

WEBVTT

NOTE duration:"00:57:59.640000"

NOTE recognizability:0.883

NOTE language:en-us

NOTE Confidence: 0.725699788333333

00:00:00.000 --> 00:00:01.164 Study. I'm Anna Reisman,

NOTE Confidence: 0.725699788333333

00:00:01.164 --> 00:00:02.619 director of the Program for

NOTE Confidence: 0.725699788333333

00:00:02.619 --> 00:00:03.559 Humanities and Medicine.

NOTE Confidence: 0.725699788333333

00:00:03.560 --> 00:00:06.386 Welcome to the 2024 John P

NOTE Confidence: 0.725699788333333

00:00:06.386 --> 00:00:07.799 McGovern Award Lectureship,

NOTE Confidence: 0.725699788333333

00:00:07.800 --> 00:00:10.866 supported by the John P McGovern Fund

NOTE Confidence: 0.725699788333333

00:00:10.866 --> 00:00:13.520 for the Humanities and Medicine Doctor.

NOTE Confidence: 0.725699788333333

00:00:13.520 --> 00:00:15.440 McGovern was a Texas based medical

NOTE Confidence: 0.725699788333333

00:00:15.440 --> 00:00:16.720 humanist and an allergist,

NOTE Confidence: 0.725699788333333

00:00:16.720 --> 00:00:18.720 investor and philanthropist who established

NOTE Confidence: 0.725699788333333

00:00:18.720 --> 00:00:20.720 several lectures bearing his name

NOTE Confidence: 0.725699788333333

00:00:20.781 --> 00:00:22.755 at Med schools throughout the country.

NOTE Confidence: 0.725699788333333

00:00:22.760 --> 00:00:24.565 This award lectureship is given

NOTE Confidence: 0.725699788333333

00:00:24.565 --> 00:00:26.370 annually to a physician who
NOTE Confidence: 0.7256997883333333

00:00:26.437 --> 00:00:28.517 demonstrates the true healing art,
NOTE Confidence: 0.7256997883333333

00:00:28.520 --> 00:00:30.080 being a scientist and a humanist,
NOTE Confidence: 0.7256997883333333

00:00:30.080 --> 00:00:31.244 and a knowledgeable,
NOTE Confidence: 0.7256997883333333

00:00:31.244 --> 00:00:32.796 humane and caring physician,
NOTE Confidence: 0.7256997883333333

00:00:32.800 --> 00:00:35.675 and this year's recipient is
NOTE Confidence: 0.7256997883333333

00:00:35.675 --> 00:00:37.674 Doctor Rachel Bedard. Dr.
NOTE Confidence: 0.7256997883333333

00:00:37.674 --> 00:00:39.318 Bedard is a writer and internist,
NOTE Confidence: 0.7256997883333333

00:00:39.320 --> 00:00:42.440 geriatrician, and palliative care physician.
NOTE Confidence: 0.7256997883333333

00:00:42.440 --> 00:00:43.808 From 2016 to 2022,
NOTE Confidence: 0.7256997883333333

00:00:43.808 --> 00:00:45.518 she was a doctor with
NOTE Confidence: 0.7256997883333333

00:00:45.518 --> 00:00:46.959 Correctional Health Services,
NOTE Confidence: 0.7256997883333333

00:00:46.960 --> 00:00:48.770 the public agency that provides
NOTE Confidence: 0.7256997883333333

00:00:48.770 --> 00:00:51.360 medical care in New York City jails.
NOTE Confidence: 0.7256997883333333

00:00:51.360 --> 00:00:52.000 While there,
NOTE Confidence: 0.7256997883333333

00:00:52.000 --> 00:00:53.866 she began the system's Geriatrics

NOTE Confidence: 0.725699788333333

00:00:53.866 --> 00:00:55.678 and Complex Care Service,

NOTE Confidence: 0.725699788333333

00:00:55.680 --> 00:00:57.300 an interdisciplinary team that

NOTE Confidence: 0.725699788333333

00:00:57.300 --> 00:00:58.920 oversaw care court advocacy,

NOTE Confidence: 0.725699788333333

00:00:58.920 --> 00:01:00.018 compassionate release efforts,

NOTE Confidence: 0.725699788333333

00:01:00.018 --> 00:01:02.214 and discharge planning for the oldest

NOTE Confidence: 0.725699788333333

00:01:02.214 --> 00:01:04.359 and sickest people in the jail system.

NOTE Confidence: 0.725699788333333

00:01:04.360 --> 00:01:06.405 In 2020, she helped coordinate efforts

NOTE Confidence: 0.725699788333333

00:01:06.405 --> 00:01:08.080 to decarcerate the jails during

NOTE Confidence: 0.725699788333333

00:01:08.080 --> 00:01:09.959 the worst months of the pandemic.

NOTE Confidence: 0.725699788333333

00:01:09.960 --> 00:01:10.488 Dr.

NOTE Confidence: 0.725699788333333

00:01:10.488 --> 00:01:12.072 Bidar left Rikers,

NOTE Confidence: 0.725699788333333

00:01:12.072 --> 00:01:12.600 Etcetera,

NOTE Confidence: 0.725699788333333

00:01:12.600 --> 00:01:14.832 in 2022 and is now in the second

NOTE Confidence: 0.725699788333333

00:01:14.832 --> 00:01:17.220 year of a six year term on the

NOTE Confidence: 0.725699788333333

00:01:17.220 --> 00:01:19.439 New York City Board of Correction.

NOTE Confidence: 0.725699788333333

00:01:19.440 --> 00:01:20.764 She currently sees patients
NOTE Confidence: 0.7256997883333333

00:01:20.764 --> 00:01:21.757 at Woodhull Hospital,
NOTE Confidence: 0.7256997883333333

00:01:21.760 --> 00:01:24.315 which is a public hospital in Brooklyn.
NOTE Confidence: 0.7256997883333333

00:01:24.320 --> 00:01:26.560 She's also a writer whose essays,
NOTE Confidence: 0.7256997883333333

00:01:26.560 --> 00:01:27.840 criticism, and journalism have
NOTE Confidence: 0.7256997883333333

00:01:27.840 --> 00:01:29.040 appeared in The New Yorker,
NOTE Confidence: 0.7256997883333333

00:01:29.040 --> 00:01:29.776 The New York Times,
NOTE Confidence: 0.7256997883333333

00:01:29.776 --> 00:01:31.610 The New York Review of Books, and elsewhere.
NOTE Confidence: 0.7256997883333333

00:01:31.610 --> 00:01:33.070 She's also co-authored academic
NOTE Confidence: 0.7256997883333333

00:01:33.070 --> 00:01:35.003 work on the intersection between
NOTE Confidence: 0.7256997883333333

00:01:35.003 --> 00:01:36.239 aging and incarceration.
NOTE Confidence: 0.924286570869565

00:01:39.720 --> 00:01:41.545 She completed her internal medicine
NOTE Confidence: 0.924286570869565

00:01:41.545 --> 00:01:43.005 residency and chief residency
NOTE Confidence: 0.924286570869565

00:01:43.005 --> 00:01:44.987 at the Cambridge Health Alliance
NOTE Confidence: 0.924286570869565

00:01:44.987 --> 00:01:46.551 Fellowship in Geriatric and
NOTE Confidence: 0.924286570869565

00:01:46.551 --> 00:01:48.199 Palliative Care at Mount Sinai.

NOTE Confidence: 0.924286570869565
00:01:48.200 --> 00:01:50.680 And she lives in Brooklyn.
NOTE Confidence: 0.924286570869565
00:01:50.680 --> 00:01:53.364 And I will turn it over to Doctor Bedard
NOTE Confidence: 0.924286570869565
00:01:53.364 --> 00:01:56.400 and then we will be in conversation.
NOTE Confidence: 0.924286570869565
00:01:56.400 --> 00:01:58.800 Lisa Sanders, myself and Doctor Bedard.
NOTE Confidence: 0.55399394
00:02:03.640 --> 00:02:04.080 Hi.
NOTE Confidence: 0.94452058
00:02:06.720 --> 00:02:10.120 Hi, everybody. This is my.
NOTE Confidence: 0.94452058
00:02:10.120 --> 00:02:11.880 I've talked a lot today.
NOTE Confidence: 0.94452058
00:02:11.880 --> 00:02:13.572 And so thank you for bearing
NOTE Confidence: 0.94452058
00:02:13.572 --> 00:02:15.877 with me and my voice in a minute
NOTE Confidence: 0.904347808
00:02:21.080 --> 00:02:22.736 for this talk,
NOTE Confidence: 0.904347808
00:02:22.736 --> 00:02:25.760 which is going to be quite brief.
NOTE Confidence: 0.904347808
00:02:25.760 --> 00:02:28.922 I wanted to talk about developing
NOTE Confidence: 0.904347808
00:02:28.922 --> 00:02:31.132 one's style by paying close
NOTE Confidence: 0.904347808
00:02:31.132 --> 00:02:33.440 attention to other people's styles.
NOTE Confidence: 0.904347808
00:02:33.440 --> 00:02:35.880 And I mean that both in my role.
NOTE Confidence: 0.904347808

00:02:35.880 --> 00:02:37.416 I I I think that is something that
NOTE Confidence: 0.904347808

00:02:37.416 --> 00:02:39.137 I have done both in my role as a
NOTE Confidence: 0.904347808

00:02:39.137 --> 00:02:40.679 doctor and in my role as a writer.
NOTE Confidence: 0.904347808

00:02:40.680 --> 00:02:43.920 So when you're training in medicine,
NOTE Confidence: 0.904347808

00:02:43.920 --> 00:02:46.608 the way you learn to doctor is
NOTE Confidence: 0.904347808

00:02:46.608 --> 00:02:48.960 by watching other people doctor.
NOTE Confidence: 0.904347808

00:02:48.960 --> 00:02:50.892 You go into the room with someone
NOTE Confidence: 0.904347808

00:02:50.892 --> 00:02:52.864 and with an attending when you're
NOTE Confidence: 0.904347808

00:02:52.864 --> 00:02:55.030 a medical student and you shadow
NOTE Confidence: 0.904347808

00:02:55.030 --> 00:02:57.120 them and when you shadow them,
NOTE Confidence: 0.904347808

00:02:57.120 --> 00:02:58.828 some attending sit at the side of
NOTE Confidence: 0.904347808

00:02:58.828 --> 00:03:00.917 the bed and hold the patient's hand,
NOTE Confidence: 0.904347808

00:03:00.920 --> 00:03:03.279 and some attending stand over the patient.
NOTE Confidence: 0.904347808

00:03:03.280 --> 00:03:07.260 And some attendings do a lot of
NOTE Confidence: 0.904347808

00:03:07.260 --> 00:03:09.416 explaining and some do a lot of
NOTE Confidence: 0.904347808

00:03:09.416 --> 00:03:11.271 listening and you hear people

NOTE Confidence: 0.904347808

00:03:11.271 --> 00:03:13.231 use turns of phrase especially

NOTE Confidence: 0.904347808

00:03:13.231 --> 00:03:15.880 if you recurrently round.

NOTE Confidence: 0.904347808

00:03:15.880 --> 00:03:18.310 But the same supervisors you hear

NOTE Confidence: 0.904347808

00:03:18.310 --> 00:03:20.366 people use turns of phrase over and

NOTE Confidence: 0.904347808

00:03:20.366 --> 00:03:22.116 over again And then you you think like

NOTE Confidence: 0.904347808

00:03:22.116 --> 00:03:23.579 I'm going to use that turn of phrase

NOTE Confidence: 0.904347808

00:03:23.579 --> 00:03:25.315 next time when I have to explain something.

NOTE Confidence: 0.904347808

00:03:25.320 --> 00:03:28.080 When I was a third year medical student,

NOTE Confidence: 0.904347808

00:03:28.080 --> 00:03:30.610 I heard someone explain the

NOTE Confidence: 0.904347808

00:03:30.610 --> 00:03:32.634 kidneys to a patient,

NOTE Confidence: 0.904347808

00:03:32.640 --> 00:03:35.872 as kidneys are the washing machine of the

NOTE Confidence: 0.904347808

00:03:35.872 --> 00:03:41.318 body and I've used it now for 20 years.

NOTE Confidence: 0.904347808

00:03:41.320 --> 00:03:42.286 I mean I've been saying it

NOTE Confidence: 0.904347808

00:03:42.286 --> 00:03:43.320 for 20 years to patients.

NOTE Confidence: 0.904347808

00:03:43.320 --> 00:03:44.500 Kidneys are kidneys are the

NOTE Confidence: 0.904347808

00:03:44.500 --> 00:03:45.680 washing machine of the body.

NOTE Confidence: 0.904347808

00:03:45.680 --> 00:03:47.199 And so when you go on dialysis,

NOTE Confidence: 0.904347808

00:03:47.200 --> 00:03:48.964 it means you need to use a

NOTE Confidence: 0.904347808

00:03:48.964 --> 00:03:49.720 different washing machine.

NOTE Confidence: 0.904347808

00:03:49.720 --> 00:03:51.640 And so

NOTE Confidence: 0.76684229875

00:03:54.160 --> 00:03:55.620 I think you know,

NOTE Confidence: 0.76684229875

00:03:55.620 --> 00:03:57.360 and becoming a doctor's slow,

NOTE Confidence: 0.76684229875

00:03:57.360 --> 00:03:59.706 it takes a lot of years, right?

NOTE Confidence: 0.76684229875

00:03:59.706 --> 00:04:05.420 And so over time you see a lot of

NOTE Confidence: 0.76684229875

00:04:05.420 --> 00:04:10.045 different examples and mostly your my

NOTE Confidence: 0.76684229875

00:04:10.045 --> 00:04:13.160 experience of it was that in training

NOTE Confidence: 0.76684229875

00:04:13.160 --> 00:04:16.598 in medical school and an internship,

NOTE Confidence: 0.76684229875

00:04:16.600 --> 00:04:20.640 I was mostly imitating people.

NOTE Confidence: 0.76684229875

00:04:20.640 --> 00:04:22.240 When I was doing doctoring,

NOTE Confidence: 0.76684229875

00:04:22.240 --> 00:04:24.392 I was I was doctoring in the way

NOTE Confidence: 0.76684229875

00:04:24.392 --> 00:04:26.329 that I had seen other people

NOTE Confidence: 0.76684229875

00:04:26.329 --> 00:04:28.600 doctor and I was trying it on.

NOTE Confidence: 0.76684229875

00:04:28.600 --> 00:04:33.108 And then at some point towards the

NOTE Confidence: 0.76684229875

00:04:33.108 --> 00:04:36.640 end of my second year of residency,

NOTE Confidence: 0.76684229875

00:04:36.640 --> 00:04:38.960 I started doctoring as myself.

NOTE Confidence: 0.76684229875

00:04:38.960 --> 00:04:41.438 And that was this sort of magical

NOTE Confidence: 0.76684229875

00:04:41.438 --> 00:04:43.239 transformation where all of a sudden

NOTE Confidence: 0.76684229875

00:04:43.240 --> 00:04:45.361 I had instincts about what I wanted

NOTE Confidence: 0.76684229875

00:04:45.361 --> 00:04:47.863 to say and do in a room that we're

NOTE Confidence: 0.76684229875

00:04:47.863 --> 00:04:49.505 not remembering what someone else had

NOTE Confidence: 0.76684229875

00:04:49.505 --> 00:04:51.668 said and done in the room and how

NOTE Confidence: 0.76684229875

00:04:51.668 --> 00:04:53.355 I should then try to imitate that.

NOTE Confidence: 0.76684229875

00:04:53.360 --> 00:04:55.040 But I was trying to do it.

NOTE Confidence: 0.76684229875

00:04:55.040 --> 00:04:58.680 I I had a natural instinct and my

NOTE Confidence: 0.76684229875

00:04:58.680 --> 00:05:00.785 personal identity and my doctor

NOTE Confidence: 0.76684229875

00:05:00.785 --> 00:05:03.573 identity felt like they had fused a

NOTE Confidence: 0.76684229875

00:05:03.573 --> 00:05:06.600 little bit and I became myself as a doctor.
NOTE Confidence: 0.76684229875

00:05:06.600 --> 00:05:07.600 And the same thing happens,
NOTE Confidence: 0.76684229875

00:05:07.600 --> 00:05:12.080 I think, when you become a writer,
NOTE Confidence: 0.76684229875

00:05:12.080 --> 00:05:15.118 which is that you read a lot,
NOTE Confidence: 0.76684229875

00:05:15.120 --> 00:05:17.296 and in reading a lot you read a
NOTE Confidence: 0.76684229875

00:05:17.296 --> 00:05:19.560 lot of different prose styles.
NOTE Confidence: 0.76684229875

00:05:19.560 --> 00:05:22.008 And whatever I have read last
NOTE Confidence: 0.76684229875

00:05:22.008 --> 00:05:24.678 influences the thing that I write next.
NOTE Confidence: 0.76684229875

00:05:24.680 --> 00:05:31.587 So when I read Virginia Woolf early in 2023,
NOTE Confidence: 0.76684229875

00:05:31.587 --> 00:05:34.043 for a while I was writing like really
NOTE Confidence: 0.76684229875

00:05:34.043 --> 00:05:36.384 bad prose in the style of Virginia
NOTE Confidence: 0.76684229875

00:05:36.384 --> 00:05:39.200 Woolf that really I wasn't pulling it off.
NOTE Confidence: 0.76684229875

00:05:39.200 --> 00:05:41.685 But but I couldn't get the cadence
NOTE Confidence: 0.76684229875

00:05:41.685 --> 00:05:43.240 out of my mind.
NOTE Confidence: 0.76684229875

00:05:43.240 --> 00:05:45.274 And it's a not dissimilar process
NOTE Confidence: 0.76684229875

00:05:45.274 --> 00:05:48.100 of of of sort of being influenced

NOTE Confidence: 0.76684229875
00:05:48.100 --> 00:05:49.956 by other people's styles,
NOTE Confidence: 0.76684229875
00:05:49.960 --> 00:05:52.676 taking elements of that style for yourself,
NOTE Confidence: 0.76684229875
00:05:52.680 --> 00:05:54.372 integrating it and then discarding what
NOTE Confidence: 0.76684229875
00:05:54.372 --> 00:05:56.232 doesn't work for you until you figure
NOTE Confidence: 0.76684229875
00:05:56.232 --> 00:05:58.239 out sort of what your own voice is like.
NOTE Confidence: 0.971394545
00:06:00.400 --> 00:06:01.600 And as an example of that,
NOTE Confidence: 0.971394545
00:06:01.600 --> 00:06:03.399 I wanted to just read 2 excerpts,
NOTE Confidence: 0.971394545
00:06:03.400 --> 00:06:07.635 not by me, but by other people.
NOTE Confidence: 0.971394545
00:06:07.640 --> 00:06:12.222 These are two short excerpts from 2 essays,
NOTE Confidence: 0.971394545
00:06:12.222 --> 00:06:15.519 a sort of story in an essay,
NOTE Confidence: 0.971394545
00:06:15.520 --> 00:06:17.080 both that appeared in The New
NOTE Confidence: 0.971394545
00:06:17.080 --> 00:06:18.120 Yorker in different years.
NOTE Confidence: 0.971394545
00:06:18.120 --> 00:06:20.400 One is by Grace Paley,
NOTE Confidence: 0.971394545
00:06:20.400 --> 00:06:22.360 the Great American short story
NOTE Confidence: 0.971394545
00:06:22.360 --> 00:06:24.320 writer and essayist and activist,
NOTE Confidence: 0.971394545

00:06:24.320 --> 00:06:26.078 and one is by James Marcus,
NOTE Confidence: 0.971394545

00:06:26.080 --> 00:06:28.960 a great essayist and writer.
NOTE Confidence: 0.971394545

00:06:28.960 --> 00:06:31.000 Both James Marcus and Grace
NOTE Confidence: 0.971394545

00:06:31.000 --> 00:06:32.632 Paley's fathers were physicians,
NOTE Confidence: 0.971394545

00:06:32.640 --> 00:06:35.960 and they both wrote essays.
NOTE Confidence: 0.971394545

00:06:35.960 --> 00:06:39.918 Hers is sort of a story when their father
NOTE Confidence: 0.971394545

00:06:39.918 --> 00:06:41.994 about their father's aging and dying.
NOTE Confidence: 0.971394545

00:06:42.000 --> 00:06:44.800 And I want to just read them both to you,
NOTE Confidence: 0.971394545

00:06:44.800 --> 00:06:46.136 Not the whole things,
NOTE Confidence: 0.971394545

00:06:46.136 --> 00:06:48.140 but excerpts from both to give
NOTE Confidence: 0.971394545

00:06:48.212 --> 00:06:50.990 you a sense of how differently
NOTE Confidence: 0.971394545

00:06:50.990 --> 00:06:55.510 you can tell a story that actually
NOTE Confidence: 0.971394545

00:06:55.510 --> 00:06:58.720 in its outline is quite similar.
NOTE Confidence: 0.971394545

00:06:58.720 --> 00:07:01.384 So I'm going to start by reading James
NOTE Confidence: 0.971394545

00:07:01.384 --> 00:07:03.718 Marcus's, which I have queued up here.
NOTE Confidence: 0.971394545

00:07:03.720 --> 00:07:06.336 OK, this is from a piece called Family

NOTE Confidence: 0.971394545

00:07:06.336 --> 00:07:08.439 Medicine that was published in 2019.

