WEBVTT

00:00:02.320 --> 00:00:03.060 Good afternoon.

00:00:05.040 --> 00:00:06.980 Everybody everybody is so excited

00:00:07.040 --> 00:00:08.420 about today's grand rounds

00:00:08.720 --> 00:00:09.860 as you should be.

00:00:10.400 --> 00:00:12.080 So before the excitement of

00:00:12.080 --> 00:00:13.200 grand rounds, just a couple

00:00:13.200 --> 00:00:14.500 of bureaucratic thingies.

00:00:16.145 --> 00:00:16.645 CEUs

00:00:17.345 --> 00:00:18.164 are available,

00:00:18.465 --> 00:00:19.525 and you need to

00:00:20.785 --> 00:00:22.305 log on the QR code

00:00:22.305 --> 00:00:23.605 back there, and it'll walk

00:00:24.064 --> 00:00:26.145 through. That's for social work

00:00:26.145 --> 00:00:26.645 EEUs.

00:00:27.425 --> 00:00:28.485 And CMEs,

NOTE Confidence: 0.94962347

00:00:29.510 --> 00:00:30.650 were hard at work,

NOTE Confidence: 0.9787674

00:00:31.430 --> 00:00:32.470 trying to address that. So,

NOTE Confidence: 0.9787674

00:00:32.470 --> 00:00:33.430 hopefully, before the end of

NOTE Confidence: 0.9787674

00:00:33.430 --> 00:00:34.790 the presentation, we'll we'll let

NOTE Confidence: 0.9787674

00:00:34.790 --> 00:00:35.450 you know.

NOTE Confidence: 0.99872744

00:00:36.150 --> 00:00:37.370 And that's it for bureaucracy.

NOTE Confidence: 0.9593402

00:00:40.630 --> 00:00:42.310 So today, I'm I'm just

NOTE Confidence: 0.9593402

00:00:42.310 --> 00:00:43.270 thrilled with the,

NOTE Confidence: 0.9411684

00:00:43.995 --> 00:00:46.015 the presenter we have today.

NOTE Confidence: 0.999005

00:00:46.795 --> 00:00:47.774 A dear friend

NOTE Confidence: 0.9199979

00:00:48.395 --> 00:00:50.094 from long long time ago,

NOTE Confidence: 0.9586628

00:00:50.715 --> 00:00:52.094 from Boston initially,

NOTE Confidence: 0.9731009

00:00:52.715 --> 00:00:54.315 but she has traveled, south

NOTE Confidence: 0.9731009

00:00:54.315 --> 00:00:55.195 to New York where she

NOTE Confidence: 0.9731009

00:00:55.195 --> 00:00:56.875 has built this extraordinary career

NOTE Confidence: 0.9731009

00:00:56.875 --> 00:00:58.235 that we're gonna hear a

NOTE Confidence: 0.9731009

00:00:58.235 --> 00:00:59.135 little bit about.

NOTE Confidence: 0.9981562

00:00:59.760 --> 00:01:00.260 So,

NOTE Confidence: 0.9119242

00:01:00.800 --> 00:01:02.000 Jenny Havens has,

NOTE Confidence: 0.9989572

00:01:03.120 --> 00:01:04.959 way too many titles and

NOTE Confidence: 0.9989572

00:01:04.959 --> 00:01:05.459 honorifics

NOTE Confidence: 0.98573285

00:01:06.480 --> 00:01:07.520 that I could turn into

NOTE Confidence: 0.98573285

00:01:07.520 --> 00:01:09.040 sophorifics, so I won't do

NOTE Confidence: 0.98573285

00:01:09.040 --> 00:01:09.920 that. But I'll tell you

NOTE Confidence: 0.98573285

00:01:09.920 --> 00:01:11.200 that she is the Arnold

NOTE Confidence: 0.98573285

00:01:11.200 --> 00:01:12.100 Simon professor

NOTE Confidence: 0.976979

00:01:12.785 --> 00:01:14.225 and the chair at the

NOTE Confidence: 0.976979

00:01:14.225 --> 00:01:15.845 NYU Child Study Center

NOTE Confidence: 0.92223966

00:01:16.385 --> 00:01:18.145 where she has, done a

NOTE Confidence: 0.92223966

00:01:18.145 --> 00:01:19.205 remarkable job

NOTE Confidence: 0.9258527

00:01:19.584 --> 00:01:19.985 in,

NOTE Confidence: 0.92779726

00:01:20.465 --> 00:01:22.465 growing the place in, put

NOTE Confidence: 0.92779726

00:01:22.545 --> 00:01:23.665 putting it at the at

NOTE Confidence: 0.92779726

00:01:23.665 --> 00:01:24.645 the cutting edge.

NOTE Confidence: 0.99039507

00:01:25.265 --> 00:01:26.385 And she has done so

NOTE Confidence: 0.99039507

00:01:26.385 --> 00:01:27.345 in in a number of

NOTE Confidence: 0.99039507

00:01:27.345 --> 00:01:28.084 ways, but

NOTE Confidence: 0.8849533

00:01:28.750 --> 00:01:30.290 the two that I'll mention

NOTE Confidence: 0.9928281

00:01:30.830 --> 00:01:31.569 are that,

NOTE Confidence: 0.9217062

00:01:32.430 --> 00:01:34.030 her long standing interest has

NOTE Confidence: 0.9217062

00:01:34.030 --> 00:01:34.850 been trauma.

NOTE Confidence: 0.9865601

00:01:35.470 --> 00:01:35.970 And,

NOTE Confidence: 0.99981076

00:01:36.430 --> 00:01:37.790 she and her team have

NOTE Confidence: 0.99981076

00:01:37.790 --> 00:01:38.450 put together

NOTE Confidence: 0.9949416

00:01:38.909 --> 00:01:40.049 incredible interventions,

NOTE Confidence: 0.958788

00:01:40.685 --> 00:01:41.564 evidence based,

NOTE Confidence: 0.984451

00:01:42.284 --> 00:01:44.064 interventions for traumatized children

NOTE Confidence: 0.9784449

00:01:44.604 --> 00:01:45.985 ranging from inpatient

NOTE Confidence: 0.9964355

00:01:46.444 --> 00:01:46.944 units

NOTE Confidence: 0.9970219

00:01:47.645 --> 00:01:49.244 to the outpatient world and

NOTE Confidence: 0.9970219

00:01:49.244 --> 00:01:50.305 everything in between.

NOTE Confidence: 0.98680013

00:01:51.325 --> 00:01:53.405 Some years ago, Jenny was

NOTE Confidence: 0.98680013

00:01:53.405 --> 00:01:54.765 the lead person in putting

NOTE Confidence: 0.98680013

00:01:54.765 --> 00:01:55.265 together

NOTE Confidence: 0.9238841

00:01:57.180 --> 00:01:58.560 the CIU, CPIU,

NOTE Confidence: 0.6941626

00:01:59.020 --> 00:01:59.520 CUU

NOTE Confidence: 0.95042264

00:01:59.820 --> 00:02:00.860 something. There's a c and

NOTE Confidence: 0.95042264

00:02:00.860 --> 00:02:01.900 there's a u in there.

NOTE Confidence: 0.95042264

00:02:01.900 --> 00:02:03.520 But it's the largest,

NOTE Confidence: 0.9881576

00:02:04.380 --> 00:02:06.880 child psychiatry emergency room intervention

NOTE Confidence: 0.9881576

00:02:07.020 --> 00:02:08.639 in, in in New York,

NOTE Confidence: 0.9881576

00:02:08.905 --> 00:02:09.944 again, with a lot of

NOTE Confidence: 0.9881576

00:02:09.944 --> 00:02:12.284 evidence based trauma informed care.

NOTE Confidence: 0.9891191

00:02:13.465 --> 00:02:13.965 And,

NOTE Confidence: 0.9761841

00:02:14.424 --> 00:02:15.705 once you know her, you're

NOTE Confidence: 0.9761841

00:02:15.705 --> 00:02:16.905 gonna see just how shy

NOTE Confidence: 0.9761841

00:02:16.905 --> 00:02:18.185 she is. She's very, very

NOTE Confidence: 0.9761841

00:02:18.185 --> 00:02:18.685 shy.

NOTE Confidence: 0.9755367

00:02:19.544 --> 00:02:20.985 And it takes a lot

NOTE Confidence: 0.9755367

00:02:20.985 --> 00:02:23.220 of shyness to go hand

NOTE Confidence: 0.9755367

00:02:23.220 --> 00:02:24.520 to hand in arm wrestling

NOTE Confidence: 0.96935433

00:02:25.060 --> 00:02:26.020 with the big boys and

NOTE Confidence: 0.96935433

00:02:26.020 --> 00:02:27.139 girls in New York City

NOTE Confidence: 0.96935433

00:02:27.139 --> 00:02:28.280 and New York State.

NOTE Confidence: 0.9817503

00:02:28.820 --> 00:02:30.180 And Jenny has done that

NOTE Confidence: 0.9817503

00:02:30.180 --> 00:02:31.540 through her career, and she

NOTE Confidence: 0.9817503

00:02:31.540 --> 00:02:32.200 has done

NOTE Confidence: 0.9707416

00:02:32.580 --> 00:02:33.940 changes not only at the

NOTE Confidence: 0.9707416

00:02:33.940 --> 00:02:35.540 NYU level, but at the

NOTE Confidence: 0.9707416

00:02:35.540 --> 00:02:37.534 city level and very impressively

NOTE Confidence: 0.9707416

00:02:37.594 --> 00:02:38.875 at the state level. She

NOTE Confidence: 0.9707416

00:02:38.875 --> 00:02:39.915 is, you know, right up

NOTE Confidence: 0.9707416

00:02:39.915 --> 00:02:40.415 there,

NOTE Confidence: 0.9833736

00:02:40.875 --> 00:02:41.915 with our friend the mayor

NOTE Confidence: 0.9833736

00:02:41.915 --> 00:02:43.114 and with all sorts of

NOTE Confidence: 0.9833736

00:02:43.114 --> 00:02:44.474 people in New York, you

NOTE Confidence: 0.9833736

00:02:44.474 --> 00:02:45.995 know, pulling doll dollars out

NOTE Confidence: 0.9833736

00:02:45.995 --> 00:02:47.194 of their back pockets. I

NOTE Confidence: 0.9833736

00:02:47.194 --> 00:02:48.075 don't know how she does

NOTE Confidence: 0.9833736

00:02:48.075 --> 00:02:49.660 it, but she has really

NOTE Confidence: 0.9833736

00:02:49.660 --> 00:02:51.180 brought child psychiatry into a

NOTE Confidence: 0.9833736

00:02:51.180 --> 00:02:52.460 whole new level of,

NOTE Confidence: 0.9541198

00:02:52.940 --> 00:02:53.440 disability.

NOTE Confidence: 0.91236323

00:02:54.300 --> 00:02:55.500 So I is that enough,

NOTE Confidence: 0.91236323

00:02:55.500 --> 00:02:56.139 or should I say more?

NOTE Confidence: 0.91236323

00:02:56.139 --> 00:02:56.940 That's enough. Fuck it. That's

NOTE Confidence: 0.91236323

00:02:56.940 --> 00:02:57.440 enough.

NOTE Confidence: 0.9270035

00:02:58.060 --> 00:02:59.180 She says that's enough. Okay.

NOTE Confidence: 0.9270035

00:02:59.180 --> 00:03:00.060 So I give you my

NOTE Confidence: 0.9270035

00:03:00.060 --> 00:03:01.760 dear friend, Jenny Havens.

NOTE Confidence: 0.7994071

00:03:03.419 --> 00:03:04.160 It's nice.

NOTE Confidence: 0.9475882

00:03:06.845 --> 00:03:08.685 Thank you, Andres. I'm gonna

NOTE Confidence: 0.9475882

00:03:08.685 --> 00:03:09.745 stand up here.

NOTE Confidence: 0.9521646

00:03:11.005 --> 00:03:12.125 Thank you for that kind

NOTE Confidence: 0.9521646

00:03:12.125 --> 00:03:12.625 introduction,

NOTE Confidence: 0.9994471

00:03:13.085 --> 00:03:13.745 and I

NOTE Confidence: 0.9675342

00:03:14.044 --> 00:03:15.965 am absolutely thrilled to be

NOTE Confidence: 0.9675342

00:03:15.965 --> 00:03:17.325 here at the other department

NOTE Confidence: 0.9675342

00:03:17.325 --> 00:03:19.005 of child and adolescent psychiatry

NOTE Confidence: 0.9675342

00:03:19.005 --> 00:03:19.745 in the country.

NOTE Confidence: 0.97451794

00:03:21.870 --> 00:03:23.230 I just met your chair

NOTE Confidence: 0.97451794

00:03:23.230 --> 00:03:25.090 and we have elaborate plans

NOTE Confidence: 0.960786

00:03:25.629 --> 00:03:26.830 about how we're gonna change

NOTE Confidence: 0.960786

00:03:26.830 --> 00:03:28.269 the world. I was at

NOTE Confidence: 0.960786

00:03:28.269 --> 00:03:30.430 Columbia for my entire career

NOTE Confidence: 0.960786

00:03:30.430 --> 00:03:32.209 and I went to NYU

NOTE Confidence: 0.9947011

00:03:32.510 --> 00:03:33.764 in two thousand and eight

NOTE Confidence: 0.9879187

00:03:34.325 --> 00:03:34.825 expressly

NOTE Confidence: 0.99252295

00:03:35.205 --> 00:03:36.025 to divide

NOTE Confidence: 0.9928029

00:03:36.405 --> 00:03:38.165 the child psychiatry service at

NOTE Confidence: 0.9928029

00:03:38.165 --> 00:03:38.665 Bellevue

NOTE Confidence: 0.9571522

00:03:39.765 --> 00:03:40.825 off from adult.

NOTE Confidence: 0.9780696

00:03:41.205 --> 00:03:42.485 And that's literally what they

NOTE Confidence: 0.9780696

00:03:42.485 --> 00:03:43.765 did. They divided it off

NOTE Confidence: 0.9780696

00:03:43.765 --> 00:03:45.444 and gave us nothing. So

NOTE Confidence: 0.9780696

00:03:45.444 --> 00:03:47.110 we were clawing our way

NOTE Confidence: 0.9780696

00:03:47.110 --> 00:03:48.069 things out of the walls

NOTE Confidence: 0.9780696

00:03:48.069 --> 00:03:49.830 there. But, you know, Bellevue

NOTE Confidence: 0.9780696

00:03:49.830 --> 00:03:50.870 is the we call it

NOTE Confidence: 0.9780696

00:03:50.870 --> 00:03:52.310 the cradle of American child

NOTE Confidence: 0.9780696

00:03:52.310 --> 00:03:52.810 psychiatry

NOTE Confidence: 0.66265446

00:03:53.670 --> 00:03:54.170 because,

NOTE Confidence: 0.9695922

00:03:54.629 --> 00:03:55.750 first one of the first

NOTE Confidence: 0.9695922

00:03:55.750 --> 00:03:57.430 two child inpatient units in

NOTE Confidence: 0.9695922

00:03:57.430 --> 00:03:58.629 twenty three, the other at

NOTE Confidence: 0.9695922

00:03:58.629 --> 00:03:59.985 Hopkins, and then the first

NOTE Confidence: 0.9695922

00:04:00.225 --> 00:04:01.585 adolescent unit in thirty seven

NOTE Confidence: 0.9695922

00:04:01.585 --> 00:04:02.325 in the country.

NOTE Confidence: 0.99675345

00:04:02.865 --> 00:04:03.925 Lots of research,

NOTE Confidence: 0.9308432

00:04:05.345 --> 00:04:07.605 in the, over the twentieth,

NOTE Confidence: 0.962458

00:04:08.145 --> 00:04:09.045 twentieth century.

NOTE Confidence: 0.98664665

00:04:09.665 --> 00:04:11.845 And it's a public hospital.

NOTE Confidence: 0.98798805

00:04:12.780 --> 00:04:14.219 So, in New York City,

NOTE Confidence: 0.98798805

00:04:14.219 --> 00:04:15.420 I was explaining to my

NOTE Confidence: 0.98798805

00:04:15.420 --> 00:04:16.380 colleagues here in New York

NOTE Confidence: 0.98798805

00:04:16.380 --> 00:04:18.080 City, most of the behavioral

NOTE Confidence: 0.98798805

00:04:18.139 --> 00:04:19.839 health work has been delegated

NOTE Confidence: 0.98798805

00:04:19.900 --> 00:04:21.339 to the public hospital system.

NOTE Confidence: 0.98798805

00:04:21.339 --> 00:04:22.639 There are eleven hospitals,

NOTE Confidence: 0.99486923

00:04:24.139 --> 00:04:25.979 serving the city. And because

NOTE Confidence: 0.99486923

00:04:25.979 --> 00:04:27.839 behavioral health doesn't make money,

NOTE Confidence: 0.99486923

00:04:27.855 --> 00:04:28.815 it's been pushed out of

NOTE Confidence: 0.99486923

00:04:28.815 --> 00:04:30.255 the privates into the public

NOTE Confidence: 0.99486923

00:04:30.255 --> 00:04:30.755 system.

NOTE Confidence: 0.9728609

00:04:31.135 --> 00:04:33.235 So Bellevue was an extraordinary

NOTE Confidence: 0.9728609

00:04:33.455 --> 00:04:34.654 place to go as in

NOTE Confidence: 0.9728609

00:04:34.654 --> 00:04:35.714 terms of its history.

NOTE Confidence: 0.95925015

00:04:36.735 --> 00:04:38.895 And also, I convinced them

NOTE Confidence: 0.95925015

00:04:38.895 --> 00:04:40.835 that child psychiatry was important,

NOTE Confidence: 0.96996945

00:04:41.949 --> 00:04:42.909 to the point where the

NOTE Confidence: 0.96996945

00:04:42.909 --> 00:04:44.110 CMO would say things like,

NOTE Confidence: 0.96996945

00:04:44.110 --> 00:04:44.830 you know, we're a good

NOTE Confidence: 0.96996945

00:04:44.830 --> 00:04:45.870 hospital. Bellevue is a good

NOTE Confidence: 0.96996945

00:04:45.870 --> 00:04:47.150 hospital because of its relationship

NOTE Confidence: 0.96996945

00:04:47.150 --> 00:04:47.810 with NYU.

NOTE Confidence: 0.9987552

00:04:48.669 --> 00:04:49.789 But the only thing we

NOTE Confidence: 0.9987552

00:04:49.789 --> 00:04:51.229 do that nobody else does

NOTE Confidence: 0.9987552

00:04:51.229 --> 00:04:52.289 is child psychiatry.

NOTE Confidence: 0.9540181

00:04:53.069 --> 00:04:54.669 So we now have the

NOTE Confidence: 0.9540181

00:04:54.669 --> 00:04:55.169 entire,

NOTE Confidence: 0.77686805

00:04:55.550 --> 00:04:56.849 an entire floor.

NOTE Confidence: 0.9774862

00:04:57.345 --> 00:04:58.785 Every floor in Bellevue is

NOTE Confidence: 0.9774862

00:04:58.785 --> 00:04:59.445 an acre.

NOTE Confidence: 0.99508035

00:05:00.464 --> 00:05:00.964 And,

NOTE Confidence: 0.9627882

00:05:01.745 --> 00:05:03.025 we have an acre of

NOTE Confidence: 0.9627882

00:05:03.025 --> 00:05:04.625 article twenty hate space for

NOTE Confidence: 0.9627882

00:05:04.625 --> 00:05:06.705 acute child psychiatry. So I

NOTE Confidence: 0.9627882

00:05:06.705 --> 00:05:08.325 was blessed to be there.

NOTE Confidence: 0.9627882

00:05:08.385 --> 00:05:10.325 I knew about trauma before

NOTE Confidence: 0.9627882

00:05:10.385 --> 00:05:12.570 because my previous work early

NOTE Confidence: 0.9627882

00:05:12.570 --> 00:05:13.450 in my career had been

NOTE Confidence: 0.9627882

00:05:13.450 --> 00:05:15.150 with families affected by HIV,

NOTE Confidence: 0.9627882

00:05:15.210 --> 00:05:16.750 which was substance abuse.

NOTE Confidence: 0.96946687

00:05:17.850 --> 00:05:18.970 But it was very clear

NOTE Confidence: 0.96946687

00:05:18.970 --> 00:05:20.350 to me working in this

NOTE Confidence: 0.94909483

00:05:20.890 --> 00:05:21.930 setting that it was a

NOTE Confidence: 0.94909483

00:05:21.930 --> 00:05:22.430 huge,

NOTE Confidence: 0.99932575

00:05:22.970 --> 00:05:23.470 huge

NOTE Confidence: 0.9096673

00:05:24.375 --> 00:05:24.875 contributor

NOTE Confidence: 0.9771206

00:05:25.254 --> 00:05:26.294 to what we see in

NOTE Confidence: 0.9771206

00:05:26.294 --> 00:05:28.154 child and adolescent mental health.

NOTE Confidence: 0.9724926

00:05:28.694 --> 00:05:29.194 So,

NOTE Confidence: 0.9358362

00:05:30.134 --> 00:05:31.214 this talk, what I'm going

NOTE Confidence: 0.9358362

00:05:31.214 --> 00:05:32.375 to try to do in

NOTE Confidence: 0.9358362

00:05:32.375 --> 00:05:33.895 this talk is talk about,

NOTE Confidence: 0.9410771

00:05:36.150 --> 00:05:38.089 challenges to diagnostic and treatment

NOTE Confidence: 0.9410771

00:05:38.150 --> 00:05:40.070 specificity in youth with complex

NOTE Confidence: 0.9410771

00:05:40.070 --> 00:05:41.529 trauma, as you can see.

NOTE Confidence: 0.9456587

00:05:41.990 --> 00:05:43.450 And I'm going to specifically

NOTE Confidence: 0.9456587

00:05:43.589 --> 00:05:44.410 go through

NOTE Confidence: 0.9601969

00:05:44.870 --> 00:05:46.470 some of the directions our

14

NOTE Confidence: 0.9601969

00:05:46.470 --> 00:05:47.770 field of child psychiatry

NOTE Confidence: 0.9535247

00:05:49.165 --> 00:05:50.945 has, in my opinion, apparently

NOTE Confidence: 0.9535247

00:05:51.005 --> 00:05:53.345 gone in around this issue.

NOTE Confidence: 0.9535247

00:05:53.565 --> 00:05:54.285 And then I'm going to

NOTE Confidence: 0.9535247

00:05:54.285 --> 00:05:55.725 spend some time talking about

NOTE Confidence: 0.9535247

00:05:55.725 --> 00:05:57.085 what we did in at

NOTE Confidence: 0.9535247

00:05:57.085 --> 00:05:59.185 Bellevue to make our inpatient

NOTE Confidence: 0.9535247

00:05:59.405 --> 00:05:59.905 service,

NOTE Confidence: 0.99607426

00:06:00.605 --> 00:06:01.425 trauma informed.

NOTE Confidence: 0.9929587

00:06:01.885 --> 00:06:03.690 We run forty five beds,

NOTE Confidence: 0.9703075

00:06:04.570 --> 00:06:05.450 fifteen of them for the

NOTE Confidence: 0.9703075

00:06:05.450 --> 00:06:06.410 little ones. I just saw

NOTE Confidence: 0.9703075

00:06:06.410 --> 00:06:07.850 your little unit and two

NOTE Confidence: 0.9703075

00:06:07.850 --> 00:06:09.850 adolescent units. And, and,

NOTE Confidence: 0.84592235

00:06:11.210 --> 00:06:12.410 we did right away, we

NOTE Confidence: 0.84592235

00:06:12.410 --> 00:06:13.370 did some work on that.

NOTE Confidence: 0.84592235

00:06:13.370 --> 00:06:14.890 So let's get started. I'm

NOTE Confidence: 0.84592235

00:06:14.890 --> 00:06:16.270 just gonna move another slide.

NOTE Confidence: 0.95155

00:06:19.325 --> 00:06:20.605 So I I I I've

NOTE Confidence: 0.95155

00:06:20.605 --> 00:06:22.285 been speaking to a very

NOTE Confidence: 0.95155

00:06:22.285 --> 00:06:24.125 informed audience. I know this,

NOTE Confidence: 0.95155

00:06:24.125 --> 00:06:25.645 but we know that early

NOTE Confidence: 0.95155

00:06:25.645 --> 00:06:26.705 stress and trauma,

NOTE Confidence: 0.9986968

00:06:27.565 --> 00:06:29.345 is incredibly destructive

NOTE Confidence: 0.9636925

00:06:30.045 --> 00:06:31.105 to human beings.

NOTE Confidence: 0.96388626

00:06:34.279 --> 00:06:35.800 And everyone's familiar with the

NOTE Confidence: 0.96388626

00:06:35.800 --> 00:06:38.360 adverse childhood experience study. Correct?

NOTE Confidence: 0.96388626

00:06:38.360 --> 00:06:39.480 Everyone heard of that? I

NOTE Confidence: 0.96388626

00:06:39.480 --> 00:06:40.279 don't have to go into

NOTE Confidence: 0.96388626

00:06:40.279 --> 00:06:40.860 too much

NOTE Confidence: 0.9680219

00:06:41.480 --> 00:06:43.000 depth with that, but this

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NOTE Confidence: 0.9680219

00:06:43.080 --> 00:06:44.839 the the two or three

NOTE Confidence: 0.9680219

00:06:44.839 --> 00:06:46.200 really striking things about this

NOTE Confidence: 0.9680219

00:06:46.200 --> 00:06:47.160 study was that it was

NOTE Confidence: 0.9680219

00:06:47.160 --> 00:06:47.660 done

NOTE Confidence: 0.99761355

00:06:48.085 --> 00:06:48.664 in a

NOTE Confidence: 0.98588425

00:06:49.044 --> 00:06:49.544 non

NOTE Confidence: 0.8262776

00:06:49.925 --> 00:06:51.925 risk selected population. So they

NOTE Confidence: 0.8262776

00:06:51.925 --> 00:06:53.944 were middle class, Caucasian,

NOTE Confidence: 0.9500565

00:06:54.324 --> 00:06:56.724 insured people who were they

NOTE Confidence: 0.9500565

00:06:56.724 --> 00:06:57.925 were asked, what is your

NOTE Confidence: 0.9500565

00:06:57.925 --> 00:07:00.185 exposure to adverse childhood experiences?

NOTE Confidence: 0.9749877

00:07:01.300 --> 00:07:03.140 And eighty seven percent of

NOTE Confidence: 0.9749877

00:07:03.140 --> 00:07:04.900 the people said at least

NOTE Confidence: 0.9749877

00:07:04.900 --> 00:07:06.500 one, and among those or

NOTE Confidence: 0.9749877

00:07:06.500 --> 00:07:07.700 two thirds said one among

NOTE Confidence: 0.9749877

17

00:07:07.700 --> 00:07:09.060 those, eighty seven percent had

NOTE Confidence: 0.9749877

00:07:09.060 --> 00:07:09.940 more than one. So the

NOTE Confidence: 0.9749877

00:07:09.940 --> 00:07:11.780 message here is that exposure

NOTE Confidence: 0.9749877

00:07:11.780 --> 00:07:13.640 to adverse experience in childhood

NOTE Confidence: 0.9749877

00:07:13.780 --> 00:07:14.520 is common.

NOTE Confidence: 0.9801262

00:07:15.074 --> 00:07:15.975 It's it's probably

NOTE Confidence: 0.99888456

00:07:16.514 --> 00:07:17.014 normative.

NOTE Confidence: 0.9753278

00:07:17.555 --> 00:07:18.995 We're working on something at

NOTE Confidence: 0.9753278

00:07:18.995 --> 00:07:20.595 NYU where we're training the

NOTE Confidence: 0.9753278

00:07:20.595 --> 00:07:23.095 nursing staff around universal precautions,

NOTE Confidence: 0.9688488

00:07:24.035 --> 00:07:25.474 about how you approach people

NOTE Confidence: 0.9688488

00:07:25.474 --> 00:07:27.335 who are angry and belligerent

NOTE Confidence: 0.9688488

00:07:27.474 --> 00:07:29.090 with the expectation that probably

NOTE Confidence: 0.9688488

00:07:29.090 --> 00:07:30.290 they're traumatized and there are

NOTE Confidence: 0.9688488

00:07:30.290 --> 00:07:31.090 ways you can work with

NOTE Confidence: 0.9688488

00:07:31.090 --> 00:07:31.990 them more effectively.

NOTE Confidence: 0.9161111

00:07:32.370 --> 00:07:33.650 So that number one, it

NOTE Confidence: 0.9161111

00:07:33.650 --> 00:07:34.389 was common.

NOTE Confidence: 0.9964162

00:07:34.850 --> 00:07:35.750 Number two,

NOTE Confidence: 0.9511456

00:07:36.210 --> 00:07:37.830 it had a direct impact

NOTE Confidence: 0.9511456

00:07:38.050 --> 00:07:39.810 on both health and mental

NOTE Confidence: 0.9511456

00:07:39.810 --> 00:07:41.810 health, and an impact was

NOTE Confidence: 0.9511456

00:07:41.810 --> 00:07:42.710 in an allostatic

NOTE Confidence: 0.9682952

00:07:43.010 --> 00:07:44.175 way. So the more you

NOTE Confidence: 0.9682952

00:07:44.175 --> 00:07:45.715 had as a child,

NOTE Confidence: 0.9982471

00:07:46.335 --> 00:07:47.455 the more likely you were

NOTE Confidence: 0.9982471

00:07:47.455 --> 00:07:48.115 to have

NOTE Confidence: 0.99513197

00:07:48.495 --> 00:07:50.675 depression, suicide, drug addiction,

NOTE Confidence: 0.9994071

00:07:51.294 --> 00:07:51.794 obesity,

NOTE Confidence: 0.9733081

00:07:52.414 --> 00:07:54.094 diabetes, hypertension. It was an

NOTE Confidence: 0.9733081

00:07:54.094 --> 00:07:55.870 important study for us because

NOTE Confidence: 0.9733081

00:07:55.870 --> 00:07:56.450 it linked,

NOTE Confidence: 0.97695625

00:07:57.630 --> 00:08:00.130 childhood experience to health concerns.

NOTE Confidence: 0.94185454

00:08:00.670 --> 00:08:02.350 And we're slowly working our

NOTE Confidence: 0.94185454

00:08:02.350 --> 00:08:03.630 way around to that with

NOTE Confidence: 0.94185454

00:08:03.630 --> 00:08:05.070 the social determinants of health.

NOTE Confidence: 0.94185454

00:08:05.070 --> 00:08:05.870 We have long way to

NOTE Confidence: 0.94185454

00:08:05.870 --> 00:08:06.850 go, but we're getting.

