

00:41:33.710 --> 00:41:35.230 help their trajectory in various
NOTE Confidence: 0.99670947

00:41:35.230 --> 00:41:35.730 ways.

NOTE Confidence: 0.9731862
00:41:39.405 --> 00:41:40.545 Gonna cover this
NOTE Confidence: 0.9968359
00:41:41.165 --> 00:41:42.844 pretty quickly of just a
NOTE Confidence: 0.9968359
00:41:42.844 --> 00:41:44.305 little bit more about coordination.
NOTE Confidence: 0.9968359
00:41:44.525 --> 00:41:45.025 So
NOTE Confidence: 0.99496466
00:41:45.565 --> 00:41:46.525 we talked about some of
NOTE Confidence: 0.99496466
00:41:46.525 --> 00:41:47.425 the main elements.
NOTE Confidence: 0.9877041
00:41:48.045 --> 00:41:49.565 So this part kinda gets
NOTE Confidence: 0.9877041
00:41:49.565 --> 00:41:50.864 into some of the processes
NOTE Confidence: 0.9881532
00:41:51.645 --> 00:41:53.405 of, like, what coordination within
NOTE Confidence: 0.9881532
00:41:53.405 --> 00:41:54.545 a team looks like.
NOTE Confidence: 0.9966139
00:41:56.460 --> 00:41:56.960 So,
NOTE Confidence: 0.9975375
00:41:58.140 --> 00:41:59.660 you know, within team, as
NOTE Confidence: 0.9975375
00:41:59.660 --> 00:42:00.320 I mentioned,
NOTE Confidence: 0.99620724
00:42:01.100 --> 00:42:01.840 there's gonna
NOTE Confidence: 0.98993564
00:42:03.260 --> 00:42:04.620 be lots of communication between
NOTE Confidence: 0.98993564

00:42:04.620 --> 00:42:05.820 the primary clinician and the
NOTE Confidence: 0.98993564

00:42:05.820 --> 00:42:07.020 prescriber. That's gonna be the
NOTE Confidence: 0.98993564

00:42:07.020 --> 00:42:07.520 main
NOTE Confidence: 0.99954784

00:42:08.035 --> 00:42:08.835 treatment team.
NOTE Confidence: 0.9952238

00:42:10.435 --> 00:42:12.375 In in early intervention services,
NOTE Confidence: 0.9952238

00:42:12.435 --> 00:42:13.795 you typically have, you know,
NOTE Confidence: 0.97037554

00:42:14.515 --> 00:42:15.895 the prescriber being,
NOTE Confidence: 0.96553427

00:42:16.435 --> 00:42:17.715 I would say, probably more,
NOTE Confidence: 0.96553427

00:42:17.715 --> 00:42:18.995 you know, more involved than
NOTE Confidence: 0.96553427

00:42:18.995 --> 00:42:20.195 is is typical on the
NOTE Confidence: 0.96553427

00:42:20.195 --> 00:42:20.695 chronic
NOTE Confidence: 0.9918831

00:42:22.170 --> 00:42:23.290 basis. There's a lot more
NOTE Confidence: 0.9918831

00:42:23.290 --> 00:42:24.190 frequent meetings,
NOTE Confidence: 0.97324586

00:42:25.290 --> 00:42:27.210 more flexibility with prescribers to
NOTE Confidence: 0.97324586

00:42:27.210 --> 00:42:28.430 kinda be pulled in
NOTE Confidence: 0.95609564

00:42:28.810 --> 00:42:30.489 as needed, particularly early in

NOTE Confidence: 0.95609564

00:42:30.489 --> 00:42:31.690 a course where when someone's

NOTE Confidence: 0.95609564

00:42:31.690 --> 00:42:32.830 in that acute phase,

NOTE Confidence: 0.99490875

00:42:33.450 --> 00:42:34.489 to be able to make

NOTE Confidence: 0.99490875

00:42:34.489 --> 00:42:36.750 quick medication adjustments or

NOTE Confidence: 0.9993477

00:42:38.395 --> 00:42:39.694 to consult on a case

NOTE Confidence: 0.9296912

00:42:41.674 --> 00:42:43.515 with family and patient. Right?