NOTE Confidence: 0.951621458333333

00:07:12.880 --> 00:07:14.956 We like the heart to behave.

NOTE Confidence: 0.951621458333333

00:07:14.960 --> 00:07:17.960 No skipped beats, no atrial flutter,

NOTE Confidence: 0.951621458333333

00:07:17.960 --> 00:07:21.158 just the regular precious plotting cadence.

NOTE Confidence: 0.951621458333333

00:07:21.160 --> 00:07:23.956 For this we will sacrifice much.

NOTE Confidence: 0.951621458333333

00:07:23.960 --> 00:07:26.180 The medicine my father began taking

NOTE Confidence: 0.951621458333333

00:07:26.180 --> 00:07:28.012 for his irregular heartbeat in

NOTE Confidence: 0.951621458333333

00:07:28.012 --> 00:07:29.740 2014 could have turned his skin

NOTE Confidence: 0.951621458333333

00:07:29.740 --> 00:07:31.840 Gray or caused him to grow breasts,

NOTE Confidence: 0.951621458333333

00:07:31.840 --> 00:07:33.540 or collected in tiny granular

NOTE Confidence: 0.951621458333333

00:07:33.540 --> 00:07:35.630 deposits behind his eyes so that

NOTE Confidence: 0.951621458333333

00:07:35.630 --> 00:07:37.598 everything he looked at would have

NOTE Confidence: 0.951621458333333

00:07:37.598 --> 00:07:39.597 have would have had a blue Halo.

NOTE Confidence: 0.951621458333333

00:07:39.600 --> 00:07:41.280 None of this happened to him.

NOTE Confidence: 0.951621458333333

00:07:41.280 --> 00:07:44.878 Instead, he was cold all the time.

NOTE Confidence: 0.951621458333333

00:07:44.880 --> 00:07:46.340 Inside my parents house,
NOTE Confidence: 0.951621458333333
00:07:46.340 --> 00:07:48.935 a century old structure north of New
NOTE Confidence: 0.951621458333333
00:07:48.935 --> 00:07:50.933 York City whose thin walls testify
NOTE Confidence: 0.951621458333333
00:07:50.933 --> 00:07:53.480 to the golden age of cheap petroleum,
NOTE Confidence: 0.951621458333333
00:07:53.480 --> 00:07:56.520 he took to wearing a heavy tweed overcoat.
NOTE Confidence: 0.951621458333333
00:07:56.520 --> 00:07:57.636 He wore it in.
NOTE Confidence: 0.951621458333333
00:07:57.636 --> 00:07:59.310 He wore it when he watched
NOTE Confidence: 0.951621458333333
00:07:59.387 --> 00:08:01.637 television or napped on the sofa,
NOTE Confidence: 0.951621458333333
00:08:01.640 --> 00:08:03.880 or read through old copies of the Times,
NOTE Confidence: 0.951621458333333
00:08:03.880 --> 00:08:05.878 which he kept in the basement.
NOTE Confidence: 0.951621458333333
00:08:05.880 --> 00:08:07.853 He wore it at meals, also,
NOTE Confidence: 0.951621458333333
00:08:07.853 --> 00:08:10.118 donning gloves and a hat.
NOTE Confidence: 0.951621458333333
00:08:10.120 --> 00:08:12.010 He peeled off the overcoat overcoat
NOTE Confidence: 0.951621458333333
00:08:12.010 --> 00:08:14.380 only when he went to sleep under
NOTE Confidence: 0.951621458333333
00:08:14.380 --> 00:08:16.480 several blankets and a stout covering.
NOTE Confidence: 0.951621458333333
00:08:16.480 --> 00:08:20.116 My parents called Milty the Quilty.

NOTE Confidence: 0.951621458333333
00:08:20.120 --> 00:08:22.514 Of course they could have turned up the heat,
NOTE Confidence: 0.951621458333333
00:08:22.520 --> 00:08:24.959 but old habits of thrift got in the way,
NOTE Confidence: 0.951621458333333
00:08:24.960 --> 00:08:26.760 as did the psychological complexities
NOTE Confidence: 0.951621458333333
00:08:26.760 --> 00:08:28.200 of a long marriage.
NOTE Confidence: 0.951621458333333
00:08:28.200 --> 00:08:30.600 My mother had wanted to move decades ago.
NOTE Confidence: 0.951621458333333
00:08:30.600 --> 00:08:33.111 My father had run out the clock in his
NOTE Confidence: 0.951621458333333
00:08:33.111 --> 00:08:35.319 typically charming and infuriating manner,
NOTE Confidence: 0.951621458333333
00:08:35.320 --> 00:08:37.102 and now remaining in the chilly
NOTE Confidence: 0.951621458333333
00:08:37.102 --> 00:08:38.560 house was punishment for him,
NOTE Confidence: 0.951621458333333
00:08:38.560 --> 00:08:39.358 not for her.
NOTE Confidence: 0.92869576
00:08:41.400 --> 00:08:43.880 Finally, in February of 2015,
NOTE Confidence: 0.92869576
00:08:43.880 --> 00:08:46.169 they resolved to move to a two-bedroom
NOTE Confidence: 0.92869576
00:08:46.169 --> 00:08:47.960 apartment in a nearby town.
NOTE Confidence: 0.92869576
00:08:47.960 --> 00:08:50.024 By then, however, it wasn't just
NOTE Confidence: 0.92869576
00:08:50.024 --> 00:08:52.079 the cold that tormented my father.
NOTE Confidence: 0.92869576

00:08:52.080 --> 00:08:55.280 At 89, he was a bundle of maladies.
NOTE Confidence: 0.92869576

00:08:55.280 --> 00:08:57.760 The curvature of his spine made him stoop,
NOTE Confidence: 0.92869576

00:08:57.760 --> 00:08:59.744 His legs were weak and he got around
NOTE Confidence: 0.92869576

00:08:59.744 --> 00:09:01.680 with the aid of A2 wheeled Walker,
NOTE Confidence: 0.92869576

00:09:01.680 --> 00:09:02.925 which he hated.
NOTE Confidence: 0.92869576

00:09:02.925 --> 00:09:05.000 For more than a year.
NOTE Confidence: 0.92869576

00:09:05.000 --> 00:09:07.304 He had pinned his hopes on a chimerical
NOTE Confidence: 0.92869576

00:09:07.304 --> 00:09:08.850 operation that would relieve the
NOTE Confidence: 0.92869576

00:09:08.850 --> 00:09:10.674 pressure on his sciatic nerve and
NOTE Confidence: 0.92869576

00:09:10.674 --> 00:09:12.637 allow him to walk comfortably again.
NOTE Confidence: 0.92869576

00:09:12.640 --> 00:09:15.440 A fast talking young surgeon in New Haven.
NOTE Confidence: 0.92869576

00:09:15.440 --> 00:09:17.155 Maybe one of you in this room
NOTE Confidence: 0.92869576

00:09:17.160 --> 00:09:18.760 gave him the bad news.
NOTE Confidence: 0.92869576

00:09:18.760 --> 00:09:20.240 The procedure couldn't be done.
NOTE Confidence: 0.92869576

00:09:20.240 --> 00:09:22.994 He was too likely to die on the table.
NOTE Confidence: 0.92869576

00:09:23.000 --> 00:09:24.274 I'm going to be a cripple forever,

NOTE Confidence: 0.92869576

00:09:24.280 --> 00:09:25.720 my father told me.

NOTE Confidence: 0.92869576

00:09:25.720 --> 00:09:26.800 He rarely complained,

NOTE Confidence: 0.92869576

00:09:26.800 --> 00:09:28.635 always insisting that he took

NOTE Confidence: 0.92869576

00:09:28.635 --> 00:09:30.880 the macro cosmic view of life,

NOTE Confidence: 0.92869576

00:09:30.880 --> 00:09:32.580 and only a supremely buoyant

NOTE Confidence: 0.92869576

00:09:32.580 --> 00:09:34.280 man expects to live forever,

NOTE Confidence: 0.92869576

00:09:34.280 --> 00:09:36.280 even in a crippled state.

NOTE Confidence: 0.92869576

00:09:36.280 --> 00:09:38.758 But the surgeon in his Immaculate

NOTE Confidence: 0.92869576

00:09:38.758 --> 00:09:41.238 green scrubs had delivered a bad blow.

NOTE Confidence: 0.92869576

00:09:41.240 --> 00:09:43.176 Optimists are the least

NOTE Confidence: 0.92869576

00:09:43.176 --> 00:09:46.080 prepared for the loss of hope.

NOTE Confidence: 0.92869576

00:09:46.080 --> 00:09:48.414 What eventually happened was a subdural

NOTE Confidence: 0.92869576

00:09:48.414 --> 00:09:50.400 hematoma bleeding in the brain.

NOTE Confidence: 0.92869576

00:09:50.400 --> 00:09:52.560 When it happened, we don't know.

NOTE Confidence: 0.92869576

00:09:52.560 --> 00:09:54.040 Possibly he banged his head

NOTE Confidence: 0.92869576

00:09:54.040 --> 00:09:55.520 during one of those falls.
NOTE Confidence: 0.92869576

00:09:55.520 --> 00:09:57.476 The ones that couldn't kill him,
NOTE Confidence: 0.92869576

00:09:57.480 --> 00:09:59.440 possibly a blood vessel in his brain,
NOTE Confidence: 0.92869576

00:09:59.440 --> 00:10:00.625 just gave way.
NOTE Confidence: 0.92869576

00:10:00.625 --> 00:10:02.995 He began to have visionary moments,
NOTE Confidence: 0.92869576

00:10:03.000 --> 00:10:03.672 time travelling,
NOTE Confidence: 0.92869576

00:10:03.672 --> 00:10:05.688 moments when he spoke to his
NOTE Confidence: 0.92869576

00:10:05.688 --> 00:10:07.400 dead best friend Ed Booth,
NOTE Confidence: 0.92869576

00:10:07.400 --> 00:10:08.608 or happily sang selections
NOTE Confidence: 0.92869576

00:10:08.608 --> 00:10:10.475 from the hit parade of 1938,
NOTE Confidence: 0.92869576

00:10:10.475 --> 00:10:11.895 or more sentimental tunes
NOTE Confidence: 0.92869576

00:10:11.895 --> 00:10:14.200 that he directed at my mother.
NOTE Confidence: 0.92869576

00:10:14.200 --> 00:10:15.999 Your father has turned into a songbird,
NOTE Confidence: 0.92869576

00:10:16.000 --> 00:10:16.818 she said.
NOTE Confidence: 0.92869576

00:10:16.818 --> 00:10:19.272 In retrospect, these may have been
NOTE Confidence: 0.92869576

00:10:19.272 --> 00:10:21.680 the early effects of bleeding,

NOTE Confidence: 0.92869576

00:10:21.680 --> 00:10:25.120 or maybe they were just specimens of longing.

NOTE Confidence: 0.92869576

00:10:25.120 --> 00:10:26.062 On March 31st,

NOTE Confidence: 0.92869576

00:10:26.062 --> 00:10:26.376 however,

NOTE Confidence: 0.92869576

00:10:26.376 --> 00:10:29.079 he was too weak to get out of bed,

NOTE Confidence: 0.92869576

00:10:29.080 --> 00:10:30.240 and when my mother brought

NOTE Confidence: 0.92869576

00:10:30.240 --> 00:10:31.400 him breakfast on a tray,

NOTE Confidence: 0.92869576

00:10:31.400 --> 00:10:34.100 he began drinking coffee from an

NOTE Confidence: 0.92869576

00:10:34.100 --> 00:10:36.065 imaginary cup with one finger

NOTE Confidence: 0.92869576

00:10:36.065 --> 00:10:37.840 hooked through the invisible handle.

NOTE Confidence: 0.92869576

00:10:37.840 --> 00:10:40.945 He brought the cup to his lips, took a sip.

NOTE Confidence: 0.92869576

00:10:40.945 --> 00:10:43.120 He was no longer singing.

NOTE Confidence: 0.92869576

00:10:43.120 --> 00:10:44.485 My mother summoned an ambulance

NOTE Confidence: 0.92869576

00:10:44.485 --> 00:10:46.400 and he went to the hospital.

NOTE Confidence: 0.922584026363636

00:10:48.560 --> 00:10:50.040 That's James Marcus, the opening

NOTE Confidence: 0.922584026363636

00:10:50.040 --> 00:10:51.960 of his essay about his father.

NOTE Confidence: 0.93553054375

00:10:55.240 --> 00:10:59.040 This piece this piece is labeled as fiction,
NOTE Confidence: 0.93553054375

00:10:59.040 --> 00:11:05.060 but I would call it Auto Fiction by Grace
NOTE Confidence: 0.93553054375

00:11:05.060 --> 00:11:07.015 Paley, and it was published in 2002,
NOTE Confidence: 0.93553054375

00:11:07.015 --> 00:11:09.745 and it's called My Father Addresses
NOTE Confidence: 0.93553054375

00:11:09.745 --> 00:11:12.718 Me on the Facts of Old Age.
NOTE Confidence: 0.93553054375

00:11:12.720 --> 00:11:14.166 My father had decided to teach
NOTE Confidence: 0.93553054375

00:11:14.166 --> 00:11:16.186 me how to grow old. I said OK.
NOTE Confidence: 0.93553054375

00:11:16.186 --> 00:11:17.496 My children didn't think it
NOTE Confidence: 0.93553054375

00:11:17.496 --> 00:11:18.798 was such a great idea.
NOTE Confidence: 0.93553054375

00:11:18.800 --> 00:11:20.640 If I knew how they thought I might do it,
NOTE Confidence: 0.93553054375

00:11:20.640 --> 00:11:22.040 I might do it too. Or easily.
NOTE Confidence: 0.93553054375

00:11:22.040 --> 00:11:23.400 No, no, I said.
NOTE Confidence: 0.93553054375

00:11:23.400 --> 00:11:24.996 It's for later years from now.
NOTE Confidence: 0.93553054375

00:11:25.000 --> 00:11:26.680 And besides, if I get it right,
NOTE Confidence: 0.93553054375

00:11:26.680 --> 00:11:28.220 it might be helpful to you kids
NOTE Confidence: 0.93553054375

00:11:28.220 --> 00:11:30.692 in time to come, they said.

NOTE Confidence: 0.93553054375

00:11:30.692 --> 00:11:32.640 Really, my father wanted to begin

NOTE Confidence: 0.93553054375

00:11:32.640 --> 00:11:34.302 as soon as possible, for God's sake,

NOTE Confidence: 0.93553054375

00:11:34.302 --> 00:11:36.600 he said you can talk to the kids later.

NOTE Confidence: 0.93553054375

00:11:36.600 --> 00:11:38.877 Now listen to me. Send them out to play.

NOTE Confidence: 0.93553054375

00:11:38.880 --> 00:11:42.265 You are so distractible you we should

NOTE Confidence: 0.93553054375

00:11:42.265 --> 00:11:44.240 probably begin at the beginning, he said.

NOTE Confidence: 0.93553054375

00:11:44.240 --> 00:11:46.240 Change first. There is change,

NOTE Confidence: 0.93553054375

00:11:46.240 --> 00:11:48.720 which nobody likes, Even men.

NOTE Confidence: 0.93553054375

00:11:48.720 --> 00:11:49.605 You'd be surprised.

NOTE Confidence: 0.93553054375

00:11:49.605 --> 00:11:51.080 You can do little things,

NOTE Confidence: 0.93553054375

00:11:51.080 --> 00:11:52.960 putting cream on the corners of your mouth.

NOTE Confidence: 0.93553054375

00:11:52.960 --> 00:11:54.598 Also the heels of your feet.

NOTE Confidence: 0.93553054375

00:11:54.600 --> 00:11:56.240 But here's the main thing.

NOTE Confidence: 0.93553054375

00:11:56.240 --> 00:11:57.836 Oh, I wish your mother was alive.

NOTE Confidence: 0.93553054375

00:11:57.840 --> 00:11:59.360 Not that she had time,

NOTE Confidence: 0.93553054375

00:11:59.360 --> 00:12:01.040 but Pennsylvania, I said.
NOTE Confidence: 0.93553054375

00:12:01.040 --> 00:12:03.560 Mama never knew anything about cream.
NOTE Confidence: 0.93553054375

00:12:03.560 --> 00:12:05.744 I did not say she was famous
NOTE Confidence: 0.93553054375

00:12:05.744 --> 00:12:07.120 for not taking care.
NOTE Confidence: 0.93553054375

00:12:07.120 --> 00:12:09.080 Forget it, he said sadly.
NOTE Confidence: 0.93553054375

00:12:09.080 --> 00:12:11.160 But I must mention squinting.
NOTE Confidence: 0.93553054375

00:12:11.160 --> 00:12:14.426 Don't squint. Wear your glasses.
NOTE Confidence: 0.93553054375

00:12:14.426 --> 00:12:16.700 Look at your aunt, So beautiful.
NOTE Confidence: 0.93553054375

00:12:16.700 --> 00:12:19.400 Once I know someone has said.
NOTE Confidence: 0.93553054375

00:12:19.400 --> 00:12:20.320 I know someone has said.
NOTE Confidence: 0.93553054375

00:12:20.320 --> 00:12:21.585 Men don't make passes at
NOTE Confidence: 0.93553054375

00:12:21.585 --> 00:12:22.597 girls who wear glasses.
NOTE Confidence: 0.93553054375

00:12:22.600 --> 00:12:24.760 But that's an idea for a foolish person.
NOTE Confidence: 0.93553054375

00:12:24.760 --> 00:12:26.800 There are many handsome women
NOTE Confidence: 0.93553054375

00:12:26.800 --> 00:12:28.840 who are not exactly 2020.
NOTE Confidence: 0.93553054375

00:12:28.840 --> 00:12:29.720 Please sit down, he said.

NOTE Confidence: 0.93553054375

00:12:29.720 --> 00:12:32.156 Be patient. The main thing is this.

NOTE Confidence: 0.93553054375

00:12:32.160 --> 00:12:33.679 When you get up in the morning,

NOTE Confidence: 0.93553054375

00:12:33.680 --> 00:12:36.515 you must take your heart and your two hands.

NOTE Confidence: 0.93553054375

00:12:36.520 --> 00:12:38.836 You must do this every morning.

NOTE Confidence: 0.93553054375

00:12:38.840 --> 00:12:41.160 That's a metaphor, right? Metaphor.

NOTE Confidence: 0.93553054375

00:12:41.160 --> 00:12:44.400 No, no. You can do this in the morning.

NOTE Confidence: 0.93553054375

00:12:44.400 --> 00:12:46.360 Do a few little exercises for the joints.

NOTE Confidence: 0.93553054375

00:12:46.360 --> 00:12:49.640 Not too much. Then put your hands like a cup.

NOTE Confidence: 0.93553054375

00:12:49.640 --> 00:12:51.240 Over and under the heart,

NOTE Confidence: 0.93553054375

00:12:51.240 --> 00:12:54.240 under the breast, he said tactfully.

NOTE Confidence: 0.93553054375

00:12:54.240 --> 00:12:56.436 It's probably easier for a man.

NOTE Confidence: 0.93553054375

00:12:56.440 --> 00:12:58.144 Then talk softly.

NOTE Confidence: 0.93553054375

00:12:58.144 --> 00:13:00.216 Don't yell. Undo your ribs.

NOTE Confidence: 0.93553054375

00:13:00.216 --> 00:13:02.400 Push a little when you wake up.

NOTE Confidence: 0.93553054375

00:13:02.400 --> 00:13:04.999 You must do this massage. I mean pat.

NOTE Confidence: 0.93553054375

00:13:04.999 --> 00:13:07.008 Stroke a little. Don't be ashamed.
NOTE Confidence: 0.93553054375

00:13:07.008 --> 00:13:09.640 Very likely no one will be watching.
NOTE Confidence: 0.93553054375

00:13:09.640 --> 00:13:12.034 Then you must talk to your heart.
NOTE Confidence: 0.93553054375

00:13:12.040 --> 00:13:14.360 Talk what?
NOTE Confidence: 0.93553054375

00:13:14.360 --> 00:13:16.120 Say anything but be respectful.
NOTE Confidence: 0.93553054375

00:13:16.120 --> 00:13:19.678 Say maybe say heart, little heart,
NOTE Confidence: 0.93553054375

00:13:19.680 --> 00:13:21.717 beat softly but never forget your job,
NOTE Confidence: 0.93553054375

00:13:21.720 --> 00:13:23.680 the blood you can whisper.
NOTE Confidence: 0.93553054375

00:13:23.680 --> 00:13:25.072 Also remember,
NOTE Confidence: 0.93553054375

00:13:25.072 --> 00:13:27.160 remember for instance,
NOTE Confidence: 0.93553054375

00:13:27.160 --> 00:13:29.116 I said to it yesterday Heart,
NOTE Confidence: 0.93553054375

00:13:29.120 --> 00:13:29.476 heart.
NOTE Confidence: 0.93553054375

00:13:29.476 --> 00:13:31.256 Do you remember my brother
NOTE Confidence: 0.93553054375

00:13:31.256 --> 00:13:32.680 Grisha how he made,
NOTE Confidence: 0.93553054375

00:13:32.680 --> 00:13:33.975 how he made work for you that
NOTE Confidence: 0.93553054375

00:13:33.975 --> 00:13:35.452 day when he came to the store

NOTE Confidence: 0.93553054375

00:13:35.452 --> 00:13:36.754 and he said your boss's money.

