

Faculty Guide

Mobility Clinical Evaluation Exercise (Mini-CEX)

Overview

This Mobility Clinical Evaluation Exercise (Mini-CEX) is designed to use with a learner during a patient encounter. The learner first views the Center for Disease Control and Prevention (CDC) videos and handouts on the Timed Up and Go Test, 30 Second Chair Stand Test and 4 Stage Balance Test. The learner is then observed by a teacher during a patient encounter involving a mobility assessment. The teacher completes the form and then reviews it with the learner to provide feedback of what skills were not observed, partially achieved (prompting required), observed or not applicable. The learner may retain a copy of the form for their educational purposes. The Mobility Clinical Evaluation Exercise (Mini-CEX) may be used multiple times for the same learner.

Instructions

1. The learner views the CDC videos and handouts on the Timed Up and Go Test, 30 Second Chair Stand Test and 4 Stage Balance Test.
2. The learner or teacher obtains consent from the patient to be observed having a standardized form completed during a patient encounter for the learner's education.
3. The teacher enters the date, evaluator name (teacher), learner name and selection of mobility test (ie. Timed Up and Go, 30 Second Chair Stand, or 4 Stage Balance Test) on the form.
4. The teacher observes the learner during a patient mobility assessment encounter.
5. The teacher documents on the form one of four responses (ie not observed, partially achieved, observed or not applicable) about learner's communication with patients, safely performing test, observation of use of assistive devices, scoring of test, discussion of results, and discussion of follow up plans.
6. The teacher documents yes, no or not necessary/no applicable if time was provided for patient and/or family to address concerns about test results.
7. The teacher documents additional comments, observations or feedback.
8. The teacher provides feedback to the learner about the observed communications and behaviors after the patient encounter and reviews the completed form with the learner.
9. The learner may receive a copy of their Mobility Mini-CEX for their record.
10. This form may be used multiple times for the same learner.