NOTE Confidence: 0.88029057

00:08:09.175 --> 00:08:10.295 So and here's some of

NOTE Confidence: 0.88029057

00:08:10.295 --> 00:08:11.755 the data. Then you

NOTE Confidence: 0.93089247

00:08:12.135 --> 00:08:13.115 you you look at the

NOTE Confidence: 0.93089247

00:08:13.255 --> 00:08:15.335 four or more women, fifty,

NOTE Confidence: 0.93089247

00:08:15.335 --> 00:08:16.155 sixty percent

NOTE Confidence: 0.92317533

00:08:16.535 --> 00:08:18.135 will have a risk of

NOTE Confidence: 0.92317533

00:08:18.135 --> 00:08:20.555 major depression. So direct link

NOTE Confidence: 0.93841016

00:08:20.935 --> 00:08:22.555 in my mind. Direct link.

NOTE Confidence: 0.96575433

00:08:24.830 --> 00:08:25.970 This is the reverse.

NOTE Confidence: 0.9962355

00:08:26.750 --> 00:08:28.430 This is my, my our

NOTE Confidence: 0.9962355

00:08:28.430 --> 00:08:30.530 last chair was a psychiatric

NOTE Confidence: 0.9962355

00:08:30.590 --> 00:08:31.090 epidemiologist

NOTE Confidence: 0.98008895

00:08:31.550 --> 00:08:32.910 in the preschool period, and

NOTE Confidence: 0.98008895

00:08:32.910 --> 00:08:34.350 she had a structured instrument

NOTE Confidence: 0.98008895

00:08:34.350 --> 00:08:35.710 called the PABA. We actually

NOTE Confidence: 0.98008895

00:08:35.710 --> 00:08:37.535 can diagnose children zero to

NOTE Confidence: 0.98008895

00:08:37.535 --> 00:08:38.415 five. You all know that

NOTE Confidence: 0.98008895

00:08:38.415 --> 00:08:39.375 I just took the zero

NOTE Confidence: 0.98008895

00:08:39.375 --> 00:08:40.575 to five training myself when

NOTE Confidence: 0.98008895

00:08:40.575 --> 00:08:41.475 I was on vacation.

NOTE Confidence: 0.9640036

00:08:44.175 --> 00:08:45.454 And I did. It was

NOTE Confidence: 0.9640036

00:08:45.454 --> 00:08:45.954 interesting.

NOTE Confidence: 0.90581965

00:08:48.815 --> 00:08:49.774 But if you look at

NOTE Confidence: 0.90581965

00:08:49.774 --> 00:08:50.815 this at on the right

NOTE Confidence: 0.90581965

00:08:50.815 --> 00:08:52.139 here, if a young little

NOTE Confidence: 0.90581965

00:08:52.139 --> 00:08:53.579 person, this is obviously reports

NOTE Confidence: 0.90581965

00:08:53.579 --> 00:08:54.860 from the parents, has five

NOTE Confidence: 0.90581965

00:08:54.860 --> 00:08:55.600 or more,

NOTE Confidence: 0.98950636

00:08:56.779 --> 00:08:58.700 adverse childhood experiences in their

NOTE Confidence: 0.98950636

00:08:58.700 --> 00:09:00.540 little life, they almost have

NOTE Confidence: 0.98950636

00:09:00.540 --> 00:09:01.980 a hundred percent chance of

NOTE Confidence: 0.98950636

00:09:01.980 --> 00:09:03.600 having a psychiatric disorder.

NOTE Confidence: 0.94886756

00:09:04.194 --> 00:09:05.554 You know, so it's I

NOTE Confidence: 0.94886756

00:09:05.554 --> 00:09:07.254 call this the anti resilience

NOTE Confidence: 0.94886756

00:09:07.394 --> 00:09:09.334 slide because people with PTSD

NOTE Confidence: 0.94886756

00:09:09.634 --> 00:09:10.375 hate resilience

NOTE Confidence: 0.98868114

00:09:10.995 --> 00:09:11.954 because they feel like they're

NOTE Confidence: 0.98868114

00:09:11.954 --> 00:09:13.235 supposed to be well when

NOTE Confidence: 0.98868114

00:09:13.235 --> 00:09:13.975 they're sick.

NOTE Confidence: 0.9701034

00:09:14.514 --> 00:09:15.954 But the message here is

22

NOTE Confidence: 0.9701034

00:09:15.954 --> 00:09:17.014 if you do enough

NOTE Confidence: 0.99947095

00:09:17.420 --> 00:09:18.620 bad things to a very

NOTE Confidence: 0.99947095

00:09:18.620 --> 00:09:20.300 young person, they will be

NOTE Confidence: 0.99947095

00:09:20.300 --> 00:09:20.800 sick.

NOTE Confidence: 0.9815461

00:09:21.339 --> 00:09:22.300 They will be sick. No.

NOTE Confidence: 0.9815461

00:09:22.300 --> 00:09:22.940 That's not the end of

NOTE Confidence: 0.9815461

00:09:22.940 --> 00:09:24.540 the world that they're sick,

NOTE Confidence: 0.9815461

00:09:24.540 --> 00:09:25.740 but they will be sick.

NOTE Confidence: 0.9815461

00:09:25.740 --> 00:09:26.880 And we can actually

NOTE Confidence: 0.9876559

00:09:27.740 --> 00:09:29.179 figure this out much, much

NOTE Confidence: 0.9876559

00:09:29.179 --> 00:09:29.679 earlier

NOTE Confidence: 0.9615497

00:09:30.095 --> 00:09:30.895 than we are doing right

NOTE Confidence: 0.9615497

00:09:30.895 --> 00:09:31.615 now. That's what I was

NOTE Confidence: 0.9615497

00:09:31.615 --> 00:09:32.735 talking to your chair about,

NOTE Confidence: 0.9615497

00:09:32.735 --> 00:09:33.455 is how we can move

NOTE Confidence: 0.9615497

00:09:33.455 --> 00:09:34.755 that knee. So

NOTE Confidence: 0.9439332

00:09:37.375 --> 00:09:38.434 so, you know,

NOTE Confidence: 0.9536349

00:09:38.975 --> 00:09:40.815 the the impact, has been

NOTE Confidence: 0.9536349

00:09:40.815 --> 00:09:42.515 well documented. I mean,

NOTE Confidence: 0.9380447

00:09:43.490 --> 00:09:44.370 been looking at some of

NOTE Confidence: 0.9380447

00:09:44.370 --> 00:09:45.649 the history and sort of

NOTE Confidence: 0.9380447

00:09:45.649 --> 00:09:46.790 developmental psychopathology

NOTE Confidence: 0.96808803

00:09:47.330 --> 00:09:48.710 started a long time ago

NOTE Confidence: 0.96808803

00:09:49.010 --> 00:09:50.630 with Winnicott and Bowlby,

NOTE Confidence: 0.99569255

00:09:51.570 --> 00:09:52.070 and

NOTE Confidence: 0.8804174

00:09:53.649 --> 00:09:54.870 it's moved along

NOTE Confidence: 0.80075336

00:09:55.890 --> 00:09:56.870 at all through

NOTE Confidence: 0.9952957

00:09:57.175 --> 00:09:58.535 the last forty or fifty

NOTE Confidence: 0.9952957

00:09:58.535 --> 00:10:00.235 years with a really solid,

NOTE Confidence: 0.953097

00:10:01.815 --> 00:10:02.315 science,

NOTE Confidence: 0.9649534

00:10:03.175 --> 00:10:05.275 foundation that continues to grow.

NOTE Confidence: 0.8978732

00:10:05.815 --> 00:10:07.815 Psychiatry kind of like ignored

NOTE Confidence: 0.8978732

00:10:07.815 --> 00:10:08.315 it.

NOTE Confidence: 0.9230504

00:10:08.695 --> 00:10:10.475 You're talking about psychiatry psychiatry.

NOTE Confidence: 0.98462653

00:10:11.480 --> 00:10:13.079 But we know kids, young

NOTE Confidence: 0.98462653

00:10:13.079 --> 00:10:14.279 kids, we can pick up

NOTE Confidence: 0.98462653

00:10:14.279 --> 00:10:15.959 extremely early that young kids

NOTE Confidence: 0.98462653

00:10:15.959 --> 00:10:17.160 have been exposed, how the,

NOTE Confidence: 0.98462653

00:10:17.160 --> 00:10:18.600 the effect of these exposures

NOTE Confidence: 0.98462653

00:10:18.600 --> 00:10:19.399 on kids. When I ran

NOTE Confidence: 0.98462653

00:10:19.399 --> 00:10:20.600 my HIV clinic in the

NOTE Confidence: 0.98462653

00:10:20.600 --> 00:10:21.100 nineties,

NOTE Confidence: 0.9709345

00:10:21.480 --> 00:10:22.600 I'd walk into the waiting

NOTE Confidence: 0.9709345

00:10:22.600 --> 00:10:23.899 room to meet a family

NOTE Confidence: 0.9709345

00:10:23.959 --> 00:10:25.260 who I'd never met before.

NOTE Confidence: 0.9709345

00:10:25.524 --> 00:10:26.485 And the two year old

NOTE Confidence: 0.9709345

00:10:26.485 --> 00:10:27.365 would run over and hug

NOTE Confidence: 0.9709345

00:10:27.365 --> 00:10:27.865 me.

NOTE Confidence: 0.95708776

00:10:28.725 --> 00:10:30.725 Now that's disorganized attachment. You're

NOTE Confidence: 0.95708776

00:10:30.725 --> 00:10:31.845 not supposed to hug people

NOTE Confidence: 0.95708776

00:10:31.845 --> 00:10:32.745 you don't know.

NOTE Confidence: 0.9788561

00:10:33.524 --> 00:10:35.045 But we're working in my

NOTE Confidence: 0.9788561

00:10:35.045 --> 00:10:37.125 shop. We have, Mariah Thomason,

NOTE Confidence: 0.9788561

00:10:37.125 --> 00:10:38.345 who's one of the neuroscientists

NOTE Confidence: 0.985142

00:10:38.645 --> 00:10:40.105 who figured out how to

NOTE Confidence: 0.985142

00:10:40.269 --> 00:10:42.050 do fMRI on fetuses,

NOTE Confidence: 0.99695814

00:10:42.750 --> 00:10:44.130 we're really looking at

NOTE Confidence: 0.92791444

00:10:44.829 --> 00:10:46.610 prenatal stress and,

NOTE Confidence: 0.86855054

00:10:47.550 --> 00:10:48.130 and exposures

NOTE Confidence: 0.98894304

00:10:48.510 --> 00:10:50.190 on the actual wiring of

NOTE Confidence: 0.98894304

00:10:50.190 --> 00:10:52.050 the brain. So we've progressed

NOTE Confidence: 0.98894304

00:10:52.110 --> 00:10:53.785 a lot. But the babies

NOTE Confidence: 0.98894304

00:10:53.785 --> 00:10:54.825 have the same things you

NOTE Confidence: 0.98894304

00:10:54.825 --> 00:10:56.125 see in the older kids,

NOTE Confidence: 0.9931349

00:10:57.145 --> 00:10:58.445 in terms of dysregulation

NOTE Confidence: 0.9872551

00:10:58.745 --> 00:10:59.485 and disorganization

NOTE Confidence: 0.9709756

00:10:59.945 --> 00:11:02.425 and difficulty calming down when

NOTE Confidence: 0.9709756

00:11:02.425 --> 00:11:04.185 they are living basically in

NOTE Confidence: 0.9709756

00:11:04.185 --> 00:11:05.705 an environment that is frightening

NOTE Confidence: 0.9709756

00:11:05.705 --> 00:11:07.079 to them. You all know

NOTE Confidence: 0.9709756

00:11:07.079 --> 00:11:09.240 how babies become children, become

NOTE Confidence: 0.9709756

00:11:09.240 --> 00:11:10.600 people, they become people in

NOTE Confidence: 0.9709756

00:11:10.600 --> 00:11:12.540 the context of the relationships

NOTE Confidence: 0.9709756

00:11:12.679 --> 00:11:13.980 they have with their parents.

NOTE Confidence: 0.92752314

00:11:14.360 --> 00:11:16.059 What did Winnicott say there

NOTE Confidence: 0.92752314

00:11:16.120 --> 00:11:17.320 is no such thing as

NOTE Confidence: 0.92752314

00:11:17.320 --> 00:11:19.000 just a baby. It's always

NOTE Confidence: 0.92752314

00:11:19.000 --> 00:11:20.220 a baby and a parent.

NOTE Confidence: 0.99718195

00:11:20.714 --> 00:11:22.095 And the appropriate

NOTE Confidence: 0.9313856

00:11:22.875 --> 00:11:23.375 parenting

NOTE Confidence: 0.9618849

00:11:23.755 --> 00:11:25.514 is soothing and your job

NOTE Confidence: 0.9618849

00:11:25.514 --> 00:11:27.535 is to soothe your child.

NOTE Confidence: 0.9618849

00:11:27.834 --> 00:11:28.634 And then when they get

NOTE Confidence: 0.9618849

00:11:28.634 --> 00:11:29.995 a little older, also set

NOTE Confidence: 0.9618849

00:11:29.995 --> 00:11:30.495 limits,

NOTE Confidence: 0.93892986

00:11:30.875 --> 00:11:33.134 but babies growing up terrified,

NOTE Confidence: 0.92539024

00:11:35.440 --> 00:11:37.600 really changes everything about their

NOTE Confidence: 0.92539024

00:11:37.600 --> 00:11:39.200 wired, how they're wired and

NOTE Confidence: 0.92539024

00:11:39.200 --> 00:11:40.420 they wire for that.

NOTE Confidence: 0.9441954

00:11:41.280 --> 00:11:42.179 And the,

NOTE Confidence: 0.9842172

00:11:42.559 --> 00:11:43.440 you know, what are the

NOTE Confidence: 0.9842172

00:11:43.440 --> 00:11:44.820 three trauma reactions?

NOTE Confidence: 0.98148036

00:11:47.054 --> 00:11:48.035 Fight, flight,

NOTE Confidence: 0.9773462

00:11:48.895 --> 00:11:50.755 freeze. Babies can't fight.

NOTE Confidence: 0.9933097

00:11:51.455 --> 00:11:52.595 They can't flee.

NOTE Confidence: 0.7880267

00:11:53.135 --> 00:11:54.095 Finally, I'm trying to say

NOTE Confidence: 0.7880267

00:11:54.095 --> 00:11:54.835 that properly.

NOTE Confidence: 0.99822897

00:11:55.615 --> 00:11:56.415 All they can do is

NOTE Confidence: 0.99822897

00:11:56.415 --> 00:11:56.915 freeze.

NOTE Confidence: 0.9992411

00:11:57.375 --> 00:11:58.195 So dissociation

NOTE Confidence: 0.99586004

00:11:59.079 --> 00:12:00.120 is a big part of

NOTE Confidence: 0.99586004

00:12:00.120 --> 00:12:01.320 the picture of young children

NOTE Confidence: 0.99586004

00:12:01.320 --> 00:12:02.360 who are traumatized. And I

NOTE Confidence: 0.99586004

00:12:02.360 --> 00:12:03.639 would always interview the little

NOTE Confidence: 0.99586004

00:12:03.639 --> 00:12:04.139 ones,

NOTE Confidence: 0.95142144

00:12:05.000 --> 00:12:06.300 in front of my teams

NOTE Confidence: 0.95142144

00:12:06.360 --> 00:12:07.480 on the on our unit,

NOTE Confidence: 0.95142144

00:12:07.480 --> 00:12:08.440 which is called twenty one

NOTE Confidence: 0.95142144

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00:12:08.440 --> 00:12:08.940 South.

NOTE Confidence: 0.97466415

00:12:09.320 --> 00:12:10.839 And you would watch them

NOTE Confidence: 0.97466415

00:12:10.839 --> 00:12:11.579 go away,

NOTE Confidence: 0.9581746

00:12:12.095 --> 00:12:13.215 You know? And and because

NOTE Confidence: 0.9581746

00:12:13.215 --> 00:12:14.335 I wanted first of all,

NOTE Confidence: 0.9581746

00:12:14.335 --> 00:12:15.715 I wanted to teach my

NOTE Confidence: 0.9581746

00:12:15.775 --> 00:12:16.275 trainees

NOTE Confidence: 0.9974384

00:12:16.975 --> 00:12:18.275 and some of my staff

NOTE Confidence: 0.9974384

00:12:18.335 --> 00:12:19.535 that you can actually talk

NOTE Confidence: 0.9974384

00:12:19.535 --> 00:12:20.675 to kids about trauma

NOTE Confidence: 0.9705805

00:12:21.054 --> 00:12:22.595 without destroying them.

NOTE Confidence: 0.9759523

00:12:23.615 --> 00:12:24.815 But also you can there's

NOTE Confidence: 0.9759523

00:12:24.815 --> 00:12:26.019 language you can use to

NOTE Confidence: 0.9759523

00:12:26.019 --> 00:12:26.820 to work with the kids

NOTE Confidence: 0.9759523

00:12:26.820 --> 00:12:28.260 so they understand what's actually

NOTE Confidence: 0.9759523

00:12:28.260 --> 00:12:29.779 happening with them. But Frank

NOTE Confidence: 0.9759523

00:12:29.779 --> 00:12:31.320 Putnam's thing about dissociation

NOTE Confidence: 0.99942374

00:12:31.700 --> 00:12:33.160 across early childhood

NOTE Confidence: 0.9902019

00:12:33.779 --> 00:12:35.059 really speaks to how that

NOTE Confidence: 0.9902019

00:12:35.059 --> 00:12:36.660 affects the integration of the

NOTE Confidence: 0.9902019

00:12:36.660 --> 00:12:38.120 personality and the character.

NOTE Confidence: 0.98880213

00:12:39.184 --> 00:12:39.925 Little kids,

NOTE Confidence: 0.9946318

00:12:40.705 --> 00:12:41.365 you know,

NOTE Confidence: 0.9572927

00:12:42.385 --> 00:12:43.985 certainly our experience I'm interested

NOTE Confidence: 0.9572927

00:12:43.985 --> 00:12:45.105 in your experience, but our

NOTE Confidence: 0.9572927

00:12:45.105 --> 00:12:47.425 experience with our unit, with

NOTE Confidence: 0.9572927

00:12:47.425 --> 00:12:48.625 the three to eleven year

NOTE Confidence: 0.9572927

00:12:48.625 --> 00:12:50.145 olds who are almost all

NOTE Confidence: 0.9572927

00:12:50.145 --> 00:12:51.445 complex trauma kids,

NOTE Confidence: 0.9975148

00:12:52.065 --> 00:12:53.605 ADHD is actually

NOTE Confidence: 0.9159489

00:12:55.399 --> 00:12:56.380 very, very common.

NOTE Confidence: 0.9978966

00:12:57.240 --> 00:12:58.920 You know, bad ADHD. So

NOTE Confidence: 0.9978966

00:12:58.920 --> 00:12:59.819 I actually think

NOTE Confidence: 0.95542973

00:13:00.120 --> 00:13:01.480 these kind and I'm interested

NOTE Confidence: 0.95542973

00:13:01.480 --> 00:13:02.440 in your perspective on this

NOTE Confidence: 0.95542973

00:13:02.440 --> 00:13:03.559 with your work. These kinds

NOTE Confidence: 0.95542973

00:13:03.559 --> 00:13:05.740 of exposures actually create ADHD,

NOTE Confidence: 0.99944085

00:13:06.360 --> 00:13:07.660 and they also create

NOTE Confidence: 0.99938774

00:13:08.445 --> 00:13:08.945 depression

NOTE Confidence: 0.9341299

00:13:09.405 --> 00:13:10.304 and anxiety.

NOTE Confidence: 0.96071684

00:13:10.925 --> 00:13:13.005 Like, sixty percent of our

NOTE Confidence: 0.96071684

00:13:13.005 --> 00:13:14.845 little boys under the age

NOTE Confidence: 0.96071684

00:13:14.845 --> 00:13:16.365 of ten screen positive on

NOTE Confidence: 0.96071684

00:13:16.365 --> 00:13:17.825 the Columbia Depression Inventory.

NOTE Confidence: 0.99805176

00:13:18.445 --> 00:13:19.825 I actually think aggression

NOTE Confidence: 0.93005574

00:13:21.209 --> 00:13:23.129 is an obviously irritability. I'll

NOTE Confidence: 0.93005574

00:13:23.129 --> 00:13:24.410 get to this later is

NOTE Confidence: 0.93005574

00:13:24.410 --> 00:13:25.769 the simp is a symptom

NOTE Confidence: 0.93005574

00:13:25.769 --> 00:13:27.610 of depression, particularly in boys

NOTE Confidence: 0.93005574

00:13:27.610 --> 00:13:28.990 and men. We don't conceptualize

NOTE Confidence: 0.93005574

00:13:29.129 --> 00:13:29.949 it that way.

NOTE Confidence: 0.9958245

00:13:30.889 --> 00:13:33.129 But this obviously affects everything

NOTE Confidence: 0.9958245

00:13:33.129 --> 00:13:34.269 about a kid's development.

NOTE Confidence: 0.9943215

00:13:34.985 --> 00:13:36.345 And in childhood, we really

NOTE Confidence: 0.9943215

00:13:36.345 --> 00:13:37.165 start seeing,

NOTE Confidence: 0.9355215

00:13:37.865 --> 00:13:39.385 depression, anxiety. Remember we used

NOTE Confidence: 0.9355215

00:13:39.385 --> 00:13:41.465 to think that prepubertal children

NOTE Confidence: 0.9355215

00:13:41.465 --> 00:13:43.325 couldn't get depressed. Right.

NOTE Confidence: 0.9934149

00:13:44.265 --> 00:13:45.625 And my experience has been

NOTE Confidence: 0.9934149

00:13:45.625 --> 00:13:46.685 with really stressed

NOTE Confidence: 0.9525149

00:13:47.199 --> 00:13:48.559 pre puerperal children. They get

NOTE Confidence: 0.9525149

00:13:48.559 --> 00:13:49.920 depression too. And now we

NOTE Confidence: 0.9525149

00:13:49.920 --> 00:13:51.279 know babies can get depression

NOTE Confidence: 0.9525149

00:13:51.279 --> 00:13:52.100 too. So

NOTE Confidence: 0.9449304

00:13:52.639 --> 00:13:53.519 not that that's a good

NOTE Confidence: 0.9449304

00:13:53.519 --> 00:13:54.800 thing to have babies getting

NOTE Confidence: 0.9449304

00:13:54.800 --> 00:13:56.259 depression. I don't mean to,

NOTE Confidence: 0.9449304

00:13:56.399 --> 00:13:57.360 but it's a good thing

NOTE Confidence: 0.9449304

00:13:57.360 --> 00:13:58.660 to know about it early

NOTE Confidence: 0.9449304

00:13:58.720 --> 00:13:59.699 and help those.

NOTE Confidence: 0.9650147

00:14:02.005 --> 00:14:03.285 Adolescence, we all know the

NOTE Confidence: 0.9650147

00:14:03.285 --> 00:14:05.045 brain science of adolescence. The

NOTE Confidence: 0.9650147

00:14:05.045 --> 00:14:06.805 risk reward comes fully online

NOTE Confidence: 0.9650147

00:14:06.805 --> 00:14:08.005 at puberty and all the

NOTE Confidence: 0.9650147

00:14:08.005 --> 00:14:09.445 other stuff that is judgment

NOTE Confidence: 0.9650147

00:14:09.445 --> 00:14:09.945 and

NOTE Confidence: 0.96959406

00:14:10.485 --> 00:14:12.920 consideration of risk and thoughtfulness

NOTE Confidence: 0.96959406

00:14:13.059 --> 00:14:14.100 doesn't come on till later.

34

NOTE Confidence: 0.96959406

00:14:14.100 --> 00:14:15.380 We all remember the stupid

NOTE Confidence: 0.96959406

00:14:15.380 --> 00:14:16.260 things we did when we

NOTE Confidence: 0.96959406

00:14:16.260 --> 00:14:17.459 were fourteen, at least I

NOTE Confidence: 0.96959406

00:14:17.459 --> 00:14:19.060 do. So that's normal brain

NOTE Confidence: 0.96959406

00:14:19.060 --> 00:14:21.160 development. That that science was

NOTE Confidence: 0.96959406

00:14:21.300 --> 00:14:22.660 the basis of raise the

NOTE Confidence: 0.96959406

00:14:22.660 --> 00:14:23.639 age, actually,

NOTE Confidence: 0.98485917

00:14:24.180 --> 00:14:25.540 that said kids under eighteen

NOTE Confidence: 0.98485917

00:14:25.540 --> 00:14:26.579 shouldn't be put in adult

NOTE Confidence: 0.98485917

00:14:26.579 --> 00:14:27.885 jails because they're not fully

NOTE Confidence: 0.98485917

00:14:27.885 --> 00:14:29.345 culpable for what they do.

NOTE Confidence: 0.98485917

00:14:29.645 --> 00:14:31.565 With traumatized kids, that's really

NOTE Confidence: 0.98485917

00:14:31.565 --> 00:14:32.065 exaggerated.

NOTE Confidence: 0.9863624

00:14:32.925 --> 00:14:34.925 So more impulsivity, more risk

NOTE Confidence: 0.9863624

00:14:34.925 --> 00:14:36.605 taking. I I I happen

NOTE Confidence: 0.9863624

00:14:36.605 --> 00:14:37.665 to think substance

NOTE Confidence: 0.98961663

00:14:38.125 --> 00:14:39.345 abuse and use

NOTE Confidence: 0.980316

00:14:39.725 --> 00:14:41.325 is almost always some of

NOTE Confidence: 0.980316

00:14:41.325 --> 00:14:42.305 it's for fun,

NOTE Confidence: 0.96002865

00:14:42.770 --> 00:14:43.490 but a lot of it

NOTE Confidence: 0.96002865

00:14:43.490 --> 00:14:44.850 is really driven by trauma

NOTE Confidence: 0.96002865

00:14:44.850 --> 00:14:46.470 exposure and and pain.

NOTE Confidence: 0.9328959

00:14:47.410 --> 00:14:47.910 Promiscuity,

NOTE Confidence: 0.9599147

00:14:48.290 --> 00:14:49.570 we have a lot of

NOTE Confidence: 0.9599147

00:14:49.570 --> 00:14:51.250 the girls. The developmental picture

NOTE Confidence: 0.9599147

00:14:51.250 --> 00:14:52.130 on our two units, we're

NOTE Confidence: 0.9599147

00:14:52.130 --> 00:14:53.650 gonna we're working on publishing

NOTE Confidence: 0.9599147

00:14:53.650 --> 00:14:54.530 some of this. It's very

NOTE Confidence: 0.9599147

00:14:54.530 --> 00:14:55.970 different with the little kids,

NOTE Confidence: 0.9599147

00:14:55.970 --> 00:14:57.190 with the more boys,

NOTE Confidence: 0.9984352

00:14:57.605 --> 00:14:58.264 more ADHD,

NOTE Confidence: 0.9145286

00:14:58.565 --> 00:14:59.384 more aggression.

NOTE Confidence: 0.95823514

00:14:59.685 --> 00:15:01.065 You get to around puberty,

NOTE Confidence: 0.9671616

00:15:01.524 --> 00:15:02.725 and that's where the girls

NOTE Confidence: 0.9671616

00:15:02.725 --> 00:15:03.764 start showing up with a

NOTE Confidence: 0.9671616

00:15:03.764 --> 00:15:05.204 lot of sexual acting out,

NOTE Confidence: 0.9671616

00:15:05.204 --> 00:15:05.704 prostitution,

NOTE Confidence: 0.9631109

00:15:06.725 --> 00:15:07.225 trafficking,

NOTE Confidence: 0.9965706

00:15:08.165 --> 00:15:09.144 and suicidality.

NOTE Confidence: 0.9509898

00:15:09.524 --> 00:15:11.204 Trauma is a huge driver

NOTE Confidence: 0.9509898

00:15:11.204 --> 00:15:12.880 of suicidality for we'll talk

NOTE Confidence: 0.9509898

00:15:12.880 --> 00:15:14.880 about why why in in

NOTE Confidence: 0.9509898

00:15:14.880 --> 00:15:15.459 a moment.

NOTE Confidence: 0.84007156

00:15:17.440 --> 00:15:18.800 So I'm one speaking to

NOTE Confidence: 0.84007156

00:15:18.800 --> 00:15:20.180 the choir. So PTSD,

NOTE Confidence: 0.9993401

00:15:20.959 --> 00:15:22.100 this is the DSM

NOTE Confidence: 0.9989747

00:15:22.639 --> 00:15:23.139 five

NOTE Confidence: 0.95638907

00:15:23.440 --> 00:15:25.519 version. This diagnosis came into

NOTE Confidence: 0.95638907

00:15:25.519 --> 00:15:26.980 our nomenclature when?

NOTE Confidence: 0.97565836

00:15:29.995 --> 00:15:31.375 After the Vietnam War.

NOTE Confidence: 0.93760115

00:15:31.835 --> 00:15:32.635 We used to call it

NOTE Confidence: 0.93760115

00:15:32.635 --> 00:15:34.475 shell shock. But when all

NOTE Confidence: 0.93760115

00:15:34.475 --> 00:15:35.595 the guys it was all

NOTE Confidence: 0.93760115

00:15:35.595 --> 00:15:36.635 guys at that point came

NOTE Confidence: 0.93760115

00:15:36.635 --> 00:15:37.455 back from Vietnam,

NOTE Confidence: 0.9846207

00:15:38.395 --> 00:15:39.515 this is when we started

NOTE Confidence: 0.9846207

00:15:39.515 --> 00:15:41.275 talking about post traumatic stress

NOTE Confidence: 0.9846207

00:15:41.275 --> 00:15:42.654 disorder. And, again,

NOTE Confidence: 0.91299886

00:15:44.129 --> 00:15:45.569 you know, I'll I'll get

NOTE Confidence: 0.91299886

00:15:45.569 --> 00:15:46.449 to the next. So here's

NOTE Confidence: 0.91299886

00:15:46.449 --> 00:15:47.329 the symptoms. I don't have

NOTE Confidence: 0.91299886

00:15:47.329 --> 00:15:48.290 to go over this with

NOTE Confidence: 0.91299886

00:15:48.290 --> 00:15:49.110 all of you.

NOTE Confidence: 0.79310083

00:15:51.490 --> 00:15:52.230 Very useful

NOTE Confidence: 0.9954292

00:15:52.690 --> 00:15:53.970 construct, I think, to have

NOTE Confidence: 0.9954292

00:15:53.970 --> 00:15:55.649 it, have it defined like

NOTE Confidence: 0.9954292

00:15:55.649 --> 00:15:56.149 this.

