

WEBVTT

NOTE duration:"01:31:06.520000"

NOTE language:en-us

NOTE Confidence: 0.86228865

00:00:00.000 --> 00:00:02.415 I will go ahead and get started.

NOTE Confidence: 0.86228865

00:00:02.420 --> 00:00:03.780 So good afternoon everybody.

NOTE Confidence: 0.86228865

00:00:03.780 --> 00:00:05.820 I'm Anna Reesman, director of the

NOTE Confidence: 0.86228865

00:00:05.820 --> 00:00:07.520 Program for Humanities in Medicine,

NOTE Confidence: 0.86228865

00:00:07.520 --> 00:00:11.156 and I'm very glad to welcome you today too.

NOTE Confidence: 0.86228865

00:00:11.160 --> 00:00:13.806 The pointer lecture given by journalist.

NOTE Confidence: 0.86228865

00:00:13.810 --> 00:00:15.578 An author, Susannah Cahalan,

NOTE Confidence: 0.86228865

00:00:15.578 --> 00:00:17.788 which is entitled on being

NOTE Confidence: 0.86228865

00:00:17.788 --> 00:00:19.558 sane in insane places.

NOTE Confidence: 0.86228865

00:00:19.560 --> 00:00:21.231 Pseudoscience science, pseudoscience

NOTE Confidence: 0.86228865

00:00:21.231 --> 00:00:24.573 in psychiatry in the modern era.

NOTE Confidence: 0.86228865

00:00:24.580 --> 00:00:26.482 Susannah Cahalan will be in discussion

NOTE Confidence: 0.86228865

00:00:26.482 --> 00:00:28.792 with Nathan Ha and the session will

NOTE Confidence: 0.86228865

00:00:28.792 --> 00:00:30.427 be moderated by Randy Epstein.

NOTE Confidence: 0.86228865

00:00:30.430 --> 00:00:31.960 We have closed captioning available

NOTE Confidence: 0.86228865

00:00:31.960 --> 00:00:34.010 and the session will be recorded.

NOTE Confidence: 0.86228865

00:00:34.010 --> 00:00:37.055 This lecture is cosponsored by the Young

NOTE Confidence: 0.86228865

00:00:37.055 --> 00:00:39.134 College English Department and the

NOTE Confidence: 0.86228865

00:00:39.134 --> 00:00:41.591 program in the History of Science and

NOTE Confidence: 0.86228865

00:00:41.591 --> 00:00:44.085 Medicine here at Yale School of Medicine.

NOTE Confidence: 0.86228865

00:00:44.090 --> 00:00:45.900 Susannah Cahalan is a journalist

NOTE Confidence: 0.86228865

00:00:45.900 --> 00:00:47.352 based in Brooklyn, NY.

NOTE Confidence: 0.86228865

00:00:47.352 --> 00:00:49.162 She studied English at Washington

NOTE Confidence: 0.86228865

00:00:49.162 --> 00:00:50.610 University in Saint Louis.

NOTE Confidence: 0.86228865

00:00:50.610 --> 00:00:53.137 Her first book was published in 2012,

NOTE Confidence: 0.86228865

00:00:53.140 --> 00:00:54.898 and it was the best selling

NOTE Confidence: 0.86228865

00:00:54.898 --> 00:00:57.101 memoir Brain on Fire in which she

NOTE Confidence: 0.86228865

00:00:57.101 --> 00:00:58.716 chronicled her own struggles with

NOTE Confidence: 0.86228865

00:00:58.716 --> 00:01:00.920 a rare autoimmune disease called

NOTE Confidence: 0.86228865

00:01:00.920 --> 00:01:02.908 anti MDA receptor encephalitis.
NOTE Confidence: 0.86228865

00:01:02.910 --> 00:01:04.932 And she was misdiagnosed in that
NOTE Confidence: 0.86228865

00:01:04.932 --> 00:01:07.259 process with a serious mental illness.
NOTE Confidence: 0.86228865

00:01:07.260 --> 00:01:09.312 The book inspired a 2016 Netflix
NOTE Confidence: 0.86228865

00:01:09.312 --> 00:01:12.023 drama by the same name and her
NOTE Confidence: 0.86228865

00:01:12.023 --> 00:01:13.719 experience contending with the
NOTE Confidence: 0.86228865

00:01:13.719 --> 00:01:16.089 mental health care system has LED.
NOTE Confidence: 0.86228865

00:01:16.090 --> 00:01:17.882 Her to become a leading voice on
NOTE Confidence: 0.86228865

00:01:17.882 --> 00:01:19.334 the treatment of mental illness
NOTE Confidence: 0.86228865

00:01:19.334 --> 00:01:20.590 in the United States.
NOTE Confidence: 0.86228865

00:01:20.590 --> 00:01:22.936 Her second book, The Great Pretender,
NOTE Confidence: 0.86228865

00:01:22.940 --> 00:01:24.368 investigates the influential
NOTE Confidence: 0.86228865

00:01:24.368 --> 00:01:26.272 Pseudopatient experiment conducted by
NOTE Confidence: 0.86228865

00:01:26.272 --> 00:01:28.852 David Rosenhan in the 1970s and its
NOTE Confidence: 0.86228865

00:01:28.852 --> 00:01:31.170 place in the modern history of psychiatry.
NOTE Confidence: 0.86228865

00:01:31.170 --> 00:01:33.942 It was shortlisted for the 2020

NOTE Confidence: 0.86228865

00:01:33.942 --> 00:01:36.350 Royal Society Science Book Award.

NOTE Confidence: 0.86228865

00:01:36.350 --> 00:01:38.779 Kaylyn has also written for the New

NOTE Confidence: 0.86228865

00:01:38.779 --> 00:01:41.220 York Times, the New York Post L,

NOTE Confidence: 0.86228865

00:01:41.220 --> 00:01:42.156 The New Scientist,

NOTE Confidence: 0.86228865

00:01:42.156 --> 00:01:44.028 as well as academic journals including

NOTE Confidence: 0.86228865

00:01:44.028 --> 00:01:46.090 The Lancet and Biological Psychiatry.

NOTE Confidence: 0.86228865

00:01:46.090 --> 00:01:47.080 We're thrilled,

NOTE Confidence: 0.86228865

00:01:47.080 --> 00:01:50.545 be with us here today in Scala.

NOTE Confidence: 0.86228865

00:01:50.550 --> 00:01:52.428 Are discussing today is Doctor Nathan

NOTE Confidence: 0.86228865

00:01:52.428 --> 00:01:54.722 Ha who is currently a resident in

NOTE Confidence: 0.86228865

00:01:54.722 --> 00:01:56.367 the Yale Department of Psychiatry.

NOTE Confidence: 0.86228865

00:01:56.370 --> 00:01:58.368 Doctor Ha earned his MD from

NOTE Confidence: 0.86228865

00:01:58.368 --> 00:02:00.460 Hofstra Northwell in his PhD from

NOTE Confidence: 0.86228865

00:02:00.460 --> 00:02:02.536 Princeton in the history of Science

NOTE Confidence: 0.86228865

00:02:02.536 --> 00:02:04.462 and Gender and ***** Studies.

NOTE Confidence: 0.86228865

00:02:04.462 --> 00:02:06.574 His research focuses on the dynamic
NOTE Confidence: 0.86228865

00:02:06.574 --> 00:02:07.630 relationship between patients,
NOTE Confidence: 0.86228865

00:02:07.630 --> 00:02:08.626 clinicians and researchers
NOTE Confidence: 0.86228865

00:02:08.626 --> 00:02:09.954 in shaping understandings of
NOTE Confidence: 0.86228865

00:02:09.954 --> 00:02:11.510 human health and difference.
NOTE Confidence: 0.86228865

00:02:11.510 --> 00:02:13.394 He is developed and taught classes
NOTE Confidence: 0.86228865

00:02:13.394 --> 00:02:15.380 on the history of psychiatry,
NOTE Confidence: 0.86228865

00:02:15.380 --> 00:02:16.084 LGBTQ, health,
NOTE Confidence: 0.86228865

00:02:16.084 --> 00:02:16.436 race,
NOTE Confidence: 0.86228865

00:02:16.436 --> 00:02:18.900 gender and science is currently working on
NOTE Confidence: 0.86228865

00:02:18.957 --> 00:02:21.358 projects in the field of medical education,
NOTE Confidence: 0.86228865

00:02:21.360 --> 00:02:23.514 aiming to reach health care workers
NOTE Confidence: 0.86228865

00:02:23.514 --> 00:02:25.345 in multiple disciplines to improve
NOTE Confidence: 0.86228865

00:02:25.345 --> 00:02:27.364 care for racial and ***** minorities.
NOTE Confidence: 0.86228865

00:02:27.364 --> 00:02:29.608 Thank you for joining us today,
NOTE Confidence: 0.86228865

00:02:29.610 --> 00:02:31.400 Nathan.

NOTE Confidence: 0.86228865

00:02:31.400 --> 00:02:32.032 And finally,

NOTE Confidence: 0.86228865

00:02:32.032 --> 00:02:33.612 Doctor Randi Hutter Epstein is

NOTE Confidence: 0.86228865

00:02:33.612 --> 00:02:35.568 the writer in residence for the

NOTE Confidence: 0.86228865

00:02:35.568 --> 00:02:37.464 Yale School of Medicine and the

NOTE Confidence: 0.86228865

00:02:37.464 --> 00:02:39.337 Program for Humanities in Medicine,

NOTE Confidence: 0.86228865

00:02:39.340 --> 00:02:41.384 as well as a lecture in the

NOTE Confidence: 0.86228865

00:02:41.384 --> 00:02:42.990 Yale College English Department.

NOTE Confidence: 0.86228865

00:02:42.990 --> 00:02:44.862 Her most recent book is aroused

NOTE Confidence: 0.86228865

00:02:44.862 --> 00:02:46.865 the history of Hormones and how

NOTE Confidence: 0.86228865

00:02:46.865 --> 00:02:48.605 they control just about everything.

NOTE Confidence: 0.86228865

00:02:48.610 --> 00:02:50.696 Randy is a graduate of the Yale

NOTE Confidence: 0.86228865

00:02:50.696 --> 00:02:53.110 School of Medicine and has a degree

NOTE Confidence: 0.86228865

00:02:53.110 --> 00:02:54.570 from Columbia Journalism School,

NOTE Confidence: 0.86228865

00:02:54.570 --> 00:02:56.230 as well as an MPH.

NOTE Confidence: 0.86228865

00:02:56.230 --> 00:02:57.550 She's particularly interested in

NOTE Confidence: 0.86228865

00:02:57.550 --> 00:02:59.200 overlaps of science and society,
NOTE Confidence: 0.86228865

00:02:59.200 --> 00:03:01.270 and I'm hugely grateful that she
NOTE Confidence: 0.86228865

00:03:01.270 --> 00:03:01.960 suggested Susannah.
NOTE Confidence: 0.86228865

00:03:01.960 --> 00:03:02.256 Hey,
NOTE Confidence: 0.86228865

00:03:02.256 --> 00:03:04.328 Lynn is a speaker and I'm thrilled
NOTE Confidence: 0.86228865

00:03:04.328 --> 00:03:04.920 that Randy
NOTE Confidence: 0.87932414

00:03:04.988 --> 00:03:07.599 has agreed to moderate the discussion today.
NOTE Confidence: 0.87932414

00:03:07.600 --> 00:03:09.910 Please feel free to use the Q&A
NOTE Confidence: 0.87932414

00:03:09.910 --> 00:03:11.920 for any questions that you have.
NOTE Confidence: 0.87932414

00:03:11.920 --> 00:03:14.160 We will have about half an hour
NOTE Confidence: 0.87932414

00:03:14.160 --> 00:03:16.570 at the end from 6:00 to 6:30.
NOTE Confidence: 0.87932414

00:03:16.570 --> 00:03:18.478 For questions and discussions
NOTE Confidence: 0.87932414

00:03:18.478 --> 00:03:19.909 with our speakers.
NOTE Confidence: 0.87932414

00:03:19.910 --> 00:03:21.590 So I will turn it over to Randy.
NOTE Confidence: 0.8543975

00:03:24.470 --> 00:03:27.118 I'm grateful to hear to have both Susanna
NOTE Confidence: 0.8543975

00:03:27.118 --> 00:03:29.005 Nathan joining in the conversation and

NOTE Confidence: 0.8543975

00:03:29.005 --> 00:03:31.338 what I thought we do just so everyone

NOTE Confidence: 0.8543975

00:03:31.338 --> 00:03:33.466 sort of knows the lay of the land

NOTE Confidence: 0.8543975

00:03:33.470 --> 00:03:35.570 Susanna is going to speak a little,

NOTE Confidence: 0.8543975

00:03:35.570 --> 00:03:37.691 so those of you who haven't gotten

NOTE Confidence: 0.8543975

00:03:37.691 --> 00:03:39.768 a chance yet to read her book,

NOTE Confidence: 0.8543975

00:03:39.770 --> 00:03:41.270 but I do recommend it.

NOTE Confidence: 0.8543975

00:03:41.270 --> 00:03:43.070 I mean, it's a page Turner,

NOTE Confidence: 0.8543975

00:03:43.070 --> 00:03:44.294 and it's fascinating, so,

NOTE Confidence: 0.8543975

00:03:44.294 --> 00:03:46.130 but you might not have all

NOTE Confidence: 0.8543975

00:03:46.198 --> 00:03:47.827 gotten a chance to read it,

NOTE Confidence: 0.8543975

00:03:47.827 --> 00:03:50.551 so Suzanne is going to give a bit of an

NOTE Confidence: 0.8543975

00:03:50.551 --> 00:03:52.966 introduction for about 15 minutes or so.

NOTE Confidence: 0.8543975

00:03:52.970 --> 00:03:55.294 Nathan will then speak in in response.

NOTE Confidence: 0.8543975

00:03:55.300 --> 00:03:57.308 And then I have a few questions for

NOTE Confidence: 0.8543975

00:03:57.308 --> 00:03:59.458 them to get the conversation going,

NOTE Confidence: 0.8543975

00:03:59.460 --> 00:04:01.604 but Doctor Reese is going to be checking

NOTE Confidence: 0.8543975

00:04:01.604 --> 00:04:03.949 the Q&A so we're really hoping that this

NOTE Confidence: 0.8543975

00:04:03.949 --> 00:04:06.289 can break open into a bigger discussion,

NOTE Confidence: 0.8543975

00:04:06.290 --> 00:04:08.954 so please feel free to add to the Q&A.

NOTE Confidence: 0.8543975

00:04:08.960 --> 00:04:10.445 Will be checking it or

NOTE Confidence: 0.8543975

00:04:10.445 --> 00:04:11.633 doctor Ismali checking it,

NOTE Confidence: 0.8543975

00:04:11.640 --> 00:04:13.760 and now I want to turn it over

NOTE Confidence: 0.8543975

00:04:13.760 --> 00:04:15.436 to Susannah so you can give us

NOTE Confidence: 0.8543975

00:04:15.436 --> 00:04:17.504 some a bit of a background before

NOTE Confidence: 0.8543975

00:04:17.504 --> 00:04:19.360 we enter the conversation.

NOTE Confidence: 0.8543975

00:04:19.360 --> 00:04:22.328 Salute Lee and I just want to say to Anna

NOTE Confidence: 0.8543392

00:04:22.330 --> 00:04:25.306 and to Nathan. Thank you so much for.

NOTE Confidence: 0.8543392

00:04:25.310 --> 00:04:26.855 Rangers say man Randy especially

NOTE Confidence: 0.8543392

00:04:26.855 --> 00:04:29.469 thanks to you and I I was a big

NOTE Confidence: 0.8543392

00:04:29.469 --> 00:04:31.270 fan of rows before we actually met.

NOTE Confidence: 0.8543392

00:04:31.270 --> 00:04:33.870 I think I wrote about it and it's so it's

NOTE Confidence: 0.8543392

00:04:33.940 --> 00:04:36.397 so nice to have it come full circle and

NOTE Confidence: 0.8543392

00:04:36.397 --> 00:04:38.873 and thank you for suggesting me and for

NOTE Confidence: 0.8543392

00:04:38.873 --> 00:04:41.210 being such a real advocate of my work.

NOTE Confidence: 0.8543392

00:04:41.210 --> 00:04:43.198 I'm I'm deeply, deeply appreciative to you,

NOTE Confidence: 0.8543392

00:04:43.200 --> 00:04:44.950 so thank you so much so you

NOTE Confidence: 0.8543392

00:04:44.950 --> 00:04:46.889 know it's it feels really good.

NOTE Confidence: 0.8543392

00:04:46.890 --> 00:04:49.050 I'm going to put out to have a

NOTE Confidence: 0.8543392

00:04:49.050 --> 00:04:51.150 PowerPoint and play some things for you.

NOTE Confidence: 0.8543392

00:04:51.150 --> 00:04:53.138 All feels really good to be here.

NOTE Confidence: 0.8543392

00:04:53.140 --> 00:04:55.516 This is that my I can't believe I'm

NOTE Confidence: 0.8543392

00:04:55.516 --> 00:04:57.508 saying this is my second pointer.

NOTE Confidence: 0.8543392

00:04:57.510 --> 00:05:00.044 And my first pointer was eight years

NOTE Confidence: 0.8543392

00:05:00.044 --> 00:05:02.909 ago and that was when my first book,

NOTE Confidence: 0.8543392

00:05:02.910 --> 00:05:04.860 Brain on Fire, was published around

NOTE Confidence: 0.8543392

00:05:04.860 --> 00:05:06.870 the time it was published,

NOTE Confidence: 0.8543392

00:05:06.870 --> 00:05:09.730 and it was also right around the time that I

NOTE Confidence: 0.8543392

00:05:09.804 --> 00:05:12.814 first started to become interested in what

NOTE Confidence: 0.8543392

00:05:12.814 --> 00:05:15.150 would eventually become my second book,

NOTE Confidence: 0.8543392

00:05:15.150 --> 00:05:16.950 which is the Great Pretender.

NOTE Confidence: 0.8543392

00:05:16.950 --> 00:05:19.086 So there's a lot of connective

NOTE Confidence: 0.8543392

00:05:19.086 --> 00:05:20.910 tissue between my first book,

NOTE Confidence: 0.8543392

00:05:20.910 --> 00:05:22.350 which is a memoir,

NOTE Confidence: 0.8543392

00:05:22.350 --> 00:05:24.150 and between my second book,

NOTE Confidence: 0.8543392

00:05:24.150 --> 00:05:27.685 which was very much not a memoir.

NOTE Confidence: 0.8543392

00:05:27.690 --> 00:05:29.778 So I'm going to go through a little

NOTE Confidence: 0.8543392

00:05:29.778 --> 00:05:31.798 bit of brain on fire just too,

NOTE Confidence: 0.8543392

00:05:31.800 --> 00:05:34.032 and it's it's it's so funny I it's so

NOTE Confidence: 0.8543392

00:05:34.032 --> 00:05:36.120 outside of me now what happens to me

NOTE Confidence: 0.8543392

00:05:36.120 --> 00:05:38.100 and my experience with automated stuff?

NOTE Confidence: 0.8543392

00:05:38.100 --> 00:05:39.941 Latest that it almost is like my

NOTE Confidence: 0.8543392

00:05:39.941 --> 00:05:41.625 experience with brain on fire instead

NOTE Confidence: 0.8543392

00:05:41.625 --> 00:05:43.025 of my own personal experience.

NOTE Confidence: 0.8543392

00:05:43.030 --> 00:05:45.254 It feels so it feels so detached because

NOTE Confidence: 0.8543392

00:05:45.254 --> 00:05:47.684 you know there was a movie made about it.

NOTE Confidence: 0.8543392

00:05:47.690 --> 00:05:49.482 I kind of writing about it made

NOTE Confidence: 0.8543392

00:05:49.482 --> 00:05:51.249 me feel less connected to it,

NOTE Confidence: 0.8543392

00:05:51.250 --> 00:05:52.900 but it's neither here nor there.

NOTE Confidence: 0.8543392

00:05:52.900 --> 00:05:54.832 But this picture is of me at

NOTE Confidence: 0.8543392

00:05:54.832 --> 00:05:56.458 the time when I was sick.

NOTE Confidence: 0.8543392

00:05:56.460 --> 00:05:58.158 I was 24, the most pronounced.

NOTE Confidence: 0.8543392

00:05:58.160 --> 00:05:59.828 Symptoms initially were very

NOTE Confidence: 0.8543392

00:05:59.828 --> 00:06:01.079 very much psychiatric,

NOTE Confidence: 0.8543392

00:06:01.080 --> 00:06:03.576 so there was sorry with depression.

NOTE Confidence: 0.8543392

00:06:03.580 --> 00:06:06.499 Then it kind of morphed into paranoia,

NOTE Confidence: 0.8543392

00:06:06.500 --> 00:06:08.984 then full blown delusions and hallucinations

NOTE Confidence: 0.8543392

00:06:08.984 --> 00:06:12.338 and here's a bit from my medical records.

NOTE Confidence: 0.8543392

00:06:12.340 --> 00:06:15.668 A picture of me on the epilepsy unit,
NOTE Confidence: 0.8543392

00:06:15.670 --> 00:06:18.393 'cause I did also have seizures that
NOTE Confidence: 0.8543392

00:06:18.393 --> 00:06:20.680 were actually never captured Italy,
NOTE Confidence: 0.8543392

00:06:20.680 --> 00:06:22.936 so there was thoughts that maybe
NOTE Confidence: 0.8543392

00:06:22.936 --> 00:06:25.679 were this maybe was pseudo seizures,
NOTE Confidence: 0.8543392

00:06:25.680 --> 00:06:28.669 which again we're seeing this kind of.
NOTE Confidence: 0.8543392

00:06:28.670 --> 00:06:30.320 Merging between psychiatry and neurology,
NOTE Confidence: 0.8543392

00:06:30.320 --> 00:06:32.264 and his questions of what is
NOTE Confidence: 0.8543392

00:06:32.264 --> 00:06:33.930 real and what is not,
NOTE Confidence: 0.8543392

00:06:33.930 --> 00:06:35.420 which would become very important
NOTE Confidence: 0.8543392

00:06:35.420 --> 00:06:37.550 to me in the Great Pretender.
NOTE Confidence: 0.8543392

00:06:37.550 --> 00:06:39.822 But if you kind of read this you
NOTE Confidence: 0.8543392

00:06:39.822 --> 00:06:42.338 can see that there is a lot talked
NOTE Confidence: 0.8543392

00:06:42.338 --> 00:06:44.458 about in terms of my behavior
NOTE Confidence: 0.8543392

00:06:44.458 --> 00:06:46.438 because it was most robust.
NOTE Confidence: 0.8543392

00:06:46.440 --> 00:06:48.080 I was kicking and punching

NOTE Confidence: 0.8543392

00:06:48.080 --> 00:06:49.392 nurses trying to escape,

NOTE Confidence: 0.8543392

00:06:49.400 --> 00:06:50.100 you know,

NOTE Confidence: 0.8543392

00:06:50.100 --> 00:06:52.550 hearing and seeing things that were not

NOTE Confidence: 0.8543392

00:06:52.550 --> 00:06:54.928 there and so the rule out diagnosis at

NOTE Confidence: 0.8543392

00:06:54.928 --> 00:06:57.616 the kind of earliest stages of my month.

NOTE Confidence: 0.8543392

00:06:57.620 --> 00:06:59.040 Long hospitalization were skits,

NOTE Confidence: 0.8543392

00:06:59.040 --> 00:07:00.815 schizoaffective disorder and bipolar one.

NOTE Confidence: 0.8543392

00:07:00.820 --> 00:07:02.304 First I play one,

NOTE Confidence: 0.8543392

00:07:02.304 --> 00:07:03.788 then schizoaffective disorder and

NOTE Confidence: 0.8543392

00:07:03.788 --> 00:07:05.415 ultimately was diagnosed with

NOTE Confidence: 0.8543392

00:07:05.415 --> 00:07:07.059 anti MDA receptor autoimmune

NOTE Confidence: 0.8543392

00:07:07.059 --> 00:07:08.703 encephalitis which really had

NOTE Confidence: 0.816830199999999

00:07:08.761 --> 00:07:10.291 only gotten a name two

NOTE Confidence: 0.816830199999999

00:07:10.291 --> 00:07:11.515 years before my diagnosis.

NOTE Confidence: 0.816830199999999

00:07:11.520 --> 00:07:13.452 I was the 217th person in the

NOTE Confidence: 0.816830199999999

00:07:13.452 --> 00:07:15.825 world to be diagnosed with this
NOTE Confidence: 0.8168301999999999

00:07:15.825 --> 00:07:17.789 newly discovered brain disease.
NOTE Confidence: 0.8168301999999999

00:07:17.790 --> 00:07:19.640 I was an interesting patient.
NOTE Confidence: 0.8168301999999999

00:07:19.640 --> 00:07:22.370 I had a lot of a lot of you know
NOTE Confidence: 0.8168301999999999

00:07:22.461 --> 00:07:24.551 medical students come and kind
NOTE Confidence: 0.8168301999999999

00:07:24.551 --> 00:07:27.760 of got me was kind of exciting.
NOTE Confidence: 0.8168301999999999

00:07:27.760 --> 00:07:29.800 There's a lot of excitement
NOTE Confidence: 0.8168301999999999

00:07:29.800 --> 00:07:31.024 around my diagnosis.
NOTE Confidence: 0.8168301999999999

00:07:31.030 --> 00:07:33.726 And you know, I, my experience was very,
NOTE Confidence: 0.8168301999999999

00:07:33.730 --> 00:07:35.422 very similar to many people
NOTE Confidence: 0.8168301999999999

00:07:35.422 --> 00:07:36.444 with autoimmune encephalitis,
NOTE Confidence: 0.8168301999999999

00:07:36.444 --> 00:07:39.820 and you can see it's 1018 study of 500 cases,
NOTE Confidence: 0.8168301999999999

00:07:39.820 --> 00:07:41.390 so that psychiatric and behavioral
NOTE Confidence: 0.8168301999999999

00:07:41.390 --> 00:07:43.869 symptoms are kind of the most pronounced,
NOTE Confidence: 0.8168301999999999

00:07:43.870 --> 00:07:45.560 and this includes agitation psychotic
NOTE Confidence: 0.8168301999999999

00:07:45.560 --> 00:07:46.914 systems, symptoms and catatonia,

NOTE Confidence: 0.816830199999999
00:07:46.914 --> 00:07:48.604 all of which I experienced.
NOTE Confidence: 0.816830199999999
00:07:48.610 --> 00:07:50.300 So it was in 2013.
NOTE Confidence: 0.816830199999999
00:07:50.300 --> 00:07:50.638 Again,
NOTE Confidence: 0.816830199999999
00:07:50.638 --> 00:07:53.680 when I first when I did my first pointer,
NOTE Confidence: 0.816830199999999
00:07:53.680 --> 00:07:55.522 and when I kind of first
NOTE Confidence: 0.816830199999999
00:07:55.522 --> 00:07:57.565 really dug into this study on
NOTE Confidence: 0.816830199999999
00:07:57.565 --> 00:07:59.420 being sane and insane places,
NOTE Confidence: 0.816830199999999
00:07:59.420 --> 00:08:02.196 and the way that happened was I was.
NOTE Confidence: 0.816830199999999
00:08:02.200 --> 00:08:04.342 Out to eat with two Harvard psychologists
NOTE Confidence: 0.816830199999999
00:08:04.342 --> 00:08:06.039 who study the MDA receptor.
NOTE Confidence: 0.816830199999999
00:08:06.040 --> 00:08:09.560 I was I was on book tour and I had mentioned,
NOTE Confidence: 0.816830199999999
00:08:09.560 --> 00:08:10.132 you know,
NOTE Confidence: 0.816830199999999
00:08:10.132 --> 00:08:12.134 you know my interest in psychiatry and
NOTE Confidence: 0.816830199999999
00:08:12.134 --> 00:08:14.359 the question about whether my illness,
NOTE Confidence: 0.816830199999999
00:08:14.360 --> 00:08:16.642 which is now been kind of branded
NOTE Confidence: 0.816830199999999

00:08:16.642 --> 00:08:17.970 and neurological illness and
NOTE Confidence: 0.816830199999999

00:08:17.970 --> 00:08:19.692 organic illness and how it fit
NOTE Confidence: 0.816830199999999

00:08:19.692 --> 00:08:21.400 into the history of psychiatry.
NOTE Confidence: 0.816830199999999

00:08:21.400 --> 00:08:23.296 I was really interested in that
NOTE Confidence: 0.816830199999999

00:08:23.296 --> 00:08:25.517 and one of the people who I
NOTE Confidence: 0.816830199999999

00:08:25.517 --> 00:08:27.582 was who was out to dinner with
NOTE Confidence: 0.816830199999999

00:08:27.657 --> 00:08:29.715 had suggested that said to me,
NOTE Confidence: 0.816830199999999

00:08:29.720 --> 00:08:32.541 you're kind of like a modern day
NOTE Confidence: 0.816830199999999

00:08:32.541 --> 00:08:34.820 pseudopatient and I had no idea
NOTE Confidence: 0.816830199999999

00:08:34.820 --> 00:08:37.170 what she was talking about and
NOTE Confidence: 0.816830199999999

00:08:37.170 --> 00:08:39.907 she suggested that I read a study
NOTE Confidence: 0.816830199999999

00:08:39.907 --> 00:08:42.650 on being sane in insane places,
NOTE Confidence: 0.816830199999999

00:08:42.650 --> 00:08:45.464 which was published in science in 1973,
NOTE Confidence: 0.816830199999999

00:08:45.470 --> 00:08:48.298 and it is a beautifully worded paper.
NOTE Confidence: 0.816830199999999

00:08:48.300 --> 00:08:51.524 I mean, it reads a little like fiction.
NOTE Confidence: 0.816830199999999

00:08:51.530 --> 00:08:54.358 The opening line is if sanity and

NOTE Confidence: 0.816830199999999
00:08:54.358 --> 00:08:57.190 insanity exists, how shall we know them?
NOTE Confidence: 0.816830199999999
00:08:57.190 --> 00:08:59.210 I mean, it's almost Talmudic,
NOTE Confidence: 0.816830199999999
00:08:59.210 --> 00:09:02.038 and it's in it's kind of intonation.
NOTE Confidence: 0.816830199999999
00:09:02.040 --> 00:09:02.618 There's a.
NOTE Confidence: 0.816830199999999
00:09:02.618 --> 00:09:04.930 A lot to take apart in that the
NOTE Confidence: 0.816830199999999
00:09:05.005 --> 00:09:06.991 question of using sanity and insanity
NOTE Confidence: 0.816830199999999
00:09:06.991 --> 00:09:09.968 in it in a paper about psychiatry,
NOTE Confidence: 0.816830199999999
00:09:09.970 --> 00:09:12.626 which are not terms that are typically used,
NOTE Confidence: 0.816830199999999
00:09:12.630 --> 00:09:14.471 but it really caught fire and a
NOTE Confidence: 0.816830199999999
00:09:14.471 --> 00:09:16.718 lot of it came from the design
NOTE Confidence: 0.816830199999999
00:09:16.718 --> 00:09:18.800 of the experiment which came from
NOTE Confidence: 0.816830199999999
00:09:18.865 --> 00:09:20.597 8 pseudopatients three men,
NOTE Confidence: 0.816830199999999
00:09:20.600 --> 00:09:21.593 five women artists,
NOTE Confidence: 0.816830199999999
00:09:21.593 --> 00:09:23.248 a housewife psychiatrist for psychologist,
NOTE Confidence: 0.816830199999999
00:09:23.250 --> 00:09:24.852 and a pediatrician know why from
NOTE Confidence: 0.816830199999999

00:09:24.852 --> 00:09:27.154 a wide swath of humanity who went
NOTE Confidence: 0.816830199999999

00:09:27.154 --> 00:09:29.104 undercover across 12 hospitals across
NOTE Confidence: 0.816830199999999

00:09:29.104 --> 00:09:31.550 United States, I'm going to play you,
NOTE Confidence: 0.816830199999999

00:09:31.550 --> 00:09:32.234 David Rosenhan,
NOTE Confidence: 0.816830199999999

00:09:32.234 --> 00:09:34.286 describing the study a little bit.
NOTE Confidence: 0.816830199999999

00:09:34.290 --> 00:09:36.466 Just so that you can hear his voice,
NOTE Confidence: 0.816830199999999

00:09:36.470 --> 00:09:36.958 which is,
NOTE Confidence: 0.816830199999999

00:09:36.958 --> 00:09:39.480 I feel such a big part of his persona.
NOTE Confidence: 0.81133157

00:09:41.000 --> 00:09:43.232 The Rosenhan you did a study and in
NOTE Confidence: 0.81133157

00:09:43.232 --> 00:09:45.967 the study you got yourself committed to
NOTE Confidence: 0.81133157

00:09:45.967 --> 00:09:48.077 an institution and mental institution.
NOTE Confidence: 0.81133157

00:09:48.080 --> 00:09:51.848 How did you do this? How did you
NOTE Confidence: 0.81133157

00:09:51.848 --> 00:09:53.560 get them to believe that you were?
NOTE Confidence: 0.81133157

00:09:53.560 --> 00:09:55.684 You are mentally ill or that
NOTE Confidence: 0.81133157

00:09:55.684 --> 00:09:57.156 you had an emotional problem.
NOTE Confidence: 0.81133157

00:09:57.156 --> 00:09:58.926 I would rather hope that my

NOTE Confidence: 0.81133157

00:09:58.926 --> 00:10:00.400 friends would think at least

NOTE Confidence: 0.87603974

00:10:00.400 --> 00:10:02.428 that it wasn't easy.

NOTE Confidence: 0.87603974

00:10:02.430 --> 00:10:04.460 But that's that. May be a

NOTE Confidence: 0.8245411

00:10:04.460 --> 00:10:05.477 matter of dispute.

NOTE Confidence: 0.8245411

00:10:05.477 --> 00:10:07.511 What it really amounted to was

NOTE Confidence: 0.8245411

00:10:07.511 --> 00:10:09.546 faking the set of symptoms that

NOTE Confidence: 0.8245411

00:10:09.546 --> 00:10:11.580 had never before been heard of

NOTE Confidence: 0.8245411

00:10:11.580 --> 00:10:14.219 in a psychiatric hospital. And

NOTE Confidence: 0.89874834

00:10:14.220 --> 00:10:15.895 our expectation was that they

NOTE Confidence: 0.89874834

00:10:15.895 --> 00:10:19.160 would catch us right at the door.