NOTE Confidence: 0.9296912

00:42:43.515 --> 00:42:44.734 You wanna make sure you're

NOTE Confidence: 0.99963856

00:42:45.355 --> 00:42:45.855 available

NOTE Confidence: 0.93582773

00:42:46.234 --> 00:42:47.694 answering questions, concerns,

NOTE Confidence: 0.99588037

00:42:48.954 --> 00:42:49.934 gathering collateral,

NOTE Confidence: 0.999759

00:42:51.170 --> 00:42:52.310 making sure that

NOTE Confidence: 0.9763762

00:42:53.170 --> 00:42:54.850 concerns are being addressed and

NOTE Confidence: 0.9763762

00:42:54.850 --> 00:42:56.690 relayed about any medication side

NOTE Confidence: 0.9763762

00:42:56.690 --> 00:42:57.190 effects.

NOTE Confidence: 0.93009925

00:42:58.690 --> 00:43:00.290 We've discussed the various community

NOTE Confidence: 0.93009925

00:43:00.290 --> 00:43:01.989 supports, various case management.

NOTE Confidence: 0.9314551

00:43:03.985 --> 00:43:05.125 So within step,

NOTE Confidence: 0.9677172

00:43:05.425 --> 00:43:07.364 one of our our processes

NOTE Confidence: 0.9677172

00:43:07.505 --> 00:43:08.805 or or ways that,

NOTE Confidence: 0.9706189

00:43:09.745 --> 00:43:10.864 you know, we we have

NOTE Confidence: 0.9706189

00:43:10.864 --> 00:43:11.364 coordination.

NOTE Confidence: 0.99867535

00:43:13.265 --> 00:43:14.245 We have a

NOTE Confidence: 0.992341

00:43:14.625 --> 00:43:16.065 a daily huddle, which I'll

NOTE Confidence: 0.992341

00:43:16.065 --> 00:43:17.105 talk a little bit about

NOTE Confidence: 0.992341

00:43:17.105 --> 00:43:17.844 that. So

NOTE Confidence: 0.9950425

00:43:18.469 --> 00:43:19.829 instead of, like, one long

NOTE Confidence: 0.9950425

00:43:19.829 --> 00:43:20.950 team meeting every week, we

NOTE Confidence: 0.9950425

00:43:20.950 --> 00:43:22.469 have a it's supposed to

NOTE Confidence: 0.9950425

00:43:22.469 --> 00:43:23.529 be kind of a quick

NOTE Confidence: 0.97214776

00:43:23.989 --> 00:43:25.109 can be however long it

NOTE Confidence: 0.97214776

00:43:25.109 --> 00:43:26.230 needs to take, but can

NOTE Confidence: 0.97214776
00:43:26.230 --> 00:43:27.589 be from five minutes to
NOTE Confidence: 0.97214776
00:43:27.589 --> 00:43:28.410 thirty minutes.
NOTE Confidence: 0.97477853
00:43:28.710 --> 00:43:29.750 Rarely, it goes a little
NOTE Confidence: 0.97477853
00:43:29.750 --> 00:43:30.410 bit longer,
NOTE Confidence: 0.9517263
00:43:31.094 --> 00:43:31.815 but a kind of a
NOTE Confidence: 0.9517263
00:43:31.815 --> 00:43:32.555 quick meeting
NOTE Confidence: 0.96126837
00:43:32.935 --> 00:43:34.475 where we're huddling around,
NOTE Confidence: 0.9866249
00:43:35.975 --> 00:43:37.255 the needs for that day
NOTE Confidence: 0.9866249
00:43:37.255 --> 00:43:37.755 and
NOTE Confidence: 0.99462336
00:43:38.215 --> 00:43:40.055 coordination needs, checking in on
NOTE Confidence: 0.99462336
00:43:40.055 --> 00:43:40.555 acute
NOTE Confidence: 0.9595732
00:43:41.015 --> 00:43:42.855 patients, and various things. I'll
NOTE Confidence: 0.9595732
00:43:42.855 --> 00:43:43.975 go into more detail of
NOTE Confidence: 0.9595732
00:43:43.975 --> 00:43:44.400 it.
NOTE Confidence: 0.9809397
00:43:46.239 --> 00:43:47.440 Being able to kind of
NOTE Confidence: 0.9809397

00:43:47.440 --> 00:43:48.960 check-in with one another, whether

NOTE Confidence: 0.9809397

00:43:48.960 --> 00:43:50.500 that's in person or virtually.

