

WEBVTT

NOTE duration:"00:57:42.3600000"

NOTE recognizability:0.865

NOTE language:en-us

NOTE Confidence: 0.896119725172414

00:00:04.040 --> 00:00:05.825 And I just wanted to let everybody

NOTE Confidence: 0.896119725172414

00:00:05.825 --> 00:00:07.573 know the Pros for Peers webinar

NOTE Confidence: 0.896119725172414

00:00:07.573 --> 00:00:09.421 series is is a collaboration between

NOTE Confidence: 0.896119725172414

00:00:09.421 --> 00:00:11.151 the Yale School of Medicine and

NOTE Confidence: 0.896119725172414

00:00:11.151 --> 00:00:13.960 the Yale New Haven Health System.

NOTE Confidence: 0.896119725172414

00:00:13.960 --> 00:00:15.136 And it's brought to you by the

NOTE Confidence: 0.896119725172414

00:00:15.136 --> 00:00:16.800 Office of Academic and Professional

NOTE Confidence: 0.896119725172414

00:00:16.800 --> 00:00:19.200 Development and the Office of Chief and

NOTE Confidence: 0.896119725172414

00:00:19.200 --> 00:00:22.960 the Office of Chief Wellness Officer.

NOTE Confidence: 0.896119725172414

00:00:22.960 --> 00:00:25.336 So I'd like to really turn it over

NOTE Confidence: 0.896119725172414

00:00:25.336 --> 00:00:27.860 to Doctor Robert Rohrbach who can who

NOTE Confidence: 0.896119725172414

00:00:27.860 --> 00:00:29.960 serves as the Deputy Dean for for

NOTE Confidence: 0.896119725172414

00:00:29.960 --> 00:00:31.349 Professionalism and Leadership Development

NOTE Confidence: 0.896119725172414

00:00:31.349 --> 00:00:33.557 with the Yale School of Medicine.
NOTE Confidence: 0.896119725172414

00:00:33.560 --> 00:00:36.200 Doctor Werbach, please turn it over to you.
NOTE Confidence: 0.87409159

00:00:37.360 --> 00:00:39.160 Thanks so much, Peggy. One
NOTE Confidence: 0.825914785333333

00:00:39.160 --> 00:00:41.344 of OAP DS missions is to elevate well-being
NOTE Confidence: 0.825914785333333

00:00:41.344 --> 00:00:43.560 for for faculty and we're delighted to
NOTE Confidence: 0.905003775

00:00:43.760 --> 00:00:44.920 to welcome you today.
NOTE Confidence: 0.957278

00:00:46.560 --> 00:00:47.946 As faculty and staff
NOTE Confidence: 0.957278

00:00:47.946 --> 00:00:49.474 indicated in Wellness surveys,
NOTE Confidence: 0.960256348333333

00:00:49.480 --> 00:00:51.340 child mental health is a critical issue
NOTE Confidence: 0.960256348333333

00:00:51.340 --> 00:00:54.000 for members of both of our communities.
NOTE Confidence: 0.960256348333333

00:00:54.000 --> 00:00:55.656 We serve as caregivers at home
NOTE Confidence: 0.960256348333333

00:00:55.656 --> 00:00:57.240 and in the healthcare setting.
NOTE Confidence: 0.94992302

00:00:58.560 --> 00:00:59.560 We're really fortunate to
NOTE Confidence: 0.94813655

00:00:59.560 --> 00:01:01.000 have world renowned faculty
NOTE Confidence: 0.85787197

00:01:01.000 --> 00:01:03.044 at the Yale Child Study Center who
NOTE Confidence: 0.85787197

00:01:03.044 --> 00:01:05.200 can help us address this issue.

NOTE Confidence: 0.85787197
00:01:05.200 --> 00:01:06.448 I'm going to turn it over
NOTE Confidence: 0.85787197
00:01:06.448 --> 00:01:07.856 to Doctor Christine Olson,
NOTE Confidence: 0.85787197
00:01:07.856 --> 00:01:09.653 the Chief Wellness Officer for
NOTE Confidence: 0.85787197
00:01:09.653 --> 00:01:11.590 Medical Staff across the aligned
NOTE Confidence: 0.85787197
00:01:11.590 --> 00:01:13.390 clinical enterprise to introduce
NOTE Confidence: 0.85787197
00:01:13.390 --> 00:01:16.440 the Pros for Peers program and to
NOTE Confidence: 0.85787197
00:01:16.440 --> 00:01:18.240 introduce our host for this program,
NOTE Confidence: 0.85787197
00:01:18.360 --> 00:01:19.660 Doctor Linda Mays.
NOTE Confidence: 0.85787197
00:01:19.660 --> 00:01:21.980 Christine, thank you,
NOTE Confidence: 0.85787197
00:01:21.980 --> 00:01:24.130 Doctor Urbah Pros for Peers
NOTE Confidence: 0.85787197
00:01:24.130 --> 00:01:26.040 recognizes that we are surrounded
NOTE Confidence: 0.85787197
00:01:26.040 --> 00:01:28.320 by renowned experts in Wellness
NOTE Confidence: 0.85787197
00:01:28.320 --> 00:01:29.838 here at Yale all the time,
NOTE Confidence: 0.85787197
00:01:29.840 --> 00:01:30.370 every day.
NOTE Confidence: 0.85787197
00:01:30.370 --> 00:01:32.293 And we all have something to offer
NOTE Confidence: 0.85787197

00:01:32.293 --> 00:01:34.640 one another while fostering a
NOTE Confidence: 0.85787197

00:01:34.640 --> 00:01:37.380 culture of care and connectedness
NOTE Confidence: 0.85787197

00:01:37.380 --> 00:01:39.720 and strengthening pride and sense
NOTE Confidence: 0.85787197

00:01:39.720 --> 00:01:41.638 of belonging in our community.
NOTE Confidence: 0.85787197

00:01:41.638 --> 00:01:44.194 When our community identifies the need,
NOTE Confidence: 0.85787197

00:01:44.200 --> 00:01:45.560 as on the Wellness survey,
NOTE Confidence: 0.85787197

00:01:45.560 --> 00:01:49.381 we seek those experts to meet those needs.
NOTE Confidence: 0.85787197

00:01:49.381 --> 00:01:49.828 Previously,
NOTE Confidence: 0.85787197

00:01:49.828 --> 00:01:52.996 Pros for Peers brought you Sleep Week
NOTE Confidence: 0.85787197

00:01:52.996 --> 00:01:55.838 from the Yale section of Sleep Medicine,
NOTE Confidence: 0.85787197

00:01:55.840 --> 00:01:57.840 and you've indicated that your
NOTE Confidence: 0.85787197

00:01:57.840 --> 00:01:59.840 well-being would be improved by
NOTE Confidence: 0.85787197

00:01:59.906 --> 00:02:02.036 better knowing how to care and
NOTE Confidence: 0.85787197

00:02:02.036 --> 00:02:04.358 support the young people in your life.
NOTE Confidence: 0.85787197

00:02:04.360 --> 00:02:07.155 And so today for Mental Health Month,
NOTE Confidence: 0.85787197

00:02:07.155 --> 00:02:08.805 we are so grateful for the

NOTE Confidence: 0.85787197

00:02:08.805 --> 00:02:10.236 experts that we have here today.

NOTE Confidence: 0.85787197

00:02:10.236 --> 00:02:12.132 We look forward to this time

NOTE Confidence: 0.85787197

00:02:12.132 --> 00:02:13.884 together and it's a privilege

NOTE Confidence: 0.85787197

00:02:13.884 --> 00:02:15.356 to introduce Doctor Mays,

NOTE Confidence: 0.85787197

00:02:15.360 --> 00:02:18.960 chair of the Yale Child Study Center and

NOTE Confidence: 0.928403347142857

00:02:18.960 --> 00:02:20.794 our host for this program this month.

NOTE Confidence: 0.968985035

00:02:21.120 --> 00:02:22.040 Thank you so much.

NOTE Confidence: 0.922010106

00:02:23.720 --> 00:02:25.000 Thank you so much, Doctor.

NOTE Confidence: 0.922010106

00:02:25.000 --> 00:02:27.368 Really appreciate being here.

NOTE Confidence: 0.922010106

00:02:27.368 --> 00:02:29.479 And to add my welcome to all of

NOTE Confidence: 0.922010106

00:02:29.479 --> 00:02:30.976 you for joining for this second

NOTE Confidence: 0.922010106

00:02:30.976 --> 00:02:32.560 of the pros for peers webinars.

NOTE Confidence: 0.922010106

00:02:32.560 --> 00:02:33.920 And it's very appropriate,

NOTE Confidence: 0.922010106

00:02:33.920 --> 00:02:35.280 as Christine just said,

NOTE Confidence: 0.922010106

00:02:35.280 --> 00:02:37.520 to be doing this in Mental Health Month,

NOTE Confidence: 0.922010106

00:02:37.520 --> 00:02:39.680 but appropriate to do it actually
NOTE Confidence: 0.922010106

00:02:39.680 --> 00:02:41.120 anytime through the year.
NOTE Confidence: 0.922010106

00:02:41.120 --> 00:02:42.872 I'm going to introduce you to
NOTE Confidence: 0.922010106

00:02:42.872 --> 00:02:44.040 my colleagues very shortly,
NOTE Confidence: 0.922010106

00:02:44.040 --> 00:02:46.280 but I want to just tell you very
NOTE Confidence: 0.922010106

00:02:46.280 --> 00:02:47.903 briefly about the Child Study
NOTE Confidence: 0.922010106

00:02:47.903 --> 00:02:49.240 Center that we are a department
NOTE Confidence: 0.922010106

00:02:49.240 --> 00:02:50.680 in the Yale School of Medicine.
NOTE Confidence: 0.922010106

00:02:50.680 --> 00:02:52.440 We're focused on providing
NOTE Confidence: 0.922010106

00:02:52.440 --> 00:02:54.200 clinical care for children,
NOTE Confidence: 0.922010106

00:02:54.200 --> 00:02:56.248 adolescents and their families
NOTE Confidence: 0.922010106

00:02:56.248 --> 00:02:58.108 and and also on developmental
NOTE Confidence: 0.922010106

00:02:58.108 --> 00:03:00.130 science where we ask how children
NOTE Confidence: 0.922010106

00:03:00.195 --> 00:03:01.740 truly grow in their understanding
NOTE Confidence: 0.922010106

00:03:01.740 --> 00:03:03.988 of the world and the skills that
NOTE Confidence: 0.922010106

00:03:03.988 --> 00:03:05.920 they need to navigate that world.

NOTE Confidence: 0.922010106
00:03:05.920 --> 00:03:07.714 We have a very large educational
NOTE Confidence: 0.922010106
00:03:07.714 --> 00:03:09.591 program where we train the next
NOTE Confidence: 0.922010106
00:03:09.591 --> 00:03:11.141 generation of clinicians who will
NOTE Confidence: 0.922010106
00:03:11.141 --> 00:03:12.840 move our field field forward
NOTE Confidence: 0.922010106
00:03:12.840 --> 00:03:14.580 and we are multidisciplinary,
NOTE Confidence: 0.922010106
00:03:14.580 --> 00:03:16.755 have over 20 perspectives or
NOTE Confidence: 0.922010106
00:03:16.755 --> 00:03:18.750 trainings represented and our
NOTE Confidence: 0.922010106
00:03:18.750 --> 00:03:21.120 community is just over 500 people.
NOTE Confidence: 0.922010106
00:03:21.120 --> 00:03:22.968 You'll be hearing a lot about
NOTE Confidence: 0.922010106
00:03:22.968 --> 00:03:24.200 our clinical work today.
NOTE Confidence: 0.922010106
00:03:24.200 --> 00:03:25.474 And just to give you a sense,
NOTE Confidence: 0.922010106
00:03:25.480 --> 00:03:28.120 we serve over 3000 children and
NOTE Confidence: 0.922010106
00:03:28.120 --> 00:03:30.280 families annually through about
NOTE Confidence: 0.922010106
00:03:30.280 --> 00:03:32.840 over 60,000 scheduled visits.
NOTE Confidence: 0.922010106
00:03:32.840 --> 00:03:34.970 We've seen a tremendous increase in
NOTE Confidence: 0.922010106

00:03:34.970 --> 00:03:37.286 the need for our clinical services
NOTE Confidence: 0.922010106

00:03:37.286 --> 00:03:40.156 as has been true across the country.
NOTE Confidence: 0.922010106

00:03:40.160 --> 00:03:42.750 And it is also indeed true that
NOTE Confidence: 0.922010106

00:03:42.750 --> 00:03:44.764 children and adolescents are not
NOTE Confidence: 0.922010106

00:03:44.764 --> 00:03:46.436 only needing services younger,
NOTE Confidence: 0.922010106

00:03:46.440 --> 00:03:49.944 but also presenting with more challenges
NOTE Confidence: 0.922010106

00:03:49.944 --> 00:03:52.800 that require more intensive work.
NOTE Confidence: 0.922010106

00:03:52.800 --> 00:03:54.816 We provide our services much continuum
NOTE Confidence: 0.922010106

00:03:54.816 --> 00:03:57.320 from working in the home and community.
NOTE Confidence: 0.922010106

00:03:57.320 --> 00:03:59.959 You'll hear a lot about that today,
NOTE Confidence: 0.922010106

00:03:59.960 --> 00:04:02.120 consulting with pediatricians, seeing
NOTE Confidence: 0.922010106

00:04:02.120 --> 00:04:05.360 children in the hospital emergency room.
NOTE Confidence: 0.922010106

00:04:05.360 --> 00:04:08.090 Our outpatient services are inpatient
NOTE Confidence: 0.922010106

00:04:08.090 --> 00:04:10.558 units and we deliver care virtually as well.
NOTE Confidence: 0.922010106

00:04:10.560 --> 00:04:12.760 We're seeing about 1/3 of
NOTE Confidence: 0.922010106

00:04:12.760 --> 00:04:14.960 families now coming to us.

NOTE Confidence: 0.922010106

00:04:14.960 --> 00:04:17.438 As I mentioned, this is a national,

NOTE Confidence: 0.922010106

00:04:17.440 --> 00:04:18.598 a national concern.

NOTE Confidence: 0.922010106

00:04:18.598 --> 00:04:21.300 But what's most important that I hope

NOTE Confidence: 0.922010106

00:04:21.376 --> 00:04:23.938 you'll hear today was I introduce you

NOTE Confidence: 0.922010106

00:04:23.938 --> 00:04:26.360 to my colleagues is how we're really,

NOTE Confidence: 0.922010106

00:04:26.360 --> 00:04:28.340 truly trying to help children reach

NOTE Confidence: 0.922010106

00:04:28.402 --> 00:04:30.467 their fullest potential in our

NOTE Confidence: 0.922010106

00:04:30.467 --> 00:04:32.525 communities and how to help them

NOTE Confidence: 0.922010106

00:04:32.525 --> 00:04:34.600 again gain the skills they need.

NOTE Confidence: 0.922010106

00:04:34.600 --> 00:04:37.568 So my colleagues are going to speak

NOTE Confidence: 0.922010106

00:04:37.568 --> 00:04:38.840 about effective collaboration

NOTE Confidence: 0.922010106

00:04:38.907 --> 00:04:40.799 with our community providers,

NOTE Confidence: 0.922010106

00:04:40.800 --> 00:04:43.626 perhaps some barriers to clinical care

NOTE Confidence: 0.922010106

00:04:43.626 --> 00:04:46.072 that may impact getting to services.

NOTE Confidence: 0.922010106

00:04:46.072 --> 00:04:48.480 Indeed access is one of the things

NOTE Confidence: 0.922010106

00:04:48.547 --> 00:04:50.474 we think a lot about because it's
NOTE Confidence: 0.922010106

00:04:50.474 --> 00:04:52.904 it is quoted that 80% of children
NOTE Confidence: 0.922010106

00:04:52.904 --> 00:04:54.764 with mental health needs don't
NOTE Confidence: 0.922010106

00:04:54.764 --> 00:04:56.280 have access to care.
NOTE Confidence: 0.922010106

00:04:56.280 --> 00:04:58.386 And then we'll also talk about
NOTE Confidence: 0.922010106

00:04:58.386 --> 00:05:00.806 the impact of school based mental
NOTE Confidence: 0.922010106

00:05:00.806 --> 00:05:02.682 health services on children's
NOTE Confidence: 0.922010106

00:05:02.682 --> 00:05:04.558 education and and health.
NOTE Confidence: 0.922010106

00:05:04.560 --> 00:05:06.068 First you'll be hearing
NOTE Confidence: 0.922010106

00:05:06.068 --> 00:05:07.199 from Heather Maurizio.
NOTE Confidence: 0.922010106

00:05:07.200 --> 00:05:09.160 Heather is an assistant clinical
NOTE Confidence: 0.922010106

00:05:09.160 --> 00:05:11.454 professor in of social work followed
NOTE Confidence: 0.922010106

00:05:11.454 --> 00:05:13.458 by Taylor Collins who works in
NOTE Confidence: 0.922010106

00:05:13.458 --> 00:05:15.120 our in Home services,
NOTE Confidence: 0.922010106

00:05:15.120 --> 00:05:17.934 Roshani Treadwell who is also an assistant
NOTE Confidence: 0.922010106

00:05:17.934 --> 00:05:19.960 clinical professor in social work,

NOTE Confidence: 0.922010106

00:05:19.960 --> 00:05:21.820 Bridget Torres another

NOTE Confidence: 0.922010106

00:05:21.820 --> 00:05:23.680 assistant clinical professor.

NOTE Confidence: 0.922010106

00:05:23.680 --> 00:05:26.158 All will be talking really about

NOTE Confidence: 0.922010106

00:05:26.160 --> 00:05:28.176 the most sophisticated clinical

NOTE Confidence: 0.922010106

00:05:28.176 --> 00:05:30.012 work with children and families.

NOTE Confidence: 0.922010106

00:05:30.012 --> 00:05:32.451 And then to bring us home will

NOTE Confidence: 0.922010106

00:05:32.451 --> 00:05:33.959 be doctor Amanda Dettmer,

NOTE Confidence: 0.8768503

00:05:33.960 --> 00:05:36.150 research scientist is who is also

NOTE Confidence: 0.8768503

00:05:36.150 --> 00:05:38.463 working in schools and in school

NOTE Confidence: 0.8768503

00:05:38.463 --> 00:05:40.110 based mental health. So Heather,

NOTE Confidence: 0.8768503

00:05:40.110 --> 00:05:42.720 may I turn it to you to get us started?

NOTE Confidence: 0.903026194210526

00:05:43.360 --> 00:05:45.160 Yes, of course. Thank you Doctor

NOTE Confidence: 0.903026194210526

00:05:45.160 --> 00:05:46.908 Mays for the introduction and thank

NOTE Confidence: 0.903026194210526

00:05:46.908 --> 00:05:48.637 you all for having me here today.

NOTE Confidence: 0.903026194210526

00:05:48.640 --> 00:05:51.754 My name is Heather Morizio and I'm an LCSW.

NOTE Confidence: 0.903026194210526

00:05:51.760 --> 00:05:54.360 I've had the pleasure of being an ICAPS
NOTE Confidence: 0.903026194210526

00:05:54.360 --> 00:05:56.357 clinician for the past 7 1/2 years.
NOTE Confidence: 0.903026194210526

00:05:56.360 --> 00:05:57.572 Before I get going,
NOTE Confidence: 0.903026194210526

00:05:57.572 --> 00:05:59.390 I just wanted to acknowledge that
NOTE Confidence: 0.903026194210526

00:05:59.450 --> 00:06:01.268 the Yale Child Study Center has
NOTE Confidence: 0.903026194210526

00:06:01.268 --> 00:06:03.360 many in home programs that aren't
NOTE Confidence: 0.903026194210526

00:06:03.360 --> 00:06:05.000 necessarily focused upon today,
NOTE Confidence: 0.903026194210526

00:06:05.000 --> 00:06:07.688 but are too valued for their dedication
NOTE Confidence: 0.903026194210526

00:06:07.688 --> 00:06:10.080 serving families in their communities.
NOTE Confidence: 0.903026194210526

00:06:10.080 --> 00:06:11.440 The ICAPS program stands
NOTE Confidence: 0.903026194210526

00:06:11.440 --> 00:06:12.800 for Intensive in Home,
NOTE Confidence: 0.903026194210526

00:06:12.800 --> 00:06:15.680 Child and Adolescent Psychiatric Services
NOTE Confidence: 0.903026194210526

00:06:15.680 --> 00:06:19.748 that serves families and children 5 to 18
NOTE Confidence: 0.903026194210526

00:06:19.748 --> 00:06:22.520 years of age with acute psychiatric needs,
NOTE Confidence: 0.903026194210526

00:06:22.520 --> 00:06:25.271 our clients can be discharging from the
NOTE Confidence: 0.903026194210526

00:06:25.271 --> 00:06:27.520 hospital from intensive outpatient care,

NOTE Confidence: 0.903026194210526

00:06:27.520 --> 00:06:30.285 referred from a lower level of care

NOTE Confidence: 0.903026194210526

00:06:30.285 --> 00:06:32.456 like outpatient from a provider who

NOTE Confidence: 0.903026194210526

00:06:32.456 --> 00:06:34.520 has had ongoing concerns that place

NOTE Confidence: 0.903026194210526

00:06:34.586 --> 00:06:36.836 a child at risk for hospitalization.

