

WEBVTT

NOTE duration:"00:50:14.3360000"

NOTE language:en-us

NOTE Confidence: 0.8393815

00:00:00.000 --> 00:00:02.884 Frameworks and it's something

NOTE Confidence: 0.8393815

00:00:02.884 --> 00:00:05.768 very attractive to me.

NOTE Confidence: 0.8393815

00:00:05.770 --> 00:00:07.580 And I'll tell you guys,

NOTE Confidence: 0.8393815

00:00:07.580 --> 00:00:09.380 kind of a funny story.

NOTE Confidence: 0.8393815

00:00:09.380 --> 00:00:11.546 So Jim said a little bit

NOTE Confidence: 0.8393815

00:00:11.546 --> 00:00:12.990 about like my background.

NOTE Confidence: 0.8393815

00:00:12.990 --> 00:00:15.310 So what what was my iconic kind of

NOTE Confidence: 0.8393815

00:00:15.310 --> 00:00:17.319 teenage or adolescent rebellion?

NOTE Confidence: 0.8393815

00:00:17.320 --> 00:00:18.756 Where did I go?

NOTE Confidence: 0.8393815

00:00:18.756 --> 00:00:21.650 But I went to Jerusalem kind of link.

NOTE Confidence: 0.6575709

00:00:24.660 --> 00:00:25.330 Feedback then.

NOTE Confidence: 0.47838104

00:00:29.360 --> 00:00:29.820 See.

NOTE Confidence: 0.83424294

00:00:33.230 --> 00:00:34.334 Max before you continue.

NOTE Confidence: 0.83424294

00:00:34.334 --> 00:00:36.280 If I could ask everyone to mute

NOTE Confidence: 0.83424294
00:00:36.335 --> 00:00:37.615 themselves or rose me if
NOTE Confidence: 0.83424294
00:00:37.615 --> 00:00:39.170 you could just mute and Max.
NOTE Confidence: 0.83424294
00:00:39.170 --> 00:00:40.790 Just be sure to unmute yourself.
NOTE Confidence: 0.745836
00:00:48.560 --> 00:00:49.250 Go ahead, Mike.
NOTE Confidence: 0.82568616
00:00:52.190 --> 00:00:54.788 Yes, sorry, so I was saying,
NOTE Confidence: 0.82568616
00:00:54.790 --> 00:00:57.751 yeah my my kind of young adult
NOTE Confidence: 0.82568616
00:00:57.751 --> 00:00:59.983 rebellion was heading to Jerusalem
NOTE Confidence: 0.82568616
00:00:59.983 --> 00:01:02.617 and kind of perhaps returning to
NOTE Confidence: 0.82568616
00:01:02.617 --> 00:01:05.210 a little bit of the heritage,
NOTE Confidence: 0.82568616
00:01:05.210 --> 00:01:06.946 religious heritage and identity
NOTE Confidence: 0.82568616
00:01:06.946 --> 00:01:09.550 which my my parents have had,
NOTE Confidence: 0.82568616
00:01:09.550 --> 00:01:12.148 and grandparents even had thrown off,
NOTE Confidence: 0.82568616
00:01:12.150 --> 00:01:16.777 and I immerse myself within religious world.
NOTE Confidence: 0.82568616
00:01:16.780 --> 00:01:19.936 I'm very interested in mental health
NOTE Confidence: 0.82568616
00:01:19.936 --> 00:01:23.146 and how was practiced within Jerusalem
NOTE Confidence: 0.82568616

00:01:23.146 --> 00:01:26.695 and I ended up actually having an
NOTE Confidence: 0.82568616

00:01:26.695 --> 00:01:29.747 early position at a mental hospital
NOTE Confidence: 0.82568616

00:01:29.747 --> 00:01:33.502 in Jerusalem where I was given so
NOTE Confidence: 0.82568616

00:01:33.502 --> 00:01:35.455 fascinatingly complicated character
NOTE Confidence: 0.82568616

00:01:35.455 --> 00:01:40.067 who is Ultra Orthodox Jew but who was
NOTE Confidence: 0.82568616

00:01:40.067 --> 00:01:43.678 inked in Nazi tattoos and had had an
NOTE Confidence: 0.82568616

00:01:43.678 --> 00:01:47.188 amazing renamed himself after SS figures.
NOTE Confidence: 0.82568616

00:01:47.190 --> 00:01:48.970 Anyway, it's a complicated story.
NOTE Confidence: 0.82568616

00:01:48.970 --> 00:01:50.498 It complicated clinical dynamic,
NOTE Confidence: 0.82568616

00:01:50.498 --> 00:01:53.247 but I found using narrative I began
NOTE Confidence: 0.82568616

00:01:53.247 --> 00:01:55.575 to open up our relationship and
NOTE Confidence: 0.82568616

00:01:55.575 --> 00:01:57.378 this inspiration actually is what
NOTE Confidence: 0.82568616

00:01:57.378 --> 00:01:59.366 brought me back and brought me back
NOTE Confidence: 0.82568616

00:01:59.366 --> 00:02:01.425 to the US into Graduate School
NOTE Confidence: 0.82568616

00:02:01.425 --> 00:02:02.845 trying to understand story,
NOTE Confidence: 0.82568616

00:02:02.850 --> 00:02:04.630 trying to understand the dynamics,

NOTE Confidence: 0.82568616

00:02:04.630 --> 00:02:08.464 and even we might say the structure of story.

NOTE Confidence: 0.82568616

00:02:08.470 --> 00:02:09.650 Anne Anne.

NOTE Confidence: 0.76267886

00:02:12.360 --> 00:02:15.335 Sorry this quote from Hannah Rent I

NOTE Confidence: 0.76267886

00:02:15.335 --> 00:02:17.698 thought was compelling and in many

NOTE Confidence: 0.76267886

00:02:17.698 --> 00:02:20.057 ways summed up my list drive this.

NOTE Confidence: 0.76267886

00:02:20.060 --> 00:02:22.886 This appeal towards story she writes

NOTE Confidence: 0.76267886

00:02:22.886 --> 00:02:24.770 storytelling reveals meaning without

NOTE Confidence: 0.76267886

00:02:24.843 --> 00:02:27.165 committing the error of defining it.

NOTE Confidence: 0.76267886

00:02:27.170 --> 00:02:30.999 And I think it's true and yet.

NOTE Confidence: 0.76267886

00:02:31.000 --> 00:02:33.085 Unfortunately, stories both inspire us

NOTE Confidence: 0.76267886

00:02:33.085 --> 00:02:36.349 and they have the power of dividing US

NOTE Confidence: 0.76267886

00:02:36.349 --> 00:02:38.939 stories or something that it's very hard

NOTE Confidence: 0.76267886

00:02:39.006 --> 00:02:41.625 not to be swayed by or even believe in.

NOTE Confidence: 0.76267886

00:02:41.630 --> 00:02:44.126 And I think it's something we see now.

NOTE Confidence: 0.76267886

00:02:44.130 --> 00:02:46.314 We see how our nation is divided.

NOTE Confidence: 0.76267886

00:02:46.320 --> 00:02:47.960 Jim, very Inspirationally brought
NOTE Confidence: 0.76267886

00:02:47.960 --> 00:02:50.420 forward the awareness that today is
NOTE Confidence: 0.76267886

00:02:50.480 --> 00:02:52.520 Election Day that we have a lot of
NOTE Confidence: 0.76267886

00:02:52.520 --> 00:02:54.661 power in our hands and we have power
NOTE Confidence: 0.76267886

00:02:54.661 --> 00:02:56.649 to kind of shift this narrative there
NOTE Confidence: 0.76267886

00:02:56.649 --> 00:02:58.527 to even maybe rewrite this narrative.
NOTE Confidence: 0.76267886

00:02:58.530 --> 00:02:59.156 But nevertheless,
NOTE Confidence: 0.76267886

00:02:59.156 --> 00:03:01.034 narratives have a lot of power,
NOTE Confidence: 0.76267886

00:03:01.040 --> 00:03:03.224 and they have a lot of power.
NOTE Confidence: 0.89712405

00:03:05.740 --> 00:03:08.246 Even though we know that their story,
NOTE Confidence: 0.89712405

00:03:08.250 --> 00:03:11.130 it's hard for us not to believe in them
NOTE Confidence: 0.89712405

00:03:11.130 --> 00:03:14.357 and to lose our ability to interpret them.
NOTE Confidence: 0.8454277

00:03:18.200 --> 00:03:20.870 So how can we understand stories?
NOTE Confidence: 0.8454277

00:03:20.870 --> 00:03:24.430 How can we look within story to appreciate,
NOTE Confidence: 0.8454277

00:03:24.430 --> 00:03:27.680 sorry appreciate the narrative arc.
NOTE Confidence: 0.8454277

00:03:27.680 --> 00:03:30.872 22 to leverage the beauty of creativity

NOTE Confidence: 0.8454277

00:03:30.872 --> 00:03:34.109 to reauthor to use these frameworks,

NOTE Confidence: 0.8454277

00:03:34.110 --> 00:03:37.080 which narrative psychology has offered us?

NOTE Confidence: 0.89134705

00:03:40.450 --> 00:03:46.750 But not be trapped within. Dogmatic stances

NOTE Confidence: 0.8555537

00:03:49.700 --> 00:03:53.310 so I proposed and this is kind of been the

NOTE Confidence: 0.8555537

00:03:53.403 --> 00:03:57.051 lion share of my research is looking at

NOTE Confidence: 0.8555537

00:03:57.051 --> 00:04:00.537 two different aspects of narrative looking

NOTE Confidence: 0.8555537

00:04:00.537 --> 00:04:03.642 at linguistic information and story.

NOTE Confidence: 0.8555537

00:04:03.650 --> 00:04:06.723 Looking at content versus form and this

NOTE Confidence: 0.8555537

00:04:06.723 --> 00:04:10.377 is a kind of a classical dichotomy.

NOTE Confidence: 0.8555537

00:04:10.380 --> 00:04:15.280 And when I say content, I mean.

NOTE Confidence: 0.8555537

00:04:15.280 --> 00:04:17.716 Kind of the crude linguistic information,

NOTE Confidence: 0.8555537

00:04:17.720 --> 00:04:20.150 not crude as to be disparaging,

NOTE Confidence: 0.8555537

00:04:20.150 --> 00:04:22.992 but but kind of but words and

NOTE Confidence: 0.8555537

00:04:22.992 --> 00:04:24.210 semantics in form.

NOTE Confidence: 0.8555537

00:04:24.210 --> 00:04:26.646 I mean as in narrative structure.

NOTE Confidence: 0.8149759

00:04:29.050 --> 00:04:32.158 And this is the work which brought
NOTE Confidence: 0.8149759

00:04:32.158 --> 00:04:35.759 me to Dartmouth and to the VA where
NOTE Confidence: 0.8149759

00:04:35.759 --> 00:04:37.934 I've been working with using.
NOTE Confidence: 0.8149759

00:04:37.940 --> 00:04:39.064 Semantic analysis,
NOTE Confidence: 0.8149759

00:04:39.064 --> 00:04:40.750 natural language processing,
NOTE Confidence: 0.8149759

00:04:40.750 --> 00:04:43.394 parts of machine learning,
NOTE Confidence: 0.8149759

00:04:43.394 --> 00:04:47.360 and artificial intelligence to look at
NOTE Confidence: 0.8149759

00:04:47.463 --> 00:04:51.425 ways that we can evaluate suicide risk.
NOTE Confidence: 0.8149759

00:04:51.430 --> 00:04:54.198 So within the VA.
NOTE Confidence: 0.8149759

00:04:54.200 --> 00:04:56.804 There is like many large health systems.
NOTE Confidence: 0.8149759

00:04:56.810 --> 00:04:59.010 There is a pretty sophisticated
NOTE Confidence: 0.8149759

00:04:59.010 --> 00:05:00.770 electronic medical records system.
NOTE Confidence: 0.8149759

00:05:00.770 --> 00:05:04.706 And so for every clinical consultation,
NOTE Confidence: 0.8149759

00:05:04.710 --> 00:05:07.560 veterans are.
NOTE Confidence: 0.8149759

00:05:07.560 --> 00:05:12.340 Parents records are kept and.
NOTE Confidence: 0.8149759

00:05:12.340 --> 00:05:14.465 And in many individuals have

NOTE Confidence: 0.8149759

00:05:14.465 --> 00:05:16.165 huge backlogs of notes,

NOTE Confidence: 0.8149759

00:05:16.170 --> 00:05:19.306 so it's a question of what can be

NOTE Confidence: 0.8149759

00:05:19.306 --> 00:05:22.557 done with notes other than you know.

NOTE Confidence: 0.8149759

00:05:22.560 --> 00:05:24.264 Obviously clinicians reading them,

NOTE Confidence: 0.8149759

00:05:24.264 --> 00:05:26.820 which takes a lot of time.

NOTE Confidence: 0.8149759

00:05:26.820 --> 00:05:29.907 So a project which I launched with

NOTE Confidence: 0.8149759

00:05:29.907 --> 00:05:32.787 my colleagues is to look at notes,

NOTE Confidence: 0.8149759

00:05:32.790 --> 00:05:36.724 the semantics of notes for indicators of

NOTE Confidence: 0.8149759

00:05:36.724 --> 00:05:39.489 psychosocial risk variables for suicide.

NOTE Confidence: 0.8149759

00:05:39.490 --> 00:05:42.070 So as you guys may know,

NOTE Confidence: 0.8149759

00:05:42.070 --> 00:05:44.650 veteran suicide is a huge problem.

NOTE Confidence: 0.8149759

00:05:44.650 --> 00:05:46.910 There's been.

NOTE Confidence: 0.8149759

00:05:46.910 --> 00:05:48.825 Something like 20 daily suicide

NOTE Confidence: 0.8149759

00:05:48.825 --> 00:05:51.190 deaths of veterans in recent years,

NOTE Confidence: 0.8149759

00:05:51.190 --> 00:05:53.731 and so the VA's been really pushing

NOTE Confidence: 0.8149759

00:05:53.731 --> 00:05:56.944 and this this happened to be a project
NOTE Confidence: 0.8149759

00:05:56.944 --> 00:05:59.360 which which we stepped forward and,
NOTE Confidence: 0.8149759

00:05:59.360 --> 00:06:01.688 and we've had a lot of
NOTE Confidence: 0.8149759

00:06:01.688 --> 00:06:02.852 really intriguing results.
NOTE Confidence: 0.86365616

00:06:04.990 --> 00:06:07.770 So that was just some
NOTE Confidence: 0.86365616

00:06:07.770 --> 00:06:10.550 recent paper that we made.
NOTE Confidence: 0.86365616

00:06:10.550 --> 00:06:13.112 So in general it's really hard to
NOTE Confidence: 0.86365616

00:06:13.112 --> 00:06:15.728 predict suicide for a variety of reasons.
NOTE Confidence: 0.86365616

00:06:15.730 --> 00:06:17.490 People don't disclose it.
NOTE Confidence: 0.86365616

00:06:17.490 --> 00:06:21.030 A lot of variables aren't so effective.
NOTE Confidence: 0.86365616

00:06:21.030 --> 00:06:22.834 People aren't necessarily honest.
NOTE Confidence: 0.86365616

00:06:22.834 --> 00:06:25.089 There's stigma you can imagine,
NOTE Confidence: 0.86365616

00:06:25.090 --> 00:06:27.856 but the VA developed a pretty
NOTE Confidence: 0.86365616

00:06:27.856 --> 00:06:29.700 sophisticated model algorithm for
NOTE Confidence: 0.86365616

00:06:29.778 --> 00:06:31.718 predicting suicide and what we
NOTE Confidence: 0.86365616

00:06:31.718 --> 00:06:35.269 did in those are based on kind of

NOTE Confidence: 0.86365616
00:06:35.269 --> 00:06:36.805 standard demographic variables,
NOTE Confidence: 0.86365616
00:06:36.810 --> 00:06:38.154 healthcare usage variables.
NOTE Confidence: 0.86365616
00:06:38.154 --> 00:06:42.204 So what we did is we look we developed
NOTE Confidence: 0.86365616
00:06:42.204 --> 00:06:45.102 a big data set of veterans that
NOTE Confidence: 0.86365616
00:06:45.102 --> 00:06:47.970 died by suicide matched with those
NOTE Confidence: 0.86365616
00:06:47.970 --> 00:06:50.919 that didn't die by suicide on.
NOTE Confidence: 0.86365616
00:06:50.919 --> 00:06:53.814 Using the VA's current algorithm
NOTE Confidence: 0.86365616
00:06:53.814 --> 00:06:56.130 such that every person
NOTE Confidence: 0.7940494
00:06:58.570 --> 00:07:01.622 had equal suicide risk and then we
NOTE Confidence: 0.7940494
00:07:01.622 --> 00:07:04.588 looked at their notes to decipher
NOTE Confidence: 0.7940494
00:07:04.588 --> 00:07:07.726 if we could untangle any linguistic.
NOTE Confidence: 0.7940494
00:07:07.730 --> 00:07:11.710 Variables which might give us
NOTE Confidence: 0.7940494
00:07:11.710 --> 00:07:14.098 additional predictive clarity.
NOTE Confidence: 0.7940494
00:07:14.100 --> 00:07:16.800 And what we found.
NOTE Confidence: 0.7940494
00:07:16.800 --> 00:07:18.928 Some we did something kind of interesting.
NOTE Confidence: 0.7940494

00:07:18.930 --> 00:07:22.650 Here. We also matched such that every person.