NOTE Confidence: 0.89874834

00:10:19.160 --> 00:10:21.478 The symptoms went something like this.

NOTE Confidence: 0.89874834

00:10:21.480 --> 00:10:22.638 I'm hearing voices,

NOTE Confidence: 0.89874834

00:10:22.638 --> 00:10:24.946 which is a combination of symptom,

NOTE Confidence: 0.89874834

00:10:24.946 --> 00:10:26.878 but usually they ask you

NOTE Confidence: 0.8181305

00:10:26.880 --> 00:10:29.428 what so he heard voices that said

NOTE Confidence: 0.8181305

00:10:29.428 --> 00:10:32.213 thud empty and hollow. That was the.

NOTE Confidence: 0.8181305

00:10:32.213 --> 00:10:34.740 That word is how they all presented

NOTE Confidence: 0.8181305

00:10:34.818 --> 00:10:37.586 in the same set of symptoms he claimed

NOTE Confidence: 0.8181305

00:10:37.586 --> 00:10:40.098 and just based on those symptoms

NOTE Confidence: 0.8181305

00:10:40.098 --> 00:10:42.708 alone not changing any other really

NOTE Confidence: 0.8181305

00:10:42.710 --> 00:10:44.640 significant parts of 1's biography.

NOTE Confidence: 0.8181305

00:10:44.640 --> 00:10:47.316 Maybe just their job if they

NOTE Confidence: 0.8181305

00:10:47.316 --> 00:10:49.100 were worked in medicine.

NOTE Confidence: 0.8181305

00:10:49.100 --> 00:10:51.080 Also, the patients received

NOTE Confidence: 0.8181305

00:10:51.080 --> 00:10:52.565 serious mental health,

NOTE Confidence: 0.8181305

00:10:52.570 --> 00:10:53.558 illness, diagnosis,

NOTE Confidence: 0.8181305

00:10:53.558 --> 00:10:55.040 most mostly schizophrenia,

NOTE Confidence: 0.8181305

00:10:55.040 --> 00:10:57.515 and were hospitalised anywhere from

NOTE Confidence: 0.8181305

00:10:57.515 --> 00:10:59.990 seven days to 52 days.

NOTE Confidence: 0.87182117

00:11:02.040 --> 00:11:04.110 So many beautiful lines from from

NOTE Confidence: 0.87182117

00:11:04.110 --> 00:11:06.502 the the piece, but the ones that

NOTE Confidence: 0.87182117

00:11:06.502 --> 00:11:08.530 really called out to me personally

NOTE Confidence: 0.87182117

00:11:08.600 --> 00:11:11.200 go kind of what I went through and

NOTE Confidence: 0.87182117

00:11:11.200 --> 00:11:13.710 how differently I was treated when my

NOTE Confidence: 0.87182117

00:11:13.710 --> 00:11:15.845 diagnosis was seen as psychiatric versus

NOTE Confidence: 0.87182117

00:11:15.845 --> 00:11:18.260 when it was seen as as neurological.

NOTE Confidence: 0.87182117

00:11:18.260 --> 00:11:19.241 At various points,

NOTE Confidence: 0.87182117

00:11:19.241 --> 00:11:21.203 there was a kind of sometimes

NOTE Confidence: 0.87182117

00:11:21.203 --> 00:11:22.644 direct and sometimes underlying

NOTE Confidence: 0.87182117

00:11:22.644 --> 00:11:25.101 threat that if I didn't improve my

NOTE Confidence: 0.87182117

00:11:25.160 --> 00:11:27.230 behavior I would be sent somewhere

NOTE Confidence: 0.87182117

00:11:27.230 --> 00:11:29.558 else and that somewhere else was

NOTE Confidence: 0.87182117

00:11:29.558 --> 00:11:31.928 probably a psychiatric hospital or.

NOTE Confidence: 0.87182117

00:11:31.930 --> 00:11:34.205 That was the underlying kind of feeling,

NOTE Confidence: 0.87182117

00:11:34.210 --> 00:11:36.100 at least from kind of the nurses

NOTE Confidence: 0.87182117

00:11:36.100 --> 00:11:37.780 who said it specifically.

NOTE Confidence: 0.87182117

00:11:37.780 --> 00:11:39.880 But even in my medical records it
NOTE Confidence: 0.87182117

00:11:39.880 --> 00:11:41.876 kept there was they were actually
NOTE Confidence: 0.87182117

00:11:41.876 --> 00:11:43.596 overt references to moving me
NOTE Confidence: 0.87182117

00:11:43.596 --> 00:11:45.907 out of out of the epilepsy unit.
NOTE Confidence: 0.87182117

00:11:45.910 --> 00:11:47.884 So he talks about how many patients
NOTE Confidence: 0.87182117

00:11:47.884 --> 00:11:49.888 might be seen outside the psychiatric
NOTE Confidence: 0.87182117

00:11:49.888 --> 00:11:52.078 hospital would seem insane in it.
NOTE Confidence: 0.87182117

00:11:52.080 --> 00:11:54.054 This idea of context really changing
NOTE Confidence: 0.87182117

00:11:54.054 --> 00:11:56.629 the way people are seeing and you know,
NOTE Confidence: 0.87182117

00:11:56.630 --> 00:11:58.260 in my own personal experience,
NOTE Confidence: 0.87182117

00:11:58.260 --> 00:12:00.430 even what I was wearing was seen
NOTE Confidence: 0.87182117

00:12:00.430 --> 00:12:02.843 was kind of seen through the lens
NOTE Confidence: 0.87182117

00:12:02.843 --> 00:12:04.603 of my diagnosis at 1.1.
NOTE Confidence: 0.87182117

00:12:04.610 --> 00:12:06.758 The rule out diagnosis was bipolar.
NOTE Confidence: 0.87182117

00:12:06.760 --> 00:12:09.280 One my clothing which was you know,
NOTE Confidence: 0.87182117

00:12:09.280 --> 00:12:11.872 typical clothing a white T shirt and black

NOTE Confidence: 0.87182117

00:12:11.872 --> 00:12:13.939 leggings was described as revealing,

NOTE Confidence: 0.87182117

00:12:13.940 --> 00:12:16.348 which you know was shown as a sign

NOTE Confidence: 0.87182117

00:12:16.348 --> 00:12:18.970 of kind of hypersexuality that might

NOTE Confidence: 0.87182117

00:12:18.970 --> 00:12:21.480 support a bipolar one diagnosis, you know.

NOTE Confidence: 0.87182117

00:12:21.480 --> 00:12:23.280 He also wrote about this.

NOTE Confidence: 0.87182117

00:12:23.280 --> 00:12:25.440 These differences between things that

NOTE Confidence: 0.87182117

00:12:25.440 --> 00:12:27.600 are physical and psychological or

NOTE Confidence: 0.87182117

00:12:27.661 --> 00:12:29.737 psychiatric and how you know there

NOTE Confidence: 0.87182117

00:12:29.737 --> 00:12:31.476 is a tremendous stigma associated

NOTE Confidence: 0.87182117

00:12:31.476 --> 00:12:33.764 with that and and I felt that and

NOTE Confidence: 0.87182117

00:12:33.764 --> 00:12:35.818 so did my family when.

NOTE Confidence: 0.87182117

00:12:35.818 --> 00:12:37.586 The diagnosis became this

NOTE Confidence: 0.87182117

00:12:37.586 --> 00:12:38.800 exciting neurological one.

NOTE Confidence: 0.87182117

00:12:38.800 --> 00:12:42.034 People were far more interested in me,

NOTE Confidence: 0.87182117

00:12:42.040 --> 00:12:45.267 far more interactive, and so you know,

NOTE Confidence: 0.87182117

00:12:45.270 --> 00:12:47.580 he concludes quite damningly in
NOTE Confidence: 0.87182117

00:12:47.580 --> 00:12:49.428 the paper that psychiatrists,
NOTE Confidence: 0.87182117

00:12:49.430 --> 00:12:52.657 at least at the time in 1973,
NOTE Confidence: 0.87182117

00:12:52.660 --> 00:12:54.512 quote cannot distinguish insanity
NOTE Confidence: 0.87182117

00:12:54.512 --> 00:12:55.438 from sanity.
NOTE Confidence: 0.87182117

00:12:55.440 --> 00:12:58.140 Now, these kind of stunts had
NOTE Confidence: 0.87182117

00:12:58.140 --> 00:13:00.520 happened prior about many times,
NOTE Confidence: 0.87182117

00:13:00.520 --> 00:13:02.830 including most famously Nellie Bly,
NOTE Confidence: 0.87182117

00:13:02.830 --> 00:13:05.345 who in 1887 went undercover
NOTE Confidence: 0.87182117

00:13:05.345 --> 00:13:06.854 at Blackwell's Island.
NOTE Confidence: 0.87182117

00:13:06.860 --> 00:13:09.695 And what was different about David Rosenhan
NOTE Confidence: 0.87182117

00:13:09.695 --> 00:13:12.770 was that this was published in Science,
NOTE Confidence: 0.87182117

00:13:12.770 --> 00:13:15.717 one of the most Premier scientific journals.
NOTE Confidence: 0.87182117

00:13:15.720 --> 00:13:18.246 Generalist scientific journals in the world.
NOTE Confidence: 0.87182117

00:13:18.250 --> 00:13:19.938 I mean, this was.
NOTE Confidence: 0.87182117

00:13:19.938 --> 00:13:21.626 This was a beautiful,

NOTE Confidence: 0.87182117

00:13:21.630 --> 00:13:23.740 very evocative paper alongside earliest

NOTE Confidence: 0.87182117

00:13:23.740 --> 00:13:25.850 radiocarbon dates for domesticated animals,

NOTE Confidence: 0.87182117

00:13:25.850 --> 00:13:26.692 you know,

NOTE Confidence: 0.87182117

00:13:26.692 --> 00:13:28.376 very scientific seeming papers,

NOTE Confidence: 0.87182117

00:13:28.380 --> 00:13:31.692 so it gave it this level of kind of

NOTE Confidence: 0.87182117

00:13:31.692 --> 00:13:34.706 scientific expertise that many have argued,

NOTE Confidence: 0.87182117

00:13:34.710 --> 00:13:36.910 and many argue that time.

NOTE Confidence: 0.87182117

00:13:36.910 --> 00:13:38.520 That it did not deserve.

NOTE Confidence: 0.87182117

00:13:38.520 --> 00:13:40.816 You know, and this was an it's

NOTE Confidence: 0.87182117

00:13:40.816 --> 00:13:42.759 important to give some context.

NOTE Confidence: 0.87182117

00:13:42.760 --> 00:13:44.168 This was an extremely

NOTE Confidence: 0.87182117

00:13:44.168 --> 00:13:45.576 fraught time for psychiatry.

NOTE Confidence: 0.87182117

00:13:45.580 --> 00:13:47.698 They were moving away from Freud,

NOTE Confidence: 0.87182117

00:13:47.700 --> 00:13:50.228 for it was starting to kind of be

NOTE Confidence: 0.87182117

00:13:50.228 --> 00:13:52.360 relegated to you know either very

NOTE Confidence: 0.87182117

00:13:52.360 --> 00:13:54.948 much therapy coming out of kind of
NOTE Confidence: 0.87182117

00:13:54.948 --> 00:13:57.174 serious mental illness which we didn't
NOTE Confidence: 0.87182117

00:13:57.174 --> 00:14:00.192 intend it to be in the 1st place and
NOTE Confidence: 0.87182117

00:14:00.192 --> 00:14:02.519 into academia and out of psychiatry,
NOTE Confidence: 0.87182117

00:14:02.520 --> 00:14:05.166 which was starting to really insist that
NOTE Confidence: 0.87182117

00:14:05.166 --> 00:14:08.485 it was part of a medical paradigm and at.
NOTE Confidence: 0.87182117

00:14:08.490 --> 00:14:09.610 At the same time,
NOTE Confidence: 0.87182117

00:14:09.610 --> 00:14:11.290 there was a rise of the
NOTE Confidence: 0.81747335

00:14:11.367 --> 00:14:13.080 anti psychiatry movement,
NOTE Confidence: 0.81747335

00:14:13.080 --> 00:14:14.845 which is really typified by
NOTE Confidence: 0.81747335

00:14:14.845 --> 00:14:16.610 Artie Lange and Thomas Szasz,
NOTE Confidence: 0.81747335

00:14:16.610 --> 00:14:19.081 who are often lumped together who are
NOTE Confidence: 0.81747335

00:14:19.081 --> 00:14:20.140 extremely different ideologically.
NOTE Confidence: 0.81747335

00:14:20.140 --> 00:14:22.436 But the kind of Artie Lange approach
NOTE Confidence: 0.81747335

00:14:22.436 --> 00:14:24.939 was that you know the people who
NOTE Confidence: 0.81747335

00:14:24.939 --> 00:14:27.111 are so called schizophrenics as he

NOTE Confidence: 0.81747335

00:14:27.178 --> 00:14:29.663 called them were actually kind of had

NOTE Confidence: 0.81747335

00:14:29.663 --> 00:14:31.822 super sanity in a very insane world.

NOTE Confidence: 0.81747335

00:14:31.822 --> 00:14:34.261 And and Thomas has had a more hardline

NOTE Confidence: 0.81747335

00:14:34.261 --> 00:14:36.481 approach that the mentally ill are

NOTE Confidence: 0.81747335

00:14:36.481 --> 00:14:38.920 parasites so completely different views.

NOTE Confidence: 0.81747335

00:14:38.920 --> 00:14:39.988 But often lumped together,

NOTE Confidence: 0.81747335

00:14:39.988 --> 00:14:41.926 the thing that they very much shared

NOTE Confidence: 0.81747335

00:14:41.926 --> 00:14:43.356 was distrust and outright distrust

NOTE Confidence: 0.81747335

00:14:43.356 --> 00:14:45.409 of psychiatry as a medical specialty.

NOTE Confidence: 0.81747335

00:14:45.410 --> 00:14:47.738 And at the same time there was popular

NOTE Confidence: 0.81747335

00:14:47.738 --> 00:14:49.839 books and media that were to both.

NOTE Confidence: 0.81747335

00:14:49.840 --> 00:14:52.790 The Snake Pit was a huge movie at the time,

NOTE Confidence: 0.81747335

00:14:52.790 --> 00:14:55.150 and then this came out after this study.

NOTE Confidence: 0.81747335

00:14:55.150 --> 00:14:56.620 But the book was out.

NOTE Confidence: 0.81747335

00:14:56.620 --> 00:14:58.390 One flew over the cuckoos nest,

NOTE Confidence: 0.81747335

00:14:58.390 --> 00:15:00.160 which is probably most famously associated

NOTE Confidence: 0.81747335

00:15:00.160 --> 00:15:01.045 with psychiatric hospitalization.

NOTE Confidence: 0.81747335

00:15:01.050 --> 00:15:03.017 So there was a lot of distrust

NOTE Confidence: 0.81747335

00:15:03.017 --> 00:15:05.468 brewing and I don't have to play this.

NOTE Confidence: 0.81747335

00:15:05.470 --> 00:15:07.750 I'm going to go through it and then

NOTE Confidence: 0.81747335

00:15:07.750 --> 00:15:10.168 at the same time. Rise of medicine.

NOTE Confidence: 0.81747335

00:15:10.168 --> 00:15:12.730 So Thorazine hit the market in 1954.

NOTE Confidence: 0.81747335

00:15:12.730 --> 00:15:13.621 Lithium in 1970.

NOTE Confidence: 0.81747335

00:15:13.621 --> 00:15:16.226 All of a sudden there was a real

NOTE Confidence: 0.81747335

00:15:16.226 --> 00:15:18.950 importance on getting a diagnosis correct,

NOTE Confidence: 0.81747335

00:15:18.950 --> 00:15:21.146 and this was also important to

NOTE Confidence: 0.81747335

00:15:21.146 --> 00:15:22.610 insurance companies as well.

NOTE Confidence: 0.81747335

00:15:22.610 --> 00:15:25.172 And at the same time that David

NOTE Confidence: 0.81747335

00:15:25.172 --> 00:15:26.270 Rosenhan study hit,

NOTE Confidence: 0.81747335

00:15:26.270 --> 00:15:28.466 there was a very damning cross

NOTE Confidence: 0.81747335

00:15:28.466 --> 00:15:30.391 national study that was published

NOTE Confidence: 0.81747335

00:15:30.391 --> 00:15:32.356 that compared diagnosis in America

NOTE Confidence: 0.81747335

00:15:32.356 --> 00:15:35.297 and in the UK and showed that in

NOTE Confidence: 0.81747335

00:15:35.297 --> 00:15:37.635 the UK we were diagnosing the same.

NOTE Confidence: 0.81747335

00:15:37.635 --> 00:15:39.560 Patients were using the term.

NOTE Confidence: 0.81747335

00:15:39.560 --> 00:15:41.040 Bipolar disorder in the US.

NOTE Confidence: 0.81747335

00:15:41.040 --> 00:15:43.098 We are more likely to use the

NOTE Confidence: 0.81747335

00:15:43.098 --> 00:15:43.686 term schizophrenia.

NOTE Confidence: 0.81747335

00:15:43.690 --> 00:15:45.460 So what are these labels mean?

NOTE Confidence: 0.81747335

00:15:45.460 --> 00:15:46.567 There's no reliability.

NOTE Confidence: 0.81747335

00:15:46.567 --> 00:15:48.412 There's no validity that those

NOTE Confidence: 0.81747335

00:15:48.412 --> 00:15:50.510 were the takeaways at the time.

NOTE Confidence: 0.81747335

00:15:50.510 --> 00:15:54.018 When Rosenhan's study hit.

NOTE Confidence: 0.81747335

00:15:54.020 --> 00:15:56.924 The a PA was so disturbed by the

NOTE Confidence: 0.81747335

00:15:56.924 --> 00:15:59.741 fallout which I will show the the

NOTE Confidence: 0.81747335

00:15:59.741 --> 00:16:01.751 incredible response in the mass

NOTE Confidence: 0.81747335

00:16:01.838 --> 00:16:04.932 media at the time that they actually
NOTE Confidence: 0.81747335

00:16:04.932 --> 00:16:07.012 called an emergency meeting to
NOTE Confidence: 0.81747335

00:16:07.012 --> 00:16:09.268 address the bad publicity and out
NOTE Confidence: 0.81747335

00:16:09.268 --> 00:16:11.835 of that meeting emerged a task
NOTE Confidence: 0.81747335

00:16:11.835 --> 00:16:14.005 force headed by Robert Spitzer,
NOTE Confidence: 0.81747335

00:16:14.010 --> 00:16:16.218 who would eventually write the DSM
NOTE Confidence: 0.81747335

00:16:16.218 --> 00:16:18.994 three and I would actually later find
NOTE Confidence: 0.81747335

00:16:18.994 --> 00:16:21.864 that Robert Spitzer was very much very
NOTE Confidence: 0.81747335

00:16:21.943 --> 00:16:25.128 much influenced by David Rosenhan study when.
NOTE Confidence: 0.81747335

00:16:25.130 --> 00:16:27.650 Creating the DSM three criteria.
NOTE Confidence: 0.81747335

00:16:27.650 --> 00:16:29.498 So, and he actually was one of
NOTE Confidence: 0.81747335

00:16:29.498 --> 00:16:31.054 its most vociferous critics, too.
NOTE Confidence: 0.81747335

00:16:31.054 --> 00:16:32.190 He wrote a really,
NOTE Confidence: 0.81747335

00:16:32.190 --> 00:16:33.613 really biting commentary called pseudoscience
NOTE Confidence: 0.81747335

00:16:33.613 --> 00:16:35.028 and Science Logic in remission,
NOTE Confidence: 0.81747335

00:16:35.030 --> 00:16:35.882 and psychiatric diagnosis.

NOTE Confidence: 0.81747335

00:16:35.882 --> 00:16:37.870 And I anyone has questions about Spitzer,

NOTE Confidence: 0.81747335

00:16:37.870 --> 00:16:40.426 Spitzer has a lot more to do with this,

NOTE Confidence: 0.81747335

00:16:40.430 --> 00:16:42.418 and I was had time to show,

NOTE Confidence: 0.81747335

00:16:42.420 --> 00:16:46.180 and I would love to talk about him.

NOTE Confidence: 0.81747335

00:16:46.180 --> 00:16:48.091 So these are some of the some

NOTE Confidence: 0.81747335

00:16:48.091 --> 00:16:49.519 of the articles of times,

NOTE Confidence: 0.81747335

00:16:49.520 --> 00:16:50.628 like psychiatrists fooled by

NOTE Confidence: 0.81747335

00:16:50.628 --> 00:16:51.459 sham simple symptoms.

NOTE Confidence: 0.81747335

00:16:51.460 --> 00:16:53.406 Study finds doctors can't tell the same.

NOTE Confidence: 0.81747335

00:16:53.410 --> 00:16:55.626 You know, some of them played it straight,

NOTE Confidence: 0.81747335

00:16:55.630 --> 00:16:57.854 some of them played it a little bit.

NOTE Confidence: 0.81747335

00:16:57.860 --> 00:17:00.353 You know, a little bit more tongue in cheek.

NOTE Confidence: 0.81747335

00:17:00.360 --> 00:17:01.468 You may be normal,

NOTE Confidence: 0.81747335

00:17:01.468 --> 00:17:02.853 but not to a hospital.

NOTE Confidence: 0.7976015

00:17:02.860 --> 00:17:04.806 You know, the times kind of straightforward.

NOTE Confidence: 0.7976015

00:17:04.810 --> 00:17:06.472 8 feign insanity and tests and
NOTE Confidence: 0.7976015

00:17:06.472 --> 00:17:07.864 are termed insane. Here's another.
NOTE Confidence: 0.7976015

00:17:07.864 --> 00:17:09.249 Here's a kind of mortality.
NOTE Confidence: 0.7976015

00:17:09.250 --> 00:17:12.298 1 Stanford Brain says all shrinks are nuts.
NOTE Confidence: 0.7976015

00:17:12.300 --> 00:17:14.732 So at the time, I cannot overstate the
NOTE Confidence: 0.7976015

00:17:14.732 --> 00:17:17.186 kind of impact this this study had,
NOTE Confidence: 0.7976015

00:17:17.190 --> 00:17:19.146 not only on the field itself,
NOTE Confidence: 0.7976015

00:17:19.150 --> 00:17:20.780 but on the popular view
NOTE Confidence: 0.7976015

00:17:20.780 --> 00:17:22.410 of psychiatry at the time.
NOTE Confidence: 0.7976015

00:17:22.410 --> 00:17:24.360 I'm really interested in it personally,
NOTE Confidence: 0.7976015

00:17:24.360 --> 00:17:26.316 because it really called to me.
NOTE Confidence: 0.7976015

00:17:26.320 --> 00:17:27.564 It felt really true.
NOTE Confidence: 0.7976015

00:17:27.564 --> 00:17:30.456 It felt really real to me and I wanted
NOTE Confidence: 0.7976015

00:17:30.456 --> 00:17:32.682 to figure out more about the study
NOTE Confidence: 0.7976015

00:17:32.751 --> 00:17:35.117 and the person who wrote the study.
NOTE Confidence: 0.7976015

00:17:35.120 --> 00:17:37.395 The man, a man named David Rosen,

NOTE Confidence: 0.7976015

00:17:37.400 --> 00:17:39.030 whose voice you heard earlier.

NOTE Confidence: 0.7976015

00:17:39.030 --> 00:17:40.986 Luckily, his best friend, Florence Keller,

NOTE Confidence: 0.7976015

00:17:40.990 --> 00:17:42.506 rescued his unpublished book.

NOTE Confidence: 0.7976015

00:17:42.506 --> 00:17:45.150 And his diary entries from a trash

NOTE Confidence: 0.7976015

00:17:45.150 --> 00:17:47.590 pile and let me have access to them.

NOTE Confidence: 0.7976015

00:17:47.590 --> 00:17:49.974 So I had well over 100 almost 200

NOTE Confidence: 0.7976015

00:17:49.974 --> 00:17:52.760 pages of an unpublished book, a book.

NOTE Confidence: 0.7976015

00:17:52.760 --> 00:17:55.175 He actually had a book deal with,

NOTE Confidence: 0.7976015

00:17:55.180 --> 00:17:57.250 Doubleday to produce, but never did,

NOTE Confidence: 0.7976015

00:17:57.250 --> 00:17:59.320 and actually was sued by Doubleday.

NOTE Confidence: 0.7976015

00:17:59.320 --> 00:18:01.040 Which kind of created some

NOTE Confidence: 0.7976015

00:18:01.040 --> 00:18:02.416 early questions for me.

NOTE Confidence: 0.7976015

00:18:02.420 --> 00:18:03.800 But I, you know,

NOTE Confidence: 0.7976015

00:18:03.800 --> 00:18:05.528 I'm reading this, this work,

NOTE Confidence: 0.7976015

00:18:05.528 --> 00:18:06.560 and it's fascinating.

NOTE Confidence: 0.7976015

00:18:06.560 --> 00:18:08.365 It's particularly fascinating about his
NOTE Confidence: 0.7976015

00:18:08.365 --> 00:18:10.170 own experience because David Brosnan
NOTE Confidence: 0.7976015

00:18:10.224 --> 00:18:12.019 himself went undercover at Haverford
NOTE Confidence: 0.7976015

00:18:12.019 --> 00:18:13.455 State Hospital in Pennsylvania.
NOTE Confidence: 0.7976015

00:18:13.460 --> 00:18:15.152 And he spent 11 days hospitalised
NOTE Confidence: 0.7976015

00:18:15.152 --> 00:18:16.635 and he was misdiagnosed with
NOTE Confidence: 0.7976015

00:18:16.635 --> 00:18:18.459 schizophrenia and he described a host.
NOTE Confidence: 0.7976015

00:18:18.460 --> 00:18:20.580 This is a letter that he sent home
NOTE Confidence: 0.7976015

00:18:20.580 --> 00:18:22.869 to his son Jack and actually was.
NOTE Confidence: 0.7976015

00:18:22.870 --> 00:18:25.270 But what I found earlier he was really
NOTE Confidence: 0.7976015

00:18:25.270 --> 00:18:27.567 trying to hide the fact that he was.
NOTE Confidence: 0.7976015

00:18:27.570 --> 00:18:28.746 He was taking notes.
NOTE Confidence: 0.7976015

00:18:28.746 --> 00:18:29.628 So he was.
NOTE Confidence: 0.7976015

00:18:29.630 --> 00:18:31.782 This is actually a note about what was
NOTE Confidence: 0.7976015

00:18:31.782 --> 00:18:34.325 going on and it's written every third line.
NOTE Confidence: 0.7976015

00:18:34.330 --> 00:18:36.388 It was very hard to figure out.

NOTE Confidence: 0.7976015

00:18:36.390 --> 00:18:38.378 So it was like it started as

NOTE Confidence: 0.7976015

00:18:38.378 --> 00:18:39.630 an investigation very early.

NOTE Confidence: 0.7976015

00:18:39.630 --> 00:18:41.388 You know, just trying to even

NOTE Confidence: 0.7976015

00:18:41.388 --> 00:18:43.568 parse out what he was saying but.

NOTE Confidence: 0.7976015

00:18:43.570 --> 00:18:45.664 What he what he observed was

NOTE Confidence: 0.7976015

00:18:45.664 --> 00:18:47.060 really kind of abuse,

NOTE Confidence: 0.7976015

00:18:47.060 --> 00:18:47.676 you know,

NOTE Confidence: 0.7976015

00:18:47.676 --> 00:18:49.216 neglect and he described this

NOTE Confidence: 0.7976015

00:18:49.216 --> 00:18:50.900 world of this netherworld,

NOTE Confidence: 0.7976015

00:18:50.900 --> 00:18:53.126 of what it was like to live

NOTE Confidence: 0.7976015

00:18:53.126 --> 00:18:54.740 as a psychiatric patient.

NOTE Confidence: 0.7976015

00:18:54.740 --> 00:18:57.141 Here some diary entries at the time

NOTE Confidence: 0.7976015

00:18:57.141 --> 00:18:59.855 he he eventually found out that no one

NOTE Confidence: 0.7976015

00:18:59.855 --> 00:19:02.070 really cared much about his writing.

NOTE Confidence: 0.7976015

00:19:02.070 --> 00:19:02.766 In fact,

NOTE Confidence: 0.7976015

00:19:02.766 --> 00:19:05.202 he was ignored most of the time.
NOTE Confidence: 0.7976015

00:19:05.210 --> 00:19:07.946 The only time it showed up was actually
NOTE Confidence: 0.7976015

00:19:07.946 --> 00:19:09.936 in nursing notes that he would
NOTE Confidence: 0.7976015

00:19:09.936 --> 00:19:12.540 later get as signs of his pathology.
NOTE Confidence: 0.7976015

00:19:12.540 --> 00:19:16.110 His obsessive need to write.
NOTE Confidence: 0.7976015

00:19:16.110 --> 00:19:17.774 OK, so fascinating stuff.
NOTE Confidence: 0.7976015

00:19:17.774 --> 00:19:19.854 I'm really excited about this,
NOTE Confidence: 0.7976015

00:19:19.860 --> 00:19:22.452 but there are some early indication
NOTE Confidence: 0.7976015

00:19:22.452 --> 00:19:25.279 that things are not as they seem.
NOTE Confidence: 0.7976015

00:19:25.280 --> 00:19:27.786 He keeps changing the word, the,
NOTE Confidence: 0.7976015

00:19:27.786 --> 00:19:29.450 the kind of symptoms.
NOTE Confidence: 0.7976015

00:19:29.450 --> 00:19:32.369 You know, I said that empty hollow,
NOTE Confidence: 0.7976015

00:19:32.370 --> 00:19:35.706 but sometimes he would change it to thud.
NOTE Confidence: 0.7976015

00:19:35.710 --> 00:19:36.528 Dull, hollow,
NOTE Confidence: 0.7976015

00:19:36.528 --> 00:19:38.573 strange inconsistencies in his facts
NOTE Confidence: 0.7976015

00:19:38.573 --> 00:19:41.128 in his kind of data collection.

NOTE Confidence: 0.7976015

00:19:41.130 --> 00:19:43.220 And this real this real,

NOTE Confidence: 0.7976015

00:19:43.220 --> 00:19:45.295 opaque way of dealing with

NOTE Confidence: 0.7976015

00:19:45.295 --> 00:19:46.125 the pseudopatients.

NOTE Confidence: 0.7976015

00:19:46.130 --> 00:19:47.850 The other people involved,

NOTE Confidence: 0.7976015

00:19:47.850 --> 00:19:49.570 the number there were.

NOTE Confidence: 0.7976015

00:19:49.570 --> 00:19:52.450 8 total so you know.

NOTE Confidence: 0.7976015

00:19:52.450 --> 00:19:54.610 Bit by bit I'm starting to kind of be a

NOTE Confidence: 0.7976015

00:19:54.675 --> 00:19:56.894 little bit sceptical of what I'm seeing,

NOTE Confidence: 0.84395224

00:19:56.900 --> 00:19:59.096 and the thing that really there were a lot

NOTE Confidence: 0.84395224

00:19:59.096 --> 00:20:01.620 of minor moments and this is a minor moment,

NOTE Confidence: 0.84395224

00:20:01.620 --> 00:20:03.716 but I share it with you because it's

NOTE Confidence: 0.84395224

00:20:03.716 --> 00:20:05.547 indicative of what I was dealing with,

NOTE Confidence: 0.84395224

00:20:05.550 --> 00:20:07.668 so I was interviewing his close

NOTE Confidence: 0.84395224

00:20:07.668 --> 00:20:09.610 friends and his colleagues and at

NOTE Confidence: 0.84395224

00:20:09.610 --> 00:20:11.710 one point a story of a wig came up.

NOTE Confidence: 0.84395224

00:20:11.710 --> 00:20:14.230 And David Rosenhan told this kind of

NOTE Confidence: 0.84395224

00:20:14.230 --> 00:20:16.419 really fun story about how he had

NOTE Confidence: 0.84395224

00:20:16.419 --> 00:20:19.018 to wear a wig when he was undercover

NOTE Confidence: 0.84395224

00:20:19.018 --> 00:20:20.970 at Haverford State Hospital.

NOTE Confidence: 0.84395224

00:20:20.970 --> 00:20:23.124 And everyone laughed and he went

NOTE Confidence: 0.84395224

00:20:23.124 --> 00:20:24.880 upstairs and showed the wig.

NOTE Confidence: 0.84395224

00:20:24.880 --> 00:20:27.016 It probably looked nothing like this.

NOTE Confidence: 0.84395224

00:20:27.020 --> 00:20:29.716 This is just a random wig and everyone

NOTE Confidence: 0.84395224

00:20:29.716 --> 00:20:32.198 just thought it was so great and he

NOTE Confidence: 0.84395224

00:20:32.198 --> 00:20:34.490 was talking about his hospitalization.

NOTE Confidence: 0.84395224

00:20:34.490 --> 00:20:37.530 And you know one of his major defining

NOTE Confidence: 0.84395224

00:20:37.530 --> 00:20:39.480 characteristics was that he was bald.

NOTE Confidence: 0.84395224

00:20:39.480 --> 00:20:42.090 So we laughed about this and.

NOTE Confidence: 0.84395224

00:20:42.090 --> 00:20:45.468 And afterwards I opened up his

NOTE Confidence: 0.84395224

00:20:45.468 --> 00:20:48.330 medical records and found that.

NOTE Confidence: 0.84395224

00:20:48.330 --> 00:20:50.440 The hospital had actually talked

NOTE Confidence: 0.84395224

00:20:50.440 --> 00:20:53.282 about his bald head and there was

NOTE Confidence: 0.84395224

00:20:53.282 --> 00:20:55.874 a picture of him with a bald head

NOTE Confidence: 0.84395224

00:20:55.957 --> 00:20:57.919 on the page and I thought.

NOTE Confidence: 0.84395224

00:20:57.920 --> 00:21:00.820 Why is he making up a story about a wig?

NOTE Confidence: 0.84395224

00:21:00.820 --> 00:21:01.711 It seems small,

NOTE Confidence: 0.84395224

00:21:01.711 --> 00:21:03.493 but all these little things start

NOTE Confidence: 0.84395224

00:21:03.493 --> 00:21:05.220 to raise serious questions.

NOTE Confidence: 0.84395224

00:21:05.220 --> 00:21:07.388 And then I started to really look at

NOTE Confidence: 0.84395224

00:21:07.388 --> 00:21:09.346 the medical records and the medical

NOTE Confidence: 0.84395224

00:21:09.346 --> 00:21:11.380 records started to reveal a portrait

NOTE Confidence: 0.84395224

00:21:11.438 --> 00:21:13.268 of symptoms that were far different

NOTE Confidence: 0.84395224

00:21:13.268 --> 00:21:16.053 than when he wrote in the paper.