NOTE Confidence: 0.93553054375

00:13:36.760 --> 00:13:40.080 Zenya, right now how he put a gun in my face.

NOTE Confidence: 0.93553054375

00:13:40.080 --> 00:13:41.837 And I said, Grisha are you crazy?

NOTE Confidence: 0.93553054375

00:13:41.840 --> 00:13:43.268 Why don't you ask me at home

NOTE Confidence: 0.93553054375

00:13:43.268 --> 00:13:43.880 I would give

NOTE Confidence: 0.956135786428571

00:13:43.933 --> 00:13:45.586 you We were in, we were in.

NOTE Confidence: 0.956135786428571

00:13:45.586 --> 00:13:47.398 Sorry we were in this America

NOTE Confidence: 0.956135786428571

00:13:47.398 --> 00:13:49.119 not more than two years.

NOTE Confidence: 0.956135786428571

00:13:49.120 --> 00:13:51.280 He was only a kid and he said.

NOTE Confidence: 0.956135786428571

00:13:51.280 --> 00:13:53.807 He said who needs your workers money

NOTE Confidence: 0.956135786428571

00:13:53.807 --> 00:13:56.318 for the movement Only from your boss.

NOTE Confidence: 0.956135786428571

00:13:56.320 --> 00:13:57.160 Oh little heart.

NOTE Confidence: 0.956135786428571

00:13:57.160 --> 00:13:59.295 You worked like a ***** like a dog,

NOTE Confidence: 0.956135786428571

00:13:59.295 --> 00:14:00.275 like a crazy slave.

NOTE Confidence: 0.956135786428571

00:14:00.280 --> 00:14:01.760 Bang, Bang, bang that day. Remember.

NOTE Confidence: 0.956135786428571

00:14:01.760 --> 00:14:04.320 That's the story I told my heart yesterday.
NOTE Confidence: 0.956135786428571

00:14:04.320 --> 00:14:05.070 My father said,
NOTE Confidence: 0.956135786428571

00:14:05.070 --> 00:14:07.600 look at what a racket it made to answer me.
NOTE Confidence: 0.956135786428571

00:14:07.600 --> 00:14:09.760 I remember. I remember till I
NOTE Confidence: 0.956135786428571

00:14:09.760 --> 00:14:11.960 was dizzy with the thumping.
NOTE Confidence: 0.956135786428571

00:14:11.960 --> 00:14:12.920 Why'd you do that?
NOTE Confidence: 0.956135786428571

00:14:12.920 --> 00:14:14.760 Pennsylvania. I don't get it.
NOTE Confidence: 0.956135786428571

00:14:14.760 --> 00:14:15.960 Don't you see?
NOTE Confidence: 0.956135786428571

00:14:15.960 --> 00:14:17.760 This is good for the old
NOTE Confidence: 0.956135786428571

00:14:17.760 --> 00:14:18.960 heart to get excited,
NOTE Confidence: 0.956135786428571

00:14:18.960 --> 00:14:21.734 Just as good As for the person some people
NOTE Confidence: 0.956135786428571

00:14:21.734 --> 00:14:24.200 go running to late in life for the muscles.
NOTE Confidence: 0.956135786428571

00:14:24.200 --> 00:14:25.958 They say that the heart knows
NOTE Confidence: 0.956135786428571

00:14:25.958 --> 00:14:26.837 the real purpose.
NOTE Confidence: 0.956135786428571

00:14:26.840 --> 00:14:29.200 The purpose is the expansion of the arteries.
NOTE Confidence: 0.956135786428571

00:14:29.200 --> 00:14:30.320 A river of blood.

NOTE Confidence: 0.956135786428571
00:14:30.320 --> 00:14:31.720 It cleans off the banks,
NOTE Confidence: 0.956135786428571
00:14:31.720 --> 00:14:33.796 carries junk out of the system.
NOTE Confidence: 0.956135786428571
00:14:33.800 --> 00:14:36.117 I myself would rather remain the heart.
NOTE Confidence: 0.956135786428571
00:14:36.120 --> 00:14:36.722 How frightened.
NOTE Confidence: 0.956135786428571
00:14:36.722 --> 00:14:37.023 Sorry.
NOTE Confidence: 0.956135786428571
00:14:37.023 --> 00:14:38.829 I myself would rather remind the
NOTE Confidence: 0.956135786428571
00:14:38.829 --> 00:14:40.665 heart how frightened I was by my
NOTE Confidence: 0.956135786428571
00:14:40.665 --> 00:14:42.485 brother than go running in a strange
NOTE Confidence: 0.956135786428571
00:14:42.485 --> 00:14:43.790 neighborhood miles and miles the
NOTE Confidence: 0.956135786428571
00:14:43.790 --> 00:14:45.640 city so dangerous these days.
NOTE Confidence: 0.956135786428571
00:14:45.640 --> 00:14:49.240 I said, oh, but then I said, well, thanks.
NOTE Confidence: 0.970075571428571
00:14:51.800 --> 00:14:55.720 I really love both of those pieces,
NOTE Confidence: 0.970075571428571
00:14:55.720 --> 00:15:00.954 and I really love both of those voices.
NOTE Confidence: 0.970075571428571
00:15:00.960 --> 00:15:04.920 And I can't write like
NOTE Confidence: 0.970075571428571
00:15:04.920 --> 00:15:06.400 either of those people.
NOTE Confidence: 0.970075571428571

00:15:06.400 --> 00:15:08.920 Although having read both pieces,
NOTE Confidence: 0.970075571428571

00:15:08.920 --> 00:15:10.192 absolutely influenced.
NOTE Confidence: 0.970075571428571

00:15:10.192 --> 00:15:15.280 When I wrote a piece about my grandmother
NOTE Confidence: 0.970075571428571

00:15:15.383 --> 00:15:17.875 dying the way that I wrote about her.
NOTE Confidence: 0.970075571428571

00:15:17.880 --> 00:15:21.120 Having read the way that someone
NOTE Confidence: 0.970075571428571

00:15:21.120 --> 00:15:23.496 else handled the task of describing
NOTE Confidence: 0.970075571428571

00:15:23.496 --> 00:15:25.440 someone that you love very tenderly,
NOTE Confidence: 0.970075571428571

00:15:25.440 --> 00:15:28.200 but honestly describing what it looks
NOTE Confidence: 0.970075571428571

00:15:28.200 --> 00:15:31.640 like for someone's body to age and what
NOTE Confidence: 0.970075571428571

00:15:31.640 --> 00:15:34.239 their experience of that feels like.
NOTE Confidence: 0.970075571428571

00:15:34.240 --> 00:15:36.680 I had these beautiful examples
NOTE Confidence: 0.970075571428571

00:15:36.680 --> 00:15:40.460 and they had seeped into my brain.
NOTE Confidence: 0.970075571428571

00:15:40.460 --> 00:15:42.320 And when I wrote,
NOTE Confidence: 0.970075571428571

00:15:42.320 --> 00:15:44.840 I tried to write in my own voice
NOTE Confidence: 0.970075571428571

00:15:44.840 --> 00:15:47.304 in a way that reflected all these
NOTE Confidence: 0.970075571428571

00:15:47.304 --> 00:15:49.434 other voices that had informed the

NOTE Confidence: 0.970075571428571
00:15:49.434 --> 00:15:51.758 voice that I had to speak with.
NOTE Confidence: 0.970075571428571
00:15:51.760 --> 00:15:54.040 I'm going to stop there so that we can talk,
NOTE Confidence: 0.970075571428571
00:15:54.040 --> 00:15:54.550 right? Yeah.
NOTE Confidence: 0.970075571428571
00:15:54.550 --> 00:15:54.805 OK.
NOTE Confidence: 0.970075571428571
00:15:54.805 --> 00:15:56.890 That was kind of all I was going
NOTE Confidence: 0.970075571428571
00:15:56.890 --> 00:15:57.838 to say to you.
NOTE Confidence: 0.970075571428571
00:15:57.840 --> 00:15:59.440 And now I'm going to answer some questions.
NOTE Confidence: 0.43760878
00:16:18.280 --> 00:16:18.840 OK.
NOTE Confidence: 0.4023442075
00:16:20.840 --> 00:16:21.680 Did you turn these
NOTE Confidence: 0.65955873
00:16:21.680 --> 00:16:22.960 on, Turned off? No,
NOTE Confidence: 0.65955873
00:16:22.960 --> 00:16:24.560 they were not turned on.
NOTE Confidence: 0.65955873
00:16:24.560 --> 00:16:27.360 But no, I have a little light.
NOTE Confidence: 0.910200185555556
00:16:28.200 --> 00:16:31.800 Well, can I just jump in and ask about?
NOTE Confidence: 0.910200185555556
00:16:31.800 --> 00:16:33.312 I wanted to ask about your
NOTE Confidence: 0.910200185555556
00:16:33.312 --> 00:16:34.320 the grandmother essay anyway,
NOTE Confidence: 0.910200185555556

00:16:34.320 --> 00:16:40.864 as I warned you. And so actually,
NOTE Confidence: 0.910200185555556

00:16:40.864 --> 00:16:42.915 why don't you say a little bit about
NOTE Confidence: 0.910200185555556

00:16:42.915 --> 00:16:44.240 the piece and then I'll ask my question.
NOTE Confidence: 0.963866328

00:16:45.120 --> 00:16:47.800 OK. Can you hear me? This is working right.
NOTE Confidence: 0.9349623175

00:16:49.960 --> 00:16:52.320 My grandmother, Harriet Sherman
NOTE Confidence: 0.9349623175

00:16:52.320 --> 00:16:55.335 died in February of 20/22.
NOTE Confidence: 0.9349623175

00:16:55.335 --> 00:17:02.639 She was 91 and she was a real piece of work.
NOTE Confidence: 0.9349623175

00:17:02.640 --> 00:17:06.932 She had she, she had been,
NOTE Confidence: 0.9349623175

00:17:06.932 --> 00:17:09.595 she had not worked when her three
NOTE Confidence: 0.9349623175

00:17:09.595 --> 00:17:12.811 children were growing up and she had
NOTE Confidence: 0.9349623175

00:17:12.811 --> 00:17:15.304 been a very frustrated housewife.
NOTE Confidence: 0.9349623175

00:17:15.304 --> 00:17:17.960 And then she had.
NOTE Confidence: 0.9349623175

00:17:17.960 --> 00:17:19.480 When my mother, her third,
NOTE Confidence: 0.9349623175

00:17:19.480 --> 00:17:21.680 left the house gone on,
NOTE Confidence: 0.9349623175

00:17:21.680 --> 00:17:23.210 she decided she wanted to breed
NOTE Confidence: 0.9349623175

00:17:23.210 --> 00:17:24.867 show dogs and she bought a

NOTE Confidence: 0.9349623175

00:17:24.867 --> 00:17:26.317 kennel and started doing that.

NOTE Confidence: 0.9349623175

00:17:26.320 --> 00:17:28.077 And she did that for 10 years,

NOTE Confidence: 0.9349623175

00:17:28.080 --> 00:17:29.466 which was crazy.

NOTE Confidence: 0.9349623175

00:17:29.466 --> 00:17:33.038 And then one day she said forget the dogs,

NOTE Confidence: 0.9349623175

00:17:33.038 --> 00:17:34.634 I'm going to become an actress.

NOTE Confidence: 0.9349623175

00:17:34.640 --> 00:17:37.133 And she was in her 70s and she moved

NOTE Confidence: 0.9349623175

00:17:37.133 --> 00:17:39.368 back to the city and she got an

NOTE Confidence: 0.9349623175

00:17:39.368 --> 00:17:42.870 agent and she joined an old an, a,

NOTE Confidence: 0.9349623175

00:17:42.870 --> 00:17:45.635 a geriatric acting troupe called Act two.

NOTE Confidence: 0.9349623175

00:17:45.640 --> 00:17:45.760 And

NOTE Confidence: 0.893467605555556

00:17:48.560 --> 00:17:50.852 and she started like hitting the

NOTE Confidence: 0.893467605555556

00:17:50.852 --> 00:17:52.612 pavement and auditioning and she got

NOTE Confidence: 0.893467605555556

00:17:52.612 --> 00:17:54.040 parts and she was like in commercials,

NOTE Confidence: 0.893467605555556

00:17:54.040 --> 00:17:56.752 'cause there's not that many like

NOTE Confidence: 0.893467605555556

00:17:56.752 --> 00:17:58.472 80 year old ladies, you know,

NOTE Confidence: 0.893467605555556

00:17:58.472 --> 00:17:59.888 who are like ready to play
NOTE Confidence: 0.893467605555556

00:17:59.888 --> 00:18:01.198 the grandma in a commercial.
NOTE Confidence: 0.893467605555556

00:18:01.200 --> 00:18:03.150 You know, like a she, she was in,
NOTE Confidence: 0.893467605555556

00:18:03.150 --> 00:18:04.800 she was in McDonald's commercial.
NOTE Confidence: 0.893467605555556

00:18:04.800 --> 00:18:07.160 Real high point for my family and
NOTE Confidence: 0.958273188

00:18:09.760 --> 00:18:11.640 she was just really remarkable.
NOTE Confidence: 0.958273188

00:18:11.640 --> 00:18:14.760 And her She remained cognitively just
NOTE Confidence: 0.958273188

00:18:14.760 --> 00:18:19.040 sharp as a tack up through her death.
NOTE Confidence: 0.958273188

00:18:19.040 --> 00:18:21.356 And there had been many points.
NOTE Confidence: 0.958273188

00:18:21.360 --> 00:18:22.518 When I thought she was dying,
NOTE Confidence: 0.958273188

00:18:22.520 --> 00:18:25.320 I'd overcalled it like a lot of times
NOTE Confidence: 0.958273188

00:18:25.320 --> 00:18:27.868 because she had had several very
NOTE Confidence: 0.958273188

00:18:27.868 --> 00:18:31.038 long hospitalizations in her 80s.
NOTE Confidence: 0.958273188

00:18:31.040 --> 00:18:33.790 She had recurrence C diff, You know,
NOTE Confidence: 0.958273188

00:18:33.790 --> 00:18:34.720 I was really worried about her.
NOTE Confidence: 0.958273188

00:18:34.720 --> 00:18:35.854 And she pulled through each time

NOTE Confidence: 0.958273188

00:18:35.854 --> 00:18:37.446 and she would go home and she

NOTE Confidence: 0.958273188

00:18:37.446 --> 00:18:38.238 lived totally independently.

NOTE Confidence: 0.958273188

00:18:38.240 --> 00:18:40.688 And then at 91,

NOTE Confidence: 0.958273188

00:18:40.688 --> 00:18:43.748 she'd become much more frail

NOTE Confidence: 0.958273188

00:18:43.748 --> 00:18:46.140 after living alone through COVID.

NOTE Confidence: 0.958273188

00:18:46.140 --> 00:18:47.475 And the isolation,

NOTE Confidence: 0.958273188

00:18:47.480 --> 00:18:49.304 I think of COVID had actually been the

NOTE Confidence: 0.958273188

00:18:49.304 --> 00:18:51.118 thing that had diminished her the most.

NOTE Confidence: 0.958273188

00:18:51.120 --> 00:18:53.440 And she got a pneumonia,

NOTE Confidence: 0.958273188

00:18:53.440 --> 00:18:54.358 and she went to the hospital.

NOTE Confidence: 0.958273188

00:18:54.360 --> 00:18:56.196 And then she had sort of a geriatric spiral.

NOTE Confidence: 0.958273188

00:18:56.200 --> 00:18:57.754 And I thought that she was dying.

NOTE Confidence: 0.958273188

00:18:57.760 --> 00:19:02.360 And as the family doctor and

NOTE Confidence: 0.958273188

00:19:02.360 --> 00:19:04.480 geriatrician and palliative care doctor,

NOTE Confidence: 0.958273188

00:19:04.480 --> 00:19:06.184 I was sort of in charge of figuring

NOTE Confidence: 0.958273188

00:19:06.184 --> 00:19:07.640 out what was going to happen.
NOTE Confidence: 0.958273188

00:19:07.640 --> 00:19:08.624 And we made the decision to
NOTE Confidence: 0.958273188

00:19:08.624 --> 00:19:09.600 bring her home with Hospice.
NOTE Confidence: 0.958273188

00:19:09.600 --> 00:19:12.696 And I went home to facilitate the transition
NOTE Confidence: 0.958273188

00:19:12.696 --> 00:19:15.595 and be with her in her last weeks.
NOTE Confidence: 0.958273188

00:19:15.600 --> 00:19:17.399 And as all of that was happening,
NOTE Confidence: 0.958273188

00:19:17.400 --> 00:19:20.772 I was writing an essay about her and about
NOTE Confidence: 0.958273188

00:19:20.772 --> 00:19:23.716 taking care of her as she was dying.
NOTE Confidence: 0.958273188

00:19:23.716 --> 00:19:26.364 And I had the amazing opportunity to
NOTE Confidence: 0.958273188

00:19:26.364 --> 00:19:28.842 read her this essay I'd written about
NOTE Confidence: 0.958273188

00:19:28.842 --> 00:19:32.154 her like a couple days before she died,
NOTE Confidence: 0.958273188

00:19:32.160 --> 00:19:35.450 and that was going to be published in
NOTE Confidence: 0.958273188

00:19:35.450 --> 00:19:37.879 the New in The New Yorker on the website.
NOTE Confidence: 0.958273188

00:19:37.880 --> 00:19:40.240 She was upset. It wasn't in the magazine.
NOTE Confidence: 0.958273188

00:19:40.240 --> 00:19:46.878 And and it was just this really beautiful,
NOTE Confidence: 0.958273188

00:19:46.880 --> 00:19:47.246 very.

NOTE Confidence: 0.958273188

00:19:47.246 --> 00:19:49.442 It was this incredibly ideal Hospice

NOTE Confidence: 0.958273188

00:19:49.442 --> 00:19:51.428 experience in every way, frankly.

NOTE Confidence: 0.958273188

00:19:51.428 --> 00:19:54.956 And so that's, that's the essay.

NOTE Confidence: 0.33832653

00:19:56.000 --> 00:19:59.424 And so in Rachel spoke at grand

NOTE Confidence: 0.33832653

00:19:59.424 --> 00:20:01.200 rounds this morning and she really

NOTE Confidence: 0.962010731666667

00:20:02.480 --> 00:20:04.280 took, she just took the phrase

NOTE Confidence: 0.8443393725

00:20:04.320 --> 00:20:06.700 that we use all the time in

NOTE Confidence: 0.8443393725

00:20:06.700 --> 00:20:08.728 medicine bearing witness and really

NOTE Confidence: 0.8443393725

00:20:08.728 --> 00:20:10.744 kind of like turned it inside

NOTE Confidence: 0.8443393725

00:20:10.744 --> 00:20:12.232 out and upside down and really,

NOTE Confidence: 0.8443393725

00:20:12.240 --> 00:20:13.365 really interrogated it.

NOTE Confidence: 0.8443393725

00:20:13.365 --> 00:20:15.990 And really just a wonderful and critical

NOTE Confidence: 0.8443393725

00:20:16.053 --> 00:20:18.188 way to understand and and bring more

NOTE Confidence: 0.8443393725

00:20:18.188 --> 00:20:20.263 meaning to this phrase that has kind

NOTE Confidence: 0.8443393725

00:20:20.263 --> 00:20:22.266 of lost its meaning in the process.

NOTE Confidence: 0.8443393725

00:20:22.266 --> 00:20:25.380 And so another one of these that I noticed
NOTE Confidence: 0.8443393725

00:20:25.449 --> 00:20:27.955 in the piece about Harriet was dying,
NOTE Confidence: 0.8443393725

00:20:27.960 --> 00:20:28.940 dying of old age.
NOTE Confidence: 0.8443393725

00:20:28.940 --> 00:20:31.079 And I loved what you wrote about that.
NOTE Confidence: 0.8443393725

00:20:31.080 --> 00:20:31.638 And I actually,
NOTE Confidence: 0.669679784285714

00:20:33.800 --> 00:20:34.836 I have it. I took a picture
NOTE Confidence: 0.86158119125

00:20:34.840 --> 00:20:35.640 of it so you could read it and
NOTE Confidence: 0.8196966475

00:20:39.200 --> 00:20:40.600 then maybe you could say something about it,
NOTE Confidence: 0.967917726666667

00:20:43.120 --> 00:20:43.960 just this paragraph.
NOTE Confidence: 0.76247642

00:20:48.000 --> 00:20:50.840 OK, so this is from the essay.
NOTE Confidence: 0.76247642

00:20:50.840 --> 00:20:55.236 But Harriet, the essence of geriatric
NOTE Confidence: 0.76247642

00:20:55.236 --> 00:20:57.131 medicine is the anticipation of
NOTE Confidence: 0.76247642

00:20:57.131 --> 00:20:58.609 cascading health problems like
NOTE Confidence: 0.76247642

00:20:58.609 --> 00:21:00.679 the ones that Harriet was facing.
NOTE Confidence: 0.76247642

00:21:00.680 --> 00:21:02.642 Frail is a colloquial term used
NOTE Confidence: 0.76247642

00:21:02.642 --> 00:21:04.440 to describe little old ladies.

