

Date: _____

Study ID: _____

1. YOUR DRINKING

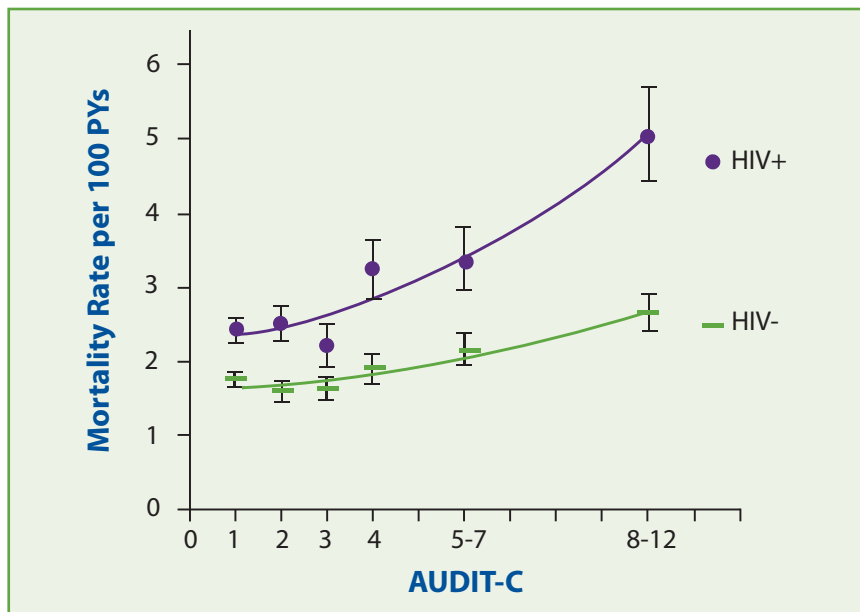
Number of standard “drinks” per week: _____ drinks

Total number of heavy drinking days over the past 3 weeks: _____ days

This means that you drink more than _____% of men/women in your age bracket

Recent alcohol consumption: AUDIT-C Score _____

The lower your score, the lower your likelihood of mortality.



2. BLOOD TESTS

Liver related Health Status

AST: _____ Normal range: 15-41 u/L

ALT: _____ Normal range: 5-58 u/L - male; 5-45 u/L - female

Hepatitis C Serology: positive/negative Normal: negative

Hepatitis C Viral Load: _____ Normal: undetectable

FIB-4 Score: _____ Normal <1.45

HIV Health Status

CD4 Count: _____ Normal: 320-1960 cells/mm³

HIV-1 Viral Load: _____ Goal: undetectable

Overall Health Status

VACS Index: _____ Range: 0-100 (lower is better)