NOTE Confidence: 0.84395224

00:21:16.053 --> 00:21:18.658 As you can see here.

NOTE Confidence: 0.84395224

00:21:18.660 --> 00:21:20.440 These points various doctors

NOTE Confidence: 0.84395224

00:21:20.440 --> 00:21:22.665 talk about how David Rosenhan,

NOTE Confidence: 0.84395224

00:21:22.670 --> 00:21:25.878 who went by a pseudonym, David Lurie,
NOTE Confidence: 0.84395224

00:21:25.878 --> 00:21:26.856 talked about.
NOTE Confidence: 0.84395224

00:21:26.856 --> 00:21:29.790 Thoughts of suicide and thoughts of
NOTE Confidence: 0.84395224

00:21:29.876 --> 00:21:32.714 insulating noise noises that he was
NOTE Confidence: 0.84395224

00:21:32.714 --> 00:21:35.798 hearing with copper pots over his ears.
NOTE Confidence: 0.84395224

00:21:35.800 --> 00:21:40.497 This is a far different and more.
NOTE Confidence: 0.84395224

00:21:40.500 --> 00:21:42.715 More involved portrait of psychosis
NOTE Confidence: 0.84395224

00:21:42.715 --> 00:21:45.920 than just I hear a voice that
NOTE Confidence: 0.84395224

00:21:45.920 --> 00:21:48.626 says thud empty or hollow and
NOTE Confidence: 0.84395224

00:21:48.626 --> 00:21:51.179 especially the threats of suicide.
NOTE Confidence: 0.84395224

00:21:51.180 --> 00:21:52.035 Anne, Anne Anne.
NOTE Confidence: 0.84395224

00:21:52.035 --> 00:21:54.030 Also what I started to notice 20
NOTE Confidence: 0.84395224

00:21:54.094 --> 00:21:56.250 someone's raised a hand I don't know.
NOTE Confidence: 0.84395224

00:21:56.250 --> 00:21:58.850 Is that OK to?
NOTE Confidence: 0.84395224

00:21:58.850 --> 00:21:59.500 To.
NOTE Confidence: 0.84395224

00:21:59.500 --> 00:22:01.528 Answer We can do it later,

NOTE Confidence: 0.84395224

00:22:01.530 --> 00:22:04.446 but if anyone wants to jump in I'm happy

NOTE Confidence: 0.84395224

00:22:04.446 --> 00:22:07.268 to answer any questions as I go to.

NOTE Confidence: 0.84395224

00:22:07.270 --> 00:22:09.734 But I also got access to the original

NOTE Confidence: 0.84395224

00:22:09.734 --> 00:22:11.446 medical records and he recreates

NOTE Confidence: 0.84395224

00:22:11.446 --> 00:22:13.504 the medical records in the published

NOTE Confidence: 0.84395224

00:22:13.504 --> 00:22:15.658 study and there's a huge discrepancy

NOTE Confidence: 0.84395224

00:22:15.658 --> 00:22:17.403 between what's written in the

NOTE Confidence: 0.84395224

00:22:17.410 --> 00:22:19.264 medical record and what he wrote

NOTE Confidence: 0.84395224

00:22:19.264 --> 00:22:21.469 was written in the medical record.

NOTE Confidence: 0.84395224

00:22:21.470 --> 00:22:23.160 I mean a vast difference,

NOTE Confidence: 0.84395224

00:22:23.160 --> 00:22:25.526 as you can see here in this,

NOTE Confidence: 0.84395224

00:22:25.530 --> 00:22:26.685 it's very Freudian.

NOTE Confidence: 0.84395224

00:22:26.685 --> 00:22:28.995 It's talking about relationship with Mother

NOTE Confidence: 0.84395224

00:22:28.995 --> 00:22:31.689 and his distant relationship to his father.

NOTE Confidence: 0.84395224

00:22:31.690 --> 00:22:32.632 In the above,

NOTE Confidence: 0.84395224

00:22:32.632 --> 00:22:33.260 it's very.
NOTE Confidence: 0.84395224

00:22:33.260 --> 00:22:34.830 It's all focused on the
NOTE Confidence: 0.84395224

00:22:34.830 --> 00:22:35.458 auditory hallucinations,
NOTE Confidence: 0.84395224

00:22:35.460 --> 00:22:37.876 mostly so it's just a different portrait of
NOTE Confidence: 0.84395224

00:22:37.876 --> 00:22:40.478 what kind of psychiatry he was dealing with.
NOTE Confidence: 0.84395224

00:22:40.480 --> 00:22:41.108 So again,
NOTE Confidence: 0.84395224

00:22:41.108 --> 00:22:43.306 all these questions are starting to emerge,
NOTE Confidence: 0.84395224

00:22:43.310 --> 00:22:44.566 and so I thought,
NOTE Confidence: 0.84395224

00:22:44.566 --> 00:22:44.880 OK,
NOTE Confidence: 0.84395224

00:22:44.880 --> 00:22:46.764 I have to figure out who
NOTE Confidence: 0.84395224

00:22:46.764 --> 00:22:48.020 these other participants were,
NOTE Confidence: 0.84395224

00:22:48.020 --> 00:22:50.078 and there are these clues that I
NOTE Confidence: 0.84395224

00:22:50.078 --> 00:22:52.729 had in these in these in these records,
NOTE Confidence: 0.84395224

00:22:52.730 --> 00:22:55.537 and another persons raised their hand out.
NOTE Confidence: 0.84395224

00:22:55.540 --> 00:22:57.340 I'm happy to take a question
NOTE Confidence: 0.84395224

00:22:57.340 --> 00:22:58.540 if you'd like to

NOTE Confidence: 0.8909525

00:22:58.615 --> 00:23:02.720 jump in. Nope. Just just jump in.

NOTE Confidence: 0.8909525

00:23:02.720 --> 00:23:04.445 If you'd like to talk.

NOTE Confidence: 0.8102513

00:23:07.530 --> 00:23:11.682 So I found these these kind of shorthand

NOTE Confidence: 0.8102513

00:23:11.682 --> 00:23:15.497 descriptions of each of the 8 pseudopatients.

NOTE Confidence: 0.8102513

00:23:15.500 --> 00:23:17.593 And what I started to find what

NOTE Confidence: 0.8102513

00:23:17.593 --> 00:23:20.157 they were so vague and so hard and

NOTE Confidence: 0.8102513

00:23:20.157 --> 00:23:22.281 in the description of the hospitals

NOTE Confidence: 0.8102513

00:23:22.281 --> 00:23:24.546 were they were all pseudonyms.

NOTE Confidence: 0.8102513

00:23:24.550 --> 00:23:26.937 Everything was really hard to parse out

NOTE Confidence: 0.8102513

00:23:26.937 --> 00:23:29.770 and I thought why was he protecting here?

NOTE Confidence: 0.8102513

00:23:29.770 --> 00:23:32.720 Why is he being in his own private notes so

NOTE Confidence: 0.8102513

00:23:32.794 --> 00:23:35.678 careful with names and names of hospitals?

NOTE Confidence: 0.8102513

00:23:35.680 --> 00:23:36.643 So eventually though,

NOTE Confidence: 0.8102513

00:23:36.643 --> 00:23:39.718 I was able to track down one of the

NOTE Confidence: 0.8102513

00:23:39.718 --> 00:23:41.613 participating pseudopatients and he this

NOTE Confidence: 0.8102513

00:23:41.613 --> 00:23:44.350 is Bill and he lives in Austin, TX.
NOTE Confidence: 0.8102513

00:23:44.350 --> 00:23:45.280 Now he isn't.
NOTE Confidence: 0.8102513

00:23:45.280 --> 00:23:47.551 That he was a graduate student at
NOTE Confidence: 0.8102513

00:23:47.551 --> 00:23:49.603 Stanford University and he was one
NOTE Confidence: 0.8102513

00:23:49.603 --> 00:23:51.501 of the graduate students involved
NOTE Confidence: 0.8102513

00:23:51.501 --> 00:23:53.901 and his experience very much matched
NOTE Confidence: 0.8102513

00:23:53.901 --> 00:23:56.118 that of the description that David
NOTE Confidence: 0.8102513

00:23:56.118 --> 00:23:57.526 Rosenhan included he did.
NOTE Confidence: 0.8102513

00:23:57.530 --> 00:23:59.987 He did present with just the symptom,
NOTE Confidence: 0.8102513

00:23:59.990 --> 00:24:01.046 thought, empty, hollow.
NOTE Confidence: 0.8102513

00:24:01.046 --> 00:24:02.806 He was misdiagnosed with schizophrenia.
NOTE Confidence: 0.8102513

00:24:02.810 --> 00:24:04.922 He only spent seven days Hospitalise
NOTE Confidence: 0.8102513

00:24:04.922 --> 00:24:06.330 at Agnews State Hospital,
NOTE Confidence: 0.8102513

00:24:06.330 --> 00:24:08.577 which was at the time preparing to
NOTE Confidence: 0.8102513

00:24:08.577 --> 00:24:11.165 close and it was a very chaotic
NOTE Confidence: 0.8102513

00:24:11.165 --> 00:24:13.110 environment and he witnessed some

NOTE Confidence: 0.8102513

00:24:13.110 --> 00:24:15.687 some pretty horrific things as well.

NOTE Confidence: 0.8102513

00:24:15.690 --> 00:24:17.430 What was troubling to me about

NOTE Confidence: 0.8102513

00:24:17.430 --> 00:24:19.676 his story was how little he was

NOTE Confidence: 0.8102513

00:24:19.676 --> 00:24:21.376 actually prepped for the study,

NOTE Confidence: 0.8102513

00:24:21.380 --> 00:24:23.396 and this would have been in the

NOTE Confidence: 0.8102513

00:24:23.396 --> 00:24:25.673 timeline one of the kind of last

NOTE Confidence: 0.8102513

00:24:25.673 --> 00:24:27.695 pseudopatients who would have gone in,

NOTE Confidence: 0.8102513

00:24:27.700 --> 00:24:30.020 and it was strange to me to see

NOTE Confidence: 0.8102513

00:24:30.020 --> 00:24:32.315 to talk to him and to realize

NOTE Confidence: 0.8102513

00:24:32.315 --> 00:24:34.330 he was not prepared at all.

NOTE Confidence: 0.8102513

00:24:34.330 --> 00:24:35.278 Instead, in fact,

NOTE Confidence: 0.8102513

00:24:35.278 --> 00:24:37.174 at one point he took Thorazine,

NOTE Confidence: 0.8102513

00:24:37.180 --> 00:24:39.046 he was administered Thorazine and David

NOTE Confidence: 0.8102513

00:24:39.046 --> 00:24:40.970 Rosenhan hands only prep was technique.

NOTE Confidence: 0.8102513

00:24:40.970 --> 00:24:43.063 The pill anthro and spit it in

NOTE Confidence: 0.8102513

00:24:43.063 --> 00:24:44.426 the toilet and unfortunately
NOTE Confidence: 0.8102513

00:24:44.426 --> 00:24:46.814 they had just come out with.
NOTE Confidence: 0.8102513

00:24:46.820 --> 00:24:48.698 Rapid melt Thorazine and he wasn't
NOTE Confidence: 0.8102513

00:24:48.698 --> 00:24:51.779 able to and he was dosed with the drug
NOTE Confidence: 0.8102513

00:24:51.779 --> 00:24:53.935 and pretty incapacitated and so there
NOTE Confidence: 0.8102513

00:24:53.935 --> 00:24:56.259 were other kind of strange lies too
NOTE Confidence: 0.8102513

00:24:56.259 --> 00:24:58.378 like David Rosenhan told Bill's wife
NOTE Confidence: 0.8102513

00:24:58.378 --> 00:25:00.923 that there were writs of habeas corpus
NOTE Confidence: 0.8102513

00:25:00.923 --> 00:25:03.668 to get him out of out of the institution.
NOTE Confidence: 0.8102513

00:25:03.670 --> 00:25:05.752 But I actually tracked down the
NOTE Confidence: 0.8102513

00:25:05.752 --> 00:25:08.487 lawyer who worked on it and he said
NOTE Confidence: 0.8102513

00:25:08.487 --> 00:25:10.407 there were never any writs filed.
NOTE Confidence: 0.8102513

00:25:10.410 --> 00:25:14.088 So again strange kind of discrepancies.
NOTE Confidence: 0.8102513

00:25:14.090 --> 00:25:15.260 That's him talking,
NOTE Confidence: 0.8102513

00:25:15.260 --> 00:25:17.210 which I can play later.
NOTE Confidence: 0.8102513

00:25:17.210 --> 00:25:19.125 And then there was someone

NOTE Confidence: 0.8102513

00:25:19.125 --> 00:25:21.500 else who I found through Bill.

NOTE Confidence: 0.8102513

00:25:21.500 --> 00:25:24.230 It was a man named Harry Lando.

NOTE Confidence: 0.8102513

00:25:24.230 --> 00:25:27.350 He is a professor of psychology in Minnesota,

NOTE Confidence: 0.8102513

00:25:27.350 --> 00:25:29.690 and he was not one of

NOTE Confidence: 0.8102513

00:25:29.690 --> 00:25:30.860 the participating eight.

NOTE Confidence: 0.8102513

00:25:30.860 --> 00:25:33.618 He was a knife pseudopatient of footnote

NOTE Confidence: 0.8102513

00:25:33.618 --> 00:25:35.930 who was removed from the study.

NOTE Confidence: 0.8102513

00:25:35.930 --> 00:25:36.664 In fact,

NOTE Confidence: 0.8102513

00:25:36.664 --> 00:25:39.600 as you can see on the right hand

NOTE Confidence: 0.8102513

00:25:39.689 --> 00:25:41.389 side of the screen,

NOTE Confidence: 0.8102513

00:25:41.390 --> 00:25:44.126 Rosenhan says that data were removed.

NOTE Confidence: 0.8102513

00:25:44.130 --> 00:25:46.850 From the study his that his data was

NOTE Confidence: 0.8102513

00:25:46.850 --> 00:25:48.962 removing study because he did not

NOTE Confidence: 0.8102513

00:25:48.962 --> 00:25:51.002 follow the same kind of rigorous

NOTE Confidence: 0.8102513

00:25:51.075 --> 00:25:52.965 set of standards that Rosenhan

NOTE Confidence: 0.8102513

00:25:52.965 --> 00:25:54.477 claimed that he did.
NOTE Confidence: 0.8102513

00:25:54.480 --> 00:25:57.336 And when I asked her what had happened,
NOTE Confidence: 0.8102513

00:25:57.340 --> 00:25:59.476 he had said that his parents
NOTE Confidence: 0.8102513

00:25:59.476 --> 00:26:00.544 had were deceased,
NOTE Confidence: 0.8102513

00:26:00.550 --> 00:26:02.811 that they were not alive when they
NOTE Confidence: 0.8102513

00:26:02.811 --> 00:26:04.802 actually were and that seemed so
NOTE Confidence: 0.8102513

00:26:04.802 --> 00:26:07.021 odd to me because David Rosenhan had
NOTE Confidence: 0.8075534

00:26:07.090 --> 00:26:09.826 presented an entirely different symptom set.
NOTE Confidence: 0.8075534

00:26:09.830 --> 00:26:12.329 Then he had described in the paper,
NOTE Confidence: 0.8075534

00:26:12.330 --> 00:26:14.200 and yet he kept almost.
NOTE Confidence: 0.8075534

00:26:14.200 --> 00:26:16.726 All of the paper is about
NOTE Confidence: 0.8075534

00:26:16.726 --> 00:26:17.989 his own hospitalization,
NOTE Confidence: 0.8075534

00:26:17.990 --> 00:26:20.650 so when I started to talk deeper
NOTE Confidence: 0.8075534

00:26:20.650 --> 00:26:23.039 with Harry about his experience,
NOTE Confidence: 0.8075534

00:26:23.040 --> 00:26:26.408 kind of another side of this came forward.
NOTE Confidence: 0.8075534

00:26:26.410 --> 00:26:28.160 Harry, who was hospitalised for

NOTE Confidence: 0.8075534

00:26:28.160 --> 00:26:31.012 21 days at a US public Health

NOTE Confidence: 0.8075534

00:26:31.012 --> 00:26:33.567 Service Hospital in San Francisco,

NOTE Confidence: 0.8075534

00:26:33.570 --> 00:26:36.320 actually had an incredible time.

NOTE Confidence: 0.8075534

00:26:36.320 --> 00:26:39.284 He described it as really, really comforting.

NOTE Confidence: 0.8075534

00:26:39.284 --> 00:26:41.816 He was very unhappy graduate student.

NOTE Confidence: 0.8075534

00:26:41.820 --> 00:26:43.930 He felt that he was.

NOTE Confidence: 0.8075534

00:26:43.930 --> 00:26:46.050 He's a graduate student, Stanford.

NOTE Confidence: 0.8075534

00:26:46.050 --> 00:26:49.004 He felt it was a very stifling,

NOTE Confidence: 0.8075534

00:26:49.010 --> 00:26:49.850 competitive place,

NOTE Confidence: 0.8075534

00:26:49.850 --> 00:26:53.210 and he was going through a very bad

NOTE Confidence: 0.8075534

00:26:53.289 --> 00:26:56.457 marriage and having the time to step away

NOTE Confidence: 0.8075534

00:26:56.457 --> 00:26:59.589 from what he felt was probably growing.

NOTE Confidence: 0.8075534

00:26:59.590 --> 00:27:02.116 Depression was really calming for him,

NOTE Confidence: 0.8075534

00:27:02.120 --> 00:27:04.658 and he described the the support

NOTE Confidence: 0.8075534

00:27:04.658 --> 00:27:07.290 of the nurses and the staff.

NOTE Confidence: 0.8075534

00:27:07.290 --> 00:27:09.705 And the support of the fellow patients.

NOTE Confidence: 0.8075534

00:27:09.710 --> 00:27:12.470 There were Peter, Paul and Mary sing alongs.

NOTE Confidence: 0.8075534

00:27:12.470 --> 00:27:13.846 I mean it was.

NOTE Confidence: 0.8075534

00:27:13.846 --> 00:27:14.878 It was idyllic.

NOTE Confidence: 0.8075534

00:27:14.880 --> 00:27:17.022 They went to the beach for trips

NOTE Confidence: 0.8075534

00:27:17.022 --> 00:27:20.024 and he he felt like he was part of

NOTE Confidence: 0.8075534

00:27:20.024 --> 00:27:22.198 a community and Harry really feels

NOTE Confidence: 0.8075534

00:27:22.198 --> 00:27:24.851 that his his bulk of his experience

NOTE Confidence: 0.8075534

00:27:24.851 --> 00:27:26.955 was dropped from the study because

NOTE Confidence: 0.8075534

00:27:26.955 --> 00:27:28.680 it didn't match David's thesis.

NOTE Confidence: 0.8075534

00:27:28.680 --> 00:27:29.037 However,

NOTE Confidence: 0.8075534

00:27:29.037 --> 00:27:31.536 there were still aspects of Harry study

NOTE Confidence: 0.8075534

00:27:31.536 --> 00:27:33.858 that were still used in this study.

NOTE Confidence: 0.8075534

00:27:33.860 --> 00:27:35.915 Harris data that were still

NOTE Confidence: 0.8075534

00:27:35.915 --> 00:27:37.559 used in this study.

NOTE Confidence: 0.8075534

00:27:37.560 --> 00:27:39.092 Even though David Rosenhan

NOTE Confidence: 0.8075534

00:27:39.092 --> 00:27:41.007 says that he dropped it.

NOTE Confidence: 0.8075534

00:27:41.010 --> 00:27:42.920 So again lots of discrepancies.

NOTE Confidence: 0.8075534

00:27:42.920 --> 00:27:43.562 After Harry.

NOTE Confidence: 0.8075534

00:27:43.562 --> 00:27:46.687 I went on a 6 year Odyssey to try

NOTE Confidence: 0.8075534

00:27:46.687 --> 00:27:49.047 to find the other pseudopatients.

NOTE Confidence: 0.8075534

00:27:49.050 --> 00:27:50.970 I hired a private investigator.

NOTE Confidence: 0.8075534

00:27:50.970 --> 00:27:52.754 I talked to everyone,

NOTE Confidence: 0.8075534

00:27:52.754 --> 00:27:55.430 whoever has talked to David Rosenhan

NOTE Confidence: 0.8075534

00:27:55.516 --> 00:27:57.748 and I kept hitting dead ends.

NOTE Confidence: 0.8075534

00:27:57.750 --> 00:28:00.486 And the book has come out now and has

NOTE Confidence: 0.8075534

00:28:00.486 --> 00:28:03.190 been out for over a year and I have

NOTE Confidence: 0.8075534

00:28:03.190 --> 00:28:05.946 not heard of anyone who's come forward.

NOTE Confidence: 0.8075534

00:28:05.950 --> 00:28:07.987 I thought maybe someone would come forward

NOTE Confidence: 0.8075534

00:28:07.987 --> 00:28:10.537 as one of the other six pseudopatients,

NOTE Confidence: 0.8075534

00:28:10.540 --> 00:28:13.114 but no one has and I have to admit

NOTE Confidence: 0.8075534

00:28:13.114 --> 00:28:15.482 to myself I I really do believe

NOTE Confidence: 0.8075534

00:28:15.482 --> 00:28:18.285 that he made a good deal of the

NOTE Confidence: 0.8075534

00:28:18.285 --> 00:28:20.711 study up and that there were not

NOTE Confidence: 0.8075534

00:28:20.711 --> 00:28:22.366 8 total pseudopatients you know

NOTE Confidence: 0.8075534

00:28:22.366 --> 00:28:23.990 why does this matter now?

NOTE Confidence: 0.8075534

00:28:23.990 --> 00:28:25.410 Why is this important?

NOTE Confidence: 0.8075534

00:28:25.410 --> 00:28:27.540 I think you know there was

NOTE Confidence: 0.8075534

00:28:27.615 --> 00:28:29.500 a recent of fairly recent.

NOTE Confidence: 0.8075534

00:28:29.500 --> 00:28:31.366 Article in the New England Journal

NOTE Confidence: 0.8075534

00:28:31.366 --> 00:28:33.384 of Medicine that talks about the

NOTE Confidence: 0.8075534

00:28:33.384 --> 00:28:35.159 Psychiatry's identity crisis that you

NOTE Confidence: 0.8075534

00:28:35.159 --> 00:28:37.269 know started then and continues now.

NOTE Confidence: 0.8075534

00:28:37.270 --> 00:28:40.014 And I think that when we have bunk

NOTE Confidence: 0.8075534

00:28:40.014 --> 00:28:42.404 science and we have and that might

NOTE Confidence: 0.8075534

00:28:42.404 --> 00:28:44.708 be harsh to say, but you know,

NOTE Confidence: 0.8075534

00:28:44.708 --> 00:28:45.716 very problematic studies.

NOTE Confidence: 0.8075534

00:28:45.720 --> 00:28:47.748 We contribute to this identity crisis.

NOTE Confidence: 0.8075534

00:28:47.750 --> 00:28:49.712 We can contribute to a polarization

NOTE Confidence: 0.8075534

00:28:49.712 --> 00:28:51.968 the way we see things and in

NOTE Confidence: 0.8075534

00:28:51.968 --> 00:28:54.026 fact Nile boys who is editor in

NOTE Confidence: 0.8075534

00:28:54.094 --> 00:28:55.858 Chief of Lancet Psychiatry.

NOTE Confidence: 0.8075534

00:28:55.860 --> 00:28:57.141 His quotes here.

NOTE Confidence: 0.8075534

00:28:57.141 --> 00:28:59.703 I feel I feel really encapsulate.

NOTE Confidence: 0.8075534

00:28:59.710 --> 00:29:02.166 How I what I feel about the study

NOTE Confidence: 0.8075534

00:29:02.166 --> 00:29:04.780 and why it's important and I think

NOTE Confidence: 0.8075534

00:29:04.780 --> 00:29:07.446 is that the bottom quote and what

NOTE Confidence: 0.8075534

00:29:07.446 --> 00:29:09.812 he did was he produced a document

NOTE Confidence: 0.8075534

00:29:09.812 --> 00:29:11.522 of doubtful veracity that polarized

NOTE Confidence: 0.8075534

00:29:11.522 --> 00:29:13.580 debate in a very unhelpful way

NOTE Confidence: 0.84902865

00:29:13.635 --> 00:29:14.670 by removing nuance,

NOTE Confidence: 0.84902865

00:29:14.670 --> 00:29:16.410 driving us to extreme positions

NOTE Confidence: 0.84902865

00:29:16.410 --> 00:29:17.802 rather than considered action.
NOTE Confidence: 0.84902865

00:29:17.810 --> 00:29:19.898 The fact is, there were many
NOTE Confidence: 0.84902865

00:29:19.898 --> 00:29:21.290 institutions that were terrible,
NOTE Confidence: 0.84902865

00:29:21.290 --> 00:29:22.367 horrible, horrible places,
NOTE Confidence: 0.84902865

00:29:22.367 --> 00:29:24.880 but there were also ones that maybe
NOTE Confidence: 0.84902865

00:29:24.940 --> 00:29:27.194 we're doing some things that were good.
NOTE Confidence: 0.84902865

00:29:27.200 --> 00:29:29.797 Ann and Harry did experience that so.
NOTE Confidence: 0.84902865

00:29:29.800 --> 00:29:31.768 You know there could have been
NOTE Confidence: 0.84902865

00:29:31.768 --> 00:29:33.580 a more nuanced discussion of
NOTE Confidence: 0.84902865

00:29:33.580 --> 00:29:35.624 psychiatry of psychiatry's, you know,
NOTE Confidence: 0.84902865

00:29:35.624 --> 00:29:37.434 abilities and limitations and strengths,
NOTE Confidence: 0.84902865

00:29:37.440 --> 00:29:40.051 and also of the abilities for institutions
NOTE Confidence: 0.84902865

00:29:40.051 --> 00:29:42.979 to really take on the need of their
NOTE Confidence: 0.84902865

00:29:42.979 --> 00:29:44.714 patients in their best interest.
NOTE Confidence: 0.84902865

00:29:44.720 --> 00:29:47.275 And I think he really missed that
NOTE Confidence: 0.84902865

00:29:47.275 --> 00:29:49.823 opportunity, and I think you know, I,

NOTE Confidence: 0.84902865

00:29:49.823 --> 00:29:52.364 I really love this Karl Popper quote,

NOTE Confidence: 0.84902865

00:29:52.370 --> 00:29:54.918 which I'm going to end on the

NOTE Confidence: 0.84902865

00:29:54.918 --> 00:29:56.010 history of science,

NOTE Confidence: 0.84902865

00:29:56.010 --> 00:29:58.558 like the history of all human ideas,

NOTE Confidence: 0.84902865

00:29:58.560 --> 00:30:00.032 is a history of.

NOTE Confidence: 0.84902865

00:30:00.032 --> 00:30:01.113 Irresponsible dreams, obstinacy,

NOTE Confidence: 0.84902865

00:30:01.113 --> 00:30:02.828 and of error, but scientists,

NOTE Confidence: 0.84902865

00:30:02.830 --> 00:30:05.238 one of the very few human activities,

NOTE Confidence: 0.84902865

00:30:05.240 --> 00:30:07.648 perhaps the only one in which errors

NOTE Confidence: 0.84902865

00:30:07.648 --> 00:30:08.680 are systematically criticized,

NOTE Confidence: 0.84902865

00:30:08.680 --> 00:30:10.738 and fairly often in time corrected.

NOTE Confidence: 0.84902865

00:30:10.740 --> 00:30:13.377 This is why we can say that in science

NOTE Confidence: 0.84902865

00:30:13.377 --> 00:30:15.900 we often learn from our mistakes,

NOTE Confidence: 0.84902865

00:30:15.900 --> 00:30:18.126 and why we can speak clearly and

NOTE Confidence: 0.84902865

00:30:18.126 --> 00:30:20.029 sensibly about making progress there.

NOTE Confidence: 0.84902865

00:30:20.030 --> 00:30:22.430 So I'm hoping that in elucidating
NOTE Confidence: 0.84902865

00:30:22.430 --> 00:30:24.030 and really understanding this
NOTE Confidence: 0.84902865

00:30:24.100 --> 00:30:25.878 study in a more in a deeper,
NOTE Confidence: 0.84902865

00:30:25.880 --> 00:30:26.894 more honest way,
NOTE Confidence: 0.84902865

00:30:26.894 --> 00:30:30.130 we can talk about the past and the future.
NOTE Confidence: 0.84902865

00:30:30.130 --> 00:30:31.975 Mental health care and psychiatry
NOTE Confidence: 0.84902865

00:30:31.975 --> 00:30:33.820 in this country moving forward.
NOTE Confidence: 0.84902865

00:30:33.820 --> 00:30:36.060 So that's I'm going to stop here and
NOTE Confidence: 0.84902865

00:30:36.060 --> 00:30:38.409 and and ask Nathan and I apologize.
NOTE Confidence: 0.84902865

00:30:38.410 --> 00:30:39.614 I'm little bit long,
NOTE Confidence: 0.84902865

00:30:39.614 --> 00:30:41.796 but thank you so much for letting
NOTE Confidence: 0.84902865

00:30:41.796 --> 00:30:43.917 me let me talk about my book.
NOTE Confidence: 0.88958967

00:30:47.450 --> 00:30:48.535 Thank you, that was wonderful
NOTE Confidence: 0.88958967

00:30:48.535 --> 00:30:49.880 and I'm sure we're all gonna
NOTE Confidence: 0.88958967

00:30:49.880 --> 00:30:51.170 have questions and I will too.
NOTE Confidence: 0.88958967

00:30:51.170 --> 00:30:52.448 But I think we're gonna turn

NOTE Confidence: 0.88958967

00:30:52.448 --> 00:30:53.965 it over to Nathan for a few

NOTE Confidence: 0.88958967

00:30:53.965 --> 00:30:55.189 minutes and then I'm going to

NOTE Confidence: 0.88958967

00:30:55.189 --> 00:30:56.648 have questions for both of you,

NOTE Confidence: 0.88958967

00:30:56.650 --> 00:30:57.494 but we're going to.

NOTE Confidence: 0.88958967

00:30:57.494 --> 00:30:59.280 So we'll come back to you very soon.

NOTE Confidence: 0.84544677

00:31:04.670 --> 00:31:10.260 Hi everyone, so thank you.

NOTE Confidence: 0.84544677

00:31:10.260 --> 00:31:12.997 Anne Anne Randy for your kind introduction

NOTE Confidence: 0.84544677

00:31:12.997 --> 00:31:15.568 and for inviting me to come it today.

NOTE Confidence: 0.84544677

00:31:15.570 --> 00:31:17.544 I'm really excited to be here

NOTE Confidence: 0.84544677

00:31:17.544 --> 00:31:19.460 and to meet Susannah Cahalan.

NOTE Confidence: 0.84544677

00:31:19.460 --> 00:31:21.230 Actually first heard about Susanna

NOTE Confidence: 0.84544677

00:31:21.230 --> 00:31:23.586 and her earlier book, Brain on Fire.

NOTE Confidence: 0.84544677

00:31:23.586 --> 00:31:26.154 While I was a medical student in health

NOTE Confidence: 0.84544677

00:31:26.154 --> 00:31:28.380 care Northwell and I had a chance

NOTE Confidence: 0.84544677

00:31:28.380 --> 00:31:31.178 to meet Doctor Najjar when I rotated

NOTE Confidence: 0.84544677

00:31:31.178 --> 00:31:32.850 through the neurology Department
NOTE Confidence: 0.84544677

00:31:32.850 --> 00:31:34.930 at Lenox Hill Hospital and everyone
NOTE Confidence: 0.84544677

00:31:34.930 --> 00:31:37.471 at the time was talking about how
NOTE Confidence: 0.84544677

00:31:37.471 --> 00:31:39.506 bringing fire had positively affected.
NOTE Confidence: 0.84544677

00:31:39.510 --> 00:31:41.230 Doctor John's career and change.
NOTE Confidence: 0.84544677

00:31:41.230 --> 00:31:42.498 The practice of neurology,
NOTE Confidence: 0.84544677

00:31:42.498 --> 00:31:44.400 so I'm really delighted to have
NOTE Confidence: 0.84544677

00:31:44.458 --> 00:31:46.278 this opportunity to meet and
NOTE Confidence: 0.84544677

00:31:46.278 --> 00:31:47.734 interact directly with Susanna,
NOTE Confidence: 0.84544677

00:31:47.740 --> 00:31:49.460 who by sharing her story,
NOTE Confidence: 0.84544677

00:31:49.460 --> 00:31:51.540 has influenced my training and
NOTE Confidence: 0.84544677

00:31:51.540 --> 00:31:54.117 inspired me to think about how
NOTE Confidence: 0.84544677

00:31:54.117 --> 00:31:56.197 patients and doctors can work
NOTE Confidence: 0.84544677

00:31:56.197 --> 00:31:58.600 together to make better medicine.
NOTE Confidence: 0.84544677

00:31:58.600 --> 00:32:02.080 So I just want to start by saying how much
NOTE Confidence: 0.84544677

00:32:02.169 --> 00:32:05.235 I really enjoyed the Great Pretender,

NOTE Confidence: 0.84544677

00:32:05.240 --> 00:32:06.936 an one into knowledge,

NOTE Confidence: 0.84544677

00:32:06.936 --> 00:32:10.219 how fun and compelling it was to read.

NOTE Confidence: 0.84544677

00:32:10.220 --> 00:32:12.788 It is truly an extraordinary piece

NOTE Confidence: 0.84544677

00:32:12.788 --> 00:32:14.500 of investigative journalism that's

NOTE Confidence: 0.84544677

00:32:14.564 --> 00:32:16.856 artfully rendered by a gifted writer.

NOTE Confidence: 0.84544677

00:32:16.860 --> 00:32:19.350 It is also more than this,

NOTE Confidence: 0.84544677

00:32:19.350 --> 00:32:22.558 and as a historian I want to express

NOTE Confidence: 0.84544677

00:32:22.558 --> 00:32:25.167 my appreciation for the original and

NOTE Confidence: 0.84544677

00:32:25.167 --> 00:32:27.327 novel contribution you have made

NOTE Confidence: 0.84544677

00:32:27.327 --> 00:32:30.146 to our understanding of the past.

