

WEBVTT

NOTE duration:"00:05:22"

NOTE recognizability:0.864

NOTE language:en-us

NOTE Confidence: 0.865695376363636

00:00:00.000 --> 00:00:01.002 Hi, everyone.

NOTE Confidence: 0.865695376363636

00:00:01.002 --> 00:00:04.008 Welcome to Yale Hospice and Palliative

NOTE Confidence: 0.865695376363636

00:00:04.008 --> 00:00:05.640 Medicine Fellowship program.

NOTE Confidence: 0.865695376363636

00:00:05.640 --> 00:00:07.060 I'm doctor Alex Choi,

NOTE Confidence: 0.865695376363636

00:00:07.060 --> 00:00:08.835 one of our program faculty,

NOTE Confidence: 0.865695376363636

00:00:08.840 --> 00:00:10.520 and I'll be your guide today.

NOTE Confidence: 0.865695376363636

00:00:10.520 --> 00:00:11.920 We're excited to meet you,

NOTE Confidence: 0.865695376363636

00:00:11.920 --> 00:00:14.008 and we hope this video will give you

NOTE Confidence: 0.865695376363636

00:00:14.008 --> 00:00:16.320 a sense of our fellowship experience.

NOTE Confidence: 0.865695376363636

00:00:16.320 --> 00:00:17.865 Let's start with a day in the

NOTE Confidence: 0.865695376363636

00:00:17.865 --> 00:00:19.215 life of a palliative care fellow

NOTE Confidence: 0.865695376363636

00:00:19.215 --> 00:00:21.140 on our inpatient consult service.

NOTE Confidence: 0.757054497777778

00:00:23.550 --> 00:00:25.320 Our fellows begin their day in

NOTE Confidence: 0.757054497777778

00:00:25.320 --> 00:00:26.924 the fellows workroom, which they  
NOTE Confidence: 0.757054497777778

00:00:26.924 --> 00:00:28.709 share with the heme-onc fellows.  
NOTE Confidence: 0.757054497777778

00:00:28.710 --> 00:00:30.458 Here they review charts and  
NOTE Confidence: 0.881693273846154

00:00:30.470 --> 00:00:32.396 prepare for the day. It's important  
NOTE Confidence: 0.881693273846154

00:00:32.396 --> 00:00:34.619 to have a dedicated space to focus.  
NOTE Confidence: 0.868293437142857

00:00:36.120 --> 00:00:38.022 Then we have our daily interdisciplinary  
NOTE Confidence: 0.868293437142857

00:00:38.022 --> 00:00:39.939 morning huddle to run the list  
NOTE Confidence: 0.868293437142857

00:00:39.939 --> 00:00:42.025 and distribute consults. And yes,  
NOTE Confidence: 0.868293437142857

00:00:42.025 --> 00:00:43.855 we're always this happy at work.  
NOTE Confidence: 0.797631747692308

00:00:47.660 --> 00:00:48.800 After the morning Huddle,  
NOTE Confidence: 0.797631747692308

00:00:48.800 --> 00:00:50.893 fellows are welcome to stop by our  
NOTE Confidence: 0.797631747692308

00:00:50.893 --> 00:00:52.539 Palliative Care office where they  
NOTE Confidence: 0.797631747692308

00:00:52.540 --> 00:00:54.430 can grab a bottle of water and  
NOTE Confidence: 0.797631747692308

00:00:54.430 --> 00:00:55.830 hang out with the attendings and  
NOTE Confidence: 0.732194792

00:00:56.440 --> 00:00:59.120 APP's before seeing patients. Hi, Christina.  
NOTE Confidence: 0.880149947

00:01:00.590 --> 00:01:01.830 Our inpatient consults come

NOTE Confidence: 0.880149947

00:01:01.830 --> 00:01:03.690 from all areas of the hospital.

NOTE Confidence: 0.880149947

00:01:03.690 --> 00:01:05.461 Let's stop here at the fountain on

NOTE Confidence: 0.880149947

00:01:05.461 --> 00:01:07.651 the 1st floor where we can see the

NOTE Confidence: 0.880149947

00:01:07.651 --> 00:01:09.021 four pavilions of the hospital.