NOTE Confidence: 0.8655276

00:15:59.005 --> 00:16:00.464 How common is PTSD,

NOTE Confidence: 0.9335633

00:16:01.565 --> 00:16:03.824 full diagnostic criteria PTSD?

NOTE Confidence: 0.99552757

00:16:05.725 --> 00:16:07.005 I call this going up

NOTE Confidence: 0.99552757

00:16:07.005 --> 00:16:08.225 the acuity ladder.

NOTE Confidence: 0.96436596

00:16:08.764 --> 00:16:10.045 So you look at kids,

NOTE Confidence: 0.96436596

00:16:10.045 --> 00:16:11.505 it goes up during adolescence

NOTE Confidence: 0.96436596

00:16:11.725 --> 00:16:13.165 because adolescence is a time

NOTE Confidence: 0.96436596

00:16:13.165 --> 00:16:14.529 of risk taking.

NOTE Confidence: 0.93608373

00:16:15.389 --> 00:16:16.430 We work in, we work,

NOTE Confidence: 0.93608373

00:16:16.430 --> 00:16:17.230 we run the mental health

NOTE Confidence: 0.93608373

00:16:17.230 --> 00:16:18.449 services in the jails,

NOTE Confidence: 0.93578666

00:16:18.829 --> 00:16:20.529 a lot of both familial,

NOTE Confidence: 0.93578666

00:16:20.670 --> 00:16:22.350 inter familial trauma and also

NOTE Confidence: 0.93578666

00:16:22.350 --> 00:16:23.329 community trauma.

NOTE Confidence: 0.97554195

00:16:24.110 --> 00:16:25.569 You go into some outpatient

NOTE Confidence: 0.97554195

00:16:25.629 --> 00:16:27.410 populations. We call them SED

NOTE Confidence: 0.97554195

00:16:27.470 --> 00:16:29.894 kids in New York, very

NOTE Confidence: 0.97554195

00:16:29.894 --> 00:16:30.555 high rates.

NOTE Confidence: 0.9647448

00:16:31.014 --> 00:16:32.615 And when you there's five

NOTE Confidence: 0.9647448

00:16:32.615 --> 00:16:34.154 or six studies on inpatient

NOTE Confidence: 0.9647448

00:16:34.214 --> 00:16:35.735 adolescents, and the rates are

NOTE Confidence: 0.9647448

00:16:35.735 --> 00:16:37.355 between thirty and forty percent

NOTE Confidence: 0.9647448

00:16:37.574 --> 00:16:40.394 of of diagnosed diagnosed PTSD.

NOTE Confidence: 0.9992824

00:16:41.574 --> 00:16:42.074 So

NOTE Confidence: 0.9959875

00:16:42.800 --> 00:16:43.759 if you're a mental health

NOTE Confidence: 0.9959875

00:16:43.759 --> 00:16:44.259 professional

NOTE Confidence: 0.95481557

00:16:44.639 --> 00:16:45.839 and and if you're working

NOTE Confidence: 0.95481557

00:16:45.839 --> 00:16:47.279 in an acute environment, you

NOTE Confidence: 0.95481557

00:16:47.279 --> 00:16:49.680 should expect that this trauma,

NOTE Confidence: 0.95481557

00:16:49.680 --> 00:16:51.040 number one, trauma exposure is

NOTE Confidence: 0.95481557

00:16:51.040 --> 00:16:52.500 the norm and PTSD

NOTE Confidence: 0.9979859

00:16:53.279 --> 00:16:55.519 is as common as depression

NOTE Confidence: 0.9979859

00:16:55.519 --> 00:16:56.019 is.

NOTE Confidence: 0.96720815

00:16:58.985 --> 00:16:59.785 So I was talking about

NOTE Confidence: 0.96720815

00:16:59.785 --> 00:17:01.385 this before, you know, when

NOTE Confidence: 0.96720815

00:17:01.385 --> 00:17:02.765 the little kids are developing

NOTE Confidence: 0.96720815

00:17:02.825 --> 00:17:04.425 in these environments that are

NOTE Confidence: 0.96720815

00:17:04.425 --> 00:17:05.325 scaring them,

NOTE Confidence: 0.9882488

00:17:05.625 --> 00:17:06.845 whether it be chronically

NOTE Confidence: 0.8975788

00:17:07.705 --> 00:17:08.205 or,

NOTE Confidence: 0.93440586

00:17:09.359 --> 00:17:09.859 intermittently.

NOTE Confidence: 0.98557025

00:17:10.800 --> 00:17:12.720 There's we're beginning to understand

NOTE Confidence: 0.98557025

00:17:12.720 --> 00:17:14.320 there's a difference in the

NOTE Confidence: 0.98557025

00:17:14.320 --> 00:17:16.480 brain circuitry associated with threat

NOTE Confidence: 0.98557025

00:17:16.480 --> 00:17:17.300 from deprivation,

NOTE Confidence: 0.9720351

00:17:18.000 --> 00:17:19.680 but very commonly, they occur

NOTE Confidence: 0.9720351

00:17:19.680 --> 00:17:20.820 in the same mix.

NOTE Confidence: 0.9967374

00:17:22.160 --> 00:17:23.540 The wires then

NOTE Confidence: 0.96933335

00:17:25.385 --> 00:17:27.225 come together in that way.

NOTE Confidence: 0.96933335

00:17:27.225 --> 00:17:28.424 So this is really important.

NOTE Confidence: 0.96933335

00:17:28.424 --> 00:17:29.304 This is what I'm trying

NOTE Confidence: 0.96933335

00:17:29.304 --> 00:17:30.345 to tell the nurses. If

NOTE Confidence: 0.96933335

00:17:30.345 --> 00:17:31.625 you have this experience, when

NOTE Confidence: 0.96933335

00:17:31.625 --> 00:17:33.304 you're very little, it sets

NOTE Confidence: 0.96933335

00:17:33.304 --> 00:17:34.585 you up for a stress

NOTE Confidence: 0.96933335

00:17:34.585 --> 00:17:35.085 reactivity

NOTE Confidence: 0.9477375

00:17:36.105 --> 00:17:37.784 that is you're gonna live

NOTE Confidence: 0.9477375

00:17:37.784 --> 00:17:38.970 with, you know, you can

NOTE Confidence: 0.9477375

00:17:38.970 --> 00:17:40.010 deal with it. You can

NOTE Confidence: 0.9477375

00:17:40.010 --> 00:17:41.130 really deal with it, but

NOTE Confidence: 0.9477375

00:17:41.130 --> 00:17:42.250 you're gonna it's gonna be

NOTE Confidence: 0.9477375

00:17:42.250 --> 00:17:43.450 there. It's how your brain

NOTE Confidence: 0.9477375

00:17:43.450 --> 00:17:44.190 is wired.

NOTE Confidence: 0.9633967

00:17:44.490 --> 00:17:45.770 And we know that this

NOTE Confidence: 0.9633967

00:17:45.770 --> 00:17:46.970 this is a PET scan

NOTE Confidence: 0.9633967

00:17:46.970 --> 00:17:48.730 with a normal brain on

NOTE Confidence: 0.9633967

00:17:48.890 --> 00:17:49.609 I don't know my right

NOTE Confidence: 0.9633967

00:17:49.609 --> 00:17:50.490 from my left. That's why

NOTE Confidence: 0.9633967

00:17:50.490 --> 00:17:51.390 I'm not a surgeon.

NOTE Confidence: 0.89602137

00:17:52.445 --> 00:17:53.505 The normal brain,

NOTE Confidence: 0.9834772

00:17:54.365 --> 00:17:56.285 perfusing in a connected way

NOTE Confidence: 0.9834772

00:17:56.285 --> 00:17:57.585 versus the,

NOTE Confidence: 0.8974476

00:17:58.525 --> 00:18:00.385 abused kid on the right.

NOTE Confidence: 0.9977145

00:18:00.765 --> 00:18:01.265 So

NOTE Confidence: 0.942606

00:18:01.965 --> 00:18:03.484 this is I call this

NOTE Confidence: 0.942606

00:18:03.484 --> 00:18:05.265 being wired for terror,

NOTE Confidence: 0.9985775

00:18:06.070 --> 00:18:07.590 and that's where the stress

NOTE Confidence: 0.9985775

00:18:07.590 --> 00:18:09.190 reactivity comes from for these

NOTE Confidence: 0.9985775

00:18:09.190 --> 00:18:09.690 folks.

NOTE Confidence: 0.9492138

00:18:10.230 --> 00:18:11.450 And then you think about,

NOTE Confidence: 0.8746518

00:18:14.390 --> 00:18:15.910 this everyone's read the body

NOTE Confidence: 0.8746518

00:18:15.910 --> 00:18:16.890 keeps the score.

NOTE Confidence: 0.93447155

00:18:17.430 --> 00:18:18.730 Right? So poor Bessel.

NOTE Confidence: 0.99935865

00:18:19.910 --> 00:18:21.290 He's been trying to get

NOTE Confidence: 0.97148

00:18:21.775 --> 00:18:23.375 complex PTSD, he calls it

NOTE Confidence: 0.97148

00:18:23.375 --> 00:18:25.455 developmental trauma disorder, into the

NOTE Confidence: 0.97148

00:18:25.455 --> 00:18:27.075 DSM for twenty years.

NOTE Confidence: 0.96126616

00:18:28.015 --> 00:18:29.215 He has not succeeded. We'll

NOTE Confidence: 0.96126616

00:18:29.215 --> 00:18:30.015 talk about that in a

NOTE Confidence: 0.96126616

00:18:30.015 --> 00:18:32.015 minute. But this is the

NOTE Confidence: 0.96126616

00:18:32.015 --> 00:18:33.955 picture of it. So complex

NOTE Confidence: 0.96126616

00:18:34.015 --> 00:18:36.095 multiple trauma exposure during across

NOTE Confidence: 0.96126616

00:18:36.095 --> 00:18:36.595 development

NOTE Confidence: 0.98417634

00:18:37.820 --> 00:18:39.040 interferes with everything,

NOTE Confidence: 0.96946084

00:18:39.420 --> 00:18:40.640 attachment, regulation,

NOTE Confidence: 0.9773686

00:18:41.100 --> 00:18:41.920 stress reactivity.

NOTE Confidence: 0.96163255

00:18:43.740 --> 00:18:45.420 And, I don't know about

NOTE Confidence: 0.96163255

00:18:45.420 --> 00:18:46.540 on your unit, but we

NOTE Confidence: 0.96163255

00:18:46.540 --> 00:18:47.980 have little kids on our

NOTE Confidence: 0.96163255

00:18:47.980 --> 00:18:49.920 inpatient unit who once they

NOTE Confidence: 0.9972273

00:18:50.225 --> 00:18:52.305 go over the edge, they

NOTE Confidence: 0.9972273

00:18:52.305 --> 00:18:54.065 will howl for three hours.

NOTE Confidence: 0.9972273

00:18:54.065 --> 00:18:55.365 I mean, just their capacity

NOTE Confidence: 0.9972273

00:18:55.585 --> 00:18:56.885 to come back to homeostasis

NOTE Confidence: 0.9939918

00:18:57.185 --> 00:18:58.244 is so impaired.

NOTE Confidence: 0.99728453

00:18:59.744 --> 00:19:01.605 And these kids don't necessarily

NOTE Confidence: 0.98369557

00:19:01.905 --> 00:19:02.645 meet criteria

NOTE Confidence: 0.9916339

00:19:03.025 --> 00:19:04.885 for PTSD in the classic

NOTE Confidence: 0.9916339

00:19:04.945 --> 00:19:05.400 sense,

NOTE Confidence: 0.99959964

00:19:05.960 --> 00:19:06.940 but they definitely

NOTE Confidence: 0.99872214

00:19:08.760 --> 00:19:09.260 have

NOTE Confidence: 0.883876

00:19:09.800 --> 00:19:12.060 enormous impairment from their exposures.

NOTE Confidence: 0.99389505

00:19:13.320 --> 00:19:14.359 So when I got to

NOTE Confidence: 0.99389505

00:19:14.359 --> 00:19:14.859 Bellevue,

NOTE Confidence: 0.9587239

00:19:16.359 --> 00:19:17.715 this is two thousand eight.

NOTE Confidence: 0.9587239

00:19:17.715 --> 00:19:18.914 So and I'll talk about

NOTE Confidence: 0.9587239

00:19:18.914 --> 00:19:19.554 what was going on in

NOTE Confidence: 0.9587239

00:19:19.554 --> 00:19:20.355 the field in a minute.

NOTE Confidence: 0.9587239

00:19:20.355 --> 00:19:21.234 But we had a whole

NOTE Confidence: 0.9587239

00:19:21.234 --> 00:19:22.135 bunch of kids,

NOTE Confidence: 0.94087595

00:19:22.595 --> 00:19:23.635 not all of them, but

NOTE Confidence: 0.94087595

00:19:23.635 --> 00:19:24.275 a lot of them who

NOTE Confidence: 0.94087595

00:19:24.275 --> 00:19:26.115 had complex trauma backgrounds. Younger

NOTE Confidence: 0.94087595

00:19:26.115 --> 00:19:27.554 kids, much more common that

NOTE Confidence: 0.94087595

00:19:27.554 --> 00:19:29.095 they have complex trauma backgrounds,

NOTE Confidence: 0.860849

00:19:30.115 --> 00:19:32.674 mood lability, volatile aggression, self

NOTE Confidence: 0.860849

00:19:32.674 --> 00:19:33.690 and or self

NOTE Confidence: 0.96961325

00:19:34.570 --> 00:19:36.730 destruction, impulsivity and dysregulation. And

NOTE Confidence: 0.96961325

00:19:36.730 --> 00:19:37.690 they were coming to us.

NOTE Confidence: 0.96961325

00:19:37.690 --> 00:19:39.049 Remember, this was two thousand

NOTE Confidence: 0.96961325

00:19:39.049 --> 00:19:39.789 and eight.

NOTE Confidence: 0.9442219

00:19:40.250 --> 00:19:42.009 So this this was they

NOTE Confidence: 0.9442219

00:19:42.009 --> 00:19:43.049 were coming to us as

NOTE Confidence: 0.9442219

00:19:43.049 --> 00:19:43.549 bipolar.

NOTE Confidence: 0.95081234

00:19:45.129 --> 00:19:46.785 The puerperal kids were being

NOTE Confidence: 0.8295316

00:19:47.265 --> 00:19:47.765 bipolar.

NOTE Confidence: 0.94795805

00:19:48.305 --> 00:19:49.984 Mood disorder NOS. If you

NOTE Confidence: 0.94795805

00:19:49.984 --> 00:19:51.585 see mood disorder NOS in

NOTE Confidence: 0.94795805

00:19:51.585 --> 00:19:53.205 a diagnosis, think trauma.

NOTE Confidence: 0.9342331

00:19:53.984 --> 00:19:55.585 Conduct disorder, which is a

NOTE Confidence: 0.9342331

00:19:55.585 --> 00:19:57.425 meaningless diet or ODD. Don't

NOTE Confidence: 0.9342331

00:19:57.425 --> 00:19:59.105 forget ODD. An angry kid

NOTE Confidence: 0.9342331

00:19:59.105 --> 00:19:59.845 is ODD.

NOTE Confidence: 0.9946516

00:20:00.280 --> 00:20:01.240 And they were being treated

NOTE Confidence: 0.9946516

00:20:01.240 --> 00:20:03.180 with antipsychotics and mood stabilizers.

NOTE Confidence: 0.97459286

00:20:08.680 --> 00:20:10.540 And we know we know.

NOTE Confidence: 0.97459286

00:20:10.600 --> 00:20:11.320 I don't know what you

NOTE Confidence: 0.97459286

00:20:11.320 --> 00:20:12.520 guys do here, but we

NOTE Confidence: 0.97459286

00:20:12.520 --> 00:20:14.040 know that the mental health

NOTE Confidence: 0.97459286

00:20:14.040 --> 00:20:15.420 field is very bad.

NOTE Confidence: 0.9761635

00:20:15.945 --> 00:20:17.144 Even the kids' mental health

NOTE Confidence: 0.9761635

00:20:17.144 --> 00:20:18.585 field is very bad at

NOTE Confidence: 0.9761635

00:20:18.585 --> 00:20:19.085 recognizing

NOTE Confidence: 0.9391624

00:20:20.265 --> 00:20:22.365 a trauma exposure and identifying

NOTE Confidence: 0.9391624

00:20:22.424 --> 00:20:23.325 it systematically

NOTE Confidence: 0.9388499

00:20:23.625 --> 00:20:24.984 in their populations. This is

NOTE Confidence: 0.9388499

00:20:24.984 --> 00:20:26.265 a study that was done

NOTE Confidence: 0.9388499

00:20:26.265 --> 00:20:27.625 in some of those SED

NOTE Confidence: 0.9388499

00:20:27.625 --> 00:20:28.125 kid

NOTE Confidence: 0.72513664

00:20:28.505 --> 00:20:29.644 kids in New Hampshire,

NOTE Confidence: 0.94204587

00:20:30.480 --> 00:20:31.840 And they had like fourteen

NOTE Confidence: 0.94204587

00:20:31.840 --> 00:20:32.340 percent

NOTE Confidence: 0.9860158

00:20:32.720 --> 00:20:33.940 of the kids were diagnosed

NOTE Confidence: 0.9860158

00:20:34.080 --> 00:20:35.680 with PTSD. When they did

NOTE Confidence: 0.9860158

00:20:35.680 --> 00:20:38.080 structured PTSD instruments, which I'll

NOTE Confidence: 0.9860158

00:20:38.080 --> 00:20:39.040 talk about when I talk

NOTE Confidence: 0.9860158

00:20:39.040 --> 00:20:40.740 about trauma informed care,

NOTE Confidence: 0.92804366

00:20:41.040 --> 00:20:42.480 the number dropped to twenty

NOTE Confidence: 0.92804366

00:20:42.480 --> 00:20:43.600 eight percent. So, they were

NOTE Confidence: 0.92804366

00:20:43.600 --> 00:20:44.740 not being diagnosed.

NOTE Confidence: 0.9902752

00:20:45.795 --> 00:20:47.075 And they but they were

NOTE Confidence: 0.9902752

00:20:47.075 --> 00:20:47.575 sicker.

NOTE Confidence: 0.9697895

00:20:48.115 --> 00:20:49.095 They had more,

NOTE Confidence: 0.9417032

00:20:49.635 --> 00:20:50.855 they were on more drugs,

NOTE Confidence: 0.9417032

00:20:50.915 --> 00:20:52.295 and they had more hospitalizations.

NOTE Confidence: 0.9534289

00:20:52.915 --> 00:20:53.955 And they had all these

NOTE Confidence: 0.9534289

00:20:53.955 --> 00:20:55.395 behaviors like running away and

NOTE Confidence: 0.9534289

00:20:55.395 --> 00:20:56.775 self injure injurious.

NOTE Confidence: 0.9883524

00:20:57.075 --> 00:20:58.615 When we did the first

NOTE Confidence: 0.9883524

00:20:58.675 --> 00:21:00.135 bunch of kids we screened

NOTE Confidence: 0.9672295

00:21:00.609 --> 00:21:01.350 at Bellevue,

NOTE Confidence: 0.8861792

00:21:01.970 --> 00:21:03.490 the adolescents who came in,

NOTE Confidence: 0.8861792

00:21:03.490 --> 00:21:04.690 and this was probably like

NOTE Confidence: 0.8861792

00:21:04.690 --> 00:21:05.889 two thousand twenty twelve, they

NOTE Confidence: 0.8861792

00:21:05.889 --> 00:21:06.690 came in and said, oh,

NOTE Confidence: 0.8861792

00:21:06.690 --> 00:21:08.130 I'm bipolar because someone told

NOTE Confidence: 0.8861792

00:21:08.130 --> 00:21:09.109 them they were bipolar.

NOTE Confidence: 0.9364182

00:21:10.049 --> 00:21:11.269 They were more likely

NOTE Confidence: 0.92794955

00:21:11.570 --> 00:21:12.945 to, if we them and

NOTE Confidence: 0.92794955

00:21:12.945 --> 00:21:14.325 they were positive for PTSD,

NOTE Confidence: 0.92794955

00:21:14.465 --> 00:21:15.825 we used the UCLA, which

NOTE Confidence: 0.92794955

00:21:15.825 --> 00:21:16.705 I'll talk about in a

NOTE Confidence: 0.92794955

00:21:16.705 --> 00:21:18.145 bit. They were more likely

NOTE Confidence: 0.92794955

00:21:18.145 --> 00:21:18.865 to be told to have

NOTE Confidence: 0.92794955

00:21:18.865 --> 00:21:19.904 someone else tell them they

NOTE Confidence: 0.92794955

00:21:19.904 --> 00:21:20.565 were bipolar.

NOTE Confidence: 0.9570816

00:21:20.945 --> 00:21:22.065 They were more likely to

NOTE Confidence: 0.9570816

00:21:22.065 --> 00:21:24.005 have MDD when we discharge

NOTE Confidence: 0.9570816

00:21:24.065 --> 00:21:24.510 them.

NOTE Confidence: 0.9177264

00:21:24.990 --> 00:21:26.030 They were more likely to

NOTE Confidence: 0.9177264

00:21:26.030 --> 00:21:27.570 be on anti psychotics

NOTE Confidence: 0.92252815

00:21:29.230 --> 00:21:30.590 on admission. So people in

NOTE Confidence: 0.92252815

00:21:30.590 --> 00:21:32.190 the community were responding to

NOTE Confidence: 0.92252815

00:21:32.190 --> 00:21:33.810 this symptom picture with antipsychotics,

NOTE Confidence: 0.8095465

00:21:34.910 --> 00:21:35.869 more likely to be at

NOTE Confidence: 0.8095465

00:21:35.869 --> 00:21:37.185 leave on anti depressants.

NOTE Confidence: 0.97630936

00:21:37.805 --> 00:21:38.685 And they were on more

NOTE Confidence: 0.97630936

00:21:38.685 --> 00:21:39.825 meds, more suicidal

NOTE Confidence: 0.93965805

00:21:40.445 --> 00:21:42.045 ideation and higher levels of

NOTE Confidence: 0.93965805

00:21:42.045 --> 00:21:43.085 hospitalization. In other words, they

NOTE Confidence: 0.93965805

00:21:43.085 --> 00:21:44.785 were sicker. So nonrecognition

NOTE Confidence: 0.9193272

00:21:45.165 --> 00:21:46.465 is a huge issue.

NOTE Confidence: 0.9910652

00:21:47.484 --> 00:21:48.945 I was I gave some

NOTE Confidence: 0.97330725

00:21:49.800 --> 00:21:51.560 some there was a ACAP

NOTE Confidence: 0.97330725

00:21:51.560 --> 00:21:52.920 talk about how to manage

NOTE Confidence: 0.97330725

00:21:52.920 --> 00:21:53.420 aggression

NOTE Confidence: 0.91923684

00:21:54.200 --> 00:21:55.020 and inpatient

NOTE Confidence: 0.99200284

00:21:55.480 --> 00:21:56.760 services, and they all were

NOTE Confidence: 0.99200284

00:21:56.760 --> 00:21:58.040 talking about all kinds of

NOTE Confidence: 0.99200284

00:21:58.040 --> 00:21:59.640 things. And I went to

NOTE Confidence: 0.99200284

00:21:59.640 --> 00:22:00.540 the inpatient

NOTE Confidence: 0.93288124

00:22:00.840 --> 00:22:02.680 psychiatry group afterwards, and there

NOTE Confidence: 0.93288124

00:22:02.680 --> 00:22:04.140 are about fifty people representing

NOTE Confidence: 0.93288124

00:22:04.200 --> 00:22:05.535 inpatient psychiatry units

NOTE Confidence: 0.98065794

00:22:06.015 --> 00:22:07.135 around the country. I said,

NOTE Confidence: 0.98065794

00:22:07.135 --> 00:22:08.515 how many of you screen

NOTE Confidence: 0.994482

00:22:09.215 --> 00:22:10.275 for trauma exposure?

NOTE Confidence: 0.94535285

00:22:10.815 --> 00:22:12.175 Like, not not have you

NOTE Confidence: 0.94535285

00:22:12.175 --> 00:22:13.455 ever been abused or neglected,

NOTE Confidence: 0.94535285

00:22:13.455 --> 00:22:14.195 but screen.

NOTE Confidence: 0.99953616

00:22:14.655 --> 00:22:15.395 Three people

NOTE Confidence: 0.94576854

00:22:15.855 --> 00:22:17.295 raised their hands. So I

NOTE Confidence: 0.94576854

00:22:17.295 --> 00:22:18.494 hope we've moved on that

NOTE Confidence: 0.94576854

00:22:18.494 --> 00:22:19.930 a little bit. But at

NOTE Confidence: 0.94576854

00:22:19.930 --> 00:22:21.290 that point, we hadn't. So

NOTE Confidence: 0.94576854

00:22:21.290 --> 00:22:22.350 under recognition

NOTE Confidence: 0.9734074

00:22:23.050 --> 00:22:24.750 and the really, really

NOTE Confidence: 0.9758005

00:22:26.170 --> 00:22:27.130 I won't use the word

NOTE Confidence: 0.9758005

00:22:27.130 --> 00:22:28.090 I was thinking of. The

NOTE Confidence: 0.9758005

00:22:28.090 --> 00:22:29.310 really, really uninformed

NOTE Confidence: 0.9972782

00:22:29.930 --> 00:22:31.609 concept that if you ask

NOTE Confidence: 0.9972782

00:22:31.609 --> 00:22:32.810 a kid about trauma, you're

NOTE Confidence: 0.9972782

00:22:32.810 --> 00:22:34.030 traumatizing them.

NOTE Confidence: 0.9723947

00:22:34.545 --> 00:22:36.085 So you can ask anybody

NOTE Confidence: 0.9723947

00:22:36.145 --> 00:22:37.525 about their trauma exposure,

NOTE Confidence: 0.96680236

00:22:37.825 --> 00:22:39.365 not tell me the details.

NOTE Confidence: 0.96680236

00:22:39.585 --> 00:22:40.945 Did you this happened to

NOTE Confidence: 0.96680236

00:22:40.945 --> 00:22:41.845 you or not?

NOTE Confidence: 0.97184414

00:22:42.305 --> 00:22:43.665 If you're if you're cool

NOTE Confidence: 0.97184414

00:22:43.665 --> 00:22:45.105 with it. So the notion

NOTE Confidence: 0.97184414

00:22:45.105 --> 00:22:45.925 that people

NOTE Confidence: 0.93125933

00:22:46.225 --> 00:22:47.825 wouldn't ask because, oh, it's

NOTE Confidence: 0.93125933

00:22:47.825 --> 00:22:48.565 an acute

NOTE Confidence: 0.9784404

00:22:49.410 --> 00:22:49.910 acute,

NOTE Confidence: 0.9567031

00:22:51.570 --> 00:22:53.510 care environment. We can't destabilize

NOTE Confidence: 0.9567031

00:22:53.730 --> 00:22:54.390 them or

NOTE Confidence: 0.98929775

00:22:54.690 --> 00:22:55.090 or,

NOTE Confidence: 0.9901878

00:22:55.730 --> 00:22:57.650 oh, it's opening Pandora's box.

NOTE Confidence: 0.9901878

55

00:22:57.650 --> 00:22:59.270 I think that's actually nonsense,

NOTE Confidence: 0.9901878

00:22:59.330 --> 00:23:00.450 and we'll talk about that

NOTE Confidence: 0.9901878

00:23:00.450 --> 00:23:01.250 when we talk about what

NOTE Confidence: 0.9901878

00:23:01.250 --> 00:23:02.150 we did at Bellevue.

NOTE Confidence: 0.9954572

00:23:04.505 --> 00:23:06.125 So how do we get

NOTE Confidence: 0.9794091

00:23:06.744 --> 00:23:08.025 to the mess we found

NOTE Confidence: 0.9794091

00:23:08.025 --> 00:23:09.625 ourselves in? I think we're

NOTE Confidence: 0.9794091

00:23:09.625 --> 00:23:10.744 still in that mess from

NOTE Confidence: 0.9794091

00:23:10.744 --> 00:23:11.945 my perspective. We're still in

NOTE Confidence: 0.9794091

00:23:11.945 --> 00:23:13.325 that mess of over medicating

NOTE Confidence: 0.9794091

00:23:13.465 --> 00:23:13.965 kids,

NOTE Confidence: 0.9765499

00:23:14.585 --> 00:23:16.105 very commonly black and brown

NOTE Confidence: 0.9765499

00:23:16.105 --> 00:23:16.905 kids who are in the

NOTE Confidence: 0.9765499

00:23:16.905 --> 00:23:18.720 child welfare system with the

NOTE Confidence: 0.9765499

00:23:18.720 --> 00:23:19.460 wrong medications.

NOTE Confidence: 0.92777574

00:23:20.240 --> 00:23:21.920 So this is, this we

NOTE Confidence: 0.92777574

00:23:21.920 --> 00:23:22.580 can blame

NOTE Confidence: 0.84042346

00:23:23.040 --> 00:23:24.900 Joe Bitterman at Mass General.

NOTE Confidence: 0.920937

00:23:25.679 --> 00:23:27.359 No. It's important to he

NOTE Confidence: 0.920937

00:23:27.359 --> 00:23:29.540 was running a ADHD service

NOTE Confidence: 0.920937

00:23:29.840 --> 00:23:31.460 at Mass General, big one.

NOTE Confidence: 0.93547803

00:23:31.845 --> 00:23:33.285 And about a third, a

NOTE Confidence: 0.93547803

00:23:33.285 --> 00:23:34.085 quarter or a third of

NOTE Confidence: 0.93547803

00:23:34.085 --> 00:23:35.385 the kids on his service

NOTE Confidence: 0.9891174

00:23:36.085 --> 00:23:36.905 were were,

NOTE Confidence: 0.9997959

00:23:37.605 --> 00:23:38.105 irritable

NOTE Confidence: 0.9492628

00:23:38.484 --> 00:23:38.984 and

NOTE Confidence: 0.9340671

00:23:39.445 --> 00:23:40.825 had volatile moods,

NOTE Confidence: 0.99175787

00:23:42.405 --> 00:23:43.465 and he thought,

NOTE Confidence: 0.9692109

00:23:44.005 --> 00:23:45.605 I'm a genius. This must

NOTE Confidence: 0.9692109

00:23:45.605 --> 00:23:48.100 be the pre pubertal presentation

NOTE Confidence: 0.99944067

00:23:48.480 --> 00:23:49.780 of bipolar disorder.

