

Date: \_\_\_\_\_

Study ID: \_\_\_\_\_

## 1. YOUR DRINKING

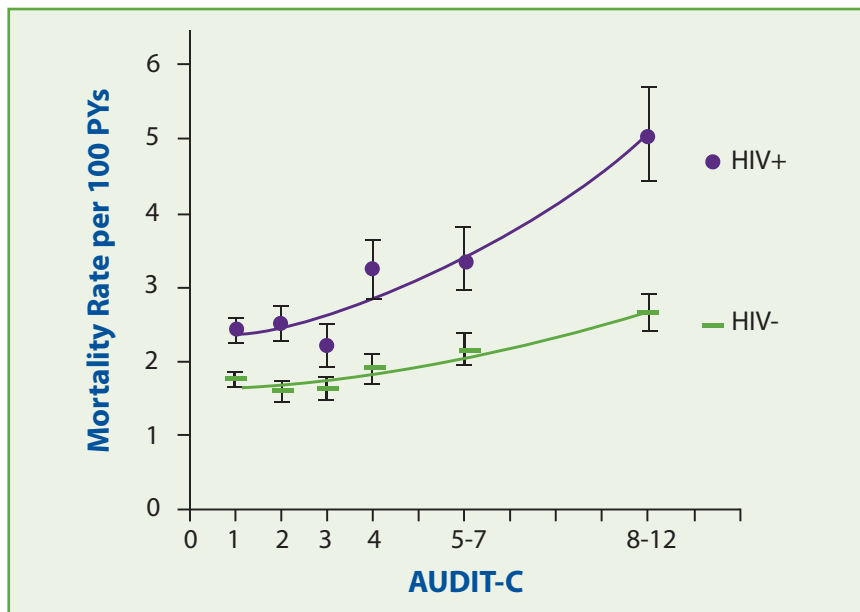
Number of standard “drinks” per week: \_\_\_\_\_ drinks

Total number of heavy drinking days over the past 3 weeks: \_\_\_\_\_ days

This means that you drink more than \_\_\_\_\_% of men/women in your age bracket

Recent alcohol consumption: AUDIT-C Score \_\_\_\_\_

**The lower your score, the lower your likelihood of mortality.**



## 2. BLOOD TESTS

### Liver related Health Status

AST: \_\_\_\_\_ Normal range: 13-55 u/L

ALT: \_\_\_\_\_ Normal range: 7-45 u/L

Hepatitis C Serology: positive/negative Normal: negative

Hepatitis C Viral Load: \_\_\_\_\_ Normal: undetectable

FIB-4 Score: \_\_\_\_\_ Normal <1.45

### HIV Health Status

CD4 Count: \_\_\_\_\_ Normal: 297-1551 cells/mm<sup>3</sup>

HIV-1 Viral Load: \_\_\_\_\_ Goal: undetectable

### Overall Health Status

VACS Index: \_\_\_\_\_ Range: 0-100 (lower is better)