NOTE Confidence: 0.9384933

00:43:52.160 --> 00:43:53.119 So it's just kinda really

NOTE Confidence: 0.9384933

00:43:53.119 --> 00:43:54.000 talking about the kind of

NOTE Confidence: 0.9384933

00:43:54.000 --> 00:43:54.660 the culture

NOTE Confidence: 0.9889183

00:43:54.960 --> 00:43:55.839 of the team and and

NOTE Confidence: 0.9889183

00:43:55.839 --> 00:43:57.279 how it's helpful when everyone

NOTE Confidence: 0.9889183

00:43:57.279 --> 00:43:57.839 is in the same

NOTE Confidence: 0.97993433

00:43:59.225 --> 00:44:00.185 I mean, we've managed to

NOTE Confidence: 0.97993433

00:44:00.185 --> 00:44:01.225 do this in a hybrid

NOTE Confidence: 0.97993433

00:44:01.225 --> 00:44:01.725 model.

NOTE Confidence: 0.9413159

00:44:02.665 --> 00:44:04.025 But sometimes teams are made

NOTE Confidence: 0.9413159

00:44:04.025 --> 00:44:04.665 up of, you know, we

NOTE Confidence: 0.9413159

00:44:04.665 --> 00:44:05.625 got a prescriber at a

NOTE Confidence: 0.9413159

00:44:05.625 --> 00:44:06.985 different site or things like

NOTE Confidence: 0.9413159

00:44:06.985 --> 00:44:08.105 that that can make things

NOTE Confidence: 0.9413159
00:44:08.105 --> 00:44:08.605 challenging.
NOTE Confidence: 0.96276575
00:44:09.625 --> 00:44:10.665 But that's where maybe you'd
NOTE Confidence: 0.96276575
00:44:10.665 --> 00:44:12.505 use emails or phone calls
NOTE Confidence: 0.96276575
00:44:12.505 --> 00:44:13.805 or or Zoom calls.
NOTE Confidence: 0.98245645
00:44:14.969 --> 00:44:16.350 So lots of different ways
NOTE Confidence: 0.98245645
00:44:16.650 --> 00:44:18.090 that we promote communication on
NOTE Confidence: 0.98245645
00:44:18.090 --> 00:44:19.230 the team and that it's
NOTE Confidence: 0.98245645
00:44:19.450 --> 00:44:20.110 an expected
NOTE Confidence: 0.99976563
00:44:20.969 --> 00:44:22.110 part of the culture
NOTE Confidence: 0.92486995
00:44:22.890 --> 00:44:23.770 and the part of kind
NOTE Confidence: 0.92486995
00:44:23.770 --> 00:44:24.969 of caring for folks that
NOTE Confidence: 0.92486995
00:44:24.969 --> 00:44:25.469 although
NOTE Confidence: 0.98652494
00:44:26.410 --> 00:44:27.850 the primary clinician is usually
NOTE Confidence: 0.98652494
00:44:27.850 --> 00:44:29.230 the main point of contact
NOTE Confidence: 0.9543577
00:44:29.885 --> 00:44:31.645 for the young person in
NOTE Confidence: 0.9543577

00:44:31.645 --> 00:44:33.265 a early intervention service
NOTE Confidence: 0.92251

00:44:33.805 --> 00:44:34.765 that they are a part
NOTE Confidence: 0.92251

00:44:34.765 --> 00:44:35.565 of the team. Right? That's
NOTE Confidence: 0.92251

00:44:35.565 --> 00:44:37.005 specially team based care where
NOTE Confidence: 0.92251

00:44:37.005 --> 00:44:38.625 you're consulting with other members.
NOTE Confidence: 0.97248596

00:44:39.244 --> 00:44:39.744 You're,
NOTE Confidence: 0.9893048

00:44:40.765 --> 00:44:42.125 pulling in other team members
NOTE Confidence: 0.9893048