NOTE Confidence: 0.903026194210526

00:06:36.840 --> 00:06:39.240 We focus our work really in four areas,

NOTE Confidence: 0.903026194210526

00:06:39.240 --> 00:06:41.800 so there's youth, family, school,

NOTE Confidence: 0.903026194210526

00:06:41.800 --> 00:06:43.448 physical environment and community.

NOTE Confidence: 0.903026194210526

00:06:43.448 --> 00:06:46.240 There are three phases of our work

NOTE Confidence: 0.903026194210526

00:06:46.240 --> 00:06:48.599 and three types of sessions a week.

NOTE Confidence: 0.903026194210526

00:06:48.600 --> 00:06:50.358 So there's family,

NOTE Confidence: 0.903026194210526

00:06:50.358 --> 00:06:52.116 individual and parent.

NOTE Confidence: 0.903026194210526

00:06:52.120 --> 00:06:54.435 These phases are clinically influenced

NOTE Confidence: 0.903026194210526

00:06:54.435 --> 00:06:56.287 by the therapeutic relationship

NOTE Confidence: 0.903026194210526

00:06:56.287 --> 00:06:58.040 which is really essential.

NOTE Confidence: 0.903026194210526

00:06:58.040 --> 00:06:59.680 It's essential in our model.

NOTE Confidence: 0.903026194210526

00:06:59.680 --> 00:07:03.117 We think relationships and we are relatable.

NOTE Confidence: 0.903026194210526

00:07:03.120 --> 00:07:05.157 Most of the children and teenagers and

NOTE Confidence: 0.903026194210526

00:07:05.157 --> 00:07:08.020 even a lot of the parents that we work

NOTE Confidence: 0.903026194210526

00:07:08.020 --> 00:07:10.080 with have significant life experiences.

NOTE Confidence: 0.903026194210526

00:07:10.080 --> 00:07:12.656 And with these experiences or layers of

NOTE Confidence: 0.903026194210526

00:07:12.656 --> 00:07:15.265 a person come the very real emotional

NOTE Confidence: 0.903026194210526

00:07:15.265 --> 00:07:17.692 responses that can then influence building

NOTE Confidence: 0.903026194210526

00:07:17.692 --> 00:07:20.197 relationships with others moving forward,

NOTE Confidence: 0.903026194210526

00:07:20.200 --> 00:07:21.880 whether it's with family,

NOTE Confidence: 0.903026194210526

00:07:21.880 --> 00:07:23.560 whether it's with providers,

NOTE Confidence: 0.903026194210526

00:07:23.560 --> 00:07:24.564 systems, schools,

NOTE Confidence: 0.903026194210526

00:07:24.564 --> 00:07:25.568 life experiences,

NOTE Confidence: 0.903026194210526

00:07:25.568 --> 00:07:28.078 shape how people and our

NOTE Confidence: 0.903026194210526

00:07:28.078 --> 00:07:30.040 families perceive the world.

NOTE Confidence: 0.903026194210526

00:07:30.040 --> 00:07:32.380 Ensuring today myself and some of

NOTE Confidence: 0.903026194210526

00:07:32.380 --> 00:07:34.425 the other colleagues and clinicians

NOTE Confidence: 0.903026194210526
00:07:34.425 --> 00:07:36.927 will be emphasizing upon the layers
NOTE Confidence: 0.903026194210526
00:07:36.927 --> 00:07:39.395 of trust needed to facilitate the
NOTE Confidence: 0.903026194210526
00:07:39.395 --> 00:07:41.693 work and to highlight the complexity
NOTE Confidence: 0.903026194210526
00:07:41.693 --> 00:07:44.756 of the work for me right now.
NOTE Confidence: 0.903026194210526
00:07:44.760 --> 00:07:46.620 Really focusing on this idea of
NOTE Confidence: 0.903026194210526
00:07:46.620 --> 00:07:49.146 like the in home piece to our work
NOTE Confidence: 0.903026194210526
00:07:49.146 --> 00:07:50.970 and inviting you to think and
NOTE Confidence: 0.903026194210526
00:07:51.035 --> 00:07:53.040 rethink this idea of community.
NOTE Confidence: 0.903026194210526
00:07:53.040 --> 00:07:55.194 Really existing solely as a place
NOTE Confidence: 0.903026194210526
00:07:55.194 --> 00:07:57.493 but really embracing the idea of
NOTE Confidence: 0.903026194210526
00:07:57.493 --> 00:07:59.478 the dimensions surrounding a person
NOTE Confidence: 0.903026194210526
00:07:59.478 --> 00:08:01.733 surrounding a family in motion as
NOTE Confidence: 0.903026194210526
00:08:01.733 --> 00:08:03.737 they are in motion with different
NOTE Confidence: 0.903026194210526
00:08:03.737 --> 00:08:05.250 aspects within their day.
NOTE Confidence: 0.903026194210526
00:08:05.250 --> 00:08:07.200 I have come to learn.
NOTE Confidence: 0.903026194210526

00:08:07.200 --> 00:08:10.840 Definitely realize as an in home clinician,
NOTE Confidence: 0.903026194210526

00:08:10.840 --> 00:08:12.970 I don't always like arrive at
NOTE Confidence: 0.903026194210526

00:08:12.970 --> 00:08:14.035 your home right.
NOTE Confidence: 0.903026194210526

00:08:14.040 --> 00:08:15.438 Not always knocking at your door,
NOTE Confidence: 0.903026194210526

00:08:15.440 --> 00:08:17.880 but rather I'm arriving where,
NOTE Confidence: 0.903026194210526

00:08:17.880 --> 00:08:19.530 when and how you are to
NOTE Confidence: 0.903026194210526

00:08:19.530 --> 00:08:20.932 meet you where you are.
NOTE Confidence: 0.903026194210526

00:08:20.932 --> 00:08:22.636 So this can be at anywhere,
NOTE Confidence: 0.903026194210526

00:08:22.640 --> 00:08:23.038 right?
NOTE Confidence: 0.903026194210526

00:08:23.038 --> 00:08:25.028 So having therapeutic sessions anywhere
NOTE Confidence: 0.903026194210526

00:08:25.028 --> 00:08:27.954 and some of my most recent endeavors
NOTE Confidence: 0.903026194210526

00:08:27.954 --> 00:08:30.480 target in a baseball baseball field,
NOTE Confidence: 0.903026194210526

00:08:30.480 --> 00:08:32.200 right.
NOTE Confidence: 0.903026194210526

00:08:32.200 --> 00:08:34.146 And then there's times too where I'm
NOTE Confidence: 0.903026194210526

00:08:34.146 --> 00:08:36.471 on the other side of a door with a
NOTE Confidence: 0.903026194210526

00:08:36.471 --> 00:08:38.376 teenager who has the door closed and

NOTE Confidence: 0.903026194210526

00:08:38.376 --> 00:08:40.551 they don't feel like coming out here.

NOTE Confidence: 0.903026194210526

00:08:40.551 --> 00:08:43.288 We we really meet families where they

NOTE Confidence: 0.903026194210526

00:08:43.288 --> 00:08:45.558 are within the lives that they live,

NOTE Confidence: 0.903026194210526

00:08:45.560 --> 00:08:47.808 how they authentically are.

NOTE Confidence: 0.903026194210526

00:08:47.808 --> 00:08:50.618 We are offered opportunities to

NOTE Confidence: 0.903026194210526

00:08:50.618 --> 00:08:53.519 physically be and access people places,

NOTE Confidence: 0.903026194210526

00:08:53.520 --> 00:08:56.040 the the people surrounding the family,

NOTE Confidence: 0.892929376666667

00:08:56.040 --> 00:08:57.840 the neighborhood in which they

NOTE Confidence: 0.892929376666667

00:08:57.840 --> 00:09:00.600 live and at times working towards

NOTE Confidence: 0.892929376666667

00:09:00.600 --> 00:09:02.748 in relationship with. Right.

NOTE Confidence: 0.892929376666667

00:09:02.748 --> 00:09:05.433 So we're building community with

NOTE Confidence: 0.892929376666667

00:09:05.440 --> 00:09:07.666 this can look like even a child

NOTE Confidence: 0.892929376666667

00:09:07.666 --> 00:09:10.216 like our work really finding an art

NOTE Confidence: 0.892929376666667

00:09:10.216 --> 00:09:12.405 class or a parent really working

NOTE Confidence: 0.892929376666667

00:09:12.405 --> 00:09:15.238 to find like his or her own job.

NOTE Confidence: 0.892929376666667

00:09:15.240 --> 00:09:17.170 This too creates other connections
NOTE Confidence: 0.892929376666667

00:09:17.170 --> 00:09:19.474 and connections that then impact this
NOTE Confidence: 0.892929376666667

00:09:19.474 --> 00:09:22.180 idea of what community is and how
NOTE Confidence: 0.892929376666667

00:09:22.180 --> 00:09:23.800 this person feels and interacts with
NOTE Confidence: 0.892929376666667

00:09:23.800 --> 00:09:26.696 in community within our model, right?
NOTE Confidence: 0.892929376666667

00:09:26.696 --> 00:09:28.280 So we have those three sessions,
NOTE Confidence: 0.892929376666667

00:09:28.280 --> 00:09:29.760 so we meet with a child,
NOTE Confidence: 0.892929376666667

00:09:29.760 --> 00:09:31.992 we meet with a parent and then the family.
NOTE Confidence: 0.892929376666667

00:09:32.000 --> 00:09:34.238 While these children go to schools,
NOTE Confidence: 0.892929376666667

00:09:34.240 --> 00:09:36.196 they have doctors, they have coaches,
NOTE Confidence: 0.892929376666667

00:09:36.200 --> 00:09:40.000 they have providers and just like parents do.
NOTE Confidence: 0.892929376666667

00:09:40.000 --> 00:09:42.825 So with building the relationship
NOTE Confidence: 0.892929376666667

00:09:42.825 --> 00:09:45.000 comes access to parents,
NOTE Confidence: 0.892929376666667

00:09:45.000 --> 00:09:46.878 providers with permission,
NOTE Confidence: 0.892929376666667

00:09:46.880 --> 00:09:48.328 meetings with other providers
NOTE Confidence: 0.892929376666667

00:09:48.328 --> 00:09:50.953 and that those are pieces of the

NOTE Confidence: 0.892929376666667
00:09:50.953 --> 00:09:52.878 family and the parents community.
NOTE Confidence: 0.892929376666667
00:09:52.880 --> 00:09:56.660 And with trust we really work with
NOTE Confidence: 0.892929376666667
00:09:56.660 --> 00:09:59.252 and connect to these different
NOTE Confidence: 0.892929376666667
00:09:59.252 --> 00:10:01.102 pieces of individual's lives
NOTE Confidence: 0.892929376666667
00:10:01.102 --> 00:10:03.157 to support the entire family.
NOTE Confidence: 0.892929376666667
00:10:03.160 --> 00:10:06.106 The trust piece cannot emphasize enough
NOTE Confidence: 0.892929376666667
00:10:06.106 --> 00:10:10.079 like but true true core trust by bearing
NOTE Confidence: 0.892929376666667
00:10:10.079 --> 00:10:12.501 witness with muddling through treatment,
NOTE Confidence: 0.892929376666667
00:10:12.501 --> 00:10:14.449 with moments that become
NOTE Confidence: 0.892929376666667
00:10:14.449 --> 00:10:16.560 even the bigger moments.
NOTE Confidence: 0.892929376666667
00:10:16.560 --> 00:10:18.940 Trust with like in which the family
NOTE Confidence: 0.892929376666667
00:10:18.940 --> 00:10:21.958 like lends to us then allows us as in
NOTE Confidence: 0.892929376666667
00:10:21.958 --> 00:10:24.247 home workers to really sit on their
NOTE Confidence: 0.892929376666667
00:10:24.247 --> 00:10:27.080 their on their floors and their homes
NOTE Confidence: 0.892929376666667
00:10:27.080 --> 00:10:29.999 and become acquainted with our communities.
NOTE Confidence: 0.892929376666667

00:10:30.000 --> 00:10:31.526 And I would love to pass it
NOTE Confidence: 0.892929376666667

00:10:31.526 --> 00:10:32.640 along to Taylor Collins,
NOTE Confidence: 0.892929376666667

00:10:32.640 --> 00:10:34.726 my colleague who will share more about
NOTE Confidence: 0.892929376666667

00:10:34.726 --> 00:10:36.702 the importance of treatment through the
NOTE Confidence: 0.892929376666667

00:10:36.702 --> 00:10:38.760 lens of the family systems approach.
NOTE Confidence: 0.886895516875

00:10:41.400 --> 00:10:43.090 Thanks, Heather, and thank you
NOTE Confidence: 0.886895516875

00:10:43.090 --> 00:10:45.223 everyone for giving us this space
NOTE Confidence: 0.886895516875

00:10:45.223 --> 00:10:47.118 to share our clinical experience.
NOTE Confidence: 0.886895516875

00:10:47.120 --> 00:10:48.960 My name is Taylor Collins,
NOTE Confidence: 0.886895516875

00:10:48.960 --> 00:10:50.874 working as an LCSW with families
NOTE Confidence: 0.886895516875

00:10:50.874 --> 00:10:53.238 and ICAPS for the past five years.
NOTE Confidence: 0.886895516875

00:10:53.240 --> 00:10:55.184 One of my most salient takeaways
NOTE Confidence: 0.886895516875

00:10:55.184 --> 00:10:56.914 is that child mental health
NOTE Confidence: 0.886895516875

00:10:56.914 --> 00:10:59.116 problems don't operate in a vacuum.
NOTE Confidence: 0.886895516875

00:10:59.120 --> 00:11:01.296 School systems, community groups,
NOTE Confidence: 0.886895516875

00:11:01.296 --> 00:11:03.388 technology, peers and families all

NOTE Confidence: 0.886895516875

00:11:03.388 --> 00:11:06.192 service contacts that ebb and flow in

NOTE Confidence: 0.886895516875

00:11:06.192 --> 00:11:08.640 their influence on child mental health.

NOTE Confidence: 0.886895516875

00:11:08.640 --> 00:11:10.600 ICAPS focuses on the convergence

NOTE Confidence: 0.886895516875

00:11:10.600 --> 00:11:12.800 of these systems and particularly

NOTE Confidence: 0.886895516875

00:11:12.800 --> 00:11:16.300 family patterns with a highlight on

NOTE Confidence: 0.886895516875

00:11:16.300 --> 00:11:19.200 attachment and trauma informed care.

NOTE Confidence: 0.886895516875

00:11:19.200 --> 00:11:22.144 Our family systems are one of the first

NOTE Confidence: 0.886895516875

00:11:22.144 --> 00:11:24.278 micro environments we really experience.

NOTE Confidence: 0.886895516875

00:11:24.280 --> 00:11:26.478 They serve as a foundational lens in

NOTE Confidence: 0.886895516875

00:11:26.478 --> 00:11:28.958 which we begin to understand our world,

NOTE Confidence: 0.886895516875

00:11:28.960 --> 00:11:30.528 how we communicate, behave,

NOTE Confidence: 0.886895516875

00:11:30.528 --> 00:11:33.685 trust and we then take this lens and

NOTE Confidence: 0.886895516875

00:11:33.685 --> 00:11:36.233 carry it with us throughout our life.

NOTE Confidence: 0.886895516875

00:11:36.240 --> 00:11:39.104 Our work is to build a more complete

NOTE Confidence: 0.886895516875

00:11:39.104 --> 00:11:42.107 picture of that family context with

NOTE Confidence: 0.886895516875

00:11:42.107 --> 00:11:44.315 a multi generational perspective.
NOTE Confidence: 0.886895516875

00:11:44.320 --> 00:11:47.560 We really zero in on the family patterns
NOTE Confidence: 0.886895516875

00:11:47.560 --> 00:11:50.127 and parenting influences that might be
NOTE Confidence: 0.886895516875

00:11:50.127 --> 00:11:53.236 overlooked if we just examine a child's
NOTE Confidence: 0.886895516875

00:11:53.236 --> 00:11:55.796 mental health needs in isolation.
NOTE Confidence: 0.886895516875

00:11:55.800 --> 00:11:57.372 For this reason,
NOTE Confidence: 0.886895516875

00:11:57.372 --> 00:12:00.516 our practice aims to increase parental
NOTE Confidence: 0.886895516875

00:12:00.516 --> 00:12:03.012 curiosity about their own experiences
NOTE Confidence: 0.886895516875

00:12:03.012 --> 00:12:06.120 and as well as their child's.
NOTE Confidence: 0.886895516875

00:12:06.120 --> 00:12:08.938 So this presenting problem that parents
NOTE Confidence: 0.886895516875

00:12:08.938 --> 00:12:11.134 typically tend to notice in their
NOTE Confidence: 0.886895516875

00:12:11.134 --> 00:12:13.299 children and then come to treatment to
NOTE Confidence: 0.886895516875

00:12:13.299 --> 00:12:15.800 address those can be things like outbursts,
NOTE Confidence: 0.886895516875

00:12:15.800 --> 00:12:16.392 conflict,
NOTE Confidence: 0.886895516875

00:12:16.392 --> 00:12:17.576 impulsivity, defiance,
NOTE Confidence: 0.886895516875

00:12:17.576 --> 00:12:21.720 really any types of mental health symptoms.

NOTE Confidence: 0.886895516875

00:12:21.720 --> 00:12:23.718 And so with this in mind,

NOTE Confidence: 0.886895516875

00:12:23.720 --> 00:12:26.400 we come in to treatment with them with

NOTE Confidence: 0.886895516875

00:12:26.400 --> 00:12:29.426 a non judgmental presence to observe,

NOTE Confidence: 0.886895516875

00:12:29.426 --> 00:12:32.317 build, trust and join with the family.

NOTE Confidence: 0.886895516875

00:12:32.320 --> 00:12:34.917 Really learn and get to know them.

NOTE Confidence: 0.886895516875

00:12:34.920 --> 00:12:38.005 Then through careful observation and

NOTE Confidence: 0.886895516875

00:12:38.005 --> 00:12:40.722 built understanding help the families

NOTE Confidence: 0.886895516875

00:12:40.722 --> 00:12:43.192 become attuned to underlying emotional

NOTE Confidence: 0.886895516875

00:12:43.192 --> 00:12:45.724 needs and maladaptive family dynamics

NOTE Confidence: 0.886895516875

00:12:45.724 --> 00:12:49.133 that might be hidden below these more

NOTE Confidence: 0.886895516875

00:12:49.211 --> 00:12:51.759 observable surface level problems.

NOTE Confidence: 0.886895516875

00:12:51.760 --> 00:12:54.060 Our parenting work uses therapeutic

NOTE Confidence: 0.886895516875

00:12:54.060 --> 00:12:56.813 tools to aim a spotlight into

NOTE Confidence: 0.886895516875

00:12:56.813 --> 00:12:59.078 unacknowledged trauma and family norms.

NOTE Confidence: 0.886895516875

00:12:59.080 --> 00:13:03.080 Growing up, So what was your home like?

