

Date: 2.23.2013

Study ID: AR

1. YOUR DRINKING

Number of standard “drinks” per week: 28 drinks

Total Number of Heavy Drinking Days over the past month: 2 days

This means that you drink more than 95 % of men/women

2. RISK FACTORS: OTHER DRUG USE

Other Drug Risk: _____ Low _____ Medium X High

3. NEGATIVE CONSEQUENCES

Recent Alcohol Consumption: AUDIT-C score 5

The higher your score, the more likely you are to have health problems related to your alcohol use and alcohol dependence.

AUDIT-C Score	Associated Health Risks
4 or more	Medication adherence decreases as AUDIT-C score increases
6 or more	Increased risk of gastrointestinal bleeding
8 or more	Increased risk of fracture
10 or more	Increased risk of death

On a scale from one to four, how troubled or bothered you are by alcohol problems: 2

On a scale from one to four, how important treatment for alcohol is to you now: 1

4. BLOOD TESTS

AST: 64 Normal range: 10-42 IU/L

ALT: 58 Normal range: 7-55 IU/L

Hepatitis C serology: positive/negative negative Normal: negative

CD4 Count: 625 Normal: 500-1,000 cells/mm³

HIV-1 Viral Load: undetectable Goal: undetectable

VACS Index: 6 Range: 0 – 100 (lower is better)

5. WEB-BASED SUPPORT

Number of hours you accessed web-based self-help counseling or other materials for substance use in the past 30 days: 7