00:44:42.125 --> 00:44:43.165 to to kinda help with
NOTE Confidence: 0.9893048

00:44:43.165 --> 00:44:43.825 the care.
NOTE Confidence: 0.9949395

00:44:45.400 --> 00:44:46.360 So a bit more about
NOTE Confidence: 0.9949395

00:44:46.360 --> 00:44:47.100 what Huddl
NOTE Confidence: 0.98913944

00:44:47.719 --> 00:44:48.460 looks like.
NOTE Confidence: 0.94745517

00:44:48.840 --> 00:44:49.980 Right? Perhaps folks
NOTE Confidence: 0.9863118

00:44:50.440 --> 00:44:51.180 have these,
NOTE Confidence: 0.9989114

00:44:53.000 --> 00:44:53.660 you know,
NOTE Confidence: 0.98278755

00:44:54.040 --> 00:44:55.000 same type of things, but

NOTE Confidence: 0.98278755
00:44:55.000 --> 00:44:56.280 it's, again, it's our daily
NOTE Confidence: 0.98278755
00:44:56.280 --> 00:44:57.180 morning meeting
NOTE Confidence: 0.9955843
00:44:58.055 --> 00:44:59.415 with the the function of
NOTE Confidence: 0.9955843
00:44:59.415 --> 00:45:02.075 providing promoting efficient team coordination,
NOTE Confidence: 0.99302655
00:45:02.855 --> 00:45:04.614 clinical care coordination, as well
NOTE Confidence: 0.99302655
00:45:04.614 --> 00:45:06.235 as team cohesion and connection.
NOTE Confidence: 0.9653275
00:45:08.614 --> 00:45:10.375 It's a structured opportunity for
NOTE Confidence: 0.9653275
00:45:10.375 --> 00:45:11.675 team members to communicate,
NOTE Confidence: 0.99751675
00:45:12.420 --> 00:45:15.059 collectively strategize about managing daily
NOTE Confidence: 0.99751675
00:45:15.059 --> 00:45:15.960 client needs.
NOTE Confidence: 0.8190942
00:45:17.940 --> 00:45:18.599 So usually,
NOTE Confidence: 0.9826829
00:45:18.900 --> 00:45:19.940 right, we kinda have a
NOTE Confidence: 0.9826829
00:45:19.940 --> 00:45:21.380 little working agenda through it.
NOTE Confidence: 0.9826829
00:45:21.380 --> 00:45:22.359 We start with
NOTE Confidence: 0.9126612
00:45:22.900 --> 00:45:23.719 okay. Like,
NOTE Confidence: 0.89347917

00:45:24.020 --> 00:45:25.780 right. Morning, everyone. Like, who
NOTE Confidence: 0.9503379

00:45:26.585 --> 00:45:27.384 we don't run through the
NOTE Confidence: 0.9503379

00:45:27.384 --> 00:45:28.825 whole pace load, but we
NOTE Confidence: 0.9503379

00:45:28.825 --> 00:45:30.585 check-in, like, okay. Any new
NOTE Confidence: 0.9503379

00:45:30.585 --> 00:45:32.344 hospitalizations or let's check-in on
NOTE Confidence: 0.9503379

00:45:32.344 --> 00:45:33.305 our folks that might be
NOTE Confidence: 0.9503379

00:45:33.305 --> 00:45:35.625 currently hospitalized or experiencing acute
NOTE Confidence: 0.9503379

00:45:35.625 --> 00:45:37.244 symptoms and we're concerned about.
NOTE Confidence: 0.967536

00:45:38.505 --> 00:45:39.704 And then any more, like,
NOTE Confidence: 0.967536

00:45:39.704 --> 00:45:42.099 acute coordination needs or okay.
NOTE Confidence: 0.967536

00:45:42.099 --> 00:45:42.820 You know what? I've got
NOTE Confidence: 0.967536

00:45:42.820 --> 00:45:43.940 this person coming in today,
NOTE Confidence: 0.967536

00:45:43.940 --> 00:45:45.219 and I'm pretty concerned about
NOTE Confidence: 0.967536