NOTE Confidence: 0.886895516875

00:13:03.080 --> 00:13:04.538 What was normalized?
NOTE Confidence: 0.886895516875

00:13:04.538 --> 00:13:06.968 What lessons about yourself and
NOTE Confidence: 0.886895516875

00:13:06.968 --> 00:13:09.840 the world did you learn and then
NOTE Confidence: 0.886895516875

00:13:09.840 --> 00:13:11.840 translate that knowledge into now?
NOTE Confidence: 0.886895516875

00:13:11.840 --> 00:13:13.580 How are these patterns serving
NOTE Confidence: 0.886895516875

00:13:13.580 --> 00:13:15.645 you and dis-serving you both as
NOTE Confidence: 0.886895516875

00:13:15.645 --> 00:13:17.235 a person and a parent today?
NOTE Confidence: 0.886895516875

00:13:17.240 --> 00:13:19.970 How are they impacting your child's
NOTE Confidence: 0.886895516875

00:13:19.970 --> 00:13:23.080 mental health when there hasn't been space
NOTE Confidence: 0.886895516875

00:13:23.080 --> 00:13:25.280 for introspection or self reflection?
NOTE Confidence: 0.886895516875

00:13:25.280 --> 00:13:28.304 It can result in the meeting of our defenses,
NOTE Confidence: 0.886895516875

00:13:28.304 --> 00:13:29.840 our coping mechanisms,
NOTE Confidence: 0.886895516875

00:13:29.840 --> 00:13:31.320 and our socially learned habits,
NOTE Confidence: 0.886895516875

00:13:31.320 --> 00:13:34.064 all forming this default way of responding
NOTE Confidence: 0.886895516875

00:13:34.064 --> 00:13:37.516 to the world and responding to our children.
NOTE Confidence: 0.886895516875

00:13:37.520 --> 00:13:40.008 While exploration of ourselves,

NOTE Confidence: 0.886895516875

00:13:40.008 --> 00:13:43.118 our tendencies and their origins

NOTE Confidence: 0.886895516875

00:13:43.120 --> 00:13:45.412 allows us to see alternatives and

NOTE Confidence: 0.886895516875

00:13:45.412 --> 00:13:47.819 to expand our ability to respond

NOTE Confidence: 0.886895516875

00:13:47.819 --> 00:13:50.594 differently to our world and interrupt

NOTE Confidence: 0.886895516875

00:13:50.594 --> 00:13:53.479 any of these problematic patterns.

NOTE Confidence: 0.886895516875

00:13:53.480 --> 00:13:55.720 So really we we want to

NOTE Confidence: 0.886895516875

00:13:55.720 --> 00:13:57.692 encourage parents to say,

NOTE Confidence: 0.886895516875

00:13:57.692 --> 00:13:58.678 hey wait,

NOTE Confidence: 0.886895516875

00:13:58.680 --> 00:14:01.560 why am I responding to my child this way?

NOTE Confidence: 0.886895516875

00:14:01.560 --> 00:14:04.880 Is this the only way to handle this?

NOTE Confidence: 0.886895516875

00:14:04.880 --> 00:14:07.040 What's happening for my child

NOTE Confidence: 0.886895516875

00:14:07.040 --> 00:14:09.200 emotionally when I do this?

NOTE Confidence: 0.886895516875

00:14:09.200 --> 00:14:12.200 And what are my other options?

NOTE Confidence: 0.886895516875

00:14:12.200 --> 00:14:15.278 As we understand patterns across generations,

NOTE Confidence: 0.886895516875

00:14:15.280 --> 00:14:17.100 we then work to highlight

NOTE Confidence: 0.886895516875

00:14:17.100 --> 00:14:18.920 with parents how this shift
NOTE Confidence: 0.912249902380952

00:14:18.988 --> 00:14:20.738 impacts their child and how
NOTE Confidence: 0.912249902380952

00:14:20.738 --> 00:14:23.040 they can work to create change.
NOTE Confidence: 0.912249902380952

00:14:23.040 --> 00:14:25.328 The gravity of this ask to shift the
NOTE Confidence: 0.912249902380952

00:14:25.328 --> 00:14:27.955 focus to the parent's self is really heavy
NOTE Confidence: 0.912249902380952

00:14:27.955 --> 00:14:30.356 as so many parents are already working
NOTE Confidence: 0.912249902380952

00:14:30.356 --> 00:14:33.050 their hardest to do the best they can.
NOTE Confidence: 0.912249902380952

00:14:33.050 --> 00:14:35.360 And at times we might be asking
NOTE Confidence: 0.912249902380952

00:14:35.360 --> 00:14:37.359 parents to practice labeling,
NOTE Confidence: 0.912249902380952

00:14:37.360 --> 00:14:39.885 organizing and being with their
NOTE Confidence: 0.912249902380952

00:14:39.885 --> 00:14:41.856 child's underlying emotions or
NOTE Confidence: 0.912249902380952

00:14:41.856 --> 00:14:44.592 taking space when heated to model
NOTE Confidence: 0.912249902380952

00:14:44.592 --> 00:14:47.400 regulation and to reduce conflict.
NOTE Confidence: 0.912249902380952

00:14:47.400 --> 00:14:50.024 And This is why meeting parents where they
NOTE Confidence: 0.912249902380952

00:14:50.024 --> 00:14:52.142 are in their process of self-awareness
NOTE Confidence: 0.912249902380952

00:14:52.142 --> 00:14:55.439 is a key part of our clinical process.

NOTE Confidence: 0.912249902380952
00:14:55.440 --> 00:14:58.284 At times, parents present with complex
NOTE Confidence: 0.912249902380952
00:14:58.284 --> 00:15:01.170 trauma histories or limited prior mental
NOTE Confidence: 0.912249902380952
00:15:01.170 --> 00:15:04.355 health care for their own unaddressed needs.
NOTE Confidence: 0.912249902380952
00:15:04.360 --> 00:15:06.712 Parents may not have had a felt
NOTE Confidence: 0.912249902380952
00:15:06.712 --> 00:15:08.660 experience of having an emotionally
NOTE Confidence: 0.912249902380952
00:15:08.660 --> 00:15:11.276 attuned response from a safe caregiver,
NOTE Confidence: 0.912249902380952
00:15:11.280 --> 00:15:13.400 and so this can mean asking parents to
NOTE Confidence: 0.912249902380952
00:15:13.400 --> 00:15:15.086 meet this seemingly impossible challenge
NOTE Confidence: 0.912249902380952
00:15:15.086 --> 00:15:17.960 of showing up for their children in a
NOTE Confidence: 0.912249902380952
00:15:17.960 --> 00:15:19.794 way that was never modeled for them.
NOTE Confidence: 0.912249902380952
00:15:19.800 --> 00:15:21.039 The therapeutic relationship
NOTE Confidence: 0.912249902380952
00:15:21.039 --> 00:15:23.517 can then serve as a reparative,
NOTE Confidence: 0.912249902380952
00:15:23.520 --> 00:15:25.032 secure attachment experience,
NOTE Confidence: 0.912249902380952
00:15:25.032 --> 00:15:27.048 acknowledging a parent's inner
NOTE Confidence: 0.912249902380952
00:15:27.048 --> 00:15:29.678 child by sharing the same warmth,
NOTE Confidence: 0.912249902380952

00:15:29.680 --> 00:15:31.510 safety and validation we want
NOTE Confidence: 0.912249902380952

00:15:31.510 --> 00:15:34.040 them to have with their children.
NOTE Confidence: 0.912249902380952

00:15:34.040 --> 00:15:36.752 Our objective is to improve child
NOTE Confidence: 0.912249902380952

00:15:36.752 --> 00:15:38.560 and adolescent mental health
NOTE Confidence: 0.912249902380952

00:15:38.560 --> 00:15:40.678 by encouraging curiosity,
NOTE Confidence: 0.912249902380952

00:15:40.678 --> 00:15:42.796 increasing self reflection,
NOTE Confidence: 0.912249902380952

00:15:42.800 --> 00:15:44.700 reducing conflict and supporting
NOTE Confidence: 0.912249902380952

00:15:44.700 --> 00:15:46.600 connection within the family.
NOTE Confidence: 0.912249902380952

00:15:46.600 --> 00:15:48.399 All of which helps to build trust,
NOTE Confidence: 0.912249902380952

00:15:48.400 --> 00:15:51.120 allow vulnerability and promote healing.
NOTE Confidence: 0.912249902380952

00:15:51.120 --> 00:15:52.968 And with that I want to pass it
NOTE Confidence: 0.912249902380952

00:15:52.968 --> 00:15:54.975 along to our our another one of
NOTE Confidence: 0.912249902380952

00:15:54.975 --> 00:15:56.159 our in home clinicians.
NOTE Confidence: 0.912249902380952

00:15:56.160 --> 00:15:56.720 Roshani.
NOTE Confidence: 0.850388246

00:15:58.800 --> 00:16:00.000 Thank you Taylor. Thank you.
NOTE Confidence: 0.850388246

00:16:00.000 --> 00:16:02.800 Thank you also for giving me this

NOTE Confidence: 0.850388246

00:16:02.800 --> 00:16:05.639 opportunity to share my experiences today.

NOTE Confidence: 0.850388246

00:16:05.640 --> 00:16:07.422 I'm Roshani Treadwell and I'm a

NOTE Confidence: 0.850388246

00:16:07.422 --> 00:16:09.160 licensed marriage and family therapist.

NOTE Confidence: 0.850388246

00:16:09.160 --> 00:16:12.744 I have been working at Yale Child Studies

NOTE Confidence: 0.850388246

00:16:12.744 --> 00:16:15.369 Center a little over 7 years and I I really

NOTE Confidence: 0.850388246

00:16:15.369 --> 00:16:17.519 enjoy working as an in home therapist,

NOTE Confidence: 0.850388246

00:16:17.520 --> 00:16:20.080 especially because I get to work in the

NOTE Confidence: 0.850388246

00:16:20.080 --> 00:16:22.533 community as a as a part of our work we

NOTE Confidence: 0.850388246

00:16:22.533 --> 00:16:24.733 build an understanding of our clients

NOTE Confidence: 0.850388246

00:16:24.733 --> 00:16:27.333 experience in a way that incorporates

NOTE Confidence: 0.850388246

00:16:27.333 --> 00:16:29.877 their characters including gender,

NOTE Confidence: 0.850388246

00:16:29.880 --> 00:16:31.080 sexuality, race,

NOTE Confidence: 0.850388246

00:16:31.080 --> 00:16:32.880 culture, and religion.

NOTE Confidence: 0.850388246

00:16:32.880 --> 00:16:36.121 All of what comes together to form

NOTE Confidence: 0.850388246

00:16:36.121 --> 00:16:38.360 each client's unique identity.

NOTE Confidence: 0.850388246

00:16:38.360 --> 00:16:41.516 We often collaborate with other providers

NOTE Confidence: 0.850388246

00:16:41.520 --> 00:16:44.240 as a part of the care we provide.

NOTE Confidence: 0.850388246

00:16:44.240 --> 00:16:47.376 The severity of the cases we treat

NOTE Confidence: 0.850388246

00:16:47.376 --> 00:16:49.360 cannot be effectively managed

NOTE Confidence: 0.850388246

00:16:49.360 --> 00:16:51.600 by anyone service provider.

NOTE Confidence: 0.850388246

00:16:51.600 --> 00:16:54.464 So we do need the support of all

NOTE Confidence: 0.850388246

00:16:54.464 --> 00:16:56.553 the providers to address multiple

NOTE Confidence: 0.850388246

00:16:56.553 --> 00:16:58.648 aspect of our client's life.

NOTE Confidence: 0.850388246

00:16:58.648 --> 00:17:01.476 Our family's life could be mental health,

NOTE Confidence: 0.850388246

00:17:01.480 --> 00:17:02.554 physical health,

NOTE Confidence: 0.850388246

00:17:02.554 --> 00:17:05.239 Daily living needs social support.

NOTE Confidence: 0.850388246

00:17:05.240 --> 00:17:07.676 So the moment we receive the referral,

NOTE Confidence: 0.850388246

00:17:07.680 --> 00:17:11.556 we begin connecting with other providers.

NOTE Confidence: 0.850388246

00:17:11.560 --> 00:17:11.944 Personally,

NOTE Confidence: 0.850388246

00:17:11.944 --> 00:17:14.248 I do believe that entire community

NOTE Confidence: 0.850388246

00:17:14.248 --> 00:17:17.094 play a big role in shaping each child's

NOTE Confidence: 0.850388246

00:17:17.094 --> 00:17:19.266 future and I I find collaboration

NOTE Confidence: 0.850388246

00:17:19.266 --> 00:17:21.691 helps me advocating for children

NOTE Confidence: 0.850388246

00:17:21.691 --> 00:17:24.195 families within their own unique

NOTE Confidence: 0.850388246

00:17:24.195 --> 00:17:26.970 community because they're not always

NOTE Confidence: 0.850388246

00:17:26.970 --> 00:17:30.240 able to advocate for themselves.

NOTE Confidence: 0.850388246

00:17:30.240 --> 00:17:32.837 This could be due to a negative

NOTE Confidence: 0.850388246

00:17:32.837 --> 00:17:35.360 experience in their life as well

NOTE Confidence: 0.850388246

00:17:35.360 --> 00:17:38.480 as the past and ongoing trauma.

NOTE Confidence: 0.850388246

00:17:38.480 --> 00:17:42.421 It is really essential to build meaningful

NOTE Confidence: 0.850388246

00:17:42.421 --> 00:17:46.277 trust and rapport with the whole family,

NOTE Confidence: 0.850388246

00:17:46.280 --> 00:17:48.818 but especially important when working with

NOTE Confidence: 0.850388246

00:17:48.818 --> 00:17:51.400 parents in the beginning of treatment.

NOTE Confidence: 0.850388246

00:17:51.400 --> 00:17:53.758 Building trust with families at this

NOTE Confidence: 0.850388246

00:17:53.758 --> 00:17:57.057 stage allow us to demonstrate our ongoing

NOTE Confidence: 0.850388246

00:17:57.057 --> 00:18:00.357 commitment to them throughout the treatment.

NOTE Confidence: 0.850388246

00:18:00.360 --> 00:18:03.185 We usually initial collaboration by
NOTE Confidence: 0.850388246

00:18:03.185 --> 00:18:05.694 collaboration by getting consent from
NOTE Confidence: 0.850388246

00:18:05.694 --> 00:18:08.543 the family and we seek to clarify
NOTE Confidence: 0.850388246

00:18:08.543 --> 00:18:11.714 our role as a liaison to all parties,
NOTE Confidence: 0.850388246

00:18:11.720 --> 00:18:14.220 especially maintaining confidential between
NOTE Confidence: 0.850388246

00:18:14.220 --> 00:18:18.568 parent and other providers such as schools,
NOTE Confidence: 0.850388246

00:18:18.568 --> 00:18:20.360 DCF, hospital, lawyers,
NOTE Confidence: 0.850388246

00:18:20.360 --> 00:18:23.160 food banks and even landlord.
NOTE Confidence: 0.850388246

00:18:23.160 --> 00:18:23.962 At times,
NOTE Confidence: 0.850388246

00:18:23.962 --> 00:18:26.368 we really need to learn about
NOTE Confidence: 0.850388246

00:18:26.368 --> 00:18:28.725 each family's history and the way
NOTE Confidence: 0.850388246

00:18:28.725 --> 00:18:31.456 that each family and how they fit
NOTE Confidence: 0.850388246

00:18:31.456 --> 00:18:33.596 in within their own community.
NOTE Confidence: 0.850388246

00:18:33.600 --> 00:18:35.860 We really ask about families
NOTE Confidence: 0.850388246

00:18:35.860 --> 00:18:38.120 experiences with other care providers,
NOTE Confidence: 0.850388246

00:18:38.120 --> 00:18:41.320 carefully noting both negative and

NOTE Confidence: 0.850388246

00:18:41.320 --> 00:18:44.040 positive responses to individualize our

NOTE Confidence: 0.850388246

00:18:44.040 --> 00:18:46.920 individualize our care for our families.

NOTE Confidence: 0.850388246

00:18:46.920 --> 00:18:49.608 This really fascinated the creation of a

NOTE Confidence: 0.850388246

00:18:49.608 --> 00:18:52.360 safe and supportive therapeutic environment,

NOTE Confidence: 0.850388246

00:18:52.360 --> 00:18:55.030 making family members more likely to

NOTE Confidence: 0.850388246

00:18:55.030 --> 00:18:57.457 open communication and build positive

NOTE Confidence: 0.850388246

00:18:57.457 --> 00:18:59.757 partnership with other providers.

NOTE Confidence: 0.842207283

00:19:02.200 --> 00:19:03.780 Most of our families comes

NOTE Confidence: 0.842207283

00:19:03.780 --> 00:19:05.360 with a deep rooted trauma.

NOTE Confidence: 0.842207283

00:19:05.360 --> 00:19:07.228 Acknowledging each family's unique

NOTE Confidence: 0.842207283

00:19:07.228 --> 00:19:10.030 trauma as part of our treatment

NOTE Confidence: 0.842207283

00:19:10.108 --> 00:19:12.163 increases the likelihood that the

NOTE Confidence: 0.842207283

00:19:12.163 --> 00:19:14.714 family will trust in our care

NOTE Confidence: 0.842207283

00:19:14.714 --> 00:19:16.839 and value our clinical support.

NOTE Confidence: 0.842207283

00:19:16.840 --> 00:19:19.866 One of the goal is to empower

NOTE Confidence: 0.842207283

00:19:19.866 --> 00:19:22.396 families to advocate for themselves
NOTE Confidence: 0.842207283

00:19:22.396 --> 00:19:24.420 within their providers and
NOTE Confidence: 0.842207283

00:19:24.500 --> 00:19:26.600 manage ongoing communication.
NOTE Confidence: 0.842207283

00:19:26.600 --> 00:19:29.708 However, at times we do face
NOTE Confidence: 0.842207283

00:19:29.708 --> 00:19:31.780 challenges working with providers
NOTE Confidence: 0.842207283

00:19:31.873 --> 00:19:34.799 who may not have a complete with
NOTE Confidence: 0.842207283

00:19:34.799 --> 00:19:37.477 both the families need or may not,
NOTE Confidence: 0.842207283

00:19:37.480 --> 00:19:40.810 may have their own biases or may not be
NOTE Confidence: 0.842207283

00:19:40.810 --> 00:19:44.090 aware of how the role that past drama
NOTE Confidence: 0.842207283

00:19:44.090 --> 00:19:47.200 plays in families reaction in treatment.
NOTE Confidence: 0.842207283

00:19:47.200 --> 00:19:49.640 As in home therapist ours,
NOTE Confidence: 0.842207283

00:19:49.640 --> 00:19:51.956 our role is so comprehensive that
NOTE Confidence: 0.842207283

00:19:51.956 --> 00:19:55.683 it gives us a big picture that most
NOTE Confidence: 0.842207283

00:19:55.683 --> 00:19:58.833 individual service providers may not have.
NOTE Confidence: 0.842207283

00:19:58.840 --> 00:20:02.128 I want you to imagine a parent to
NOTE Confidence: 0.842207283

00:20:02.128 --> 00:20:05.637 experience a significant amount of trauma.

NOTE Confidence: 0.842207283

00:20:05.640 --> 00:20:09.224 This parent will feel so vulnerable and

NOTE Confidence: 0.842207283

00:20:09.224 --> 00:20:13.516 not not feel that they can trust anyone.

NOTE Confidence: 0.842207283

00:20:13.520 --> 00:20:16.355 They will feel that no one can help them.

NOTE Confidence: 0.842207283

00:20:16.360 --> 00:20:18.660 Their responses and reactions are

NOTE Confidence: 0.842207283

00:20:18.660 --> 00:20:20.960 not always understood by others,

NOTE Confidence: 0.842207283

00:20:20.960 --> 00:20:23.540 which create challenges for families

NOTE Confidence: 0.842207283

00:20:23.540 --> 00:20:25.604 who receive multiple services

NOTE Confidence: 0.842207283

00:20:25.604 --> 00:20:27.919 in the in their community.

NOTE Confidence: 0.842207283

00:20:27.920 --> 00:20:29.925 Our most marginalized groups can

NOTE Confidence: 0.842207283

00:20:29.925 --> 00:20:32.398 feel negatively labeled and they may

NOTE Confidence: 0.842207283

00:20:32.398 --> 00:20:34.258 interpret experiences as rejection

NOTE Confidence: 0.842207283

00:20:34.258 --> 00:20:37.174 or rejecting or hostile which tend

NOTE Confidence: 0.842207283

00:20:37.174 --> 00:20:40.052 to minimize their trust in providers

NOTE Confidence: 0.842207283

00:20:40.052 --> 00:20:42.840 who are trying to support them.

NOTE Confidence: 0.842207283

00:20:42.840 --> 00:20:45.360 So it is really important and we

NOTE Confidence: 0.842207283

00:20:45.360 --> 00:20:47.585 actually model and roll favor
NOTE Confidence: 0.842207283

00:20:47.585 --> 00:20:49.729 effective communication looks like
NOTE Confidence: 0.842207283

00:20:49.729 --> 00:20:51.873 between clients and providers.
NOTE Confidence: 0.842207283

00:20:51.880 --> 00:20:54.040 We reinforces use of trauma,
NOTE Confidence: 0.842207283

00:20:54.040 --> 00:20:56.004 sensitive language that acknowledges
NOTE Confidence: 0.842207283

00:20:56.004 --> 00:20:57.968 and validate experiences which
NOTE Confidence: 0.842207283

00:20:57.968 --> 00:20:59.679 help families feel safer.
NOTE Confidence: 0.842207283

00:20:59.680 --> 00:21:00.979 We avoid blaming,
NOTE Confidence: 0.842207283

00:21:00.979 --> 00:21:03.144 shaming and anything that could
NOTE Confidence: 0.842207283

00:21:03.144 --> 00:21:05.320 be triggering or retraumatizing.
NOTE Confidence: 0.842207283

00:21:05.320 --> 00:21:06.280 Most importantly,
NOTE Confidence: 0.842207283

00:21:06.280 --> 00:21:09.640 we focus on our clients strength and
NOTE Confidence: 0.842207283

00:21:09.640 --> 00:21:12.680 encourage them to rely on their resilience,
NOTE Confidence: 0.842207283

00:21:12.680 --> 00:21:16.084 our focus in communication
NOTE Confidence: 0.842207283

00:21:16.084 --> 00:21:18.637 build improved understanding.
NOTE Confidence: 0.842207283

00:21:18.640 --> 00:21:20.648 Thank you for your time and you will

NOTE Confidence: 0.842207283

00:21:20.648 --> 00:21:22.597 be hearing from my colleague Bridget.