NOTE Confidence: 0.87434816

00:23:50.800 --> 00:23:51.619 So, literally,

NOTE Confidence: 0.99969554

00:23:52.720 --> 00:23:53.380 the diagnostic

NOTE Confidence: 0.99970967

00:23:53.840 --> 00:23:55.300 criteria was changed

NOTE Confidence: 0.99984014

00:23:55.600 --> 00:23:56.260 to eliminate

NOTE Confidence: 0.99954015

00:23:56.640 --> 00:23:58.340 the most important symptom

NOTE Confidence: 0.9881487

00:23:58.720 --> 00:23:59.460 of mania,

NOTE Confidence: 0.99967366

00:23:59.840 --> 00:24:00.820 which is euphoria.

NOTE Confidence: 0.95934486

00:24:02.044 --> 00:24:03.565 Now there are irritable manics,

NOTE Confidence: 0.95934486

00:24:03.565 --> 00:24:04.304 but euphoria

NOTE Confidence: 0.96522427

00:24:05.005 --> 00:24:06.445 up is part of bipolar

NOTE Confidence: 0.96522427

00:24:06.445 --> 00:24:08.625 disorder. And the durational criteria

NOTE Confidence: 0.9657631

00:24:09.565 --> 00:24:10.684 were played with, like, you're

NOTE Confidence: 0.9657631

00:24:10.684 --> 00:24:11.804 not manic if you're manic

NOTE Confidence: 0.9657631

00:24:11.804 --> 00:24:13.005 for an hour or two.

NOTE Confidence: 0.9657631

00:24:13.005 --> 00:24:13.725 You know, you have to

NOTE Confidence: 0.9657631

00:24:13.725 --> 00:24:15.725 have days of it. So

NOTE Confidence: 0.9657631

00:24:15.725 --> 00:24:16.225 he

NOTE Confidence: 0.9992327

00:24:16.679 --> 00:24:17.879 decided he was the only

NOTE Confidence: 0.9992327

00:24:17.879 --> 00:24:18.919 person in the world who

NOTE Confidence: 0.9992327

00:24:18.919 --> 00:24:20.619 could diagnose these people properly.

NOTE Confidence: 0.998191

00:24:21.240 --> 00:24:22.679 This aligned with when they

NOTE Confidence: 0.998191

00:24:22.679 --> 00:24:23.740 had just released

NOTE Confidence: 0.8663769

00:24:24.679 --> 00:24:25.179 Seroquel.

NOTE Confidence: 0.9242934

00:24:26.840 --> 00:24:28.119 So the farmer was interested

NOTE Confidence: 0.9242934

00:24:28.119 --> 00:24:29.240 in this because it was

NOTE Confidence: 0.9242934

00:24:29.240 --> 00:24:30.700 a big a big population

NOTE Confidence: 0.99742997

00:24:31.080 --> 00:24:32.805 that they could they could

NOTE Confidence: 0.92853755

00:24:33.825 --> 00:24:35.185 use that drug on. So

NOTE Confidence: 0.92853755

00:24:35.345 --> 00:24:36.465 and this is the data

NOTE Confidence: 0.92853755

00:24:36.465 --> 00:24:38.165 from New York City sparks

NOTE Confidence: 0.92853755

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00:24:38.225 --> 00:24:39.285 discharge data,

NOTE Confidence: 0.9504045

00:24:39.665 --> 00:24:41.125 and red is the diagnosis

NOTE Confidence: 0.9504045

00:24:41.185 --> 00:24:43.265 of bipolar disorder, and the

NOTE Confidence: 0.9504045

00:24:43.265 --> 00:24:45.205 blue is PTSD from inpatient

NOTE Confidence: 0.9504045

00:24:45.265 --> 00:24:47.140 admission zero to nineteen. So

NOTE Confidence: 0.9504045

00:24:47.140 --> 00:24:48.200 just right up.

NOTE Confidence: 0.99250925

00:24:48.580 --> 00:24:49.080 Now

NOTE Confidence: 0.87144494

00:24:50.260 --> 00:24:51.320 I absolutely

NOTE Confidence: 0.9272211

00:24:51.619 --> 00:24:53.080 do not believe this.

NOTE Confidence: 0.9625277

00:24:53.700 --> 00:24:55.619 The the bipolar NOS is

NOTE Confidence: 0.9625277

00:24:55.619 --> 00:24:58.040 actually bipolar disorder. I've seen

NOTE Confidence: 0.9625277

00:24:58.260 --> 00:24:59.559 six prepubertal

NOTE Confidence: 0.9346448

00:24:59.859 --> 00:25:01.380 manic kids in my entire

NOTE Confidence: 0.9346448

00:25:01.380 --> 00:25:02.895 career, three of them since

NOTE Confidence: 0.9346448

00:25:02.895 --> 00:25:04.015 I came to Bellevue. They're

NOTE Confidence: 0.9346448

00:25:04.015 --> 00:25:04.835 just like adult.

NOTE Confidence: 0.8948532

00:25:05.935 --> 00:25:07.615 Manics, they're like, I'm Spider

NOTE Confidence: 0.8948532

00:25:07.615 --> 00:25:09.695 Man, I can fly. They're

NOTE Confidence: 0.8948532

00:25:09.695 --> 00:25:10.195 up.

NOTE Confidence: 0.84035665

00:25:10.975 --> 00:25:12.195 But they're extremely,

NOTE Confidence: 0.98426574

00:25:12.575 --> 00:25:14.015 extremely rare, just like real

NOTE Confidence: 0.98426574

00:25:14.015 --> 00:25:16.415 psychosis is extremely rare in

NOTE Confidence: 0.98426574

00:25:16.415 --> 00:25:16.915 children.

NOTE Confidence: 0.9965043

00:25:17.580 --> 00:25:19.500 So this was really bad

NOTE Confidence: 0.9965043

00:25:19.500 --> 00:25:20.000 news,

NOTE Confidence: 0.998844

00:25:20.700 --> 00:25:22.400 because people really bought this.

NOTE Confidence: 0.9939225

00:25:23.419 --> 00:25:24.619 The next bad thing that

NOTE Confidence: 0.9939225

00:25:24.619 --> 00:25:26.220 happened, and I blame Peter

NOTE Confidence: 0.9939225

00:25:26.220 --> 00:25:27.359 Jensen for this,

NOTE Confidence: 0.98325187

00:25:28.460 --> 00:25:30.400 is that people wrote guidelines

NOTE Confidence: 0.98325187

00:25:30.539 --> 00:25:31.760 for the use of antipsychotics

NOTE Confidence: 0.98325187

00:25:32.059 --> 00:25:32.799 and aggression.

NOTE Confidence: 0.9662158

00:25:33.215 --> 00:25:34.335 Now that's probably sounds like

NOTE Confidence: 0.9662158

00:25:34.335 --> 00:25:35.455 a good idea. We knew

NOTE Confidence: 0.9662158

00:25:35.455 --> 00:25:36.895 we were using Respiral for

NOTE Confidence: 0.9662158

00:25:36.895 --> 00:25:38.115 really aggressive kids.

NOTE Confidence: 0.997173

00:25:38.655 --> 00:25:40.115 But when you write guidelines,

NOTE Confidence: 0.9308045

00:25:41.295 --> 00:25:42.494 what happens, and they all

NOTE Confidence: 0.9308045

00:25:42.494 --> 00:25:43.375 say the same thing, do

NOTE Confidence: 0.9308045

00:25:43.375 --> 00:25:45.960 the psychosocial interventions first, start

NOTE Confidence: 0.9308045

00:25:45.960 --> 00:25:47.320 slow, go low, take it

NOTE Confidence: 0.9308045

00:25:47.320 --> 00:25:48.700 off when the kids better.

NOTE Confidence: 0.9989474

00:25:49.160 --> 00:25:50.380 When you write guidelines,

NOTE Confidence: 0.9951335

00:25:50.760 --> 00:25:52.760 people start just doing it

NOTE Confidence: 0.9951335

00:25:52.760 --> 00:25:54.220 as first line practice.

NOTE Confidence: 0.9908427

00:25:54.520 --> 00:25:56.040 And that has that has

NOTE Confidence: 0.9908427

00:25:56.040 --> 00:25:57.260 is what has happened.

NOTE Confidence: 0.9991162

00:25:57.640 --> 00:25:59.419 So angry children

NOTE Confidence: 0.9935815

00:26:00.175 --> 00:26:00.994 who are aggressive,

NOTE Confidence: 0.9796557

00:26:01.535 --> 00:26:03.295 who almost always, in my

NOTE Confidence: 0.9796557

00:26:03.295 --> 00:26:04.675 experience, are traumatized,

NOTE Confidence: 0.8548433

00:26:05.695 --> 00:26:07.875 were it sort of sanctioned

NOTE Confidence: 0.80563337

00:26:08.415 --> 00:26:09.555 giving them antipsychotics.

NOTE Confidence: 0.9633257

00:26:10.415 --> 00:26:12.494 And and so we had

NOTE Confidence: 0.9633257

00:26:12.494 --> 00:26:13.775 bipolar, so we have mood

NOTE Confidence: 0.9633257

00:26:13.775 --> 00:26:14.275 stabilizers

NOTE Confidence: 0.91148317

00:26:14.700 --> 00:26:15.659 and some of the anti

NOTE Confidence: 0.91148317

00:26:15.659 --> 00:26:17.519 psych the second generation antipsychotics.

NOTE Confidence: 0.99977595

00:26:18.539 --> 00:26:19.679 And then we had

NOTE Confidence: 0.996648

00:26:19.980 --> 00:26:22.399 antipsychotics for aggression. Now antipsychotics

NOTE Confidence: 0.9919255

00:26:23.019 --> 00:26:24.559 do not treat anger.

NOTE Confidence: 0.96421814

00:26:25.340 --> 00:26:25.840 Right?

NOTE Confidence: 0.9535186

00:26:26.700 --> 00:26:27.820 They do not. They treat

NOTE Confidence: 0.9535186

00:26:27.820 --> 00:26:29.440 their their chemical restraint,

NOTE Confidence: 0.98773813

00:26:30.215 --> 00:26:31.675 but they they treat psychosis

NOTE Confidence: 0.98773813

00:26:31.975 --> 00:26:32.475 nicely.

NOTE Confidence: 0.9781066

00:26:33.015 --> 00:26:34.215 They're hard to live on,

NOTE Confidence: 0.9781066

00:26:34.215 --> 00:26:35.734 but they do not treat

NOTE Confidence: 0.9781066

00:26:35.734 --> 00:26:37.115 anger. They're dulling.

NOTE Confidence: 0.9986577

00:26:37.575 --> 00:26:38.395 So so

NOTE Confidence: 0.98991853

00:26:38.775 --> 00:26:40.795 this also, I think, added

NOTE Confidence: 0.9988821

00:26:41.335 --> 00:26:41.835 to

NOTE Confidence: 0.9002365

00:26:42.135 --> 00:26:43.960 you know, we're like Yale,

NOTE Confidence: 0.89136934

00:26:44.260 --> 00:26:44.760 NYU.

NOTE Confidence: 0.99415594

00:26:45.220 --> 00:26:46.420 We think about what we

NOTE Confidence: 0.99415594

00:26:46.420 --> 00:26:47.300 do. When you go out

NOTE Confidence: 0.99415594

00:26:47.300 --> 00:26:48.280 into the field

NOTE Confidence: 0.9263684

00:26:49.060 --> 00:26:50.359 and you've got a neurologist

NOTE Confidence: 0.9071313

00:26:50.660 --> 00:26:51.880 or a poorly trained

NOTE Confidence: 0.84409285

00:26:52.180 --> 00:26:52.920 child psychiatrist

NOTE Confidence: 0.98556566

00:26:53.460 --> 00:26:54.359 or a pediatrician

NOTE Confidence: 0.87599295

00:26:54.980 --> 00:26:56.340 and the kid's acting out

NOTE Confidence: 0.87599295

00:26:56.340 --> 00:26:57.300 and they think it's okay

NOTE Confidence: 0.87599295

00:26:57.300 --> 00:26:58.020 to give me a nice

NOTE Confidence: 0.87599295

00:26:58.020 --> 00:26:58.520 psychotics,

NOTE Confidence: 0.99975556

00:26:59.015 --> 00:26:59.915 that's what they

NOTE Confidence: 0.9767625

00:27:00.215 --> 00:27:01.175 do. So this is the

NOTE Confidence: 0.9767625

00:27:01.175 --> 00:27:01.675 second.

NOTE Confidence: 0.9881943

00:27:05.895 --> 00:27:06.555 So then

NOTE Confidence: 0.87016296

00:27:07.815 --> 00:27:08.795 the next thing,

NOTE Confidence: 0.97553754

00:27:09.735 --> 00:27:10.855 I'm the opposite of your

NOTE Confidence: 0.97553754

00:27:10.855 --> 00:27:11.735 chair. I focus on the

NOTE Confidence: 0.97553754

00:27:11.735 --> 00:27:12.235 negative.

NOTE Confidence: 0.9762174

00:27:12.570 --> 00:27:13.869 The next thing that happened,

NOTE Confidence: 0.93647206

00:27:14.970 --> 00:27:16.350 I'm from New York, right?

NOTE Confidence: 0.96075106

00:27:18.409 --> 00:27:18.909 Was,

NOTE Confidence: 0.99390984

00:27:19.690 --> 00:27:21.289 Bessel was trying really hard

NOTE Confidence: 0.99390984

00:27:21.289 --> 00:27:22.970 to get developmental trauma disorder

NOTE Confidence: 0.99390984

00:27:22.970 --> 00:27:24.269 into DSM five.

NOTE Confidence: 0.9926905

00:27:25.135 --> 00:27:26.414 There were these people down

NOTE Confidence: 0.9926905

00:27:26.414 --> 00:27:27.155 at NIMH,

NOTE Confidence: 0.974101

00:27:27.855 --> 00:27:29.475 who were working on severe

NOTE Confidence: 0.974101

00:27:29.695 --> 00:27:30.195 irritability,

NOTE Confidence: 0.989075

00:27:31.455 --> 00:27:33.615 and they decided they weren't

NOTE Confidence: 0.989075

00:27:33.615 --> 00:27:35.535 gonna do anything related to

NOTE Confidence: 0.989075

00:27:35.535 --> 00:27:36.895 trauma. They were gonna focus

NOTE Confidence: 0.989075

00:27:36.895 --> 00:27:38.640 on this thing they invented

NOTE Confidence: 0.989075

00:27:38.700 --> 00:27:40.640 called disruptive mood dysregulation

NOTE Confidence: 0.96219045

00:27:41.020 --> 00:27:41.520 disorder.

NOTE Confidence: 0.9688323

00:27:42.140 --> 00:27:43.100 And you can read the

NOTE Confidence: 0.9688323

00:27:43.100 --> 00:27:44.220 criteria. I'm sure you know

NOTE Confidence: 0.9688323

00:27:44.220 --> 00:27:45.580 the criteria because we use

NOTE Confidence: 0.9688323

00:27:45.580 --> 00:27:46.380 it all the time, but

NOTE Confidence: 0.9688323

00:27:46.380 --> 00:27:47.660 it's basically kids who are

NOTE Confidence: 0.9688323

00:27:47.660 --> 00:27:49.740 impossible in fighting and angry

NOTE Confidence: 0.9688323

00:27:49.740 --> 00:27:50.700 and don't do what they're

NOTE Confidence: 0.9688323

00:27:50.700 --> 00:27:52.054 supposed to do. And and,

NOTE Confidence: 0.9688323

00:27:52.054 --> 00:27:52.775 you know, of course, these

NOTE Confidence: 0.9688323

00:27:52.775 --> 00:27:54.054 kids are angry. They should

NOTE Confidence: 0.9688323

00:27:54.054 --> 00:27:55.015 be angry. That's what I

NOTE Confidence: 0.9688323

00:27:55.015 --> 00:27:55.815 always say to them. No

NOTE Confidence: 0.9688323

00:27:55.815 --> 00:27:57.734 wonder you're so it's amazing

NOTE Confidence: 0.9688323

00:27:57.734 --> 00:27:58.695 you're alive, I say to

NOTE Confidence: 0.9688323

00:27:58.695 --> 00:27:59.195 them.

NOTE Confidence: 0.99944335

00:27:59.575 --> 00:28:00.075 So

NOTE Confidence: 0.9414833

00:28:00.375 --> 00:28:01.734 I don't think there's any

NOTE Confidence: 0.9414833

00:28:01.734 --> 00:28:02.234 real

NOTE Confidence: 0.9938633

00:28:03.015 --> 00:28:05.015 validity to this diagnosis, but

NOTE Confidence: 0.9938633

00:28:05.015 --> 00:28:06.155 it got it to DSM

NOTE Confidence: 0.9938633

00:28:06.215 --> 00:28:07.690 five. And when you read,

NOTE Confidence: 0.9938633

00:28:07.690 --> 00:28:09.150 like, the clinical trials

NOTE Confidence: 0.9677733

00:28:09.450 --> 00:28:10.330 of what they're doing at

NOTE Confidence: 0.9677733

00:28:10.330 --> 00:28:11.870 NIMH, they're, like, adding,

NOTE Confidence: 0.9991677

00:28:12.250 --> 00:28:13.230 you know, citalopram

NOTE Confidence: 0.9933578

00:28:14.570 --> 00:28:15.310 to Adderall.

NOTE Confidence: 0.98733777

00:28:15.690 --> 00:28:17.290 So that's that's good. That's

NOTE Confidence: 0.98733777

00:28:17.610 --> 00:28:18.570 you know, you should treat

NOTE Confidence: 0.98733777

00:28:18.570 --> 00:28:20.744 the impulsive disruptive part with

NOTE Confidence: 0.98733777

00:28:20.744 --> 00:28:22.024 stimulants. We'll talk about this

NOTE Confidence: 0.98733777

00:28:22.024 --> 00:28:22.904 a bit. And if there's

NOTE Confidence: 0.98733777

00:28:22.904 --> 00:28:24.664 anxiety and mood stuff, that's

NOTE Confidence: 0.98733777

00:28:24.664 --> 00:28:26.184 the other but that's not

NOTE Confidence: 0.98733777

00:28:26.184 --> 00:28:27.885 what happens in the world.

NOTE Confidence: 0.99910736

00:28:28.264 --> 00:28:29.625 That is not what's happened.

NOTE Confidence: 0.99910736

00:28:29.625 --> 00:28:30.764 I think this is

NOTE Confidence: 0.9419693

00:28:31.669 --> 00:28:33.190 nonsense. And now I do

NOTE Confidence: 0.9419693

00:28:33.190 --> 00:28:34.230 a lot of consulting with,

NOTE Confidence: 0.9419693

00:28:34.230 --> 00:28:35.270 like, teams that are working

NOTE Confidence: 0.9419693

00:28:35.270 --> 00:28:36.230 in the community with high

NOTE Confidence: 0.9419693

00:28:36.230 --> 00:28:37.830 utilizing kids, and they have

NOTE Confidence: 0.9419693

00:28:37.830 --> 00:28:38.330 their

NOTE Confidence: 0.83262056

00:28:38.950 --> 00:28:39.450 bipolar,

NOTE Confidence: 0.7858143

00:28:39.750 --> 00:28:40.250 DMDD.

NOTE Confidence: 0.7884785

00:28:41.270 --> 00:28:42.010 You know,

NOTE Confidence: 0.9174773

00:28:42.710 --> 00:28:43.830 the mood's usually in there,

NOTE Confidence: 0.9174773

00:28:43.830 --> 00:28:45.190 which is good, but it's

NOTE Confidence: 0.9174773

00:28:45.190 --> 00:28:46.010 just a mishmash.

NOTE Confidence: 0.9480779

00:28:46.375 --> 00:28:47.195 And, actually,

NOTE Confidence: 0.96932524

00:28:47.495 --> 00:28:48.934 I think I didn't know.

NOTE Confidence: 0.96932524

00:28:48.934 --> 00:28:49.654 I don't think it was

NOTE Confidence: 0.96932524

00:28:49.654 --> 00:28:51.255 you, Andres, I wrote this

NOTE Confidence: 0.96932524

00:28:51.255 --> 00:28:52.235 editorial for.

NOTE Confidence: 0.95778847

00:28:53.735 --> 00:28:55.174 But, I think it was

NOTE Confidence: 0.95778847

00:28:55.174 --> 00:28:57.255 Doug. So Bob Findling did

NOTE Confidence: 0.95778847

00:28:57.255 --> 00:28:58.294 a big study with a

NOTE Confidence: 0.95778847

00:28:58.294 --> 00:29:00.154 big, commercial claims database,

NOTE Confidence: 0.9480431

00:29:00.990 --> 00:29:01.650 really interesting study,

NOTE Confidence: 0.99295396

00:29:02.110 --> 00:29:02.850 looking at,

NOTE Confidence: 0.95145607

00:29:05.310 --> 00:29:07.170 the diagnosis of bipolar disorder

NOTE Confidence: 0.95145607

00:29:07.230 --> 00:29:08.930 and the transition to DMDD.

NOTE Confidence: 0.95145607

00:29:09.150 --> 00:29:10.590 So DMDD came in, like,

70

NOTE Confidence: 0.95145607

00:29:10.590 --> 00:29:11.470 I think, at two hundred

NOTE Confidence: 0.95145607

00:29:11.470 --> 00:29:12.850 and two thousand sixteen.

NOTE Confidence: 0.9186878

00:29:13.294 --> 00:29:14.995 So we watched the numbers

NOTE Confidence: 0.9186878

00:29:15.054 --> 00:29:16.735 of bipolar diagnoses in this

NOTE Confidence: 0.9186878

00:29:16.735 --> 00:29:18.255 large dataset over time go

NOTE Confidence: 0.9186878

00:29:18.255 --> 00:29:19.855 down and the number of

NOTE Confidence: 0.9186878

00:29:19.855 --> 00:29:20.355 DMDD

NOTE Confidence: 0.9690974

00:29:20.815 --> 00:29:22.735 diagnoses go up, but the

NOTE Confidence: 0.9690974

00:29:22.735 --> 00:29:24.355 drugs were even worse.

NOTE Confidence: 0.98714226

00:29:25.054 --> 00:29:27.075 So the community was responding

NOTE Confidence: 0.98714226

00:29:27.135 --> 00:29:28.780 to this in the same

NOTE Confidence: 0.98714226

00:29:28.780 --> 00:29:30.160 way they were to

NOTE Confidence: 0.9152425

00:29:30.460 --> 00:29:32.700 angry by maybe bipolar kids

NOTE Confidence: 0.9152425

00:29:32.700 --> 00:29:33.680 with antipsychotics

NOTE Confidence: 0.99797004

00:29:34.460 --> 00:29:35.520 and mood stabilizers.

NOTE Confidence: 0.9172154

00:29:36.780 --> 00:29:38.460 So we we it didn't

NOTE Confidence: 0.9172154

00:29:38.620 --> 00:29:39.740 and I said to Ellen,

NOTE Confidence: 0.9172154

00:29:39.740 --> 00:29:40.995 poor Ellen, we left.

NOTE Confidence: 0.88259506

00:29:41.635 --> 00:29:42.455 Danny Pine,

NOTE Confidence: 0.97474486

00:29:42.995 --> 00:29:44.515 facilitated a conversation for, I

NOTE Confidence: 0.97474486

00:29:44.515 --> 00:29:45.735 said, how did you find

NOTE Confidence: 0.97474486

00:29:45.875 --> 00:29:47.475 the two hundred children in

NOTE Confidence: 0.97474486

00:29:47.475 --> 00:29:47.975 America

NOTE Confidence: 0.931853

00:29:48.434 --> 00:29:50.055 that have this phenomenological

NOTE Confidence: 0.63225603

00:29:50.595 --> 00:29:51.095 preparation,

NOTE Confidence: 0.99805295

00:29:51.715 --> 00:29:52.215 presentation

NOTE Confidence: 0.9859031

00:29:52.595 --> 00:29:54.055 that don't have any trauma?

NOTE Confidence: 0.9919038

00:29:54.850 --> 00:29:56.370 And she said she said,

NOTE Confidence: 0.9919038

00:29:56.370 --> 00:29:57.010 oh, you know, when I

NOTE Confidence: 0.9919038

00:29:57.010 --> 00:29:58.370 go out into the community

NOTE Confidence: 0.9919038

00:29:58.370 --> 00:29:59.570 and talk about kids who

NOTE Confidence: 0.9919038

00:29:59.570 --> 00:30:00.929 present like this, everybody talks

NOTE Confidence: 0.9919038

00:30:00.929 --> 00:30:01.669 about trauma.

NOTE Confidence: 0.9904

00:30:02.210 --> 00:30:03.889 So, again, I think we

NOTE Confidence: 0.9904

00:30:03.889 --> 00:30:04.929 lost our way a little

NOTE Confidence: 0.9904

00:30:04.929 --> 00:30:05.590 bit there,

NOTE Confidence: 0.95641005

00:30:06.825 --> 00:30:08.524 to put it mildly.

NOTE Confidence: 0.9906942

00:30:08.825 --> 00:30:09.945 So this is and this

NOTE Confidence: 0.9906942

00:30:09.945 --> 00:30:11.544 is not this is not

NOTE Confidence: 0.9906942

00:30:11.544 --> 00:30:12.044 benign.

NOTE Confidence: 0.9939697

00:30:13.065 --> 00:30:14.105 I mean, these drugs are

NOTE Confidence: 0.9939697

00:30:14.105 --> 00:30:14.605 terrible.

NOTE Confidence: 0.9948244

00:30:15.304 --> 00:30:16.264 You know, you should not

NOTE Confidence: 0.9948244

00:30:16.264 --> 00:30:17.465 take these drugs unless you

NOTE Confidence: 0.9948244

00:30:17.465 --> 00:30:18.365 need these drugs.

NOTE Confidence: 0.9989974

00:30:18.904 --> 00:30:19.404 So

NOTE Confidence: 0.9983756

00:30:20.029 --> 00:30:21.169 this is not benign.

NOTE Confidence: 0.9962285

00:30:21.789 --> 00:30:22.429 So this is the way

NOTE Confidence: 0.9962285

00:30:22.429 --> 00:30:23.230 we think about it. I

NOTE Confidence: 0.9962285

00:30:23.230 --> 00:30:24.270 can't take credit for this.

NOTE Confidence: 0.9962285

00:30:24.270 --> 00:30:25.330 My genius

NOTE Confidence: 0.6983816

00:30:25.789 --> 00:30:27.649 protege Molly Mar did this.

NOTE Confidence: 0.99924874

00:30:28.190 --> 00:30:29.570 You know, there's an overlap

NOTE Confidence: 0.99924874

00:30:29.789 --> 00:30:30.289 between

NOTE Confidence: 0.9445917

00:30:30.590 --> 00:30:32.690 depression, PTSD and ADHD,

NOTE Confidence: 0.9603072

00:30:33.415 --> 00:30:34.455 And they all come. We

NOTE Confidence: 0.9603072

00:30:34.455 --> 00:30:35.735 call this the three triangle

NOTE Confidence: 0.9603072

00:30:35.735 --> 00:30:36.635 slide. Now,

NOTE Confidence: 0.999479

00:30:37.175 --> 00:30:38.615 this is important when you're

NOTE Confidence: 0.999479

00:30:38.615 --> 00:30:40.155 dealing with acute populations

NOTE Confidence: 0.9746883

00:30:40.615 --> 00:30:41.895 because you are going to

NOTE Confidence: 0.9746883

00:30:41.895 --> 00:30:43.195 have to medicate kids.

NOTE Confidence: 0.98947626

00:30:43.895 --> 00:30:45.095 If they're that sick to

NOTE Confidence: 0.98947626

00:30:45.095 --> 00:30:46.610 be in the hospital, you

NOTE Confidence: 0.98947626

00:30:46.610 --> 00:30:47.730 are gonna have to medicate

NOTE Confidence: 0.98947626

00:30:47.730 --> 00:30:49.590 them. So what's our job

NOTE Confidence: 0.98947626

00:30:49.810 --> 00:30:50.870 as psychiatrists?

NOTE Confidence: 0.98160666

00:30:52.050 --> 00:30:53.490 The right diagnosis, the right

NOTE Confidence: 0.98160666

00:30:53.490 --> 00:30:53.990 medication.

NOTE Confidence: 0.9885002

00:30:54.930 --> 00:30:56.530 So we spend a lot

NOTE Confidence: 0.9885002

00:30:56.530 --> 00:30:57.570 of our time with our

NOTE Confidence: 0.9885002

00:30:57.570 --> 00:30:58.850 little ones and some of

NOTE Confidence: 0.9885002

00:30:58.850 --> 00:30:59.970 our time with our older

NOTE Confidence: 0.9885002

00:30:59.970 --> 00:31:01.750 ones, taking them off

NOTE Confidence: 0.9427516

00:31:02.325 --> 00:31:02.825 Depakote

NOTE Confidence: 0.89878356

00:31:03.605 --> 00:31:04.505 and Resperdal

NOTE Confidence: 0.97146606

00:31:05.044 --> 00:31:05.784 and Abilify

NOTE Confidence: 0.95652276

00:31:06.245 --> 00:31:07.865 and putting them on stimulants,

NOTE Confidence: 0.95652276

00:31:08.005 --> 00:31:09.145 God forbid stimulants

NOTE Confidence: 0.908512

00:31:09.924 --> 00:31:11.705 and, and alpha agonists

NOTE Confidence: 0.83319885

00:31:12.565 --> 00:31:13.625 and antidepressants,

NOTE Confidence: 0.99705076

00:31:14.485 --> 00:31:15.765 because what they have is

NOTE Confidence: 0.99705076

00:31:15.765 --> 00:31:16.825 depression, anxiety,

NOTE Confidence: 0.9755825

00:31:17.950 --> 00:31:18.450 ADHD,

NOTE Confidence: 0.99205595

00:31:18.990 --> 00:31:20.830 and PTSD. Now what drug

NOTE Confidence: 0.99205595

00:31:20.830 --> 00:31:21.810 treats PTSD?

NOTE Confidence: 0.96394366

00:31:28.430 --> 00:31:29.410 It's a trick question.

NOTE Confidence: 0.8023417

00:31:31.705 --> 00:31:33.065 It's not. OFT. Prazosin is

NOTE Confidence: 0.8023417

00:31:33.065 --> 00:31:34.125 good for the nightmares.

