# FIRST Trial: CM Initial Session Form

Therapist: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_

Participant Study ID: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Session #:\_\_\_\_\_\_

1. Research coordinator performs testing to assess for alcohol use:
   1. BAC: \_\_\_\_\_\_\_\_\_\_ g/dL
2. Social Worker shows participant BAC results: \_\_\_\_\_\_
3. Participant conducts draws with Social Worker for BAC <0.003 g/dL: \_\_\_\_\_\_\_
4. Social Worker conducts Personal Needs Assessment to determine goal area: \_\_\_\_\_\_\_
5. Social Worker discusses goals reducing drinking and medical conditions adversely impacted by alcohol and sets a verifiable goal that can be realistically achieved by the next session: \_\_\_\_\_\_
6. Social Worker informs patient about draws they can earn for completing activities at next visit: \_\_\_\_\_
7. Social Worker visits the VA Canteen with the patient to see what they can earn and/or spend based on BAC (if negative): \_\_\_\_\_\_

` \*show enthusiasm for whatever the participant chooses and tie in how increasing

draws increases changes of obtaining those items

1. Social Worker completes the Reminder Slip to review the number of draws earned at this session, number of potential draws at next session, and the date and time of next session: \_\_\_\_\_\_

CM Tracking Form Completed: \_\_\_\_\_\_\_\_

Length of session: \_\_\_\_\_\_\_\_\_ minutes

Clinician Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Session logged in REDCap by Research Coordinator: Date: \_\_\_\_\_\_\_\_\_ RC initials:\_\_\_\_\_