NOTE Confidence: 0.842207283

00:21:22.600 --> 00:21:22.920 Thanks,

NOTE Confidence: 0.842207283

00:21:22.920 --> 00:21:25.240 Rashawn.

NOTE Confidence: 0.773055946666667

00:21:25.240 --> 00:21:27.556 Hi, my name is Bridget Torres.

NOTE Confidence: 0.773055946666667

00:21:27.560 --> 00:21:29.294 I'm a licensed clinical social worker

NOTE Confidence: 0.773055946666667

00:21:29.294 --> 00:21:31.508 and have been a clinician and supervisor

NOTE Confidence: 0.773055946666667

00:21:31.508 --> 00:21:33.839 in the ICAPS program for nine years.

NOTE Confidence: 0.773055946666667

00:21:33.840 --> 00:21:35.298 I'm really, really excited to get

NOTE Confidence: 0.773055946666667

00:21:35.298 --> 00:21:38.560 the chance to talk to you all today.

NOTE Confidence: 0.773055946666667

00:21:38.560 --> 00:21:40.480 As my colleagues have already highlighted,

NOTE Confidence: 0.773055946666667

00:21:40.480 --> 00:21:42.382 community based services work to meet

NOTE Confidence: 0.773055946666667

00:21:42.382 --> 00:21:44.776 the needs of children and their families

NOTE Confidence: 0.773055946666667

00:21:44.776 --> 00:21:47.376 wherever they are with compassion, humility,

NOTE Confidence: 0.773055946666667

00:21:47.376 --> 00:21:50.640 collaboration and authentic connection.

NOTE Confidence: 0.773055946666667

00:21:50.640 --> 00:21:52.746 Many of the youth that access

NOTE Confidence: 0.773055946666667

00:21:52.746 --> 00:21:54.581 community based services like ICAPS
NOTE Confidence: 0.773055946666667

00:21:54.581 --> 00:21:56.795 have experiences that fall under the
NOTE Confidence: 0.773055946666667

00:21:56.795 --> 00:21:59.150 umbrella of complex trauma or repeated,
NOTE Confidence: 0.773055946666667

00:21:59.150 --> 00:22:00.395 pervasive interpersonal traumatic
NOTE Confidence: 0.773055946666667

00:22:00.395 --> 00:22:03.259 events that can impact their sense of
NOTE Confidence: 0.773055946666667

00:22:03.259 --> 00:22:05.079 safety both within their communities,
NOTE Confidence: 0.773055946666667

00:22:05.080 --> 00:22:08.000 their homes, and their caregivers.
NOTE Confidence: 0.773055946666667

00:22:08.000 --> 00:22:09.968 Many of these youth develop ways
NOTE Confidence: 0.773055946666667

00:22:09.968 --> 00:22:11.280 of coping and surviving,
NOTE Confidence: 0.773055946666667

00:22:11.280 --> 00:22:13.506 which makes sense at the time but
NOTE Confidence: 0.773055946666667

00:22:13.506 --> 00:22:15.079 become maladaptive over the years,
NOTE Confidence: 0.773055946666667

00:22:15.080 --> 00:22:16.440 including dissociation,
NOTE Confidence: 0.773055946666667

00:22:16.440 --> 00:22:19.160 self harm, suicidal ideation,
NOTE Confidence: 0.773055946666667

00:22:19.160 --> 00:22:21.440 and physical and verbal aggression.
NOTE Confidence: 0.773055946666667

00:22:21.440 --> 00:22:22.808 And as Taylor addressed,
NOTE Confidence: 0.773055946666667

00:22:22.808 --> 00:22:24.860 many of their caregivers have had

NOTE Confidence: 0.773055946666667
00:22:24.926 --> 00:22:26.390 similar experiences and developed
NOTE Confidence: 0.773055946666667
00:22:26.390 --> 00:22:29.240 their own ways of coping and surviving.
NOTE Confidence: 0.773055946666667
00:22:29.240 --> 00:22:31.517 And when we first meet many of our clients,
NOTE Confidence: 0.773055946666667
00:22:31.520 --> 00:22:33.695 they already have had experiences
NOTE Confidence: 0.773055946666667
00:22:33.695 --> 00:22:35.000 of inpatient hospitalization,
NOTE Confidence: 0.773055946666667
00:22:35.000 --> 00:22:36.300 outpatient therapy,
NOTE Confidence: 0.773055946666667
00:22:36.300 --> 00:22:38.250 and invalidating experiences
NOTE Confidence: 0.773055946666667
00:22:38.250 --> 00:22:40.200 with larger institutions,
NOTE Confidence: 0.773055946666667
00:22:40.200 --> 00:22:42.440 sometimes including our own.
NOTE Confidence: 0.773055946666667
00:22:42.440 --> 00:22:47.480 And again, so have so many of their parents.
NOTE Confidence: 0.773055946666667
00:22:47.480 --> 00:22:50.088 Making the extra effort to join with and
NOTE Confidence: 0.773055946666667
00:22:50.088 --> 00:22:52.255 understand is extra valuable when others
NOTE Confidence: 0.773055946666667
00:22:52.255 --> 00:22:54.920 have not attempted to build trust before.
NOTE Confidence: 0.773055946666667
00:22:54.920 --> 00:22:56.168 Building a strong,
NOTE Confidence: 0.773055946666667
00:22:56.168 --> 00:22:58.664 authentic relationship is key to creating
NOTE Confidence: 0.773055946666667

00:22:58.664 --> 00:23:01.679 a space where youth can do the difficult

NOTE Confidence: 0.773055946666667

00:23:01.679 --> 00:23:03.760 work of working through their emotions,

NOTE Confidence: 0.773055946666667

00:23:03.760 --> 00:23:05.960 finding ways to express them,

NOTE Confidence: 0.773055946666667

00:23:05.960 --> 00:23:08.080 making sense of their experiences,

NOTE Confidence: 0.773055946666667

00:23:08.080 --> 00:23:10.712 and then sharing this story and their

NOTE Confidence: 0.773055946666667

00:23:10.712 --> 00:23:12.918 narrative with their caregivers with

NOTE Confidence: 0.773055946666667

00:23:12.918 --> 00:23:14.708 the hopes that their caregivers

NOTE Confidence: 0.773055946666667

00:23:14.708 --> 00:23:16.449 can better understand them and

NOTE Confidence: 0.773055946666667

00:23:16.449 --> 00:23:17.955 begin to be a steady guide.

NOTE Confidence: 0.773055946666667

00:23:17.960 --> 00:23:18.760 As clinicians,

NOTE Confidence: 0.773055946666667

00:23:18.760 --> 00:23:21.160 we work to build epistemic trust

NOTE Confidence: 0.773055946666667

00:23:21.160 --> 00:23:23.959 with our clients and their families.

NOTE Confidence: 0.773055946666667

00:23:23.960 --> 00:23:25.616 This refers to the capacity for

NOTE Confidence: 0.773055946666667

00:23:25.616 --> 00:23:27.495 someone to trust in the knowledge

NOTE Confidence: 0.773055946666667

00:23:27.495 --> 00:23:29.275 that somebody else is imparting.

NOTE Confidence: 0.773055946666667

00:23:29.280 --> 00:23:31.296 When youth and their families have

NOTE Confidence: 0.773055946666667
00:23:31.296 --> 00:23:32.640 experiences of complex trauma,
NOTE Confidence: 0.773055946666667
00:23:32.640 --> 00:23:34.520 epistemic trust with anyone
NOTE Confidence: 0.773055946666667
00:23:34.520 --> 00:23:36.400 is difficult to build.
NOTE Confidence: 0.773055946666667
00:23:36.400 --> 00:23:38.626 Those who were supposed to protect them
NOTE Confidence: 0.773055946666667
00:23:38.626 --> 00:23:40.998 could not or were actively harmful.
NOTE Confidence: 0.773055946666667
00:23:41.000 --> 00:23:42.995 As clinicians, we have to be present,
NOTE Confidence: 0.773055946666667
00:23:43.000 --> 00:23:43.876 actively engaged,
NOTE Confidence: 0.773055946666667
00:23:43.876 --> 00:23:46.066 non judgmental and align our
NOTE Confidence: 0.773055946666667
00:23:46.066 --> 00:23:48.040 pace with our clients.
NOTE Confidence: 0.773055946666667
00:23:48.040 --> 00:23:50.443 And it is this trust that can help clients
NOTE Confidence: 0.773055946666667
00:23:50.443 --> 00:23:53.025 to continue to access care as they need
NOTE Confidence: 0.773055946666667
00:23:53.025 --> 00:23:55.359 it throughout the course of their lives.
NOTE Confidence: 0.773055946666667
00:23:55.360 --> 00:23:56.525 You've likely heard of the
NOTE Confidence: 0.773055946666667
00:23:56.525 --> 00:23:57.960 concept of a continuing of care,
NOTE Confidence: 0.773055946666667
00:23:57.960 --> 00:23:59.720 which includes preventative care,
NOTE Confidence: 0.773055946666667

00:23:59.720 --> 00:24:01.549 treatment, rehab, and maintenance.
NOTE Confidence: 0.773055946666667

00:24:01.549 --> 00:24:04.327 The needs of youths and their
NOTE Confidence: 0.773055946666667

00:24:04.327 --> 00:24:06.438 families are rarely as linear,
NOTE Confidence: 0.773055946666667

00:24:06.440 --> 00:24:08.412 especially as stressors can
NOTE Confidence: 0.773055946666667

00:24:08.412 --> 00:24:10.877 compound over time and generations.
NOTE Confidence: 0.773055946666667

00:24:10.880 --> 00:24:12.632 The intensity of support needed may
NOTE Confidence: 0.773055946666667

00:24:12.632 --> 00:24:14.935 wax and wane as youth transition
NOTE Confidence: 0.773055946666667

00:24:14.935 --> 00:24:17.075 through different developmental stages.
NOTE Confidence: 0.773055946666667

00:24:17.080 --> 00:24:19.890 And I know this isn't like big news,
NOTE Confidence: 0.773055946666667

00:24:19.890 --> 00:24:22.488 but growing up is very difficult develop.
NOTE Confidence: 0.773055946666667

00:24:22.488 --> 00:24:25.752 The task of becoming a person is hard,
NOTE Confidence: 0.773055946666667

00:24:25.760 --> 00:24:27.846 and the task of helping somebody grow
NOTE Confidence: 0.773055946666667

00:24:27.846 --> 00:24:30.197 up into a person is really hard.
NOTE Confidence: 0.773055946666667

00:24:30.200 --> 00:24:31.868 And for almost everyone.
NOTE Confidence: 0.773055946666667

00:24:31.868 --> 00:24:34.464 Life gets more complicated with time.
NOTE Confidence: 0.773055946666667

00:24:34.464 --> 00:24:37.152 The special kind of trust that

NOTE Confidence: 0.773055946666667

00:24:37.152 --> 00:24:39.118 families may develop with us,

NOTE Confidence: 0.914033939230769

00:24:39.120 --> 00:24:42.064 as in home clinicians and is actually an

NOTE Confidence: 0.914033939230769

00:24:42.064 --> 00:24:44.725 extended part of their communities can

NOTE Confidence: 0.914033939230769

00:24:44.725 --> 00:24:48.120 act as a long term stabilizing force.

NOTE Confidence: 0.914033939230769

00:24:48.120 --> 00:24:50.088 I and many of my colleagues have had

NOTE Confidence: 0.914033939230769

00:24:50.088 --> 00:24:51.693 the experience where we've worked with

NOTE Confidence: 0.914033939230769

00:24:51.693 --> 00:24:53.320 families and I caps, maybe worked

NOTE Confidence: 0.914033939230769

00:24:53.320 --> 00:24:55.000 with them in an outpatient setting.

NOTE Confidence: 0.914033939230769

00:24:55.000 --> 00:24:56.480 And then as needs change,

NOTE Confidence: 0.914033939230769

00:24:56.480 --> 00:24:57.064 something happens.

NOTE Confidence: 0.914033939230769

00:24:57.064 --> 00:24:59.400 They come back to us in I CAPS.

NOTE Confidence: 0.914033939230769

00:24:59.400 --> 00:25:01.954 And where there is that extra boost

NOTE Confidence: 0.914033939230769

00:25:01.954 --> 00:25:04.614 and support for the whole family until

NOTE Confidence: 0.914033939230769

00:25:04.614 --> 00:25:06.672 things have kind of gotten back to

NOTE Confidence: 0.914033939230769

00:25:06.672 --> 00:25:08.838 a point where they're regulated and

NOTE Confidence: 0.914033939230769

00:25:08.838 --> 00:25:11.571 maybe they come back to outpatient or
NOTE Confidence: 0.914033939230769

00:25:11.571 --> 00:25:14.277 move on for another community support.
NOTE Confidence: 0.896899886

00:25:18.520 --> 00:25:20.375 This connection, long term connection
NOTE Confidence: 0.896899886

00:25:20.375 --> 00:25:22.635 and understanding can help to build
NOTE Confidence: 0.896899886

00:25:22.635 --> 00:25:24.693 resiliency and youth who then have
NOTE Confidence: 0.896899886

00:25:24.693 --> 00:25:26.836 another stable figure to go to as needed,
NOTE Confidence: 0.896899886

00:25:26.840 --> 00:25:28.928 who can understand their home life
NOTE Confidence: 0.896899886

00:25:28.928 --> 00:25:31.648 in a different way and can serve as
NOTE Confidence: 0.896899886

00:25:31.648 --> 00:25:33.640 a bridge between themselves and their
NOTE Confidence: 0.896899886

00:25:33.703 --> 00:25:36.037 caregivers when they're at an impasse.
NOTE Confidence: 0.896899886

00:25:36.040 --> 00:25:40.440 There is so much power in human connection,
NOTE Confidence: 0.896899886

00:25:40.440 --> 00:25:43.446 in just being with each other and in being
NOTE Confidence: 0.896899886

00:25:43.446 --> 00:25:46.479 seen working in community with each other.
NOTE Confidence: 0.896899886

00:25:46.480 --> 00:25:48.176 That includes the providers,
NOTE Confidence: 0.896899886

00:25:48.176 --> 00:25:49.032 schools, caregivers,
NOTE Confidence: 0.896899886

00:25:49.032 --> 00:25:51.624 everybody that's around helps us all

NOTE Confidence: 0.896899886

00:25:51.624 --> 00:25:54.478 to access these essentials more fully.

NOTE Confidence: 0.896899886

00:25:54.480 --> 00:25:56.720 And thank you so much for your time.

NOTE Confidence: 0.896899886

00:25:56.720 --> 00:25:59.639 I'm going to pass it over to

NOTE Confidence: 0.896899886

00:25:59.639 --> 00:26:01.320 Doctor Amanda Demmer now.

NOTE Confidence: 0.896899886

00:26:01.320 --> 00:26:01.600 Thank

NOTE Confidence: 0.875734248

00:26:01.600 --> 00:26:03.072 you, Bridget. And wow,

NOTE Confidence: 0.875734248

00:26:03.072 --> 00:26:06.127 I'm just so honored to be included in

NOTE Confidence: 0.875734248

00:26:06.127 --> 00:26:08.453 this panel of my expert colleagues.

NOTE Confidence: 0.875734248

00:26:08.453 --> 00:26:10.408 I've already learned so much

NOTE Confidence: 0.875734248

00:26:10.408 --> 00:26:12.679 just by listening to you all.

NOTE Confidence: 0.875734248

00:26:12.680 --> 00:26:15.864 I'm thrilled today to build on what my

NOTE Confidence: 0.875734248

00:26:15.864 --> 00:26:17.784 colleagues have shared by discussing

NOTE Confidence: 0.875734248

00:26:17.784 --> 00:26:20.472 some of the research that we've done

NOTE Confidence: 0.875734248

00:26:20.472 --> 00:26:22.821 looking at the impact of school

NOTE Confidence: 0.875734248

00:26:22.821 --> 00:26:25.080 based mental health on students,

NOTE Confidence: 0.875734248

00:26:25.080 --> 00:26:27.880 educational and behavioral health outcomes.

NOTE Confidence: 0.875734248

00:26:27.880 --> 00:26:29.560 And as we've already heard,

NOTE Confidence: 0.875734248

00:26:29.560 --> 00:26:32.720 it really takes a village to raise children,

NOTE Confidence: 0.875734248

00:26:32.720 --> 00:26:35.064 and not just to raise them but as

NOTE Confidence: 0.875734248

00:26:35.064 --> 00:26:37.479 Doctor Mays mentioned at the beginning,

NOTE Confidence: 0.875734248

00:26:37.480 --> 00:26:39.616 to teach them the skills to

NOTE Confidence: 0.875734248

00:26:39.616 --> 00:26:41.040 thrive in their environment.

NOTE Confidence: 0.875734248

00:26:41.040 --> 00:26:42.808 And when we think about it, right,

NOTE Confidence: 0.875734248

00:26:42.808 --> 00:26:46.072 school is the place where our kids spend

NOTE Confidence: 0.875734248

00:26:46.072 --> 00:26:49.040 the majority of their waking hours.

NOTE Confidence: 0.875734248

00:26:49.040 --> 00:26:52.946 So this is really a prime opportunity

NOTE Confidence: 0.875734248

00:26:52.946 --> 00:26:56.999 to act on behalf of our kids.

NOTE Confidence: 0.875734248

00:26:57.000 --> 00:26:58.476 Now, I am not a clinician,

NOTE Confidence: 0.875734248

00:26:58.480 --> 00:27:01.800 so I I can't speak to personal experience

NOTE Confidence: 0.875734248

00:27:01.800 --> 00:27:04.278 in treating children in schools.

NOTE Confidence: 0.875734248

00:27:04.280 --> 00:27:06.401 But why I'm excited to share a

NOTE Confidence: 0.875734248

00:27:06.401 --> 00:27:08.808 little bit about today is the work

NOTE Confidence: 0.875734248

00:27:08.808 --> 00:27:10.598 that we've been partnering with,

NOTE Confidence: 0.875734248

00:27:10.600 --> 00:27:13.768 doing and partnering with a provider

NOTE Confidence: 0.875734248

00:27:13.768 --> 00:27:18.336 of in school mental health services.

NOTE Confidence: 0.875734248

00:27:18.336 --> 00:27:21.598 So in 2022, just a few years ago,

NOTE Confidence: 0.875734248

00:27:21.600 --> 00:27:23.890 we began this formal partnership

NOTE Confidence: 0.875734248

00:27:23.890 --> 00:27:25.722 with an organization called

NOTE Confidence: 0.875734248

00:27:25.722 --> 00:27:27.359 Effective School Solutions.

NOTE Confidence: 0.875734248

00:27:27.360 --> 00:27:30.167 Now this is an organization based in

NOTE Confidence: 0.875734248

00:27:30.167 --> 00:27:32.948 New Jersey and they began in 2009

NOTE Confidence: 0.875734248

00:27:32.948 --> 00:27:35.756 as a private therapeutic day school.

NOTE Confidence: 0.875734248

00:27:35.760 --> 00:27:37.720 So this was an out of district placement,

NOTE Confidence: 0.875734248

00:27:37.720 --> 00:27:38.049 right,

NOTE Confidence: 0.875734248

00:27:38.049 --> 00:27:39.694 for students who couldn't be

NOTE Confidence: 0.875734248

00:27:39.694 --> 00:27:41.600 served in their home district.

