Questions about COVID-19?

The Yale Medicine/Yale New Haven COVID-19 Call Center offers information on how to keep yourself and your family healthy.

Health professionals are available to answer your questions.

Monday – Friday
7 am – 7 pm
203.688.1700

Stay safe! We are in this together,
Maura, Courtney, Michelle, and Thai Hien

Visit our study website yalelean.yale.edu
The LEAN Team is able to continue the important work of our study through the COVID-19 restrictions. We will continue to administer questionnaires to all our study participants, both in the Usual Care and Intervention Groups, at the four study timepoints: when you enroll, at the end of your chemotherapy, and at the 1st year and 2nd year anniversary of your enrollment in the study. These questionnaires can be completed online, over the telephone or using paper copies via the US Mail.

All study measurements conducted in-person at the Hospital Research Unit are postponed until further notice. Since these tests are not conducted on all our participants, you will be notified individually for rescheduling as needed.

Visits to the Survivorship Clinic continue to be conducted virtually through the Telehealth option in your Epic MyChart account.

Are you worried about food safety during the COVID-19 pandemic?

*The good news is that the virus is NOT spread through food.*

The virus is spread through respiratory droplets from infected persons. These droplets enter your nose and may infect your lungs. Protect yourself: wash your hands for 20 seconds, don’t touch your face, wear a face mask when out in public and maintain 6 feet of social distance.

While grocery shopping, protect yourself from other shoppers:

1. Prepare a shopping list in advance. You will shop more quickly.
2. Wear a face mask while you are in the store.
3. Wipe down the handles of the shopping cart or basket. If you use reusable shopping bags, ensure they are cleaned or washed before each use.
4. Practice social distancing while shopping – keeping at least 6 feet between you, other shoppers, and store employees. Keep your hands away from your face.
5. Wash your hands with soap and warm water for at least 20 seconds when you return home and again after you put away your groceries.

Watch this video from the Food and Drug Administration, “12 Tips for Grocery Shopping During the Pandemic”.

[https://youtu.be/3TtHg5XgZzI](https://youtu.be/3TtHg5XgZzI)