NOTE Confidence: 0.9690096

00:31:34.985 --> 00:31:36.684 If you have comorbid depression,

NOTE Confidence: 0.97519857

00:31:38.664 --> 00:31:40.025 antidepressants can be helpful. They

NOTE Confidence: 0.97519857

00:31:40.025 --> 00:31:40.905 can be tricky, but they

NOTE Confidence: 0.97519857

00:31:40.905 --> 00:31:42.345 can be helpful. The only

NOTE Confidence: 0.97519857

00:31:42.345 --> 00:31:44.044 drug that treats PTSD

NOTE Confidence: 0.9295059

00:31:51.580 --> 00:31:52.860 Yeah. The prep panel was

NOTE Confidence: 0.9295059

00:31:52.860 --> 00:31:54.140 like an alpha agonist that

NOTE Confidence: 0.9295059

00:31:54.140 --> 00:31:55.580 they damped down the autonomic

NOTE Confidence: 0.9295059

00:31:55.580 --> 00:31:57.740 nervous system. Yeah. Yeah. But

NOTE Confidence: 0.9295059

00:31:57.740 --> 00:31:59.120 what really treats PTSD?

NOTE Confidence: 0.9554527

00:32:00.220 --> 00:32:00.720 Heroin.

NOTE Confidence: 0.9071239

00:32:02.995 --> 00:32:03.495 Seriously.

NOTE Confidence: 0.9623857

00:32:03.875 --> 00:32:04.995 I mean, heroin is a

NOTE Confidence: 0.9623857

00:32:04.995 --> 00:32:05.495 painkiller.

NOTE Confidence: 0.9534748

00:32:06.995 --> 00:32:08.375 It works like a charm,

NOTE Confidence: 0.92113566

00:32:09.075 --> 00:32:10.054 you know? And

NOTE Confidence: 0.9700176

00:32:10.355 --> 00:32:11.715 that's why so many people

NOTE Confidence: 0.9700176

00:32:11.715 --> 00:32:12.455 take opiates

NOTE Confidence: 0.9590552

00:32:12.995 --> 00:32:14.035 because they're in pain and

NOTE Confidence: 0.9590552

00:32:14.035 --> 00:32:15.554 they're not necessarily in physical

NOTE Confidence: 0.9590552

00:32:15.554 --> 00:32:17.120 pain. They're in psychic pain.

NOTE Confidence: 0.9590552

00:32:17.120 --> 00:32:18.080 And that is what is

NOTE Confidence: 0.9590552

00:32:18.080 --> 00:32:19.519 driving the opioid epidemic in

NOTE Confidence: 0.9590552

00:32:19.519 --> 00:32:20.820 this country, in my opinion.

NOTE Confidence: 0.9999393

00:32:21.360 --> 00:32:21.860 Marijuana

NOTE Confidence: 0.95125014

00:32:22.320 --> 00:32:23.519 helps some of the kids

NOTE Confidence: 0.95125014

00:32:23.519 --> 00:32:24.179 in jail.

NOTE Confidence: 0.9809297

00:32:24.480 --> 00:32:26.000 They don't feel normal unless

NOTE Confidence: 0.9809297

00:32:26.000 --> 00:32:26.880 they smoke a lot of

NOTE Confidence: 0.9809297

00:32:26.880 --> 00:32:28.880 marijuana. And, Cuomo put it

NOTE Confidence: 0.9809297

00:32:28.880 --> 00:32:30.480 on the medical marijuana list

NOTE Confidence: 0.9809297

00:32:30.480 --> 00:32:31.299 for New York.

NOTE Confidence: 0.98778814

00:32:31.725 --> 00:32:33.184 But we do not have

NOTE Confidence: 0.98778814

00:32:33.245 --> 00:32:34.225 a pharmacologic

NOTE Confidence: 0.9983704

00:32:34.605 --> 00:32:35.745 treatment for PTSD.

NOTE Confidence: 0.9981966

00:32:36.445 --> 00:32:37.645 What is the treatment for

NOTE Confidence: 0.9981966

00:32:37.645 --> 00:32:38.145 PTSD?

NOTE Confidence: 0.738709

00:32:43.800 --> 00:32:44.300 Psychotherapy.

NOTE Confidence: 0.9418921

00:32:45.640 --> 00:32:48.140 Evidence based. Many, many, many

NOTE Confidence: 0.9418921

00:32:48.200 --> 00:32:48.700 studies

NOTE Confidence: 0.9558247

00:32:49.080 --> 00:32:50.600 for kids, for moms and

NOTE Confidence: 0.9558247

00:32:50.600 --> 00:32:52.600 babies, child parent psychotherapy. Linda

NOTE Confidence: 0.9558247

00:32:52.600 --> 00:32:53.560 and I were talking about

NOTE Confidence: 0.9558247

00:32:53.560 --> 00:32:54.060 that.

NOTE Confidence: 0.9828169

00:32:54.920 --> 00:32:55.980 Many, many studies.

NOTE Confidence: 0.99822795

00:32:56.434 --> 00:32:57.975 That's what works for PTSD.

NOTE Confidence: 0.9934045

00:32:58.275 --> 00:33:00.195 Okay? So what's the problem

NOTE Confidence: 0.9934045

00:33:00.195 --> 00:33:01.075 if you think you can

NOTE Confidence: 0.9934045

00:33:01.075 --> 00:33:02.515 treat if you have a

NOTE Confidence: 0.9934045

00:33:02.515 --> 00:33:04.855 kid with ADHD, depression, anxiety,

NOTE Confidence: 0.99916244

00:33:05.554 --> 00:33:07.335 and trauma related symptoms

NOTE Confidence: 0.89567053

00:33:07.715 --> 00:33:09.415 and you give them antipsychotics

NOTE Confidence: 0.7958896

00:33:10.115 --> 00:33:11.895 which block block dopamine,

NOTE Confidence: 0.9115736

00:33:12.809 --> 00:33:15.210 wrong, wrong for ADHD. You

NOTE Confidence: 0.9115736

00:33:15.210 --> 00:33:17.390 increase dopamine for ADHD and

NOTE Confidence: 0.7022275

00:33:18.090 --> 00:33:18.590 and

NOTE Confidence: 0.99481195

00:33:18.970 --> 00:33:19.789 mood stabilizers

NOTE Confidence: 0.896353

00:33:20.330 --> 00:33:22.190 are really, really depressing,

NOTE Confidence: 0.9709981

00:33:23.450 --> 00:33:24.490 you know? So you're not

NOTE Confidence: 0.9709981

00:33:24.490 --> 00:33:25.390 only is it

NOTE Confidence: 0.9995721

00:33:25.924 --> 00:33:26.424 unhealthy

NOTE Confidence: 0.99732167

00:33:27.044 --> 00:33:27.865 and wrong,

NOTE Confidence: 0.99971986

00:33:28.165 --> 00:33:29.465 but it doesn't work.

NOTE Confidence: 0.91366684

00:33:30.725 --> 00:33:32.165 K. So this this I

NOTE Confidence: 0.91366684

00:33:32.165 --> 00:33:33.544 consider an embarrassment

NOTE Confidence: 0.98759586

00:33:34.325 --> 00:33:36.005 in our field that this

NOTE Confidence: 0.98759586

00:33:36.005 --> 00:33:37.205 is this is how people

NOTE Confidence: 0.98759586

00:33:37.205 --> 00:33:38.245 think, and this is something

NOTE Confidence: 0.98759586

00:33:38.245 --> 00:33:39.044 that we all have to

NOTE Confidence: 0.98759586

00:33:39.044 --> 00:33:39.945 try to change.

NOTE Confidence: 0.9968622

00:33:40.725 --> 00:33:41.225 So

NOTE Confidence: 0.87881595

00:33:43.500 --> 00:33:44.399 I'm gonna skip

NOTE Confidence: 0.27143767

00:33:45.179 --> 00:33:45.679 because

NOTE Confidence: 0.8817845

00:33:49.500 --> 00:33:50.620 they're all the same. Making

NOTE Confidence: 0.8817845

00:33:50.620 --> 00:33:52.159 this important. So what happens

NOTE Confidence: 0.8817845

00:33:52.220 --> 00:33:53.120 if you don't

NOTE Confidence: 0.9976538

00:33:53.899 --> 00:33:54.399 diagnose

NOTE Confidence: 0.9702928

00:33:55.885 --> 00:33:56.705 this stuff?

NOTE Confidence: 0.9133352

00:33:58.445 --> 00:33:59.725 You, as I've hope I've

NOTE Confidence: 0.9133352

00:33:59.725 --> 00:34:01.885 made painfully clear, you use

NOTE Confidence: 0.9133352

00:34:01.885 --> 00:34:02.785 the wrong medications,

NOTE Confidence: 0.9947973

00:34:04.205 --> 00:34:06.125 you don't prescribe the right

NOTE Confidence: 0.9947973

00:34:06.125 --> 00:34:06.625 treatments,

NOTE Confidence: 0.9875562

00:34:07.085 --> 00:34:08.065 kids suffer,

NOTE Confidence: 0.96781653

00:34:08.765 --> 00:34:10.125 kids start to fail in

NOTE Confidence: 0.96781653

00:34:10.125 --> 00:34:10.625 school.

NOTE Confidence: 0.9872332

00:34:11.319 --> 00:34:12.599 The average reading level in

NOTE Confidence: 0.9872332

00:34:12.599 --> 00:34:13.960 our jails is fifth grade.

NOTE Confidence: 0.9872332

00:34:13.960 --> 00:34:15.020 Not because the kids

NOTE Confidence: 0.9778626

00:34:15.960 --> 00:34:17.559 are stupid. Some of them

NOTE Confidence: 0.9778626

00:34:17.559 --> 00:34:18.599 are, some of them aren't,

NOTE Confidence: 0.9778626

00:34:18.599 --> 00:34:19.400 some of them are very

NOTE Confidence: 0.9778626

00:34:19.400 --> 00:34:21.319 smart actually, but because fourth

NOTE Confidence: 0.9778626

00:34:21.319 --> 00:34:22.599 or fifth grade is about

NOTE Confidence: 0.9778626

00:34:22.599 --> 00:34:24.119 when you really disengage from

NOTE Confidence: 0.9778626

00:34:24.119 --> 00:34:25.400 school, when you're being told

NOTE Confidence: 0.9778626

00:34:25.400 --> 00:34:26.520 all the time that you're

NOTE Confidence: 0.9778626

00:34:26.520 --> 00:34:27.020 bad.

NOTE Confidence: 0.9755922

00:34:28.175 --> 00:34:29.695 A lot of ADHD also

NOTE Confidence: 0.9755922

00:34:29.695 --> 00:34:31.295 in the in the juvenile

NOTE Confidence: 0.9755922

00:34:31.295 --> 00:34:32.195 justice population.

NOTE Confidence: 0.99463

00:34:33.775 --> 00:34:34.835 So we

NOTE Confidence: 0.9728706

00:34:35.135 --> 00:34:37.135 we fail to when we

NOTE Confidence: 0.9728706

00:34:37.135 --> 00:34:38.835 fail to identify this

NOTE Confidence: 0.9959906

00:34:39.295 --> 00:34:40.675 properly and intervene

NOTE Confidence: 0.9574781

00:34:40.975 --> 00:34:41.475 properly,

NOTE Confidence: 0.9571309

00:34:42.015 --> 00:34:43.950 we we do not

NOTE Confidence: 0.989572

00:34:44.330 --> 00:34:46.969 use the amazing opportunities we

NOTE Confidence: 0.989572

00:34:46.969 --> 00:34:48.090 have to take kids and

NOTE Confidence: 0.989572

00:34:48.090 --> 00:34:49.630 families off the trajectories

NOTE Confidence: 0.99748343

00:34:50.010 --> 00:34:51.370 that they're on. We now

NOTE Confidence: 0.99748343

00:34:51.370 --> 00:34:53.130 have amazing things that we

NOTE Confidence: 0.99748343

00:34:53.130 --> 00:34:53.790 can do,

NOTE Confidence: 0.952425

00:34:54.170 --> 00:34:55.130 but we don't use them

NOTE Confidence: 0.952425

00:34:55.130 --> 00:34:56.350 if we think like this.

NOTE Confidence: 0.9917455

00:34:59.984 --> 00:35:00.964 And the psychological

NOTE Confidence: 0.8889301

00:35:01.424 --> 00:35:01.924 sequelae

NOTE Confidence: 0.9989646

00:35:02.305 --> 00:35:03.525 of early childhood

NOTE Confidence: 0.9991398

00:35:03.984 --> 00:35:04.484 adversity

NOTE Confidence: 0.99544877

00:35:05.344 --> 00:35:05.844 is

NOTE Confidence: 0.88322514

00:35:07.105 --> 00:35:07.605 shame,

NOTE Confidence: 0.96157783

00:35:09.265 --> 00:35:09.765 guilt,

NOTE Confidence: 0.9731626

00:35:11.440 --> 00:35:12.880 self loathing. The way I

NOTE Confidence: 0.9731626

00:35:12.880 --> 00:35:13.920 think about this is if,

NOTE Confidence: 0.9731626

00:35:13.920 --> 00:35:15.680 when you're a very small

NOTE Confidence: 0.9731626

00:35:15.680 --> 00:35:16.820 child and a baby,

NOTE Confidence: 0.99768794

00:35:17.200 --> 00:35:19.040 you need, you absolutely need

NOTE Confidence: 0.99768794

00:35:19.040 --> 00:35:20.580 your objects to be good.

NOTE Confidence: 0.9977867

00:35:21.200 --> 00:35:22.320 So if your objects are

NOTE Confidence: 0.9977867

00:35:22.320 --> 00:35:22.820 bad,

NOTE Confidence: 0.96239614

00:35:24.085 --> 00:35:25.125 you take the bad and

NOTE Confidence: 0.96239614

00:35:25.125 --> 00:35:26.565 they keep the good. And

NOTE Confidence: 0.96239614

00:35:26.565 --> 00:35:27.685 I learned this working with

NOTE Confidence: 0.96239614

00:35:27.685 --> 00:35:29.125 kids who parents were just

NOTE Confidence: 0.96239614

00:35:29.125 --> 00:35:30.645 done amazingly awful things to

NOTE Confidence: 0.96239614

00:35:30.645 --> 00:35:32.165 them because of their own

NOTE Confidence: 0.96239614

00:35:32.165 --> 00:35:33.765 illnesses, obviously not because they

NOTE Confidence: 0.96239614

00:35:33.765 --> 00:35:34.665 were bad people.

NOTE Confidence: 0.98895246

00:35:35.125 --> 00:35:37.125 And the kids always needed

NOTE Confidence: 0.98895246

00:35:37.125 --> 00:35:38.505 to hold on. We're hardwired

NOTE Confidence: 0.9566452

00:35:39.390 --> 00:35:40.849 to hold on to our

NOTE Confidence: 0.9566452

00:35:40.989 --> 00:35:42.450 internalized good objects.

NOTE Confidence: 0.9651271

00:35:42.989 --> 00:35:44.510 So, you know, people who've

NOTE Confidence: 0.9651271

85

00:35:44.510 --> 00:35:45.549 had even people who've had

NOTE Confidence: 0.9651271

00:35:45.549 --> 00:35:47.069 adult trauma feel guilty and

NOTE Confidence: 0.9651271

00:35:47.069 --> 00:35:48.349 ashamed, but the little kids

NOTE Confidence: 0.9651271

00:35:48.349 --> 00:35:50.450 really feel terrible about themselves.

NOTE Confidence: 0.99524057

00:35:51.309 --> 00:35:53.089 So if you don't actually

NOTE Confidence: 0.9772664

00:35:54.815 --> 00:35:56.094 understand that that's part of

NOTE Confidence: 0.9772664

00:35:56.094 --> 00:35:57.134 what's happening to them, and

NOTE Confidence: 0.9772664

00:35:57.134 --> 00:35:57.934 if you don't have the

NOTE Confidence: 0.9772664

00:35:57.934 --> 00:35:59.535 language to talk to them

NOTE Confidence: 0.9772664

00:35:59.535 --> 00:36:00.734 about this is because of

NOTE Confidence: 0.9772664

00:36:00.734 --> 00:36:02.114 what happened to you,

NOTE Confidence: 0.990413

00:36:02.494 --> 00:36:03.694 not because of who you

NOTE Confidence: 0.990413

00:36:03.694 --> 00:36:05.875 are, you're colluding with that.

NOTE Confidence: 0.983887

00:36:06.560 --> 00:36:08.320 You're colluding with that silence

NOTE Confidence: 0.983887

00:36:08.320 --> 00:36:09.600 and self blame. As I

NOTE Confidence: 0.983887

00:36:09.600 --> 00:36:10.640 said before, you don't know

NOTE Confidence: 0.983887

00:36:10.640 --> 00:36:11.940 what you're doing diagnostically.

NOTE Confidence: 0.9970409

00:36:12.480 --> 00:36:13.760 You're not prescribing the right

NOTE Confidence: 0.9970409

00:36:13.760 --> 00:36:14.260 treatments.

NOTE Confidence: 0.9987422

00:36:14.640 --> 00:36:16.820 You're using really bad medications

NOTE Confidence: 0.9723435

00:36:17.520 --> 00:36:19.359 and you're not recommending. And

NOTE Confidence: 0.9723435

00:36:19.359 --> 00:36:21.605 this is our job, recommend

NOTE Confidence: 0.9723435

00:36:21.665 --> 00:36:23.344 what the patient needs. You

NOTE Confidence: 0.9723435

00:36:23.344 --> 00:36:24.864 are not recommending the evidence

NOTE Confidence: 0.9723435

00:36:24.864 --> 00:36:26.065 based treatments for what the

NOTE Confidence: 0.9723435

00:36:26.065 --> 00:36:26.805 kid has.

NOTE Confidence: 0.99672174

00:36:29.505 --> 00:36:31.025 Does anyone have any comments

NOTE Confidence: 0.99672174

00:36:31.025 --> 00:36:31.985 before I move to the

NOTE Confidence: 0.99672174

00:36:31.985 --> 00:36:32.725 next part?

NOTE Confidence: 0.9903581

00:36:34.820 --> 00:36:35.320 Questions?

NOTE Confidence: 0.998242

00:36:35.780 --> 00:36:36.980 Anyone wanna argue with me?

NOTE Confidence: 0.998242

00:36:36.980 --> 00:36:37.780 I love it when people

NOTE Confidence: 0.998242

00:36:37.780 --> 00:36:38.680 argue with me.

NOTE Confidence: 0.8326864

00:36:39.700 --> 00:36:41.080 I'm from New York. I

NOTE Confidence: 0.9828824

00:36:42.900 --> 00:36:44.440 beat the Boston out of

NOTE Confidence: 0.9642959

00:36:45.380 --> 00:36:46.820 me. Okay. So so here

NOTE Confidence: 0.9642959

00:36:46.900 --> 00:36:47.060 that's

NOTE Confidence: 0.7087711

00:36:48.155 --> 00:36:49.532 Yeah. Does what? We can

NOTE Confidence: 0.7087711

00:36:49.532 --> 00:36:51.134 bring up OBD. Oh, what's

NOTE Confidence: 0.7087711

00:36:51.275 --> 00:36:53.295 he saying? Oh, OBD.

NOTE Confidence: 0.93999386

00:36:54.155 --> 00:36:56.015 Oh, I'm I'm sorry. I

NOTE Confidence: 0.93999386

00:36:56.075 --> 00:36:58.015 just ignore ODD, just like

NOTE Confidence: 0.9509802

00:36:59.355 --> 00:37:00.094 I ignore CD.

NOTE Confidence: 0.71229804

00:37:04.509 --> 00:37:05.630 It's like the same argument

NOTE Confidence: 0.71229804

00:37:05.630 --> 00:37:06.369 for the interview.

NOTE Confidence: 0.9806133

00:37:06.829 --> 00:37:08.049 Yeah. No. I mean,

NOTE Confidence: 0.9140585

00:37:08.589 --> 00:37:10.130 the kids are very oppositional.

NOTE Confidence: 0.9912997

00:37:10.509 --> 00:37:11.630 There's no question about it.

NOTE Confidence: 0.9912997

00:37:11.630 --> 00:37:12.989 And not only will they

NOTE Confidence: 0.9912997

00:37:12.989 --> 00:37:13.789 not do what you want

NOTE Confidence: 0.9912997

00:37:13.789 --> 00:37:14.589 them to do, but they

NOTE Confidence: 0.9912997

00:37:14.589 --> 00:37:15.630 really freak out when you

NOTE Confidence: 0.9912997

00:37:15.630 --> 00:37:16.750 don't give them what they

NOTE Confidence: 0.9912997

00:37:16.750 --> 00:37:18.015 want. I mean, they're

NOTE Confidence: 0.8826007

00:37:18.315 --> 00:37:19.675 all their reward circuitry is

NOTE Confidence: 0.8826007

00:37:19.675 --> 00:37:20.815 all screwed up, right?

NOTE Confidence: 0.92025316

00:37:21.114 --> 00:37:22.395 So, I think ODD is

NOTE Confidence: 0.92025316

00:37:22.395 --> 00:37:23.994 a terrible diagnosis. And there

NOTE Confidence: 0.92025316

00:37:23.994 --> 00:37:25.195 was actually a JAMA article

NOTE Confidence: 0.92025316

00:37:25.195 --> 00:37:26.475 from Peds about how this,

NOTE Confidence: 0.92025316

00:37:26.475 --> 00:37:28.235 why diagnoses are not supposed

NOTE Confidence: 0.92025316

00:37:28.235 --> 00:37:29.675 to do harm. That and

NOTE Confidence: 0.92025316

00:37:29.675 --> 00:37:30.494 conduct disorder.

NOTE Confidence: 0.89338225

00:37:30.870 --> 00:37:32.070 The only, in my fight

NOTE Confidence: 0.89338225

00:37:32.070 --> 00:37:33.270 with my docs in Juvy,

NOTE Confidence: 0.89338225

00:37:33.270 --> 00:37:34.310 the only reason they use

NOTE Confidence: 0.89338225

00:37:34.310 --> 00:37:35.270 conduct disorder is because it

NOTE Confidence: 0.89338225

00:37:35.270 --> 00:37:36.330 can get you MST,

NOTE Confidence: 0.9238245

00:37:37.110 --> 00:37:38.630 which works. It's good treatment.

NOTE Confidence: 0.9238245

00:37:38.630 --> 00:37:39.130 So,

NOTE Confidence: 0.9512716

00:37:39.750 --> 00:37:40.950 those are all, those are

NOTE Confidence: 0.9512716

00:37:40.950 --> 00:37:41.270 all,

NOTE Confidence: 0.93611974

00:37:42.550 --> 00:37:44.570 diagnoses about how you're behaving,

NOTE Confidence: 0.9759789

00:37:45.325 --> 00:37:46.685 right? Those two diagnoses, they're

NOTE Confidence: 0.9759789

00:37:46.685 --> 00:37:47.805 not about what's going on

NOTE Confidence: 0.9759789

00:37:47.805 --> 00:37:49.405 inside of you. So, and

NOTE Confidence: 0.9759789

00:37:49.405 --> 00:37:50.525 the most common thing these

NOTE Confidence: 0.9759789

00:37:50.525 --> 00:37:51.485 kids come in with is

NOTE Confidence: 0.9759789

00:37:51.485 --> 00:37:51.985 ODD.

NOTE Confidence: 0.9899184

00:37:52.364 --> 00:37:52.864 Yeah.

NOTE Confidence: 0.8839866

00:37:53.405 --> 00:37:54.465 And ADHD.

NOTE Confidence: 0.6314655

00:37:54.844 --> 00:37:56.364 You got Nat to argue

NOTE Confidence: 0.6314655

00:37:56.364 --> 00:37:56.945 as well.

NOTE Confidence: 0.9471758

00:37:58.660 --> 00:37:59.960 Oh, she doesn't wanna argue.

NOTE Confidence: 0.9125921

00:38:00.340 --> 00:38:01.700 Smart woman. Not from New

NOTE Confidence: 0.9125921

00:38:01.700 --> 00:38:02.200 York.

NOTE Confidence: 0.9677892

00:38:04.980 --> 00:38:05.620 Yeah. I was in New

NOTE Confidence: 0.9677892

00:38:05.620 --> 00:38:06.420 York for seven years. But,

NOTE Confidence: 0.9677892

00:38:06.420 --> 00:38:07.380 no, not an argument. I'm

NOTE Confidence: 0.9677892

00:38:07.380 --> 00:38:08.820 just, I mean, I'm excited

NOTE Confidence: 0.9677892

00:38:08.820 --> 00:38:09.700 to see what what, you

NOTE Confidence: 0.9677892

00:38:09.700 --> 00:38:10.820 know, what the rest of

NOTE Confidence: 0.9677892

00:38:10.820 --> 00:38:12.420 this presentation. I'm so grateful

NOTE Confidence: 0.9677892

00:38:12.420 --> 00:38:13.424 for this presentation.

NOTE Confidence: 0.9377359

00:38:13.964 --> 00:38:14.924 I work part time at

NOTE Confidence: 0.9377359

00:38:14.924 --> 00:38:16.444 a state hospital, and a

NOTE Confidence: 0.9377359

00:38:16.444 --> 00:38:17.565 patient came in, and she

NOTE Confidence: 0.9377359

00:38:17.565 --> 00:38:19.585 is, fifteen fourteen or fifteen.

NOTE Confidence: 0.9377359

00:38:19.644 --> 00:38:20.464 And she has

NOTE Confidence: 0.95735294

00:38:20.924 --> 00:38:21.964 a lot of trauma, like,

NOTE Confidence: 0.95735294

00:38:21.964 --> 00:38:23.085 a lot of trauma, and

NOTE Confidence: 0.95735294

00:38:23.085 --> 00:38:24.704 she's very hostile and aggressive.

NOTE Confidence: 0.993237

00:38:25.085 --> 00:38:25.585 Yeah.

NOTE Confidence: 0.9708614

00:38:26.340 --> 00:38:27.460 Fighting for her life. The

NOTE Confidence: 0.9708614

00:38:27.460 --> 00:38:28.980 positive thing is that we

NOTE Confidence: 0.9708614

00:38:28.980 --> 00:38:30.340 did screen, and we do

NOTE Confidence: 0.9708614

00:38:30.340 --> 00:38:31.540 have it in the list

NOTE Confidence: 0.9708614

00:38:31.540 --> 00:38:33.380 of her, you know, diagnoses

NOTE Confidence: 0.9708614

00:38:33.380 --> 00:38:34.120 of trauma.

NOTE Confidence: 0.9658169

00:38:35.380 --> 00:38:36.420 The, I guess, not so

NOTE Confidence: 0.9658169

00:38:36.420 --> 00:38:38.420 forward thing is that we

NOTE Confidence: 0.9658169

00:38:38.420 --> 00:38:38.820 are,

NOTE Confidence: 0.9964195

00:38:39.325 --> 00:38:40.205 when she came in, she

NOTE Confidence: 0.9964195

00:38:40.205 --> 00:38:40.765 was on a very high

NOTE Confidence: 0.9964195

00:38:40.765 --> 00:38:41.665 dose of Seroquel.

NOTE Confidence: 0.9563435

00:38:42.605 --> 00:38:43.405 And I I don't know

NOTE Confidence: 0.9563435

00:38:43.405 --> 00:38:44.525 about children, but for adults,

NOTE Confidence: 0.9563435

00:38:44.525 --> 00:38:45.165 you know, once you go

NOTE Confidence: 0.9563435

00:38:45.165 --> 00:38:46.285 above two hundred milligrams of

NOTE Confidence: 0.9563435

00:38:46.285 --> 00:38:47.645 Seroquel, you're increasing chances of

NOTE Confidence: 0.9563435

00:38:47.645 --> 00:38:49.165 metabolic syndrome. And this is

NOTE Confidence: 0.9563435

00:38:49.165 --> 00:38:50.285 someone who's gained ninety five

NOTE Confidence: 0.9563435

00:38:50.285 --> 00:38:51.325 pounds in the last year.

NOTE Confidence: 0.9563435

00:38:51.325 --> 00:38:52.739 Yep. And, I saw her

NOTE Confidence: 0.9563435

00:38:53.060 --> 00:38:54.420 her last labs and as

NOTE Confidence: 0.9563435

00:38:54.420 --> 00:38:55.800 suspected with her new labs,

NOTE Confidence: 0.9563435

00:38:55.860 --> 00:38:56.680 her triglycerides,

NOTE Confidence: 0.98178285

00:38:56.980 --> 00:38:58.980 her cholesterol, she is she

NOTE Confidence: 0.98178285

00:38:58.980 --> 00:39:01.060 is now obese. Right? And

NOTE Confidence: 0.98178285

00:39:01.060 --> 00:39:02.280 it's not helping her

NOTE Confidence: 0.8827299

00:39:02.580 --> 00:39:03.700 at all because it's not

NOTE Confidence: 0.8827299

00:39:03.700 --> 00:39:04.820 helping she's she's still

NOTE Confidence: 0.96196645

00:39:05.424 --> 00:39:07.025 Take her off. Frustrated and

NOTE Confidence: 0.96196645

00:39:07.025 --> 00:39:07.984 and hostile and what have

NOTE Confidence: 0.96196645

00:39:07.984 --> 00:39:09.025 you. So to your point

NOTE Confidence: 0.96196645

00:39:09.025 --> 00:39:09.904 of that, it it doesn't

NOTE Confidence: 0.96196645

00:39:09.904 --> 00:39:10.404 treat

NOTE Confidence: 0.9270991

00:39:10.704 --> 00:39:11.204 anger.

NOTE Confidence: 0.9561254

00:39:11.825 --> 00:39:13.025 Thank you for saying that.

NOTE Confidence: 0.9561254

00:39:13.025 --> 00:39:13.904 Yep. And then she was

NOTE Confidence: 0.9561254

00:39:13.904 --> 00:39:16.144 on, Prozac ten, which is

NOTE Confidence: 0.9561254

00:39:16.144 --> 00:39:17.744 like, you know, taking gummy

NOTE Confidence: 0.9561254

00:39:17.744 --> 00:39:19.424 bears for someone who's really,

NOTE Confidence: 0.9561254

00:39:19.664 --> 00:39:21.719 depressed and and, and traumatized.

NOTE Confidence: 0.9561254

00:39:21.719 --> 00:39:22.520 And so we know we're

NOTE Confidence: 0.9561254

00:39:22.520 --> 00:39:23.400 we're definitely gonna go up

NOTE Confidence: 0.9561254

00:39:23.400 --> 00:39:24.840 on that. But, I just

NOTE Confidence: 0.9561254

00:39:24.840 --> 00:39:26.300 really appreciate this perspective.