NOTE Confidence: 0.875734248

00:27:41.600 --> 00:27:43.808 And out of the services grew
NOTE Confidence: 0.875734248

00:27:43.808 --> 00:27:45.280 an idea from ESS.
NOTE Confidence: 0.875734248

00:27:45.280 --> 00:27:45.738 You know,
NOTE Confidence: 0.875734248

00:27:45.738 --> 00:27:47.341 why can't we take the same type
NOTE Confidence: 0.875734248

00:27:47.341 --> 00:27:48.620 of clinical programming that
NOTE Confidence: 0.875734248

00:27:48.620 --> 00:27:50.280 we offer out of district?
NOTE Confidence: 0.875734248

00:27:50.280 --> 00:27:52.051 Why can't we adapt it and offer
NOTE Confidence: 0.875734248

00:27:52.051 --> 00:27:54.154 it within the school walls so that
NOTE Confidence: 0.875734248

00:27:54.154 --> 00:27:56.080 students can stay in their district?
NOTE Confidence: 0.875734248

00:27:56.080 --> 00:27:58.440 That's really the ultimate goal.
NOTE Confidence: 0.875734248

00:27:58.440 --> 00:28:02.400 And thus thus was born ESS as
NOTE Confidence: 0.875734248

00:28:02.400 --> 00:28:03.600 it stands today.
NOTE Confidence: 0.875734248

00:28:03.600 --> 00:28:07.104 And ESS now serves over 6000
NOTE Confidence: 0.875734248

00:28:07.104 --> 00:28:09.902 students nationwide each day in
NOTE Confidence: 0.875734248

00:28:09.902 --> 00:28:12.674 over 120 districts in 12 states.
NOTE Confidence: 0.875734248

00:28:12.680 --> 00:28:14.340 And that includes Connecticut.

NOTE Confidence: 0.875734248

00:28:14.340 --> 00:28:16.830 In fact in Connecticut at our

NOTE Confidence: 0.875734248

00:28:16.905 --> 00:28:18.360 most recent analysis,

NOTE Confidence: 0.875734248

00:28:18.360 --> 00:28:20.886 ESS is serving over 600 students

NOTE Confidence: 0.875734248

00:28:20.886 --> 00:28:23.065 which is second only behind

NOTE Confidence: 0.875734248

00:28:23.065 --> 00:28:25.519 its home state of New Jersey.

NOTE Confidence: 0.875734248

00:28:25.520 --> 00:28:27.944 And So what we wanted to do in

NOTE Confidence: 0.875734248

00:28:27.944 --> 00:28:29.476 partnership with ESS that they

NOTE Confidence: 0.875734248

00:28:29.476 --> 00:28:31.464 hadn't been able to do yet was

NOTE Confidence: 0.875734248

00:28:31.533 --> 00:28:33.585 really start looking at the impact

NOTE Confidence: 0.875734248

00:28:33.585 --> 00:28:35.373 of their in school services.

NOTE Confidence: 0.875734248

00:28:35.373 --> 00:28:38.677 So what kind of services do they provide?

NOTE Confidence: 0.875734248

00:28:38.680 --> 00:28:41.664 Well ES S s mission is to provide

NOTE Confidence: 0.875734248

00:28:41.664 --> 00:28:43.998 high quality and cost effective

NOTE Confidence: 0.875734248

00:28:43.998 --> 00:28:46.508 clinical programming for youth K

NOTE Confidence: 0.875734248

00:28:46.508 --> 00:28:48.844 through 12 in district and this

NOTE Confidence: 0.875734248

00:28:48.844 --> 00:28:50.830 is for students with really the

NOTE Confidence: 0.875734248

00:28:50.900 --> 00:28:53.152 most significant emotional and

NOTE Confidence: 0.875734248

00:28:53.152 --> 00:28:54.278 behavioral challenges.

NOTE Confidence: 0.875734248

00:28:54.280 --> 00:28:57.904 So ESS follows a multi tiered

NOTE Confidence: 0.875734248

00:28:57.904 --> 00:29:01.037 systems of support and what this

NOTE Confidence: 0.875734248

00:29:01.037 --> 00:29:03.671 means in practice is that ESS

NOTE Confidence: 0.875734248

00:29:03.671 --> 00:29:06.022 provides in the school building

NOTE Confidence: 0.875734248

00:29:06.022 --> 00:29:09.360 both Tier 2 and Tier 3 services.

NOTE Confidence: 0.875734248

00:29:09.360 --> 00:29:13.236 So these would be programming that

NOTE Confidence: 0.875734248

00:29:13.240 --> 00:29:16.020 either offer moderate intensity care

NOTE Confidence: 0.875734248

00:29:16.020 --> 00:29:18.800 and crisis response for students

NOTE Confidence: 0.875734248

00:29:18.887 --> 00:29:21.857 at kind of the Tier 2 level or for

NOTE Confidence: 0.875734248

00:29:21.857 --> 00:29:24.303 really the most in need students.

NOTE Confidence: 0.875734248

00:29:24.303 --> 00:29:27.069 This would be intensive in school

NOTE Confidence: 0.875734248

00:29:27.069 --> 00:29:29.840 clinical support during the school day

NOTE Confidence: 0.939590885

00:29:29.840 --> 00:29:32.040 and these are really comprehensive

NOTE Confidence: 0.939590885

00:29:32.040 --> 00:29:33.360 wrap around services.

NOTE Confidence: 0.939590885

00:29:33.360 --> 00:29:35.250 So it includes on site clinical

NOTE Confidence: 0.939590885

00:29:35.250 --> 00:29:37.919 care from a a licensed clinician,

NOTE Confidence: 0.939590885

00:29:37.920 --> 00:29:40.028 behavioral programming both individually

NOTE Confidence: 0.939590885

00:29:40.028 --> 00:29:43.720 and in groups with other with peers.

NOTE Confidence: 0.939590885

00:29:43.720 --> 00:29:46.142 It also includes other services we that

NOTE Confidence: 0.939590885

00:29:46.142 --> 00:29:49.572 may not come to top of mind immediately

NOTE Confidence: 0.939590885

00:29:49.572 --> 00:29:51.432 like school avoidance interventions,

NOTE Confidence: 0.939590885

00:29:51.440 --> 00:29:52.236 family support.

NOTE Confidence: 0.939590885

00:29:52.236 --> 00:29:55.022 So families are brought into the schools

NOTE Confidence: 0.939590885

00:29:55.022 --> 00:29:58.116 as well to engage in therapeutic sessions,

NOTE Confidence: 0.939590885

00:29:58.120 --> 00:30:00.080 multiple layers of supervision

NOTE Confidence: 0.939590885

00:30:00.080 --> 00:30:02.040 across the school setting,

NOTE Confidence: 0.939590885

00:30:02.040 --> 00:30:04.648 clinical documentation and then

NOTE Confidence: 0.939590885

00:30:04.648 --> 00:30:07.908 crucially it also includes professional

NOTE Confidence: 0.939590885

00:30:07.908 --> 00:30:10.159 development and psychoeducation for
NOTE Confidence: 0.939590885

00:30:10.159 --> 00:30:13.357 the educators in the school building.
NOTE Confidence: 0.939590885

00:30:13.360 --> 00:30:15.979 And So what we found in our just the
NOTE Confidence: 0.939590885

00:30:15.979 --> 00:30:18.479 past couple years of working with ESS
NOTE Confidence: 0.939590885

00:30:18.479 --> 00:30:21.281 is that this type of programming and
NOTE Confidence: 0.939590885

00:30:21.281 --> 00:30:24.319 meeting students where they are during the
NOTE Confidence: 0.939590885

00:30:24.320 --> 00:30:29.436 day really has potential to benefit students.
NOTE Confidence: 0.939590885

00:30:29.440 --> 00:30:32.296 And we found this is true not only
NOTE Confidence: 0.939590885

00:30:32.296 --> 00:30:34.000 behaviorally but academically.
NOTE Confidence: 0.939590885

00:30:34.000 --> 00:30:35.274 And that's where I'm gonna start first.
NOTE Confidence: 0.939590885

00:30:35.280 --> 00:30:38.080 So we found that compared to baseline,
NOTE Confidence: 0.939590885

00:30:38.080 --> 00:30:39.478 which is the period of time,
NOTE Confidence: 0.939590885

00:30:39.480 --> 00:30:42.791 the marking period in schools before students
NOTE Confidence: 0.939590885

00:30:42.791 --> 00:30:45.359 were officially enrolled in ESS services,
NOTE Confidence: 0.939590885

00:30:45.360 --> 00:30:45.832 right.
NOTE Confidence: 0.939590885

00:30:45.832 --> 00:30:47.720 So compared to baseline,

NOTE Confidence: 0.939590885

00:30:47.720 --> 00:30:51.030 students saw a significant

NOTE Confidence: 0.939590885

00:30:51.030 --> 00:30:53.678 increase in their GPA.

NOTE Confidence: 0.939590885

00:30:53.680 --> 00:30:55.636 And so for 65% of those

NOTE Confidence: 0.939590885

00:30:55.636 --> 00:30:57.280 students who enrolled in ESS,

NOTE Confidence: 0.939590885

00:30:57.280 --> 00:30:59.580 they either maintained or increased

NOTE Confidence: 0.939590885

00:30:59.580 --> 00:31:01.880 their GPA compared to baseline.

NOTE Confidence: 0.939590885

00:31:01.880 --> 00:31:03.679 And we followed this up with a

NOTE Confidence: 0.939590885

00:31:03.679 --> 00:31:05.679 sort of a fidelity analysis.

NOTE Confidence: 0.939590885

00:31:05.680 --> 00:31:08.760 So what we mean by fidelity analysis

NOTE Confidence: 0.939590885

00:31:08.760 --> 00:31:11.200 is we recognize that school

NOTE Confidence: 0.939590885

00:31:11.200 --> 00:31:14.034 districts are not going to be able

NOTE Confidence: 0.939590885

00:31:14.034 --> 00:31:16.094 to uniformly implement ESS services

NOTE Confidence: 0.939590885

00:31:16.094 --> 00:31:18.824 for a variety of reasons, right?

NOTE Confidence: 0.939590885

00:31:18.824 --> 00:31:21.792 But in order to maybe try to

NOTE Confidence: 0.939590885

00:31:21.792 --> 00:31:24.195 prompt districts to adhere to ES

NOTE Confidence: 0.939590885

00:31:24.195 --> 00:31:26.397 s s highest standard of care,
NOTE Confidence: 0.939590885

00:31:26.400 --> 00:31:28.815 we conducted this fidelity analysis
NOTE Confidence: 0.939590885

00:31:28.815 --> 00:31:31.230 where we divided students who
NOTE Confidence: 0.939590885

00:31:31.312 --> 00:31:33.627 received in school mental health
NOTE Confidence: 0.939590885

00:31:33.627 --> 00:31:35.479 services to two groups.
NOTE Confidence: 0.939590885

00:31:35.480 --> 00:31:37.648 So the first of those was what we
NOTE Confidence: 0.939590885

00:31:37.648 --> 00:31:39.751 called a high fidelity group and
NOTE Confidence: 0.939590885

00:31:39.751 --> 00:31:44.520 this is where students were received
NOTE Confidence: 0.939590885

00:31:44.520 --> 00:31:47.886 3 therapeutic sessions in the past
NOTE Confidence: 0.939590885

00:31:47.886 --> 00:31:51.720 two weeks plus one family session
NOTE Confidence: 0.939590885

00:31:51.720 --> 00:31:53.496 and that occurred for at least
NOTE Confidence: 0.939590885

00:31:53.496 --> 00:31:54.680 half the school year.
NOTE Confidence: 0.939590885

00:31:54.680 --> 00:31:56.300 Low fidelity were those students
NOTE Confidence: 0.939590885

00:31:56.300 --> 00:31:58.257 that received less than that and
NOTE Confidence: 0.939590885

00:31:58.257 --> 00:31:59.913 we found that for those students
NOTE Confidence: 0.939590885

00:31:59.913 --> 00:32:01.920 engaged in high fidelity programming,

NOTE Confidence: 0.939590885

00:32:01.920 --> 00:32:03.920 they they realized a greater

NOTE Confidence: 0.939590885

00:32:03.920 --> 00:32:06.632 than 30% increase in their GPA.

NOTE Confidence: 0.939590885

00:32:06.632 --> 00:32:09.500 We saw reductions in absences and

NOTE Confidence: 0.939590885

00:32:09.591 --> 00:32:12.239 disciplinary incidents as well.

NOTE Confidence: 0.939590885

00:32:12.240 --> 00:32:13.250 Crucially though,

NOTE Confidence: 0.939590885

00:32:13.250 --> 00:32:16.768 we also wanted to look at mental

NOTE Confidence: 0.939590885

00:32:16.768 --> 00:32:18.720 and behavioral health outcomes.

NOTE Confidence: 0.939590885

00:32:18.720 --> 00:32:20.952 And so post ESS enrollment in

NOTE Confidence: 0.939590885

00:32:20.952 --> 00:32:23.447 the 12 months following the start

NOTE Confidence: 0.939590885

00:32:23.447 --> 00:32:25.319 of these therapeutic services,

NOTE Confidence: 0.939590885

00:32:25.320 --> 00:32:27.565 we found that inpatient hospitalizations

NOTE Confidence: 0.939590885

00:32:27.565 --> 00:32:30.420 for these students is decreased by 56%,

NOTE Confidence: 0.939590885

00:32:30.420 --> 00:32:33.360 which is I think a staggering number.

NOTE Confidence: 0.939590885

00:32:33.360 --> 00:32:35.376 And the number of weeks these students

NOTE Confidence: 0.939590885

00:32:35.376 --> 00:32:37.637 needed to spend in higher levels of care,

NOTE Confidence: 0.939590885

00:32:37.640 --> 00:32:40.100 which is intensive outpatient
NOTE Confidence: 0.939590885

00:32:40.100 --> 00:32:42.560 referrals or partial hospitalizations,
NOTE Confidence: 0.939590885

00:32:42.560 --> 00:32:45.640 those were reduced by 35%.
NOTE Confidence: 0.939590885

00:32:45.640 --> 00:32:47.794 So this is really promising type
NOTE Confidence: 0.939590885

00:32:47.794 --> 00:32:49.700 of intervention that I think
NOTE Confidence: 0.939590885

00:32:49.700 --> 00:32:51.316 can work really strongly,
NOTE Confidence: 0.939590885

00:32:51.320 --> 00:32:53.095 really well in conjunction with
NOTE Confidence: 0.939590885

00:32:53.095 --> 00:32:55.289 the types of services that we've
NOTE Confidence: 0.939590885

00:32:55.289 --> 00:32:57.383 heard about already to provide the
NOTE Confidence: 0.939590885

00:32:57.383 --> 00:32:59.479 optimal care for our students by,
NOTE Confidence: 0.939590885

00:32:59.480 --> 00:33:00.632 as we've already heard,
NOTE Confidence: 0.939590885

00:33:00.632 --> 00:33:02.072 meeting them where they are.
NOTE Confidence: 0.939590885

00:33:02.080 --> 00:33:03.622 So thank you very much and
NOTE Confidence: 0.939590885

00:33:03.622 --> 00:33:04.650 I'm really looking forward
NOTE Confidence: 0.966010377692308

00:33:04.705 --> 00:33:05.400 to our Q&A. Thank
NOTE Confidence: 0.906534737142857

00:33:06.160 --> 00:33:08.056 you so much, Amanda.

NOTE Confidence: 0.906534737142857
00:33:08.056 --> 00:33:09.914 Really appreciate everyone bringing
NOTE Confidence: 0.906534737142857
00:33:09.914 --> 00:33:12.518 us into such a rich discussion.
NOTE Confidence: 0.906534737142857
00:33:12.520 --> 00:33:14.000 There's some questions coming in,
NOTE Confidence: 0.906534737142857
00:33:14.000 --> 00:33:16.877 but I want to actually begin with,
NOTE Confidence: 0.906534737142857
00:33:16.880 --> 00:33:19.598 with one question that I suspect
NOTE Confidence: 0.906534737142857
00:33:19.598 --> 00:33:23.820 might be on everyone's mind and
NOTE Confidence: 0.906534737142857
00:33:23.820 --> 00:33:26.530 maybe well why don't I put the
NOTE Confidence: 0.906534737142857
00:33:26.530 --> 00:33:28.472 question out and and let any one
NOTE Confidence: 0.906534737142857
00:33:28.472 --> 00:33:30.840 of you begin to to think about it.
NOTE Confidence: 0.906534737142857
00:33:30.840 --> 00:33:32.560 So just thinking really practically,
NOTE Confidence: 0.906534737142857
00:33:32.560 --> 00:33:35.325 I know you work with many children
NOTE Confidence: 0.906534737142857
00:33:35.325 --> 00:33:36.960 who have a number of needs,
NOTE Confidence: 0.906534737142857
00:33:36.960 --> 00:33:39.728 but often times can be very, very upset.
NOTE Confidence: 0.906534737142857
00:33:39.728 --> 00:33:42.276 Could you just talk about what you've
NOTE Confidence: 0.906534737142857
00:33:42.276 --> 00:33:44.352 learned in your work that you would
NOTE Confidence: 0.906534737142857

00:33:44.352 --> 00:33:47.160 do if you're if a child was having a a
NOTE Confidence: 0.906534737142857

00:33:47.160 --> 00:33:49.320 meltdown and the adults around them,
NOTE Confidence: 0.906534737142857

00:33:49.320 --> 00:33:51.600 We're also feeling really overwhelmed.
NOTE Confidence: 0.906534737142857

00:33:51.600 --> 00:33:54.328 What are some of the strategies that you
NOTE Confidence: 0.906534737142857

00:33:54.328 --> 00:33:56.760 could give people to to think about?
NOTE Confidence: 0.906534737142857

00:33:56.760 --> 00:33:58.440 And Taylor, would you like to start?
NOTE Confidence: 0.873184958571429

00:33:59.920 --> 00:34:02.195 Yeah, sure. I I'd be happy to.
NOTE Confidence: 0.873184958571429

00:34:02.200 --> 00:34:05.026 I think this is a really human thing that
NOTE Confidence: 0.873184958571429

00:34:05.026 --> 00:34:07.148 occurs in our relationships and having
NOTE Confidence: 0.873184958571429

00:34:07.148 --> 00:34:10.554 things come up for us when we are the
NOTE Confidence: 0.873184958571429

00:34:10.554 --> 00:34:12.554 protectors and caregivers for children,
NOTE Confidence: 0.873184958571429

00:34:12.560 --> 00:34:14.400 one of the best things that we can
NOTE Confidence: 0.873184958571429

00:34:14.400 --> 00:34:16.510 do first is to practice, look inward
NOTE Confidence: 0.873184958571429

00:34:16.510 --> 00:34:18.880 and practice our own self regulation.
NOTE Confidence: 0.873184958571429

00:34:18.880 --> 00:34:22.548 Because if we bring our frustration or
NOTE Confidence: 0.873184958571429

00:34:22.548 --> 00:34:25.032 our intensity, our overwhelm into that,

NOTE Confidence: 0.873184958571429

00:34:25.032 --> 00:34:27.618 we are now taking that child's emotions

NOTE Confidence: 0.873184958571429

00:34:27.618 --> 00:34:29.796 and adding ours into that pot.

NOTE Confidence: 0.873184958571429

00:34:29.800 --> 00:34:31.704 And so the best thing we can do

NOTE Confidence: 0.873184958571429

00:34:31.704 --> 00:34:33.944 is to to do something to regulate

NOTE Confidence: 0.873184958571429

00:34:33.944 --> 00:34:36.360 ourselves and work on our regulation

NOTE Confidence: 0.873184958571429

00:34:36.360 --> 00:34:38.592 and then we can sit with them in

NOTE Confidence: 0.873184958571429

00:34:38.592 --> 00:34:40.400 that overwhelm that they're having.

NOTE Confidence: 0.873184958571429

00:34:40.400 --> 00:34:43.284 So that can be really just naming

NOTE Confidence: 0.873184958571429

00:34:43.284 --> 00:34:46.492 what we see and just being with,

NOTE Confidence: 0.873184958571429

00:34:46.492 --> 00:34:48.957 not trying to change it,

NOTE Confidence: 0.873184958571429

00:34:48.960 --> 00:34:50.760 not trying to minimize or shift,

NOTE Confidence: 0.873184958571429

00:34:50.760 --> 00:34:51.560 but just staying with.