NOTE Confidence: 0.76247642

00:21:04.440 --> 00:21:06.888 But frailty is also a clinical syndrome that

NOTE Confidence: 0.76247642

00:21:06.888 --> 00:21:09.275 affects more than just our bones and muscles.

NOTE Confidence: 0.76247642

00:21:09.280 --> 00:21:11.116 With that, with time and stress,

NOTE Confidence: 0.76247642

00:21:11.120 --> 00:21:13.495 our internal organs and biological

NOTE Confidence: 0.76247642

00:21:13.495 --> 00:21:15.395 systems become worn brittle,

NOTE Confidence: 0.76247642

00:21:15.400 --> 00:21:17.800 less resilient to infections and injuries,

NOTE Confidence: 0.76247642

00:21:17.800 --> 00:21:21.080 more susceptible to two toxicities.

NOTE Confidence: 0.76247642

00:21:21.080 --> 00:21:23.798 Sick bodies usually have multiple problems,

NOTE Confidence: 0.76247642

00:21:23.800 --> 00:21:26.655 and over time these problems

NOTE Confidence: 0.76247642

00:21:26.655 --> 00:21:27.797 become intertwined.

NOTE Confidence: 0.76247642

00:21:27.800 --> 00:21:29.558 Heart failure leads to kidney failure,

NOTE Confidence: 0.76247642

00:21:29.560 --> 00:21:30.880 which worsens the heart failure,

NOTE Confidence: 0.76247642

00:21:30.880 --> 00:21:33.520 which makes breathing feel more labored.

NOTE Confidence: 0.76247642

00:21:33.520 --> 00:21:35.164 A mind that's slipping away might

NOTE Confidence: 0.76247642

00:21:35.164 --> 00:21:37.248 mean that a person forgets how to

NOTE Confidence: 0.76247642

00:21:37.248 --> 00:21:38.798 provide their own basic hygiene,
NOTE Confidence: 0.76247642

00:21:38.800 --> 00:21:41.800 gets new infections, takes antibiotics,
NOTE Confidence: 0.76247642

00:21:41.800 --> 00:21:43.755 and becomes more confused from
NOTE Confidence: 0.76247642

00:21:43.755 --> 00:21:45.319 the medication side effects.
NOTE Confidence: 0.76247642

00:21:45.320 --> 00:21:48.000 When people speak of dying of old age,
NOTE Confidence: 0.76247642

00:21:48.000 --> 00:21:49.944 this type of spiral is usually
NOTE Confidence: 0.76247642

00:21:49.944 --> 00:21:50.916 what they mean.
NOTE Confidence: 0.76247642

00:21:50.920 --> 00:21:52.400 Aging alone doesn't kill us.
NOTE Confidence: 0.961841571666667

00:21:54.480 --> 00:21:55.596 Thank you. I found that really,
NOTE Confidence: 0.961841571666667

00:21:55.600 --> 00:21:59.320 really interesting and just a great,
NOTE Confidence: 0.961841571666667

00:21:59.320 --> 00:22:01.680 beautifully written analysis of that phrase.
NOTE Confidence: 0.961841571666667

00:22:01.680 --> 00:22:03.120 And I just wanted to ask.
NOTE Confidence: 0.961841571666667

00:22:03.120 --> 00:22:06.688 My question is just if you can say
NOTE Confidence: 0.961841571666667

00:22:06.688 --> 00:22:09.277 something about the act of writing
NOTE Confidence: 0.961841571666667

00:22:09.280 --> 00:22:11.180 to LA audience about phrases
NOTE Confidence: 0.961841571666667

00:22:11.180 --> 00:22:13.080 like these without using jargon,

NOTE Confidence: 0.961841571666667
00:22:13.080 --> 00:22:14.454 how do you distil these kinds
NOTE Confidence: 0.961841571666667
00:22:14.454 --> 00:22:16.120 of ideas down to their essence?
NOTE Confidence: 0.666039973333333
00:22:17.560 --> 00:22:19.516 Like like dying of old days
NOTE Confidence: 0.666039973333333
00:22:19.520 --> 00:22:20.760 bearing witnesses. Sorry, let me
NOTE Confidence: 0.88441278
00:22:24.040 --> 00:22:24.520 I think.
NOTE Confidence: 0.909230469166667
00:22:27.560 --> 00:22:29.625 I think when I'm like that is
NOTE Confidence: 0.909230469166667
00:22:29.625 --> 00:22:31.400 that's actually a good example.
NOTE Confidence: 0.909230469166667
00:22:31.400 --> 00:22:34.512 Or this morning's talk was a good example
NOTE Confidence: 0.909230469166667
00:22:34.512 --> 00:22:37.702 where the thing that I was doing was
NOTE Confidence: 0.909230469166667
00:22:37.702 --> 00:22:39.907 unpacking the phrase for myself like
NOTE Confidence: 0.909230469166667
00:22:39.907 --> 00:22:42.324 I I especially in palliative care.
NOTE Confidence: 0.909230469166667
00:22:42.324 --> 00:22:45.090 There are a lot of stock
NOTE Confidence: 0.909230469166667
00:22:45.173 --> 00:22:46.693 phrases you you learn.
NOTE Confidence: 0.909230469166667
00:22:46.693 --> 00:22:49.378 The way that you learn to to work
NOTE Confidence: 0.909230469166667
00:22:49.378 --> 00:22:51.832 with people in moments of great
NOTE Confidence: 0.909230469166667

00:22:51.832 --> 00:22:53.994 intensity is you get handed all of
NOTE Confidence: 0.909230469166667

00:22:53.994 --> 00:22:55.660 this language that you can bring into
NOTE Confidence: 0.909230469166667

00:22:55.711 --> 00:22:57.440 the room so that when you're anxious,
NOTE Confidence: 0.909230469166667

00:22:57.440 --> 00:22:59.680 which you know it's a very intense situation,
NOTE Confidence: 0.909230469166667

00:22:59.680 --> 00:23:01.120 you have something in your back
NOTE Confidence: 0.909230469166667

00:23:01.120 --> 00:23:02.599 pocket that you can reach for.
NOTE Confidence: 0.909230469166667

00:23:02.600 --> 00:23:05.360 And there are a lot of,
NOTE Confidence: 0.535242046

00:23:08.880 --> 00:23:10.546 and it is called them, stock phrases,
NOTE Confidence: 0.535242046

00:23:10.546 --> 00:23:14.650 I think in medicine that we use to
NOTE Confidence: 0.535242046

00:23:14.761 --> 00:23:16.980 describe biological processes or
NOTE Confidence: 0.535242046

00:23:16.980 --> 00:23:20.320 describe aspects of our work that we
NOTE Confidence: 0.535242046

00:23:20.320 --> 00:23:23.880 don't interrogate very often. And I
NOTE Confidence: 0.83935562

00:23:26.800 --> 00:23:28.720 what happens is, you know,
NOTE Confidence: 0.83935562

00:23:28.720 --> 00:23:29.820 in geriatrics we talked
NOTE Confidence: 0.83935562

00:23:29.820 --> 00:23:30.920 about the Jerry spiral.
NOTE Confidence: 0.83935562

00:23:30.920 --> 00:23:33.090 And I wanted to, I wanted to be able to

NOTE Confidence: 0.83935562

00:23:33.148 --> 00:23:35.316 explain to myself what I meant by that.

NOTE Confidence: 0.83935562

00:23:35.320 --> 00:23:36.256 Like what was happening?

NOTE Confidence: 0.83935562

00:23:36.256 --> 00:23:37.660 What did I think was actually

NOTE Confidence: 0.83935562

00:23:37.706 --> 00:23:38.918 happening to my grandmother?

NOTE Confidence: 0.83935562

00:23:38.920 --> 00:23:40.768 And when I was going to explain

NOTE Confidence: 0.83935562

00:23:40.768 --> 00:23:42.679 to my family why I thought she

NOTE Confidence: 0.83935562

00:23:42.679 --> 00:23:44.353 probably wasn't going to live much

NOTE Confidence: 0.83935562

00:23:44.353 --> 00:23:46.070 longer or why we shouldn't intubate

NOTE Confidence: 0.83935562

00:23:46.070 --> 00:23:48.430 her if she needed to be, you know,

NOTE Confidence: 0.83935562

00:23:48.430 --> 00:23:50.560 if she became short of breath.

NOTE Confidence: 0.83935562

00:23:50.560 --> 00:23:52.468 I wanted to be able to do that in

NOTE Confidence: 0.83935562

00:23:52.468 --> 00:23:54.676 a way that was adequately precise,

NOTE Confidence: 0.83935562

00:23:54.680 --> 00:23:56.360 not just for them but for me,

NOTE Confidence: 0.83935562

00:23:56.360 --> 00:23:58.560 so that I really felt like I had

NOTE Confidence: 0.83935562

00:23:58.560 --> 00:24:00.400 explored the concept to its edge.

NOTE Confidence: 0.912668064

00:24:03.120 --> 00:24:05.840 And writing is such a magical way to do that.

NOTE Confidence: 0.912668064

00:24:05.840 --> 00:24:07.520 It really, I mean it forces you to do that,

NOTE Confidence: 0.912668064

00:24:07.520 --> 00:24:10.280 but it is a tool for doing that. And

NOTE Confidence: 0.956071574

00:24:12.600 --> 00:24:15.360 so this morning's talk was,

NOTE Confidence: 0.956071574

00:24:15.360 --> 00:24:17.802 you know, weeks and weeks of

NOTE Confidence: 0.956071574

00:24:17.802 --> 00:24:20.074 writing around the phrase bearing

NOTE Confidence: 0.956071574

00:24:20.074 --> 00:24:22.236 witness to get at where I ended up

NOTE Confidence: 0.9646541375

00:24:24.720 --> 00:24:26.960 in an effort for myself to articulate

NOTE Confidence: 0.9646541375

00:24:26.960 --> 00:24:30.080 why do I hate this phrase a little bit,

NOTE Confidence: 0.9646541375

00:24:30.080 --> 00:24:31.160 You know, I I don't know.

NOTE Confidence: 0.9646541375

00:24:31.160 --> 00:24:32.760 But and I want to understand that better

NOTE Confidence: 0.971318535

00:24:37.560 --> 00:24:38.120 you know

NOTE Confidence: 0.834854832

00:24:40.640 --> 00:24:42.624 maybe maybe it's working.

NOTE Confidence: 0.834854832

00:24:42.624 --> 00:24:45.440 Right. It's working.

NOTE Confidence: 0.834854832

00:24:45.440 --> 00:24:48.200 You wrote this fantastic piece

NOTE Confidence: 0.834854832

00:24:48.200 --> 00:24:52.283 about you talked about it in your

NOTE Confidence: 0.834854832

00:24:52.283 --> 00:24:54.715 grand rounds Ramiro Gonzalez.

NOTE Confidence: 0.834854832

00:24:54.720 --> 00:24:55.450 So moving.

NOTE Confidence: 0.834854832

00:24:55.450 --> 00:24:57.780 You know I would really so moved

NOTE Confidence: 0.834854832

00:24:57.780 --> 00:25:01.744 by this piece about a man on

NOTE Confidence: 0.834854832

00:25:01.744 --> 00:25:04.984 death row who wanted to donate

NOTE Confidence: 0.834854832

00:25:04.984 --> 00:25:08.892 his kidney and then it you

NOTE Confidence: 0.834854832

00:25:08.892 --> 00:25:13.558 talk about why you were there

NOTE Confidence: 0.834255186

00:25:18.320 --> 00:25:22.394 why were you there. You know why did

NOTE Confidence: 0.834255186

00:25:22.394 --> 00:25:26.320 you decide to do that to go to Rikers.

NOTE Confidence: 0.834255186

00:25:26.320 --> 00:25:30.720 Well, so Ramiro was in, Ramiro was in Texas.

NOTE Confidence: 0.834255186

00:25:30.720 --> 00:25:36.104 And I decided I I I wanted to interview

NOTE Confidence: 0.834255186

00:25:36.104 --> 00:25:39.240 Ramiro Gonzalez because I had been thinking

NOTE Confidence: 0.834255186

00:25:39.311 --> 00:25:41.796 about the death penalty and how to.

NOTE Confidence: 0.834255186

00:25:41.800 --> 00:25:43.680 I'd wanted to write about the death penalty

NOTE Confidence: 0.834255186

00:25:43.680 --> 00:25:47.480 for a while and was sort of following

NOTE Confidence: 0.834255186

00:25:47.480 --> 00:25:50.136 cases of people on death row around the
NOTE Confidence: 0.834255186

00:25:50.136 --> 00:25:52.438 country and reading news about them.
NOTE Confidence: 0.834255186

00:25:52.440 --> 00:25:57.320 And I, Ramiro Gonzalez is this guy,
NOTE Confidence: 0.834255186

00:25:57.320 --> 00:25:59.798 he's exactly my age. He's turning.
NOTE Confidence: 0.834255186

00:25:59.800 --> 00:26:05.264 He's about to turn 42 and he when he was 18,
NOTE Confidence: 0.834255186

00:26:05.264 --> 00:26:08.480 he had raped and murdered a woman
NOTE Confidence: 0.834255186

00:26:08.480 --> 00:26:11.324 after a very, very difficult and
NOTE Confidence: 0.834255186

00:26:11.324 --> 00:26:14.080 abusive in alienating childhood.
NOTE Confidence: 0.834255186

00:26:14.080 --> 00:26:15.425 And he had been sentenced
NOTE Confidence: 0.834255186

00:26:15.425 --> 00:26:17.400 to death as an 18 year old,
NOTE Confidence: 0.834255186

00:26:17.400 --> 00:26:20.656 which is not something you can
NOTE Confidence: 0.834255186

00:26:20.656 --> 00:26:23.080 actually do now in most states.
NOTE Confidence: 0.834255186

00:26:23.080 --> 00:26:26.024 And he'd been on death row for over
NOTE Confidence: 0.834255186

00:26:26.024 --> 00:26:29.660 20 years and he had undergone this
NOTE Confidence: 0.834255186

00:26:29.660 --> 00:26:32.560 incredible transformation over that time.
NOTE Confidence: 0.834255186

00:26:32.560 --> 00:26:38.240 And so in 2022,

NOTE Confidence: 0.834255186

00:26:38.240 --> 00:26:40.400 he was scheduled to be executed.

NOTE Confidence: 0.834255186

00:26:40.400 --> 00:26:42.476 And in advance of his execution,

NOTE Confidence: 0.834255186

00:26:42.480 --> 00:26:44.580 he had come to the decision that

NOTE Confidence: 0.834255186

00:26:44.580 --> 00:26:46.513 he wanted to donate a kidney

NOTE Confidence: 0.834255186

00:26:46.513 --> 00:26:48.512 to a stranger before he died.

NOTE Confidence: 0.834255186

00:26:48.512 --> 00:26:50.920 And he had really thought this through.

NOTE Confidence: 0.834255186

00:26:50.920 --> 00:26:52.642 He had really thought through the

NOTE Confidence: 0.834255186

00:26:52.642 --> 00:26:54.799 idea that this was a way that he

NOTE Confidence: 0.834255186

00:26:54.799 --> 00:26:56.560 could not restore the life he took,

NOTE Confidence: 0.834255186

00:26:56.560 --> 00:26:59.066 but he could help prolong and improve

NOTE Confidence: 0.834255186

00:26:59.066 --> 00:27:01.319 someone's life in a meaningful way.

NOTE Confidence: 0.834255186

00:27:01.320 --> 00:27:04.570 And his attorneys had made this

NOTE Confidence: 0.834255186

00:27:04.570 --> 00:27:06.680 request to the state of Texas,

NOTE Confidence: 0.834255186

00:27:06.680 --> 00:27:08.577 and Texas wasn't going to let him

NOTE Confidence: 0.834255186

00:27:08.577 --> 00:27:10.519 do it before they executed him.

NOTE Confidence: 0.834255186

00:27:10.520 --> 00:27:12.956 And he couldn't do it after they
NOTE Confidence: 0.834255186

00:27:12.956 --> 00:27:16.055 he couldn't be a a donor after he
NOTE Confidence: 0.834255186

00:27:16.055 --> 00:27:18.569 died because the poison that they
NOTE Confidence: 0.834255186

00:27:18.569 --> 00:27:20.919 used to kill you poisons the organs.
NOTE Confidence: 0.95750373

00:27:22.960 --> 00:27:24.997 And so in the weeks leading up
NOTE Confidence: 0.95750373

00:27:24.997 --> 00:27:26.560 to his scheduled execution,
NOTE Confidence: 0.95750373

00:27:26.560 --> 00:27:29.720 which was ultimately stayed temporarily
NOTE Confidence: 0.95750373

00:27:29.720 --> 00:27:32.902 not for this reason though there was
NOTE Confidence: 0.95750373

00:27:32.902 --> 00:27:34.799 this news about this thing where this,
NOTE Confidence: 0.95750373

00:27:34.800 --> 00:27:36.780 this sort of effort to try to get this
NOTE Confidence: 0.95750373

00:27:36.780 --> 00:27:38.996 guy the opportunity to donate his kidney.
NOTE Confidence: 0.95750373

00:27:39.000 --> 00:27:41.880 And I was really interested in that. And
NOTE Confidence: 0.941840638571429

00:27:44.440 --> 00:27:49.560 I got in touch with his attorneys and
NOTE Confidence: 0.941840638571429

00:27:49.560 --> 00:27:51.648 asked if he would be willing to talk to
NOTE Confidence: 0.941840638571429

00:27:51.648 --> 00:27:54.504 me and wrote him a letter and he said
NOTE Confidence: 0.941840638571429

00:27:54.504 --> 00:27:57.192 if I'm not executed next Wednesday,

NOTE Confidence: 0.941840638571429

00:27:57.200 --> 00:28:00.305 I will talk to her. And he wasn't.

NOTE Confidence: 0.941840638571429

00:28:00.305 --> 00:28:03.940 And so I got to go to death row

NOTE Confidence: 0.941840638571429

00:28:03.940 --> 00:28:05.640 in Texas and interview him.

NOTE Confidence: 0.941840638571429

00:28:05.640 --> 00:28:07.864 And to do that is a is anyone.

NOTE Confidence: 0.941840638571429

00:28:07.864 --> 00:28:09.256 I've never been to death row

NOTE Confidence: 0.941840638571429

00:28:09.256 --> 00:28:10.640 in Texas in this room? No.

NOTE Confidence: 0.906574320769231

00:28:14.280 --> 00:28:16.536 You drive for like 90 minutes out of

NOTE Confidence: 0.906574320769231

00:28:16.536 --> 00:28:20.920 Houston into like really rural, flat Texas.

NOTE Confidence: 0.906574320769231

00:28:20.920 --> 00:28:23.674 And it was August and it was really hot.

NOTE Confidence: 0.906574320769231

00:28:23.680 --> 00:28:25.612 And there's no air conditioning in this

NOTE Confidence: 0.906574320769231

00:28:25.612 --> 00:28:27.445 prison in the middle of Texas like

NOTE Confidence: 0.906574320769231

00:28:27.445 --> 00:28:30.144 in the sun, where the temperature was

NOTE Confidence: 0.906574320769231

00:28:30.144 --> 00:28:33.556 like 100° most days of that summer.

NOTE Confidence: 0.906574320769231

00:28:33.560 --> 00:28:37.400 And men on death row in in Texas

NOTE Confidence: 0.906574320769231

00:28:37.400 --> 00:28:41.080 are in their cells 23 hours a day.