NOTE Confidence: 0.84544677

00:32:30.150 --> 00:32:32.957 You dug up and discovered new archives,

NOTE Confidence: 0.84544677

00:32:32.960 --> 00:32:34.085 read them exhaustively,

NOTE Confidence: 0.84544677

00:32:34.085 --> 00:32:35.960 and offered us fresh insights

NOTE Confidence: 0.84544677

00:32:35.960 --> 00:32:37.769 into David Rosenhan's study.

NOTE Confidence: 0.84544677

00:32:37.770 --> 00:32:40.176 This was not only hard work,

NOTE Confidence: 0.84544677

00:32:40.180 --> 00:32:42.360 it has also changed historiography
NOTE Confidence: 0.84544677

00:32:42.360 --> 00:32:44.540 so that future historians of
NOTE Confidence: 0.84544677

00:32:44.611 --> 00:32:46.813 medicine will have to reckon with
NOTE Confidence: 0.84544677

00:32:46.813 --> 00:32:49.250 and build upon your contribution.
NOTE Confidence: 0.84544677

00:32:49.250 --> 00:32:50.276 And I think,
NOTE Confidence: 0.84544677

00:32:50.276 --> 00:32:51.644 like the intrepid inspiring
NOTE Confidence: 0.84544677

00:32:51.644 --> 00:32:53.661 journalist Nellie Bly not only have
NOTE Confidence: 0.84544677

00:32:53.661 --> 00:32:55.206 you succeeded in making history
NOTE Confidence: 0.84544677

00:32:55.206 --> 00:32:56.770 come alive in your writing,
NOTE Confidence: 0.84544677

00:32:56.770 --> 00:32:58.405 you have also contributed to
NOTE Confidence: 0.84544677

00:32:58.405 --> 00:33:00.040 the making of history itself.
NOTE Confidence: 0.84544677

00:33:00.040 --> 00:33:03.784 So I'm saying a big thank you for that.
NOTE Confidence: 0.84544677

00:33:03.790 --> 00:33:07.460 So I'd like to turn now to explore 3 themes
NOTE Confidence: 0.84544677

00:33:07.548 --> 00:33:11.220 that the Great Pretender brought up for me.
NOTE Confidence: 0.84544677

00:33:11.220 --> 00:33:12.459 They concern questions
NOTE Confidence: 0.84544677

00:33:12.459 --> 00:33:13.698 about scientific truth,

NOTE Confidence: 0.84544677

00:33:13.700 --> 00:33:16.178 power and privilege and the tension

NOTE Confidence: 0.84544677

00:33:16.178 --> 00:33:17.830 between medicine and psychiatry.

NOTE Confidence: 0.84544677

00:33:17.830 --> 00:33:20.726 One of the big turning points in your

NOTE Confidence: 0.84544677

00:33:20.726 --> 00:33:24.137 book is the realization that Rose in hand

NOTE Confidence: 0.84544677

00:33:24.137 --> 00:33:27.329 was less truthful in his famous paper,

NOTE Confidence: 0.84544677

00:33:27.330 --> 00:33:28.718 or less than truthful.

NOTE Confidence: 0.84544677

00:33:28.718 --> 00:33:31.437 I should say he omitted or exaggerated

NOTE Confidence: 0.84544677

00:33:31.437 --> 00:33:34.267 facts about his own hospitalization.

NOTE Confidence: 0.84544677

00:33:34.270 --> 00:33:37.534 And left out the account of Harry Lando.

NOTE Confidence: 0.84544677

00:33:37.540 --> 00:33:40.010 The Pseudopatient had a positive

NOTE Confidence: 0.84544677

00:33:40.010 --> 00:33:41.986 experience that raised serious

NOTE Confidence: 0.84544677

00:33:41.986 --> 00:33:44.103 questions about the validity of this

NOTE Confidence: 0.84544677

00:33:44.103 --> 00:33:46.540 work in as short as you suggest,

NOTE Confidence: 0.84544677

00:33:46.540 --> 00:33:48.590 he was a great pretender.

NOTE Confidence: 0.84544677

00:33:48.590 --> 00:33:50.330 Many of Rosenhan's can't.

NOTE Confidence: 0.84544677

00:33:50.330 --> 00:33:52.505 Contemporaries would have agreed an

NOTE Confidence: 0.84544677

00:33:52.505 --> 00:33:55.311 you show us that his critics that I'm

NOTE Confidence: 0.84544677

00:33:55.311 --> 00:33:57.266 faulted him for his methodological

NOTE Confidence: 0.84544677

00:33:57.266 --> 00:33:59.062 inadequacy's his pseudo data

NOTE Confidence: 0.84544677

00:33:59.062 --> 00:34:01.287 an having logic and remission.

NOTE Confidence: 0.84544677

00:34:01.287 --> 00:34:03.849 Even members of his tenure committee

NOTE Confidence: 0.84544677

00:34:03.849 --> 00:34:06.399 at Stanford were suspicious of him.

NOTE Confidence: 0.84544677

00:34:06.400 --> 00:34:08.240 And raised questions about his

NOTE Confidence: 0.84544677

00:34:08.240 --> 00:34:09.712 honesty and work ethic.

NOTE Confidence: 0.84544677

00:34:09.720 --> 00:34:10.092 Still,

NOTE Confidence: 0.84544677

00:34:10.092 --> 00:34:12.324 the question remains for us and

NOTE Confidence: 0.84544677

00:34:12.324 --> 00:34:13.780 it's a troubling one.

NOTE Confidence: 0.84544677

00:34:13.780 --> 00:34:15.665 Why did rosenhan's paper gain

NOTE Confidence: 0.84544677

00:34:15.665 --> 00:34:18.319 the stature that it did and why

NOTE Confidence: 0.84544677

00:34:18.319 --> 00:34:20.049 we still talking about it?

NOTE Confidence: 0.84544677

00:34:20.050 --> 00:34:23.010 Almost 50 years later?

NOTE Confidence: 0.84544677

00:34:23.010 --> 00:34:25.380 I think here that we would

NOTE Confidence: 0.84544677

00:34:25.380 --> 00:34:26.960 benefit from thinking about

NOTE Confidence: 0.8262538

00:34:27.034 --> 00:34:29.668 how certain claims gain their status

NOTE Confidence: 0.8262538

00:34:29.668 --> 00:34:32.375 as scientific facts and the specific

NOTE Confidence: 0.8262538

00:34:32.375 --> 00:34:34.570 context in which this occurs.

NOTE Confidence: 0.8262538

00:34:34.570 --> 00:34:37.559 So what factors made his study incredible,

NOTE Confidence: 0.8262538

00:34:37.560 --> 00:34:39.700 and if it lacked truth,

NOTE Confidence: 0.8262538

00:34:39.700 --> 00:34:43.480 then how did it gain truthiness?

NOTE Confidence: 0.8262538

00:34:43.480 --> 00:34:45.460 You highlight Rosenhan's rhetorical talents,

NOTE Confidence: 0.8262538

00:34:45.460 --> 00:34:47.044 his charisma and his

NOTE Confidence: 0.8262538

00:34:47.044 --> 00:34:48.628 audacious Hutzler an yeah.

NOTE Confidence: 0.8262538

00:34:48.630 --> 00:34:51.374 We should also add to this list the

NOTE Confidence: 0.8262538

00:34:51.374 --> 00:34:53.975 status he enjoyed as an upper middle

NOTE Confidence: 0.8262538

00:34:53.975 --> 00:34:57.340 class white man and a Stanford professor,

NOTE Confidence: 0.8262538

00:34:57.340 --> 00:34:59.710 because all of these privileges greatly

NOTE Confidence: 0.8262538

00:34:59.710 --> 00:35:02.132 facilitated his ability to make claims
NOTE Confidence: 0.8262538

00:35:02.132 --> 00:35:04.466 that others would deem as consequential.
NOTE Confidence: 0.8262538

00:35:04.470 --> 00:35:06.355 And indeed Rosenhan was well
NOTE Confidence: 0.8262538

00:35:06.355 --> 00:35:08.723 situated to get the eminent journal
NOTE Confidence: 0.8262538

00:35:08.723 --> 00:35:10.798 Science to publish his paper.
NOTE Confidence: 0.8262538

00:35:10.800 --> 00:35:13.030 We still don't know exactly
NOTE Confidence: 0.8262538

00:35:13.030 --> 00:35:14.368 why science approved.
NOTE Confidence: 0.8262538

00:35:14.370 --> 00:35:14.773 Publication,
NOTE Confidence: 0.8262538

00:35:14.773 --> 00:35:16.788 but we can certainly observe
NOTE Confidence: 0.8262538

00:35:16.788 --> 00:35:19.041 its effects with the journalist
NOTE Confidence: 0.8262538

00:35:19.041 --> 00:35:21.345 in premature rosenhan's claims
NOTE Confidence: 0.8262538

00:35:21.345 --> 00:35:23.073 gained tremendous legitimacy,
NOTE Confidence: 0.8262538

00:35:23.080 --> 00:35:23.579 invisibility,
NOTE Confidence: 0.8262538

00:35:23.579 --> 00:35:26.573 his reputation became intertwined with that
NOTE Confidence: 0.8262538

00:35:26.573 --> 00:35:29.860 of the journals producing for their fame,
NOTE Confidence: 0.8262538

00:35:29.860 --> 00:35:30.470 credit,

NOTE Confidence: 0.8262538

00:35:30.470 --> 00:35:32.910 and prestige for both.

NOTE Confidence: 0.8262538

00:35:32.910 --> 00:35:34.820 So even after a psychiatrist,

NOTE Confidence: 0.8262538

00:35:34.820 --> 00:35:36.332 Robert Spitzer published his

NOTE Confidence: 0.8262538

00:35:36.332 --> 00:35:38.222 searing critique of Rosenhan study

NOTE Confidence: 0.8262538

00:35:38.222 --> 00:35:40.148 as having logic in remission,

NOTE Confidence: 0.8262538

00:35:40.150 --> 00:35:42.055 it merely served to increase

NOTE Confidence: 0.8262538

00:35:42.055 --> 00:35:43.960 interest and discourse about it.

NOTE Confidence: 0.8262538

00:35:43.960 --> 00:35:46.246 And indeed, as you point out,

NOTE Confidence: 0.8262538

00:35:46.250 --> 00:35:48.155 Spitzer himself benefited from the

NOTE Confidence: 0.8262538

00:35:48.155 --> 00:35:50.060 disruptive force of Rosenhan's claims,

NOTE Confidence: 0.8262538

00:35:50.060 --> 00:35:52.727 and may even have used it to

NOTE Confidence: 0.8262538

00:35:52.727 --> 00:35:55.322 justify his own efforts to revise

NOTE Confidence: 0.8262538

00:35:55.322 --> 00:35:58.040 and reform with the Ascent 3.

NOTE Confidence: 0.8262538

00:35:58.040 --> 00:35:59.183 In other words,

NOTE Confidence: 0.8262538

00:35:59.183 --> 00:36:00.707 even if Rosenhan's claims

NOTE Confidence: 0.8262538

00:36:00.707 --> 00:36:02.640 were not totally incredible,
NOTE Confidence: 0.8262538

00:36:02.640 --> 00:36:04.660 they were legible to receptive
NOTE Confidence: 0.8262538

00:36:04.660 --> 00:36:06.276 audiences in multiple domains
NOTE Confidence: 0.8262538

00:36:06.276 --> 00:36:08.069 within psychiatry and beyond.
NOTE Confidence: 0.8262538

00:36:08.070 --> 00:36:09.865 Rosenhan's critique of psychiatry occur
NOTE Confidence: 0.8262538

00:36:09.865 --> 00:36:12.188 during a moment when the psychiatric
NOTE Confidence: 0.8262538

00:36:12.188 --> 00:36:14.072 establishment was challenged by
NOTE Confidence: 0.8262538

00:36:14.072 --> 00:36:16.427 numerous foes by antipsychiatry critics,
NOTE Confidence: 0.8262538

00:36:16.430 --> 00:36:19.274 by gay activists and patient rights
NOTE Confidence: 0.8262538

00:36:19.274 --> 00:36:21.170 activists by neuroscience researchers
NOTE Confidence: 0.8262538

00:36:21.236 --> 00:36:23.120 and by journalists so it fit,
NOTE Confidence: 0.8262538

00:36:23.120 --> 00:36:26.214 and it also fit in with other
NOTE Confidence: 0.8262538

00:36:26.214 --> 00:36:28.410 psychology studies at the time.
NOTE Confidence: 0.8262538

00:36:28.410 --> 00:36:31.062 That challenge blind faith in authority
NOTE Confidence: 0.8262538

00:36:31.062 --> 00:36:33.258 and institutions and resonated well
NOTE Confidence: 0.8262538

00:36:33.258 --> 00:36:35.743 with the cultural politics of the 1970s,

NOTE Confidence: 0.8262538

00:36:35.750 --> 00:36:38.480 as evidenced by the numerous TV and

NOTE Confidence: 0.8262538

00:36:38.480 --> 00:36:40.569 newspaper interviews that he was

NOTE Confidence: 0.8262538

00:36:40.569 --> 00:36:42.261 called the participating Rosenhan

NOTE Confidence: 0.8262538

00:36:42.261 --> 00:36:44.414 study was a consequential scientific

NOTE Confidence: 0.8262538

00:36:44.414 --> 00:36:46.796 object that became a media sensation

NOTE Confidence: 0.8262538

00:36:46.796 --> 00:36:49.277 because of its popular appeal and

NOTE Confidence: 0.8262538

00:36:49.277 --> 00:36:51.422 political salience and the media

NOTE Confidence: 0.8262538

00:36:51.422 --> 00:36:54.036 then also became a player and was

NOTE Confidence: 0.8262538

00:36:54.036 --> 00:36:56.282 in hand story because it became

NOTE Confidence: 0.8262538

00:36:56.282 --> 00:36:58.707 enrolled in the promulgation and

NOTE Confidence: 0.8262538

00:36:58.707 --> 00:37:00.647 reinforcement at this claims.

NOTE Confidence: 0.8262538

00:37:00.650 --> 00:37:01.428 In short,

NOTE Confidence: 0.8262538

00:37:01.428 --> 00:37:03.762 the paper proved useful to different

NOTE Confidence: 0.8262538

00:37:03.762 --> 00:37:06.030 actors who repeated its claims

NOTE Confidence: 0.8262538

00:37:06.030 --> 00:37:08.385 to fulfill their own arguments

NOTE Confidence: 0.8262538

00:37:08.385 --> 00:37:10.020 about Psychiatry's pitfalls,
NOTE Confidence: 0.8262538

00:37:10.020 --> 00:37:13.513 making his study a useful object sensation
NOTE Confidence: 0.8262538

00:37:13.513 --> 00:37:16.708 with truthiness and a fact in the world,
NOTE Confidence: 0.8262538

00:37:16.710 --> 00:37:18.858 if not scientifically speaking,
NOTE Confidence: 0.8262538

00:37:18.858 --> 00:37:22.080 not a fact about the world.
NOTE Confidence: 0.8262538

00:37:22.080 --> 00:37:22.477 Spencer,
NOTE Confidence: 0.8262538

00:37:22.477 --> 00:37:23.271 you know?
NOTE Confidence: 0.8262538

00:37:23.271 --> 00:37:24.859 Compare Rosenhan study too.
NOTE Confidence: 0.8262538

00:37:24.860 --> 00:37:26.840 And I love this part,
NOTE Confidence: 0.8262538

00:37:26.840 --> 00:37:30.413 a tasty morsel that left a bad after taste.
NOTE Confidence: 0.8262538

00:37:30.420 --> 00:37:31.299 So if so,
NOTE Confidence: 0.8262538

00:37:31.299 --> 00:37:33.350 then it is one that we cannot
NOTE Confidence: 0.8262538

00:37:33.426 --> 00:37:36.006 help but continue to consume
NOTE Confidence: 0.8262538

00:37:36.006 --> 00:37:37.554 and regurgitate ourselves,
NOTE Confidence: 0.8262538

00:37:37.560 --> 00:37:38.948 for better or worse,
NOTE Confidence: 0.8262538

00:37:38.948 --> 00:37:41.496 it has become part of psychiatry's Canon

NOTE Confidence: 0.8262538

00:37:41.496 --> 00:37:43.486 morality play with uncertain losses

NOTE Confidence: 0.8262538

00:37:43.486 --> 00:37:45.900 about the failings of individuals,

NOTE Confidence: 0.8262538

00:37:45.900 --> 00:37:47.088 systems and practices,

NOTE Confidence: 0.8262538

00:37:47.088 --> 00:37:48.276 and as such,

NOTE Confidence: 0.8262538

00:37:48.280 --> 00:37:50.360 it's worth remembering that influential

NOTE Confidence: 0.8262538

00:37:50.360 --> 00:37:52.920 science is not set in stone.

NOTE Confidence: 0.8262538

00:37:52.920 --> 00:37:56.035 But itself must be recited and remembered.

NOTE Confidence: 0.8262538

00:37:56.040 --> 00:37:58.710 Canonical science is not made once,

NOTE Confidence: 0.8262538

00:37:58.710 --> 00:38:00.482 but is continually reproduced

NOTE Confidence: 0.8262538

00:38:00.482 --> 00:38:03.140 and thus is open to change

NOTE Confidence: 0.79773617

00:38:03.219 --> 00:38:05.877 and reinterpretation as you've just heard

NOTE Confidence: 0.79773617

00:38:05.877 --> 00:38:09.389 two in in your quote by Karl Popper.

NOTE Confidence: 0.79773617

00:38:09.390 --> 00:38:12.132 What, then, are the effects of

NOTE Confidence: 0.79773617

00:38:12.132 --> 00:38:13.960 our reproduction of rosenhan

NOTE Confidence: 0.79773617

00:38:14.043 --> 00:38:16.058 study in this forum today?

NOTE Confidence: 0.87141776

00:38:18.300 --> 00:38:21.130 I think one helpful effect.
NOTE Confidence: 0.87141776

00:38:21.130 --> 00:38:24.161 Would be a greater awareness of patient
NOTE Confidence: 0.87141776

00:38:24.161 --> 00:38:26.254 perspectives with regards to psychiatric
NOTE Confidence: 0.87141776

00:38:26.254 --> 00:38:28.774 care so that we can treat patients
NOTE Confidence: 0.87141776

00:38:28.774 --> 00:38:31.137 with humility instead of eragon's.
NOTE Confidence: 0.87141776

00:38:31.140 --> 00:38:33.666 Some of the worst abuses sterilizations
NOTE Confidence: 0.87141776

00:38:33.666 --> 00:38:36.221 lobotomys insulin shock have occurred in
NOTE Confidence: 0.87141776

00:38:36.221 --> 00:38:38.633 the history of psychiatry by physicians,
NOTE Confidence: 0.87141776

00:38:38.640 --> 00:38:41.090 believing that their good intentions
NOTE Confidence: 0.87141776

00:38:41.090 --> 00:38:43.540 inoculated them against that practices.
NOTE Confidence: 0.87141776

00:38:43.540 --> 00:38:45.370 Since history proves this untrue,
NOTE Confidence: 0.87141776

00:38:45.370 --> 00:38:47.692 we should ask what practices do
NOTE Confidence: 0.87141776

00:38:47.692 --> 00:38:50.116 we take for granted today that
NOTE Confidence: 0.87141776

00:38:50.116 --> 00:38:52.504 may be harmful to our patients?
NOTE Confidence: 0.87141776

00:38:52.510 --> 00:38:54.988 Susanna, you point out there are numerous
NOTE Confidence: 0.87141776

00:38:54.988 --> 00:38:57.400 problems ranging from diagnosis to treatment,

NOTE Confidence: 0.87141776

00:38:57.400 --> 00:38:58.459 including the misclassification

NOTE Confidence: 0.87141776

00:38:58.459 --> 00:39:00.224 of some psychotic illnesses is

NOTE Confidence: 0.87141776

00:39:00.224 --> 00:39:01.909 having at psychiatric origin,

NOTE Confidence: 0.87141776

00:39:01.910 --> 00:39:04.462 when in fact they may have a neurological

NOTE Confidence: 0.87141776

00:39:04.462 --> 00:39:07.297 ideology and you've become an advocate for

NOTE Confidence: 0.87141776

00:39:07.297 --> 00:39:09.427 patients seeking thorough medical workups,

NOTE Confidence: 0.87141776

00:39:09.430 --> 00:39:10.930 especially during the first

NOTE Confidence: 0.87141776

00:39:10.930 --> 00:39:12.055 presentations of psychosis.

NOTE Confidence: 0.87141776

00:39:12.060 --> 00:39:14.778 I think this is really crucial

NOTE Confidence: 0.87141776

00:39:14.778 --> 00:39:17.020 and totally agree with you.

NOTE Confidence: 0.87141776

00:39:17.020 --> 00:39:18.319 An in addition,

NOTE Confidence: 0.87141776

00:39:18.319 --> 00:39:20.484 my experience is a psychiatrist

NOTE Confidence: 0.87141776

00:39:20.484 --> 00:39:22.577 and training has made me ask.

NOTE Confidence: 0.87141776

00:39:22.580 --> 00:39:25.303 But who gets to have these thorough

NOTE Confidence: 0.87141776

00:39:25.303 --> 00:39:27.896 medical workups and what I've noticed is

NOTE Confidence: 0.87141776

00:39:27.896 --> 00:39:30.759 that more often than not in his people
NOTE Confidence: 0.87141776

00:39:30.759 --> 00:39:33.398 who are wealthy people who are white,
NOTE Confidence: 0.87141776

00:39:33.400 --> 00:39:35.885 were able to gain access to these
NOTE Confidence: 0.87141776

00:39:35.885 --> 00:39:38.333 workouts because they have the resources
NOTE Confidence: 0.87141776

00:39:38.333 --> 00:39:40.528 medical literacy and privilege that
NOTE Confidence: 0.87141776

00:39:40.528 --> 00:39:43.018 enables their demands to be respected.
NOTE Confidence: 0.87141776

00:39:43.020 --> 00:39:45.036 Just may partly explain why there
NOTE Confidence: 0.87141776

00:39:45.036 --> 00:39:46.810 are large disparities with black
NOTE Confidence: 0.87141776

00:39:46.810 --> 00:39:49.030 and Brown people been being given
NOTE Confidence: 0.87141776

00:39:49.030 --> 00:39:50.588 diagnosis of schizophrenia and
NOTE Confidence: 0.87141776

00:39:50.588 --> 00:39:52.156 then prescribed antipsychotics and
NOTE Confidence: 0.87141776

00:39:52.156 --> 00:39:54.116 higher rates than white people,
NOTE Confidence: 0.87141776

00:39:54.120 --> 00:39:56.688 and it is also an effect of the
NOTE Confidence: 0.87141776

00:39:56.688 --> 00:39:58.281 cultural and medical pathologization
NOTE Confidence: 0.87141776

00:39:58.281 --> 00:40:00.909 of black and Brown bodies that
NOTE Confidence: 0.87141776

00:40:00.909 --> 00:40:03.610 has a long and tragic history.

NOTE Confidence: 0.87141776

00:40:03.610 --> 00:40:05.906 So how then do we address issues

NOTE Confidence: 0.87141776

00:40:05.906 --> 00:40:07.846 of power and privilege that

NOTE Confidence: 0.87141776

00:40:07.846 --> 00:40:10.474 contribute to racial and class in

NOTE Confidence: 0.87141776

00:40:10.474 --> 00:40:13.179 equities in diagnosis and treatment?

NOTE Confidence: 0.87141776

00:40:13.180 --> 00:40:13.950 And finally,

NOTE Confidence: 0.87141776

00:40:13.950 --> 00:40:17.030 I think it is beneficial for us to

NOTE Confidence: 0.87141776

00:40:17.121 --> 00:40:19.827 discuss the elephant in the room,

NOTE Confidence: 0.87141776

00:40:19.830 --> 00:40:21.538 which is the uncomfortable

NOTE Confidence: 0.87141776

00:40:21.538 --> 00:40:23.246 relationship that psychiatry has

NOTE Confidence: 0.87141776

00:40:23.246 --> 00:40:25.239 with the rest of medicine.

NOTE Confidence: 0.87141776

00:40:25.240 --> 00:40:27.732 And since at least the 20th century

NOTE Confidence: 0.87141776

00:40:27.732 --> 00:40:30.498 psychiatry has been referred to as the

NOTE Confidence: 0.87141776

00:40:30.498 --> 00:40:32.538 Cinderella of Medicine sexist term

NOTE Confidence: 0.87141776

00:40:32.538 --> 00:40:34.499 keynoting psychiatry subservient.

NOTE Confidence: 0.87141776

00:40:34.500 --> 00:40:36.012 And lowly status among

NOTE Confidence: 0.87141776

00:40:36.012 --> 00:40:37.146 the medical specialties,
NOTE Confidence: 0.87141776

00:40:37.150 --> 00:40:39.532 one Tord which bad medical students
NOTE Confidence: 0.87141776

00:40:39.532 --> 00:40:42.282 with low USMLE scores or diverted when
NOTE Confidence: 0.87141776

00:40:42.282 --> 00:40:44.816 they can't hack it in real medicine
NOTE Confidence: 0.87141776

00:40:44.893 --> 00:40:47.789 and over the years I've been told that
NOTE Confidence: 0.87141776

00:40:47.789 --> 00:40:50.420 psychiatry is still in the dark Ages,
NOTE Confidence: 0.87141776

00:40:50.420 --> 00:40:52.310 that medical training is wasted
NOTE Confidence: 0.87141776

00:40:52.310 --> 00:40:53.066 on psychiatrists.
NOTE Confidence: 0.87141776

00:40:53.070 --> 00:40:55.350 That psychiatry is based on opinion,
NOTE Confidence: 0.87141776

00:40:55.350 --> 00:40:56.144 not facts,
NOTE Confidence: 0.87141776

00:40:56.144 --> 00:40:58.129 and that psychiatric medications don't
NOTE Confidence: 0.87141776

00:40:58.129 --> 00:41:00.648 work or cause more harm than good.
NOTE Confidence: 0.87141776

00:41:00.650 --> 00:41:03.560 And that talk therapy is useless.
NOTE Confidence: 0.87141776

00:41:03.560 --> 00:41:06.388 I should note here that many of
NOTE Confidence: 0.87141776

00:41:06.388 --> 00:41:08.830 these statements were made by others.
NOTE Confidence: 0.87141776

00:41:08.830 --> 00:41:12.540 Psychiatrists talk about internalized hatred.

NOTE Confidence: 0.87141776

00:41:12.540 --> 00:41:14.850 So to a certain extent,

NOTE Confidence: 0.87141776

00:41:14.850 --> 00:41:17.220 I think ROSENHAN'S study can be

NOTE Confidence: 0.87141776

00:41:17.220 --> 00:41:19.534 seen as reinforcing this hierarchal

NOTE Confidence: 0.87141776

00:41:19.534 --> 00:41:22.829 relationship between medicine and psychiatry.

NOTE Confidence: 0.87141776

00:41:22.830 --> 00:41:25.077 And I wonder if it's work hasn't

NOTE Confidence: 0.87141776

00:41:25.077 --> 00:41:26.974 contributed to the stigmatization of

NOTE Confidence: 0.87141776

00:41:26.974 --> 00:41:29.578 mental illnesses and has made people

NOTE Confidence: 0.87141776

00:41:29.578 --> 00:41:32.087 more reluctant to seek psychiatric care,

NOTE Confidence: 0.87141776

00:41:32.090 --> 00:41:34.406 even when it might be helpful.

NOTE Confidence: 0.87141776

00:41:34.410 --> 00:41:34.937 So.

NOTE Confidence: 0.87141776

00:41:34.937 --> 00:41:38.099 But maybe we shouldn't move past

NOTE Confidence: 0.87141776

00:41:38.099 --> 00:41:39.680 him too quickly.

NOTE Confidence: 0.87141776

00:41:39.680 --> 00:41:41.450 Since a closer look at his

NOTE Confidence: 0.87141776

00:41:41.450 --> 00:41:42.630 critiques in his paper

NOTE Confidence: 0.8191224

00:41:42.697 --> 00:41:45.189 reveals that one of the things that

NOTE Confidence: 0.8191224

00:41:45.189 --> 00:41:47.440 bothered wasn't handled most was a
NOTE Confidence: 0.8191224

00:41:47.440 --> 00:41:49.310 process by which hospitalization strip
NOTE Confidence: 0.8191224

00:41:49.310 --> 00:41:51.095 people their humanity and rendered
NOTE Confidence: 0.8191224

00:41:51.095 --> 00:41:53.300 them into compliant patients, not only
NOTE Confidence: 0.8191224

00:41:53.300 --> 00:41:56.170 four and marked by their the disease.
NOTE Confidence: 0.8191224

00:41:56.170 --> 00:41:57.805 He also criticized the technical
NOTE Confidence: 0.8191224

00:41:57.805 --> 00:41:59.854 aspects of diagnosis and the emphasis
NOTE Confidence: 0.8191224

00:41:59.854 --> 00:42:01.624 on medicating patients instead of
NOTE Confidence: 0.8191224

00:42:01.624 --> 00:42:03.689 spending time with them as healers.
NOTE Confidence: 0.8191224

00:42:03.690 --> 00:42:05.748 He urged for more Humane treatment,
NOTE Confidence: 0.8191224

00:42:05.750 --> 00:42:06.324 psychiatric patients,
NOTE Confidence: 0.8191224

00:42:06.324 --> 00:42:09.179 and this is a point I think you also
NOTE Confidence: 0.8191224

00:42:09.179 --> 00:42:10.503 illustrate beautifully, Susanna,
NOTE Confidence: 0.8191224

00:42:10.503 --> 00:42:12.381 when you share that the most
NOTE Confidence: 0.8191224

00:42:12.381 --> 00:42:14.124 important part of your hospitalization
NOTE Confidence: 0.8191224

00:42:14.124 --> 00:42:16.344 was when Doctor Najjar sat down,

NOTE Confidence: 0.8191224

00:42:16.350 --> 00:42:20.067 looked you in the eye and told you that

NOTE Confidence: 0.8191224

00:42:20.067 --> 00:42:23.725 he would do everything to help you.

NOTE Confidence: 0.8191224

00:42:23.730 --> 00:42:26.047 So I wonder if this call for

NOTE Confidence: 0.8191224

00:42:26.047 --> 00:42:28.278 psychiatry to be more Humane can

NOTE Confidence: 0.8191224

00:42:28.278 --> 00:42:30.588 be extended to all of medicine.

NOTE Confidence: 0.8191224

00:42:30.590 --> 00:42:33.019 Those who have spent anytime as a

NOTE Confidence: 0.8191224

00:42:33.019 --> 00:42:35.220 patient or family in the hospital,

NOTE Confidence: 0.8191224

00:42:35.220 --> 00:42:37.000 which I suspect is most,

NOTE Confidence: 0.8191224

00:42:37.000 --> 00:42:38.780 if not all of us,

NOTE Confidence: 0.8191224

00:42:38.780 --> 00:42:40.410 would likely agree that the

NOTE Confidence: 0.8191224

00:42:40.410 --> 00:42:42.040 problems Rosenhan described are not

NOTE Confidence: 0.8191224

00:42:42.100 --> 00:42:43.760 unique to psychiatric hospitals.

NOTE Confidence: 0.8191224

00:42:43.760 --> 00:42:44.562 If anything,

NOTE Confidence: 0.8191224

00:42:44.562 --> 00:42:46.968 the emphasis on the technical aspects

NOTE Confidence: 0.8191224

00:42:46.968 --> 00:42:48.768 of medicine has only increased

NOTE Confidence: 0.8191224

00:42:48.768 --> 00:42:50.938 over the past 50 years and we
NOTE Confidence: 0.8191224

00:42:51.009 --> 00:42:53.410 now have a huge assortment of on
NOTE Confidence: 0.8191224

00:42:53.410 --> 00:42:54.915 spiring machines and technologies,
NOTE Confidence: 0.8191224

00:42:54.915 --> 00:42:56.340 medications and treatments.
NOTE Confidence: 0.8191224

00:42:56.340 --> 00:42:59.190 But we've also organized our health
NOTE Confidence: 0.8191224

00:42:59.259 --> 00:43:01.483 care in a way that exacts high costs
NOTE Confidence: 0.8191224

00:43:01.483 --> 00:43:03.767 in terms of both finances and labor.
NOTE Confidence: 0.8191224

00:43:03.770 --> 00:43:06.464 Anna's doctors we rely a great
NOTE Confidence: 0.8191224

00:43:06.464 --> 00:43:08.260 deal and lab values,
NOTE Confidence: 0.8191224

00:43:08.260 --> 00:43:10.360 tests and imaging on thinking
NOTE Confidence: 0.8191224

00:43:10.360 --> 00:43:12.040 about algorithms and rating
NOTE Confidence: 0.8191224

00:43:12.040 --> 00:43:13.649 skills on documentation,
NOTE Confidence: 0.8191224

00:43:13.650 --> 00:43:15.754 disposition plans and justifying
NOTE Confidence: 0.8191224

00:43:15.754 --> 00:43:17.858 here to insurance companies.
NOTE Confidence: 0.8191224

00:43:17.860 --> 00:43:20.646 And the result has been to prioritize
NOTE Confidence: 0.8191224

00:43:20.646 --> 00:43:22.355 doing things about patients

NOTE Confidence: 0.8191224

00:43:22.355 --> 00:43:24.977 instead of doing things with them,

NOTE Confidence: 0.8191224

00:43:24.980 --> 00:43:27.045 which reduces the time spent

NOTE Confidence: 0.8191224

00:43:27.045 --> 00:43:29.110 with patients and increases in

NOTE Confidence: 0.8191224

00:43:29.180 --> 00:43:31.208 emphasis on medicating them

NOTE Confidence: 0.8191224

00:43:31.208 --> 00:43:33.236 and ensuring their compliance.

NOTE Confidence: 0.8191224

00:43:33.240 --> 00:43:35.742 And I think this not only

NOTE Confidence: 0.8191224

00:43:35.742 --> 00:43:36.993 makes patients dissatisfied,

NOTE Confidence: 0.8191224

00:43:37.000 --> 00:43:38.756 dissatisfied with their care,

NOTE Confidence: 0.8191224

00:43:38.756 --> 00:43:40.951 it also makes doctors disillusioned

NOTE Confidence: 0.8191224

00:43:40.951 --> 00:43:42.019 with our work,

NOTE Confidence: 0.8191224

00:43:42.020 --> 00:43:44.910 contributing to burnout and attrition.