NOTE Confidence: 0.880149947

00:01:09.030 --> 00:01:10.650 W Pavilion has the CT,

NOTE Confidence: 0.880149947

00:01:10.650 --> 00:01:12.670 ICU and transplant unit.

NOTE Confidence: 0.880149947

00:01:12.670 --> 00:01:14.690 It also houses Pediatrics.

NOTE Confidence: 0.880149947

00:01:14.690 --> 00:01:17.778 S Pavilion has the ED and the neurology,

NOTE Confidence: 0.880149947

00:01:17.778 --> 00:01:20.530 cardiology and surgical units.

NOTE Confidence: 0.880149947

00:01:20.530 --> 00:01:23.458 E Pavilion is home to the Med surg

NOTE Confidence: 0.880149947

00:01:23.458 --> 00:01:25.650 beds and N pavilion houses the

NOTE Confidence: 0.880149947

00:01:25.650 --> 00:01:27.990 medical ICU and several oncology units

NOTE Confidence: 0.880149947

00:01:27.990 --> 00:01:30.290 including separate floors for hematology.

NOTE Confidence: 0.880149947

00:01:30.290 --> 00:01:31.598 Oncology and GYN-ONC.

NOTE Confidence: 0.880149947

00:01:31.598 --> 00:01:33.778 After seeing patients, fellows round

NOTE Confidence: 0.880149947

00:01:33.778 --> 00:01:35.947 with their attendings where learning  
NOTE Confidence: 0.880149947

00:01:35.947 --> 00:01:38.292 is always the priority and of course  
NOTE Confidence: 0.880149947

00:01:38.292 --> 00:01:40.068 we want Fellows to feel supported.  
NOTE Confidence: 0.82379239875

00:01:41.440 --> 00:01:42.900 It's time for lunch.  
NOTE Confidence: 0.82379239875

00:01:42.900 --> 00:01:44.360 The cafeteria is fine,  
NOTE Confidence: 0.82379239875

00:01:44.360 --> 00:01:46.224 but you can't miss out on the food  
NOTE Confidence: 0.82379239875

00:01:46.224 --> 00:01:48.269 carts in front of the medical school.  
NOTE Confidence: 0.82379239875

00:01:48.270 --> 00:01:50.130 There's halal, arepas,  
NOTE Confidence: 0.82379239875

00:01:50.130 --> 00:01:52.798 padmi bibimbap, salads and  
NOTE Confidence: 0.90776588

00:01:52.810 --> 00:01:54.200 lots more to choose from.  
NOTE Confidence: 0.806889725

00:01:57.130 --> 00:01:59.450 In the afternoon, fellows continue bedside  
NOTE Confidence: 0.806889725

00:01:59.450 --> 00:02:01.550 rounds unless they are scheduled for their  
NOTE Confidence: 0.806889725

00:02:01.550 --> 00:02:04.270 weekly half day clinic session. Here's  
NOTE Confidence: 0.870228688333333

00:02:04.270 --> 00:02:06.380 a look at our palliative care clinic on the  
NOTE Confidence: 0.87650211

00:02:06.390 --> 00:02:08.590 4th floor of North Pavilion.  
NOTE Confidence: 0.87650211

00:02:08.590 --> 00:02:10.275 Fellows are assigned to a different

NOTE Confidence: 0.87650211

00:02:10.275 --> 00:02:12.010 attending for each half of the year.

NOTE Confidence: 0.906963385

00:02:18.950 --> 00:02:21.830 Wow, this guy seems really friendly.

NOTE Confidence: 0.9207417

00:02:23.100 --> 00:02:24.480 And that's it for the day.

NOTE Confidence: 0.9207417

00:02:24.480 --> 00:02:27.090 Wait, is that sunlight?