NOTE Confidence: 0.873184958571429

00:34:51.560 --> 00:34:53.796 And that's a it's a really hard task

NOTE Confidence: 0.873184958571429

00:34:53.800 --> 00:34:57.096 to do I think when when everything is

NOTE Confidence: 0.873184958571429

00:34:57.096 --> 00:34:58.728 chaotic you might have multiple kids

NOTE Confidence: 0.873184958571429

00:34:58.728 --> 00:35:00.211 whether that's in the classroom and
NOTE Confidence: 0.873184958571429

00:35:00.211 --> 00:35:01.660 you're you're a teacher or whether
NOTE Confidence: 0.873184958571429

00:35:01.660 --> 00:35:03.082 you're in the hospital and you're
NOTE Confidence: 0.873184958571429

00:35:03.082 --> 00:35:04.486 with a family that's struggling
NOTE Confidence: 0.873184958571429

00:35:04.486 --> 00:35:06.887 or whether you are a parent and
NOTE Confidence: 0.873184958571429

00:35:06.887 --> 00:35:09.040 you're in the thick of things So.
NOTE Confidence: 0.873184958571429

00:35:09.040 --> 00:35:11.040 So looking in naming emotions
NOTE Confidence: 0.873184958571429

00:35:11.040 --> 00:35:13.707 and just being with is is really
NOTE Confidence: 0.873184958571429

00:35:13.707 --> 00:35:15.357 the best way to start.
NOTE Confidence: 0.721345668888889

00:35:16.880 --> 00:35:17.964 Great thanks. Any other
NOTE Confidence: 0.721345668888889

00:35:17.964 --> 00:35:19.319 anybody else want to add
NOTE Confidence: 0.779182835555556

00:35:24.240 --> 00:35:26.395 another question has come across
NOTE Confidence: 0.779182835555556

00:35:26.395 --> 00:35:28.590 the question answers about can
NOTE Confidence: 0.779182835555556

00:35:28.590 --> 00:35:30.940 we discuss the availability of
NOTE Confidence: 0.779182835555556

00:35:30.940 --> 00:35:33.239 services for non-english non Spanish
NOTE Confidence: 0.779182835555556

00:35:33.239 --> 00:35:35.957 speakers anyone like to take that

NOTE Confidence: 0.67616205

00:35:40.320 --> 00:35:42.360 just looking Bridget do you want to

NOTE Confidence: 0.714272667142857

00:35:42.800 --> 00:35:46.516 go I think it's a it's a everybody

NOTE Confidence: 0.714272667142857

00:35:46.516 --> 00:35:48.412 paused because I think it's a

NOTE Confidence: 0.714272667142857

00:35:48.412 --> 00:35:50.270 challenging question to the answer

NOTE Confidence: 0.714272667142857

00:35:50.270 --> 00:35:52.545 because they're the resources feel

NOTE Confidence: 0.714272667142857

00:35:52.545 --> 00:35:55.198 very limited a lot of the time.

NOTE Confidence: 0.714272667142857

00:35:55.200 --> 00:35:57.520 I know that for non-english,

NOTE Confidence: 0.714272667142857

00:35:57.520 --> 00:36:00.719 non Spanish speaking folks, which we have,

NOTE Confidence: 0.714272667142857

00:36:00.720 --> 00:36:04.206 we've worked with people in the community

NOTE Confidence: 0.714272667142857

00:36:04.206 --> 00:36:07.256 with different levels of English language

NOTE Confidence: 0.714272667142857

00:36:07.256 --> 00:36:10.020 ability and whose first language varies.

NOTE Confidence: 0.714272667142857

00:36:10.020 --> 00:36:13.958 And we do have access to translation and

NOTE Confidence: 0.714272667142857

00:36:13.958 --> 00:36:16.898 interpretation services and we've been

NOTE Confidence: 0.714272667142857

00:36:16.898 --> 00:36:20.518 able to provide services in that way.

NOTE Confidence: 0.714272667142857

00:36:20.520 --> 00:36:23.166 And I believe more recently we're now

NOTE Confidence: 0.714272667142857

00:36:23.166 --> 00:36:25.525 able to actually have an interpreter
NOTE Confidence: 0.714272667142857

00:36:25.525 --> 00:36:27.760 that can come to the homes with us.
NOTE Confidence: 0.714272667142857

00:36:27.760 --> 00:36:31.064 When we do do visits with families
NOTE Confidence: 0.714272667142857

00:36:31.064 --> 00:36:33.280 that need interpretation services,
NOTE Confidence: 0.714272667142857

00:36:33.280 --> 00:36:37.704 which I've used before and has been helpful,
NOTE Confidence: 0.714272667142857

00:36:37.704 --> 00:36:40.624 especially because often we're able
NOTE Confidence: 0.714272667142857

00:36:40.624 --> 00:36:45.281 to have the same person come as an
NOTE Confidence: 0.714272667142857

00:36:45.281 --> 00:36:47.016 interpreter and so they kind of get
NOTE Confidence: 0.714272667142857

00:36:47.016 --> 00:36:47.800 to know the family.
NOTE Confidence: 0.714272667142857

00:36:47.800 --> 00:36:49.024 But it it can,
NOTE Confidence: 0.714272667142857

00:36:49.024 --> 00:36:50.920 it can be a huge barrier,
NOTE Confidence: 0.714272667142857

00:36:50.920 --> 00:36:51.640 I think.
NOTE Confidence: 0.714272667142857

00:36:51.640 --> 00:36:52.720 And we do,
NOTE Confidence: 0.714272667142857

00:36:52.720 --> 00:36:56.622 we definitely need more people that
NOTE Confidence: 0.714272667142857

00:36:56.622 --> 00:37:01.314 are bilingual and in Spanish and
NOTE Confidence: 0.714272667142857

00:37:01.320 --> 00:37:03.282 and every other language because it

NOTE Confidence: 0.714272667142857

00:37:03.282 --> 00:37:05.249 would really be beneficial for us to

NOTE Confidence: 0.714272667142857

00:37:05.249 --> 00:37:07.080 sort of be able to help more people.

NOTE Confidence: 0.86422280375

00:37:07.840 --> 00:37:10.400 I certainly agree. Anyone else want to add?

NOTE Confidence: 0.6660017

00:37:13.040 --> 00:37:15.880 Hi there. I think you're on mute. Yeah,

NOTE Confidence: 0.897044016363636

00:37:15.880 --> 00:37:17.662 I was just agreeing with Bridget

NOTE Confidence: 0.897044016363636

00:37:17.662 --> 00:37:19.200 and shaking my head very,

NOTE Confidence: 0.897044016363636

00:37:19.200 --> 00:37:21.426 very much so because it, yeah,

NOTE Confidence: 0.897044016363636

00:37:21.426 --> 00:37:23.234 I think it speaks to the need in

NOTE Confidence: 0.897044016363636

00:37:23.234 --> 00:37:25.137 the populations like our catchment

NOTE Confidence: 0.897044016363636

00:37:25.137 --> 00:37:27.144 area specifically serves too, right.

NOTE Confidence: 0.897044016363636

00:37:27.144 --> 00:37:29.064 So we're, yeah, it's Shoreline

NOTE Confidence: 0.897044016363636

00:37:29.064 --> 00:37:31.716 towns but we're in New Haven, right.

NOTE Confidence: 0.897044016363636

00:37:31.716 --> 00:37:33.852 And our catchment area really extends

NOTE Confidence: 0.897044016363636

00:37:33.852 --> 00:37:35.691 different ways and Spanish speaking

NOTE Confidence: 0.897044016363636

00:37:35.691 --> 00:37:37.471 communities and like Bridget you

NOTE Confidence: 0.897044016363636

00:37:37.471 --> 00:37:39.878 named as well it's not just Spanish
NOTE Confidence: 0.897044016363636

00:37:39.878 --> 00:37:41.621 speaking but yeah resources are
NOTE Confidence: 0.897044016363636

00:37:41.621 --> 00:37:43.823 are always needed in addition to
NOTE Confidence: 0.897044016363636

00:37:43.823 --> 00:37:45.700 clinicians who really can sit with
NOTE Confidence: 0.897044016363636

00:37:45.700 --> 00:37:47.577 and and and language that clients
NOTE Confidence: 0.897044016363636

00:37:47.577 --> 00:37:49.779 and families and and children feel
NOTE Confidence: 0.897044016363636

00:37:49.779 --> 00:37:51.560 best comfortable in speaking in.
NOTE Confidence: 0.960531734117647

00:37:53.200 --> 00:37:55.344 Thank you. I know that we also have
NOTE Confidence: 0.960531734117647

00:37:55.344 --> 00:37:56.677 partnered very effectively with
NOTE Confidence: 0.960531734117647

00:37:56.677 --> 00:37:58.517 our health system colleagues on
NOTE Confidence: 0.960531734117647

00:37:58.520 --> 00:37:59.915 increasing interpreter resources
NOTE Confidence: 0.960531734117647

00:37:59.915 --> 00:38:02.240 certainly for your in home,
NOTE Confidence: 0.960531734117647

00:38:02.240 --> 00:38:04.600 for all of our in home services but
NOTE Confidence: 0.960531734117647

00:38:04.600 --> 00:38:07.197 also for when children come or in the
NOTE Confidence: 0.960531734117647

00:38:07.197 --> 00:38:11.040 hospital or come to our outpatient clinic.
NOTE Confidence: 0.960531734117647

00:38:11.040 --> 00:38:13.386 So but it's absolutely a tremendous

NOTE Confidence: 0.960531734117647

00:38:13.386 --> 00:38:15.480 need and it's important that we

NOTE Confidence: 0.960531734117647

00:38:15.480 --> 00:38:17.562 also attend to the culture that

NOTE Confidence: 0.960531734117647

00:38:17.562 --> 00:38:19.559 families bring to us as well.

NOTE Confidence: 0.904508326

00:38:21.680 --> 00:38:22.640 Amanda, could I,

NOTE Confidence: 0.904508326

00:38:22.640 --> 00:38:24.880 could I give a question to you?

NOTE Confidence: 0.904508326

00:38:24.880 --> 00:38:29.398 Sure. Could you also talk about the,

NOTE Confidence: 0.904508326

00:38:29.400 --> 00:38:31.156 besides the obviously the

NOTE Confidence: 0.904508326

00:38:31.156 --> 00:38:32.912 information that you provided

NOTE Confidence: 0.904508326

00:38:32.912 --> 00:38:35.280 about the benefits to students,

NOTE Confidence: 0.904508326

00:38:35.280 --> 00:38:36.080 behavioral how,

NOTE Confidence: 0.904508326

00:38:36.080 --> 00:38:38.080 what are some other benefits

NOTE Confidence: 0.904508326

00:38:38.080 --> 00:38:40.420 that might be accrue from having

NOTE Confidence: 0.904508326

00:38:40.420 --> 00:38:42.320 mental health embedded in schools?

NOTE Confidence: 0.9217645733333333

00:38:42.920 --> 00:38:47.122 Absolutely. What a couple of other findings

NOTE Confidence: 0.9217645733333333

00:38:47.122 --> 00:38:50.018 that I didn't have time to delve into

NOTE Confidence: 0.9217645733333333

00:38:50.018 --> 00:38:52.880 were those for a marginalized students.

NOTE Confidence: 0.9217645733333333

00:38:52.880 --> 00:38:55.519 And so in our analysis we found

NOTE Confidence: 0.9217645733333333

00:38:55.519 --> 00:38:58.687 that in those in that reduction

NOTE Confidence: 0.9217645733333333

00:38:58.687 --> 00:39:00.640 of inpatient hospitalizations

NOTE Confidence: 0.9217645733333333

00:39:00.640 --> 00:39:03.815 following ESS services that was even

NOTE Confidence: 0.9217645733333333

00:39:03.815 --> 00:39:05.840 higher for LGBTQ plus students,

NOTE Confidence: 0.9217645733333333

00:39:05.840 --> 00:39:08.400 it was a 62% reduction.

NOTE Confidence: 0.9217645733333333

00:39:08.400 --> 00:39:11.242 And when we looked at weeks and

NOTE Confidence: 0.9217645733333333

00:39:11.242 --> 00:39:14.099 higher level of care that ranged from

NOTE Confidence: 0.9217645733333333

00:39:14.099 --> 00:39:16.480 51 to 68% for non white students.

NOTE Confidence: 0.9217645733333333

00:39:16.480 --> 00:39:18.975 So when we're talking about equitable

NOTE Confidence: 0.9217645733333333

00:39:18.975 --> 00:39:21.050 access especially for students who

NOTE Confidence: 0.9217645733333333

00:39:21.050 --> 00:39:23.537 may be having difficulty for various

NOTE Confidence: 0.9217645733333333

00:39:23.537 --> 00:39:25.432 reasons and getting the mental

NOTE Confidence: 0.9217645733333333

00:39:25.432 --> 00:39:27.239 health services that they need,

NOTE Confidence: 0.9217645733333333

00:39:27.240 --> 00:39:28.968 I think this is has really

NOTE Confidence: 0.9217645733333333
00:39:28.968 --> 00:39:30.484 strong potential getting to meet
NOTE Confidence: 0.9217645733333333
00:39:30.484 --> 00:39:32.039 these students where they are.
NOTE Confidence: 0.9217645733333333
00:39:32.040 --> 00:39:32.200 Thank
NOTE Confidence: 0.92045987
00:39:34.320 --> 00:39:36.880 you. Well, what are the policy
NOTE Confidence: 0.92045987
00:39:36.880 --> 00:39:38.440 implications that you see for the.
NOTE Confidence: 0.9282510383333333
00:39:39.520 --> 00:39:43.558 Yeah, so especially for other for
NOTE Confidence: 0.9282510383333333
00:39:43.560 --> 00:39:46.800 providers or maybe primary care providers.
NOTE Confidence: 0.9282510383333333
00:39:46.800 --> 00:39:49.528 You know, I think this is really a
NOTE Confidence: 0.9282510383333333
00:39:49.528 --> 00:39:53.768 unique opportunity to strengthen advocacy
NOTE Confidence: 0.9282510383333333
00:39:53.768 --> 00:39:57.182 efforts and really coalesce around
NOTE Confidence: 0.9282510383333333
00:39:57.182 --> 00:40:00.199 this notion of it taking a village.
NOTE Confidence: 0.9282510383333333
00:40:00.200 --> 00:40:02.516 And we really think that these
NOTE Confidence: 0.9282510383333333
00:40:02.516 --> 00:40:04.837 data especially looking at the
NOTE Confidence: 0.9282510383333333
00:40:04.837 --> 00:40:06.239 inpatient hospitalizations,
NOTE Confidence: 0.9282510383333333
00:40:06.240 --> 00:40:08.816 higher level of care and how those
NOTE Confidence: 0.9282510383333333

00:40:08.816 --> 00:40:10.372 were reduced following school
NOTE Confidence: 0.9282510383333333

00:40:10.372 --> 00:40:11.831 based mental health services,
NOTE Confidence: 0.9282510383333333

00:40:11.831 --> 00:40:13.973 we really think this has strong
NOTE Confidence: 0.9282510383333333

00:40:13.973 --> 00:40:15.837 policy implication for you know,
NOTE Confidence: 0.9282510383333333

00:40:15.840 --> 00:40:18.540 changing the way that health
NOTE Confidence: 0.9282510383333333

00:40:18.540 --> 00:40:20.700 insurance providers will decide
NOTE Confidence: 0.9282510383333333

00:40:20.700 --> 00:40:23.392 to reimburse services, right.
NOTE Confidence: 0.9282510383333333

00:40:23.392 --> 00:40:26.047 And so right now as it stands,
NOTE Confidence: 0.9282510383333333

00:40:26.047 --> 00:40:28.210 these same services could be provided in
NOTE Confidence: 0.9282510383333333

00:40:28.269 --> 00:40:30.557 a building right next door to the school
NOTE Confidence: 0.9282510383333333

00:40:30.560 --> 00:40:33.638 and be covered by health insurance,
NOTE Confidence: 0.9282510383333333

00:40:33.640 --> 00:40:35.754 but they're not covered in the school.
NOTE Confidence: 0.9282510383333333

00:40:35.760 --> 00:40:37.335 And we're really hoping that data like
NOTE Confidence: 0.9282510383333333

00:40:37.335 --> 00:40:38.999 these might help change that eventually.
NOTE Confidence: 0.9282510383333333

00:40:39.000 --> 00:40:41.560 And this is where we can really use
NOTE Confidence: 0.9282510383333333

00:40:41.560 --> 00:40:43.420 strong vocal support for these kinds

NOTE Confidence: 0.928251038333333

00:40:43.420 --> 00:40:45.320 of services from our colleagues.

NOTE Confidence: 0.824728867272727

00:40:46.240 --> 00:40:47.473 Absolutely. Thank you.

NOTE Confidence: 0.824728867272727

00:40:47.473 --> 00:40:49.939 Another question has come in and

NOTE Confidence: 0.824728867272727

00:40:49.939 --> 00:40:53.384 maybe Rashani, this would be maybe

NOTE Confidence: 0.824728867272727

00:40:53.384 --> 00:40:56.238 you could address it or anyone,

NOTE Confidence: 0.824728867272727

00:40:56.238 --> 00:40:59.171 but can you talk about situations where

NOTE Confidence: 0.824728867272727

00:40:59.171 --> 00:41:01.894 other clinical clinicians biases might

NOTE Confidence: 0.824728867272727

00:41:01.894 --> 00:41:04.679 impact their support for families,

NOTE Confidence: 0.824728867272727

00:41:04.680 --> 00:41:06.320 especially as we're trying to

NOTE Confidence: 0.824728867272727

00:41:06.320 --> 00:41:08.160 think so much about culturally

NOTE Confidence: 0.824728867272727

00:41:08.160 --> 00:41:11.280 sensitive care and then doing that.

NOTE Confidence: 0.87998302

00:41:13.000 --> 00:41:16.230 Thank you. Yeah, I think most of

NOTE Confidence: 0.87998302

00:41:16.230 --> 00:41:18.909 the time our work is really try

NOTE Confidence: 0.87998302

00:41:18.909 --> 00:41:21.483 to help other providers to see

NOTE Confidence: 0.87998302

00:41:21.483 --> 00:41:24.200 the family in a broader view.

NOTE Confidence: 0.87998302

00:41:24.200 --> 00:41:27.326 Of course we need family's permission

NOTE Confidence: 0.87998302

00:41:27.326 --> 00:41:30.635 to especially get consent to see if

NOTE Confidence: 0.87998302

00:41:30.635 --> 00:41:33.295 like if we can support the providers

NOTE Confidence: 0.87998302

00:41:33.383 --> 00:41:36.596 to recognize the impact of trauma in

NOTE Confidence: 0.87998302

00:41:36.596 --> 00:41:39.204 families life and also like learn

NOTE Confidence: 0.87998302

00:41:39.204 --> 00:41:41.730 about what difficulties the the the

NOTE Confidence: 0.87998302

00:41:41.808 --> 00:41:44.160 client or the family or the child

NOTE Confidence: 0.87998302

00:41:44.160 --> 00:41:47.623 had in the past with the providers or

NOTE Confidence: 0.87998302

00:41:47.623 --> 00:41:49.993 just in general accessing services.

NOTE Confidence: 0.87998302

00:41:50.000 --> 00:41:52.160 It is really,

NOTE Confidence: 0.87998302

00:41:52.160 --> 00:41:55.040 really important providers take

NOTE Confidence: 0.87998302

00:41:55.040 --> 00:41:58.036 client as the expert on their life,

NOTE Confidence: 0.87998302

00:41:58.040 --> 00:41:59.704 just listen to them.

NOTE Confidence: 0.87998302

00:41:59.704 --> 00:42:02.200 I had AI had an example,

NOTE Confidence: 0.87998302

00:42:02.200 --> 00:42:05.434 a parent who was with the provider

NOTE Confidence: 0.87998302

00:42:05.440 --> 00:42:08.105 felt really invalidated because the

NOTE Confidence: 0.87998302
00:42:08.105 --> 00:42:10.770 provider looked in the computer
NOTE Confidence: 0.87998302
00:42:10.856 --> 00:42:13.862 and kind of like to took that as an
NOTE Confidence: 0.87998302
00:42:13.862 --> 00:42:15.952 expert on client's life trying to
NOTE Confidence: 0.87998302
00:42:15.952 --> 00:42:18.220 tell her you have this diagnosis
NOTE Confidence: 0.87998302
00:42:18.292 --> 00:42:20.462 you have to do this because of
NOTE Confidence: 0.87998302
00:42:20.462 --> 00:42:22.279 that and really didn't have.
NOTE Confidence: 0.87998302
00:42:22.280 --> 00:42:24.494 He didn't take the client view
NOTE Confidence: 0.87998302
00:42:24.494 --> 00:42:26.804 and she actually told me that
NOTE Confidence: 0.87998302
00:42:26.804 --> 00:42:28.320 I thought very powerful,
NOTE Confidence: 0.87998302
00:42:28.320 --> 00:42:31.434 no one can tell my story like I do.
NOTE Confidence: 0.87998302
00:42:31.440 --> 00:42:34.392 I have to tell the I had to tell
NOTE Confidence: 0.87998302
00:42:34.392 --> 00:42:37.639 the provider what actually went on.
NOTE Confidence: 0.87998302
00:42:37.640 --> 00:42:39.390 So I think it's really important to
NOTE Confidence: 0.87998302
00:42:39.390 --> 00:42:41.079 take the client centered approach,
NOTE Confidence: 0.87998302
00:42:41.080 --> 00:42:42.733 empower the client,
NOTE Confidence: 0.87998302

00:42:42.733 --> 00:42:46.590 focus on clients strength needs and let
NOTE Confidence: 0.87998302

00:42:46.688 --> 00:42:50.517 them make choices and support the growth.
NOTE Confidence: 0.87998302

00:42:50.520 --> 00:42:52.800 Also taking a holistic approach
NOTE Confidence: 0.87998302

00:42:52.800 --> 00:42:55.080 client to receive services with
NOTE Confidence: 0.87998302

00:42:55.080 --> 00:42:57.125 physical health and mental health
NOTE Confidence: 0.87998302

00:42:57.125 --> 00:42:59.988 other services and one of the most
NOTE Confidence: 0.87998302

00:42:59.988 --> 00:43:02.232 important thing that I also see
NOTE Confidence: 0.87998302

00:43:02.232 --> 00:43:04.916 providers can hold cultural biases on
NOTE Confidence: 0.87998302

00:43:04.916 --> 00:43:07.772 assuming that may things that impact
NOTE Confidence: 0.87998302

00:43:07.772 --> 00:43:10.239 the interaction with the clients.
NOTE Confidence: 0.87998302

00:43:10.240 --> 00:43:13.996 Some providers comfort level can be
NOTE Confidence: 0.87998302

00:43:14.000 --> 00:43:16.863 difficult for them to stay with the
NOTE Confidence: 0.87998302

00:43:16.863 --> 00:43:20.006 client when the client coming with the
NOTE Confidence: 0.87998302

00:43:20.006 --> 00:43:23.480 high anxiety or intense and become defense.
NOTE Confidence: 0.87998302

00:43:23.480 --> 00:43:25.432 I think those are the some of the
NOTE Confidence: 0.87998302

00:43:25.432 --> 00:43:26.957 things that we can address and

NOTE Confidence: 0.87998302

00:43:26.960 --> 00:43:28.736 support providers to understand

NOTE Confidence: 0.87998302

00:43:28.736 --> 00:43:31.400 so families can get the support.