NOTE Confidence: 0.7940494

00:07:22.650 --> 00:07:25.200 Every patient that died we matched

NOTE Confidence: 0.7940494

00:07:25.200 --> 00:07:27.568 controls with patients at the

NOTE Confidence: 0.7940494

00:07:27.568 --> 00:07:31.759 same psychotherapist, so we had.

NOTE Confidence: 0.7940494

00:07:31.760 --> 00:07:33.476 Something like 218 veterans

NOTE Confidence: 0.7940494

00:07:33.476 --> 00:07:36.050 that died by suicide and more

NOTE Confidence: 0.7940494

00:07:36.129 --> 00:07:38.535 than 1000 veterans that did not,

NOTE Confidence: 0.7940494

00:07:38.540 --> 00:07:41.361 but that were each share the same

NOTE Confidence: 0.7940494

00:07:41.361 --> 00:07:43.959 psychotherapist and we ran this through

NOTE Confidence: 0.7940494

00:07:43.959 --> 00:07:46.593 a variety of machine learning prompts,

NOTE Confidence: 0.7940494

00:07:46.600 --> 00:07:49.566 and we found actually 8% improvement in

NOTE Confidence: 0.7940494

00:07:49.566 --> 00:07:52.104 predictive accuracy and very interesting Lee.

NOTE Confidence: 0.7940494

00:07:52.110 --> 00:07:54.822 We found a subtlety which was that as

NOTE Confidence: 0.7940494

00:07:54.822 --> 00:07:57.940 opposed to a lot of like demographic

NOTE Confidence: 0.7940494

00:07:57.940 --> 00:07:59.832 variables which don't particularly

NOTE Confidence: 0.7940494

00:07:59.832 --> 00:08:02.403 change overtime, we found that.

NOTE Confidence: 0.7940494

00:08:02.403 --> 00:08:03.786 Using linguistic variables

NOTE Confidence: 0.7940494

00:08:03.786 --> 00:08:05.169 derived linguistic variables,

NOTE Confidence: 0.7940494

00:08:05.170 --> 00:08:08.425 we could detect a lot of subtlety,

NOTE Confidence: 0.7940494

00:08:08.430 --> 00:08:12.366 and changing overtime who was dying

NOTE Confidence: 0.7940494

00:08:12.366 --> 00:08:15.302 when and fascinatingly we found

NOTE Confidence: 0.7940494

00:08:15.302 --> 00:08:18.188 actually that that relative to when

NOTE Confidence: 0.7940494

00:08:18.188 --> 00:08:21.559 people were diagnosed and started care.

NOTE Confidence: 0.7940494

00:08:21.560 --> 00:08:26.544 The those that died sooner rather than

NOTE Confidence: 0.7940494

00:08:26.544 --> 00:08:30.174 later corresponded very closely in

NOTE Confidence: 0.7940494

00:08:30.174 --> 00:08:34.308 terms of Maslow's hierarchy of needs.

NOTE Confidence: 0.7940494

00:08:34.310 --> 00:08:37.425 It was kind of a surprising find,

NOTE Confidence: 0.7940494

00:08:37.430 --> 00:08:39.660 but it also makes sense,

NOTE Confidence: 0.7940494

00:08:39.660 --> 00:08:42.684 and so this is just just pointing

NOTE Confidence: 0.7940494

00:08:42.684 --> 00:08:45.428 to the subtlety of of information

NOTE Confidence: 0.7940494

00:08:45.428 --> 00:08:47.688 we were able to derive.

NOTE Confidence: 0.7940494

00:08:47.690 --> 00:08:49.474 Just out of this,
NOTE Confidence: 0.7940494

00:08:49.474 --> 00:08:49.920 unknown,
NOTE Confidence: 0.7940494

00:08:49.920 --> 00:08:53.730 otherwise not very used linguistic data.
NOTE Confidence: 0.7940494

00:08:53.730 --> 00:08:55.926 And this is a project now,
NOTE Confidence: 0.7940494

00:08:55.930 --> 00:08:58.024 which we're now expanding on and
NOTE Confidence: 0.7940494

00:08:58.024 --> 00:09:00.514 actually doing a much larger sample of
NOTE Confidence: 0.7940494

00:09:00.514 --> 00:09:02.908 all veterans as opposed to just ones
NOTE Confidence: 0.7940494

00:09:02.982 --> 00:09:05.436 who were receiving mental health care.
NOTE Confidence: 0.7940494

00:09:05.440 --> 00:09:08.332 So this is something we're replicating
NOTE Confidence: 0.7940494

00:09:08.332 --> 00:09:11.159 now within the whole VA system.
NOTE Confidence: 0.7940494

00:09:11.160 --> 00:09:13.491 So so now that was kind of
NOTE Confidence: 0.7940494

00:09:13.491 --> 00:09:15.080 1 important project for me.
NOTE Confidence: 0.8362116

00:09:17.180 --> 00:09:19.511 And in that, so that was again
NOTE Confidence: 0.8362116

00:09:19.511 --> 00:09:21.120 talking about about content.
NOTE Confidence: 0.8362116

00:09:21.120 --> 00:09:22.850 I want to now transition
NOTE Confidence: 0.8362116

00:09:22.850 --> 00:09:25.060 a little bit in top form,

NOTE Confidence: 0.8362116
00:09:25.060 --> 00:09:26.845 so talking again about how
NOTE Confidence: 0.8362116
00:09:26.845 --> 00:09:28.273 do we understand creativity,
NOTE Confidence: 0.8362116
00:09:28.280 --> 00:09:30.428 not just in terms of semantics
NOTE Confidence: 0.8362116
00:09:30.428 --> 00:09:31.860 but also form structure.
NOTE Confidence: 0.900355
00:09:35.330 --> 00:09:39.152 So one of the most basic understandings
NOTE Confidence: 0.900355
00:09:39.152 --> 00:09:42.160 of creativity is that there's.
NOTE Confidence: 0.900355
00:09:42.160 --> 00:09:43.864 Going back to Aristotle,
NOTE Confidence: 0.900355
00:09:43.864 --> 00:09:45.994 is there is a beginning,
NOTE Confidence: 0.900355
00:09:46.000 --> 00:09:48.989 middle and end with in all story.
NOTE Confidence: 0.900355
00:09:48.990 --> 00:09:52.820 There's kind of hallmarks structure.
NOTE Confidence: 0.900355
00:09:52.820 --> 00:09:56.236 And in many ways we can look
NOTE Confidence: 0.900355
00:09:56.236 --> 00:09:58.210 into that structure too.
NOTE Confidence: 0.88123864
00:10:00.650 --> 00:10:03.800 To develop a more pronounced understanding
NOTE Confidence: 0.88123864
00:10:03.800 --> 00:10:06.440 about about narrative arc right,
NOTE Confidence: 0.88123864
00:10:06.440 --> 00:10:09.512 and what we typically see is
NOTE Confidence: 0.88123864

00:10:09.512 --> 00:10:12.721 that there's a conflict in the
NOTE Confidence: 0.88123864

00:10:12.721 --> 00:10:15.895 beginning and resolution at the end,
NOTE Confidence: 0.88123864

00:10:15.900 --> 00:10:18.788 and between there's some
NOTE Confidence: 0.88123864

00:10:18.788 --> 00:10:20.954 type of transformation.
NOTE Confidence: 0.88123864

00:10:20.960 --> 00:10:24.320 And and I called it here conflict resolution.
NOTE Confidence: 0.88123864

00:10:24.320 --> 00:10:27.680 And because in many ways what a story
NOTE Confidence: 0.88123864

00:10:27.680 --> 00:10:30.200 does it, there's an incipient stress,
NOTE Confidence: 0.88123864

00:10:30.200 --> 00:10:32.720 which in the end is resolved.
NOTE Confidence: 0.9146342

00:10:36.590 --> 00:10:41.410 So. One way of measuring these
NOTE Confidence: 0.9146342

00:10:41.410 --> 00:10:44.424 transformations is by looking at other
NOTE Confidence: 0.9146342

00:10:44.424 --> 00:10:47.069 kind of fields of transformation.
NOTE Confidence: 0.9146342

00:10:47.070 --> 00:10:49.590 How do we evaluate transformations?
NOTE Confidence: 0.9146342

00:10:49.590 --> 00:10:52.789 So one model which has been impactful
NOTE Confidence: 0.9146342

00:10:52.789 --> 00:10:56.649 for me and how I conceptualize this,
NOTE Confidence: 0.9146342

00:10:56.650 --> 00:11:03.148 is using via Piaget the idea of the scale.
NOTE Confidence: 0.9146342

00:11:03.150 --> 00:11:06.860 Of the foot, the two trades scale.

NOTE Confidence: 0.9146342
00:11:06.860 --> 00:11:09.165 And looking at ways that
NOTE Confidence: 0.9146342
00:11:09.165 --> 00:11:10.548 we can conceptualize,
NOTE Confidence: 0.9146342
00:11:10.550 --> 00:11:12.680 shifting from conflict to resolution
NOTE Confidence: 0.9146342
00:11:12.680 --> 00:11:15.873 and and so there's a couple of
NOTE Confidence: 0.9146342
00:11:15.873 --> 00:11:17.343 important transformations which
NOTE Confidence: 0.9146342
00:11:17.343 --> 00:11:20.690 many of you guys, I assume no.
NOTE Confidence: 0.8102872
00:11:23.040 --> 00:11:25.245 One is reciprocity and others
NOTE Confidence: 0.8102872
00:11:25.245 --> 00:11:27.009 negation and others correlation.
NOTE Confidence: 0.8102872
00:11:27.010 --> 00:11:29.215 So the way I'm conceptualizing
NOTE Confidence: 0.8102872
00:11:29.215 --> 00:11:30.538 these is reciprocity,
NOTE Confidence: 0.8102872
00:11:30.540 --> 00:11:33.042 as adding a weight to the
NOTE Confidence: 0.8102872
00:11:33.042 --> 00:11:35.794 other side of the scale, right?
NOTE Confidence: 0.8102872
00:11:35.794 --> 00:11:38.218 There's the the the action of
NOTE Confidence: 0.8102872
00:11:38.218 --> 00:11:40.679 identity is the initial stress.
NOTE Confidence: 0.8102872
00:11:40.680 --> 00:11:42.444 Reciprocity is placing a
NOTE Confidence: 0.8102872

00:11:42.444 --> 00:11:44.649 weight on the other side.
NOTE Confidence: 0.8102872

00:11:44.650 --> 00:11:47.737 Negation is removing the initial weight in.
NOTE Confidence: 0.8102872

00:11:47.740 --> 00:11:51.310 Correlation is shifting the fulcrum.
NOTE Confidence: 0.8102872

00:11:51.310 --> 00:11:55.144 And these as kind of mechanistic
NOTE Confidence: 0.8102872

00:11:55.144 --> 00:11:58.480 changes represent ways in which.
NOTE Confidence: 0.8102872

00:11:58.480 --> 00:12:00.465 We can conceptualize and will
NOTE Confidence: 0.8102872

00:12:00.465 --> 00:12:02.828 utilize in terms of looking a
NOTE Confidence: 0.8102872

00:12:02.828 --> 00:12:04.970 little bit more finely at the acts
NOTE Confidence: 0.8102872

00:12:04.970 --> 00:12:07.328 of what happens in plot and air.
NOTE Confidence: 0.77267766

00:12:10.810 --> 00:12:15.114 And this is this kind of push tours
NOTE Confidence: 0.77267766

00:12:15.114 --> 00:12:18.367 understanding of conflict in the Den.
NOTE Confidence: 0.77267766

00:12:18.370 --> 00:12:20.686 The transformations of
NOTE Confidence: 0.77267766

00:12:20.686 --> 00:12:23.774 conflict is work which.
NOTE Confidence: 0.77267766

00:12:23.780 --> 00:12:26.305 Which actually my father really
NOTE Confidence: 0.77267766

00:12:26.305 --> 00:12:29.383 started while a clinician in New
NOTE Confidence: 0.77267766

00:12:29.383 --> 00:12:31.698 Haven and a researcher there,

NOTE Confidence: 0.77267766

00:12:31.700 --> 00:12:34.724 he developed a model called conflict

NOTE Confidence: 0.77267766

00:12:34.724 --> 00:12:37.276 analysis training and this is

NOTE Confidence: 0.77267766

00:12:37.276 --> 00:12:40.012 essentially looking at how can we

NOTE Confidence: 0.77267766

00:12:40.012 --> 00:12:42.670 evaluate patterns of conflict through

NOTE Confidence: 0.77267766

00:12:42.670 --> 00:12:45.695 samples of narrative and creativity.

NOTE Confidence: 0.77267766

00:12:45.700 --> 00:12:47.630 And this is something that

NOTE Confidence: 0.77267766

00:12:47.630 --> 00:12:50.004 I've been working on in terms

NOTE Confidence: 0.77267766

00:12:50.004 --> 00:12:52.188 of in my own doctoral work.

NOTE Confidence: 0.77267766

00:12:52.190 --> 00:12:53.610 And then after that,

NOTE Confidence: 0.77267766

00:12:53.610 --> 00:12:56.220 in terms of using this framework to

NOTE Confidence: 0.77267766

00:12:56.220 --> 00:12:58.686 develop a self guided online assessment,

NOTE Confidence: 0.77267766

00:12:58.690 --> 00:13:00.600 an intervention and recognizing that

NOTE Confidence: 0.77267766

00:13:00.600 --> 00:13:02.510 creativity is a pretty accessible.

NOTE Confidence: 0.7953505

00:13:04.760 --> 00:13:06.930 Tool that people that is not only

NOTE Confidence: 0.7953505

00:13:06.930 --> 00:13:09.098 cathartic but it also has a certain.

NOTE Confidence: 0.82980114

00:13:11.830 --> 00:13:13.398 Potential for diagnostic information.
NOTE Confidence: 0.82980114

00:13:13.398 --> 00:13:16.221 So we've I've developed this as a
NOTE Confidence: 0.82980114

00:13:16.221 --> 00:13:17.857 self guided online implementation.
NOTE Confidence: 0.82980114

00:13:17.860 --> 00:13:20.667 When because it's online and self guided,
NOTE Confidence: 0.82980114

00:13:20.670 --> 00:13:24.135 it's low, low cost and very accessible
NOTE Confidence: 0.82980114

00:13:24.135 --> 00:13:27.372 and it combines an array of tasks
NOTE Confidence: 0.82980114

00:13:27.372 --> 00:13:30.770 which will get into in just a moment.
NOTE Confidence: 0.82980114

00:13:30.770 --> 00:13:33.218 So so conflict analysis?
NOTE Confidence: 0.82980114

00:13:33.218 --> 00:13:36.278 What does it include includes?
NOTE Confidence: 0.82980114

00:13:36.280 --> 00:13:37.774 And in inventory,
NOTE Confidence: 0.82980114

00:13:37.774 --> 00:13:39.766 which gets into conflict,
NOTE Confidence: 0.82980114

00:13:39.770 --> 00:13:41.264 resolving pattern identification,
NOTE Confidence: 0.82980114

00:13:41.264 --> 00:13:42.260 questionnaires, metaphor,
NOTE Confidence: 0.82980114

00:13:42.260 --> 00:13:44.695 tasks which are self report
NOTE Confidence: 0.82980114

00:13:44.695 --> 00:13:46.643 and narrative drawing exercises
NOTE Confidence: 0.82980114

00:13:46.643 --> 00:13:49.228 and then the feedback profile,

NOTE Confidence: 0.82980114

00:13:49.230 --> 00:13:51.021 the feedback profile,

NOTE Confidence: 0.82980114

00:13:51.021 --> 00:13:53.409 it's essentially extracts information

NOTE Confidence: 0.82980114

00:13:53.409 --> 00:13:57.137 from the earlier two components and it

NOTE Confidence: 0.82980114

00:13:57.137 --> 00:13:59.915 presents this information back to the

NOTE Confidence: 0.82980114

00:14:00.003 --> 00:14:02.915 user in an interactive way such that

NOTE Confidence: 0.82980114

00:14:02.915 --> 00:14:06.038 we can breakdown story from just again.