NOTE Confidence: 0.8369283075

00:02:28.120 --> 00:02:29.476 During your time at Yale,

NOTE Confidence: 0.8369283075

00:02:29.476 --> 00:02:31.602 you'll appreciate the many unique things

NOTE Confidence: 0.8369283075

00:02:31.602 --> 00:02:33.660 that are available at our institution.

NOTE Confidence: 0.8369283075

00:02:33.660 --> 00:02:35.380 One example is the oncology

NOTE Confidence: 0.8369283075

00:02:35.380 --> 00:02:37.532 extended care clinic or ECC,

NOTE Confidence: 0.8369283075

00:02:37.532 --> 00:02:40.160 a dedicated space within the hospital

NOTE Confidence: 0.8369283075

00:02:40.241 --> 00:02:42.731 that allows our oncology patients to

NOTE Confidence: 0.8369283075

00:02:42.731 --> 00:02:46.008 bypass the ED and receive urgent care.

NOTE Confidence: 0.8369283075

00:02:46.010 --> 00:02:48.684 During the height of the COVID-19 pandemic,

NOTE Confidence: 0.8369283075

00:02:48.690 --> 00:02:50.442 this space was converted to the

NOTE Confidence: 0.8369283075

00:02:50.442 --> 00:02:51.934 supportive care unit where our

NOTE Confidence: 0.8369283075

00:02:51.934 --> 00:02:53.566 palliative care team took care of  
NOTE Confidence: 0.8369283075

00:02:53.566 --> 00:02:55.539 patients who were comfort measures only.  
NOTE Confidence: 0.867494094

00:02:56.530 --> 00:02:57.590 On the 7th floor is  
NOTE Confidence: 0.83200274

00:02:57.600 --> 00:02:59.766 the Healing Garden, another unique place  
NOTE Confidence: 0.83200274

00:02:59.766 --> 00:03:02.239 available to patients, families and staff.  
NOTE Confidence: 0.863158682666667

00:03:06.910 --> 00:03:08.450 Though our fellows spend a large part  
NOTE Confidence: 0.863158682666667

00:03:08.450 --> 00:03:10.367 of the year at Yale New Haven Hospital,  
NOTE Confidence: 0.863158682666667

00:03:10.370 --> 00:03:12.986 they also have a diverse exposure to several  
NOTE Confidence: 0.863158682666667

00:03:12.986 --> 00:03:15.168 Hospice and Palliative care settings.  
NOTE Confidence: 0.863158682666667

00:03:15.170 --> 00:03:17.235 They spend three weeks with the palliative  
NOTE Confidence: 0.863158682666667

00:03:17.235 --> 00:03:19.685 care team at the West Haven VA and  
NOTE Confidence: 0.863158682666667

00:03:19.685 --> 00:03:21.190 four weeks at Connecticut Hospice,  
NOTE Confidence: 0.863158682666667

00:03:21.190 --> 00:03:23.566 the first Hospice in the US.  
NOTE Confidence: 0.863158682666667

00:03:23.570 --> 00:03:25.282 Fellows also rotate through  
NOTE Confidence: 0.863158682666667

00:03:25.282 --> 00:03:27.422 Middlesex Hospice for four weeks,  
NOTE Confidence: 0.863158682666667

