



Overall Learning Objectives:

1. Describe the etiology and epidemiology of substance use disorders (SUD).
2. Recognize stigma associated with SUD and demonstrate the use of appropriate language.
3. Screen, assess and evaluate SUD in primary care and other healthcare settings.
4. Summarize pharmacologic treatment and behavioral counseling for SUD.
5. Discuss prevention of SUD and the role of harm reduction to optimize safety.
6. Practice strategies to improve provider wellness through self-reflection and relationship building activities.

Learning Objectives for Motivational Interviewing (MI):

1. Describe the “spirit” of MI and the four principles that guide the behavior change process (i.e. expressing empathy, supporting self-efficacy, developing discrepancy, and rolling with resistance).
2. Observe 1-2 appointments demonstrating MI skills.
3. Conduct at least 2 brief MI consultations with a real patient demonstrating effective counseling skills utilizing the MI style and OARS: open-ended questions, affirmations, reflections, and summaries.
4. Receive feedback from the trainer who will provide written feedback using the MITI.

Learning Objectives for Cognitive Behavioral Therapy (CBT):

1. Describe theory of CBT in the treatment of substance use disorders (SUD) and supporting evidence.
2. Observe 1-2 appointments demonstrating the use of functional analysis.
3. Conduct at least 2 brief consultations with a real patient demonstrating functional analysis.
4. Receive feedback from the trainer who will provide written feedback using a CBT skills tracker.