NOTE Confidence: 0.8191224

00:43:44.910 --> 00:43:47.759 And both my patients and my colleagues

NOTE Confidence: 0.8191224

00:43:47.759 --> 00:43:50.095 have complained that modern medicine

NOTE Confidence: 0.8191224

00:43:50.095 --> 00:43:52.167 has become more bureaucratic,

NOTE Confidence: 0.8191224

00:43:52.170 --> 00:43:54.072 technocratic and disconnected.

NOTE Confidence: 0.8191224

00:43:54.072 --> 00:43:56.608 In the word inhuman.
NOTE Confidence: 0.8191224

00:43:56.610 --> 00:44:00.140 How can we rectify this?
NOTE Confidence: 0.8191224

00:44:00.140 --> 00:44:02.541 I think your book is exemplary of
NOTE Confidence: 0.8191224

00:44:02.541 --> 00:44:04.907 the kind of work and scholarship
NOTE Confidence: 0.8191224

00:44:04.907 --> 00:44:07.421 that can be helpful and leading
NOTE Confidence: 0.8191224

00:44:07.421 --> 00:44:09.448 us out of this problem.
NOTE Confidence: 0.8191224

00:44:09.450 --> 00:44:11.448 We need more writers like you
NOTE Confidence: 0.8191224

00:44:11.448 --> 00:44:14.226 to remind us of the limits and
NOTE Confidence: 0.8191224

00:44:14.226 --> 00:44:16.046 failings of modern medicine,
NOTE Confidence: 0.8191224

00:44:16.050 --> 00:44:19.146 and insist on the humanity of our patients.
NOTE Confidence: 0.8191224

00:44:19.150 --> 00:44:21.982 We need doctors to listen to you and
NOTE Confidence: 0.8191224

00:44:21.982 --> 00:44:24.885 to others who are experts on their
NOTE Confidence: 0.8191224

00:44:24.885 --> 00:44:27.533 own illnesses and suffering as part
NOTE Confidence: 0.8191224

00:44:27.533 --> 00:44:30.239 of the tapestry of human experience.
NOTE Confidence: 0.8191224

00:44:30.240 --> 00:44:32.390 We need journalists and writers,
NOTE Confidence: 0.8191224

00:44:32.390 --> 00:44:34.110 humanists, and social scientists,

NOTE Confidence: 0.8191224

00:44:34.110 --> 00:44:35.400 artists, and advocates,

NOTE Confidence: 0.8191224

00:44:35.400 --> 00:44:38.596 people of all colors, and ways of life.

NOTE Confidence: 0.8191224

00:44:38.596 --> 00:44:40.810 In order to help medicine live

NOTE Confidence: 0.8191224

00:44:40.890 --> 00:44:43.690 up to its promise to leave it

NOTE Confidence: 0.8191224

00:44:43.690 --> 00:44:44.890 illness and suffering,

NOTE Confidence: 0.8191224

00:44:44.890 --> 00:44:46.600 and to amplify our potential

NOTE Confidence: 0.8191224

00:44:46.600 --> 00:44:47.968 to become more Humane.

NOTE Confidence: 0.9350924

00:44:50.340 --> 00:44:50.850 Thank you.

NOTE Confidence: 0.82709557

00:44:57.180 --> 00:44:58.822 Thank you so much Nathan.

NOTE Confidence: 0.82709557

00:44:58.822 --> 00:45:00.730 I feel like wow both talks

NOTE Confidence: 0.82709557

00:45:00.809 --> 00:45:03.784 that you gave were wonderful and exhausted.

NOTE Confidence: 0.82709557

00:45:03.790 --> 00:45:04.448 An exhaustive.

NOTE Confidence: 0.82709557

00:45:04.448 --> 00:45:07.080 I'm sorry of the subject and now I'm

NOTE Confidence: 0.82709557

00:45:07.144 --> 00:45:09.658 wondering what questions we still have,

NOTE Confidence: 0.82709557

00:45:09.660 --> 00:45:12.588 which I'm sure will have from the audience.

NOTE Confidence: 0.82709557

00:45:12.590 --> 00:45:15.893 But one of the things I'd want you both,
NOTE Confidence: 0.82709557

00:45:15.900 --> 00:45:19.564 and perhaps maybe Susana 1st and then Nathan.
NOTE Confidence: 0.82709557

00:45:19.570 --> 00:45:21.913 You do this wonderful investigation of
NOTE Confidence: 0.82709557

00:45:21.913 --> 00:45:23.868 an investigation and it's incredible,
NOTE Confidence: 0.82709557

00:45:23.870 --> 00:45:27.923 and I want to ask you a bit in in a bit
NOTE Confidence: 0.82709557

00:45:27.923 --> 00:45:30.910 about your personal journey through this,
NOTE Confidence: 0.82709557

00:45:30.910 --> 00:45:34.287 but one of the things that I was wondering
NOTE Confidence: 0.82709557

00:45:34.287 --> 00:45:37.559 this whole time about the Rosenhan study is,
NOTE Confidence: 0.82709557

00:45:37.560 --> 00:45:39.560 despite the flaws and
NOTE Confidence: 0.82709557

00:45:39.560 --> 00:45:41.060 despite removing people.
NOTE Confidence: 0.82709557

00:45:41.060 --> 00:45:43.593 The basis of his study was
NOTE Confidence: 0.82709557

00:45:43.593 --> 00:45:46.119 if I pretend to hear voices,
NOTE Confidence: 0.82709557

00:45:46.120 --> 00:45:49.640 an if I act this way and give a false
NOTE Confidence: 0.82709557

00:45:49.742 --> 00:45:53.350 story to a psychiatrist, can I fool them?
NOTE Confidence: 0.82709557

00:45:53.350 --> 00:45:55.890 And when you sit back and think,
NOTE Confidence: 0.82709557

00:45:55.890 --> 00:45:57.562 I mean to me and Nathan talks about

NOTE Confidence: 0.82709557

00:45:57.562 --> 00:45:59.098 we need to listen to patients.

NOTE Confidence: 0.82709557

00:45:59.100 --> 00:46:01.292 We need to hear what they have to

NOTE Confidence: 0.82709557

00:46:01.292 --> 00:46:03.390 say and we have to trust them.

NOTE Confidence: 0.82709557

00:46:03.390 --> 00:46:06.110 So I'm wondering.

NOTE Confidence: 0.82709557

00:46:06.110 --> 00:46:07.838 It just made me wonder about

NOTE Confidence: 0.82709557

00:46:07.838 --> 00:46:08.702 this whole study.

NOTE Confidence: 0.82709557

00:46:08.710 --> 00:46:10.635 Like how can we blame a psychiatrist

NOTE Confidence: 0.82709557

00:46:10.635 --> 00:46:12.356 for believing what the patient said

NOTE Confidence: 0.82709557

00:46:12.356 --> 00:46:14.036 and making a diagnosis when there

NOTE Confidence: 0.82709557

00:46:14.036 --> 00:46:15.873 isn't a blood test for schizophrenia

NOTE Confidence: 0.82709557

00:46:15.873 --> 00:46:17.373 and there aren't blood tests.

NOTE Confidence: 0.82709557

00:46:17.380 --> 00:46:18.226 So I'm wondering,

NOTE Confidence: 0.82709557

00:46:18.226 --> 00:46:20.200 maybe Susanna you can speak about it

NOTE Confidence: 0.82709557

00:46:20.260 --> 00:46:22.087 from the patients point of view of

NOTE Confidence: 0.82709557

00:46:22.087 --> 00:46:24.028 what you expect from the interaction.

NOTE Confidence: 0.82709557

00:46:24.030 --> 00:46:25.808 And then they think you can speak
NOTE Confidence: 0.82709557

00:46:25.808 --> 00:46:27.499 about it from a diagnostician.
NOTE Confidence: 0.82709557

00:46:27.500 --> 00:46:29.240 I've did this make you feel
NOTE Confidence: 0.82709557

00:46:29.240 --> 00:46:30.680 uncomfortable to think as one.
NOTE Confidence: 0.82709557

00:46:30.680 --> 00:46:33.479 That is one I'm going to lie about their
NOTE Confidence: 0.82709557

00:46:33.479 --> 00:46:35.954 symptoms and play gotcha with me and then.
NOTE Confidence: 0.82709557

00:46:35.960 --> 00:46:37.320 And how do we
NOTE Confidence: 0.78322655

00:46:37.320 --> 00:46:38.295 deal with that?
NOTE Confidence: 0.78322655

00:46:38.295 --> 00:46:41.344 I just before I even got to say to
NOTE Confidence: 0.78322655

00:46:41.344 --> 00:46:43.759 Nathans like I just I just really.
NOTE Confidence: 0.78322655

00:46:43.760 --> 00:46:46.592 I'm very moved by your like an emotional
NOTE Confidence: 0.78322655

00:46:46.592 --> 00:46:48.839 but you're taking my book and I,
NOTE Confidence: 0.78322655

00:46:48.840 --> 00:46:52.440 you know I think. There are so many
NOTE Confidence: 0.78322655

00:46:52.440 --> 00:46:54.428 interesting things that you do.
NOTE Confidence: 0.78322655

00:46:54.430 --> 00:46:56.358 He pulled from the book and so many
NOTE Confidence: 0.78322655

00:46:56.358 --> 00:46:58.060 things that I dreamed that physicians

NOTE Confidence: 0.78322655

00:46:58.060 --> 00:47:00.020 reading my book would pull from it.

NOTE Confidence: 0.78322655

00:47:00.020 --> 00:47:02.180 So I just want to thank you for the

NOTE Confidence: 0.78322655

00:47:02.180 --> 00:47:04.266 way that you engage with my book.

NOTE Confidence: 0.78322655

00:47:04.270 --> 00:47:06.125 And it means a lot to me.

NOTE Confidence: 0.78322655

00:47:06.130 --> 00:47:07.460 But to your point, Randy,

NOTE Confidence: 0.78322655

00:47:07.460 --> 00:47:09.329 about you know the question of oh,

NOTE Confidence: 0.78322655

00:47:09.330 --> 00:47:09.860 the gotcha.

NOTE Confidence: 0.78322655

00:47:09.860 --> 00:47:11.450 And what does it really mean?

NOTE Confidence: 0.78322655

00:47:11.450 --> 00:47:11.990 You know,

NOTE Confidence: 0.78322655

00:47:11.990 --> 00:47:14.649 I think the answer to that is that if you,

NOTE Confidence: 0.78322655

00:47:14.650 --> 00:47:16.209 if it was just like, oh,

NOTE Confidence: 0.78322655

00:47:16.209 --> 00:47:18.041 that I know I was able to fool

NOTE Confidence: 0.78322655

00:47:18.041 --> 00:47:19.233 psychiatrist into diagnosing me

NOTE Confidence: 0.78322655

00:47:19.233 --> 00:47:20.753 on the spot with schizophrenia,

NOTE Confidence: 0.78322655

00:47:20.760 --> 00:47:22.545 which would never happen now because there

NOTE Confidence: 0.78322655

00:47:22.545 --> 00:47:25.160 is a lot longer length of time that happened.
NOTE Confidence: 0.78322655

00:47:25.160 --> 00:47:25.462 Etc.
NOTE Confidence: 0.78322655

00:47:25.462 --> 00:47:27.576 It was the fact that it wasn't
NOTE Confidence: 0.78322655

00:47:27.576 --> 00:47:29.489 just the initial diagnosis.
NOTE Confidence: 0.78322655

00:47:29.490 --> 00:47:31.758 It was then, according to David Rosenhan,
NOTE Confidence: 0.78322655

00:47:31.760 --> 00:47:34.344 up to 52 days of supporting that diagnosis,
NOTE Confidence: 0.78322655

00:47:34.350 --> 00:47:36.576 even though the patient quote unquote behave
NOTE Confidence: 0.78322655

00:47:36.576 --> 00:47:39.210 as normally as they could within the context.
NOTE Confidence: 0.78322655

00:47:39.210 --> 00:47:41.148 So the really the question was,
NOTE Confidence: 0.78322655

00:47:41.150 --> 00:47:42.770 is there validity to psychiatry
NOTE Confidence: 0.78322655

00:47:42.770 --> 00:47:44.066 as a scientific specialty?
NOTE Confidence: 0.78322655

00:47:44.070 --> 00:47:46.986 You know, if we can so get this wrong,
NOTE Confidence: 0.78322655

00:47:46.990 --> 00:47:47.959 not just once.
NOTE Confidence: 0.78322655

00:47:47.959 --> 00:47:48.928 An initial assessment,
NOTE Confidence: 0.78322655

00:47:48.930 --> 00:47:50.808 but on repeated assessment of multiple
NOTE Confidence: 0.78322655

00:47:50.808 --> 00:47:53.109 doctors when someone has stopped kind of

NOTE Confidence: 0.78322655

00:47:53.109 --> 00:47:54.759 thinking any other following symptom,

NOTE Confidence: 0.78322655

00:47:54.760 --> 00:47:56.104 what does schizophrenia mean?

NOTE Confidence: 0.78322655

00:47:56.104 --> 00:47:58.842 And I I think that's what really kind

NOTE Confidence: 0.78322655

00:47:58.842 --> 00:48:01.124 of stuck in people's minds and what?

NOTE Confidence: 0.78322655

00:48:01.130 --> 00:48:03.236 Why it was more than just

NOTE Confidence: 0.78322655

00:48:03.236 --> 00:48:04.850 that individual doctor and I,

NOTE Confidence: 0.78322655

00:48:04.850 --> 00:48:07.554 I think that's why it rises above the

NOTE Confidence: 0.78322655

00:48:07.554 --> 00:48:09.241 initial OK, the initial diagnosis,

NOTE Confidence: 0.78322655

00:48:09.241 --> 00:48:10.589 if that makes sense.

NOTE Confidence: 0.8214342

00:48:14.920 --> 00:48:17.545 Yeah, I'm gonna echo that as well.

NOTE Confidence: 0.8214342

00:48:17.550 --> 00:48:22.650 And and also. Thank Susannah again just for.

NOTE Confidence: 0.85500455

00:48:24.690 --> 00:48:26.350 Sharing her story multiple

NOTE Confidence: 0.85500455

00:48:26.350 --> 00:48:28.010 times without seeing anything,

NOTE Confidence: 0.85500455

00:48:28.010 --> 00:48:31.574 making it possible for us to

NOTE Confidence: 0.85500455

00:48:31.574 --> 00:48:33.950 have this conversation together.

NOTE Confidence: 0.85500455

00:48:33.950 --> 00:48:36.953 It actually has been inspiring for me
NOTE Confidence: 0.85500455

00:48:36.953 --> 00:48:42.540 in multiple ways, so yeah, I. I think.
NOTE Confidence: 0.85500455

00:48:42.540 --> 00:48:45.889 To get your question Randy, I it is.
NOTE Confidence: 0.85500455

00:48:45.889 --> 00:48:50.170 It is a critique right that I think.
NOTE Confidence: 0.85500455

00:48:50.170 --> 00:48:53.474 Was stated by people who run Red Rose
NOTE Confidence: 0.85500455

00:48:53.474 --> 00:48:56.590 in his paper when it came out in
NOTE Confidence: 0.85500455

00:48:56.590 --> 00:49:00.119 in in the 70s that that one of the,
NOTE Confidence: 0.85500455

00:49:00.120 --> 00:49:04.230 I think most illustrative critiques was.
NOTE Confidence: 0.85500455

00:49:04.230 --> 00:49:06.876 Doctors said like if I drink blood
NOTE Confidence: 0.85500455

00:49:06.876 --> 00:49:09.538 right and then do someting yes and
NOTE Confidence: 0.85500455

00:49:09.538 --> 00:49:12.232 show up at the hospital and doctors
NOTE Confidence: 0.85500455

00:49:12.232 --> 00:49:14.807 diagnose me with an ulcer, right?
NOTE Confidence: 0.85500455

00:49:14.807 --> 00:49:17.516 That doesn't prove that there that that
NOTE Confidence: 0.85500455

00:49:17.516 --> 00:49:19.908 doctors don't know what they're doing,
NOTE Confidence: 0.85500455

00:49:19.910 --> 00:49:21.786 that they're misdiagnosing people.
NOTE Confidence: 0.85500455

00:49:21.786 --> 00:49:25.286 It just shows that it's possible to fool

NOTE Confidence: 0.85500455

00:49:25.286 --> 00:49:27.750 doctors and this is this is this is,

NOTE Confidence: 0.85500455

00:49:27.750 --> 00:49:30.096 I think, a very illustrative point.

NOTE Confidence: 0.85500455

00:49:30.100 --> 00:49:32.950 Because it's true, we we.

NOTE Confidence: 0.85500455

00:49:32.950 --> 00:49:35.498 We do have to take seriously what

NOTE Confidence: 0.85500455

00:49:35.498 --> 00:49:37.575 our patients tell us, right?

NOTE Confidence: 0.85500455

00:49:37.575 --> 00:49:39.660 And there is.

NOTE Confidence: 0.85500455

00:49:39.660 --> 00:49:40.096 Anne.

NOTE Confidence: 0.85500455

00:49:40.096 --> 00:49:43.584 And there is a certain amount of of

NOTE Confidence: 0.85500455

00:49:43.584 --> 00:49:47.140 faith and trust and credibility in

NOTE Confidence: 0.85500455

00:49:47.140 --> 00:49:50.160 the doctor and patient relationship,

NOTE Confidence: 0.85500455

00:49:50.160 --> 00:49:51.957 which is really,

NOTE Confidence: 0.85500455

00:49:51.957 --> 00:49:54.952 really crucial to how medicine

NOTE Confidence: 0.85500455

00:49:54.952 --> 00:49:58.219 good medicine should be practiced.

NOTE Confidence: 0.85500455

00:49:58.220 --> 00:50:00.734 You know with regards to rosenhan's

NOTE Confidence: 0.85500455

00:50:00.734 --> 00:50:03.279 other critiques of labeling and Suzanne,

NOTE Confidence: 0.85500455

00:50:03.280 --> 00:50:05.818 you talk about this as well.
NOTE Confidence: 0.85500455

00:50:05.820 --> 00:50:09.438 That part you know is something
NOTE Confidence: 0.85500455

00:50:09.438 --> 00:50:12.340 that we should all be.
NOTE Confidence: 0.85500455

00:50:12.340 --> 00:50:14.384 Mindful love and I think it's something
NOTE Confidence: 0.85500455

00:50:14.384 --> 00:50:16.847 as we have physicians talk about now,
NOTE Confidence: 0.85500455

00:50:16.850 --> 00:50:17.157 right?
NOTE Confidence: 0.85500455

00:50:17.157 --> 00:50:18.999 Like when we have somebody has
NOTE Confidence: 0.85500455

00:50:18.999 --> 00:50:20.709 a chart diagnosis of something.
NOTE Confidence: 0.85500455

00:50:20.710 --> 00:50:21.733 It sticks right?
NOTE Confidence: 0.85500455

00:50:21.733 --> 00:50:24.120 And it has really little profound effects
NOTE Confidence: 0.85500455

00:50:24.182 --> 00:50:26.828 on how that patient is treated in the future.
NOTE Confidence: 0.85500455

00:50:26.830 --> 00:50:30.120 And it is a good.
NOTE Confidence: 0.85500455

00:50:30.120 --> 00:50:31.896 It's a good lesson for us to keep
NOTE Confidence: 0.85500455

00:50:31.896 --> 00:50:33.633 in mind to be astute observers
NOTE Confidence: 0.85500455

00:50:33.633 --> 00:50:35.487 and to also always reassess what's
NOTE Confidence: 0.85500455

00:50:35.542 --> 00:50:37.058 happening with our patients.

NOTE Confidence: 0.80963403

00:50:38.890 --> 00:50:39.802 Make recently acquaint

NOTE Confidence: 0.80963403

00:50:39.802 --> 00:50:41.626 you know the at the time.

NOTE Confidence: 0.80963403

00:50:41.630 --> 00:50:43.150 The media really focused on

NOTE Confidence: 0.80963403

00:50:43.150 --> 00:50:44.670 psychiatrist fooled by sham symptoms.

NOTE Confidence: 0.80963403

00:50:44.670 --> 00:50:47.379 But I think the most enduring part of the

NOTE Confidence: 0.80963403

00:50:47.379 --> 00:50:50.135 people that appealed to me and what makes it?

NOTE Confidence: 0.80963403

00:50:50.140 --> 00:50:52.177 What is some of the reason why

NOTE Confidence: 0.80963403

00:50:52.177 --> 00:50:54.047 it continues to have this truth

NOTE Confidence: 0.80963403

00:50:54.047 --> 00:50:56.217 emails which I love that you use.

NOTE Confidence: 0.80963403

00:50:56.220 --> 00:50:58.516 That is because it did hit on something

NOTE Confidence: 0.80963403

00:50:58.516 --> 00:51:00.776 very detailed role of contexts and labeling.

NOTE Confidence: 0.80963403

00:51:00.780 --> 00:51:02.300 You know, in my experience,

NOTE Confidence: 0.80963403

00:51:02.300 --> 00:51:03.516 that happened to me,

NOTE Confidence: 0.80963403

00:51:03.516 --> 00:51:04.428 various points are,

NOTE Confidence: 0.80963403

00:51:04.430 --> 00:51:06.374 you know there was a mistake in my medical

NOTE Confidence: 0.80963403

00:51:06.374 --> 00:51:07.893 record that overestimated extraordinarily
NOTE Confidence: 0.80963403

00:51:07.893 --> 00:51:09.988 overestimate estimated my daily drinking.
NOTE Confidence: 0.80963403

00:51:09.990 --> 00:51:13.419 Of alcohol and that really shaped the way my
NOTE Confidence: 0.80963403

00:51:13.419 --> 00:51:16.046 neurologist saw me under initial assessment,
NOTE Confidence: 0.80963403

00:51:16.050 --> 00:51:17.474 so these early labels.
NOTE Confidence: 0.80963403

00:51:17.474 --> 00:51:19.610 These early words that get into
NOTE Confidence: 0.80963403

00:51:19.685 --> 00:51:21.501 people's hearts can really
NOTE Confidence: 0.80963403

00:51:21.501 --> 00:51:23.317 derail treatment and really,
NOTE Confidence: 0.80963403

00:51:23.320 --> 00:51:24.936 really affect outcomes too.
NOTE Confidence: 0.80963403

00:51:24.936 --> 00:51:28.624 So I think that that that part of the
NOTE Confidence: 0.80963403

00:51:28.624 --> 00:51:31.396 paper is what makes it really important,
NOTE Confidence: 0.80963403

00:51:31.400 --> 00:51:32.570 and I continue.
NOTE Confidence: 0.80963403

00:51:32.570 --> 00:51:34.520 And even though it's extremely
NOTE Confidence: 0.80963403

00:51:34.520 --> 00:51:36.611 flawed and someone even some
NOTE Confidence: 0.80963403

00:51:36.611 --> 00:51:38.666 would use the word fraudulent,
NOTE Confidence: 0.80963403

00:51:38.670 --> 00:51:41.340 I think there are some real.

NOTE Confidence: 0.80963403

00:51:41.340 --> 00:51:43.454 That is one of the primary takeaways

NOTE Confidence: 0.80963403

00:51:43.460 --> 00:51:45.578 beyond just the kind of kind of

NOTE Confidence: 0.80963403

00:51:45.578 --> 00:51:46.790 schooling psychiatrists I think.

NOTE Confidence: 0.86621016

00:51:48.050 --> 00:51:50.430 And Susanna, I wanna pull from you

NOTE Confidence: 0.86621016

00:51:50.430 --> 00:51:52.440 some things because we're we're so

NOTE Confidence: 0.86621016

00:51:52.440 --> 00:51:54.288 grateful to have you here today

NOTE Confidence: 0.86621016

00:51:54.288 --> 00:51:56.329 an I want to pull some things

NOTE Confidence: 0.86621016

00:51:56.329 --> 00:51:58.692 that might not be in the book or

NOTE Confidence: 0.86621016

00:51:58.692 --> 00:52:00.570 that you might not have shared.

NOTE Confidence: 0.86621016

00:52:00.570 --> 00:52:01.150 Another talks.

NOTE Confidence: 0.86621016

00:52:01.150 --> 00:52:03.470 One of the things that you began by

NOTE Confidence: 0.86621016

00:52:03.531 --> 00:52:05.481 saying which was so interesting that

NOTE Confidence: 0.86621016

00:52:05.481 --> 00:52:07.768 when you talk about your first book,

NOTE Confidence: 0.86621016

00:52:07.770 --> 00:52:09.648 you you sort of separate yourself.

NOTE Confidence: 0.86621016

00:52:09.650 --> 00:52:11.834 You don't say I went through this.

NOTE Confidence: 0.86621016

00:52:11.840 --> 00:52:14.396 You talk about brain on fire.

NOTE Confidence: 0.86621016

00:52:14.400 --> 00:52:16.234 But it seems to me having read this,

NOTE Confidence: 0.86621016

00:52:16.234 --> 00:52:17.863 I know I told you before I've

NOTE Confidence: 0.86621016

00:52:17.863 --> 00:52:19.375 read your book now three times,

NOTE Confidence: 0.86621016

00:52:19.380 --> 00:52:22.062 and each time it is such a page Turner.

NOTE Confidence: 0.86621016

00:52:22.070 --> 00:52:22.670 But

NOTE Confidence: 0.8809057

00:52:24.060 --> 00:52:25.228 you were going like

NOTE Confidence: 0.8809057

00:52:25.230 --> 00:52:27.574 it. You were going back into your history.

NOTE Confidence: 0.8809057

00:52:27.580 --> 00:52:29.624 You write about what you went through,

NOTE Confidence: 0.8809057

00:52:29.630 --> 00:52:31.095 your immersing yourself in psychiatry

NOTE Confidence: 0.8809057

00:52:31.095 --> 00:52:32.560 and diagnosis was that painful.

NOTE Confidence: 0.8809057

00:52:32.560 --> 00:52:34.318 I mean, you know I could.

NOTE Confidence: 0.8809057

00:52:34.320 --> 00:52:36.186 I could easily see your beautiful

NOTE Confidence: 0.8809057

00:52:36.186 --> 00:52:38.120 writer that you would want to go.

NOTE Confidence: 0.8809057

00:52:38.120 --> 00:52:39.475 Let's take on something that

NOTE Confidence: 0.8809057

00:52:39.475 --> 00:52:41.197 doesn't touch on my own personal

NOTE Confidence: 0.8809057

00:52:41.197 --> 00:52:43.045 history which you want to separate

NOTE Confidence: 0.8809057

00:52:43.045 --> 00:52:44.858 yourself as you had said before.

NOTE Confidence: 0.8809057

00:52:44.860 --> 00:52:47.497 So what was it like the process of writing?

NOTE Confidence: 0.8809057

00:52:47.500 --> 00:52:49.607 But did you ever say to yourself

NOTE Confidence: 0.8809057

00:52:49.607 --> 00:52:51.599 when you're in the thick of it?

NOTE Confidence: 0.8809057

00:52:51.600 --> 00:52:54.568 It's too late now, but I should have.

NOTE Confidence: 0.8809057

00:52:54.570 --> 00:52:57.270 Done something a lot lighter or not cycle. My

NOTE Confidence: 0.8175029

00:52:57.270 --> 00:52:58.770 husband keeps saying you do?

NOTE Confidence: 0.8175029

00:52:58.770 --> 00:53:00.570 What about wine country and valleys?

NOTE Confidence: 0.8175029

00:53:00.570 --> 00:53:02.754 But now it's it's funny that you

NOTE Confidence: 0.8175029

00:53:02.754 --> 00:53:04.881 say that because I came I don't

NOTE Confidence: 0.8175029

00:53:04.881 --> 00:53:06.561 at all feel this any anymore,

NOTE Confidence: 0.8175029

00:53:06.570 --> 00:53:08.370 but the kind of Edward R.

NOTE Confidence: 0.8175029

00:53:08.370 --> 00:53:09.570 Murrow school? You don't.

NOTE Confidence: 0.8175029

00:53:09.570 --> 00:53:11.712 You don't become part of the story

NOTE Confidence: 0.8175029

00:53:11.712 --> 00:53:13.470 if you're a real journalist, right?

NOTE Confidence: 0.8175029

00:53:13.470 --> 00:53:15.270 We try to have this objective.

NOTE Confidence: 0.8175029

00:53:15.270 --> 00:53:17.070 You know, I've given that up.

NOTE Confidence: 0.8175029

00:53:17.070 --> 00:53:20.070 I think that I think in a lot of ways,

NOTE Confidence: 0.8175029

00:53:20.070 --> 00:53:21.545 my story, my experience shaped

NOTE Confidence: 0.8175029

00:53:21.545 --> 00:53:23.370 the way I wrote this book,

NOTE Confidence: 0.8175029

00:53:23.370 --> 00:53:25.236 and I'm very upfront about that.

NOTE Confidence: 0.8175029

00:53:25.240 --> 00:53:26.228 And so I was,

NOTE Confidence: 0.8175029

00:53:26.228 --> 00:53:28.163 I initially when I when I actually

NOTE Confidence: 0.8175029

00:53:28.163 --> 00:53:30.068 sold this book on proposal,

NOTE Confidence: 0.8175029

00:53:30.070 --> 00:53:31.876 it was a far different book.

NOTE Confidence: 0.8175029

00:53:31.880 --> 00:53:33.692 I didn't know that I would

NOTE Confidence: 0.8175029

00:53:33.692 --> 00:53:34.598 face these questions.

NOTE Confidence: 0.8175029

00:53:34.600 --> 00:53:36.560 I thought it was just going to

NOTE Confidence: 0.8175029

00:53:36.560 --> 00:53:38.429 be an exploration of this study

NOTE Confidence: 0.8175029

00:53:38.429 --> 00:53:40.034 in a very straightforward way,

NOTE Confidence: 0.8175029

00:53:40.040 --> 00:53:40.644 not investigation,

NOTE Confidence: 0.8175029

00:53:40.644 --> 00:53:42.758 and I wrote it in third person.

NOTE Confidence: 0.8175029

00:53:42.760 --> 00:53:44.566 I I wasn't it wasn't it?

NOTE Confidence: 0.8175029

00:53:44.570 --> 00:53:46.080 You know it wasn't there

NOTE Confidence: 0.8175029

00:53:46.080 --> 00:53:47.590 wasn't really an eye there,

NOTE Confidence: 0.8175029

00:53:47.590 --> 00:53:49.396 and you know, I just started.

NOTE Confidence: 0.8175029

00:53:49.400 --> 00:53:50.954 I kept coming back to might

NOTE Confidence: 0.8175029

00:53:50.954 --> 00:53:52.720 not only my own experience,

NOTE Confidence: 0.8175029

00:53:52.720 --> 00:53:54.225 but this mirror image experience

NOTE Confidence: 0.8175029

00:53:54.225 --> 00:53:56.474 that I wrote about in the beginning

NOTE Confidence: 0.8175029

00:53:56.474 --> 00:53:58.184 of the Great Pretender which.

NOTE Confidence: 0.8175029

00:53:58.190 --> 00:54:00.192 It was around again the same time

NOTE Confidence: 0.8175029

00:54:00.192 --> 00:54:02.229 that I did the pointer talk.

NOTE Confidence: 0.8175029

00:54:02.230 --> 00:54:04.126 The first pointer talk I I did a

NOTE Confidence: 0.8175029

00:54:04.126 --> 00:54:05.611 grand rounds and it's psychiatric

NOTE Confidence: 0.8175029

00:54:05.611 --> 00:54:07.196 hospital in North Carolina and
NOTE Confidence: 0.8175029

00:54:07.196 --> 00:54:09.059 after my discussion about my
NOTE Confidence: 0.8175029

00:54:09.059 --> 00:54:10.627 experience with automated stuff,
NOTE Confidence: 0.8175029

00:54:10.630 --> 00:54:12.576 latest one of the doctors came up
NOTE Confidence: 0.8175029

00:54:12.576 --> 00:54:15.131 to me and said there was a woman
NOTE Confidence: 0.8175029

00:54:15.131 --> 00:54:17.161 here who has similar profile in
NOTE Confidence: 0.8175029

00:54:17.161 --> 00:54:19.338 terms of her symptoms were going to
NOTE Confidence: 0.8175029

00:54:19.338 --> 00:54:21.328 check her out and I found two weeks
NOTE Confidence: 0.8175029

00:54:21.328 --> 00:54:23.176 later that she had been properly
NOTE Confidence: 0.8175029

00:54:23.176 --> 00:54:24.940 diagnosed with automate encephalitis.
NOTE Confidence: 0.8175029

00:54:24.940 --> 00:54:26.970 But the difference was that she had
NOTE Confidence: 0.8175029

00:54:26.970 --> 00:54:28.600 been misdiagnosed with schizophrenia.
NOTE Confidence: 0.8175029

00:54:28.600 --> 00:54:30.952 You're not of institutions for two years
NOTE Confidence: 0.8175029

00:54:30.952 --> 00:54:32.859 before she received that diagnosis,
NOTE Confidence: 0.8175029

00:54:32.860 --> 00:54:35.700 and she had irreparable damage as a result,
NOTE Confidence: 0.8175029

00:54:35.700 --> 00:54:39.324 and so you know those experiences and that

NOTE Confidence: 0.8175029

00:54:39.324 --> 00:54:43.134 kind of how can we get this that wrong?

NOTE Confidence: 0.8175029

00:54:43.140 --> 00:54:45.020 We failing people and Nathan

NOTE Confidence: 0.8175029

00:54:45.020 --> 00:54:46.148 said so beautifully.

NOTE Confidence: 0.8175029

00:54:46.150 --> 00:54:48.400 You know who are we failing,

NOTE Confidence: 0.8175029

00:54:48.400 --> 00:54:49.076 you know,

NOTE Confidence: 0.8175029

00:54:49.076 --> 00:54:51.780 and I and that was a big part

NOTE Confidence: 0.8175029

00:54:51.871 --> 00:54:54.036 of my reason for writing.

NOTE Confidence: 0.8175029

00:54:54.040 --> 00:54:56.456 This book was the I was inundated by

NOTE Confidence: 0.8175029

00:54:56.456 --> 00:54:58.932 emails and people contacting me about

NOTE Confidence: 0.8175029

00:54:58.932 --> 00:55:01.182 interfacing with the medical system,

NOTE Confidence: 0.8175029

00:55:01.190 --> 00:55:02.276 either with psychiatry,

NOTE Confidence: 0.8175029

00:55:02.276 --> 00:55:04.448 neurology or other areas of medicine

NOTE Confidence: 0.8175029

00:55:04.448 --> 00:55:06.448 and feeling, neglected, abused, ignored.