NOTE Confidence: 0.906574320769231

00:28:41.080 --> 00:28:43.960 And he had been in those conditions for
NOTE Confidence: 0.906574320769231

00:28:43.960 --> 00:28:47.277 20 years. And I had an hour with him.
NOTE Confidence: 0.906574320769231

00:28:47.280 --> 00:28:50.240 And I could bring only, like,
NOTE Confidence: 0.906574320769231

00:28:50.240 --> 00:28:53.182 a old school recorder that he could
NOTE Confidence: 0.906574320769231

00:28:53.182 --> 00:28:55.203 hold on his side that would record
NOTE Confidence: 0.906574320769231

00:28:55.203 --> 00:28:56.901 his voice but not mine because
NOTE Confidence: 0.906574320769231

00:28:56.901 --> 00:28:58.800 we were speaking through glass.
NOTE Confidence: 0.906574320769231

00:28:58.800 --> 00:29:03.460 And it was totally weird because
NOTE Confidence: 0.906574320769231

00:29:03.460 --> 00:29:06.334 the the guy who's like the media
NOTE Confidence: 0.906574320769231

00:29:06.334 --> 00:29:08.239 guy for the Texas prison system
NOTE Confidence: 0.906574320769231

00:29:08.240 --> 00:29:11.078 meets reporters and brings them in.
NOTE Confidence: 0.906574320769231

00:29:11.080 --> 00:29:13.880 And he was excited that I was from
NOTE Confidence: 0.906574320769231

00:29:13.880 --> 00:29:17.013 New York because he was going to
NOTE Confidence: 0.906574320769231

00:29:17.013 --> 00:29:20.860 see Lea Michele and Funny Girl And.
NOTE Confidence: 0.906574320769231

00:29:20.860 --> 00:29:22.520 And he wanted to know, like,
NOTE Confidence: 0.906574320769231

00:29:22.520 --> 00:29:23.598 if I would like, he was like,

NOTE Confidence: 0.906574320769231
00:29:23.600 --> 00:29:24.755 he was like, are you into theater?
NOTE Confidence: 0.906574320769231
00:29:24.760 --> 00:29:26.008 And I was like,
NOTE Confidence: 0.906574320769231
00:29:26.008 --> 00:29:27.880 I'm having trouble relating to you
NOTE Confidence: 0.906574320769231
00:29:27.880 --> 00:29:29.836 in this context in this moment.
NOTE Confidence: 0.906574320769231
00:29:29.840 --> 00:29:31.304 But it was just really, it was just,
NOTE Confidence: 0.906574320769231
00:29:31.304 --> 00:29:33.248 you know, it was so incongruous.
NOTE Confidence: 0.906574320769231
00:29:33.248 --> 00:29:35.660 It was so everything about that
NOTE Confidence: 0.906574320769231
00:29:35.734 --> 00:29:38.660 experience was so stimulating.
NOTE Confidence: 0.906574320769231
00:29:38.660 --> 00:29:42.679 And Ramiro came and he sat down and
NOTE Confidence: 0.906574320769231
00:29:42.680 --> 00:29:44.156 we touched hands through the glass,
NOTE Confidence: 0.906574320769231
00:29:44.160 --> 00:29:47.358 and I started to ask him,
NOTE Confidence: 0.906574320769231
00:29:47.360 --> 00:29:49.349 I started from a place of can you tell
NOTE Confidence: 0.906574320769231
00:29:49.349 --> 00:29:51.679 me about this desire to give your kidney?
NOTE Confidence: 0.906574320769231
00:29:51.680 --> 00:29:54.235 And over the course of that hour,
NOTE Confidence: 0.96809614
00:29:56.360 --> 00:30:00.640 he told me sort of his whole life story,
NOTE Confidence: 0.96809614

00:30:00.640 --> 00:30:02.764 which was relevant to this kidney
NOTE Confidence: 0.96809614

00:30:02.764 --> 00:30:04.891 question because he had sort of
NOTE Confidence: 0.96809614

00:30:04.891 --> 00:30:06.506 come to this decision through
NOTE Confidence: 0.96809614

00:30:06.506 --> 00:30:09.344 very deep work on himself and I.
NOTE Confidence: 0.96809614

00:30:09.344 --> 00:30:11.120 He was incredible.
NOTE Confidence: 0.96809614

00:30:11.120 --> 00:30:14.192 He's spoken just unbelievably
NOTE Confidence: 0.96809614

00:30:14.192 --> 00:30:16.480 beautiful, full paragraphs.
NOTE Confidence: 0.893510528333333

00:30:19.920 --> 00:30:22.680 And I It was incredibly moving.
NOTE Confidence: 0.893510528333333

00:30:22.680 --> 00:30:24.939 And so I felt just like not really answering
NOTE Confidence: 0.893510528333333

00:30:24.939 --> 00:30:27.237 your question about exactly why I was there.
NOTE Confidence: 0.893510528333333

00:30:27.240 --> 00:30:28.880 I was there, 'cause I wanted to go.
NOTE Confidence: 0.893510528333333

00:30:28.880 --> 00:30:31.160 And once I was there,
NOTE Confidence: 0.893510528333333

00:30:31.160 --> 00:30:32.560 it was incredibly, incredibly moving.
NOTE Confidence: 0.893510528333333

00:30:32.560 --> 00:30:34.080 And I was like, oh, This is why I'm here.
NOTE Confidence: 0.893510528333333

00:30:34.080 --> 00:30:37.038 Like, I I'm here to see.
NOTE Confidence: 0.893510528333333

00:30:37.040 --> 00:30:41.400 I'm here to receive this story from him

NOTE Confidence: 0.893510528333333

00:30:41.400 --> 00:30:44.000 and to put it into the world in a way that

NOTE Confidence: 0.893510528333333

00:30:44.000 --> 00:30:47.872 will make him feel seen not just by me,

NOTE Confidence: 0.893510528333333

00:30:47.872 --> 00:30:50.360 but by others. I guess.

NOTE Confidence: 0.893510528333333

00:30:50.360 --> 00:30:53.240 I thought when you were talking about,

NOTE Confidence: 0.893510528333333

00:30:53.240 --> 00:30:55.116 even though you were talking about him,

NOTE Confidence: 0.893510528333333

00:30:55.120 --> 00:30:55.798 you really talk.

NOTE Confidence: 0.893510528333333

00:30:55.798 --> 00:30:58.040 I thought you were also talking

NOTE Confidence: 0.893510528333333

00:30:58.040 --> 00:31:01.900 about your beat, as it were.

NOTE Confidence: 0.893510528333333

00:31:01.900 --> 00:31:02.740 You know,

NOTE Confidence: 0.893510528333333

00:31:02.740 --> 00:31:06.280 this thing that you write so much about.

NOTE Confidence: 0.893510528333333

00:31:06.280 --> 00:31:11.724 And I just wondered, why put yourself there?

NOTE Confidence: 0.893510528333333

00:31:11.724 --> 00:31:15.000 Like in jail, In jail?

NOTE Confidence: 0.893510528333333

00:31:15.000 --> 00:31:17.184 Yeah, something that most

NOTE Confidence: 0.893510528333333

00:31:17.184 --> 00:31:20.112 people work very hard to avoid.

NOTE Confidence: 0.893510528333333

00:31:20.120 --> 00:31:24.116 So the the first thing I'll say is,

NOTE Confidence: 0.893510528333333

00:31:24.120 --> 00:31:24.996 you know when I was I,
NOTE Confidence: 0.8935105283333333

00:31:25.000 --> 00:31:26.788 I went into medicine because I
NOTE Confidence: 0.8935105283333333

00:31:26.788 --> 00:31:28.624 wanted to do social justice work
NOTE Confidence: 0.8935105283333333

00:31:28.624 --> 00:31:30.960 and I wanted to do anti racist work.
NOTE Confidence: 0.8935105283333333

00:31:30.960 --> 00:31:34.934 And I initially thought I was going
NOTE Confidence: 0.8935105283333333

00:31:34.934 --> 00:31:36.600 to do like community primary care.
NOTE Confidence: 0.8935105283333333

00:31:36.600 --> 00:31:38.016 And then I really loved palliative
NOTE Confidence: 0.8935105283333333

00:31:38.016 --> 00:31:39.775 care and wanted to do a fellowship
NOTE Confidence: 0.8935105283333333

00:31:39.775 --> 00:31:41.299 and was doing a geriatrics and
NOTE Confidence: 0.8935105283333333

00:31:41.299 --> 00:31:42.319 palliative care fellowship.
NOTE Confidence: 0.8935105283333333

00:31:42.320 --> 00:31:44.415 And then I was like what's the social
NOTE Confidence: 0.8935105283333333

00:31:44.415 --> 00:31:45.840 justice version of palliative care?
NOTE Confidence: 0.8935105283333333

00:31:45.840 --> 00:31:48.140 Like where like where do I in New York City?
NOTE Confidence: 0.8935105283333333

00:31:48.140 --> 00:31:48.755 There really wasn't,
NOTE Confidence: 0.8935105283333333

00:31:48.760 --> 00:31:50.440 it wasn't clear to me sort of
NOTE Confidence: 0.8935105283333333

00:31:50.440 --> 00:31:52.211 what the right place was to take

NOTE Confidence: 0.893510528333333

00:31:52.211 --> 00:31:54.348 that skill set that would feel as

NOTE Confidence: 0.893510528333333

00:31:54.348 --> 00:31:56.832 mission driven as I sort of wanted

NOTE Confidence: 0.893510528333333

00:31:56.832 --> 00:31:59.079 to be in my work every day.

NOTE Confidence: 0.893510528333333

00:31:59.080 --> 00:32:01.236 And I had gotten sort of separately

NOTE Confidence: 0.893510528333333

00:32:01.236 --> 00:32:02.871 interested in mass incarceration and

NOTE Confidence: 0.893510528333333

00:32:02.871 --> 00:32:05.360 the fact that there was this exploding

NOTE Confidence: 0.893510528333333

00:32:05.360 --> 00:32:07.960 population of elders being incarcerated

NOTE Confidence: 0.893510528333333

00:32:07.960 --> 00:32:10.960 in this country and was thinking

NOTE Confidence: 0.893510528333333

00:32:10.960 --> 00:32:14.000 about sort of that question and problem.

NOTE Confidence: 0.893510528333333

00:32:14.000 --> 00:32:16.000 But the real answer is

NOTE Confidence: 0.893510528333333

00:32:16.000 --> 00:32:17.386 that it was serendipity.

NOTE Confidence: 0.893510528333333

00:32:17.386 --> 00:32:20.182 Because what happened the year that

NOTE Confidence: 0.893510528333333

00:32:20.182 --> 00:32:22.787 I was finishing fellowship was the

NOTE Confidence: 0.893510528333333

00:32:22.787 --> 00:32:25.947 year that New York City fired the for

NOTE Confidence: 0.893510528333333

00:32:25.947 --> 00:32:28.563 profit contractor that it had used

NOTE Confidence: 0.893510528333333

00:32:28.563 --> 00:32:30.840 to provide healthcare in the jail
NOTE Confidence: 0.8935105283333333

00:32:30.840 --> 00:32:32.760 system and instead decided to create
NOTE Confidence: 0.8935105283333333

00:32:32.760 --> 00:32:35.224 a public health agency that would
NOTE Confidence: 0.8935105283333333

00:32:35.224 --> 00:32:37.345 provide that would that would provide
NOTE Confidence: 0.8935105283333333

00:32:37.345 --> 00:32:39.520 all the healthcare on Rikers Island.
NOTE Confidence: 0.8935105283333333

00:32:39.520 --> 00:32:41.290 So I would never would have
NOTE Confidence: 0.8935105283333333

00:32:41.290 --> 00:32:42.880 gone to work for them.
NOTE Confidence: 0.8935105283333333

00:32:42.880 --> 00:32:44.296 I wouldn't have gone to work
NOTE Confidence: 0.8935105283333333

00:32:44.296 --> 00:32:45.240 for the private contractor.
NOTE Confidence: 0.8935105283333333

00:32:45.240 --> 00:32:47.100 I think that the constraints
NOTE Confidence: 0.8935105283333333

00:32:47.100 --> 00:32:49.467 of the dual loyalty of that
NOTE Confidence: 0.8935105283333333

00:32:49.467 --> 00:32:51.597 situation would have been too,
NOTE Confidence: 0.8935105283333333

00:32:51.600 --> 00:32:52.520 wouldn't have worked for me,
NOTE Confidence: 0.8935105283333333

00:32:52.520 --> 00:32:54.696 wouldn't have felt meaningful.
NOTE Confidence: 0.8935105283333333

00:32:54.696 --> 00:32:56.436 But as I was graduating,
NOTE Confidence: 0.8935105283333333

00:32:56.436 --> 00:32:58.624 they were making this new agency and

NOTE Confidence: 0.893510528333333

00:32:58.624 --> 00:33:00.564 they were recruiting a new kind of

NOTE Confidence: 0.893510528333333

00:33:00.564 --> 00:33:02.289 doctor to come to Rikers who wanted

NOTE Confidence: 0.893510528333333

00:33:02.289 --> 00:33:04.249 to come and work from this like

NOTE Confidence: 0.893510528333333

00:33:04.249 --> 00:33:05.919 human rights driven perspective.

NOTE Confidence: 0.893510528333333

00:33:05.920 --> 00:33:09.932 And they also had lots of money

NOTE Confidence: 0.893510528333333

00:33:09.932 --> 00:33:12.116 because they needed people so much.

NOTE Confidence: 0.893510528333333

00:33:12.120 --> 00:33:15.240 And so they just let you make your own job.

NOTE Confidence: 0.893510528333333

00:33:15.240 --> 00:33:16.878 So I said, like, you know,

NOTE Confidence: 0.893510528333333

00:33:16.880 --> 00:33:18.600 can I come and can I do geriatrics?

NOTE Confidence: 0.910766979

00:33:18.600 --> 00:33:20.448 And this is how I want to

NOTE Confidence: 0.910766979

00:33:20.448 --> 00:33:21.240 structure the practice.

NOTE Confidence: 0.910766979

00:33:21.240 --> 00:33:22.608 And they said yes.

NOTE Confidence: 0.910766979

00:33:22.608 --> 00:33:25.440 And so that's how I ended up there.

NOTE Confidence: 0.910766979

00:33:25.440 --> 00:33:28.080 Like I I I don't think there

NOTE Confidence: 0.910766979

00:33:28.080 --> 00:33:29.840 are amazing correctional health

NOTE Confidence: 0.910766979

00:33:29.840 --> 00:33:31.780 doctors throughout the country.

NOTE Confidence: 0.910766979

00:33:31.780 --> 00:33:35.280 I don't think that I personally would

NOTE Confidence: 0.910766979

00:33:35.363 --> 00:33:38.555 have had the fortitude to be by myself,

NOTE Confidence: 0.910766979

00:33:38.560 --> 00:33:40.600 working in a system that

NOTE Confidence: 0.910766979

00:33:40.600 --> 00:33:42.640 wasn't aligned with my values.

NOTE Confidence: 0.910766979

00:33:42.640 --> 00:33:44.218 Rikers happened to be in the

NOTE Confidence: 0.910766979

00:33:44.218 --> 00:33:46.075 midst of a shift at the time

NOTE Confidence: 0.910766979

00:33:46.075 --> 00:33:47.557 that I was ready to start.

NOTE Confidence: 0.68264193

00:33:49.720 --> 00:33:50.000 Thank you.

NOTE Confidence: 0.94947975

00:33:51.680 --> 00:33:55.840 Speaking of Rikers, you have

NOTE Confidence: 0.94947975

00:33:55.840 --> 00:33:59.080 written stuff you've written.

NOTE Confidence: 0.76775237777778

00:33:59.080 --> 00:34:00.916 You know, I, I should say we we in

NOTE Confidence: 0.919437175555556

00:34:00.920 --> 00:34:02.980 medicine often witness things

NOTE Confidence: 0.919437175555556

00:34:02.980 --> 00:34:06.412 that we think that the lay public

NOTE Confidence: 0.919437175555556

00:34:06.412 --> 00:34:08.577 needs to know about, right?

NOTE Confidence: 0.919437175555556

00:34:08.577 --> 00:34:12.233 We need to, we consider if we should

NOTE Confidence: 0.919437175555556
00:34:12.233 --> 00:34:14.445 risk our reputations, our jobs,
NOTE Confidence: 0.919437175555556
00:34:14.445 --> 00:34:16.720 to be whistleblowers of sorts.
NOTE Confidence: 0.919437175555556
00:34:16.720 --> 00:34:18.520 And most of us, of course,
NOTE Confidence: 0.919437175555556
00:34:18.520 --> 00:34:19.680 don't do that very often.
NOTE Confidence: 0.919437175555556
00:34:19.680 --> 00:34:21.798 But you did that a lot
NOTE Confidence: 0.514824558
00:34:23.680 --> 00:34:24.480 when you were at Rikers.
NOTE Confidence: 0.932446756
00:34:24.480 --> 00:34:26.760 I mean that's like the bulk of your work is,
NOTE Confidence: 0.932446756
00:34:26.760 --> 00:34:30.054 is about the bulk of your essays and and
NOTE Confidence: 0.932446756
00:34:30.054 --> 00:34:32.783 opinion pieces are taking on especially
NOTE Confidence: 0.932446756
00:34:32.783 --> 00:34:35.564 during COVID the the need to decarcerate
NOTE Confidence: 0.932446756
00:34:35.564 --> 00:34:38.799 and and to kind of shed light on these
NOTE Confidence: 0.932446756
00:34:38.800 --> 00:34:40.235 these bad things that were going on.
NOTE Confidence: 0.932446756
00:34:40.240 --> 00:34:42.696 So I wonder if you can talk about
NOTE Confidence: 0.932446756
00:34:42.696 --> 00:34:45.169 that and and just that kind of this
NOTE Confidence: 0.932446756
00:34:45.169 --> 00:34:46.912 the the feeling that you have when
NOTE Confidence: 0.932446756

00:34:46.912 --> 00:34:48.716 you have to make a decision about
NOTE Confidence: 0.932446756

00:34:48.720 --> 00:34:50.058 shedding the light on something that
NOTE Confidence: 0.932446756

00:34:50.058 --> 00:34:51.560 might be difficult for you personally.
NOTE Confidence: 0.6958096925

00:34:55.360 --> 00:35:00.460 So this isn't it's so a few things.
NOTE Confidence: 0.6958096925

00:35:00.460 --> 00:35:02.905 So I think one thing is that as
NOTE Confidence: 0.6958096925

00:35:02.905 --> 00:35:04.664 you if you think you want to do
NOTE Confidence: 0.6958096925

00:35:04.664 --> 00:35:05.480 social justice work overtime,
NOTE Confidence: 0.6958096925

00:35:05.480 --> 00:35:07.361 you have to in the same way you have
NOTE Confidence: 0.6958096925

00:35:07.361 --> 00:35:09.165 to get to know yourself as a doctor
NOTE Confidence: 0.6958096925

00:35:09.165 --> 00:35:11.064 and as a writer you have to sort
NOTE Confidence: 0.6958096925

00:35:11.064 --> 00:35:13.045 of get to know who you think you
NOTE Confidence: 0.6958096925

00:35:13.045 --> 00:35:14.917 are in the social change ecosystem.
NOTE Confidence: 0.6958096925

00:35:14.920 --> 00:35:18.399 And there are people who are very
NOTE Confidence: 0.6958096925

00:35:18.400 --> 00:35:21.200 strident activists for whom working
NOTE Confidence: 0.6958096925

00:35:21.200 --> 00:35:24.000 within the institutions that uphold
NOTE Confidence: 0.6958096925

00:35:24.080 --> 00:35:27.160 current structures is never tenable, right?

NOTE Confidence: 0.6958096925

00:35:27.160 --> 00:35:28.600 Like there are folks who just,

NOTE Confidence: 0.6958096925

00:35:28.600 --> 00:35:33.395 they can't work in a carceral setting.

NOTE Confidence: 0.6958096925

00:35:33.400 --> 00:35:36.960 Then there are people who I

NOTE Confidence: 0.6958096925

00:35:36.960 --> 00:35:38.880 identify with more,

NOTE Confidence: 0.6958096925

00:35:38.880 --> 00:35:41.600 who are institutional reformers but

NOTE Confidence: 0.6958096925

00:35:41.600 --> 00:35:45.333 who have a really strong sort of sense

NOTE Confidence: 0.6958096925

00:35:45.333 --> 00:35:48.200 of an where their boundaries are with,

NOTE Confidence: 0.6958096925

00:35:48.200 --> 00:35:48.845 you know, there.

NOTE Confidence: 0.6958096925

00:35:48.845 --> 00:35:50.712 So I would do it under those circumstances

NOTE Confidence: 0.6958096925

00:35:50.712 --> 00:35:52.560 we just talked about at Rikers.

NOTE Confidence: 0.6958096925

00:35:52.560 --> 00:35:55.115 I wouldn't do it in other circumstances.

NOTE Confidence: 0.6958096925

00:35:55.120 --> 00:35:59.112 So I was at Rikers as an institutional

NOTE Confidence: 0.6958096925

00:35:59.112 --> 00:36:02.079 reformer and my lens initially was,

NOTE Confidence: 0.6958096925

00:36:02.079 --> 00:36:02.278 well,

NOTE Confidence: 0.6958096925

00:36:02.278 --> 00:36:03.671 first my lens was like I don't

NOTE Confidence: 0.6958096925

00:36:03.671 --> 00:36:04.773 understand this place and I have
NOTE Confidence: 0.6958096925

00:36:04.773 --> 00:36:05.862 to get to understand it before
NOTE Confidence: 0.6958096925

00:36:05.862 --> 00:36:07.150 I like think that I'm the first
NOTE Confidence: 0.6958096925

00:36:07.150 --> 00:36:09.280 person to say that it's violent or.
NOTE Confidence: 0.6958096925

00:36:09.280 --> 00:36:13.286 And the second thing was that for
NOTE Confidence: 0.6958096925

00:36:13.286 --> 00:36:15.288 a long time I felt very effective
NOTE Confidence: 0.6958096925

00:36:15.288 --> 00:36:17.680 in the institutional reformer role
NOTE Confidence: 0.6958096925

00:36:17.680 --> 00:36:19.339 in a way where whistle blowing did
NOTE Confidence: 0.6958096925

00:36:19.339 --> 00:36:20.863 not feel like the most effective
NOTE Confidence: 0.6958096925

00:36:20.863 --> 00:36:21.879 thing I could do.
NOTE Confidence: 0.6958096925

00:36:21.880 --> 00:36:26.152 I was really empowered to take care
NOTE Confidence: 0.6958096925

00:36:26.152 --> 00:36:27.400 of patients the way that I wanted to.
NOTE Confidence: 0.6958096925

00:36:27.400 --> 00:36:30.232 But also I built and ran this team
NOTE Confidence: 0.6958096925

00:36:30.232 --> 00:36:33.080 that got a lot of guys out of jail
NOTE Confidence: 0.6958096925

00:36:33.080 --> 00:36:34.695 and through this compassionate release
NOTE Confidence: 0.6958096925

00:36:34.695 --> 00:36:36.949 work and that felt so tangible and

NOTE Confidence: 0.6958096925

00:36:36.949 --> 00:36:38.695 real and meaningful that I didn't

NOTE Confidence: 0.6958096925

00:36:38.695 --> 00:36:40.837 want to jeopardize it by like an op.