NOTE Confidence: 0.82980114

00:14:06.038 --> 00:14:07.906 Just being a narrative

NOTE Confidence: 0.82980114

00:14:07.906 --> 00:14:10.168 expression too instead being a.

NOTE Confidence: 0.82107234

00:14:12.360 --> 00:14:15.426 And resource to push for for deeper

NOTE Confidence: 0.82107234

00:14:15.426 --> 00:14:17.880 understanding and self understanding.

NOTE Confidence: 0.841569539999999

00:14:21.600 --> 00:14:24.592 So just to give you a little bit

NOTE Confidence: 0.841569539999999

00:14:24.592 --> 00:14:27.879 of a sample of what are these

NOTE Confidence: 0.841569539999999

00:14:27.879 --> 00:14:31.010 items from the from our inventory

NOTE Confidence: 0.841569539999999

00:14:31.010 --> 00:14:34.592 looking at things along the the

NOTE Confidence: 0.841569539999999

00:14:34.592 --> 00:14:37.376 axis of dominance and submissiveness

NOTE Confidence: 0.841569539999999

00:14:37.376 --> 00:14:39.348 and antagonism and cooperation.
NOTE Confidence: 0.8415695399999999

00:14:39.350 --> 00:14:42.143 Trying to help frame ways that which
NOTE Confidence: 0.8415695399999999

00:14:42.143 --> 00:14:45.158 will in turn used to interpret
NOTE Confidence: 0.8415695399999999

00:14:45.158 --> 00:14:48.048 the creativity and the creative
NOTE Confidence: 0.8415695399999999

00:14:48.048 --> 00:14:49.204 samples subsequently.
NOTE Confidence: 0.8415695399999999

00:14:49.210 --> 00:14:53.179 And so this is a self report.
NOTE Confidence: 0.8415695399999999

00:14:53.180 --> 00:14:56.910 Again in these, try to.
NOTE Confidence: 0.8415695399999999

00:14:56.910 --> 00:14:59.034 Utilizes a Wellness framework
NOTE Confidence: 0.8415695399999999

00:14:59.034 --> 00:15:01.689 rather than an illness framework.
NOTE Confidence: 0.8415695399999999

00:15:01.690 --> 00:15:02.674 Anne, Secondly,
NOTE Confidence: 0.8415695399999999

00:15:02.674 --> 00:15:05.626 the next component or the metaphor
NOTE Confidence: 0.8415695399999999

00:15:05.626 --> 00:15:08.734 task and these are tasks which
NOTE Confidence: 0.8415695399999999

00:15:08.734 --> 00:15:10.774 asked people to creatively.
NOTE Confidence: 0.77470547

00:15:12.920 --> 00:15:16.525 Related stories in the Indies are guided
NOTE Confidence: 0.77470547

00:15:16.525 --> 00:15:20.970 stories an and they mix in terms of
NOTE Confidence: 0.77470547

00:15:20.970 --> 00:15:23.775 thinking about developmental and family

NOTE Confidence: 0.77470547

00:15:23.878 --> 00:15:27.528 conflicts to more creative spontaneous.

NOTE Confidence: 0.77470547

00:15:27.530 --> 00:15:31.060 Prompts and unlike traditional projectives.

NOTE Confidence: 0.85712856

00:15:33.350 --> 00:15:35.275 We are not asking anybody

NOTE Confidence: 0.85712856

00:15:35.275 --> 00:15:36.430 to interpret something,

NOTE Confidence: 0.85712856

00:15:36.430 --> 00:15:39.322 but rather giving them a canvas

NOTE Confidence: 0.85712856

00:15:39.322 --> 00:15:42.334 to create something afresh in and

NOTE Confidence: 0.85712856

00:15:42.334 --> 00:15:44.330 then interpret it themselves.

NOTE Confidence: 0.85712856

00:15:44.330 --> 00:15:45.581 And then Lastly,

NOTE Confidence: 0.85712856

00:15:45.581 --> 00:15:48.083 this feedback profile is what I

NOTE Confidence: 0.85712856

00:15:48.083 --> 00:15:49.702 mentioned before this organizes

NOTE Confidence: 0.85712856

00:15:49.702 --> 00:15:52.320 all of the content and this is

NOTE Confidence: 0.85712856

00:15:52.398 --> 00:15:54.270 something which provides then

NOTE Confidence: 0.85712856

00:15:54.270 --> 00:15:56.610 inability for people to continue

NOTE Confidence: 0.85712856

00:15:56.610 --> 00:15:58.616 to reflect on it's interactive,

NOTE Confidence: 0.85712856

00:15:58.616 --> 00:16:01.439 and then it also can be automatically

NOTE Confidence: 0.85712856

00:16:01.439 --> 00:16:04.055 emailed to clinicians or to work
NOTE Confidence: 0.85712856

00:16:04.055 --> 00:16:06.848 for the user to keep themselves.
NOTE Confidence: 0.8414148

00:16:08.960 --> 00:16:11.788 So these are just a couple of
NOTE Confidence: 0.8414148

00:16:11.788 --> 00:16:14.036 papers we've been doing utilizing
NOTE Confidence: 0.8414148

00:16:14.036 --> 00:16:16.401 this conflict analysis in a
NOTE Confidence: 0.8414148

00:16:16.401 --> 00:16:20.077 bunch of in a bunch of clinical
NOTE Confidence: 0.8414148

00:16:20.077 --> 00:16:22.787 contexts and Community context we
NOTE Confidence: 0.8414148

00:16:22.787 --> 00:16:24.764 published recently a implementation
NOTE Confidence: 0.8414148

00:16:24.764 --> 00:16:27.154 with a community sample online.
NOTE Confidence: 0.8414148

00:16:27.160 --> 00:16:30.040 We also did a case review,
NOTE Confidence: 0.8414148

00:16:30.040 --> 00:16:31.728 kind of in detail,
NOTE Confidence: 0.8414148

00:16:31.728 --> 00:16:34.260 looking over how is it utilized
NOTE Confidence: 0.8414148

00:16:34.353 --> 00:16:37.647 and we also did a psychology
NOTE Confidence: 0.8414148

00:16:37.647 --> 00:16:39.843 implementation with cancer patients.
NOTE Confidence: 0.8414148

00:16:39.850 --> 00:16:42.226 Kind of stepping in for providing
NOTE Confidence: 0.8414148

00:16:42.226 --> 00:16:43.414 additional therapeutic resource

NOTE Confidence: 0.8414148

00:16:43.414 --> 00:16:45.369 for an underserved population.

NOTE Confidence: 0.83413035

00:16:48.920 --> 00:16:51.552 A recent study which we just completed

NOTE Confidence: 0.83413035

00:16:51.552 --> 00:16:54.362 was actually at the VA in White

NOTE Confidence: 0.83413035

00:16:54.362 --> 00:16:56.377 River Junction where we compared

NOTE Confidence: 0.83413035

00:16:56.377 --> 00:16:58.460 utilizing this conflict analysis.

NOTE Confidence: 0.83413035

00:16:58.460 --> 00:17:00.120 Creativity based intervention with

NOTE Confidence: 0.83413035

00:17:00.120 --> 00:17:02.195 mindfulness intervention and we found,

NOTE Confidence: 0.83413035

00:17:02.200 --> 00:17:04.769 although it was a very small sample

NOTE Confidence: 0.83413035

00:17:04.769 --> 00:17:07.180 which was in our recruitment,

NOTE Confidence: 0.83413035

00:17:07.180 --> 00:17:09.255 got curtailed because the unit

NOTE Confidence: 0.83413035

00:17:09.255 --> 00:17:11.330 was closed because of covid.

NOTE Confidence: 0.83413035

00:17:11.330 --> 00:17:14.347 But we found still even with a

NOTE Confidence: 0.83413035

00:17:14.347 --> 00:17:17.129 different group only of five and

NOTE Confidence: 0.83413035

00:17:17.129 --> 00:17:19.454 six people we found significant.

NOTE Confidence: 0.83413035

00:17:19.460 --> 00:17:21.782 Therapeutic differences and

NOTE Confidence: 0.83413035

00:17:21.782 --> 00:17:24.878 reasonably large effect sizes
NOTE Confidence: 0.83413035

00:17:24.878 --> 00:17:28.880 for the conflict Analysis Group.
NOTE Confidence: 0.83413035

00:17:28.880 --> 00:17:32.348 And we also found that clinicians
NOTE Confidence: 0.83413035

00:17:32.348 --> 00:17:35.918 were really able easily to to
NOTE Confidence: 0.83413035

00:17:35.918 --> 00:17:38.218 access this information and.
NOTE Confidence: 0.83413035

00:17:38.220 --> 00:17:40.964 And we found that it would lead
NOTE Confidence: 0.83413035

00:17:40.964 --> 00:17:43.240 to pronounce sense of treatment,
NOTE Confidence: 0.83413035

00:17:43.240 --> 00:17:44.488 motivation and engagement.
NOTE Confidence: 0.8684354

00:17:47.320 --> 00:17:49.870 So I just wanted to give you a little bit
NOTE Confidence: 0.8684354

00:17:49.937 --> 00:17:52.430 of a sense of what this might look like.
NOTE Confidence: 0.8684354

00:17:52.430 --> 00:17:54.842 This was one of one of our VA patients,
NOTE Confidence: 0.8684354

00:17:54.850 --> 00:17:56.726 and again, this was an online context.
NOTE Confidence: 0.8684354

00:17:56.730 --> 00:17:58.075 It was not actually working
NOTE Confidence: 0.8684354

00:17:58.075 --> 00:17:59.420 with any clinician on this.
NOTE Confidence: 0.8684354

00:17:59.420 --> 00:18:02.430 This is all done himself.
NOTE Confidence: 0.8684354

00:18:02.430 --> 00:18:04.584 And so this is somebody who

NOTE Confidence: 0.8684354

00:18:04.584 --> 00:18:07.370 is a 59 year old black man.

NOTE Confidence: 0.8684354

00:18:07.370 --> 00:18:10.118 He was a marine.

NOTE Confidence: 0.8684354

00:18:10.120 --> 00:18:13.156 He was receiving substance abuse care.

NOTE Confidence: 0.8684354

00:18:13.160 --> 00:18:16.190 He was in an inpatient substance.

NOTE Confidence: 0.8684354

00:18:16.190 --> 00:18:18.226 Monthlong substance recovery unit,

NOTE Confidence: 0.8684354

00:18:18.226 --> 00:18:21.823 and he also had a anxiety disorder

NOTE Confidence: 0.8684354

00:18:21.823 --> 00:18:24.973 diagnosis and what we what we found

NOTE Confidence: 0.8684354

00:18:24.973 --> 00:18:27.830 in doing this intervention was.

NOTE Confidence: 0.8462079

00:18:30.800 --> 00:18:35.064 That he had a very elevated, dominant,

NOTE Confidence: 0.8462079

00:18:35.064 --> 00:18:39.348 cooperative stands, and we found that.

NOTE Confidence: 0.8462079

00:18:39.350 --> 00:18:41.815 This this elevated dominance also

NOTE Confidence: 0.8462079

00:18:41.815 --> 00:18:45.290 led to a pronounced sense of anxiety,

NOTE Confidence: 0.8462079

00:18:45.290 --> 00:18:50.810 and that anxiety he dealt with by drinking.

NOTE Confidence: 0.8462079

00:18:50.810 --> 00:18:52.520 And the stories, and we'll deal

NOTE Confidence: 0.8462079

00:18:52.520 --> 00:18:54.448 with those just for a little bit.

NOTE Confidence: 0.8377584

00:18:56.890 --> 00:18:59.570 Go into some of his.
NOTE Confidence: 0.8471384

00:19:01.690 --> 00:19:03.410 Evolution and how did he?
NOTE Confidence: 0.8471384

00:19:03.410 --> 00:19:05.825 How did he respond to early conflicts?
NOTE Confidence: 0.8471384

00:19:05.830 --> 00:19:08.238 And how did those impact is later
NOTE Confidence: 0.8471384

00:19:08.238 --> 00:19:09.634 conflicts later, identity ancient.
NOTE Confidence: 0.8471384

00:19:09.634 --> 00:19:12.450 So this is a story that he wrote
NOTE Confidence: 0.8471384

00:19:12.527 --> 00:19:14.830 about and this is just kind of
NOTE Confidence: 0.8471384

00:19:14.830 --> 00:19:16.870 a synopsis, but I'll read it.
NOTE Confidence: 0.8677119

00:19:19.720 --> 00:19:22.075 So this was a prompt. Was asking about
NOTE Confidence: 0.8677119

00:19:22.075 --> 00:19:23.550 a conflict Xual childhood memory,
NOTE Confidence: 0.8677119

00:19:23.550 --> 00:19:26.034 and he wrote about how I was crossing the
NOTE Confidence: 0.8677119

00:19:26.034 --> 00:19:28.266 street following someone I looked up to,
NOTE Confidence: 0.8677119

00:19:28.270 --> 00:19:30.223 I got hit by a car just
NOTE Confidence: 0.8677119

00:19:30.223 --> 00:19:31.809 before it reached the curve.
NOTE Confidence: 0.8677119

00:19:31.810 --> 00:19:34.190 I had a broken right leg and
NOTE Confidence: 0.8677119

00:19:34.190 --> 00:19:35.959 hip and fractured left leg.

NOTE Confidence: 0.8677119
00:19:35.960 --> 00:19:37.794 It was all my fault because I
NOTE Confidence: 0.8677119
00:19:37.794 --> 00:19:38.890 was following someone else.
NOTE Confidence: 0.8677119
00:19:38.890 --> 00:19:39.970 I didn't have confidence.
NOTE Confidence: 0.8677119
00:19:39.970 --> 00:19:42.156 I looked up to some other guy I
NOTE Confidence: 0.8677119
00:19:42.156 --> 00:19:43.668 shouldn't have looked up to him.
NOTE Confidence: 0.8677119
00:19:43.670 --> 00:19:45.000 I shouldn't have run across.
NOTE Confidence: 0.8677119
00:19:45.000 --> 00:19:46.330 I learned not to hesitate.
NOTE Confidence: 0.8677119
00:19:46.330 --> 00:19:49.669 I learned that you got to take your shot.
NOTE Confidence: 0.8677119
00:19:49.670 --> 00:19:51.839 I realized that I need to be more direct,
NOTE Confidence: 0.8677119
00:19:51.840 --> 00:19:55.539 not just try to do things to please people.
NOTE Confidence: 0.8677119
00:19:55.540 --> 00:19:57.538 In this message of individualism and
NOTE Confidence: 0.8677119
00:19:57.538 --> 00:20:00.172 the need to be strong, the need.
NOTE Confidence: 0.8677119
00:20:00.172 --> 00:20:04.170 To be differentiated, they need to be.
NOTE Confidence: 0.8677119
00:20:04.170 --> 00:20:06.220 Very kind of classically male.
NOTE Confidence: 0.8109146
00:20:08.820 --> 00:20:11.502 R is a role which which
NOTE Confidence: 0.8109146

00:20:11.502 --> 00:20:13.290 runs throughout his story,
NOTE Confidence: 0.8109146

00:20:13.290 --> 00:20:16.090 but I want to jump towards to
NOTE Confidence: 0.8109146

00:20:16.090 --> 00:20:19.098 the end to the final prompt,
NOTE Confidence: 0.8109146

00:20:19.100 --> 00:20:21.776 which was a short story metaphor.
NOTE Confidence: 0.93095315

00:20:24.100 --> 00:20:26.836 In which he goes into a little bit of.
NOTE Confidence: 0.8381608

00:20:29.020 --> 00:20:31.040 Which projects a very different
NOTE Confidence: 0.8381608

00:20:31.040 --> 00:20:33.610 story but with very similar themes.
NOTE Confidence: 0.8381608

00:20:33.610 --> 00:20:37.354 So this is a memory that he shares me.
NOTE Confidence: 0.8381608

00:20:37.360 --> 00:20:39.445 59 year old male nervous
NOTE Confidence: 0.8381608

00:20:39.445 --> 00:20:40.696 about being underwater,
NOTE Confidence: 0.8381608

00:20:40.700 --> 00:20:44.028 my boss 30 or 38 year old female.
NOTE Confidence: 0.8381608

00:20:44.030 --> 00:20:48.248 Good boss experience runs the show.
NOTE Confidence: 0.8381608

00:20:48.250 --> 00:20:49.930 What happened going sailing with the
NOTE Confidence: 0.8381608

00:20:49.930 --> 00:20:51.726 crew from the restaurant where I worked
NOTE Confidence: 0.8381608

00:20:51.726 --> 00:20:53.674 the morning was calm and I was a little
NOTE Confidence: 0.8381608

00:20:53.674 --> 00:20:55.249 nervous because I can't swim and it's

NOTE Confidence: 0.8381608

00:20:55.249 --> 00:20:56.926 my first time in a sailboat ever.