NOTE Confidence: 0.8175029

00:55:06.448 --> 00:55:08.964 This was overwhelming, and so you know,

NOTE Confidence: 0.8175029

00:55:08.964 --> 00:55:12.027 it worked for me and I'm in a

NOTE Confidence: 0.8175029

00:55:12.027 --> 00:55:13.827 privileged position we had.
NOTE Confidence: 0.8175029

00:55:13.830 --> 00:55:15.846 The financial means I had parents
NOTE Confidence: 0.8175029

00:55:15.846 --> 00:55:17.440 who could advocate for me.
NOTE Confidence: 0.8175029

00:55:17.440 --> 00:55:20.056 You know, I was in New York City,
NOTE Confidence: 0.8175029

00:55:20.060 --> 00:55:22.028 but all I I know personally,
NOTE Confidence: 0.8175029

00:55:22.030 --> 00:55:22.684 you know,
NOTE Confidence: 0.8175029

00:55:22.684 --> 00:55:24.646 through my interactions with the public,
NOTE Confidence: 0.8175029

00:55:24.650 --> 00:55:28.820 very few people get as lucky as I did and so.
NOTE Confidence: 0.8175029

00:55:28.820 --> 00:55:30.036 You know that really?
NOTE Confidence: 0.8175029

00:55:30.036 --> 00:55:32.539 That question of I know who are we
NOTE Confidence: 0.8175029

00:55:32.539 --> 00:55:34.971 failing and how are we failing and really,
NOTE Confidence: 0.8175029

00:55:34.980 --> 00:55:35.558 really animated?
NOTE Confidence: 0.8175029

00:55:35.558 --> 00:55:37.870 This book and I thought if I don't
NOTE Confidence: 0.8175029

00:55:37.927 --> 00:55:39.907 put that perspective in first hand,
NOTE Confidence: 0.8175029

00:55:39.910 --> 00:55:42.070 if I don't share that.
NOTE Confidence: 0.8124714

00:55:42.070 --> 00:55:43.326 This book will suffer.

NOTE Confidence: 0.8124714

00:55:43.326 --> 00:55:45.545 I think you really need to be

NOTE Confidence: 0.8124714

00:55:45.545 --> 00:55:47.393 there with me and so I didn't.

NOTE Confidence: 0.8124714

00:55:47.400 --> 00:55:48.288 It felt inauthentic.

NOTE Confidence: 0.8124714

00:55:48.288 --> 00:55:50.065 It felt like a lie. Honestly,

NOTE Confidence: 0.8124714

00:55:50.065 --> 00:55:51.835 writing it without that I present.

NOTE Confidence: 0.8124714

00:55:51.840 --> 00:55:53.905 I don't think I could do it,

NOTE Confidence: 0.8124714

00:55:53.910 --> 00:55:55.390 but it almost felt stilted.

NOTE Confidence: 0.8124714

00:55:55.390 --> 00:55:57.494 I think. Was it a difficult journey for

NOTE Confidence: 0.8124714

00:55:57.494 --> 00:55:59.826 you or catharsis? Like in what way,

NOTE Confidence: 0.8124714

00:55:59.826 --> 00:56:02.199 or was it tough to go back to

NOTE Confidence: 0.8124714

00:56:02.200 --> 00:56:03.680 that interesting brain on fire?

NOTE Confidence: 0.8124714

00:56:03.680 --> 00:56:06.200 Was a catharsis.

NOTE Confidence: 0.8124714

00:56:06.200 --> 00:56:07.900 They pretend it was hard

NOTE Confidence: 0.8124714

00:56:07.900 --> 00:56:09.600 because brain brain on fire.

NOTE Confidence: 0.8124714

00:56:09.600 --> 00:56:11.640 It tells the story of medicine.

NOTE Confidence: 0.8124714

00:56:11.640 --> 00:56:13.340 We all want to hear.
NOTE Confidence: 0.8124714

00:56:13.340 --> 00:56:15.720 It tells the story of medical progress.
NOTE Confidence: 0.8124714

00:56:15.720 --> 00:56:17.760 It tells the story of interventions
NOTE Confidence: 0.8124714

00:56:17.760 --> 00:56:18.780 and lifesaving treatments.
NOTE Confidence: 0.8124714

00:56:18.780 --> 00:56:21.246 The great partner was an education
NOTE Confidence: 0.8124714

00:56:21.246 --> 00:56:23.962 for me that most people do not
NOTE Confidence: 0.8124714

00:56:23.962 --> 00:56:26.688 get that and we have a long long
NOTE Confidence: 0.8124714

00:56:26.688 --> 00:56:29.336 way to go an to really know how.
NOTE Confidence: 0.8124714

00:56:29.340 --> 00:56:31.284 How troubled the mental health care
NOTE Confidence: 0.8124714

00:56:31.284 --> 00:56:33.490 system and medical system is in this
NOTE Confidence: 0.8124714

00:56:33.490 --> 00:56:34.915 country was it was overwhelming.
NOTE Confidence: 0.8124714

00:56:34.920 --> 00:56:36.992 And so in some ways it wasn't
NOTE Confidence: 0.8124714

00:56:36.992 --> 00:56:38.330 hard to go back.
NOTE Confidence: 0.8124714

00:56:38.330 --> 00:56:38.892 It was.
NOTE Confidence: 0.8124714

00:56:38.892 --> 00:56:40.859 It was harder to go forward in
NOTE Confidence: 0.8124714

00:56:40.859 --> 00:56:42.977 some ways that that makes sense.

NOTE Confidence: 0.89965904

00:56:44.250 --> 00:56:46.962 And Nathan I I know that you said

NOTE Confidence: 0.89965904

00:56:46.962 --> 00:56:49.717 we need to hear more from patients

NOTE Confidence: 0.89965904

00:56:49.717 --> 00:56:52.540 and how much you love the book.

NOTE Confidence: 0.89965904

00:56:52.540 --> 00:56:55.063 But was there any point you know?

NOTE Confidence: 0.89965904

00:56:55.063 --> 00:56:56.868 There's one thing when a

NOTE Confidence: 0.89965904

00:56:56.868 --> 00:56:58.319 psychiatrist writes about here,

NOTE Confidence: 0.89965904

00:56:58.320 --> 00:56:59.824 doesn't exploration and say

NOTE Confidence: 0.89965904

00:56:59.824 --> 00:57:02.080 here's how one of our colleagues

NOTE Confidence: 0.89965904

00:57:02.146 --> 00:57:04.090 abused this study or had flaws?

NOTE Confidence: 0.89965904

00:57:04.090 --> 00:57:07.010 Was there any thought of you when you

NOTE Confidence: 0.89965904

00:57:07.010 --> 00:57:09.869 first open this book to sort of think,

NOTE Confidence: 0.89965904

00:57:09.870 --> 00:57:12.096 wait, who is this woman who can

NOTE Confidence: 0.89965904

00:57:12.096 --> 00:57:14.361 take a deep dive into psychiatry

NOTE Confidence: 0.89965904

00:57:14.361 --> 00:57:16.730 where you were you nervous about,

NOTE Confidence: 0.89965904

00:57:16.730 --> 00:57:18.533 but she's not the expert.

NOTE Confidence: 0.89965904

00:57:18.533 --> 00:57:21.420 She's not a historian, she had her own.

NOTE Confidence: 0.89965904

00:57:21.420 --> 00:57:23.628 You know, she's not trained historian.

NOTE Confidence: 0.89965904

00:57:23.628 --> 00:57:25.488 She's not change a psychiatrist.

NOTE Confidence: 0.89965904

00:57:25.490 --> 00:57:27.314 Or did you you know is there any

NOTE Confidence: 0.89965904

00:57:27.314 --> 00:57:28.655 feeling of what's your expertise

NOTE Confidence: 0.89965904

00:57:28.655 --> 00:57:30.587 going into it or you are more?

NOTE Confidence: 0.89965904

00:57:30.590 --> 00:57:31.544 This is great.

NOTE Confidence: 0.89965904

00:57:31.544 --> 00:57:33.770 This is great to have a patient.

NOTE Confidence: 0.89965904

00:57:33.770 --> 00:57:35.040 Do this

NOTE Confidence: 0.66358817

00:57:35.040 --> 00:57:39.240 deep dive. Yeah I so.

NOTE Confidence: 0.66358817

00:57:39.240 --> 00:57:41.820 I have to say that.

NOTE Confidence: 0.66358817

00:57:41.820 --> 00:57:44.417 One of the things I've I've spent

NOTE Confidence: 0.66358817

00:57:44.417 --> 00:57:47.998 a lot of time doing right when I

NOTE Confidence: 0.66358817

00:57:47.998 --> 00:57:51.032 did my own historical research was

NOTE Confidence: 0.66358817

00:57:51.032 --> 00:57:54.368 to actually try to recover patient

NOTE Confidence: 0.66358817

00:57:54.368 --> 00:57:56.491 perspectives and patient voices

NOTE Confidence: 0.66358817

00:57:56.491 --> 00:57:59.197 in in how doctors treated patients

NOTE Confidence: 0.66358817

00:57:59.197 --> 00:58:02.306 in the past and my research in

NOTE Confidence: 0.66358817

00:58:02.306 --> 00:58:04.808 the past was about bio medical

NOTE Confidence: 0.66358817

00:58:04.896 --> 00:58:07.413 understandings of ***** difference,

NOTE Confidence: 0.66358817

00:58:07.413 --> 00:58:10.724 gender and ***** and so for me,

NOTE Confidence: 0.66358817

00:58:10.730 --> 00:58:11.632 right, the.

NOTE Confidence: 0.66358817

00:58:11.632 --> 00:58:14.789 The the Authority right of patients and

NOTE Confidence: 0.66358817

00:58:14.789 --> 00:58:17.837 patient experiences is an invaluable one,

NOTE Confidence: 0.66358817

00:58:17.840 --> 00:58:20.680 and I think that it is one that

NOTE Confidence: 0.66358817

00:58:20.680 --> 00:58:23.820 has contributed to the making of a

NOTE Confidence: 0.66358817

00:58:23.820 --> 00:58:25.696 scientific and medical knowledge

NOTE Confidence: 0.66358817

00:58:25.696 --> 00:58:28.251 throughout history and one it's one

NOTE Confidence: 0.66358817

00:58:28.251 --> 00:58:31.920 that we should pay attention to.

NOTE Confidence: 0.66358817

00:58:31.920 --> 00:58:35.480 Think that like part of it is that.

NOTE Confidence: 0.8568066

00:58:37.550 --> 00:58:40.154 Patients are experts in their own

NOTE Confidence: 0.8568066

00:58:40.154 --> 00:58:41.874 experiences of illnesses, right?
NOTE Confidence: 0.8568066

00:58:41.874 --> 00:58:44.358 And that's something that we need
NOTE Confidence: 0.8568066

00:58:44.358 --> 00:58:46.660 to pay serious attention to.
NOTE Confidence: 0.8568066

00:58:46.660 --> 00:58:50.242 I also think that like we also should be
NOTE Confidence: 0.8568066

00:58:50.242 --> 00:58:53.608 honest about where wherever we come from.
NOTE Confidence: 0.8568066

00:58:53.610 --> 00:58:55.775 Our subjective roles in our
NOTE Confidence: 0.8568066

00:58:55.775 --> 00:58:57.507 situated places in life,
NOTE Confidence: 0.8568066

00:58:57.510 --> 00:59:00.548 whether they come from places of privilege,
NOTE Confidence: 0.8568066

00:59:00.550 --> 00:59:03.160 whether we have education or not,
NOTE Confidence: 0.8568066

00:59:03.160 --> 00:59:04.924 whether or patients or
NOTE Confidence: 0.8568066

00:59:04.924 --> 00:59:06.688 or doctors sometimes or.
NOTE Confidence: 0.8568066

00:59:06.690 --> 00:59:10.379 Looks like these are not mutually exclusive.
NOTE Confidence: 0.8568066

00:59:10.380 --> 00:59:11.087 Categories.
NOTE Confidence: 0.8568066

00:59:11.087 --> 00:59:15.329 Are racial backgrounds or ethnic backgrounds.
NOTE Confidence: 0.8568066

00:59:15.330 --> 00:59:17.420 Are genders in our *****?
NOTE Confidence: 0.8568066

00:59:17.420 --> 00:59:19.510 These are all crucial components

NOTE Confidence: 0.8568066

00:59:19.510 --> 00:59:21.600 of what makes us human.

NOTE Confidence: 0.8568066

00:59:21.600 --> 00:59:22.434 They inform,

NOTE Confidence: 0.8568066

00:59:22.434 --> 00:59:25.353 right our our experience as as patients,

NOTE Confidence: 0.8568066

00:59:25.360 --> 00:59:28.762 Anna's doctors and they also have a

NOTE Confidence: 0.8568066

00:59:28.762 --> 00:59:31.399 tremendous effect right on the kinds

NOTE Confidence: 0.8568066

00:59:31.399 --> 00:59:34.409 of access to security we get as well

NOTE Confidence: 0.8568066

00:59:34.409 --> 00:59:36.731 as the disease is an medications

NOTE Confidence: 0.8568066

00:59:36.731 --> 00:59:39.985 we may be labeled with or or have

NOTE Confidence: 0.8568066

00:59:39.985 --> 00:59:43.920 or have access to, and I think so.

NOTE Confidence: 0.8568066

00:59:43.920 --> 00:59:45.615 I think it's.

NOTE Confidence: 0.8568066

00:59:45.620 --> 00:59:49.706 Part and parcel of a larger picture of being.

NOTE Confidence: 0.8568066

00:59:49.710 --> 00:59:50.357 Honest,

NOTE Confidence: 0.8568066

00:59:50.357 --> 00:59:54.239 transparent about our experiences on our

NOTE Confidence: 0.8568066

00:59:54.239 --> 00:59:59.150 in our whole identity's as human beings.

NOTE Confidence: 0.80706316

01:00:00.580 --> 01:00:03.260 I'm gonna ask one more question to Suzanne,

NOTE Confidence: 0.80706316

01:00:03.260 --> 01:00:05.940 and then I think let's open it up.

NOTE Confidence: 0.80706316

01:00:05.940 --> 01:00:08.187 'cause I see questions coming in in

NOTE Confidence: 0.80706316

01:00:08.187 --> 01:00:10.938 the Q&A and I think Anna will control

NOTE Confidence: 0.80706316

01:00:10.938 --> 01:00:13.094 the Q&A from there. But Susanna.

NOTE Confidence: 0.80706316

01:00:13.094 --> 01:00:15.838 Just sort of taking the same question.

NOTE Confidence: 0.80706316

01:00:15.840 --> 01:00:19.328 I asked Nathan but flipping it a bit.

NOTE Confidence: 0.80706316

01:00:19.330 --> 01:00:21.810 Anyone that reads the book sees that you

NOTE Confidence: 0.80706316

01:00:21.810 --> 01:00:24.176 have done your homework more so than

NOTE Confidence: 0.80706316

01:00:24.176 --> 01:00:26.730 anyone has looked into this study before.

NOTE Confidence: 0.80706316

01:00:26.730 --> 01:00:28.631 Were you worried about what psychiatrist

NOTE Confidence: 0.80706316

01:00:28.631 --> 01:00:31.339 would think or did you say this is it?

NOTE Confidence: 0.80706316

01:00:31.340 --> 01:00:32.568 Sorry I've done it.

NOTE Confidence: 0.80706316

01:00:32.568 --> 01:00:34.410 Did you have anyone vet your?

NOTE Confidence: 0.80706316

01:00:34.410 --> 01:00:35.658 Did you show it?

NOTE Confidence: 0.80706316

01:00:35.658 --> 01:00:37.780 Was there a psychiatrist that use it?

NOTE Confidence: 0.80706316

01:00:37.780 --> 01:00:39.616 Here's what I'm going to write.

NOTE Confidence: 0.80706316

01:00:39.620 --> 01:00:40.744 What do you think?

NOTE Confidence: 0.80706316

01:00:40.744 --> 01:00:43.490 Or you just kind of put it out there

NOTE Confidence: 0.80706316

01:00:43.490 --> 01:00:45.458 and hoping that this would stir

NOTE Confidence: 0.86412704

01:00:45.460 --> 01:00:47.606 the kind of discussion that it has?

NOTE Confidence: 0.86412704

01:00:47.606 --> 01:00:49.984 Oh I, I was very, very lucky that I

NOTE Confidence: 0.86412704

01:00:49.984 --> 01:00:52.474 had a lot of people who I trusted who

NOTE Confidence: 0.86412704

01:00:52.474 --> 01:00:54.898 had a very deep knowledge either in

NOTE Confidence: 0.86412704

01:00:54.898 --> 01:00:57.394 their specific areas in psychiatry or.

NOTE Confidence: 0.86412704

01:00:57.400 --> 01:00:58.294 Historians of psychiatry,

NOTE Confidence: 0.86412704

01:00:58.294 --> 01:01:00.380 who I did trust enough to either,

NOTE Confidence: 0.86412704

01:01:00.380 --> 01:01:01.845 so the homeless, but fewer

NOTE Confidence: 0.86412704

01:01:01.845 --> 01:01:03.959 various parts and a lot of people,

NOTE Confidence: 0.86412704

01:01:03.960 --> 01:01:05.740 mostly people like folded I. I

NOTE Confidence: 0.81090486

01:01:05.740 --> 01:01:08.426 did show them aspects of of it before it.

NOTE Confidence: 0.81090486

01:01:08.426 --> 01:01:10.810 The thing I was really scared about nervous

NOTE Confidence: 0.81090486

01:01:10.810 --> 01:01:12.598 about wasn't necessary. The reaction of
NOTE Confidence: 0.81090486

01:01:12.600 --> 01:01:13.437 psychiatry in particular,
NOTE Confidence: 0.81090486

01:01:13.437 --> 01:01:15.111 which happened to embrace the book
NOTE Confidence: 0.81090486

01:01:15.111 --> 01:01:16.769 more than I necessarily anticipated.
NOTE Confidence: 0.81090486

01:01:16.770 --> 01:01:18.982 But I was worried I would get
NOTE Confidence: 0.81090486

01:01:18.982 --> 01:01:20.783 something wrong because it was a
NOTE Confidence: 0.81090486

01:01:20.783 --> 01:01:22.434 big undertaking and I, you know,
NOTE Confidence: 0.81090486

01:01:22.434 --> 01:01:24.812 I, I took various steps to hired a
NOTE Confidence: 0.81090486

01:01:24.812 --> 01:01:26.985 fact checker and I did really vet.
NOTE Confidence: 0.81090486

01:01:26.985 --> 01:01:28.935 It was really important to me.
NOTE Confidence: 0.81090486

01:01:28.940 --> 01:01:31.484 If I was going to raise questions about,
NOTE Confidence: 0.81090486

01:01:31.490 --> 01:01:33.398 you know the issues around around
NOTE Confidence: 0.81090486

01:01:33.398 --> 01:01:35.320 him and study and someone's legacy.
NOTE Confidence: 0.81090486

01:01:35.320 --> 01:01:37.832 I wanted to make sure it was airtight
NOTE Confidence: 0.81090486

01:01:37.832 --> 01:01:40.110 and I also wanted to make sure
NOTE Confidence: 0.81090486

01:01:40.110 --> 01:01:42.340 was fair and that's why this book

NOTE Confidence: 0.81090486

01:01:42.340 --> 01:01:44.570 took six years because I I really

NOTE Confidence: 0.81090486

01:01:44.570 --> 01:01:46.798 wanted to go down every possible Rd,

NOTE Confidence: 0.81090486

01:01:46.800 --> 01:01:49.040 not just about Rosenhan put about the

NOTE Confidence: 0.81090486

01:01:49.040 --> 01:01:51.488 history of psychiatry too and I I tried

NOTE Confidence: 0.81090486

01:01:51.488 --> 01:01:54.456 to walk a tightrope there because I I will.

NOTE Confidence: 0.81090486

01:01:54.460 --> 01:01:57.543 And I was honest in the book I started.

NOTE Confidence: 0.81090486

01:01:57.543 --> 01:02:00.418 This book is pretty. Pretty **** **

NOTE Confidence: 0.81090486

01:02:00.418 --> 01:02:03.470 psychiatry and I ended it very much.

NOTE Confidence: 0.81090486

01:02:03.470 --> 01:02:04.890 Really impressed by psychiatrists.

NOTE Confidence: 0.81090486

01:02:04.890 --> 01:02:06.665 I've met along the way.

NOTE Confidence: 0.81090486

01:02:06.670 --> 01:02:08.959 The difficulty in the job and in

NOTE Confidence: 0.81090486

01:02:08.959 --> 01:02:11.687 the role in the job of medicine in

NOTE Confidence: 0.81090486

01:02:11.687 --> 01:02:14.479 general and the art of clinical care.

NOTE Confidence: 0.81090486

01:02:14.480 --> 01:02:18.746 That was really a takeaway for me and so.

NOTE Confidence: 0.81090486

01:02:18.750 --> 01:02:20.034 Of course I was.

NOTE Confidence: 0.81090486

01:02:20.034 --> 01:02:21.639 I'm always concerned about criticism.

NOTE Confidence: 0.81090486

01:02:21.640 --> 01:02:23.240 Who wants to be criticized,

NOTE Confidence: 0.81090486

01:02:23.240 --> 01:02:24.524 or, you know, revile.

NOTE Confidence: 0.81090486

01:02:24.524 --> 01:02:26.773 There's something but I, I tried so,

NOTE Confidence: 0.81090486

01:02:26.773 --> 01:02:29.020 so hard to be fair and honest.

NOTE Confidence: 0.81090486

01:02:29.020 --> 01:02:29.983 And I tried.

NOTE Confidence: 0.81090486

01:02:29.983 --> 01:02:31.267 And, you know it.

NOTE Confidence: 0.81090486

01:02:31.270 --> 01:02:32.245 As Nathan says,

NOTE Confidence: 0.81090486

01:02:32.245 --> 01:02:34.520 your every aspect of your identity in

NOTE Confidence: 0.81090486

01:02:34.583 --> 01:02:36.725 history comes with you on the page.

NOTE Confidence: 0.81090486

01:02:36.730 --> 01:02:39.226 And that's again why I had to be

NOTE Confidence: 0.81090486

01:02:39.226 --> 01:02:41.856 that I why I had to be present,

NOTE Confidence: 0.81090486

01:02:41.860 --> 01:02:44.051 because I brought all of brain on

NOTE Confidence: 0.81090486

01:02:44.051 --> 01:02:46.692 fire with me in the way that I look

NOTE Confidence: 0.81090486

01:02:46.692 --> 01:02:48.881 at the history of psychiatry, Ann.

NOTE Confidence: 0.81090486

01:02:48.881 --> 01:02:51.129 You know my place in it and I

NOTE Confidence: 0.81090486

01:02:51.129 --> 01:02:52.843 want it to be straightforward

NOTE Confidence: 0.81090486

01:02:52.843 --> 01:02:55.599 about that and so so I you know,

NOTE Confidence: 0.81090486

01:02:55.600 --> 01:02:57.944 I, I hope that I I bridged that

NOTE Confidence: 0.81090486

01:02:57.944 --> 01:03:00.246 in a way that was, you know,

NOTE Confidence: 0.81090486

01:03:00.246 --> 01:03:01.686 it's a tightrope because there

NOTE Confidence: 0.81090486

01:03:01.686 --> 01:03:03.429 are you know Edward Shorter,

NOTE Confidence: 0.81090486

01:03:03.430 --> 01:03:05.308 who's a wonderful historian of psychiatry,

NOTE Confidence: 0.81090486

01:03:05.310 --> 01:03:06.246 talks about minefields,

NOTE Confidence: 0.81090486

01:03:06.246 --> 01:03:07.813 the history of psychiatry, or,

NOTE Confidence: 0.81090486

01:03:07.813 --> 01:03:09.378 you know, all these minefields,

NOTE Confidence: 0.81090486

01:03:09.380 --> 01:03:10.940 and he's right, you know,

NOTE Confidence: 0.81090486

01:03:10.940 --> 01:03:12.510 there are all these places,

NOTE Confidence: 0.81090486

01:03:12.510 --> 01:03:14.694 places where you can get it wrong,

NOTE Confidence: 0.81090486

01:03:14.700 --> 01:03:16.260 or you can be siloed.

NOTE Confidence: 0.81090486

01:03:16.260 --> 01:03:17.830 Or you can be extreme,

NOTE Confidence: 0.81090486

01:03:17.830 --> 01:03:19.680 and I really wanted to.
NOTE Confidence: 0.81090486

01:03:19.680 --> 01:03:21.468 To avoid that and I had,
NOTE Confidence: 0.81090486

01:03:21.470 --> 01:03:23.528 I had I had supportive of various
NOTE Confidence: 0.81090486

01:03:23.528 --> 01:03:24.750 factions that would nest,
NOTE Confidence: 0.81090486

01:03:24.750 --> 01:03:26.240 not necessarily support each other,
NOTE Confidence: 0.81090486

01:03:26.240 --> 01:03:28.900 and one of my favorite people I
NOTE Confidence: 0.81090486

01:03:28.900 --> 01:03:30.823 interacted with during the writing
NOTE Confidence: 0.81090486

01:03:30.823 --> 01:03:32.935 of this book was Ether Tori.
NOTE Confidence: 0.81090486

01:03:32.940 --> 01:03:34.704 And he wrote me a beautiful note
NOTE Confidence: 0.81090486

01:03:34.704 --> 01:03:36.275 in the beginning of my research
NOTE Confidence: 0.81090486

01:03:36.275 --> 01:03:38.039 about how he really was happy that
NOTE Confidence: 0.81090486

01:03:38.099 --> 01:03:39.419 someone outside psychiatry and
NOTE Confidence: 0.81090486

01:03:39.419 --> 01:03:41.399 medicine was doing this because I
NOTE Confidence: 0.81090486

01:03:41.400 --> 01:03:43.367 didn't come with all sorts of food.
NOTE Confidence: 0.81090486

01:03:43.370 --> 01:03:45.068 Conceived notions that maybe they helped,
NOTE Confidence: 0.81090486

01:03:45.070 --> 01:03:47.599 that I was seeing this with fresh new eyes.

NOTE Confidence: 0.81090486

01:03:47.600 --> 01:03:49.370 I actually printed that out and

NOTE Confidence: 0.81090486

01:03:49.370 --> 01:03:51.676 had it above my desk as a reminder

NOTE Confidence: 0.81090486

01:03:51.676 --> 01:03:53.260 that I can have a place

NOTE Confidence: 0.871148699999999

01:03:53.326 --> 01:03:55.502 and I can have a voice in this

NOTE Confidence: 0.871148699999999

01:03:55.502 --> 01:03:57.190 history. And I can do this.

NOTE Confidence: 0.8867741

01:03:58.850 --> 01:04:00.190 Well, you certainly have an.

NOTE Confidence: 0.8867741

01:04:00.190 --> 01:04:01.618 I think that that's probably what

NOTE Confidence: 0.8867741

01:04:01.618 --> 01:04:04.016 makes the book so compelling, is that.

NOTE Confidence: 0.8867741

01:04:04.016 --> 01:04:06.644 You it's not black and white

NOTE Confidence: 0.8867741

01:04:06.644 --> 01:04:09.370 and you finished the book.

NOTE Confidence: 0.8867741

01:04:09.370 --> 01:04:11.658 Thinking you know I when I teach writing,

NOTE Confidence: 0.8867741

01:04:11.660 --> 01:04:13.816 I would say the conclusion should sort

NOTE Confidence: 0.8867741

01:04:13.816 --> 01:04:15.843 of move people forward to keep thinking

NOTE Confidence: 0.8867741

01:04:15.843 --> 01:04:18.518 and not tie it up in a nice little bow.

NOTE Confidence: 0.8867741

01:04:18.520 --> 01:04:20.236 And you certainly don't do that.

NOTE Confidence: 0.8867741

01:04:20.240 --> 01:04:21.656 You finish the book and want
NOTE Confidence: 0.8867741

01:04:21.656 --> 01:04:23.380 to engage in a conversation.
NOTE Confidence: 0.8867741

01:04:23.380 --> 01:04:25.671 You know now what now, when we do?
NOTE Confidence: 0.8867741

01:04:25.671 --> 01:04:26.819 What does this mean?
NOTE Confidence: 0.8867741

01:04:26.820 --> 01:04:28.530 How can we make things better?
NOTE Confidence: 0.8867741

01:04:28.530 --> 01:04:30.525 So as as time is ticking forward,
NOTE Confidence: 0.8867741

01:04:30.530 --> 01:04:33.104 maybe I will pass this along to Anna Reisman,
NOTE Confidence: 0.8867741

01:04:33.110 --> 01:04:35.675 who will go through an some of the cute.
NOTE Confidence: 0.8867741

01:04:35.680 --> 01:04:37.105 There's some of the questions
NOTE Confidence: 0.8867741

01:04:37.105 --> 01:04:39.950 that are coming through.
NOTE Confidence: 0.8867741

01:04:39.950 --> 01:04:40.280 Thanks
NOTE Confidence: 0.8478737

01:04:40.280 --> 01:04:42.359 so much. This has been a wonderful
NOTE Confidence: 0.8478737

01:04:42.359 --> 01:04:44.038 discussion so far and there's
NOTE Confidence: 0.8478737

01:04:44.038 --> 01:04:45.486 some great questions here,
NOTE Confidence: 0.8478737

01:04:45.490 --> 01:04:47.660 so I'm going to start with this
NOTE Confidence: 0.8478737

01:04:47.660 --> 01:04:50.004 one that refers to the title of

NOTE Confidence: 0.8478737

01:04:50.004 --> 01:04:51.689 Rosenhan's study in this talk,

NOTE Confidence: 0.8478737

01:04:51.690 --> 01:04:53.334 which brings to the fore the

NOTE Confidence: 0.8478737

01:04:53.334 --> 01:04:54.909 dichotomy of sane and insane

NOTE Confidence: 0.8478737

01:04:54.909 --> 01:04:56.577 and organic versus psychiatric.

NOTE Confidence: 0.8478737

01:04:56.580 --> 01:04:58.836 That kind of plays off a lot of

NOTE Confidence: 0.8478737

01:04:58.836 --> 01:05:00.808 what you were talking about.

NOTE Confidence: 0.8478737

01:05:00.810 --> 01:05:01.698 Nathan as well,

NOTE Confidence: 0.8478737

01:05:01.698 --> 01:05:03.770 and I'm wondering if you could comment

NOTE Confidence: 0.8478737

01:05:03.832 --> 01:05:06.028 on the usefulness of these distinctions,

NOTE Confidence: 0.8478737

01:05:06.030 --> 01:05:07.580 particularly sane and insane if

NOTE Confidence: 0.8478737

01:05:07.580 --> 01:05:09.546 the symptoms present the same way

NOTE Confidence: 0.8478737

01:05:09.546 --> 01:05:11.006 aside from different treatments.

NOTE Confidence: 0.8478737

01:05:11.010 --> 01:05:12.438 With an anti inflammatory

NOTE Confidence: 0.8478737

01:05:12.438 --> 01:05:13.866 medication versus an antipsychotic,

NOTE Confidence: 0.8478737

01:05:13.870 --> 01:05:16.006 should we think of organic and

NOTE Confidence: 0.8478737

01:05:16.006 --> 01:05:17.074 psychiatric illness differently?
NOTE Confidence: 0.8243414

01:05:21.390 --> 01:05:23.262 I'm gonna let Nathan say about
NOTE Confidence: 0.8243414

01:05:23.262 --> 01:05:25.815 that is that is a big and I'd
NOTE Confidence: 0.8243414

01:05:25.815 --> 01:05:27.360 love to hear your thoughts.
NOTE Confidence: 0.8719552

01:05:30.010 --> 01:05:36.630 I guess the yeah that is a big big topic and.
NOTE Confidence: 0.8719552

01:05:36.630 --> 01:05:40.910 You know the terminology that we use in
NOTE Confidence: 0.8719552

01:05:40.910 --> 01:05:44.380 psychiatry keeps changing overtime and I.
NOTE Confidence: 0.8719552

01:05:44.380 --> 01:05:47.156 I don't certainly now is not a time
NOTE Confidence: 0.8719552

01:05:47.156 --> 01:05:50.206 when we still use the terms sane and
NOTE Confidence: 0.8719552

01:05:50.206 --> 01:05:53.259 insane to to refer to people anymore.
NOTE Confidence: 0.8719552

01:05:53.260 --> 01:05:56.348 That that has fallen out of Vogue for
NOTE Confidence: 0.8719552

01:05:56.348 --> 01:05:59.034 some time, but I think you also point
NOTE Confidence: 0.8719552

01:05:59.034 --> 01:06:01.739 out a really good point here about
NOTE Confidence: 0.8719552

01:06:01.739 --> 01:06:04.445 like and it certainly seemed enhancing.
NOTE Confidence: 0.8719552

01:06:04.450 --> 01:06:06.928 Does not map right onto the the
NOTE Confidence: 0.8719552

01:06:06.928 --> 01:06:08.932 other dichotomy here of between

NOTE Confidence: 0.8719552

01:06:08.932 --> 01:06:11.434 organic or inorganic, and even that

NOTE Confidence: 0.8719552

01:06:11.434 --> 01:06:13.822 there we've moved away from that.

NOTE Confidence: 0.8719552

01:06:13.830 --> 01:06:17.218 I think in the fields are catching,

NOTE Confidence: 0.8719552

01:06:17.220 --> 01:06:20.124 not talk about primary versus secondary

NOTE Confidence: 0.8719552

01:06:20.124 --> 01:06:22.060 causes of psychotic illnesses,

NOTE Confidence: 0.8719552

01:06:22.060 --> 01:06:26.396 and that which which seems to imply, right?

NOTE Confidence: 0.8719552

01:06:26.396 --> 01:06:28.288 That like.

NOTE Confidence: 0.8719552

01:06:28.290 --> 01:06:33.210 With the organic organic or secondary.

NOTE Confidence: 0.8719552

01:06:33.210 --> 01:06:35.574 First, the idea that somehow we

NOTE Confidence: 0.8719552

01:06:35.574 --> 01:06:38.541 can find a cause of their psychotic

NOTE Confidence: 0.8719552

01:06:38.541 --> 01:06:42.142 illness that Maps onto a lesion in the

NOTE Confidence: 0.8719552

01:06:42.142 --> 01:06:44.956 brain or the central nervous system.

NOTE Confidence: 0.8719552

01:06:44.960 --> 01:06:47.564 And that is what those terms

NOTE Confidence: 0.8719552

01:06:47.564 --> 01:06:48.866 are referring to.