NOTE Confidence: 0.794863015555555

00:43:32.640 --> 00:43:34.755 Thank you for that. Anyone else want to add?

NOTE Confidence: 0.7857092675

00:43:35.840 --> 00:43:36.641 Yeah, thanks Rashawni.

NOTE Confidence: 0.7857092675

00:43:36.641 --> 00:43:39.239 I think you did a a great job summing,

NOTE Confidence: 0.7857092675

00:43:39.240 --> 00:43:40.338 summarizing that all.

NOTE Confidence: 0.7857092675

00:43:40.338 --> 00:43:42.500 And I just kind of going on to

NOTE Confidence: 0.7857092675

00:43:42.500 --> 00:43:43.560 what you said about providers.

NOTE Confidence: 0.7857092675

00:43:43.560 --> 00:43:47.070 I think almost what we can do on our

NOTE Confidence: 0.7857092675

00:43:47.070 --> 00:43:49.186 provider side is like the language

NOTE Confidence: 0.7857092675

00:43:49.186 --> 00:43:51.580 that we use in describing and talking

NOTE Confidence: 0.7857092675

00:43:51.647 --> 00:43:53.561 about our clients and the people

NOTE Confidence: 0.7857092675

00:43:53.561 --> 00:43:55.136 we serve is incredibly important

NOTE Confidence: 0.7857092675

00:43:55.136 --> 00:43:57.320 because you can set up someone when

NOTE Confidence: 0.7857092675

00:43:57.382 --> 00:43:58.892 you're transitioning them to care

NOTE Confidence: 0.7857092675

00:43:58.892 --> 00:44:01.061 a very different way by what you
NOTE Confidence: 0.7857092675

00:44:01.061 --> 00:44:02.571 highlight and what you're showing
NOTE Confidence: 0.7857092675

00:44:02.571 --> 00:44:04.780 about the case and what you're how
NOTE Confidence: 0.7857092675

00:44:04.780 --> 00:44:06.590 you're thinking about another person.
NOTE Confidence: 0.7857092675

00:44:06.590 --> 00:44:09.537 And so there's like stigma about diagnosis
NOTE Confidence: 0.7857092675

00:44:09.537 --> 00:44:12.279 and and how things might present.
NOTE Confidence: 0.7857092675

00:44:12.280 --> 00:44:14.584 And sometimes like you can look at a
NOTE Confidence: 0.7857092675

00:44:14.584 --> 00:44:17.132 child in the referral we get of what
NOTE Confidence: 0.7857092675

00:44:17.132 --> 00:44:18.862 they're described behaviorally as being
NOTE Confidence: 0.7857092675

00:44:18.862 --> 00:44:21.368 like and and what their diagnosis are
NOTE Confidence: 0.7857092675

00:44:21.368 --> 00:44:23.480 and their their level of medication.
NOTE Confidence: 0.7857092675

00:44:23.480 --> 00:44:25.601 And then you meet this really sweet
NOTE Confidence: 0.7857092675

00:44:25.601 --> 00:44:27.880 kid that's just has so many strengths.
NOTE Confidence: 0.7857092675

00:44:27.880 --> 00:44:29.350 And I think what language we
NOTE Confidence: 0.7857092675

00:44:29.350 --> 00:44:30.962 use in sharing and telling about
NOTE Confidence: 0.7857092675

00:44:30.962 --> 00:44:32.971 things like our our clients to each

NOTE Confidence: 0.7857092675

00:44:32.971 --> 00:44:34.359 other is really important.

NOTE Confidence: 0.7857092675

00:44:35.280 --> 00:44:38.320 Absolutely appreciate that.

NOTE Confidence: 0.88031588

00:44:38.320 --> 00:44:40.200 We have another really practical

NOTE Confidence: 0.88031588

00:44:40.200 --> 00:44:42.464 question that if the student needs

NOTE Confidence: 0.88031588

00:44:42.464 --> 00:44:44.676 help at school how is that referral

NOTE Confidence: 0.88031588

00:44:44.680 --> 00:44:47.080 initiated is does it come by the school,

NOTE Confidence: 0.88031588

00:44:47.080 --> 00:44:49.080 by the primary care pediatrician,

NOTE Confidence: 0.88031588

00:44:49.080 --> 00:44:51.399 by the family?

NOTE Confidence: 0.88031588

00:44:51.400 --> 00:44:53.160 Amanda do you want to take that or

NOTE Confidence: 0.908259819444444

00:44:55.080 --> 00:44:57.990 I think I I may need a little more clarity

NOTE Confidence: 0.908259819444444

00:44:58.063 --> 00:45:00.559 by what they mean by help at school.

NOTE Confidence: 0.908259819444444

00:45:00.560 --> 00:45:03.444 I'm I'm gonna go on an assumption

NOTE Confidence: 0.908259819444444

00:45:03.444 --> 00:45:05.999 that this may mean they need

NOTE Confidence: 0.908259819444444

00:45:06.000 --> 00:45:09.440 therapeutic help at school. Yeah.

NOTE Confidence: 0.908259819444444

00:45:09.440 --> 00:45:13.436 So to the best of my knowledge,

NOTE Confidence: 0.908259819444444

00:45:13.440 --> 00:45:18.950 this is generally begun by, well,
NOTE Confidence: 0.908259819444444

00:45:18.950 --> 00:45:23.080 in the schools where these services exist.
NOTE Confidence: 0.908259819444444

00:45:23.080 --> 00:45:25.924 This is generally begun through consultation
NOTE Confidence: 0.908259819444444

00:45:25.924 --> 00:45:29.912 with I think all all parties, the family,
NOTE Confidence: 0.908259819444444

00:45:29.912 --> 00:45:32.378 the student themselves, of course.
NOTE Confidence: 0.908259819444444

00:45:32.378 --> 00:45:35.381 And then the maybe the school psychologist
NOTE Confidence: 0.908259819444444

00:45:35.381 --> 00:45:38.787 who would then refer them for an initial
NOTE Confidence: 0.908259819444444

00:45:38.787 --> 00:45:41.422 evaluation like an intake and then
NOTE Confidence: 0.908259819444444

00:45:41.422 --> 00:45:44.008 determine their eligibility for the in
NOTE Confidence: 0.908259819444444

00:45:44.008 --> 00:45:45.940 school intensive mental health services.
NOTE Confidence: 0.908259819444444

00:45:45.940 --> 00:45:48.760 So I hope that answers the question
NOTE Confidence: 0.908259819444444

00:45:48.760 --> 00:45:51.440 and if not please follow up. OK,
NOTE Confidence: 0.922357013333333

00:45:52.400 --> 00:45:55.788 so so usually by a person in
NOTE Confidence: 0.922357013333333

00:45:55.788 --> 00:45:57.480 the school in college, that's
NOTE Confidence: 0.674730238

00:45:57.480 --> 00:45:59.656 my understanding. Typically yes.
NOTE Confidence: 0.674730238

00:45:59.656 --> 00:46:02.018 But in in the schools in which

NOTE Confidence: 0.674730238

00:46:02.018 --> 00:46:03.880 the ESS services are embedded,

NOTE Confidence: 0.674730238

00:46:03.880 --> 00:46:06.064 the request may come for example

NOTE Confidence: 0.674730238

00:46:06.064 --> 00:46:08.426 from a parent, have the student

NOTE Confidence: 0.674730238

00:46:08.426 --> 00:46:10.114 be evaluated for eligibility.

NOTE Confidence: 0.893768876666667

00:46:12.720 --> 00:46:13.158 You know, for

NOTE Confidence: 0.879819495925926

00:46:13.160 --> 00:46:16.160 all of you, I think mental health and

NOTE Confidence: 0.879819495925926

00:46:16.160 --> 00:46:18.116 advocating for more what children

NOTE Confidence: 0.879819495925926

00:46:18.116 --> 00:46:21.173 need and more services on how you get

NOTE Confidence: 0.879819495925926

00:46:21.173 --> 00:46:23.884 better access to services is a is a

NOTE Confidence: 0.879819495925926

00:46:23.884 --> 00:46:25.998 is a challenge that we all share.

NOTE Confidence: 0.879819495925926

00:46:26.000 --> 00:46:28.416 And I guess I would ask you maybe

NOTE Confidence: 0.879819495925926

00:46:28.416 --> 00:46:31.235 to to talk of a little bit about

NOTE Confidence: 0.879819495925926

00:46:31.235 --> 00:46:34.253 how can families be involved and

NOTE Confidence: 0.879819495925926

00:46:34.253 --> 00:46:36.680 advocating for children broadly,

NOTE Confidence: 0.879819495925926

00:46:36.680 --> 00:46:38.920 but in advocating for the services that

NOTE Confidence: 0.879819495925926

00:46:38.920 --> 00:46:40.840 they want and need for their child.
NOTE Confidence: 0.7554293333333333

00:46:49.130 --> 00:46:51.410 Yeah, I didn't mind getting going.
NOTE Confidence: 0.7554293333333333

00:46:51.410 --> 00:46:52.929 And then I'd love to hear others,
NOTE Confidence: 0.7554293333333333

00:46:52.930 --> 00:46:54.130 too, 'cause I think it,
NOTE Confidence: 0.7554293333333333

00:46:54.130 --> 00:46:56.750 everyone brings in such like
NOTE Confidence: 0.7554293333333333

00:46:56.750 --> 00:46:58.360 great perspective, you know,
NOTE Confidence: 0.7554293333333333

00:46:58.360 --> 00:47:00.040 like everyone's kind of talking about,
NOTE Confidence: 0.7554293333333333

00:47:00.040 --> 00:47:01.240 I know and like our model,
NOTE Confidence: 0.7554293333333333

00:47:01.240 --> 00:47:03.040 like the first month or so,
NOTE Confidence: 0.7554293333333333

00:47:03.040 --> 00:47:04.350 we're really working to gather
NOTE Confidence: 0.7554293333333333

00:47:04.350 --> 00:47:05.398 a lot of information.
NOTE Confidence: 0.7554293333333333

00:47:05.400 --> 00:47:07.080 We're making those calls.
NOTE Confidence: 0.7554293333333333

00:47:07.080 --> 00:47:08.760 We're talking to pediatricians,
NOTE Confidence: 0.7554293333333333

00:47:08.760 --> 00:47:09.780 we're talking to schools.
NOTE Confidence: 0.7554293333333333

00:47:09.780 --> 00:47:11.799 But I think the most important people we
NOTE Confidence: 0.7554293333333333

00:47:11.799 --> 00:47:13.551 need to be talking to are the families

NOTE Confidence: 0.7554293333333333
00:47:13.597 --> 00:47:15.235 that we're sitting in the room with.
NOTE Confidence: 0.7554293333333333
00:47:15.240 --> 00:47:17.396 You know and I think like we've
NOTE Confidence: 0.7554293333333333
00:47:17.396 --> 00:47:19.456 all talked about parents are doing
NOTE Confidence: 0.7554293333333333
00:47:19.456 --> 00:47:21.580 their best and figuring out also
NOTE Confidence: 0.7554293333333333
00:47:21.580 --> 00:47:23.705 what needs they would like to have
NOTE Confidence: 0.7554293333333333
00:47:23.705 --> 00:47:25.477 addressed are are always in the
NOTE Confidence: 0.7554293333333333
00:47:25.477 --> 00:47:27.475 forefront and really pairing with them,
NOTE Confidence: 0.7554293333333333
00:47:27.480 --> 00:47:30.066 joining with them if you will of you
NOTE Confidence: 0.7554293333333333
00:47:30.066 --> 00:47:31.977 know for example like I'm thinking about
NOTE Confidence: 0.7554293333333333
00:47:31.977 --> 00:47:34.078 school services from the lens of our work,
NOTE Confidence: 0.7554293333333333
00:47:34.080 --> 00:47:34.375 right.
NOTE Confidence: 0.7554293333333333
00:47:34.375 --> 00:47:36.735 So we might step into a the picture
NOTE Confidence: 0.7554293333333333
00:47:36.735 --> 00:47:38.787 where kids really struggling in
NOTE Confidence: 0.7554293333333333
00:47:38.787 --> 00:47:40.479 school you know academically,
NOTE Confidence: 0.7554293333333333
00:47:40.480 --> 00:47:42.308 socially, etcetera and their
NOTE Confidence: 0.7554293333333333

00:47:42.308 --> 00:47:44.593 classified maybe as regular education.
NOTE Confidence: 0.7554293333333333

00:47:44.600 --> 00:47:46.400 So it's really sitting down with a kid,
NOTE Confidence: 0.7554293333333333

00:47:46.400 --> 00:47:47.600 it's sitting down with a parent
NOTE Confidence: 0.7554293333333333

00:47:47.600 --> 00:47:48.608 and it's like, hey,
NOTE Confidence: 0.7554293333333333

00:47:48.608 --> 00:47:50.648 what has been your experience
NOTE Confidence: 0.7554293333333333

00:47:50.648 --> 00:47:52.280 with working with schools,
NOTE Confidence: 0.7554293333333333

00:47:52.280 --> 00:47:53.992 fostering relationships with schools
NOTE Confidence: 0.7554293333333333

00:47:53.992 --> 00:47:56.560 and then working with parents too,
NOTE Confidence: 0.7554293333333333

00:47:56.560 --> 00:47:59.278 to write a letter to have a school meeting?
NOTE Confidence: 0.7554293333333333

00:47:59.280 --> 00:48:00.000 Hey, let's chat,
NOTE Confidence: 0.7554293333333333

00:48:00.000 --> 00:48:01.200 let's see what's going on,
NOTE Confidence: 0.7554293333333333

00:48:01.200 --> 00:48:03.640 what's working, what's not.
NOTE Confidence: 0.7554293333333333

00:48:03.640 --> 00:48:05.200 And usually parents,
NOTE Confidence: 0.7554293333333333

00:48:05.200 --> 00:48:08.453 parents know what's best and and we
NOTE Confidence: 0.7554293333333333

00:48:08.453 --> 00:48:10.140 let them be in that seat, that's,
NOTE Confidence: 0.7554293333333333

00:48:10.140 --> 00:48:11.640 that's the seat for them.

NOTE Confidence: 0.8635547333333333
00:48:16.480 --> 00:48:17.158 I think I
NOTE Confidence: 0.95844155
00:48:17.160 --> 00:48:20.970 would. I would like to add sometimes our
NOTE Confidence: 0.95844155
00:48:20.970 --> 00:48:24.680 parents are not aware of the services
NOTE Confidence: 0.95844155
00:48:24.680 --> 00:48:27.679 and resources that are available.
NOTE Confidence: 0.95844155
00:48:27.680 --> 00:48:30.182 Especially thinking about the school when
NOTE Confidence: 0.95844155
00:48:30.182 --> 00:48:33.625 a child is refusing to go to school or
NOTE Confidence: 0.95844155
00:48:33.625 --> 00:48:36.160 child is having difficulties in the school.
NOTE Confidence: 0.95844155
00:48:36.160 --> 00:48:37.520 There are different services
NOTE Confidence: 0.95844155
00:48:37.520 --> 00:48:38.880 that available for parent,
NOTE Confidence: 0.95844155
00:48:38.880 --> 00:48:41.701 but parents get really anxious or parent
NOTE Confidence: 0.95844155
00:48:41.701 --> 00:48:44.011 get really frustrated because it might
NOTE Confidence: 0.95844155
00:48:44.011 --> 00:48:46.810 be because they don't have the trust in
NOTE Confidence: 0.95844155
00:48:46.810 --> 00:48:49.036 the system or trust with the providers
NOTE Confidence: 0.95844155
00:48:49.036 --> 00:48:50.840 or care that they may have received.
NOTE Confidence: 0.95844155
00:48:50.840 --> 00:48:52.235 In the past.
NOTE Confidence: 0.95844155

00:48:52.235 --> 00:48:54.560 Sometimes we had situations that
NOTE Confidence: 0.95844155

00:48:54.560 --> 00:48:57.319 parent actually decided to home school.
NOTE Confidence: 0.95844155

00:48:57.320 --> 00:48:59.624 I think educating them and supporting
NOTE Confidence: 0.95844155

00:48:59.624 --> 00:49:01.628 them to understand what services
NOTE Confidence: 0.95844155

00:49:01.628 --> 00:49:04.435 available for them is also very important.
NOTE Confidence: 0.314084384

00:49:06.960 --> 00:49:10.400 I think a very practical question
NOTE Confidence: 0.77047414

00:49:10.400 --> 00:49:13.137 for all of you working in homes
NOTE Confidence: 0.77047414

00:49:13.137 --> 00:49:15.366 you you well one thing is I it's
NOTE Confidence: 0.77047414

00:49:15.366 --> 00:49:17.074 would like you and in many ways
NOTE Confidence: 0.77047414

00:49:17.074 --> 00:49:19.026 to talk about you you see so much
NOTE Confidence: 0.77047414

00:49:19.026 --> 00:49:21.021 more in homes and you you've talked
NOTE Confidence: 0.77047414

00:49:21.021 --> 00:49:22.692 about that that kind of advantage.
NOTE Confidence: 0.77047414

00:49:22.692 --> 00:49:24.607 But I'm I'm really sure that you
NOTE Confidence: 0.77047414

00:49:24.607 --> 00:49:26.407 have to see a lot of children there
NOTE Confidence: 0.77047414

00:49:26.407 --> 00:49:27.914 who they don't want to go to school.
NOTE Confidence: 0.77047414

00:49:27.920 --> 00:49:31.200 They they prefer the safety of home or

NOTE Confidence: 0.77047414

00:49:31.200 --> 00:49:34.562 whole whole post of reasons and I think

NOTE Confidence: 0.77047414

00:49:34.562 --> 00:49:37.760 that that is sometimes a universal issue.

NOTE Confidence: 0.77047414

00:49:37.760 --> 00:49:40.880 So do you have some practical ideas for

NOTE Confidence: 0.77047414

00:49:40.880 --> 00:49:43.296 parents on how to address where their

NOTE Confidence: 0.77047414

00:49:43.296 --> 00:49:45.120 child does not want to go to school?

NOTE Confidence: 0.6062212

00:49:46.360 --> 00:49:53.572 Oh, what a challenge I think it's yeah,

NOTE Confidence: 0.6062212

00:49:53.572 --> 00:49:56.320 I'm, I, I welcome anybody to

NOTE Confidence: 0.6062212

00:49:56.320 --> 00:49:58.120 jump in here because this is,

NOTE Confidence: 0.6062212

00:49:58.120 --> 00:50:00.440 it's really tough right now.

NOTE Confidence: 0.6062212

00:50:00.440 --> 00:50:02.138 I feel like it's it's something

NOTE Confidence: 0.6062212

00:50:02.138 --> 00:50:03.874 that has been happening and is

NOTE Confidence: 0.6062212

00:50:03.874 --> 00:50:05.234 is like a perpetual challenge.