NOTE Confidence: 0.8381608

00:20:56.930 --> 00:20:58.770 It turned out to be OK after I

NOTE Confidence: 0.8381608

00:20:58.770 --> 00:21:00.537 got over my fear of the water,

NOTE Confidence: 0.8381608

00:21:00.540 --> 00:21:02.709 I learned how to sail and guide the boat.

NOTE Confidence: 0.8381608

00:21:02.710 --> 00:21:04.510 We went out as far as we could

NOTE Confidence: 0.8381608

00:21:04.510 --> 00:21:05.360 before turning around.

NOTE Confidence: 0.8381608

00:21:05.360 --> 00:21:06.893 I had been in a boating accident

NOTE Confidence: 0.8381608

00:21:06.893 --> 00:21:08.010 when I was younger,

NOTE Confidence: 0.8381608

00:21:08.010 --> 00:21:09.938 so I don't joke around on the water.

NOTE Confidence: 0.8381608

00:21:09.940 --> 00:21:11.740 I learned the dangers of how to stay

NOTE Confidence: 0.8381608

00:21:11.740 --> 00:21:13.709 out of the way of the mass so as not

NOTE Confidence: 0.8381608

00:21:13.709 --> 00:21:15.949 to be knocked into the water and the

NOTE Confidence: 0.8381608

00:21:15.949 --> 00:21:17.523 proper technique of docking itself.

NOTE Confidence: 0.8381608

00:21:17.523 --> 00:21:18.582 Change is understanding.

NOTE Confidence: 0.8381608

00:21:18.582 --> 00:21:21.090 This shouldn't be afraid of the water.

NOTE Confidence: 0.8381608

00:21:21.090 --> 00:21:23.078 Be more willing to take the backseat,
NOTE Confidence: 0.8381608

00:21:23.080 --> 00:21:23.932 evaluate the situation,
NOTE Confidence: 0.8381608

00:21:23.932 --> 00:21:25.920 more realized that there are multiple paths.
NOTE Confidence: 0.8381608

00:21:25.920 --> 00:21:26.510 Multiple alternatives,
NOTE Confidence: 0.8381608

00:21:26.510 --> 00:21:26.805 yes,
NOTE Confidence: 0.8381608

00:21:26.805 --> 00:21:28.575 I'm afraid of trying new things
NOTE Confidence: 0.8381608

00:21:28.575 --> 00:21:29.608 like being in rehab.
NOTE Confidence: 0.8381608

00:21:29.610 --> 00:21:31.308 I've never been in rehab before.
NOTE Confidence: 0.8381608

00:21:31.310 --> 00:21:33.298 It's like coming in from the rain.
NOTE Confidence: 0.8381608

00:21:33.300 --> 00:21:35.300 It's not easy to get out of what
NOTE Confidence: 0.8381608

00:21:35.300 --> 00:21:37.280 I know and try something new.
NOTE Confidence: 0.8381608

00:21:37.280 --> 00:21:38.700 I'm still working on that.
NOTE Confidence: 0.8381608

00:21:38.700 --> 00:21:40.964 I can go from zero to 100 quick,
NOTE Confidence: 0.8381608

00:21:40.970 --> 00:21:43.526 but I'm working on ways to find a medium.
NOTE Confidence: 0.8381608

00:21:43.530 --> 00:21:45.228 I want to deal with it,
NOTE Confidence: 0.8381608

00:21:45.230 --> 00:21:48.620 not when it gets to 50 when it gets to 25.

NOTE Confidence: 0.8381608

00:21:48.620 --> 00:21:50.348 I don't want it to get to 20.

NOTE Confidence: 0.8381608

00:21:50.350 --> 00:21:51.846 I don't want it to feel that it

NOTE Confidence: 0.8381608

00:21:51.846 --> 00:21:53.158 needs to resort to violence.

NOTE Confidence: 0.8381608

00:21:53.160 --> 00:21:56.220 Violence is the last resort of a weak man.

NOTE Confidence: 0.8381608

00:21:56.220 --> 00:21:59.430 So within this quick kind of

NOTE Confidence: 0.8381608

00:21:59.430 --> 00:22:01.570 synopsis we can chart.

NOTE Confidence: 0.8642429

00:22:03.770 --> 00:22:08.522 The evolution of from his childhood

NOTE Confidence: 0.8642429

00:22:08.522 --> 00:22:13.310 role of being very quick too.

NOTE Confidence: 0.8642429

00:22:13.310 --> 00:22:16.110 To go it alone will not hesitate that

NOTE Confidence: 0.8642429

00:22:16.110 --> 00:22:18.719 you've got to take your shot that you

NOTE Confidence: 0.8642429

00:22:18.719 --> 00:22:21.534 have to be more direct to instead coming

NOTE Confidence: 0.8642429

00:22:21.534 --> 00:22:24.510 and being a little bit more able to.

NOTE Confidence: 0.869701

00:22:26.520 --> 00:22:29.106 To be OK with being scared,

NOTE Confidence: 0.869701

00:22:29.110 --> 00:22:30.838 being OK, being vulnerable,

NOTE Confidence: 0.869701

00:22:30.838 --> 00:22:33.434 recognizing that it's OK, not having

NOTE Confidence: 0.869701

00:22:33.434 --> 00:22:36.458 to get angry or resort to violence.
NOTE Confidence: 0.869701

00:22:36.460 --> 00:22:37.753 And again this,
NOTE Confidence: 0.869701

00:22:37.753 --> 00:22:40.339 just we just want to reiterate.
NOTE Confidence: 0.869701

00:22:40.340 --> 00:22:43.222 Maybe it wasn't clear enough, you know.
NOTE Confidence: 0.869701

00:22:43.222 --> 00:22:45.388 Again, this is an intervention with
NOTE Confidence: 0.869701

00:22:45.388 --> 00:22:47.750 somebody before really starting it's
NOTE Confidence: 0.869701

00:22:47.750 --> 00:22:49.850 designed before commencing psychotherapy,
NOTE Confidence: 0.869701

00:22:49.850 --> 00:22:53.270 so this is kind of a resource to prepare
NOTE Confidence: 0.869701

00:22:53.270 --> 00:22:56.530 both the individual and the clinician.
NOTE Confidence: 0.869701

00:22:56.530 --> 00:22:59.250 For being able to be have an understanding
NOTE Confidence: 0.869701

00:22:59.250 --> 00:23:02.001 of who this client is and where this
NOTE Confidence: 0.869701

00:23:02.001 --> 00:23:04.379 client might go in their opinion,
NOTE Confidence: 0.869701

00:23:04.380 --> 00:23:07.453 or how we can direct therapy to
NOTE Confidence: 0.869701

00:23:07.453 --> 00:23:10.479 offer this person the best resource.
NOTE Confidence: 0.869701

00:23:10.480 --> 00:23:16.920 And in writing about what? Anne.
NOTE Confidence: 0.869701

00:23:16.920 --> 00:23:19.088 What his kind of reviewing part of the

NOTE Confidence: 0.869701
00:23:19.088 --> 00:23:21.259 conclusion of the intervention offered this,
NOTE Confidence: 0.869701
00:23:21.260 --> 00:23:22.190 this this patient,
NOTE Confidence: 0.869701
00:23:22.190 --> 00:23:24.360 an opportunity to reflect on the exercises.
NOTE Confidence: 0.869701
00:23:24.360 --> 00:23:26.530 And he wrote there all about me.
NOTE Confidence: 0.869701
00:23:26.530 --> 00:23:28.390 The first is being more determined,
NOTE Confidence: 0.869701
00:23:28.390 --> 00:23:30.870 the 2nd about love, the 3rd about anger.
NOTE Confidence: 0.869701
00:23:30.870 --> 00:23:33.040 The 4th is about getting over fear.
NOTE Confidence: 0.869701
00:23:33.040 --> 00:23:35.140 We just looked at the 1st and
NOTE Confidence: 0.869701
00:23:35.140 --> 00:23:37.379 therefore I can be a caring person.
NOTE Confidence: 0.869701
00:23:37.380 --> 00:23:39.860 But I need to learn to be patient.
NOTE Confidence: 0.869701
00:23:39.860 --> 00:23:43.180 I used to be like I don't like when people
NOTE Confidence: 0.869701
00:23:43.265 --> 00:23:46.590 get too close to me or walk up next to me.
NOTE Confidence: 0.869701
00:23:46.590 --> 00:23:48.424 I would get up in their face.
NOTE Confidence: 0.869701
00:23:48.430 --> 00:23:50.264 I don't let anybody invade my space,
NOTE Confidence: 0.869701
00:23:50.270 --> 00:23:51.848 but I don't need to retaliate.
NOTE Confidence: 0.869701

00:23:51.850 --> 00:23:53.684 I can remove myself from the situation,
NOTE Confidence: 0.869701

00:23:53.690 --> 00:23:55.005 see there are other ways
NOTE Confidence: 0.869701

00:23:55.005 --> 00:23:56.320 of responding to a threat.
NOTE Confidence: 0.869701

00:23:56.320 --> 00:23:57.898 I was responding out of anger.
NOTE Confidence: 0.869701

00:23:57.900 --> 00:23:59.996 I was fooling myself. I can create walls.
NOTE Confidence: 0.869701

00:24:00.000 --> 00:24:01.320 Every wall has a gate.
NOTE Confidence: 0.869701

00:24:01.320 --> 00:24:02.630 Let people in and out.
NOTE Confidence: 0.869701

00:24:02.630 --> 00:24:03.950 If they're keeping everything out,
NOTE Confidence: 0.869701

00:24:03.950 --> 00:24:04.978 nothing is getting in.
NOTE Confidence: 0.869701

00:24:04.978 --> 00:24:06.520 You can't get anywhere or lose
NOTE Confidence: 0.869701

00:24:06.577 --> 00:24:07.887 anything if you don't give,
NOTE Confidence: 0.869701

00:24:07.890 --> 00:24:10.188 you can't receive.
NOTE Confidence: 0.869701

00:24:10.190 --> 00:24:12.318 So going back to what I was talking
NOTE Confidence: 0.869701

00:24:12.318 --> 00:24:13.866 about before about dominance
NOTE Confidence: 0.869701

00:24:13.866 --> 00:24:15.297 versus submissiveness here,
NOTE Confidence: 0.869701

00:24:15.300 --> 00:24:18.135 we see somebody who has again elevated

NOTE Confidence: 0.869701
00:24:18.135 --> 00:24:20.334 dominance and need for leadership
NOTE Confidence: 0.869701
00:24:20.334 --> 00:24:22.614 and need for controlling this.
NOTE Confidence: 0.869701
00:24:22.620 --> 00:24:24.755 But that creates an obstacle for him.
NOTE Confidence: 0.869701
00:24:24.760 --> 00:24:26.684 A boundary for him.
NOTE Confidence: 0.869701
00:24:26.684 --> 00:24:29.089 Such that he can receive.
NOTE Confidence: 0.89879733
00:24:32.760 --> 00:24:34.208 And through this process.
NOTE Confidence: 0.8425158
00:24:36.360 --> 00:24:38.544 He learns just I'm going to just
NOTE Confidence: 0.8425158
00:24:38.544 --> 00:24:40.302 quickly read through a couple little
NOTE Confidence: 0.8425158
00:24:40.302 --> 00:24:42.490 bit more of what he what he wrote.
NOTE Confidence: 0.87878
00:24:44.660 --> 00:24:46.348 He learned that he wants to be more
NOTE Confidence: 0.87878
00:24:46.348 --> 00:24:48.168 aware of emotions to go slower instead
NOTE Confidence: 0.87878
00:24:48.168 --> 00:24:49.899 of running and running out of gas.
NOTE Confidence: 0.87878
00:24:49.900 --> 00:24:51.628 Once they have trust,
NOTE Confidence: 0.87878
00:24:51.628 --> 00:24:55.410 be slower to speak and better at listening.
NOTE Confidence: 0.87878
00:24:55.410 --> 00:24:56.730 In reviewing the program overall,
NOTE Confidence: 0.87878

00:24:56.730 --> 00:24:58.842 he wrote it was eye opening and definitely

NOTE Confidence: 0.87878

00:24:58.842 --> 00:25:00.429 motivated me to be more objective.

NOTE Confidence: 0.87878

00:25:00.430 --> 00:25:02.302 The whole thing about this is one of

NOTE Confidence: 0.87878

00:25:02.302 --> 00:25:03.858 his metaphors was about perspective.

NOTE Confidence: 0.87878

00:25:03.860 --> 00:25:05.708 The dog can be out and about.

NOTE Confidence: 0.87878

00:25:05.710 --> 00:25:07.030 The deer can't do that.

NOTE Confidence: 0.87878

00:25:07.030 --> 00:25:08.605 I need to be honest with myself

NOTE Confidence: 0.87878

00:25:08.605 --> 00:25:10.460 and not be afraid of rejections.

NOTE Confidence: 0.87878

00:25:10.460 --> 00:25:12.308 I need to have no hidden agendas.

NOTE Confidence: 0.87878

00:25:12.310 --> 00:25:13.630 It's like crossing the street.

NOTE Confidence: 0.87878

00:25:13.630 --> 00:25:15.997 I need to be direct and cross cross it.

NOTE Confidence: 0.87878

00:25:16.000 --> 00:25:17.416 It's like when you meet women

NOTE Confidence: 0.87878

00:25:17.416 --> 00:25:18.910 when a man is drinking,

NOTE Confidence: 0.87878

00:25:18.910 --> 00:25:20.230 his courage is built up.

NOTE Confidence: 0.87878

00:25:20.230 --> 00:25:22.078 He can talk to any women when

NOTE Confidence: 0.87878

00:25:22.078 --> 00:25:22.870 he isn't drinking.

NOTE Confidence: 0.87878

00:25:22.870 --> 00:25:25.669 He will never speak to the woman he wants.

NOTE Confidence: 0.87878

00:25:25.670 --> 00:25:27.152 Drinking I can talk for real

NOTE Confidence: 0.87878

00:25:27.152 --> 00:25:28.390 if you don't approach her,

NOTE Confidence: 0.87878

00:25:28.390 --> 00:25:31.066 you might let the woman of

NOTE Confidence: 0.87878

00:25:31.066 --> 00:25:32.850 your dreams walk away.

NOTE Confidence: 0.87878

00:25:32.850 --> 00:25:34.120 Rejection would be the same,

NOTE Confidence: 0.87878

00:25:34.120 --> 00:25:35.390 but you're better off trying.

NOTE Confidence: 0.87878

00:25:35.390 --> 00:25:36.716 I need to see the rejection

NOTE Confidence: 0.87878

00:25:36.716 --> 00:25:38.180 is going to be rejection.

NOTE Confidence: 0.87878

00:25:38.180 --> 00:25:39.204 I shouldn't be afraid.

NOTE Confidence: 0.87878

00:25:39.204 --> 00:25:40.484 Sometimes I can't see the

NOTE Confidence: 0.87878

00:25:40.484 --> 00:25:41.490 forest from the trees.

NOTE Confidence: 0.87878

00:25:41.490 --> 00:25:43.016 I need to learn to be honest

NOTE Confidence: 0.87878

00:25:43.016 --> 00:25:44.530 and learn to take rejection,

NOTE Confidence: 0.87878

00:25:44.530 --> 00:25:45.546 not hide their dear.

NOTE Confidence: 0.87878

00:25:45.546 --> 00:25:47.070 Didn't ever want to be seen.

NOTE Confidence: 0.87878

00:25:47.070 --> 00:25:48.340 He is in real danger.

NOTE Confidence: 0.87878

00:25:48.340 --> 00:25:50.324 He needs to know that he can trust

NOTE Confidence: 0.87878

00:25:50.324 --> 00:25:51.899 some people not be too anxious.

NOTE Confidence: 0.87668794

00:25:57.230 --> 00:26:01.019 So let me just step back for a second.

NOTE Confidence: 0.87668794

00:26:01.020 --> 00:26:05.696 So I just wanted to be clear.