NOTE Confidence: 0.9267428

00:39:26.600 --> 00:39:27.960 I can't I can't tell

NOTE Confidence: 0.9267428

00:39:27.960 --> 00:39:29.400 you how many consultations I've

NOTE Confidence: 0.9267428

00:39:29.400 --> 00:39:30.600 done in New York State

NOTE Confidence: 0.9267428

00:39:30.600 --> 00:39:31.500 Hospital system

NOTE Confidence: 0.8124752

00:39:32.280 --> 00:39:33.340 where they said,

NOTE Confidence: 0.95127064

00:39:33.960 --> 00:39:34.724 we don't know what's going

NOTE Confidence: 0.95127064

00:39:34.724 --> 00:39:35.525 on with this kid. I

NOTE Confidence: 0.95127064

00:39:35.525 --> 00:39:37.045 did one, but the worst

NOTE Confidence: 0.95127064

00:39:37.045 --> 00:39:38.484 one was a six year

NOTE Confidence: 0.95127064

00:39:38.484 --> 00:39:39.864 old boy up in Western

NOTE Confidence: 0.95127064

00:39:40.005 --> 00:39:41.285 New York who they were

NOTE Confidence: 0.95127064

00:39:41.285 --> 00:39:42.424 about to put on clozapine,

NOTE Confidence: 0.9011707

00:39:42.724 --> 00:39:43.785 little white kid.

NOTE Confidence: 0.94186443

00:39:44.085 --> 00:39:44.325 And,

NOTE Confidence: 0.997594

00:39:45.525 --> 00:39:46.244 I said, you have to

NOTE Confidence: 0.997594

00:39:46.244 --> 00:39:47.125 let me talk to the

NOTE Confidence: 0.997594

00:39:47.125 --> 00:39:48.450 kid before you do this.

NOTE Confidence: 0.997594

00:39:48.450 --> 00:39:49.730 And they did. And so

NOTE Confidence: 0.997594

00:39:49.730 --> 00:39:50.230 I,

NOTE Confidence: 0.94019073

00:39:50.690 --> 00:39:51.890 they said he won't talk

NOTE Confidence: 0.94019073

00:39:51.890 --> 00:39:52.950 about his trauma.

NOTE Confidence: 0.9894216

00:39:53.969 --> 00:39:55.329 That's what they said. So

NOTE Confidence: 0.9894216

00:39:55.329 --> 00:39:56.530 I was talking to him

NOTE Confidence: 0.9894216

00:39:56.530 --> 00:39:57.890 video, you know, I said

NOTE Confidence: 0.9894216

00:39:57.890 --> 00:39:58.770 to him, so tell me

NOTE Confidence: 0.9894216

00:39:58.770 --> 00:40:00.469 about your step, your, your

NOTE Confidence: 0.9894216

00:40:00.530 --> 00:40:01.430 mom's boyfriend.

NOTE Confidence: 0.980432

00:40:02.050 --> 00:40:03.510 And she said, he said,

NOTE Confidence: 0.980432

00:40:03.684 --> 00:40:05.444 he has tattoos all over

NOTE Confidence: 0.980432

00:40:05.444 --> 00:40:05.944 him.

NOTE Confidence: 0.99815345

00:40:06.645 --> 00:40:08.025 He's really scary.

NOTE Confidence: 0.9087972

00:40:08.565 --> 00:40:09.924 He, I said the only

NOTE Confidence: 0.9087972

00:40:09.924 --> 00:40:11.045 place said the only place

NOTE Confidence: 0.9087972

00:40:11.045 --> 00:40:12.565 he doesn't have tattoos is

NOTE Confidence: 0.9087972

00:40:12.565 --> 00:40:14.025 on his private parts.

NOTE Confidence: 0.9709718

00:40:15.770 --> 00:40:17.210 Right? So then we opened

NOTE Confidence: 0.9709718

00:40:17.210 --> 00:40:18.750 up the whole thing.

NOTE Confidence: 0.98783505

00:40:19.130 --> 00:40:20.989 Right? So the state hospitals

NOTE Confidence: 0.9998865

00:40:21.290 --> 00:40:22.430 contribute to this

NOTE Confidence: 0.96116906

00:40:22.890 --> 00:40:24.670 because and I've often

NOTE Confidence: 0.9433651

00:40:24.969 --> 00:40:26.489 often I've probably did about

NOTE Confidence: 0.9433651

00:40:26.489 --> 00:40:27.690 twenty of these consoles. I'm

NOTE Confidence: 0.9433651

00:40:27.690 --> 00:40:29.069 often the first person

NOTE Confidence: 0.99980605

00:40:29.685 --> 00:40:31.145 taking the trauma history

NOTE Confidence: 0.9995365

00:40:31.525 --> 00:40:32.505 from the child

NOTE Confidence: 0.9977917

00:40:33.045 --> 00:40:34.185 who's been in the hospital

NOTE Confidence: 0.9977917

00:40:34.245 --> 00:40:35.225 for six months.

NOTE Confidence: 0.99180675

00:40:35.844 --> 00:40:37.445 So I think they really

NOTE Confidence: 0.99180675

00:40:37.445 --> 00:40:38.745 missed the boat and

NOTE Confidence: 0.91306216

00:40:39.205 --> 00:40:40.165 that they didn't put that

NOTE Confidence: 0.91306216

00:40:40.165 --> 00:40:41.765 boy on clozapine. So that's

NOTE Confidence: 0.91306216

00:40:41.765 --> 00:40:42.405 so let me talk to

NOTE Confidence: 0.91306216

00:40:42.405 --> 00:40:43.364 you about what we did

NOTE Confidence: 0.91306216

00:40:43.364 --> 00:40:44.460 inpatient wise

NOTE Confidence: 0.9862589

00:40:44.940 --> 00:40:46.300 to deal with this. And

NOTE Confidence: 0.9862589

00:40:46.300 --> 00:40:47.660 I'm not there anymore, so

NOTE Confidence: 0.9862589

00:40:47.660 --> 00:40:48.619 I can't speak to what

NOTE Confidence: 0.9862589

00:40:48.619 --> 00:40:49.420 they're doing now. I know

NOTE Confidence: 0.9862589

00:40:49.420 --> 00:40:50.859 they're very trauma informed, but

NOTE Confidence: 0.9862589

00:40:50.859 --> 00:40:52.160 COVID changed some things.

NOTE Confidence: 0.98748

00:40:52.460 --> 00:40:53.839 So these are the SAMHSA

NOTE Confidence: 0.98748

00:40:53.900 --> 00:40:54.400 platitudes

NOTE Confidence: 0.9629153

00:40:55.260 --> 00:40:56.940 about trauma informed care. Okay.

NOTE Confidence: 0.9629153

00:40:56.940 --> 00:40:57.760 They're good platitudes.

NOTE Confidence: 0.92214584

00:40:59.005 --> 00:41:00.205 No, they are, but they're

NOTE Confidence: 0.92214584

00:41:00.205 --> 00:41:00.705 platitudes.

NOTE Confidence: 0.97576606

00:41:02.045 --> 00:41:03.265 And and

NOTE Confidence: 0.96271193

00:41:04.285 --> 00:41:05.565 this is really important. It's

NOTE Confidence: 0.96271193

00:41:05.565 --> 00:41:06.364 part of the,

NOTE Confidence: 0.99199545

00:41:06.925 --> 00:41:08.705 movement to try to prevent

NOTE Confidence: 0.99199545

00:41:09.005 --> 00:41:10.065 restraint and seclusion.

NOTE Confidence: 0.99686867

00:41:10.844 --> 00:41:11.885 I mean, you think about

NOTE Confidence: 0.99686867

00:41:11.885 --> 00:41:12.945 four point restraints

NOTE Confidence: 0.98078245

00:41:13.580 --> 00:41:14.460 for people that have been

NOTE Confidence: 0.98078245

00:41:14.460 --> 00:41:16.219 abused. You know, you're tied

NOTE Confidence: 0.98078245

00:41:16.219 --> 00:41:17.020 to a bed with your

NOTE Confidence: 0.98078245

00:41:17.020 --> 00:41:18.560 legs spread very bad.

NOTE Confidence: 0.9899075

00:41:19.100 --> 00:41:19.980 Sometimes you have to do

NOTE Confidence: 0.9899075

00:41:19.980 --> 00:41:21.420 it, but shouldn't be run

NOTE Confidence: 0.9899075

00:41:21.420 --> 00:41:22.160 of the mill.

NOTE Confidence: 0.98658866

00:41:22.940 --> 00:41:23.440 So,

NOTE Confidence: 0.8882568

00:41:24.700 --> 00:41:25.580 these are kind of the

NOTE Confidence: 0.8882568

00:41:25.580 --> 00:41:26.940 tenants that and we we

NOTE Confidence: 0.8882568

00:41:26.940 --> 00:41:27.980 did this in the outpatient

NOTE Confidence: 0.8882568

00:41:27.980 --> 00:41:29.360 in the inpatient service,

NOTE Confidence: 0.97903484

00:41:29.975 --> 00:41:31.094 and then we took it

NOTE Confidence: 0.97903484

00:41:31.094 --> 00:41:32.695 actually into the jails, this

NOTE Confidence: 0.97903484

00:41:32.695 --> 00:41:33.195 model.

NOTE Confidence: 0.9571551

00:41:33.735 --> 00:41:34.775 So the first thing is

NOTE Confidence: 0.9571551

00:41:34.775 --> 00:41:35.735 you have I think you

NOTE Confidence: 0.9571551

00:41:35.735 --> 00:41:36.635 have to screen

NOTE Confidence: 0.97581804

00:41:37.015 --> 00:41:37.515 systematically.

NOTE Confidence: 0.94796664

00:41:38.855 --> 00:41:40.075 You can't make a diagnosis

NOTE Confidence: 0.94796664

00:41:40.215 --> 00:41:40.875 of PTSD

NOTE Confidence: 0.999753

00:41:41.175 --> 00:41:42.614 without going through a set

NOTE Confidence: 0.999753

00:41:42.614 --> 00:41:43.275 of exposures

NOTE Confidence: 0.99611163

00:41:44.450 --> 00:41:45.890 and then linking the worst

NOTE Confidence: 0.99611163

00:41:45.890 --> 00:41:47.330 exposure to the symptoms of

NOTE Confidence: 0.99611163

00:41:47.330 --> 00:41:48.770 PTSD. That's why you can't

NOTE Confidence: 0.99611163

00:41:48.930 --> 00:41:49.890 it's very hard to do

NOTE Confidence: 0.99611163

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00:41:49.890 --> 00:41:51.110 it well on on

NOTE Confidence: 0.9838568

00:41:51.570 --> 00:41:52.630 automated instruments.

NOTE Confidence: 0.94780564

00:41:53.250 --> 00:41:54.370 And so we use the

NOTE Confidence: 0.94780564

00:41:54.370 --> 00:41:54.870 UCLA,

NOTE Confidence: 0.99722385

00:41:55.490 --> 00:41:56.710 which starts with,

NOTE Confidence: 0.9298421

00:41:57.145 --> 00:41:58.825 of course, earthquakes because it's

NOTE Confidence: 0.9298421

00:41:58.825 --> 00:41:59.565 from LA,

NOTE Confidence: 0.9795482

00:41:59.945 --> 00:42:01.305 but then goes all the

NOTE Confidence: 0.9795482

00:42:01.305 --> 00:42:02.445 way down to,

NOTE Confidence: 0.9398922

00:42:03.945 --> 00:42:06.685 more more interpersonal stuff. And,

NOTE Confidence: 0.9042565

00:42:08.425 --> 00:42:09.705 so that's number one. And

NOTE Confidence: 0.9042565

00:42:09.705 --> 00:42:11.225 that's that in and of

NOTE Confidence: 0.9042565

00:42:11.225 --> 00:42:12.640 self it in and I

NOTE Confidence: 0.9042565

00:42:12.640 --> 00:42:14.000 have till till one, don't

NOTE Confidence: 0.9042565

00:42:14.000 --> 00:42:15.840 I, Anders? Yeah. That in

NOTE Confidence: 0.9042565

00:42:15.840 --> 00:42:17.280 and of itself is an

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NOTE Confidence: 0.9042565

00:42:17.280 --> 00:42:17.780 intervention

NOTE Confidence: 0.8847795

00:42:18.400 --> 00:42:19.600 to ask the kid, did

NOTE Confidence: 0.8847795

00:42:19.600 --> 00:42:20.320 this happen to you? Did

NOTE Confidence: 0.8847795

00:42:20.320 --> 00:42:20.880 this happen to you? Did

NOTE Confidence: 0.8847795

00:42:20.880 --> 00:42:21.440 this happen to you? Did

NOTE Confidence: 0.8847795

00:42:21.440 --> 00:42:21.874 this happen to you? Did

NOTE Confidence: 0.8847795

00:42:21.874 --> 00:42:22.480 this happen to you? That

NOTE Confidence: 0.8847795

00:42:22.640 --> 00:42:23.140 that's

NOTE Confidence: 0.9998787

00:42:23.440 --> 00:42:23.940 normalizing

NOTE Confidence: 0.9906818

00:42:24.239 --> 00:42:25.135 it. And then when you

NOTE Confidence: 0.9906818

00:42:25.135 --> 00:42:26.255 make your staff do that

NOTE Confidence: 0.9906818

00:42:26.335 --> 00:42:27.855 and we had undergrads from

NOTE Confidence: 0.9906818

00:42:27.855 --> 00:42:29.295 NYU doing this screening. We

NOTE Confidence: 0.9906818

00:42:29.295 --> 00:42:30.275 never had a problem.

NOTE Confidence: 0.82314056

00:42:31.375 --> 00:42:31.875 Okay.

NOTE Confidence: 0.9349095

00:42:32.175 --> 00:42:32.895 Okay. There's a lot of

NOTE Confidence: 0.9349095

00:42:32.895 --> 00:42:35.075 questions. Alright. So screening.

NOTE Confidence: 0.9922054

00:42:35.615 --> 00:42:37.055 Then we had to figure

NOTE Confidence: 0.9922054

00:42:37.055 --> 00:42:38.015 out, oh, what should we

NOTE Confidence: 0.9922054

00:42:38.015 --> 00:42:39.980 do now that we know

NOTE Confidence: 0.9922054

00:42:39.980 --> 00:42:41.260 that all these kids have

NOTE Confidence: 0.9922054

00:42:41.260 --> 00:42:41.760 trauma?

NOTE Confidence: 0.98653793

00:42:42.060 --> 00:42:43.680 We tried to find anything

NOTE Confidence: 0.9993518

00:42:44.140 --> 00:42:46.080 that existed for acute settings

NOTE Confidence: 0.9610692

00:42:46.460 --> 00:42:48.219 that was had any evidence

NOTE Confidence: 0.9610692

00:42:48.219 --> 00:42:49.599 at all. There wasn't anything.

NOTE Confidence: 0.9996221

00:42:49.980 --> 00:42:50.960 So we took

NOTE Confidence: 0.999037

00:42:51.260 --> 00:42:51.760 the

NOTE Confidence: 0.9590904

00:42:52.219 --> 00:42:53.520 the strength based

NOTE Confidence: 0.83301353

00:42:54.405 --> 00:42:56.005 part and intro part of

NOTE Confidence: 0.83301353

00:42:56.005 --> 00:42:56.505 STAIR,

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NOTE Confidence: 0.942482

00:42:57.125 --> 00:42:58.485 which is a complex trauma

NOTE Confidence: 0.942482

00:42:58.485 --> 00:43:00.965 intervention Marylin Cloichord developed, and

NOTE Confidence: 0.942482

00:43:00.965 --> 00:43:02.325 we made them into groups

NOTE Confidence: 0.942482

00:43:02.325 --> 00:43:04.325 for the kids. And I'll

NOTE Confidence: 0.942482

00:43:04.325 --> 00:43:05.125 talk about this in a

NOTE Confidence: 0.942482

00:43:05.125 --> 00:43:06.485 minute. And you have to

NOTE Confidence: 0.942482

00:43:06.485 --> 00:43:08.105 just educate the staff.

NOTE Confidence: 0.997866

00:43:08.700 --> 00:43:09.660 My nurses, when I got

NOTE Confidence: 0.997866

00:43:09.660 --> 00:43:10.700 there, did not know the

NOTE Confidence: 0.997866

00:43:10.700 --> 00:43:12.080 difference between a flashback

NOTE Confidence: 0.96045685

00:43:12.540 --> 00:43:14.160 and an oppositional child

NOTE Confidence: 0.8873325

00:43:14.780 --> 00:43:16.140 and that for them to

NOTE Confidence: 0.8873325

00:43:16.140 --> 00:43:16.960 have empathy

NOTE Confidence: 0.95000416

00:43:17.820 --> 00:43:18.859 for the way these kids

NOTE Confidence: 0.95000416

00:43:18.859 --> 00:43:19.680 are nasty,

NOTE Confidence: 0.88290614

00:43:20.140 --> 00:43:21.839 you know, when they're angry

NOTE Confidence: 0.98203814

00:43:22.380 --> 00:43:23.760 and they hurt people,

NOTE Confidence: 0.914258

00:43:24.204 --> 00:43:24.864 you know,

NOTE Confidence: 0.99550927

00:43:25.244 --> 00:43:25.744 and

NOTE Confidence: 0.993167

00:43:26.285 --> 00:43:27.964 the staff need to understand

NOTE Confidence: 0.993167

00:43:27.964 --> 00:43:29.085 where this is coming from.

NOTE Confidence: 0.993167

00:43:29.085 --> 00:43:30.204 And it's because of what

NOTE Confidence: 0.993167

00:43:30.204 --> 00:43:31.585 was done to that kid.

NOTE Confidence: 0.993167

00:43:31.645 --> 00:43:33.025 And if you can't generate

NOTE Confidence: 0.993167

00:43:33.085 --> 00:43:34.605 genuine empathy for these kids,

NOTE Confidence: 0.993167

00:43:34.605 --> 00:43:35.825 you cannot be therapeutic.

NOTE Confidence: 0.9529023

00:43:36.300 --> 00:43:37.660 So that's an ongoing, and

NOTE Confidence: 0.9529023

00:43:37.660 --> 00:43:38.540 it's very hard to be

NOTE Confidence: 0.9529023

00:43:38.540 --> 00:43:39.820 empathic to someone who's hurting

NOTE Confidence: 0.9529023

00:43:39.820 --> 00:43:40.320 you.

NOTE Confidence: 0.97009534

00:43:40.620 --> 00:43:41.920 So that's an ongoing

NOTE Confidence: 0.97911745

00:43:42.860 --> 00:43:44.140 piece of work. And I'm

NOTE Confidence: 0.97911745

00:43:44.140 --> 00:43:45.260 very proud of my nursing

NOTE Confidence: 0.97911745

00:43:45.260 --> 00:43:46.540 staff where they've gotten with

NOTE Confidence: 0.97911745

00:43:46.540 --> 00:43:48.140 that. Psychiatric nursing is the

NOTE Confidence: 0.97911745

00:43:48.140 --> 00:43:49.840 fourth most dangerous profession

NOTE Confidence: 0.975109

00:43:50.925 --> 00:43:53.025 after police, fire, and EMS.

NOTE Confidence: 0.9994767

00:43:53.885 --> 00:43:55.265 So and violence

NOTE Confidence: 0.97745484

00:43:55.565 --> 00:43:56.785 is very destabilizing.

NOTE Confidence: 0.99562234

00:43:57.485 --> 00:43:58.525 So you have to have

NOTE Confidence: 0.99562234

00:43:58.525 --> 00:43:59.805 a context to deal with

NOTE Confidence: 0.99562234

00:43:59.805 --> 00:44:00.605 it, and people have to

NOTE Confidence: 0.99562234

00:44:00.605 --> 00:44:02.145 understand where it's coming from.

NOTE Confidence: 0.9488312

00:44:06.089 --> 00:44:07.869 So as I said, identification

NOTE Confidence: 0.9776289

00:44:08.650 --> 00:44:09.549 is an intervention.

NOTE Confidence: 0.95554537

00:44:10.010 --> 00:44:11.529 Education is there are now

NOTE Confidence: 0.95554537

00:44:11.529 --> 00:44:13.069 people doing psychoeducational

NOTE Confidence: 0.99936265

00:44:13.690 --> 00:44:15.390 interventions that have no

NOTE Confidence: 0.999215

00:44:15.690 --> 00:44:16.190 exposure

NOTE Confidence: 0.99769926

00:44:16.650 --> 00:44:17.469 as treatments.

NOTE Confidence: 0.9714457

00:44:18.055 --> 00:44:19.835 Some people can't do exposure.

NOTE Confidence: 0.9714457

00:44:19.895 --> 00:44:20.855 Exposure is the part where

NOTE Confidence: 0.9714457

00:44:20.855 --> 00:44:21.995 you go over your traumas.

NOTE Confidence: 0.9714457

00:44:22.135 --> 00:44:23.175 Some people can't do that.

NOTE Confidence: 0.9714457

00:44:23.175 --> 00:44:25.195 It's too much, but psychoeducation

NOTE Confidence: 0.9991835

00:44:25.655 --> 00:44:26.555 can be done

NOTE Confidence: 0.96238506

00:44:27.495 --> 00:44:29.175 with anybody. And it's actually,

NOTE Confidence: 0.96238506

00:44:29.175 --> 00:44:30.295 I think the first step

NOTE Confidence: 0.96238506

00:44:30.295 --> 00:44:31.655 is teaching people, oh, this

NOTE Confidence: 0.96238506

00:44:31.655 --> 00:44:33.400 happened to you And this

NOTE Confidence: 0.96238506

00:44:33.400 --> 00:44:34.920 happens to everybody and this

NOTE Confidence: 0.96238506

00:44:34.920 --> 00:44:35.800 is how it affects your

NOTE Confidence: 0.96238506

00:44:35.800 --> 00:44:37.660 body and your feelings

NOTE Confidence: 0.9649271

00:44:38.120 --> 00:44:39.480 and your brain. And we're

NOTE Confidence: 0.9649271

00:44:39.480 --> 00:44:40.520 going to help you understand

NOTE Confidence: 0.9649271

00:44:40.520 --> 00:44:41.020 that.

NOTE Confidence: 0.6049052

00:44:42.520 --> 00:44:43.020 And

NOTE Confidence: 0.8878271

00:44:45.785 --> 00:44:47.225 screening tools, we are using

NOTE Confidence: 0.8878271

00:44:47.225 --> 00:44:49.165 the we're using UCLA. There's

NOTE Confidence: 0.97238636

00:44:49.625 --> 00:44:50.765 the CDI

NOTE Confidence: 0.98646206

00:44:51.705 --> 00:44:53.145 for the older kids. We

NOTE Confidence: 0.98646206

00:44:53.145 --> 00:44:54.985 couldn't do the UCLA on

NOTE Confidence: 0.98646206

00:44:54.985 --> 00:44:56.285 kids under seven,

NOTE Confidence: 0.96459794

00:44:56.905 --> 00:44:57.864 even though they were usually

NOTE Confidence: 0.96459794

00:44:57.864 --> 00:44:59.065 the most traumatized kids because

NOTE Confidence: 0.96459794

00:44:59.065 --> 00:44:59.864 it doesn't go below there

NOTE Confidence: 0.96459794

00:44:59.864 --> 00:45:01.219 in the CDI. CDN is

NOTE Confidence: 0.96459794

00:45:01.219 --> 00:45:02.300 a good instrument, I think,

NOTE Confidence: 0.96459794

00:45:02.300 --> 00:45:03.739 for inpatient use, better than

NOTE Confidence: 0.96459794

00:45:03.739 --> 00:45:04.940 the PHQ by a long

NOTE Confidence: 0.96459794

00:45:04.940 --> 00:45:06.380 shot. So this is our

NOTE Confidence: 0.96459794

00:45:06.380 --> 00:45:06.880 data.

NOTE Confidence: 0.97974783

00:45:07.660 --> 00:45:08.160 So

NOTE Confidence: 0.9645673

00:45:08.860 --> 00:45:09.980 you can see the difference

NOTE Confidence: 0.9645673

00:45:09.980 --> 00:45:10.719 by age.

NOTE Confidence: 0.94634384

00:45:12.219 --> 00:45:13.635 Thirty three percent of the

NOTE Confidence: 0.94634384

00:45:13.635 --> 00:45:15.155 kids were above the cutoff.

NOTE Confidence: 0.94634384

00:45:15.155 --> 00:45:16.275 Remember, there's the over seven

NOTE Confidence: 0.94634384

00:45:16.275 --> 00:45:17.875 year olds and twenty five

NOTE Confidence: 0.94634384

00:45:17.875 --> 00:45:18.935 percent of the adolescents.

NOTE Confidence: 0.9875621

00:45:19.635 --> 00:45:20.695 A lot of abuse,

NOTE Confidence: 0.97445375

00:45:22.035 --> 00:45:23.235 was being reported by these

NOTE Confidence: 0.97445375

00:45:23.235 --> 00:45:25.815 kids. The most problematic kids

NOTE Confidence: 0.9495805

00:45:26.355 --> 00:45:27.235 and I would have my

NOTE Confidence: 0.9495805

00:45:27.235 --> 00:45:28.380 little screening results and I

NOTE Confidence: 0.9495805

00:45:28.380 --> 00:45:29.420 would go to my rounds

NOTE Confidence: 0.9495805

00:45:29.420 --> 00:45:30.619 every week and I would

NOTE Confidence: 0.9495805

00:45:30.619 --> 00:45:31.500 know what the kids said.

NOTE Confidence: 0.9495805

00:45:31.500 --> 00:45:32.700 The most problematic kids were

NOTE Confidence: 0.9495805

00:45:32.700 --> 00:45:33.819 the kids who, you know,

NOTE Confidence: 0.9495805

00:45:33.819 --> 00:45:35.420 had significant trauma histories, who

NOTE Confidence: 0.9495805

00:45:35.420 --> 00:45:36.319 denied everything.

NOTE Confidence: 0.93791205

00:45:37.099 --> 00:45:38.219 Right. Because they're the numbed

NOTE Confidence: 0.93791205

00:45:38.219 --> 00:45:39.599 out ones. And

NOTE Confidence: 0.89466417

00:45:40.140 --> 00:45:41.760 that's probably the most

NOTE Confidence: 0.9997373

00:45:42.545 --> 00:45:43.045 profound

NOTE Confidence: 0.9407753

00:45:43.985 --> 00:45:46.165 impact is the dissociation numbing

NOTE Confidence: 0.85000896

00:45:46.785 --> 00:45:47.285 depression.

NOTE Confidence: 0.9753665

111

00:45:48.145 --> 00:45:50.145 So forty four percent. And

NOTE Confidence: 0.9753665

00:45:50.145 --> 00:45:51.105 when you looked at just

NOTE Confidence: 0.9753665

00:45:51.105 --> 00:45:52.145 boys, it was more like

NOTE Confidence: 0.9753665

00:45:52.145 --> 00:45:54.565 sixty percent of prepubertal boys

NOTE Confidence: 0.9753665

00:45:54.680 --> 00:45:56.200 with depression, and that was

NOTE Confidence: 0.9753665

00:45:56.200 --> 00:45:58.120 the irritability. Irritability is depression

NOTE Confidence: 0.9753665

00:45:58.120 --> 00:45:58.780 in kids.

NOTE Confidence: 0.9056554

00:45:59.239 --> 00:46:00.200 And I think Gay has

NOTE Confidence: 0.9056554

00:46:00.200 --> 00:46:01.720 finally figured this out that

NOTE Confidence: 0.9056554

00:46:01.720 --> 00:46:03.660 they followed these bipolar NOS

NOTE Confidence: 0.9056554

00:46:03.720 --> 00:46:04.760 kids, and when they grow

NOTE Confidence: 0.9056554

00:46:04.760 --> 00:46:05.660 up, they were depressed.

NOTE Confidence: 0.941713

00:46:08.904 --> 00:46:09.864 So I told you about

NOTE Confidence: 0.941713

00:46:09.864 --> 00:46:11.144 this. We, we took these

NOTE Confidence: 0.941713

00:46:11.144 --> 00:46:11.644 three,

NOTE Confidence: 0.92995995

00:46:12.984 --> 00:46:13.885 strength building

NOTE Confidence: 0.9740238

00:46:14.265 --> 00:46:14.765 groups,

NOTE Confidence: 0.8929244

00:46:16.184 --> 00:46:18.424 affect recognition, trauma psycho ed,

NOTE Confidence: 0.930717

00:46:18.825 --> 00:46:20.505 emotional regulation and coping skills,

NOTE Confidence: 0.930717

00:46:20.505 --> 00:46:21.005 communication

NOTE Confidence: 0.78840625

00:46:21.305 --> 00:46:21.805 skills,

NOTE Confidence: 0.9876982

00:46:22.430 --> 00:46:23.870 Traumatized people tend to be

NOTE Confidence: 0.9876982

00:46:23.870 --> 00:46:26.050 very difficult to communicate effectively

NOTE Confidence: 0.9876982

00:46:26.110 --> 00:46:27.710 with. So teaching them some

NOTE Confidence: 0.9876982

00:46:27.710 --> 00:46:28.210 skills

NOTE Confidence: 0.9303676

00:46:28.670 --> 00:46:30.370 and they create an individualized

NOTE Confidence: 0.96348464

00:46:30.830 --> 00:46:32.510 safety plan for themselves that

NOTE Confidence: 0.96348464

00:46:32.510 --> 00:46:33.710 they leave with when we

NOTE Confidence: 0.96348464

00:46:33.710 --> 00:46:34.750 laminate it and they leave

NOTE Confidence: 0.96348464

00:46:34.750 --> 00:46:35.505 it. So this

NOTE Confidence: 0.9568677

00:46:35.904 --> 00:46:37.265 and we're not doing any

NOTE Confidence: 0.9568677

00:46:37.265 --> 00:46:38.864 exposure. Kids aren't talking about

NOTE Confidence: 0.9568677

00:46:38.864 --> 00:46:40.545 their trauma. And this we're

NOTE Confidence: 0.9568677

00:46:40.545 --> 00:46:41.684 still doing in the inpatient

NOTE Confidence: 0.9568677

00:46:41.744 --> 00:46:43.025 unit and we're doing a

NOTE Confidence: 0.9568677

00:46:43.025 --> 00:46:44.384 different version of this in

NOTE Confidence: 0.9568677

00:46:44.384 --> 00:46:46.244 the juvenile detention settings.

NOTE Confidence: 0.9696726

00:46:46.704 --> 00:46:47.904 We couldn't find anything for

NOTE Confidence: 0.9696726

00:46:47.904 --> 00:46:48.864 the little ones. We called

NOTE Confidence: 0.9696726

00:46:48.864 --> 00:46:50.680 up Judy Cohen who developed

NOTE Confidence: 0.9696726

00:46:50.680 --> 00:46:51.820 trauma focused CBT.