NOTE Confidence: 0.8719552

01:06:48.870 --> 01:06:52.350 Whereas like if we can't write then some,

NOTE Confidence: 0.8719552

01:06:52.350 --> 01:06:54.735 somehow it's relegated to the
NOTE Confidence: 0.8719552

01:06:54.735 --> 01:06:57.120 field of psychiatry and becomes
NOTE Confidence: 0.8719552

01:06:57.199 --> 01:06:59.305 like a morphis in that way.
NOTE Confidence: 0.8719552

01:06:59.310 --> 01:07:03.214 And a good example of this is like.
NOTE Confidence: 0.8719552

01:07:03.220 --> 01:07:03.928 The way that.
NOTE Confidence: 0.7778521

01:07:06.000 --> 01:07:08.478 We used to have a medical
NOTE Confidence: 0.7778521

01:07:08.478 --> 01:07:10.587 diagnosis of general paresis of
NOTE Confidence: 0.7778521

01:07:10.587 --> 01:07:12.819 the inside of the insane right,
NOTE Confidence: 0.7778521

01:07:12.820 --> 01:07:15.620 which in modern terms, now we would.
NOTE Confidence: 0.7778521

01:07:15.620 --> 01:07:17.625 We would identify symptoms of
NOTE Confidence: 0.7778521

01:07:17.625 --> 01:07:19.229 somebody having tertiary syphilis.
NOTE Confidence: 0.7778521

01:07:19.230 --> 01:07:21.540 Once syphilis moves into the nervous
NOTE Confidence: 0.7778521

01:07:21.540 --> 01:07:24.385 system it can cause paresis it can
NOTE Confidence: 0.7778521

01:07:24.385 --> 01:07:26.445 cause something for Lucy nations,
NOTE Confidence: 0.7778521

01:07:26.450 --> 01:07:28.435 delusions and other behaviors that
NOTE Confidence: 0.7778521

01:07:28.435 --> 01:07:31.260 people deemed insane over a century ago.

NOTE Confidence: 0.7778521

01:07:31.260 --> 01:07:32.972 But once that happened,

NOTE Confidence: 0.7778521

01:07:32.972 --> 01:07:36.020 what's strange is that then it gets.

NOTE Confidence: 0.7778521

01:07:36.020 --> 01:07:40.123 Old as A is a neurological illness, right?

NOTE Confidence: 0.7778521

01:07:40.123 --> 01:07:44.764 And so this divide between these terms.

NOTE Confidence: 0.7778521

01:07:44.770 --> 01:07:46.680 Kind of recapitulates and reinforces

NOTE Confidence: 0.7778521

01:07:46.680 --> 01:07:49.443 like like the status of World Psychiatry

NOTE Confidence: 0.7778521

01:07:49.443 --> 01:07:51.807 explains all those things that are

NOTE Confidence: 0.7778521

01:07:51.807 --> 01:07:54.417 messy that are complicated but we don't

NOTE Confidence: 0.7778521

01:07:54.417 --> 01:07:56.930 actually have an answer to and that

NOTE Confidence: 0.7778521

01:07:56.930 --> 01:07:59.210 can be frustrating to some people.

NOTE Confidence: 0.7778521

01:07:59.210 --> 01:08:01.793 But it can also be exciting to

NOTE Confidence: 0.7778521

01:08:01.793 --> 01:08:04.512 others who who who you know who

NOTE Confidence: 0.7778521

01:08:04.512 --> 01:08:06.422 want to pay attention to.

NOTE Confidence: 0.7778521

01:08:06.430 --> 01:08:09.090 The fact that like you know psychiatrists,

NOTE Confidence: 0.7778521

01:08:09.090 --> 01:08:11.750 we spend a lot of time talking

NOTE Confidence: 0.7778521

01:08:11.750 --> 01:08:12.890 about peoples cognitions,
NOTE Confidence: 0.7778521

01:08:12.890 --> 01:08:15.260 their emotions, right?
NOTE Confidence: 0.7778521

01:08:15.260 --> 01:08:17.230 Their thought processes and this
NOTE Confidence: 0.7778521

01:08:17.230 --> 01:08:19.200 is something that's unique to
NOTE Confidence: 0.7778521

01:08:19.264 --> 01:08:21.514 psychiatry that that is not really
NOTE Confidence: 0.7778521

01:08:21.514 --> 01:08:23.862 paying attention so much in other
NOTE Confidence: 0.7778521

01:08:23.862 --> 01:08:25.430 medical specialties as well.
NOTE Confidence: 0.7778521

01:08:25.430 --> 01:08:27.138 It makes psychiatry unique,
NOTE Confidence: 0.7778521

01:08:27.138 --> 01:08:29.700 but it also makes psychiatry vulnerable
NOTE Confidence: 0.7778521

01:08:29.772 --> 01:08:32.068 to charges that were kind of loosey,
NOTE Confidence: 0.7778521

01:08:32.070 --> 01:08:32.461 Goosey,
NOTE Confidence: 0.7778521

01:08:32.461 --> 01:08:34.416 wishy washy and don't really
NOTE Confidence: 0.7778521

01:08:34.416 --> 01:08:35.980 know what we're doing.
NOTE Confidence: 0.8299238

01:08:38.160 --> 01:08:41.088 And then I guess your other question is,
NOTE Confidence: 0.8299238

01:08:41.090 --> 01:08:42.920 is is then what treatments
NOTE Confidence: 0.8299238

01:08:42.920 --> 01:08:44.750 then are available to this?

NOTE Confidence: 0.8299238

01:08:44.750 --> 01:08:46.941 And that's a good question, right?

NOTE Confidence: 0.8299238

01:08:46.941 --> 01:08:49.107 Because neurology has a specific set

NOTE Confidence: 0.8299238

01:08:49.107 --> 01:08:51.804 of of illnesses and diseases that they

NOTE Confidence: 0.8299238

01:08:51.804 --> 01:08:53.734 specialize in this divine happened

NOTE Confidence: 0.8299238

01:08:53.734 --> 01:08:56.208 where psychiatry has it has a different

NOTE Confidence: 0.8299238

01:08:56.208 --> 01:08:58.358 set of illnesses that we specialize.

NOTE Confidence: 0.8299238

01:08:58.358 --> 01:09:00.752 We have different treatments in that

NOTE Confidence: 0.8299238

01:09:00.752 --> 01:09:03.718 and that it really is more of a fact

NOTE Confidence: 0.8299238

01:09:03.718 --> 01:09:05.489 of a disciplinary boundary that's

NOTE Confidence: 0.8299238

01:09:05.489 --> 01:09:07.883 been drawn over time in history.

NOTE Confidence: 0.8299238

01:09:07.890 --> 01:09:09.942 Rather than, I would say necessarily

NOTE Confidence: 0.8299238

01:09:09.942 --> 01:09:12.305 something that might be unique to

NOTE Confidence: 0.8299238

01:09:12.305 --> 01:09:13.706 patient experiences themselves.

NOTE Confidence: 0.87067515

01:09:14.950 --> 01:09:16.574 That is so beautifully

NOTE Confidence: 0.87067515

01:09:16.574 --> 01:09:18.428 beautifully worded, and I think.

NOTE Confidence: 0.87067515

01:09:18.428 --> 01:09:21.544 To add to that idea of you know
NOTE Confidence: 0.87067515

01:09:21.544 --> 01:09:24.271 when psychiatry is practiced, well,
NOTE Confidence: 0.87067515

01:09:24.271 --> 01:09:26.448 I think it's really soulful and I
NOTE Confidence: 0.87067515

01:09:26.448 --> 01:09:29.085 think it deals with what makes us
NOTE Confidence: 0.87067515

01:09:29.085 --> 01:09:31.030 human and it's really sophisticated
NOTE Confidence: 0.87067515

01:09:31.098 --> 01:09:33.108 and really difficult and messy,
NOTE Confidence: 0.87067515

01:09:33.110 --> 01:09:34.410 but can be beautiful.
NOTE Confidence: 0.87067515

01:09:34.410 --> 01:09:37.260 And I think that is true of medicine
NOTE Confidence: 0.87067515

01:09:37.260 --> 01:09:39.330 when it's practiced well too,
NOTE Confidence: 0.87067515

01:09:39.330 --> 01:09:41.424 and I think that psychiatry has
NOTE Confidence: 0.87067515

01:09:41.424 --> 01:09:44.330 to rely on some more of that art
NOTE Confidence: 0.87067515

01:09:44.330 --> 01:09:46.984 because there are less of these more
NOTE Confidence: 0.87067515

01:09:46.984 --> 01:09:49.594 objective measures that are seen in.
NOTE Confidence: 0.87067515

01:09:49.600 --> 01:09:52.162 Cardiology so I think the potential in
NOTE Confidence: 0.87067515

01:09:52.162 --> 01:09:54.288 psychiatry to practice it in a soulful,
NOTE Confidence: 0.87067515

01:09:54.290 --> 01:09:56.444 beautiful way is just it's extraordinary

NOTE Confidence: 0.87067515

01:09:56.444 --> 01:09:59.042 and I think there is a lot of

NOTE Confidence: 0.87067515

01:09:59.042 --> 01:10:00.680 lessons for the rest of medicine

NOTE Confidence: 0.87067515

01:10:00.742 --> 01:10:02.896 that can be gleaned from psychiatry

NOTE Confidence: 0.87067515

01:10:02.896 --> 01:10:04.676 and from the messiness there.

NOTE Confidence: 0.87067515

01:10:04.676 --> 01:10:06.020 Because the fact is,

NOTE Confidence: 0.87067515

01:10:06.020 --> 01:10:08.054 many sort of quote unquote physical

NOTE Confidence: 0.87067515

01:10:08.054 --> 01:10:09.700 illnesses are very messy too,

NOTE Confidence: 0.87067515

01:10:09.700 --> 01:10:11.380 and we're only now learning,

NOTE Confidence: 0.87067515

01:10:11.380 --> 01:10:12.720 really, the complex interplay

NOTE Confidence: 0.87067515

01:10:12.720 --> 01:10:14.730 between the body and the mind,

NOTE Confidence: 0.87067515

01:10:14.730 --> 01:10:16.090 the body, brain, mind,

NOTE Confidence: 0.87067515

01:10:16.090 --> 01:10:18.535 and it's only going to be more

NOTE Confidence: 0.87067515

01:10:18.535 --> 01:10:20.817 and more apparent that you need to

NOTE Confidence: 0.87067515

01:10:20.817 --> 01:10:23.317 take a real whole body approach.

NOTE Confidence: 0.87067515

01:10:23.320 --> 01:10:24.295 To various illnesses.

NOTE Confidence: 0.87067515

01:10:24.295 --> 01:10:25.920 Not just things deemed psychiatric.
NOTE Confidence: 0.87067515

01:10:25.920 --> 01:10:28.152 So I think that there will be a
NOTE Confidence: 0.87067515

01:10:28.152 --> 01:10:30.236 turn around where people are going
NOTE Confidence: 0.87067515

01:10:30.236 --> 01:10:32.420 to be looking more to psychiatry.
NOTE Confidence: 0.87067515

01:10:32.420 --> 01:10:34.370 Hopefully the best practices of psychiatry.
NOTE Confidence: 0.87067515

01:10:34.370 --> 01:10:36.000 And as we move forward,
NOTE Confidence: 0.87067515

01:10:36.000 --> 01:10:37.300 the rest of medicine.
NOTE Confidence: 0.87067515

01:10:37.300 --> 01:10:38.600 At least I hope.
NOTE Confidence: 0.88818365

01:10:41.720 --> 01:10:42.410 So.
NOTE Confidence: 0.8397944

01:10:44.720 --> 01:10:47.170 Kind of flipping that to the complete
NOTE Confidence: 0.8397944

01:10:47.170 --> 01:10:49.180 other direction about best practices,
NOTE Confidence: 0.8397944

01:10:49.180 --> 01:10:50.317 so worst practices.
NOTE Confidence: 0.8397944

01:10:50.317 --> 01:10:52.591 There's a question that I would
NOTE Confidence: 0.8397944

01:10:52.591 --> 01:10:55.502 like to to bring up that reads even
NOTE Confidence: 0.8397944

01:10:55.502 --> 01:10:57.369 though Rosenhan study was flawed.
NOTE Confidence: 0.8397944

01:10:57.370 --> 01:10:58.705 Plenty of contemporaneous,

NOTE Confidence: 0.8397944

01:10:58.705 --> 01:11:00.930 even current lived experience accounts

NOTE Confidence: 0.8397944

01:11:00.930 --> 01:11:02.589 of psychiatric survivors would

NOTE Confidence: 0.8397944

01:11:02.589 --> 01:11:04.725 have shown similar abuses to those

NOTE Confidence: 0.8397944

01:11:04.725 --> 01:11:06.549 documented in the original study.

NOTE Confidence: 0.8397944

01:11:06.550 --> 01:11:08.668 Do you feel that Rosenhan's study

NOTE Confidence: 0.8397944

01:11:08.668 --> 01:11:10.080 legitimized or amplified longstanding

NOTE Confidence: 0.8397944

01:11:10.131 --> 01:11:12.066 psychiatric survivor accounts of abuse?

NOTE Confidence: 0.8397944

01:11:12.070 --> 01:11:12.810 That is

NOTE Confidence: 0.8610119

01:11:12.810 --> 01:11:14.282 a really beautiful question,

NOTE Confidence: 0.8610119

01:11:14.282 --> 01:11:17.588 and I think actually I think there there was,

NOTE Confidence: 0.8610119

01:11:17.590 --> 01:11:20.398 at least in the popular media.

NOTE Confidence: 0.8610119

01:11:20.400 --> 01:11:22.572 Eight more of a support of

NOTE Confidence: 0.8610119

01:11:22.572 --> 01:11:23.658 psychiatric survivors stories.

NOTE Confidence: 0.8610119

01:11:23.660 --> 01:11:26.075 I really do believe that it did

NOTE Confidence: 0.8610119

01:11:26.075 --> 01:11:27.559 actually give some legitimacy

NOTE Confidence: 0.8610119

01:11:27.559 --> 01:11:29.809 and that was hard to about.

NOTE Confidence: 0.8610119

01:11:29.810 --> 01:11:32.144 Uncovering the issues with this study

NOTE Confidence: 0.8610119

01:11:32.144 --> 01:11:34.474 because there is a residual effect

NOTE Confidence: 0.8610119

01:11:34.474 --> 01:11:37.258 of that that that I would not want

NOTE Confidence: 0.8610119

01:11:37.328 --> 01:11:39.666 to be intended in here that step

NOTE Confidence: 0.8610119

01:11:39.666 --> 01:11:41.897 people who have had bad experiences

NOTE Confidence: 0.8610119

01:11:41.897 --> 01:11:44.351 in the psychiatrist or in psychiatric

NOTE Confidence: 0.8610119

01:11:44.351 --> 01:11:46.460 institutions all of a sudden or discount.

NOTE Confidence: 0.8610119

01:11:46.460 --> 01:11:50.428 It would be a terrible response from this.

NOTE Confidence: 0.8610119

01:11:50.430 --> 01:11:53.302 So it it actually makes me matter about

NOTE Confidence: 0.8610119

01:11:53.302 --> 01:11:56.209 his at least augmenting the truth,

NOTE Confidence: 0.8610119

01:11:56.210 --> 01:11:58.688 because the fact the fact remains

NOTE Confidence: 0.8610119

01:11:58.688 --> 01:11:59.514 his experience.

NOTE Confidence: 0.8610119

01:11:59.520 --> 01:12:01.092 Rosen, hand singular experience

NOTE Confidence: 0.8610119

01:12:01.092 --> 01:12:04.060 did show abuse is did show neglect.

NOTE Confidence: 0.8610119

01:12:04.060 --> 01:12:06.538 You know that was true and

NOTE Confidence: 0.8610119

01:12:06.538 --> 01:12:08.190 confirmed through his diary.

NOTE Confidence: 0.8610119

01:12:08.190 --> 01:12:11.232 As much as I can confirm it and confirm

NOTE Confidence: 0.8610119

01:12:11.232 --> 01:12:14.276 that a lawsuit leveled at Haverford State

NOTE Confidence: 0.8610119

01:12:14.276 --> 01:12:17.465 Hospital at the time of a psychiatric

NOTE Confidence: 0.8610119

01:12:17.465 --> 01:12:20.636 survivor who had tales of horrific abuses.

NOTE Confidence: 0.8610119

01:12:20.640 --> 01:12:22.642 Ana Nurse, who also did win a

NOTE Confidence: 0.8610119

01:12:22.642 --> 01:12:24.090 lawsuit against the hospital,

NOTE Confidence: 0.8610119

01:12:24.090 --> 01:12:25.980 so these were real things happening.

NOTE Confidence: 0.8610119

01:12:25.980 --> 01:12:28.167 It wasn't as if he made up the fact

NOTE Confidence: 0.8610119

01:12:28.167 --> 01:12:30.368 that institutions could be uncaring,

NOTE Confidence: 0.8610119

01:12:30.370 --> 01:12:31.315 even harmful places.

NOTE Confidence: 0.8610119

01:12:31.315 --> 01:12:32.260 That was true,

NOTE Confidence: 0.8610119

01:12:32.260 --> 01:12:33.954 and I think you know at the

NOTE Confidence: 0.8610119

01:12:33.954 --> 01:12:36.376 time it did serve a purpose in

NOTE Confidence: 0.8610119

01:12:36.376 --> 01:12:37.600 legitimizing those stories.

NOTE Confidence: 0.8610119

01:12:37.600 --> 01:12:38.106 So I,
NOTE Confidence: 0.8610119

01:12:38.106 --> 01:12:38.612 you know,
NOTE Confidence: 0.8610119

01:12:38.612 --> 01:12:40.809 I really I hope that it doesn't serve
NOTE Confidence: 0.8610119

01:12:40.809 --> 01:12:43.249 now as we start to question it to
NOTE Confidence: 0.8610119

01:12:43.317 --> 01:12:45.907 kind of raise any questions about the
NOTE Confidence: 0.8610119

01:12:45.907 --> 01:12:47.959 legitimacy of those of those stories.
NOTE Confidence: 0.86432546

01:12:49.660 --> 01:12:52.288 And I also just want to chime in that,
NOTE Confidence: 0.86432546

01:12:52.290 --> 01:12:54.714 like. You know when we when
NOTE Confidence: 0.86432546

01:12:54.714 --> 01:12:56.920 you think about this right,
NOTE Confidence: 0.86432546

01:12:56.920 --> 01:12:59.560 it's important for us to think about that
NOTE Confidence: 0.86432546

01:12:59.560 --> 01:13:02.378 this is just not something in the past,
NOTE Confidence: 0.86432546

01:13:02.380 --> 01:13:05.528 right? That there are.
NOTE Confidence: 0.86432546

01:13:05.530 --> 01:13:07.840 That we should listen to the stories
NOTE Confidence: 0.86432546

01:13:07.840 --> 01:13:09.689 of people who are psychiatric
NOTE Confidence: 0.86432546

01:13:09.689 --> 01:13:12.065 patients right now and of the
NOTE Confidence: 0.86432546

01:13:12.065 --> 01:13:14.113 struggles with the mental health

NOTE Confidence: 0.86432546

01:13:14.113 --> 01:13:16.489 care system and healthcare at large.

NOTE Confidence: 0.86432546

01:13:16.490 --> 01:13:17.998 The experience today there

NOTE Confidence: 0.86432546

01:13:17.998 --> 01:13:19.883 are there are abuse is.

NOTE Confidence: 0.86432546

01:13:19.890 --> 01:13:21.780 There are things that we

NOTE Confidence: 0.86432546

01:13:21.780 --> 01:13:23.292 are doing wrong there,

NOTE Confidence: 0.86432546

01:13:23.300 --> 01:13:24.512 things we're doing,

NOTE Confidence: 0.86432546

01:13:24.512 --> 01:13:27.830 harm that we're doing harm to patients in in,

NOTE Confidence: 0.86432546

01:13:27.830 --> 01:13:29.720 in a multitude of ways,

NOTE Confidence: 0.86432546

01:13:29.720 --> 01:13:32.992 right that that didn't end with frozen hands

NOTE Confidence: 0.86432546

01:13:32.992 --> 01:13:36.534 paper and that continue to it to the present.

NOTE Confidence: 0.86432546

01:13:36.540 --> 01:13:39.230 And so.

NOTE Confidence: 0.86432546

01:13:39.230 --> 01:13:41.638 His study right is a resource right

NOTE Confidence: 0.86432546

01:13:41.638 --> 01:13:44.314 to some of these survival movements

NOTE Confidence: 0.86432546

01:13:44.314 --> 01:13:46.929 of these survivor movements have

NOTE Confidence: 0.86432546

01:13:46.929 --> 01:13:49.398 integrity in and of themselves.

NOTE Confidence: 0.86432546

01:13:49.400 --> 01:13:51.610 Whether or not right rosenhan
NOTE Confidence: 0.86432546

01:13:51.610 --> 01:13:53.820 study is legitimate or not.
NOTE Confidence: 0.86432546

01:13:53.820 --> 01:13:54.740 Survivor stories.
NOTE Confidence: 0.86432546

01:13:54.740 --> 01:13:57.500 Our expert also expert sources of
NOTE Confidence: 0.86432546

01:13:57.500 --> 01:13:59.706 knowledge on their own experiences
NOTE Confidence: 0.86432546

01:13:59.706 --> 01:14:02.124 that we should pay attention to
NOTE Confidence: 0.86432546

01:14:02.124 --> 01:14:04.467 as we're thinking even today.
NOTE Confidence: 0.86432546

01:14:04.470 --> 01:14:08.430 But how we can make the experience of.
NOTE Confidence: 0.86432546

01:14:08.430 --> 01:14:11.300 Getting mental health care better for people.
NOTE Confidence: 0.90365165

01:14:15.070 --> 01:14:15.820 Thank you.
NOTE Confidence: 0.81895024

01:14:18.210 --> 01:14:21.300 Speaking of power, the issue of.
NOTE Confidence: 0.81895024

01:14:21.300 --> 01:14:23.616 Caleb second book concerns in part
NOTE Confidence: 0.81895024

01:14:23.616 --> 01:14:25.671 the power imbalances between doctors
NOTE Confidence: 0.81895024

01:14:25.671 --> 01:14:27.439 and patients within psychiatric
NOTE Confidence: 0.81895024

01:14:27.439 --> 01:14:30.150 institutions that are not unlike the
NOTE Confidence: 0.81895024

01:14:30.150 --> 01:14:32.350 power imbalances between prison guards,

NOTE Confidence: 0.81895024

01:14:32.350 --> 01:14:34.900 prisoners part from banking on the

NOTE Confidence: 0.81895024

01:14:34.900 --> 01:14:36.600 generosity of individual psychiatrists.

NOTE Confidence: 0.81895024

01:14:36.600 --> 01:14:38.725 What can be done institutionally

NOTE Confidence: 0.81895024

01:14:38.725 --> 01:14:40.850 to mitigate these power imbalances?

NOTE Confidence: 0.74281937

01:14:42.190 --> 01:14:44.598 Oh my gosh, what?

NOTE Confidence: 0.74281937

01:14:44.600 --> 01:14:46.732 Figure that out. Yeah, I mean,

NOTE Confidence: 0.74281937

01:14:46.732 --> 01:14:48.856 I think that's what's really interesting,

NOTE Confidence: 0.74281937

01:14:48.860 --> 01:14:51.700 and I'm not saying this is the answer,

NOTE Confidence: 0.74281937

01:14:51.700 --> 01:14:54.185 but I did go to the Netherlands.

NOTE Confidence: 0.74281937

01:14:54.190 --> 01:14:56.668 I didn't put this in the book,

NOTE Confidence: 0.74281937

01:14:56.670 --> 01:14:58.774 but I did go to the Netherlands because

NOTE Confidence: 0.74281937

01:14:58.774 --> 01:15:00.637 they did pseudopatient experiments where

NOTE Confidence: 0.74281937

01:15:00.637 --> 01:15:03.199 nurses and doctors actually went undercover

NOTE Confidence: 0.74281937

01:15:03.199 --> 01:15:05.546 as patients in their own institution.

NOTE Confidence: 0.74281937

01:15:05.550 --> 01:15:08.028 This is not in prisons and jails,

NOTE Confidence: 0.74281937

01:15:08.030 --> 01:15:09.805 but this is in psychiatric
NOTE Confidence: 0.74281937

01:15:09.805 --> 01:15:11.225 institutions in the Netherlands.
NOTE Confidence: 0.74281937

01:15:11.230 --> 01:15:12.554 An it was profound.
NOTE Confidence: 0.74281937

01:15:12.554 --> 01:15:15.042 Especially for the nurses who had the
NOTE Confidence: 0.74281937

01:15:15.042 --> 01:15:17.227 most day-to-day contact with patients.
NOTE Confidence: 0.74281937

01:15:17.230 --> 01:15:19.309 And I doubt that there is any
NOTE Confidence: 0.74281937

01:15:19.309 --> 01:15:22.230 kind of way that we could have an
NOTE Confidence: 0.74281937

01:15:22.230 --> 01:15:24.185 IRB approve something like this,
NOTE Confidence: 0.74281937

01:15:24.190 --> 01:15:26.710 but I think anything that puts someone
NOTE Confidence: 0.74281937

01:15:26.710 --> 01:15:30.189 in the shoes of a patient and that could
NOTE Confidence: 0.74281937

01:15:30.189 --> 01:15:32.380 be reading patient survivor stories.
NOTE Confidence: 0.74281937

01:15:32.380 --> 01:15:36.748 Listening to people you know really having.
NOTE Confidence: 0.74281937

01:15:36.750 --> 01:15:40.901 Kind of a narrative sharing of narratives
NOTE Confidence: 0.74281937

01:15:40.901 --> 01:15:44.758 that's actually taken seriously and valued.
NOTE Confidence: 0.74281937

01:15:44.760 --> 01:15:45.576 You know, I know,
NOTE Confidence: 0.74281937

01:15:45.576 --> 01:15:47.146 there's a lot going on in narrative

NOTE Confidence: 0.74281937

01:15:47.146 --> 01:15:49.176 medicine with this and trying to bridge

NOTE Confidence: 0.74281937

01:15:49.176 --> 01:15:51.189 these these power imbalances in medicine,

NOTE Confidence: 0.74281937

01:15:51.190 --> 01:15:53.178 and I can only imagine the power

NOTE Confidence: 0.74281937

01:15:53.178 --> 01:15:54.822 imbalances that goes on in prison

NOTE Confidence: 0.74281937

01:15:54.822 --> 01:15:56.544 and jails and how to bridge that.

NOTE Confidence: 0.74281937

01:15:56.550 --> 01:15:58.158 But again, I'm not going to.

NOTE Confidence: 0.74281937

01:15:58.160 --> 01:16:00.296 I'm not going to to figure that out,

NOTE Confidence: 0.74281937

01:16:00.300 --> 01:16:02.176 and I would love to hear Nathan's

NOTE Confidence: 0.74281937

01:16:02.176 --> 01:16:02.980 take on that,

NOTE Confidence: 0.74281937

01:16:02.980 --> 01:16:05.148 but it was interesting to me to hear

NOTE Confidence: 0.74281937

01:16:05.148 --> 01:16:06.772 how profound it was to literally

NOTE Confidence: 0.74281937

01:16:06.772 --> 01:16:08.890 kind of stand in the shoes of a

NOTE Confidence: 0.74281937

01:16:08.890 --> 01:16:10.486 patient and and how different the

NOTE Confidence: 0.74281937

01:16:10.486 --> 01:16:12.650 care that in the level of care

NOTE Confidence: 0.74281937

01:16:12.650 --> 01:16:15.730 roses as a as a result of that.

NOTE Confidence: 0.74281937

01:16:15.730 --> 01:16:18.290 I don't know how to do that on a grand scale,

NOTE Confidence: 0.74281937

01:16:18.290 --> 01:16:19.222 but it was definitely

NOTE Confidence: 0.74281937

01:16:19.222 --> 01:16:20.387 fascinating to hear about that.

NOTE Confidence: 0.91446346

01:16:22.630 --> 01:16:25.366 It is a huge question and thank you

NOTE Confidence: 0.91446346

01:16:25.366 --> 01:16:28.288 so much for asking it because it's.

NOTE Confidence: 0.91446346

01:16:28.290 --> 01:16:30.560 Yeah, it it speaks to.

NOTE Confidence: 0.91446346

01:16:30.560 --> 01:16:32.882 Also the fact that that what's

NOTE Confidence: 0.91446346

01:16:32.882 --> 01:16:34.430 happened historically is that

NOTE Confidence: 0.91446346

01:16:34.502 --> 01:16:36.440 with the institutionalization,

NOTE Confidence: 0.91446346

01:16:36.440 --> 01:16:39.662 alot of psychiatric patients have been

NOTE Confidence: 0.91446346

01:16:39.662 --> 01:16:42.334 removed from institutions but then

NOTE Confidence: 0.91446346

01:16:42.334 --> 01:16:44.986 left without access right to mental

NOTE Confidence: 0.91446346

01:16:44.986 --> 01:16:47.847 health care and then either end up

NOTE Confidence: 0.91446346

01:16:47.847 --> 01:16:50.483 on the streets or in jails, right?

NOTE Confidence: 0.91446346

01:16:50.483 --> 01:16:53.201 So there's actually been a trans

NOTE Confidence: 0.91446346

01:16:53.201 --> 01:16:54.560 Institute institutionalization process.

NOTE Confidence: 0.91446346

01:16:54.560 --> 01:16:57.278 Sorry, and that in your question

NOTE Confidence: 0.91446346

01:16:57.278 --> 01:16:59.204 is actually literal, right?

NOTE Confidence: 0.91446346

01:16:59.204 --> 01:17:01.460 Like sometimes it actually.

NOTE Confidence: 0.91446346

01:17:01.460 --> 01:17:03.917 Like patients and prisoners are the same.

NOTE Confidence: 0.91446346

01:17:03.920 --> 01:17:06.728 Now in our current system and it is.

NOTE Confidence: 0.91446346

01:17:06.730 --> 01:17:10.210 It's it's a great tragedy.

NOTE Confidence: 0.91446346

01:17:10.210 --> 01:17:11.785 You ask questions though about

NOTE Confidence: 0.91446346

01:17:11.785 --> 01:17:13.045 like psychiatric practice itself,

NOTE Confidence: 0.91446346

01:17:13.050 --> 01:17:14.253 and this is.

NOTE Confidence: 0.91446346

01:17:14.253 --> 01:17:16.258 This is so hugely important

NOTE Confidence: 0.91446346

01:17:16.258 --> 01:17:19.251 and I just want to give a shout

NOTE Confidence: 0.91446346

01:17:19.251 --> 01:17:21.699 out to some of my friends.

NOTE Confidence: 0.91446346

01:17:21.700 --> 01:17:24.112 Who are envisioning new ways of

NOTE Confidence: 0.91446346

01:17:24.112 --> 01:17:27.339 imagining how we can provide care for

NOTE Confidence: 0.91446346

01:17:27.339 --> 01:17:30.405 people with serious mental illness in

NOTE Confidence: 0.91446346

01:17:30.405 --> 01:17:32.931 communities and in places that are
NOTE Confidence: 0.91446346

01:17:32.931 --> 01:17:36.184 not institutions and and do not have a
NOTE Confidence: 0.91446346

01:17:36.184 --> 01:17:38.812 strong relationship to the carceral state.
NOTE Confidence: 0.91446346

01:17:38.820 --> 01:17:42.052 So I shot some my friends on called
NOTE Confidence: 0.91446346

01:17:42.052 --> 01:17:45.410 Rojas Anne Jane Carter and and Allison,
NOTE Confidence: 0.91446346

01:17:45.410 --> 01:17:48.770 who are in there working on this project
NOTE Confidence: 0.91446346

01:17:48.770 --> 01:17:51.837 that now called seeds and Sprouts.
NOTE Confidence: 0.91446346

01:17:51.840 --> 01:17:53.516 And there in there,
NOTE Confidence: 0.91446346

01:17:53.516 --> 01:17:56.030 in dialogue with the community about
NOTE Confidence: 0.91446346

01:17:56.113 --> 01:17:58.997 like how can we can imagine care
NOTE Confidence: 0.91446346

01:17:58.997 --> 01:18:00.835 outside of traditional institutions
NOTE Confidence: 0.91446346

01:18:00.835 --> 01:18:05.130 that have had these problems, right?
NOTE Confidence: 0.91446346

01:18:05.130 --> 01:18:07.650 And yeah, I mean there's also so,
NOTE Confidence: 0.91446346

01:18:07.650 --> 01:18:09.810 so that's kind of really big
NOTE Confidence: 0.91446346

01:18:09.810 --> 01:18:10.890 picture and things,
NOTE Confidence: 0.91446346

01:18:10.890 --> 01:18:12.226 and I think Suzanne,

NOTE Confidence: 0.91446346

01:18:12.226 --> 01:18:14.690 you point out like there are precedents

NOTE Confidence: 0.91446346

01:18:14.690 --> 01:18:16.982 about maybe good role models for

NOTE Confidence: 0.91446346

01:18:16.982 --> 01:18:19.596 this like so Therea House which is

NOTE Confidence: 0.91446346

01:18:19.596 --> 01:18:22.260 a super healing group kind of home

NOTE Confidence: 0.91446346

01:18:22.260 --> 01:18:25.680 situation that had been there before.

NOTE Confidence: 0.91446346

01:18:25.680 --> 01:18:29.730 And so I I think with each generation right,

NOTE Confidence: 0.91446346

01:18:29.730 --> 01:18:33.090 there's always new ideas and we should

NOTE Confidence: 0.91446346

01:18:33.090 --> 01:18:35.698 encourage those ideas and give them

NOTE Confidence: 0.91446346

01:18:35.698 --> 01:18:38.825 a chance to to and support them with

NOTE Confidence: 0.91446346

01:18:38.825 --> 01:18:41.425 resources to be developed further.

NOTE Confidence: 0.91446346

01:18:41.430 --> 01:18:44.130 And I think there's also really,

NOTE Confidence: 0.91446346

01:18:44.130 --> 01:18:47.730 you know, more direct things we can do,

NOTE Confidence: 0.91446346

01:18:47.730 --> 01:18:50.200 which is that oftentimes some

NOTE Confidence: 0.91446346

01:18:50.200 --> 01:18:52.176 psychiatric institutions have like

NOTE Confidence: 0.91446346

01:18:52.176 --> 01:18:54.926 armed guards right at the front door,

NOTE Confidence: 0.91446346

01:18:54.930 --> 01:18:58.116 and that is actually incredibly stigmatising.