NOTE Confidence: 0.87668794

00:26:05.700 --> 00:26:08.906 In terms of what we're doing here,

NOTE Confidence: 0.87668794

00:26:08.910 --> 00:26:11.235 so yeah, so this intervention

NOTE Confidence: 0.87668794

00:26:11.235 --> 00:26:14.097 pushes the envelope a little bit

NOTE Confidence: 0.87668794

00:26:14.097 --> 00:26:16.791 in terms of what the boundary

NOTE Confidence: 0.87668794

00:26:16.791 --> 00:26:18.667 between assessment and intervention

NOTE Confidence: 0.87668794

00:26:18.667 --> 00:26:21.754 and what we're trying to do is.

NOTE Confidence: 0.87668794

00:26:21.760 --> 00:26:24.060 Again, not not only utilized

NOTE Confidence: 0.87668794

00:26:24.060 --> 00:26:25.900 creativity for cathartic purposes,

NOTE Confidence: 0.87668794

00:26:25.900 --> 00:26:29.176 but unlock this kind of self reflection

NOTE Confidence: 0.87668794

00:26:29.176 --> 00:26:32.402 and insight part that can be accessed

NOTE Confidence: 0.87668794

00:26:32.402 --> 00:26:36.099 through it and towards that end we utilized.

NOTE Confidence: 0.87668794

00:26:36.100 --> 00:26:40.378 A framework for interpretation and also.

NOTE Confidence: 0.87668794

00:26:40.380 --> 00:26:42.660 A framework of technology to help

NOTE Confidence: 0.87668794

00:26:42.660 --> 00:26:44.180 make that part accessible.

NOTE Confidence: 0.87668794

00:26:44.180 --> 00:26:46.655 So what I was trying to show with that

NOTE Confidence: 0.87668794

00:26:46.655 --> 00:26:49.416 case study is how very simply this

NOTE Confidence: 0.87668794

00:26:49.416 --> 00:26:51.028 individual without any additional

NOTE Confidence: 0.87668794

00:26:51.097 --> 00:26:53.785 care started very openly and quickly

NOTE Confidence: 0.87668794

00:26:53.785 --> 00:26:55.577 addressing those relevant changes

NOTE Confidence: 0.87668794

00:26:55.580 --> 00:26:58.620 that he hopes to make in his life.

NOTE Confidence: 0.8629375

00:27:04.280 --> 00:27:06.668 So you know this. This relates.

NOTE Confidence: 0.8629375

00:27:06.670 --> 00:27:09.393 I don't mean to skip over other

NOTE Confidence: 0.8629375

00:27:09.393 --> 00:27:11.436 interventions and other models which

NOTE Confidence: 0.8629375

00:27:11.436 --> 00:27:13.824 are trying to do similar things.

NOTE Confidence: 0.8629375

00:27:13.830 --> 00:27:16.777 I assume many people are familiar with

NOTE Confidence: 0.8629375

00:27:16.777 --> 00:27:18.829 therapeutic assessment which is advanced

NOTE Confidence: 0.8629375

00:27:18.829 --> 00:27:20.995 by Steven Finn and his colleagues,

NOTE Confidence: 0.8629375

00:27:21.000 --> 00:27:22.775 which offers a very interesting

NOTE Confidence: 0.8629375

00:27:22.775 --> 00:27:24.550 model of using assessment as

NOTE Confidence: 0.8629375

00:27:24.615 --> 00:27:26.567 part of therapeutic intervention.

NOTE Confidence: 0.8629375

00:27:26.570 --> 00:27:30.924 But as opposed to what we're doing.

NOTE Confidence: 0.8629375

00:27:30.930 --> 00:27:32.790 Therapeutic assessment in it.

NOTE Confidence: 0.8629375

00:27:32.790 --> 00:27:34.650 In a typical sense,

NOTE Confidence: 0.8629375

00:27:34.650 --> 00:27:37.530 relies on a classical assessments and

NOTE Confidence: 0.8629375

00:27:37.530 --> 00:27:41.532 B like like the Ro Shack of MPI or

NOTE Confidence: 0.8629375

00:27:41.532 --> 00:27:44.614 something like that and B requires a

NOTE Confidence: 0.8629375

00:27:44.614 --> 00:27:48.100 lot of clinician time to breakdown and

NOTE Confidence: 0.8629375

00:27:48.100 --> 00:27:50.910 break open the assessment to include

NOTE Confidence: 0.8629375

00:27:50.910 --> 00:27:53.220 the person within the experience

NOTE Confidence: 0.8629375

00:27:53.300 --> 00:27:56.534 when we're trying to do is instead

NOTE Confidence: 0.8629375

00:27:56.534 --> 00:27:58.460 develop assessment resources which

NOTE Confidence: 0.8629375

00:27:58.460 --> 00:28:01.226 were in and of themselves therapeutic.

NOTE Confidence: 0.8629375

00:28:01.230 --> 00:28:04.782 Because of their ability to draw

NOTE Confidence: 0.8629375

00:28:04.782 --> 00:28:07.150 from creativity and narrative.

NOTE Confidence: 0.8629375

00:28:07.150 --> 00:28:10.618 Plus they have this additional feature

NOTE Confidence: 0.8629375

00:28:10.618 --> 00:28:14.218 of being insight oriented and being

NOTE Confidence: 0.8629375

00:28:14.218 --> 00:28:17.806 self guided and other comprable approaches.

NOTE Confidence: 0.8629375

00:28:17.810 --> 00:28:21.392 The CRT borski which which similarly

NOTE Confidence: 0.8629375

00:28:21.392 --> 00:28:24.827 tries to identify core patterns

NOTE Confidence: 0.8629375

00:28:24.827 --> 00:28:27.638 through narrative processes.

NOTE Confidence: 0.8629375

00:28:27.640 --> 00:28:32.688 The central difference between us and CRT is.

NOTE Confidence: 0.8629375

00:28:32.690 --> 00:28:34.199 CRTS model similarly

NOTE Confidence: 0.8629375

00:28:34.199 --> 00:28:35.708 requires clinicians efforts,

NOTE Confidence: 0.8629375

00:28:35.710 --> 00:28:39.224 but it's also fairly nuanced and a

NOTE Confidence: 0.8629375

00:28:39.224 --> 00:28:42.308 little bit complicated in terms of

NOTE Confidence: 0.8629375

00:28:42.308 --> 00:28:44.783 understanding what the roles are.

NOTE Confidence: 0.8629375

00:28:44.790 --> 00:28:48.906 Whereas here we're trying to use very
NOTE Confidence: 0.8629375

00:28:48.906 --> 00:28:52.888 simple roles in terms of dominance.
NOTE Confidence: 0.8629375

00:28:52.890 --> 00:28:55.422 And submissiveness and cooperation
NOTE Confidence: 0.8629375

00:28:55.422 --> 00:28:56.688 and antagonism.
NOTE Confidence: 0.8629375

00:28:56.690 --> 00:28:59.890 Recognizing that these are different
NOTE Confidence: 0.8629375

00:28:59.890 --> 00:29:03.090 problem solving models which are
NOTE Confidence: 0.8629375

00:29:03.184 --> 00:29:07.080 relatively straightforward and accessible.
NOTE Confidence: 0.8629375

00:29:07.080 --> 00:29:09.500 Another important related approach has
NOTE Confidence: 0.8629375

00:29:09.500 --> 00:29:12.340 been advanced by Pennebaker and Luke.
NOTE Confidence: 0.8629375

00:29:12.340 --> 00:29:15.850 Pennebaker has been at the forefront
NOTE Confidence: 0.8629375

00:29:15.850 --> 00:29:18.190 of utilizing narrative analysis
NOTE Confidence: 0.8629375

00:29:18.282 --> 00:29:21.210 and semantic analysis to drive in.
NOTE Confidence: 0.8629375

00:29:21.210 --> 00:29:25.912 At to kind of unlock text, and I think.
NOTE Confidence: 0.8629375

00:29:25.912 --> 00:29:26.326 Again,
NOTE Confidence: 0.8629375

00:29:26.326 --> 00:29:29.500 going going back to what I was
NOTE Confidence: 0.8629375

00:29:29.500 --> 00:29:32.470 saying before about form content

NOTE Confidence: 0.8629375

00:29:32.470 --> 00:29:35.455 versus form pennebaker's work is

NOTE Confidence: 0.8629375

00:29:35.455 --> 00:29:38.005 primarily on the content level.

NOTE Confidence: 0.8629375

00:29:38.010 --> 00:29:40.152 And less under under form level and

NOTE Confidence: 0.8629375

00:29:40.152 --> 00:29:42.558 but I do think it's very important

NOTE Confidence: 0.8629375

00:29:42.558 --> 00:29:45.108 and all of these work are very

NOTE Confidence: 0.8629375

00:29:45.108 --> 00:29:47.196 relevant and have been central to

NOTE Confidence: 0.8629375

00:29:47.196 --> 00:29:49.684 kind of the development of of the

NOTE Confidence: 0.8629375

00:29:49.684 --> 00:29:51.850 work that we're doing and which

NOTE Confidence: 0.8629375

00:29:51.925 --> 00:29:54.039 brings us up to our next steps.

NOTE Confidence: 0.8629375

00:29:54.040 --> 00:29:55.972 So one thing which which will

NOTE Confidence: 0.8629375

00:29:55.972 --> 00:29:58.882 be doing in terms of in terms of

NOTE Confidence: 0.8629375

00:29:58.882 --> 00:30:00.426 the predictive analytic piece.

NOTE Confidence: 0.8629375

00:30:00.430 --> 00:30:02.734 Is that we're working now with

NOTE Confidence: 0.8629375

00:30:02.734 --> 00:30:05.070 a much larger via database,

NOTE Confidence: 0.8629375

00:30:05.070 --> 00:30:07.898 and in the past we had something

NOTE Confidence: 0.8629375

00:30:07.898 --> 00:30:10.505 like 250 veterans that died by
NOTE Confidence: 0.8629375

00:30:10.505 --> 00:30:13.121 suicide and we looked at matched
NOTE Confidence: 0.8629375

00:30:13.121 --> 00:30:14.778 controls of about 1000.
NOTE Confidence: 0.8629375

00:30:14.780 --> 00:30:16.468 Now we're looking about.
NOTE Confidence: 0.85124946

00:30:19.380 --> 00:30:20.960 Something like 18,000 veterans
NOTE Confidence: 0.85124946

00:30:20.960 --> 00:30:23.330 that have died by suicide and
NOTE Confidence: 0.85124946

00:30:23.405 --> 00:30:25.117 matched controls of again.
NOTE Confidence: 0.7690766

00:30:27.480 --> 00:30:28.876 Again 5 to one.
NOTE Confidence: 0.7690766

00:30:28.876 --> 00:30:31.620 So we're looking at a pretty big
NOTE Confidence: 0.7690766

00:30:31.620 --> 00:30:35.004 number and we're looking at identifying
NOTE Confidence: 0.7690766

00:30:35.004 --> 00:30:38.050 psychosocial risk variables within the text.
NOTE Confidence: 0.7690766

00:30:38.050 --> 00:30:41.330 We're also preparing a larger
NOTE Confidence: 0.7690766

00:30:41.330 --> 00:30:43.954 implementation of conflict analysis
NOTE Confidence: 0.7690766

00:30:43.954 --> 00:30:47.228 intervention as a pre therapy intervention.
NOTE Confidence: 0.7690766

00:30:47.230 --> 00:30:51.292 Seeing to what extent using this
NOTE Confidence: 0.7690766

00:30:51.292 --> 00:30:53.323 approach increases treatment

NOTE Confidence: 0.7690766

00:30:53.323 --> 00:30:57.125 motivation within a large sample of

NOTE Confidence: 0.7690766

00:30:57.125 --> 00:30:59.549 veterans before starting therapy.

NOTE Confidence: 0.7690766

00:30:59.550 --> 00:31:02.822 And the final aspect which we are pushing

NOTE Confidence: 0.7690766

00:31:02.822 --> 00:31:06.795 for is the integration of these two things.

NOTE Confidence: 0.7690766

00:31:06.800 --> 00:31:09.292 Bridging content and form.

NOTE Confidence: 0.7690766

00:31:09.292 --> 00:31:13.030 And this is kind of refining.

NOTE Confidence: 0.7690766

00:31:13.030 --> 00:31:16.470 Use of conflict analysis.

NOTE Confidence: 0.7690766

00:31:16.470 --> 00:31:19.470 To not only be looking at.

NOTE Confidence: 0.8691289

00:31:22.130 --> 00:31:24.818 Not only looking at form but

NOTE Confidence: 0.8691289

00:31:24.818 --> 00:31:26.610 also looking at content,

NOTE Confidence: 0.8691289

00:31:26.610 --> 00:31:28.850 so bringing in natural language,

NOTE Confidence: 0.8691289

00:31:28.850 --> 00:31:30.107 processing an artificial

NOTE Confidence: 0.8691289

00:31:30.107 --> 00:31:32.621 intelligence to to be able to

NOTE Confidence: 0.8691289

00:31:32.621 --> 00:31:34.670 extract more detailed feedback,

NOTE Confidence: 0.8691289

00:31:34.670 --> 00:31:36.458 more sensitive awareness about

NOTE Confidence: 0.8691289

00:31:36.458 --> 00:31:39.600 the way that words are being used,
NOTE Confidence: 0.8691289

00:31:39.600 --> 00:31:41.585 and share that information back
NOTE Confidence: 0.8691289

00:31:41.585 --> 00:31:44.900 to patients in real time so as to
NOTE Confidence: 0.8691289

00:31:44.900 --> 00:31:46.990 strengthen their their ability of
NOTE Confidence: 0.8691289

00:31:46.990 --> 00:31:48.960 gaining personal information and
NOTE Confidence: 0.8691289

00:31:48.960 --> 00:31:51.072 insight and self understanding
NOTE Confidence: 0.8691289

00:31:51.072 --> 00:31:52.656 through the process.
NOTE Confidence: 0.8691289

00:31:52.660 --> 00:31:54.772 As well as providing this information
NOTE Confidence: 0.8691289

00:31:54.772 --> 00:31:57.536 in real time to clinicians to help
NOTE Confidence: 0.8691289

00:31:57.536 --> 00:32:00.104 boost the efficacy of therapeutic care.
NOTE Confidence: 0.8285064

00:32:03.200 --> 00:32:05.918 So just kind of in summary.
NOTE Confidence: 0.85031575

00:32:08.510 --> 00:32:14.886 What? What we're trying to do is is first.
NOTE Confidence: 0.85031575

00:32:14.890 --> 00:32:16.210 Inventing Wellness based
NOTE Confidence: 0.85031575

00:32:16.210 --> 00:32:17.530 mental health resources.
NOTE Confidence: 0.85031575

00:32:17.530 --> 00:32:19.566 Stepping outside of typical
NOTE Confidence: 0.85031575

00:32:19.566 --> 00:32:22.111 diagnostic frameworks to instead be

NOTE Confidence: 0.85031575

00:32:22.111 --> 00:32:25.531 able to relate to the person in the

NOTE Confidence: 0.85031575

00:32:25.531 --> 00:32:27.530 person's own vocabulary utilizing

NOTE Confidence: 0.85031575

00:32:27.530 --> 00:32:30.346 narrative forces utilizing narrative.

NOTE Confidence: 0.85031575

00:32:30.350 --> 00:32:33.105 Resources recognizing that it works

NOTE Confidence: 0.85031575

00:32:33.105 --> 00:32:37.472 really well an it in and people enjoy

NOTE Confidence: 0.85031575

00:32:37.472 --> 00:32:40.986 it and but also pushing beyond it.

NOTE Confidence: 0.85031575

00:32:40.990 --> 00:32:45.310 Beyond just catharsis 2, instead look

NOTE Confidence: 0.85031575

00:32:45.310 --> 00:32:49.590 structurally and what is negative 2?

NOTE Confidence: 0.85031575

00:32:49.590 --> 00:32:51.034 Leveraging narrative and creativity

NOTE Confidence: 0.85031575

00:32:51.034 --> 00:32:52.509 to provide accessible, meaningful,

NOTE Confidence: 0.85031575

00:32:52.509 --> 00:32:54.065 and culturally informed care

NOTE Confidence: 0.85031575

00:32:54.065 --> 00:32:56.010 and this cultural informed care

NOTE Confidence: 0.85031575

00:32:56.069 --> 00:32:57.529 part is an important point.