NOTE Confidence: 0.6062212

00:50:05.240 --> 00:50:09.026 But also since the pandemic started

NOTE Confidence: 0.6062212

00:50:09.026 --> 00:50:11.630 and students started school from

NOTE Confidence: 0.6062212

00:50:11.630 --> 00:50:13.760 home and then maybe never really

NOTE Confidence: 0.6062212

00:50:13.760 --> 00:50:15.422 fully transitioned in new schools

NOTE Confidence: 0.6062212

00:50:15.422 --> 00:50:18.279 gotten much more difficult.

NOTE Confidence: 0.6062212

00:50:18.280 --> 00:50:20.999 I think from a very big in like the

NOTE Confidence: 0.6062212

00:50:20.999 --> 00:50:24.112 most basic sense if the if your child

NOTE Confidence: 0.6062212

00:50:24.112 --> 00:50:26.996 doesn't want to go to school and

NOTE Confidence: 0.6062212

00:50:27.000 --> 00:50:29.216 they are spending a lot of time then

NOTE Confidence: 0.6062212

00:50:29.216 --> 00:50:31.353 on the computer or on video games

NOTE Confidence: 0.6062212

00:50:31.353 --> 00:50:33.641 or like how are they spending the

NOTE Confidence: 0.6062212

00:50:33.641 --> 00:50:36.119 time when they would normally be in

NOTE Confidence: 0.6062212

00:50:36.119 --> 00:50:40.244 school and kind of removing access

NOTE Confidence: 0.6062212

00:50:40.244 --> 00:50:43.668 to those things at the time when

NOTE Confidence: 0.6062212

00:50:43.668 --> 00:50:46.674 they would normally be at school.

NOTE Confidence: 0.6062212

00:50:46.680 --> 00:50:48.330 Because if if the difficulty is

NOTE Confidence: 0.6062212

00:50:48.330 --> 00:50:49.880 that it's preferable to do that.

NOTE Confidence: 0.6062212

00:50:49.880 --> 00:50:52.238 But I think often there's something

NOTE Confidence: 0.933918505882353

00:50:54.520 --> 00:50:57.397 going on under the surface of the

NOTE Confidence: 0.933918505882353

00:50:57.397 --> 00:51:00.571 school refusal and so I would I would

NOTE Confidence: 0.933918505882353

00:51:00.571 --> 00:51:03.880 also recommend working with a clinician

NOTE Confidence: 0.933918505882353

00:51:03.880 --> 00:51:07.047 either in you know an eye caps level

NOTE Confidence: 0.933918505882353

00:51:07.047 --> 00:51:10.327 of care and outpatient level to try to

NOTE Confidence: 0.933918505882353

00:51:10.327 --> 00:51:11.930 understand what is going on and what

NOTE Confidence: 0.933918505882353

00:51:11.984 --> 00:51:13.874 is kind of fueling the school refusal.

NOTE Confidence: 0.933918505882353

00:51:13.880 --> 00:51:15.800 Is it is it around bullying?

NOTE Confidence: 0.933918505882353

00:51:15.800 --> 00:51:18.614 Is it because they don't understand the

NOTE Confidence: 0.933918505882353

00:51:18.614 --> 00:51:21.959 work and it feels uncomfortable to do.

NOTE Confidence: 0.933918505882353

00:51:21.960 --> 00:51:25.356 Is it that school's over stimulating?

NOTE Confidence: 0.933918505882353

00:51:25.360 --> 00:51:27.845 There are so many different reasons that

NOTE Confidence: 0.933918505882353

00:51:27.845 --> 00:51:30.718 kids are not going to school right now.

NOTE Confidence: 0.933918505882353

00:51:30.720 --> 00:51:31.160 And

NOTE Confidence: 0.95919348125

00:51:34.040 --> 00:51:36.175 it takes, it takes like the whole

NOTE Confidence: 0.95919348125

00:51:36.175 --> 00:51:38.837 community to be able to help get them back.

NOTE Confidence: 0.95919348125

00:51:38.840 --> 00:51:40.828 And including a clinician,
NOTE Confidence: 0.95919348125

00:51:40.828 --> 00:51:42.319 including the school.
NOTE Confidence: 0.95919348125

00:51:42.320 --> 00:51:46.635 There's a lot that you can do when
NOTE Confidence: 0.95919348125

00:51:46.635 --> 00:51:49.002 there's some that you can do in terms
NOTE Confidence: 0.95919348125

00:51:49.002 --> 00:51:51.301 of working with the school to help get
NOTE Confidence: 0.95919348125

00:51:51.301 --> 00:51:54.920 the get your child kind of back in if
NOTE Confidence: 0.95919348125

00:51:54.920 --> 00:51:59.400 they don't have any kind of services yet.
NOTE Confidence: 0.95919348125

00:51:59.400 --> 00:52:01.015 You can advocate for something
NOTE Confidence: 0.95919348125

00:52:01.015 --> 00:52:03.040 called a five O 4 plan,
NOTE Confidence: 0.95919348125

00:52:03.040 --> 00:52:04.804 which is if your child has any
NOTE Confidence: 0.95919348125

00:52:04.804 --> 00:52:06.120 kind of psychiatric diagnosis,
NOTE Confidence: 0.95919348125

00:52:06.120 --> 00:52:08.793 they do qualify for a five O 4 plan.
NOTE Confidence: 0.95919348125

00:52:08.800 --> 00:52:11.716 Parent can request this via writing
NOTE Confidence: 0.95919348125

00:52:11.720 --> 00:52:13.197 and have a meeting with the school,
NOTE Confidence: 0.95919348125

00:52:13.200 --> 00:52:18.280 and this is a kind of less formal
NOTE Confidence: 0.95919348125

00:52:18.280 --> 00:52:20.680 way of getting additional services

NOTE Confidence: 0.95919348125

00:52:20.680 --> 00:52:23.360 in place for your for your child.

NOTE Confidence: 0.95919348125

00:52:23.360 --> 00:52:26.395 And that can include maybe like different

NOTE Confidence: 0.95919348125

00:52:26.395 --> 00:52:28.595 ways that their work gets presented to them.

NOTE Confidence: 0.95919348125

00:52:28.600 --> 00:52:31.813 It can include having 1/2 day or

NOTE Confidence: 0.95919348125

00:52:31.813 --> 00:52:34.456 moving their schedule around in a

NOTE Confidence: 0.95919348125

00:52:34.456 --> 00:52:37.193 way so that they're able to attend

NOTE Confidence: 0.95919348125

00:52:37.200 --> 00:52:39.942 a class that's preferable in the

NOTE Confidence: 0.95919348125

00:52:39.942 --> 00:52:42.959 morning and keep them there longer,

NOTE Confidence: 0.95919348125

00:52:42.960 --> 00:52:45.276 spend more time with friends or

NOTE Confidence: 0.95919348125

00:52:45.276 --> 00:52:47.360 be in classes with peers.

NOTE Confidence: 0.95919348125

00:52:47.360 --> 00:52:50.998 And that's like that's an early step.

NOTE Confidence: 0.95919348125

00:52:51.000 --> 00:52:53.286 I know everybody here has also

NOTE Confidence: 0.95919348125

00:52:53.286 --> 00:52:55.721 worked with folks that are having

NOTE Confidence: 0.95919348125

00:52:55.721 --> 00:52:57.397 trouble going to school,

NOTE Confidence: 0.95919348125

00:52:57.400 --> 00:52:58.604 so if you had anything else you

NOTE Confidence: 0.95919348125

00:52:58.604 --> 00:53:00.240 wanted to add, that would be great.
NOTE Confidence: 0.8768395333333333

00:53:04.080 --> 00:53:06.078 Yeah. Bridget, you summarized it really,
NOTE Confidence: 0.8768395333333333

00:53:06.080 --> 00:53:08.456 really wonderfully that there's so many
NOTE Confidence: 0.8768395333333333

00:53:08.456 --> 00:53:11.064 things and the first thing we need
NOTE Confidence: 0.8768395333333333

00:53:11.064 --> 00:53:13.283 to do really is understand what is
NOTE Confidence: 0.8768395333333333

00:53:13.353 --> 00:53:15.795 that reason for the school avoidance,
NOTE Confidence: 0.8768395333333333

00:53:15.800 --> 00:53:18.537 because it can come from all these
NOTE Confidence: 0.8768395333333333

00:53:18.537 --> 00:53:20.990 different things going on at school
NOTE Confidence: 0.8768395333333333

00:53:20.990 --> 00:53:22.598 that makes school stressful.
NOTE Confidence: 0.8768395333333333

00:53:22.600 --> 00:53:24.512 It can also be things that are at
NOTE Confidence: 0.8768395333333333

00:53:24.512 --> 00:53:26.159 home that might be driving it.
NOTE Confidence: 0.8768395333333333

00:53:26.160 --> 00:53:29.463 So that can be a caregiver that the
NOTE Confidence: 0.8768395333333333

00:53:29.463 --> 00:53:31.041 child's really worried about or has
NOTE Confidence: 0.8768395333333333

00:53:31.041 --> 00:53:32.682 a really strong attachment to and
NOTE Confidence: 0.8768395333333333

00:53:32.682 --> 00:53:34.278 has a hard time separating from.
NOTE Confidence: 0.8768395333333333

00:53:34.280 --> 00:53:36.737 It can be a peer that also is not

NOTE Confidence: 0.8768395333333333
00:53:36.737 --> 00:53:38.743 engaging in school somewhere else
NOTE Confidence: 0.8768395333333333
00:53:38.743 --> 00:53:40.823 and they're communicating with and
NOTE Confidence: 0.8768395333333333
00:53:40.823 --> 00:53:43.375 kind of there's a a cohort thing
NOTE Confidence: 0.8768395333333333
00:53:43.375 --> 00:53:46.545 occurring there's it can be really
NOTE Confidence: 0.8768395333333333
00:53:46.545 --> 00:53:48.848 really strong depression and and
NOTE Confidence: 0.8768395333333333
00:53:48.848 --> 00:53:50.368 maybe needing medication support to
NOTE Confidence: 0.8768395333333333
00:53:50.368 --> 00:53:52.537 get out of that because it's it's
NOTE Confidence: 0.8768395333333333
00:53:52.537 --> 00:53:54.037 at a really strong level.
NOTE Confidence: 0.8768395333333333
00:53:54.040 --> 00:53:56.050 So there's so many different reasons
NOTE Confidence: 0.8768395333333333
00:53:56.050 --> 00:53:59.087 and the the best way to start is to be
NOTE Confidence: 0.8768395333333333
00:53:59.087 --> 00:54:01.186 curious and create an open and safe
NOTE Confidence: 0.8768395333333333
00:54:01.186 --> 00:54:03.398 space for that child to really share
NOTE Confidence: 0.8768395333333333
00:54:03.400 --> 00:54:05.680 with you what's going on in their world.
NOTE Confidence: 0.8768395333333333
00:54:05.680 --> 00:54:07.052 So you can kind of figure out
NOTE Confidence: 0.8768395333333333
00:54:07.052 --> 00:54:08.478 OK now how do we tackle it.
NOTE Confidence: 0.8768395333333333

00:54:08.480 --> 00:54:08.600 It's
NOTE Confidence: 0.3625368375

00:54:11.400 --> 00:54:12.120 a fun work to
NOTE Confidence: 0.730982204

00:54:12.240 --> 00:54:14.496 ask you because you've all again
NOTE Confidence: 0.730982204

00:54:14.496 --> 00:54:16.640 been homes for with many children.
NOTE Confidence: 0.730982204

00:54:16.640 --> 00:54:19.200 Have you had a sense of the impact
NOTE Confidence: 0.730982204

00:54:19.273 --> 00:54:21.433 of the pandemic when children were
NOTE Confidence: 0.730982204

00:54:21.433 --> 00:54:23.673 off of spending more time at home
NOTE Confidence: 0.730982204

00:54:23.673 --> 00:54:26.400 or or school was very different.
NOTE Confidence: 0.730982204

00:54:26.400 --> 00:54:27.800 Would you would you have
NOTE Confidence: 0.730982204

00:54:27.800 --> 00:54:28.920 any comments about that?
NOTE Confidence: 0.928012548

00:54:33.680 --> 00:54:36.440 We can, I can jump, But unless OK,
NOTE Confidence: 0.821357731111111

00:54:38.840 --> 00:54:40.028 there's definitely been a
NOTE Confidence: 0.821357731111111

00:54:40.028 --> 00:54:41.513 large impact of the pandemic.
NOTE Confidence: 0.821357731111111

00:54:41.520 --> 00:54:43.548 And I think not only on
NOTE Confidence: 0.821357731111111

00:54:43.548 --> 00:54:45.920 kids but also on caregivers.
NOTE Confidence: 0.821357731111111

00:54:45.920 --> 00:54:48.376 It's kind of everybody from

NOTE Confidence: 0.8213577311111111
00:54:48.376 --> 00:54:50.316 what I've seen going in
NOTE Confidence: 0.8488743
00:54:52.640 --> 00:54:56.044 in that and and Taylor references
NOTE Confidence: 0.8488743
00:54:56.044 --> 00:54:58.879 too of like for kids to be OK,
NOTE Confidence: 0.8488743
00:54:58.880 --> 00:55:01.958 parents also need to be OK,
NOTE Confidence: 0.8488743
00:55:01.960 --> 00:55:03.845 need to be working on
NOTE Confidence: 0.8488743
00:55:03.845 --> 00:55:04.599 understanding themselves,
NOTE Confidence: 0.8488743
00:55:04.600 --> 00:55:05.443 what's triggering them.
NOTE Confidence: 0.8488743
00:55:05.443 --> 00:55:07.129 And I think the pandemic was
NOTE Confidence: 0.8488743
00:55:07.129 --> 00:55:08.598 just an intensely stressful,
NOTE Confidence: 0.8488743
00:55:08.600 --> 00:55:10.680 scary time for everybody.
NOTE Confidence: 0.8488743
00:55:10.680 --> 00:55:14.214 And we were all trying to get
NOTE Confidence: 0.8488743
00:55:14.214 --> 00:55:17.908 by and for a lot of us and felt
NOTE Confidence: 0.8488743
00:55:17.908 --> 00:55:19.478 the lingering effects of that,
NOTE Confidence: 0.8488743
00:55:19.480 --> 00:55:26.416 like this mass deeply scary event are still,
NOTE Confidence: 0.8488743
00:55:26.416 --> 00:55:27.520 they're still present.
NOTE Confidence: 0.8488743

00:55:27.520 --> 00:55:29.450 So we've seen that parental
NOTE Confidence: 0.8488743

00:55:29.450 --> 00:55:31.922 stress has been up and that's
NOTE Confidence: 0.8488743

00:55:31.922 --> 00:55:34.237 impacted kids and vice versa.
NOTE Confidence: 0.8488743

00:55:34.240 --> 00:55:40.584 And even I think still there's the
NOTE Confidence: 0.8488743

00:55:40.584 --> 00:55:45.472 ongoing work of trusting the world again.
NOTE Confidence: 0.8488743

00:55:45.472 --> 00:55:49.593 For some people like it was very
NOTE Confidence: 0.8488743

00:55:49.593 --> 00:55:53.460 scary time and not to discount
NOTE Confidence: 0.8488743

00:55:53.460 --> 00:55:55.860 at the same time kind of all of
NOTE Confidence: 0.8488743

00:55:55.860 --> 00:55:59.200 the social movements that came to
NOTE Confidence: 0.8488743

00:55:59.200 --> 00:56:02.496 afford during the pandemic and that,
NOTE Confidence: 0.8488743

00:56:02.496 --> 00:56:03.520 I mean that's active.
NOTE Confidence: 0.8488743

00:56:03.520 --> 00:56:05.102 That's an active part of our work
NOTE Confidence: 0.8488743

00:56:05.102 --> 00:56:07.315 too of of thinking through the ways
NOTE Confidence: 0.8488743

00:56:07.315 --> 00:56:09.160 that identity and everything impacts,
NOTE Confidence: 0.7506187983333333

00:56:11.920 --> 00:56:14.038 impacts a person's sense of safety.
NOTE Confidence: 0.7506187983333333

00:56:14.040 --> 00:56:17.800 And yeah, so there's been pretty

NOTE Confidence: 0.750618798333333
00:56:17.800 --> 00:56:19.240 significant impacts. Yeah, Taylor,
NOTE Confidence: 0.792500258181818
00:56:19.880 --> 00:56:22.880 well, yeah, I think I think the pandemic
NOTE Confidence: 0.792500258181818
00:56:22.880 --> 00:56:25.005 also normalized disconnection, right.
NOTE Confidence: 0.792500258181818
00:56:25.005 --> 00:56:27.195 That was like actually called for.
NOTE Confidence: 0.792500258181818
00:56:27.200 --> 00:56:29.699 And so especially for children in this
NOTE Confidence: 0.792500258181818
00:56:29.699 --> 00:56:31.549 foundational time where you're working
NOTE Confidence: 0.792500258181818
00:56:31.549 --> 00:56:33.334 on building relationships and where
NOTE Confidence: 0.792500258181818
00:56:33.334 --> 00:56:36.132 like if you if you I guess just even
NOTE Confidence: 0.792500258181818
00:56:36.132 --> 00:56:38.050 thinking about like the world around us,
NOTE Confidence: 0.792500258181818
00:56:38.050 --> 00:56:39.940 what gives us like the lifeblood and
NOTE Confidence: 0.792500258181818
00:56:39.993 --> 00:56:41.873 feeds us and what gives us energy is,
NOTE Confidence: 0.792500258181818
00:56:41.880 --> 00:56:44.465 is community is like outside
NOTE Confidence: 0.792500258181818
00:56:44.465 --> 00:56:47.050 connections or hobbies or communities
NOTE Confidence: 0.792500258181818
00:56:47.132 --> 00:56:49.637 that like bring groups together.
NOTE Confidence: 0.792500258181818
00:56:49.640 --> 00:56:52.700 And when not having those was
NOTE Confidence: 0.792500258181818

00:56:52.700 --> 00:56:55.599 just this foundation for so long,
NOTE Confidence: 0.792500258181818

00:56:55.600 --> 00:56:57.854 I think it's really hard for people
NOTE Confidence: 0.792500258181818

00:56:57.854 --> 00:56:59.479 to transition back into that.
NOTE Confidence: 0.792500258181818

00:56:59.480 --> 00:57:01.442 So like one of the best things we can
NOTE Confidence: 0.792500258181818

00:57:01.442 --> 00:57:03.424 do is get involved, get connected,
NOTE Confidence: 0.792500258181818

00:57:03.424 --> 00:57:06.308 kind of shake some of that disconnection
NOTE Confidence: 0.792500258181818

00:57:06.308 --> 00:57:08.755 up because that's been something people
NOTE Confidence: 0.792500258181818

00:57:08.755 --> 00:57:11.520 have been suffering for a while now.
NOTE Confidence: 0.792500258181818

00:57:11.520 --> 00:57:11.800 Yeah,
NOTE Confidence: 0.831127756666667

00:57:11.800 --> 00:57:13.039 really, really agree.
NOTE Confidence: 0.831127756666667

00:57:13.039 --> 00:57:15.436 So we're just, we're at our time,
NOTE Confidence: 0.831127756666667

00:57:15.436 --> 00:57:17.170 want to thank all the presenters
NOTE Confidence: 0.831127756666667

00:57:17.227 --> 00:57:19.039 for joining and then doing this.
NOTE Confidence: 0.831127756666667

00:57:19.040 --> 00:57:20.680 Really appreciate it.
NOTE Confidence: 0.831127756666667

00:57:20.680 --> 00:57:22.438 And to remind everyone that we
NOTE Confidence: 0.831127756666667

00:57:22.438 --> 00:57:23.976 will have another one coming

NOTE Confidence: 0.831127756666667
00:57:23.976 --> 00:57:26.104 up next week where we will talk
NOTE Confidence: 0.831127756666667
00:57:26.104 --> 00:57:28.012 about parenting and transition,
NOTE Confidence: 0.831127756666667
00:57:28.012 --> 00:57:30.596 adults transitioning to parenthood.
NOTE Confidence: 0.831127756666667
00:57:30.600 --> 00:57:32.000 Look forward to your questions.
NOTE Confidence: 0.831127756666667
00:57:32.000 --> 00:57:34.480 Look forward to joining again.
NOTE Confidence: 0.831127756666667
00:57:34.480 --> 00:57:36.256 Thank you so much for coming
NOTE Confidence: 0.831127756666667
00:57:36.256 --> 00:57:37.825 together to think about children
NOTE Confidence: 0.831127756666667
00:57:37.825 --> 00:57:39.739 and families and to my colleagues
NOTE Confidence: 0.831127756666667
00:57:39.739 --> 00:57:41.560 for such rich presentations.
NOTE Confidence: 0.831127756666667
00:57:41.560 --> 00:57:42.360 Thanks everybody.