

Medical Student One-Year Research Fellowship

INFORMATIONAL BROCHURE

2026-2027



The Office of Student Research
Yale School Of Medicine

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ABOUT THE ONE-YEAR FELLOWSHIP

The Yale Sponsored One-Year Fellowship provides students with the opportunity to devote a full year to an immersive research experience with a faculty mentor committed to their development as a physician-scientist.



Why Consider a One-Year Fellowship?

A dedicated research year gives students the opportunity to explore important clinical and scientific questions while developing skills that can support their future careers in medicine and research.

Develop research skills

Build experience in critical thinking, scientific reading and writing, research methods, and presenting your work.

Explore meaningful questions

Investigate clinical and scientific questions that can inform patient care and medical knowledge.

Build your network

Develop relationships with research and clinical mentors and collaborators.

Explore career pathways

Gain firsthand experience with the physician-scientist career path and other ways to incorporate research into your career.

THE FELLOWSHIP EXPERIENCE

One-Year Fellows devote their fellowship year primarily to full-time research under the guidance of a faculty mentor, while participating in programming designed to support their research and professional development.

Research & Mentorship

Fellows devote full-time effort to research and related scholarly activities and meet with their research mentor at least biweekly.

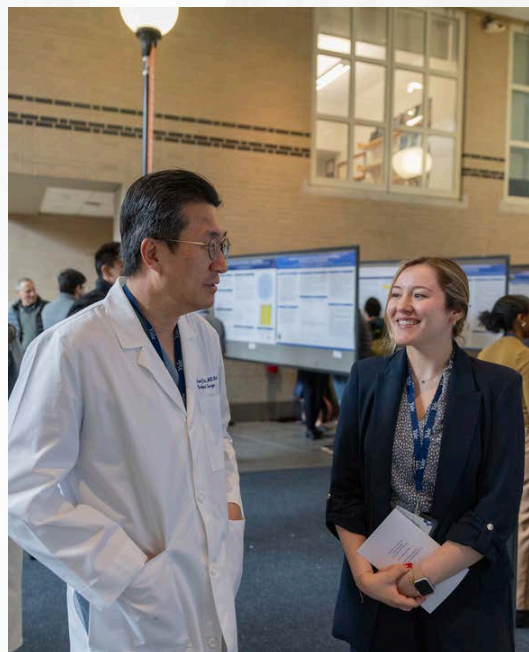
Individual check-ins with fellowship leadership provide additional opportunities to discuss research progress, goals, and challenges.

Programming & Professional Development

Fellows participate in monthly **JOURNEYS** seminars focused on research methods, productivity, professionalism, scientific communication, and other topics tailored to fellows' needs. **Research in Progress (RIP)** sessions provide opportunities to present ongoing work and receive feedback from faculty and peers.

Sharing Your Progress

Fellows present at Student Research Day and complete research progress reports and program evaluations throughout the fellowship year.



MEET THE PROGRAM LEADERSHIP

One-Year Fellows are supported by Office of Student Research faculty leadership throughout the fellowship year, from research planning and mentorship to professional development and progress toward program goals.



Sarwat Chaudhry, MD
OSR Associate Dean



Erica Herzog, MD, PhD,
OSR Associate Dean



Wonnie Ryu, MD, MPH
Director, One-Year Fellows



Alexandra Hajduk, PhD, MPH
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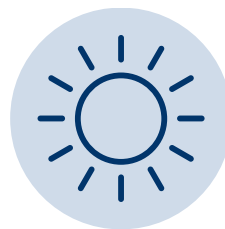
FLEXIBILITY & SUPPORT

The One-Year Fellowship combines a sustained, immersive research experience with flexibility and financial resources to support fellows throughout the year.



FLEX TIME **4 Weeks**

Fellows receive four weeks of flex time that may be used for an elective or sub-internship



VACATION TIME **4 Weeks**

Fellows receive four weeks of vacation time, in addition to standard Yale holidays and recesses.



RESEARCH ALLOWANCE **Up to \$2,000**

The One-Year Fellows Research Allowance supports eligible, mentor-approved research expenses.



CONFERENCE FUNDING **Additional Support**

Fellows may apply separately for OSR funding to present their research at eligible conferences.

MD-MHS PROGRAM OPPORTUNITY

WHAT IS THE MD-MHS PROGRAM?



Students awarded a Yale-sponsored One-Year Fellowship have the opportunity to apply to the MD-MHS Program, a joint-degree program housed within Yale School of Medicine. The program provides additional research training and team mentorship for students interested in developing as independent investigators and educational leaders.

THE MD-MHS EXPERIENCE



Students who pursue the MD-MHS build upon their One-Year Fellowship experience through additional coursework in biostatistics and principles of clinical research, structured team mentorship through a thesis committee, and advanced research training leading to an MD-MHS thesis and formal thesis defense.

The degree is formally recognized at Student Research Day and graduation.

Interested in the MD-MHS Program?

*Learn more about program requirements
and the application process →*



PREPARING TO APPLY

01. Explore Funding Opportunities

Students interested in a One-Year Fellowship are encouraged to apply for more than one funding opportunity. OSR's goal is to help every interested and deserving Yale medical student secure fellowship funding.

02. Internal vs. External Funding

Internal fellowship applications are managed by the Office of Student Research and do not require review by the Office of Sponsored Projects (OSP).

External fellowship applications may require additional materials, including a recommendation from your Head of Advisory House, and must be prepared and reviewed through the OSP pre-award team supporting your mentor's department.

03. Plan Ahead

External applications require sufficient time for institutional review. OSP requires a minimum of **7 business days** to complete its review, so students should work with their mentor and the appropriate pre-award team well in advance of the sponsor's deadline.

READY TO EXPLORE A ONE-YEAR FELLOWSHIP?

Office of Student Research

Yale School of Medicine

Have questions about fellowship opportunities, planning your research year, or the application process? The Office of Student Research is here to help.



One-Year Fellowship Website



osr.med@yale.edu