NOTE Confidence: 0.85031575

00:32:57.530 --> 00:33:00.779 One of the things that we found in this,

NOTE Confidence: 0.85031575

00:33:00.780 --> 00:33:02.946 in this resounds in the literature,

NOTE Confidence: 0.85031575

00:33:02.950 --> 00:33:06.010 which is that.
NOTE Confidence: 0.85031575

00:33:06.010 --> 00:33:08.950 Well as.
NOTE Confidence: 0.85031575

00:33:08.950 --> 00:33:11.302 You know classical DSM diagnostic criteria
NOTE Confidence: 0.85031575

00:33:11.302 --> 00:33:14.259 are normed and even normed on large
NOTE Confidence: 0.85031575

00:33:14.259 --> 00:33:16.911 samples samples that are not necessarily
NOTE Confidence: 0.85031575

00:33:16.911 --> 00:33:18.559 corresponding with everyone and,
NOTE Confidence: 0.85031575

00:33:18.560 --> 00:33:21.068 and this is similarly a problem
NOTE Confidence: 0.85031575

00:33:21.068 --> 00:33:22.740 with other assessment registers.
NOTE Confidence: 0.85031575

00:33:22.740 --> 00:33:25.980 So part of what we're doing is by allowing
NOTE Confidence: 0.85031575

00:33:25.980 --> 00:33:28.597 story into the assessment practice.
NOTE Confidence: 0.85031575

00:33:28.600 --> 00:33:31.018 We are allowing people to tell
NOTE Confidence: 0.85031575

00:33:31.018 --> 00:33:33.190 stories in their own words,
NOTE Confidence: 0.85031575

00:33:33.190 --> 00:33:35.950 so in this is something which
NOTE Confidence: 0.85031575

00:33:35.950 --> 00:33:37.790 we find corresponds and.
NOTE Confidence: 0.85031575

00:33:37.790 --> 00:33:42.590 Across kind of the gamut of cultural context.
NOTE Confidence: 0.85031575

00:33:42.590 --> 00:33:44.375 Lastly, we are furthering the

NOTE Confidence: 0.85031575

00:33:44.375 --> 00:33:46.760 ability not just to tell stories,

NOTE Confidence: 0.85031575

00:33:46.760 --> 00:33:49.105 but also to interpret stories to promote

NOTE Confidence: 0.85031575

00:33:49.105 --> 00:33:50.930 personal and cultural understanding.

NOTE Confidence: 0.85031575

00:33:50.930 --> 00:33:53.926 And again I began with this kind

NOTE Confidence: 0.85031575

00:33:53.926 --> 00:33:56.758 of dichotomy's of of how narrative.

NOTE Confidence: 0.85031575

00:33:56.760 --> 00:33:58.484 Although inspirational can lead

NOTE Confidence: 0.85031575

00:33:58.484 --> 00:34:00.208 us to get stuck,

NOTE Confidence: 0.85031575

00:34:00.210 --> 00:34:04.970 the meet us to belief lead us to.

NOTE Confidence: 0.85031575

00:34:04.970 --> 00:34:09.786 Reinforcing things in a dogmatic way and.

NOTE Confidence: 0.85031575

00:34:09.790 --> 00:34:12.751 I think that maybe the most important

NOTE Confidence: 0.85031575

00:34:12.751 --> 00:34:15.810 part of what we're doing here is.

NOTE Confidence: 0.85031575

00:34:15.810 --> 00:34:19.016 Trying to answer that critique by saying,

NOTE Confidence: 0.85031575

00:34:19.020 --> 00:34:21.756 well, actually we can understand narrative.

NOTE Confidence: 0.85031575

00:34:21.760 --> 00:34:24.966 We can break it down into structure.

NOTE Confidence: 0.85031575

00:34:24.970 --> 00:34:28.176 We can break it down using technology,

NOTE Confidence: 0.85031575

00:34:28.180 --> 00:34:30.465 but also breaking down using
NOTE Confidence: 0.85031575

00:34:30.465 --> 00:34:31.379 classical physics,
NOTE Confidence: 0.85031575

00:34:31.380 --> 00:34:34.782 physics and logic as I've tried to
NOTE Confidence: 0.85031575

00:34:34.782 --> 00:34:37.901 demonstrate with the the metaphor of
NOTE Confidence: 0.85031575

00:34:37.901 --> 00:34:41.033 scale to to look at transformations
NOTE Confidence: 0.85031575

00:34:41.033 --> 00:34:44.209 present within story and and therein.
NOTE Confidence: 0.85031575

00:34:44.210 --> 00:34:48.845 Be able to discern things in a in a,
NOTE Confidence: 0.85031575

00:34:48.850 --> 00:34:51.946 in a direct and pragmatic way.
NOTE Confidence: 0.85031575

00:34:51.950 --> 00:34:54.813 Bringing story into the fold as as
NOTE Confidence: 0.85031575

00:34:54.813 --> 00:34:57.274 as a credible diagnostic resource
NOTE Confidence: 0.85031575

00:34:57.274 --> 00:35:00.700 and something which can also move
NOTE Confidence: 0.85031575

00:35:00.700 --> 00:35:03.299 our treatment methods forward.
NOTE Confidence: 0.884429716666667

00:35:05.750 --> 00:35:09.398 So I. I can keep going,
NOTE Confidence: 0.884429716666667

00:35:09.400 --> 00:35:11.320 but I was thinking that maybe
NOTE Confidence: 0.884429716666667

00:35:11.320 --> 00:35:13.650 I would open up now it's about
NOTE Confidence: 0.884429716666667

00:35:13.650 --> 00:35:15.594 1/4 to the hour and start.

NOTE Confidence: 0.884429716666667
00:35:15.600 --> 00:35:16.500 Maybe we can.
NOTE Confidence: 0.884429716666667
00:35:16.500 --> 00:35:19.023 We can talk a little bit more in
NOTE Confidence: 0.884429716666667
00:35:19.023 --> 00:35:21.466 detail and I would be happy to
NOTE Confidence: 0.884429716666667
00:35:21.466 --> 00:35:23.492 answer questions and go into go
NOTE Confidence: 0.884429716666667
00:35:23.492 --> 00:35:25.700 into things with a little more depth.
NOTE Confidence: 0.8319817
00:35:30.420 --> 00:35:31.420 That sounds great and Max.
NOTE Confidence: 0.8319817
00:35:31.420 --> 00:35:33.256 Do you want to just stop sharing so that
NOTE Confidence: 0.8319817
00:35:33.256 --> 00:35:35.900 yeah there we go Jim, go ahead. Well,
NOTE Confidence: 0.8933231
00:35:35.900 --> 00:35:37.580 thank you very much Max.
NOTE Confidence: 0.8933231
00:35:37.580 --> 00:35:40.094 It's always a pleasure to hear
NOTE Confidence: 0.8933231
00:35:40.094 --> 00:35:42.549 your presentation and I must say.
NOTE Confidence: 0.8933231
00:35:42.550 --> 00:35:43.993 Given the audience,
NOTE Confidence: 0.8933231
00:35:43.993 --> 00:35:47.740 the big question for many of us is.
NOTE Confidence: 0.8933231
00:35:47.740 --> 00:35:50.580 How young have you actually
NOTE Confidence: 0.8933231
00:35:50.580 --> 00:35:53.420 been able to sort of?
NOTE Confidence: 0.8933231

00:35:53.420 --> 00:35:55.586 Provide some opportunity like this to
NOTE Confidence: 0.8933231

00:35:55.586 --> 00:35:57.810 individuals who may not be veterans,
NOTE Confidence: 0.8933231

00:35:57.810 --> 00:36:00.141 but who are certainly struggling with some
NOTE Confidence: 0.8933231

00:36:00.141 --> 00:36:02.937 of the same issues you're talking about.
NOTE Confidence: 0.8933231

00:36:02.940 --> 00:36:05.860 And if you haven't gone down that road,
NOTE Confidence: 0.8933231

00:36:05.860 --> 00:36:08.470 what would need to happen?
NOTE Confidence: 0.8933231

00:36:08.470 --> 00:36:10.584 And how appropriate do you think it
NOTE Confidence: 0.8933231

00:36:10.584 --> 00:36:13.224 would be in terms of adolescents and
NOTE Confidence: 0.8933231

00:36:13.224 --> 00:36:15.726 even perhaps younger individuals I guess
NOTE Confidence: 0.8933231

00:36:15.800 --> 00:36:18.500 makes me think of the pictures that I had.
NOTE Confidence: 0.8933231

00:36:18.500 --> 00:36:20.225 Some of the individuals that
NOTE Confidence: 0.8933231

00:36:20.225 --> 00:36:22.356 were on the unit drawing for
NOTE Confidence: 0.8933231

00:36:22.356 --> 00:36:24.036 May and also talking about,
NOTE Confidence: 0.8933231

00:36:24.040 --> 00:36:27.016 but the whole issue about narrative.
NOTE Confidence: 0.8933231

00:36:27.020 --> 00:36:29.540 Strikes me as being very potentially
NOTE Confidence: 0.8933231

00:36:29.540 --> 00:36:32.058 important topic and I guess how

NOTE Confidence: 0.8933231

00:36:32.058 --> 00:36:34.739 useful with this tool be and how

NOTE Confidence: 0.8933231

00:36:34.739 --> 00:36:36.972 interested would you be in potentially

NOTE Confidence: 0.8933231

00:36:36.972 --> 00:36:39.372 finding a way to have this be

NOTE Confidence: 0.8933231

00:36:39.372 --> 00:36:41.549 something that could be used for a

NOTE Confidence: 0.8933231

00:36:41.549 --> 00:36:43.373 younger generation of individuals

NOTE Confidence: 0.8933231

00:36:43.373 --> 00:36:45.783 struggling with their mental health?

NOTE Confidence: 0.84070766

00:36:48.780 --> 00:36:50.530 Now you're muted, you're muted.

NOTE Confidence: 0.88221896

00:36:52.560 --> 00:36:55.110 OK, great, thank you for the

NOTE Confidence: 0.88221896

00:36:55.110 --> 00:36:57.150 question and it's nice to.

NOTE Confidence: 0.88221896

00:36:57.150 --> 00:37:00.566 To see your face again after being obstructed

NOTE Confidence: 0.88221896

00:37:00.566 --> 00:37:04.078 by a PowerPoint for the last while.

NOTE Confidence: 0.88221896

00:37:04.080 --> 00:37:05.244 It's a great question.

NOTE Confidence: 0.88221896

00:37:05.244 --> 00:37:07.582 We have done a couple of pilot

NOTE Confidence: 0.88221896

00:37:07.582 --> 00:37:09.666 implementations into school systems,

NOTE Confidence: 0.88221896

00:37:09.670 --> 00:37:11.162 both in an elementary

NOTE Confidence: 0.88221896

00:37:11.162 --> 00:37:13.400 school and in a high school.
NOTE Confidence: 0.88221896

00:37:13.400 --> 00:37:15.270 In both of those context,
NOTE Confidence: 0.88221896

00:37:15.270 --> 00:37:17.406 we refine some of the inventory
NOTE Confidence: 0.88221896

00:37:17.406 --> 00:37:19.642 questions on some of the interpretive
NOTE Confidence: 0.88221896

00:37:19.642 --> 00:37:22.232 guide questions so so I don't know
NOTE Confidence: 0.88221896

00:37:22.232 --> 00:37:24.586 if I've made this clear enough,
NOTE Confidence: 0.88221896

00:37:24.590 --> 00:37:25.463 but you know,
NOTE Confidence: 0.88221896

00:37:25.463 --> 00:37:28.569 a big part of it is helping the people
NOTE Confidence: 0.88221896

00:37:28.569 --> 00:37:30.557 interpret their own creativity.
NOTE Confidence: 0.88221896

00:37:30.560 --> 00:37:32.430 So, so in that fashion,
NOTE Confidence: 0.88221896

00:37:32.430 --> 00:37:34.929 we've had to refine some of the
NOTE Confidence: 0.88221896

00:37:34.929 --> 00:37:37.409 information to make it more accessible.
NOTE Confidence: 0.88221896

00:37:37.410 --> 00:37:41.340 In terms of self analysis but.
NOTE Confidence: 0.88221896

00:37:41.340 --> 00:37:43.975 We had fairly successful small
NOTE Confidence: 0.88221896

00:37:43.975 --> 00:37:45.556 implementations in schools.
NOTE Confidence: 0.88221896

00:37:45.560 --> 00:37:48.782 We worked with mental health group

NOTE Confidence: 0.88221896

00:37:48.782 --> 00:37:52.930 at a local high school and I think

NOTE Confidence: 0.88221896

00:37:52.930 --> 00:37:57.198 also because it was an we use like

NOTE Confidence: 0.88221896

00:37:57.198 --> 00:38:00.498 computers and iPads computer kids.

NOTE Confidence: 0.88221896

00:38:00.500 --> 00:38:03.604 In some way we're more proficient and it

NOTE Confidence: 0.88221896

00:38:03.604 --> 00:38:06.440 was easier to begin with than adults,

NOTE Confidence: 0.88221896

00:38:06.440 --> 00:38:12.170 and they enjoyed. To the art part a lot.

NOTE Confidence: 0.88221896

00:38:12.170 --> 00:38:14.102 So I think it was fairly productive

NOTE Confidence: 0.88221896

00:38:14.102 --> 00:38:16.213 and I think it was something that

NOTE Confidence: 0.88221896

00:38:16.213 --> 00:38:18.510 also because it was outside of kind

NOTE Confidence: 0.88221896

00:38:18.510 --> 00:38:20.515 of the classical diagnostic context.

NOTE Confidence: 0.88221896

00:38:20.520 --> 00:38:22.115 It was not really stigmatising

NOTE Confidence: 0.88221896

00:38:22.115 --> 00:38:24.369 and I think it was even fun.

NOTE Confidence: 0.88221896

00:38:24.370 --> 00:38:26.610 So I think those are pretty successful.

NOTE Confidence: 0.88221896

00:38:26.610 --> 00:38:28.536 I haven't published anything about it,

NOTE Confidence: 0.88221896

00:38:28.540 --> 00:38:30.466 but it was something I would

NOTE Confidence: 0.88221896

00:38:30.466 --> 00:38:31.429 look forward to
NOTE Confidence: 0.8704205

00:38:31.430 --> 00:38:33.272 doing again. Is there any plan
NOTE Confidence: 0.8704205

00:38:33.272 --> 00:38:35.227 in terms of moving forward in
NOTE Confidence: 0.8704205

00:38:35.227 --> 00:38:37.551 terms of being able to make this
NOTE Confidence: 0.8704205

00:38:37.551 --> 00:38:39.446 available more widely and I guess,
NOTE Confidence: 0.8704205

00:38:39.450 --> 00:38:41.250 especially with the revisions that
NOTE Confidence: 0.8704205

00:38:41.250 --> 00:38:43.500 you made for the younger. Participants
NOTE Confidence: 0.83352137

00:38:43.500 --> 00:38:45.112 I would love to.
NOTE Confidence: 0.83352137

00:38:45.112 --> 00:38:49.434 I guess I got a little scared off just
NOTE Confidence: 0.83352137

00:38:49.434 --> 00:38:53.028 by like implementation of IRB stuff
NOTE Confidence: 0.83352137

00:38:53.028 --> 00:38:57.359 within within with kids and schools and I.
NOTE Confidence: 0.83352137

00:38:57.360 --> 00:38:58.995 Working with veterans was complicated
NOTE Confidence: 0.83352137

00:38:58.995 --> 00:39:01.129 enough but but I would love to,
NOTE Confidence: 0.83352137

00:39:01.130 --> 00:39:03.342 and you know, perhaps there would be
NOTE Confidence: 0.83352137

00:39:03.342 --> 00:39:05.209 something which we could you know.
NOTE Confidence: 0.83352137

00:39:05.210 --> 00:39:07.338 I'm sure you guys have expertise with

NOTE Confidence: 0.83352137

00:39:07.338 --> 00:39:08.979 navigating those research concerns well.

NOTE Confidence: 0.83352137

00:39:08.980 --> 00:39:10.232 It's certainly gotten to

NOTE Confidence: 0.83352137

00:39:10.232 --> 00:39:11.797 be more of a challenge

NOTE Confidence: 0.85138285

00:39:11.800 --> 00:39:13.921 these days, but if you would be

NOTE Confidence: 0.85138285

00:39:13.921 --> 00:39:15.832 willing to share some of the

NOTE Confidence: 0.85138285

00:39:15.832 --> 00:39:17.382 material with Andreas and some

NOTE Confidence: 0.85138285

00:39:17.382 --> 00:39:19.647 of the other people on our team,

NOTE Confidence: 0.85138285

00:39:19.650 --> 00:39:21.876 I think we would have a great

NOTE Confidence: 0.85138285

00:39:21.876 --> 00:39:23.420 interest in looking at that,

NOTE Confidence: 0.85138285

00:39:23.420 --> 00:39:24.904 especially the revision revised

NOTE Confidence: 0.85138285

00:39:24.904 --> 00:39:27.410 versions that you've been using for the.

NOTE Confidence: 0.85138285

00:39:27.410 --> 00:39:29.690 For the student.