00:03:27.430 --> 00:03:29.558 and later in the year they spent two

NOTE Confidence: 0.863158682666667  
00:03:29.558 --> 00:03:31.759 weeks learning about the role of Hospice  
NOTE Confidence: 0.863158682666667  
00:03:31.759 --> 00:03:33.374 medical director with Doctor Shaban,  
NOTE Confidence: 0.863158682666667  
00:03:33.380 --> 00:03:36.170 a Regional Medical director for VITAS.  
NOTE Confidence: 0.863158682666667  
00:03:36.170 --> 00:03:38.417 Fellows also spend 4 weeks with the  
NOTE Confidence: 0.863158682666667  
00:03:38.417 --> 00:03:40.284 Sunflower palliative care team at  
NOTE Confidence: 0.863158682666667  
00:03:40.284 --> 00:03:41.550 Connecticut Children's Hospital.  
NOTE Confidence: 0.87064614  
00:03:45.630 --> 00:03:46.335 Outside of work,  
NOTE Confidence: 0.87064614  
00:03:46.335 --> 00:03:48.170 there are plenty of fun things to do.  
NOTE Confidence: 0.87064614  
00:03:48.170 --> 00:03:49.970 New Haven is centrally located  
NOTE Confidence: 0.87064614  
00:03:49.970 --> 00:03:52.150 between Boston and New York City,  
NOTE Confidence: 0.87064614  
00:03:52.150 --> 00:03:53.550 making it convenient to access  
NOTE Confidence: 0.87064614  
00:03:53.550 --> 00:03:55.490 either of them on the weekends.  
NOTE Confidence: 0.87064614  
00:03:55.490 --> 00:03:57.586 But you don't have to go that far.  
NOTE Confidence: 0.87064614  
00:03:57.590 --> 00:03:58.758 Art museums.  
NOTE Confidence: 0.87064614  
00:03:58.758 --> 00:04:01.678 Parks, beaches, and of course,  
NOTE Confidence: 0.87064614

00:04:01.680 --> 00:04:04.700 the famous Connecticut Apizz.  
NOTE Confidence: 0.87064614

00:04:04.700 --> 00:04:06.702 New Haven has a diverse culinary  
NOTE Confidence: 0.87064614

00:04:06.702 --> 00:04:08.826 scene with a variety of authentic  
NOTE Confidence: 0.87064614

00:04:08.826 --> 00:04:10.518 cuisines from around the world.  
NOTE Confidence: 0.895936835384616

00:04:21.240 --> 00:04:23.226 The Yale University Campus is also  
NOTE Confidence: 0.895936835384616

00:04:23.226 --> 00:04:25.698 located a few blocks from the hospital.  
NOTE Confidence: 0.895936835384616

00:04:25.700 --> 00:04:27.516 New Haven is fun to explore at night  
NOTE Confidence: 0.895936835384616

00:04:27.520 --> 00:04:29.860 too, with options for restaurants,  
NOTE Confidence: 0.895936835384616

00:04:29.860 --> 00:04:32.700 bars, music and theater venues.  
NOTE Confidence: 0.895936835384616

00:04:32.700 --> 00:04:34.570 We thank the various organizations  
NOTE Confidence: 0.895936835384616

00:04:34.570 --> 00:04:36.440 who are dedicated to enriching  
NOTE Confidence: 0.895936835384616

00:04:36.502 --> 00:04:38.458 the culture of downtown New Haven.  
NOTE Confidence: 0.895936835384616

00:04:38.460 --> 00:04:39.380 For those who are looking  
NOTE Confidence: 0.895936835384616

00:04:39.380 --> 00:04:40.560 to get out of the city,  
NOTE Confidence: 0.895936835384616

00:04:40.560 --> 00:04:42.672 the Connecticut shoreline is home to  
NOTE Confidence: 0.895936835384616

00:04:42.672 --> 00:04:44.940 beautiful views and tasty lobster rolls.



NOTE Confidence: 0.895936835384616

00:04:44.940 --> 00:04:46.434 Families also do day trips to

NOTE Confidence: 0.895936835384616

00:04:46.434 --> 00:04:47.951 the beautiful little towns in the

NOTE Confidence: 0.895936835384616

00:04:47.951 --> 00:04:49.126 northwest corner of the state.

NOTE Confidence: 0.930896625

00:04:51.610 --> 00:04:54.066 Thanks for joining me on this virtual tour.

NOTE Confidence: 0.930896625

00:04:54.070 --> 00:04:56.078 We hope we were able to showcase what

NOTE Confidence: 0.930896625

00:04:56.078 --> 00:04:58.133 makes the Yale Palliative Care program so

NOTE Confidence: 0.930896625

00:04:58.133 --> 00:05:00.391 special and what life in the New Haven

NOTE Confidence: 0.930896625

00:05:00.391 --> 00:05:02.510 area would be like for you and your family.

NOTE Confidence: 0.930896625

00:05:02.510 --> 00:05:04.979 We wish you the best of luck in the match.