NOTE Confidence: 0.91446346

01:18:58.120 --> 01:19:00.646 And reinforces the idea that psychic

NOTE Confidence: 0.91446346

01:19:00.646 --> 01:19:02.753 psychiatric patients or dangerous that

NOTE Confidence: 0.91446346

01:19:02.753 --> 01:19:04.883 they and their potential criminals that

NOTE Confidence: 0.91446346

01:19:04.883 --> 01:19:07.458 they should be surveilled by the state,

NOTE Confidence: 0.91446346

01:19:07.460 --> 01:19:11.090 and that the the the the arm of the state

NOTE Confidence: 0.91446346

01:19:11.182 --> 01:19:14.454 and the law is always close right to?

NOTE Confidence: 0.91446346

01:19:14.460 --> 01:19:16.568 And unfortunately it's sometimes

NOTE Confidence: 0.91446346

01:19:16.568 --> 01:19:18.149 the only recourse.

NOTE Confidence: 0.91446346

01:19:18.150 --> 01:19:20.586 That that people have when someone

NOTE Confidence: 0.91446346

01:19:20.586 --> 01:19:23.820 needs help and and it's not seeking it.

NOTE Confidence: 0.91446346

01:19:23.820 --> 01:19:26.250 So how do we imagine different

NOTE Confidence: 0.91446346

01:19:26.250 --> 01:19:27.870 ways right of bringing?

NOTE Confidence: 0.83581614

01:19:29.930 --> 01:19:32.065 People with serious mental illness

NOTE Confidence: 0.83581614

01:19:32.065 --> 01:19:35.002 to care providers in a way that

NOTE Confidence: 0.83581614

01:19:35.002 --> 01:19:37.162 is healing that is non coercive

NOTE Confidence: 0.83581614

01:19:37.162 --> 01:19:39.609 that it is community oriented.

NOTE Confidence: 0.7566814

01:19:41.190 --> 01:19:43.311 I will add two. I thank you

NOTE Confidence: 0.7566814

01:19:43.311 --> 01:19:45.667 for that and I kind of Gerardo,

NOTE Confidence: 0.7566814

01:19:45.670 --> 01:19:48.230 a few Members I visited a few psychiatric

NOTE Confidence: 0.7566814

01:19:48.230 --> 01:19:50.154 hospitals, a lot of psychiatric

NOTE Confidence: 0.7566814

01:19:50.154 --> 01:19:52.159 hospitals around the country and.

NOTE Confidence: 0.7566814

01:19:52.160 --> 01:19:54.554 You know, a lot of these places,

NOTE Confidence: 0.7566814

01:19:54.560 --> 01:19:56.964 especially relics of the past, are not

NOTE Confidence: 0.7566814

01:19:56.964 --> 01:19:59.016 designed for that kind of interaction.

NOTE Confidence: 0.7566814

01:19:59.020 --> 01:20:00.740 And that kind of leveling,

NOTE Confidence: 0.7566814

01:20:00.740 --> 01:20:02.080 especially with physicians who

NOTE Confidence: 0.7566814

01:20:02.080 --> 01:20:04.850 are not on the Ward on the floors.

NOTE Confidence: 0.7566814

01:20:04.850 --> 01:20:06.570 Often. Usually it's kind of,

NOTE Confidence: 0.7566814

01:20:06.570 --> 01:20:08.964 you know, varies from place to place,

NOTE Confidence: 0.7566814

01:20:08.970 --> 01:20:10.338 but when David Rosenhan's

NOTE Confidence: 0.7566814

01:20:10.338 --> 01:20:12.048 assessment 15 minutes a day,
NOTE Confidence: 0.7566814

01:20:12.050 --> 01:20:13.874 if you're on that short amount
NOTE Confidence: 0.7566814

01:20:13.874 --> 01:20:16.347 of time that it in itself creates
NOTE Confidence: 0.7566814

01:20:16.347 --> 01:20:17.883 a power imbalance, right?
NOTE Confidence: 0.7566814

01:20:17.883 --> 01:20:19.941 You're trying to waiting for the
NOTE Confidence: 0.7566814

01:20:19.941 --> 01:20:22.546 doctor to come, and so there was.
NOTE Confidence: 0.7566814

01:20:22.546 --> 01:20:24.516 Interesting things that I saw
NOTE Confidence: 0.7566814

01:20:24.516 --> 01:20:26.004 specifically in South Dakota
NOTE Confidence: 0.7566814

01:20:26.004 --> 01:20:28.050 where doctors spent more time on
NOTE Confidence: 0.7566814

01:20:28.050 --> 01:20:30.752 the on the actual floors and the
NOTE Confidence: 0.7566814

01:20:30.752 --> 01:20:32.660 actual floors themselves were new
NOTE Confidence: 0.7566814

01:20:32.660 --> 01:20:34.560 and they had huge windows.
NOTE Confidence: 0.7566814

01:20:34.560 --> 01:20:35.820 You know there.
NOTE Confidence: 0.7566814

01:20:35.820 --> 01:20:37.500 Unfortunately there are suicide
NOTE Confidence: 0.7566814

01:20:37.500 --> 01:20:39.472 prevention issues that create kind
NOTE Confidence: 0.7566814

01:20:39.472 --> 01:20:41.754 of ice or situations that that don't.

NOTE Confidence: 0.7566814

01:20:41.760 --> 01:20:43.776 Again create that sense of imbalance

NOTE Confidence: 0.7566814

01:20:43.776 --> 01:20:45.930 that you're in an institution.

NOTE Confidence: 0.7566814

01:20:45.930 --> 01:20:47.130 An institutional setting,

NOTE Confidence: 0.7566814

01:20:47.130 --> 01:20:49.530 but there were some kind of

NOTE Confidence: 0.7566814

01:20:49.530 --> 01:20:51.451 beautiful touches of keeping the

NOTE Confidence: 0.7566814

01:20:51.451 --> 01:20:53.623 nurses where where the nurses are.

NOTE Confidence: 0.7566814

01:20:53.630 --> 01:20:55.122 Open not walled in.

NOTE Confidence: 0.7566814

01:20:55.122 --> 01:20:57.360 In glass staff you know little

NOTE Confidence: 0.7566814

01:20:57.440 --> 01:20:58.709 things like that.

NOTE Confidence: 0.7566814

01:20:58.710 --> 01:21:01.216 Lowering the bed to the floor to

NOTE Confidence: 0.7566814

01:21:01.216 --> 01:21:03.410 make it calming more peaceful.

NOTE Confidence: 0.7566814

01:21:03.410 --> 01:21:04.134 You know,

NOTE Confidence: 0.7566814

01:21:04.134 --> 01:21:06.668 eliminate ING kind of dark hallways and

NOTE Confidence: 0.7566814

01:21:06.668 --> 01:21:08.878 alleyways that might augment psychosis.

NOTE Confidence: 0.7566814

01:21:08.880 --> 01:21:12.008 Know using light and color on the walls.

NOTE Confidence: 0.7566814

01:21:12.010 --> 01:21:14.446 You know there are things that might
NOTE Confidence: 0.7566814

01:21:14.446 --> 01:21:16.290 sound unimportant but are extremely
NOTE Confidence: 0.7566814

01:21:16.290 --> 01:21:18.120 important in the experience of
NOTE Confidence: 0.7566814

01:21:18.120 --> 01:21:20.609 psychosis that I experienced firsthand.
NOTE Confidence: 0.7566814

01:21:20.610 --> 01:21:24.120 Keeping things serene and calm as possible.
NOTE Confidence: 0.7566814

01:21:24.120 --> 01:21:26.175 Really does affect the experience
NOTE Confidence: 0.7566814

01:21:26.175 --> 01:21:28.230 of psychosis and those little
NOTE Confidence: 0.7566814

01:21:28.295 --> 01:21:30.726 touches do mean a lot, so you know,
NOTE Confidence: 0.7566814

01:21:30.726 --> 01:21:32.718 I feel that there are potentials
NOTE Confidence: 0.7566814

01:21:32.718 --> 01:21:35.184 even in the architecture of the
NOTE Confidence: 0.7566814

01:21:35.184 --> 01:21:36.836 design of these institutions,
NOTE Confidence: 0.7566814

01:21:36.840 --> 01:21:37.216 when,
NOTE Confidence: 0.7566814

01:21:37.216 --> 01:21:37.968 when needed,
NOTE Confidence: 0.7566814

01:21:37.968 --> 01:21:39.848 that can create more egalitarian
NOTE Confidence: 0.7566814

01:21:39.848 --> 01:21:41.319 and healing places too.
NOTE Confidence: 0.91467506

01:21:46.000 --> 01:21:46.570 Thank you.

NOTE Confidence: 0.839989

01:21:50.240 --> 01:21:52.490 I know, I know. We

NOTE Confidence: 0.839989

01:21:52.490 --> 01:21:55.220 talked a little bit about the distinction

NOTE Confidence: 0.839989

01:21:55.220 --> 01:21:57.869 between medical and psychiatric illnesses,

NOTE Confidence: 0.839989

01:21:57.870 --> 01:22:01.054 but one person asked if there's utility of

NOTE Confidence: 0.839989

01:22:01.054 --> 01:22:03.416 thinking about psychiatric diseases like

NOTE Confidence: 0.839989

01:22:03.416 --> 01:22:08.670 chronic medical ones such as diabetes, which.

NOTE Confidence: 0.839989

01:22:08.670 --> 01:22:10.760 And I guess that does.

NOTE Confidence: 0.839989

01:22:10.760 --> 01:22:12.295 There are certain psych diagnosis

NOTE Confidence: 0.839989

01:22:12.295 --> 01:22:14.378 where that that that is kind of

NOTE Confidence: 0.839989

01:22:14.378 --> 01:22:16.093 part and parcel of how it's done,

NOTE Confidence: 0.839989

01:22:16.100 --> 01:22:18.614 but I think others may be

NOTE Confidence: 0.839989

01:22:18.614 --> 01:22:20.590 personality disorders and kind of.

NOTE Confidence: 0.839989

01:22:20.590 --> 01:22:21.966 That kind of category,

NOTE Confidence: 0.839989

01:22:21.966 --> 01:22:25.163 I think maybe is what this person is is

NOTE Confidence: 0.839989

01:22:25.163 --> 01:22:27.620 thinking about and and and if there's

NOTE Confidence: 0.839989

01:22:27.700 --> 01:22:30.262 some benefit to kind of thinking of
NOTE Confidence: 0.839989

01:22:30.262 --> 01:22:32.956 changing the way that we in medicine
NOTE Confidence: 0.839989

01:22:32.956 --> 01:22:34.951 think about those diagnosis would
NOTE Confidence: 0.839989

01:22:34.951 --> 01:22:37.489 make them seem more legitimate and.
NOTE Confidence: 0.839989

01:22:37.490 --> 01:22:39.806 Treated more like medical illnesses, IE.
NOTE Confidence: 0.839989

01:22:39.806 --> 01:22:42.902 Kind of like what you were
NOTE Confidence: 0.839989

01:22:42.902 --> 01:22:44.450 saying Nathan about.
NOTE Confidence: 0.839989

01:22:44.450 --> 01:22:47.120 With more respect from the medical.
NOTE Confidence: 0.839989

01:22:47.120 --> 01:22:49.610 Community as awful as that sounds.
NOTE Confidence: 0.8816836

01:22:53.680 --> 01:22:56.902 Yeah, thank you so much for it for that
NOTE Confidence: 0.8816836

01:22:56.902 --> 01:22:59.647 question and I think that like you know,
NOTE Confidence: 0.8816836

01:22:59.650 --> 01:23:03.030 one of the things is.
NOTE Confidence: 0.8816836

01:23:03.030 --> 01:23:05.005 Is that this distinction between
NOTE Confidence: 0.8816836

01:23:05.005 --> 01:23:07.463 things that are medical and that
NOTE Confidence: 0.8816836

01:23:07.463 --> 01:23:09.917 that things are psychiatric has been
NOTE Confidence: 0.8816836

01:23:09.917 --> 01:23:12.001 reinforced with with time, right?

NOTE Confidence: 0.8816836

01:23:12.001 --> 01:23:14.767 In the ways that I've talked

NOTE Confidence: 0.8816836

01:23:14.767 --> 01:23:16.150 about before that?

NOTE Confidence: 0.8816836

01:23:16.150 --> 01:23:18.754 More often than not is stigmatising

NOTE Confidence: 0.8816836

01:23:18.754 --> 01:23:21.020 to patients with mental illness

NOTE Confidence: 0.8816836

01:23:21.020 --> 01:23:23.290 and to psychiatry in general,

NOTE Confidence: 0.8816836

01:23:23.290 --> 01:23:27.266 and it's the way that we've thought about

NOTE Confidence: 0.8816836

01:23:27.266 --> 01:23:31.120 these things as intractable illnesses that.

NOTE Confidence: 0.8816836

01:23:31.120 --> 01:23:33.286 Chronic that once you have it,

NOTE Confidence: 0.8816836

01:23:33.290 --> 01:23:35.908 you have it forever and that there's

NOTE Confidence: 0.8816836

01:23:35.908 --> 01:23:38.340 not much you can do about it,

NOTE Confidence: 0.8816836

01:23:38.340 --> 01:23:40.980 and that the only recourse is to like

NOTE Confidence: 0.8816836

01:23:40.980 --> 01:23:44.019 put people or lock them up in in

NOTE Confidence: 0.8816836

01:23:44.019 --> 01:23:45.854 hospitals or institutions forever, right?

NOTE Confidence: 0.8816836

01:23:45.854 --> 01:23:48.206 And I think that like thinking of and

NOTE Confidence: 0.8816836

01:23:48.206 --> 01:23:50.462 I think Alan Sachs writes beautifully

NOTE Confidence: 0.8816836

01:23:50.462 --> 01:23:53.608 about this and in their book on the
NOTE Confidence: 0.8816836

01:23:53.608 --> 01:23:55.990 center cannot hold thinking about some
NOTE Confidence: 0.8816836

01:23:55.990 --> 01:23:59.410 psychiatric illness is more akin to.
NOTE Confidence: 0.8816836

01:23:59.410 --> 01:24:01.200 Chronic medical conditions that you
NOTE Confidence: 0.8816836

01:24:01.200 --> 01:24:04.270 you manage may be more helpful, right?
NOTE Confidence: 0.8816836

01:24:04.270 --> 01:24:06.430 So that like.
NOTE Confidence: 0.8816836

01:24:06.430 --> 01:24:10.166 It can be helpful right to take medications.
NOTE Confidence: 0.8816836

01:24:10.170 --> 01:24:12.042 Sometimes when you have
NOTE Confidence: 0.8816836

01:24:12.042 --> 01:24:13.914 psychosis it does help.
NOTE Confidence: 0.8816836

01:24:13.920 --> 01:24:16.728 A lot of people live better,
NOTE Confidence: 0.8816836

01:24:16.730 --> 01:24:19.934 more functional and you can very
NOTE Confidence: 0.8816836

01:24:19.934 --> 01:24:23.114 productive and successful lives and having
NOTE Confidence: 0.8816836

01:24:23.114 --> 01:24:26.446 a diagnosis of schizophrenia is not a
NOTE Confidence: 0.8816836

01:24:26.446 --> 01:24:29.265 sentence to go to institution and to
NOTE Confidence: 0.8816836

01:24:29.265 --> 01:24:32.660 be disabled or or impaired forever, right?
NOTE Confidence: 0.8816836

01:24:32.660 --> 01:24:33.920 And that.

NOTE Confidence: 0.8816836

01:24:33.920 --> 01:24:35.126 And that's it.

NOTE Confidence: 0.8816836

01:24:35.126 --> 01:24:35.528 Also,

NOTE Confidence: 0.8816836

01:24:35.528 --> 01:24:38.847 I think it thinking of it that way

NOTE Confidence: 0.8816836

01:24:38.847 --> 01:24:41.307 opens up sub to thinking about

NOTE Confidence: 0.8816836

01:24:41.307 --> 01:24:43.968 some of these diseases more,

NOTE Confidence: 0.8816836

01:24:43.970 --> 01:24:47.029 or illnesses more humanely and also well,

NOTE Confidence: 0.8816836

01:24:47.030 --> 01:24:49.646 maybe kind of brings into the

NOTE Confidence: 0.8816836

01:24:49.646 --> 01:24:50.954 question of like,

NOTE Confidence: 0.8816836

01:24:50.960 --> 01:24:51.405 well,

NOTE Confidence: 0.8816836

01:24:51.405 --> 01:24:54.075 what are the social right and

NOTE Confidence: 0.8816836

01:24:54.075 --> 01:24:55.897 cultural and political factors

NOTE Confidence: 0.8816836

01:24:55.897 --> 01:24:58.746 that go into enabling people to get

NOTE Confidence: 0.8816836

01:24:58.746 --> 01:25:01.508 access to the medications that care

NOTE Confidence: 0.8816836

01:25:01.508 --> 01:25:04.316 that they need that that sometimes.

NOTE Confidence: 0.8816836

01:25:04.320 --> 01:25:05.253 Are frustrated, right?

NOTE Confidence: 0.8816836

01:25:05.253 --> 01:25:07.430 So let's take the what I'm thinking
NOTE Confidence: 0.8816836

01:25:07.491 --> 01:25:09.076 about specifically here is like
NOTE Confidence: 0.8816836

01:25:09.076 --> 01:25:11.156 the frustration is we don't know
NOTE Confidence: 0.8816836

01:25:11.156 --> 01:25:12.916 what's happening with schizophrenia.
NOTE Confidence: 0.8816836

01:25:12.920 --> 01:25:14.640 We don't know the science.
NOTE Confidence: 0.8816836

01:25:14.640 --> 01:25:16.360 We don't know that diagnosis,
NOTE Confidence: 0.8816836

01:25:16.360 --> 01:25:17.016 but but,
NOTE Confidence: 0.8816836

01:25:17.016 --> 01:25:19.312 and so it's it's a problem that's
NOTE Confidence: 0.8816836

01:25:19.312 --> 01:25:20.828 that can't be solved.
NOTE Confidence: 0.8816836

01:25:20.830 --> 01:25:23.574 But if you look at something like diabetes,
NOTE Confidence: 0.8816836

01:25:23.580 --> 01:25:23.951 right?
NOTE Confidence: 0.8816836

01:25:23.951 --> 01:25:24.322 Like?
NOTE Confidence: 0.8816836

01:25:24.322 --> 01:25:26.177 The science flats known pretty
NOTE Confidence: 0.8816836

01:25:26.177 --> 01:25:28.580 well and we have medications that
NOTE Confidence: 0.8816836

01:25:28.580 --> 01:25:30.960 work for that pretty well, right?
NOTE Confidence: 0.8816836

01:25:30.960 --> 01:25:32.710 And but there's still problems

NOTE Confidence: 0.8816836

01:25:32.710 --> 01:25:34.519 with people having really poor

NOTE Confidence: 0.8816836

01:25:34.519 --> 01:25:36.619 outcomes with diabetes and then the

NOTE Confidence: 0.8816836

01:25:36.619 --> 01:25:38.411 traditional answer has been it's

NOTE Confidence: 0.8816836

01:25:38.411 --> 01:25:40.116 because people are non compliant.

NOTE Confidence: 0.8816836

01:25:40.120 --> 01:25:41.880 They're not taking their insulin,

NOTE Confidence: 0.8816836

01:25:41.880 --> 01:25:43.640 they're not taking their medications,

NOTE Confidence: 0.8816836

01:25:43.640 --> 01:25:44.992 they're just banned patients,

NOTE Confidence: 0.8816836

01:25:44.992 --> 01:25:47.859 and so that's why they have this illness,

NOTE Confidence: 0.8816836

01:25:47.860 --> 01:25:50.408 when in fact rotting the frame to

NOTE Confidence: 0.8816836

01:25:50.408 --> 01:25:53.003 looking at whether or not they have

NOTE Confidence: 0.8816836

01:25:53.003 --> 01:25:55.570 access right to insulin where they have.

NOTE Confidence: 0.8816836

01:25:55.570 --> 01:25:57.640 Where that they have resources,

NOTE Confidence: 0.8816836

01:25:57.640 --> 01:25:59.710 whether they know about it,

NOTE Confidence: 0.8816836

01:25:59.710 --> 01:26:03.014 whether they trust their doctors or or not.

NOTE Confidence: 0.8816836

01:26:03.020 --> 01:26:05.480 Right weather.

NOTE Confidence: 0.8816836

01:26:05.480 --> 01:26:07.928 They are able to get to due to the
NOTE Confidence: 0.8816836

01:26:07.928 --> 01:26:09.804 pharmacy to amended medication or
NOTE Confidence: 0.8816836

01:26:09.804 --> 01:26:11.729 maybe because they have children
NOTE Confidence: 0.8816836

01:26:11.729 --> 01:26:13.999 are and I would rather be able to
NOTE Confidence: 0.8816836

01:26:13.999 --> 01:26:15.872 put food on the table for their
NOTE Confidence: 0.8816836

01:26:15.872 --> 01:26:17.510 children rather than to get their
NOTE Confidence: 0.8252189

01:26:17.570 --> 01:26:20.578 medications. All these things.
NOTE Confidence: 0.8252189

01:26:20.580 --> 01:26:24.324 Take us into the realm of like the cultural,
NOTE Confidence: 0.8252189

01:26:24.330 --> 01:26:25.910 social, and political factors
NOTE Confidence: 0.8252189

01:26:25.910 --> 01:26:27.885 that are also really important
NOTE Confidence: 0.8252189

01:26:27.885 --> 01:26:30.169 to both psychiatry and medicine.
NOTE Confidence: 0.8252189

01:26:30.170 --> 01:26:32.984 When we think about some of the
NOTE Confidence: 0.8252189

01:26:32.984 --> 01:26:36.248 illnesses that are in our in our current
NOTE Confidence: 0.8252189

01:26:36.248 --> 01:26:39.192 day phenomenon that seem to be so
NOTE Confidence: 0.8252189

01:26:39.192 --> 01:26:41.850 frustrating and so difficult to treat.
NOTE Confidence: 0.83038706

01:26:44.250 --> 01:26:48.159 Thank you excellent answer.

NOTE Confidence: 0.88290536

01:26:48.160 --> 01:26:49.100 I see that it's 6:30,

NOTE Confidence: 0.88290536

01:26:49.100 --> 01:26:51.870 so I'm going to. Turn the mic

NOTE Confidence: 0.88290536

01:26:51.870 --> 01:26:55.460 back over to Randy to sum up and.

NOTE Confidence: 0.8540048

01:26:56.740 --> 01:26:59.225 Well, I feel I am so grateful

NOTE Confidence: 0.8540048

01:26:59.225 --> 01:27:01.183 to everyone here for those

NOTE Confidence: 0.8540048

01:27:01.183 --> 01:27:03.613 who've taken the time to attend,

NOTE Confidence: 0.8540048

01:27:03.620 --> 01:27:05.530 particularly to Nathan and Susanna,

NOTE Confidence: 0.8540048

01:27:05.530 --> 01:27:08.578 for I feel like for starting a conversation,

NOTE Confidence: 0.8540048

01:27:08.580 --> 01:27:11.005 Susanna, for doing the incredible

NOTE Confidence: 0.8540048

01:27:11.005 --> 01:27:13.980 work you did in the book.

NOTE Confidence: 0.8540048

01:27:13.980 --> 01:27:16.308 And also for joining us while we know

NOTE Confidence: 0.8540048

01:27:16.308 --> 01:27:18.320 you're in the process of moving,

NOTE Confidence: 0.8540048

01:27:18.320 --> 01:27:21.730 we made you push your box is off to the side,

NOTE Confidence: 0.8540048

01:27:21.730 --> 01:27:24.098 but that you're moving right now as we

NOTE Confidence: 0.8540048

01:27:24.098 --> 01:27:26.686 speak with toddler Twins and tons of boxes.

NOTE Confidence: 0.8540048

01:27:26.690 --> 01:27:28.902 So speaking about stress and you still
NOTE Confidence: 0.8540048

01:27:28.902 --> 01:27:31.339 found the time and you didn't back out.
NOTE Confidence: 0.8540048

01:27:31.340 --> 01:27:33.710 Thank you very very much.
NOTE Confidence: 0.8540048

01:27:33.710 --> 01:27:36.343 Nathan, you keep talking about how
NOTE Confidence: 0.8540048

01:27:36.343 --> 01:27:39.430 wonderful it is that Susanna did this
NOTE Confidence: 0.8540048

01:27:39.517 --> 01:27:42.162 to listen to our patients hearing.
NOTE Confidence: 0.8540048

01:27:42.162 --> 01:27:44.792 You communicate so beautifully and
NOTE Confidence: 0.8540048

01:27:44.792 --> 01:27:47.897 I'm sure everyone on the participants
NOTE Confidence: 0.8540048

01:27:47.897 --> 01:27:50.302 that are listening the attendees
NOTE Confidence: 0.8540048

01:27:50.302 --> 01:27:52.099 would would feel that.
NOTE Confidence: 0.8540048

01:27:52.100 --> 01:27:54.543 You have such a wonderful deep voice
NOTE Confidence: 0.8540048

01:27:54.543 --> 01:27:57.848 coming from the field of psychiatry that I
NOTE Confidence: 0.8540048

01:27:57.848 --> 01:28:00.370 hope that this conversation encourages you.
NOTE Confidence: 0.8540048

01:28:00.370 --> 01:28:01.444 As a historian,
NOTE Confidence: 0.8540048

01:28:01.444 --> 01:28:02.876 Anna psychiatrist to consider
NOTE Confidence: 0.8540048

01:28:02.876 --> 01:28:05.345 writing for a lay audience and

NOTE Confidence: 0.8540048

01:28:05.345 --> 01:28:06.680 putting something together.

NOTE Confidence: 0.8540048

01:28:06.680 --> 01:28:07.466 Because yes,

NOTE Confidence: 0.8540048

01:28:07.466 --> 01:28:10.217 we need to hear voices like Suzanne's.

NOTE Confidence: 0.8540048

01:28:10.220 --> 01:28:13.380 We also need to hear voices like yours,

NOTE Confidence: 0.8540048

01:28:13.380 --> 01:28:15.350 compassionate physicians grounded in history.

NOTE Confidence: 0.8540048

01:28:15.350 --> 01:28:18.406 So I want to end this by saying

NOTE Confidence: 0.8540048

01:28:18.406 --> 01:28:21.559 if either of you want to share a

NOTE Confidence: 0.8540048

01:28:21.559 --> 01:28:24.489 secret with us and we won't tell.

NOTE Confidence: 0.8540048

01:28:24.490 --> 01:28:25.465 Anyone we promise,

NOTE Confidence: 0.8540048

01:28:25.465 --> 01:28:27.415 except for anyone that listens to

NOTE Confidence: 0.8540048

01:28:27.415 --> 01:28:29.541 the recording of this and anyone that

NOTE Confidence: 0.8540048

01:28:29.541 --> 01:28:31.808 we tell after we click off and say.

NOTE Confidence: 0.8540048

01:28:31.810 --> 01:28:33.078 But don't tell anyone.

NOTE Confidence: 0.8540048

01:28:33.078 --> 01:28:35.344 If you want to share anything that

NOTE Confidence: 0.8540048

01:28:35.344 --> 01:28:37.138 projects that you may be working

NOTE Confidence: 0.8540048

01:28:37.138 --> 01:28:39.437 on and hope to publish one day an.

NOTE Confidence: 0.8540048

01:28:39.440 --> 01:28:40.732 If not, that's fine,

NOTE Confidence: 0.8540048

01:28:40.732 --> 01:28:43.272 but I am really grateful and I hope

NOTE Confidence: 0.8540048

01:28:43.272 --> 01:28:45.120 the two of you keep writing and

NOTE Confidence: 0.8540048

01:28:45.120 --> 01:28:47.368 I hope that we see your byline.

NOTE Confidence: 0.8540048

01:28:47.370 --> 01:28:48.895 Zannier authorship saw none more

NOTE Confidence: 0.8540048

01:28:48.895 --> 01:28:49.810 books to come.

NOTE Confidence: 0.8477403

01:28:50.370 --> 01:28:51.895 Randy, I was thinking the

NOTE Confidence: 0.8477403

01:28:51.895 --> 01:28:53.115 same thing about Nathan.

NOTE Confidence: 0.8477403

01:28:53.120 --> 01:28:55.568 I said he needs to write a book.

NOTE Confidence: 0.8477403

01:28:55.570 --> 01:28:57.614 There needs to be a book that

NOTE Confidence: 0.8477403

01:28:57.614 --> 01:28:59.812 comes out of you at some point

NOTE Confidence: 0.8477403

01:28:59.812 --> 01:29:01.690 and I'm sure there will be.

NOTE Confidence: 0.8477403

01:29:01.690 --> 01:29:03.526 I have no doubt about that.

NOTE Confidence: 0.8477403

01:29:03.530 --> 01:29:05.714 I would. I just feel that your

NOTE Confidence: 0.8477403

01:29:05.714 --> 01:29:07.591 perspective on these issues is so

NOTE Confidence: 0.8477403

01:29:07.591 --> 01:29:09.642 it's so deep it's it's so profound.

NOTE Confidence: 0.8477403

01:29:09.650 --> 01:29:11.694 And I, I'm so moved by hearing

NOTE Confidence: 0.8477403

01:29:11.694 --> 01:29:14.033 you speak on this and I just want

NOTE Confidence: 0.8477403

01:29:14.033 --> 01:29:16.179 to thank you so much for engaging

NOTE Confidence: 0.8477403

01:29:16.179 --> 01:29:18.219 so deeply with my own work.

NOTE Confidence: 0.8477403

01:29:18.220 --> 01:29:21.188 It's really been an honor and privilege.

NOTE Confidence: 0.8477403

01:29:21.190 --> 01:29:23.758 So thank you for giving me that gift.

NOTE Confidence: 0.8477403

01:29:23.760 --> 01:29:25.360 And to answer your question,

NOTE Confidence: 0.8477403

01:29:25.360 --> 01:29:27.286 I'm I'm working on a book,

NOTE Confidence: 0.8477403

01:29:27.290 --> 01:29:30.179 but it's funny I have this thing right here.

NOTE Confidence: 0.8477403

01:29:30.180 --> 01:29:31.780 This is a little clearer.

NOTE Confidence: 0.8477403

01:29:31.780 --> 01:29:34.188 You can see I'm working on a book

NOTE Confidence: 0.8477403

01:29:34.188 --> 01:29:35.958 about psychedelics actually right now,

NOTE Confidence: 0.8477403

01:29:35.960 --> 01:29:37.560 so I know everyone's talking

NOTE Confidence: 0.8477403

01:29:37.560 --> 01:29:38.200 about psychedelics,

NOTE Confidence: 0.8477403

01:29:38.200 --> 01:29:40.447 but that's kind of where I'm where.
NOTE Confidence: 0.8477403

01:29:40.450 --> 01:29:42.898 My kind of where my world has led me
NOTE Confidence: 0.8477403

01:29:42.898 --> 01:29:45.199 just in the same way that it led me
NOTE Confidence: 0.8477403

01:29:45.199 --> 01:29:47.487 to the right pretendre there's one
NOTE Confidence: 0.8477403

01:29:47.487 --> 01:29:50.073 person I'm focusing on in particular,
NOTE Confidence: 0.8477403

01:29:50.080 --> 01:29:50.437 but.
NOTE Confidence: 0.8477403

01:29:50.437 --> 01:29:52.936 Really does raise a lot of questions
NOTE Confidence: 0.8477403

01:29:52.936 --> 01:29:54.080 about the mind.
NOTE Confidence: 0.8477403

01:29:54.080 --> 01:29:55.340 The brain, the sold,
NOTE Confidence: 0.8477403

01:29:55.340 --> 01:29:56.915 the Selfon medicine in the
NOTE Confidence: 0.8477403

01:29:56.915 --> 01:29:58.090 history of psychiatry.
NOTE Confidence: 0.8477403

01:29:58.090 --> 01:30:00.428 So there is a path there somewhere,
NOTE Confidence: 0.8477403

01:30:00.430 --> 01:30:02.100 so that's what I'm doing.
NOTE Confidence: 0.9117792

01:30:05.330 --> 01:30:08.669 Thank you so much for this invitation.
NOTE Confidence: 0.9117792

01:30:08.670 --> 01:30:11.809 I came to see the tribute to an artist, Andy.
NOTE Confidence: 0.9117792

01:30:11.809 --> 01:30:14.761 I'm just this is Anna Ann for welcoming

NOTE Confidence: 0.9117792

01:30:14.761 --> 01:30:17.515 me into the world of writing and.

NOTE Confidence: 0.9117792

01:30:17.520 --> 01:30:19.950 I guess. Yeah I am.

NOTE Confidence: 0.9117792

01:30:19.950 --> 01:30:22.533 I will say since sometimes the universe

NOTE Confidence: 0.9117792

01:30:22.533 --> 01:30:25.935 works in mysterious like OK, I I have

NOTE Confidence: 0.9117792

01:30:25.935 --> 01:30:28.810 been thinking possibly about writing.

NOTE Confidence: 0.9117792

01:30:28.810 --> 01:30:31.774 Something about the experience I had

NOTE Confidence: 0.9117792

01:30:31.774 --> 01:30:34.728 going to medical school and then

NOTE Confidence: 0.9117792

01:30:34.728 --> 01:30:37.398 having a spouse who actually passed

NOTE Confidence: 0.9117792

01:30:37.398 --> 01:30:40.347 of cancer during the same time so.

NOTE Confidence: 0.9117792

01:30:40.350 --> 01:30:43.798 Still very embryonic and unclear, but.

NOTE Confidence: 0.9117792

01:30:43.798 --> 01:30:45.950 There you have it.

NOTE Confidence: 0.9117792

01:30:45.950 --> 01:30:47.570 Thank you for that invitation.

NOTE Confidence: 0.9117792

01:30:47.570 --> 01:30:50.146 It was so so kind and so validating.

NOTE Confidence: 0.9117792

01:30:50.150 --> 01:30:51.770 Appreciate it so very much.

NOTE Confidence: 0.9117792

01:30:51.770 --> 01:30:54.298 And so I'm grateful to have had this

NOTE Confidence: 0.9117792

01:30:54.298 --> 01:30:56.607 opportunity to view here the value today.

NOTE Confidence: 0.9203501

01:31:00.380 --> 01:31:01.600 Thank you so much everybody.

NOTE Confidence: 0.9203501

01:31:01.600 --> 01:31:02.580 Have a good night.