NOTE Confidence: 0.85138285

00:39:29.690 --> 00:39:31.218 For the high schools.

NOTE Confidence: 0.9084126

00:39:32.270 --> 00:39:32.828 I love you.

NOTE Confidence: 0.6188055

00:39:35.540 --> 00:39:39.500 Max of first of all, thank you for for.

NOTE Confidence: 0.6188055

00:39:39.500 --> 00:39:41.850 Really wonderful and and very
NOTE Confidence: 0.6188055

00:39:41.850 --> 00:39:43.657 provocative in the good way.
NOTE Confidence: 0.6188055

00:39:43.660 --> 00:39:44.788 Thought provoking presentation.
NOTE Confidence: 0.6188055

00:39:44.788 --> 00:39:46.605 I really, really enjoyed it.
NOTE Confidence: 0.6188055

00:39:46.605 --> 00:39:49.483 I guess a comment and a question that
NOTE Confidence: 0.6188055

00:39:49.483 --> 00:39:52.309 the comment is that in some ways you are
NOTE Confidence: 0.6188055

00:39:52.379 --> 00:39:55.305 bringing our past and our future together.
NOTE Confidence: 0.6188055

00:39:55.310 --> 00:39:57.934 You know, I was thinking that you know,
NOTE Confidence: 0.6188055

00:39:57.940 --> 00:40:00.348 thinking back to little Hans and two.
NOTE Confidence: 0.6188055

00:40:00.350 --> 00:40:02.558 Fried going all that you know,
NOTE Confidence: 0.6188055

00:40:02.560 --> 00:40:04.768 we could do even further back,
NOTE Confidence: 0.6188055

00:40:04.770 --> 00:40:07.506 but story has been central to
NOTE Confidence: 0.6188055

00:40:07.506 --> 00:40:09.774 psychiatry into psychotherapy and I
NOTE Confidence: 0.6188055

00:40:09.774 --> 00:40:11.946 think that as a pendulum between.
NOTE Confidence: 0.6188055

00:40:11.950 --> 00:40:13.750 Between the biological and the non
NOTE Confidence: 0.6188055

00:40:13.750 --> 00:40:15.180 biological psychiatry has fought out.

NOTE Confidence: 0.6188055

00:40:15.180 --> 00:40:17.332 We probably given up a lot on this

NOTE Confidence: 0.6188055

00:40:17.332 --> 00:40:19.732 story so it is wonderful to see this

NOTE Confidence: 0.6188055

00:40:19.732 --> 00:40:21.897 and other efforts to bring story back

NOTE Confidence: 0.6188055

00:40:21.897 --> 00:40:24.588 because I think that so many of us went

NOTE Confidence: 0.6188055

00:40:24.588 --> 00:40:26.646 into this field because we love stories.

NOTE Confidence: 0.6188055

00:40:26.650 --> 00:40:28.408 So I think that's really terrific.

NOTE Confidence: 0.6188055

00:40:28.410 --> 00:40:30.102 At the same time you're taking

NOTE Confidence: 0.6188055

00:40:30.102 --> 00:40:32.196 us into the future with all this

NOTE Confidence: 0.6188055

00:40:32.196 --> 00:40:33.706 big data AI data management.

NOTE Confidence: 0.6188055

00:40:33.710 --> 00:40:36.054 I don't know if Pam Hoffman is around,

NOTE Confidence: 0.6188055

00:40:36.060 --> 00:40:38.190 but she is our local.

NOTE Confidence: 0.6188055

00:40:38.190 --> 00:40:39.940 Expert in AI applied to the EMR.

NOTE Confidence: 0.6188055

00:40:39.940 --> 00:40:42.152 So you're bringing all of those things

NOTE Confidence: 0.6188055

00:40:42.152 --> 00:40:44.888 together and I think that's that's terrific.

NOTE Confidence: 0.6188055

00:40:44.890 --> 00:40:47.038 You know the VARB is scary,

NOTE Confidence: 0.6188055

00:40:47.040 --> 00:40:49.539 I think with kids it's less scary,
NOTE Confidence: 0.6188055

00:40:49.540 --> 00:40:52.498 so I think it's you know the other thing
NOTE Confidence: 0.6188055

00:40:52.498 --> 00:40:55.593 going to our past we have been looking at
NOTE Confidence: 0.6188055

00:40:55.593 --> 00:40:58.137 drawings it's Jim mentioned telling stories,
NOTE Confidence: 0.6188055

00:40:58.140 --> 00:41:00.420 hearing stories.
NOTE Confidence: 0.6188055

00:41:00.420 --> 00:41:00.713 Linda,
NOTE Confidence: 0.6188055

00:41:00.713 --> 00:41:03.350 our chair at enough she is on but you
NOTE Confidence: 0.6188055

00:41:03.418 --> 00:41:06.082 know we have a big effort with Scholastic
NOTE Confidence: 0.6188055

00:41:06.082 --> 00:41:08.479 and with others to really explode.
NOTE Confidence: 0.6188055

00:41:08.480 --> 00:41:10.496 The storytelling power of child psychiatry.
NOTE Confidence: 0.6188055

00:41:10.500 --> 00:41:11.844 So I don't know.
NOTE Confidence: 0.6188055

00:41:11.844 --> 00:41:13.188 That was a question.
NOTE Confidence: 0.6188055

00:41:13.190 --> 00:41:15.242 It was like a admiring comment
NOTE Confidence: 0.6188055

00:41:15.242 --> 00:41:16.880 and anything you want to.
NOTE Confidence: 0.8704552

00:41:18.220 --> 00:41:20.996 I I admire that and I think that's
NOTE Confidence: 0.8704552

00:41:20.996 --> 00:41:23.008 something which I think both yeah,

NOTE Confidence: 0.8704552

00:41:23.010 --> 00:41:25.738 and in particular you know your your group.

NOTE Confidence: 0.8704552

00:41:25.740 --> 00:41:27.450 It has held, you know,

NOTE Confidence: 0.8704552

00:41:27.450 --> 00:41:30.066 I think that for myself I I didn't

NOTE Confidence: 0.8704552

00:41:30.066 --> 00:41:32.298 have the luxury of, you know,

NOTE Confidence: 0.8704552

00:41:32.298 --> 00:41:34.143 like clinical training or research

NOTE Confidence: 0.8704552

00:41:34.143 --> 00:41:36.232 training in a space where that

NOTE Confidence: 0.8704552

00:41:36.232 --> 00:41:38.056 was too much of an option.

NOTE Confidence: 0.8704552

00:41:38.060 --> 00:41:40.890 And so it kind of existed on the fringe and

NOTE Confidence: 0.8704552

00:41:40.965 --> 00:41:43.870 therefore is kind of an inspirational space.

NOTE Confidence: 0.8704552

00:41:43.870 --> 00:41:45.580 But yes, you know I.

NOTE Confidence: 0.8704552

00:41:45.580 --> 00:41:48.644 I feel like story can absolutely be used.

NOTE Confidence: 0.8704552

00:41:48.650 --> 00:41:50.576 But you know, with the caveat

NOTE Confidence: 0.8704552

00:41:50.576 --> 00:41:52.980 that we can also get lost in it,

NOTE Confidence: 0.8704552

00:41:52.980 --> 00:41:54.828 and that's something which you know,

NOTE Confidence: 0.8704552

00:41:54.830 --> 00:41:57.602 which I which I fear and that you know,

NOTE Confidence: 0.8704552

00:41:57.610 --> 00:41:59.458 that's something which politically you know.

NOTE Confidence: 0.8704552

00:41:59.460 --> 00:42:00.908 Again, it's Election Day.

NOTE Confidence: 0.8704552

00:42:00.908 --> 00:42:03.592 It's something that like it's so we see

NOTE Confidence: 0.8704552

00:42:03.592 --> 00:42:06.293 in our in our media we see in our society

NOTE Confidence: 0.8704552

00:42:06.293 --> 00:42:08.388 people that take stories literally.

NOTE Confidence: 0.8704552

00:42:08.390 --> 00:42:10.638 Ann, and so you know it's part of

NOTE Confidence: 0.8704552

00:42:10.638 --> 00:42:12.366 the challenge is if we're going

NOTE Confidence: 0.8704552

00:42:12.366 --> 00:42:14.016 to step into this game which

NOTE Confidence: 0.8704552

00:42:14.082 --> 00:42:15.696 which I suggest that we do,

NOTE Confidence: 0.8704552

00:42:15.700 --> 00:42:17.380 we need to be prepared to,

NOTE Confidence: 0.8704552

00:42:17.380 --> 00:42:18.790 you know it's rules well.

NOTE Confidence: 0.8339968

00:42:20.410 --> 00:42:22.192 Linda is here and she she's

NOTE Confidence: 0.8339968

00:42:22.192 --> 00:42:24.090 she's going to say something.

NOTE Confidence: 0.8339968

00:42:24.090 --> 00:42:26.522 Let me just add before that that the

NOTE Confidence: 0.8339968

00:42:26.522 --> 00:42:28.278 other connection you started telling

NOTE Confidence: 0.8339968

00:42:28.278 --> 00:42:30.456 us about your connection with Israel.

NOTE Confidence: 0.8339968

00:42:30.460 --> 00:42:32.948 And I cannot but think back to the

NOTE Confidence: 0.8339968

00:42:32.948 --> 00:42:34.699 suicide autopsy studies that were

NOTE Confidence: 0.8339968

00:42:34.699 --> 00:42:36.817 done by our colleagues in Israel,

NOTE Confidence: 0.8339968

00:42:36.820 --> 00:42:38.160 including Donald Cohen years

NOTE Confidence: 0.8339968

00:42:38.160 --> 00:42:39.835 ago published in the archives.

NOTE Confidence: 0.8339968

00:42:39.840 --> 00:42:41.947 So I think that you are also

NOTE Confidence: 0.8339968

00:42:41.947 --> 00:42:43.860 following that kind of scholarship.

NOTE Confidence: 0.8339968

00:42:43.860 --> 00:42:45.530 You know 30-40 years later

NOTE Confidence: 0.8339968

00:42:45.530 --> 00:42:47.806 with AI and whatnot. But Linda.

NOTE Confidence: 0.8339968

00:42:47.806 --> 00:42:49.210 No, thank you.

NOTE Confidence: 0.8339968

00:42:49.210 --> 00:42:50.620 I'm axing I too,

NOTE Confidence: 0.8339968

00:42:50.620 --> 00:42:52.020 just this was really,

NOTE Confidence: 0.8339968

00:42:52.020 --> 00:42:53.776 really lovely and thank you

NOTE Confidence: 0.8339968

00:42:53.776 --> 00:42:55.183 for bringing bringing story

NOTE Confidence: 0.8339968

00:42:55.183 --> 00:42:57.289 into the center is under is

NOTE Confidence: 0.846036

00:42:57.290 --> 00:42:58.690 mentioned and would love
NOTE Confidence: 0.846036

00:42:58.690 --> 00:43:00.440 to talk with you more.
NOTE Confidence: 0.846036

00:43:00.440 --> 00:43:02.275 We have a really deep
NOTE Confidence: 0.846036

00:43:02.275 --> 00:43:03.743 collaboration with our Scholastic
NOTE Confidence: 0.846036

00:43:03.743 --> 00:43:05.008 colleagues who think about
NOTE Confidence: 0.846036

00:43:05.010 --> 00:43:06.760 story as promoting child development
NOTE Confidence: 0.846036

00:43:06.760 --> 00:43:08.166 as promoting children's resilience
NOTE Confidence: 0.846036

00:43:08.166 --> 00:43:10.270 even in difficult times. So we
NOTE Confidence: 0.846036

00:43:10.270 --> 00:43:13.430 love to love to think with you more about
NOTE Confidence: 0.846036

00:43:13.430 --> 00:43:15.533 that, introduce you to our scholastic
NOTE Confidence: 0.846036

00:43:15.533 --> 00:43:17.990 colleagues if you'd like to be wonderful.
NOTE Confidence: 0.87862957

00:43:19.380 --> 00:43:22.194 I think there's the real opportunity there.
NOTE Confidence: 0.87862957

00:43:22.200 --> 00:43:23.992 I mean it, it really is something that
NOTE Confidence: 0.87862957

00:43:23.992 --> 00:43:25.620 we should fully take advantage of.
NOTE Confidence: 0.83812565

00:43:27.440 --> 00:43:30.500 I would be honored, yeah?
NOTE Confidence: 0.83812565

00:43:30.500 --> 00:43:34.090 Going to flock to. Thank

NOTE Confidence: 0.815711145454545

00:43:34.090 --> 00:43:36.694 you. I think also there's this

NOTE Confidence: 0.815711145454545

00:43:36.694 --> 00:43:39.000 resurgent interest certainly in myself,

NOTE Confidence: 0.815711145454545

00:43:39.000 --> 00:43:41.226 but so many of our trainees,

NOTE Confidence: 0.815711145454545

00:43:41.230 --> 00:43:41.974 medical students,

NOTE Confidence: 0.815711145454545

00:43:41.974 --> 00:43:44.206 young residents on in qualitative studies,

NOTE Confidence: 0.815711145454545

00:43:44.210 --> 00:43:47.054 and I think that it's a field of psychiatry

NOTE Confidence: 0.815711145454545

00:43:47.054 --> 00:43:49.788 in general and shelter in particular.

NOTE Confidence: 0.815711145454545

00:43:49.790 --> 00:43:51.650 We have not nearly paid

NOTE Confidence: 0.815711145454545

00:43:51.650 --> 00:43:53.138 enough attention to this,

NOTE Confidence: 0.815711145454545

00:43:53.140 --> 00:43:55.636 and I have to thank Jim for pointing

NOTE Confidence: 0.815711145454545

00:43:55.636 --> 00:43:58.338 me in that direction later today.

NOTE Confidence: 0.815711145454545

00:43:58.340 --> 00:44:00.686 Jim, I'm actually right before their

NOTE Confidence: 0.815711145454545

00:44:00.686 --> 00:44:03.031 return start coming in were colleague

NOTE Confidence: 0.815711145454545

00:44:03.031 --> 00:44:05.509 and really one of our heroes and.

NOTE Confidence: 0.815711145454545

00:44:05.510 --> 00:44:06.869 Qualitative Teresa Betancourt

NOTE Confidence: 0.815711145454545

00:44:06.869 --> 00:44:09.587 will be presenting her work on
NOTE Confidence: 0.815711145454545

00:44:09.587 --> 00:44:11.603 refugees and something here in
NOTE Confidence: 0.815711145454545

00:44:11.603 --> 00:44:13.463 Africa today at 5:00 o'clock.
NOTE Confidence: 0.8275586

00:44:14.820 --> 00:44:18.960 At 434 thirty please join us.
NOTE Confidence: 0.8275586

00:44:18.960 --> 00:44:20.740 So if you just look online,
NOTE Confidence: 0.8275586

00:44:20.740 --> 00:44:22.770 it's one of the events that's coming
NOTE Confidence: 0.8275586

00:44:22.770 --> 00:44:24.594 up and Teresa is this amazing
NOTE Confidence: 0.8275586

00:44:24.594 --> 00:44:26.348 person who has been, you know,
NOTE Confidence: 0.8275586

00:44:26.348 --> 00:44:28.022 taking stories and really trying to
NOTE Confidence: 0.8275586

00:44:28.022 --> 00:44:29.650 interpret them from these colleagues.
NOTE Confidence: 0.8275586

00:44:29.650 --> 00:44:30.322 But Interestingly,
NOTE Confidence: 0.8275586

00:44:30.322 --> 00:44:31.666 her presentation this afternoon
NOTE Confidence: 0.8275586

00:44:31.666 --> 00:44:34.045 and she is a good friend is going
NOTE Confidence: 0.8275586

00:44:34.045 --> 00:44:35.870 to be focused on the work that
NOTE Confidence: 0.8275586

00:44:35.870 --> 00:44:37.658 she's been doing with the refugee
NOTE Confidence: 0.8275586

00:44:37.658 --> 00:44:40.570 population in the Boston area.

NOTE Confidence: 0.8275586

00:44:40.570 --> 00:44:42.118 It will be fascinating for all

NOTE Confidence: 0.8275586

00:44:42.118 --> 00:44:43.855 of us to participate in that

NOTE Confidence: 0.8275586

00:44:43.855 --> 00:44:45.110 and wonderful colleague, and

NOTE Confidence: 0.8317835

00:44:45.110 --> 00:44:46.916 I think also to make the point

NOTE Confidence: 0.8317835

00:44:46.916 --> 00:44:49.280 for those of you who may not know

NOTE Confidence: 0.8317835

00:44:49.280 --> 00:44:50.810 much about qualitative and Max

NOTE Confidence: 0.8317835

00:44:50.870 --> 00:44:52.496 brought us in squarely into it.

