Date: _______________  Study ID: _______________

1. **YOUR DRINKING**
   - Number of standard “drinks” per week: ____________ drinks
   - Total number of heavy drinking days over the past 3 weeks: ____________ days
   - This means that you drink more than ____________% of men/women in your age bracket
   - Recent alcohol consumption: AUDIT-C Score ____________

   *The lower your score, the lower your likelihood of mortality.*

![Graph showing mortality rate per 100 PYs against AUDIT-C score]

2. **BLOOD TESTS**
   - **Liver related Health Status**
     - AST: _______________  Normal range: 10-42 u/L
     - ALT: _______________  Normal range: 7-55 u/L
     - Hepatitis C Serology: positive/negative  Normal: negative
     - Hepatitis C Viral Load: _______________  Normal: undetectable
     - FIB-4 Score: _______________  Normal <1.45

   - **HIV Health Status**
     - CD4 Count: _______________  Normal: >500 cells/mm3
     - HIV-1 Viral Load: _______________  Goal: undetectable

   - **Overall Health Status**
     - VACS Index: _______________  Range: 0-100 (lower is better)