00:45:45.219 --> 00:45:45.719 them.
NOTE Confidence: 0.99476075

00:45:46.339 --> 00:45:47.380 I think I might need
NOTE Confidence: 0.99476075

00:45:47.380 --> 00:45:47.880 backup

NOTE Confidence: 0.95962894
00:45:48.579 --> 00:45:50.020 at this time, or I'm
NOTE Confidence: 0.95962894
00:45:50.180 --> 00:45:51.000 I might need
NOTE Confidence: 0.9974244
00:45:51.619 --> 00:45:53.320 to initiate a mobile crisis
NOTE Confidence: 0.9874154
00:45:53.975 --> 00:45:55.094 call. So, like, we're we're
NOTE Confidence: 0.9874154
00:45:55.094 --> 00:45:56.614 kind of talking, planning ahead,
NOTE Confidence: 0.9874154
00:45:56.614 --> 00:45:57.835 supporting each other
NOTE Confidence: 0.92156875
00:45:58.614 --> 00:45:59.114 emotionally,
NOTE Confidence: 0.995054
00:46:00.055 --> 00:46:00.555 clinically,
NOTE Confidence: 0.96072215
00:46:01.175 --> 00:46:02.155 but also practically.
NOTE Confidence: 0.9569521
00:46:04.535 --> 00:46:05.495 It does kinda turn into
NOTE Confidence: 0.9569521
00:46:05.495 --> 00:46:07.175 a peer supervision at times.
NOTE Confidence: 0.9569521
00:46:07.175 --> 00:46:07.675 So
NOTE Confidence: 0.9107148
00:46:08.130 --> 00:46:09.730 sometimes it'll evolve into kind
NOTE Confidence: 0.9107148
00:46:09.730 --> 00:46:10.469 of consultation,
NOTE Confidence: 0.9968691
00:46:11.730 --> 00:46:13.089 within the team on clients
NOTE Confidence: 0.9968691

00:46:13.089 --> 00:46:14.309 with complex needs.
NOTE Confidence: 0.9943501

00:46:15.329 --> 00:46:16.789 We'll discuss new clients,
NOTE Confidence: 0.9526085

00:46:17.650 --> 00:46:18.849 or anyone who's like we've
NOTE Confidence: 0.9526085

00:46:18.930 --> 00:46:19.890 we just heard from the
NOTE Confidence: 0.9526085

00:46:19.890 --> 00:46:20.930 hospital that there's a new
NOTE Confidence: 0.9526085

00:46:20.930 --> 00:46:21.430 potential
NOTE Confidence: 0.94449705

00:46:21.825 --> 00:46:23.125 eligible step patient.
NOTE Confidence: 0.96545756

00:46:23.505 --> 00:46:25.205 We're starting to engage them.
NOTE Confidence: 0.9906725

00:46:25.585 --> 00:46:26.385 Wanna let you know that
NOTE Confidence: 0.9906725

00:46:26.385 --> 00:46:26.885 they're,
NOTE Confidence: 0.970229

00:46:27.984 --> 00:46:29.105 might be getting discharged in
NOTE Confidence: 0.970229

00:46:29.105 --> 00:46:30.325 a couple days. So
NOTE Confidence: 0.98060715

00:46:30.945 --> 00:46:32.464 who's gonna who's next up
NOTE Confidence: 0.98060715

00:46:32.464 --> 00:46:33.125 to take
NOTE Confidence: 0.93108654

00:46:33.505 --> 00:46:34.464 a a new client? Do
NOTE Confidence: 0.93108654

00:46:34.464 --> 00:46:35.344 you wanna engage in the

NOTE Confidence: 0.93108654

00:46:35.344 --> 00:46:36.810 discharge meeting at the hospital?

NOTE Confidence: 0.93108654

00:46:36.810 --> 00:46:37.850 If so, so we we've

NOTE Confidence: 0.93108654

00:46:37.850 --> 00:46:38.510 got engagement

NOTE Confidence: 0.9843648

00:46:39.050 --> 00:46:40.750 and coordination within our outreach

NOTE Confidence: 0.8642303

00:46:41.690 --> 00:46:42.810 intake team. They join the

NOTE Confidence: 0.8642303

00:46:42.810 --> 00:46:43.630 huddle and

NOTE Confidence: 0.89752114

00:46:44.010 --> 00:46:45.150 kinda talk about that.

NOTE Confidence: 0.96198624

00:46:45.850 --> 00:46:46.810 So in addition to all

NOTE Confidence: 0.96198624

00:46:46.810 --> 00:46:49.310 these, like, practical clinical things,

NOTE Confidence: 0.99344295

00:46:50.170 --> 00:46:51.210 it's also just a way

NOTE Confidence: 0.99344295

00:46:51.210 --> 00:46:52.270 to kinda have some

NOTE Confidence: 0.99447125

00:46:52.704 --> 00:46:54.145 daily contact, not feel so

NOTE Confidence: 0.99447125

00:46:54.145 --> 00:46:55.364 siloed and isolated.