NOTE Confidence: 0.8317835

00:44:52.496 --> 00:44:54.135 But one of the real strengths

NOTE Confidence: 0.8317835

00:44:54.135 --> 00:44:56.136 of it is that sample sizes do

NOTE Confidence: 0.8317835

00:44:56.136 --> 00:44:57.606 not need to be gargantuan.

NOTE Confidence: 0.8317835

00:44:57.610 --> 00:45:00.450 You know, we go into is and I don't know,

NOTE Confidence: 0.8317835

00:45:00.450 --> 00:45:02.158 Max if you want to talk about

NOTE Confidence: 0.8317835

00:45:02.158 --> 00:45:03.930 that because you talked about the

NOTE Confidence: 0.8317835

00:45:03.930 --> 00:45:05.560 large samples that you're doing,

NOTE Confidence: 0.8317835

00:45:05.560 --> 00:45:06.980 but maybe I'll let you

NOTE Confidence: 0.8317835

00:45:06.980 --> 00:45:08.116 comment on that, right?
NOTE Confidence: 0.8317835

00:45:08.116 --> 00:45:10.856 Well, it's yeah, I think you know it's it's.
NOTE Confidence: 0.8317835

00:45:10.860 --> 00:45:14.276 Playful right now. How we have now.
NOTE Confidence: 0.8317835

00:45:14.280 --> 00:45:16.716 The introduction of these
NOTE Confidence: 0.8317835

00:45:16.716 --> 00:45:18.543 fairly sophisticated machine
NOTE Confidence: 0.8317835

00:45:18.543 --> 00:45:20.830 learning technologies that make.
NOTE Confidence: 0.8317835

00:45:20.830 --> 00:45:22.790 That transformed the idea of
NOTE Confidence: 0.8317835

00:45:22.790 --> 00:45:24.358 qualitative research because we
NOTE Confidence: 0.8317835

00:45:24.358 --> 00:45:26.722 can start playing with things in a
NOTE Confidence: 0.8317835

00:45:26.722 --> 00:45:28.859 new depth and looking very closely.
NOTE Confidence: 0.8317835

00:45:28.860 --> 00:45:32.040 Also with with big data.
NOTE Confidence: 0.8317835

00:45:32.040 --> 00:45:34.816 And so able to kind of allow things
NOTE Confidence: 0.8317835

00:45:34.816 --> 00:45:37.670 to emerge out of data in a classical,
NOTE Confidence: 0.8317835

00:45:37.670 --> 00:45:38.374 qualitative way,
NOTE Confidence: 0.8317835

00:45:38.374 --> 00:45:40.486 but in a much bigger sample.
NOTE Confidence: 0.8317835

00:45:40.490 --> 00:45:41.432 Again, I'm not.

NOTE Confidence: 0.8317835

00:45:41.432 --> 00:45:43.316 I'm not like a true blue

NOTE Confidence: 0.8317835

00:45:43.316 --> 00:45:44.360 qualitative researcher,

NOTE Confidence: 0.8317835

00:45:44.360 --> 00:45:47.528 so I don't mean to step on anybody's toes.

NOTE Confidence: 0.8317835

00:45:47.530 --> 00:45:49.252 But but it does feel like

NOTE Confidence: 0.8317835

00:45:49.252 --> 00:45:51.474 right now we have we're at an

NOTE Confidence: 0.8317835

00:45:51.474 --> 00:45:53.144 interesting moment where we can

NOTE Confidence: 0.8317835

00:45:53.144 --> 00:45:55.619 have a certain confluence method.

NOTE Confidence: 0.8771328

00:45:58.730 --> 00:46:01.530 And I also think that there's an

NOTE Confidence: 0.8771328

00:46:01.530 --> 00:46:04.088 interesting luxury that we have right now,

NOTE Confidence: 0.8771328

00:46:04.090 --> 00:46:06.388 which is that utilizing these methods,

NOTE Confidence: 0.8771328

00:46:06.390 --> 00:46:08.896 we can also give resources back to

NOTE Confidence: 0.8771328

00:46:08.896 --> 00:46:11.369 patients so we can give feedback.

NOTE Confidence: 0.8771328

00:46:11.370 --> 00:46:15.190 And I think that feedback, interactivity.

NOTE Confidence: 0.8771328

00:46:15.190 --> 00:46:18.662 You know can facilitate new types of

NOTE Confidence: 0.8771328

00:46:18.662 --> 00:46:20.646 connection that therapeutically we

NOTE Confidence: 0.8771328

00:46:20.646 --> 00:46:23.148 have an imperative to take advantage.
NOTE Confidence: 0.8769788

00:46:25.750 --> 00:46:28.214 So I guess there was one other thought.
NOTE Confidence: 0.8769788

00:46:28.220 --> 00:46:30.668 I guess I've been participating to the degree
NOTE Confidence: 0.8769788

00:46:30.668 --> 00:46:33.167 that I can with the Geneva Peace Week,
NOTE Confidence: 0.8769788

00:46:33.170 --> 00:46:34.402 which is actually this
NOTE Confidence: 0.8769788

00:46:34.402 --> 00:46:35.942 current week that we're in.
NOTE Confidence: 0.8769788

00:46:35.950 --> 00:46:37.110 And it's interesting too.
NOTE Confidence: 0.8769788

00:46:37.110 --> 00:46:38.850 I'm part of the early Childhood
NOTE Confidence: 0.8769788

00:46:38.911 --> 00:46:40.526 Peace Consortium and the whole
NOTE Confidence: 0.8769788

00:46:40.526 --> 00:46:41.818 issue about youth leaders,
NOTE Confidence: 0.8769788

00:46:41.820 --> 00:46:44.349 but one of the points you made very early
NOTE Confidence: 0.8769788

00:46:44.349 --> 00:46:46.687 on Max with something that I thought
NOTE Confidence: 0.8769788

00:46:46.687 --> 00:46:49.228 we would just come back and touch on.
NOTE Confidence: 0.8769788

00:46:49.230 --> 00:46:51.337 And it's interesting to think about doing
NOTE Confidence: 0.8769788

00:46:51.337 --> 00:46:53.250 these interviews with individuals who are,
NOTE Confidence: 0.8769788

00:46:53.250 --> 00:46:54.198 you know, veterans,

NOTE Confidence: 0.8769788

00:46:54.198 --> 00:46:56.094 and so on and so forth.

NOTE Confidence: 0.8769788

00:46:56.100 --> 00:46:58.116 But I guess there's a part of me

NOTE Confidence: 0.8769788

00:46:58.116 --> 00:46:59.945 that would be fascinated to have

NOTE Confidence: 0.8769788

00:46:59.945 --> 00:47:01.841 the same kind of interviews done

NOTE Confidence: 0.8769788

00:47:01.908 --> 00:47:04.020 with some of our government leaders.

NOTE Confidence: 0.8769788

00:47:04.020 --> 00:47:05.516 Yes, some individuals who actually

NOTE Confidence: 0.8769788

00:47:05.516 --> 00:47:07.700 are leading the way in terms of how

NOTE Confidence: 0.8769788

00:47:07.760 --> 00:47:09.124 they perceive themselves relative

NOTE Confidence: 0.8769788

00:47:09.124 --> 00:47:11.882 to the others and and just for us

NOTE Confidence: 0.8769788

00:47:11.882 --> 00:47:13.502 to potentially have fed knowledge

NOTE Confidence: 0.8769788

00:47:13.502 --> 00:47:14.474 available to us.

NOTE Confidence: 0.8769788

00:47:14.480 --> 00:47:16.580 But we need to make a bigger

NOTE Confidence: 0.8769788

00:47:16.580 --> 00:47:17.970 change in this world.

NOTE Confidence: 0.8769788

00:47:17.970 --> 00:47:20.105 And sadly I think many of the

NOTE Confidence: 0.8769788

00:47:20.105 --> 00:47:22.235 people that are sort of politically

NOTE Confidence: 0.8769788

00:47:22.235 --> 00:47:24.515 leading the way are leading us
NOTE Confidence: 0.8769788

00:47:24.515 --> 00:47:26.528 sadly and it has a lot to do.
NOTE Confidence: 0.8769788

00:47:26.530 --> 00:47:28.444 I'm sure with their early child
NOTE Confidence: 0.8769788

00:47:28.444 --> 00:47:30.650 development and sort of where they can,
NOTE Confidence: 0.8769788

00:47:30.650 --> 00:47:33.404 but we need to make a difference and I'm
NOTE Confidence: 0.8769788

00:47:33.404 --> 00:47:36.020 not sure if you've actually had any.
NOTE Confidence: 0.8769788

00:47:36.020 --> 00:47:38.340 Policy makers or government officials
NOTE Confidence: 0.8769788

00:47:38.340 --> 00:47:41.043 take any of the information that
NOTE Confidence: 0.8769788

00:47:41.043 --> 00:47:43.515 any of the sort of tools you have,
NOTE Confidence: 0.8769788

00:47:43.520 --> 00:47:46.285 but I'd be fascinated if you had.
NOTE Confidence: 0.8311458

00:47:46.290 --> 00:47:48.660 I haven't, but I did have,
NOTE Confidence: 0.8311458

00:47:48.660 --> 00:47:51.030 and I had a final slide,
NOTE Confidence: 0.8311458

00:47:51.030 --> 00:47:54.190 which I kind of backed out from showing,
NOTE Confidence: 0.8311458

00:47:54.190 --> 00:47:56.815 which looked at some of the Twitter
NOTE Confidence: 0.8311458

00:47:56.815 --> 00:47:58.930 postings of Biden versus Trump.
NOTE Confidence: 0.8311458

00:47:58.930 --> 00:48:02.090 And looking how how clearly we can see,

NOTE Confidence: 0.8311458

00:48:02.090 --> 00:48:04.460 you know you might call them

NOTE Confidence: 0.8311458

00:48:04.460 --> 00:48:05.250 qualitative differences.

NOTE Confidence: 0.8311458

00:48:05.250 --> 00:48:06.351 Or you might.

NOTE Confidence: 0.8311458

00:48:06.351 --> 00:48:07.819 Call them psychological differences.

NOTE Confidence: 0.8311458

00:48:07.820 --> 00:48:10.324 You know, without what I would call relation,

NOTE Confidence: 0.8311458

00:48:10.330 --> 00:48:10.956 modality differences,

NOTE Confidence: 0.8311458

00:48:10.956 --> 00:48:11.582 power differences.

NOTE Confidence: 0.8311458

00:48:11.582 --> 00:48:13.780 Would you mind that Jim will second

NOTE Confidence: 0.79895395

00:48:13.780 --> 00:48:15.670 the vote? Could you send? Could

NOTE Confidence: 0.79895395

00:48:15.670 --> 00:48:18.180 you share that slide? I mean I can,

NOTE Confidence: 0.79895395

00:48:18.180 --> 00:48:20.058 but I can. You know better.

NOTE Confidence: 0.79895395

00:48:20.060 --> 00:48:22.223 We just talk about. I don't mean

NOTE Confidence: 0.79895395

00:48:22.223 --> 00:48:24.460 to like drift into the, you know.

NOTE Confidence: 0.8308671

00:48:27.890 --> 00:48:29.745 You know it's it's a time of

NOTE Confidence: 0.8308671

00:48:29.745 --> 00:48:30.540 heightened emotion anyway,

NOTE Confidence: 0.8308671

00:48:30.540 --> 00:48:32.660 you know, but but the point is that,
NOTE Confidence: 0.8308671

00:48:32.660 --> 00:48:34.250 but certainly you know these patterns
NOTE Confidence: 0.8308671

00:48:34.250 --> 00:48:36.098 are are we don't need this crap.
NOTE Confidence: 0.8308671

00:48:36.100 --> 00:48:39.460 We don't need to be experts in AI.
NOTE Confidence: 0.8308671

00:48:39.460 --> 00:48:42.162 To see you know fairly new on
NOTE Confidence: 0.8308671

00:48:42.162 --> 00:48:43.320 psychological differences between
NOTE Confidence: 0.8308671

00:48:43.385 --> 00:48:44.977 you know these candidates,
NOTE Confidence: 0.8308671

00:48:44.980 --> 00:48:46.552 how they present themselves,
NOTE Confidence: 0.8308671

00:48:46.552 --> 00:48:48.124 how they use words,
NOTE Confidence: 0.8308671

00:48:48.130 --> 00:48:50.488 how they conceptualize self versus other.
NOTE Confidence: 0.74820197

00:48:51.260 --> 00:48:53.020 Perfect answer, perfect answer
NOTE Confidence: 0.74820197

00:48:53.020 --> 00:48:56.086 for the nuanced is the right word.
NOTE Confidence: 0.74820197

00:48:56.090 --> 00:48:58.718 Either we have not. We don't
NOTE Confidence: 0.74820197

00:48:58.720 --> 00:49:00.920 need totally overt and scary.
NOTE Confidence: 0.8310303

00:49:03.380 --> 00:49:05.675 So Jim, do you want to close us off
NOTE Confidence: 0.8310303

00:49:05.680 --> 00:49:08.290 with a final thank you and a word of Wisdom

NOTE Confidence: 0.8310303

00:49:08.359 --> 00:49:10.546 as we head into the rest of the day?

NOTE Confidence: 0.86917144

00:49:12.570 --> 00:49:14.674 Well, I would just say thank you very

NOTE Confidence: 0.86917144

00:49:14.674 --> 00:49:16.940 much and I guess it makes me think of

NOTE Confidence: 0.86917144

00:49:16.940 --> 00:49:19.137 the work that we've been doing with

NOTE Confidence: 0.86917144

00:49:19.137 --> 00:49:20.907 the Israelis and Palestinians and

NOTE Confidence: 0.86917144

00:49:20.907 --> 00:49:23.010 trying to bring them together with the.

NOTE Confidence: 0.86917144

00:49:23.010 --> 00:49:24.795 And actually I was just on the

NOTE Confidence: 0.86917144

00:49:24.795 --> 00:49:25.960 phone yesterday with Ernesto

NOTE Confidence: 0.86917144

00:49:25.960 --> 00:49:27.360 Caffo and Foundation Child,

NOTE Confidence: 0.86917144

00:49:27.360 --> 00:49:29.187 but there's so much more work that

NOTE Confidence: 0.86917144

00:49:29.187 --> 00:49:31.188 we need to do around this globe

NOTE Confidence: 0.86917144

00:49:31.188 --> 00:49:32.928 and thank you for leading the

NOTE Confidence: 0.86917144

00:49:32.986 --> 00:49:34.900 way in some really creative ways.

NOTE Confidence: 0.86917144

00:49:34.900 --> 00:49:36.060 Max, I appreciate it.

NOTE Confidence: 0.8472736

00:49:36.960 --> 00:49:39.046 Thank thank you very much and it's

NOTE Confidence: 0.8472736

00:49:39.046 --> 00:49:41.567 it's been an honor to talk them to
NOTE Confidence: 0.8472736

00:49:41.567 --> 00:49:43.510 share and thanks for making time.
NOTE Confidence: 0.8472736

00:49:43.510 --> 00:49:45.412 Sorry the mechanism of sharing information
NOTE Confidence: 0.8472736

00:49:45.412 --> 00:49:47.568 over zoom is still a little clunky,
NOTE Confidence: 0.8472736

00:49:47.570 --> 00:49:49.747 but we're trying to find our way.
NOTE Confidence: 0.8472736

00:49:49.750 --> 00:49:52.192 Well, we were all in the
NOTE Confidence: 0.8472736

00:49:52.192 --> 00:49:54.280 same world right now and.
NOTE Confidence: 0.8472736

00:49:54.280 --> 00:49:56.816 I guess I will look forward to seeing
NOTE Confidence: 0.8472736

00:49:56.816 --> 00:49:58.475 everybody next week with James
NOTE Confidence: 0.8472736

00:49:58.475 --> 00:50:00.389 Swain and I'll be hopefully be.
NOTE Confidence: 0.8472736

00:50:00.390 --> 00:50:02.124 Be able to share some interesting
NOTE Confidence: 0.8472736

00:50:02.124 --> 00:50:03.568 realities about James's life, too.
NOTE Confidence: 0.8472736

00:50:03.568 --> 00:50:05.008 I was at his marriage,
NOTE Confidence: 0.8472736

00:50:05.010 --> 00:50:08.586 and certainly we've known him for many years.
NOTE Confidence: 0.8472736

00:50:08.590 --> 00:50:11.600 So thank you all and thank you.
NOTE Confidence: 0.8472736

00:50:11.600 --> 00:50:14.336 Well, alright take care.