NOTE Confidence: 0.6958096925

00:36:40.840 --> 00:36:42.040 Ed was not worth that,

NOTE Confidence: 0.6958096925

00:36:42.040 --> 00:36:43.266 you know.

NOTE Confidence: 0.6958096925

00:36:43.266 --> 00:36:43.879 And

NOTE Confidence: 0.901085525

00:36:46.680 --> 00:36:50.040 and then the thing that flipped was COVID,

NOTE Confidence: 0.901085525

00:36:50.040 --> 00:36:53.460 which created this new intense sense

NOTE Confidence: 0.901085525

00:36:53.460 --> 00:36:56.357 of urgency around bringing attention

NOTE Confidence: 0.901085525

00:36:56.357 --> 00:36:58.919 to the jails, bringing attention to

NOTE Confidence: 0.901085525

00:36:58.919 --> 00:37:01.786 the fact that the virus was, you know,

NOTE Confidence: 0.901085525

00:37:01.786 --> 00:37:04.384 really Rikers was the epicenter of

NOTE Confidence: 0.901085525

00:37:04.384 --> 00:37:07.158 the pandemic in the US in March 2020.

NOTE Confidence: 0.901085525

00:37:07.160 --> 00:37:08.434 Like, New York City was the epicenter.

NOTE Confidence: 0.901085525

00:37:08.440 --> 00:37:10.306 And then Rikers was the epicenter

NOTE Confidence: 0.901085525

00:37:10.306 --> 00:37:13.304 within New York. And we were panicked.

NOTE Confidence: 0.901085525

00:37:13.304 --> 00:37:15.280 And it felt like the end of the world.
NOTE Confidence: 0.901085525

00:37:15.280 --> 00:37:16.795 And so it was like, OK, well, like,
NOTE Confidence: 0.901085525

00:37:16.795 --> 00:37:18.810 now I'm going to tweet, You know, like,
NOTE Confidence: 0.901085525

00:37:18.810 --> 00:37:20.805 I'm going to break rank and I'm going
NOTE Confidence: 0.901085525

00:37:20.805 --> 00:37:22.475 to tweet without asking permission.
NOTE Confidence: 0.901085525

00:37:22.480 --> 00:37:24.880 And I didn't do it alone.
NOTE Confidence: 0.901085525

00:37:24.880 --> 00:37:27.556 My colleagues did it as well.
NOTE Confidence: 0.901085525

00:37:27.560 --> 00:37:29.779 And I did write an op-ed then
NOTE Confidence: 0.901085525

00:37:29.779 --> 00:37:32.360 that was in the Washington Post.
NOTE Confidence: 0.901085525

00:37:32.360 --> 00:37:33.360 That was basically like,
NOTE Confidence: 0.928041240555555

00:37:35.480 --> 00:37:38.416 because in New York the idea that we
NOTE Confidence: 0.928041240555555

00:37:38.416 --> 00:37:41.634 should let as many people out as quickly
NOTE Confidence: 0.928041240555555

00:37:41.634 --> 00:37:43.688 as possible became official policy quite
NOTE Confidence: 0.928041240555555

00:37:43.688 --> 00:37:45.560 quickly and we were really successful.
NOTE Confidence: 0.928041240555555

00:37:45.560 --> 00:37:50.374 But the idea that that should be the
NOTE Confidence: 0.928041240555555

00:37:50.374 --> 00:37:53.621 model everywhere in the country in the

NOTE Confidence: 0.928041240555555

00:37:53.621 --> 00:37:55.160 pandemic felt really important to me.

NOTE Confidence: 0.928041240555555

00:37:55.160 --> 00:37:57.610 And so writing, writing a piece that

NOTE Confidence: 0.928041240555555

00:37:57.610 --> 00:38:00.304 would advocate for those ideas that that

NOTE Confidence: 0.928041240555555

00:38:00.304 --> 00:38:03.004 could be read nationally felt really

NOTE Confidence: 0.928041240555555

00:38:03.004 --> 00:38:05.833 critical and really felt worth risking

NOTE Confidence: 0.928041240555555

00:38:05.833 --> 00:38:07.680 getting in trouble for her. Also,

NOTE Confidence: 0.928041240555555

00:38:07.680 --> 00:38:10.200 I think as I said earlier in some point,

NOTE Confidence: 0.928041240555555

00:38:10.200 --> 00:38:11.740 like, I didn't really think they were

NOTE Confidence: 0.928041240555555

00:38:11.740 --> 00:38:13.436 going to fire a doctor in April 2020.

NOTE Confidence: 0.928041240555555

00:38:13.440 --> 00:38:16.194 And so I was like, it's my,

NOTE Confidence: 0.928041240555555

00:38:16.194 --> 00:38:17.479 you know, it's my time.

NOTE Confidence: 0.937371862

00:38:20.120 --> 00:38:23.080 And then that sort of continued

NOTE Confidence: 0.937371862

00:38:23.080 --> 00:38:25.218 to be true. So, like Rikers got,

NOTE Confidence: 0.937371862

00:38:25.218 --> 00:38:27.928 there was COVID. And then as COVID

NOTE Confidence: 0.937371862

00:38:27.928 --> 00:38:30.280 died down as a problem, Rikers

NOTE Confidence: 0.916094406

00:38:32.600 --> 00:38:34.496 sort of like devolved into crisis
NOTE Confidence: 0.916094406

00:38:34.496 --> 00:38:36.212 for other reasons because the
NOTE Confidence: 0.916094406

00:38:36.212 --> 00:38:37.796 system just absolutely collapsed.
NOTE Confidence: 0.916094406

00:38:37.800 --> 00:38:39.264 And there was this.
NOTE Confidence: 0.916094406

00:38:39.264 --> 00:38:42.640 In the end of 2020 and all of 2021,
NOTE Confidence: 0.916094406

00:38:42.640 --> 00:38:46.000 corrections officers stopped coming to work,
NOTE Confidence: 0.916094406

00:38:46.000 --> 00:38:49.240 and the place became more violent,
NOTE Confidence: 0.916094406

00:38:49.240 --> 00:38:52.440 more chaotic than it had been in any
NOTE Confidence: 0.916094406

00:38:52.440 --> 00:38:55.118 other moment that I had been there.
NOTE Confidence: 0.916094406

00:38:55.120 --> 00:38:57.380 More desperate, basic functions.
NOTE Confidence: 0.916094406

00:38:57.380 --> 00:39:00.612 People weren't getting fed, you know,
NOTE Confidence: 0.916094406

00:39:00.612 --> 00:39:02.912 like it was really horrific.
NOTE Confidence: 0.916094406

00:39:02.912 --> 00:39:05.024 And I also couldn't function as
NOTE Confidence: 0.916094406

00:39:05.024 --> 00:39:07.479 a doctor in that system anymore.
NOTE Confidence: 0.916094406

00:39:07.480 --> 00:39:09.128 Like that work that I had been doing
NOTE Confidence: 0.916094406

00:39:09.128 --> 00:39:10.496 before didn't work because the system

NOTE Confidence: 0.916094406

00:39:10.496 --> 00:39:12.257 didn't work around me enough to make it

NOTE Confidence: 0.916094406

00:39:12.257 --> 00:39:14.017 possible for me to do what I'd been doing.

NOTE Confidence: 0.916094406

00:39:14.017 --> 00:39:16.039 So then the calculus of well,

NOTE Confidence: 0.916094406

00:39:16.040 --> 00:39:18.480 what what what's worth it?

NOTE Confidence: 0.916094406

00:39:18.480 --> 00:39:19.228 It was like, OK,

NOTE Confidence: 0.916094406

00:39:19.228 --> 00:39:20.611 like whistle blowing now is more impactful

NOTE Confidence: 0.916094406

00:39:20.611 --> 00:39:22.116 than like what I'm doing right now,

NOTE Confidence: 0.916094406

00:39:22.120 --> 00:39:23.795 which is coming to work

NOTE Confidence: 0.916094406

00:39:23.795 --> 00:39:24.800 and feeling frustrated.

NOTE Confidence: 0.916094406

00:39:24.800 --> 00:39:27.122 So then I spent a long then I whistle

NOTE Confidence: 0.916094406

00:39:27.122 --> 00:39:29.038 blew every day for a long time.

NOTE Confidence: 0.65131184

00:39:33.680 --> 00:39:34.240 You want to ask,

NOTE Confidence: 0.844315578

00:39:46.760 --> 00:39:50.400 So how do you connect

NOTE Confidence: 0.844315578

00:39:50.400 --> 00:39:51.924 Doctor Ring and writing?

NOTE Confidence: 0.844315578

00:39:51.924 --> 00:39:54.640 Or is that the connection you make?

NOTE Confidence: 0.844315578

00:39:54.640 --> 00:39:57.200 Or is it work your work and your
NOTE Confidence: 0.844315578

00:39:57.200 --> 00:39:59.168 writing that make the connection?
NOTE Confidence: 0.844315578

00:39:59.168 --> 00:40:01.716 I mean, how are those three things?
NOTE Confidence: 0.844315578

00:40:01.720 --> 00:40:04.048 How do they, how are they
NOTE Confidence: 0.844315578

00:40:04.048 --> 00:40:05.600 organized in your brain?
NOTE Confidence: 0.844315578

00:40:05.600 --> 00:40:06.920 How are they linked together?
NOTE Confidence: 0.935123825

00:40:11.840 --> 00:40:13.600 I think
NOTE Confidence: 0.867731915714286

00:40:15.680 --> 00:40:19.600 for me that I am the same.
NOTE Confidence: 0.867731915714286

00:40:19.600 --> 00:40:21.568 Person doing all of those things
NOTE Confidence: 0.867731915714286

00:40:21.568 --> 00:40:25.160 all the time. So when I am,
NOTE Confidence: 0.867731915714286

00:40:25.160 --> 00:40:29.702 when we talked earlier about trying
NOTE Confidence: 0.867731915714286

00:40:29.702 --> 00:40:32.714 to unpack phrases in my writing,
NOTE Confidence: 0.867731915714286

00:40:32.720 --> 00:40:34.960 I think that's basically the same way that
NOTE Confidence: 0.867731915714286

00:40:34.960 --> 00:40:36.997 I approach clinical problems like I'm.
NOTE Confidence: 0.867731915714286

00:40:37.000 --> 00:40:38.980 I really like clarity about
NOTE Confidence: 0.867731915714286

00:40:38.980 --> 00:40:42.079 what it is I think is going on.

NOTE Confidence: 0.867731915714286
00:40:42.080 --> 00:40:47.300 And I so I feel just insanely lucky
NOTE Confidence: 0.867731915714286
00:40:47.300 --> 00:40:49.605 that I became a doctor 'cause it
NOTE Confidence: 0.867731915714286
00:40:49.605 --> 00:40:51.157 was pretty unlikely actually.
NOTE Confidence: 0.867731915714286
00:40:51.160 --> 00:40:54.953 I I got into medical school early
NOTE Confidence: 0.867731915714286
00:40:54.953 --> 00:40:57.311 through this special pathway called the
NOTE Confidence: 0.867731915714286
00:40:57.311 --> 00:40:59.520 Humanities and Medicine Pathway at Sinai,
NOTE Confidence: 0.867731915714286
00:40:59.520 --> 00:41:01.942 where you got in as a sophomore
NOTE Confidence: 0.867731915714286
00:41:01.942 --> 00:41:04.348 in college based on like your
NOTE Confidence: 0.867731915714286
00:41:04.348 --> 00:41:06.076 high school grades basically.
NOTE Confidence: 0.867731915714286
00:41:06.080 --> 00:41:07.856 And it meant that you didn't
NOTE Confidence: 0.867731915714286
00:41:07.856 --> 00:41:10.558 have to be a traditional pre Med.
NOTE Confidence: 0.867731915714286
00:41:10.560 --> 00:41:11.526 And I think if I'd had to
NOTE Confidence: 0.867731915714286
00:41:11.526 --> 00:41:12.240 be a traditional pre Med,
NOTE Confidence: 0.867731915714286
00:41:12.240 --> 00:41:13.200 I might not have hacked it.
NOTE Confidence: 0.867731915714286
00:41:13.200 --> 00:41:14.040 I might not have made it.
NOTE Confidence: 0.867731915714286

00:41:14.040 --> 00:41:16.216 So it was this real gift to me
NOTE Confidence: 0.867731915714286

00:41:16.216 --> 00:41:17.960 that I that I had this alternative
NOTE Confidence: 0.867731915714286

00:41:17.960 --> 00:41:19.696 pathway to go to Med school.
NOTE Confidence: 0.867731915714286

00:41:19.696 --> 00:41:22.800 I love the way the doctorate doctors think.
NOTE Confidence: 0.867731915714286

00:41:22.800 --> 00:41:23.554 I love.
NOTE Confidence: 0.867731915714286

00:41:23.554 --> 00:41:26.193 I love the thought process of medicine
NOTE Confidence: 0.9634817

00:41:28.640 --> 00:41:30.320 and I love thinking like a doctor.
NOTE Confidence: 0.9634817

00:41:30.320 --> 00:41:32.040 I love doing critical appraisal.
NOTE Confidence: 0.9634817

00:41:32.040 --> 00:41:34.638 I love thinking about how you
NOTE Confidence: 0.9634817

00:41:34.640 --> 00:41:37.160 how we know what we know.
NOTE Confidence: 0.9634817

00:41:37.160 --> 00:41:39.518 I love the ideas of medicine.
NOTE Confidence: 0.9634817

00:41:39.520 --> 00:41:41.248 This piece Harlan's here.
NOTE Confidence: 0.9634817

00:41:41.248 --> 00:41:43.717 I wrote that came out this month about
NOTE Confidence: 0.611368493333333

00:41:45.840 --> 00:41:48.140 Harlan Kremholtz, who's here in
NOTE Confidence: 0.611368493333333

00:41:48.140 --> 00:41:50.056 Nikki Kowiwasaki's Yale Listen study,
NOTE Confidence: 0.611368493333333

00:41:50.056 --> 00:41:53.506 which is a study about looking into patients

NOTE Confidence: 0.6113684933333333
00:41:53.506 --> 00:41:56.758 with long COVID and related conditions.
NOTE Confidence: 0.6113684933333333
00:41:56.760 --> 00:42:00.369 It was so interesting to me for a number
NOTE Confidence: 0.6113684933333333
00:42:00.369 --> 00:42:03.835 of reasons that we're all sort of supra
NOTE Confidence: 0.6113684933333333
00:42:03.835 --> 00:42:06.995 the question of long COVID as a disease.
NOTE Confidence: 0.6113684933333333
00:42:07.000 --> 00:42:08.197 Like I like I'm interested in what's
NOTE Confidence: 0.6113684933333333
00:42:08.197 --> 00:42:09.341 the deal with long COVID, right.
NOTE Confidence: 0.6113684933333333
00:42:09.341 --> 00:42:10.888 But I'm. But I was really interested
NOTE Confidence: 0.6113684933333333
00:42:10.888 --> 00:42:12.571 in how are they going to figure out
NOTE Confidence: 0.6113684933333333
00:42:12.571 --> 00:42:14.120 what the deal is with long COVID.
NOTE Confidence: 0.6113684933333333
00:42:14.120 --> 00:42:16.563 Right. How do you design that project
NOTE Confidence: 0.6113684933333333
00:42:16.563 --> 00:42:18.520 in a way that works?
NOTE Confidence: 0.6113684933333333
00:42:18.520 --> 00:42:22.090 How do you navigate the politics around
NOTE Confidence: 0.6113684933333333
00:42:22.090 --> 00:42:25.240 this quite politicized set of illnesses.
NOTE Confidence: 0.9383757
00:42:27.480 --> 00:42:28.896 And those questions are interesting to
NOTE Confidence: 0.9383757
00:42:28.896 --> 00:42:30.387 me in medicine and they're interesting
NOTE Confidence: 0.9383757

00:42:30.387 --> 00:42:32.151 to me as a writer and they're
NOTE Confidence: 0.9383757

00:42:32.151 --> 00:42:35.280 interesting to me as an advocate and
NOTE Confidence: 0.9383757

00:42:35.280 --> 00:42:36.876 and writing is the through line.
NOTE Confidence: 0.9383757

00:42:36.880 --> 00:42:38.320 I think a little bit in that it's the,
NOTE Confidence: 0.9383757

00:42:38.320 --> 00:42:40.497 it's the way to figure out what
NOTE Confidence: 0.9383757

00:42:40.497 --> 00:42:42.520 I think about about them in
NOTE Confidence: 0.9383757

00:42:42.520 --> 00:42:43.920 all those different domains.
NOTE Confidence: 0.4699649

00:42:48.800 --> 00:42:50.438 So you're open for questions.
NOTE Confidence: 0.39979112

00:42:56.960 --> 00:42:56.980 I
NOTE Confidence: 0.820129275

00:43:02.550 --> 00:43:05.350 have a question. You're such a gifted writer
NOTE Confidence: 0.955971244444444

00:43:07.390 --> 00:43:08.878 and you use it to communicate
NOTE Confidence: 0.955971244444444

00:43:08.878 --> 00:43:09.622 in different ways.
NOTE Confidence: 0.955971244444444

00:43:09.630 --> 00:43:11.748 I mean, sometimes it's around advocacy,
NOTE Confidence: 0.955971244444444

00:43:11.750 --> 00:43:13.630 sometimes it's just for the
NOTE Confidence: 0.955971244444444

00:43:13.630 --> 00:43:15.510 purpose of telling a story.
NOTE Confidence: 0.955971244444444

00:43:15.510 --> 00:43:17.820 But you know, physicians are in

NOTE Confidence: 0.955971244444444

00:43:17.820 --> 00:43:19.360 general very poor communicators.

NOTE Confidence: 0.955971244444444

00:43:19.360 --> 00:43:21.376 You know, we have trouble finding

NOTE Confidence: 0.955971244444444

00:43:21.376 --> 00:43:24.120 the words I I actually found and

NOTE Confidence: 0.955971244444444

00:43:24.120 --> 00:43:26.215 I'm never was as skilled as either

NOTE Confidence: 0.955971244444444

00:43:26.215 --> 00:43:27.440 the three of you in doing this.

NOTE Confidence: 0.955971244444444

00:43:27.440 --> 00:43:29.280 But I would tell a story to patients,

NOTE Confidence: 0.955971244444444

00:43:29.280 --> 00:43:30.798 you know like what When you're

NOTE Confidence: 0.955971244444444

00:43:30.798 --> 00:43:31.970 making a choice, you know,

NOTE Confidence: 0.955971244444444

00:43:31.970 --> 00:43:33.885 it's like you're in a in a forest and

NOTE Confidence: 0.955971244444444

00:43:33.885 --> 00:43:35.440 you're going down a path and there's

NOTE Confidence: 0.955971244444444

00:43:35.440 --> 00:43:36.760 several different paths you can take.

NOTE Confidence: 0.955971244444444

00:43:36.760 --> 00:43:38.195 And you know some of the paths

NOTE Confidence: 0.955971244444444

00:43:38.195 --> 00:43:39.160 are scarier than others.

NOTE Confidence: 0.955971244444444

00:43:39.160 --> 00:43:41.200 Some of them have you know

NOTE Confidence: 0.955971244444444

00:43:41.200 --> 00:43:42.560 dangers that are near,

NOTE Confidence: 0.955971244444444

00:43:42.560 --> 00:43:43.904 but if you can get through

NOTE Confidence: 0.955971244444444

00:43:43.904 --> 00:43:45.000 those dangers you go to,

NOTE Confidence: 0.955971244444444

00:43:45.000 --> 00:43:45.858 you know anyway.