NOTE Confidence: 0.9957312

00:46:52.440 --> 00:46:53.400 We said, Judy, can you

NOTE Confidence: 0.9957312

00:46:53.400 --> 00:46:54.280 help us? She said, oh,

NOTE Confidence: 0.9957312

00:46:54.280 --> 00:46:55.000 you can't put all those

NOTE Confidence: 0.9957312

00:46:55.000 --> 00:46:56.300 kids in the room together.

NOTE Confidence: 0.9739853

00:46:57.239 --> 00:46:58.200 She was probably right, but

NOTE Confidence: 0.9739853

00:46:58.200 --> 00:46:59.560 we didn't listen. So we

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NOTE Confidence: 0.9739853

00:46:59.560 --> 00:47:00.060 took,

NOTE Confidence: 0.96155226

00:47:00.920 --> 00:47:02.515 we took part of trauma

NOTE Confidence: 0.96155226

00:47:02.515 --> 00:47:03.875 focused CBT and part of

NOTE Confidence: 0.96155226

00:47:03.875 --> 00:47:05.395 CBITS, which is a trauma

NOTE Confidence: 0.96155226

00:47:05.395 --> 00:47:06.755 intervention for older kids in

NOTE Confidence: 0.96155226

00:47:06.755 --> 00:47:08.355 schools. And we made a

NOTE Confidence: 0.96155226

00:47:08.355 --> 00:47:10.355 little cares intervention. They read

NOTE Confidence: 0.96155226

00:47:10.355 --> 00:47:12.035 a terrible thing happened, which

NOTE Confidence: 0.96155226

00:47:12.035 --> 00:47:13.155 is a terrible thing, which

NOTE Confidence: 0.96155226

00:47:13.155 --> 00:47:13.955 is a book about a

NOTE Confidence: 0.96155226

00:47:13.955 --> 00:47:15.570 red panda named Sherman. It's

NOTE Confidence: 0.96155226

00:47:15.570 --> 00:47:16.770 a great book, but this

NOTE Confidence: 0.96155226

00:47:16.770 --> 00:47:17.570 is the first time they've

NOTE Confidence: 0.96155226

00:47:17.570 --> 00:47:18.610 ever, these little ones have

NOTE Confidence: 0.96155226

00:47:18.610 --> 00:47:19.730 ever talked about, oh, this

NOTE Confidence: 0.96155226

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00:47:19.730 --> 00:47:21.010 is what happens. And they

NOTE Confidence: 0.96155226

00:47:21.010 --> 00:47:22.450 do all the relay, all

NOTE Confidence: 0.96155226

00:47:22.450 --> 00:47:23.650 the physical, you know, the

NOTE Confidence: 0.96155226

00:47:23.650 --> 00:47:24.150 relaxation,

NOTE Confidence: 0.94751763

00:47:24.450 --> 00:47:25.110 the breathing,

NOTE Confidence: 0.9378002

00:47:25.490 --> 00:47:26.930 little bit of cognitive behavioral.

NOTE Confidence: 0.9378002

00:47:26.930 --> 00:47:28.344 And then, and they, they

NOTE Confidence: 0.9378002

00:47:28.344 --> 00:47:30.344 graduate. The point of both

NOTE Confidence: 0.9378002

00:47:30.344 --> 00:47:31.545 of these interventions are not

NOTE Confidence: 0.9378002

00:47:31.545 --> 00:47:32.445 to cure them,

NOTE Confidence: 0.9992467

00:47:32.825 --> 00:47:34.285 not to treat their PTSD,

NOTE Confidence: 0.99845964

00:47:34.905 --> 00:47:36.045 but to have them understand

NOTE Confidence: 0.99845964

00:47:36.185 --> 00:47:37.965 what's going on inside themselves

NOTE Confidence: 0.99845964

00:47:38.185 --> 00:47:40.045 and have some basic skills

NOTE Confidence: 0.9965029

00:47:40.585 --> 00:47:42.185 about how to manage their

NOTE Confidence: 0.9965029

00:47:42.185 --> 00:47:43.485 reactions to things.

NOTE Confidence: 0.9068682

00:47:46.559 --> 00:47:47.359 I would not gonna talk

NOTE Confidence: 0.9068682

00:47:47.359 --> 00:47:48.640 about that. So I'm gonna

NOTE Confidence: 0.9068682

00:47:48.640 --> 00:47:49.440 stop because I want I

NOTE Confidence: 0.9068682

00:47:49.440 --> 00:47:50.000 know there are lots of

NOTE Confidence: 0.9068682

00:47:50.000 --> 00:47:50.900 questions. So

NOTE Confidence: 0.94050115

00:47:51.680 --> 00:47:53.040 to anyone doing any kind

NOTE Confidence: 0.94050115

00:47:53.040 --> 00:47:54.819 of acute mental health work,

NOTE Confidence: 0.94050115

00:47:55.040 --> 00:47:56.020 ed, obviously,

NOTE Confidence: 0.95694846

00:47:56.775 --> 00:47:57.974 I think of I actually

NOTE Confidence: 0.95694846

00:47:57.974 --> 00:48:00.395 think as trauma exposure as

NOTE Confidence: 0.95694846

00:48:00.535 --> 00:48:01.035 causational

NOTE Confidence: 0.964966

00:48:02.135 --> 00:48:03.494 in terms of the presentation

NOTE Confidence: 0.964966

00:48:03.494 --> 00:48:04.614 of mental illness in kids

NOTE Confidence: 0.964966

00:48:04.614 --> 00:48:05.275 and adolescents.

NOTE Confidence: 0.9982171

00:48:05.974 --> 00:48:07.355 It's it's correlational

NOTE Confidence: 0.96704036

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00:48:07.815 --> 00:48:09.094 largely because of the way

NOTE Confidence: 0.96704036

00:48:09.094 --> 00:48:10.340 we collect data. We're working

NOTE Confidence: 0.96704036

00:48:10.340 --> 00:48:11.300 on this in my place,

NOTE Confidence: 0.96704036

00:48:11.300 --> 00:48:12.200 going retrospectively

NOTE Confidence: 0.92716604

00:48:13.140 --> 00:48:15.460 with families and young pregnant

NOTE Confidence: 0.92716604

00:48:15.460 --> 00:48:15.960 and

NOTE Confidence: 0.9967111

00:48:16.340 --> 00:48:17.160 young families.

NOTE Confidence: 0.9945894

00:48:18.420 --> 00:48:19.320 Staff education

NOTE Confidence: 0.9672797

00:48:19.780 --> 00:48:20.680 is vital,

NOTE Confidence: 0.97627777

00:48:21.620 --> 00:48:22.660 because you can either make

NOTE Confidence: 0.97627777

00:48:22.660 --> 00:48:23.800 these kids better

NOTE Confidence: 0.9982581

00:48:24.225 --> 00:48:25.025 or you can make them

NOTE Confidence: 0.9982581

00:48:25.025 --> 00:48:25.525 worse.

NOTE Confidence: 0.9777195

00:48:25.825 --> 00:48:26.785 And when you make them

NOTE Confidence: 0.9777195

00:48:26.785 --> 00:48:28.385 worse, it's much more dangerous

NOTE Confidence: 0.9777195

00:48:28.385 --> 00:48:29.505 for everyone. You can't fix

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NOTE Confidence: 0.9777195

00:48:29.505 --> 00:48:31.125 everyone. And and, you know,

NOTE Confidence: 0.96654785

00:48:32.305 --> 00:48:33.585 some kids are just really,

NOTE Confidence: 0.96654785

00:48:33.585 --> 00:48:35.265 really damaged and really hard

NOTE Confidence: 0.96654785

00:48:35.265 --> 00:48:36.785 to deal with, but you

NOTE Confidence: 0.96654785

00:48:36.785 --> 00:48:38.565 can bring down the temperature

NOTE Confidence: 0.9986316

00:48:39.350 --> 00:48:40.730 by doing all this stuff.

NOTE Confidence: 0.99238706

00:48:41.750 --> 00:48:42.250 You

NOTE Confidence: 0.9675601

00:48:42.870 --> 00:48:43.989 there's no such thing as

NOTE Confidence: 0.9675601

00:48:43.989 --> 00:48:46.390 bipolar disorder without mania in

NOTE Confidence: 0.9675601

00:48:46.390 --> 00:48:47.989 little kids. I know sometimes

NOTE Confidence: 0.9675601

00:48:47.989 --> 00:48:49.590 the presentation of bipolar disorder

NOTE Confidence: 0.9675601

00:48:49.590 --> 00:48:51.530 in adolescence is depression first.

NOTE Confidence: 0.99789065

00:48:51.989 --> 00:48:52.489 But

NOTE Confidence: 0.9704876

00:48:53.175 --> 00:48:54.855 if my clinical experience of

NOTE Confidence: 0.9704876

00:48:54.855 --> 00:48:56.395 thousands and thousands of kids

NOTE Confidence: 0.9704876

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00:48:56.535 --> 00:48:58.795 is is is correct,

NOTE Confidence: 0.9534555

00:48:59.175 --> 00:49:00.455 when you have real bipolar

NOTE Confidence: 0.9534555

00:49:00.455 --> 00:49:01.975 disorder and prepubertal kids, they're

NOTE Confidence: 0.9534555

00:49:01.975 --> 00:49:02.475 manic.

NOTE Confidence: 0.9934182

00:49:03.415 --> 00:49:03.915 Antipsychotics

NOTE Confidence: 0.9303771

00:49:04.375 --> 00:49:05.594 do not treat anger,

NOTE Confidence: 0.99809855

00:49:06.380 --> 00:49:06.880 and

NOTE Confidence: 0.998376

00:49:07.260 --> 00:49:09.260 identifying this for kids and

NOTE Confidence: 0.998376

00:49:09.260 --> 00:49:11.040 educating them are foundational

NOTE Confidence: 0.9838018

00:49:11.580 --> 00:49:13.260 to ongoing treatment. We've had

NOTE Confidence: 0.9838018

00:49:13.260 --> 00:49:14.780 kids leave the jails and

NOTE Confidence: 0.9838018

00:49:14.780 --> 00:49:15.920 go out to their outpatient

NOTE Confidence: 0.9838018

00:49:16.060 --> 00:49:17.580 psychotherapy and say, I have

NOTE Confidence: 0.9838018

00:49:17.580 --> 00:49:18.080 PTSD,

NOTE Confidence: 0.96439177

00:49:19.075 --> 00:49:20.035 You know, and they had

NOTE Confidence: 0.96439177

00:49:20.035 --> 00:49:21.635 to tell their therapist. Because

NOTE Confidence: 0.96439177

00:49:21.635 --> 00:49:23.315 remember, most people go out

NOTE Confidence: 0.96439177

00:49:23.315 --> 00:49:24.915 and get community services that

NOTE Confidence: 0.96439177

00:49:24.915 --> 00:49:26.295 are not very sophisticated.

NOTE Confidence: 0.9694694

00:49:26.915 --> 00:49:28.855 So having the kid understand

NOTE Confidence: 0.9694694

00:49:28.995 --> 00:49:30.935 what's happening within, their family

NOTE Confidence: 0.9694694

00:49:30.995 --> 00:49:31.495 understand

NOTE Confidence: 0.94080395

00:49:32.150 --> 00:49:33.989 what's happening within them is

NOTE Confidence: 0.94080395

00:49:33.989 --> 00:49:34.489 foundational.

NOTE Confidence: 0.9873614

00:49:35.510 --> 00:49:36.310 The kids don't know why

NOTE Confidence: 0.9873614

00:49:36.310 --> 00:49:37.270 they're bugging out the way

NOTE Confidence: 0.9873614

00:49:37.270 --> 00:49:38.390 they're bugging out. And if

NOTE Confidence: 0.9873614

00:49:38.390 --> 00:49:39.750 we don't help them understand

NOTE Confidence: 0.9873614

00:49:39.750 --> 00:49:41.350 that, and we're the people

NOTE Confidence: 0.9873614

00:49:41.350 --> 00:49:42.870 that can distinguish between someone

NOTE Confidence: 0.9873614

00:49:42.870 --> 00:49:43.770 who's actually

NOTE Confidence: 0.9994294

00:49:44.390 --> 00:49:44.890 psychotic

NOTE Confidence: 0.9929838

00:49:45.684 --> 00:49:47.464 and someone who is traumatized.

NOTE Confidence: 0.9221523

00:49:48.165 --> 00:49:49.625 So there's lots of confusion.

NOTE Confidence: 0.9221523

00:49:49.684 --> 00:49:50.905 Kids here have,

NOTE Confidence: 0.9986897

00:49:51.444 --> 00:49:51.944 perceptual

NOTE Confidence: 0.937944

00:49:52.244 --> 00:49:54.165 things related to traumatic experience.

NOTE Confidence: 0.937944

00:49:54.165 --> 00:49:56.005 They're have hearing voices. There's

NOTE Confidence: 0.937944

00:49:56.005 --> 00:49:57.844 a lot. Generally speaking, that's

NOTE Confidence: 0.937944

00:49:57.844 --> 00:49:58.964 not the case, particularly with

NOTE Confidence: 0.937944

00:49:58.964 --> 00:50:00.025 the younger kids.

NOTE Confidence: 0.999634

00:50:00.590 --> 00:50:01.710 So I think this is

NOTE Confidence: 0.999634

00:50:01.710 --> 00:50:02.510 what we should all be

NOTE Confidence: 0.999634

00:50:02.510 --> 00:50:03.010 doing

NOTE Confidence: 0.92859685

00:50:03.310 --> 00:50:04.770 in our inpatient environments,

NOTE Confidence: 0.99959344

00:50:05.710 --> 00:50:06.590 and I look forward to

NOTE Confidence: 0.99959344

00:50:06.590 --> 00:50:07.810 your comments and questions.

NOTE Confidence: 0.91567004

00:50:15.785 --> 00:50:17.885 The first question comes from,

NOTE Confidence: 0.8541388

00:50:18.585 --> 00:50:20.125 Zoom world. Christine

NOTE Confidence: 0.9497124

00:50:20.505 --> 00:50:21.945 Emens, can you hear me

NOTE Confidence: 0.9497124

00:50:21.945 --> 00:50:22.685 over there?

NOTE Confidence: 0.77831674

00:50:24.505 --> 00:50:25.645 Hello, Christine?

NOTE Confidence: 0.9933006

00:50:28.770 --> 00:50:29.910 Hold on a sec.

NOTE Confidence: 0.9998137

00:50:30.530 --> 00:50:31.830 Yes. I can hear you.

NOTE Confidence: 0.999747

00:50:32.370 --> 00:50:33.250 Let's try it again. Can

NOTE Confidence: 0.999747

00:50:33.250 --> 00:50:34.150 you hear me, Christine?

NOTE Confidence: 0.9955987

00:50:34.610 --> 00:50:35.989 Yes. I can hear you.

NOTE Confidence: 0.9955987

00:50:36.050 --> 00:50:37.410 Oh, good. Well, go for

NOTE Confidence: 0.9955987

00:50:37.410 --> 00:50:38.310 it. Your question.

NOTE Confidence: 0.98363996

00:50:39.805 --> 00:50:41.485 Oh, okay. My question has

NOTE Confidence: 0.98363996

00:50:41.485 --> 00:50:42.525 to do with the difference

NOTE Confidence: 0.98363996

00:50:42.525 --> 00:50:43.745 between PTSD

NOTE Confidence: 0.9992342

00:50:44.525 --> 00:50:45.025 and

NOTE Confidence: 0.71814334

00:50:45.405 --> 00:50:45.905 continuous

NOTE Confidence: 0.9975689

00:50:46.685 --> 00:50:48.225 traumatic stress disorder.

NOTE Confidence: 0.99888134

00:50:48.685 --> 00:50:49.745 If someone

NOTE Confidence: 0.9824921

00:50:50.685 --> 00:50:51.885 if kids are living in

NOTE Confidence: 0.9824921

00:50:51.885 --> 00:50:52.545 a situation

NOTE Confidence: 0.9995959

00:50:53.085 --> 00:50:53.825 of continuous

NOTE Confidence: 0.84849983

00:50:54.364 --> 00:50:55.859 traumatic, you know, continuous

NOTE Confidence: 0.9884227

00:50:56.560 --> 00:50:58.400 traumatic situation over a period

NOTE Confidence: 0.9884227

00:50:58.400 --> 00:50:59.060 of time,

NOTE Confidence: 0.9767251

00:50:59.520 --> 00:51:00.900 can you still call it

NOTE Confidence: 0.9767251

00:51:00.960 --> 00:51:01.460 PTSD,

NOTE Confidence: 0.99291015

00:51:02.080 --> 00:51:03.599 or or is it something

NOTE Confidence: 0.99291015

00:51:03.599 --> 00:51:04.099 else?

NOTE Confidence: 0.9933183

00:51:05.839 --> 00:51:07.599 Are the symptoms different? Do

NOTE Confidence: 0.9933183

00:51:07.599 --> 00:51:09.234 you have something that might

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NOTE Confidence: 0.9933183

00:51:09.234 --> 00:51:09.734 be

NOTE Confidence: 0.9461147

00:51:10.035 --> 00:51:12.214 termed continuous traumatic stress disorder?

NOTE Confidence: 0.9828074

00:51:12.675 --> 00:51:13.875 And how would that present

NOTE Confidence: 0.9828074

00:51:13.875 --> 00:51:16.515 differently from PTSD where, you

NOTE Confidence: 0.9828074

00:51:16.515 --> 00:51:18.135 know, they've had traumatic events,

NOTE Confidence: 0.9828074

00:51:18.195 --> 00:51:19.714 but they're over? Well, that's

NOTE Confidence: 0.9828074

00:51:19.714 --> 00:51:21.395 that's Christine, that's exactly what

NOTE Confidence: 0.9828074

00:51:21.395 --> 00:51:22.830 the issue with with the

NOTE Confidence: 0.9828074

00:51:22.830 --> 00:51:23.930 diagnosis of PTSD

NOTE Confidence: 0.9967273

00:51:24.310 --> 00:51:26.150 is. It was designed for

NOTE Confidence: 0.9967273

00:51:26.150 --> 00:51:26.650 adults

NOTE Confidence: 0.9989885

00:51:27.190 --> 00:51:28.469 who went into a situation

NOTE Confidence: 0.9989885

00:51:28.469 --> 00:51:29.450 that was continuously

NOTE Confidence: 0.93156147

00:51:29.750 --> 00:51:31.989 traumatizing like war, and then

NOTE Confidence: 0.93156147

00:51:31.989 --> 00:51:33.450 came back with a syndrome

NOTE Confidence: 0.9786951

00:51:34.405 --> 00:51:36.165 of PTSD. What we're dealing

NOTE Confidence: 0.9786951

00:51:36.165 --> 00:51:37.785 with is kids who experience

NOTE Confidence: 0.9960056

00:51:38.405 --> 00:51:38.905 exposure

NOTE Confidence: 0.9975879

00:51:39.285 --> 00:51:39.785 chronically

NOTE Confidence: 0.98264194

00:51:40.485 --> 00:51:41.385 over childhood.

NOTE Confidence: 0.96318007

00:51:42.005 --> 00:51:43.365 And as I said, the

NOTE Confidence: 0.96318007

00:51:43.365 --> 00:51:44.825 complex trauma kids

NOTE Confidence: 0.9889213

00:51:45.365 --> 00:51:45.865 don't

NOTE Confidence: 0.9966

00:51:46.245 --> 00:51:48.585 necessarily meet criteria for PTSD.

NOTE Confidence: 0.97586524

00:51:50.840 --> 00:51:51.340 So,

NOTE Confidence: 0.94038796

00:51:52.520 --> 00:51:53.480 and I think part of

NOTE Confidence: 0.94038796

00:51:53.480 --> 00:51:54.860 this is because DSM

NOTE Confidence: 0.9338685

00:51:55.480 --> 00:51:57.800 really DSM three really moved

NOTE Confidence: 0.9338685

00:51:57.800 --> 00:51:59.100 away from etiology.

NOTE Confidence: 0.98072934

00:52:00.440 --> 00:52:01.560 You know, it's really a

NOTE Confidence: 0.98072934

00:52:01.560 --> 00:52:03.080 system that was focused on

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NOTE Confidence: 0.98072934

00:52:03.080 --> 00:52:03.580 describing

NOTE Confidence: 0.9963127

00:52:04.215 --> 00:52:06.795 relatively coherent set of syndromes

NOTE Confidence: 0.9963127

00:52:07.015 --> 00:52:08.315 and symptom pictures

NOTE Confidence: 0.9727045

00:52:08.695 --> 00:52:10.055 so people could be doing

NOTE Confidence: 0.9727045

00:52:10.055 --> 00:52:10.935 the same thing when they

NOTE Confidence: 0.9727045

00:52:10.935 --> 00:52:12.135 were doing research and doing

NOTE Confidence: 0.9727045

00:52:12.135 --> 00:52:12.635 treatment.

NOTE Confidence: 0.97721

00:52:13.175 --> 00:52:14.135 I want us to go

NOTE Confidence: 0.97721

00:52:14.135 --> 00:52:15.035 back to etiology

NOTE Confidence: 0.9305929

00:52:15.495 --> 00:52:16.795 in in this arena.

NOTE Confidence: 0.966

00:52:17.719 --> 00:52:19.400 So the obviously, the first

NOTE Confidence: 0.966

00:52:19.400 --> 00:52:21.559 rule of trauma intervention is

NOTE Confidence: 0.966

00:52:21.559 --> 00:52:23.180 stop traumatizing the kid.

NOTE Confidence: 0.96387124

00:52:23.799 --> 00:52:25.880 And that's the first safety

NOTE Confidence: 0.96387124

00:52:25.880 --> 00:52:27.000 first. That's the first thing

NOTE Confidence: 0.96387124

00:52:27.000 --> 00:52:28.200 you do. All of us

NOTE Confidence: 0.96387124

00:52:28.200 --> 00:52:29.319 in our work, if you

NOTE Confidence: 0.96387124

00:52:29.319 --> 00:52:30.119 do the kind of work

NOTE Confidence: 0.96387124

00:52:30.119 --> 00:52:31.079 I do, deal with kids

NOTE Confidence: 0.96387124

00:52:31.079 --> 00:52:32.140 we cannot protect,

NOTE Confidence: 0.9975607

00:52:32.735 --> 00:52:34.415 and we cannot necessarily stop

NOTE Confidence: 0.9975607

00:52:34.415 --> 00:52:35.075 the trauma.

NOTE Confidence: 0.96450883

00:52:36.094 --> 00:52:37.935 So, you know, often that's

NOTE Confidence: 0.96450883

00:52:37.935 --> 00:52:40.015 very frustrating and hard because

NOTE Confidence: 0.96450883

00:52:40.015 --> 00:52:41.055 you know the kid is

NOTE Confidence: 0.96450883

00:52:41.055 --> 00:52:42.675 being really hurt by it.

NOTE Confidence: 0.9768779

00:52:42.975 --> 00:52:43.855 The best thing you can

NOTE Confidence: 0.9768779

00:52:43.855 --> 00:52:45.155 do certainly on an outpatient

NOTE Confidence: 0.9768779

00:52:45.215 --> 00:52:46.495 basis is stay with that

NOTE Confidence: 0.9768779

00:52:46.495 --> 00:52:47.555 kid over time

NOTE Confidence: 0.99000585

00:52:48.020 --> 00:52:49.460 and be someone who admires

NOTE Confidence: 0.99000585

00:52:49.460 --> 00:52:50.500 and respects the kid and

NOTE Confidence: 0.99000585

00:52:50.500 --> 00:52:51.719 tries to help the kid,

NOTE Confidence: 0.99000585

00:52:51.940 --> 00:52:53.460 but you can't necessarily save

NOTE Confidence: 0.99000585

00:52:53.460 --> 00:52:54.200 these kids.

NOTE Confidence: 0.98348916

00:52:54.660 --> 00:52:56.280 And many, many children

NOTE Confidence: 0.9787126

00:52:56.660 --> 00:52:58.500 have very difficult things happen

NOTE Confidence: 0.9787126

00:52:58.500 --> 00:52:59.540 to them in their lives.

NOTE Confidence: 0.9787126

00:52:59.540 --> 00:53:00.705 Many, many children do. We

NOTE Confidence: 0.9787126

00:53:00.705 --> 00:53:01.505 don't like to think that

NOTE Confidence: 0.9787126

00:53:01.505 --> 00:53:03.025 way about children, but that

NOTE Confidence: 0.9787126

00:53:03.025 --> 00:53:03.925 is the reality.

NOTE Confidence: 0.9975772

00:53:04.785 --> 00:53:05.685 Anyone else?

NOTE Confidence: 0.98057604

00:53:06.065 --> 00:53:06.965 You know, I,

NOTE Confidence: 0.9989006

00:53:07.745 --> 00:53:08.785 I'm so happy that you

NOTE Confidence: 0.9989006

00:53:08.785 --> 00:53:09.845 mentioned nursing.

NOTE Confidence: 0.9980463

00:53:10.385 --> 00:53:11.345 I'm gonna forget the part

NOTE Confidence: 0.9980463

00:53:11.345 --> 00:53:12.465 about the danger. I'm gonna

NOTE Confidence: 0.9980463

00:53:12.465 --> 00:53:13.505 remember the part about the

NOTE Confidence: 0.9980463

00:53:13.505 --> 00:53:14.005 wonderfulness.

NOTE Confidence: 0.9886132

00:53:14.440 --> 00:53:15.560 Because some of the nurses

NOTE Confidence: 0.9886132

00:53:15.560 --> 00:53:16.840 are here. We have here

NOTE Confidence: 0.9886132

00:53:16.840 --> 00:53:18.940 some of our, fabulous inpatient

NOTE Confidence: 0.9665015

00:53:19.400 --> 00:53:20.780 The best the the backbone

NOTE Confidence: 0.9665015

00:53:21.000 --> 00:53:21.820 of the hospital.

NOTE Confidence: 0.9667202

00:53:24.440 --> 00:53:25.320 It's great to meet you.

NOTE Confidence: 0.9667202

00:53:25.320 --> 00:53:25.960 It was great to meet

NOTE Confidence: 0.9667202

00:53:25.960 --> 00:53:26.680 you on the unit and

NOTE Confidence: 0.9667202

00:53:26.680 --> 00:53:28.120 share our unit with you.

NOTE Confidence: 0.9667202

00:53:28.120 --> 00:53:28.695 My question

NOTE Confidence: 0.9757207

00:53:29.255 --> 00:53:31.175 goes to the last couple

NOTE Confidence: 0.9757207

00:53:31.175 --> 00:53:31.975 of slides that you shared

NOTE Confidence: 0.9757207

00:53:31.975 --> 00:53:33.175 about the trauma informed care

NOTE Confidence: 0.9757207

00:53:33.175 --> 00:53:34.775 on the inpatient unit. And

NOTE Confidence: 0.9757207

00:53:34.775 --> 00:53:36.455 do you have any tips

NOTE Confidence: 0.9757207

00:53:36.455 --> 00:53:37.515 and tricks or,

NOTE Confidence: 0.99025536

00:53:37.815 --> 00:53:39.015 or support you can give

NOTE Confidence: 0.99025536

00:53:39.015 --> 00:53:40.375 us to how do we

NOTE Confidence: 0.99025536

00:53:40.375 --> 00:53:42.075 manage a child that has

NOTE Confidence: 0.99025536

00:53:42.215 --> 00:53:43.275 multiple hospitalizations

NOTE Confidence: 0.98709196

00:53:44.640 --> 00:53:45.760 in a short period of

NOTE Confidence: 0.98709196

00:53:45.760 --> 00:53:47.119 time? Like, you read a

NOTE Confidence: 0.98709196

00:53:47.119 --> 00:53:47.839 story and you had the

NOTE Confidence: 0.98709196

00:53:47.839 --> 00:53:48.719 five steps that you went

NOTE Confidence: 0.98709196

00:53:48.719 --> 00:53:49.520 through, but what if they

NOTE Confidence: 0.98709196

00:53:49.520 --> 00:53:51.200 get admitted a month later?

NOTE Confidence: 0.98709196

00:53:51.200 --> 00:53:52.799 What what is staff doing

NOTE Confidence: 0.98709196

00:53:52.799 --> 00:53:54.020 then with that child?

NOTE Confidence: 0.9836455

00:53:54.480 --> 00:53:55.700 I think you I mean,

NOTE Confidence: 0.9836455

00:53:55.839 --> 00:53:56.640 first of all, you have

NOTE Confidence: 0.9836455

00:53:56.640 --> 00:53:57.700 to that

NOTE Confidence: 0.9804765

00:53:58.235 --> 00:53:59.114 speaks to what I was

NOTE Confidence: 0.9804765

00:53:59.114 --> 00:54:00.715 talking about, that they're we're

NOTE Confidence: 0.9804765

00:54:00.715 --> 00:54:02.075 discharging kids back to the

NOTE Confidence: 0.9804765

00:54:02.075 --> 00:54:02.895 same craziness.

NOTE Confidence: 0.98126525

00:54:03.275 --> 00:54:04.235 This happens a lot with

NOTE Confidence: 0.98126525

00:54:04.235 --> 00:54:05.675 the little ones. It's very

NOTE Confidence: 0.98126525

00:54:05.675 --> 00:54:06.175 frustrating.

NOTE Confidence: 0.962118

00:54:07.755 --> 00:54:08.795 And one of the reasons

NOTE Confidence: 0.962118

00:54:08.795 --> 00:54:09.535 I'm gonna

NOTE Confidence: 0.9960906

00:54:09.835 --> 00:54:10.875 your chair and I are

NOTE Confidence: 0.9960906

00:54:10.875 --> 00:54:11.835 gonna try to do some

NOTE Confidence: 0.9960906

00:54:11.835 --> 00:54:12.655 work on

NOTE Confidence: 0.9956352

00:54:13.219 --> 00:54:15.480 scaling our very effective interventions

NOTE Confidence: 0.9866439

00:54:15.859 --> 00:54:17.000 more systematically

NOTE Confidence: 0.9468728

00:54:18.099 --> 00:54:20.260 to populations that we know

NOTE Confidence: 0.9468728

00:54:20.260 --> 00:54:22.420 need secondary prevention, like the

NOTE Confidence: 0.9468728

00:54:22.420 --> 00:54:23.719 child welfare population.