NOTE Confidence: 0.9877815

00:46:56.704 --> 00:46:57.665 You know, we we try

NOTE Confidence: 0.9877815

00:46:57.665 --> 00:46:59.424 to check-in. It doesn't become

NOTE Confidence: 0.9877815

00:46:59.585 --> 00:47:00.704 you know, there there's always,
NOTE Confidence: 0.9877815

00:47:00.704 --> 00:47:02.224 like, some elements of kind
NOTE Confidence: 0.9877815

00:47:02.224 --> 00:47:02.885 of social
NOTE Confidence: 0.9668882

00:47:03.344 --> 00:47:05.204 check ins about it or,
NOTE Confidence: 0.9668882

00:47:05.415 --> 00:47:06.325 you know, we're,
NOTE Confidence: 0.9924894

00:47:07.150 --> 00:47:08.430 you know, checking in if
NOTE Confidence: 0.9924894

00:47:08.430 --> 00:47:09.250 anyone has
NOTE Confidence: 0.94340575

00:47:09.630 --> 00:47:10.989 has needs. Does anyone have
NOTE Confidence: 0.94340575

00:47:10.989 --> 00:47:11.790 a out for a doctor's
NOTE Confidence: 0.94340575

00:47:11.790 --> 00:47:12.910 appointment today and they need
NOTE Confidence: 0.94340575

00:47:12.910 --> 00:47:14.850 extra support or they're
NOTE Confidence: 0.9832956

00:47:15.230 --> 00:47:16.590 managing hybrid with a sick
NOTE Confidence: 0.9832956

00:47:16.590 --> 00:47:17.710 kid at home or something
NOTE Confidence: 0.9832956

00:47:17.710 --> 00:47:18.590 like that? And it's a
NOTE Confidence: 0.9832956

00:47:18.590 --> 00:47:20.175 way to you know, again,
NOTE Confidence: 0.9832956

00:47:20.175 --> 00:47:21.215 that's part of that team

NOTE Confidence: 0.9832956

00:47:21.215 --> 00:47:23.215 culture of, like, supporting one

NOTE Confidence: 0.9832956

00:47:23.215 --> 00:47:23.715 another,

NOTE Confidence: 0.9614951

00:47:25.375 --> 00:47:26.995 trying to kind of limit

NOTE Confidence: 0.93217

00:47:27.455 --> 00:47:28.975 in work burnout, and and

NOTE Confidence: 0.93217

00:47:28.975 --> 00:47:30.255 really helping folks feel kind

NOTE Confidence: 0.93217

00:47:30.255 --> 00:47:31.635 of connected and supported

NOTE Confidence: 0.99888283

00:47:32.255 --> 00:47:33.555 in this, you know,

NOTE Confidence: 0.9851326

00:47:33.940 --> 00:47:34.680 high stress,

NOTE Confidence: 0.99832344

00:47:36.580 --> 00:47:38.020 occupation that all of us

NOTE Confidence: 0.99832344

00:47:38.020 --> 00:47:39.400 are finding ourselves in.

NOTE Confidence: 0.9967736

00:47:40.900 --> 00:47:42.680 So I'm not gonna go

NOTE Confidence: 0.9967736

00:47:42.900 --> 00:47:44.680 into this in-depth, but one

NOTE Confidence: 0.9967736

00:47:44.820 --> 00:47:46.739 actual communication strategy that we

NOTE Confidence: 0.9967736

00:47:46.739 --> 00:47:47.864 tend to use to streamline

NOTE Confidence: 0.9967736

00:47:47.864 --> 00:47:49.065 a lot of these clinical

NOTE Confidence: 0.9967736

00:47:49.065 --> 00:47:50.765 discussions is the SBAR technique.
NOTE Confidence: 0.982525

00:47:51.785 --> 00:47:53.225 So these slides will be
NOTE Confidence: 0.982525

00:47:53.225 --> 00:47:54.665 referenced, but this is a
NOTE Confidence: 0.982525

00:47:54.665 --> 00:47:56.445 technique frequently used in hospitals
NOTE Confidence: 0.9438244

00:47:56.825 --> 00:47:58.525 for handoffs that shift changes,
NOTE Confidence: 0.9438244

00:47:58.745 --> 00:47:59.785 and we find it really
NOTE Confidence: 0.9438244

00:47:59.785 --> 00:48:00.925 effective to communicate.
NOTE Confidence: 0.99764043

00:48:01.869 --> 00:48:02.609 So you briefly
NOTE Confidence: 0.98760563

00:48:02.910 --> 00:48:04.390 provide an update about the
NOTE Confidence: 0.98760563