NOTE Confidence: 0.955971244444444

00:43:45.858 --> 00:43:47.860 I would tell make up stupid stories

NOTE Confidence: 0.955971244444444

00:43:47.915 --> 00:43:50.030 but but I was trying to grapple

NOTE Confidence: 0.955971244444444

00:43:50.030 --> 00:43:51.804 with how to communicate complex

NOTE Confidence: 0.955971244444444

00:43:51.804 --> 00:43:53.970 concepts to people in ways that

NOTE Confidence: 0.955971244444444

00:43:54.038 --> 00:43:56.123 they could internalize and surface

NOTE Confidence: 0.955971244444444

00:43:56.123 --> 00:43:58.208 their preferences around what it

NOTE Confidence: 0.955971244444444

00:43:58.276 --> 00:43:59.956 is that they really would want

NOTE Confidence: 0.955971244444444

00:43:59.956 --> 00:44:02.365 to do if they were fully informed

NOTE Confidence: 0.955971244444444

00:44:02.365 --> 00:44:04.880 and free to make those choices.

NOTE Confidence: 0.955971244444444

00:44:04.880 --> 00:44:06.200 And as I listened to,

NOTE Confidence: 0.955971244444444

00:44:06.200 --> 00:44:07.187 I just wonder,

NOTE Confidence: 0.955971244444444

00:44:07.187 --> 00:44:09.959 how can you put to work your ability

NOTE Confidence: 0.955971244444444

00:44:09.959 --> 00:44:12.564 to tell stories in ways that the

NOTE Confidence: 0.955971244444444

00:44:12.564 --> 00:44:14.516 that can people can do what you did,

NOTE Confidence: 0.955971244444444

00:44:14.520 --> 00:44:15.948 which is I I've heard that story

NOTE Confidence: 0.955971244444444

00:44:15.948 --> 00:44:17.680 and I can put that story to use.

NOTE Confidence: 0.955971244444444

00:44:17.680 --> 00:44:18.800 I've heard that phrase.

NOTE Confidence: 0.955971244444444

00:44:18.800 --> 00:44:21.920 I can put that to use in a way that

NOTE Confidence: 0.955971244444444

00:44:21.920 --> 00:44:24.080 helps people to understand something that,

NOTE Confidence: 0.955971244444444

00:44:24.080 --> 00:44:24.890 you know,

NOTE Confidence: 0.955971244444444

00:44:24.890 --> 00:44:27.320 I'm not explaining pathophysiology to them.

NOTE Confidence: 0.955971244444444

00:44:27.320 --> 00:44:29.480 What I'm really explaining to them

NOTE Confidence: 0.955971244444444

00:44:29.480 --> 00:44:32.976 are are existential choices that

NOTE Confidence: 0.955971244444444

00:44:32.976 --> 00:44:36.308 have no right answer and only have to

NOTE Confidence: 0.955971244444444

00:44:36.308 --> 00:44:38.680 do with what is important to them,

NOTE Confidence: 0.955971244444444

00:44:38.680 --> 00:44:40.600 where they're deciding where do they

NOTE Confidence: 0.955971244444444

00:44:40.662 --> 00:44:42.363 want to take their risks and and

NOTE Confidence: 0.955971244444444

00:44:42.363 --> 00:44:44.915 who do they want to put their confidence in.

NOTE Confidence: 0.955971244444444

00:44:44.920 --> 00:44:46.230 And they they don't always
NOTE Confidence: 0.9559712444444444

00:44:46.230 --> 00:44:47.278 have logic to them.
NOTE Confidence: 0.9559712444444444

00:44:47.280 --> 00:44:47.816 I mean,
NOTE Confidence: 0.9559712444444444

00:44:47.816 --> 00:44:49.424 it's just sometimes someone says I
NOTE Confidence: 0.9559712444444444

00:44:49.424 --> 00:44:51.259 just want to believe the person in
NOTE Confidence: 0.9559712444444444

00:44:51.259 --> 00:44:53.560 front of me because I'm scared and I
NOTE Confidence: 0.9559712444444444

00:44:53.560 --> 00:44:55.240 honestly can't process the information.
NOTE Confidence: 0.9559712444444444

00:44:55.240 --> 00:44:57.070 They may not have been articulated
NOTE Confidence: 0.9559712444444444

00:44:57.070 --> 00:44:59.398 like that but I can't process any
NOTE Confidence: 0.9559712444444444

00:44:59.400 --> 00:45:00.840 concrete mathematical formulas Now
NOTE Confidence: 0.9559712444444444

00:45:00.840 --> 00:45:03.360 maybe my kids not you tell Me 2%
NOTE Confidence: 0.9559712444444444

00:45:03.360 --> 00:45:05.825 chance of dying and 5% chance of stroke.
NOTE Confidence: 0.9559712444444444

00:45:05.825 --> 00:45:08.310 And or you get through this like
NOTE Confidence: 0.9559712444444444

00:45:08.389 --> 00:45:11.035 those are not ways that people
NOTE Confidence: 0.9559712444444444

00:45:11.035 --> 00:45:12.799 can understand their situation.
NOTE Confidence: 0.9559712444444444

00:45:12.800 --> 00:45:13.502 And yet you,

NOTE Confidence: 0.955971244444444

00:45:13.502 --> 00:45:15.559 the three of you and and talking to you,

NOTE Confidence: 0.955971244444444

00:45:15.560 --> 00:45:16.580 Rachel in particular,

NOTE Confidence: 0.955971244444444

00:45:16.580 --> 00:45:18.280 because it's about you today.

NOTE Confidence: 0.955971244444444

00:45:18.280 --> 00:45:18.608 You know,

NOTE Confidence: 0.955971244444444

00:45:18.608 --> 00:45:19.920 when I read your words and I think

NOTE Confidence: 0.955971244444444

00:45:19.960 --> 00:45:21.640 about how you were expressing yourself today,

NOTE Confidence: 0.955971244444444

00:45:21.640 --> 00:45:22.352 I thought,

NOTE Confidence: 0.955971244444444

00:45:22.352 --> 00:45:23.064 you know,

NOTE Confidence: 0.955971244444444

00:45:23.064 --> 00:45:25.800 there's a whole world of of helping

NOTE Confidence: 0.955971244444444

00:45:25.800 --> 00:45:27.765 healthcare professionals to not feel

NOTE Confidence: 0.955971244444444

00:45:27.765 --> 00:45:30.621 like I have to prove my competence

NOTE Confidence: 0.955971244444444

00:45:30.621 --> 00:45:32.656 by demonstrating my ability to

NOTE Confidence: 0.955971244444444

00:45:32.656 --> 00:45:34.925 speak in words and language and

NOTE Confidence: 0.955971244444444

00:45:34.925 --> 00:45:37.193 and and and math that you know

NOTE Confidence: 0.955971244444444

00:45:37.200 --> 00:45:38.397 to the person in front of me.

NOTE Confidence: 0.955971244444444

00:45:38.400 --> 00:45:40.317 I don't have to anything to prove to them.
NOTE Confidence: 0.955971244444444

00:45:40.320 --> 00:45:43.330 What I have to do is be able to position
NOTE Confidence: 0.966162845238095

00:45:43.409 --> 00:45:45.935 them so they can understand where
NOTE Confidence: 0.966162845238095

00:45:45.935 --> 00:45:48.434 their story has landed today and
NOTE Confidence: 0.966162845238095

00:45:48.434 --> 00:45:50.558 what control they have over where
NOTE Confidence: 0.966162845238095

00:45:50.558 --> 00:45:53.118 that story may unfold going forward,
NOTE Confidence: 0.966162845238095

00:45:53.120 --> 00:45:54.233 recognizing their substantial
NOTE Confidence: 0.966162845238095

00:45:54.233 --> 00:45:55.717 uncertainty around the choices
NOTE Confidence: 0.966162845238095

00:45:55.717 --> 00:45:57.719 that they have in front of them.
NOTE Confidence: 0.966162845238095

00:45:57.720 --> 00:46:00.728 But we never we we, we aren't trained in.
NOTE Confidence: 0.966162845238095

00:46:00.728 --> 00:46:02.338 Here are several stock ways
NOTE Confidence: 0.966162845238095

00:46:02.338 --> 00:46:03.677 that you can do this.
NOTE Confidence: 0.966162845238095

00:46:03.680 --> 00:46:06.560 Here's here's the way that you can use.
NOTE Confidence: 0.966162845238095

00:46:06.560 --> 00:46:10.498 You know, good writers can teach us how
NOTE Confidence: 0.966162845238095

00:46:10.498 --> 00:46:12.748 we can surface some of these complex
NOTE Confidence: 0.966162845238095

00:46:12.748 --> 00:46:14.513 concepts and ways to understand.

NOTE Confidence: 0.966162845238095

00:46:14.520 --> 00:46:16.555 And when I look at what Lisa did you

NOTE Confidence: 0.966162845238095

00:46:16.555 --> 00:46:19.075 know as as an advisor to house or

NOTE Confidence: 0.966162845238095

00:46:19.075 --> 00:46:21.388 what you do in your weekly column,

NOTE Confidence: 0.966162845238095

00:46:21.388 --> 00:46:23.558 I mean you make accessible,

NOTE Confidence: 0.966162845238095

00:46:23.560 --> 00:46:25.272 complex concepts and choices

NOTE Confidence: 0.966162845238095

00:46:25.272 --> 00:46:26.556 that people make.

NOTE Confidence: 0.966162845238095

00:46:26.560 --> 00:46:27.874 Of course there's a story and

NOTE Confidence: 0.966162845238095

00:46:27.874 --> 00:46:29.080 there's an end the story.

NOTE Confidence: 0.966162845238095

00:46:29.080 --> 00:46:29.920 Someone's not in the middle of that.

NOTE Confidence: 0.966162845238095

00:46:29.920 --> 00:46:30.694 But you,

NOTE Confidence: 0.966162845238095

00:46:30.694 --> 00:46:33.016 you help people understand how other

NOTE Confidence: 0.966162845238095

00:46:33.016 --> 00:46:34.860 people have navigated difficult

NOTE Confidence: 0.966162845238095

00:46:34.860 --> 00:46:37.140 illness and difficult choices or or

NOTE Confidence: 0.966162845238095

00:46:37.140 --> 00:46:39.679 or or being in tough situations.

NOTE Confidence: 0.966162845238095

00:46:39.680 --> 00:46:41.318 And I think it gives people strength.

NOTE Confidence: 0.966162845238095

00:46:41.320 --> 00:46:43.245 And I think lots of people take
NOTE Confidence: 0.966162845238095

00:46:43.245 --> 00:46:44.906 those stories that you write and
NOTE Confidence: 0.966162845238095

00:46:44.906 --> 00:46:46.576 they they they put it on themselves
NOTE Confidence: 0.966162845238095

00:46:46.576 --> 00:46:47.920 in the situations that they face.
NOTE Confidence: 0.966162845238095

00:46:47.920 --> 00:46:49.318 Like what? What can they do?
NOTE Confidence: 0.966162845238095

00:46:49.320 --> 00:46:49.830 But anyway, Rachel,
NOTE Confidence: 0.966162845238095

00:46:49.830 --> 00:46:51.160 this is just a question for you is,
NOTE Confidence: 0.966162845238095

00:46:51.160 --> 00:46:54.178 is there a world where academia
NOTE Confidence: 0.966162845238095

00:46:54.178 --> 00:46:56.544 actually puts you guys on a pedestal
NOTE Confidence: 0.966162845238095

00:46:56.544 --> 00:46:58.568 and says you guys are the ones
NOTE Confidence: 0.966162845238095

00:46:58.568 --> 00:46:59.596 who help us to,
NOTE Confidence: 0.966162845238095

00:46:59.600 --> 00:47:02.864 to translate what we're learning in
NOTE Confidence: 0.966162845238095

00:47:02.864 --> 00:47:05.240 classrooms about the science of medicine,
NOTE Confidence: 0.966162845238095

00:47:05.240 --> 00:47:07.620 to be able to help it be
NOTE Confidence: 0.966162845238095

00:47:07.620 --> 00:47:09.320 understood by people who are,
NOTE Confidence: 0.966162845238095

00:47:09.320 --> 00:47:11.102 who really need stories as a

NOTE Confidence: 0.966162845238095

00:47:11.102 --> 00:47:12.935 way to interpret where they are

NOTE Confidence: 0.966162845238095

00:47:12.935 --> 00:47:14.681 in their lives and what choices

NOTE Confidence: 0.966162845238095

00:47:14.681 --> 00:47:16.320 they have in front of them?

NOTE Confidence: 0.94654157625

00:47:19.040 --> 00:47:20.448 Do I think there's a world where academia

NOTE Confidence: 0.94654157625

00:47:20.448 --> 00:47:21.875 puts us on a pedestal for doing that?

NOTE Confidence: 0.94654157625

00:47:21.880 --> 00:47:25.760 I don't think so. No, no, I don't.

NOTE Confidence: 0.94654157625

00:47:25.760 --> 00:47:29.416 I I mean, well, I think we could but we're,

NOTE Confidence: 0.94654157625

00:47:29.416 --> 00:47:30.560 yeah, we're going to work on it. So

NOTE Confidence: 0.9693319025

00:47:32.680 --> 00:47:38.880 no. But I think to your point, I.

NOTE Confidence: 0.941244235

00:47:41.560 --> 00:47:44.760 So two things. One thing is I think

NOTE Confidence: 0.941244235

00:47:44.760 --> 00:47:47.894 what you just expressed which is look,

NOTE Confidence: 0.941244235

00:47:47.894 --> 00:47:50.792 the actual core task of the clinician

NOTE Confidence: 0.941244235

00:47:50.792 --> 00:47:54.191 is to help people know and express

NOTE Confidence: 0.941244235

00:47:54.191 --> 00:47:57.293 their own values and match those

NOTE Confidence: 0.941244235

00:47:57.293 --> 00:47:59.855 values with potential treatment plans

NOTE Confidence: 0.941244235

00:47:59.855 --> 00:48:03.320 or intervention plans or whatever in
NOTE Confidence: 0.941244235

00:48:03.320 --> 00:48:06.680 conditions of fundamental uncertainty.
NOTE Confidence: 0.941244235

00:48:06.680 --> 00:48:09.902 That's the core task that that's
NOTE Confidence: 0.941244235

00:48:09.902 --> 00:48:13.928 a that's a very mature way of
NOTE Confidence: 0.941244235

00:48:13.928 --> 00:48:15.200 characterizing the clinical.
NOTE Confidence: 0.941244235

00:48:15.200 --> 00:48:19.480 And I I think it takes a while to get there.
NOTE Confidence: 0.941244235

00:48:19.480 --> 00:48:21.496 You know I think as a learner
NOTE Confidence: 0.941244235

00:48:21.496 --> 00:48:23.238 I don't think I knew that.
NOTE Confidence: 0.941244235

00:48:23.240 --> 00:48:28.028 I think I like I really remember
NOTE Confidence: 0.941244235

00:48:28.028 --> 00:48:30.980 being so impressed that I was on
NOTE Confidence: 0.941244235

00:48:30.980 --> 00:48:32.630 rounds and a chief resident was
NOTE Confidence: 0.941244235

00:48:32.697 --> 00:48:34.605 grilling an intern and the intern
NOTE Confidence: 0.941244235

00:48:34.605 --> 00:48:36.799 knew the half life of amiodarone.
NOTE Confidence: 0.941244235

00:48:36.800 --> 00:48:38.320 And I was like,
NOTE Confidence: 0.941244235

00:48:38.320 --> 00:48:40.600 that kid is an incredible doctor.
NOTE Confidence: 0.941244235

00:48:40.600 --> 00:48:41.932 And now I'm like,

NOTE Confidence: 0.941244235

00:48:41.932 --> 00:48:43.597 that's not a big deal.

NOTE Confidence: 0.941244235

00:48:43.600 --> 00:48:45.917 You know knowing the half of of

NOTE Confidence: 0.941244235

00:48:45.920 --> 00:48:47.565 Amiodarone's not that's not that's

NOTE Confidence: 0.941244235

00:48:47.565 --> 00:48:49.509 not actually the core skill but

NOTE Confidence: 0.941244235

00:48:49.509 --> 00:48:51.217 at the time it seemed amazing and

NOTE Confidence: 0.941244235

00:48:51.217 --> 00:48:54.520 this and and it takes a while I

NOTE Confidence: 0.941244235

00:48:54.520 --> 00:48:59.910 think of to get to the place where

NOTE Confidence: 0.941244235

00:48:59.910 --> 00:49:02.582 you are comfortable enough with

NOTE Confidence: 0.941244235

00:49:02.582 --> 00:49:08.474 uncertain to yourself where you are

NOTE Confidence: 0.941244235

00:49:08.480 --> 00:49:11.555 sophisticated enough about data that

NOTE Confidence: 0.941244235

00:49:11.555 --> 00:49:14.453 you can understand how to communicate

NOTE Confidence: 0.941244235

00:49:14.453 --> 00:49:16.910 about data in in ways that help

NOTE Confidence: 0.941244235

00:49:16.988 --> 00:49:19.518 people in situations of uncertainty.

NOTE Confidence: 0.941244235

00:49:19.520 --> 00:49:21.120 You have to understand the

NOTE Confidence: 0.941244235

00:49:21.120 --> 00:49:22.720 fundamental uncertainty of data right.

NOTE Confidence: 0.941244235

00:49:22.720 --> 00:49:24.600 You have to know how to use it.
NOTE Confidence: 0.941244235

00:49:24.600 --> 00:49:25.878 That takes a while to learn.
NOTE Confidence: 0.941244235

00:49:25.880 --> 00:49:28.274 I I think there are a lot of skills
NOTE Confidence: 0.941244235

00:49:28.280 --> 00:49:31.717 implied in the task that you described.
NOTE Confidence: 0.941244235

00:49:31.720 --> 00:49:31.840 But
NOTE Confidence: 0.825945612941177

00:49:32.880 --> 00:49:35.176 but like, I'm I guess what I'm saying
NOTE Confidence: 0.825945612941177

00:49:35.176 --> 00:49:37.775 is in a way that like humanities
NOTE Confidence: 0.825945612941177

00:49:37.775 --> 00:49:39.600 has understood as an other you know,
NOTE Confidence: 0.825945612941177

00:49:39.600 --> 00:49:40.656 like this is an extra thing
NOTE Confidence: 0.825945612941177

00:49:40.656 --> 00:49:41.800 that you guys are doing. Right.
NOTE Confidence: 0.825945612941177

00:49:41.800 --> 00:49:42.952 Yeah. You don't get promoted.
NOTE Confidence: 0.825945612941177

00:49:42.952 --> 00:49:44.565 But. But I mean what I say it
NOTE Confidence: 0.825945612941177

00:49:44.565 --> 00:49:45.919 on rounds was that you know,
NOTE Confidence: 0.825945612941177

00:49:45.920 --> 00:49:47.840 words are just like drugs.
NOTE Confidence: 0.825945612941177

00:49:47.840 --> 00:49:49.520 You know they have the power
NOTE Confidence: 0.825945612941177

00:49:49.520 --> 00:49:50.386 to promote recovery.