NOTE Confidence: 0.99144167

00:54:24.339 --> 00:54:25.539 I think you just keep

NOTE Confidence: 0.99144167

00:54:25.539 --> 00:54:27.140 doing the same thing you

NOTE Confidence: 0.99144167

00:54:27.140 --> 00:54:28.755 do every time,

NOTE Confidence: 0.93096375

00:54:29.234 --> 00:54:30.594 which is you that you

NOTE Confidence: 0.93096375

00:54:30.594 --> 00:54:32.594 understand that child and you

NOTE Confidence: 0.93096375

00:54:32.594 --> 00:54:34.375 have empathy with that child,

NOTE Confidence: 0.94518065

00:54:34.914 --> 00:54:36.035 and you try to help

NOTE Confidence: 0.94518065

00:54:36.035 --> 00:54:37.875 that child feel safe enough

NOTE Confidence: 0.94518065

00:54:37.875 --> 00:54:39.154 to develop some other kinds

NOTE Confidence: 0.94518065

00:54:39.154 --> 00:54:40.674 of skills when they're there.

NOTE Confidence: 0.94518065

00:54:40.674 --> 00:54:41.555 You know, the kids come

NOTE Confidence: 0.94518065

00:54:41.555 --> 00:54:42.510 in. The first time they

NOTE Confidence: 0.94518065

00:54:42.510 --> 00:54:43.469 come in. I know you

NOTE Confidence: 0.94518065

00:54:43.469 --> 00:54:45.250 nurses know this and they

NOTE Confidence: 0.94518065

00:54:45.310 --> 00:54:46.350 rip the shit out of

NOTE Confidence: 0.94518065

00:54:46.350 --> 00:54:47.730 the unit and they're like,

NOTE Confidence: 0.94518065

00:54:47.910 --> 00:54:49.150 you know, Hey, no swearing.

NOTE Confidence: 0.94518065

00:54:49.150 --> 00:54:49.810 You're sorry.

NOTE Confidence: 0.97771144

00:54:51.390 --> 00:54:52.510 And, and they, you know,

NOTE Confidence: 0.97771144

00:54:52.510 --> 00:54:53.870 they're tearing things up and

NOTE Confidence: 0.97771144

00:54:53.870 --> 00:54:54.370 they're

NOTE Confidence: 0.9502034

00:54:54.775 --> 00:54:55.815 bullet. They can be the

NOTE Confidence: 0.9502034

00:54:55.815 --> 00:54:57.415 girls in particular can be

NOTE Confidence: 0.9502034

00:54:57.415 --> 00:54:58.555 so rough.

NOTE Confidence: 0.9717094

00:54:59.175 --> 00:55:00.535 And if and you say

NOTE Confidence: 0.9717094

00:55:00.535 --> 00:55:01.975 it's okay. You're safe. That

NOTE Confidence: 0.9717094

00:55:01.975 --> 00:55:03.655 doesn't work. You're safe. Doesn't

NOTE Confidence: 0.9717094

00:55:03.655 --> 00:55:04.155 work.

NOTE Confidence: 0.9943003

00:55:05.015 --> 00:55:06.055 You can trust us. That

NOTE Confidence: 0.9943003

00:55:06.055 --> 00:55:07.735 also doesn't work. But they

NOTE Confidence: 0.9943003

00:55:07.735 --> 00:55:08.235 know

NOTE Confidence: 0.99884844

00:55:09.010 --> 00:55:11.170 they know who actually sees

NOTE Confidence: 0.99884844

00:55:11.170 --> 00:55:11.670 them

NOTE Confidence: 0.988354

00:55:12.050 --> 00:55:12.950 and who can

NOTE Confidence: 0.90287286

00:55:13.650 --> 00:55:15.170 find who they are. Very

NOTE Confidence: 0.90287286

00:55:15.170 --> 00:55:16.530 often, in my experience, is

NOTE Confidence: 0.90287286

00:55:16.530 --> 00:55:17.510 some of the techs

NOTE Confidence: 0.94991624

00:55:18.210 --> 00:55:19.489 who are the best with

NOTE Confidence: 0.94991624

00:55:19.489 --> 00:55:20.150 the kids.

NOTE Confidence: 0.98147535

00:55:20.610 --> 00:55:21.110 And

NOTE Confidence: 0.9839468

00:55:21.410 --> 00:55:22.704 and the kids know when

NOTE Confidence: 0.9839468

135

00:55:22.704 --> 00:55:23.665 they're in a place where

NOTE Confidence: 0.9839468

00:55:23.665 --> 00:55:25.364 they're valued and they're protected.

NOTE Confidence: 0.9840058

00:55:26.704 --> 00:55:28.305 You just, you know, it's,

NOTE Confidence: 0.9840058

00:55:28.305 --> 00:55:29.665 it's like what, what the

NOTE Confidence: 0.9840058

00:55:29.665 --> 00:55:31.184 old, you know,

NOTE Confidence: 0.96829057

00:55:31.905 --> 00:55:33.344 detox facilities used to do.

NOTE Confidence: 0.96829057

00:55:33.344 --> 00:55:34.625 You just keep detoxing them.

NOTE Confidence: 0.96829057

00:55:34.625 --> 00:55:35.585 They come back, you detox

NOTE Confidence: 0.96829057

00:55:35.585 --> 00:55:36.325 them again.

NOTE Confidence: 0.9960594

00:55:36.625 --> 00:55:38.165 You can't change their world.

NOTE Confidence: 0.9962742

00:55:39.080 --> 00:55:40.060 That's the problem.

NOTE Confidence: 0.9538068

00:55:41.000 --> 00:55:42.840 And eventually some of those

NOTE Confidence: 0.9538068

00:55:42.840 --> 00:55:44.860 kids calm down and eventually

NOTE Confidence: 0.9538068

00:55:44.920 --> 00:55:46.120 they come to you and

NOTE Confidence: 0.9538068

00:55:46.120 --> 00:55:47.080 they feel safe. Now they

NOTE Confidence: 0.9538068

00:55:47.080 --> 00:55:47.880 may be wanting to come

NOTE Confidence: 0.9538068

00:55:47.880 --> 00:55:49.020 to you to be safe,

NOTE Confidence: 0.925888

00:55:49.560 --> 00:55:50.840 right, which is a challenge,

NOTE Confidence: 0.925888

00:55:50.840 --> 00:55:51.340 but

NOTE Confidence: 0.99692965

00:55:51.640 --> 00:55:52.760 sometimes the only place they

NOTE Confidence: 0.99692965

00:55:52.760 --> 00:55:53.900 are safe is the hospital.

NOTE Confidence: 0.99075955

00:55:54.485 --> 00:55:55.445 So, I mean, we we

NOTE Confidence: 0.99075955

00:55:55.445 --> 00:55:56.725 have to fix the world

NOTE Confidence: 0.99075955

00:55:56.725 --> 00:55:58.105 before we can fix this.

NOTE Confidence: 0.5806366

00:55:59.925 --> 00:56:00.405 Again,

NOTE Confidence: 0.9669192

00:56:01.364 --> 00:56:02.505 there's lots of questions.

NOTE Confidence: 0.8682585

00:56:04.245 --> 00:56:05.605 Thank you. Hi. I'm Lilia

NOTE Confidence: 0.8682585

00:56:05.605 --> 00:56:06.725 Benoit. I'm child and adolescent

NOTE Confidence: 0.8682585

00:56:06.725 --> 00:56:08.325 psychiatrist from France. We're doing

NOTE Confidence: 0.8682585

00:56:08.325 --> 00:56:09.065 my residency

NOTE Confidence: 0.99946815

00:56:09.364 --> 00:56:10.105 right now

NOTE Confidence: 0.93018395

00:56:10.700 --> 00:56:11.900 here. And so I'm currently

NOTE Confidence: 0.93018395

00:56:11.900 --> 00:56:13.739 working, in Winchester One, the

NOTE Confidence: 0.93018395

00:56:13.739 --> 00:56:14.799 inpatient unit.

NOTE Confidence: 0.99620277

00:56:15.900 --> 00:56:17.339 And something I like to

NOTE Confidence: 0.99620277

00:56:17.339 --> 00:56:18.940 tell medical students is that

NOTE Confidence: 0.99620277

00:56:18.940 --> 00:56:20.700 kids are sick from social

NOTE Confidence: 0.99620277

00:56:20.700 --> 00:56:21.200 adversity,

NOTE Confidence: 0.9282401

00:56:22.059 --> 00:56:23.855 which is the main etiology

NOTE Confidence: 0.9282401

00:56:23.995 --> 00:56:25.435 even for the trauma. And

NOTE Confidence: 0.9282401

00:56:25.435 --> 00:56:26.715 then the trauma leads to

NOTE Confidence: 0.9282401

00:56:26.715 --> 00:56:28.635 all those stickers from DSM

NOTE Confidence: 0.9282401

00:56:28.635 --> 00:56:30.415 that we try to patch.

NOTE Confidence: 0.9483016

00:56:31.915 --> 00:56:33.114 And then that's my question.

NOTE Confidence: 0.9483016

00:56:33.114 --> 00:56:34.555 Like if in the DSM,

NOTE Confidence: 0.9483016

00:56:34.555 --> 00:56:35.915 we're not talking about trauma,

NOTE Confidence: 0.9483016

00:56:35.915 --> 00:56:36.415 maybe,

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NOTE Confidence: 0.9609005

00:56:37.390 --> 00:56:39.410 it's also because trauma means,

NOTE Confidence: 0.9581301

00:56:40.190 --> 00:56:41.810 talking about social justice,

NOTE Confidence: 0.91365224

00:56:42.190 --> 00:56:42.690 about,

NOTE Confidence: 0.8866275

00:56:43.310 --> 00:56:44.930 systemic racism. And

NOTE Confidence: 0.82908005

00:56:45.550 --> 00:56:46.930 should our film

NOTE Confidence: 0.99713725

00:56:47.469 --> 00:56:48.690 take a more political

NOTE Confidence: 0.90798557

00:56:49.105 --> 00:56:50.465 stance at saying, like, there

NOTE Confidence: 0.90798557

00:56:50.465 --> 00:56:51.605 is a real ideology

NOTE Confidence: 0.9621687

00:56:51.985 --> 00:56:54.145 between behind all of those

NOTE Confidence: 0.9621687

00:56:54.145 --> 00:56:54.645 developmental,

NOTE Confidence: 0.9260186

00:56:56.065 --> 00:56:57.905 issues that are those trauma

NOTE Confidence: 0.9260186

00:56:57.905 --> 00:57:00.245 and this is social injustice?

NOTE Confidence: 0.8621983

00:57:01.105 --> 00:57:02.465 That's one question. And then

NOTE Confidence: 0.8621983

00:57:02.465 --> 00:57:04.165 the second one really quickly.

NOTE Confidence: 0.8621983

00:57:04.410 --> 00:57:06.190 Take that. Yeah. Okay. So,

NOTE Confidence: 0.95371324

00:57:08.329 --> 00:57:08.809 I have a

NOTE Confidence: 0.95930463

00:57:09.690 --> 00:57:11.630 I know poverty is associated

NOTE Confidence: 0.99856526

00:57:11.930 --> 00:57:12.430 with

NOTE Confidence: 0.9995144

00:57:12.890 --> 00:57:14.109 problems for people.

NOTE Confidence: 0.975442

00:57:14.489 --> 00:57:15.369 I took it I take

NOTE Confidence: 0.975442

00:57:15.369 --> 00:57:17.130 a slightly different angle on

NOTE Confidence: 0.975442

00:57:17.130 --> 00:57:19.065 it, as a psychiatrist and

NOTE Confidence: 0.975442

00:57:19.065 --> 00:57:20.265 not a politician. And, of

NOTE Confidence: 0.975442

00:57:20.265 --> 00:57:21.145 course, we have to be

NOTE Confidence: 0.975442

00:57:21.145 --> 00:57:22.685 political. Yes. We do.

NOTE Confidence: 0.9211996

00:57:24.265 --> 00:57:25.385 I see it in my

NOTE Confidence: 0.9211996

00:57:25.385 --> 00:57:27.565 town where there are three

NOTE Confidence: 0.9211996

00:57:27.625 --> 00:57:28.125 really,

NOTE Confidence: 0.9955622

00:57:28.745 --> 00:57:30.970 really still very disadvantaged

NOTE Confidence: 0.9651867

00:57:31.270 --> 00:57:32.869 areas, and there's a lot

NOTE Confidence: 0.9651867

00:57:32.869 --> 00:57:34.890 of inner familial and intergenerational

NOTE Confidence: 0.81195575

00:57:35.270 --> 00:57:35.770 trauma.

NOTE Confidence: 0.8696233

00:57:36.309 --> 00:57:38.170 I think those exposed trauma,

NOTE Confidence: 0.8696233

00:57:38.230 --> 00:57:40.329 poverty is extremely stressful,

NOTE Confidence: 0.9978865

00:57:40.630 --> 00:57:42.390 and stress causes mental health

NOTE Confidence: 0.9978865

00:57:42.390 --> 00:57:42.855 problems.

NOTE Confidence: 0.9985059

00:57:43.415 --> 00:57:44.234 But I think

NOTE Confidence: 0.99756664

00:57:44.695 --> 00:57:45.734 my take on it is

NOTE Confidence: 0.99756664

00:57:45.734 --> 00:57:46.855 there's a subset of people

NOTE Confidence: 0.99756664

00:57:46.855 --> 00:57:48.055 who can't get out of

NOTE Confidence: 0.99756664

00:57:48.055 --> 00:57:48.555 poverty

NOTE Confidence: 0.9657371

00:57:49.095 --> 00:57:50.215 because they have these kinds

NOTE Confidence: 0.9657371

00:57:50.215 --> 00:57:51.595 of interpersonal challenges.

NOTE Confidence: 0.96792275

00:57:52.295 --> 00:57:53.734 And that that's something we

NOTE Confidence: 0.96792275

00:57:53.734 --> 00:57:55.095 as a field could be

NOTE Confidence: 0.96792275

00:57:55.095 --> 00:57:56.890 helpful with If we did

NOTE Confidence: 0.96792275

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00:57:56.890 --> 00:57:58.090 the right thing. Are we

NOTE Confidence: 0.96792275

00:57:58.090 --> 00:57:59.130 going to be successful if

NOTE Confidence: 0.96792275

00:57:59.130 --> 00:57:59.850 we don't deal with the

NOTE Confidence: 0.96792275

00:57:59.850 --> 00:58:01.130 fact that America doesn't give

NOTE Confidence: 0.96792275

00:58:01.130 --> 00:58:02.090 a you know, what about

NOTE Confidence: 0.96792275

00:58:02.090 --> 00:58:03.790 children? Probably not.

NOTE Confidence: 0.87722576

00:58:04.970 --> 00:58:06.350 Second question very quickly.

NOTE Confidence: 0.9666037

00:58:06.730 --> 00:58:07.690 What do you make when

NOTE Confidence: 0.9666037

00:58:07.690 --> 00:58:09.210 the kids build a secure

NOTE Confidence: 0.9666037

00:58:09.210 --> 00:58:11.230 attachment to the inpatient unit?

NOTE Confidence: 0.9440457

00:58:12.105 --> 00:58:13.305 What do you, what do

NOTE Confidence: 0.9440457

00:58:13.305 --> 00:58:14.744 you Once you manage your

NOTE Confidence: 0.9440457

00:58:14.744 --> 00:58:16.105 trauma in front care within

NOTE Confidence: 0.9440457

00:58:16.105 --> 00:58:17.485 the unit and the kids

NOTE Confidence: 0.9440457

00:58:17.625 --> 00:58:18.744 come and come back and

NOTE Confidence: 0.9440457

00:58:18.744 --> 00:58:19.545 come back because they have

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NOTE Confidence: 0.9440457

00:58:19.545 --> 00:58:20.905 a secure attachment to the

NOTE Confidence: 0.9440457

00:58:20.905 --> 00:58:22.365 unit. Most kids don't.

NOTE Confidence: 0.98183733

00:58:22.665 --> 00:58:23.865 They have to have secure

NOTE Confidence: 0.98183733

00:58:23.865 --> 00:58:25.680 attachment in the inpatient unit,

NOTE Confidence: 0.98183733

00:58:25.839 --> 00:58:26.660 these kids.

NOTE Confidence: 0.97811973

00:58:27.359 --> 00:58:28.240 And that's why it's so

NOTE Confidence: 0.97811973

00:58:28.240 --> 00:58:29.280 important to make the units

NOTE Confidence: 0.97811973

00:58:29.280 --> 00:58:30.720 work this way. I mean,

NOTE Confidence: 0.97811973

00:58:30.720 --> 00:58:31.680 it's not the same as

NOTE Confidence: 0.97811973

00:58:31.680 --> 00:58:32.720 the attachment you have to

NOTE Confidence: 0.97811973

00:58:32.720 --> 00:58:33.380 your mother,

NOTE Confidence: 0.9677613

00:58:33.920 --> 00:58:34.420 but

NOTE Confidence: 0.942458

00:58:34.720 --> 00:58:35.940 kids, you know,

NOTE Confidence: 0.9288573

00:58:36.720 --> 00:58:37.540 having experiences

NOTE Confidence: 0.8145867

00:58:38.000 --> 00:58:38.819 during adolescence,

NOTE Confidence: 0.9597013

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00:58:39.119 --> 00:58:39.920 I mean, we do this

NOTE Confidence: 0.9597013

00:58:39.920 --> 00:58:41.335 in the jails with kids

NOTE Confidence: 0.9597013

00:58:41.335 --> 00:58:43.175 where you you see things

NOTE Confidence: 0.9597013

00:58:43.175 --> 00:58:44.135 a different way and you

NOTE Confidence: 0.9597013

00:58:44.135 --> 00:58:45.675 understand yourself differently

NOTE Confidence: 0.9785406

00:58:46.295 --> 00:58:47.815 can do something really useful

NOTE Confidence: 0.9785406

00:58:47.815 --> 00:58:48.855 for a kid. It might

NOTE Confidence: 0.9785406

00:58:48.855 --> 00:58:49.995 not show up immediately,

NOTE Confidence: 0.999208

00:58:50.855 --> 00:58:51.895 but that's all we can

NOTE Confidence: 0.999208

00:58:51.895 --> 00:58:52.635 really do.

NOTE Confidence: 0.9889989

00:58:53.400 --> 00:58:54.619 And the state hospitals

NOTE Confidence: 0.97776836

00:58:55.000 --> 00:58:56.599 make a mess because they

NOTE Confidence: 0.97776836

00:58:56.599 --> 00:58:57.640 could do more because the

NOTE Confidence: 0.97776836

00:58:57.640 --> 00:58:58.760 kids are there longer if

NOTE Confidence: 0.97776836

00:58:58.760 --> 00:58:59.660 they did it right.

NOTE Confidence: 0.9177479

00:59:00.119 --> 00:59:01.559 Two things. The first one

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NOTE Confidence: 0.9177479

00:59:01.559 --> 00:59:02.680 is that right after this,

NOTE Confidence: 0.9177479

00:59:02.680 --> 00:59:04.140 we're gonna meet to descend

NOTE Confidence: 0.9784886

00:59:04.599 --> 00:59:06.779 with, the fellows and with

NOTE Confidence: 0.89964795

00:59:07.815 --> 00:59:08.635 doctor Havens,

NOTE Confidence: 0.88438034

00:59:09.335 --> 00:59:09.835 please,

NOTE Confidence: 0.9984052

00:59:10.535 --> 00:59:11.275 join us.

NOTE Confidence: 0.9537556

00:59:11.734 --> 00:59:13.575 Everybody's everyone is welcome. And

NOTE Confidence: 0.9537556

00:59:13.575 --> 00:59:14.875 we have the final question

NOTE Confidence: 0.9537556

00:59:14.935 --> 00:59:16.615 from, our trauma world. So

NOTE Confidence: 0.9537556

00:59:16.615 --> 00:59:17.835 Carrie Carrie Epstein.

NOTE Confidence: 0.9414841

00:59:21.020 --> 00:59:22.160 Thank you so much.

NOTE Confidence: 0.9217914

00:59:23.339 --> 00:59:24.540 Jenny, I am a New

NOTE Confidence: 0.9217914

00:59:24.540 --> 00:59:26.380 Yorker, so I love it.

NOTE Confidence: 0.9217914

00:59:26.380 --> 00:59:27.580 And, I don't know if

NOTE Confidence: 0.9217914

00:59:27.580 --> 00:59:28.619 you were we've our paths

NOTE Confidence: 0.9217914

00:59:28.619 --> 00:59:30.060 across many times over the

NOTE Confidence: 0.9217914

00:59:30.060 --> 00:59:31.280 last few decades,

NOTE Confidence: 0.9849507

00:59:32.140 --> 00:59:33.500 and you're singing my song.

NOTE Confidence: 0.9849507

00:59:33.500 --> 00:59:34.855 And so I just loved

NOTE Confidence: 0.9849507

00:59:34.855 --> 00:59:36.055 your presentation to thank you.

NOTE Confidence: 0.9849507

00:59:36.055 --> 00:59:37.015 And I think that what

NOTE Confidence: 0.9849507

00:59:37.015 --> 00:59:38.475 you're really speaking to

NOTE Confidence: 0.95665854

00:59:38.775 --> 00:59:39.975 you know, we think about

NOTE Confidence: 0.95665854

00:59:39.975 --> 00:59:41.335 the different moments in the

NOTE Confidence: 0.95665854

00:59:41.335 --> 00:59:42.375 child's life where we may

NOTE Confidence: 0.95665854

00:59:42.375 --> 00:59:43.655 interface with the child. And

NOTE Confidence: 0.95665854

00:59:43.655 --> 00:59:44.875 what I think is so,

NOTE Confidence: 0.99678683

00:59:45.495 --> 00:59:46.775 you know, heartening about your

NOTE Confidence: 0.99678683

00:59:46.775 --> 00:59:48.759 presentation is that working with

NOTE Confidence: 0.99678683

00:59:48.759 --> 00:59:50.940 children with significant trauma histories,

NOTE Confidence: 0.99678683

00:59:51.079 --> 00:59:52.619 complex trauma histories,

NOTE Confidence: 0.9991886

00:59:53.160 --> 00:59:55.259 high level of symptomatic acuity

NOTE Confidence: 0.9860942

00:59:55.640 --> 00:59:57.500 can really place enormous demands

NOTE Confidence: 0.9860942

00:59:57.559 --> 00:59:59.099 on providers and clinicians

NOTE Confidence: 0.7542374

00:59:59.640 --> 01:00:00.940 whose And she nurses.

NOTE Confidence: 0.86394894

01:00:02.005 --> 01:00:03.785 With and nurses. Thank you.

NOTE Confidence: 0.86394894

01:00:04.005 --> 01:00:04.885 Mhmm. And whose

NOTE Confidence: 0.980823

01:00:05.365 --> 01:00:06.725 all of his primary wish

NOTE Confidence: 0.980823

01:00:06.725 --> 01:00:08.325 is to reduce suffering from

NOTE Confidence: 0.980823

01:00:08.325 --> 01:00:08.825 symptoms

NOTE Confidence: 0.8985667

01:00:09.285 --> 01:00:10.505 and interrupt the

NOTE Confidence: 0.9947423

01:00:10.885 --> 01:00:13.045 accruing developmental deficits. And as

NOTE Confidence: 0.9947423

01:00:13.045 --> 01:00:14.744 providers, we can feel challenged

NOTE Confidence: 0.9998819

01:00:15.290 --> 01:00:16.190 by the reality

NOTE Confidence: 0.9570594

01:00:16.570 --> 01:00:17.609 that the time in which

NOTE Confidence: 0.9570594

01:00:17.609 --> 01:00:18.410 we have to work with

NOTE Confidence: 0.9570594

01:00:18.410 --> 01:00:19.530 the child might be very

NOTE Confidence: 0.9570594

01:00:19.530 --> 01:00:20.589 limited including

NOTE Confidence: 0.9781591

01:00:21.130 --> 01:00:22.330 and maybe especially in the

NOTE Confidence: 0.9781591

01:00:22.330 --> 01:00:23.710 context of a brief hospitalization,

NOTE Confidence: 0.9755453

01:00:24.570 --> 01:00:26.170 and we can potentially feel

NOTE Confidence: 0.9755453

01:00:26.170 --> 01:00:28.105 ineffective or helpless we can

NOTE Confidence: 0.9755453

01:00:28.105 --> 01:00:29.225 help. And what I love

NOTE Confidence: 0.9755453

01:00:29.225 --> 01:00:30.825 about what you're saying that

NOTE Confidence: 0.9755453

01:00:30.825 --> 01:00:31.945 I so agree with is

NOTE Confidence: 0.9755453

01:00:31.945 --> 01:00:33.065 that it can be easy

NOTE Confidence: 0.9755453

01:00:33.065 --> 01:00:33.725 to forget

NOTE Confidence: 0.99159706

01:00:34.185 --> 01:00:35.625 that any of our efforts

NOTE Confidence: 0.99159706

01:00:35.625 --> 01:00:37.245 are in a broader continuum

NOTE Confidence: 0.99159706

01:00:37.305 --> 01:00:39.225 of care, and there's incredible

NOTE Confidence: 0.99159706

01:00:39.225 --> 01:00:40.605 things that can be done

NOTE Confidence: 0.99876726

01:00:40.905 --> 01:00:41.805 within that

NOTE Confidence: 0.99975824

01:00:42.390 --> 01:00:42.890 hospitalization

NOTE Confidence: 0.87821007

01:00:43.750 --> 01:00:45.430 that also can be, up

NOTE Confidence: 0.94017434

01:00:46.150 --> 01:00:47.690 then there's the follow through

NOTE Confidence: 0.94017434

01:00:47.750 --> 01:00:49.190 to referrals for the evidence

NOTE Confidence: 0.94017434

01:00:49.190 --> 01:00:50.390 based treatments at the child

NOTE Confidence: 0.94017434

01:00:50.390 --> 01:00:51.210 study center.

NOTE Confidence: 0.9869873

01:00:51.750 --> 01:00:53.349 So I love both your

NOTE Confidence: 0.9869873

01:00:53.349 --> 01:00:55.005 recommendations of what we can

NOTE Confidence: 0.9869873

01:00:55.005 --> 01:00:56.045 be doing and also what

NOTE Confidence: 0.9869873

01:00:56.045 --> 01:00:57.484 we need to steer clear

NOTE Confidence: 0.9869873

01:00:57.484 --> 01:00:58.125 of. So,

NOTE Confidence: 0.9428895

01:00:58.605 --> 01:00:59.404 thank you so much. At

NOTE Confidence: 0.9428895

01:00:59.404 --> 01:01:00.525 least at least we shouldn't

NOTE Confidence: 0.9428895

01:01:00.525 --> 01:01:01.885 do the wrong thing. That's

NOTE Confidence: 0.9428895

01:01:01.885 --> 01:01:02.385 right.

NOTE Confidence: 0.9246403

01:01:03.565 --> 01:01:04.924 And as my my one

NOTE Confidence: 0.9246403

01:01:04.924 --> 01:01:05.964 of my one of the

NOTE Confidence: 0.9246403

01:01:05.964 --> 01:01:07.244 previous chairs in my place

NOTE Confidence: 0.9246403

01:01:07.244 --> 01:01:08.285 that used to say, Glenn

NOTE Confidence: 0.9246403

01:01:08.285 --> 01:01:09.630 Sachs, who's a trauma guy,

NOTE Confidence: 0.9246403

01:01:09.630 --> 01:01:10.609 What does it mean?

NOTE Confidence: 0.9378271

01:01:11.309 --> 01:01:12.509 Yep. I know Kelly. So

NOTE Confidence: 0.9378271

01:01:12.509 --> 01:01:13.970 what does it mean if,

NOTE Confidence: 0.9609622

01:01:15.390 --> 01:01:16.130 you have

NOTE Confidence: 0.9914524

01:01:16.829 --> 01:01:17.809 trauma problems

NOTE Confidence: 0.94794154

01:01:18.349 --> 01:01:19.470 and someone gives you a

NOTE Confidence: 0.94794154

01:01:19.470 --> 01:01:19.970 pill?

NOTE Confidence: 0.9576146

01:01:20.509 --> 01:01:22.430 Right. It means the problems

NOTE Confidence: 0.9576146

01:01:22.430 --> 01:01:23.089 are biological,

NOTE Confidence: 0.9696168

01:01:23.390 --> 01:01:24.430 which of course they are,

NOTE Confidence: 0.9696168

01:01:24.430 --> 01:01:25.915 but you know, because everything's

150

NOTE Confidence: 0.9696168

01:01:25.915 --> 01:01:28.474 biological, but and they're the

NOTE Confidence: 0.9696168

01:01:28.474 --> 01:01:28.974 pill

NOTE Confidence: 0.9433217

01:01:29.595 --> 01:01:31.194 can fix what's wrong with

NOTE Confidence: 0.9433217

01:01:31.194 --> 01:01:31.694 you,

NOTE Confidence: 0.9723922

01:01:32.075 --> 01:01:33.275 as opposed to allowing the

NOTE Confidence: 0.9723922

01:01:33.275 --> 01:01:34.335 child to externalize

NOTE Confidence: 0.9579347

01:01:35.434 --> 01:01:36.954 what has happened to them.

NOTE Confidence: 0.9579347

01:01:36.954 --> 01:01:38.030 And That's why the psychoeducation

NOTE Confidence: 0.9291509

01:01:38.410 --> 01:01:39.310 is so important.

NOTE Confidence: 0.8910951

01:01:39.770 --> 01:01:41.370 We just share the stairs

NOTE Confidence: 0.8910951

01:01:41.370 --> 01:01:42.170 stuff with you and the

NOTE Confidence: 0.8910951

01:01:42.170 --> 01:01:43.770 care stuff with you in

NOTE Confidence: 0.8910951

01:01:43.770 --> 01:01:45.290 a teaching the kids like

NOTE Confidence: 0.8910951

01:01:45.290 --> 01:01:46.490 in an educational way. This

NOTE Confidence: 0.8910951

01:01:46.490 --> 01:01:47.610 is why you're the way

NOTE Confidence: 0.8910951

01:01:47.610 --> 01:01:49.310 you are is very important.

NOTE Confidence: 0.9980352

01:01:49.725 --> 01:01:51.085 And then they can go

NOTE Confidence: 0.9980352

01:01:51.085 --> 01:01:52.845 out with their diagnosis and

NOTE Confidence: 0.9980352

01:01:52.845 --> 01:01:53.745 protect themselves

NOTE Confidence: 0.99897325

01:01:54.205 --> 01:01:55.665 from the mental health world.

NOTE Confidence: 0.8863751

01:01:56.045 --> 01:01:57.005 Thank you all. It's great

NOTE Confidence: 0.8863751

01:01:57.005 --> 01:01:57.745 to be here.