00:48:04.390 --> 00:48:05.170 the situation,
NOTE Confidence: 0.99559623

00:48:06.109 --> 00:48:08.770 relevant background, not completely comprehensive
NOTE Confidence: 0.99559623

00:48:08.830 --> 00:48:09.330 background,
NOTE Confidence: 0.9854041

00:48:09.950 --> 00:48:11.630 your current assessment, and then
NOTE Confidence: 0.9854041

00:48:11.630 --> 00:48:13.550 your recommendation or response. So
NOTE Confidence: 0.9854041

00:48:13.550 --> 00:48:14.430 it's a way to say,
NOTE Confidence: 0.9854041

00:48:14.430 --> 00:48:14.930 like,
NOTE Confidence: 0.8209339
00:48:16.344 --> 00:48:16.844 hey.
NOTE Confidence: 0.99292797
00:48:17.625 --> 00:48:18.364 You know,
NOTE Confidence: 0.9181753
00:48:18.665 --> 00:48:19.945 John Smith is twenty four
NOTE Confidence: 0.9181753
00:48:19.945 --> 00:48:21.165 year old white male.
NOTE Confidence: 0.9133485
00:48:21.625 --> 00:48:23.485 He's got persistent auditory hallucinations
NOTE Confidence: 0.9133485
00:48:23.625 --> 00:48:24.364 in SI.
NOTE Confidence: 0.9849408
00:48:24.665 --> 00:48:25.864 I'm concerned about their risk
NOTE Confidence: 0.9849408
00:48:25.864 --> 00:48:27.305 for self. They're coming in
NOTE Confidence: 0.9849408
00:48:27.305 --> 00:48:28.525 today at two o'clock.
NOTE Confidence: 0.97645664
00:48:29.580 --> 00:48:31.020 Background, they've had some suicide
NOTE Confidence: 0.97645664
00:48:31.020 --> 00:48:32.700 attempts, etcetera. They've recently stopped
NOTE Confidence: 0.97645664
00:48:32.700 --> 00:48:33.440 their antipsychotics.
NOTE Confidence: 0.97275734
00:48:34.060 --> 00:48:34.880 My assessment,
NOTE Confidence: 0.9600576
00:48:36.460 --> 00:48:37.580 I think they're at increased
NOTE Confidence: 0.9600576
00:48:37.580 --> 00:48:39.340 risk of suicide based on

NOTE Confidence: 0.9600576

00:48:39.340 --> 00:48:40.400 x, y, and z.

NOTE Confidence: 0.9721769

00:48:41.735 --> 00:48:42.315 And then

NOTE Confidence: 0.94014

00:48:42.935 --> 00:48:45.355 there's a, you know, recommendation

NOTE Confidence: 0.94014

00:48:45.495 --> 00:48:46.375 or kind of a call

NOTE Confidence: 0.94014

00:48:46.375 --> 00:48:47.594 for support. Like,

NOTE Confidence: 0.9808363

00:48:47.895 --> 00:48:48.614 how do we think we

NOTE Confidence: 0.9808363

00:48:48.614 --> 00:48:49.655 should handle this? What do

NOTE Confidence: 0.9808363

00:48:49.655 --> 00:48:50.614 folks think? And then you

NOTE Confidence: 0.9808363

00:48:50.614 --> 00:48:51.815 kinda develop that together. So

NOTE Confidence: 0.9808363

00:48:51.815 --> 00:48:52.935 it's an efficient way to

NOTE Confidence: 0.9808363

00:48:52.935 --> 00:48:53.435 communicate

NOTE Confidence: 0.98199093

00:48:54.350 --> 00:48:55.390 in a a, you know,

NOTE Confidence: 0.98199093

00:48:55.390 --> 00:48:56.510 a time limited manner and

NOTE Confidence: 0.98199093

00:48:56.510 --> 00:48:57.469 to kinda get all of

NOTE Confidence: 0.98199093

00:48:57.469 --> 00:48:57.969 the,

NOTE Confidence: 0.9996561

00:48:59.469 --> 00:49:01.330 important clinical information across.

NOTE Confidence: 0.99771

00:49:04.030 --> 00:49:04.530 Alright.

NOTE Confidence: 0.94816095

00:49:06.110 --> 00:49:07.550 So I didn't leave much

NOTE Confidence: 0.94816095

00:49:07.550 --> 00:49:08.370 time for