

DOES YOUR RESPIRATOR FIT?

Do-it-yourself fit test

Every time you put on your respirator, test for a good fit:



- Cover filters with your hands and breathe in (negative pressure test). The mask should collapse.

- Cover exhalation port and breathe out (positive pressure test). The mask should puff out without leaking.



If there is a leak with either test, adjust straps and do tests again. If this doesn't work, try a different respirator.