NOTE Confidence: 0.825945612941177
00:49:50.386 --> 00:49:52.437 They have the power to impede recovery.
NOTE Confidence: 0.825945612941177
00:49:52.440 --> 00:49:53.959 They have the power to provide benefit.
NOTE Confidence: 0.825945612941177
00:49:53.960 --> 00:49:55.880 They have the power for harm.
NOTE Confidence: 0.825945612941177
00:49:55.880 --> 00:49:57.640 I mean it's one thing when we talk about art.
NOTE Confidence: 0.825945612941177
00:49:57.640 --> 00:49:59.845 I mean art is sort of exists for its
NOTE Confidence: 0.825945612941177
00:49:59.845 --> 00:50:02.116 own sake or in some of this writing.
NOTE Confidence: 0.825945612941177
00:50:02.120 --> 00:50:04.856 But I also see some pragmatic
NOTE Confidence: 0.825945612941177
00:50:04.856 --> 00:50:06.991 application of words as powerful
NOTE Confidence: 0.825945612941177
00:50:06.991 --> 00:50:09.479 and in the way that we use them.
NOTE Confidence: 0.825945612941177
00:50:09.480 --> 00:50:11.622 And I just feel that that within
NOTE Confidence: 0.825945612941177
00:50:11.622 --> 00:50:13.073 medical education and within
NOTE Confidence: 0.825945612941177
00:50:13.073 --> 00:50:14.477 our everyday interactions,
NOTE Confidence: 0.825945612941177
00:50:14.480 --> 00:50:17.469 we're especially as technology is taking off,
NOTE Confidence: 0.825945612941177
00:50:17.469 --> 00:50:18.984 we're we're actually going to
NOTE Confidence: 0.825945612941177
00:50:18.984 --> 00:50:20.258 lose something essential and
NOTE Confidence: 0.825945612941177

00:50:20.258 --> 00:50:21.798 maybe we've already lost it.
NOTE Confidence: 0.825945612941177

00:50:21.800 --> 00:50:24.158 We've got to reclaim something essential,
NOTE Confidence: 0.825945612941177

00:50:24.160 --> 00:50:25.564 which is what you were showing
NOTE Confidence: 0.825945612941177

00:50:25.564 --> 00:50:26.766 today in grand rounds which
NOTE Confidence: 0.825945612941177

00:50:26.766 --> 00:50:28.074 is the ability to slow down.
NOTE Confidence: 0.825945612941177

00:50:28.080 --> 00:50:29.040 You talk about slow medicine.
NOTE Confidence: 0.825945612941177

00:50:29.040 --> 00:50:29.915 You might want to talk about it,
NOTE Confidence: 0.825945612941177

00:50:29.920 --> 00:50:32.286 but it's like slow down and and
NOTE Confidence: 0.825945612941177

00:50:32.286 --> 00:50:36.280 and value those words as as,
NOTE Confidence: 0.825945612941177

00:50:36.280 --> 00:50:38.080 as as important as anything
NOTE Confidence: 0.825945612941177

00:50:38.080 --> 00:50:39.986 else we do in medicine.
NOTE Confidence: 0.825945612941177

00:50:39.986 --> 00:50:41.813 And I just think that,
NOTE Confidence: 0.825945612941177

00:50:41.813 --> 00:50:43.197 I mean and when I read your words,
NOTE Confidence: 0.825945612941177

00:50:43.200 --> 00:50:44.560 I even think about it in the studies.
NOTE Confidence: 0.825945612941177

00:50:44.560 --> 00:50:45.164 You know,
NOTE Confidence: 0.825945612941177

00:50:45.164 --> 00:50:47.474 I mean you should be helping us think

NOTE Confidence: 0.825945612941177
00:50:47.474 --> 00:50:49.026 about the words we're using as we can
NOTE Confidence: 0.825945612941177
00:50:49.026 --> 00:50:50.715 send people for studies because you know,
NOTE Confidence: 0.825945612941177
00:50:50.720 --> 00:50:52.766 because those words are meaningless words
NOTE Confidence: 0.825945612941177
00:50:52.766 --> 00:50:54.930 as they're packed in legalistic words
NOTE Confidence: 0.825945612941177
00:50:54.930 --> 00:50:57.156 that are inaccessible to most people.
NOTE Confidence: 0.825945612941177
00:50:57.160 --> 00:50:59.086 And you guys are talking about
NOTE Confidence: 0.825945612941177
00:50:59.086 --> 00:51:01.119 how do we communicate and also
NOTE Confidence: 0.825945612941177
00:51:01.119 --> 00:51:03.224 reach feeling so people can truly
NOTE Confidence: 0.825945612941177
00:51:03.224 --> 00:51:05.360 get to a point of understanding.
NOTE Confidence: 0.825945612941177
00:51:05.360 --> 00:51:07.200 I mean what what would it take to do that?
NOTE Confidence: 0.867648508947368
00:51:10.920 --> 00:51:12.796 Well, I mean I I don't know
NOTE Confidence: 0.867648508947368
00:51:12.796 --> 00:51:14.681 exactly what it would take because
NOTE Confidence: 0.867648508947368
00:51:14.681 --> 00:51:16.715 I I'm not in academia anymore.
NOTE Confidence: 0.867648508947368
00:51:16.720 --> 00:51:19.564 But I I just, I mean I would say
NOTE Confidence: 0.867648508947368
00:51:19.564 --> 00:51:22.115 like you have this really wonderful
NOTE Confidence: 0.867648508947368

00:51:22.115 --> 00:51:24.350 robust humanities and medicine program

NOTE Confidence: 0.867648508947368

00:51:24.421 --> 00:51:29.588 here and it's it's possible I think

NOTE Confidence: 0.867648508947368

00:51:29.588 --> 00:51:31.414 to value it is possible to value

NOTE Confidence: 0.867648508947368

00:51:31.414 --> 00:51:33.142 what you're talking about and it's

NOTE Confidence: 0.867648508947368

00:51:33.142 --> 00:51:35.172 possible to say this is an essential

NOTE Confidence: 0.867648508947368

00:51:35.172 --> 00:51:36.688 part of the curriculum for learners.

NOTE Confidence: 0.867648508947368

00:51:36.688 --> 00:51:38.320 This is something that we do and this,

NOTE Confidence: 0.867648508947368

00:51:38.320 --> 00:51:40.690 this gets equal weight in grand

NOTE Confidence: 0.867648508947368

00:51:40.690 --> 00:51:42.472 rounds with next week's talk on

NOTE Confidence: 0.867648508947368

00:51:42.472 --> 00:51:43.960 the GLP one drugs or whatever.

NOTE Confidence: 0.867648508947368

00:51:43.960 --> 00:51:44.772 You know.

NOTE Confidence: 0.867648508947368

00:51:44.772 --> 00:51:47.306 So I I think you can

NOTE Confidence: 0.867648508947368

00:51:47.306 --> 00:51:49.118 imagine a curriculum that

NOTE Confidence: 0.681875006666667

00:51:51.280 --> 00:51:52.798 holds this up and honors it

NOTE Confidence: 0.875319545

00:51:55.160 --> 00:51:57.800 in a way that gives it more prominence.

NOTE Confidence: 0.875319545

00:51:57.800 --> 00:52:03.360 And also I I also think I I talked

NOTE Confidence: 0.875319545

00:52:03.360 --> 00:52:05.860 earlier about watching people doctor

NOTE Confidence: 0.875319545

00:52:05.860 --> 00:52:09.174 and that is the thing that I'm the

NOTE Confidence: 0.875319545

00:52:09.174 --> 00:52:11.982 most anxious about in training now is

NOTE Confidence: 0.875319545

00:52:11.982 --> 00:52:14.304 that I'm worried that people don't get

NOTE Confidence: 0.875319545

00:52:14.304 --> 00:52:16.571 to watch other people doctor as much

NOTE Confidence: 0.875319545

00:52:16.571 --> 00:52:18.678 as they used to for various reasons.

NOTE Confidence: 0.875319545

00:52:18.680 --> 00:52:23.512 And it is so powerful and so important

NOTE Confidence: 0.875319545

00:52:23.512 --> 00:52:27.760 to watch other people interview someone,

NOTE Confidence: 0.875319545

00:52:27.760 --> 00:52:31.755 to watch someone else manage a difficult

NOTE Confidence: 0.875319545

00:52:31.755 --> 00:52:33.880 encounter, manage a family meeting,

NOTE Confidence: 0.875319545

00:52:33.880 --> 00:52:35.480 manage a psychotic patient. Right.

NOTE Confidence: 0.875319545

00:52:35.480 --> 00:52:37.720 You can think about all of these

NOTE Confidence: 0.875319545

00:52:37.720 --> 00:52:39.419 scenarios that are really really

NOTE Confidence: 0.875319545

00:52:39.419 --> 00:52:43.160 can send a patient break bad news.

NOTE Confidence: 0.875319545

00:52:43.160 --> 00:52:45.088 You have to see people do that who

NOTE Confidence: 0.875319545

00:52:45.088 --> 00:52:47.325 do it well and you have to see them
NOTE Confidence: 0.875319545

00:52:47.325 --> 00:52:48.720 do it more than once.
NOTE Confidence: 0.875319545

00:52:48.720 --> 00:52:50.336 Not just so that you can borrow from
NOTE Confidence: 0.875319545

00:52:50.336 --> 00:52:52.054 them but you just just to get a sense
NOTE Confidence: 0.875319545

00:52:52.054 --> 00:52:53.678 of what the what does it look like.
NOTE Confidence: 0.875319545

00:52:53.680 --> 00:52:55.332 What's it look like when you're doing
NOTE Confidence: 0.875319545

00:52:55.332 --> 00:52:57.955 it well and and that I my sense is
NOTE Confidence: 0.875319545

00:52:57.955 --> 00:53:00.562 although I don't teach in a medical
NOTE Confidence: 0.875319545

00:53:00.562 --> 00:53:02.992 school right now that there's less
NOTE Confidence: 0.875319545

00:53:02.992 --> 00:53:05.839 of that than there maybe once was
NOTE Confidence: 0.875319545

00:53:05.840 --> 00:53:07.319 for various reasons.
NOTE Confidence: 0.952216137222222

00:53:09.800 --> 00:53:12.960 And that I think that I think is maybe the
NOTE Confidence: 0.952216137222222

00:53:13.035 --> 00:53:16.115 way to bring it back into the curriculum.
NOTE Confidence: 0.952216137222222

00:53:16.120 --> 00:53:18.160 Like I really love bedside rounds.
NOTE Confidence: 0.952216137222222

00:53:18.160 --> 00:53:19.825 I think everybody should bedside
NOTE Confidence: 0.952216137222222

00:53:19.825 --> 00:53:23.525 round and I don't think that that's

NOTE Confidence: 0.952216137222222

00:53:23.525 --> 00:53:25.160 the norm anymore to bedside round.

NOTE Confidence: 0.952216137222222

00:53:25.160 --> 00:53:28.331 But I I think it's really important

NOTE Confidence: 0.952216137222222

00:53:28.331 --> 00:53:30.828 to see have somebody role model

NOTE Confidence: 0.952216137222222

00:53:30.828 --> 00:53:33.210 interacting with a patient day after

NOTE Confidence: 0.952216137222222

00:53:33.284 --> 00:53:34.998 day over the course of their illness.

NOTE Confidence: 0.60393536

00:53:37.640 --> 00:53:37.840 Yeah.

NOTE Confidence: 0.954045174285714

00:53:46.190 --> 00:53:48.668 Thank you very much for your talk.

NOTE Confidence: 0.954045174285714

00:53:48.670 --> 00:53:50.686 I was in clinic during the

NOTE Confidence: 0.954045174285714

00:53:50.686 --> 00:53:52.030 grand rounds this morning,

NOTE Confidence: 0.954045174285714

00:53:52.030 --> 00:53:54.196 but look forward to hearing it.

NOTE Confidence: 0.954045174285714

00:53:54.200 --> 00:53:56.120 I was curious about like,

NOTE Confidence: 0.954045174285714

00:53:56.120 --> 00:53:57.415 you know, you mentioned that

NOTE Confidence: 0.954045174285714

00:53:57.415 --> 00:53:58.710 you came into medicine through

NOTE Confidence: 0.954045174285714

00:53:58.755 --> 00:54:00.159 this medical humanities pathway.

NOTE Confidence: 0.954045174285714

00:54:00.160 --> 00:54:02.080 And so presumably, you know you

NOTE Confidence: 0.954045174285714

00:54:02.080 --> 00:54:04.079 always had an interest in writing.
NOTE Confidence: 0.954045174285714

00:54:04.080 --> 00:54:07.415 And whether whether you experience
NOTE Confidence: 0.954045174285714

00:54:07.415 --> 00:54:09.440 like tension between the writing,
NOTE Confidence: 0.954045174285714

00:54:09.440 --> 00:54:11.615 like artistic self and the
NOTE Confidence: 0.954045174285714

00:54:11.615 --> 00:54:12.920 medical science self,
NOTE Confidence: 0.954045174285714

00:54:12.920 --> 00:54:15.005 especially in your early career,
NOTE Confidence: 0.954045174285714

00:54:15.005 --> 00:54:17.925 and how you kind of manage that and
NOTE Confidence: 0.954045174285714

00:54:17.925 --> 00:54:20.430 found time to cultivate this thing
NOTE Confidence: 0.954045174285714

00:54:20.430 --> 00:54:22.800 that obviously gives you so much
NOTE Confidence: 0.954045174285714

00:54:22.800 --> 00:54:24.135 pleasure that you're that you're
NOTE Confidence: 0.954045174285714

00:54:24.135 --> 00:54:25.960 good at and helps your patients.
NOTE Confidence: 0.922304052

00:54:29.080 --> 00:54:31.600 I don't know that I feel
NOTE Confidence: 0.922304052

00:54:31.600 --> 00:54:34.160 tension between myself exactly.
NOTE Confidence: 0.922304052

00:54:34.160 --> 00:54:36.977 If anything, I feel just, again,
NOTE Confidence: 0.922304052

00:54:36.977 --> 00:54:39.033 just very lucky that I became a doctor,
NOTE Confidence: 0.922304052

00:54:39.040 --> 00:54:39.880 'cause I think there's this,

NOTE Confidence: 0.922304052

00:54:39.880 --> 00:54:42.491 there's this version of my life where

NOTE Confidence: 0.922304052

00:54:42.491 --> 00:54:44.730 I didn't cultivate the parts of

NOTE Confidence: 0.922304052

00:54:44.730 --> 00:54:47.280 myself that engage and love science,

NOTE Confidence: 0.922304052

00:54:47.280 --> 00:54:50.598 and I really do love science.

NOTE Confidence: 0.922304052

00:54:50.600 --> 00:54:56.685 But I would, I said earlier to the

NOTE Confidence: 0.922304052

00:54:56.685 --> 00:54:58.550 writing workshop participants who

NOTE Confidence: 0.922304052

00:54:58.550 --> 00:54:59.930 were asking the same questions I

NOTE Confidence: 0.922304052

00:54:59.930 --> 00:55:01.280 would have asked as a resident,

NOTE Confidence: 0.922304052

00:55:01.280 --> 00:55:02.532 which is basically like,

NOTE Confidence: 0.922304052

00:55:02.532 --> 00:55:04.636 you know, how did you do, how did,

NOTE Confidence: 0.922304052

00:55:04.640 --> 00:55:05.857 how did you do it all, all,

NOTE Confidence: 0.922304052

00:55:05.857 --> 00:55:07.639 all the time. And I didn't.

NOTE Confidence: 0.922304052

00:55:07.640 --> 00:55:09.571 I didn't do it all, all the time.

NOTE Confidence: 0.922304052

00:55:09.571 --> 00:55:12.073 Like, I did not publish anything

NOTE Confidence: 0.922304052

00:55:12.073 --> 00:55:14.960 in medical school or residency.

NOTE Confidence: 0.922304052

00:55:14.960 --> 00:55:17.012 I was writing occasionally on the
NOTE Confidence: 0.922304052

00:55:17.012 --> 00:55:20.233 side and a lot of the time what I
NOTE Confidence: 0.922304052

00:55:20.233 --> 00:55:22.424 was writing was three sentences in
NOTE Confidence: 0.922304052

00:55:22.424 --> 00:55:24.769 an e-mail draft and putting it aside
NOTE Confidence: 0.922304052

00:55:24.769 --> 00:55:26.880 and and that's because I was becoming
NOTE Confidence: 0.922304052

00:55:26.880 --> 00:55:28.760 a doctor and becoming a doctor,
NOTE Confidence: 0.922304052

00:55:28.760 --> 00:55:29.808 said this spiel earlier.
NOTE Confidence: 0.922304052

00:55:29.808 --> 00:55:31.380 But becoming a doctor is so
NOTE Confidence: 0.922304052

00:55:31.436 --> 00:55:32.796 hard and it's so important.
NOTE Confidence: 0.922304052

00:55:32.800 --> 00:55:35.554 And it is a place where your brain needs
NOTE Confidence: 0.922304052

00:55:35.554 --> 00:55:38.117 to be growing and growing and growing
NOTE Confidence: 0.922304052

00:55:38.117 --> 00:55:42.030 all the time for a number of years.
NOTE Confidence: 0.922304052

00:55:42.030 --> 00:55:47.128 And I think it's OK to not try to
NOTE Confidence: 0.922304052

00:55:47.128 --> 00:55:49.420 be managing multiple identities and
NOTE Confidence: 0.922304052

00:55:49.420 --> 00:55:51.400 multiple careers during training.
NOTE Confidence: 0.922304052

00:55:51.400 --> 00:55:53.164 I think it's the right thing to

NOTE Confidence: 0.922304052

00:55:53.164 --> 00:55:54.823 do in residency, is to like,

NOTE Confidence: 0.922304052

00:55:54.823 --> 00:55:56.328 throw yourself into figuring out

NOTE Confidence: 0.922304052

00:55:56.328 --> 00:55:58.686 who you are as a doctor and becoming

NOTE Confidence: 0.922304052

00:55:58.686 --> 00:56:00.519 the best doctor that you can be.

NOTE Confidence: 0.922304052

00:56:00.520 --> 00:56:05.918 And then once I was out of training

NOTE Confidence: 0.737518574166666

00:56:09.160 --> 00:56:12.940 the IT be, it started to feel very natural

NOTE Confidence: 0.737518574166666

00:56:12.940 --> 00:56:16.280 to write again because I had more time.

NOTE Confidence: 0.737518574166666

00:56:16.280 --> 00:56:17.592 My mind was clearer.

NOTE Confidence: 0.737518574166666

00:56:17.592 --> 00:56:19.560 I was reading much more again.

NOTE Confidence: 0.737518574166666

00:56:19.560 --> 00:56:24.464 And I and medicine was such

NOTE Confidence: 0.737518574166666

00:56:24.464 --> 00:56:26.216 fertile material, you know,

NOTE Confidence: 0.737518574166666

00:56:26.216 --> 00:56:27.672 it was so inspiring all the time.

NOTE Confidence: 0.737518574166666

00:56:27.680 --> 00:56:28.360 Like I was like, oh,

NOTE Confidence: 0.737518574166666

00:56:28.360 --> 00:56:31.294 I I'm just like in the trenches

NOTE Confidence: 0.737518574166666

00:56:31.294 --> 00:56:32.480 with humanity all the time.

NOTE Confidence: 0.737518574166666

00:56:32.480 --> 00:56:34.000 So interesting. And so
NOTE Confidence: 0.905792554166667

00:56:37.320 --> 00:56:39.378 it didn't this, that part of my
NOTE Confidence: 0.905792554166667

00:56:39.378 --> 00:56:41.040 life didn't start until later.
NOTE Confidence: 0.735149404444444

00:56:43.720 --> 00:56:45.771 I didn't rate the first year at
NOTE Confidence: 0.735149404444444

00:56:45.771 --> 00:56:47.200 Rikers either. You know, I think,
NOTE Confidence: 0.735149404444444

00:56:47.200 --> 00:56:49.103 I think you're on like the best version of
NOTE Confidence: 0.735149404444444

00:56:49.103 --> 00:56:51.280 a life I think is when you are on multiple,
NOTE Confidence: 0.735149404444444

00:56:51.280 --> 00:56:53.026 you know, you you're always on
NOTE Confidence: 0.735149404444444

00:56:53.026 --> 00:56:54.600 like a new learning curve.
NOTE Confidence: 0.735149404444444

00:56:54.600 --> 00:56:56.413 And I've had lots of different learning
NOTE Confidence: 0.735149404444444

00:56:56.413 --> 00:56:58.287 curves and there was like a learning
NOTE Confidence: 0.735149404444444

00:56:58.287 --> 00:56:59.597 curve around becoming a doctor.
NOTE Confidence: 0.735149404444444

00:56:59.600 --> 00:57:01.490 And then there was a learning curve
NOTE Confidence: 0.735149404444444

00:57:01.490 --> 00:57:03.500 around getting to really understand the
NOTE Confidence: 0.735149404444444

00:57:03.500 --> 00:57:05.840 criminal justice system and how it worked.
NOTE Confidence: 0.735149404444444

00:57:05.840 --> 00:57:06.864 And that was hard.

NOTE Confidence: 0.735149404444444

00:57:06.864 --> 00:57:09.760 Like, I had to like, you know,

NOTE Confidence: 0.735149404444444

00:57:09.760 --> 00:57:10.756 basically not go to law school,

NOTE Confidence: 0.735149404444444

00:57:10.760 --> 00:57:13.080 but half go to law school to do my job.

NOTE Confidence: 0.735149404444444

00:57:13.080 --> 00:57:15.310 Well, I had to learn a lot and that was

NOTE Confidence: 0.735149404444444

00:57:15.376 --> 00:57:17.959 really intense and took a lot of brain power.

NOTE Confidence: 0.735149404444444

00:57:17.960 --> 00:57:20.918 And then I've been on a learning curve,

NOTE Confidence: 0.735149404444444

00:57:20.920 --> 00:57:22.132 I think as a writer for

NOTE Confidence: 0.735149404444444

00:57:22.132 --> 00:57:23.280 the last couple of years,

NOTE Confidence: 0.893787580909091

00:57:25.560 --> 00:57:26.946 but very much feel like I'm

NOTE Confidence: 0.893787580909091

00:57:26.946 --> 00:57:28.200 still on the learning curve.

NOTE Confidence: 0.727219516666667

00:57:33.720 --> 00:57:36.678 We have 10. We're at 6:00,

NOTE Confidence: 0.727219516666667

00:57:36.680 --> 00:57:39.678 so we're going to stop now.

NOTE Confidence: 0.727219516666667

00:57:39.680 --> 00:57:42.104 I'm sure Rachel will be happy to answer

NOTE Confidence: 0.727219516666667

00:57:42.104 --> 00:57:44.760 a few questions here unofficially.

NOTE Confidence: 0.727219516666667

00:57:44.760 --> 00:57:46.769 But thank you all for coming and

NOTE Confidence: 0.727219516666667

00:57:46.769 --> 00:57:47.975 congratulations on the McGovern

NOTE Confidence: 0.727219516666667

00:57:47.975 --> 00:57:49.984 lectureship and it was a pleasure to

NOTE Confidence: 0.727219516666667

00:57:49.984 --> 00:57:52.114 spend the day with you and get to know

NOTE Confidence: 0.727219516666667

00:57:52.114 --> 00:57:56.344 you and hear about your wonderful work,

NOTE Confidence: 0.727219516666667

00:57:56.344 --> 00:57:58.306 writing, brain, etcetera.

NOTE Confidence: 0.727219516666667

00:57:58.306 --> 00:57:59.640 So thank you.